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News Brief

**POLICE & FIRE**  
Since graduating from the K9 Academy, Arrow has been effective in assisting the Greenwich Police Department. Recently, Officer Franco and Arrow helped the Connecticut State Police track down a suspect from an incident on I-95 in Greenwich. Arrow also successfully located a missing man who had a one-hour head start.

**FROM TOWN HALL**  
The annual flag raising and salute to America will be held on July 4th at 9 a.m. at Town Hall, featuring the raising of the first American flag and a parade by the Greenwich Scouts. The event will honor American Revolution patriots, veterans, and descendants of Greenwich's early settlers, with student awards, a band performance, and a large flag birthday cake. Organized by the Independence Day Association of Greenwich, the event will take place rain or shine.

The Town of Greenwich will host its annual fireworks displays on Saturday, July 6, at Greenwich Point Park and Binney Park, starting at 9:10 p.m. and 9:35 p.m., respectively. Attendees must bring a flashlight and valid 2024 Park Passes or guest tickets for access. In case of rain, the event will be rescheduled for Sunday, July 7, with updates available via a weather hotline at 203-861-6100.

**AROUND TOWN**  
Spotted lantern flies are back. Currently, they are found as nymphs, not yet flying. If you see one, squash it. This insect has been detected in Connecticut, with established populations in Fairfield and New Haven Counties. In the early stages, spotted lanternfly nymphs are small

[Please turn to page 5](#)

# A Growing Threat from Spotted Lantern Fly



This is what spotted lantern flies look like now.

By ELIZABETH BARHYDT

Greenwich faces a growing ecological and agricultural threat from the invasive Spotted Lanternfly (*Lycorma delicatula*). Originating from China, this pest has rapidly expanded its presence since first being detected in the state in 2020. With established populations now in Fairfield and New Haven counties and individual sightings in numerous other towns, the Spotted Lanternfly poses a serious risk to a variety of plants and crops, including grapes, apples, hops, walnuts, and hardwood trees. The insect shows a particular preference for the invasive tree-of-heaven (*Ailanthus altissima*).

Local efforts to combat the Spotted Lanternfly have intensified. Throughout the winter of 2023-24, conservation teams in Greenwich have diligently scraped egg masses from trees in various parks. Additionally, the Parks staff has focused on removing the tree-of-heaven to help curb the SLF population. These management strategies are part of a broader effort guided by the Connecticut Agricultural Experiment Station (CAES) and the Connecticut Department of Energy and Environmental Protection (CT DEEP).

In response to the spreading threat, CAES issued a quarantine order in 2023, defining restricted areas for the Spotted Lanternfly. This quarantine aims to slow the insect's spread within Connecticut and provide certification for businesses

moving regulated articles out of state, thus protecting the economic interests of the state's agricultural industries.

The quarantine order emphasizes the significant danger posed by the Spotted Lanternfly to Connecticut's environment and agricultural sectors. According to CAES, the presence of this pest represents a substantial risk to forests, orchards, vineyards, and nurseries, necessitating stringent management and control measures.

Recommended management strategies by CAES and CT DEEP include:

**Stopping the Spread:** Efforts are focused on preventing the further spread of the Spotted Lanternfly.

**Egg Scraping:** Removing egg masses from trees and other surfaces to reduce the number of hatching nymphs.

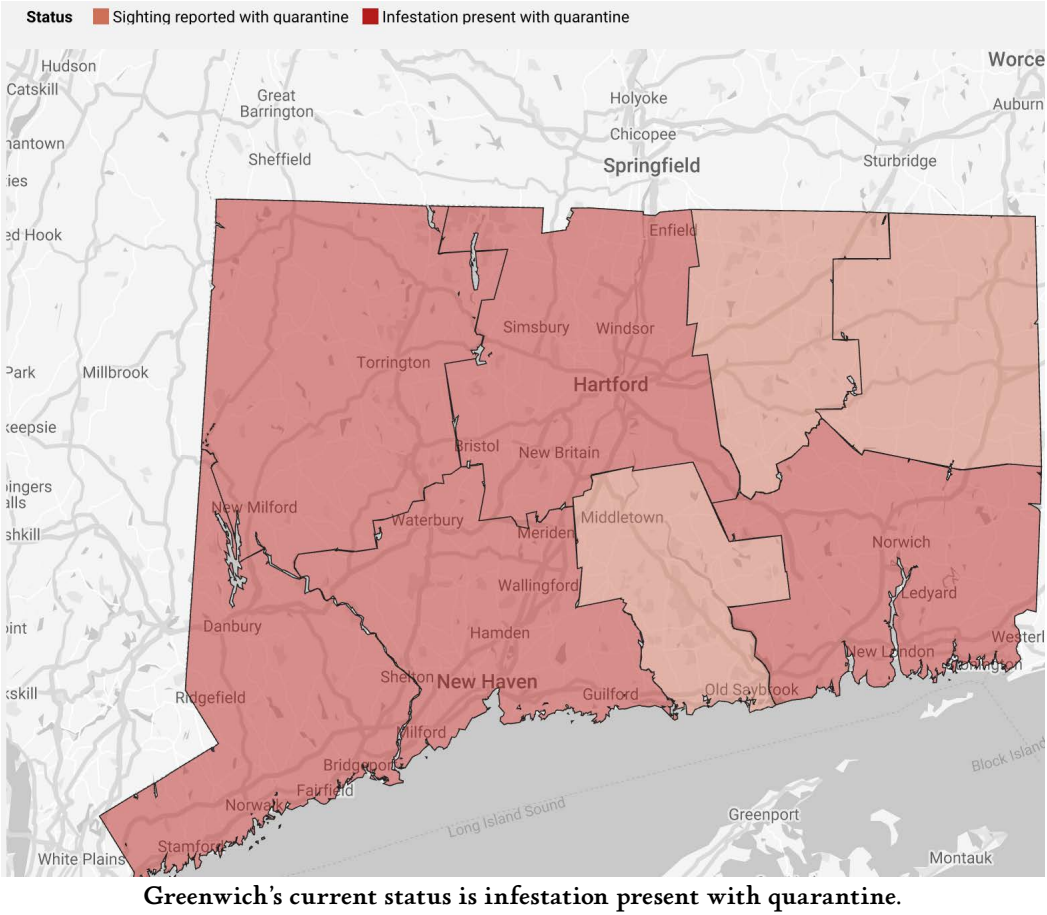
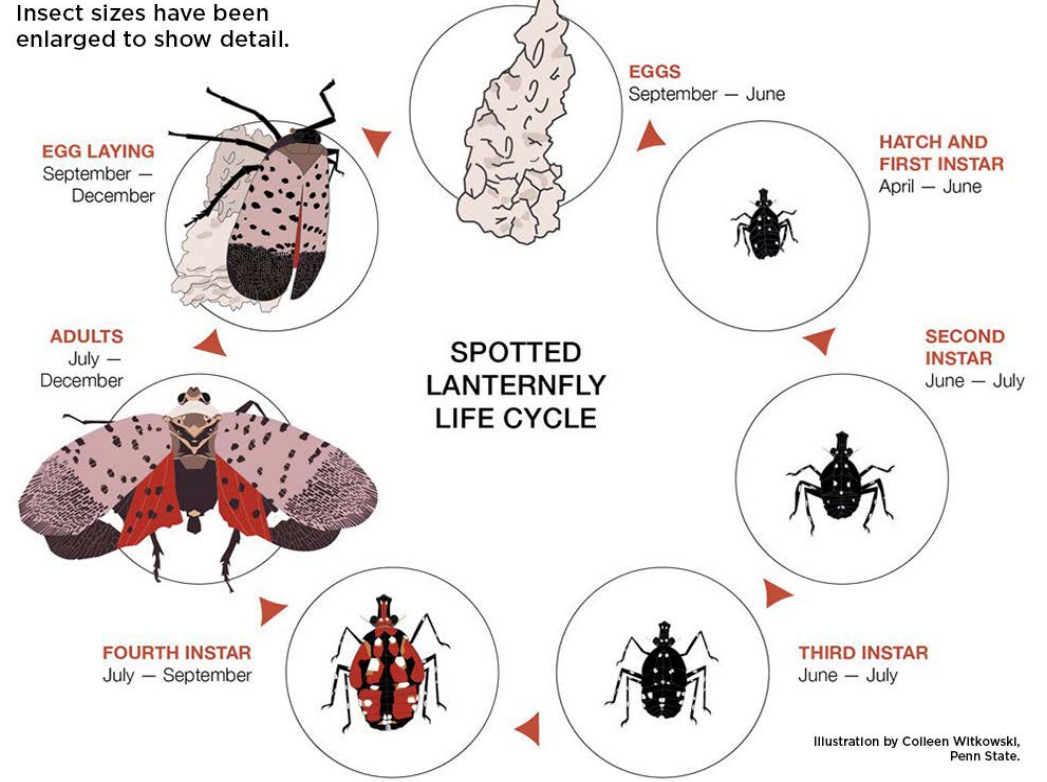
**Tree Traps:** Installing traps on trees to capture nymphs and adults, which must be regularly managed and monitored.

**Host Removal:** Eradicating the tree-of-heaven, the primary host for the Spotted Lanternfly.

**Insecticides:** The use of contact and systemic insecticides is still under study. Residents are advised to follow proper application guidelines and safety measures when using these chemicals to avoid harm to water, soil, and other pollinators.

For further information on Spotted Lanternfly management, residents can refer to the following resources:

Spotted Lanternfly Management for Residents:



<https://portal.ct.gov/CAES/PDIO/Fact-Sheets/Spotted-Lanternfly-Management-for-Residents>

Spotted Lanternfly Article by Charlie Meyers: <https://portal.ct.gov/CAES/PDIO/Fact-Sheets/How-to-Make-a-Trap-Safely>

Spotted-Lanternfly-Article-By-Charlie-Meyers

How to Make a Trap Safely: <https://portal.ct.gov/CAES/PDIO/Fact-Sheets/How-to-Make-a-Trap-Safely>

As Greenwich continues to confront this invasive pest, collaboration between state agencies, local authorities, and residents remains vital.

# Greenwich Will Gather to Greet Grand Old Flag

By ELIZABETH BARHYDT

Greenwich will usher in Independence Day with its annual flag-raising ceremony at Town Hall Plaza, organized by the Independence Day Association of Greenwich. The event is scheduled to start at 9 a.m. on Thursday, July 4th, and the community is encouraged to join in the celebration.

The Sound Beach Community Band will set a patriotic ambiance with live music, including the Assembly trumpet call, followed by ceremonial rifle fire from the Greenwich Police Department

Honor Guard. First Selectman Fred Camillo will deliver remarks, emphasizing the significance of this historic day.

The Boy Scouts and Girl Scouts will present the thirteen Colonial flags, and members of the Arch Street Teens will recite "I Am the Flag." The Greenwich Boys & Girls Club will then participate in the flag raising, marking a moment of reverence and national pride.

Several high school students will be recognized for their exemplary citizenship. This year's honorees include James Flinn from Greenwich High School, Francesca Lovero from Greenwich Country

Day, Caitlin Costello from Sacred Heart, Gunner Gregory from Brunswick School, and Melina Saleme from Greenwich Academy.

The ceremony will also honor descendants of Greenwich's original settlers, Revolutionary War Patriots, and Fallen Patriots of Greenwich. The names of Greenwich citizens who perished in the Revolutionary War will be read aloud, followed by a Moment of Silence, a 21-Gun Salute, and Echo Taps.

The festivities will conclude with refreshments and America's birthday cake inside Town Hall. Last year's event saw over



300 participants, reflecting commitment to celebrating the community's enduring Independence Day.

**Environmental Quote of the Week**

By ANNE W. SEMMES


"I think that most people who have thought about climate would agree that this is the overarching issue of our time. It needs the best possible work that humans can bring to bear to deal with the problems that humans create." Larry Huntington, Emeritus Director of Woodwell Climate Research Center, featured in its 2024 "Climate Science of Change Magazine."

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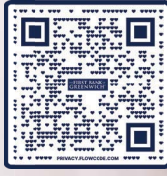
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COLUMN CELEBRATING FIFTY YEARS OF THE ORAL HISTORY PROJECT

# Terry Betteridge: Renaissance Man

BY MARY A. JACOBSON

Mention the name Albert “Terry” E. Betteridge III to most residents in Greenwich and they will associate it with the esteemed jewelry stores in Greenwich, Palm Beach, Aspen, or Vail.

However, the Terry Betteridge who was interviewed by Oral History Project volunteer Jan DeAngelo in 2013 is the home-grown boy whose endearing memories of growing up in Greenwich bring a smile and, at times, a tear.

The first name “Albert” goes back to his great-grandfather, who emigrated to the States from England to Ellis Island in the 1890s. “So, we all had nicknames just to separate one from another. I became Terry because I was terrible.”

Until the age of six, he lived in a home in Riverside. He and his sister, just two years older, would go out fishing in a “fake Boston Whaler” with a “seven-and-a-half horsepower Evinrude. My father used to say that two of the horses had died and a couple had thrown shoes, because it just barely putted.”

The next home which the Betteridges inhabited was on Riversville Road, across from the Boy Scout reservation. On about eight acres, there was plenty to explore and plenty of mischief to get into. Terry’s job was cutting grass and taking care of the sheep. “My father thought all children should take care of animals, so we had sheep and goats.” Terry’s memories included “riding my sheep around the yard. We’d ride them like horses.”

What kind of activities filled the idle hours of a young boy in Greenwich before video games and computers? “It was just a fun place in those days... I would go down through the

woods, follow the west branch of the Byram River, exploring the long-gone Wilcox Nut and Bolt Works factory dam and millpond.” Terry reminisced, “In the winter, we would ice skate on that pond, had great big hockey games there, and if you hit the puck across the dam, it would go off thirty feet. There was always that concern that one of us was going to take the fatal dive, but our parents kind of let us do anything in those days. We just had to be home by dark.”

When Terry managed to save up money as a child, he would happily go to Molly’s stationery store and buy a balsa-wood plane. “Then I’d ride my bike out to Westchester Airport, because I knew some of the pilots there and I was fascinated with flying. They’d let me fly my balsa-wood airplane on the runway... right alongside a Cessna. Then I had to be home by dark. No more concern than that. It was really a lovely time.”

Terry’s memories of Parkway School centered mostly on the long ride on the school bus. “It was quite a trek over, hour each way. First ones on, last ones off, so you got to be good friends.” A number of those who shared this “Room of Gloom” bus ride remain lifelong friends. Terry decided with one of them to find a way to make a little extra money by setting up a toll road on Riversville Road. “So, we got a long stick, and we closed off Riversville Road, and as the cars stopped, we’d say, ‘It’s a quarter to go any further.’ And, amazingly, about the first five people each gave us a quarter.” However, the sixth car was a police car “and he made us go find the people. We knew who they were because if you drove up Riversville in those days, you were going home.” However, further disgrace

came after the policeman took them back home “and we had to tell our parents what we were doing, and how awful we were.”

Terry’s favorite, most memorable, teacher was Mrs. Kawolski in the fourth grade. “She taught me all sorts of silly things including how to fold a letter... and I still do it. It’s the superior way.” In Greenwich High School, Dan Barrett, an oceanography teacher, was “a complete inspiration to me... everything a teacher should be... one of the gems of public education.” He took the entire class to the Grand Bahamas to go diving. First, the students took diving classes at the YMCA to become certified. Then, they had to raise money to go on the trip through “bake sales, movies, snowplowing, and shoveling.” He and local boy Hans Isbrandtsen “would get up at two in the morning to go plow and shovel out people in snowstorms to make the money to go on the trip.”

Terry’s interest in natural history took him to Connecticut College, where he pursued interests in ornithology and ecology with some thought of becoming an environmental lawyer and following his maternal side of the family into law. However, Terry’s OHP interview encompasses a wide range of experiences from working in the Everglades to Zambia (where he met Steve Irwin) to guiding tourists in British Columbia. Eventually, “I began to miss New England a little bit, truthfully.”

His return to Connecticut was precipitated by his dad’s heart attack and the bankruptcy of the family jewelry business in Greenwich in 1973. Terry answered his father’s despondency by reminding him that “you still have the faith and credit of the



guy who was in the business a long time and well-known. Let’s start it up again.” Also looming was the Betteridge family legacy dating back to his great-grandfather, who listed his occupation on his immigration papers in the 1890s as “goldsmith.” However, Terry found that his dad, “a big robust drill sergeant kind of a dad... didn’t want to come in anymore, so it was up to me.”

The Betteridges still owned the building on Greenwich Avenue, even if “the business was then defunct, and the building also empty.” Terry decided to learn the business from diamond dealer friends of his dad’s, from setters, and from polishers. “I knew a lot of the diamond dealers on a very friendly basis, because I’d sit and grade things for them.”

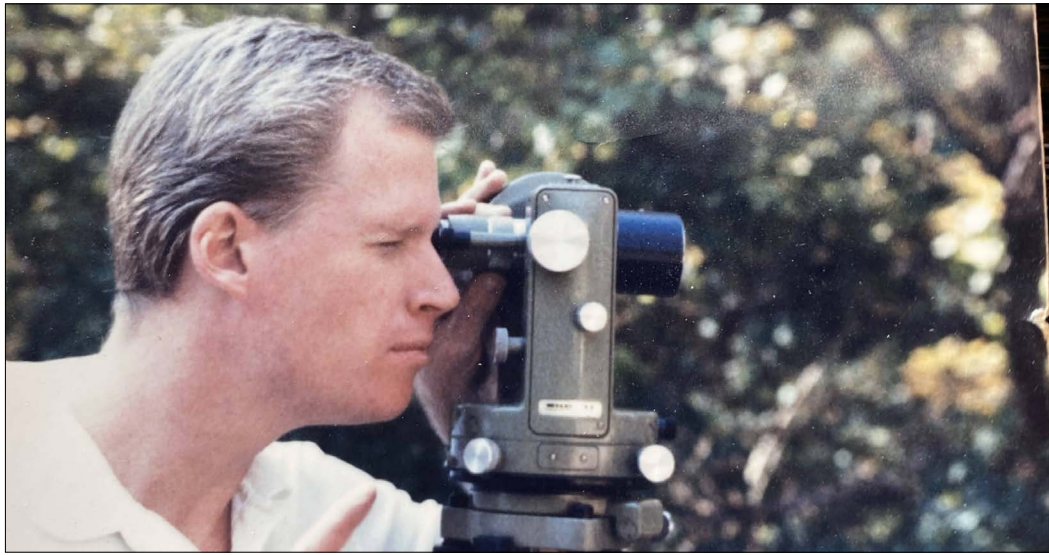
Suffice it to say that the store reopened and an expanded Betteridge’s three times its original size relocated in 2017 to the corner of Greenwich Avenue and East Elm Street. As of 2022, it was acquired by Watches of Switzerland. This home-grown Greenwich boy can now witness the Betteridge name achieve a global reach.



*“I had to be home by dark. No more concern than that. It was really a lovely time.”*

The interview “Terry Betteridge: Renaissance Man” may be read in its entirety or checked out at Greenwich Library and is available for purchase at the OHP office. The OHP is sponsored by Friends of Greenwich Library. Visit the website at [glohistory.org](http://glohistory.org). Our narrator’s recollections are personal and have not been subjected to factual scrutiny. Mary Jacobson serves as blog editor.

## S.E. Minor Celebrates a Retirement



Bill Reid Circa 1990s

S.E. Minor Celebrates the Retirement of Veteran Survey Party Chief, William “Billy” Reid

After an illustrious 48-year career with S.E. Minor, William “Billy” Reid is retiring from his role as Field Crew Chief. Joining the

company in August 1976, Billy’s exceptional skills soon elevated him to Party Chief within the Land Surveying Department. Known for his precision, leadership, and commitment to excellence, Billy has been instrumental in upholding and enhancing our reputation in land

surveying. His dedication to the field and mentoring of new surveyors has left an indelible mark on both our company and the industry.

Billy and the Reid family have been an integral part of the Greenwich community for many generations. His wife, Elizabeth, is a nurse at Eagle

Hill School, and their son, Mike, is a Math Coordinator for Greenwich Public Schools. Their daughter, Bonnie (Reid) Calderon, taught at Brunswick School and North Mianus Elementary, and now continues her career at the Wheeler School in Providence, Rhode Island.

In retirement, Billy looks forward to perfecting his golf swing and enjoying time with his grandchildren. But don’t be surprised to see him back at S.E. Minor part-time this fall, bringing his expertise, mentorship and maybe a few golf stories to share!

In honor of Billy’s retirement, S.E. Minor hosted a farewell celebration in Greenwich on June 27, 2024, where colleagues and friends gathered to celebrate his remarkable career.



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# Prospects for the Economy and Inflation & What It Means for Financial Markets

By Bob Giaquinto

At the June 19th meeting of the Retired Men's Association Bob Rimmer introduced Larry Kantor, an economist whose career work has included the Federal Reserve Board, managing director at Barclays, a hedge fund, TV appearances and more. Kantor noted that after the Federal Reserve raised interest rates from the 0% to 5.25% between March 2022 and July 2023 to combat high inflation, a recession was widely anticipated. However, the economy defied expectations by accelerating, growing over 4% in the second half of 2023. Inflation declined to the federal 2% target during that period.

The combination of explosive demand and constricted supply caused goods price inflation to spike to a 40 year high. As the impact of Covid faded, goods demand declined, and supply chains healed allowing goods price inflation to plummet. However, services inflation then rose to around 4 to 5%.

The historic, smart government stimulus of \$5 trillion enabled the USA to rebound. Remember in early 2020, unemployment went from 3.5% to 15% in two months. However, due to the Covid stimulus, the economy rebounded strongly; job openings soared to 12 million while the normal number is seven million. Part of this was due to a labor shortage. During Covid about one million residents died, which included 500,000 workers. Many baby boomers also retired, some enticed by buyouts.

The infusion of dollars into businesses and households saved the country from recession. Looking ahead, Kantor expects economic normalization in 2024. Growth should slow to 2 to 2.5% as the labor market cools and excess household savings get diminished. Inflation will settle in the 3 to 4% range which is above the Fed's 2% target but not out of control. He foresees the Fed tolerating this modestly higher inflation range if it proves relatively stable. One or two 1/4 % rate cuts may occur later this year. While falling short of the ultra-low inflation and interest rates seen pre-Covid, he argues the economic environment has fundamentally shifted from that period. He cites factors like increased protectionism,



Economist Larry Kantor explained how the US economy fared during the Covid pandemic and rebounded strongly as a result of government intervention.

*Due to the Covid stimulus, the economy rebounded strongly; job openings soared to 12 million while the normal number is seven million.*

reshoring of production and more domestic focus on supply chain resilience as catalysts pushing inflation and interest rates structurally higher versus 2010 to 2019 levels.

On broader issues, Kantor expressed concern over the rising income equality in America creating social instability. The tech boom minted enormous wealth at the very top income tier. Policies like the expanded child tax credit temporarily reduced inequality during Covid, but they have since expired.

He admitted the border is a mess but advocated for higher legal immigration levels to alleviate worker shortages and sustain economic growth as baby boomers retire and birth rates decline below population maintenance levels. The birth rate is now 1.62 and to maintain the population, it must rise to 2.1 per woman of childbearing age. He acknowledged climate change is a significant, long-term economic threat, likely to displace populations, disrupt supply chains and impose substantial recovery/rebuilding costs going forward.

- He also said,
1. Increased tariffs cause an increase in inflation but do protect some jobs.
  2. There is no sign of recession in sight.
  3. He sees US Treasury Bonds yielding 4 to 5.5% while stocks are fairly priced.
  4. The USA has by far the largest economy in the world.
  5. Our stable dollar will stay the dominant currency in

the world for the foreseeable future.

6. There is a risk the hyped-up AI bubble may eventually burst.

7. USA excellence in the world financial markets is due to our tech domination.

8. The deficit, which was 27% of GDP during WW II, 10% in the financial crisis, 15% in 2020, and 13% in 2021, is now 6%. The deficit should be addressed rather than leaving it to others.

The talk can be viewed by going to the RMA website at <https://greenwichrma.org>, and clicking on "Speakers."

The RMA's upcoming presentation, "100 Things to Do in Connecticut Before You Die," by Anastasia Mills Healy, is scheduled for 11 AM on Wednesday, July 3, 2024. Did you know that in Connecticut you can walk among life-size dinosaurs, drive a race car, admire stunning private gardens, and take a sightseeing cruise through a picturesque archipelago? If you've ever wondered "What should I do today?" come to this presentation based on the new book 100 Things to Do in Connecticut Before You Die. Whether you're an antiques hunter or a baseball lover, jazz fan or history buff, seven or 87, you'll discover fantastic places and experiences close to home.

A former editor at Condé Nast Traveler, Fodor's, and Travel Agent, Anastasia Mills Healy is a Greenwich-based writer and editor who has covered Connecticut for


Time Out, Lonely Planet, and Business Insider. In addition to 100 Things to Do in Connecticut Before You Die, Stasha is also the author of Secret Connecticut: A Guide to the Weird, Wonderful, and Obscure. She loves shining a light on the state's fabulous places and fascinating stories.

To stream the presentation by Anastasia Mills Healy at 11 AM on Wednesday, July 3, click on <https://bit.ly/30IBj2l>. This presentation will also be available on local public access TV channels, Verizon FIOS channel 24 and Optimum (Cablevision) channel 79.

Note: The views expressed in these presentations are those of the speakers. They are not intended to represent the views of the RMA or its members.

RMA speaker presentations are presented as a community service at no cost to in-person or Zoom attendees, regardless of gender. Any member of the public who would like to receive a weekly email announcement of future speakers should send a request to [members@greenwichrma.org](mailto:members@greenwichrma.org). The RMA urges all eligible individuals to consider becoming a member of our great organization, and thereby enjoy all the available fellowship, volunteer, and community service opportunities which the RMA offers to its members. For further information, go to <https://greenwichrma.org/>, or contact [members@greenwichrma.org](mailto:members@greenwichrma.org).

*Time to see Dr. Fucigna!*



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NEWS BRIEF

From Page 1

and black with white spots. As they mature, they turn red with black and white markings. These nymphs are wingless and move by hopping or crawling. They are often found on the stems and leaves of plants, feeding on the sap. The spotted lanternfly is a highly aggressive plant pest in the United States and poses a threat to Connecticut's environment, residential areas, and agricultural interests, particularly forests, orchards, vineyards, and nurseries.

**The Wallace Center will host a free Friday summer concert** series and ice cream social, with performances starting at 1:30 p.m. Registration is required due to limited seating, and concerts will take place in the Greenwich Arts Council meeting room. The lineup includes various pianists performing classical and contemporary music, with ice cream served afterward in the Wallace Cafe.

**Greenwich's annual SandBlast sand sculpture contest** returns to Greenwich Point Park on June 29 from 10 a.m. to 1 p.m. Participants must bring their own shovels and tools, and entry requires a valid Park Pass or ticket, though participation is free. In case of bad weather, the event will be rescheduled to June 30.

LOCAL BUSINESSES AND NONPROFITS

**The Riverside Garden Club, celebrating its 105th year**, has restored the Putnam Cottage historic kitchen garden and maintained the gardens at the Riverside Train Station. They also hosted educational events for North Mianus School students at Binney Park. The club concluded its year on June 12 by recognizing these accomplishments.

**Greenwich's 2024 Boots & Shoes fundraiser** is still accepting donations to provide DSW gift cards for children's footwear for the new school year. Contributions can be made online or via check sent to The Greenwich Department of Human Services Fund.

**In April, Greenwich Hospital was designated a Level III Trauma Center by the American College of Surgeons and the State of Connecticut.** To celebrate, the hospital hosted a community event with educational activities and interactive exhibits on trauma care, featuring representatives from local emergency services. The new designation allows the hospital to better serve local trauma patients and signifies its commitment to high-quality patient care and continuous improvement.

**Grill & Chill: Smokehouse BBQ & Bluegrass Music** will take place on Thursday, July 11, from 6:00 – 8:00 pm at Tomes-Higgins House in Greenwich,

CT. The event features southern-style smoked BBQ, live Bluegrass music by the "String Busters Band," and is hosted by the Gatherings Committee at Christ Church Greenwich. Tickets are \$55 per person and available on the Christ Church website.

**Gary Volkov has been appointed as the new Executive Chef at Tony's at The J House.** With over 25 years of experience and a background from the French Culinary Institute, he specializes in Russian, Contemporary American, and French cuisine. Volkov was previously the Executive Chef at One If By Land, Two If By Sea in New York City.

**Olympic swimmer Donna de Varona and her husband John Pinto have supported Swim Across America** - Fairfield County for 18 years, benefiting the Alliance for Cancer Gene Therapy. On June 29, 2024, they will serve as honorary co-chairs for the 18th annual open water swim, where Donna will receive the Swim Across America Olympian WaveMaker award. The event will be held at 96 Cummings Point Road, Stamford, CT, and includes various swim races and activities.

**Greenwich Hospital has launched the "Bee Mindful" program to enhance care for individuals with special needs**, aiming to tailor healthcare and create a secure environment for these patients. The program was first implemented by treating a 17-year-old patient with a rare genetic disorder in the pediatric unit. "Bee Mindful" also educates hospital staff on patient needs and uses the Patient Neurobehavioral Assessment Tool (PNAT) for personalized care.

**Optimum has pledged over \$17,000 to support four Boys & Girls Clubs in Connecticut**, including \$2,500 to the Boys & Girls Club of Greenwich. The donation is part of Optimum's broader support for clubs across 21 states, providing high-speed internet and STEM learning opportunities.

PEOPLE IN TOWN

**This week, Greenwich High School graduates Minnetta Arlotti and Gia Elezaj passed their community service initiative at The Mews** to their younger sisters. They had started visiting seniors as part of a civics class project, leading Minnetta to establish a local chapter of GlamourGals, which provides companionship to seniors. As they head to college, their sisters Scarlett Arlotti and Gemma Elezaj will continue the effort.

SCHOOLS

**Ana Maria Fals of New Lebanon School** has been selected as Greenwich Public Schools' nominee for the Connecticut State Department

of Education's 2025 Connecticut Teacher of the Year Program. Fals has been selected for her exceptional teaching skills and effective classroom management.

**Don Smith of Western Middle School has been nominated for Connecticut's 2025 Anne Marie Murphy Paraeducator of the Year Award** for his dedication to students, particularly his support of a terminally ill student. Principal Suzanne Coyne praised his commitment, noting his efforts to include and support the student daily. Smith's dedication extends beyond school hours, demonstrating his commitment to all students over the years.

**Western Middle School recently hosted the Tuning In To Music recital**, where over 55 students performed various instruments. Sponsored by the Greenwich Alliance for Education, the program has provided free music lessons to over 800 students since 2006. The recital also acknowledged K-12 Fine Arts Coordinator Laura Newell and New Lebanon School Music Teacher Ms. Nina Dryer, who are both leaving GPS.

**Glenville School's PTA, along with parent volunteers and teachers, installed a Ben's Bells BE KIND mural** in the school's courtyard. Founded in 2003, Ben's Bells is a nonprofit promoting kindness through ceramic bells and educational programs, reaching over 1.6 million students worldwide. The mural project, involving student-painted mosaic pieces, successfully united the community.

**Western Middle School's eighth-grade students presented their capstone projects this month**, showcasing their learning from the past three years. They used formats like murals, documentaries, TED Talks, and infographics to address issues such as drug abuse, fast fashion, and climate change. One notable project explored the ethical concerns of artificial intelligence in art.

**For five Friday mornings in May and June**, nearly 90% of Old Greenwich School's fifth graders volunteered to clean up the playground and fields. This project aimed to instill pride and responsibility for their school. The goal was to encourage students to return with a greater respect for the environment they helped maintain.

**The Greenwich High School Chess Team**, led by President Maximillian Lu and Co-Captain Elias Orrell, received the 2024 Connecticut State Scholastic Chess Club of the Year award for winning the FCICL league, the state high school championship, and participating in community outreach. Maximillian Lu was also inducted into the Connecticut State Chess Hall of Fame. The team received a plaque in recognition of this honor.

**The CMS 7/8 band earned scores of 95.5 and 96.5, receiving a "Superior" rating at the Music in the Parks festival at Bristol Central High School.** These are the highest scores for any CMS concert band in over eight years. After their performance, the band celebrated at Lake Compounce amusement park.

**Two Greenwich High School students, Thomas Stowe and Anthony Bozza**, established an endowment fund to provide investment experience and financial support for their school, raising \$50,000 with the help of school officials and the Greenwich Alliance for Education. They partnered with Morgan Stanley and expanded the club to nearly 20 members who manage a diversified portfolio. The club plans to donate 5% of the fund annually and aims to grow further with upcoming fundraising events.

**Greenwich Public Schools nurses have a new labor contract that includes a 7.5 percent raise** over three years and increased healthcare contributions, starting in July. The Representative Town Meeting approved the contract, which will run through 2027, with annual wage increases of 2.5 percent. Key changes include higher healthcare contributions and exemption from working on snow days.

SPORTS

**The Greenwich High School girls track team** secured several post-season victories, highlighted by strong performances in the CIAC Class LL Championship and the State Open Championship. The team placed fourth overall at the Class LL Championship and 10th at the State Open, with notable achievements from the 4x800 and 4x400 relay teams, as well as individual successes in various events. They concluded their season with commendable performances at the New England Championship and the New Balance Nationals Outdoor Championship.


Four Sacred Heart Greenwich Varsity A lacrosse athletes received All-NEPSAC honors, while two earned WNEPSWLA All-Star accolades after their successful 2024 season. The team finished with a 15-3 record, ranked No. 16 in the USA Lacrosse High School Girls' National Top 25 and No. 12 in the Inside Lacrosse Q-Collar Girls Top 25 National High School Rankings.

Four Brunswick School baseball players received 2024 All-NEPSAC honors for their exceptional performances. Jerry Guzman, Connor Jones, Jackson Shepelsky, and Michael Yeager were recognized for their contributions both on the field and in leadership roles, helping the team achieve a successful 14-6 season and a second-place finish in the FAA.

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COLUMN



By DREW WILLIAMS

*In the beginning God created the heavens and the earth.*

*Genesis 1:1*

The Hubble Space Telescope was launched into low Earth orbit in 1990. Although not the first space telescope, Hubble was one of the largest and most versatile, sending us extraordinary, prodigious, and fantastical images of the cosmos. But Hubble has been replaced! The James Webb Space Telescope was launched in 2018 and is an audacious 100 times more powerful than Hubble. We will be able to see so much more; we will see images of an unprecedented scale of distance, depth and definition.

And yet, no matter how far we are able to see, we are still left with the question: what does it all mean? Quentin Smith, Professor Emeritus of Philosophy at Western Michigan University, concludes, “The fact of the matter is that the most reasonable belief

is that we came from nothing, by nothing and for nothing...We should acknowledge our foundation in nothingness and feel awe at the marvelous fact that we have a chance to participate briefly in this incredible sunburst that interrupts without reason the reign of non-being.”

The creation story in the first chapters of Genesis, the first book of the Bible, would have us retain an increasing sense of awe. Of this increasing awe, Louis Pasteur said, “The more I study nature, the more I stand amazed at the work of the Creator. Science brings men nearer to God.” And contrary to Quentin Smith’s conclusion of “nothingness,” Genesis then proceeds to hold out to us a bold and antithetical view. Indeed, Genesis would claim that the most powerful space telescope cannot. Before the universe is even mentioned, Genesis has already introduced us to the person behind creation; to reveal to us the person of God. God is eternally uncaused. This means that God eternally existed before creation, that God is not created. The Psalmist concurs, “Before the mountains were brought forth,

or ever you had formed the earth and the world, from everlasting to everlasting you are God.” (Psalm 90:2). It can all be quite overwhelming, but take heart that a God powerful enough, wise enough and personal enough to create you and the world you live in, is powerful enough, wise enough and personal enough, to watch out for you.

Deuteronomy holds out this extraordinary promise, “They will feast on the abundance of the seas, on the treasures hidden in the sand” (Deuteronomy 33:19b). The implication is that we are actively encouraged to go searching out creation, to explore and to learn, to stand amazed. That God has literally hidden things of beauty, treasures in His creation, expressly with the desire that we delight to find them.

Of such a treasure hunt, Johann Kepler encourages us that in this way, we get to, “... think God’s thoughts after Him.” Indeed, this is part of our calling as His children. God dwells in His creation and is everywhere indivisibly present in all His works. He is transcendent (in that He is above all His works) and yet His glory is immanent within

them.

We have a heavenly Father who loves you so much that has left you gifts in creation for you to discover. Not just the scientists amongst us, but all His children equipped with a good pair of walking boots, a magnifying glass, telescope, or snorkel. We have a creator Father who would positively encourage you to look closer, lift your eyes higher, swim deeper, and search Him out because He knows that in the searching, you are going to grow in intimacy with Him. His deepest desire was always to be in loving relationship with you. His heart for you is to know Him more and be known by Him.

*In the beginning was The Word, and The Word was with God, and The Word was God. He was in the beginning with God. All things were made through him, and without him was not anything made that was made.*

*John 1:1-4*

Sir James Bean, the famous British astronomer once said, “The universe appears to have been designed by a Pure Mathematician.” In the same way, Joseph Campbell wrote of a “... cosmic order mathematically

definable.” Consider the slant of the earth. Tilted at exactly 23 degrees we are blessed with seasons. If the earth was not so precisely angled, vapors from the oceans would move north and south piling up vast continents of ice. Furthermore, if the moon were only 50,000 miles from the earth instead of 250,000, the tides would be so enormous that all continents would be submerged, and the mountains eroded. If the crust of the earth had been only ten feet thicker, there would be no oxygen. The earth’s weight is estimated at six sextillion tons – yet it perfectly balanced and turns effortlessly on its axis at a rate of more than a thousand miles per hour. Brennan Manning (for whom I am grateful for these observations) concludes, “Creation discloses a power that baffles our minds and beggars our speech. We are enamored and enchanted by God’s power. We stutter and stammer about God’s holiness. We tremble before God’s majesty...and yet, we grow squeamish and skittish before God’s love.”

In John’s Gospel we are exhorted to overcome such

squeamishness and go deeper in His love. Here we discover “In the beginning was The Word, and The Word was with God, and The Word was God. He was in the beginning with God. All things were made through him, and without him was not anything made that was made” (John 1:1-4). This, we are told, is the living Word who, in all His love and mercy, would surrender His grandeur for our sake: “...though He was in the form of God, did not count equality with God a thing to be grasped, but emptied himself, by taking the form of a servant, being born in the likeness of men. And being found in human form, he humbled himself by becoming obedient to the point of death, even death on a cross” (Philippians 2:6-8).

This is Jesus, God’s Son. And in His death and resurrection, we and all creation find relationship with our loving Creator restored, and in His love and mercy, we find our ultimate redemption.

In His great love,  
Bishop Andrew Williams

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# Worship Directory and Services

## ASSEMBLIES OF GOD

**Harvest Time Church**  
1338 King St., 203-531-7778  
[www.htchurch.com](http://www.htchurch.com)

Worship Services: Sun, 9 & 10:45am. All services are streamed on the church’s website and YouTube channel. In addition to Sundays, there are also groups for children and teens on Wednesday evenings. *Community Outreach at Martine Center: Saturday, June 29: 10am.*

## BAPTIST

**First Baptist Church**  
10 Northfield St.; 203-869-7988  
[www.firstbaptistgreenwich.com](http://www.firstbaptistgreenwich.com)

Sunday Servings: 11:30am, Facebook Live or for Devotion: 11-11:25am (Dial in 701-802-5355, Access code 360922).

**Greenwich Baptist Church**  
10 Indian Rock Ln; 203-869-2807  
[www.greenwichbaptist.org](http://www.greenwichbaptist.org)

Worship: Sun, 11am (in person and online through Facebook & YouTube). Children Sunday School: 9:30am, ages 9-14y. Adult Bible Study: Sun, 9:30am, Fellowship Hall. Prayer Gathering: Wed, 7pm, Pastor’s Office or virtual on Google Meets.

## CATHOLIC

**Sacred Heart Church**  
95 Henry St.; 203-531-8730  
[www.sacredheartgreenwich.org](http://www.sacredheartgreenwich.org)

Mass: Mon-Fri, 7am (in the Chapel); Saturday Vigil, 4pm (in Church); Sunday: 7:30, 9:30 & 11:30am. Confessions: Sat, 3-3:30pm or by appointment. Divine Mercy Prayer Group: Wed, 7-9pm. Prayer Group: Thu, 4-5pm, in the Chapel, 38 Gold St, All are welcome. Ministry to the Homebound: if you, or someone you know, is homebound and would like a priest visit you, call the Rectory at 203-531-8730. Stations of the Cross: All Fridays during Lent, 6:30pm, in the Church, All are welcome. *Adoration of the Blessed Sacrament: Friday, July 5, 6pm, in the Chapel.*

**St. Catherine of Siena & St. Agnes**  
4 Riverside Ave; 203-637-3661  
[www.stc-sta.org](http://www.stc-sta.org)

\* All Masses at St. Catherine of Siena Church are in-person and livestreamed (View our Livestream and recordings here: <https://events.locallive.tv/worship/stc-sta>)

Masses: Saturday, 3-4pm – Confessions (Specific dates confirmed weekly in bulletin.) Vigil Mass, 5pm. Sunday: 7:30am, 9am (Family Mass), 10:30am (Traditional Mass), 5pm (Teen Mass), all at St. Catherine’s Church). Masses in other Languages: French Mass - 2nd Sunday of the month, 11am. Italian Mass - 3rd Sunday of the month, both at St. Catherine’s Chapel. Spanish Mass, 6:30pm, St. Catherine’s Church. Daily/Weekdays: Mon, Tue, Thu & Friday: 7am – Daily Mass, St. Catherine’s Church; 5:15pm – Daily Mass, St. Catherine’s Chapel. Tuesdays: Rosary, 6pm, St. Catherine’s Chapel. Wednesdays: Adoration of the Blessed Sacrament, 8:30am-4pm, St. Catherine’s Church. Ongoing: Food & Essentials Drive for Neighbor to Neighbor (there will be a car or SUV with an open trunk in the parking lot across from St. Catherine’s church on Tuesdays, 9-11am. Join Music Ministries for choir rehearsals – Traditional, Contemporary, Teen, Cherub, Family Mass Choir - contact Music Director, Dr. Liya Petrides at [music.director@stc-sta.org](mailto:music.director@stc-sta.org) with questions. Walking with Purpose: Thursdays, through March 28, 10-11:30am (off Feb. 15 & March 14), stc-sta.org/walking-with-purpose. New Day Bereavement: starts March 5 (There’s no cost and you need not be a member of the Parish of St. Catherine and St. Agnes or even Catholic, you just need to be registered. If interested, please contact Parish Partners at (203- 637-3661, ext. 375). *Carnival of Fun: Wednesday, July 10 to Saturday, July 13, 6-10pm.*

## St. Mary Church

178 Greenwich Ave.; 203-869-9393  
[www.stmarygreenwich.org](http://www.stmarygreenwich.org)

Public Mass: Sun: 9, 10:30am, 12:15 & 5:15pm. Sat Vigils: 4 & 7pm (Spanish). Daily: Mon-Fri, 12:05pm (Church doors will open from 10am-3pm). Confessions (English): Tue: 7-8pm; Sat: 3-3:45pm. Eucharistic Adoration: 1st Fri of the month: 12:30-5pm. *Word & Song presents ‘One Life One Love,’ a candlelit concert featuring pianist Sue Song and reader Douglas D. Dewey: Thursday, July 11 - 7-9pm, free-will donation, eventbrite.com/e/916538751077.*

**St. Michael the Archangel**  
469 North St.; 203-869-5421  
[www.stmichaelgreenwich.com](http://www.stmichaelgreenwich.com)

Mass: Mon-Fri: 7:30 & 9am. Sat: 9am & 5pm. Sun: 7:30, 8:30, 9:45am, 12 & 5pm. Confession: Sat: 4:15-4:45pm; Wed: 9:30-11am & 6:30-8pm. Eucharistic Adoration: Wed, 9:30am-8pm. New Day Bereavement Program: through Nov. 17, Thu, 7-8:30pm & through Nov. 30 (skipping Nov. 23), Wed, 4-5:30pm, 203-869-5421. *SMWA Scholarship Application Deadline: July 8 (to be considered, the applicant must submit the completed application - via email only - to Micaela McCann, Scholarship Chair, at [micaela.mccann@verizon.net](mailto:micaela.mccann@verizon.net) with the following subject line: SMWA 2024 Scholarship).*

**St. Timothy Chapel**  
1034 North St.; 203-869-5421

Mass: Sat: 4pm (Vigil Mass). Sun: 11am.

**St. Paul Church**  
84 Sherwood Ave.; 203-531-8741  
[www.stpaulgreenwich.org](http://www.stpaulgreenwich.org)

Mass: Mon-Thu: 9am; Sat: 4pm (Vigil); Sun: 7:30, 9:30 & 11:30am. Confession: Sat, 3-3:45pm. Mass on Holy Days: Vigil: 5:30pm, 9am & 12:15pm. Visit the website for information regarding the Bereavement Group (twice monthly) and weekly volunteer opportunities at the Don Bosco Kitchen and Food Pantry with the St. Paul Mercy Volunteers. All masses are available via livestream through the website. Evenings For Married Couples: 1st Thurs of every month, 7:30pm. *St. Paul Youth Group Summer Snack Drive: donations accepted through Sunday, July 7.*

**St. Roch Church**  
10 St. Roch Ave; 203-869-4176  
[www.strochchurch.com](http://www.strochchurch.com)

Mass: (Reservations and/or for viewing via live streaming): Mon-Fri: 7:30pm; Sat: 5pm; Sun: 7:30am (Concelebrated for Previously Scheduled 9:30am Mass Intentions), 10:30am, 12pm (Spanish). Mass Intentions: consult the bulletin for time. *First Friday Adoration: July 5, 9am-7pm. First Saturday Mass & Fatima Devotion: July 6, 8am.*

## CHRISTIAN SCIENCE

**First Church of Christ, Scientist**  
11 Park Pl; 203-869-1555  
[christiansciencect.org/greenwich](http://christiansciencect.org/greenwich)

Sundays: 10:30am. Sunday School: for students up to 20yrs, 10:30am, Wed. 7:30, testimonies of healing - call in for all services 203-680-9095 code 520520\*. Reading Room, 333 Greenwich Ave. 203-869-2503, M-F, 11-3, some Saturdays. Bibles and Children’s books for sale. *June 30: “Christian Science”.*

## COMMUNITY

**First Church of Round Hill**  
464 Round Hill Rd; 203-629-3876  
[www.firstchurchofroundhill.com](http://www.firstchurchofroundhill.com)

In-person worship: Sundays, 10am. *Summer Worship Schedule: July 7 & July 28. Fall Worship Schedule resumes Sept. 8.*

**Round Hill Community Church**  
395 Round Hill Rd; 203-869-1091  
[www.roundhillcommunitychurch.org](http://www.roundhillcommunitychurch.org)

Weekly Sunday Worship services in the Sanctuary at 10am or online at [roundhillcommunitychurch.org](http://roundhillcommunitychurch.org) anytime. Children’s Worship (grades K-5) meets during the 10 am service. Please call the Church Office or visit the website for the

most up-to-date information, events, and schedules. Tools for Aging Well, 2nd Wednesday of the Month, 11am-12pm, Sanctuary. *Back To School Drive for JFS of Greenwich Newcomers: items will need to be delivered by Thursday, July 18, [roundhillcommunitychurch.org/news/breakfast-run-4trem](http://roundhillcommunitychurch.org/news/breakfast-run-4trem).*

## CONGREGATIONAL

**The First Congregational Church**  
108 Sound Beach Ave; 203-637-1791  
[www.fccog.org](http://www.fccog.org)

Worship: In-Person & Virtual: Sundays, 10am. Live-streaming on YouTube and Facebook, and broadcast on WGCH (1490 AM). Connect during the week: Friday: Friday Email Blast (sign up by calling the church office); Church school before worship most Sundays, 9am for preschoolers through grade 6. Online programming available via Zoom. A joyful community diverse in spiritual backgrounds and beliefs. *Beach Services: June 9 to August 25, 8-9am, Greenwich Point Beach. Women’s Fellowship Socials: June 24 to Aug. 26, 5:30-7pm, Sue Baker Pavilion, Tod’s Point.*

**North Greenwich Congregational**  
606 Riversville Rd; 203-869-7763 (Instagram photos and videos @ [north\\_greenwich\\_church](#))

Worship Service: Sun, 10:30am, in person.

**Second Congregational Church**  
139 E Putnam Ave; 203-869-9311  
[www.2cc.org](http://www.2cc.org)

Sunday worship in our air-conditioned Chapel at 9:30am. Children’s Chapel during worship. *Coping with Change: Saturday, June 28: 9am-12pm.*

## EPISCOPAL

**Anglican Church of the Advent**  
606 Riversville Rd; 203-861-2432  
[facebook.com/greenwichanglican](https://facebook.com/greenwichanglican)

Service: Sun, 9am, Holy Eucharist. Sunday School during academic year.

**Christ Church Greenwich**  
254 E. Putnam Ave; 203-869-6600  
[www.christchurchgreenwich.org](http://www.christchurchgreenwich.org)

Holy Eucharist: Sundays, 8am, In-person only, Chapel. Messy Church Eucharist: every Sun, 9am, In-person only, Parish Hall. Holy Eucharist: 10am, In-person or livestream, Main Sanctuary, Children’s Chapel during the service. Choral Evensong or Sung Compline: In-person or livestream, 5pm. Wednesdays: Preach and Teach Eucharist (new time for this midweek service), 12:15pm, In-person only Chapel. Thursdays: Choral Evensong, 6:30pm, In-person or livestream, Main Sanctuary. *‘Grill & Chill’: Thursday, July 11, 5pm, Tomes-Higgins Lawn.*

**St. Barnabas Episcopal Church**  
954 Lake Ave.; 203-661-5526  
[www.stbarnabasgreenwich.org](http://www.stbarnabasgreenwich.org)

Holy Eucharist: Sundays, 10am (in person & livestreamed). *Join us as we celebrate that God is with us through thick and thin throughout the season after Pentecost. Every Sunday features joyful preaching, beautiful music, and a warm welcome for kids and parents. Summer Sundays feature preaching by our priest in charge, the Rev. Dr. Justin E. Crisp, and the music of Marnus Greyling. Children are always welcome in church, and childcare is provided all morning in our nursery. Come take a breath with us this summer.* Visit us in person, on our website, and on social media (Instagram: [@st.barnabasgreenwich](#)). Small church feel - Big church experience.

**St. Paul’s Episcopal Church**  
200 Riverside Ave.; 203-637-2447  
[www.stpaulsriverside.org](http://www.stpaulsriverside.org)

Worship: Sundays, 10:15am (in person and streaming). Coffee hour immediately following worship service in Selleck Hall. Sunday School (including frolic Fatih class for toddlers 2+) in the Children’s Chapel downstairs – drop-off starts at 10am. Ongoing: Neighbor-to-Neighbor food drive box by office door. Pick-up is

every Thursday morning. *Worship time changes: Sunday, July 7, 9:30am. First Summer Worship Service in the Meadow: Sunday, June 30, 10:15am. Court-yard Concert featuring Chie Yoshinaka Matejek on violin: Wednesday, July 10, 7pm. The first in a weekly three part series led by Pastor Emilie entitled “What Does the Bible ACTUALLY Say About Gender & Sexuality?”: Thursday, July 11, 18 & 25, 7-8:30pm, on Zoom.*

**St. Saviour’s Episcopal Church**  
350 Sound Beach Ave; 203-637-2262  
[www.saintsaviours.org](http://www.saintsaviours.org)

In-person Service: Sundays, 10am.

## IEWISH

**Chabad Lubavitch of Greenwich**  
75 Mason St.; 203-629-9059  
[www.chabadgreenwich.org](http://www.chabadgreenwich.org)

Please visit our website for details on Shabbat services, classes, programs and more. Judaism 101 for Moms: Thursdays, 9:20am. *Shabbat Luncheon: Saturday, July 13, 11:30am, Services begin 9am, RSVP at [maryashie@chabadgreenwich.org](mailto:maryashie@chabadgreenwich.org).*

## Congregation Shir Ami

One W. Putnam Ave; 203-274-5376  
[www.congregationshirami.org](http://www.congregationshirami.org)

All services, programs and celebrations are available online via Zoom. Kabbalat Shabbat: Fridays, 7-8:30pm, First Presbyterian Church. Soul Spa - Torah Study: Saturdays, 10-11:30am, on Zoom.

**Greenwich Reform Synagogue**  
92 Orchard St.; 203-629-0018  
[www.grs.org](http://www.grs.org)

Join Rabbi Gerson and Cantor Rubin every Friday, 6pm for Shabbat Services, and once a month for Tot Shabbat, 5:30pm. All in person services are also live streamed on Zoom. *Summer Shabbat Services: Services are held most Friday nights in the GRS sanctuary. In addition, several Shabbat services in July and August will be held at the home of GRS member families, featuring bring-your-own picnic dinners. For dates and location, contact Vera@GRS.org.*

## Temple Sholom

300 E. Putnam Ave.; 203-869-7191  
[www.templesholom.com](http://www.templesholom.com)

Services - In-person and virtual Friday night Shabbat services, 6:30pm & Saturday morning Shabbat services, 10:30am. *Game Night: Mah Jongg & Canasta hosted by Sisterhood: Monday, July 15, 7-9:15pm.*

## LUTHERAN

**St. Paul Lutheran Church**  
286 Delavan Ave.; 203-531-8466  
[www.firstpaul.com](http://www.firstpaul.com)

Sunday Divine Service: 9am. Sunday Bible Study: 10:30am. Wednesday Dinner: 5:30pm. Wednesday Bible Study: 6:30pm.

## METHODIST

**Diamond Hill United Methodist**  
521 E. Putnam Ave.; 203-869-2395  
[www.diamondhillumc.com](http://www.diamondhillumc.com)

In-person & Online Worship Service every Sunday, 10am, followed by a time of Fellowship. Wednesday Noonday Prayer & Wednesday Evening Bible Study. (Details at [diamondhill.com](http://diamondhill.com)).

**First United Methodist Church**  
59 E. Putnam Ave.; 203-629-9584  
[www.fumcgreenwich.com](http://www.fumcgreenwich.com)

Sunday Worship, 9:30am (except the last Sunday of the month at 10:30am). Virtual Daily Gathering: Mon-Fri, 3pm, Zoom. Talking with Your Hands: Mon, 3pm. Reading this World as a Christian: Tue, 3pm. Back to Rock – music with Mr. Bruce: Tue, 3pm, via Zoom. Reading the Shape of Scripture: Wed, 3pm, via Zoom. Spring Bible Study: Thu, 3pm, via Zoom. Tea & Talk: Fri 3pm, via Zoom.

**Bethel African Methodist Episcopal**  
42 Lake Ave.; 203-661-3099

Worship via teleconference: Sun, 11am and until further notice (Dial-in number: 425-436-6380, Access code: 612220).

## NONDENOMINATIONAL

**Dingletown Community Church**  
376 Stanwich Rd., at Barnstable Lane

Sunday Service: 10:30am. Philip Antinone – Chaplain.

## Revive Church

90 Harding Rd., Old Greenwich (Old Greenwich Civic Center)  
[www.myrevive.org](http://www.myrevive.org)

Worship Service: Sun, 10am, Holiday Inn 980 Hope St, Stamford. Online Sermons available on Facebook ([facebook.com/myrevivechurchgreenwich](https://facebook.com/myrevivechurchgreenwich)) and on YouTube. All groups are online. Direct any prayer needs to the prayer chain at [203-536-2686](mailto:203-536-2686) or [revivecfm@gmail.com](mailto:revivecfm@gmail.com).

## Stanwich Church

202 Taconic Rd.; 203-661-4420  
[www.stanwichchurch.org](http://www.stanwichchurch.org)

Worship Services: 9am, 10:45am & 6pm. Nursery, Kids Ministry grades K-5, and Student Ministry grades 6-12 are offered at both. Live stream and recorded media are available at [stanwichchurch.org](http://stanwichchurch.org). *June 30: 30 Missions Movie Night at Stanwich Church, 202 Taconic Rd. “In case of inclement weather, 6/2 and 6/23 move to Stanwich Church, 202 Taconic Rd., Greenwich; check website: [stanwichchurch.org](http://stanwichchurch.org).*

## Center for Spiritual Development

293 Sound Beach Ave; 203-637-4615  
[www.Center4SpiritualDev.org](http://www.Center4SpiritualDev.org)

Sunday Service (hybrid: in-person & virtually on zoom): 7pm. Virtual Children’s Lyceum (ages 5-14): 3rd Sunday of the month, 10-10:40am. Healing Service: 3rd Thursday of the month, 7-7:30pm. (Email [Albertsonpcc@gmail.com](mailto:Albertsonpcc@gmail.com) for registration and Zoom Links). *Move & Be Moved - Chair Dance with Claudia Devita: Sunday, June 30, 1-1:45pm, In-person, \$10 donation to the CDS, register at [CSDPastor@gmail.com](mailto:CSDPastor@gmail.com). Spiritual, Psychic & Healing Fair: Saturday, July 13, 11am-4pm, Free admission.*

## Trinity Church

5 River Rd.; 203-618-0808  
[www.trinitychurch.life](http://www.trinitychurch.life)

In-Person Services: Sun., 9:45am, Hyatt Regency Greenwich, 1800 E. Putnam Ave., Old Greenwich; 10am, Trinity Westchester, 2111 Boston Post Rd, Larchmont, NY; 11am, Saxe Middle School, New Canaan. *Serving with Bread of Life: Monday, July 8, 9:30am-12pm. “Late Riser” Coffee Connection: Thursday, July 11, 10am, Dogwood Coffee Bar, 254 E. Putnam Ave., Greenwich. Serving with the Fuller Center: July 13 & August 24, 12-3pm.*

## PRESBYTERIAN

**First Presbyterian Church**  
1 W. Putnam Ave.; 203-869-8686  
[www.fpcg.org](http://www.fpcg.org)

Worship: Sundays, 10am. *Beach Services: June 16 to July 28, 8:30am. Women’s Book Club: Friday, July 19.*

## Grace Church of Greenwich

89 Maple Ave.; 203-861-7555  
[www.gracechurchgreenwich.com](http://www.gracechurchgreenwich.com)

Worship: Sundays, 8:45 & 10:45am, Woman’s Club of Greenwich, 89 Maple Ave. Bible Studies and Sunday School meet in person. All are welcome. *Summer Bible Club (Grades K-5): July 8 to 12, 9am-12pm, 89 Maple Ave., All are welcome.*

**Living Hope Community Church**  
38 West End Ave; 203-637-3669  
[www.LivingHopect.org](http://www.LivingHopect.org)

In-person & online (LivingHopect.org/ livestream) worship Sundays: 10am. Prayer for the Nation: Thursdays, 7:30-8pm, Online. Register and more information: [livinghopect.org/resources/alpha](http://livinghopect.org/resources/alpha). *Old Greenwich Farmers Market: Wednesdays through October 30, 2:30-6pm, Rain or shine, [oldgreenwichfarmersmarket.com](http://oldgreenwichfarmersmarket.com). Body Life Basics - New Member Class: Sunday, June 30, July 7, 14, 21 & 28, 8:30-9:30am. Fourth of July Concert, Cook Out and Celebration: Saturday, July 6, 6-10pm. Delta course Co-Ed Luncheon: Wednesday, July 3, 10, 17 & 24, 12-1:30pm.*

COLUMN

# Exploring the Sabbath, Soul and Spirituality



BY MITCHELL M. HURVITZ

Upon waking each morning, before engaging in any other activity, we traditionally recite the blessing: “My God, the soul You have placed in me is pure. You created my soul within me. You breathed it into me, and You preserve it within me. One day, I know You will take my soul from me, but You will restore it to me in the World to Come.”

We recite this prayer immediately upon waking to remind us that what separates a human being from an animal is that we possess a “soul.” Further, in understanding that our soul is from God and our body is from earth, we should try to keep our soul pure.

Our Sabbath observance is considered a taste of the “World to Come.” Because of this, an ancient rabbinic teaching is that we are given an addition to our soul on Friday eve as Shabbat begins. God grants us this soulful gift so that we might better understand how our 24-hour period Sabbath experience is a bit of “Paradise.” Upon the separation (havdalah) ceremony by which we liturgically close our Sabbath observance, we are mindful that God retrieves from us the “addition to our soul” that was gifted 24 hours prior.

During havdalah, each person smells fragrant spices to “comfort their soul” because the soul is saddened to lose God’s gift of Sabbath soulful enhancement. The use of smell is purposeful in comforting the soul because when Adam and Eve sinned

while eating the forbidden fruit, they did not use their sense of smell. Genesis records that Adam and Eve, regarding the forbidden fruit, “saw...took...ate...heard...” Seeing, touching, tasting, and hearing are connected to the sin that caused Adam and Eve’s expulsion from Paradise. However, the sense of smell was not utilized, and because of this, “smell is the most refined of all the five senses, and is the one most enjoyed by the soul.”

There are five different Hebrew terms for the soul in the Jewish tradition: Nefesh, Ruach, Neshamah, Yechidah, and Chaya. We commonly identify Nefesh with our blood, the source of our “vitality and energy.” When our blood ceases to flow, our body becomes broken, and our soul departs from this world and is “returned to God who gave it.” Ruach and Neshamah are understood as interchangeable terms. The literal translation of Ruach is wind. Both terms equally represent the “breath of life” that God “blew into the nostrils” of the first human being. The “breath of life” is the soul, the immortal spirit that survives the body’s death and is “returned to God who gave it.” Like God, Chaya and Yechidah are the aspects of the soul that exist beyond the space/time continuum. Chaya translates as “Life” and Yechidah as “Oneness.”

Saadya Gaon, a 10th-century sage, summarized that our soul is “one entity with five different names.” However, the Jewish Mystics (Kabbalists) taught that the five names for the soul refer to five different levels of the soul connected like chain links: “The highest level (Yechidah) is attached to God, and the lowest level (Nefesh) resides in the blood. The Nefesh is common to all living creatures, driving the metabolism and maintaining life. Ruach is the first level of the “human

soul” and generates our feelings and personal qualities. The Neshamah pulls each person towards God and encourages the performance of good deeds, piety, humility, knowledge, and achievement. Chaya and Yechidah are far above the human realm and belong to the esoteric.

The Kabbalists teach that the role of the soul is to serve as the connector between God (the purely spiritual) and the human being (the strictly physical body). They utilize the allegory of a glassblower: “When the glassblower breathes into the glass, the outermost layer of air impacts the vessel, fixing its form, and comes to rest there (Nefesh means rest). This outer layer of air is animated by and connected to the wind (Ruach) that precedes it. In turn, this wind is an extension of the breath (Neshamah) of the glassblower. Finally, the breath is a manifestation of the life (Chaya) of the glassblower, while Yechidah corresponds to the “Glassblower’s” unique soul.

After we die, it is a standard tradition at the graveside to recite from Ecclesiastes: “And the dust returns to the ground as it was, and the soul returns to God who gave it.” The Midrash teaches on this verse that “each person must return their soul in purity just as God gave it.” The rabbinic parable teaches about this: “A mortal king distributed royal apparel to his servants. The wise among them folded and stored them in a chest. The foolish among them performed their work in them. After a time, the king demanded his garments back. The wise returned them clean and neatly pressed, but the fools returned them filthy. The king was pleased with the wise servants but angry with the fools. He ordered the wise to restore their garments to the treasury and go home in peace. The foolish he ordered to give their garments to the launderer, and they

***How does God judge us? According to rabbinic dogma, God gave us our bodies so that our souls might live a life in this physical world, and this becomes our unique opportunity to serve God and follow God’s will by fulfilling the commandments (mitzvot) in this physical world, which is what connects us to God spiritually.***

were imprisoned.”

The Talmudic sages ask: “If a person has sinned, can the body and the soul both free themselves from judgment by pleading that the other was responsible?” Then, another parable is offered: “A human king owned a beautiful orchard that contained splendid figs. He appointed two watchmen; one was lame, and the other blind. One day, the lame man said to the blind one, “I see beautiful figs in the orchard. Put me on your shoulders so we may pluck and eat them.” Sometime later, the owner of the orchard returned and asked what had happened to his beautiful figs. The lame man replied, ‘Have I feet to walk with?’ The blind man answered, ‘Have I eyes to see with?’ What did the king do? He placed the lame one upon the blind one and judged them together. So will God bring the soul, replace it in the body, and judge them together.”

How does God judge us? According to rabbinic dogma, God gave us our bodies so that our souls might live a life in this physical world, and this becomes our unique opportunity to serve God and follow God’s will by fulfilling the commandments (mitzvot) in this physical world, which is what connects us to God spiritually.

The root of the Hebrew word “mitzvah” is “tzavta,” which means “to connect.” After we die, we are judged

by God since God is the only true judge who knows our actions and our motives. Our place in the “World to Come” is determined by a merit system based on God’s accounting of all our actions and motives. God also knows if we have repented for transgressions committed during our lifetime and considers this.

Repentance is the primary means of obtaining forgiveness. The Hebrew word for repentance is “Teshuvah,” which means “to return to God.” In this world, we are always invited to return to God directly. This personal and direct relationship with God is within everyone’s grasp. Ecclesiastes summarizes how we should live our life in service of God: “In the end, live your life in awe of God, and keep God’s commandments, as this makes you whole (body and soul).”

*Temple Sholom’s Senior Rabbi Mitchell M. Hurvitz is a scholar, teacher, community activist and preacher, and is recognized as one of the prominent religious leaders in the Greenwich area and beyond. A frequent guest speaker at synagogues and churches, study groups, community institutions and universities, he is a charismatic personality who engages individuals and stimulates hearts and minds. His teachings can be found in Greenwich Sentinel and in other local and national publications.*

## Obituaries

### ROSALIND MARINGER

MAY 20, 1942 - JUNE 22, 2024

Beloved wife, mother, and grandmother, passed away peacefully in Greenwich, CT on June 22.

She is survived by her husband Henry, her children Elizabeth and Stephen, their spouses, Jay and Lindsay, as well as her four grandchildren, Nick, Alex, Harriet, and Alby.

She will be greatly missed.



### WILLIAM KELLY

William G. Kelly, 72, longtime resident of Old Greenwich, CT, passed away on June 20. Bill was the beloved husband of Barbara (née McHugh), loving father to Liz Zaccherio (Larry) and Kristen Kelly (Rob Colgan), and adoring grandfather (GaGa) to Lexi, Jules, James and soon-to-be baby girl Colgan.

Bill lived life to the fullest, embracing any and all opportunities for new and exciting adventures. A graduate of The University of Notre Dame (1974) and Brooklyn Law School (1977), he was a founding partner of the law firm Gerber, Ciano, Kelly and Brady LLP.

Bill enthusiastically served his community and made countless lifelong friends along the way. Bill served eight years on the Greenwich Board of Education and four years on the Greenwich Board of Estimation and Taxation. He ran for First Selectman in Greenwich in 2021 and for the U.S. House of Representatives in 1988. He was an active member and past President of Rocky Point Club and served on the membership committee of Ponus Yacht Club. Bill was currently chairing the Julian Curtiss School Building Committee.

Born in Garden City, NY, Bill was the son of Edward and Mary Kelly, one of ten children. Bill was predeceased by his brothers and sisters-in-law Ed (Pam) and John (Pam), Patty Ann McHugh and Annemarie Fiore. Bill is survived by his brothers Charles (Marge), Jim (Barbara), Larry (Nancy), Gerry (Liz) and his sisters Mary McCarragher (Barry), Katie Townsend (Bob) and Anne Kelly, his brother-in-law Jay McHugh, and sisters-in-law Gail McHugh and Susan Lally (Mike). Bill is survived by many nieces and nephews who loved him dearly and always felt his love.

A wake will be held on Monday, July 1, from

2-4 pm and 6-8 pm, at Leo P Gallagher & Son Funeral Home, 31 Arch St. A funeral will be held at St. Catherine of Siena Church on Tuesday July 2, at 10 am.

In his honor, please consider paying it forward, as Bill would do, and make somebody’s day.

### JEANNY CHEUNG-NESTOROS

Jeanny Cheung-Nestoros, longtime resident of Old Greenwich, passed away on June 15. She was 55.

Born in Bronx, NY, Jeanny graduated from City College of New York, School of Architecture. She has spent over 30 years in the construction and architectural design industry around the NYC area. Her work has greatly impacted the campuses of St. John’s University, Columbia University and the City University of New York (CUNY) and a range of anchor landmarks in NYC LaGuardia’s Delta terminal; Stuyvesant High School; South Park and Hudson River Park. Her recent position was as Assistant Director for the CUNY/City University Construction Fund.

Jeanny will be remembered for her contribution to the NYC landscape, unwavering dedication to her husband, children, family and friends, and her passion for creating mosaics and stained glass art. Her legacy of nurturing, seeing the beauty in everyone and every moment, and compassion will continue to inspire all whose lives she touched.

Jeanny is survived by her husband, George Nestoros; her children, Alexandria and Theodore Nestoros; her mother Kam Cheung; her brother, William Cheung, niece Victoria Cheung, and nephew Wilson Cheung; her sister Patricia Cheung and her niece Brittney Lew. She was predeceased by her father Fung Cheung.

A memorial service was held on Saturday, June 22.

In lieu of flowers, please consider making a memorial donation to the Alex and Theo’s College/Dreamer Fund.



### EMILY TOOHEY

SEPTEMBER 15, 1922 - JUNE 13, 2024

Emily Burr Garritt Toohey  
May her Soul rest in Peace

Born: Boston, MA September 15, 1922, and died peacefully in her home 3 months shy of 102 years, on June 13, 2024 (her father’s birthday).

Parents: Robert Hall Garritt and Grace O’Neil. Siblings: Robert Hall Garritt, Jr. and Dorothy Garritt Gayer; all of whom predeceased Emily. She grew up in West Newton, MA, attended Beaver Country Day School, and then Smith College.

In the 1940s, she worked in various capacities, but spent a great deal of time volunteering, most notably with the Red Cross during the war years. She married Frederick William Toohey “Ted”, on September 25, 1948. He died in 1989.

Em and Ted had 4 children: Ann Burr Toohey; Peter Garritt Toohey, married to Deborah Jean Kurry, grandchild: Peter Garritt Toohey, Jr., married to Mara Monica Mortera, great-grandchildren: Sascha Grace Toohey and Norah Jean Toohey, grandchild: Tekla Burr Toohey, married to Jason Ross Cutlip, great-grandchildren: Dallas Brooks Cutlip and Rossi Burr Cutlip; Frederick William Toohey, Jr., married to Klaudia Schrack, grandchild: Lyra Grace Toohey; Robert Lawrence Toohey (predeceased), married Krissy Clarke, grandchild: Jack Garritt Toohey.

While raising the children in Greenwich, CT, Emily remained socially very active and volunteered for many organizations, including: The Bruce Museum, The Junior League, Smith College Club, Knollwood Garden Club, English Speaking Union, and many others. She was also a partner in the Greenwich retail store called “The Elements”, which specialized in exceptional American handmade crafts.

Emily was an avid bridge player, world traveler, had an extraordinary memory, and faithfully attended the Round Hill Community Church. Along with her parents, Emily created a lasting bond between the Toohey and Garritt families.

Written in 1946, the Spirit of Em is captured in the following invitation, found amongst her papers:

Does your life seem dull and stuffy?  
Do you feel yourself growing huffy?  
Do your friends all ignore you  
Or else maybe just bore you?  
Do you feel like new faces  
With anyone you would change places?  
Are your working days grim  
And your evening dates dim?  
WELL!  
What you need is a party.  
Come at the 5 o’clock hour  
(Leave under your own power).  
December 15th is the day  
(T’will be Tres Qai).  
At Garritt’s we will meet  
Seventy-two Perkins Street.  
It’s just outside West Newton Square  
All the best people will be there!  
When Emmy sounds the call  
Get on the ball-  
Come one and all.

A memorial service will be held at The Round Hill Community Church, 395 Round Hill Road, Greenwich, CT, July 8, at 11 a.m. The family invites all to a reception there, held immediately

following the service.



### IRENE SCHECK

Irene E. Scheck, 96 of Buena Vista Drive Greenwich, CT, passed away peacefully at her childhood home on Friday, June 7. Born in Greenwich, CT on July 11, 1927, she was the beloved daughter of Frederick and Elsie Walters. Irene grew up in Glenville, CT, where she met and married Anthony A. Scheck. Together, they raised their family in Riverside, CT.

Irene dedicated many years of her life to working at the front desk of Greenwich High school, where she formed lasting connections with both students and staff. After her retirement, she continued to touch the lives of many through her involvement with the Glenville seniors, participating in numerous cruises and trips to the casinos. She was also a devoted member of the 9th District Vets Women’s Auxiliary for many years.

Preceded in death by her husband, Anthony A. Scheck and her son John J. Scheck, Irene is survived by her loving children: Anthony A. Scheck, Jr. (MaryLynn), Joanne Santora (Steven), Jeffery J. Scheck and her sister Helen White of Cape Cod, MA. She was a cherished grandmother to grandchildren, Carey, Casey, Daniel, Christopher, Samantha, Katherine and Victoria, and a proud great-grandmother. Irene also leaves behind many dear nieces, nephews, and cousins. Irene’s life was marked by love, dedication, and an impressive legacy that will be remembered by all who knew her. Her kindness, generosity, and loving spirit were felt by everyone she encountered.

A service to celebrate Irene’s life will be held at St. Catherine’s Church in

Riverside, CT, on Saturday, July 20, at 10:00 a.m., followed by a burial service at St. Mary’s Cemetery on North Street.

In lieu of flowers, the family requests that donations be made in her memory to Down Syndrome at manasotabuds.org in Sarasota, Florida.

**Please send obituaries, photos, and service information to Caroll@GreenwichSentinel.com**

**The Sentinel does not charge for obituaries.**

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NEW SALES

Data Compiled by Trusted Real Estate Agent Cesar Rabellino (203) 249-9866

Address	Original List	List Price	Sold Price	DOM	BR	FB	Acres	SqFt
25 Indian Harbor Drive 1	\$895,000	\$895,000	\$975,000	68	3	2		1,900
104 Ritch Avenue 12	\$975,000	\$975,000	\$975,000	0	2	2		1,720
1 Candlelight Place	\$1,299,000	\$1,299,000	\$1,550,000	13	3	2	0.46	2,132
38 Amherst Road	\$1,680,000	\$1,680,000	\$1,600,000	21	4	3	0.22	2,682
186 Field Point Rd 4B	\$1,735,000	\$1,689,000	\$1,700,000	97	4	4		3,200
21 Red Coat Lane	\$1,850,000	\$1,850,000	\$1,920,000	8	4	3	2.1	2,983
25 Ferncliff Road	\$2,100,000	\$2,100,000	\$2,253,000	18	5	3	1.04	3,738
21 Stanwich Road	\$2,450,000	\$2,450,000	\$2,270,000	88	4	3	0.76	2,654
68 Dearfield Drive	\$3,895,000	\$3,495,000	\$3,450,000	179	9	6	1.32	8,239
26 Chapel Lane	\$3,349,000	\$3,349,000	\$3,550,000	6	6	4	0.26	4,155
12 Huntzinger Drive	\$3,995,000	\$3,995,000	\$3,995,000	24	6	6	1.5	6,648
43 Lafrentz Road	\$3,950,000	\$3,950,000	\$4,205,000	61	3	3	4	3,344
7 Crossway	\$5,995,000	\$5,995,000	\$5,650,000	76	6	4	0.47	5,560

NEW LISTINGS

Data Compiled by Trusted Real Estate Agent Cesar Rabellino (203) 249-9866

Address	List Price	Price/SqFt	SqFt	AC	BR	FB	Area
6 Nassau Place 4	\$765,000	\$492	1,554		3	1	Cos Cob
203 Water Street A	\$999,000	\$362	2,758	0.24	3	3	Byram
6 Silver Beech Road	\$1,275,000	\$708	1,800	0.19	3	2	Riverside
500 River Road 15	\$1,579,000	\$632	2,500		3	2	North Mianus
323 Riverside Avenue	\$1,695,000	\$721	2,351	0.28	4	2	Riverside
26 Valleywood Road	\$1,895,000	\$777	2,439	0.22	4	2	Cos Cob
414 Lyon Farm Drive 414	\$1,995,000	\$804	2,480		4	3	Glenville
7 Perryridge Road	\$3,000,000	\$994	3,019	0.21	5	3	South Parkway
8 Hendrie Avenue	\$3,350,000	\$856	3,914	0.28	4	3	Riverside
66 Sumner Road	\$3,995,000	\$729	5,479	4.22	4	5	North Parkway
897 Lake Avenue	\$5,995,000	\$775	7,738	4	6	7	North Parkway

FEATURED BROKER

Susan Holey



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Real Estate Advisor  
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What marketing strategies do you use for sellers?

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How do you handle bidding wars for buyers?

There are some homes that come on the market and I know instantly it’s going to be a competitive bidding situation. They are updated, with a good layout on nice property. First, I encourage my buyers to avoid these! I want them to find a property that could become one of these properties! However, if they fall in love and find themselves in a competitive bidding situation. I provide them with data that will give them the best chance of “winning” the house. They need to know how much over asking in dollars and percent comparable homes have sold. Can they offer cash or remove the mortgage contingency? Can they be flexible on timing, offering a fast or slow close to match the sellers needs. As much as possible I try to find out what the sellers wants and help my buyer provide those things.

What’s your approach to pricing properties?

Pricing is so important! There are no bad homes there are only bad prices. And, homes that are overpriced, even in this market take 2-3 times longer to sell. I like to use different pricing models and see if they tend to point to the “right” price. For example, I do look at comps of homes that

are the same size and age, at the assessment, check Zillow. And, when you start to zero in on a price, see how you compare against the competition. When you overprice you look bad versus the competition. When you price well, you look good. With all the information on-line, buyers are experts in their mini-market.

How do you handle multiple offers?

The most important thing in a multiple offer situation is transparency. I always post a checklist on line with the following information, and a notice that bids lacking the criteria will not be considered.

1. I disclose if I have a buyer in the mix and a notice to go with it that all bids must be sent to the seller’s attorney. And, I provide that email.
2. Clearly state the date and time bids are due.
3. A notice of whether or not escalation clauses will be accepted.
4. A notice that no bids with be considered without a pre-approval letter or proof of funds if a cash offer. A letter from the bank is not sufficient.
5. When I expect to have a decision and how everyone will be notified.

FEATURED OPEN HOUSES

Data Compiled by Trusted Real Estate Agent Rob Pulitano (203) 561-8092

Address	Area	Price	Day/Time	Broker
65 N Sound Beach Ave	Riverside	\$4,000	Sat 1-3 PM	BHHS New England
65 Cambridge Drive	Greenwich	\$950,000	Sat 1-3 PM	BHHS New England
7 Hoover Road	Riverside	\$1,150,000	Sat 12-2 PM	Coldwell Banker
151 E Elm Street	Greenwich	\$3,995,000	Sat 12-2 PM	Coldwell Banker
75 Dearfield Drive	Greenwich	\$3,695,000	Sat 12-2 PM	Sotheby's
65 Cambridge Drive	Greenwich	\$950,000	Sun 1-3 PM	BHHS New England
6 Silver Beech Road	Riverside	\$1,275,000	Sun 1-3 PM	BHHS New England
127 Stanwich Road	Greenwich	\$5,250,000	Sun 1-4 PM	Sotheby's
151 E Elm Street	Greenwich	\$3,995,000	Sun 12-2 PM	Coldwell Banker
45 Sound Beach Avenue	Old Greenwich	\$7,000	Sun 12-2 PM	Sotheby's
45 Sound Beach Avenue	Old Greenwich	\$1,650,000	Sun 12-2 PM	Sotheby's
17 Highland Farm Road	Greenwich	\$1,999,000	Sun 12-2 PM	Sotheby's
50 N Old Stone Bridge Rd	Cos Cob	\$2,650,000	Sun 2:30-4 PM	Sotheby's

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As a Greenwich native with over 25 years of real estate experience, Peter brings a deep understanding of the local market. He has worked with buyers, sellers, developers, and investors, offering invaluable guidance for the real world.

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Living in North Mianus with his wife and three children, Peter enjoys fishing, hiking, and embracing Greenwich's close-knit community lifestyle. He knows Greenwich extremely well.

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Peter's extensive knowledge of home construction and renovation, paired with his strong relationships with skilled local tradespeople, equips him to help his clients long after the sale has been completed, giving home-buyers an exceptional level of comfort in their choice.

### Superior Negotiation Skills

His top-tier negotiation skills facilitate swift, successful transactions, ensuring favorable terms for his clients. Peter believes in personal service. He knows his clients well, often working with them over decades and multiple moves. Experience the difference with Peter Janis, your dedicated real estate partner.



### PETER B. JANIS

SALES ASSOCIATE | LIC# 10401245658, LIC# RES 0758273

peterjanis@bhhsne.com | cell: (203) 249-1013

# Indulge in the Extraordinary: Discover Greenwich



85 Mallard Drive, Greenwich | \$3,395,000  
85 Mallard Drive, Greenwich | \$23,000/Monthly  
6 Bedrooms 6.1 Bathrooms 3,929 SF  
Offered by: Stefanie Lacoff 203.536.9403



NEW PRICE! Private oasis in downtown Greenwich, with a level yard and heated pool, including a new safety fence. This fabulous home is centrally located, within excellent proximity to just about everything in town including train, schools, restaurants, shops and beaches. It is very spacious, and it was completely updated in 2020, with 6 bedrooms, 6.1 bathrooms, a great layout. Stone patio, pool and professional lighting and landscaping.



6 Silver Beech Road, Riverside | \$1,275,000  
3/4 Beds 2 Bathrooms 1,800 SF  
Robin Bartholomew | 203.253.3575  
Rachel Overton | 917.887.1957  
Open House: Sun, June 30th 1-3pm



New in Riverside! This story-book residence boasts a spacious, beamed living room with a brick fireplace transitioning seamlessly to a sunlit family room, perfect for relaxing or entertaining. Adjacent is a welcoming dining area with a slider to the back patio. Upstairs, discover three bedrooms and a recently updated full bath. The lower level provides versatility with a bright fourth bedroom or office space, a second recently updated bathroom, and playroom.



65 Cambridge Drive, Greenwich | \$950,000  
4 Bedrooms 1.5 Bathrooms 1,907 SF  
Offered by: Karen Scrivanos Oztemel | 203.921.8490  
Open House: Sat. June 29th & Sun. June 30th 1-3pm



NEW IN GLENVILLE: Nestled at the end of a cul-de-sac, this light-filled home presents a prime opportunity for buyers. The upper level boasts a spacious living room, dining room, and kitchen with island. Enjoy three bedrooms and a hall bath. Downstairs, discover a fantastic family room complete with a fun wet bar, plus a versatile 4th bedroom/office/gym, and half bath. Deck and terrace open to the private back yard. One car garage.



Co-founders Lauren Berger (L) and Marla Felton (R) of Greenwich-based REAL Cookies introduced their innovative nutrition program, REAL Food is Fuel, to the eager students at The Julian Curtiss School.

# REAL Cookies Make a Real Impact on Students

By Emma W. Barhydt

On Wednesday, June 12th, The Julian Curtiss School welcomed a special visit from Lauren Berger and Marla Felton, the founders of the Greenwich-based gluten-free, plant-based cookie brand, REAL. Their visit aimed to present their innovative "REAL Food is Fuel" nutrition program, designed to educate elementary school students, grades 2-5, on the importance of reading food labels and making informed food choices.

The day began with an engaging 30-minute classroom session, where Berger and Felton shared their passion for healthy eating. During the session, students learned to “scan” their food using their senses. Berger and Felton introduced the concept of visually inspecting food, taking note of its colors, textures, and overall appearance. The discussion then shifted to differentiating between foods that energize the body and those that don't, highlighting the benefits of fresh food over fast food.

Berger and Felton had planned a practical, hands-on experience to reinforce what the students had learned. Immediately following the classroom discussion, they led the students on a field trip to Whole Foods Market. This outing was an opportunity for the students to apply their new skills in a real-

world setting.

At Whole Foods, the students were encouraged to explore the aisles and read the labels of various products. Berger and Felton guided them, pointing out key information on the labels and explaining what to look for in terms of nutritional content. The students discovered the importance of ingredients, serving sizes, and nutritional information like calories, sugars, and fats. This hands-on experience allowed the students to see firsthand how to make healthier choices when shopping for food.

To make the field trip even more enjoyable, Berger and Felton organized a tasting session. The students sampled a variety of nutritious foods, including some of the delicious cookies from REAL. This tasting experience demonstrated that healthy food can be both nutritious and delicious.

REAL, which stands for "Real Food, Real Ingredients, Real Taste," was founded by Berger and Felton in August 2021. Both women have family members with food sensitivities, which inspired them to create a line of cookies that just about everyone could enjoy. REAL cookies are made with clean, Non-GMO ingredients such as almond and coconut flours, real fruit, chocolate chips, and pure Vermont maple syrup. These cookies are not only gluten and grain-free but also free

*What we really focus on here is all about creating a gathering space and a sense of community.*

of dairy, eggs, corn, soy, artificial sweeteners, and canola oil.

The brand’s commitment to quality and taste has not gone unnoticed. REAL cookies have received accolades from Good Housekeeping’s annual snack awards, winning “Best Mini Cookies” in 2023 and “Best Grain-Free Cookies” in 2022. Available in a variety of flavors, including classic chocolate chip, peanut butter chocolate chip, and fresh lemon blueberry, REAL cookies can be found at Sprouts, Kroger, and select CVS stores. They are also available for purchase online at REALCookiesCo.com.

The visit from Berger and Felton left a lasting impression on the students of The Julian Curtiss School. By the end of the day, the children not only had a better understanding of how to read food labels but also a newfound appreciation for making healthy food choices. The “REAL Food is Fuel” program is a testament to Berger and Felton’s dedication to promoting healthy eating habits and empowering young minds to make informed decisions about their nutrition.

For more information about REAL cookies and their mission to provide healthy, delicious treats for all, visit REALCookiesCo.com.



Gluten free, grain free, vegan, deliciousness found at [www.realcookiesco.com](http://www.realcookiesco.com)

Students ventured to Whole Foods, where they learned valuable lessons about selecting foods that provide essential nourishment for their bodies. Photo taken by Venera Alexandrova.

A colorful illustration of a construction site. A large, stylized house is under construction, with its frame made of blue blocks and its walls partially covered with white ladders. A tall, orange crane stands to the right of the house, with its arm extended over the roof. A construction worker wearing a yellow hard hat and a blue shirt is standing at the bottom left, holding a brown bag. Several red pots are placed on the wooden beams of the house's frame. The background features a blue sky with white clouds.

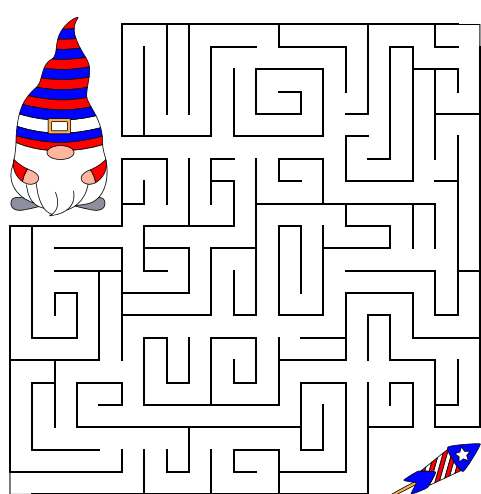
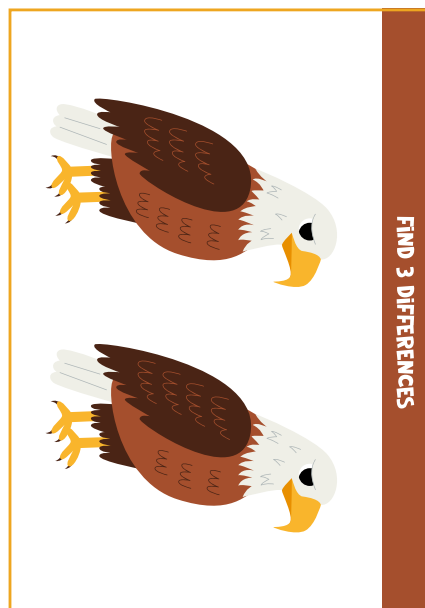
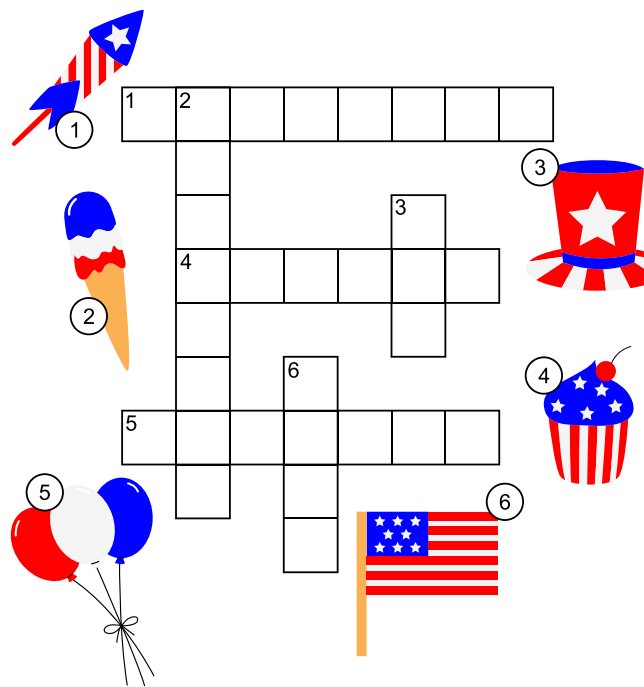
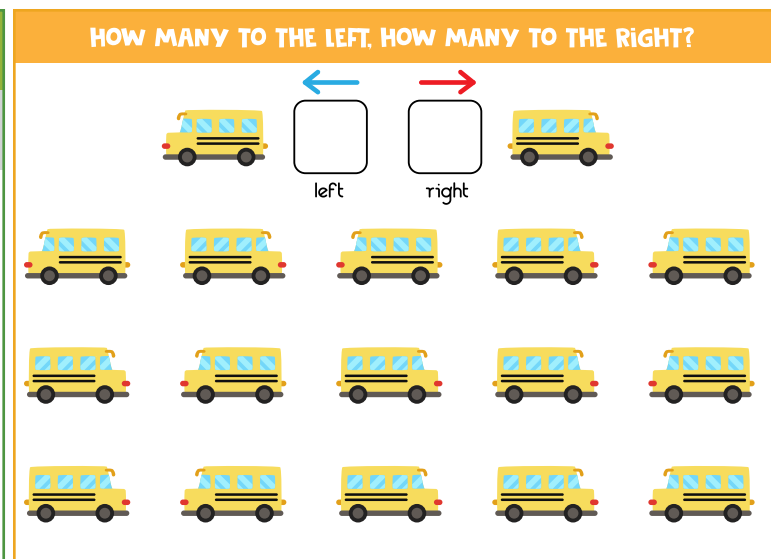
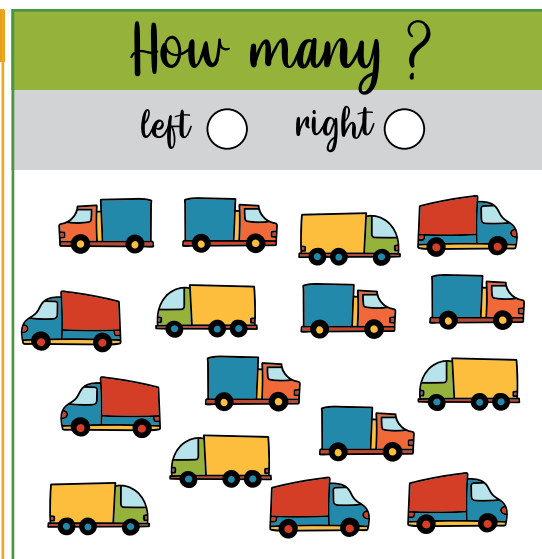


Turnbull was born in Lebanon, Connecticut, on June 6, 1756. His nickname was the "patriot artist," and his ambition was to tell important stories in American history through his paintings. He painted "The Declaration of Independence" in 1818. Today, it hangs in the U.S. Capitol rotunda.

# HOW MANY TO THE LEFT, HOW MANY TO THE RIGHT?

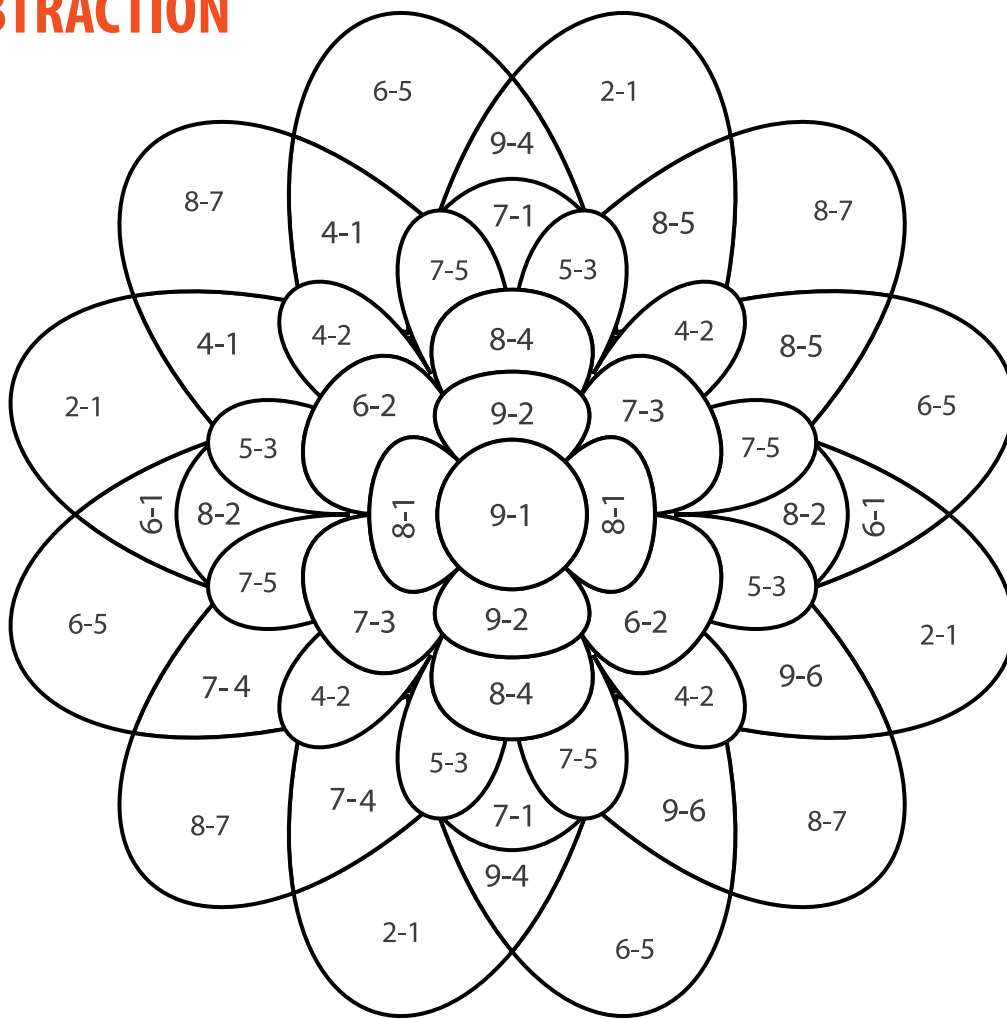
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left right






































## COLOR BY SUBTRACTION

- ORANGE 8
- LIGHT BLUE 7
- PURPLE 6
- BLUE 5
- PINK 4
- YELLOW 3
- GREEN 2
- RED 1



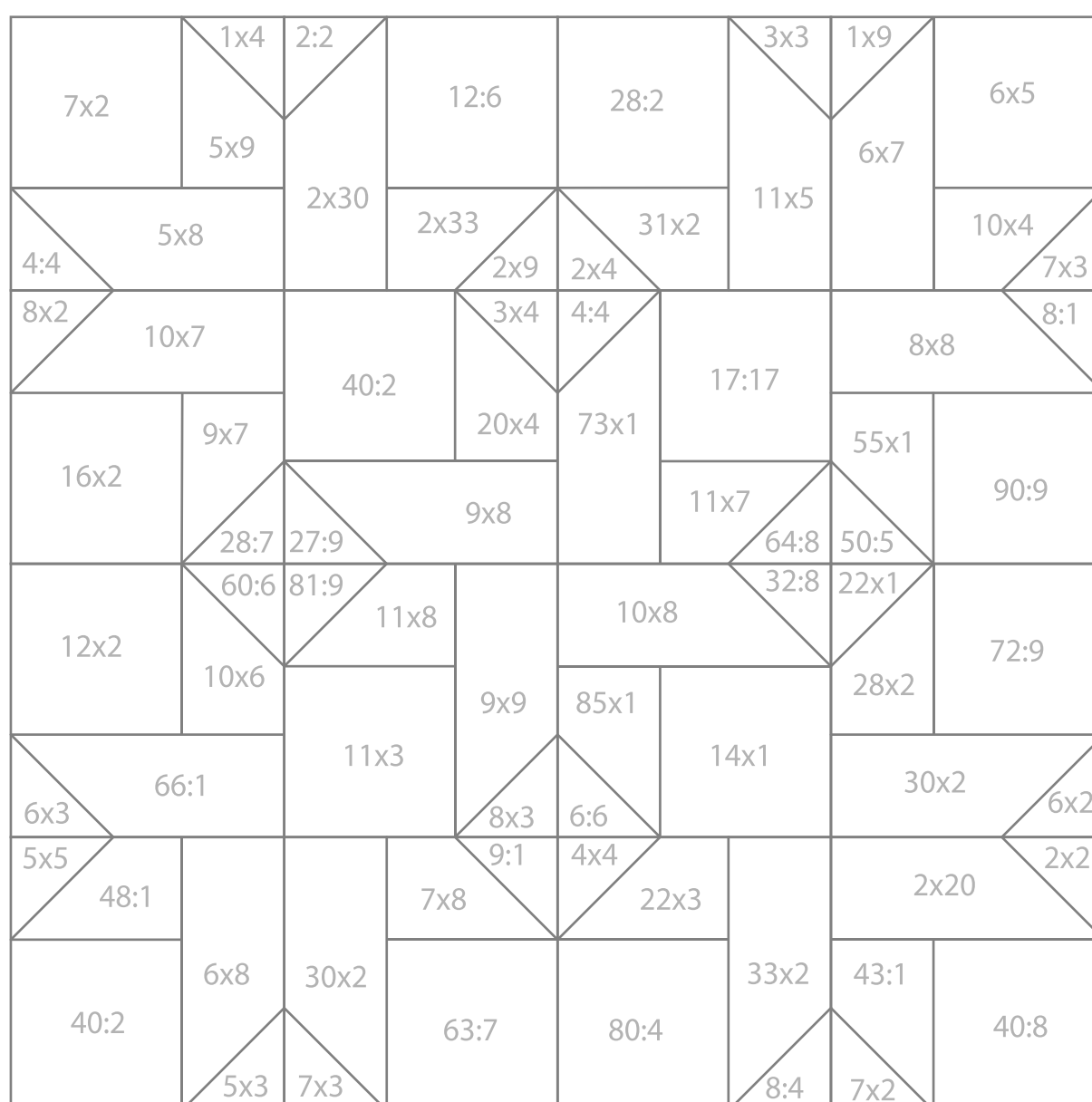
## Math Game

# HOW MANY?

 +  +  +  =	(40)	
 +  +  =	(25)	
 +  +  +  =	(16)	
 +  +  +  =	(13)	
 +  -  -  =	(?)	
 +  +  -  =	(?)	
 x  x  =	(?)	
 +  :  =	(?)	

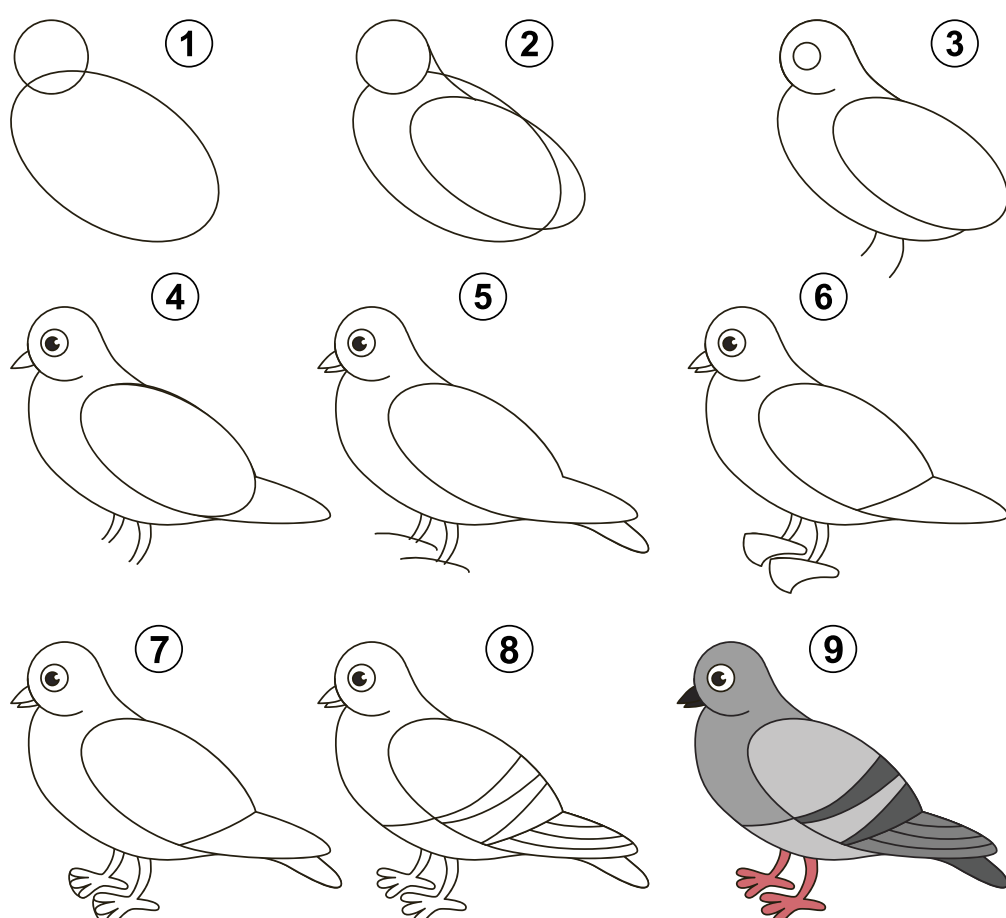
## COLOR BY MULTIPLICATION AND DIVISION

- |   |         |           |
|---|---------|-----------|
|  | 1 - 35  | YELLOW    |
|  | 36 - 50 | TURQUOISE |
|  | 51 - 70 | DARK BLUE |
|  | 71 - 90 | RED       |



## Grab Your Sketchbook

## DRAW A PIGEON, STEP BY STEP. COLOR IT!



Read about me on  
the back page!



# SMART KIDS TOYS

**Good Toys. Healthy Play.**

www.sktoys.com

**17 East Elm St  
Greenwich, CT 06830**

**203-869-0022**

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## Learning

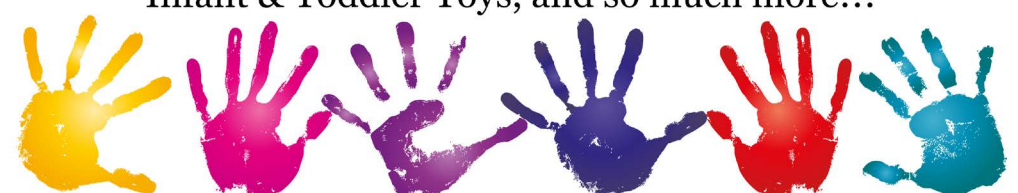
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**Building**

## Discovering

## Dreaming

LEGO, Playmobil, Corolle Dolls, Brio Trains, Bruder Trucks, Calico Critters, Puzzles, Games, Science & Nature, Infant & Toddler Toys, and so much more!!!



# Greenwich Calendar of Events for Your Fridge

PLEASE NOTE: The Greenwich Sentinel is on vacation next week, so the next two weeks' calendar is provided in this issue. We wish you and your family and friends a delightful Independence Day!

## FRIDAY, JUNE 28

### Through Sunday, June 30

The Old Greenwich Merchants Association Sidewalk Sales. ogmerchants.com

### 6 p.m.

Bruce Presents: Preserving Nature - The Art and Science of Taxidermy with Divya Anantharaman. Bruce Museum, 1 Museum Dr. Adults, \$20; Livestream-\$20; Students & Members receive a 20% discount. brucemuseum.org

## SATURDAY, JUNE 29

### 8:15 a.m.

The 18th annual Swim Across America – Fairfield County Open Water Swim & Kids’ Splash. 96 Cummings Point Rd., Stamford. swimacrossamerica.org/fc

### 9 a.m. - 12 p.m.

Children’s Books Donation Drop Off. Byram Shubert Library Community Room, 21 Mead Ave. 203-531-0426. Byramshubertlibrary-friends@gmail.com

### 9:30 a.m.

Yoga @ the Library. Perrot Memorial Library, 90 Sound Beach Ave. Free. Register. 203-637-1066 x15. lending@perrotlibrary.org. perrotlibrary.org.

### 10 a.m. - 1 p.m.

Sandblast Sand Sculpture Festival. Tod’s Point. Valid park pass required for entry. (Bring your own shovel, sculpting tools & equipment). greenwichct.gov/2086/Sandblast

### 1 p.m.

Science Solvers: Flower Anatomy (Ages 4 & up). Bruce Museum, 1 Museum Dr. Free with admission. No reservations required. Also held Sunday, June 30. brucemuseum.org

## SUNDAY, JUNE 30

### 1 p.m.

“LIFE: Six Women Photographers” - Guided Gallery Tour. Greenwich Historical Society, 47 Strickland Rd. Free. greenwichhistory.org/ghs-events

## MONDAY, JULY 1

### 9 a.m.

Friends of Mianus River Park: ‘Pliking’/Hiking event. Meet at the bridge on Merribrooke Lane, Stamford. (Bring gloves and a small trash bag). 203-918-2548. friendsofmianusriverpark.org

## TUESDAY, JULY 2

### 9 - 10:30 a.m.

Georgia Peach Truck visit. McArdle’s, 48 Arch St. \$18-\$68 per case. 203-661-5600. YourFriends@McArdles.com. mcardles.com/georgia-peach-truck

### 10 a.m.

‘Perrot Walks’ – walk through Binney Park. Meet at Perrot Memorial Library, 90 Sound Beach Ave. Free. 203-637-1066 x15. perrotlibrary.org

## WEDNESDAY, JULY 3

### 11 a.m.

Retired Men’s Association of Greenwich: Anastasia Mills Healy, Author; “100 Things to Do in Connecticut before You Die” and “Secret Connecticut”. First Presbyterian Church, 1 W. Putnam Ave. & on Zoom. Free & open to all. greenwichrma.org

### 12 p.m.

Greenwich Conservation Commission: Horseshoe Crab Monitoring Program. Tod’s Point. greenwichct.gov/286/Conservation

## THURSDAY, JULY 4

### 9 a.m.

Independence Day Flag Raising Ceremony. Greenwich Town Hall front steps. greenwichct.org.

## FRIDAY, JULY 5

### 10 a.m.

Greenwich Newcomers Club’s Fresh Air Friday Walking Group. Tod’s Point -second concession. greenwichnewcomersclub.wildapricot.org

### 8:30 p.m.

Firefly Night. Greenwich Audubon Center, 613 Riversville Rd. \$15. Bring your own plastic hole-punched jars (no glass). greenwich.audubon.org/events

## SATURDAY, JULY 6

### 9:30 a.m.

Yoga @ the Library. Perrot Memorial Library, 90 Sound Beach Ave. Free. Register. 203-637-1066 x15. lending@perrotlibrary.org. perrotlibrary.org.

### 10 a.m.

North American Butterfly Count. Greenwich Audubon Center, 613 Riversville Rd. Recommended for ages 6 & up. Rain date: Sunday, July 7. greenwich.audubon.org/events

### 12 p.m.

Greenwich Conservation Commission: Horseshoe Crab Monitoring Program. Tod’s Point. greenwichct.gov/286/Conservation

### 9:10 & 9:35 p.m.

The Town of Greenwich Fourth of July Fireworks Display: Binney Park will start at approximately 9:10pm, Tod’s Point will start at approximately 9:35pm. greenwichct.gov/2085/Fireworks

## SUNDAY, JULY 7

### 9 a.m.

Friends of Greenwich Point: “First Sunday Bird Walks”. Tod’s Point. All ages welcome. Bring binoculars. Free. friendsofgreenwichpoint.org

### 3 p.m.

Fred Elser First Sunday Science: Natural History of Stone Walls. Floren Family Environmental Center at Innis Arden Cottage, Tod’s Point. Free. No beach pass needed if attending this event. brucemuseum.org.

## MONDAY, JULY 8

### 10 a.m.

Angelina Ballerina Dance Camp. Petite Ballet at Beam & Barre, 241 E. Putnam Ave. studio@petiteballet.com. petiteballet.com

## TUESDAY, JULY 9

### 10 a.m.

‘Perrot Walks’ – walk through Binney Park. Meet at Perrot Memorial Library, 90 Sound Beach Ave. Free. 203-637-1066 x15. perrotlibrary.org

### 4 p.m.

Debate Club (For Ages 9-12). Perrot Memorial Library, 90 Sound Beach Ave. Free. By registration only. Stop by the Youth Services Desk to sign up, or call 203-637-8802. perrotlibrary.org

### 6:30 p.m.

The Foodshed Forum - New England Feeding New England. Greenwich Audubon Center, 613 Riversville Rd. Register. ali@thefoodshednetwork.org. greenwich.audubon.org/events

## WEDNESDAY, JULY 10

### 11 a.m.

Retired Men’s Association of Greenwich: Foster Hirsch, PhD., Professor of film at Brooklyn College. Author of a new book “Hollywood and the Movies of the Fifties”. First Presbyterian Church, 1 W. Putnam Ave. & on Zoom. Free & open to all. greenwichrma.org

### 4 p.m.

Crafting Connections - sew hearts to donate to babies in the NICU (For Ages 9-12). Perrot Memorial Library, 90 Sound Beach Ave. Free. By registration only. Stop by the Youth Services Desk to sign up, or call 203-637-8802. perrotlibrary.org

### 5:30 p.m.

Women’s Business Development Council (WBDC): Women Owned Small Business Certification (WOSB). Online. Free. Register. ctwbdc.org/class-listings

### 6 - 10 p.m.

St. Catherine’s Carnival of Fun – through Saturday, July 13, 6-10pm. St. Catherine of Siena Church grounds, 4 Riverside Ave. stc-sta.org

### 7 p.m.

Wednesday Night Concert Series: Chasing Romeo. Roger Sherman Baldwin Park. Free & open to all. Rain date: Thursday, July 11. For weather postponement/cancellation information: 203-861-6100 (after 4pm). greenwichct.gov/2084/Summer-Concerts

### 8:30 p.m.

Firefly Night. Greenwich Audubon Center, 613 Riversville Rd. \$15. Bring your own plastic hole-punched jars (no glass). greenwich.audubon.org/events

## THURSDAY, JULY 11

### 9:30 a.m. - 7 p.m.

Greenwich Sidewalk Sales – through Sunday, July 14. Central Greenwich. greenwichchamber.com

### 6:30 p.m.

Music on the Great Lawn: Gunsmoke. Greenwich Historical Society, 47 Strickland Rd. Free. Members & children under 18y/o; \$10, Non-Members. greenwichhistory.org/ghs-events

### 7 p.m.

Word & Song presents ‘One Life One Love,’ a candlelit concert featuring pianist Sue Song and reader Douglas D. Dewey. St Mary Church, 178 Greenwich Ave. free-will donation. eventbrite.com/e/916538751077

### 8:30 p.m.

Firefly Night. Greenwich Audubon Center, 613 Riversville Rd. \$15. Bring your own plastic hole-punched jars (no glass). greenwich.audubon.org/events

## FRIDAY, JULY 12

### 9 a.m.

The Alliance Française of Greenwich: Bastille Day Flag Raising. Greenwich Town Hall, 101 Field Point Rd. af-greenwich.org

### 10:30 a.m.

Voices Center of Resilience: Mindful Moment Meditation. Online. Free. Register. voicescenter.org

### 5:30 p.m.

Thank Greenwich It’s Friday (TGIF): Bad Movie Night: “Good Burger” (Rated PG). Drop-in - For ages 8-13. Perrot Memorial Library, 90 Sound Beach Ave. Free. 203-637-8802. perrotlibrary.org

### 7:30 p.m.

Outdoor Movie Nights: “E.T.” The Banksville Community House, 12 Bankville Ave. Members, free; Non-Members, \$5. (Complimentary popcorn). 203-622-9597. thebch.org

## SATURDAY, JULY 13

### 7:30 a.m.

The 35th Annual One-Mile Swim. Tod’s Point. \$55 per person. gscevents.org

### 9:30 a.m.

Yoga @ the Library. Perrot Memorial Library, 90 Sound Beach Ave. Free. Register. 203-637-1066 x15. lending@perrotlibrary.org. perrotlibrary.org.

## SUNDAY, JULY 14

### 4 p.m.

Concert on the Sound Series: Dixieland Jazz Band. Island Beach/Ferry (Departs Dock at 4pm, returns @ 6pm). Park Pass/Ferry Fees Apply. Rain date: July 21. For weather postponement/cancellation information: 203-861-6100 (after 4pm). greenwichct.gov/2084/Summer-Concerts

## THROUGH SUNDAY, JUNE 30

Greenwich Tree Conservancy’s ‘Treasured Trees’ Nominations. The deadline to submit nominations is Sunday, June 30. greenwichtreeconservancy.org

## THROUGH SUNDAY, JULY 7

”LIFE: Six Women Photographers” Exhibition. Greenwich Historical Society, 47 Strickland Rd. Free with museum admission. greenwichhistory.org/ghs-events

## THROUGH WED., OCT. 30

### 2:30 - 6 p.m.

Old Greenwich Farmers Market. Living Hope Community Church (parking lot), 38 West End Ave. Rain or shine. old-greenwichfarmersmarket.com

## THROUGH SATURDAY, NOV. 23

### 9:30 a.m. - 1 p.m.

Greenwich Farmers’ Market. Horseneck Parking Lot, Arch Street and Horseneck Lane. (Parking is free during market hours). greenwichfarmersmarketct.com.

## MONDAY - FRIDAY

### 3:30 - 6:30 p.m.

Arch Street Homework Heroes - Free after school tutoring (6th-12th grade). Arch Street Teen Center, 100 Arch St. info@ archstreet.org. archstreet.org

## TUESDAYS

### 10 a.m.

Beginner Bridge with The Perfectly Polite Bridge Group. YMCA members, \$30; nonmembers, \$35. New players welcome. (Register by Monday, 6pm). 203-524- 8032. greenwichymca.org

### 5 - 7 p.m.

Lighthouse, a Program of Kids In Crisis: LGBTQ Youth Group Meeting. On Zoom. Free. Open to all LGBTQ Youth & allies. 203-661-1911. lighthouse@kidsincrisis.org. kidsincrisis.org/get-help/light-house

## WEDNESDAYS

### 11 a.m. - 12 p.m.

“Tools for Aging Well” (2nd Wednesday of the Month). Round Hill Community Church, 395 Round Hill Rd. 203-869-1091. roundhillcommunitychurch.org.

### 11 a.m. - 1 p.m.

Relaxed Duplicate Bridge with The Perfectly Polite Bridge Group. YMCA of Greenwich, 50 East Putnam Ave. Members, \$10; nonmembers, \$12. New players welcome. (Register by Tue). 203-524-8032. greenwichymca.org

### 12 - 2 p.m.

Waste Free Greenwich’s Food Scrap Recycle Program: Drop off scraps at Round Hill Community Church, 395 Round Hill Rd. roundhillcommunitychurch.org/news/composting-at-rhcc

### 12:15 p.m.

Greenwich Rotary Club Weekly Lunch Meeting. Putnam Cottage, 243 East Putnam Ave. RSVP. 203-832-3654. sheila.goggin@cbmoves.com. greenwichrotary.org

### 6 - 7:30 p.m.

Arch Street Teen Center High School Support Group for boys: Stress, Success, and Teenage Setbacks – moderated by Executive Director Kyle Silver. 100 Arch St. Register. Kyle@archstreet.org. archstreet.org

### 6:30 p.m.

NAMI-CAN (Child and Adolescent Network) Online Support Group - for parents and primary caregivers of children & adolescents, under age 21, with behavioral and emotional issues. Free. nami-southwestct.org/online-support

## 2ND WEDNESDAY OF THE MONTH

### 11 a.m. - 12 p.m.

Aging Well - an informal conversation about different aspects of aging well. Round Hill Community Church, 395 Round Hill Road. Free & open to all. 203-869-1091. roundhillcommunitychurch.org

## THURSDAYS

### 8 a.m. & 4 p.m.

Tai Chi Basic Moves. First Congregational Church of Greenwich, 108 Sound Beach Ave. Registration required. Tuition is paid as a donation made directly by the participant to abilis, Neighbor to Neighbor, or the First Congregational Church. experience-taichi.org

### 3 - 7 p.m.

Arch Street After School Programming (All Ages) – every Thursday starting Feb. 22. Arch Street Teen Center, 100 Arch St. archstreet.org

### 5 - 7 p.m.

Kids In Crisis Lighthouse LGBTQ Youth Group Meeting - open to all LGBTQ youth in middle & high school. Wilton Historical Society, 224 Danbury Rd, Wilton. Free. 203-661-1911. lighthouse@ kidsincrisis.org. kidsincrisis.org/get-help/lighthouse

## EVERY FRIDAY & SATURDAY

### 8 a.m. - 12 p.m.

Book Exchange – choose from a huge selection of books. Holly Hill Recycling Center. Free, or, donate books. (Open every Fri & Sat. books4everyone.org

## GREENWICH LIBRARIES

greenwichlibrary.org

## FRIDAY, JUNE 28

### 10 a.m.

Cos Cob Library Storytime (Outside). Cos Cob Library Front Lawn. 203-622-6883.

### 2 p.m.

Crafternoon. Children’s Constellation Room. 203-622-7940. children@greenwichlibrary.org.

### 7 p.m.

Friends Friday Films: “Next Goal Wins”. Berkley Theater. cgibbs@greenwichlibrary.org.

## SATURDAY, JUNE 29

### 9 a.m.

Children’s Books Donation Drop Off. Byram Shubert Library Community Room. 203-531-0426.

### 10 a.m.

Storytime Saturday. Children’s Constellation Room. 203-622-7940. children@greenwichlibrary.org.

### 11 a.m.

Technology Help. Learning Lab. 203-625-6560. csherman@greenwichlibrary.org

### 2 p.m.

2024 Adult Summer Reading Event. 2nd Floor Meeting Room.

## MONDAY, JULY 1

### 10 a.m.

Summer Courtyard Storytime. Baxter Courtyard.

### 11:30 a.m.

Blood Pressure Screening. Community Room #5.

## TUESDAY, JULY 2

### All Day

Metal Luggage Tags. Innovation Lab.

### 10:30 a.m.

Spanish Storytime. Cos Cob Library Front Lawn. 203-622-6883.

### 11 a.m.

Preschool Storytime with Patty. Byram Shubert Library Community Room.

### 11 a.m.

Summer Sing Along. Marx Family Black Box Theater.

### 1:15 p.m.

Baby Lapsit: Registration Required. Children’s Constellation Room.

### 5 p.m.

Gentle Yoga. Byram Shubert Library.

## WEDNESDAY, JULY 3

### 10 a.m.

Baby Lapsit. Cos Cob Library Turret.

### 10 a.m.

La Leche League of Greenwich/Stamford/Rye. Byram Shubert Library Community Room.

### 10 a.m.

Summer Courtyard Storytime. Baxter Courtyard.

### 11 a.m.

The Nurse is in: Free Blood Pressure Screening. Byram Shubert Library Conference Room.

### 4 p.m.

Adventure Storytime. Cos Cob Library Front Lawn.

## THURSDAY, JULY 4

All Libraries closed.

## FRIDAY, JULY 5

### 10 a.m.

Cos Cob Library Storytime. Cos Cob Library Front Lawn. 203-622-6883.

### 11:30 a.m.

Qi Gong. Online. 203-622-6883. lmatthews@greenwichlibrary.org.

### 5 p.m.

Greenwich Library - Early Close.

## SATURDAY, JULY 6

### 10:30 a.m.

Hatha Yoga for Adults with Inger. Byram Shubert Library Community Room. 203-531-0426.

### 11 a.m.

Technology Help. Learning Lab. 203-625-6560. csherman@greenwichlibrary.org

### 2 p.m.

Fun with Chess with Ian. Byram Shubert Library Community Room. 203-531-0426.

## MONDAY, JULY 8

### 10 a.m.

Summer Courtyard Storytime. Baxter Courtyard.

### 11:30 a.m.

Blood Pressure Screening. Community Room #5.

# Greenwich Calendar of Events for Your Fridge

PLEASE NOTE: The Greenwich Sentinel is on vacation next week, so the next two weeks' calendar is provided in this issue. We wish you and your family and friends a delightful Independence Day!

**3:45 p.m.**  
World Music with Anitra (Outside). Cos Cob Library Front Lawn. 203-622-6883.

**5 p.m.**  
Greenwich Library - Early Close.

**6 p.m.**  
Adventure Awaits! Escape Room. Cos Cob Library Community Room. 203-622-6883.

**SATURDAY, JULY 13**  
**10 a.m.**  
Storytime. Children's Constellation Room. 203-622-7940. children@greenwichlibrary.org.

**10:30 a.m.**  
Adventures Under the Sea with Scuba Diver Charles Adams. Byram Shubert Library Community Room. 203-531-0426.

**11 a.m.**  
Technology Help. Learning Lab. 203-625-6560. csherman@greenwichlibrary.org

**1 p.m.**  
Cloak and Dagger Book Club. (This Book Club will meet temporarily at the Byram Shubert Library, during the Cos Cob renovation).

**3 p.m.**  
Art Opening Reception: "Summer Reflections": Paintings by Susan Pascale. Byram Shubert Library Community Room. 203-531-0426.

**GREENWICH HOSPITAL**  
**greenwichhospital.org/events**  
**888-305-9253**

**SATURDAY, JUNE 29**  
**9 a.m.**  
CPR Friends & Family (Infant/Child). 38 Volunteer Ln. \$65. For discount information call 888-305-9253.

**MONDAY, JULY 1**  
**6 p.m.**  
CPR Friends & Family (Infant/Child). 38 Volunteer Ln. \$65. For discount information call 888-305-9253.

**WEDNESDAY, JULY 3**  
**1:30 p.m.**  
Parkinson's Support Group. Long Ridge Medical Center, 260 Long Ridge Rd, Stamford. Zoom option available. Free.

**WEDNESDAY, JULY 10**  
**11 a.m.**  
Talk: The Power of Protein. Greenwich Hospital. Free.

**NEIGHBOR-TO-NEIGHBOR**  
**ntngreenwich.org**

**EVERYDAY, ALL DAY**  
• 24/7 Food Drive Collection site at North Greenwich Congregational Church, 606 Riverside Road. The weatherproof bin is located outside of the Parish Hall.

• Greenwich Reform Synagogue, 92 Orchard St., Cos Cob.

**TUESDAYS, 9 - 11 A.M.**  
Food Drive (drive-thru) at St. Catherine of Siena's parking area across the street from the rectory entrance, 4 Riverside Ave. (Non-perishable foods, personal care products, large sized diapers (5 & 6) and pull-ups, and knit hats (hand knit or store bought).

**THURSDAYS, 10 A.M. - 12 P.M.**  
Food Drive at St. Paul's Episcopal Church parking lot, 200 Riverside Ave.

**RED CROSS BLOOD DRIVE**  
**RedCrossBlood.org**

**MONDAY, JULY 1**  
**9 a.m. - 2 p.m.**  
American Red Cross, 40 Saw Mill River Road, Upper Level 3, Hawthorne, NY.

**11 a.m. - 7 p.m.**  
Greenwich Blood Donation Center, 99 Indian Field Rd.

**TUESDAY, JULY 2**  
**8 a.m. - 1 p.m.**  
Elevate Fitness – Stamford, 150 Washington Blvd., Stamford.

**9 a.m. - 2 p.m.**  
American Red Cross, 40 Saw

Mill River Road, Upper Level 3, Hawthorne, NY.

**11 a.m. - 7 p.m.**  
Greenwich Blood Donation Center, 99 Indian Field Rd.

**WEDNESDAY, JULY 3**  
**8 a.m. - 1:30 p.m.**  
Stamford Church of Christ, 1264 High Ridge Road, Stamford.

**9 a.m. - 2 p.m.**  
American Red Cross, 40 Saw Mill River Road, Upper Level 3, Hawthorne, NY.

**11 a.m. - 4 p.m.**  
American Legion Post 347, 1 Locust Ave., Flint Park, Larchmont, NY.

**FRIDAY, JULY 5**  
**8 a.m. - 5 p.m.**  
Greenwich Blood Donation Center (Mobile), 99 Indian Field Rd.

**12 - 5 p.m.**  
American Legion Post 979, 40 Bell Rd., Scarsdale, NY.

**SATURDAY, JULY 6**  
**8 a.m. - 1:30 p.m.**  
Stamford Church of Christ, 1264 High Ridge Road, Stamford.

**TOWN MEETINGS**  
**greenwichct.gov/calendar**

**MONDAY, JULY 8**  
**10:30 a.m.**  
Architecture Review Committee (ARC) Sign-Meeting.

**1 p.m.**  
Planning and Zoning Commission Briefing.

**3 p.m.**  
Energy Management Advisory Committee Meeting. Cone Room.

**6 p.m.**  
HMC Mooring Committee. Mazza Room.

**TUESDAY, JULY 9**  
**4 p.m.**  
Planning & Zoning Commission Meeting.

**WEDNESDAY, JULY 10**  
**7 p.m.**  
Architecture Review Committee (ARC) Regular Meeting.

**7 p.m.**  
HDC Regular Meeting. Mazza Room.

**THURSDAY, JULY 11**  
**10 a.m.**  
Board of Selectmen Meeting In Person at Town Hall Meeting Room and Virtual via Zoom.

**5:30 p.m.**  
Conservation Commission Regular Meeting. Innis Arden Cottage.

**SAVE THE DATE**

**SATURDAY, JULY 13**  
**6 p.m.**  
Greenwich Point Conservancy's Beach Ball 2024. Tod's Point. eventbrite.com/e/860948940457

**MONDAY, SEPT. 9**  
**9 a.m.**  
Voices Center of Resilience NYC Symposium. New York Marriott Downtown, NYC. voicescenter.org

**MONDAY, SEPT. 16**  
**8 a.m.**  
Annual Greenwich Council, BSA – Perry L. Burns Memorial Golf Tournament. Round Hill Club. greenwichscouting.org/24PBMGFT

**TUESDAY, SEPT. 17**  
**11 a.m.**  
Breast Cancer Alliance Annual Golf Outing. GlenArbor Golf Club, Bedford, NY. breastcanceralliance.org

**FRIDAY, SEPT. 20**  
**6 p.m.**  
Greenwich United Way's "Brew Ha Ha". Eagle Hill School. greenwichunitedway.org

**SATURDAY, OCT. 5**  
Greenwich Riding & Trails Association's "Day in the Country" Horse Show. thegrta.org/day-in-the-country-2024

**SUNDAY, OCT. 6**  
**11:30 a.m.**  
YWCA Greenwich Walk the Walk Against Domestic

Violence. Bruce Park. ywca-greenwich.org/events/walk-the-walk-against-domestic-violence-2024

**MONDAY, OCT. 7**  
**12:30 p.m.**  
Greenwich United Way's 8th Annual Golf Tournament. Tamarack Country Club. greenwichunitedway.org

**SUNDAY, OCT. 13**  
Walk/Run for Abilis – 1-Mile Walk & 5K Run. abilis.us

**SATURDAY, OCT. 19**  
**2 p.m.**  
REACH Prep 30 Years Anniversary Gala. Belle Haven Club. reachprep.org

**SUNDAY, OCT. 20**  
**2 p.m.**  
Greenwich Land Trust's "Go Wild! Family Field Day. gltrust.org/special-event/go-wild-family-field-day

**WEDNESDAY, OCT. 23**  
**11 a.m.**  
Breast Cancer Alliance Annual Annual Luncheon & Fashion Show. Westchester Country Club, NY. breastcanceralliance.org

**SATURDAY, OCT. 26**  
ICC (India Cultural Center) Gala Benefit –A Celebration Of Light". Hyatt Regency Greenwich. iccgreenwich.org

**SATURDAY, NOV. 9**  
**6 p.m.**  
Special Education Legal Fund S.E.L.F. Homecoming 6th Anniversary Gala. Arch Street Teen Center. bit.ly/SELF-Homecoming

**SATURDAY, NOV. 16**  
Greenwich Riding & Trails Association's "Silver Horse Ball". Greenwich Country Club. thegrta.org/silver-horse-ball-2024

*Our*  
**Neighboring Towns**

**FRIDAY, JUNE 28**  
**1:30 p.m.**  
Introduction to Ukulele. The Norwalk Art Space, 455 West Ave., Norwalk. Free & open to students going into 4th-8th grade. Register. thenorwalkartspace.org

**2 p.m.**  
Friday Flicks: "PAW Patrol: The Mighty Movie". Ferguson Main Library, Stamford. Free. fergusonlibrary.org

**SATURDAY, JUNE 29**  
**11 a.m.**  
Career Expo. Ferguson Main Library, Stamford. Free. fergusonlibrary.org

**SUNDAY, JUNE 30**  
**2 p.m.**  
Dance of Ukraine: an Arts & Culture Series Program. Ferguson Main Library, Stamford. Free. Register. fergusonlibrary.org

**MONDAY, JULY 1**  
**1 p.m.**  
Knit & Needles Knitting Club. Ferguson Library - Harry Bennett Branch, Stamford. Free. fergusonlibrary.org

**5:30 p.m.**  
Monday Movies: "Ghostbusters: Frozen Empire". Ferguson Main Library, Stamford. Free. fergusonlibrary.org

**TUESDAY, JULY 2**  
**12 p.m.**  
Community Mindfulness Project: Meditation. Ferguson Main Library, Stamford. Free. fergusonlibrary.org

**3:45 p.m.**  
Maker Mania: Origami Spinning Top. Ferguson Library - Weed Memorial & Hollander Branch, Stamford. Free. Register. fergusonlibrary.org

**FRIDAY, JULY 5**  
**4 p.m.**  
Family Movie: "The Lion King". Ferguson Library - Harry Bennett Branch, Stamford. Free. fergusonlibrary.org

**MONDAY, JULY 8**  
**10 a.m.**  
Expression through Medium Exploration class (Mondays through Aug. 5). The Norwalk Art Space, 455 West Ave., Norwalk. Free & open to students 12-18 years old. Register.

thenorwalkartspace.org

**5:30 p.m.**  
Monday Movies: "Ghostbusters: Frozen Empire". Ferguson Main Library, Stamford. Free. fergusonlibrary.org

**TUESDAY, JULY 9**  
**3:45 p.m.**  
Washi Tape Picture Frames. Ferguson Library - Harry Ben-

nett Branch, Stamford. Free. fergusonlibrary.org

**WEDNESDAY, JULY 10**  
**3:45 p.m.**  
Family Magic Show. Ferguson Library - Harry Bennett Branch, Stamford. Free. fergusonlibrary.org

**5 p.m.**  
Personalized Wooden Door

Signs. Ferguson Main Library, Stamford. Free. fergusonlibrary.org

**THURSDAY, JULY 11**  
**3 p.m.**  
Question, Persuade, Refer Suicide Prevention Workshop. Ferguson Library - Harry Bennett Branch, Stamford. Free. Register. fergusonlibrary.org

## Astrology for Next Week

**CANCER**  
**22 June-23 July** The world is changing by the day and you must change with it or get left behind, Any lingering ideas about holding on to the old way of doing things will soon evaporate but the good news is you will adapt to your new situation with ease. Cancer is a great survivor.

**LEO**  
**24 July-23 Aug** Mind planet Mercury's move into your sign makes this the ideal time for forward planning. What you think about today is likely to become your reality in the weeks ahead, so think carefully about the direction you want your life to take – it's where you'll soon be heading.

**VIRGO**  
**24 Aug-23 Sept** What is your greatest fear? What wakes you up at night? Whatever it is you'll confront over the next few days and, in confronting it, you'll learn that the power it held over you was just an illusion. Face up to your nightmares – and they'll cease to exist.

**LIBRA**  
**24 Sept-23 Oct** Your views and opinions are likely to change as you become aware of potentials and possibilities that were hidden from you before. Time spent with friends will not be wasted. On the contrary, what they say will inspire you to aim higher and try harder.

**SCORPIO**  
**24 Oct-22 Nov** Your attitude to your career will become more serious. Not that you weren't serious before but now you'll see clearly what's at stake and it's big enough for you to reconsider your career priorities. Someone has to be Number One – why not you?

**SAGITTARIUS**  
**23 Nov-21 Dec** Even if you're the rare type of Sagi who gets lost in details you'll be more concerned with the bigger picture. As Mercury enters the most adventurous area of your chart you'll raise your sights and recognise just how broad your horizons can be.

**CAPRICORN**  
**22 Dec-20 Jan** You may be loyal and reserved but if anyone thinks they can put one over on you they'll be disappointed – your eagle eye will spot the deception straight away. What you do about it is up to you but make sure they know you know so they don't try it again.

**AQUARIUS**  
**21 Jan-19 Feb** You're doing a lot for others just now but not much for yourself. Maybe it's your generous nature at work but it is more likely to be a sign that you've allowed certain people to gain an emotional hold over you. Take back the initiative. Do only what's good for you.

**PISCES**  
**20 Feb-20 March** With mind planet Mercury entering the wellbeing area of your chart there's a danger you'll start seeing health problems where none exist. Of course, you must take care of yourself but don't go to the other extreme and think every ache is a sign of your impending demise.

**ARIES**  
**21 March-20 April** At some point it will dawn on you that you've been living below your full potential. When that moment arrives you must plan something that will elevate you above the ordinary. Mercury's change of signs will help you to put your plan into effect.

**TAURUS**  
**21 April-21 May** Others will try every trick in the book to make you change your way of looking at an issue but that will only show how little they know you. Once you've made up your mind it would be easier to move a mountain. You'll change when, and if, you want to change, not before.

**GEMINI**  
**22 May-21 June** Your powers of persuasion will get a mega boost as your ruler Mercury enters the communications angle of your chart. Just remember that you don't have to convert everyone to your point of view. The world would be a dull place if you did.

Discover more about yourself at **sallybrompton.com**

## Astrology for the Week of July 8

**CANCER**  
**22 June-23 July** Don't let money worries stop you enjoying yourself. With fun-loving Venus moving to highlight your finances, you can afford to splash out, even if others warn you to save your money for that proverbial rainy day. Maybe they're right but what if that day never comes?

**LEO**  
**24 July-23 Aug** Something that's been worrying you for longer than you care to admit will fade in significance in the days ahead. With Venus, planet of harmony, in your sign for the next three weeks or so, you'll completely forget why you got so worked up. Don't let it happen again.

**VIRGO**  
**24 Aug-23 Sept** Changes are inevitable but how you react to them is not. Cosmic forces in the most sensitive area of your chart may make it appear as if everything is coming apart at the seams but that is far from the truth. It's all about attitude – believe that it's good and it will be.

**LIBRA**  
**24 Sept-23 Oct** Forget about the irritating people who seem to take the opposite view out of spite and join forces with someone on your wavelength. Group activities and social occasions will go well and will go even better when there are two of you working as a team.

**SCORPIO**  
**24 Oct-22 Nov** A career issue that's been worrying you for months will turn out to be of no importance. No doubt you'll kick yourself for being so foolish but that's a small price to pay for feeling that a great burden has been lifted, even if it was never really there in the first place.

**SAGITTARIUS**  
**23 Nov-21 Dec** Take a break from your usual activities. Get away and do something different and exciting that makes you glad to be alive. Also, with values planet Venus entering the most enlightening area of your chart give yourself time to ponder the meaning of life.

**CAPRICORN**  
**22 Dec-20 Jan** Someone you're close to emotionally will bend over backwards to help you out and all you have to do is let it happen. If you need a loan or some other kind of financial assistance now is the time to ask. The answer won't be no and you won't be in debt for long.

**AQUARIUS**  
**21 Jan-19 Feb** One of the best times for partnerships and affairs of the heart begins this week so forget about what may have gone wrong with your love life and look forward to all the things that are sure to go right with it in the future. And the future starts now.

**PISCES**  
**20 Feb-20 March** Don't worry about your duties and responsibilities. Let others take care of the boring stuff. If you force yourself to do things that don't interest you then you'll almost certainly do a bad job. Besides, you've done your bit already – so take a break.

**ARIES**  
**21 March-20 April** As Venus, planet of love and harmony, enters the most dynamic area of your chart, even if you're not feeling on top of the world now you will in a matter of days. Make sure that special person knows how much you care. Don't just tell them, show them.

**TAURUS**  
**21 April-21 May** If you need to persuade someone to do you a favour, your way with words will have them eating out of your hand. Whether you deserve a favour is another matter entirely. It's not about ethics, it's about what can be done – and you can do anything.

**GEMINI**  
**22 May-21 June** If there is something difficult you need to say, with tactful Venus in the communications area of your chart for the next three weeks or so you are likely to get a positive response no matter how negative the message you have to convey.

Discover more about yourself at **sallybrompton.com**

Universal Crossword

Edited by David Steinberg

ACROSS

- 1 “We need help!”  
4 Attractively small  
10 Be nosy  
13 Tooth pain  
15 Radiates, as confidence  
16 Future fish  
17 Prescription for an archaeologist?  
19 “I Like \_\_\_\_” (’50s campaign slogan)  
20 Enterprise alternative  
21 Common city street name  
22 Racy reading  
23 Garb  
25 Sibling’s daughter  
27 Prescription for a farmer?  
32 “What \_\_\_\_ can I say?”  
35 Agreement at sea  
36 Dickinson who penned “‘Hope’ is the thing with feathers”  
37 Jazz genre  
38 Unsightly sight  
41 Navigational chart  
42 “20 Mule Team” cleaning product  
44 Mineral such as magnetite  
45 Widely shared GIF, say  
46 Prescription for an astronaut?
- 50 Billionaire’s boat  
51 Least colorful  
55 Rigatoni relative  
57 Drubbing  
60 Like bad puns  
61 Timeline component  
62 Prescription for an electrician?  
64 Chemist’s Sn  
65 “Gotta hurry!”  
66 Days of old  
67 Animal that goes heehaw  
68 Worked well together  
69 Wine choice  
DOWN  
1 Name hidden in “casts a shadow”  
2 Group of eight  
3 Low on cash  
4 Teacher’s  
5 Big test  
6 Large, low-pitched brass  
7 Doing nothing  
8 \_\_\_\_-weenie  
9 Superlative suffix  
10 When many are watching  
11 Streaming device brand  
12 Throw, slangily  
14 Tempt  
18 New York Times columnist Klein

- 22 Offer that seems too good to be true, usually  
24 Online auction site  
26 Sport whose competitors wear masks  
28 “Later!”  
29 “The Fox and the Grapes” fable writer  
30 “Happy” bivalve  
31 Overdone publicity  
32 Recedes  
33 Repeating sequence of computer code  
34 Certain beachy looks  
38 Corp. honcho  
39 Surgery centers, briefly  
40 Sign on for more

- 43 Trendy berry  
45 Pleasing part of a song  
47 Google browser  
48 Coral rings  
49 Shoestring  
52 Dropping the ball, say  
53 Apt rhyme for “bore”  
54 Clacked on a keyboard  
55 Greek Z  
56 Eye part that may be blue  
58 Salt Lake City’s state  
59 London museum home to Warhol’s “Marilyn Diptych”  
62 Get-up-and-go  
63 HS diploma substitute

PREVIOUS PUZZLE ANSWER

N	Y	C		D	A	W	N		B	A	T	M	A	N
T	O	O		E	R	I	E		E	L	A	I	N	E
H	U	R	D	L	E	R	S		L	O	L	C	A	T
			S	E	I	N	E		C	L	U	E	D	
A	H	A	B		A	L	L	R	E	D		R	O	B
R	O	G	U	E		E	E	O				S	O	D
T	H	E	G	L	A	S	S	S	L	I	P	P	E	R
S	O	S		B	A	S	S	S	O	L	O			
				G	R	A	S	S	S	N	A	K	E	S
B	A	Y	O			P	A	T		N	E	X	U	S
O	R	E	O	S		E	L	I	Z	A		P	N	C
T	O	L	D		L	A	T	T	E		H	O	L	A
T	U	L	S	A	O	K		C	R	A	I	S	I	N
O	S	O		P	R	E		H	O	R	N	E	T	
M	E	W		P	E	R			G	E	T	S		

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www.upuzzles.com

7/12

Doctor’s Orders by Catherine Cetta

1	2	3			4	5	6	7	8	9			10	11	12
13			14		15								16		
17				18									19		
20						21					22				
23					24			25		26					
			27			28	29						30	31	
32	33	34			35					36					
37				38				39	40			41			
42			43				44				45				
46					47	48				49					
		50							51				52	53	54
55	56				57		58	59		60					
61				62					63						
64				65							66				
67				68								69			

Family Time Crossword

The (K) Clues Are for Kids

Created by Timothy E. Parker

ACROSS

1. Civil War or Victorian  
4. (K) A win? No, sorry.  
8. In the heart of  
12. (K) Goldilocks slept in Baby Bear’s  
13. Type of choir voice  
14. Mexican monetary unit  
15. (K) Scrooge’s “A Christmas Carol” cry  
16. Part of a combination lock  
17. (K) Aaron Burr in “Hamilton,” e.g.  
18. Celestial event with streaking (2 words)  
21. (K) Do this in a marathon  
22. (K) Can metal  
23. Person testing out software  
25. Oliver Twist, e.g.  
27. (K) “That happened a long time \_\_\_\_”
30. (K) Person born near the Golden Gate Bridge (2 words)  
33. (K) Perform as Aaron Burr in “Hamilton”  
34. Helper  
35. Minimum \_\_\_\_  
36. It can be a bust?  
37. (K) Good swung 180 degrees  
38. (K) Nursery school  
44. Brilliant thought  
45. Italian monetary unit  
46. Damage slightly, as a shiny surface  
48. (K) It’s fit for a pig  
49. What the knight did to the dragon  
50. (K) Vine that can make your skin itch  
51. (K) Dispatched  
52. Bridge measurement
53. (K) “Yes, Captain!”  
DOWN  
1. Flow back, as a tide  
2. 500 sheets of paper  
3. Dedicated follower  
4. Like a stuffed cargo hold  
5. Hodgepodge mixture  
6. (K) Dallas Cowboy’s helmet logo  
7. Summer or winter starter  
8. (K) Cooking protector  
9. (K) What the cat said  
10. Gilligan’s home for a time  
11. Procrastinator? Oh, no, no, no.  
19. Fake grass  
20. Vinyl record player  
23. Country that invented Buffalo wings  
24. Cul-de-\_\_\_\_
25. (K) Lady who hands you a menu  
26. (K) “So your point is ...?”  
27. World of education  
28. (K) Joke, to a comic  
29. (K) Between XII and II on a clock  
31. (K) Incredibly hard to find  
32. Smack, as a fly  
36. (K) Customize to fit  
37. (K) Most common eye color  
38. X, on a greeting card  
39. Groundless, as rumors  
40. (K) Gas used for bright signs  
41. (K) Big \_\_\_\_ (7-11 drinks line)  
42. (K) Length x width  
43. (K) Deep blue color  
47. (K) Bread type

Can you find the answer to this riddle within the solved puzzle?

High light highlight?

Look for the answer in next week’s paper.

PREVIOUS PUZZLE ANSWER

1	F	A	S	T		5	E	B	B		9	S	C	O	W
12	A	L	T	O		13	C	R	Y		14	L	O	B	O
15	C	O	U	P		16	H	U	E		17	O	D	O	R
18	T	E	N	S	I	19	O	N		20	T	W	E	E	T
24	A	D	M	I	S	25	S	I	O	N	27	A	S	S	H
30	D	I	A	L	U	P					31	T	E	R	O
32	E	N				34	L	I	B	E	R	A	T	E	D
38	A	L	T	E	R		41	H	U	M	E	R	43	S	
40	G	I	R	L			42	O	A	K		44	O	I	N
45	S	E	V	I	L		46	D	A	K		47	O	I	N
48	E	N	F	I	L		49	I	V	E		50	F	A	D
51	D	E	M	O			52	Y	E	S		53	F	L	O

Previous riddle answer:

Ironic SECRET ending?  
49-A) IVE

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The answers to this week’s puzzles can be found in next week’s issue.

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7 LITTLE WORDS

Find the 7 words to match the 7 clues. The numbers in parentheses represent the number of letters in each solution. Each letter combination can be used only once, but all letter combinations will be necessary to complete the puzzle.

CLUES

1 concern for plane passenger (7)  
2 western Pennsylvania school (4)  
3 “Home Alone” mom O’Hara (9)  
4 a “Four Corners” state (7)  
5 like a cheesy pizza crust (7)  
6 soup-and-sandwich chain (6)  
7 cozy quality (10)

SOLUTIONS

GR	LE	PI	INE	CAT
TT	AR	PAN	TO	ST
INE	AST	OOM	IZ	UF
SS	FED	ERA	ONA	HER

Previous Answers: 1. LINCOLNS 2. REARRANGE 3. STOKED  
4. POTSTICKERS 5. EGRETS 6. BELIZE 7. SONS

7/24

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# SUDOKU

			1
2	1		3
3	4		2
		3	

	2		4
	4	2	
	1		3
4			2

2			4
	1		3
	2		
1		3	2

		4	
2	4	3	
			3
3	2		4

## Sudoku

Each row, column, nonet can contain each number only once. Answers below.

### Easy

		1	2		7		9
	9				8		4
				9		3	
		9	1			4	
		3	6		2	7	
		8			4	2	
		4		3			
	2		4				6
	6		8		9	1	

### Hard

						8	6	
			8		7			
8				3	6	1		2
7							9	3
		5				4		
1	8							6
6		8	1	9				7
			2		3			
	3	4						

### Very Hard

2			6		4			5
						9		
	6				1			
1		7						3
				4				
8						4		2
			4				1	
		1						
7			2		8			6

### Easy

		9						
	4				3	8		5
					8	9	7	1
	9	5	4					
4								9
					6	1	2	
5	2	4	6					
1		8	3					5
						7		

### Hard

5		6		3	8			
	1	9		4				
8		3	1		2			
	6					3		
9		1				4		7
		7					5	
			4		1	8		3
				5		1	7	
			9	2		5		6

### Very Hard

				4				
		6	9		3	2		
5		7				9		8
				3				
		9	8		7	6		
				6				
1								9
				7				
7	6	5	1	9	4	8	2	3

## COLORING CHALLENGE



### Sudoku answers

3	2	2	7	8	4	2	8	3
7	6	5	1	9	4	7	2	5
9	8	4	3	7	2	5	6	1
1	2	3	5	6	8	4	7	9
2	7	1	4	6	9	3	8	5
5	3	1	8	2	7	1	9	4
6	4	8	5	3	1	7	9	2
8	7	1	6	9	3	2	5	7
4	1	6	9	8	3	2	5	7
8	9	2	7	4	5	1	3	6

Bottom row – Very Hard

1	3	8	8	9	2	7	5	4	6
6	9	4	8	5	3	1	7	2	
2	7	5	4	6	1	8	9	3	5
3	6	5	9	6	5	5	3	8	1
3	8	7	2	1	4	9	6	9	6
9	5	1	3	8	8	9	4	2	7
4	6	2	5	7	9	3	8	1	
8	4	3	1	9	2	7	6	5	4
7	1	9	6	4	5	2	3	8	
5	2	6	7	3	8	9	1	4	

Bottom row – Hard

9	3	6	5	8	4	7	1	2	
1	7	8	3	2	9	4	5	6	
5	2	4	6	1	7	3	9	8	
3	8	7	9	5	6	1	2	4	
4	6	1	8	7	2	5	3	9	
2	6	3	1	6	8	7			
6	5	3	2	4	8	9	7	1	
7	4	2	1	9	3	8	6	5	
8	1	9	7	6	5	2	4	3	
1	7	8	3	2	9	4	5	6	

Bottom row – Easy

7	9	5	2	1	8	3	4	6	
4	3	1	9	6	5	2	7	8	
6	8	2	4	3	7	5	1	9	
8	5	9	6	1	7	3	4	5	2
9	2	3	5	4	9	6	7	8	1
1	4	7	8	2	9	6	5	3	
3	6	9	7	5	1	8	2	4	
5	1	4	3	8	2	9	6	7	
2	7	8	6	9	4	1	3	5	
1	7	8	3	2	9	4	5	6	

Top row – Very Hard

9	3	4	7	8	5	5	6	2	1
5	1	7	2	6	3	9	8	7	
6	2	8	1	9	4	5	3	7	
1	8	2	3	4	9	7	5	6	
3	9	5	6	9	7	2	4	1	8
7	4	6	5	1	8	2	9	3	
8	5	9	4	3	6	1	7	2	
2	6	1	8	5	7	3	4	9	
4	7	3	9	2	1	8	6	5	
1	7	8	3	2	9	4	5	6	

Top row – Hard

3	6	5	5	8	2	9	1	7	4
9	2	7	4	1	5	8	6	3	
1	8	4	7	3	6	9	5	2	
6	1	8	6	9	7	4	2	3	5
4	5	3	6	8	2	7	1	9	
2	7	9	1	5	3	4	8	6	
8	4	6	9	1	3	2	7		
7	9	2	3	6	8	5	4	1	
5	3	1	2	4	7	6	9	8	
1	7	8	3	2	9	4	5	6	

Top row – Easy





# Greenwich Sentinel Foundation

## Sentinel Award



2024

## Honoring Stephen Walko and all Greenwich's Sentinels



2016

*Chief  
Jim Heavey*



2017

*Rev. Jim  
Lemer*



2018

*Susan  
Wohlfarth*



2019

*James  
McArdle*



2020

*Pam  
Pagnani*



2021

*Stephanie  
Dunn-Ashley*



2022

*Bob  
Capazzo*



2023

*Frank  
Gaudio*

*Thank you to the Sentinel staff  
for selecting Stephen as the  
2024 Greenwich Sentinel awardee.*

# *Congratulations Stephen!*

*I am so very proud of the man you are  
and all that you have accomplished.*

*I pray for your continued success  
in all your endeavors.*

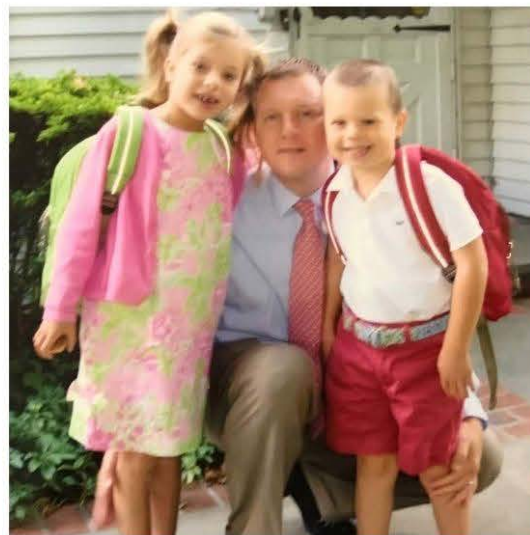
*You certainly are a blessing to us.*

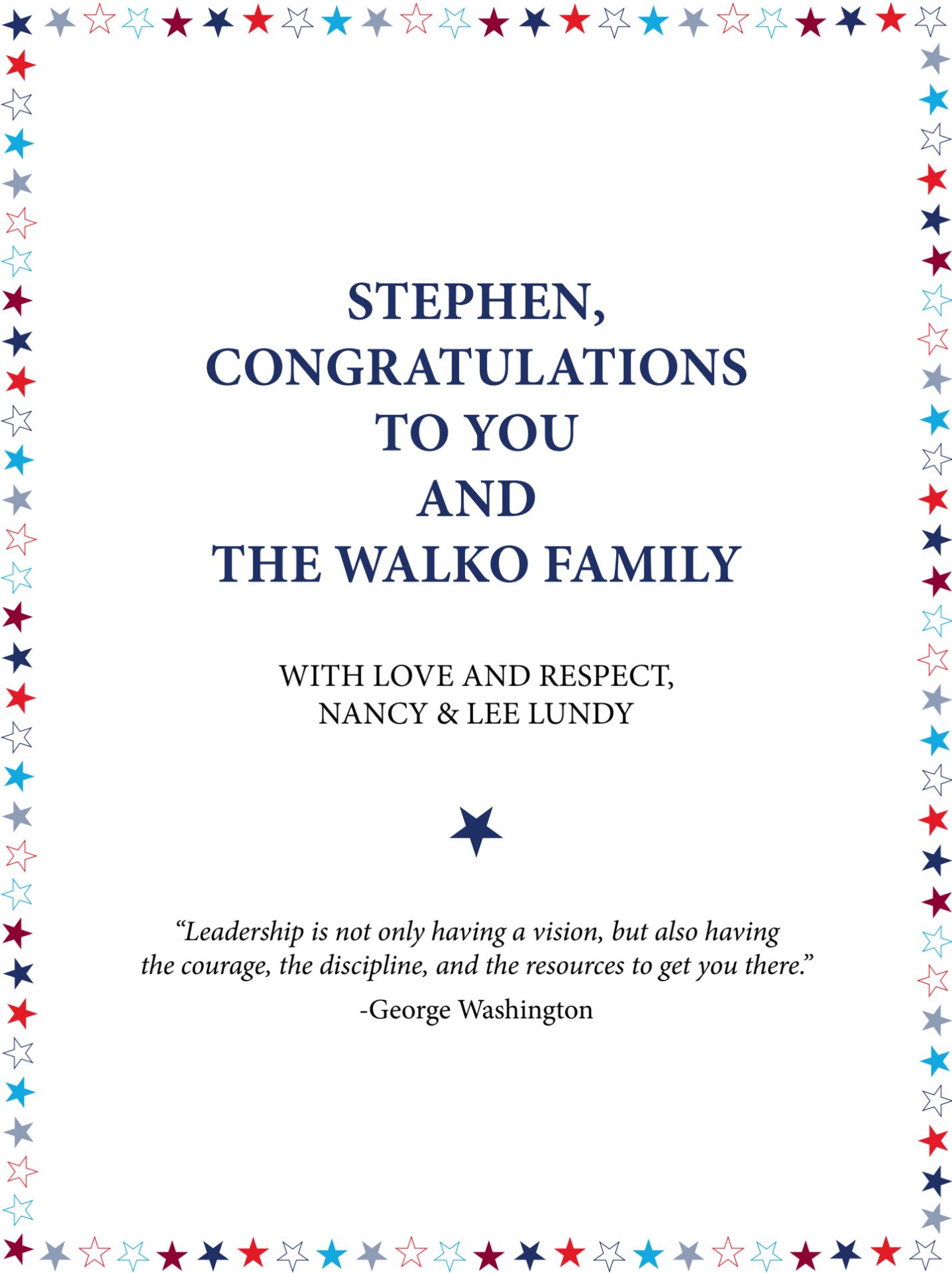
*Mom*



**There are not words to explain all that we have been able to learn from you. Through your actions, you have taught us compassion, love, and how to stand up for your values. You are the type of person that we believe everyone needs in their lives.**

**We love you Dad!**





**STEPHEN,  
CONGRATULATIONS  
TO YOU  
AND  
THE WALKO FAMILY**

WITH LOVE AND RESPECT,  
NANCY & LEE LUNDY



*“Leadership is not only having a vision, but also having  
the courage, the discipline, and the resources to get you there.”*

-George Washington



PAM PAGNANI  
CONGRATULATES

Steve Walko

2024 GREENWICH SENTINEL  
AWARD RECIPIENT!

*Such an asset to  
our town!*



# Greenwich Sentinel



Back Country | Banksville | Belle Haven | Byram | Chickahominy | Cos Cob | Glenville | Old Greenwich | Pemberwick | Riverside | Bedford, NY

## Editorial Page

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### Our Sentinels

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The Greenwich Sentinel Award is an honor conferred annually by the Greenwich Sentinel Foundation to recognize individuals who work tirelessly behind the scenes, embodying humility, kindness, and integrity. This award celebrates those who stand up for what is right without undermining others - those who serve as exemplary models of the true Greenwich spirit.

Since its inception in 2016, the award has recognized a variety of individuals who have made significant, yet often unheralded contributions to the community. The first recipient, Police Chief Jim Heavey, set the standard for future honorees with his dynamic, proactive community involvement and leadership spanning a lifetime.

Subsequent awardees include Rev. Jim Lemler (2017) for his revitalization of Christ Church and willingness to personally stand up for those in need; Susan Wohlforth (2018) for her unwavering leadership in the Junior League and numerous charities, and her strong support of women; and James McArdle (2019) for his dedication to his 114-year-old local family business and community causes, and his willingness to selflessly mentor others in the community.

Pamela Pagnani received the award in 2020 for her herculean work as a board member and volunteer for dozens of charities and personal commitment to supporting her neighbors in Greenwich. Stephanie Dunn Ashley, honored in 2021, exemplifies selfless service as a volunteer, a mentor, a first responder, and a leader at the Red Cross. Bob Capazzo, the 2022 recipient, was recognized for his contributions as a photojournalist who always shows up on the scene both to document, assist, and lift up the community.

The 2023 honoree, Frank J. Gaudio, was celebrated for his contributions as the President and CEO of the First Bank of Greenwich, particularly for his extraordinary efforts during the pandemic to support and “carry the water” for many local businesses and individuals.

Each of these recipients has demonstrated a profound commitment to improving the lives of those in Greenwich, reflecting the award's core values of community building and service. They are all willing to gracefully help almost anyone who asks. “How can I help?” is their default setting.

On June 27th, the Greenwich community will come together to honor 2024 recipient Stephen Walko, this year's Sentinel. The

Sentinel event at Audubon Greenwich will be an opportunity for the community to honor a man who has dedicated his life to making Greenwich a better place without resorting to self-aggrandizement. Walko's story serves as an inspiration, reminding us all that there are great examples to follow.

Stephen Walko's story is one of quiet yet impactful dedication to Greenwich. He began his public service journey as a volunteer firefighter at 16, setting the stage for a lifetime of community involvement. His roles have ranged from local governance as a member of the Representative Town Meeting (RTM) to state-level service under Governor Jodi Rell on the State Board of Mediation and Arbitration and later as an elected State Representative. His leadership on the Greenwich Board of Estimate and Taxation (BET), where he chaired both the Budget Committee and the Board, is notable for balancing fiscal responsibility with community needs.

Walko's ability to foster consensus without discord is a hallmark of his service. He values collaboration and listens more than he speaks. “There are always two sides to the story. A lot of times there's three or four sides to the story,” he says, emphasizing his commitment to understanding and integrating many perspectives.

Despite his extensive public service, Walko remains a humble figure. He prefers to work without fanfare, focusing on getting things done. His contributions to Greenwich's public school system are particularly noteworthy. As chair of the New Lebanon School Building Committee, Walko oversaw the project's timely and budget-conscious completion. “To build something that will last and will have a direct impact on little kids and how they then go out in the world is pretty profound,” he reflected.

Walko's service extends beyond his professional and civic roles. His conservation work with the Greenwich Land Trust, his volunteer service as a leader at the Indian Harbor Yacht Club, his deep involvement in his church, and his many other volunteer commitments speak to a person who is committed to others in so many ways. His faith and family are central to his identity, and he balances his many duties with a strong devotion to his loved ones.

His ability to work effectively without seeking attention is a testament to his character. Former First Selectman Jim Lash described Walko as “thoughtful, calm, and optimistic when under pressure,” qualities in Stephen Walko that have served us all well.

IT HAS BEEN A PLEASURE SERVING YOUR GUESTS THIS EVENING

*Greenwich Staffing*

WOULD LIKE TO CONGRATULATE

**Stephen Walko**

ON THE SENTINEL AWARD!



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Congratulations,  
Steve!

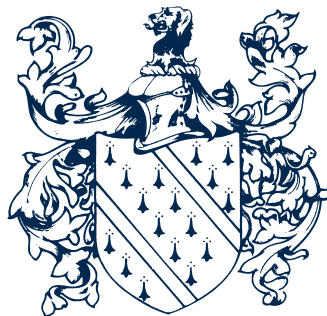


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**Stephen Walko**

It was pleasure driving your family this evening!



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**Congratulations  
Stephen Walko**

# Greenwich Sentinel

## The Winning Ways of 2024 Greenwich Sentinel Awardee Stephen Walko

**By Anne W. Semmes**

At age 54, Stephen “Steve” Walko, as lawyer and legislator, has made a considerable impact in the governance of his hometown of Greenwich, and in his home state. A third generation townie, he began investing in his community at age 16 as a volunteer firefighter (just before they upped the age to 18, he tells). And it was while still in law school that he ran for the Representative Town Meeting (RTM), that would lead him to chair the Greenwich Board of Estimate and Taxation (BET), then to represent his Byram home District 150 as a State Representative, then become a managing partner of law firm Ivey, Barnum and O’Mara, with his status now in its ninth year chosen as a Super Lawyer of Connecticut.

“Steve Walko has shown the dedication and energy to make Greenwich a better place in which to live. His leadership roles on the Board of Estimate and Taxation, first as chair of the Budget Committee and then as Chair of the Board have led to thoughtful budgets which met the community needs while keeping taxes low. He struck a perfect balance while presiding over a harmonious Board.” Larry Simon, Community Leader.

So, what drives this markedly mannerly man Walko? He’s been quoted, “I do it because my parents instilled in me a sense of duty to my town.” Certainly true, but Walko has had formative influences along his way. With his mother, Beatrice Walko, a valued presence in his Greenwich High School years as head of Student Activities, often coaching field hockey players, her son would discover the newly arrived sport of rugby. “We were only a club,” he relates. “We could not even wear red and white. We wore blue and white. We could not practice on any of the high school fields. We had to

practice at Western Middle School.” But Walko would develop that club into a winning varsity team.

Rugby exhibited for Walko a “sense of community,” he says. “Unlike a lot of other sports, you play both offense and defense.” Walko “wanted to be around people who were able to find new skills and find new adventures, but with the sense of community.” Add to that the inspiration in his senior year of English and Humanities teacher, the late Elinor Carr. “She taught ‘Shapers of the World,’ an amazing class that combined English, Social Studies, and Art. It discussed those people in antiquity that helped define society as we know it today.” And that class would take Walko to Greece. He would walk away with the awareness of “how individuals shape the world as the Greeks did. It was a person who started something, and how that worked out from there.” [Elinor Carr believed, “Every human being is capable of noble thought.”]

Walko’s college choice of Trinity University located in San Antonio, Texas was also formative. “It’s almost like a small New England college,” he tells, “And I just wanted to get a different feel for what else was out there. And it was the right fit...the state of Texas has a great sense of pride in their state. And people have a great sense of pride in their smaller communities, their family, and their church. And that’s what I try to emulate.”

Walko had chosen political science as his major on his path to a legal career, and why?

“I enjoyed what was going around in my world with true politics.” But a good friend had opined, “You like governance, not politics.” “And he was right about that,” says Walko, who appreciates “that we have democracy and all of the warts that go along with democracy and debates. But at the end of the day, the goal is to make life better. And the way



to do that is through governance, with less, but still some guardrails.”

With Walko’s maternal grandmother having arrived from Slovakia, Walko and family would travel to the Czech Republic (then Czechoslovakia) in his young years, “when the Iron Curtain was in place. I must have been eight or 10. I didn’t like that feeling of government watching over you...where people are being told by their government what to do, what to buy.” A sense of community was missing for him. He would be drawn in a legal profession to “advocating on someone’s behalf,” he tells. “That’s what I wanted to do.” Hence his decision while still in law school to run for that legislative body in town, the RTM.

What spurred that run to the RTM was something illogical he was observing in town. “The Parks and Recreation Department were mowing the fields, the outfields, the playgrounds on Board of Education property” when simultaneously, “the Board of Education maintenance workers were taking care of the outfield where the supposed students played.” “Well, that’s just crazy,” he thought, “You had two separate departments in the town maintaining the exact same field.”

Wouldn't a more efficient process be "to combine those two and have them both do the infield and outfield," he says, "but it took more than one year to convince the BET to go ahead and make that change."

"I wasn't playing politics. I was simply trying to suggest that there was a better way to do things. And ultimately the BET agreed, but it took so much time and energy, that it made me then become a member of the BET and then go on from there."

"Stephen Walko has dedicated his

adult life to serving his community on the RTM, BET as Chairman, State Representative 150th District and the Herculean effort to rebuild New Lebanon School. He is prideful of his roots in the Byram community and endeavored to advocate for its residents and their needs. He is presently Chairing the Building Committee for the Greenwich High School entryway. Steve is a devoted son, husband and father. I am blessed to call him a friend and fortunate to have served with him on the BET. Congratulations Steve!"

Peter Tesei, Executive Director of Pathways Inc.

In upcoming Part II of the "Winning Ways of Sentinel Awardee Stephen Walko, we'll share what Walko learned from taking on leadership roles in town government, serving as a state representative, engaging himself as lawyer in civil and commercial litigations and real estate, while investing himself in worthy volunteer organizations, while enjoying his family of wife Alexandra and growing up daughter Nicole and son Christopher.

# The Winning Ways of Sentinel Awardee Steve Walko Part Two – In State, In Town

**By Anne W. Semmes**

There is no doubt that Stephen "Steve" Walko, as a chosen "Super Lawyer of Connecticut" has standout skills as an arbitrator in his law firm Ivey, Barnum, and O'Mara where he serves as a managing partner. He has a gift for getting people to work together. "I try to tell my children all the time to listen more and talk less," he tells, "There's always two sides to the story. A lot of times there's three or four sides to the story... We're so focused on trying to combat what the other person is saying or contest it as opposed to thinking up better ideas. If you say it's blue and I say it's red, well, maybe it is purple and maybe purple is the way to go."

But he adds, "You shouldn't always compromise things that you firmly believe in. But you have to make sure you truly believe in whatever you're standing up for. Because when you're so strident about everything...it's harder to move even your own agendas forward."

"Steve is thoughtful, calm, and optimistic when under pressure." Former First Selectman Jim Lash.

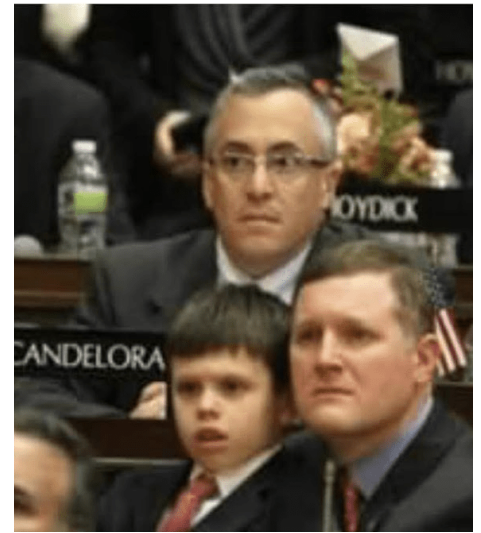
Even before Walko served as State Representative of his Byram District 10 he was chosen by then Governor Jodi Rell as a Public Member of the State Board of Mediation and Arbitration. That Board he says "was part of the executive branch...a part of the Department of Labor." For Walko, in the labor and employment sector "the way to go" he believed was arbitration and

mediation. "When you're arbitrating a case for someone who lost their job and their job is the most important thing to them in the moment, it's important to get it right and it's important to give them a quick and speedy process, and that's what arbitration's allowed to do for them."

Even so at his law firm, he says, "Ivey Barnum is like a family, we try hard to represent our clients so that if they have to go to court, we get them to court, we get them out of court as quickly as possible. But there are alternatives like mediation and there are some very good mediators out there, both in the court system and privately, who can help people negotiate their own settlements."

Serving as a State Representative, he found it "amazing being able to set a law" he tells, "especially as a practicing attorney and a practicing litigator... You look at the legislative history of why a statute was enacted. So being on the other side of that was tremendous." But "like most legislative systems" there was fixing needing to be done. And that fixing takes time when, "you can't take the time to go up to Hartford because you have to be there some weeks, almost every day, over several months...But it's getting almost impossible for everyday people to be representatives because they can't take that time out of work."

And didn't Walko have those skills working with his own community and getting people to work together? And surely those skills would be advantageous with those sometime



contentious building committees for the town's public schools. It would be a learning curve for Walko – and be inspirational.

"So, the first building committee that I was on was Hamilton Avenue," he tells, "and they needed a BET representative, and I was on the BET at the time. And it was fascinating to learn what were the processes to build an effectively commercial building, in this case, a school... What were the decisions, what were good policies, what were bad policies?" In the end, that process he found "not very successful," but "At the end of the day, the kids ultimately got a new school."

Up next was the need for a new New Lebanon School. "First of all I grew up in Byram," says Walko, "and it's a

community that I cherish. "On top of that," he adds, "building a new school and lending some support to what is and was a magnificent project, helping to just navigate the waters of everybody involved, whether it be government, local, state, the contractors, the owner's rep, the architects, the community," he found "electric."

"To build something that will last and will have a direct impact on little kids and how they then go out in the world is pretty profound," he notes. "And while you don't think of it in the moment," when it's all about bricks, and mortar, and carpets, "and then you see what those children have today, it's pretty significant. And will it help every single kid? Probably not. Will it make their experience over the years that they're in elementary school better? Absolutely. Will it improve test scores? It certainly can't hurt. And was it there to help racial imbalance in the town of Greenwich? Well, at least that was the goal."

State Representative Steve Walko in the Connecticut General Assembly in Hartford with young son Christopher, and Fred Camillo in the foreground. Contributed photo.

"Steve was the chair of the New Lebanon School building committee, and that beautiful building was constructed on time and within budget. Throughout all his volunteer activities, Steve does it with common sense, an open and frank manner while demonstrating true leadership. He is an inspiration to work with and a true friend to me" Larry Simon, Community Leader.

Steve had praise for the "great people" serving on that New Leb building committee and cites the town of Greenwich for its "vast amount of talent and people willing to give that talent." He describes himself "not a shy person, for sure," but also "not a big fan of ego. I just think it takes a lot of people to do a lot of things in town. Even the way we set up our government, the First Selectmen only has so much power and then it migrates out to people like the BET, the Planning and Zoning. So, while we look to leaders, and I'm a firm believer in this, it's so much more than that to be successful. And New Leb is successful, because of the people who were there, including the architects and



the professionals.”

And lastly his serving on the building committee of the new Greenwich High School entryway, is in process. “It’s a much smaller project,” he says. “So, building projects are one way to stay involved without necessarily having to be as active as I once was. There’s a beginning of a project and there’s an end, and then hopefully you look at your results as a good result for the school, and you’re able to say thank you to everyone involved, and then you walk away because you’re done. And that’s the part of it that I like right now.”

“At this point,” he concludes, “I’ve been involved in most aspects of town government. So, I hope that I’ve built friendships and relationships with those in and around government able to understand why certain decisions are made and not made.”

Steve was incredibly helpful to me when I had some legal questions involving a not for profit. He was incredibly

generous with his time and knowledge. Steve is professional and wise and a wonderful leader. He has impacted our community in so many wonderful ways! Icy Frantz.

All the while Walko has for the ninth year retained his title of Super Lawyer. How does he manage to do all these essentially volunteer efforts in town – and count in he serves on the United Way project committee! He replies, “First and foremost, I have the best wife in the world, Alexandra. I also have great partners here at Ivey Barnum. They were supportive and I don’t think you can get that in most work environments.”

And “In terms of the home aspect of it, he adds, “I couldn’t do any of this without Alex. And, as my kids got older, now I get to talk to them as adults, and if collectively we don’t want something done, we don’t do it. So, I don’t really think of it as me. I think of it as us.”

# A Summertime Look at Sentinel Awardee Steve Walko – Part Three

**By Anne W. Semmes**

With next week comes the first day of summer in the life of Stephen “Steve” Walko, and the week following will be Walko’s celebration day, on June 27, as the Greenwich Sentinel’s 2024 Awardee. So how do his gifts shine in summertime – first off, he’s Vice Commodore of the Indian Harbor Yacht Club, having joined the Club back in 2000. Was that Vice Commodore role this Super Lawyer of Connecticut and managing partner of Ivey Barnum and O’Mara had envisioned?

“I am not sure that was ever, even most recently, in my vision,” tells Walko. “I had served as counsel under a couple of previous Commodores, and I loved helping in that arena – I thought I was more pigeonholed for that.”

But surely, he was a candidate with his leadership roles in the Greenwich community, his chairing building committees of town schools, his serving in top roles of town government – and hadn’t he grown up on Greenwich shores?

“We were on the water a lot,” shares Walko, “mainly power boating, but my brother Dave and I also sailed.” And “That was just a place to go, especially back in the lack of cell phones – once you were out, you were out. You’re on a relatively small boat, ship, yacht, where you have to interact with either family or friends. And so, who you pick to go on your boat is a pretty important decision.”

Walko cites those on-the-water days as “some of the best memories” of his childhood. “Just being on the boat with



my family, my brother, and friends, and whether it’s going to Captain’s Island and exploring, or swimming around, or having a picnic out there. That’s the area, that’s the passion.”

“Being close to water and smelling that salt air, there’s nothing like it,” he continues, “And at Indian Harbor, it’s that passion for boating and sailing that is so pervasive throughout. It is a place of significance in that regard, that it affords people, local people – not just from Greenwich as we have individuals at the club from the surrounding area that have this love of water, have this love for sailing, and have that comradery, which I think is

important.”

“I can say this for sure,” chimes in Walko’s wife Alexandra “Alex” Walko, “Life with him is never dull, even after 23 years (as of June 2) of marriage!” But she adds a caveat, “It took forever for him to ask me out and when he finally did our first date was at Kelly’s Sea Level in Rye. Best hot dog I ever had.”

Alex’s mom, Nancy Lundy has her take on the Alex/Steve pairing. “Steve’s mom and matriarch of the family [Beatrice “Bea” Walko] and I mused early on about the prospects for this marriage between two strong personalities. It has thrived. They are a winning team that works tirelessly

for family and community.”

Alex cites her husband’s strengths as what drew her to him. “He has priorities. He puts family, friends and his faith first. His work ethic is unparalleled and that means in the office, in the courtroom as well as in the backyard. He gives 100 percent of himself and in turn expects that of others.”

A favorite quote of Steve’s she shares comes from the Pittsburgh Steelers football team head coach [Steve’s dad, the late Albert Stephen Walko hailed from Pittsburgh with his family legacy being the passion for the Steelers] Mike Tomlin who said, “The standard is the standard.” “Stephen effectively leads by that example,” continues Alex. She believes, “this quality can be attributed to his parents who taught him to work hard for what he believes in and strive to always do his best. He does this selflessly.” She adds, “Whether that is helping to coach flag football, heading a building committee to build a new elementary school or sitting on the board of a nonprofit, the positive impact of his efforts big and small keep him going. Well, that and good food, camaraderie and plenty of fun.”

Steve’s mom Bea Walko who had served as Greenwich High School (GHS) Head of Student Activities had a front row seat of observing her son’s leadership ability in his senior year at GHS having chaired “a very successful SRO (senior production).” She describes her son as “a man of outstanding character” with qualities of “honesty, integrity, intelligence and loyalty.” But “Most of all Stephen is a man of faith whose love for his family is his strongest attribute.”

“Faith is one of those things that we rarely talk about,” says Walko, “but to many it is as important as anything else.” Walko’s family are members of St. Paul’s Lutheran Church in Byram, where he has served as president in years back. “It’s important to me,” he says, “It’s important to my family,” and he’s proud that his kids were baptized. “Their being regular church goers might be a bit of a stretch during these college years,” he says, “but they have faith. If it’s there as your bedrock, then it’s always there.”

“Steve is the most consistently principled person I know” is how John Horner describes his friend. “Whether it is in his legal career, his many roles as a public servant, or most importantly his personal relationships with friends and family, Steve always stands firm in his beliefs and navigates a complex world with unwavering integrity. He is the rare person in this world that I always know I



can count on – but he will also tell me what I need to hear, not what I want to hear.”

So, lastly, for a further read on Sentinel Awardee Walko he was asked by this reporter a surprising question – what five things would he take with him if he were to be cast away on a desert island? Given some advance time, there was some deliberation. “My first response,” he admits, “I couldn’t come up with it. Should I be practical? There’s a large part of me that’s very pragmatic.” So, might he need a hunting knife, a magnifying glass, or “a set of matches?” But would those practical choices quite capture “the essence of a person?” He then segwayed to “what was important” to him, but realized, “There’s not a whole lot that’s important to me that is just a possession.”

What was important was, “The picture

of the family would have to be top-notch, right at the top.” So, number one. Then, possibly a cross for his faith? “But I don’t need that to remind me of it,” he says, “Plus I could make a cross on this desert island.” Better to bring his Pittsburgh Steelers jersey for number two. He adds, “My brother and I actually have season tickets to the Steelers, which sounds crazy, but we do,”

For number three, “I’d bring a case of good old American bourbon. I haven’t figured out why I would use it or how I would use it.” And number four? “In this fantasy island thing, I would love it if I had my water skis that I could go water-skiing on. I know that requires additional items, but...and lastly, I would bring my old iPod there, which has a catalog of a lot of years of songs. So those are the five things.”

*Congratulations to Steve Walko,  
the 2024 Sentinel Award Recipient and  
a dear and generous friend to our community!*

*And thank you to the Greenwich Sentinel  
for providing a weekly reminder — to cherish  
our town and the people who live here.*

*Scott & Icy Frantz*

*Steve, we salute you for all you do...*

East Port Chester Volunteer Fire Company “back in the day,”  
State Representative, Leader of the Townies,  
and Chairman of the Harpoon Club —  
among many, many other things.

*Our very best to you, Alex, and the kids!*  
*Jim & Kia Heavey*

Jill & Joe Kelly  
*Congratulate.*

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Congratulations to Steve Walko! He truly is a special person who helps make Greenwich an amazing place to live! His integrity, volunteerism, generous giving of his time to help others, and his all around positive nature make him very deserving of this recognition. Joe and I are proud to have Steve as our friend!



Jill Tighe Kelly

Real Estate Advisor

203.536.6280

Jill.Kelly@Sothebys.Realty



Scan For More

***To our good friend  
Stephen Walko ~  
Thank you for  
all you do for our Town  
and community.***

***May you go from  
strength to strength!***

***Leora & Steven Levy***



# Congratulations Award Honoree, Stephen Walko



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# Congratulations Steve Walko!



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Congratulations Stephen  
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# *Congratulations*

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on achieving  
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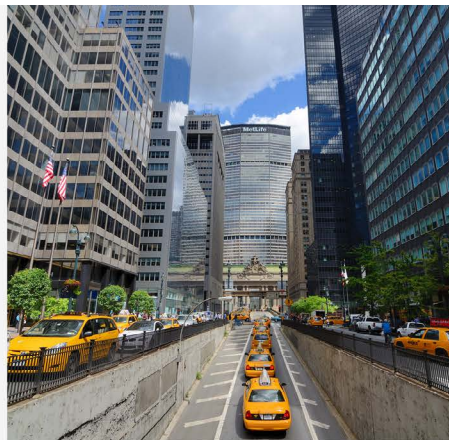
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Congratulations to  
**STEPHEN WALKO**  
on being recognized  
as the **2024**  
**Sentinel Award**  
**Honoree**  
and a true  
**COMMUNITY**  
**CHAMPION**  
for the Town  
of Greenwich!

Sue & Mike  
Bodson



STEPHEN—

MY HEARTIEST  
CONGRATULATIONS  
AND BEST WISHES.

—DAVID HOPPER

Congratulations  
to the 2024  
Greenwich Sentinel  
**Stephen Walko**



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CONGRATULATIONS  
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# Stephen Walko

# Recipient of the 2024 Sentinel Award

We extend our gratitude  
to Greenwich Sentinel  
for their years of  
support for our charity  
and the community.

The Silver Shield Foundation provides educational support for children and surviving spouses of Police Officers, Firefighters and EMS members killed in the line of duty.

## Save the Date

SSF's 5th Annual Greenwich Walk  
Tod's Point - November 9, 2024



<https://www.silvershieldfoundation.org/greenwich-walk>



# *Congratulations Steve!*

from your friends at [InterTech Media, LLC](#)  
and [Community Podcasting](#)  
*(coming soon to Greenwich!)*

# Congratulations to Steve Walko!

A local citizen tirelessly dedicated  
to supporting endeavors for the  
improvement and betterment of  
our Greenwich community,  
Steve is exemplary of  
the Rotary motto:  
“Service Above Self.”

Sally Parris

PRESIDENT-ELECT, GREENWICH ROTARY CLUB





SECOND CONGREGATIONAL CHURCH  
OF GREENWICH

Second Congregational Church  
Congratulates  
Steve Walko

Thank you for your dedication  
to The Town of Greenwich

Photo Credit: Patty Doyle

*Never doubt that a small group of thoughtful,  
committed citizens can change the world.  
Indeed, it's the only thing that ever has.*

— MARGARET MEAD

**CONGRATULATIONS  
STEVE!!!!**

A true Greenwich Sentinel and an inspiration to us all.  
Thank you for sharing your precious time and  
great talent with our community.

*Susan Wohlforth*

We salute  
**STEPHEN WALKO**  
and thank him for  
all he does for our  
community!



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# **Congratulations Stephen Walko for receiving this year's Greenwich Sentinel Award.**

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of the Greenwich Sentinel Foundation.

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# CONGRATULATIONS STEPHEN WALKO

and all our past Greenwich Sentinels.

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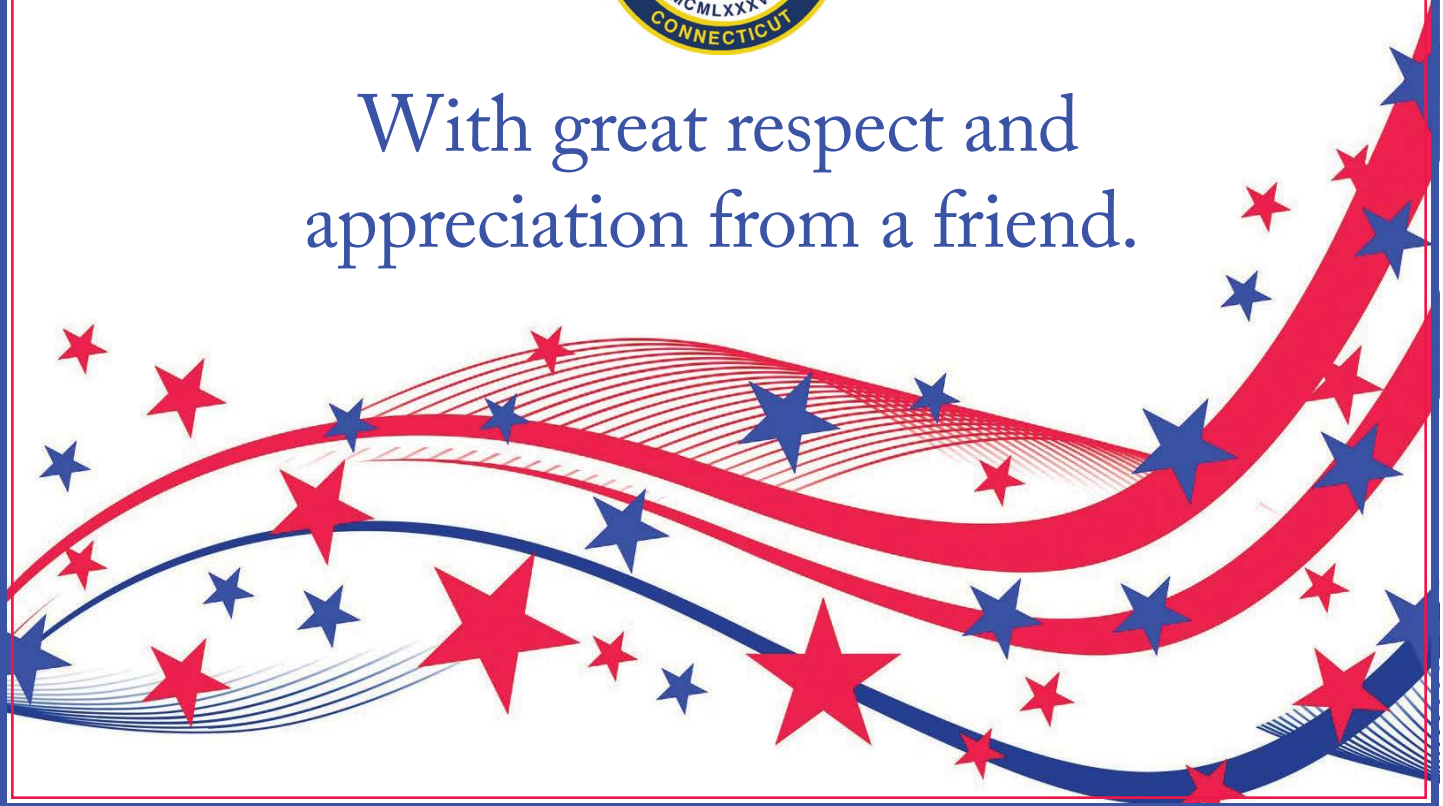
RELAX – WE'VE GOT THIS!

# Congratulations, Stephen Walko!

People like you and  
organizations like GEMS  
make Greenwich the best  
place to live and work!



With great respect and  
appreciation from a friend.

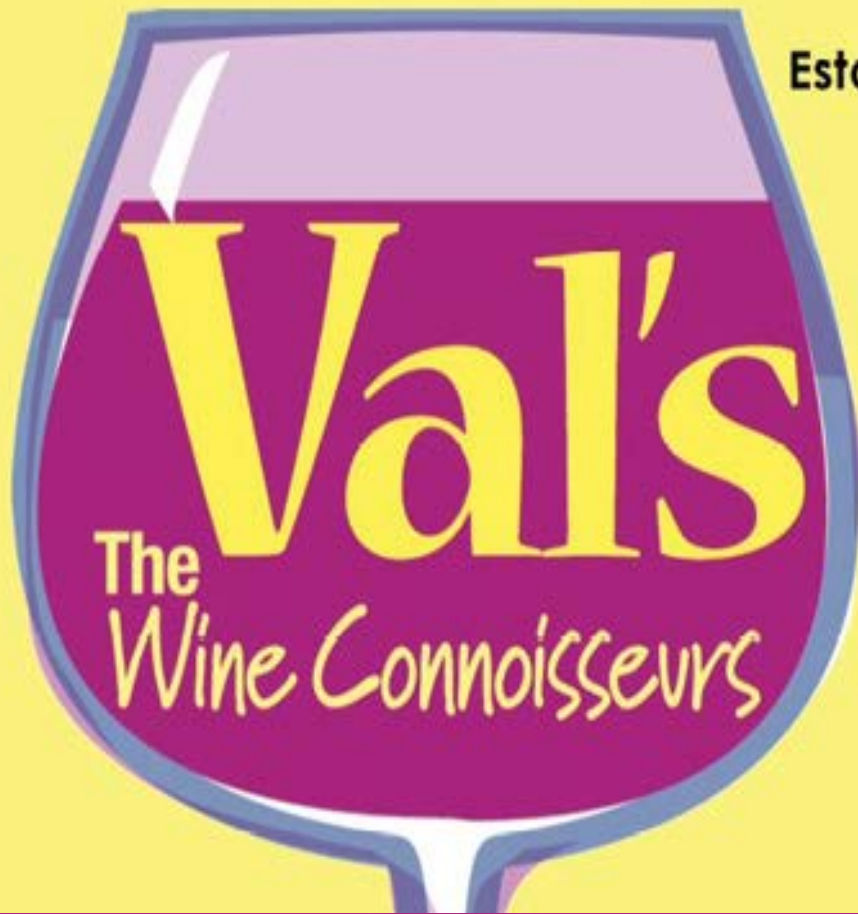


**The Sentinel Award**  
**from *The Greenwich Sentinel* is**  
**a cherished award in the Greenwich community.**  
**Congratulations on earning**  
**this remarkable distinction and joining this**  
**incredible group of Sentinels.**  
**We need more like you!**

*Frank "Buzz" Moore & Nicola Bott*

I am blessed to have been Stephen's pastor for the past six years, during which time I have come to value his wisdom and leadership within our congregation. Certainly Stephen is well deserving of the recognition he is being shown tonight, and I have no doubt that he is grateful and humbled by it. Yet, from Stephen's life it is clear that the recognition he seeks above all else is to hear the voice of our Lord Jesus on the Last Day, saying, "Well done, good and faithful servant." In this way and in many others, Stephen is an example of godly wisdom to all of us. The fear of the Lord is the beginning of wisdom, and the knowledge of the Holy One is understanding (Proverbs 9:10).

- Pastor Scamman, St. Paul Lutheran Church



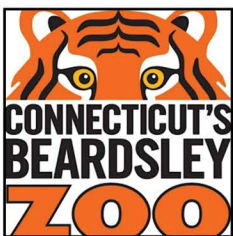
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*A Toast to you, Stephen!  
"May neighbors respect you,  
Trouble neglect you,  
The angels protect you,  
And heaven accept you."*

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# CONGRATULATIONS

Stephen Walko



203-394-6565

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*Congratulations  
Stephen  
on this truly amazing  
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CONGRATULATES

**Steve  
Walko**

for being recognized as the 2024 Sentinel Award Recipient



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*Congratulations  
Stephen!*



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*Kim Gregory*



**Congratulations Stephen!**

**Thank you for all that  
you do for others.**

*Arnold Karp*



## ACTS OF KINDNESS

Be kind.

Tell your child you think they're awesome  
*(and be prepared to answer when they ask why).*

Hold the door for the next person.

Once each season, when you grocery shop, pick up one extra  
of everything and drop it off at Neighbor to Neighbor.

Refrain from honking your horn unless it is a safety issue.

Put your phone away and be an active listener.

Avoid interrupting others when they are speaking.

Say please, thank you, and you're welcome.

Send a hand written thank you note.

Smile... great! Now smile at someone while making eye contact.

Let the person in line behind you go ahead of you if they are in a hurry or with children.

If you can, say yes.

If you have time, please let the other driver have that parking space.

Send flowers.

Compliment often.

Hold the elevator.

Remind yourself that everyone is the hero of their own story.

Laugh more.

Be patient.

CLAP, CHEER & LAUGH OUT LOUD at Tonight's Speeches!

Refrain from saying anything hurtful on social media and use that LIKE feature!

Show up.

Be grateful for every single person that did one of these things.

*From all of us at the Sentinel, Thank you for all that you do.  
Wishing you a happy & safe Independence Day!*



# Ivey Barnum & O'Mara, LLC

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*Congratulations to managing partner*

***Stephen G. Walko, Esq.***



*for his outstanding work and on being named*

*2024 Greenwich Sentinel Award Winner!*

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