

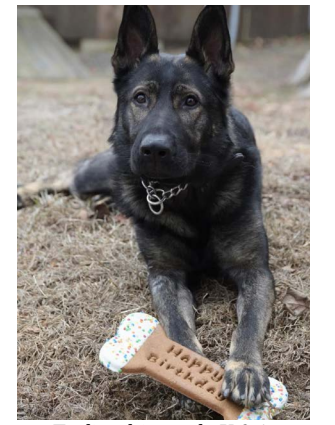
POLICE & FIRE

Detective Weissauer Retires



Detective First Grade William Weissauer is retiring from the Greenwich Police Department after 30 years of service. Over his career, he received 33 Letters of Commendation and multiple awards, including the Dr. John Clarke Officer of the Year Award from the Greenwich Lions Club.

K-9 Arrow Celebrates Second Birthday



Earlier this week, K-9 Arrow turned two and spent his birthday with K-9 Officer Franco and his family. Photographer Bob Capazzo captured the celebration. Photo Credit: Bob Capazzo

GPD Hiring Officers

The Greenwich Police Department is hiring entry-level police officers and accepting applications until March 31. These full-time positions include salary and benefits. More details and application materials are available at <https://www.governmentjobs.com/careers/greenwichct?keywords=police>

FROM TOWN HALL
Greenwich Honors Red Cross Efforts

Greenwich held a ceremony at Town Hall on March 3 to recognize the American Red Cross' Metro New York North Chapter, declared March as American Red Cross Month, and raised the organization's flag. Over the past year, the chapter responded to more than 100 local disasters, installed over 2,000 free smoke alarms, trained nearly 9,800 residents in first aid and CPR, and educated around 2,300 people in emergency preparedness. It also provided blood to hospitals and more than 3,000 support services to military members, veterans, and their families.

Parks & Rec Seeks Sponsors for Events

Greenwich is seeking sponsors for the spring and summer 2025 season, including team sponsorships and events such as the Summer Concert Series, Fourth of July Fireworks, Outdoor Family Movie Nights, and the Sandblast Festival. Sponsors will be included in advertisements, press releases, the recreation sports webpage, and the Parks and Recreation newsletter. To apply, complete the Sponsorship Interest Form at <https://www.greenwichct.gov/FormCenter/Parks-and-Rec-29/Sponsorship-Interest-Form-519>

Greenwich Outdoor Dining Proposal

Greenwich officials have proposed reinstating outdoor dining on Greenwich Avenue from May 23 to October 19, the shortest season since the program was formalized. Restaurants can rent up to four parking spaces each, with fees set at \$1,536 per space and \$35 per linear foot for barriers,

Continued on Page 7

Budget Advances Amid Rising Costs, Tax Hike Projected

By TOM WILLIAMSON

The Town of Greenwich is moving forward with its annual budget process as officials weigh rising costs, economic uncertainty, and political divisions within the Board of Estimate and Taxation. The Budget Committee has approved a spending plan that would result in a 4.42 percent increase in the mill rate, sending the proposal to the full BET for further debate. The final budget could bring higher property taxes for residents and impact town services in the coming year.

The budget process begins with the First Selectman's office submitting a proposed spending plan, which is reviewed by the BET Budget Committee. The four-member committee, chaired by Republican Leslie Tarkington and including Republican Harry Fisher and Democrats Leslie Moriarty and David Weisbrod, is responsible for refining the budget before passing it to the full BET. After further adjustments, the Representative Town Meeting will vote on the final spending plan in May.

First Selectman Fred Camillo proposed a \$526 million budget, a 5 percent increase over the previous year. Education spending accounts for nearly 39 percent of the total budget, continuing a trend in which school costs have grown at a rate outpacing general town expenditures.

The Budget Committee agreed on some reductions before approving the proposal. The General Fund Capital Budget was cut by \$2.79 million to \$54.35 million, down from

an initial recommendation of \$56.4 million. The General Fund Operating Budget was reduced by \$3.150 million to \$508.578 million. To offset some of the tax impact, the committee increased projected revenues by \$3.15 million.

The March 5 Budget Committee meeting revealed

\$526 MILLION BUDGET

5% BUDGET INCREASE

4.42 PERCENT MILL RATE INCREASE

over spending priorities. The committee's Democrats, Moriarty and Weisbrod, voted to approve the budget, while Republicans Tarkington and Fisher abstained. Fisher said the abstentions reflected their frustration over a lack of cooperation from the Democrats. "They did not work with us on any meaningful reductions," he said.

During the final meeting, discussion turned to Superintendent of Schools Toni Jones' budget proposal, which included a modest \$250,000 reduction to the Board of Education's budget increase. Tarkington and Fisher supported the reduction, but the Democratic members rejected it outright. "That's the elephant in the room," Fisher said. "The Board of Ed budget is double the

guidelines and it's driving the tax rate up really high."

Fisher pointed to broader economic challenges as another factor straining the town's finances. He said that in past years, the town benefited from "tailwinds" in t

he form of higher interest rates on municipal reserves,

steady growth in the grand

list, and moderate increases in healthcare premiums. Now, he said, those advantages have reversed. Interest rates have declined, reducing the town's investment income. Healthcare costs are projected to rise by 12 percent, more than double historical increases. Labor contract settlements are adding costs, with wages rising between 2.75 and 2.95 percent. Inflation is also pushing up the cost of materials and labor for town projects.

Higher energy costs are an additional concern, affecting not only town operations but also homeowners. Fisher noted that municipal electricity and fuel costs have increased, placing added strain on the budget. "We have to pay electricity to run all of these buildings, just like every homeowner," he said. Residents

are also facing higher utility bills, raising concerns about the town's overall affordability.

If the 4.42 percent mill rate increase stands, property owners will see higher tax bills. Currently, Greenwich's mill rate is 11.712 mills, meaning a home valued at \$1 million (assessed at \$700,000 under Connecticut tax law) has an annual property tax of \$8,198. With the mill rate rising to approximately 12.23 mills, that homeowner's tax bill would increase to \$8,561, a difference of \$363.

For a \$2 million home (assessed at \$1.4 million), the current annual tax is \$16,396. Under the new mill rate, it would rise to \$17,122, an increase of \$726.

A \$5 million home (assessed at \$3.5 million) currently has a property tax bill of \$40,992. If the mill rate increase is approved, the new bill would be \$42,807, reflecting an increase of \$1,815.

The full BET will review the budget in the coming weeks, with public hearings scheduled for 7 pm March 26 for the Board of Education at Central Middle School and March 27 at Town Hall for town departments. A final vote is expected on April 1st before the budget moves to the Representative Town Meeting for final approval in May.

Fisher said Republicans on the BET plan to push for additional reductions, particularly in the Board of Education budget, though he declined to specify the amount. "The budget process is not over yet," he said.

See Harry Fisher's column on the editorial page this week.

Amy Julia Becker to Lead Transformative Seminars

By ANNE WHITE

Amy Julia Becker will bring her inspiring and thought-provoking approach to faith and family to the Greenwich Women's Forum with two engaging seminars: "Reimagining the Good Life" and "Reimagining Family Life." A gifted speaker and author, Becker invites attendees to explore a deeper, more fulfilling way to live—one rooted in belovedness, belonging, and spiritual renewal.

In her 90-minute seminar, "Reimagining the Good Life," Becker will challenge conventional notions of success, productivity, and happiness, offering a fresh perspective based on Jesus' teachings. Through discussion and reflection, participants will gain insights into living with greater peace, purpose, and connection in an era often defined by materialism and stress.

Her 50-minute seminar, "Reimagining Family Life," speaks to the realities of modern family dynamics—unexpected challenges, shifting roles, and the pressures of parenting. Becker will provide practical ways to cultivate grace, resilience, and hope, empowering attendees to take meaningful steps toward a more fulfilling family life, no matter their circumstances.

Whether looking to reset their health, find greater balance, or simply feel more energized, participants will discover fresh perspectives and motivation.

Tickets are \$110, include a great lunch, and are available now at [ChristChurchGreenwich.org](https://www.christchurchgreenwich.org) or by email at womensforum@christchurchgreenwich.org.

Saturday, March 29, 2025 from 8:30 am - 3:30 pm. Opening Prayer and Remarks: **Rt. Rev. Laura Ahrens, Bishop Suffragan CT Episcopal Church; Keynote Speaker: Lt. Governor, Susan Bysiewicz**

Ash Wednesday: Train Platforms to Churches

By ELIZABETH BARHYDT



Rondi Olson and Melissa Redmond offer Ashes to Go at the Greenwich Train Station.

As the morning rush unfolded at the Greenwich Train Station, two women stood quietly offering an ancient ritual in the midst of modern-day bustle. Rondi Olson and Melissa Redmond, representing Christ Church, marked commuters' foreheads with ashes as part of the church's "Ashes to Go" initiative. Some paused for a brief prayer, while others, coffee in hand, received the sign of the cross before hurrying to their trains. More than 100 people stopped to participate—a moment of reflection in an otherwise hurried commute.

Inside Christ Church, Deacon Susie McNiff continued the observance in the Glass Entryway, where worshippers received ashes. Later in the day, the church held formal services, providing another opportunity for members of the community to mark the beginning of Lent.

At Round Hill Community Church, a different approach blended sacred ritual with music. "We created a drop-in Ash Wednesday service that encouraged people to receive

Continued on Page 10

COLUMN

Taking a Leap. . . But to Where?



By STUART ADELBERG

I spent a good amount of time last night dreaming. You might say, "so what?" But this is unusual for me. I am one of those people who falls asleep pretty quickly, but typically wakes with no memory of my dreams. I don't know if this is good or bad, or what it says about the quality of my sleep. For me to wake up remembering a dream is so rare that I tend to pay attention and wonder if there is a reason why it happened.

Last night I was skydiving! Though I have thought about this, more than once, as a cool activity to have on my bucket list, I have never been skydiving. In fact, I have no idea, given the chance, if I would ever actually have the courage to leap off of or out of anything in the sky. In fact, this seems to have been the dominant theme of my dream. I remember being on a small airplane all suited up with a parachute, goggles, and other skydiving paraphernalia. There were at least two other people there, though I don't remember if they were recognizable to me. These other unidentified people jumped out of the plane calling for me to follow, while I stayed safely inside fighting to build up the courage to join them. Then I woke up!! Don't you hate when that happens?!

COLUMN

By JILL S. WOOLWORTH, LMFT

Most people's lives and careers are more like mosaics than straight lines. All those "wasted or wandering" periods we worry about are actually part of life's beauty. Over the years, the stories we share from our most challenging seasons allow us to connect deeply with each other. There is no single path in our lives that we must "find."

However, healthy meandering is not passive. It requires actively paying attention to and accepting where we are in the moment in order to move forward with confidence.

Maybe this dream was just intended to remind me that everyday brings new possibilities, opportunities, responsibilities, and challenges.

This morning, I have been wondering if this dream had some significant meaning to me. What message was this dream trying to send from the deep recesses of my typically shallow mind? What kind of dramatic or frightening "leap" was I being encouraged to take and is there even a possibility that I could build up the courage to take it?

Hmmm. Am I supposed to turn my life in a different direction, take on some new challenge, move to a remote part of the world, or get involved in a creative, inspirational initiative? I guess that's all possible. I began to think about the challenging times we live in, and since some of the recent political events were high on my mind before I dozed off, I wondered if the dream was pushing me to engage on those issues. Though I certainly have strong opinions and most people who know me can guess what those are, I have not generally jumped into that arena. Could I make a difference there?

In another unusual and unlikely situation, I was actually able to go back to sleep after waking mid-dream and eventually found myself in the same place - still on that

airplane, working up the courage to jump, this time with the encouragement of another unidentified person who was piloting the plane. Eventually, I took the leap! I was amazed at the view and remember being proud and excited at my courage, and just when I might have experienced the pinnacle of opening my parachute and landing somewhere. . . I woke up again!!! Oh no!!!

Now what? Should I be working on an exciting life plan, listing my home for sale, or brainstorming new ideas? Could I actually jump into politics? Maybe this dream was just intended to remind me that everyday brings new possibilities, opportunities, responsibilities, and challenges. I'll be thinking about all of these prospects today. Or perhaps I'll just take a nap and hope that another dream will show me where that "jump" takes me.

Stuart Adelberg has been a leader in the region's nonprofit arts and human services communities for many years. He appreciates the opportunity provided by the Greenwich Sentinel to share his occasional thoughts and observations.

Mosaics & Seasons



Illustrated by Wajih Chaudhry

Rather than trying to engineer our perfect pathway and outcome, we can learn to expect twists and turns, surprises, and

closed doors, as well as new opportunities as they arise.

Alex thought everything had to be done in one season, especially during her 20's and 30's. Learning to trust that the pieces would cohere when she looked back on her life was hard for her. Now that she is 60, she is surprised by the variety of things she has done. At age 21, her circuitous path would have made no sense. It does in hindsight.

Excerpted from Jill Woolworth's book, *The Waterwheel*, available at Diane's Books, Dogwood Bookstore, Amazon, and barnesandnoble.com.

THE IMAGE OF SAFE AND SOUND

THE FIRST BANK OF GREENWICH

SM FDIC

www.greenwichfirst.com

Drunken Forest Model by Sean Murtha



On Thin Ice:

Alaska's Warming Wilderness

March 6–October 19, 2025

Generous support provided by Cambridge Trust.

CAMBRIDGE TRUST
— WEALTH MANAGEMENT PRIVATE BANKING —
A DIVISION OF EASTERN BANK

Bruce Museum
Greenwich, CT
BruceMuseum.org

the
Bruce

Introducing Our New Credit Cards!

We have personal and business credit card options, all from the bank you trust.



*See the card application's Important Disclosures for current terms, rates and fees. This card is issued by TCM Bank. ¹ In order to access rewards, your account must be open and in good standing.

Apply now for:



Personal service with worldwide reach.



Reward options.¹



Competitive rates.*
Hometown service.



More security.

Go to www.GreenwichFirst.com or scan the QR code to apply online.

THE **FIRST BANK** OF
GREENWICH SM

WESTCHESTER
500 Westchester Ave.
Port Chester, NY
Tel 914.908.5444

GREENWICH
444 East Putnam Ave
Cos Cob, CT
Tel 203.629.8400

STAMFORD
900 Summer Street
Stamford, CT
Tel 203.413.6101

FDIC  **NMLS# 510513**

COLUMN

How Does the GPD Keep Greenwich Avenue Safe?



By CHIEF JIM HEAVEY

Recently, Greenwich was once again in the midst of a discussion about restoring police officers to Greenwich Avenue to direct traffic as they had done in the past. This discussion led to a petition forwarded to the RTM to hold a Sense of the Meeting Resolution (SOMR) on the matter of returning traffic cops to the Avenue.

The petitioners withdrew their request to the RTM last Friday, but I still believe it is important to give the community an update on your police department's strategies in the central business district. As your Chief of the Greenwich Police Dept., I think it's only appropriate to share my thoughts and reasoning with you here.

Police officers directing traffic in spotless white gloves were once a common sight in many towns. In 1970, Greenwich officials changed the Avenue from two-way to one-way to improve traffic flow – a major update – and police officers remained stationed at three intersections. In 2010, the then-chief removed the officer from the intersection of Greenwich Ave. and Lewis Street. Some of the local merchants were upset, but the absence of that officer did not result in traffic mayhem, and it allowed the GPD to cover other, emerging issues.

In 2019, the department recognized that there was an increase in a number of crimes in the downtown area, including large-scale shoplifting, identity theft, and misuse of fraudulent or stolen

Yes, officers still do direct traffic on the Avenue – they are empowered to direct traffic whenever they see a need, and they make sure to check during busy times such as lunch hour.

credit cards. These rising crimes had a significant impact on local residents and merchants – and posting officers in intersections to direct traffic did nothing to address the situation.

In response, we created a special team called the Organized Retail Criminal Activity (ORCA) Team. ORCA officers dress in plain clothes and work with shop owners, with outstanding results. In the last year alone, they investigated 71 cases, resulting in 130 persons being arrested for 363 felonies, 391 misdemeanors, and dozens of infractions. Many of these local arrests were tied to major regional cases being investigated by federal law enforcement agencies. Many of these suspects have been tied to violent crimes committed elsewhere.

I can report to you that so far in 2025, there has not been an increase in crime on Greenwich Ave., but we have made more arrests for property crimes, which often result in higher prices for all of us. The ORCA Team recovered over \$261,000 worth of property in asset forfeiture and over \$110,000 dollars in merchandise.

ORCA has prevented countless crimes, assisted agencies in solving similar crimes in other communities, and is now a model for other police agencies nationwide.

The GPD launched another initiative in 2020, when we recognized we had more policing to do but fewer officers to do it. To better respond to the new ways people were visiting the Avenue after COVID, we returned officers to patrolling on foot and on bicycles. This police presence was enhanced by four electric bicycles.

One of the successes of the bike patrol is its ability to rapidly respond to emergencies in the downtown business district. Bike officers now patrol from the top of Greenwich Avenue to Bruce Park and the waterfront. They respond to incidents at Town Hall, businesses downtown, and homes on Mason and Milbank Aves.

A word about GPD staffing levels: When I became a full-time officer in 1986, we had 175 police officers. This number remained steady until after 2000, when the number dropped to 156. As of July 1, 2024, the department has 152 sworn full-time officers. Thus, during my tenure at GPD, police officer strength has decreased by over 10%; during the same timeframe, the population of Greenwich has increased by about 5%.

Yet even with fewer officers, it's simply not true that there are fewer officers on the Avenue now than when they were on fixed traffic posts. Just last

week, I walked the Avenue, as I often do, to find Officer Carl directing traffic on Elm Street. (Yes, officers still do direct traffic on the Ave. – they are empowered to direct traffic whenever they see a need, and they make sure to check during busy times such as lunch hour.) I saw Officers Lloyd and Turcsanyi patrolling on bicycles. I also noted Officers Koppleman and DeLuca in civilian clothes, checking in with retailers and communicating new information about recent activity.

The issue of how best to deploy our limited law enforcement resources in our busy downtown came up for a vote just a few years ago. On Jan. 19, 2021, the RTM voted against a SOMR that encouraged returning police officers to a fixed traffic post within a painted white circle in the center of the intersection. The vote was defeated 127 to 81, with 7 abstaining.

Even though the RTM SOMR to restore officers to fixed traffic posts on the Avenue has been withdrawn, I want to assure the community that the police department leadership will continue to evaluate our deployment of officers and address the concerns of the community in the best way we can. I recognize that Greenwich continues to be a special place to live and work, but in order to remain resilient, we have to adapt to change.

I sincerely believe that the use of foot and bike-mounted patrols, alongside our ORCA Team, provides the best service to the Greenwich community, and that the return of police officers to directing traffic on Greenwich Ave. would be a detriment to these efforts. The most visible enforcement isn't necessarily the most effective enforcement.

COURAGE & FAITH

**Ian Cron is back
for one night only!
Free Author Talk & Reception**

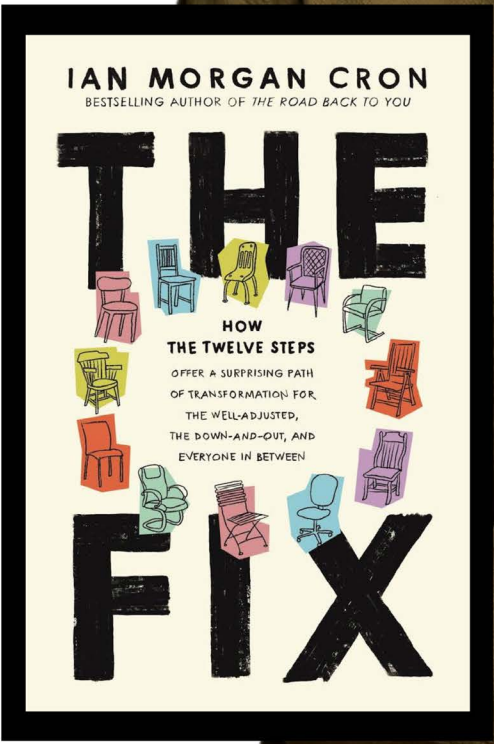
**Thursday, March 20
6:30 pm**

Have you ever felt like you're searching for something more—something to ease the struggles of daily life?

Bestselling author and speaker Ian Cron will explore the wisdom of the Twelve Steps that can transform not only those in addiction recovery but anyone longing for deeper freedom, joy, and spiritual connection.



254 East Putnam Ave.
Greenwich, CT
christchurchgreenwich.org





Join us in fostering joy and connection.

Volunteer your time or donate to support enrichment programs and enhance resident life at The Nathaniel Witherell.

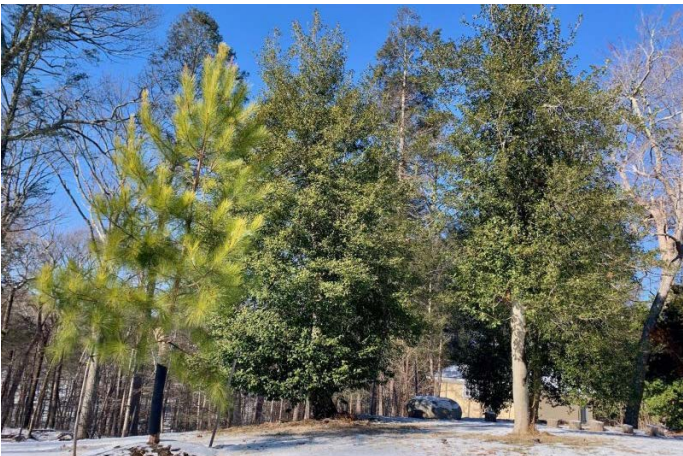
- **Friends** works with people who care deeply about vulnerable seniors in our community, ensuring their lives are valued and days enriched.
- We're looking for people who genuinely care for seniors, people who will honor and enhance their lives as they face the challenges of rehabilitation and long-term care.
- We'd love to have you on board!

Visit friendsofnathanielwitherell.org to learn more.

**Friends** of Nathaniel Witherell

COLUMN

Evergreen Elegance



By KATE DZIKIEWICZ

During the winter when the skies are gray and the leaves of our deciduous trees have long since fallen, I often find myself admiring the evergreens that remain stalwart bursts of green in otherwise barren landscapes. In tropical climates, almost all trees can be considered evergreen and hold onto their leaves year-round. In the temperate climes of Connecticut however, being evergreen is a more exclusive club.

Most of our local evergreens are conifers, trees that distribute their seeds in cones such as pine, hemlock, juniper, and yew. However, not all evergreens are conifers and not all conifers are evergreen. Some conifers like the dawn redwood drop their leaves in the winter while non-conifers like holly, southern magnolia, boxwood, and mountain laurel keep their leaves all year long. If you examine the leaves of some of these different evergreen species you may notice certain similarities. Their leaves are often thicker than those of deciduous trees and may have a waxy exterior or leathery texture. These are adaptations that help the leaves be study enough to last for several years, as well as reducing moisture loss and improving their ability to withstand harsh winter conditions.

Evergreens are very popular in landscaping and can provide year-round beauty, interest, and screening from neighbors or busy roads. Arbor vitae, also known as thuja or northern white-cedar, is by far the most ubiquitous of these

landscaping evergreens. Arbor vitae is native to some parts of Connecticut, but its frequent use in landscaping begs the question of whether we are missing out on other amazing evergreens in our unrelenting reliance on one.

There are many holly species that are native to Connecticut. They not only keep their leaves year-round, but their attractive red berries provide vital nourishment to local birds throughout the winter. In the spring, their small flowers but are favorite foods of native pollinators.

Mountain laurels also keep their leaves throughout winter. Their abundant pink, red, and white blossoms erupt during spring and can last for two weeks or longer. These hardy natives thrive in moderate to deep shade and are an excellent planting choice in yards that already enjoy mature trees but could use an added boost of color in the understory.

There are numerous other architecturally interesting conifers that people might consider adding to their yards. In our Connecticut forests, the two most common evergreen trees are eastern hemlock and eastern white pine. Unfortunately, hemlocks have been suffering from hemlock woolly adelgid infestation and should only be planted with great caution for this reason. However, eastern white pine are fast-growing, hardy, and attractive choices for year-round cover. Eastern red cedar is likewise a beautiful tree with many interesting varieties that range from towering to short and compact. With copious other species of evergreen from

across the world to choose from, there is bound to be one that is appropriate for even the most cramped or complicated space in your yard or property.

Whether you're enjoying strolling through a white pine forest or selecting the best type of tree to give you year-round privacy in your yard and home,

evergreens can help dispel the winter gloom and keep your life greener all year round.

Katherine Dzikiewicz is the executive director of the Greenwich Tree Conservancy. To find out more about the Greenwich Tree Conservancy, visit us at: www.greenwichtreeconservancy.org.

Whether you're enjoying strolling through a white pine forest or selecting the best type of tree to give you year-round privacy in your yard and home, evergreens can help dispel the winter gloom and keep your life greener all year round.



JOYFUL NOISE

**UPLIFTING, CASUAL WORSHIP
WITH MUSIC BY ANNA LEINBACH & HER BAND**

**SUNDAY, March 9
5:00 PM
Christ Church
Greenwich, CT**



christchurchgreenwich.org

Greenwich Choral Society Bringing Beethoven’s Magic and Misery to Light in Concert

By Anne W. Semmes

The Greenwich Choral Society (GCS) has hit on something profound in its upcoming concert this Saturday afternoon, with a couple of Ludwig van Beethoven pieces and finale that addresses Beethoven dealing with the onset of deafness in his life.

The concert, at 4 p.m. at Manhattanville College, is a collaboration with 85 GCS choristers and 55 from the Westchester Choral Society, with the program title “Beethoven’s Unheard Triumph.” The story goes that Beethoven, in his mid-30’s, was dealing with his increasing deafness. He shared his pain in a letter to his two brothers. That letter never sent, now famously known as the Heiligenstadt Testament, named for where he wrote it in a village near Vienna, was indeed profound and has become a poem inspiring a soul-stirring song, “A Silence Haunts Me” that is the finale of the Saturday concert.

GCS conductor Dr. Christine Howlett, now in her second year, is a distinguished faculty member at Vassar who has taught music theory and voice and conducted the Vassar Women’s Chorus and Choir for decades. She discovered the song, “A Silence Haunts Me” in 2019 attending an American Choral Directors Association Conference. “I didn’t know anything about it,” she shares. The music was composed by Jake Runestad and the poem by his artistic partner Todd Boss. “So, the text is all about Beethoven losing his hearing...We could barely keep it together at the end of the performance, it was so moving.” She decided to share it with her music groups at Vassar, at the time of Covid. “We were still in masks, but I was so eager to do the piece, we did it anyway.”

“In the middle of the piece,” she continues, “Beethoven actually contemplates suicide, but then the ending of the piece, he comes back out of that sense of wanting to throw away his life and says, ‘No, no...Music and art is what gives me life.’ And the movement from this kind of depth of despair to the hope at the end is spectacularly written. It’s really beautiful.”

Howlett pauses, not wanting to share how movingly orchestrated the piece ends. “It’s all this description about how upset Beethoven is to lose his hearing, sort of why God? ‘Take my sight. Take my wings midflight but let me hear the searing roar of air before I score the ground/ Why Silence is God’s reply...’ He signs the letter, ‘Hear me and be well.’”

Howlett would collaborate with David Baranowski, the artistic director of the Westchester Choral Society, to bring together a program including two pieces by Beethoven composed years after that 1802 letter - his C Major Mass described as “a celebration of hope and inspiration,” and his Egmont Overture, Op. 84.

“It is unbelievable,” Howlett notes, “when you think Beethoven wrote the Symphony No. 9 in 1824 when he is completely deaf. Besides the Messiah, the most performed piece to this day is probably Beethoven 9.” She adds, “The coolest part of the reason for this program also is that the Greenwich Symphony Orchestra is doing Beethoven 9 on May 31 and June 1, and we are singing with them.”

So, what has been the reaction from the GCS choristers in singing the Jake Runestad finale song, “A Silence Haunts Me”? “That’s a good question,” she responds. “I’ve introduced a little bit of Jake’s

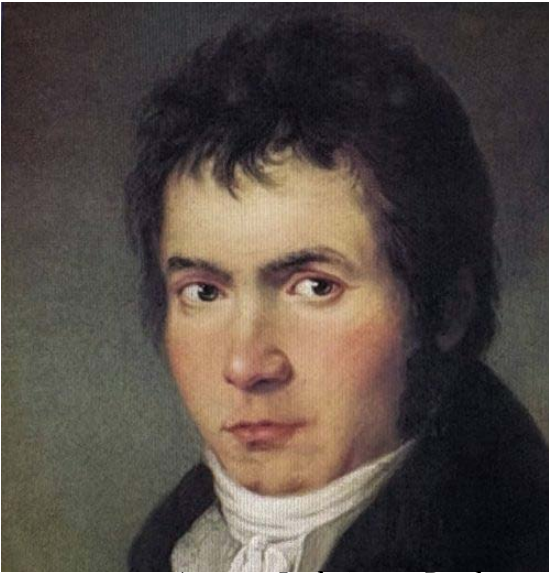


Greenwich Choral Society. Contributed photo.

“It is unbelievable, when you think Beethoven wrote the Symphony No. 9 in 1824 when he is completely deaf.”
Dr. Christine Howlett.

music, and I think it’s okay to say at first, they were not convinced... But it’s like anything, once you learn the music and you understand what he’s trying to do, it’s very exciting.” What surprised the choristers she says was “how dark it is... I mean, he’s contemplating suicide. And it’s hard to rehearse sometimes.”

Yet interspersed with the Beethoven selections are two other pieces chosen by Baranowski – Mendelssohn’s “Verleih uns Frieden” and Christopher Tin’s “Hope is the thing with Feathers [Emily Dickinson].” “It’s a beautiful texture change, because we use a smaller group of singers to do it. So, you’re not just listening to a big sounding choir. You suddenly get this very intimate sounding piece. It’s gorgeous.” And “the Mendelssohn piece he wrote when he was really young, and it’s all about ‘grant us peace.’ It was the perfect balm to these tricky parts in the Runestad song that were pretty tough sometimes, emotionally and musically.” But she adds, “The Runestad piece



A young Ludwig van Beethoven.

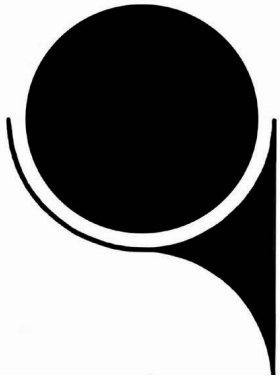


Greenwich Choral Society Conductor Dr. Christine Howlett.

shouldn’t feel depressing at the end. It should just feel emotional, incredibly emotional... because all of us have our own health problems, right?”

So, how was it that Howlett’s sharing of “A Silence Haunts Me,” had so resonated with her young Vassar students. “Runestad’s music in general,” she noted, “is done a lot by high school and college choirs because they find his writing really appealing... It’s very approachable. It’s in English. There are so many

themes in it. There’s this idea of depression, which unfortunately so many of our students suffer from at times. COVID changed a lot for our young people. Being isolated, that’s what this piece is about and not being able to hear and not having people understand you. So, it makes sense that all ages would understand this piece and understand what was happening.”



GREENWICH SYMPHONY
Stuart Malina, Music Director

SATURDAY, MARCH 22, 7:30 P.M.
SUNDAY, MARCH 23, 3:00 P.M.



STUART MALINA, PIANO

AARON COPLAND
SUITE FROM *BILLY THE KID*

HOWARD HANSON
SYMPHONY No. 2 (*ROMANTIC*)

GEORGE GERSHWIN
CONCERTO IN F

Adults \$50 Students \$15

Performing Arts Center behind Greenwich High School Hillside Road, Greenwich, CT

greenwichwymphony.org

Greenwich Country Day’s Girls Hockey Claims First FAA Title in Overtime Thriller

By SENTINEL SPORTS

The Greenwich Country Day School (GCDS) Girls Varsity Hockey team picked the perfect time for a program-defining moment. On February 28, the Tigers secured their first-ever Fairfield Athletic Association (FAA) Championship in dramatic fashion, knocking off crosstown rival Greenwich Academy 3-2 in overtime. It was the kind of game that could give parents in the stands early gray hairs—momentum swings, clutch goaltending, and a golden goal that will live on in GCDS lore.

Caroline Muzzio '26 played hero, burying the championship-winner nine minutes into overtime off a slick setup from Raela Polanish '28. The Tigers bench emptied onto the ice in celebration, capping off a back-and-forth battle that had all the hallmarks of a classic.

“This was the most complete team effort the girls gave all season,” said head coach Ashley Bairos. “Despite the score going back and forth, they showed their resilience and ability to keep battling!”

It was a true heavyweight fight. Greenwich Academy, a perennial power, tested GCDS all night, but the Tigers refused to blink. Lila Braddock '26 and freshman Selkie Brown '28 found the back of the net to keep GCDS within striking distance, while goaltender Gracie Kepler '27 stood tall with 16 crucial saves.

“This team has worked so hard all season, and to see them win in such dramatic fashion is just incredible,” said Tim Helstein, GCDS Director of Athletics. “Watching them storm the ice after the game-winning goal will live in my memories forever. The team’s sacrifice and devotion have paid off. It’s the perfect ending to a historic season.”

It didn’t come easy. Regulation was a rollercoaster, with both teams trading goals, defensive stands, and near-misses. Late in the third period, Coach Sarah Hughson used a timeout to fine-tune the Tigers’ power play, setting up a final push that nearly ended the game before overtime.

But overtime is where legends are made. And when Muzzio saw her chance, she didn’t miss.

With the title secured, GCDS isn’t just celebrating a championship—they’re setting a new standard for the program. The Tigers are no longer just a team on the rise. They’ve arrived.



Photo Credit: Jon Lopez, GCDS Photographer



Freshman, Selkie Brown, takes a shot through traffic from the point in the first period against GA.
Photo Credit: Jon Lopez, GCDS Photographer

Sacred Heart Defends Title Against St. Luke’s

There’s a reason they say defending a title is harder than winning one. Sacred Heart Greenwich’s girls basketball team just made it look easy.

Trailing by 10 after the first quarter, the Tigers flipped the switch and never looked back, rolling past St. Luke’s 55-34 to capture their second consecutive FAA Tournament championship in front of a packed house at Sacred Heart.

Junior guard Ava Curto was unstoppable off the bench, leading SHG with 19 points. Senior forward/center Jadamarie Henry added 12, and junior guard Eva Wilkerson chipped in 11 as the Tigers put together a dominant second half, outscoring St. Luke’s 35-11.

“It feels amazing being back-to-back champs,” Henry said. “No matter who we lose or add, we’re still Sacred Heart basketball. It’s a testament to our coaches and how coachable everyone is.”

SHG entered the final having already dismantled St. Luke’s twice this season. But this wasn’t the same easy runaway. The Storm came out swinging, torching the Tigers early with a 13-0 run to go

up 15-5 after one quarter.

“We didn’t have the ideal start, but we knew in the second half we had to come back with more fire,” Wilkerson said. “They outworked us early, so we had to outwork them when it mattered.”

They did just that. Down 23-20 at halftime, SHG unleashed a 9-0 run to take the lead for good. Henry started it with a putback, Wilkerson buried a jumper, senior point guard Aisha Hassan nailed a mid-range shot, then drilled a 3-pointer to put the Tigers up 29-23. The floodgates opened from there.

“No matter what the score is going into halftime, we’re going to come out and make a Sacred Heart statement,” head coach Ayo Hart said. “That’s exactly what we did.”

St. Luke’s cut it to 29-26 early in the fourth quarter, but that was as close as they’d get. SHG responded with a 10-0 run—Henry hit three free throws, Curto finished a fast-break layup off a steal, and Henry drilled a 3-pointer from the top of the key. Just like that, it was 39-26, and the championship celebration was inevitable.

By the time Curto rattled off back-to-back buckets late in the



Photo by David Fierro: Members of the Sacred Heart Greenwich varsity basketball team gather with their coaches and the championship trophy after winning the FAA Basketball Tournament title with a 55-34 win over St. Luke’s School.

fourth, pushing the lead to 52-34, the only thing left was to hand over the trophy.

“Ava is an incredible player,” Henry said. “She was locked in from the start and made huge shots all game.”

Curto scored nine points in the first half and 10 in the second, delivering clutch buckets whenever SHG needed a jolt.

“It feels amazing,” Curto said. “We work so hard, and it really paid off.”

Henry dominated inside with 11 rebounds. Wilkerson stuffed the stat sheet with four assists, three rebounds, and three steals. Hassan added eight points, eight boards, and seven assists. The Tigers’ defense, a mix of man-to-man and trapping zone, clamped down in

the second half, holding St. Luke’s to 11 total points.

“We knew we had to pressure them and stay calm at the same time,” Hassan said. “Defensively and offensively, we were locked in.”

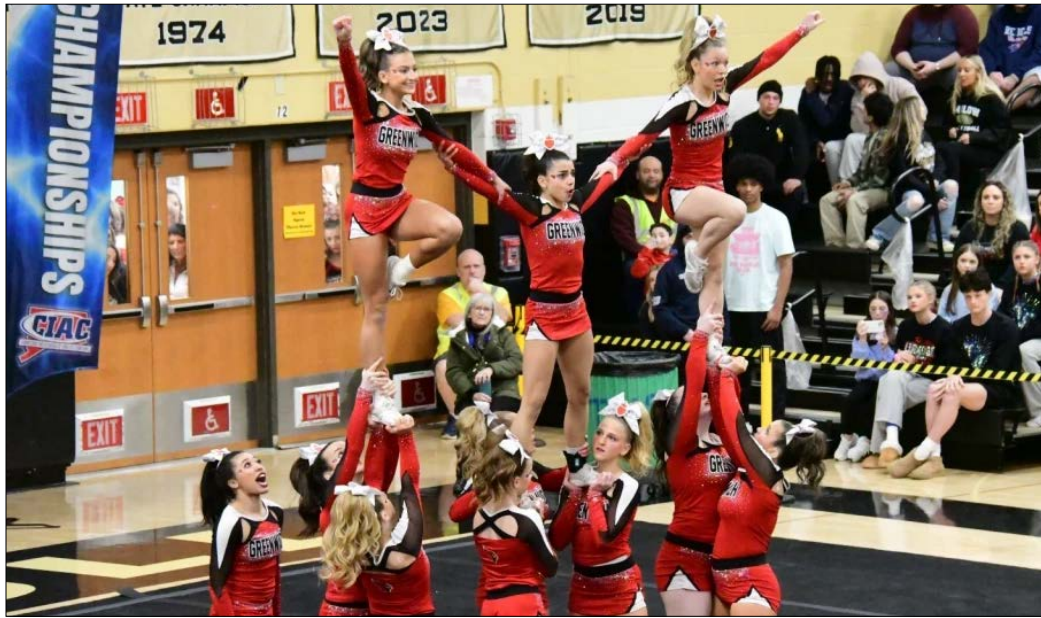
With the FAA title secured and an undefeated league record (11-0), SHG now turns its attention to the NEPSAC Class A Tournament. The Tigers, riding

an eight-game winning streak, are primed for another deep run when tournament seedings are announced tomorrow.

“We’ll enjoy this win for a few days,” Hassan said. “Then, it’s time for the next challenge.”

“We have to keep this momentum going,” Wilkerson added. “This is just the beginning.”

GHS Varsity Cheerleading Captures State Championship



The varsity cheerleading team made program history when it won the FCIAC Grand Championship and exactly one month later on March 1st, the Cardinals continued their historic season capturing the 2025 CIAC Class LL State Cheerleading Championship competition. The Cardinals finished first out of 21 teams. The win marked the first time in 18 years that Greenwich last took home a state championship.

14 Awards for Outstanding writing and reporting in 2024

Robin DuCharme PR
Breaking Through the Noise



OG + RIVERSIDE NEIGHBORS
WGCH Broadcaster
e: robinpastore@gmail.com
c: 203.249.7871



Greenwich Police Department

ENSURING THE SAFETY AND WELL-BEING OF OUR COMMUNITY IS OUR HIGHEST PRIORITY

Benefits We Offer:

- Numerous Specialized & Promotional Positions
- Flexibility in Scheduling
- Generous Defined Compensation Plan
- Several Stipends & Availability for Extra Work Details
 - College, EMT, Uniform, and Holiday Pay*
- Officer Development Program
- A Community that Positively Supports Its Police and First Responders

NEWS BRIEFS

New Briefs From Page 1

though officials are considering increasing the barrier fee to \$47 to fully cover costs. The Board of Selectmen will review the proposal again on March 10 after public feedback.

AROUND TOWN

Skatepark Set To Reopen Late March

If conditions allow, the Greenwich Skatepark is set to reopen for weekend sessions by late March. The Department of Parks and Recreation will provide further updates as the date approaches.

Greenwich Plans Critical Sewer Upgrade

Greenwich Tree Warden Dr. Greg Kramer held a hearing regarding the Sewer Division's request to remove 18 trees along Booth Court to replace a deteriorating sewer line from the 1930s. Engineers stated that alternative methods were not feasible due to subsurface conditions, and failure to replace the pipe could lead to sewage overflow into Tom's Brook. Concerns were raised about potential flooding and soil contamination, and Dr. Kramer will issue a decision within three business days, with a 10-day appeal period.

Glenville Road Reopens After Break

Glenville Road at Calhoun Drive reopened Friday after a gas line break closed it for about two hours, according to Greenwich police. The cause of the break was not immediately available Friday evening.

Liberty Tree Planted in Greenwich

On February 26, 1779, General Israel Putnam escaped British troops by riding his horse down a steep hill, now known as Putnam Hill Park in Greenwich. To mark the anniversary, the Greenwich Tree Conservancy, the Town of Greenwich, and the Sons of the American Revolution planted a Liberty Tree as part of a national effort to plant 250 trees before the 250th anniversary of the American Revolution in 2026. The tree, a disease-resistant Jefferson elm, is the 123rd planted in the initiative.

Office Building Conversion Moves Forward

A developer has submitted revised plans to convert a vacant office building at Greenwich Office Park into 46 condominium units, increasing from the 34 units proposed last year. The updated design includes a four-story residential structure with an underground parking garage, new balconies, and a glass atrium, while a single-family home on the property will remain. The proposal includes two moderate-income units and a payment toward affordable housing elsewhere in town, with the Planning & Zoning Commission set to review it in the coming weeks.

LOCAL BUSINESSES AND NONPROFITS

Art and Flowers Unite Community

Coffee for Good in Greenwich, CT, will host an art exhibition from late March through June 2025, featuring paintings by artists from the Maggie Daly Arts Co-operative (MDAC). The Little Garden Club of Rye will create floral arrangements inspired by the artwork, which will be available for purchase, with proceeds benefiting MDAC and Coffee for Good. A selected piece from the exhibit will serve as the basis for a floral competition at the Greenwich Daffodil Show on April 23-24 at Christ Church Greenwich.

Greenwich Hospital Hosts Rare Disease Event

Greenwich Hospital hosted the town's sixth annual Rare Disease Awareness Day, where First Selectman Fred Camillo issued a proclamation recognizing the event. Representatives from local nonprofits and the hospital highlighted the need for funding and research for rare diseases, which affect fewer than 200,000 people each. The event, previously held at Town Hall, was relocated to the hospital to expand its reach and impact.

Greenwich Town Party Lottery Opens

The Greenwich Town Party will take place on May 24, 2025, at Roger Sherman Baldwin Park. Greenwich residents and employees can enter an online lottery for

\$100 Community Tickets from March 4 to March 24, with winners randomly selected and charged automatically unless they opt out. Higher-tier Neighbor Tickets (\$500) and Sponsor Passes (starting at \$1,500) offer additional amenities and are available for purchase by Greenwich residents, business owners, and employees.

Thasunda Duckett Honored at Benefit

Person to Person (P2P) will honor Thasunda Brown Duckett, President and CEO of TIAA, at its Rising Together benefit on April 4 at Serafresca in Stamford. Duckett leads TIAA, a Fortune 100 financial services company, and serves on multiple boards, including NIKE, Inc. and Robert F. Kennedy Human Rights. The event will support P2P's programs, featuring a performance by Chanté Moore and hosted by CBS NY anchor Cindy Hsu.

ABC Carpet & Home Expands

abc carpet & home will open later this month at 181 Greenwich Avenue, formerly occupied by Brooks Brothers and Express Edit. The 12,500-square-foot store will offer rugs, furniture, and home décor, expanding beyond its Manhattan flagship and Brooklyn outlet. The company, which began as a pushcart business in the late 19th century, announced new ownership after bankruptcy in 2021.

Domenick's Pizza Opens in Byram

Domenick's Pizza has opened at 226 Mill St. in Byram, offering New York-style pizza, Italian sandwiches, pasta dishes, and other menu items influenced by owner Domenick Pisano Jr.'s previous businesses. The pizzeria provides dine-in seating, takeout, and delivery through major platforms. The opening is part of a series of recent business developments in the area.

PEOPLE IN TOWN

Bob McKnight Remembered for Service

Bob McKnight, a decorated Vietnam War veteran and former U.S. Army Staff Sergeant, served in Greenwich's Representative Town Meeting since 1996 and was active in the Byram Neighborhood Association. He was a longtime advocate for his community and participated in local organizations. His passing last week marks the loss of a dedicated public servant. *See his obituary on page 12.*

Greenwich Mourns Visionary EMS Leader

Charlee Tufts, the founding executive director of Greenwich Emergency Medical Service (GEMS), played a key role in establishing the town's ambulance corps. She and other founders spent years securing approval from local officials to create the service, which has since become a model for emergency response. Under her leadership, GEMS grew into a vital organization that continues to operate today. *See her obituary on page 13.*

Warzoha Joins U.S. Education Department

Stephen Warzoha, vice chair of the Greenwich Republican Town Committee, has been appointed as the U.S. Department of Education's White House liaison. He previously worked on transition teams for President Donald Trump and Vice President J.D. Vance. Warzoha will serve under newly confirmed Secretary of Education Linda McMahon, a longtime Greenwich resident and former head of the Small Business Administration.

Ella Calise Wins Third Gold

Ella Calise '28 won gold in Cadet Women's Foil at the National Tournament in Kansas City and Junior Women's Foil at the USA Junior Olympics in North Carolina, establishing herself among the nation's top fencers under 17. She then competed internationally in Poland with the USA Cadet Fencing Team, earning another gold medal. A student at Sacred Heart Greenwich, she balances academics with competitive fencing at the national and international levels.

SCHOOLS

January Difference Makers Named

Greenwich Public Schools named 59 employees as "Difference Makers" for January, recognizing staff for their impact on students, colleagues, and the community. The monthly award is open to all full- and part-time GPS employees in good standing and is based on

a single action, ongoing effort, or daily contributions. Each school holds a recognition ceremony, and nominations are accepted online from students, families, colleagues, and community members.

Students Impact Through Filmmaking



Sacred Heart Greenwich's Advanced Real-World Filmmaking students partnered with Impact FFC to produce documentaries on 17 nonprofit organizations that received grants over the past decade. Through interviews, on-site filming, and editing, they documented efforts addressing homelessness, food insecurity, education, healthcare, and social equity. The project aimed to highlight the work of these organizations and increase awareness. Photo Credit: Sacred Heart Greenwich

Educators Enhance Language Assessment Strategies



Veronica Valentín, World Languages Program Lead at Greenwich Country Day School, led two workshops at the CAIS World Languages Evening on implementing Integrated Performance Assessments (IPAs) in language instruction. The sessions focused on strategies for using IPAs to support student language development. Educators gained methods to integrate these assessments into their teaching. Photo Credit: Greenwich Country Day School

Brunswick Wins MathCounts

Brunswick's Middle school math team won the Connecticut State MathCounts competition.

Eagle Hill Presents Finding Nemo

Eagle Hill School staged a production of Finding Nemo, featuring a cast and crew who brought the story to life with acting, set design, and technical execution. Directors Mrs. Stewart, Mrs. Kozel, and Ms. Colmenares led the production, with Mrs. Jupiter overseeing set design and the stage crew managing logistics. The school community supported the performance.

Whitby Students Excel at Model UN

Fifteen Whitby students participated in the William & Mary Middle School Model United Nations alongside nearly 600 students. They engaged in discussions on global issues and practiced diplomatic negotiation. The event focused on critical thinking, collaboration, and problem-solving.

Socks for Sam Campaign Grows

Western Middle School's "Socks for Sam" campaign raises awareness and funds for Vanishing White Matter Disease, a rare and terminal neurological disorder. The initiative, which began with a student wearing mismatched socks, has expanded globally through social media, fiber artists, and sponsors donating hand-knit socks for resale. Proceeds support the Vanishing White Matter Families Foundation, with Mismatched Day on April 3 serving as the main fundraising event.

SPORTS

Greenwich Cheerleaders Capture State Title

Greenwich High School's varsity cheerleading

team won the Class LL State Championship on March 1 at Trumbull High School with a score of 98.5, the highest among 96 teams across four divisions. This follows their FCIAC title win in February, marking their first state championship in 18 years. The team will compete at the Team of the Year State Opens on March 8 and the New England Regionals on March 22.

SHG Secures Championship

Sacred Heart Greenwich won its second consecutive FAA Tournament title with a 55-34 victory over St. Luke's, overcoming an early deficit with a dominant second half. Junior guard Ava Curto led the Tigers with 19 points off the bench, while Jadamarie Henry and Eva Wilkerson added 12 and 11 points, respectively. SHG, which finished the FAA season undefeated, now turns its focus to the NEPSAC Class A Tournament.

SHG Advances to Finals

Sacred Heart Greenwich will defend its FAA Tournament title against St. Luke's after defeating Hamden Hall, 65-58, in the semifinals. Led by standout performances from Jadamarie Henry and Eva Wilkerson, the top-seeded Tigers built a commanding third-quarter lead before holding off a late Hamden Hall surge. Undeclared in league play, Sacred Heart seeks to extend its dominance over second-seeded St. Luke's, which it previously defeated in the regular season and last year's championship game.

Cardinals Prepare for State Tournament

Greenwich High School's boys basketball team overcame a slow start to finish the regular season strong, earning a spot in the FCIAC Tournament as the No. 4 seed. The Cardinals fell in a narrow 51-50 loss to Fairfield Warde in the quarterfinals despite leading for most of the game. Now, Greenwich shifts its focus to the CIAC Division II State Tournament, where it will face Hall High School in the opening round on March 3.

LOCAL POLITICS

Greenwich Police Maintain Effective Patrols

A petition to reinstate traffic-directing police officers on Greenwich Avenue was withdrawn from the March 10 Representative Town Meeting agenda, halting formal discussion. Police Chief James Heavey defended the current deployment of bike-mounted and plainclothes officers, citing their effectiveness in crime prevention and resource allocation. The town has pursued alternative traffic management strategies, including intersection modifications, while previous attempts to reinstate officers were rejected. *See Chief Heavey's Column on page 3 this week.*

FROM HARTFORD

CT Supports Displaced Federal Workers

The Connecticut Department of Labor (CTDOL) has consolidated resources to assist state residents who have lost federal government jobs, providing unemployment guidance, career services, and job placement support. A dedicated webpage offers information on filing for unemployment, job fairs, and transition assistance. CTDOL warns jobseekers about fraud and advises those receiving severance to delay filing until payments end.

ACROSS CT

Federal Budget Cuts Impact Connecticut

A proposed federal budget includes \$1.5 trillion in spending cuts over ten years, impacting Medicaid, food assistance, and early childhood education. Connecticut residents relying on these programs could face reduced benefits or loss of coverage. Supporters cite government efficiency, while opponents warn states may struggle to cover funding gaps.

OUR NEIGHBORS

CT Rules in Favor of New Canaan Housing

A Connecticut Superior Court ruled in favor of New Canaan, upholding the town's rejection of an affordable housing proposal at 51 Main Street and affirming its housing moratorium. The court determined that preserving the historic Red Cross building outweighed affordable housing requirements, while the state Department of Housing denied a request to revoke the moratorium. Developer Karp Associates, which has multiple pending 8-30g applications, plans to appeal both rulings. *See NewCanaanSentinel.com for the full story.*

WARM UP THIS WINTER

Atko Bros Landscaping is now providing top quality Kiln Dried Firewood Delivered and Stacked for the best prices **GUARANTEED**.

We also stock woodhaven Firewood racks with covers

1 face cord 8x4x16" \$460
and 1/2 face cord 4x4x16" \$250

We deliver to Greenwich, Cos Cob, Old Greenwich, Riverside, Byram and surrounding areas in Fairfield County, CT and Westchester Country, NY.

Please contact us at (203) 253-1089 for delivery price and time estimate.
www.atkobroslandscaping.com

475-55-PASTA

constantinospastabowls.com

constantino's PASTA BOWLS

la famiglia è tutto

Now Open

HOME OF ENDLESS PASTABILITIES

Choose from our selection of fresh made pasta and over 14 house-made sauces to create your own pasta bowl masterpiece or eat your heart out with one of our italian specialties!

160 Hamilton Ave | Greenwich, CT

Place your order online!

Monday-Saturday
11am - 9pm

Sunday Brunch
9am - 3pm

Order for Delivery

Established 1957

Val's Putnam Wines & Liquors
125 West Putnam Avenue
Greenwich, CT. 06830
Phone (203) 869-2299
Fax (203) 340-2890
valsputnamwines125@gmail.com

Val's Fine Wines & Liquors
21 Glenville Street
Greenwich, CT. 06831
Phone (203) 813-3477
Fax (203) 813-3478
valswinesglenville@gmail.com

www.valsputnamwines.com

Faith and Fellowship



Friends of Nathaniel Witherell volunteer Carolyn Fisher

BY DEBRA McLAUGHLIN

For nearly two decades, Friends of Nathaniel Witherell volunteer Carolyn Fisher has been a guiding presence at The Nathaniel Witherell senior care facility, leading the weekly Bible Study group with dedication and compassion. Since 2005, she has gathered residents in The Nathaniel Witherell Chapel every Thursday morning for thoughtful discussions on Biblical teachings and shared faith.

Carolyn describes the experience as a two-way exchange of wisdom. “More than me sharing biblical teachings, I learn more from our residents on their spiritual reflections and interfaith dialogues,” she says. These sessions offer residents an opportunity to engage in meaningful conversations, reflect on their spiritual journeys, and find comfort in their faith.

Studies have shown that spiritual engagement is especially beneficial for older adults, providing emotional support, a sense of purpose, and a community of belonging. Bible Study at The Nathaniel Witherell fosters connection and encourages residents to share their life experiences, strengthening both

faith and friendships.

Carolyn’s commitment extends beyond her leadership in the study group - she also serves on the Greenwich Chaplaincy Board of Directors, further supporting the spiritual well-being of the community. The Friends of Nathaniel Witherell extend their deepest gratitude to Carolyn for her unwavering dedication and the inspiration she brings to residents each week.

Volunteers are always welcome at Friends of Nathaniel Witherell. If you would like to volunteer, please contact Mary Tate, Director of Resident and Volunteer Services, at mary.tate@witherell.org or 203-618-4228. There are many opportunities to suit your interests and schedules, including arts and crafts, games, gift shop, and a variety of other activities.

For further information about Friends of Nathaniel Witherell and supporting these vital experiences we provide to those at The Nathaniel Witherell, call Lisa Harding, Director of Development, Advancement & Fundraising at 203-618-4227 or lisa.harding@friendsofnw.org. Please also visit our website at <https://friendsofnathanielwitherell.org/>.

Students Learn Lessons of Compassion



Greenwich Country Day School 7th and 8th Graders

BY DEBRA McLAUGHLIN

On a brisk February morning, a group of seventh and eighth grade students from Greenwich Country Day School stepped out of their classrooms and into

seventh and eighth grade students from Greenwich Country Day School stepped out of their classrooms and into the community

the community, carrying bags filled with shelf-stable meal kits. Their mission: to ensure that clients of Meals-on-Wheels, Inc. of Greenwich had food in case of inclement weather late in the season. As winter continues, the preparedness of Meals-on-Wheels ensures that no client will go without sustenance during a storm. But just as importantly, the kindness of these students has

left an imprint far beyond a single meal. Their small act of service planted a seed - one that will grow into a lifelong commitment to helping others, one meal, one moment, one connection at a time.

For the young students participating, it was more than just a school assignment; it was an experience that opened their eyes and hearts. Greenwich Country Day School has long been a pillar of support for Meals-on-Wheels clients from students delivering three times a week to providing emergency meals in advance of snow days.



Students appreciate the eye opening thoughts about what it must be like to be alone and worry about food. Volunteering at Meals-on-Wheels provides an opportunity to realize how important the work of Meals-on-Wheels is to clients and it serves as a powerful lesson in service for the younger generation.

For many, this was a moment of realization: community service is more than just fulfilling a requirement; it is about empathy, responsibility, and understanding the struggles of others. Volunteers come away feeling like they did something meaningful. Food was exchanged for valuable perspectives.

COSMETIC, GENERAL AND IMPLANT DENTISTRY

We’re Dedicated to the Health of Your Smile™...

www.GreenwichDentalGroup.com









GREENWICH DENTAL GROUP

DAVID A. ZADIK DDS
STEVEN ALTMAN DMD, FAGD
AND ASSOCIATES

203.869.3984
18 Field Point Rd. Greenwich, CT 06830

WHEELCHAIR ACCESSIBLE • 24 HOUR EMERGENCY ON-CALL SERVICE
EVENING & WEEKEND APPOINTMENTS AVAILABLE



MORE THAN JUST A DRY CLEANER



— MORE THAN JUST A DRY CLEANER —

203-229-0001 | fabricarecleaners.net



BARBER SHOP

3 Lewis Street
Greenwich, CT 06830
203/302.3408
nolandformen.com

OPEN SEVEN DAYS A WEEK



Green Energy and Bird Conservation Take Center Stage at Greenwich Audubon Event

Nearly 100 attendees gathered at the Greenwich Audubon Center on February 27 for the Pollinator Potluck: Green Energy – A Win for Birds! The evening featured a panel discussion on geothermal and solar energy, emphasizing how renewable technology can be implemented while safeguarding local wildlife.

The event, moderated by Greenwich Audubon Center Director Rochelle Thomas, featured Mike Richter, President of Brightcore Energy, and Michael Levin, a PhD from Columbia University and NatureNet Fellow at the Nature Conservancy. Together, they explored the environmental trade-offs of solar and geothermal systems, particularly in relation to their impact on bird populations.

Richter, a former NHL goaltender turned renewable energy advocate, outlined the efficiency and sustainability of geothermal heating and cooling. “Geothermal energy has a minimal footprint compared to traditional fossil fuel-based

systems,” he said, noting its potential for reducing carbon emissions without disrupting migratory bird pathways.

Levin provided a scientific perspective on solar energy, highlighting the importance of siting solar farms responsibly. “Improperly placed solar installations can fragment habitats, but thoughtful planning allows us to harness clean energy without harming local ecosystems,” he explained.

Attendees enjoyed a selection of potluck dishes provided by Happiness Is Back Country Market, with organic wine from The Study Fine Wines. Participants who brought dishes labeled ingredients to accommodate dietary preferences.

The Pollinator Potluck series, hosted by the Greenwich Audubon Center, continues to foster discussions on conservation and sustainable solutions. Admission to the event was free, with RSVPs required through the center’s website.

Old Greenwich Rummage Room Marks 60 Years of Community Service

The Old Greenwich Rummage Room, a fixture of charitable giving and sustainability in the community, is celebrating 60 years of service. Established in 1964 by the Women’s Fellowship of The First Congregational Church of Greenwich, the nonprofit thrift shop has provided affordable goods, supported charitable organizations, and fostered a strong sense of community for six decades.

To commemorate this milestone, The First Congregational Church of Greenwich will hold a special Sunday worship service on March 9, 2025, at 10:00 a.m. The service will reflect on the shop’s history and mission, recognizing the dedication of donors, volunteers, and supporters who have sustained the Rummage Room’s impact.

“For 60 years, the Rummage Room has embodied the values of faith in action—offering affordable clothing and goods, supporting

countless charitable organizations, and fostering a sense of community,” said Rev. Patrick Collins of First Congregational Church. “We invite everyone to join us as we give thanks for its past and look forward to its future.”

Since its founding, the Rummage Room has raised millions of dollars for local and global charities, providing essential financial support to organizations serving those in need. Beyond fundraising, it has promoted sustainability by extending the life of second-hand goods and reducing waste. The shop has also become a hub for community members, where volunteers and shoppers alike contribute to its success.

The March 9 celebration is open to all, with past and present volunteers, shoppers, and supporters encouraged to attend. For more information, visit www.fccog.org or contact the church office.

Abilis Hosts Job Fair on March 20 to Fill Growing Employment Needs

Abilis, a nonprofit serving individuals with disabilities, is hosting a Job Fair on Thursday, March 20, 2025, from 11:00 a.m. to 2:00 p.m. at The Cohen Abilis Advancement Center, 78 Harvard Avenue, Stamford. The organization is looking to fill full-time and part-time roles in Greenwich, Stamford, Darien, Norwalk, and Westport.

Positions include management and assistant management roles, program managers, café management, behavioral therapists, speech and occupational therapists, LPNs, bilingual therapists, and residential support staff. Prospective

candidates can review openings at abilis.us/careers before attending. No appointment is necessary, and on-site interviews will be conducted.

“Abilis continues to grow, and with that growth comes new opportunities for dedicated professionals,” said Amy Montimurro, CEO and president of Abilis. “We offer rewarding careers, competitive benefits, and a strong, supportive community.”

Founded in 1951, Abilis provides services to over 800 individuals across Fairfield County. For more information, call Laura Birch at 203-531-1880 or email jobs@abilis.us.

When you advertise in the *Greenwich Sentinel*, you connect with your community.



What is to Come

There is an old truth in American democracy: *decisions are made by those who show up.*

It is a lesson as old as the New England town meeting, as enduring as the letters John Adams wrote to his wife Abigail, worrying about whether the people of the new Republic would understand the responsibility of self-government. It is a lesson found in the words of Thomas Jefferson, who believed that “the government closest to the people serves the people best.”

It is a lesson for Greenwich to remember now.

The Connecticut legislature is in session, and the decisions being made in Hartford will have lasting consequences for our town. The future of zoning, taxation, education, and energy costs is being debated in committees and back rooms. The fiscal discipline that has stabilized Connecticut’s finances in recent years is at risk. There are proposals that would concentrate power in Hartford, limiting the ability of towns like Greenwich to govern themselves. And there are also ideas that could strengthen Connecticut’s economic footing—if they are allowed to succeed.

These debates demand engagement, because the future belongs to those who take part in shaping it.

There is an old habit in politics of assuming that the right people, the responsible people, will steer things in the right direction. But that is not how democracy works. It is participatory, or it withers. If history teaches us anything, it is that bad ideas flourish when good people assume they will be stopped by someone else.

Some of the most consequential decisions in Hartford concern Connecticut’s fiscal policies. The budget guardrails—rules put in place to prevent the state from spending beyond its means—are under attack. For years, Connecticut was caught in a self-destructive cycle: spend more, run deficits, raise taxes, lose residents, repeat. It was unsustainable. In 2017, legislators of both parties agreed to put guardrails in place to ensure that Connecticut lived within its means.

They worked. Connecticut is more financially stable today than it has been in decades. The rainy-day fund is full. The state is paying down its debts. There have been no broad-based tax increases. The system is doing exactly what it was designed to do: prevent a return to fiscal chaos.

And yet, some lawmakers want to weaken these protections. The argument is always the same: This time is different. This need is greater. This moment requires an exception. But history tells us that once spending caps are loosened, once borrowing limits are bent, once the calls for “just a little more flexibility” are granted, there is no going back. Illinois, once a financial powerhouse, is now drowning in debt.

Warren Buffett once said, “The chains of habit are too light to be felt until they are too heavy to be broken.” Connecticut has finally broken the habit of spending what it does not have. It cannot afford to slip back.

Beyond fiscal policy, other debates in this session will directly affect Greenwich. There are proposals that would erode local zoning control, forcing towns to accept one-size-fits-all housing mandates that ignore the character of our community. There are education policies that could change how our schools are funded and managed. There are energy policies that could either lower costs or make them even more burdensome.

Greenwich has never been a town that stands by while others make decisions for it. We are a town of engaged citizens—residents who care about their community, who understand the value of self-governance, and who know that a strong voice in Hartford is the best defense against bad policy.

We urge Greenwich residents to participate in the process. The legislature is holding public hearings. Testimony can be submitted by email in a matter of minutes. Calls to elected officials are noted. The effort is small, but the impact is real.

When Alexis de Tocqueville traveled through America nearly two centuries ago, he marveled at the way small towns governed themselves. He saw in the New England town meeting the essence of what made the nation work. “Town meetings are to liberty,” he wrote, “what primary schools are to science; they bring it within the people’s reach.”

Greenwich has a voice made strong by thoughtful, engaged, well-educated, remarkable residents. We hope you use that voice to engage, educate, and enlighten Connecticut’s legislators.



By HARRY FISHER

The February 24th meeting of the Greenwich Board of Estimate and Taxation (BET) marked another step forward in strengthening town operations and fiscal responsibility. Two key initiatives were successfully passed—an important adjustment to the Town Charter and a federal grant program that will assist residents in flood-prone areas. These measures reflect the BET’s ongoing commitment to practical governance and long-term planning.

The Charter amendment, which passed with strong support (11-1-0), provides a new opportunity for town employees to retire, collect their pension, and then apply for another town position. This change, particularly beneficial to public safety departments, was the result of months of careful consideration by the Retirement Board. The BET ensured that the measure received thorough debate, with additional time granted in January before final passage in February.

This policy will address critical hiring challenges, particularly in public safety dispatch. Chronic vacancies and excessive

overtime have placed unnecessary strain on dispatchers, and this change expands the talent pool by allowing experienced town employees to transition into these essential roles. In addition, this policy opens the door for the town to consider a dedicated school security division within the police department—an approach successfully implemented in neighboring communities. By allowing retired officers to return as school security personnel at straight-time pay, the town can improve school safety while also reducing overtime costs.

The second initiative, the approval of FEMA grant funds for eligible property owners, will help protect homes in flood-prone areas while safeguarding the town’s financial interests. This program provides funding to two current applicants at the level of about \$500,000 to elevate their homes and mitigate future flood risks. Others may qualify and we look forward to that. Given past challenges with similar programs, the BET carefully reviewed the conditions to ensure accountability. After extensive discussions with the First Selectman, town attorneys, and the Environmental Affairs Department, the BET approved the measure with the assurance of ongoing oversight. The Assistant Director of Environmental Affairs will provide quarterly updates, ensuring transparency and proper use of funds.

Two key initiatives were successfully passed—an important adjustment to the Town Charter and a federal grant program that will assist residents in flood-prone areas.

These measures reflect the BET’s proactive approach to addressing the town’s needs while maintaining financial discipline. The Charter change strengthens critical town services by retaining experienced personnel, while the FEMA grants support property values and long-term resiliency.

Strong governance requires both fiscal responsibility and the ability to adapt to the evolving needs of the community. As Republican Chairman of the BET, I remain committed to policies that serve Greenwich residents and protect taxpayer dollars.

Harry Fisher,
Republican Chairman of the BET

COLUMN

Helping Elementary Kids Thrive



By SHARI SHAPIRO

The February 24th meeting of the GrAs parents, educators, and community members, we all share a common goal: to help our children thrive. While much of the conversation about youth mental health focuses on teenagers, we shouldn’t overlook the youngest members of our community—our elementary school students. In fact, the early years are a critical period for developing healthy coping mechanisms, emotional resilience, and a sense of security.

Since the onset of the COVID-19 pandemic, the mental health of young children has been a growing concern. A 2024 survey revealed that 64% of parents of elementary school children are concerned their child isn’t reaching their full potential, with 85% noticing alarming signs related to their child’s emotional well-being monthly. Think about the unique opportunity that schools provide for early intervention. Studies show that youth are six times more likely to complete mental health treatment in school settings than in community clinics. Plus, school-based services reduce barriers like transportation and stigma. At Kids In Crisis, we know that programs integrated into academic instruction are particularly effective, because they line up with students’ daily routines and environments.

At Kids In Crisis, we are meeting these needs head-on through our KidTalk program, which places master’s level mental health counselors directly in elementary schools. These counselors offer on-site, accessible mental health support, this allows young children to receive help in a familiar and safe environment. The impact of having a trusted adult available to listen and guide children through their emotions cannot be overstated. Early intervention helps children’s current well-being and it also builds a foundation that

leads to healthier relationships and better academic success throughout their lives.

On top of that, Kids In Crisis provides access to mental health care during non-school hours, weekends, and vacation periods is critical. This coverage is so important for crisis intervention and follow-up support, especially during vulnerable times when school-based resources are unavailable. Through our 24/7 helpline and the new texting helpline launching this year, we provide a dedicated professional team to handle all incoming calls and texts, making sure that support is always just a message away.

64% of parents of elementary children are concerned their child isn’t reaching their full potential, with 85% noticing alarming emotional well-being signs monthly.

Our pilot program at Hamilton Avenue Elementary School in Greenwich has already shown remarkable success. Children as young as five and six years old are learning how to express their feelings, manage anxiety, and build healthy coping skills. Much of what we do in the elementary school setting involves partnering with parents to reinforce these skills at home, somewhat different from our approach in high schools. For many, simply having someone to talk to makes all the difference. Our counselors share heartwarming stories of young students who have transformed from feeling isolated and overwhelmed to becoming more confident and engaged in their learning.

This past week, we hosted our annual Gala at The Loading Dock we called it an Après Ski Soirée, where our generous community came together to support our mission. Thanks to the incredible support

of everyone who attended, we reached our fundraising goal and are so excited to announce that we will be expanding the KidTalk program to a second elementary school. This expansion will allow us to provide even more children with the critical mental health support they need during their formative years.

One of the most inspiring moments of the night was hearing from counselors and educators who witness firsthand the incredible impact of KidTalk. They shared stories of children who have learned to manage big feelings and get through challenging situations.

Our goal is to create safe spaces where children feel heard, valued, and supported. When we reach children early, we can guide them on a path of emotional well-being that will help them for years to come. And while the statistics about youth mental health can be daunting, there is hope—because every child who receives support today is one step closer to a brighter, healthier tomorrow.

For families needing support outside of school hours, Kids In Crisis offers a 24/7 helpline (203-661-1911), making sure that no child or parent has to face challenges alone. I encourage anyone in need to reach out—whether it’s a big problem or a small one, sometimes just talking to someone can make all the difference.

Together, we are creating lasting change and building a community where every child has the opportunity to thrive emotionally, academically, and socially. Thank you to everyone who has joined us on this journey—we couldn’t do it without you.

Shari L Shapiro is the Executive Director of Kids In Crisis. Kids In Crisis provides emergency shelter, crisis counseling, and community education programs for children of all ages and families facing crisis. Since its founding in 1978, Kids In Crisis has provided vital 24-hour services to more than 170,000 children and teens, and their families. Providers, educators, community members, and family members are encouraged to call the 24-hour helpline at 203-661-1911 for support.

Get Ready for Spring!

PATTY'S PORTICO

RESTORE AND RENEW YOUR OUTDOOR FURNITURE

METAL RESTORATION * SANDBLASTING * POWDER COATING
TEAK RESTORATION * RESTRAPPING * REPLACEMENT SLINGS

Pickup & Delivery * Fast Turnaround



Email photos for a free estimate! PATTYSPORTICO@GMAIL.COM
(914) 935-8839 (914) 937-1907 PattysPortico.com
140 HIGHLAND STREET, PORT CHESTER, NY 10573

The Life and Career of Patricia Chadwick

By Elizabeth Barhydt

At the February 26th meeting of the Retired Men's Association Patricia Chadwick stood before the Retired Men's Association of Greenwich to talk about the fact that her life had already taken the shape of a novel. Raised in a closed Catholic sect outside Boston, she was expelled at 17 for failing to conform. She had no marketable skills, no exposure to the outside world, and no connections. By her own description, she was a "cultural neophyte." What followed was a career on Wall Street that saw her become one of the few female executives at the highest levels of finance—a journey she recounts in her new book, *Breaking Glass: Tales from the Witch of Wall Street*.

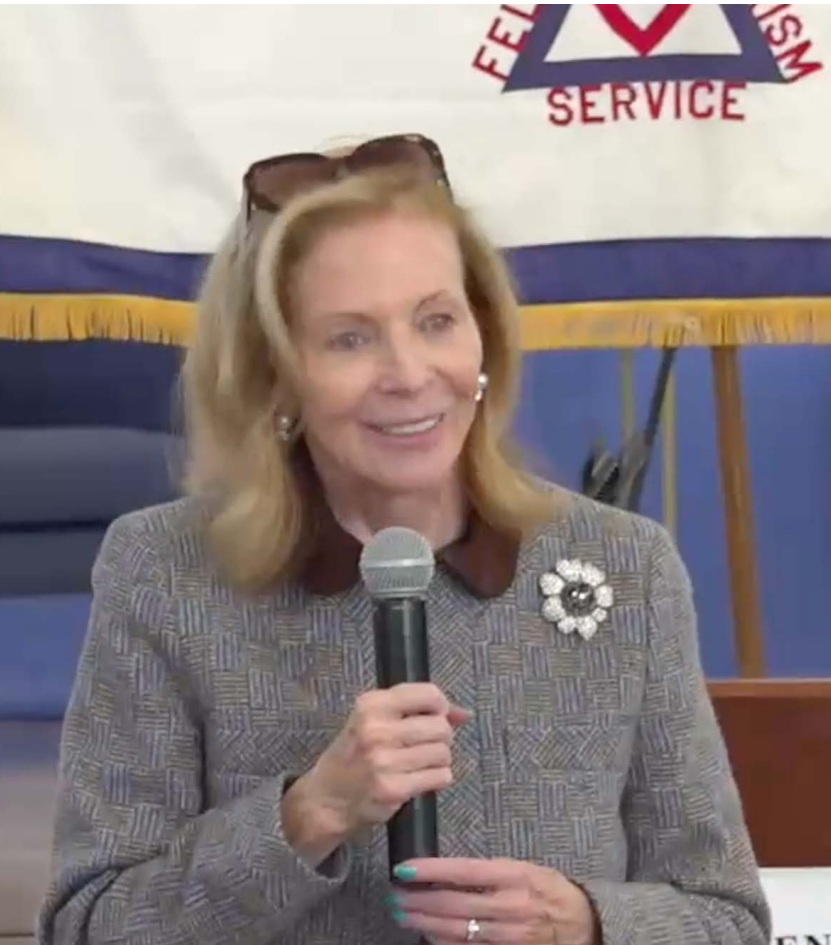
Chadwick's first book, *Little Sister*, detailed her childhood in a sectarian community that had excommunicated itself from the Catholic Church. Life there was strict and isolated. Men and women were separated, even within families. Her parents, once known as Jim and Betsy, became Brother James Alois and Sister Elizabeth Ann. Marriages were dissolved into formality. Children were cut off from the outside world—no newspapers, no television, no interaction beyond the confines of the community.

Yet the education she received within that cloistered existence was rigorous. It prepared her intellectually but left her unprepared for everything else. She had never taken public transportation, never used a telephone, never encountered slang. After her expulsion, she was allowed to attend a secretarial school, the only lifeline extended by the community that had cast her out.

She took that opportunity and never looked back.

At 19, Chadwick landed a job as a receptionist at a Boston brokerage firm. Within a year, she was memorizing stock symbols from the *Standard & Poor's* directory to make herself indispensable. She was sent to New York at 20 to collect \$5 million in certified checks—her first lesson in the gravity of handling real money. As she recounted to the RMA

Despite her success, she was no stranger to



Patricia Chadwick speaks at the Retired Men's Association.

audience, that experience was more than a test of trust. It was the moment she realized she could thrive in the world beyond the sect.

Her career progressed at a pace that seemed implausible, even to her. She worked her way up from secretarial positions to financial analysis, taking night courses at Boston University while absorbing everything she could during the day. Her professors at BU did not know that she lived a dual existence—by night,

a student; by day, a Wall Street rising star. Over nine years, she completed her degree while mastering the intricacies of investment banking.

The path forward was not always smooth. She faced skepticism, institutional barriers, and the casual misogyny of a male-dominated field. But she learned to see obstacles as opportunities. She developed a reputation for being tough, decisive, and unrelenting—qualities that earned her the nickname "The Witch of

Wall Street." It was a moniker she did not hear until years later, at a birthday party, when a friend recounted that traders used the term behind her back. At first, she was shocked. Then she embraced it. If a man exhibited the same qualities, she reasoned, he would be called a leader.

Chadwick climbed the ranks at Citicorp and later became a portfolio manager at the Ford Foundation, managing billions in assets. She studied markets with the same intensity that once made her memorize stock symbols. She spent time in Japan to assess the competitive threats facing American manufacturers. She built a reputation for being fearless in a boardroom full of men who did not expect a woman to challenge them.

Despite her success, she was no stranger to professional setbacks. When the firm that first hired her in New York collapsed, she found herself jobless overnight. A mentor intervened, arranging an interview for her the next morning. The firm that hired her paid nearly 50% more than her previous job—a reminder that the worst days sometimes lead to the best opportunities.

Her transition into retirement was not immediate. After leaving Wall Street, she reinvented herself again—this time as an expert witness in financial litigation. She helped defend asset managers against accusations of fraud, explaining the nuances of investment strategy to juries unfamiliar with the mechanics of financial markets.

But it was giving back that became her true passion. She has spent years mentoring young women in East Harlem, offering them the kind of guidance she never had. Many of them, she noted, lacked connections, just as she once had. "I tell them, 'You have to build your own network, your own value, your own resilience.' Because in the end, no one else will do it for you."

When asked about her views on Wall Street today, she acknowledged the industry's flaws but rejected the notion that capitalism itself is the problem. "There's nothing wrong with making

money," she said. "The question is how you use it." For her, the answer lies in philanthropy, mentorship, and ensuring that success is not hoarded but shared.

Her presentation ended with a reflection on faith—not in institutions, but in action. Raised in a world that dictated moral absolutes, she now sees faith as something lived through deeds, not doctrines. "Feed the hungry. Give drink to the thirsty. Clothe the naked. If you're doing that, you're living right."

Chadwick signed books for attendees, engaging with them individually as they lined up to speak with her. Some asked about her past. Others asked about her thoughts on the economy.

Patricia Chadwick is also regular feature columnist in the Greenwich and New Canaan *Sentinel* newspapers.

The Retired Men's Association of Greenwich will host another compelling speaker next Wednesday. On March 12, 2025, at 11 a.m., Cary Ginell will present "Carefully Taught: American History Through Broadway Musicals" at Christ Church Parish Hall. Ginell, a Grammy-nominated author, will discuss how Broadway musicals have reflected and shaped America's understanding of its own history. The event is open to the public and will be available via Zoom. For details, visit <https://greenwichrma.org>.

Note: The views expressed in these presentations are those of the speakers. They are not intended to represent the views of the RMA or its members.

RMA speaker presentations are presented as a community service at no cost to in-person or Zoom attendees, regardless of gender. Any member of the public who would like to receive a weekly email announcement of future speakers should send a request to members@greenwichrma.org. The RMA urges all eligible individuals to consider becoming a member of our great organization, and thereby enjoy all the available fellowship, volunteer, and community service opportunities which the RMA offers to its members. For further information, go to <https://greenwichrma.org/>, or contact info@greenwichrma.org.

ASH WEDNESDAY From Page 1

ashes to the accompaniment of piano music," said the Rev. Dr. Ed Horstmann, rector of Round Hill. "The beauty of music and a reminder of mortality." The setting allowed for quiet reflection, inviting people to come and go at their own pace while still engaging in the ancient tradition.

St. Barnabas Episcopal Church offered an extended opportunity for observance, with the Rev. Dr. Justin Crisp and the Rev. Phoebe Oler providing Ashes to Go and hearing confessions throughout the day. From 7 a.m. to 4 p.m., people on their way to or from work or school—particularly from backcountry—were able to receive ashes at the church. That evening, St. Barnabas held a traditional Ash Wednesday service featuring music by Purcell and Wesley, performed by the St. Barnabas Choir under the direction of Marnus Greyling.

"Ash Wednesday recalls for all of us just how fragile life is, and fragile things are precious to us and to our Lord," said Father Crisp. "It's amazing to see so many people take time out of their days to remember their fragility and to give it to Jesus. In a world gone crazy, I think it was exactly what we needed. It was exactly what I needed anyway."

Ash Wednesday marks the beginning of Lent,



The Rev. Phoebe Oler, applies Ashes to Go at St. Barnabas.

a 40-day period of prayer, fasting, and reflection leading up to Easter. The observance dates back centuries, rooted in the early Christian practice of using ashes as a symbol of repentance and mortality.

The formal imposition of ashes became common in the Western Church during the Middle Ages and remains a significant ritual in many Christian traditions today. The ashes, traditionally made by burning palm branches from the previous year's Palm Sunday, are applied in the shape of a cross while the words, "Remember that you are dust, and to dust you shall return," are spoken.



Deacon Susie McNiff applies Ashes at Christ Church.

Whether in a church pew, a sanctuary filled with music, or on a busy train platform, the observance of Ash Wednesday continues to

evolve while holding onto its essential message—one of reflection, humility, and preparation for the Lenten season.

ESTABLISHED 1986

HH & P

Hickory Homes & Properties Inc

Your full-service

Tree Service

in Fairfield, Westchester & Putnam Counties

24-Hour Storm Damage Services

Tree Removal • Pruning & Trimming

Tree Cabling & Bracing

Lot Clearance • Stump Grinding

Leaf Removal

MENTION THIS AD FOR **5% OFF** YOUR FIRST JOB!

Valid on any job contracted with Hickory Homes & Properties, Inc. EXPIRES 3-21-25.

Call Today for Your Free Estimate

914-666-6300

BON TON

SINCE 1992

FISH MARKET

THE BEST FISH YOUR MONEY CAN BUY

OPEN 7 DAYS A WEEK

SUNDAYS 9-3

100 Bruce Park Ave. in downtown Greenwich

203.869.0462 | LobstersCanFly.com

New Owners !!

Larger Wine Selection and All Your Liquor Store Can Offer
plus, Plenty Of Parking Free

CAP, CORK & CELLAR

DRINKS AND PROVISIONS

FINE WINES | SPIRITS | ARTISAN CHEESES

CRAFT BEER | BAR ACCESSORIES | CUSTOM GIFT BASKETS

Local Delivery & Curbside Service

(203) 489-3448

102 BRUCE PARK AVE., GREENWICH CT 06830

MON-SAT: 9AM – 9PM | SUN: 10 AM – 5PM

Your eye health is critical to your overall well-being.

For adults, regular eye exams are key to detecting early signs of age-related conditions such as glaucoma, macular degeneration, and diabetic retinopathy. For kids, eye health and vision quality play an essential role in physical, cognitive, and social development.


Our team is here to provide comprehensive care and support for all your eye health needs.

ADVANCED OPHTHALMOLOGY
of Connecticut

Robert J. Fucigna, M.D.

1445 East Putnam Ave., Old Greenwich

(203) 348-7575 OPHTHALMOLOGY-CT.COM



BY KATE NOONAN

At the risk of sounding old, n.b. I am well on my way, everything seems to move very quickly these days. The news cycle moves as fast as the internet can carry it. If I need to purchase something I can order it on my smart speaker and it's often at my doorstep the next day. I could go on but you know the drill. The internet, artificial intelligence and the colossal marketing machine on those platforms aren't concerned with regulating our nervous systems or our thought patterns. Luckily many of our faith practices have built in patterning: rituals which regulate our minds and our nervous system.

I'm a practicing Roman Catholic and my faith is immersed in ritual which I find both comforting and grounding. If I miss mass on a Sunday I need to keep checking the day of the week on my calendar. I'm

Many of our faith practices have built in patterning: rituals which regulate our minds and our nervous system.

a bit lost. Attending mass on Sunday is my weekly guidepost: the place where I am inspired by the word of God, receiving communion and dwelling in community.

For millennia we've learned the Ten Commandments and Commandment Four distinctly tells us: Remember to keep holy the Lord's day. The Biblical scripture is quite clear in its directive:

Remember the Sabbath day by keeping it holy. Six days you shall labor and do all your work, but the seventh day is a sabbath to the Lord your God. On it you shall not do any work, neither you, nor your son or daughter, nor your male or female servant, nor your animals, nor any foreigner residing in your

towns. For in six days the Lord made the heavens and the earth, the sea, and all that is in them, but he rested on the seventh day. Therefore the Lord blessed the Sabbath day and made it holy. Exodus 20:8-11

This day was MADE HOLY. According to scripture the Sabbath was made holy for all of us: we are the recipients of this day. One day a week: holy for us and set aside to worship our Creator. I want you to imagine what it would be like if you truly set aside a day, really set aside an entire day, with the intention and practice of worship, holiness and rest. Ritualizing our week in this way would truly be a gift. The Sabbath could be a day to reset, reinvigorate and ground ourselves.

There are seasons in life when rituals are a saving grace. In June 2020 I began working as a chaplain at Nathaniel Witherall. It was a tough time in general and that difficulty was magnified for nursing home residents. As the Catholic chaplain I assisted with plenty of religious rituals including church services, rosary and prayer. The residents were beyond grateful to have their familiar rituals back. The feeling was palpable. They were comforted, uplifted and felt closer to God at a time where so much felt uncertain.

Each Lenten season has plenty of rituals built into Christian practice. It is our holiest season, a time which asks us to participate in worship and sacrifice. Make this the season to connect to your faith by choosing to participate in the rituals already in place where you find your church community. It is simple enough to start with a Sunday service plugging into the day made holy. From this practice you'll find the rituals that ground your life.

Kate Noonan is a Pastoral Associate and Retreat Master. She graduated from Yale Divinity School in 2018.

Worship Directory and Services

Assemblies of God
Harvest Time Church
1338 King St., 203-531-7778
www.htchurch.com

Worship Services: Sun, 9 & 10:45am. All services are streamed on the church's website and YouTube channel. In addition to Sundays, there are also groups for children and teens on Wednesday evenings. *Your 180-Degree Health Turnaround: March 1, 9am. Adulting 101: Relationships: March 1, 9:30am. Adult Choir Auditions: March 6, 6pm.*

Baptist
First Baptist Church
10 Northfield St.; 203-869-7988
www.firstbaptistgreenwich.com

Sunday Servings: 11:30am, Facebook Live or for Devotion: 11-11:25am (Dial in 701-802-5355, Access code 360922).

Greenwich Baptist Church
10 Indian Rock Ln; 203-869-2807
www.greenwichbaptist.org

Worship: Sun, 11am (in person and online through Facebook & YouTube). Children Sunday School: 9:30am, ages 9-14y. Adult Bible Study: Sun, 9:30am, Fellowship Hall. Prayer Gathering: Wed, 7pm, Pastor's Office or virtual on Google Meets.

Catholic
Sacred Heart Church
95 Henry St; 203-531-8730
www.sacredheartgreenwich.org

Mass: Mon-Fri, 7am (in the Chapel); Saturday Vigil, 4pm (in Church); Sunday: 7:30, 9:30 & 11:30am. Confessions: Sat, 3-3:30pm or by appointment. Divine Mercy Prayer Group: Wed, 7-9pm. Prayer Group: Thu, 4-5pm, in the Chapel, 38 Gold St, All are welcome. *Ministry to the Homebound: if you, or someone you know, is homebound and would like a priest visit you, call the Rectory at 203-531-8730. Stations of the Cross: All Fridays during Lent, 6:30pm, in the Church, All are welcome. Stations of the Cross: All Fridays during Lent beginning Friday, March 7, 6:30pm, All are Welcome. Family Mass: Sunday, March 9, 9:30am. Easter Food Drive begins on March 15: We are collecting non-perishable food donations for Easter baskets. Please leave items at the front or rear entrances of the church each weekend through Sunday, April 6. Suggested items: \$20 Store gift cards (Stop & Shop or Shoprite); canned tuna, chicken or turkey; pasta; stuffing; soups; rice; beans; peanut butter; jelly; powdered milk; cereals; coffee; tea; juice; spaghetti sauce; instant mashed potatoes; macaroni & cheeses; canned fruits and vegetables.*

St. Catherine of Siena & St. Agnes
4 Riverside Ave; 203-637-3661
www.stc-sta.org

* All Masses at St. Catherine of Siena Church are in-person and livestreamed (View our Livestream and recordings here: <https://events.locallive.tv/worship/stc-sta>)

Masses: Saturday, 3-4pm – Confessions (Specific dates confirmed weekly in bulletin.) Vigil Mass, 5pm. Sunday: 7:30am, 9am (Family Mass), 10:30am (Traditional Mass), 5pm (Teen Mass), all at St. Catherine's Church). Masses in other Languages: French Mass - 2nd Sunday of the month, 11am. Italian Mass - 3rd Sunday of the month, both at St. Catherine's Chapel. Spanish Mass, 6:30pm, St. Catherine's Church. Daily/Weekdays: Mon, Tue, Thu & Friday: 7am – Daily Mass, St. Catherine's Church; 5:15pm – Daily Mass, St. Catherine's Chapel. Tuesdays: Rosary, 6pm, St. Catherine's Chapel. Wednesdays: Adoration of the Blessed Sacrament, 8:30am-4pm, St. Catherine's Church. Ongoing: Food & Essentials Drive for Neighbor to Neighbor (there will be a car or SUV with an open trunk in the parking lot across from St. Catherine's church on Tuesdays, 9-11am. Join Music Ministries for choir rehearsals – Traditional, Contemporary, Teen, Cherub, Family Mass Choir - contact Music Director, Dr. Liya Petrides at music.director@stc-sta.org with questions. Walking with Purpose: Thursdays, through March 28, 10-11:30am (off Feb. 15 & March 14), stc-sta.org/walking-with-purpose. New Day Bereavement:

starts March 5 (There's no cost and you need not be a member of the Parish of St. Catherine and St. Agnes or even Catholic, you just need to be registered. If interested, please contact Parish Partners at (203-637-3661, ext. 375). Volunteer Opportunity: Share Your Time and Compassion! Our Parish Partners Ministry of Hope is seeking kind-hearted volunteers to support our homebound parishioners. To sign up or learn more, please contact Jeannemarie Baker at (203) 637-3661 (ext. 375) or ParishPartners@stc-sta.org. St. Catherine's Players' "The Wizard of Oz": March 7, 8 & 9 (Fri 8pm, Sat 7pm, Sun 2pm), scp.ludus.com. Lent, Holy Week, and Easter events: Daily Mass: Mon, Tue, Thu, Fri, 7am St. Catherine Church; 5:15pm, St. Agnes Chapel. Stations of the Cross: Fri (beginning March 7) – 2pm (Spanish), St. Lucy Chapel; 7pm (English), St. Catherine Church; April 11, 7pm – with traditional choir and organ, St. Catherine Church. Spiritual Talks Series by Fr. Perrella: "Navigating the Spiritual Journey: Exploring Prayer and the Spiritual Life": Thu (March 13, 20, 27, April 3), 7-8pm.

St. Mary Church
178 Greenwich Ave.; 203-869-9393
www.stmarygreenwich.org

Public Mass: Sun: 9, 10:30am, 12:15 & 5:15pm. Sat Vigils: 4 & 7pm (Spanish). Daily: Mon-Fri, 12:05pm (Church doors will open from 10am-3pm). Confessions (English): Tue: 7-8pm; Sat: 3-3:45pm. Eucharistic Adoration: 1st Fri of the month: 12:30-5pm. New Day Bereavement Program: Tuesdays, 1-2:30pm, through March 18. Lent: Stations of the Cross: Fri, 7pm. Via Crucis (en Español), Fri, 7pm. Daily Mass - 12:05pm, Mon-Fri. Sacrament of Reconciliation – Confessions heard in the Chapel: Fri, 11:30am; Sat, 4-5pm; in Spanish, 6-6:45pm. Adoration: Fri, 10am-4pm. St. Patrick's Breakfast: Sunday, March 9, after 9 & 10:30am Masses, Adults: \$10 & Children: \$6.

St. Michael the Archangel
469 North St.; 203-869-5421
www.stmichaelgreenwich.com

Mass: Mon-Fri: 7:30 & 9am. Sat: 9am & 5pm. Sun: 7:30, 8:30, 9:45am, 12 & 5pm. Confession: Sat: 4:15-4:45pm; Wed: 9:30-11am & 6:30-8pm. Eucharistic Adoration: Wed, 9:30am-8pm. New Day Bereavement Program: through Nov. 17, Thu, 7-8:30pm & through Nov. 30 (skipping Nov. 23), Wed, 4-5:30pm, 203-869-5421. Men's IX Emmaus Retreat: March 7-9. WWP Mary's Way of the Cross: Saturday, March 8, 9:40am. First Annual Diocesan Men's Conference: Saturday, March 15.

St. Timothy Chapel
1034 North St.; 203-869-5421

Mass: Sat: 4pm (Vigil Mass). Sun: 11am.

St. Paul Church
84 Sherwood Ave.; 203-531-8741
www.stpaulgreenwich.org

Mass: Mon-Thu: 9am; Sat: 4pm (Vigil); Sun: 7:30, 9:30 & 11:30am. Confession: Sat, 3-3:45pm. Mass on Holy Days: Vigil: 5:30pm, 9am & 12:15pm. Visit the website for information regarding the Bereavement Group (twice monthly) and weekly volunteer opportunities at the Don Bosco Kitchen and Food Pantry with the St. Paul Mercy Volunteers. All masses are available via livestream through the website. Evenings For Married Couples: 1st Thurs of every month, 7:30pm. Fridays in Lent: Candlelit Stations of the Cross, 5:30pm, immediately following we will have Soup & Bread in the Parish Center, all are welcome.

St. Roch Church
10 St. Roch Ave; 203-869-4176
www.strochchurch.com

Mass: (Reservations and/or for viewing via live streaming): Mon-Fri: 7:30pm; Sat: 5pm; Sun: 7:30am (Concelebrated for Previously Scheduled 9:30am Mass Intentions), 10:30am, 12pm (Spanish). Mass Intentions: consult the bulletin for time. First Friday Adoration: March 7, 9am-5:30pm; there will be a Mass in Spanish at 6pm.

Christian Science
First Church of Christ, Scientist
11 Park Pl; 203-869-1555
christiansciencet.org/greenwich

Sundays: 10:30am. Sunday School: for students up to 20yrs, 10:30am, Wed. 7:30, testimonies of healing - call in for all services 203-680-9095 code 520520*. Reading Room, 333 Greenwich Ave. 203-869-2503, M-F, 11-3, some Saturdays. Bibles and children's books for sale.

Community
First Church of Round Hill
464 Round Hill Rd; 203-629-3876
www.firstchurchofroundhill.com

In-person worship: Sundays, 10am.

Round Hill Community Church
395 Round Hill Rd; 203-869-1091
www.roundhillcommunitychurch.org

Weekly Sunday Worship services in the Sanctuary at 10am or online at roundhillcommunitychurch.org anytime. Children's Worship (grades K-5) meets during the 10 am service. Please call the Church Office or visit the website for the most up-to-date information, events, and schedules. Tools for Aging Well, 2nd Wednesday of the Month, 11am-12pm, Sanctuary. Round Hill Art & Craft Studio: Mondays, 1-4pm.

Congregational
The First Congregational Church
108 Sound Beach Ave; 203-637-1791
www.fccog.org

Worship: In-Person & Virtual: Sundays, 10am. Live-streaming on YouTube and Facebook, and broadcast on WGCH (1490 AM). Connect during the week: Friday: Friday Email Blast (sign up by calling the church office); Church school before worship most Sundays, 9am for preschoolers through grade 6. Online programming available via Zoom. A joyful community diverse in spiritual backgrounds and beliefs. Special Worship celebrating The Old Greenwich Rummage Room 60 Years of Service: Sunday, March 9 10am, the church encourages past and present volunteers, shoppers, and supporters to join in this special occasion.

North Greenwich Congregational
606 Riversville Rd; 203-869-7763
(Instagram photos and videos @north_greenwich_church)

Worship Service: Sun, 10:30am, in person.

Second Congregational Church
139 E Putnam Ave; 203-869-9311
www.2cc.org

Sunday worship: 8:30 & 10:30am. Children's Chapel during worship 10:30am worship. Winter Yoga: Fridays, 9-10am (\$20/week).

Episcopal
Anglican Church of the Advent
606 Riversville Rd; 203-861-2432
facebook.com/greenwichanglican

Service: Sun, 9am, Holy Eucharist. Sunday School during academic year.

Christ Church Greenwich
254 E. Putnam Ave; 203-869-6600
www.christchurchgreenwich.org

Holy Eucharist: Sundays, 8am, In-person only, Chapel. Messy Church Eucharist: every Sun, 8:45am, In-person only, Parish Hall. Holy Eucharist: 10am, In-person or livestream, Main Sanctuary, Children's Chapel during the service. Choral Evensong or Sung Compline: In-person or livestream, 5pm. Wednesdays: Preach and Teach Eucharist (new time for this mid-week service), 12:15pm, In-person only Chapel. Thursdays: Choral Evensong, 6:30pm, In-person or livestream, Main Sanctuary. Youth Confirmation: Sundays, Sept. 15 - June 7, 11:15am-12:15pm. The Disciples of Christ in Community: Tuesdays, Sept. 17 - Nov. 19, 7-8:30pm. Book Study: The Anxious Generation: Sundays, March 23, 30 & April 6, 11:15am. Joyful Noise with Anna Leinbach: Sundays, March 9, April 6, May 11, June 1. Joyful noise with Rob Mathes: Sundays, March 30, April 27, May 25, June 29, 5pm. Lenten Lectio Divina with Rev. Tim: Wednesdays, March 12 - April 16, 11:15-11:45am, Chapel. Organ Recital with Director of Music, Jamie Hitel: Saturday, March 15, 5pm.

St. Barnabas Episcopal Church
954 Lake Ave.; 203-661-5526
www.stbarnabasgreenwich.org

Holy Eucharist: Sundays, 10am (in per-

son & livestreamed). Join us as we celebrate all the new beginnings brought by the fall in the company of one another and of our Lord. Every Sunday features joyful preaching by our clergy, Father Justin and Rev. Phoebe, beautiful music by our director of music, Marnus Greyling, and the St. Barnabas Choir, and a warm welcome for kids and parents. Our exciting Sunday School programs for kids take place every Sunday during the 10am service: Children's Church for kids 4-8 years old, and YC (Youth Church) for those 9+. Children are also always welcome in church, and childcare is provided all morning in our nursery. Come kick off your fall in faith. Visit us in person, on our website, and on social media (Instagram: @st.barnabasgreenwich). Small church feel - Big church experience.

St. Paul's Episcopal Church
200 Riverside Ave.; 203-637-2447
www.stpaulsiverside.org

Worship: Sundays, 10:15am (in person and streaming). Coffee hour immediately following worship service in Selleck Hall. Sunday School (including frolic Fatih class for toddlers 2+) in the Children's Chapel downstairs – drop-off starts at 10am. Ongoing: Neighbor-to-Neighbor food drive box by office door. Pick-up is every Thursday morning. 150th Anniversary Celebration service led by the Right Reverend Jeffrey Mello: Sunday, March 16, 10:15am.

St. Saviour's Episcopal Church
350 Sound Beach Ave; 203-637-2262
www.saintsaviours.org

In-person Service: Sundays, 10am.

Jewish
Chabad Lubavitch of Greenwich
75 Mason St.; 203-629-9059
www.chabadgreenwich.org

Please visit our website for details on Shabbat services, classes, programs and more. Judaism 101 for Moms: Thursdays, 9:20am. Kabbala & Challah: Thursdays, 9:15am, \$20 p/class. Royal Glow Purim: Friday, March 14, 3pm.

Congregation Shir Ami
One W. Putnam Ave; 203-274-5376
www.congregationshiram.org

All services, programs and celebrations are available online via Zoom. Kabbalat Shabbat: Fridays, 7-9pm, First Presbyterian Church. Soul Spa - Torah Study: Saturdays, 10am, on Zoom. St. Patrick's-themed Purim: Friday, March 14, 7pm.

Greenwich Reform Synagogue
92 Orchard St.; 203-629-0018
www.grs.org

Join Rabbi Gerson and Cantor Rubin every Friday, 6pm for Shabbat Services, and once a month for Tot Shabbat, 5:30pm. All in person services are also live streamed on Zoom. Purim and Shabbat Tot & Family Services: Friday, March 14, RSVP at Admin@GRS.org.

Temple Sholom
300 E. Putnam Ave.; 203-869-7191
www.templesholom.com

Services - In-person and virtual Friday night Shabbat services, 6:30pm & Saturday morning Shabbat services, 10:30am. Purim Carnival: Sunday, March 9, 3pm. Game Night: Mah Jongg & Canasta: Monday, March 10, 7pm. Purim Night: Thursday, March 13, 6:30pm. Saturday, March 15: Sisterhood Shabbat & Luncheon, 10:30am; Jewish Network of Young Couples (JNYC) Mixer, 8pm, Greenwich Brewing Company.

Lutheran
St. Paul Lutheran Church
286 Delavan Ave.; 203-531-8466
www.firstpaul.com

Sunday Divine Service: 9am. Sunday Bible Study: 10:30am. Wednesday Dinner: 5:30pm. Wednesday Bible Study: 6:30pm.

Methodist
Diamond Hill United Methodist
521 E. Putnam Ave.; 203-869-2395
www.diamondhillumc.com

In-person & Online Worship Service every Sunday, 10am, followed by a time of Fellowship. Wednesday Noonday Prayer & Wednesday Evening Bible Study. (De-

tails at diamondhill.com).

First United Methodist Church
59 E. Putnam Ave.; 203-629-9584
www.fumcgreenwich.com

Sunday Worship, 9:30am (except the last Sunday of the month at 10:30am). Virtual Daily Gathering: Mon-Fri, 3pm, Zoom. Talking with Your Hands: Mon, 3pm. Reading this World as a Christian: Tue, 3pm. Back to Rock – music with Mr. Bruce: Tue, 3pm, via Zoom. Reading the Shape of Scripture: Wed, 3pm, via Zoom. Spring Bible Study: Thu, 3pm, via Zoom. Tea & Talk: Fri 3pm, via Zoom.

Bethel African Methodist Episcopal
42 Lake Ave.; 203-661-3099

Worship via teleconference: Sun, 11am and until further notice (Dial-in number: 425-436-6380, Access code: 612220).

Nondenominational
Dineletown Community Church
376 Stanwich Rd., at Barnstable Lane

Sunday Service: 10:30am. Philip Antinone – Chaplain.

Revive Church
90 Harding Rd., Old Greenwich (Old Greenwich Civic Center)
www.myrevive.org

Worship Service: Sun, 10am, Holiday Inn 980 Hope St, Stamford. Online Sermons available on Facebook (facebook.com/myrevivechurchgreenwich) and on YouTube. All groups are online. Direct any prayer needs to the prayer chain at 203-536-2686 or revivecfm@gmail.com.

Stanwich Church
202 Taconic Rd.; 203-661-4420
www.stanwichchurch.org

Sunday Morning Worship Service: 9am & 10:45am. Kids Ministry for grades 5 and under, and Student Ministry for grades 6 & above, are offered. Praise & Prayer Night: 6pm on the First Sunday of each month. Live stream and recorded media are available at stanwichchurch.org. We'd love to meet you here!

Center for Spiritual Development.
NSAC
293 Sound Beach Ave; 203-637-4615
www.Center4SpiritualDev.org

Sunday Service (hybrid: in-person & virtually on zoom): 7pm. Virtual Children's Lyceum (ages 5-14): 3rd Sunday of the month, 10-10:40am. Healing Service: 3rd Thursday of the month, 7-7:30pm. (Email Albertsonpcc@gmail.com for registration and Zoom Links). Psychic Fair: Saturday, March 8, 11am-4pm, free admission.

Trinity Church
5 River Rd.; 203-618-0808
www.trinitychurch.life

In-Person Services: Sun., 9:45am, Hyatt Regency Greenwich, 1800 E. Putnam Ave., Old Greenwich; 10am, Trinity Westchester, 2111 Boston Post Rd, Larchmont, NY; 11am, Saxe Middle School, New Canaan. Lenten Worship with Jenna and Zoë: Friday, March 14, 7:30-9pm, Ministry Center.

Presbyterian
First Presbyterian Church
1 W. Putnam Ave.; 203-869-8686
www.fpcg.org

Worship: Sundays, 10am. Susan DeGeorge: Sunday, March 2, 11:30am.

Grace Church of Greenwich
89 Maple Ave.
203-861-7555
www.gracechurchgreenwich.com

Worship: Sundays, 8:45am, 10:45am & 4:30pm, Woman's Club of Greenwich, 89 Maple Ave. Bible Studies and Sunday School meet in person. All are welcome.

Living Hope Community Church
38 West End Ave; 203-637-3669
www.LivingHopect.org

In-person & online (LivingHopect.org/ livestream) worship Sundays: 10am. Prayer for the Nation: Thursdays, 7:30-8pm, Online. Register and more information: livinghopect.org/resources/alpha. Lent Challenge: Grow... 7 for 7 – 7 days a week, 7 minutes a day reading Scripture, 7 minutes of prayer, Attend church all 7 Sundays.



More than 250 children and adults came together to create care packages for those less fortunate in the community for Mitzvah Day—a beloved tradition at Temple Sholom which draws volunteers of all ages eager to give back to the community. “The phrase tikkun olam (repairing the world) refers to our human responsibility to pursue social justice and improve society,” said Rabbi Mitchell M. Hurvitz. “Our Mitzvah Day is an opportunity to support those less fortunate.” Photos by: Bob Capazzo

Finding God’s Divine Presence in Our Lives



By Rabbi Mitchell Hurvitz

A rabbi once heard his small daughter crying. Following the cries, he found her hiding in a closet. He asks, “Why are you crying, my precious child?” The sobbing child replies, “I was playing hide and seek with the other children. I hid for so long, and no one came to look for me.”

The rabbi picks up his daughter in a warm, loving embrace. He wipes away her tears and says, “Now, my dear child, you understand how God feels when hidden from us, and no one seeks God’s divine presence in their lives.”

In the Book of Deuteronomy, God says, “I will surely hide My face.” The theme of God’s hiddenness is central to the Book of Esther. God is so well concealed in this book that it is the only one in the Bible that does not mention God within any of its verses.

Often, when we encounter challenges, God can feel distant and hidden.

There is a familiar story about a person who dreams of walking along the beach with God.

- One night, I dreamed a dream as I was walking

How differently might we perceive life if we could tangibly see the moments when God carries us?

along the beach with God.

Across the dark sky flashed scenes from my life. For each scene, I noticed two sets of footprints in the sand, one belonging to me and one to God.

After the last scene of my life flashed before me, I looked back at the footprints in the sand.

I noticed that there was only one set of footprints at many times along the path of my life, especially at the very lowest and saddest times.

I told God, “I don’t understand why You left me when I needed You the most.”

God answered with the still, small Divine voice, “My precious child, I love you and would never leave you, especially during your most difficult times.

When you saw only the one set of footprints, those were the times that I carried you.”

If only we could see footprints in the sands of time. How differently might we perceive life if we could tangibly see the moments when God carries us?

On Purim, Jews traditionally dress in costumes and wear masks. However, we do not wear these disguises to hide our true selves; instead, they symbolize our transformation. We turn pain and suffering into joy and frivolity. We demonstrate that we retain hope for change and renewal even during dark times.

Purim is the opposite of Passover. The story of the Exodus is about visibly perceiving how God redeemed us from bondage through miraculous acts.

In contrast, Purim recounts a narrative filled with significant stress and life-threatening hardships, during which there are no visible signs of God’s intervention.

God often feels hidden within the darkness of our lives. But God always urges us to seek Him out and at least hear His still, small voice; His gentle whisper of comfort and guidance that we can still hear amidst the chaos and confusion that might surround us.

Sometimes, our lives resemble the Passover story, and we can reach out and feel God’s “outstretched arm.” However, sometimes we reach out to God but do not feel the Divine tug at our hearts, minds, and souls.

The greatest challenge lies in finding the Divine light in the darkest places. God dwells among us when we actively search for Him. It is not enough to passively wait for His presence; we must actively seek Him out, knowing God is always there, waiting for us to find Him.

Every week, when I share Shabbat time with our preschoolers, I lead them each week in a prayerful song, asking them, “Where is God?” We

then use specific arm and hand gestures while we answer. We begin with our hands on our hearts and declare, “God is here.” Next, we reach out to each other and sing, “God is there.” Then, we spread our arms in a broad circular motion and sing, “God is everywhere.” Finally, we ask again, “Where is God?” Once again, with our outstretched arms, we reach out to where God is present and prayerfully sing, “Up, up, down, down, right and left, and all around.”

Each week, as the children sing and move their bodies, arms, and hands with this children’s prayer, I am reminded of the simple yet profound truth that God is always present; we merely need to choose to look for Him.

This children’s prayer, gestures, and words are a beautiful reminder of God’s omnipresence.

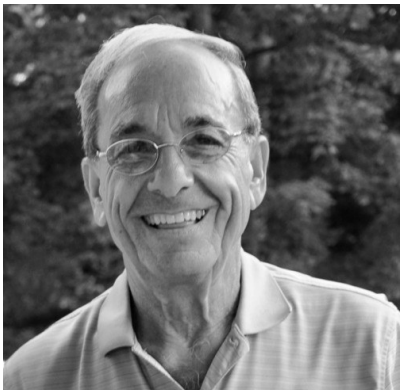
God is here, there, and everywhere!

Shabbat Shalom.

Temple Sholom’s Senior Rabbi Mitchell M. Hurvitz is a scholar, teacher, community activist and preacher, and is recognized as one of the prominent religious leaders in the Greenwich area and beyond. A frequent guest speaker at synagogues and churches, study groups, community institutions and universities, he is a charismatic personality who engages individuals and stimulates hearts and minds. His teachings can be found in Greenwich Sentinel and in other local and national publications.

Obituaries

The Sentinel does not charge for obituaries because every life in our community deserves to be honored and remembered without financial barriers. By providing this service at no cost, we ensure that families can share their loved ones’ stories freely, preserving their legacies as part of Greenwich’s history. To submit an obituary email Caroll@GreenwichSentinel.com



JOSEPH BOLOGNA

Joseph Peter (“Joe”) Bologna, 92, beloved husband, father and grandfather, passed away peacefully on March 1. Joe will be remembered as a true gentlemen who always had a smile on his face.

Born in Greenwich, CT, Joe spent his retirement years in On Top of the World, Ocala, FL before moving to Selleck Woods, Darien to be closer to family. Joe met the love his life, Katherine Fountain (“Kat” as he affectionately called her), at the Yankee Doodle in Riverside. Married on July 7, 1962, they settled in Old Greenwich, where they raised their son, Peter.

He proudly served as a member of the United States Army during the Korean War.

Joe loved to keep busy, whether it was operating his plumbing business, fixing things around the house, or spending long summer days at Todd’s Point and Island Beach. In his retirement, he developed a passion for golf, and his devotion earned him a hole-in-one, a club championship and scores below his age.

But above all else, Joe loved his family. Joe is survived by his wife Kathy, his son Peter (Jenifer); three grandchildren Andrew (Erin), Alexander, and Matthew. He also is survived by his sisters Rose Mazon and Edith Montpelier, and many nieces, nephews and cousins. He was predeceased by his parents Pietro and Maria Bologna, his brothers Frank and Michael Bologna, and his sister Emma Pistininzi.

A Memorial Mass was held on Thursday, March 6 at St. Timothy’s Chapel, Greenwich.

In lieu of flowers, donations may be made to Stamford Hospital Foundation.

ELIZABETH GROSSMAN

Elizabeth (Betty) Harris Grossman, 103, of Stamford, CT, passed away peacefully from natural causes on February 26. She was born on August 9, 1921, to JP and

Mae Harris of Port Chester, NY, and was a resident of Riverside, CT, for 61 years. Betty was predeceased by her husband, George Grossman, and is survived by her two sons, Jeff Grossman (Dede) of Cos Cob, CT, and Jack Grossman (Leslie) of Oakland, CA, as well as her two granddaughters, Jessie and Sara.

In her early years, Betty was passionate about horseback riding and participated in many competitive show jumping events. She attended Greenwich Academy, where she continued her riding career, graduating in 1938. She later married George and raised their two sons in Riverside, CT.

Betty loved the town of Greenwich and was active in local politics. She served as the head of the Greenwich Hospital volunteers and was a member of the RTM. Betty also loved the outdoors and frequently walked at Greenwich Point. She was an avid birder and tennis player, and she loved to cook.

In lieu of flowers, the family requests that donations be made to the Greenwich Audubon Center.



JAMES AQUILINA

James Joseph Aquilina (“Jim”), age 84, a beloved figure and former longtime resident of New Milford, CT, sadly left our world on February 27, after a life richly lived in humor. Known for his great smile and ability to make anyone laugh, Jim was most proud of his significant contribution to the Hubbell Space Telescope optical telescope assembly design and build while working at Perkin-Elmer Danbury Optical Systems.

Jim was born May 5, 1940, to Philip J., Sr. and Mildred E. Aquilina of Hamilton Avenue, Greenwich, CT. After graduating from the 89th Class of Greenwich High School, Jim studied to become an Electrical Engineer. He married Linda Reimer, the mother of his three sons, in 1963, worked throughout southern Connecticut and New Jersey, and ultimately settled in New Milford in 1968. Jim and Linda later divorced.

A man of many talents, Jim was instrumental in the build of one of the HEXAGON KH-9 reconnaissance satellites, the largest and last U.S. intelligence satellites to return photographic film to earth. During the Cold War, 19 HEXAGON missions imaged 877 million square miles of the Earth’s surface between 1971-1986.

Throughout his life, Jim had a passion for expertly raising award-

winning racing pigeons, including his prized “Big Momma,” as well as coaching various New Milford youth sports teams. Jim also was known for his mechanical prowess. Over his lifetime, his multiple signature Ford Mustangs topped 400,000 miles each, including one complete engine rebuild, after which was started on the first try.

Jim may be most fondly remembered as an avid, and arguably most locally successful lottery aficionado, proudly prevailing with two grand prize wins over his career of mastering lotto numbers. The “Jimmy J Run” took him throughout Connecticut and eastern New York for years, where he established lifelong friendships along the way.

Jim was predeceased by his parents. He leaves behind his cherished three sons, James Aquilina (Paula) of Farmington, Brett Aquilina (Madeline) of Cheney, WA, and Drew Aquilina (Lisa) of Merrimack, NH. Jim also is survived by his brother, Philip J. Aquilina Jr. (Darlene) of Monroe; sister, Stella Roberto of Greenwich; beloved grandsons, Justin and Ethan Aquilina; step-grandchildren, Dominique, Brittany, and Dylan; and several nieces.

Funeral services were held on March 6 at St. Roch’s Church, Greenwich, followed by a private committal service at St. Mary’s Cemetery, Greenwich. Arrangements are overseen by and condolences to the family may be made through Castiglione Funeral Home, Greenwich.

In lieu of flowers, the family welcomes donations in the name of James Joseph Aquilina made to the Boys & Girls Club Greenwich, ATTN: Development Office, 4 Horseneck Lane, Greenwich, CT 06830.



MARILYN SOBESKI

Marilyn Barbara Sobeski went home to our Lord on February 25 joyfully reuniting with her beloved husband Joe, cherished daughter Donna and family and friends. She was born on June 19, 1930, to Joseph and Josephine (Humenik) Kancir in Greenwich, CT. Marilyn spent her youth in Byram surrounded by a multitude of cousins. She graduated from Greenwich High School. When she first met Joseph Sobeski, she told her best friend Doris she was going to marry him, and they did in April 1950. They spent 64 wonderful

years together before Joe’s passing. They settled in Byram where they raised their family.

Marilyn was a telephone switchboard operator and later worked as admin. She was actively involved in Sacred Heart parish, the Byram Veterans Women’s club, Voter registration and polling and her children’s school organizations. Marilyn and Joe were talented dancers and often the floor cleared at weddings as others enjoyed their gracefulness and passion for dance. Marilyn was also an avid bowler and was quite the fashionista with her turquoise bowling ball.

Her door was always open, and she made sure friends and relatives without children were invited to celebrate holidays. As her children and grandchildren took over hosting, she always had to bake or make her legendary potato salad or deviled eggs to bring to the party, even into her 90s.

The family traveled to Lake George, Lake Winnepesaukee and their second home in Vermont often accompanied by extended family and friends. They enjoyed family trips to Disney with their grandchildren and to California for her grandson’s wedding. Her last trip was to Savannah for her granddaughter’s wedding 2 years ago with five of her great-grandchildren. Marilyn and Joe thoroughly enjoyed their trips with the Glenville Senior Citizens, traveling to Hawaii, Bermuda, National Parks and a favorite, Las Vegas with so many of their wonderful friends.

As grandchildren joined the family, Marilyn and Joe went to baseball and hockey games, cheerleading competitions, dance recitals and band concerts. They were truly the loves of her life.

Marilyn was predeceased by her husband Joseph, her daughter Donna and her brother Donald. She leaves behind her beloved children Scott (Anna) Sobeski, Barbara (Ed) Sturm and JoEllen Genovese, her adoring grandchildren Kaitlyn (Lenny) Carlucci, Ed (Alex) Sturm, Andy (Kelsey) Sturm, Kelly (Adam) Melton, Jeff (Christina) Sturm and Victoria (Colin Gillap) Sobeski. She also leaves behind the newest lights of her life, her great-grandchildren, Owen, Michaela, Raegan, Ella, Oscar, Charlie and Kira.

A wake was held at Castiglione Funeral Home on Sunday, March 2. The funeral mass was at Sacred Heart Church on Monday, March 3, followed burial at St. Mary’s cemetery, Greenwich. Donations in her memory may be made to Sacred Heart Catholic Church, Greenwich.



TAMMY NOREEN

Tammy was a loving mother, daughter, and the pillar of our family. Tammy left us on February 23, and while our hearts are heavy with loss, we find comfort in the knowledge that she is finally at peace and getting the rest she deserved.

Born on May 11, 1976, in Greenwich, CT, Tammy was the cherished daughter of Carol Ann Faucette (Hill) and the late Troy Nathan Faucette Sr. From the very beginning, she brought joy, love, and light to those around her. Tammy was a force of nature – a woman whose kindness, generosity, and strength shaped not only her family but all those who were fortunate enough to know her.

As a mother, Tammy was everything one could hope for: loving, supportive, and endlessly devoted. Her children were her world, and she instilled in them the same values of compassion and resilience that defined her. She was the heart of the family, always there with open arms, a listening ear, and a heart full of unconditional love. Tammy’s infectious smile, boundless energy, and warm spirit made everyone feel welcome, seen, and cared for.

Tammy’s legacy is one of strength and grace. Even in the most challenging times, she faced each day with unwavering determination, never allowing anything to dim her vibrant spirit. She had an extraordinary ability to uplift others, and her light touched the lives of everyone who crossed her path. Whether through her acts of kindness or her words of wisdom, Tammy’s love and positivity were unmatched.

Today, we choose to celebrate Tammy’s life rather than mourn her death. She lived each day to the fullest, embracing the beauty in every moment. She will be remembered not only for the incredible impact she made on our lives, but for the love and joy she radiated every day.

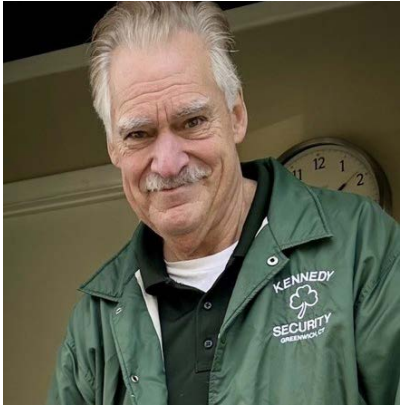
Tammy is survived by her beloved mother, Carol Ann Faucette (Hill), her children, and a host of family and friends who will forever hold her memory in their hearts. Though she is no longer with us in person, her spirit will continue to guide and inspire all who knew her.

Rest in peace, Tammy. Your love will live on forever in our hearts. You were, and always will be, the

Obituaries

heart and soul of our family.

A celebration of life will be held on Friday, March 7, from 6-7pm, at Lester Gee Funeral Home, 1390 Fairfield Avenue, Bridgeport, CT.



ROBERT MCKNIGHT

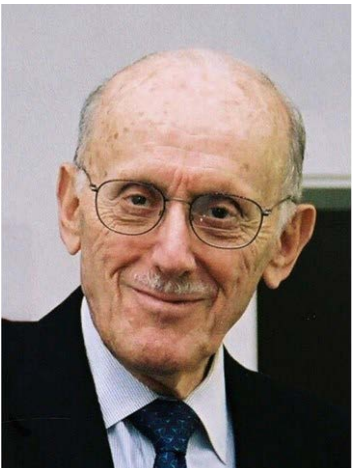
Robert J. McKnight, Jr. passed away on February 23. He was born November 2, 1948 in Greenwich, CT, to the late Robert J. and Florence (Muir) McKnight, Sr. Bob was a lifelong resident of Greenwich. He was a proud Vietnam veteran who served his country honorably as an Army Sergeant where he was highly decorated for his bravery with two Purple Hearts, four Bronze Stars, three Air Medals, two Army Commendations, and one National Defense medal. He loved the town of Greenwich serving on the RTM for over 25 years, representing his beloved District 4 - Byram as the Chair. He was also recently the Chair of the Greenwich RTM Appointments Committee, founding Board member of the Greenwich Preservation Trust where he most recently served as the Treasurer, Vice Chair of the Byram Neighborhood Association, and member of the Town of Greenwich Conservation Commission Cemetery Committee. Bob volunteered for countless other things we will probably never know about because he did them quietly.

Bob graduated with a Bachelor of Arts from the University of Connecticut, and recently retired as the Mead Point District Site Supervisor for Kennedy Security where he spent over 20 years ensuring the safety of its residents. Prior to that, Bob worked in property management in backcountry Greenwich. Bob took great care of the elders in our family. He loved working out at the YMCA, jumping out of perfectly good airplanes to go skydiving, and gardening.

Bob is survived by his brother John McKnight (Debbie), sister Michele “Mimi” McKnight Tamburri (John Damberg), daughter Missy McKnight who he shared with Beth McKnight, step-daughter Jen (Weiner) Schietinger with Ellen McKnight, nieces, nephews, and cousins. He is predeceased by his sister Alison McKnight.

Calling hours were on Monday, March 3 at Fred D. Knapp Funeral Home, Greenwich, with a graveside service at Putnam Cemetery, Greenwich, on Tuesday, March 4.

In lieu of flowers, donations can be made in Bob’s name to the Greenwich Preservation Trust, P.O. Box 4719 Greenwich, CT 06831 or the Boys & Girls Club of Greenwich, 4 Horseneck Lane, Greenwich, CT 06830.



RALPH WYMAN

February 7, 1926 - February 22, 2025

On February 22, the world lost a compassionate, witty, marvelous man, Ralph Mark Wyman. Described by many as a true gentleman in every sense of the word and a father figure to many, he lived a remarkable life, filled with adventure, love and accomplishment.

Ralph lived 99 long and wonderful years, 67 of them with his wife, Toni, his rock by his side. He was born in 1926, in Aussig, now

Usti nad Labem, in Czechoslovakia, but as a child of war, he and his family fled to England in 1938. After two years at school in the British countryside, Ralph and his parents emigrated to Canada two weeks before Dunkirk. He graduated from Upper Canada College in Toronto before emigrating once more, this time to the United States. After graduating from NYU and attending business school at Columbia University, he married the love of his life, Toni, in 1947. They moved from Manhattan to Greenwich, CT, in 1950, where Ralph would spend the next 75 years of his life as an engaged and active member of the Greenwich community.

Family was paramount to Ralph in all things, including business. He and his brothers, Charlie and Henry, worked closely together in various pursuits, the most important being running the family businesses after their father died in 1960. He navigated those responsibilities with commitment, patience, grace, and great humor, fostering an environment where colleagues and employees stayed for decades, not years. Through various mergers and acquisitions, Ralph’s final place of employment was Truist Wealth Management, where his knowledge and the perspective he had gained over a 65-year career made him a terrific resource for the younger executives. Ralph went to his office until the week before he died, but his devotion to both his work and his family never faltered.

While interested in many of the performing arts, Ralph’s greatest love was opera, having first attended when he was five years old in Aussig. Threatened punishment for him as a child was not being allowed to go the opera that week! When asked what he would like to come back as in another lifetime, his reply was “a Verdi baritone!” He and Toni were patrons of the Metropolitan Opera for over 50 years and attended regularly for many of those years.

Ralph also was an accomplished athlete, his favorite sports being tennis, golf and skiing, the latter he still did until he was 89. However, many would argue that the sport he was best known for was joke telling. At the height of his powers, he professed to know about 500 jokes. No one would contest that fact, and most would say they also never heard him blow a punchline!

Another major focus of Ralph’s was in giving back to the Greenwich community and beyond. He served on the board of Pittsburgh Theological Seminary for 10 years and then at Princeton Theological Seminary for 25 years. When at Princeton, he was selected to succeed Sir John Templeton as the Chairman of the Investment Committee, a position he proudly held for 15 years. Ralph was a member of First Presbyterian Church Greenwich for over 60 years, serving as an Elder and as an usher for many of those years. He and Toni were also on the board of the Community Chest, the precursor to the Greenwich United Way. But Ralph’s longest commitment was to Kids in Crisis in Greenwich, to which he devoted 29 years, fundraising most of that time. He proudly boiled down his approach to “You got it. We need it. Please send it!”

Perhaps his greatest accomplishment though was being the ultimate devoted father, uncle, grandfather and friend. Affectionately known as “Papa” by his grandchildren (and all of their friends), he happily imparted his passion for travel, his wisdom in philanthropic pursuits, the joy to be found in family, and his love of dogs, of which he and Toni had 26. Known as “Cookie Monster” with just cause, he also had a drawer full of hard candies, both at work and at home, his favorite being filled raspberry drops. He loved playing Tetris on a Gameboy, telling jokes to match whatever occasion arose, a good handkerchief to handle his enormous sneezes, elbow patch sweaters, the movie “Moonstruck”, lunching on samples at Costco, and a Dewar’s on the rocks with a splash of soda.

Ralph has been described as

loyal, kind, funny, a great mind, a true patriarch and pater familias, a legend, a bringer of joy, and “a man after God’s own heart if ever there was one.” He is survived by his daughter, Leslie Cooper and son-in-law, John, grandchildren, Mark (Kerry), Clare (David), and Eric (Julia) Cooper, great-granddaughter, Mackenzie, countless nieces and nephews and friends who loved him.

A celebration of this wonderful man will be held at a later date. In lieu of flowers, please consider sending a contribution to the Kids in Crisis Ralph M. Wyman Fund, 1 Salem Street, Cos Cob, CT 06807 or to the charity of your choice.



RICHARD CASE

Dick passed away peacefully on February 18. He was the eldest child of Robert and Barbara Case. Dick grew up in Ohio. He met his wife, Virginia (Ginny), in college, and they married in 1956. After living in Poughkeepsie NY, they settled in Greenwich, CT in 1977. Ginny predeceased him in 2020.

Dick and Ginny raised eight children. Over the years, they opened their home to exchange students and friends, providing a welcoming family environment. They loved traveling and camping. They were lovers and supporters of music and the arts.

Dick had a distinguished 41-year career at IBM as a computer designer and executive. He was appointed as Commissioner to the Presidential Commission on Critical Infrastructure Protection, served as Trustee of Wagner College and National Technological University, President of Belle Haven Land Company, and Treasurer for St. Paul’s Lutheran Church and the Greenwich Symphony Orchestra. He was also active in MathCounts, ABET (Accreditation Board for Engineering and Technology), and served his community as an AARP Tax Aide.

Dick is predeceased by his daughter, Ellen. He is survived by his children: Duane Case, Ralph (Judi) Case, Glenn (Theresa) Case, Sarah Case, Eileen Case, Katherine Bruno, and Melinda Case; seven grandchildren: Lynn Case, Sofia Almejo, Irene (Kory) Ellis, Michelle Case, Daniel Bruno, Alex Bruno, and Jackson Purdy; and two great-grandchildren: Eliana Dressler and Zuriel Ellis. He is also survived by his siblings: Kathryn Owens, Marilyn Hutfilz, and David Case.

A funeral service will be held on March 29 at St. Paul’s Lutheran Church in Rye Brook, NY at 11:00. Reception following the service. All who cared about Dick and his family are welcome. In lieu of flowers, donations may be made to the Audubon Society or Greenwich Symphony Orchestra, in memory of Dick and Ginny Case.



ROBIN BROWNING

March 23, 1941 – February 18, 2025

Robin Rhodes Browning, beloved wife and mother, surrounded by her husband, her children and a grandson, peacefully

passed away on February 18, in Vero Beach, Florida, leaving a void her family cannot fill. She is survived by her loving husband of 55 years, Simms Corpening Browning, and their two children: Simms Corpening Browning, Jr. (Christine) of Austin, TX, and Christina “Christie” Browning Rana (Adam) of Falmouth, ME, and her five grandchildren who she referred to as her “chickadees”: Octavia Mayes Browning, Mary Haden Browning, William Simms Rana, Harrison Louis Rana, and Charlotte Browning Rana. Robin is also survived by her sister Connie Rhodes West Read of Jacksonville, FL.

Robin was born in Gates Mills, OH on March 23, 1941 to Marianne W. and Robert L. Rhodes and shortly thereafter moved with her family to Jacksonville, FL where she was raised. She was a graduate of Salem College in Winston-Salem, NC with a Bachelor of Science degree. After teaching in Jacksonville for 3 years, she moved to New York City where she worked for McCall’s Magazine in the Education Department of the Pattern Division. From there, she became the Director of Admissions for the Laboratory Institute of Merchandising – a fashion merchandising college. It was in New York City, where she met Simms in 1967. They married in 1969 in Jacksonville and eventually moved to Greenwich, CT where both of their children were born. Robin became an active member in many organizations in Greenwich and New York City: The Round Hill Community Church, Junior League of Greenwich, Friends of the Greenwich Library, the Breast Cancer Alliance, Greenwich Health Association, and Big Brother Big Sister, Inc. She was also highly involved in her children’s schools - Brunswick School and Greenwich Academy, and went to most, if not all, of their athletic events.

In Greenwich, Robin was an avid gardener and could always be found working in her gardens or riding a birthday present, her John Deere tractor. “Robin’s Nest – A Friendship Garden”, was nominated and is recorded in the Smithsonian Institute. The perennial garden with some annuals, included horticultural contributions from over a dozen close friends, fellow gardeners, and family members. Robin was President of the Green Fingers Garden Club from 1999-2001 and served as Vice Chairman of Zone II for the Garden Club of America. In her time with Green Fingers Garden Club and the Garden Club of America, she received many honors that highlighted her character and passion, but perhaps the one that she was most proud of was the Medal of Merit Award: “With whit or whip, you make us better than we dream possible”. She was an active member of the Club until she and Simms moved to Vero Beach in 2015. In Vero Beach, she became involved in the National Society of Colonial Dames, which she had been a member of for 45 years. She enjoyed swimming, mahjong and canasta with her local Orchid Island friends, and truly enjoyed being able to see her sister Connie more regularly.

Robin gave an abundance of time, love and energy to her family, friends, and the organizations she was passionate about. Her family and friends knew her as a loving, thoughtful, genuine, witty, and strong spit-fire. She never forgot a birthday or anniversary and was the first to be at their side in times of need or celebration. Understanding proper etiquette was important to Robin, and she instilled this in both her children and grandchildren. She was also famously known for her poppyseed cakes, and her love of reading and travel. More than anything, Robin enjoyed spending time with her family, and relished the family reunions in Maine, Texas, Vero and Nantucket. The fact that all of her grandchildren sincerely enjoyed being together was everything to her. Robin’s passion for tending to and caring for gardens was keenly similar to her love and caring for those around her. She made a warm

and lasting impression on everyone that knew her, and she ingrained the importance of this wonderful attribute in her children and grandchildren. She will be greatly missed by everyone who knew her, but her spirit will be felt every time a beautiful garden or floral arrangement is seen.

In lieu of flowers, the family kindly requests memorial contributions to the Round Hill Community Church.



CHARLEE TUFTS

June 8, 1945 to January 11, 2025
Charlee A. Tufts died peacefully under hospice care at Midstate Medical center on January 11, in Meriden, CT at the age of 79.

A Celebration of Life is scheduled for 11 am on March 15 at First Congregational Church in Old Greenwich CT, with a reception to follow. Reverend Patrick Collins will officiate the ceremony. All are welcome to attend and celebrate Charlee’s life.

Charlee A. Tufts is survived by her 2 children, Peter Tufts, his wife Kristen Tufts and 2 grandchildren of Charleston South Carolina and Ashley Tufts her husband Mariusz Pajdak and 2 grandchildren of Cheshire, CT.

Charlee A. Tufts was born on June 8, 1945 in Cedar Rapids, Iowa to Lee and Charlene Anderle. She graduated from San Diego State University and Mercy College in 1969 with a degree in Nursing. While living and studying in San Diego, she met Peter Tufts, a young naval officer. They were married in 1970, and soon moved across the country to Boston, MA. After moving to Boston, MA, Charlee began working for Boston Children’s Hospital as a NICU Nurse. She continued her career in New York City at New York Hospital specializing in pediatric intensive care, critical care, and emergency department nursing. In 1974, she moved to Greenwich, CT and continued her nursing career and volunteered with Sound Beach Volunteer Fire Department with the Ambulance Corps. Her experience in nursing, emergency medicine and volunteer work as a first responder led her to pursue a career in improving the quality of emergency patient care.

Charlee was accomplished and most well known for her work in the Emergency Medical Services as a Founding member/Creator and Executive Director of Greenwich Emergency Medical Services, GEMS in Greenwich CT. Her vision came to fruition and a reality for Greenwich as she transformed the EMS service in the town of Greenwich. Her work is recognized by the State of Connecticut and Nationally as an icon for the EMS service. She has also been honored by several organizations. In 2017, she was an honoree among 10 other formidable women by the Connecticut Women’s Hall of Fame, in which they honored “Heroic Women, Those who Protect and Serve.”

As fulfilling as her professional career was, she was proudest of the family she raised. She shared her love of travel, photography, skiing, rescuing animals, art museums, and beaches with her children. She was full of life and shared her adventures with everyone she loved.

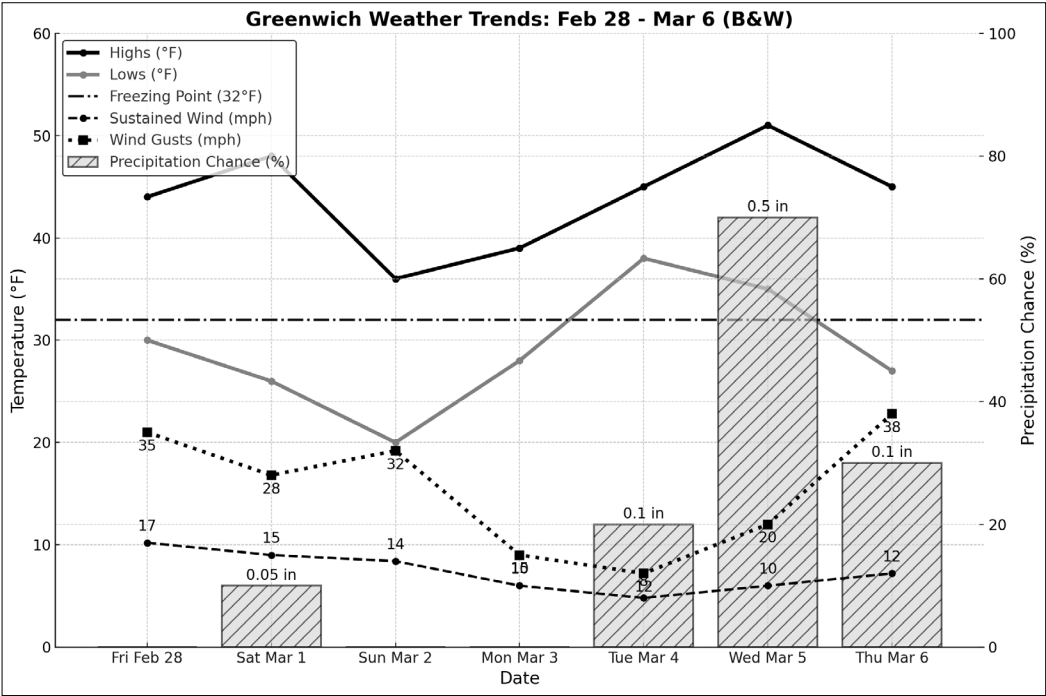
In lieu of flowers, please send donations to St. Luke’s Lifework Women’s Shelter of Stamford at Inspirica, inc. 8 Woodpond Pl. Stamford, Ct 06902 or support your local animal shelter or rescue organization.

Greenwich Weather Forecast: Here's What to Expect

By Emma Barhydt

Greenwich residents can expect a dynamic weather pattern this week, transitioning from blustery, late-winter conditions to a springlike warm-up before showers return by the end of the period. Friday begins gusty and cool, but high pressure will bring mostly sunny skies and rising temperatures through midweek. By Wednesday, temperatures may reach the 60s, before a cool-down and possible rain by Thursday night. Here's a breakdown of what to expect.

Friday, March 7 will bring plenty of sunshine but strong winds. Highs will reach 48°F, but west winds at 15–25 mph, with gusts up to 40 mph, will make it feel much colder. Drivers of high-profile vehicles should be cautious of crosswinds, particularly on highways and bridges. By evening, clouds increase, and temperatures dip to 33°F. A few sprinkles or flurries are



possible after midnight, but no accumulation is expected, and roads will remain dry.

Saturday, March 8 brings a lighter breeze making the day feel more comfortable, despite a high of 44°F under mostly sunny skies. Travel conditions will be smooth, with no rain or snow expected. The night will

be notably cold, with lows dropping to 28°F. Expect patchy frost in the morning, but no major travel concerns.

Sunday, March 9 will continue the dry and calm pattern, with mostly sunny skies and a slightly warmer high of 45°F. Winds will remain light, making for an ideal day for outdoor

activities. Nighttime temperatures will dip to 29°F, under clear to partly cloudy skies. Roads will remain dry, ensuring excellent travel conditions.

Monday, March 10 will be the start of a warming trend, as sunny skies help temperatures climb to 50°F. Winds will be light, and

travel conditions will remain ideal. The overnight low of 33°F will keep things seasonably cool, but the gradual warm-up continues.

Tuesday, March 11 will be the first truly mild day, with sunny skies and highs climbing into the upper 50s. A gentle southwest breeze will enhance the warmth. Morning commuters may still feel a slight chill, with lows in the upper 30s, but by afternoon, lighter jackets will suffice. Travel impacts remain minimal, aside from potential sun glare on the roads.

Wednesday, March 12 will bring the warmest temperatures of the week, with highs near or above 60°F. Sunny and pleasant conditions will dominate, though clouds will increase by evening as a cold front approaches. Mild overnight temperatures (upper 40s) will keep things comfortable. No travel concerns are expected, and roads will remain dry.

Thursday, March 13 will be partly cloudy and cooler, with highs around 59°F. While the daytime remains dry, clouds will continue to build, and a chance of showers increases overnight. Thursday night's low will be around 39°F, and rain could arrive after midnight into early Friday.

With winter's grip loosening, layers are still necessary, but lighter jackets will make an appearance by midweek. Whether you're savoring a sunny afternoon walk or cozying up inside on a rainy Thursday, this week's weather offers a little something for everyone. Forecasters are monitoring a potential storm system that may impact the region after March 13. If it tracks closer, stronger winds and heavier rain could develop late Thursday into Friday. Travelers with late-week plans should check for updates, as conditions could become more unsettled.

Traveling? Here is The Week Ahead

By Emma Barhydt

Northeast: The Northeast will experience a mix of chilly and mild conditions, with temperatures ranging from the 30s°F in the north to the 50s°F in the south. A cold start to the week will transition into a significant warm-up by midweek, with some areas even reaching the 60s°F. A few light snow showers are possible in northern areas over the weekend, but most of the region will remain dry. Gusty winds will accompany the early cold front, but calmer conditions will settle in as high pressure builds. By the end of the week, the region will see unseasonably mild temperatures under mostly dry skies.

Southeast: The Southeast will see warm and unsettled weather, with highs ranging from the upper 60s°F to the upper 70s°F and lows in the 50s°F to low 60s°F. A slow-moving storm system will bring widespread rain and thunderstorms,

some potentially strong, over the weekend into early next week. Heavy downpours could lead to localized flooding, especially in low-lying areas. The rain will taper off by midweek, allowing drier and warmer conditions to return as high pressure builds. Late in the period, the region will experience calmer weather with seasonably warm temperatures.

Midwest: The Midwest will experience a dramatic warm-up after a chilly start, with temperatures rising from the 30s°F and 40s°F early in the week to the 60s°F and even low 70s°F in some areas by midweek. A weak system may bring light snow showers to the far northern Midwest over the weekend, but overall, precipitation chances will be low. Gusty winds will accompany the warming trend, leading to rapid snowmelt in some areas. The region will remain dry through midweek, though increasing cloud cover could signal the next potential storm system toward the end of the forecast period.

Southwest: The Southwest will see fluctuating temperatures, with highs starting 15–20°F below normal in some areas before rebounding to the 50s°F and 60s°F, with lower deserts reaching the 70s°F. A dry weekend will give way to unsettled conditions early next week as a Pacific system moves inland, bringing scattered rain showers to lower elevations and significant mountain snow to the Rockies and Sierra Nevada. Gusty winds will develop ahead of the storm, followed by improving conditions mid-to-late week as high pressure returns, leading to a warming trend and mostly dry weather to close out the period.

Northwest: The Northwest will experience a wet and unsettled pattern, with temperatures ranging from the mid-40s°F to mid-50s°F, while higher elevations remain in the 30s°F. A series of Pacific storms will bring periods of rain to the lowlands and heavy snow to the Cascades and northern Rockies. The first system over the weekend will

bring moderate precipitation, followed by a brief lull before a stronger storm midweek delivers heavier rain, mountain snow, and gusty winds. Expect persistent cloud cover and occasional breaks in precipitation, but overall, the region will remain in a classic wet early-spring pattern.

West Coast: The West Coast will face an active storm pattern, with temperatures ranging from the upper 50s°F to mid-60s°F along the coast and colder conditions in the mountains. A significant atmospheric river event early next week will bring heavy rain to central and southern California, with flash flooding possible in some areas. The Sierra Nevada will see multiple feet of snow, while coastal regions will face gusty winds and soaking rainfall. After a brief dry spell, another strong Pacific system will arrive midweek, bringing another round of heavy precipitation and mountain snow. The stormy pattern will dominate the period, with only short breaks between systems.



Great gifts! Fabulous estate and costume jewelry, new and vintage clothing & consignments, accessories, and more!

OPEN Tues. – Sat.
10am – 5:30pm



428 E. Putnam Ave. in Cos Cob. FREE PARKING in the back & on street.
203.869.5990 sophiasgallery.com

SERVERS.
BARTENDERS.
CHEFS.



GREENWICH
staffing

Truly experience your event –
your friends, your family, your food.

Our professional party staff will
make it stress-free, unforgettable –
and no clean up.

SHARON SWEENEY STEFFANN
(203) 921-7172

Sharon@greenwichstaffing.com
GREENWICHSTAFFING.COM

Eat, Drink, Celebrate Greenwich!



PHOTOGRAPHS BY KYLE NORTON

Opening Night Party

Tuesday, April 1

6:00-8:30PM

Tony's at the J House

Tickets: \$95 Early Bird Sale

(Limited tickets available. Sale ends 3/25. \$125 regular price)

Restaurant Week

Mon, Mar. 31 – Sun, April 6

Bar • In-Restaurant Dining • To-Go

Special Offers

One Week Only!

Participating Restaurants Include:

Coffee for Good • Constantino's Pasta Bowls • DiMare Pastry Shop
The Gingerman • Grigg Street Pizza • Hinoki • La Taqueria • l'escale
Little Pub Greenwich • Love You a Latte • Miku Sushi • Moli • Nit Noi Provisions
Sweet P Bakery • Tony's at the J House • Townsend Bar

Check out our website for additional participating restaurants!



Scan or visit GreenwichRestaurantWeek.com
for event details, purchase tickets and view the
full list of participating restaurants.

*All ticket sales via Eventbrite, no cash/credit card purchase at event/door.

2025 SPONSORS



REAL ESTATE DASHBOARD

REAL ESTATE DASHBOARD EDITOR
Mark Pruner | Mark@GreenwichStreets.com

DASHBOARD CONTRIBUTORS
Timothy Agro | timothy.agro@compass.com
Robert Pulitano | robertpulitano@bhhsne.com
Pam Toner | pamtoner@bhhsne.com

NEW LISTINGS							
TIMOTHY AGRO, GREENWICH STREETS TEAM , 203.461.5964							
Address	List Price	Price/SqFt	SqFt	AC	BR	FB	Area
47 Lafayette Place 3H	\$799,000	\$986	810	0	1	1	South Parkway
154 Henry Street	\$899,000	\$975	922	0.09	3	2	Byram
15 River Road 220	\$985,000	\$776	1,270	0	2	2	Cos Cob
51 Forest Avenue 164	\$1,300,000	\$1,033	1,258		2	2	Old Greenwich
19 Bayside Terrace	\$1,850,000	\$748	2,473	0.31	4	2	Riverside
39 Center Drive	\$1,899,000	\$683	2,782	0.19	4	3	Old Greenwich
2 Echo Lane	\$2,500,000	\$890	2,809	0.46	3	3	South Parkway
30 Arnold Street	\$2,895,000	\$812	3,566	0.23	5	4	North Mianus
44 Amherst Road	\$3,200,000	\$727	4,400	0.17	4	4	North Mianus
8 Tinker Lane	\$3,250,000	\$490	6,635	2.07	6	5	South Parkway
1 Home Place B	\$3,295,000	\$618	5,333		4	4	South of Post
1 Home Place A	\$3,295,000	\$613	5,372	0	4	4	South of Post
30 Milbank Avenue	\$4,595,000	\$1,259	3,650	0.35	0	0	South of Post
8 Cherry Blossom Lane	\$4,900,000	\$942	5,203	2.43	4	4	North Parkway
44 N Porchuck Road	\$5,895,000	\$1,046	5,634	4.23	6	6	North Parkway
182 Taconic Road	\$6,850,000	\$865	7,921	4.15	6	6	North Parkway
30 Field Point Drive	\$17,000,000	\$941	18,068	3.93	11	9	South of Post
58 Quaker Lane	\$19,500,000				5	5	North Parkway

NEW SALES									
TIMOTHY AGRO, GREENWICH STREETS TEAM , 203.461.5964									
Address	Original List	List Price	Sold Price	DOM	BR	FB	Acres	SqFt	
191 Putnam Park	\$595,000	\$595,000	\$585,000	120	2	1			
4 Lafayette Court 4A	\$689,000	\$689,000	\$689,000	84	1	1	0	895	
3 Putnam Hill 3C	\$780,000	\$780,000	\$815,000	28	2	2		1,200	
24 Taylor Drive	\$1,280,000	\$1,280,000	\$1,250,000	89	3	2	0.15	1,356	
51 Forest Avenue 94	\$1,795,000	\$1,795,000	\$1,800,000	31	3	3	0	2,449	
69 Calhoun Drive	\$2,995,000	\$2,995,000	\$2,875,000	156	4	4	1.1	3,560	
99 Londonderry Drive	\$3,295,000	\$3,295,000	\$3,100,000	24	5	5	2.04	6,616	
20 Edgar Road	\$5,625,000	\$5,625,000	\$5,630,000	57	5	5	4	8,100	
19 Montgomery Lane	\$5,695,000	\$5,695,000	\$5,500,000	56	6	6	1	7,667	
115 Old Church Road	\$5,995,000	\$5,995,000	\$5,995,000	13	7	4	0.98	6,254	
20 Park Avenue	\$10,600,000	\$10,600,000	\$10,600,000	0	7	8	0.67	6,726	
543 Stanwich Road	\$17,495,000	\$17,495,000	\$16,200,000	210	7	8	4	17,408	
7 Cobb Island Drive	\$18,500,000	\$18,500,000	\$17,500,000	494	6	5	10.1	8,354	
547 Lake Avenue	\$21,000,000	\$21,000,000	\$21,000,000	129	7	9	3.62	12,168	

FEATURED OPEN HOUSES				
Data Compiled by Trusted Real Estate Agent Rob Pulitano (203) 561-8092				
Address	Area	Price	Day/Time	Broker
615 Westover Road	Stamford	\$1,600,000	Sun 1-3 PM	BHHS New England
8 Tinker Lane	Greenwich	\$3,250,000	Sun 2-4 PM	BHHS New England
39 Center Drive	Old Greenwich	\$1,899,000	Sun 12-2 PM	Coldwell Banker
20 Sherwood Farm	Greenwich	\$5,795,000	Sun 1-3 PM	Higgins Group
404 W Lyon Farm Drive	Greenwich	\$1,795,000	Sun 12-2 PM	RE/MAX
979 Lake Avenue	Greenwich	\$2,875,000	Sat 1-3 PM	Sotheby's
6 Benedict Place	Greenwich	\$4,250,000	Sun 12-2 PM	Sotheby's

The Spring Market is here!

HAVE YOU LISTED YOUR PROPERTY YET?



MANAGING BROKER
JIM HOFFMAN
with LULU

The team at Greenwich Connecticut Properties LLC offers extensive experience assisting both sellers and buyers to accomplish their real estate goals. We're an independent agency run by Greenwich natives: we know this town and this market. What's more, we've spent a lifetime building a network of local professionals who can handle anything needed to complete your project.

Selling, buying, financing, repairs, legal evaluations, staging, and closing — as Managing Broker Jim Hoffman says, "We've seen it all and done it all!"

Greenwich Connecticut Properties

Jim Hoffman served as Connecticut Real Estate Commissioner for seven years. He was a licensed agent for Coldwell Banker and William Raveis before founding Greenwich Connecticut Properties, LLC. License # #REB.0791998

Take advantage of our remarkable **2% COMMISSION**



PHONE: (203) 273-1759 EMAIL: jbhoffman48@gmail.com WEB: GreenwichConnecticutProperties.com

COLUMN

Mistakes to Avoid When Selling Your Home

By James Hoffman

Selling your home can be surprisingly time-consuming and emotionally challenging. It can feel like an invasion of privacy when strangers open your closets and poke around every nook and cranny. They will openly criticize your home and your decorating abilities and will then offer you less money than you think your home is worth.

With no experience and a complex transaction on your hands, it's easy for home sellers to become frustrated.

Remember these thoughts and maintain your cool.

Keep your emotions in check and stay focused on the business aspect.

Hire an agent - it'll cost you a small commission and in my case (Greenwich Connecticut Properties, LLC, a 2% commission) of the sale price.

Of course you must set a reasonable price for your property. Spring is the best time of the year to list your property!

My thought as an experienced Greenwich broker is to fix problems prior to listing the home and having your home inspected before listing is a great idea to avoid costly surprises before and after the home is under contract.

As a former Connecticut Real Estate Commissioner, I helped initiate our disclosure documentation, which decrees that sellers voluntarily disclose any issues concerning the property, or the owner will pay a flat fee of \$500 to the buyer.

Sellers who do not clean and/or stage their homes throw money down the drain. Failing to prepare your home will reduce the sale price and may also prevent you from getting a sale at all. If you haven't attended to minor issues, such as a dripping faucet, a potential buyer may wonder whether the house has larger and more costly issues that have not been addressed.

Have your broker point out areas of

your home that may need work. Because of your familiarity with the home, you may be immune to its trouble spots. A major issue with many homeowners is decluttering your property. Putting a fresh coat of paint on the walls and getting rid of any odors will also help you make a good impression on the buyers.

ACCOMMODATE THE BUYER

If someone wants to view your home, you need to accommodate them, even if it inconveniences you. Clean and tidy the house before every single visit. A buyer won't know or care if your house was clean last week. It's a lot of work but stay focused on the prize.

SELLING TO AN UNQUALIFIED BUYER

A good broker will not let you sign a contract with a buyer who is not qualified or who has a house that is contingent on the sale of their property, financial issues, etc. This may in the short or long run put you in a financial bind, especially if you need to close by a particular date.

CAN YOU SELL A HOUSE WITH A MORTGAGE?

Yes, you can sell a house with a mortgage. During the escrow process, you will get a mortgage payoff statement from the lender holding your mortgage that lists the exact remaining balance. When your loan closes, the escrow agent will send the balance of your mortgage to your lender, paying off your mortgage.

STAGING YOUR HOME

Staging a home can lead to a quicker sale and higher home prices. However, not everyone needs to hire a professional staging service.

Just taking a few steps like cleaning and decluttering can have a significant impact on a home's sale and will need to be done before moving regardless of the sale.

HOW MUCH WILL I MAKE SELLING MY HOUSE?

How much you make depends on the sale price, the broker's commissions, closing costs, and the remaining

mortgage balance. If working with a real estate broker, you should receive a seller's net sheet detailing all closing costs, including conveyance taxes (State of CT and local taxes).

SHOULD YOU SELL YOUR HOME FOR CASH?

Selling a home for cash is a quick way to avoid the hassle and stress of staging a house, showing it repeatedly, making repairs, and juggling competing offers, etc. Many cash buyers may not buy a home for more than the list price, which may include the cost of any repairs. Cash offers need to be considered with the advice of a knowledgeable broker regarding all the pros and cons.

THE CURRENT MARKET

The Greenwich real estate market is suffering from a lack of inventory, much like the rest of the Northeast. The average sale price in Greenwich for a four-bedroom home is over \$2.6M, with many homes, of course, selling well above this price point.

With fewer homes, whether they are single-family homes or condominiums, the competition is severe for the buyer and places the seller in a unique situation as long as mortgage rates stay well above 7%.

DON'T FORGET ABOUT CAPITAL GAINS

Don't forget about capital gains for sellers over 55 years of age, which excludes each individual up to \$125,000 or \$250,000 for a married couple on the sale of their personal residence. However, if the sellers are 65 or older and have lived in their home for at least five of the prior eight years, the capital gain is not taxed regardless of the amount. My advice is to contact your financial consultant and/or tax attorney regarding your personal situation.

JB Hoffman, SRES, CCRA is the MANAGING BROKER at GREENWICH CONNECTICUT PROPERTIES, LLC and can be reached at 203-273-1759 or JBHOFFMAN48@GMAIL.COM.

order @ the MARKET



PROVISIONS FROM THE MARKET

HAPPINESS IS CATERING

BACK COUNTRY GREENWICH

www.happinessiscatering.com

203.861.4020

march seventeenth^{less}

HAPPY Saint Patrick's Day



MENU... 

CELEBRATE!! 

PREORDER BY FRIDAY MARCH 14TH

PICK UP ORDERS BETWEEN 1PM TO 6PM

MONDAY MARCH 17TH

February 2024 Greenwich Real Estate Market Report



By Mark Pruner

Inventory Down, Sales Up

February 2025 was a remarkable month. We sold 47% more houses than in February 2024, despite having 25% less inventory than last year. By the numbers, we sold 25 houses last month compared to 17 houses in February 2024. At the same time, we ended February with only 93 single-family homes on the market, down 25% from 2024. At the end of February 2024, we had 124 single-family homes on the Greenwich MLS, which was an all-time record low for the end of February.

Come the end of February 2025, we set a new all-time record low for the end of February, and not just by a little bit. We had a drop of 31 houses or a 25% decrease year over year. The inventory was actually not even that good, as out of 93 listings at the end of February, 65 of them, or 70%, had been on the market for more than a month. In a market this hot, if you don't have a contract or at least significant offers within the first 30 days, you are probably overpriced or there is some other problem.

It could be that you have an old house that needs work, a house style that is not popular, a strange lot shape or wetlands that make it difficult to determine what a buyer could build on the property without filing with the Zoning Board of Appeals or Inland Wetlands. All of those issues, and more, can be cured by simply reducing the price. Alternatively, you can do the work, change the style of the house, or get the permits yourself, but most of the time, lowering the price is the better option, since the issue that you as the seller solve may not be the exact issue that the buyer has.

With the exception of the last week of February, our inventory additions have been anemic. In every year but this year, inventory rises fairly steadily from the beginning of the year through May. This year, inventory actually fell in the first six weeks of the year from 86 listings at the beginning of 2025 to only 80 listings in the second week of February, when we once again set an all-time low of only 80 listings compared to 125 listings for the same week in 2024 and 532 listings in the same week in 2019.

Think about that for a second. In 2019, we had 532 single-family listings on the Greenwich MLS, or 6.25 listings for every listing that we have in 2025. Now, 2019 was not a good year for Greenwich real estate. Inventory was above average, and demand was below average. In 2019, despite having a surfeit of inventory, we only sold 526 houses. You had to go all the way back to 2009, at the bottom of the Great Recession, to have a lower number of sales. (OK, it was a really low 370 sales in 2009, but we were not looking good in 2019.)

Prices in backcountry, and to a lesser degree mid-country, had been falling for most of the 10 years post-2019. Big houses with lots of land, further from town and transportation, had fallen out of favor. Then came Covid. All of a sudden, panicked New Yorkers wanted lots of land for social distancing. They wanted bigger houses because they were living in them 24/7 rather than going out to plays and dinner every night. They wanted lots of amenities, both indoors and outdoors, giving rise to the term mini-country club.

The result was that we had

the most sales ever in 2020 with 861 sales, only to see that number blown away in 2021 with our all-time record sales of 1006 home sales. Since then, our sales have been cut in half to only 500 sales last year, even below what we had in the “bad” year of 2019, with the aforementioned 526 sales.

While the year-end sales numbers were about the same, the markets in 2019 and 2024 could not have been more different. We had seen a multiple-year slide in demand going into 2019, resulting in fewer sales and a pile-up in inventory. In 2024, we saw a continued multi-year slide in listings as people were reluctant to put their houses on the market.

As I wrote several times last year, the lack of inventory in Greenwich is not due to a low interest mortgage “lock-in” effect of people not wanting to sell because they have low-interest mortgages. Our two biggest groups of buyers are downsizers who usually have lots of equity and don't need a mortgage, and first-time buyers who don't have a mortgage. Of course, higher interest rates do mean that some people decide a new house is too expensive at today's rates, but it is not a lock-in effect for the large majority of Greenwich buyers.

When you look at the market by price range, there is a distinct line at \$4-5 million. Below that price range, sales and contracts are mostly down. The one exception is from \$1-1.5 million, where we had some inventory come on and go quickly to contract. Sales are up by only one sale, but contracts are up by five, from nine contracts to 14 contracts, so that price segment will see an upswing in sales in March and April.

Above \$5 million, sales are up 100% from 10 sales last year to 20 sales this year. Contracts are also up 60% from 10 contracts last year at this time to 16 contracts this year. This is because we have sufficient inventory and better demand this year.

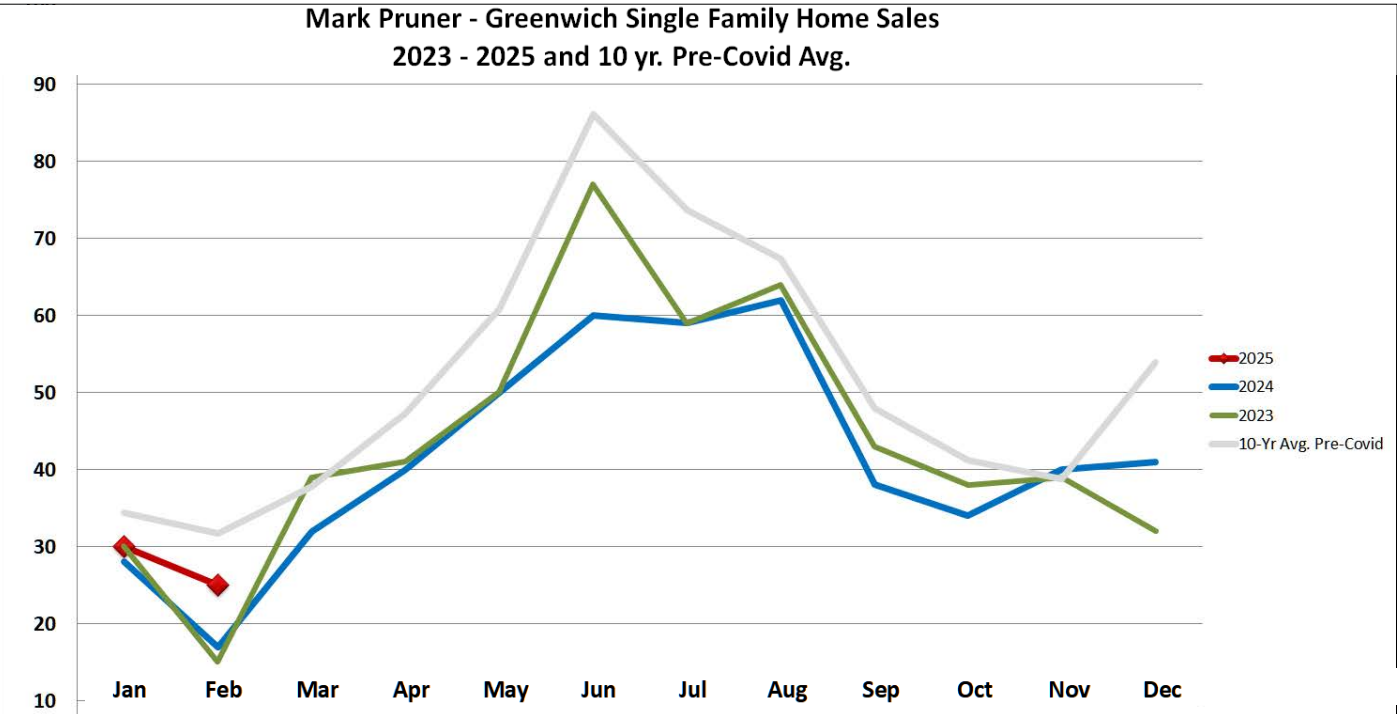
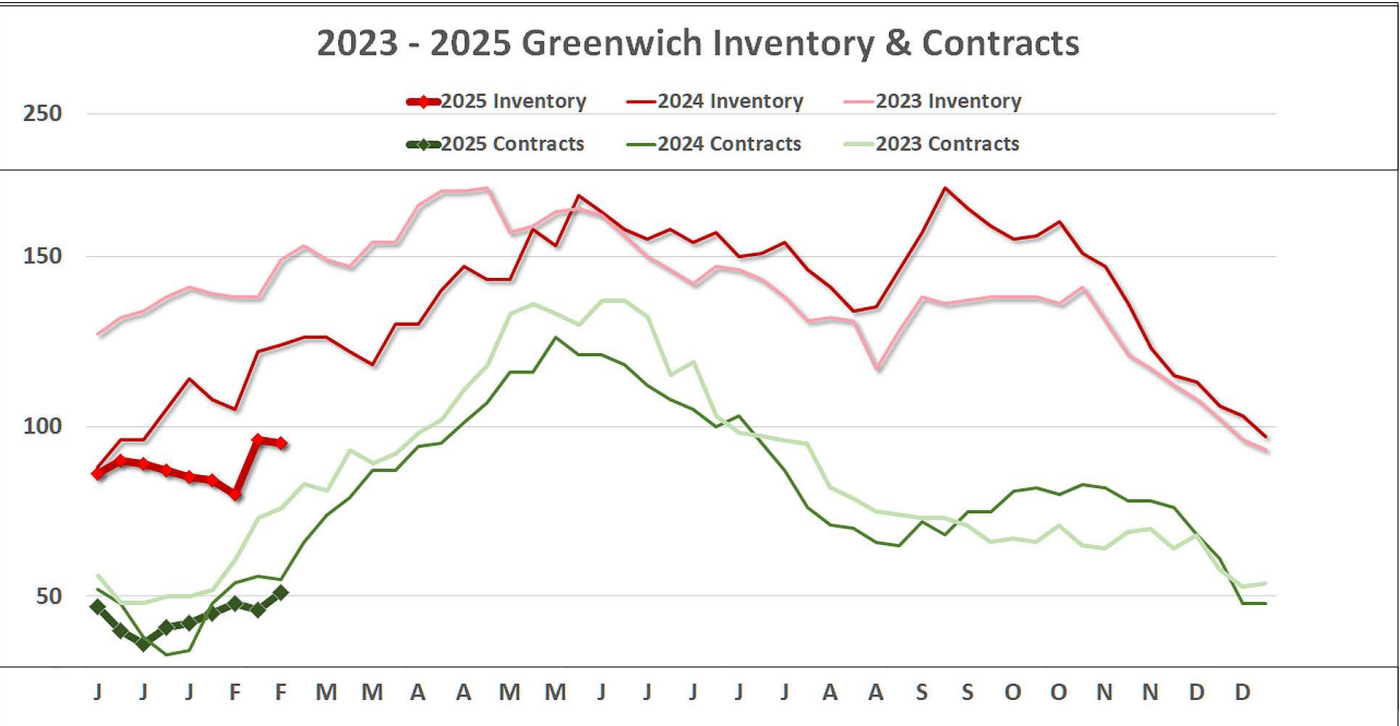
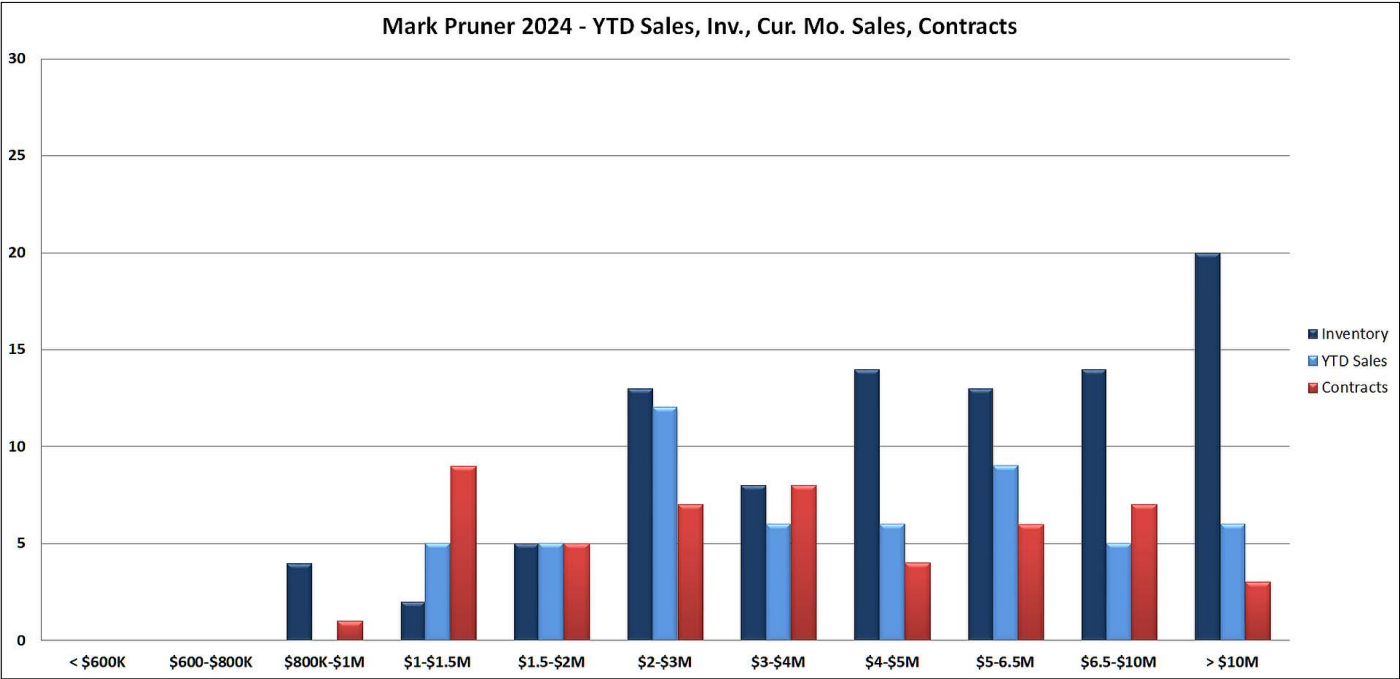
The question is, what are we going to see in the next few months? Our best forward indicator is signed contracts, which have risen since the beginning of the year as is typical in our late winter market. Higher contracts lead to higher sales in the next month or two. However, while contracts are rising, they are still below last year's contract numbers at this time of year.

Arguably, inventory is rising slower than normal, but what is coming on is going to contract quickly, if it is a good property. The median days on market for the 25 sales in February was only 39 days from listing to non-contingent contract. Also, only six of the 25 sales had a mortgage contingency, i.e., the winning bidder in 75% of the deals brought cash.

The big question is, when are we going to see inventory rise above 2022 levels? There is a good chance that this may be the year. Inventory has been low for four years, which means many growing families are in houses that are too small for them, and downsizers are paying more than they need to for the amount of housing that they actually need. In Greenwich, much of our inventory comes from the natural lifecycle of homeowners: marriages, births, job transfers, graduations, retirement, and permanent departures. People need to move on with their lives, and they have changing housing needs.

Anyway, let's hope this is the year. Stay tuned...

Mark Pruner is a sales executive and part of the Greenwich Streets Team at Compass real estate. He can be reached at 203-817-2871 or mark.pruner@Compass.com or at his office at 200 Greenwich Ave.



NAVIGATING THE SPIRITUAL JOURNEY

Exploring Prayer and the Basics of the Spiritual Life
Four Talk Series by Fr. Perrella

- How to get closer to God
- How to strengthen your prayer routine
- How to identify areas for growth in holiness
- The art of prayerful discernment of God's will for your life

Thursdays 7-8pm
March 13, 20, 27, April 3
St. Catherine - St. Agnes Parish
Lucey Parish Hall



GREENWICH MAY
TOWN • PARTY 24
2025

COMMUNITY
TICKET LOTTERY

ENTER AT GREENWICHTOWNPARTY.ORG

March 4 – March 24

All entries submitted will be randomly sorted once the lottery has closed;
no preference will be given to the date/time of submission.
Greenwich Town Party (GTP) Tickets may only be purchased by
Greenwich residents, business owners or employees.
All entries submitted will be verified for Greenwich residency or employment.

BECOME A
SPONSOR

Support the Community!

NEIGHBOR
PASSES

Available Now!

GREENWICHTOWNPARTY.ORG

COME TOGETHER • CELEBRATE • PARTICIPATE • COMMUNITY

The March Sky: Eclipses, Equinox, and Planetary Alignments

By Emma Barhydt

March is a month of celestial drama, with the night sky offering a total lunar eclipse, a partial solar eclipse, the arrival of the vernal equinox, and a planetary dance visible to the naked eye. These events, long observed by civilizations past, continue to shape scientific understanding of Earth's place in the universe.

The Blood Moon: March 14's Total Lunar Eclipse

In the early hours of March 14, a total lunar eclipse will grace the skies of North and South America. As Earth moves between the Sun and the Moon, the Moon will darken, turning a deep red as it falls into Earth's umbral shadow. This "Blood Moon" effect occurs because Earth's atmosphere scatters shorter wavelengths of light while allowing red hues to reach the lunar surface.

The eclipse will last for about 66 minutes, with peak totality occurring at 3:00 a.m. EST. Skywatchers in the western hemisphere will have the best view, with the Moon high in the southwestern sky. Ancient civilizations viewed such events with awe, often interpreting them as omens of change. Today, scientists use lunar eclipses to study Earth's atmosphere, noting how particles like volcanic ash influence the Moon's color during totality.

A Sunrise Spectacle: The Partial Solar Eclipse on March 29

Just over two weeks later, a partial solar eclipse will unfold at dawn on March

29, visible from parts of North America and Europe. The Moon will obscure a portion of the Sun as it rises, creating a dramatic effect along the horizon. Observers in eastern Canada and the northeastern United States will see as much as 40% of the Sun covered at maximum eclipse.

Unlike lunar eclipses, which can be viewed safely with the naked eye, solar eclipses require protective gear such as eclipse glasses or solar filters. The entire event will last less than an hour, with the Sun emerging fully by 7:05 a.m. EST.

The Vernal Equinox: March 20

March also marks the vernal equinox, the moment when the Sun crosses the celestial equator, signaling the start of spring in the Northern Hemisphere and autumn in the Southern Hemisphere. At exactly 4:59 a.m. EST on March 20, day and night will be nearly equal worldwide.

Equinoxes have been significant throughout human history. Ancient cultures aligned monuments like Stonehenge and the Mayan pyramids to the Sun's position on these days. Modern calendars still reflect the equinox's importance, influencing holidays such as Nowruz, the Persian New Year, and determining the timing of Easter.

The Planetary Waltz: Venus, Mercury, Mars, and Jupiter

While eclipses steal the spotlight, the planets are engaging in their own celestial dance. Venus and Mercury will form a rare conjunction just after sunset in early



March. Venus, the brighter of the two at magnitude -4.5, will help locate Mercury, which will sit just below it near the western horizon. The two will be at their closest around March 11. By March 22, Venus will fade into the Sun's glare, leaving Mercury visible for only a few more days.

Mars lingers in Gemini, steadily dimming as it moves across the constellation. By mid-March, it will shine at magnitude 0, forming a triangle with Castor and Pollux, the twin stars of Gemini. Jupiter, still bright at magnitude -2.2, remains in Taurus, setting around midnight. Through a telescope, viewers can observe its four largest moons casting shadows on the planet's cloud bands.

Saturn and Neptune, however, will be

out of sight. Both reach conjunction with the Sun this month, meaning they are too close to the solar glare to be seen. With these planets absent, the morning sky will be noticeably emptier, offering a clearer view of deep-space objects.

The International Space Station and Tiangong Passages

March also provides opportunities to spot artificial satellites. The International Space Station (ISS) will be visible in the evening sky starting March 10, appearing as a bright, unblinking point of light moving across the heavens. Under the right conditions, it can outshine even Jupiter. Meanwhile, China's Tiangong space station, though fainter, will also make several visible passes. Unlike airplanes,

these stations move in steady arcs and do not blink, reflecting sunlight as they orbit about 250 miles above Earth.

The Owl Nebula: A Deep-Sky Gem

For telescope users, March presents a chance to observe Messier 97, the Owl Nebula, in Ursa Major. This planetary nebula, the remnant of a dying star, appears as a ghostly sphere with two dark voids resembling an owl's eyes. Though faint, it reveals intricate details under dark skies with an OIII filter.

The Slow Motion of the Heavens: Precession and Celestial Coordinates

Beyond these immediate spectacles, the sky itself is shifting. Earth's axial precession, a slow wobble in its rotation, gradually alters the positions of celestial objects. The "First Point of Aries," a reference point for celestial coordinates, no longer resides in Aries but in Pisces due to this drift. Over the next 26,000 years, the North Star will change, and constellations will shift. The night sky, long thought to be fixed, is in constant motion.

A Cosmic Calendar in Motion

March 2025 is a showcase of celestial rhythms. Eclipses highlight the precision of planetary orbits, the equinox signals seasonal balance, and the planets stage their silent performances. Even as the sky appears unchanged, the grand mechanics of the cosmos continue their steady transformation, reminding Earth-bound observers that time, like the heavens, is always in motion.

Winners of the February 2025 Writing Competition

A CONTEST FROM JOE DAWSON

Ages 15 & UNDER WINNER: KAYLA KICZEK, NEW CANAAN

Entry: *"Dearest Green Eggs and Ham, I fear there has been a big misunderstanding. You see, I only pretended not to like you because I was afraid you did not like me back and Sam would tease me. In fact, I not only like you, I LOVE you!"*

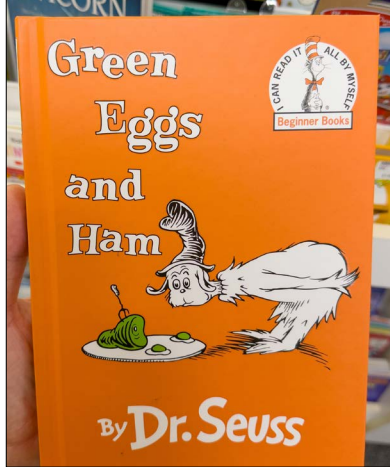
This entry stood out because it took a well-known story, flipped the perspective, and added a heartfelt and humorous twist. The simple miscommunication trope, combined with the exaggerated stakes of Sam-I-Am's relentless enthusiasm, made for a clever and endearing Valentine's Day message.

We were doubly pleased because it celebrated Dr. Suess whose birthday was March 2.

AGES 16 & UP WINNER: ERICA BLAIR, GREENWICH

Entry: *"The Winter's Tale: Don't trust old friends. Or wives. Or peddlers. Or statues. Or bears."*

This entry brilliantly condensed an entire Shakespearean play into twelve words while maintaining the essence of its plot. It's witty, direct, and captures



the sheer absurdity and betrayals of *The Winter's Tale* in a delightfully concise format. The final twist—throwing bears into the mix—was the perfect touch.

RUNNER-UP: ANDREA KICZEK, NEW CANAAN

Entry: *"The Real Housewives of Verona's reunion show is going to be lit!"*

This entry brought contemporary humor to Shakespeare, imagining *Romeo and Juliet* as a reality TV disaster waiting to happen. The choice to reframe the drama of Verona's feuding families in the context of a modern reality show was

"Deep "Dearest Green Eggs and Ham, I fear there has been a big misunderstanding. You see, I only pretended not to like you because I was afraid you did not like me back and Sam would tease me. In fact, I not only like you, I LOVE you!"

unexpected and hilarious.

A LOOK AT THE ENTRIES

This month's submissions covered the full spectrum of love—tragic, hilarious, and bizarre. Shakespeare's most famous doomed romance, *Romeo and Juliet*, naturally dominated the entries, with multiple takes on its themes of miscommunication, family interference, and poetic tragedy. Some took a more poetic approach, while others embraced dark humor or modern satire.

Other plays received clever treatment as well: *The Winter's Tale* became a masterclass in betrayal, *Twelfth Night* was reduced to the unpredictability of Illyria's weather, and *King Lear* was reframed as a probate nightmare. Many entries leaned into brevity as a comedic tool, proving that sometimes, less really is more.

In the under-15 category, creative

takes on literary friendships and unlikely love stories led the way. The best ones found humor in famous characters' relationships—whether it was *Green Eggs and Ham* revealing a secret admiration or *Winnie the Pooh's* love letter to honey. Ages 16 & Up Winners

HONORABLE MENTIONS

John Kriz

Entry: *"Twelfth Night: 3-way with Twins, Cross-dressing, Greatness Thrust"*

This entry won for its sharp economy of words, irreverent humor, and double entendres that perfectly encapsulate Twelfth Night's themes of mistaken identity, ambition, and romance. Shakespeare would approve of the bawdiness.

Chris Lengle

Entry: *"She pursues, he resists. Love wins through wit and will." (Much Ado About Nothing)*

This six-word summary captured the essence of Beatrice and Benedick's iconic relationship—one of verbal sparring, stubbornness, and eventual surrender to love. It distills the heart of *Much Ado* with elegance and precision.

Andrea Kiczek

Entry: *"Petruchio watched too much Andrew Tate." (The Taming of the Shrew)*

This modern cultural reference hilariously recontextualizes Petruchio's questionable "taming" methods through today's lens. A brilliantly executed, biting critique in just eight words.

Jeff Kiczek

Entry: *"Succession, but Logan is a king." (King Lear)*

A perfect encapsulation of *King Lear* in modern terms. The brutal family dynamics and power struggles make this an astute and witty comparison.

Calling all sophisticates, literary enthusiasts, and our very clever Sentinel readers!

Enter to Win Cash Prizes in our Cross-Over Contest!

Sentinel Literary Competition

MARCH Writing Challenge #325: Literary Finds

March is a month of transitions and spring cleaning—winter turns to spring, the old gives way to the new, and change is everywhere. We throw open the windows and clean out the closets. This month's contest embraces transformation and lost things.

For Ages 15 & Under: "Letters from the Other Side"

Winner receives \$25 and publication in the Sentinel!

Prompt: If other things could talk, what would they say? Write a letter from an unusual point of view—maybe it's from a snowman to the sun, a worm to a robin, or a pencil to its owner. Whether it's heartfelt, hilarious, or completely bizarre, tell us what the world looks like from their perspective—in 50 words or fewer.

Example 1: A Snowman Writes to the Sun

Dear Sun,

Your warmth is wonderful, but every time you come out, I lose a little more of myself. My carrot nose fell off yesterday. My left arm is now just a soggy mitten in the slush. But still, I can't help loving your warmth.

Meltingly yours, Frosty

Example 2: A Book's Lament

Dear Reader,

Remember me? You used to take me everywhere—under blankets, to the park, even to the kitchen (I still have a spaghetti stain on page 42). But now I'm under your bed, all dusty and lonely.

Waiting (and sneezing), Your Book

For Ages 16 & Up: "What's Left Behind"

Winners receive \$100 and \$50 and publication!

Prompt: Someone—or something—has disappeared. All that remains is an object, a letter, or a single clue. In 150 words or fewer, tell the story of what was lost and what it left behind. It could be a person, a civilization, an animal, a way of life—anything that once existed and is now gone. Make it haunting, funny, mysterious, or

deeply human, but above all, make us feel the absence.

Example 1:

The archaeologist found it buried under layers of sand—an ornate drinking cup, its gold edges dulled by time. Someone had lifted it once, filled it, toasted with it. But to whom? A king? A god? They translated the inscription. It read: Drink deeply and remember. Remember what?

Example 2:

A single, lonely sock lay crumpled in the corner, its mate nowhere to be found.

"Another one," Detective Whiskers muttered, adjusting his tiny detective hat. "That's the third this week."

He sniffed the sock. A faint trace of fabric softener... and betrayal.

Mrs. Jenkins stood in the doorway. "I put both in."

They always say that. Whiskers narrowed his eyes. This wasn't an accident. This was organized crime. The Great Sock Heist had gone on for too long.

He turned back to the dryer. A draft of warm air whispered through the vent. Whiskers felt the fur on his back prickle.

Could it be? Were the legends true?

The Sock Dimension.

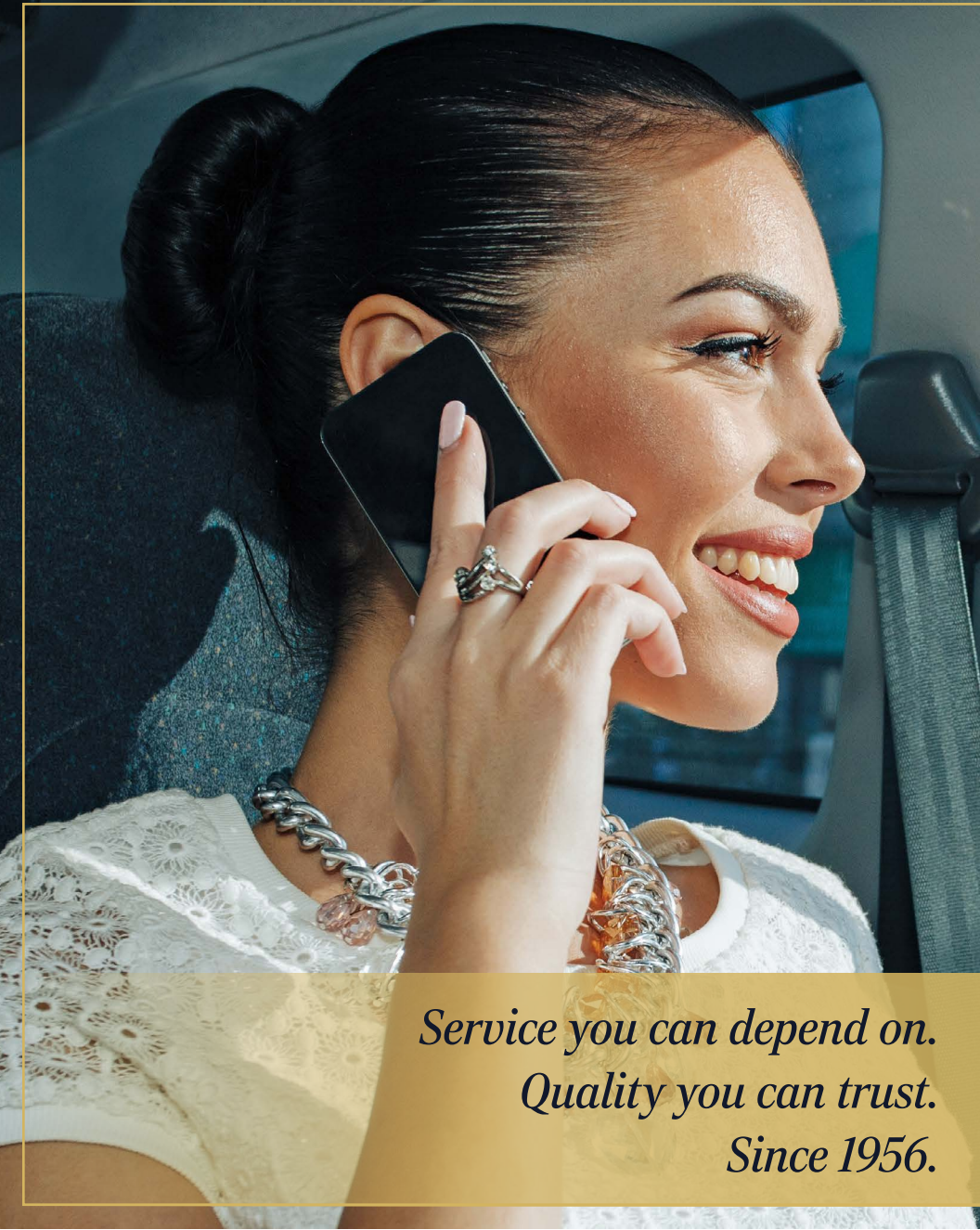
A place where single socks vanished, sucked into a swirling vortex of static electricity and lost laundry.

Whiskers flicked his tail. He'd crack this case. No sock left behind.

Deadline: Midnight, Friday, March 28, 2025. Winners announced in the April 3, 2025 issue.

How to Enter: Craft your clever response to this month's prompt, then visit www.GreenwichSentinel.com/sentinel-writing-competition to submit it. Multiple entries are welcome, and pseudonyms are accepted—giving you the freedom to be as inventive as you like.





Service you can depend on.
Quality you can trust.
Since 1956.

“I’m relatively new to corporate travel, so I want my transportation to be safe and reliable.

I always feel comfortable with Rudy’s. I trust them to get me there safely and on time.”



(800) 243-7839 • GoRudys.com

RESERVATIONS: Call, visit our website, or download our app.

Calendar of Events for Your Fridge

FRIDAY, MARCH 7

8 a.m.
Women’s Health & Wellness Event. The J House Greenwich, 1114 E. Putnam Ave. \$29. eventbrite.com/e/1230601264509

10 a.m.
The Foodshed Forum: Sustaining Fairfield County’s Foodshed. Sam Bridge Nursery & Greenhouses, 437 North St. Free. RSVP. 203-585-3431. ali@thefoodshednetwork.org

10 & 11 a.m.
Sensory Storytime (Ages 18 months-48 months). Perrot Memorial Library, 90 Sound Beach Ave. Free. Register. perrotlibrary.org

10:30 a.m.
Voices Center of Resilience: Mindful Moment Meditation. Online. Free. Register. voicescenter.org.

1:30 p.m.
Concert & Cake First Friday Concert Series: Randall Atcheson. Greenwich Arts Council, 299 Greenwich Ave. greenwichartscouncil.org

3 p.m.
FeederWatch Fridays. Greenwich Audubon Center, 613 Riversville Rd. All Ages. Free. Register. greenwich.audubon.org/events

4 p.m.
Apocalypse Life Skills: DIY Water Filters (Ages 8-13). Perrot Memorial Library, 90 Sound Beach Ave. Free. Register. perrotlibrary.org

7:30 p.m.
GHS Theater Arts presents “Three Sisters.” GHS Blackbox Theater. Two performances on Saturday, March 8: 5 & 8pm. docs.google.com/forms/d/e/1FAIpQLSd2_dW-w_dwgleaPC-uo6QcQMIA1aZxUDdjfbbrdpjAdX7zL0A/viewform?fbclid=IwY2xjawIyw6pleHRuA2Fl-bQIxMAABHUf4Bm2LhVwZddwSMhXnbRLV-vfVJTq2_nhZ91u-GCyn0qE0LmqOJ1CUzbg_aem_KOw5oAr1X8vc5o4AOThPrw

8 p.m.
St. Catherine’s Players’ “The Wizard of Oz”. St. Catherine of Siena Church, 4 Riverside Ave. Performances: March 7, 8, 9 (Fri 8pm, Sat 7pm, Sun 2pm). scp.ludus.com.

SATURDAY, MARCH 8

8 a.m. - 12 p.m.
The Greenwich Lions Club’s 62nd Annual Pancake Breakfast. Greenwich High School’s Student Center, 10 Hillside Rd. \$8 in advance & for children 6-11 y/o; \$10 at the door; Free for children 5 y/o & under. greenwich-lions-club@googlegroups.com

11 a.m.
Museum Movers: Yoga for Kids (Ages 3-6). Bruce Museum, 1 Museum Dr. Free with admission. brucemuseum.org.

1 p.m.
Birding at the Bruce Museum with Greenwich Audubon – a tour of the neighboring Oneida Sanctuary. Meet at the Bruce Museum Lobby. brucemuseum.org.

1 p.m.
Science Solvers: Ice Age (Ages 4 & up). Bruce Museum, 1 Museum Dr. Free with admission. No reservations required. Also held Sunday, March 9. brucemuseum.org

1 p.m.
ASL Tour Blanche Lazzell: Becoming an American Modernist. Bruce Museum, 1 Museum Dr. Free with Museum admission. brucemuseum.org

2 p.m.
Bruce Experiences: Ask Dr. Ruth. Bruce Museum, 1 Museum Dr. brucemuseum.org.

2 p.m.
Working for the Revolution: Patriot Women’s Lives During the War. Greenwich Historical Society, 47 Strickland Rd. GHS Member (1 registrant) GHS Member, \$15; Non-Member, \$20. greenwichhistory.org/events

6 p.m.

Bruce After Hours: Celebrating Women. Bruce Museum, 1 Museum Dr. \$30, nonmembers; \$24, members. brucemuseum.org.

6 p.m.
Greenwich Hibernian Association’s St. Patrick’s Day Dinner Dance. Knights of Columbus Hall, 37 West Putnam Ave. greenwichhibernians.org/dinner-dance

7 p.m.
St. Catherine’s Players’ “The Wizard of Oz”. St. Catherine of Siena Church, 4 Riverside Ave. Performances: March 7, 8, 9 (Fri 8pm, Sat 7pm, Sun 2pm). scp.ludus.com.

SUNDAY, MARCH 9

1 p.m.
Guided Gallery Tour: Greenwich During the Revolutionary War: A Frontier Town on the Front Line. Greenwich Historical Society, 47 Strickland Rd. Free with museum admission. Through June 9. greenwichhistory.org/events

2 p.m.
St. Catherine’s Players’ “The Wizard of Oz”. St. Catherine of Siena Church, 4 Riverside Ave. scp.ludus.com.

MONDAY, MARCH 10

9 a.m. - 4 p.m.
March PLD Vacation Camp. YMCA of Greenwich, 50 East Putnam Ave. Register. greenwichymca.org/events

2 p.m.
CT Ceramics Circle Lecture: “The British Are Coming: A Revolution in 20th-Century American Tableware Design.” On Zoom. Free for Members & first time guests. Register. cceramicsc.org

3:45 & 4:15 p.m.
Kids’ Gardening Workshop with the Garden Club of Old Greenwich: Nesting Balls (Ages 4 & up). Perrot Memorial Library, 90 Sound Beach Ave. Free. Register. perrotlibrary.org

TUESDAY, MARCH 11

9:30 a.m.
Perrot Memorial Library: Perrot Walks at Tod’s Point. Free. 203-637-1066 x15. perrotlibrary.org

10 & 11 a.m.
Bruce Beginnings: It’s in the Photograph (Ages 2 1/2-5). Bruce Museum, 1 Museum Dr. Free with admission. No reservations required. Also held Wednesday, March 12. brucemuseum.org

1 p.m.
Greenwich Land Trust: Introduction to Animal Tracks. Converse Brook Preserve. Register. gltrust.org/upcoming-events

4 p.m.
Debate Club (For Ages 9-12). Perrot Memorial Library, 90 Sound Beach Ave. Free. Register. perrotlibrary.org

6 p.m.
Purls of Wisdom: An Evening Knitting Class. Perrot Memorial Library, 90 Sound Beach Ave. Free. Register. 203-637-1066 x15. judys@perrotlibrary.org. perrotlibrary.org

WEDNESDAY, MARCH 12

10 a.m.
Bruce Beginnings Junior: Northern Lights (ages 12 Months-30 Months). Bruce Museum, 1 Museum Dr. Free with admission. First come, first served. brucemuseum.org

11 a.m.
Retired Men’s Association of Greenwich: Cary Ginnell, Broadcaster, Folklorist. Author of “Carefully Taught: American History Through Broadway Musicals.” Christ Church, 254 E. Putnam Ave. & on Zoom. Free & open to all. greenwichrma.org

1 p.m.
Plant Morphology Bulb Drawing - Part 1. Greenwich Botanical Center, 130 Bible St. \$50, GBC Members; \$75, Non-Members. Register. greenwichbotanicalcenter.org

5:30 p.m.
Women’s Business Development Council (WBDC): Financial Foundations: Business Loan Online Drop In. Online. Free. Register. ctwbdc.org/class-listings

7 p.m.
“Oh Deer!” – Managing Greenwich’s White-Tailed Deer Population. Greenwich Town Hall & on Zoom. Free. Register. greenwichtct.gov/Calendar.aspx?EID=12387

7 p.m.
I Squared: An Evening of Irish & Italian Song. Perrot Memorial Library, 90 Sound Beach Ave. Free. Register. 203-637-1066 x15. judys@perrotlibrary.org. perrotlibrary.org

THURSDAY, MARCH 13

10 a.m.
Open Knitting Drop-In Program. Perrot Memorial Library, 90 Sound Beach Ave. Free. perrotlibrary.org

10 a.m. - 12 p.m.
Invasive Vine Cutting at Tod’s Point – Volunteers needed. Meet at the Holly Grove entrance. Wear protective clothing, hat and work gloves and bring clippers/loppers, or borrow. info@friendsofgreenwichpoint.org. friendsofgreenwichpoint.org

3:45 p.m.
Read to a Dog – All Ages. Perrot Memorial Library, 90 Sound Beach Ave. Free. perrotlibrary.org

6 p.m.
Bruce Presents: Alaskan Dinosaurs: New Discoveries from an Ancient Arctic Ecosystem. Bruce Museum, 1 Museum Dr. \$20, non-members; \$16, members. brucemuseum.org

FRIDAY, MARCH 14

10 & 11 a.m.
Sensory Storytime (Ages 18 months-48 months). Perrot Memorial Library, 90 Sound Beach Ave. Free. Register. perrotlibrary.org

3 p.m.
FeederWatch Fridays. Greenwich Audubon Center, 613 Riversville Rd. All Ages. Free. Register. greenwich.audubon.org/events

4 p.m.
Creative Ventures: Trinket Drawers (Ages 7-13). Perrot Memorial Library, 90 Sound Beach Ave. Free. Register. perrotlibrary.org

6 p.m.
Evening Woodcock Watch. Greenwich Audubon Center, 613 Riversville Rd. Ages 6 & up. \$15. Register. greenwich.audubon.org/events

SATURDAY, MARCH 15

9 a.m. - 5 p.m.
Greenwich Sail & Power Squadron: CT Safe Boating Class. Police Headquarters, 11 Bruce Place. \$95. usps.org/cgi-bin-nat/eddept/800/get-regformx.cgi?C-20764

9:15 a.m.
NAMI Family to Family Class – 8-session educational program for family, significant others and friends of people with mental health conditions. First Congregational Church in Old Greenwich, 108 Sound Beach Ave. Free. Register. namisouthwestct.org/event/nami-family-to-family/2025-03-15

9:30 a.m.
YMCA of Greenwich Indoor Trailblazers Club - Walk at the SONO Collection. The Sono Collection, 100 North Water St., Norwalk (Meet at Nordstrom entrance inside of Mall). Register. greenwichymca.org/events

1 p.m.
Nest Box Building Workshop. Greenwich Audubon Center, 613 Riversville Rd. Ages 6 & up. Register. greenwich.audubon.org/events

1 p.m.
Art Adventures: Suncatchers (Ages 4 & up). Bruce Museum. Free with admission. No reservations required. Also held Sunday, March 16. brucemuseum.org.

5 p.m.
Organ Recital with Director of Music, Jamie Hitel. Christ Church Greenwich, 254 E. Putnam Ave. 203-869-6600. christchurchgreenwich.org/upcoming-events

6 p.m.
Evening Woodcock Watch. Greenwich Audubon

Center, 613 Riversville Rd. Ages 6 & up. \$15. Register. greenwich.audubon.org/events

SUNDAY, MARCH 16

1 - 5 p.m.
Spring 2025 Seed Library Launch. Perrot Memorial Library, 90 Sound Beach Ave. Free. 203-637-1066 x15. judys@perrotlibrary.org. perrotlibrary.org

SUNDAYS, THROUGH APRIL 13

8 - 11 a.m.
Safe Roads Sunday program at Tod’s Point. Traffic will be restricted on the road leading to the Point to allow walkers, joggers and cyclists to enjoy a traffic-free loop that starts and ends at the entrance to the main parking lots. friendsofgreenwichpoint.org

SUNDAYS, THROUGH JUNE 9

1 p.m.
Guided Gallery Tour: Greenwich During the Revolutionary War: A Frontier Town on the Front Line. Greenwich Historical Society, 47 Strickland Rd. Free with museum admission. Through June 9. greenwichhistory.org/events

MONDAY - FRIDAY

3:30 - 6:30 p.m.
Arch Street Homework Heroes - Free after school tutoring (6th-12th grade). Arch Street Teen Center, 100 Arch St. info@archstreet.org. archstreet.org

TUESDAYS:

10 a.m.
Beginner Bridge with The Perfectly Polite Bridge Group. YMCA members, \$30; nonmembers, \$35. New players welcome. (Register by Monday, 6pm). 203-524- 8032. greenwichymca.org

5 - 7 p.m.
Lighthouse, a Program of Kids In Crisis: LGBTQ Youth Group Meeting. On Zoom. Free. Open to all LGBTQ Youth & allies. 203-661-1911. lighthouse@kidsincrisis.org. kidsincrisis.org/get-help/lighthouse

WEDNESDAYS:

11 a.m. - 12 p.m.
“Tools for Aging Well” (2nd Wednesday of the Month). Round Hill Community Church, 395 Round Hill Rd. 203-869-1091. roundhillcommunitychurch.org.

11 a.m. - 1 p.m.
Relaxed Duplicate Bridge with The Perfectly Polite Bridge Group. YMCA of Greenwich, 50 East Putnam Ave. Members, \$10; nonmembers, \$12. New players welcome. (Register by Tue). 203-524-8032. greenwichymca.org

12 - 2 p.m.
Waste Free Greenwich’s Food Scrap Recycle Program: Drop off scraps at Round Hill Community Church, 395 Round Hill Rd. roundhillcommunitychurch.org/news/composting-at-rhcc

12:15 p.m.
Greenwich Rotary Club Weekly Lunch Meeting. Putnam Cottage, 243 East Putnam Ave. RSVP. 203-832-3654. sheila.goggin@cbmmoves.com. greenwichrotary.org

6 - 7:30 p.m.
Arch Street Teen Center High School Support Group for boys: Stress, Success, and Teenage Setbacks – moderated by Executive Director Kyle Silver. 100 Arch St. Register. Kyle@archstreet.org. archstreet.org

6:30 p.m.
NAMI-CAN (Child and Adolescent Network) Online Support Group - for parents and primary caregivers of children & adolescents, under age 21, with behavioral and emotional issues. Free. namisouthwestct.org/online-support

2nd WEDNESDAY OF THE MONTH:

11 a.m. - 12 p.m.
Aging Well - an informal conversation about different aspects of aging well. Round Hill Community Church, 395 Round Hill Road. Free & open to all. 203-869-1091. roundhillcommunitychurch.

Calendar of Events for Your Fridge

org

THURSDAYS:

8 a.m. & 4 p.m.
Tai Chi Basic Moves. First Congregational Church of Greenwich, 108 Sound Beach Ave. Registration required. Tuition is paid as a donation made directly by the participant to abilis, Neighbor to Neighbor, or the First Congregational Church. experiencetaichi.org

3 - 7 p.m.
Arch Street After School Programming (All Ages) – every Thursday starting Feb. 22. Arch Street Teen Center, 100 Arch St. archstreet.org

5 - 7 p.m.
Kids In Crisis Lighthouse LGBTQ Youth Group Meeting - open to all LGBTQ youth in middle & high school. Wilton Historical Society, 224 Danbury Rd, Wilton. Free. 203-661-1911. lighthouse@kidsincrisis.org. kidsincrisis.org/get-help/light-house

EVERY FRIDAY & SATURDAY:

8 a.m. - 12 p.m.
Book Exchange – choose from a huge selection of books. Holly Hill Recycling Center. Free, or, donate books. (Open every Fri & Sat. books4everyone.org

GREENWICH LIBRARIES:
greenwichlibrary.org

Friday, March 7 9:30 a.m.
Senior Chinese Book Discussion Group. Online. ywang@greenwichlibrary.org.

10 a.m.
Storytime. Cos Cob Library Turret. 203-622-6883.

10 a.m.
Goldbas Musical Story Hour. Marx Family Black Box Theater. 203-622-7940. children@greenwich-library.org.

11:30 a.m.
Qi Gong. Online. 203-622-6883. lmattthews@greenwichlibrary.org.

3 p.m.
Innovator-in-Residence: Building the Ultimate Rube Goldberg Machine. Innovation Lab. 203-622-7979. innovationlab@greenwichlibrary.org

7 p.m.
Friends Friday Films: “Waitress the Musical.” Berkley Theater. cgibbs@greenwichlibrary.org.

Saturday, March 8 9:30 a.m. - 2:30 p.m.
AARP Tax Help. 2nd Floor Meeting Room. Ap-
pointments are NOT required. 203-622-7900.

11 a.m.
Friends Children’s Series Presents Science Heroes-Dry Ice! Berkley Theater. 203-622-7940. children@greenwichlibrary.org.

11 a.m.
Technology Help. Learning Lab. 203-625-6560. csherman@greenwichlibrary.org.

1 p.m.
Cloak and Dagger Book Club. Cos Cob Library Turret. 203-622-6883.

2 p.m.
PrintLab: 3D Printing Studio. Innovation Lab. 203-622-7979. innovationlab@greenwichlibrary.org.

Monday, March 10 9:30 a.m.
Little Learners (Registration Required). Children’s Constellation Room.

11 a.m.
All Together Storytime. Marx Family Black Box Theater.

11:30 a.m.
Blood Pressure Screening. Community Room #5.

1 p.m.
Byram Book Club: “Violeta” by Isabel Allende. Byram Shubert Library Community Room.

7 p.m.
AuthorsLive: Dear Miss Perkins by Dr. Rebecca Brenner Graham. Marx Family Black Box Theater.

Tuesday, March 11 11 a.m.
Storytime with Patty (Birth – Pre-K). Byram Shubert Library Community Room.

1 p.m.
Career Strategy Series: Career Re-entry for Women. Online.

1 p.m.
Friends Book Group. On Zoom

1:15 p.m.
Baby Lapsit (Registration Required). Children’s Constellation Room.

5 p.m.
Gentle Yoga with Kristin. Byram Shubert Library Community Room.

5 p.m.
New Yorker Stories Discussion Group. Online.

7 p.m.
Competitive College Admissions: What’s New for 2025/2026. Online.

7 p.m.
Investing: Start Me Up. Online.

Wednesday, March 12 9:30 a.m.
Movers & Shakers (Registration Required). Children’s Constellation Room.

10 a.m.
Baby Lapsit in the Stacks. Cos Cob Library Turret.

10 a.m. & 1 p.m.
Career Coach - Microsoft Word. Main Greenwich Library.

11 a.m.
Early Walkers in the Stacks! Cos Cob Library

Turret.

1 p.m.
LaserLab: Design & Create. Innovation Lab.

4 p.m.
Science Girls!: Engineering (Grades 3-5). Children’s Constellation Room.

5 p.m.
Opening Reception: Western Middle School Art Show. Byram Shubert Library Community Room.

6 p.m.
How to Excel at Excel: Powerful Pivot Tables. Learning Lab.

Thursday, March 13 10 a.m.
Japanese Storytime. Marx Family Black Box Theater.

10:30 a.m.
Volunteer Training: Adopt-a-Shelf. Greenwich Library.

11 a.m.
Sensory Storytime (Registration Required). Children’s Constellation Room.

11 a.m.
Technology Help. Learning Lab.

3 p.m.
Community Sponsored Event: Greenwich Retired Men’s Association Book Group. Meeting 2nd Floor Meeting Room.

3 p.m.
Innovator-in-Residence: Building the Ultimate Rube Goldberg Machine. Innovation Lab.

6 p.m.
Flinn Gallery Opening: Biophilia. Flinn Gallery.

7 p.m.
Celebrate St. Patrick’s Day with the Lynn Academy of Irish Dance. Byram Shubert Library Community Room.

Friday, March 14 10 a.m.
Storytime. Cos Cob Library Turret. 203-622-6883.

11:30 a.m.
Qi Gong. Online. 203-622-6883. lmattthews@greenwichlibrary.org.

7 p.m.
Friends Friday Films: “Being Mary Tyler Moore.” Berkley Theater. cgibbs@greenwichlibrary.org.

Saturday, March 15 9:30 a.m. - 2:30 p.m.
AARP Tax Help. 2nd Floor Meeting Room. Ap-
pointments are NOT required. 203-622-7900.

10:30 a.m.
Adventure in Crafts with Nicole. Byram Shubert Library Community Room. 203-531-0426.

10:30 a.m.
Music with Tom Weber. Marx Family Black Box Theater. 203-622-7940. children@greenwichlibrary.org.

11 a.m.
Technology Help. Learning Lab. 203-625-6560. csherman@greenwichlibrary.org.

1 p.m.
Dungeons & Dragons (Grades 6-12). Children’s Constellation Room. 203-622-7940. children@greenwichlibrary.org.

1 p.m.
Jerry’s Movies: “Sabrina” (1954) starring Audrey Hepburn. Byram Shubert Library Community Room. 203-531-0426.

2 p.m.
PrintLab: 3D Printing Studio. Innovation Lab. 203-622-7979. innovationlab@greenwichlibrary.org.

GREENWICH HOSPITAL:
greenwichhospital.org/events
888-305-9253

Wednesday, March 12 11 a.m.
Talk: COPD, Pulmonary Fibrosis and Asthma. Greenwich Hospital. Free. Register.

1:30 p.m.
Parkinson’s Disease Support Group - for people with Parkinson’s, their families and caregivers. 260 Long Ridge Road, Stamford. Free.

Saturday, March 15 9 a.m.
CPR Friends & Family (Infant/Child). 38 Volunteer Ln. \$65. For discount information call 888-305-9253.

NEIGHBOR-TO-NEIGHBOR: ntngreenwich.org

Everyday, all day
• 24/7 Food Drive Collection site at North Greenwich Congregational Church, 606 Riversville Road. The weatherproof bin is located outside of the Parish Hall.

• Greenwich Reform Synagogue, 92 Orchard St., Cos Cob.

Tuesdays, 9 - 11 a.m.
Food Drive (drive-thru) at St. Catherine of Siena’s parking area across the street from the rectory entrance, 4 Riverside Ave. (Non-perishable foods, personal care products, large sized diapers (5 & 6) and pull-ups, and knit hats (hand knit or store bought).

Thursdays, 10 a.m. - 12 p.m.
Food Drive at St. Paul’s Episcopal Church parking lot, 200 Riverside Ave.

RED CROSS BLOOD DRIVE: RedCrossBlood.org

Friday, March 7

8 a.m. - 1:30 p.m.
Convent of Sacred Heart, 1177 King Street, Greenwich.

Saturday, March 8 8 a.m. - 1 p.m.
United Church of Rowayton, 210 Rowayton Ave., Norwalk.

10 a.m. - 2 p.m.
American Red Cross, 40 Saw Mill River Road, Upper Level 3, Hawthorne, NY.

Sunday, March 9 7 a.m. - 3 p.m.
Greenwich Blood Donation Center, 99 Indian Field Rd..

Monday, March 10 11 a.m. - 7 p.m.
Greenwich Blood Donation Center, 99 Indian Field Rd.

11:30 a.m. - 4:30 p.m.
Westchester Medical Center Maria Fareri Children’s Hospital, 100 Woods Rd., Valhalla, NY.

Tuesday, March 11 11 a.m. - 7 p.m.
Greenwich Blood Donation Center, 99 Indian Field Rd.

10 a.m. - 3 p.m.
Greenwich Hospital, 5 Perryridge Road.

1 - 6 p.m.
First Congregational Church of Darien, 14 Brookside Road, Darien.

Thursday, March 13 7 a.m. - 3 p.m.
Greenwich Blood Donation Center, 99 Indian Field Rd.

Friday, March 14 11 a.m. - 4 p.m.
United Church of Rowayton, 210 Rowayton Ave., Norwalk.

12 - 5 p.m.
American Legion Post 347, 1 Locust Ave. – Flint Park, Larchmont, NY.

Saturday, March 15 11 a.m. - 3 p.m.
Capitol Theatre, 149 Westchester Ave., Port Chester, NY.

Sunday, March 16 7 a.m. - 3 p.m.
Greenwich Blood Donation Center, 99 Indian Field Rd.

TOWN MEETINGS: greenwichct.gov/calendar

Monday, March 10 9:15 a.m.
ADA & Advocacy Advisory Committee for People With Disabilities Meeting. Zoom Webinar.

10 a.m.
Board of Selectmen Meeting In Person at Town Hall Meeting Room and Virtual via Zoom.

1 p.m.
Planning and Zoning Commission Briefing.

3:30 p.m.
Energy Management Advisory Committee Meeting. Cone Room.

8 p.m.
RTM Meeting.

8 p.m.
RTM Full Meeting. Central Middle School.

Tuesday, March 11 12 p.m.
First Selectman’s Diversity Advisory Committee Meeting. Zoom Webinar.

4 p.m.
Planning & Zoning Commission Meeting.

5:30 p.m.
Shellfish Commission Regular Meeting. via Zoom.

7 p.m.
FS Citizens Police Advisory Committee Meeting. Mazza Room.

Wednesday, March 12 10 a.m.
BET AUDIT Committee.

11 a.m.
FS Operations Planning Committee Meeting. Mazza Room.

12:30 p.m.
Nathaniel Witherell Quality of Life Committee Meeting.

1 p.m.
BET HR Committee.

7 p.m.
Historic District Commission Regular Meeting. Mazza Room.

7 p.m.
PZBA Meeting.

Thursday, March 13 3 p.m.
BET Law Committee.

SAVE THE DATE:

Saturday, March 8 6 p.m.
Greenwich Hibernian Association’s St. Patrick’s Day Dinner Dance. Knights of Columbus Hall, 37 West Putnam Ave. greenwichhibernians.org/dinner-dance

Sunday, March 23 2 p.m.
Greenwich St. Patrick’s Day Parade. Beginning at the Greenwich Town Hall. greenwichhibernians.org

org

Friday, March 28 6:30 p.m.
GEMS (Greenwich Emergency Medical Service) 4th Annual Back to the 80’s: To Save A Life Gala. Greenwich Country Day School. greenwichems.org/events/back-to-the-80s

Saturday, March 29 8:30 a.m.
Christ Church Greenwich 3rd Annual Women’s Conference. Christ Church Greenwich. christ-churchgreenwich.org/womens-conference-2025

Sunday, March 30 2 p.m.
Special Education Legal Fund (S.E.L.F) and SEEK CT’s (Special Education Equity for Kids of CT) Resource Fair. Stamford JCC. eventbrite.com/e/1096645178249

Tuesday, April 1 6 p.m.
Greenwich Restaurant Week Opening Night Party. The J House Greenwich. eventbrite.com/e/1236547580099

Friday, April 4 6 p.m.
Person to Person’s Spring Benefit “Rising Together” Serafresca at the Italian Center, Stamford. bit.ly/RisingTogetherBenefit

Thursday, April 10 6 p.m.
River House Adult Day Center’s Pickleball Palooza fundraiser. Pickleball America, Stamford. square.link/u/GdgQOG52

• Planned Parenthood of Southern New England’s Annual Spring Luncheon. Hyatt Regency Greenwich. plannedparenthood.org/planned-parent-hood-southern-new-england

Thursday, April 24
Neighbor to Neighbor 50th Anniversary. Hyatt Regency, Greenwich. ntngreenwich.org/50th-anniversary-save-the-date

Friday, April 25 6:30 p.m.
Greenwich Tree Conservancy’s Tree Party. McAr-
dle’s Florist & Garden Center. greenwichtreeconservancy.org/2025-tree-party

Saturday, April 26 9 a.m.
The Center for Family Justice’s 13th Annual Walk A Mile in Her Shoes. Downtown Fairfield Train Station. centerforfamilyjustice.org

6 p.m.
Habitat for Humanity 40th Anniversary Gala. Hyatt Regency Greenwich. habitatctfc.org

6 p.m.
American Red Cross Greater New York Region’s Red & White Ball: A Salute to Service and Valor. Riverside Yacht Club. e.givesmart.com/events/DoN/page/order-form2

Thursday, May 1 11 a.m.
YWCA Greenwich’s Old Bags Luncheon 20th Anniversary. Belle Haven Club. ywcagreenwich.org/events/old-bags-luncheon-20th-anniversary

• Greenwich Arts Council’s “Art to the Avenue.” greenwichartscouncil.org

Sunday, May 4 8:15 a.m.
Breast Cancer Alliance 5K Run/Walk. Richards of Greenwich. breastcanceralliance.org

Friday, May 9 6 p.m.
YMCA of Greenwich’s An Evening in Las Vegas Annual Gala. Greenwich Country Club. greenwichymca.org/events

Friday, May 16 7:30 a.m.
B1C’s 12th Annual Spring Benefit Breakfast. Hyatt Regency Greenwich. secure.qgiv.com/for/b1cbenefitbreakfast2025/event/12thannualspringbenefit-breakfast

Saturday, May 17 7 p.m.
Spring for Abilis Gala. Greenwich Country Club. e.givesmart.com/events/GGE/

Our Neighboring Towns

FRIDAY, MARCH 7

7 p.m.
First Fridays: Parker’s Tangent. Bedford Playhouse, 633 Old Post Rd., Bedford, NY. 914-234-6704. bedfordplayhouse.org

7:30 p.m.
Curtain Call presents “A Few Good Men”. The Kveskin Theatre, 1349 Newfield Ave., Stamford. Performances: Fri & Sat, 7:30pm, & Sun, 2pm (March 7, 8, 9, 13, 14, 15, 16, 20, 21, 22 & 23). curtaincallinc.com

SUNDAY, MARCH 9

3 p.m.
Music for Eva and Other Cool Things. St. Francis Episcopal Church, 2810 Long Ridge Rd., Stamford. orchestralumos.org/music-for-eva-and-other-cool-things

TUESDAY, MARCH 11

7 p.m.
John Jay Homestead Lecture Series: The Rising Generation: Gradual Abolition, Black Legal Culture, and the Making of National Freedom, with Sarah Gronningsater. Bedford Playhouse, 633 Old Post Rd., Bedford, NY. 914-234-6704. bedford-playhouse.org

THURSDAY, MARCH 13

7 p.m.
LifeChangers: Lauren Leader. Bedford Playhouse, 633 Old Post Rd., Bedford, NY. 914-234-6704. bedfordplayhouse.org

EXPERIENCE THE MOST POWERFUL STORY IN HISTORY FOR YOURSELF



Reading the Bible in one year takes just ten minutes a day, giving you the chance to explore the greatest story ever told for yourself. This is more than a routine—it's a journey through history, wisdom, and faith, uncovering the narratives that have shaped civilizations and inspired generations. In just a few minutes a day, you can read, reflect, and truly understand the story that has influenced the world like no other. We are making it easier than ever by including what you need to read each week. Included here is the *New Testament* and *Psalms*. Or use the QR code above to read it on your phone!

WEEK SEVEN MONDAY

MARK CHAPTER 9

Christ is transfigured. He casts out the dumb spirit. He teaches humility and to avoid scandal.

9:1. And after six days, Jesus taketh with him Peter and James and John, and leadeth them up into an high mountain apart by themselves, and was transfigured before them.

9:2. And his garments became shining and exceeding white as snow, so as no fuller upon earth can make white.

9:3. And there appeared to them Elias with Moses: and they were talking with Jesus.

9:4. And Peter answering, said to Jesus: Rabbi, it is good for us to be here. And let us make three tabernacles, one for thee, and one for Moses, and one for Elias.

9:5. For he knew not what he said: for they were struck with fear.

9:6. And there was a cloud overshadowing them. And a voice came out of the cloud, saying: This is my most beloved Son. Hear ye him.

9:7. And immediately looking about, they saw no man any more, but Jesus only with them.

9:8. And as they came down from the mountain, he charged them not to tell any man what things they had seen, till the Son of man shall be risen again from the dead.

9:9. And they kept the word to themselves; questioning together what that should mean, when he shall be risen from the dead.

9:10. And they asked him, saying: Why then do the Pharisees and scribes say that Elias must come first?

9:11. Who answering, said to them: Elias, when he shall come first, shall restore all things; and as it is written of the Son of man that he must suffer many things and be despised.

9:12. But I say to you that Elias also is come (and they have done to him whatsoever they would), as it is written of him.

9:13. And coming to his disciples he saw a great multitude about them and the scribes disputing with them.

9:14. And presently all the people, seeing Jesus, were astonished and struck with fear: and running to him, they saluted him.

9:15. And he asked them: What do you question about among you?

9:16. And one of the multitude, answering, said: Master, I have brought my son to thee, having a dumb spirit.

9:17. Who, wheresoever he taketh him, dasheth him: and he foameth and gnasheth with the teeth and pineth away. And I spoke to thy disciples to cast him out: and they could not.

9:18. Who answering them, said: O incredulous generation, how long shall I be with you? How long shall I suffer you? Bring him unto me.

9:19. And they brought him. And when he had seen him, immediately the spirit troubled him and being thrown down upon the ground, he rolled about foaming.

9:20. And he asked his father: How long time is it since this hath happened unto him? But he sad: From his infancy.

9:21. And oftentimes hath he cast him into the fire and into the waters to destroy him. But if thou canst do any thing, help us, having compassion on us.

9:22. And Jesus saith to him: If thou canst believe, all things are possible to him that believeth.

9:23. And immediately the father of the boy crying out, with tears said: I do believe, Lord. Help my unbelief.

9:24. And when Jesus saw the multitude running together, he threatened the unclean spirit, saying to him: Deaf and dumb

spirit, I command thee, go out of him and enter not any more into him.

9:25. And crying out and greatly tearing him, he went out of him. And he became as dead, so that many said: He is dead.

9:26. But Jesus taking him by the hand, lifted him up. And he arose.

9:27. And when he was come into the house, his disciples secretly asked him: Why could not we cast him out?

9:28. And he said to them: This kind can go out by nothing, but by prayer and fasting.

9:29. And departing from thence, they passed through Galilee: and he would not that any man should know it.

9:30. And he taught his disciples and said to them: The Son of man shall be betrayed into the hands of men, and they shall kill him; and after that he is killed, he shall rise again the third day.

9:31. But they understood not the word: and they were afraid to ask him.

9:32. And they came to Capharnaum. And when they were in the house, he asked them: What did you treat of in the way?

9:33. But they held their peace, for in the way they had disputed among themselves, which of them should be the greatest.

9:34. And sitting down, he called the twelve and saith to them: If any man desire to be first, he shall be the last of all and be minister of all.

9:35. And taking a child, he set him in the midst of them. Whom when he had embraced, he saith to them:

9:36. Whosoever shall receive one such child as this in my name receiveth me. And whosoever shall receive me receiveth not me but him that sent me.

9:37. John answered him, saying: Master, we saw one casting out devils in thy name, who followeth not us: and we forbade him.

9:38. But Jesus said: Do not forbid him. For there is no man that doth a miracle in my name and can soon speak ill of me.

9:39. For he that is not against you is for you.

9:40. For whosoever shall give you to drink a cup of water in my name, because you belong to Christ: amen I say to you, he shall not lose his reward.

9:41. And whosoever shall scandalize one of these little ones that believe in me: it were better for him that a millstone were hanged about his neck and he were cast into the sea.

9:42. And if thy hand scandalize thee, cut it off: it is better for thee to enter into life, maimed, than having two hands to go into hell, into unquenchable fire:

9:43. Where their worm dieth not, and the fire is not extinguished.

9:44. And if thy foot scandalize thee, cut it off: it is better for thee to enter lame into life everlasting than having two feet to be cast into the hell of unquenchable fire:

9:45. Where their worm dieth not, and the fire is not extinguished.

9:46. And if thy eye scandalize thee, pluck it out: it is better for thee with one eye to enter into the kingdom of God than having two eyes to be cast into the hell of fire:

9:47. Where their worm dieth not, and the fire is not extinguished.

9:48. For every one shall be salted with fire: and every victim shall be salted with salt.

9:49. Salt is good. But if the salt become unsavoury, wherewith will you season it? Have salt in you: and have peace among you.

PSALMS CHAPTER 31

31:1. To David himself, understanding. Blessed are they whose iniquities are forgiven, and whose sins are covered.

31:2. Blessed is the man to whom the Lord hath not imputed sin, and in whose spirit there is no guile.

31:3. Because I was silent my bones grew old; whilst I cried out all the day long.

Because I was silent, etc... That is, whilst I kept silence, by concealing, or refusing to confess my sins, thy hand was heavy upon me, etc.

31:4. For day and night thy hand was heavy upon me: I am turned in my anguish, whilst the thorn is fastened.

I am turned, etc... That is, I turn and roll about in my bed

to seek for ease in my pain whilst the thorn of thy justice pierces my flesh, and sticks fast in me. Or, I am turned: that is, I am converted to thee, my God, by being brought to a better understanding by thy chastisements. In the Hebrew it is, my moisture is turned into the drougths of the summer.

31:5. I have acknowledged my sin to thee, and my injustice I have not concealed. I said I will confess against my self my injustice to the Lord: and thou hast forgiven the wickedness of my sin.

31:6. For this shall every one that is holy pray to thee in a seasonable time. And yet in a flood of many waters, they shall not come nigh unto him.

31:7. Thou art my refuge from the trouble which hath encompassed me: my joy, deliver me from them that surround me.

31:8. I will give thee understanding, and I will instruct thee in this way, in which thou shalt go: I will fix my eyes upon thee.

31:9. Do not become like the horse and the mule, who have no understanding. With bit and bridle bind fast their jaws, who come not near unto thee.

31:10. Many are the scourges of the sinner, but mercy shall encompass him that hopeth in the Lord.

31:11. Be glad in the Lord, and rejoice, ye just, and glory, all ye right of heart.

TUESDAY

MARK CHAPTER 10

10:1. And rising up from thence, he cometh into the coast of Judea beyond the Jordan: and the multitude flocked to him again. And as he was accustomed, he taught them again.

10:2. And the Pharisees coming to him asked him, tempting him: Is it lawful for a man to put away his wife?

10:3. But he answering, saith to them: What did Moses command you?

10:4. Who said: Moses permitted to write a bill of divorce and to put her away.

10:5. To whom Jesus answering, said: Because of the hardness of your heart, he wrote you that precept.

10:6. But from the beginning of the creation, God made them male and female.

10:7. For this cause, a man shall leave his father and mother and shall cleave to his wife.

10:8. And they two shall be in one flesh. Therefore now they are not two, but one flesh.

10:9. What therefore God hath joined together, let no man put asunder.

10:10. And in the house again his disciples asked him concerning the same thing.

10:11. And he saith to them: Whosoever shall put away his wife and marry another committeth adultery against her.

10:12. And if the wife shall put away her husband and be married to another, she committeth adultery.

10:13. And they brought to him young children, that he might touch them. And the disciples rebuked them that brought them.

10:14. Whom when Jesus saw, he was much displeased and saith to them: Suffer the little children to come unto me and forbid them not: for of such is the kingdom of God.

10:15. Amen I say to you, whosoever shall not receive the kingdom of God as a little child shall not enter into it.

10:16. And embracing them and laying his hands upon them, he blessed them.

10:17. And when he was gone forth into the way, a certain man, running up and kneeling before him, asked him: Good Master, what shall I do that I may receive life everlasting?

10:18. And Jesus said to him: Why callest thou me good? None is good but one, that is God.

None is good... Of himself entirely and essentially, but God alone; men may be good also, but only by participation of God's goodness.

10:19. Thou knowest the commandments: Do not commit adultery, do not kill, do not steal, bear not false witness, do no fraud, honour thy father and mother.

10:20. But he answering, said to him: Master, all these things I have observed from my youth.

10:21. And Jesus, looking on him, loved him and said to him: One thing is wanting unto thee. Go, sell whatsoever thou hast and give to the poor: and thou shalt have treasure in heaven. And come, follow me.

10:22. Who being struck sad at that saying, went away sorrowful: for he had great possessions.

10:23. And Jesus looking round about, saith to his disciples: How hardly shall they that have riches enter into the kingdom of God!

10:24. And the disciples were astonished at his words. But Jesus again answering, saith to them: Children, how hard is it for them that trust in riches to enter into the kingdom of God?

10:25. It is easier for a camel to pass through the eye of a needle than for a rich man to enter into the kingdom of God.

10:26. Who wondered the more, saying among themselves: Who then can be saved?

10:27. And Jesus looking on them, saith with men it is impossible; but not with God. For all things are possible with God.

10:28. And Peter began to say unto him: Behold, we have left all things and have followed thee.

10:29. Jesus answering said: Amen I say to you, there is no

man who hath left house or brethren or sisters or father or mother or children or lands, for my sake and for the gospel,

10:30. Who shall not receive an hundred times as much, now in this time: houses and brethren and sisters and mothers and children and lands, with persecutions: and in the world to come life everlasting.

10:31. But many that are first shall be last: and the last, first.

10:32. And they were in the way going up to Jerusalem: and Jesus went before them. And they were astonished and following were afraid. And taking again the twelve, he began to tell them the things that should befall him.

10:33. Saying: Behold we go up to Jerusalem, and the Son of man shall be betrayed to the chief priests and to the scribes and ancients. And they shall condemn him to death and shall deliver him to the Gentiles.

10:34. And they shall mock him and spit on him and scourge him and kill him: and the third day he shall rise again.

10:35. And James and John, the sons of Zebedee, come to him, saying: Master, we desire that whatsoever we shall ask, thou wouldest do it for us.

10:36. But he said to them: What would you that I should do for you?

10:37. And they said: Grant to us that we may sit, one on thy right hand and the other on thy left hand, in thy glory.

10:38. And Jesus said to them: You know not what you ask. Can you drink of the chalice that I drink of or be baptized with the baptism wherewith I am baptized?

10:39. But they said to him: We can. And Jesus saith to them: You shall indeed drink of the chalice that I drink of; and with the baptism wherewith I am baptized you shall be baptized.

10:40. But to sit on my right hand or on my left is not mine to give to you, but to them for whom it is prepared.

10:41. And the ten, hearing it, began to be much displeased at James and John.

10:42. But Jesus calling them, saith to them: You know that they who seem to rule over the Gentiles lord it over them: and their princes have power over them.

10:43. But it is not so among you: but whosoever will be greater shall be your minister.

10:44. And whosoever will be first among you shall be the servant of all.

10:45. For the Son of man also is not come to be ministered unto: but to minister and to give his life a redemption for many.

10:46. And they came to Jericho. And as he went out of Jericho with his disciples and a very great multitude, Bartimeus the blind man, the son of Timeus, sat by the way side begging.

10:47. Who when he had heard that it was Jesus of Nazareth, began to cry out and to say: Jesus, Son of David, have mercy on me.

10:48. And many rebuked him, that he might hold his peace; but he cried a great deal the more: Son of David, have mercy on me.

10:49. And Jesus, standing still, commanded him to be called. And they call the blind man, saying to him: Be of better comfort. Arise, he calleth thee.

10:50. Who casting off his garment leaped up and came to him.

10:51. And Jesus answering, said to him: What wilt thou that I should do to thee? And the blind man said to him: Rabbi. That I may see.

10:52. And Jesus saith to him: Go thy way. Thy faith hath made thee whole. And immediately he saw and followed him in the way.

PSALMS CHAPTER 32

32:1. A psalm for David. Rejoice in the Lord, O ye just: praise becometh the upright.

32:2. Give praise to the Lord on the harp: sing to him with the psaltery, the instrument of ten strings.

32:3. Sing to him a new canticle, sing well unto him with a loud noise.

32:4. For the word of the Lord is right, and all his works are done with faithfulness.

32:5. He loveth mercy and judgment; the earth is full of the mercy of the Lord.

32:6. By the word of the Lord the heavens were established; and all the power of them by the spirit of his mouth:

32:7. Gathering together the waters of the sea, as in a vessel; laying up the depths in storehouses.

32:8. Let all the earth fear the Lord, and let all the inhabitants of the world be in awe of him.

32:9. For he spoke and they were made: he commanded and they were created.

32:10. The Lord bringeth to nought the counsels of nations; and he rejecteth the devices of people, and casteth away the counsels of princes.

32:11. But the counsel of the Lord standeth for ever: the thoughts of his heart to all generations.

32:12. Blessed is the nation whose God is the Lord: the people whom he hath chosen for his inheritance.

32:13. The Lord hath looked from heaven: he hath beheld all the sons of men.

32:14. From his habitation which he hath prepared, he hath looked upon all that dwell on the earth.

32:15. He who hath made the hearts of every one of them: who understandeth all their works.

32:16. The king is not saved by a great army: nor shall the giant be saved by his own great strength.

32:17. Vain is the horse for

safety: neither shall he be saved by the abundance of his strength.

32:18. Behold the eyes of the Lord are on them that fear him: and on them that hope in his mercy.

32:19. To deliver their souls from death; and feed them in famine.

32:20. Our soul waiteth for the Lord: for he is our helper and protector.

32:21. For in him our heart shall rejoice: and in his holy name we have trusted.

32:22. Let thy mercy, O Lord, be upon us, as we have hooped in thee.

WEDNESDAY

MARK CHAPTER 11

11:1. And when they were drawing near to Jerusalem and to Bethania, at the mount of Olives, he sendeth two of his disciples,

11:2. And saith to them: Go into the village that is over against you, and immediately at your coming in thither, you shall find a colt tied, upon which no man yet hath sat. Loose him and bring him.

11:3. And if any man shall say to you: What are you doing? Say ye that the Lord hath need of him. And immediately he will let him come hither.

11:4. And going their way, they found the colt tied before the gate without, in the meeting of two ways. And they loose him.

11:5. And some of them that stood there said to them: What do you loosing the colt?

11:6. Who said to them as Jesus had commanded them. And they let him go with them.

11:7. And they brought the colt to Jesus. And they lay their garments on him: and he sat upon him.

11:8. And many spread their garments in the way: and others cut down boughs from the trees and strewed them in the way.

11:9. And they that went before and they that followed cried, saying: Hosanna: Blessed is he that cometh in the name of the Lord.

11:10. Blessed be the kingdom of our father David that cometh: Hosanna in the highest.

11:11. And he entered into Jerusalem, into the temple: and having viewed all things round about, when now the eventide was come, he went out to Bethania with the twelve.

11:12. And the next day when they came out from Bethania, he was hungry.

11:13. And when he had seen afar off a fig tree having leaves, he came, if perhaps he might find any thing on it. And when he was come to it, he found nothing but leaves. For it was not the time for figs.

11:14. And answering he said to it: May no man hereafter eat fruit of thee any more for ever! And his disciples heard it.

11:15. And they came to Jerusalem. And when he was entered into the temple, he began to cast out them that sold and bought in the temple: and over threw the tables of the moneychangers and the chairs of them that sold doves.

11:16. And he suffered not that any man should carry a vessel through the temple.

11:17. And he taught, saying to them: Is it not written: My house shall be called the house of prayer to all nations, but you have made it a den of thieves.

11:18. Which when the chief priests and the scribes had heard, they sought how they might destroy him. For they feared him, because the whole multitude was in admiration at his doctrine.

11:19. And when evening was come, he went forth out of the city.

11:20. And when they passed by in the morning they saw the fig tree dried up from the roots.

11:21. And Peter remembering, said to him: Rabbi, behold the fig tree which thou didst curse is withered away.

11:22. And Jesus answering, saith to them: Have the faith of God.

11:23. Amen I say to you that whosoever shall say to this mountain, Be thou removed and be cast into the sea, and shall not stagger in his heart, but be believe that whatsoever he saith shall be done; it shall be done unto him.

11:24. Therefore I say unto you, all things, whatsoever you ask when ye pray, believe that you shall receive: and they shall come unto you.

11:25. And when you shall stand to pray, forgive, if you have aught against any man: that your Father also, who is in heaven, may forgive you your sins.

11:26. But if you will not forgive, neither will your father that is in heaven forgive you your sins.

11:27. And they come again to Jerusalem. And when he was walking in the temple, there came to him the chief priests and the scribes and the ancients.

11:28. And they say to him: By what authority dost thou these things? And who hath given thee this authority that thou shouldst do these things?

11:29. And Jesus answering, said to them: I will also ask you one word. And answer you me: and I will tell you by what authority I do these things.

11:30. The baptism of John, was it from heaven or from men? Answer me.

11:31. But they thought with themselves, saying: If we say, From heaven; he will say, Why then did you not believe him?

11:32. If we say, From men, we fear the people. For all men counted John that he was a prophet indeed.

11:33. And they answering, say to Jesus: We know not. And Jesus answering, saith to them: Neither do I tell you by what

authority I do these things.

PSALMS CHAPTER 33

33:1. For David, when he changed his countenance before Achimelech, who dismissed him, and he went his way. [1 Kings 21.]

33:2. I will belss the Lord at all times, his praise shall be always in my mouth.

33:3. In the Lord shall my soul be praised: let the meek hear and rejoice.

33:4. O magnify the Lord with me; and let us extol his name together.

33:5. I sought the Lord, and he heard me; and he delivered me from all my troubles.

33:6. Come ye to him and be enlightened: and your faces shall not be confounded.

33:7. This poor man cried, and the Lord heard him: and saved him out of all his troubles.

33:8. The angel of the Lord shall encamp round about them that fear him: and shall deliver them.

12:20. Now there were seven brethren: and the first took a wife and died leaving no issue.

12:21. And the second took her and died: and neither did he leave any issue. And the third in like manner.

12:22. And the seven all took her in like manner and did not leave issue. Last of all the woman also died.

12:23. In the resurrection therefore, when they shall rise again, whose wife shall she be of them? For the seven had her to wife.

12:24. And Jesus answering, saith to them: Do ye not therefore err, because you know not the scriptures nor the power of God?

12:25. For when they shall rise again from the dead, they shall neither marry, nor be married, but are as the angels in heaven.

12:26. And as concerning the dead that they rise again have you not read in the book of Moses, how in the bush God spoke to him, saying: I am the God of Abraham and the God of Isaac and the God of Jacob?

12:27. He is not the God of the dead, but of the living. You therefore do greatly err.

12:28. And there came one of the scribes that had heard them reasoning together, and seeing that he had answered them well, asked him which was the first commandment of all.

12:29. And Jesus answered him: The first commandment of all is, Hear, O Israel: the Lord thy God is one God.

12:30. And thou shalt love the Lord thy God with thy whole heart and with thy whole soul and with thy whole mind and with thy whole strength. This is the first commandment.

12:31. And the second is like to it: Thou shalt love thy neighbour as thyself. There is no other commandment greater than these.

12:32. And the scribe said to him: Well, Master, thou hast said in truth that there is one God and there is no other besides him.

12:33. And that he should be loved with the whole heart and with the whole understanding and with the whole soul and with the whole strength. And to love one's neighbour as one's self is a greater thing than all holocausts and sacrifices.

12:34. And Jesus seeing that he had answered wisely, said to him: Thou art not far from the kingdom of God. And no man after that durst ask him any question.

12:35. And Jesus answering, said, teaching in the temple: How do the scribes say that Christ is the son of David?

12:36. For David himself saith by the Holy Ghost: The Lord said to my Lord: Sit on my right hand, until I make thy enemies thy footstool.

12:37. David therefore himself calleth him Lord. And whence is he then his son? And a great multitude heard him gladly.

12:38. And he said to them in his doctrine: Beware of the scribes, who love to walk in long robes and to be saluted in the marketplace,

12:39. And to sit in the first chairs in the synagogues and to have the highest places at suppers:

12:40. Who devour the houses of widows under the pretence of long prayer. These shall receive greater judgment.

12:41. And Jesus sitting over against the treasury, beheld how the people cast money into the treasury. And many that were rich cast in much.

12:42. And there came a certain poor widow: and she cast in two mites, which make a farthing.

12:43. And calling his disciples together, he saith to them: Amen I say to you, this poor widow hath cast in more than all they who have cast into the treasury.

12:44. For all they did cast in of their abundance; but she of her want cast in all she had, even her whole living.

PSALMS CHAPTER 34

34:1. For David himself. Judge thou, O Lord, them that wrong me: overthrow them that fight against me.

34:2. Take hold of arms and shield: and rise up to help me.

34:3. Bring out the sword, and shut up the way against them that persecute me: say to my soul: I am thy salvation.

34:4. Let them be confounded and ashamed that seek after my soul. Let them be turned back and be confounded that devise evil against me.

34:5. Let them become as dust before the wind: and let the angel of the Lord straiten them.

34:6. Let their way become dark and slippery; and let the angel of the Lord pursue them.

34:7. For without cause they have hidden their net for me unto destruction: without cause they have upbraided my soul.

34:8. Let the snae which he knoweth not come upon him: and let the net which he hath hidden catch him: and into that very snare let them fall.

34:9. But my soul shall

rejoice in the Lord; and shall be delighted in his salvation.

34:10. All my bones shall say: Lord, who is like to thee? Who deliverest the poor from the hand of them that are stronger than he; the needy and the poor from them that strip him.

34:11. Unjust witnesses rising up have asked me things I knew not.

34:12. They repaid me evil for good: to the depriving of my soul.

34:13. But as for me, when they were troublesome to me, I was clothed with haircloth. I humbled my soul with fasting; and my prayer shall be turned into my bosom.

34:14. As a neighbour and as an own brother, so did I please: as one mourning and sorrowful so was I humbled.

34:15. But they rejoiced against me, and came together: scourges were gathered together upon me, and I knew not.

34:16. They were separated, and repented not: they tempted me, they scoffed at me with scorn: they gnashed upon me with their teeth.

34:17. Lord, when wilt thou look upon me? rescue thou my soul from their malice: my only one from the lions.

34:18. I will give thanks to thee in a great church; I will praise thee in a strong people.

34:19. Let not them that are my enemies wrongfully rejoice over me: who have hated me without cause, and wink with the eyes.

34:20. For they spoke indeed peaceably to me; and speaking in the anger of the earth they devised guile.

34:21. And they opened their mouth wide against me; they said: Well done, well done, our eyes have seen it.

34:22. Thou hast seen, O Lord, be not thou silent: O Lord, depart not from me.

34:23. Arise, and be attentive to my judgment: to my cause, my God, and my Lord.

34:24. Judge me, O Lord my God according to thy justice, and let them not rejoice over me.

34:25. Let them not say in their hearts: It is well, it is well, to our mind: neither let them say: We have swallowed him up.

34:26. Let them blush: and be ashamed to gether, who rejoice at my evils. Let them be clothed with confusion and shame, who speak great things against me.

34:27. Let them rejoice and be glad, who are well pleased with my justice, and let them say always: The Lord be magnified, who delights in the peace of his servant.

34:28. And my tongue shall meditate thy justice, thy praise all the day long.

FRIDAY

MARK CHAPTER 13

13:1. And as he was going out of the temple, one of his disciples said to him: Master, behold what manner of stones and what buildings are here.

13:2. And Jesus answering, said to him: Seest thou all these great buildings? There shall not be left a stone upon a stone, that shall not be thrown down.

13:3. And as he sat on the mount of Olivet over against the temple, Peter and James and John and Andrew asked him apart:

13:4. Tell us, when shall these things be and what shall be the sign when all these things shall begin to be fulfilled?

13:5. And Jesus answering, began to say to them: Take heed lest any man deceive you.

13:6. For many shall come in my name saying, I am he: and they shall deceive many.

13:7. And when you shall hear of wars and rumours of wars, fear ye not. For such things must needs be: but the end is not yet.

13:8. For nation shall rise against nation and kingdom against kingdom: and there shall be earthquakes in divers places and famines. These things are the beginning of sorrows.

13:9. But look to yourselves.

For they shall deliver you Up to councils: and in the synagogues you shall be beaten: and you shall stand before governors and kings for my sake, for a testimony unto them.

13:10. And unto all nations the gospel must first be preached.

13:11. And when they shall lead you and deliver you up, be not thoughtful beforehand what you shall speak: but whatsoever shall be given you in that hour, that speak ye. For it is not you that speak, but the Holy Ghost.

13:12. And the brother shall betray his brother unto death, and the father his son; and children shall rise up against their parents and shall work their death.

13:13. And you shall be hated by all men for my name's sake. But he that shall endure unto the end, he shall be saved.

13:14. And when you shall see the abomination of desolation, standing where it ought not (he that readeth let him understand): then let them that are in Judea flee unto the mountains.

13:15. And let him that is on the housetop not go down into

the house nor enter therein to take any thing out of the house.

13:16. And let him that shall be in the field not turn back to take up his garment.

13:17. And woe to them that are with child and that give suck in those days.

13:18. But pray ye that these things happen not in winter.

13:19. For in those days shall be such tribulations as were not from the beginning of the creation which God created until now: neither shall be.

13:20. And unless the Lord had shortened the days, no flesh should be saved: but, for the sake of the elect which he hath chosen, he hath shortened the days.

13:21. And then if any man shall say to you: Lo, here is Christ. Lo, he is here: do not believe.

13:22. For there will rise up false Christs and false prophets: and they shall shew signs and wonders, to seduce (if it were possible) even the elect.

13:23. Take you heed therefore: behold, I have foretold you all things.

13:24. But in those days, after that tribulation, the sun shall be darkened and the moon shall not give her light.

13:25. And the stars of heaven shall be falling down and the powers that are in heaven shall be moved.

13:26. And then shall they see the Son of man coming in the clouds, with great power and glory.

13:27. And then shall he send his angels and shall gather together his elect from the four winds, from the uttermost part of the earth to the uttermost part of heaven.

13:28. Now of the fig tree learn ye a parable. When the branch thereof is now tender and the leaves are come forth, you know that summer is very near.

13:29. So you also when you shall see these things come to pass, know ye that it is very nigh, even at the doors.

13:30. Amen, I say to you that this generation shall not pass until all these things be done.

13:31. Heaven and earth shall pass away: but my word shall not pass away.

13:32. But of that day or hour no man knoweth, neither the angels in heaven, nor the Son, but the Father.

Nor the Son... Not that the Son of God is absolutely ignorant of the day of judgment, but that he knoweth it not, as our teacher; that is, he knoweth it not so as to teach it to us, as not being expedient.

13:33. Take ye heed, watch and pray. For ye know not when the time is.

13:34. Even as a man who, going into a far country, left his house and gave authority to his servants over every work and commanded the porter to watch.

13:35. Watch ye therefore (for you know not when the lord of the house cometh, at even, or at midnight, or at the cock crowing, or in the morning):

13:36. Lest coming on a sudden, he find you sleeping.

13:37. And what I say to you, I say to all: Watch.

PSALMS CHAPTER 35

35:1. Unto the end, for the servant of God, David himself.

35:2. The unjust hath said within himself, that he would sin: there is no fear of God before his eyes.

35:3. For in his sight he hath done deceitfully, that his iniquity may be found unto hatred.

Unto hatred... That is, hateful to God.

35:4. The words of his mouth are iniquity and guile: he would not understand that he might do well.

35:5. He hath devised iniquity on his bed, he hath set himself on every way that is not good: but evil he hath not hated.

35:6. O Lord, thy mercy is in heaven, and thy truth reacheth even to the clouds.

35:7. Thy justice is as the mountains of God, thy judgments are a great deep. Men and beasts thou wilt preserve, O Lord:

35:8. O how hast thou multiplied thy mercy, O God! But the children of men shall put their trust under the covert of thy wings.

35:9. They shall be inebriated with the plenty of thy house; and thou shalt make them drink of the torrent of thy pleasure.

35:10. For with thee is the fountain of life; and in thy light we shall see light.

35:11. Extend thy mercy to them that know thee, and thy justice to them that are right in heart.

35:12. Let not the foot of pride come to me, and let not the hand of the sinner move me.

35:13. There the workers of iniquity are fallen, they are cast out, and could not stand.

SATURDAY

MARK CHAPTER 14

14:1. Now the feast of the pasch and of the Azymes was after two days: and the chief priests and the scribes sought how they might by some vile lay hold on him and kill him.

14:2. But they said: Not on the festival day, lest there should be a tumult among the people.

14:3. And when he was in Bethania, in the house of Simon the leper, and was at meat, there came a woman having an alabaster box of ointment of precious spikenard. And breaking the alabaster box, she poured it out upon his head.

14:4. Now there were some that had indignation within themselves and said: Why was this waste of the ointment made?

14:5. For this ointment might have been sold for more than three hundred pence and given to the poor. And they murmured against her.

14:6. But Jesus said: Let her alone. Why do you molest her? She hath wrought a good work upon me.

14:7. For the poor you have always with you: and whensoever you will, you may do them good: but me you have not always.

14:8. She hath done what she could: she is come beforehand to anoint my body for the burial.

14:9. Amen, I say to you, wheresoever this gospel shall be preached in the whole world, that also which she hath done shall be told for a memorial of her.

14:10. And Judas Iscariot, one of the twelve, went to the chief priests, to betray him to them.

14:11. Who hearing it were glad: and they promised him they would give him money. And he sought how he might conveniently betray him.

14:12. Now on the first day of the unleavened bread, when they sacrificed the pasch, the disciples say to him: Whither wilt thou that we go and prepare for thee to eat the pasch?

14:13. And he sendeth two of his disciples and saith to them: Go ye into the city; and there shall meet you a man carrying a pitcher of water. Follow him.

14:14. And whithersoever he shall go in, say to the master of the house, The master saith, Where is my refectory, where I may eat the pasch with my disciples?

14:15. And he will shew you a large dining room furnished. And there prepare ye for us.

14:16. And his disciples went their way and came into the city. And they found as he had told them: and they prepared the pasch.

14:17. And when evening was come, he cometh with the twelve.

14:18. And when they were at table and eating, Jesus saith: Amen I say to you, one of you that eateth with me shall betray me.

14:19. But they began to be sorrowful and to say to him, one by one: Is it I?

14:20. Who saith to them: One of the twelve, who dipbeth with me his hand in the dish.

14:21. And the Son of man indeed goeth, as it is written of him: but woe to that man by whom the Son of man shall be betrayed. It were better for him, if that man had not been born.

14:22. And whilst they were eating, Jesus took bread; and blessing, broke and gave to them and said: Take ye. This is my body.

14:23. And having taken the chalice, giving thanks, he gave it to them. And they all drank of it.

14:24. And he said to them: This is my blood of the new testament, which shall be shed for many.

14:25. Amen I say to you that I will drink no more of the fruit of the vine until that day when I shall drink it new in the kingdom of God.

14:26. And when they had sung an hymn, they went forth to the mount of Olives.

14:27. And Jesus saith to them: You will all be scandalized in my regard this night. For it is written: I will strike the shepherd, and the sheep shall be dispersed.

14:28. But after I shall be risen again, I will go before you into Galilee.

14:29. But Peter saith to him: Although all shall be scandalized in thee, yet not I.

14:30. And Jesus saith to him: Amen I say to thee, to-day, even in this night, before the cock crow twice, thou shalt deny me thrice.

Crow twice... The cocks crow at two different times of the night; viz., about midnight for the first time; and then about the time commonly called the cock crowing; and this was the cock crowing our Saviour spoke of; and therefore the other Evangelists take no notice of the first crowing.

14:31. But he spoke the more vehemently: Although I should die together with thee, I will not deny thee. And in like manner also said they all.

14:32. And they came to a farm called Gethsemani. And he saith to his disciples: Sit you here, while I pray.

14:33. And he taketh Peter and James and John with him: and he began to fear and to be heavy.

14:34. And he saith to them: My soul is sorrowful even unto death. Stay you here and watch.

14:35. And when he was gone

forward a little, he fell flat on the ground: and he prayed that, if it might be, the hour might pass from him.

14:36. And he saith: Abba, Father, all things are possible to thee: remove this chalice from me; but not what I will, but what thou wilt.

14:37. And he cometh and findeth them sleeping. And he saith to Peter: Simon, sleepest thou? Couldst thou not watch one hour?

14:38. Watch ye: and pray that you enter not into temptation. The spirit indeed is willing, but the flesh is weak.

14:39. And going away again, he prayed, saying the same words.

14:40. And when he returned, he found them again asleep (for their eyes were heavy): and they knew not what to answer him.

14:41. And he cometh the third time and saith to them: Sleep ye now and take your rest. It is enough. The hour is come: behold the Son of man shall be betrayed into the hands of sinners.

14:42. Rise up: let us go.

Behold, he that will betray me is at hand.

14:43. And while he was yet speaking, cometh Judas Iscariot, one of the twelve: and with him a great multitude with swords and staves, from the chief priests and the scribes and the ancients.

14:44. And he that betrayed him had given them a sign, saying: Whomsoever I shall kiss, that is he. Lay hold on him: and lead him away carefully.

14:45. And when he was come, immediately going up to him he saith: Hail, Rabbi! And he kissed him.

14:46. But they laid hands on him and held him.

14:47. And one of them that stood by, drawing a sword, struck a servant of the chief priest and cut off his ear.

14:48. And Jesus answering, said to them: Are you come out as to a robber, with swords and staves to apprehend me?

14:49. I was daily with you in the temple teaching: and you did not lay hands on me. But that the scriptures may be fulfilled.

14:50. Then his disciples, leaving him, all fled away.

14:51. And a certain young man followed him, having a linen cloth cast about his naked body. And they laid hold on him.

14:52. But he, casting off the linen cloth, fled from them naked.

14:53. And they brought Jesus to the high priest. And all the priests and the scribes and the ancients assembled together.

14:54. And Peter followed him afar off, even into the court of the high priest. And he sat with the servants at the fire and warmed himself.

14:55. And the chief priests and all the council sought for evidence against Jesus, that they might put him to death: and found none.

14:56. For many bore false witness against him: and their evidences were not agreeing.

14:57. And some rising up, bore false witness against him, saying:

14:58. We heard him say, I Will destroy this temple made with hands and within three days I will build another not made with hands.

14:59. And their witness did not agree.

14:60. And the high priest rising up in the midst, asked Jesus, saying: Answerest thou nothing to the things that are laid to thy charge by these men?

14:61. But he held his peace and answered nothing. Again the high priest asked him and said to him: Art thou the Christ, the Son of the Blessed God?

14:62. And Jesus said to him: I am. And you shall see the Son of man sitting on the right hand of the power of God and coming with the clouds of heaven.

14:63. Then the high priest rending his garments, saith: What need we any further witnesses?

14:64. You have heard the blasphemy. What think you? Who all condemned him to be guilty of death.

14:65. And some began to spit on him and to cover his face and to buffet him and to say unto him: Prophecy: And the servants struck him with the palms their hands.

14:66. Now when Peter was in the court below, there cometh one of the maidservants of the high priest.

14:67. And when she had seen Peter warming himself looking on him, she saith: Thou also wast with Jesus of Nazareth.

14:68. But he denied, saying: I neither know nor understand what thou sayest. And he went forth before the court; and the cock crew.

14:69. And again a maidservant seeing him, began to say to the standers by: This is one of them.

14:70. But he denied again. And after a, while they that stood by said again to Peter: Surely thou art one of them; for thou art also a Galilean.

14:71. But he began o curse

and to swear, saying: I know not this man of whom you speak.

14:72. And immediately the cock crew again. And Peter remembered the word that Jesus had said unto him: Before the cock crow twice, thou shalt thrice deny me. And he began to weep,

PSALMS CHAPTER 30

36:1. Be not emulous of evildoers; nor envy them that work iniquity.

36:2. For they shall shortly wither away as grass, and as the green herbs shall quickly fall.

36:3. Trust in the Lord, and do good, and dwell in the land, and thou shalt be fed with its riches.

36:4. Delight in the Lord, and he will give thee the requests of thy heart.

36:5. Commit thy way to the Lord, and trust in him, and he will do it.

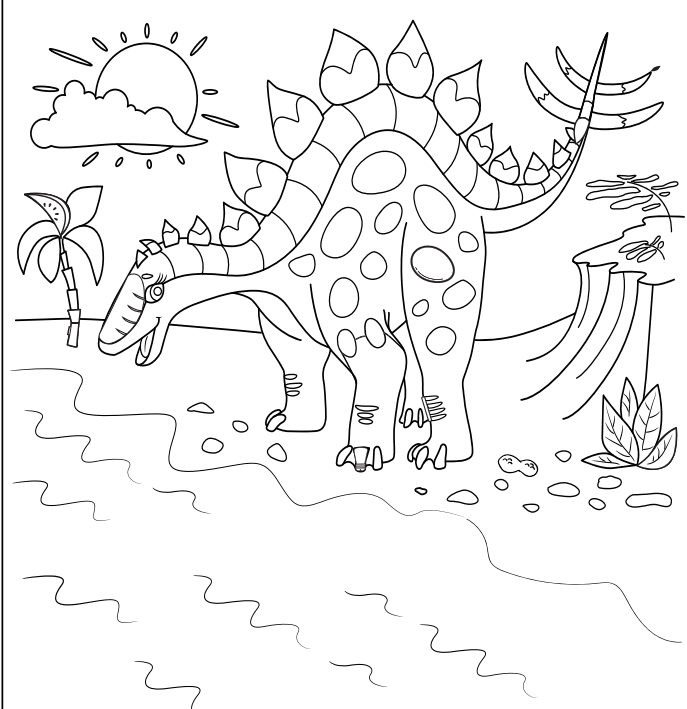
36:6. And he will bring forth thy justice as the light, and thy judgment as the noonday.

36:7. Be subject to the Lord and pray to him. Envy not the man who prospereth in his way; the man who doth unjust things.

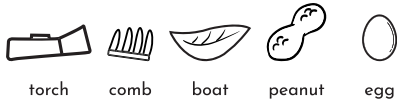
36:8. Cease from anger, and leave rage; have no emulation to do evil.

36:9. For evildoers shall be cut off:

Find and color.



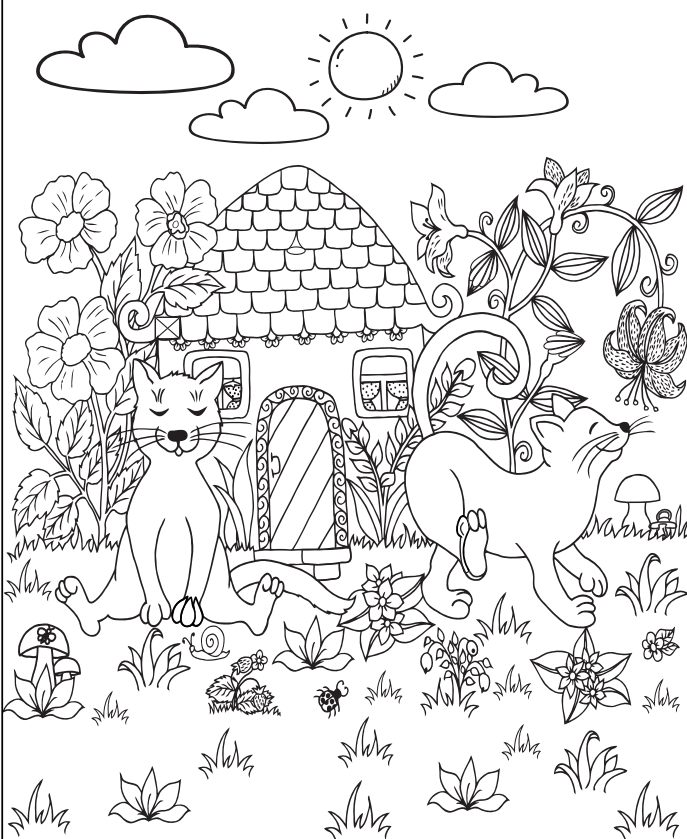
FIND ALL HIDDEN



torch comb boat peanut egg



salt watermelon bread glasses brush



FIND ALL HIDDEN



groin fried egg fastener oyster pacifier



Strawberry cap olive garlic envelope



FIND ALL HIDDEN



garlic domino ice cream paper clip balloon



banana clasp fishing rod book radish

Sudoku for Kids

5		4		3	
1			4		6
2			6	1	
	1	3			4
3	5		2	4	
	2			6	

	2			5	6
5		4			2
4		2	6		3
	3			2	
		6		4	
2		5	3		1

3	6			2	
		1		6	5
5	1		2		6
		6		3	
6				1	
	3	4	6		2

		2	5		3
5		6		4	
	1		4		
4	6			1	2
		4	1		
3	5			2	4

SUDOKU

Each row, column, nonet can contain each number only once. Answers below.

Easy

					3			4
4		5				1		
			9	1			7	
2	3			5		7		
	1		8		6		2	
		8		3			9	1
	4			9	8			
		2				9		8
5			3					

Hard

4	9		8	2				6
		5		1		2		3
8					3		1	
		7				5		
	1		6					8
2		8		3		7		
5				7	1		6	4

Very Hard

		6		9				
	4		8					
							3	
					5		6	
7	1	4	6	3	8	2	5	9
					9		1	
							9	
	2		9					
		7		4				

Easy

		3	5			4		
			6				9	
	7	5						2
	4						5	7
1		6	2		3	9		8
2	9						3	
4						3	1	
	3				5			
		2			4	7		

Hard

		2	7					1
8								
			4			5	3	
7		4				3	6	
2			8		4			5
	6	8				9		4
	1	7			2			
								3
6					7	4		

Very Hard

	7	4	2		8	3	5	6
2								
					3			
	4	2						
		5		3		9		
						7	3	
			9					
								8
8	3	9	4		1	5	6	

Sudoku answers

8	3	6	9	1	5	6	7	
4	2	7	3	6	5	1	9	8
5	6	1	9	8	7	2	4	3
6	9	8	5	1	4	7	3	2
7	1	5	6	3	2	9	8	4
3	4	2	8	7	5	9	6	1
9	8	6	7	5	3	4	2	1
2	5	3	1	4	6	8	7	9
1	7	4	2	9	8	3	5	6

Bottom row – Very Hard

6	8	5	9	3	7	4	1	2
4	2	9	6	8	1	7	5	3
3	1	7	5	4	2	7	6	8
1	6	8	3	7	5	9	2	4
2	9	3	8	6	4	1	7	5
7	5	4	2	1	9	3	6	8
8	4	6	1	5	3	2	7	9
5	3	2	7	9	6	8	4	1
9	7	1	4	2	8	5	3	6

Bottom row – Hard

5	6	2	2	1	3	4	7	8
7	3	1	8	9	5	6	2	4
4	8	9	7	6	2	3	1	5
2	9	7	4	5	8	1	3	6
1	5	6	2	7	3	9	4	8
3	4	8	9	1	6	2	5	7
8	7	1	4	2	8	5	3	6
6	2	3	5	4	1	8	9	7
9	1	4	6	2	7	5	8	3

Bottom row – Easy

6	8	7	3	4	1	5	2	9
3	2	5	9	6	7	4	8	1
4	6	1	5	8	2	7	9	3
6	5	8	4	2	3	6	7	1
7	1	4	6	3	8	5	9	2
4	3	9	1	7	5	8	6	2
8	6	2	7	1	4	6	3	5
1	4	3	8	5	6	9	7	2
5	7	6	2	9	3	1	4	8

Top row – Very Hard

4	9	3	8	2	5	1	7	6
3	2	5	4	6	8	9	7	1
2	4	8	6	3	7	5	1	9
6	5	8	4	2	3	6	7	1
7	1	4	6	3	8	5	9	2
8	5	2	2	4	9	3	6	1
9	6	7	1	4	3	6	1	7
1	4	3	8	5	6	9	7	2
5	7	6	2	9	3	1	4	8

Top row – Hard

5	8	9	3	7	1	6	4	2
1	7	6	4	8	9	5	1	3
2	4	8	6	3	5	7	2	9
6	5	8	7	3	2	4	6	1
3	6	7	1	8	2	5	4	9
8	5	2	2	4	9	3	6	1
9	6	5	7	1	4	2	8	3
7	2	1	3	6	9	4	8	5
4	9	3	8	2	5	1	7	6

Top row – Easy

Universal Crossword

Edited by David Steinberg

ACROSS

- 1 South American caffeinated brew
- 5 Wired up onstage
- 10 Covert “Over here!”
- 14 Dell competitor
- 15 What Marx and Engels told workers of the world to do
- 16 Mosquito bite aftermath
- 17 Affordable fish?
- 19 Reid of “Sharknado”
- 20 Dojo instructor
- 21 Gradually weakens
- 23 After ex-penses
- 24 PC’s bailout key
- 25 Thwarted, as an evil plan
- 27 Lead-in to “climate”
- 30 Fish topped with cheese?
- 33 Granite State sch.
- 34 Amble
- 35 Sandy hill
- 36 Sit there brooding
- 38 Herb used to flavor pizzelle
- 39 Victoria’s Secret merchandise
- 40 Bay or beech
- 41 Ralph who finished third in 2000

- 42 Onetime RCA competitor
- 43 Some fishing cords?
- 45 Shoelace tip
- 47 Ipecac, e.g.
- 48 Bay Area airport code
- 49 Much-used pencil
- 50 ___ platter (Polynesian appetizer)
- 53 Consume, like sashimi
- 57 Country once ruled by the Pahlavi dynasty
- 59 Tough, chewy fish?
- 61 The Golden State, to LL Cool J
- 62 Villain, to a hero
- 63 Where a fall came early?
- 64 Fitzgerald dubbed the First Lady of Song
- 65 Horns’ home country
- 66 “Did u solve 66-A?,” e.g.

DOWN

- 1 They don’t have Windows
- 2 Tylenol target
- 3 Typical TikTok user
- 4 It may be full of chalk
- 5 Pop or rock
- 6 Printer supply
- 7 Optima and Sorento

- 8 James who sang “At Last”
- 9 Appliance at a fair
- 10 Hollow out, as an olive
- 11 Oliver Hardy’s co-star
- 12 Anonymous, say, for a troll
- 13 “OK, you’re in trouble now!”
- 18 Baja bar tender?
- 22 “Hamilton” Tony nominee Phillipa
- 26 Where to look up the cast of “CSI”
- 27 “Aren’t you lucky!”
- 28 Like dorm dodgeball leagues
- 29 Corny to the max
- 30 “Catch and Kill” author Farrow

- 31 Parenthetical comment
- 32 “Ja” and “oui”
- 34 Jobs that involve much filing?
- 37 Cornel who wrote “Race Matters”
- 44 Back talk
- 45 Many miles off
- 46 Prepared oneself
- 48 “So long!”
- 51 Small and insignificant
- 52 App that disrupted the taxi business
- 54 Traveled by horseback
- 55 Late host Trebek
- 56 Took off
- 58 Actress Vardalos
- 60 Stat based on weight and height

PREVIOUS PUZZLE ANSWER

P	A	B	L	O		P	R	A	M		M	A	R	A
I	D	E	A	L		H	A	H	A		I	R	O	N
G	R	A	B	D	I	N	N	E	R		R	A	T	A
L	E	S	S		C	O	D	A		C	A	B	A	L
E	N	T		B	O	M	B	D	I	G	G	I	T	Y
T	A	I	W	A	N				N	I	E	C	E	S
S	L	E	E	K		C	A	S	K			A	D	T
			B	E	A	D	Y	E	Y	E	S			
C	P	U			C	R	E	W			D	U	S	T
O	R	N	A	T	E				Y	I	P	P	E	E
L	O	W	C	A	R	B	D	I	E	T		E	X	S
E	V	I	C	T		R	U	N	T		V	E	T	O
M	I	N	E		T	A	B	D	I	V	I	D	E	R
A	D	D	S		E	D	I	E		A	D	O	R	N
N	E	S	S		L	Y	N	X		L	A	S	S	O

9/2 © 2021 Andrews McMeel Universal
www.upuzzles.com

9/3

Sea What I Mean? by John-Clark Levin

1	2	3	4		5	6	7	8	9		10	11	12	13
14					15						16			
17					18						19			
20							21			22		23		
			24						25		26			
27	28	29				30	31	32						
33					34						35			
36			37		38						39			
40					41							42		
43				44						45	46			
47									48					
49				50		51	52		53			54	55	56
57			58		59			60						
61					62						63			
64					65						66			

Horoscopes

Pisces (February 19 - March 20): Self-worth and relationships take center stage as Venus retrograde forces you to examine your values and desires. You may feel moments of self-doubt, but this period is guiding you toward greater self-empowerment. The lunar eclipse in Virgo brings a turning point in partnerships, illuminating truths about a significant relationship. Whether a connection deepens or ends, trust that it’s part of your soul’s growth. Set clear standards for how you wish to be treated in love and business, enforcing healthy boundaries. Each morning, recite affirmations of self-love and abundance, reinforcing your worth and attracting relationships that honor your highest self.

Aries (March 21 - April 19): Venus retrograde in your sign forces you to rethink love, values, and personal direction while stirring up impatience and passion. Mercury in Aries adds urgency, but breakthroughs come when you embrace patience and balance. The lunar eclipse in Virgo reveals necessary changes in your routines, work, or health, illuminating what needs release. Trust this cosmic reset to refine your path, clearing old habits for greater alignment. Channel frustration into creative outlets or movement, like exercise or journaling, to avoid burnout. To stay grounded, practice daily rituals like breathwork or walking barefoot on the earth, allowing you to move forward with clarity and purpose.

Taurus (April 20 - May 20): You’re in an introspective phase as Venus retrograde stirs up hidden emotions, unresolved wounds, and financial reassessments. Past lovers or old insecurities may resurface, asking for closure or clarity. The lunar eclipse in Virgo highlights romance, creativity, and self-expression, revealing a hidden desire or reigniting a forgotten passion. Prioritize rest and personal reflection—slow down, write out your feelings, and reconnect with hobbies that bring you joy. Engage in heart-centered meditation or wear rose quartz to release past pain and amplify self-love, reminding yourself that you are worthy of both passion and peace.

Gemini (May 21 - June 20): Venus retrograde shakes up friendships and social connections, prompting you to rethink your inner circle and the dynamics within partnerships. Misunderstandings may arise, but they reveal deeper truths about your values in relationships. Meanwhile, the lunar eclipse in Virgo illuminates your home and family sector, bringing revelations about your living situation or emotional foundations. Old wounds may resurface for healing, offering a chance to create a more stable personal life. Declutter your space, remove anything that no longer resonates, and set firmer boundaries with those who drain your energy. Cleanse your home with sage, palo santo, or sound vibrations, infusing your space with fresh, protective energy to invite harmony and security.

Cancer (June 21 - July 22): Career and reputation are under Venus retrograde’s scrutiny, making it a tricky time for professional relationships or long-term goals. Miscommunications at work require patience, and old career doubts may resurface. The lunar eclipse in Virgo brings transformative conversations, unveling long-hidden truths or pushing you to express yourself more authentically. A shift in how you communicate can bring clarity and healing. Set clear boundaries in professional and personal discussions, ensuring your voice is heard without compromising your integrity. Before important conversations, meditate with a blue crystal like lapis lazuli to enhance clarity and ensure your words align with your highest truth.

Leo (July 23 - August 22): Venus retrograde challenges your beliefs and sense of purpose, asking you to reevaluate personal philosophies and relationship expectations. Disillusionment may arise, but it leads to deeper authenticity. The lunar eclipse in Virgo highlights financial matters, self-worth, and material security, revealing where you need to realign your resources with your values. Review your spending habits, cut out unnecessary expenses, and refine financial goals to reflect what truly brings you stability and fulfillment. Each morning, speak

affirmations about your worth while looking in the mirror, reinforcing your confidence and inviting prosperity into your life.

Virgo (August 23 - September 22): Relationships, shared finances, and deep emotional bonds are under scrutiny as Venus retrograde exposes imbalances in give and take. Power struggles or past emotional debts may resurface, demanding resolution. The lunar eclipse in your sign acts as a personal reset, pushing you to shed an outdated identity, belief, or emotional weight. Assert your needs in financial and emotional exchanges—be direct about what you require to feel valued and secure. Perform a cleansing ritual, such as a salt bath or journaling exercise, to release limiting beliefs and step fully into your next chapter.

Libra (September 23 - October 22): Relationships are in focus as Venus retrograde shakes up your partnership sector, stirring old dynamics, karmic lessons, or second chances in love. Conflicts reveal where balance is needed, pushing you toward healthier, more reciprocal connections. The lunar eclipse in Virgo uncovers hidden truths in your subconscious, bringing dreams, intuitions, or past wounds to light. Engage in honest, open dialogue with loved ones, but don’t overextend yourself to keep the peace. Release past relationship wounds by writing them down and burning the paper as a symbolic gesture of letting go, clearing space for love that truly serves you.

Scorpio (October 23 - November 21): Venus retrograde disrupts routines, work-life balance, and health habits, showing where you’ve been overextending yourself. It’s time to prioritize self-care and create better boundaries in daily obligations. The lunar eclipse in Virgo spotlights friendships and long-term goals, revealing whether your social connections align with your evolving self. Say no to commitments that drain you, and remove yourself from social groups that no longer serve your growth. Cleanse your energy field with sound healing, a singing bowl, or visualization techniques, allowing only aligned and supportive connections to remain in your orbit.

Sagittarius (November 22 - December 21): Romance and creative expression feel uncertain as Venus retrograde forces you to reassess love, pleasure, and personal passions. You might question whether a relationship or artistic endeavor truly fulfills you. The lunar eclipse in Virgo brings a turning point in your career, possibly signaling a shift in your ambitions or workplace dynamics. Speak openly about your romantic and professional desires, ensuring your passions align with your goals. During meditation, visualize your ideal career path, asking the universe for guidance on your next steps and staying open to unexpected opportunities.

Capricorn (December 22 - January 19): Venus retrograde stirs unresolved family dynamics, home-related issues, or childhood wounds, prompting emotional reflection and healing. You may need to redefine what security means to you. The lunar eclipse in Virgo urges you to expand beyond old limitations, possibly through travel, education, or a spiritual awakening. Address lingering home or family concerns with honesty and take action to establish healthier relationships or living conditions. Say yes to new experiences—whether travel, a spiritual retreat, or deep study—allowing fresh perspectives to liberate you from the past.

Aquarius (January 20 - February 18): Your communication style is shifting under Venus retrograde, making conversations more intense or emotionally revealing. Be mindful of your words, as they hold extra weight now. The lunar eclipse in Virgo highlights financial or intimate matters, possibly bringing hidden debts, emotional baggage, or shared resources into focus. Think twice before speaking on sensitive matters, ensuring your words align with your highest intentions. Perform a heart-healing meditation or carry rose quartz to release fear and welcome deeper emotional connections built on trust.

Family Time Crossword
The (K) Clues Are for Kids

Created by Timothy E. Parker

ACROSS

1. (K) Finds a sum
5. Playful little rascals
9. (K) Mountain with a snowcap
12. (K) Take a little peek
13. Part of the Atlantic Ocean (2 words)
15. (K) Straightened up
16. Bumps off the TV schedule
17. (K) It has a lot of X’s and Y’s
19. Give off, as potent gases
20. (K) Alternative to sordough
21. (K) With plenty of machine lubrication
23. Be a gentle masseuse
25. Dark places to explore
26. (K) You’ll find them in a Monopoly set

27. Typos now corrected, in a book
30. Made up, as a new phrase
32. (K) It encircles blood
33. (K) We support them with screams
35. “The Tell-Tale Heart” author’s initials.
36. Speeds, in notated music
37. (K) School org.
40. Kind of IRA
42. Marsh plant
44. Seriously overwhelmed
46. (K) Chomp down hard
47. War prisoner
48. (K) Speak indirectly
49. Special type of poem
50. (K) Shake hair all over the place
51. “Hey! Over here!”

DOWN

1. Union station?
2. (K) Item at a fancy dinner setting
3. (K) Sidestep
4. Terrier’s island?
5. (K) How secrets are told (2 words)
6. (K) Team spirit
7. (K) Attachment to “school” or “vent”
8. Stately, powerful horse
9. Headache aid
10. (K) It’s in your salad
11. Speaker systems, for short
14. “I’m thinking ...”
18. (K) You can swim from it
22. Crazy adventures
24. Bunk thing
25. (K) Is able to
26. (K) Attachment to “appear” or “approve”

27. (K) Lady No. 1
28. Hit the brakes too late (2 words)
29. Swift, snappy comeback
31. (K) Fail to name
34. (K) Game show hosts
36. 100,000-Btu unit
37. (K) Holders for sand, milk and lunch
38. Bible book of the New Testament
39. (K) Far from asleep on the job
41. (K) It leads to overtime
43. Baker’s abbr.
44. My story, or yours
45. (K) Antelope with a young-sounding name

Can you find the answer to this riddle within the solved puzzle?

Prefix recently viewed?

Look for the answer in next week’s paper.

PREVIOUS PUZZLE ANSWER

1	F	A	S	T		5	S	L	A	M		13	B	A	R
2	O	B	O	E		6	H	A	L	E		14	E	R	A
3	A	L	O	E		7	E	V	I	L		15	D	I	N
4	M	E	N	T		8	A	L	A	G	E	16	S	A	G
5						9	H	I	T		17	A	T		
6	24	25	26	27	28	29	S	D	E	W		30	W	E	31
7							M	O	T	H	E	R	O	F	32
8							P	O	R	E		33	W	O	34
9												35	D	R	Y
10							A	R	C	H		36	R	A	W
11							D	O	T			37	C	E	T
12							E	V	E			38	R	A	C
13							L	E	G			39	P	O	P
14							T	R	Y			40	S	E	41
15												42	S	H	43
16												44	O	N	45
17												46	C	O	47
18												48	N	E	49
19												49	T	Y	50
20												51	P	E	52
21															
22															
23															
24															
25															
26															
27															
28															
29															
30															
31															
32															
33															
34															
35															
36															
37															
38															
39															
40															
41															
42															
43															
44															
45															
46															
47															
48															
49															
50															
51															
52															
53															
54															
55															
56															
57															
58															
59															
60															
61															
62															
63															
64															
65															
66															

Previous riddle answer:
Common thing to slip on?
56-A) Shoe

© 2021 Andrews McMeel Syndication.
syndication.andrewsmcmeel.com

The answers to this week’s puzzles can be found in next week’s issue.

www.GreenwichSentinel.com/subscribe
www.NewCanaanSentinel.com/subscribe

7 LITTLE WORDS

Find the 7 words to match the 7 clues. The numbers in parentheses represent the number of letters in each solution. Each letter combination can be used only once, but all letter combinations will be necessary to complete the puzzle.

CLUES	SOLUTIONS
1 what an unpopular inn has (7)	_____
2 “Friends” star Cox (9)	_____

This Week in History & Fun Things to Celebrate

This Week in History & Fun Holidays (March 7 – March 13)

Exciting events from the past and some fun and wacky celebrations coming up!

This Week in History

March 7, 1876 – Alexander Graham Bell Patents the Telephone

Ring, ring! On this day, Alexander Graham Bell received a patent for the telephone, changing how people communicate forever. His first words on the device? “Mr. Watson, come here—I want to see you!”

March 8, 1917 – The Russian Revolution Begins

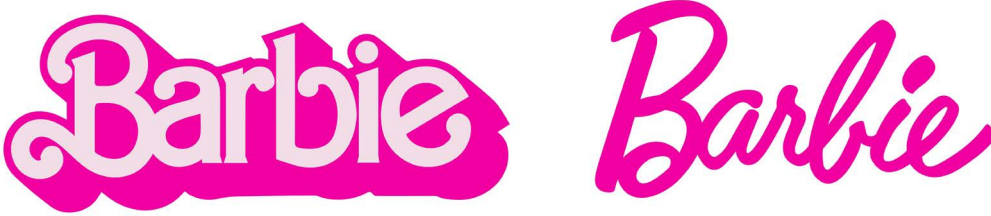
Big changes were happening in Russia! The people protested against their government, leading to a revolution that would change history. Eventually, the Russian monarchy ended, and a new government took over.

March 9, 1959 – Barbie Makes Her Debut

The very first Barbie doll hit the shelves! Created by Ruth Handler, Barbie became one of the most popular toys ever. Since then, she’s had hundreds of careers, from astronaut to doctor to president!

March 10, 1876 – The First Telephone Call

Just three days after receiving his patent, Alexander Graham Bell made the world’s first phone call to his assistant, Thomas Watson. This moment paved the way for the smartphones we use today!



March 11, 1918 – The First Cases of the Spanish Flu Are Reported in the U.S.

One of the deadliest pandemics in history began spreading across the world. The Spanish flu affected millions of people, and it changed how doctors and scientists handle viruses today.

March 12, 1912 – The Girl Scouts Are Founded

Juliette Gordon Low started the Girl Scouts in Savannah, Georgia. She wanted girls to have fun, learn new skills, and help their communities. Today, millions of Girl Scouts sell cookies, go on adventures, and make the world a better place!

March 13, 1781 – The Planet Uranus is Discovered

Astronomer William Herschel discovered Uranus—the first planet found using a telescope! At first, he thought it was a comet, but soon realized it was a new planet beyond Saturn.

Fun and Wacky Holidays This Week!

March 7 – National Cereal Day

Start your morning with a big bowl of your favorite cereal! Whether it’s fruity,

chocolatey, or full of marshmallows, today’s the day to enjoy it.

March 8 – International Women’s Day

A global celebration of women’s achievements in history, science, politics, and more. It’s a great day to learn about inspiring women who’ve changed the world!

March 9 – National Meatball Day

Spaghetti’s best friend gets its own special day! Time to enjoy some tasty meatballs—whether in pasta, on a sandwich, or just by themselves.

March 10 – National Mario Day

It’s-a me, Mario! March 10 (Mar!O—get it?) celebrates Nintendo’s most famous plumber. Play a Mario game, watch a Mario movie, or just say, “Wahoo!”

March 11 – National Johnny Appleseed Day

Johnny Appleseed traveled across the U.S., planting apple trees and sharing stories. Celebrate by eating an apple or planting something in his honor!

March 12 – National Plant a Flower Day

Spring is almost here! Today is the perfect time to plant some flowers and add a little

color to the world.

March 13 – National Good Samaritan Day

A day to do something kind for someone else. Hold the door open, help a friend, or simply share a smile—small acts of kindness make a big difference!

Other Fun and Wacky Celebrations

Coming Up!

March 7 – National Be Heard Day

A day to speak up, share your ideas, and make your voice count!

March 8 – Proofreading Day

Perfect for checking your spelling and grammar before hitting send!

March 9 – Panic Day

A silly holiday to acknowledge stress—but don’t panic too much, it’s all in good fun!

March 10 – Pack Your Lunch Day

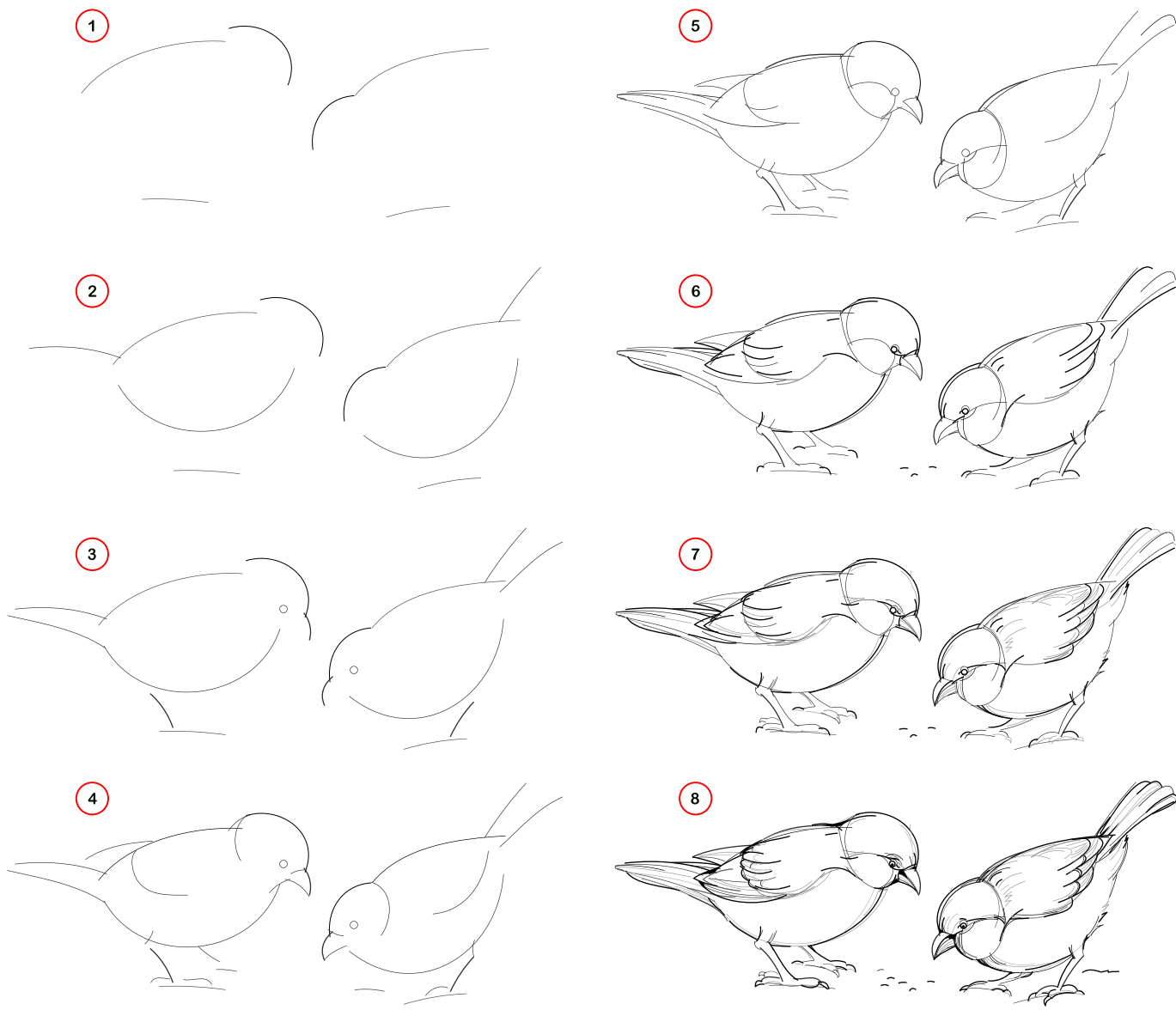
Skip the cafeteria or takeout—today is all about bringing your own homemade meal!

March 12 – National Working Moms Day

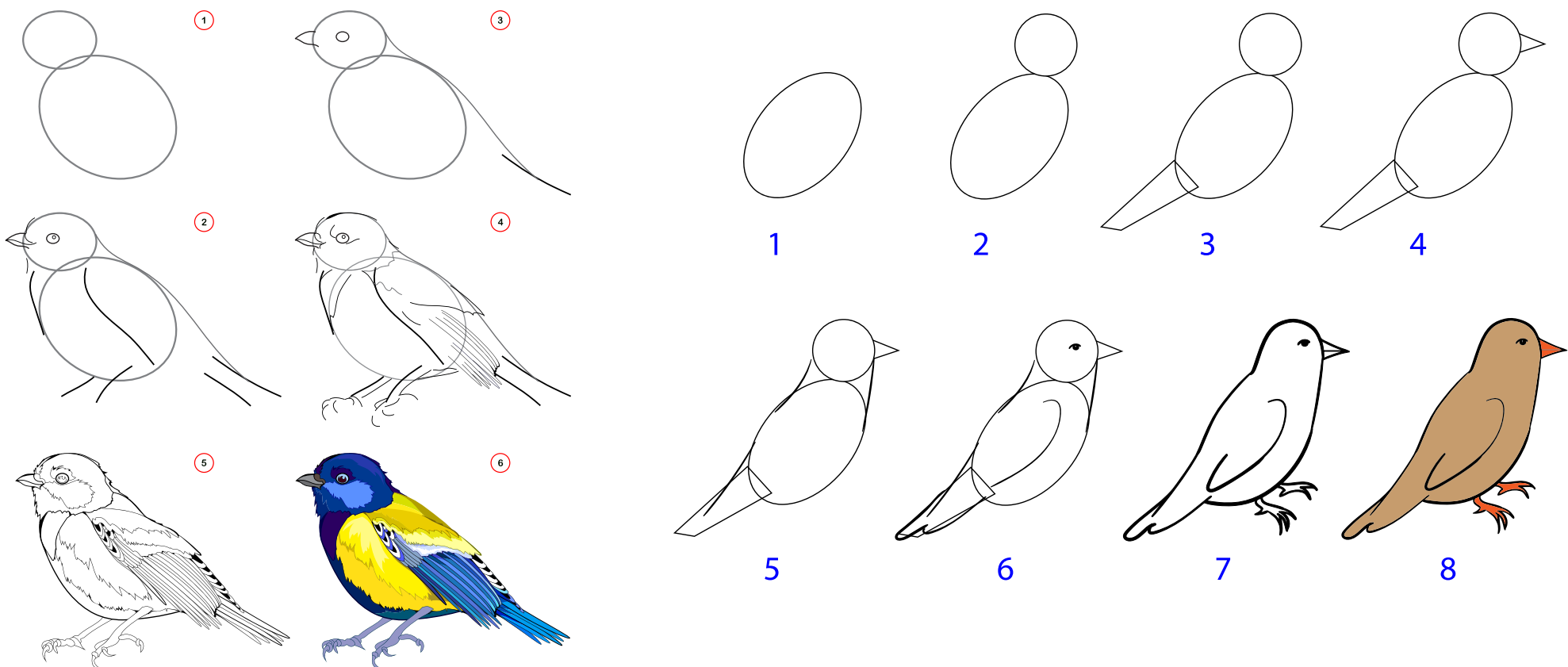
A day to celebrate hardworking moms who balance careers, families, and everything in between.

How Will You Celebrate?

Will you munch on cereal, play a Mario game, or plant some flowers? With so many cool things that happened this week in history and so many fun holidays, there’s something for everyone. Enjoy the week ahead!



Learn to Sketch Like a Pro 3 Different Ways



LEFT



RIGHT



AUSTRALIAN ANIMALS



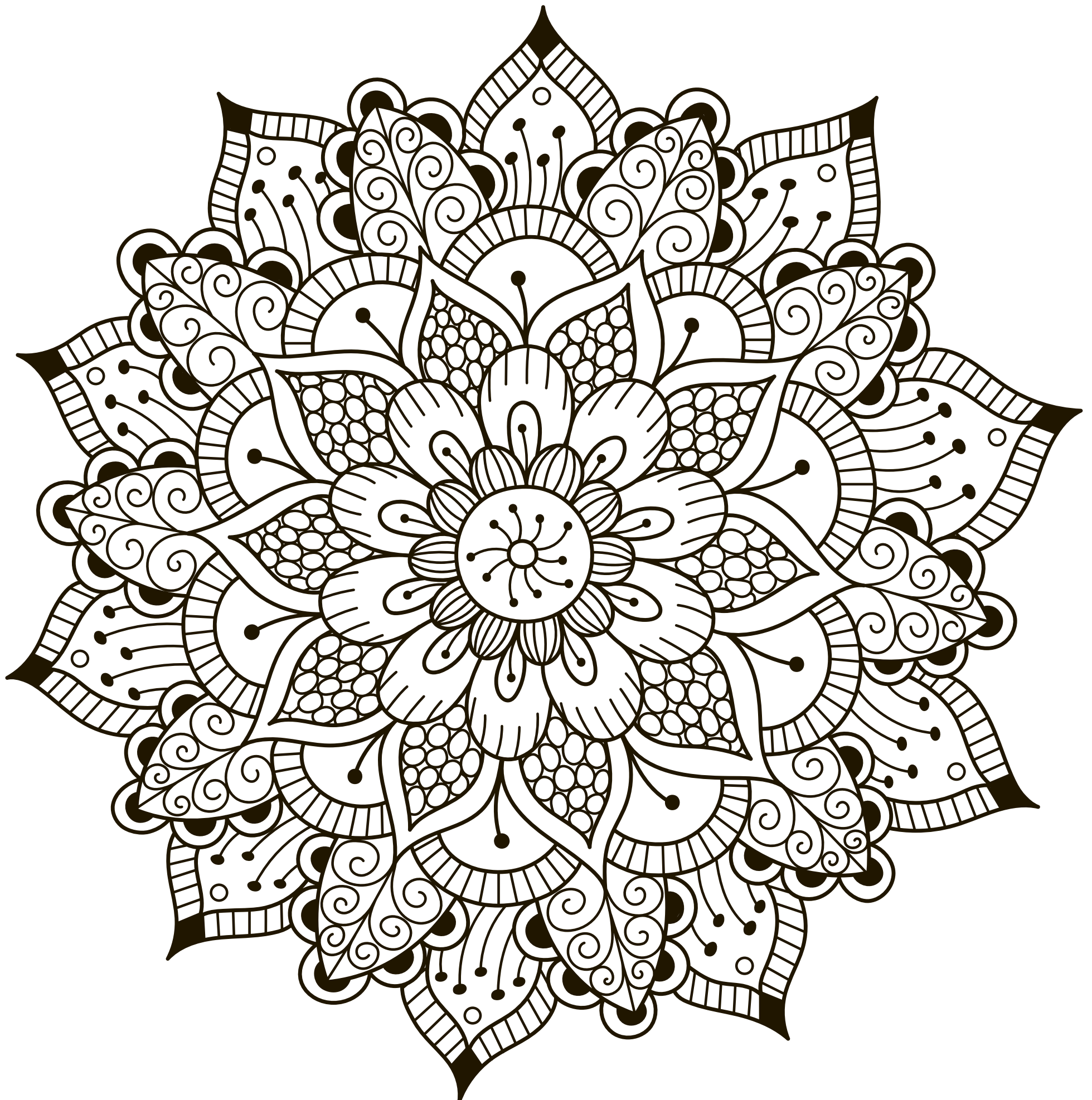
..... Musical Instruments

1	2	3	4	2	5	6	7	8	9	10	4	8	11	12	
						D	R	U	M						
13	14	14	3	7	6	2	3	5	11	7	8	9	15	12	11
14	12	4	4	3	16	8	2	11	13	7	11	8	17	13	
18	13	19	3	15	20	3	5	12	14	12	4	12	18	11	13
17	13	5	21	3	15	2	13	5	3	3	7	16	13	5	
20	3	7	5	3	14	13	7	2	5	13	3	17	3	12	
19	22	4	3	15	20	3	5	12	8	23	8	4	12	4	12
14	4	13	7	2	5	12	11	11	7	3	9	17	3	5	12
20	13	7	15	16	4	3	14	23	12	5	18	15	2	12	4
14	22	9	17	13	4	18	10	4	13	16	12	3	4	12	11

ANSWER: 1=V, 2=I, 3=O, 4=L, 5=N, 6=D, 7=R, 8=U, 9=M, 10=F, 11=T, 12=E, 13=A, 14=C, 15=P, 16=G, 17=B, 18=S, 19=X, 20=H, 21=J, 22=Y, 23=K.

Coloring engages both hemispheres of the brain, combining creativity with logic to enhance focus and reduce stress. The repetitive motion promotes mindfulness, helping to lower cortisol levels and improve mood. Studies show that coloring intricate patterns, such as mandalas or detailed images like a flower, can activate the brain's reward system, releasing dopamine and

fostering relaxation. This activity strengthens fine motor skills, improves hand-eye coordination, and encourages problem-solving by selecting colors and patterns. For all ages, coloring provides a simple yet effective way to boost mental clarity, enhance cognitive function, and promote a sense of calm.



Fearless: The Red-Winged Blackbird

By JIM KNOX

Spring comes in many guises. The first stirrings of life after a long frigid winter season are often subtle, yet undeniable. From the crocuses edging up through a fresh coating of snow, to the breezes that have lost their sting, spring arrives with a whisper.

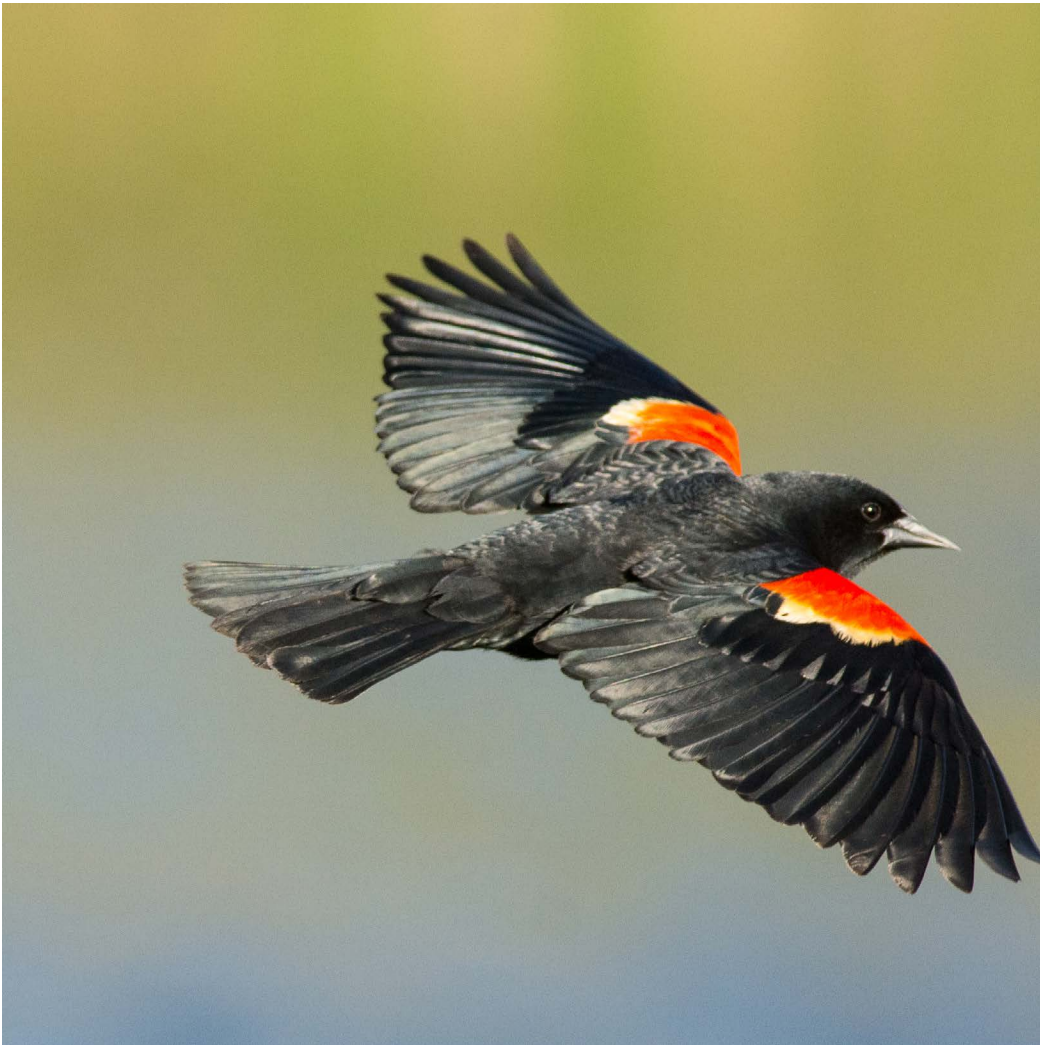
Yet, just as the ice is thawing on the ponds, and winter is releasing its grip, spring's second chorus loudly proclaims its colors like no other season. The creature behind this proclamation is bold, beautiful, and far from shy.

The Red-winged Blackbird, *Agelaius phoeniceus*, is a true and unflinching harbinger of the spring season. Its telltale song is nature's promise of warmer, greener days. Known as the small birds that make a big entrance, Red-winged Blackbirds are among the most abundant bird species in the United States, occurring in every state but Hawaii. Though they are a year 'round Connecticut resident species, these blackbirds favor warmer conditions, with our many northern birds migrating up to 800 miles to more southerly climes during the harshest winter cold to return with slightly longer days as the mercury nudges upward.

Intermediate in size between a House Sparrow and an American Robin, the Red-winged Blackbird is a stocky bird with short, rounded wings and a slender conical bill. While females are streaked with a camouflaging brown plumage and sport a yellowish tinge around the base of their beak and upper neck, males are coal black with brilliant scarlet wing epaulettes, sporting bright gold borders. While the blackbird's colors



Male red-winged blackbird feeding a female



are striking, its distinctive three note call seems disproportionately loud and never fails to get one's attention.

For me, the blackbird's mere presence seems to shout, "Hey! Look at me! Spring is here!" It is declaration that the blackbird ushers in, that is one of

its most endearing traits. What's more, the blackbird's solo song often grows into a chorus as these strong and agile flyers form large flocks in the thousands.

Favoring open wetland habitats such as marshes, salt marshes, and rice fields for the breeding season, Red-winged Blackbirds establish

themselves in these habitats early and both forage and hunt for plant and insect food as it becomes available. While males utilize the tops of cattails, Phragmites, and sedges to sing and proclaim their territory, females construct their nest deep within the dense vertical shoots of these wetland

plants. Due to scarcity of appropriate habitat, up to 15 females will nest in proximity to the territorial male. Nests are normally concealed near ground level or the waterline and are intricately woven and packed with mud to form a deep cup in which to hold the pale blue-green eggs with cryptic brown streaking and speckles. While both males and females vigorously defend their nests from predators as well as intruders, the females maintain a low profile to avoid detection, slinking among the dense wetland vegetation, hunting for insect prey for their rapidly developing chicks.

Like many extraordinarily successful species, Red-winged Blackbirds leverage their hallmark adaptability to thrive, shifting from insect protein in spring and summer to seeds and grains in winter. Likewise, as seasonal conditions change, these birds shift from living in small nesting clusters in spring to form truly massive interspecies flocks with Cowbirds, Grackles, Starlings, and other blackbirds in winter. Such

flocks confer the benefits of both safety in numbers, and countless eyes scanning for predators, and can grow to reach more than one million birds in size! Though it is one of the most abundant native birds in North America—with an estimated population approaching 200 million birds, it too has experienced population declines over recent decades, reminding us that even abundant species need monitoring.

The Red-winged Blackbird has much to teach us. Like so many creatures that thrive, it draws upon its diverse traits, delivering what the situation dictates. A solitary bird at times, it forms enormous social groups as needed. It is simultaneously a bird of bold prominence and a bird of cryptic guise and nature, yet it cooperates with its mate and with others of its kind to protect itself and its young. A versatile creature, it arrives in advance of the competition, staking out territory and accessing nature's abundance as the season progresses.

Tapping into our diverse abilities is a healthy thing. Alternating between personal and social time, or between bold actions and quiet progress as the situation calls for it, serves us well. Recognizing the advantages of timeliness and cooperation toward accomplishing our objectives is invaluable. Life often demands that we progress industriously, unnoticed, yet there are also those times when it calls for us to spread our wings, show our colors, and burst into song.

Jim Knox serves as the Curator of Education for Connecticut's Beardsley Zoo and as a Science Advisor for The Bruce Museum. A Member of The Explorers Club, Jim enjoys sharing his passion for wildlife with audiences in Connecticut and beyond.

