

News briefs and photo submissions may be emailed to Emma@GreenwichSentinel.com

Byram Veterans Parade Time Updated

The Byram Veterans Parade will take place on May 25 at 1pm, an hour earlier than previously announced. It will begin at Veterans Way on Delevan Avenue and end with a ceremony at the Byram Library on Mead Avenue. Additional parades will be held on May 25 at 5pm in Glenville and on May 26 at 10am in Sound Beach.

POLICE & FIRE National Police Week

National Police Week 2025 honors law enforcement officers who died in the line of duty. The Greenwich Police Department states its continued commitment to the principles of service and public safety. The department acknowledges the role of fallen officers in shaping its ongoing responsibilities.

Greenwich Police Host Community Day

On May 10, 2025, the Greenwich Police Department held its annual Police Day event. The public engaged with officers and viewed displays from specialized units, including SWAT, the Dive Team, and motorcycle patrol. The event also featured food, activities for children, and informational outreach.

Greenwich Police Report April Progress

The Greenwich Police Department reported 3,624 service calls in April 2025. The most common citation was for speeding, and larceny was the most reported crime. Officers recovered six of eight stolen vehicles and made 45 adult arrests, along with issuing over 1,200 motor vehicle infractions and warnings.

FROM TOWN HALL Neighbor to Neighbor Celebrates 50 Years

On April 25, the Town issued a proclamation recognizing Neighbor to Neighbor Day in honor of the local food pantry's 50th anniversary. The nonprofit distributes food, clothing, and other basic necessities at no cost, providing over 600,000 meals annually. The proclamation acknowledges the organization's role in addressing material needs within the community. Photo Credit: Neighbor to Neighbor

Continued on Page 14

Green Thoughts
By ANNE W. SEMMES

"The object of our forest policy is not to preserve the forests because they are beautiful-or because they are refuges for the wild creatures of the wilderness-but the making of prosperous homes-every other consideration becomes secondary." Gifford Pinchot addressing a meeting of the Society of American Foresters in 1903, before becoming the first Chief of the U.S. Forest Service in 1905.

Havemeyer Building Redevelopment Plans Revive Long-Standing Debate



By PETER BARHYDT

Last year, First Selectman Fred Camillo published an op-ed stating that the Town of Greenwich “must secure an affirmative vote from the BOE to proceed” with the public-private redevelopment of the Havemeyer Building, located at 290 Greenwich Avenue. The move signaled a renewed push to repurpose the historic structure

into a civic and cultural hub—a plan with notable precedent.

In a series of documents reviewed by the Greenwich Sentinel, along with interviews and historical records archived at the Greenwich Historical Society, the Havemeyer Building has long been the subject of competing visions. The most fully developed previous plan dates to

2006, when philanthropist and longtime Greenwich resident Peter Malkin led a private initiative to rehabilitate the 1892 Romanesque structure.

“We weren’t proposing a commercial development,” Malkin said during an interview with the Greenwich Sentinel. “Our plan was to do something for the

Continued on Page 4

United Way Survey to Shape Services Blueprint

By ANNE WHITE

With inboxes pinging across town this week, the Greenwich United Way officially launched its 2025 Needs Assessment, a comprehensive community survey aimed at mapping out which human services Greenwich residents believe are most needed—and how well the town is currently delivering them.

The seven-minute survey, developed in partnership with Fairfield University’s Center for Social Impact, arrives with some urgency.

Conducted every five years since 1981, the Greenwich United Way’s quinquennial Needs Assessment has become something of a civic ritual—less ceremonial than surgical. “The 2025 Greenwich United Way Needs Assessment is our blueprint to uncover the human services needs that we will address in the next few years,” said David Rabin, CEO of the Greenwich United Way. “The participation of Greenwich residents is greatly needed as survey responses help us determine where we focus our programs and funding to ensure Greenwich remains a premier place to live, work, raise a family and retire.”

Rabin’s emphasis on “premier” living is not mere branding. In a town where staggering wealth can be found just blocks away from deep need, the 2020 version of the assessment revealed a pressing demand for programs that previously had not broken through. Among its results: new scholarship funding for early education that now reaches more than 125 families annually; expanded visibility for SNAP benefits that connected 150 additional households to food assistance; and one of its crown

achievements—helping to bring the Adolescent Intensive Outpatient Program (IOP) to Greenwich Hospital, which quietly opened last fall and began serving teens in January, able to help approximately 400 teens per year.

This year, Greenwich United Way has again enlisted the team at

The survey is now live at https://fairfield.iadl.qualtrics.com/jfe/form/SV_5bf60raQiX4IA3I, and the United Way hopes to hear from as many households as possible.

Fairfield University to help crunch data and—critically—analyze disparities at the neighborhood level, not just town-wide.

“The mission of the Center for Social Impact is to connect the university’s knowledge and creativity with the expertise and vision of our community partners to address pressing local priorities,” said Melissa Quan, Director of the Fairfield University Center for Social Impact. “Faculty bring their scholarship to bear on real-world challenges, and students gain meaningful opportunities to apply their learning while deepening their understanding of civic responsibility and lifelong engagement.”

It’s a reciprocal partnership, she noted—and one that allows for the kind of nuance Greenwich requires.

Indeed, this survey’s structure deliberately accounts for the kind of contrasts Greenwich residents know well: a neighborhood with

the highest average income in the state bordering one with the lowest in town. Broad averages don’t tell the story. The assessment aims to.

Still, survey fatigue is real, even in civic-minded towns. That’s why Rabin and the Greenwich United Way are making a direct appeal: check your email, click the link, and take a few minutes to answer honestly. Responses are anonymous, but their implications won’t be.

“Our mission is to uncover unmet health, education and self-sufficiency needs, raise awareness and support, and together with community partners, deliver lasting results,” Rabin said. “A thorough, diverse Needs Assessment is integral to honing our focus and successfully addressing the town’s most critical needs.”

The pandemic-era 2020 survey was perhaps the most revealing to date—conducted under extreme uncertainty, but within what Rabin referred to as “a community with fiscal resources and social capital that can be brought to bear.”

What will emerge this time is unclear. But the goal remains the same: lasting, locally-rooted solutions that reflect what Greenwich residents actually say they need.

The survey is now live at https://fairfield.iadl.qualtrics.com/jfe/form/SV_5bf60raQiX4IA3I, and the United Way hopes to hear from as many households as possible.

The survey deadline is not set in stone, rather it will be completed once the number of respondents make it statistically valid. “That’s important,” explains Rabin, “as we are very data driven and strive for the most accurate data to inform our needs assessment process.”

COLUMN

Relationships Over Tasks

By JILL WOOLWORTH, LMFT

Most people would agree that their relationships are more important than daily tasks, but our academic training and the demands of work teach us to prioritize tasks over relationships. Making space in our schedules for relationships is a lifelong discipline that pays rich dividends. Human relationships are living “things” that require attention, time, light, and nourishment. They are worth more than income or fame.

When we make a phone call, play with our child, date our

spouse, celebrate or console a friend—especially when that friend is ill or has a loss, that person is unlikely to forget what we did. People’s end-of-life regrets are more often about relationships not attended to than accomplishments not achieved.

Consider what five things you want said about yourself on your 80th birthday. These are your goalposts, the buoys by which to navigate your life. For 99 percent of people, good relationships top accomplishments on the list.

After bragging about his



Illustrated by Wajih Chaudhry professional accomplishments, a 40-year-old executive in marital crisis realized that he wanted his wife at his 80th birthday party more than he wanted his long line of potential girlfriends. He began prioritizing his marital relationship, and he is still married.

COLUMN

Freedom to Roam



By ICY FRANTZ

This past Easter, we experienced a first.

It wasn’t the discovery of the golden egg at a local Easter egg hunt or our adult children arriving on time for Easter service or leaving our annual Easter brunch having only “taken a look” at the dessert buffet.

This past Easter, we had no children at home, which was a first since our eldest was born in 1996.

And I promised myself I wouldn’t feel sad or out of sorts. But I felt a little of both.

Easter was different this year...and I didn’t like it at all.

And yet, right around the time the daffodils were blooming, and Cadbury Cream Eggs were overflowing on the shelves of CVS, I read the following words, and they struck me:

Freedom to roam.

I don’t remember the exact context, but they seemed relevant. And it’s easy to get lost in the imagery those three words conjure up.

Think Yellowstone - a handsome John Dutton galloping on a mare, Beth Dutton taking a bath in an outdoor tub with a bottle or two of Champagne and the vast Montana plains in the backdrop. Oh, and Rip Wheeler. But I digress.

Taken literally, “freedom to roam,” also referred to as the “right to roam,” stems from a law or policy—mostly in European countries—that allows hikers to pass through private property (as long as said hikers are responsible and respectful of the land).

But for the sake of this piece, I will leave both Yellowstone and legalities behind for now and instead focus on how these three words relate to our Easter this year, parenting...and life, really.

Parenting is wonderful and hard, and giving our children the freedom to roam can be daunting.

Sure, early on, sleepless nights are exhausting. Ear infections, colic, and projectile throw up are no fun. Calls from school principals about a child’s misstep are a bummer. Soothing a child after being cut from a team, rejected by friends or a college — all tough.

But letting go, supporting, and having faith in our children’s journey — no matter how far away or different it is from what we imagined — can be truly challenging.

So, where were the Frantz children this Easter?

Right where they were supposed to be.

Our newly engaged eldest was spending Easter with his fiancée and her family.

A son, working and living in London, was taking advantage of Europe’s ease of travel and spending the weekend in Madrid.

Another son was invited by family to spend Easter in Florida, where he’s the super cool, older uncle.

And finally, our daughter — who announced on our family chat on Easter morning that she was becoming a Buddhist — was living in Mongolia, teaching English to monks in exchange for room and board and meditation classes (White Lotus, anyone?).

So, although I missed them dearly, allowing our children the freedom to roam physically, mentally, and spiritually is how they learn and mature, and ultimately become who they are meant to be.

And sometimes we must “take the hit” to foster and celebrate their growth.

On the other hand, though, having no children at home this Easter also gave us the freedom to roam.

So, roam we did — literally - on Easter Sunday, taking our grateful dogs for a hike.

But on any given day — not just the holidays — there is more time for both freedom and exploration after the kids have moved on, and an opportunity to

Soothing a child after being cut from a team, rejected by friends or a college — all tough.

become who we are meant to be too.

And this freedom is not restricted to those of us with a newly empty nest.

It applies to everyone as we move into our later years, the golden years - the wise, hard-fought twilight years (or whatever charming name we come up with to describe them).

For some, it may mean a rededicated focus on a career, or a reentry into the workforce with a new perspective or angle.

For me, I have taken on several projects, some of which sat idle in ink for years on sticky notes attached to my computer.

I enrolled in an online course on AI to better prepare myself for what is coming (or what has come).

I became certified as a life coach.

I traveled.

I shared my story at an NPR-like event inspired by The Moth.

I immersed myself in meaningful work for a not-for-profit I care about deeply.

I wrote more, read more.

I joined a six-week course on meditation (now I just need to do it).

I played squash.

And I spent quality time with good friends — not just over dinner talking about life, but actually experiencing life together. (Remember how we used to do that when we were kids... on teams, on the playground, at summer camp?)

And I am learning that I need to be both intentional and thoughtful about the use of this newfound time.

David Brooks describes it well (of course he does) in his book, The Second Mountain; The Quest for a Moral Life.

You see, our “second mountain” (his charming name for the later years) is all about finding our own meaning and purpose.

“A life of commitment means saying a thousand noes for the sake of a few precious yeses.”

And finding our way through the open field of choices can be similar to Marie Kondo’s method of decluttering. For Kondo, it’s asking the question, “Does this spark joy?” and our answer can help us decide what to keep and what to throw out.

The same is true when we are cultivating our path forward. Although I would add, “does it spark joy for others?” as well.

Our lives may not resemble the Montana open plains - sun setting, with a muscled Rip in the doorway - but the freedom to roam gives us the opportunity to pause and reflect and create the same peace and harmony.

And purpose and meaning.

As for our children, we will always, always welcome them the freedom to roam right back into our home, on Easter or any given day, even if they are just passing through.

By TOM NISSLEY

There is a wonderful production, closing this weekend (so pay attention and call for tickets right now) playing in the Dressing Room Theatre at Curtain Call, where you can bring your own Pizza and wine to go with it. It's called A JUKEBOX FOR THE ALGONQUIN.

Imagine that you're a resident in one of our wonderful Waveny Care spaces – like the INN for instance, and you've located an old Wurlitzer Jukebox on eBay, and you want so hard to get it for the parlor (which you and your buddies call “the Algonquin”). Then you relive a moment in your youth when you dropped in a coin and pushed your selection and watched the record being selected and dropped onto a player and you turned to your date and whirled her around in step with the music... Wow!

The only problem is how to find the \$3000 that the seller on EBAY wants to send the machine to the Placid Pines Senior Care Center in upstate New York. The solution will have you laughing and applauding...

A JUKEBOX FOR THE ALGONQUIN was written by Paul Stroili and has been beautifully directed by Lynne Colatrella. Call 203-461-6358 for tickets.

In East Haddam, at the Goodspeed Opera House (can be a long drive, but worth it) there's a terrific production of RAGTIME – THE MUSICAL starring Michael Wordly as Coalhouse Walker Jr. It's a vigorous production with exquisite choreography and a carefully documented story of how immigrants were treated as they arrived with great ambitions as newcomers to America. Covering space from



New Rochelle to Lawrence, Mass, and the pickets in Union

Square, the story delineates how the labor movement was

It's a vigorous production with exquisite choreography and a carefully documented story of how immigrants were treated as they arrived with great ambitions as newcomers to America.

it often was. When Coalhouse goes searching for his beloved Sarah at a home in New Rochelle, the action gets rough, and there are moments when you may have a few tears but you will never take your eyes away from the action on the stage. You've already noticed that I recommend this significant production. Tickets at goodspeed.org. – Tom Nissley for the Ridgelea Reports on Theatre

COLUMN

Shaking Up the Healthcare System Yet Again



RUSSELL R. BARSDALE, JR

The cumulative attributes that once established the United States as a global leader in healthcare—groundbreaking medical innovation, world-class physician training, and timely accessibility—remains threatened. Once revered as the standard-bearer for medical excellence, the U.S. healthcare system faces a mounting crisis defined by institutional closures, delayed accessibility, inconsistent quality, and rising disparities in care delivery.

In 2024 alone, 25 hospitals across the country shuttered their doors. Even more concerning, over 400 hospitals are currently identified as “vulnerable to closure” due to persistent negative operating margins. This isn't just a rural hospital problem—urban safety net hospitals, community institutions, and even longstanding regional facilities are at risk, destabilizing access across the continuum of care providers. Similarly, the number of skilled nursing facilities has steadily declined, despite an aging population with increasing long-term care needs. In 2023, over 500 nursing homes were projected to close or reduce capacity nationwide, driven by staffing shortages and financial constraints.

While hospital closures are the most visible sign of distress, the underlying erosion of healthcare quality is perhaps more insidious. The distinctions among providers—those that set benchmarks in clinical outcomes, patient safety, and experience—continue to grow exponentially. Even within elite institutions, glaring inconsistencies exist across departments and subspecialties. A world-renowned academic center may boast a top-ranked oncology program while simultaneously struggling with quality metrics in orthopedics or maternal care.

What was once a universally accepted standard of care has diminished at a time when the U.S. healthcare system faces unprecedented demand from a rapidly aging population and a surge in complex, chronic conditions such as diabetes, cardiovascular disease, and dementia. It is tempting to search for a single root cause, but there is no common explanation for this systemic decline. Many critics point to the for-profit healthcare model, in which financial capital is redirected toward investor returns rather than reinvested into patient care, clinical innovation, or staffing infrastructure. Indeed, the rise of private equity ownership in hospitals and physician practices has raised concerns. A 2023 study found that private equity-acquired hospitals were associated with a 25% increase in charges and a decline in certain quality measures compared to non-acquired facilities.

But the problems go far beyond ownership models. Unsustainable pharmaceutical

pricing continues to drain public and private resources, while restrictive managed care practices limit provider choice and create bureaucratic bottlenecks. Preauthorization requirements, narrowed provider networks, and low reimbursement rates—particularly from Medicaid and Medicare Advantage plans—can delay timely care and burden providers with administrative complexity.

On the public health front, the U.S. continues to struggle with chronic disease prevention and health maintenance. Our healthcare system remains largely reactive—focused on treating illness rather than preventing it. Cultural overreliance on pharmacologic interventions instead of promoting sustainable lifestyle changes has become the norm. Rising obesity rates, poor dietary habits, work-life

From nurse residency programs and physician continuing medical education (CME) to cross-disciplinary case reviews and team-based care models, these institutions understand that proficiency is born from collaboration, mentorship, and repetition.

Russell R. Barksdale, Jr., PhD, MPA/MHA, FACHE, is President and CEO of Waveny LifeCare Network. With over 25 years of healthcare leadership, he guides the organization's mission to deliver high-quality, compassionate senior care across a full continuum of services.

Moreover, the rapid growth of concierge and direct-pay medical practices signals a consumer shift toward personalized, immediate-access care. While these models offer improved care coordination and quality for those who can afford it, they also underscore a

The path forward requires bold differentiation—not imitation. State, federal, and private payers must take the next step and go beyond simply reporting quality. They must reward it. This means higher reimbursement for top-tier institutions and performance-based incentives that encourage investment in staff development, technology, and patient-centered care.

imbalances, and environmental stressors have contributed to an increase in preventable diseases.

A recent JAMA report revealed a disturbing increase in avoidable deaths in the United States, reinforcing that our healthcare system is not just lagging—it is deteriorating compared to peer nations. In fact, the U.S. now ranks near the bottom among OECD countries in terms of preventable mortality, maternal health outcomes, and life expectancy.

This decline has not occurred overnight, nor is it the direct result of recent federal restructuring efforts within agencies like the Centers for Medicare and Medicaid Services (CMS), the Food and Drug Administration (FDA), or the Department of Health and Human Services (HHS). Instead, it reflects years of misaligned incentives, underinvestment in healthcare infrastructure, and a regulatory environment that often rewards mediocrity rather than excellence.

For example, the CMS star ratings system—intended to guide consumer choice—is based on a bell-curve model, meaning that only a fixed number of facilities can achieve 5-star status regardless of how many actually meet high-quality criteria. This structure disincentivizes true excellence and encourages institutions to chase benchmarks rather than pursue continuous, self-defined improvement.

In contrast, high-performing organizations understand that healthcare excellence is not a destination but a relentless pursuit. Renowned systems continue to innovate by reinvesting in their workforce, leveraging data to refine care pathways, and setting internal standards that surpass state and federal requirements.

These organizations invest not only in cutting-edge diagnostic and therapeutic technologies but also in the development of their staff.

deepening two-tiered system—where wealth, not need, increasingly dictates care quality and speed of access.

Proficiency in healthcare is not simply a function of education or licensure; it is the result of deliberate practice, continuous learning, and a culture that prioritizes outcomes over appearances. It is refined through data transparency, patient engagement, interdisciplinary accountability, and a shared mission to elevate care delivery.

The path forward requires bold differentiation—not imitation. State, federal, and private payers must take the next step and go beyond simply reporting quality. They must reward it. This means higher reimbursement for top-tier institutions and performance-based incentives that encourage investment in staff development, technology, and patient-centered care. The CMS Compare tool (www.medicare.gov/care-compare/) offers a public framework, but financial alignment must follow.

For a Medicare Advantage plan or commercial insured network to admit a provider solely based upon their acceptance of a discounted rate structure only reinforces diminished standards and rationing of care. To restore leadership in healthcare, sustainable increases in quality outcomes must also be financially rewarded. Only then will our region, state, and nation rise to meet the growing demands of a complex population and fulfill the promise of our profession.

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The Mead School, located on Riverbank Road in Stamford, with its welcoming entry area on the day of its third annual Exhibition of Curiosity (EOC) event held there last Friday. (Photo by Liz Leamy)

The Mead School ushers in spring with dynamic ‘Exhibition of Curiosity’

By LIZ LEAMY

Last Friday, dozens of students from The Mead School, ranging from the Pre-Kindergarten (Pre-K) through the seventh grade, along with their friends, family members, teachers and other supporters, ushered in the spring season with a memorable ‘Exhibition of Curiosity’ event that kicked off with a ribbon-cutting ceremony.

This event, which is in its third year running, was held at the bucolic Mead School campus on Riverbank Road in Stamford and marked a lively immersive and interactive student showcase involving approximately 80 learners whose presentations were centered around different questions, investigations and discoveries covering a wide range of topics and subjects and featured all the stuff of a gold-star event.

Attendees of this event, who included current and prospective school families, alumni, community partners, teachers, along of course, with all of The Mead School students, could be seen buzzing about the venue's expansive white hallways checking out the many different and fascinating projects, which made for quite a dynamic atmosphere.

“The students all the way up from Pre-K through Grade 7 find an essential question that they're curious or passionate about,” said Paige Fischer, Director of Admission and Enrollment at The Mead School. “They research it for about five weeks, dive as deep as they can and have a product that they then present.”

For this event, the school's Pre-K and Kindergarten students produced a series of team projects based upon the concept of ‘wonder,’ while the first graders explored the captivating notion of orca community living.

At the same time, each student in the second through

seventh grades did an individual project inspired by the concept of a ‘great question’ with the notion that this topic serves as a base foundation for all research.

All the while, the entire eighth grade faction, who comprise The Mead School's highest grade, spent time working with all the presenters

The Mead School, which has a current student population of nearly 90 individuals based all over Fairfield and Westchester Counties (with many from Greenwich, Stamford, Pound Ridge and Bedford) has been in existence for more than 50 years and is an independent and progressive program for

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and teams leading up to this memorable annual exhibition.

“These are amazing kids who have different passions and I think they're really excited to show who they are in a different way through the exhibition,” said Fischer. “They're able to see their creativity, not only for themselves and their classmates, but also for everybody who's come to the exhibition. There's so much enthusiasm and inspiration happening and it's wonderful to be part of this whole event.”

Notably, some of the featured projects at this exhibition included an investigation on the power of music (what makes a song stick in your head?), different animal habitats, a deep dive on the formation and structure of rainbows and an investigation into the engineering of hydroelectric dams, among other matters.

In formulating their presentations, students were asked to think about their project's source of inspiration, amount of work it involved, its various challenges and its most important takeaways along with other things.

“It's about helping the student to think differently, ask questions and then to go from there,” said Fischer.

students ranging from the Pre-K through the eighth grade levels.

Founded in 1969, The Mead School is rooted in a whole-child philosophy and provides students with an environment in which they are encouraged and empowered to question, investigate and shape their learning experiences through project-based work, interdisciplinary learning and a commitment to emotional intelligence.

Further, the Mead School, with its wonderful atmosphere of energy and optimism is dedicated to nurturing curiosity, creativity and confidence among its learners through a wide arrange of experiences and activities, including field trips to such places as nature centers, whale watching locales, local farms and museums along with other fun and interesting venues.

For more information, please contact The Mead School at: www.meadschool.org 1095 Riverbank Road Stamford, CT 06903 203-595-9500 Paige Fischer Director of Admission and Enrollment The Mead School paige_fischer@meadschool.org 203-883-0506



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Havemeyer Building

From Page 1

town. A new theater seating 300, a music school, a ballet program, rehearsal studios, even a pottery studio with a kiln.” Malkin said \$15 million in private commitments had been secured toward a \$25 million renovation budget.

The obstacle then, as now, was the building’s current tenant—the Board of Education (BOE). Malkin recounted, “They had said 25 years ago they had to get out of that building. It was falling apart. But then every two years there’s a new Board of Education, and they never could decide.”

A similar situation appeared to be unfolding in 2024. While Camillo claims that at least one new BOE location has been identified and is supported by the administration, he wrote that “opposition from the Democratic members of the BOE threatens to stall this vital project.”

Camillo’s position, outlined in his op-ed, created a Request for Proposal (RFP) Task Force that would solicit potential private partners for a cultural redevelopment the property. Current concepts under review include a theater, exhibition space, and lecture halls. Camillo cited examples in Fairfield and New Canaan where BOE administrations successfully operate from leased commercial offices.

Today the RFP Task Force is nearing completion. All proposals and their recommendations will be made public for the community to review and comment. While the RFP called for “cultural redevelopment” we will not know what that vision looks like until the



Havemeyer Buuilding. Historical Society.

proposals are made public. There is growing interest and anticipation of what a new cultural center on Greenwich Avenue might look like and what that could mean for the arts.

It is also not clear what will happen with the Board of Education employees. They deserve to be in a modern, functioning building that meets all their needs today as well as into the foreseeable future. It is anticipated that moving into a more modern structure would create a savings in utility and maintenance costs. The Havemeyer Building

is not ADA compliant and renovation costs have been mentioned at between \$50million to \$100million.

Town records indicate that the Havemeyer Building, originally built as an elementary school, has been used by the Board of Education since at least the mid-20th century. Earlier still, the building hosted high school classes until the opening of 27 Havemeyer Place in 1907. Designed by Loring & Phipps, the building incorporates architectural elements associated with Henry Hobson Richardson, including thick masonry walls and prominent arches.

Malkin noted that these design features lend themselves well to soundproof rehearsal rooms and performance spaces. “The upper floors were perfect for that. We didn’t plan to touch them,” he said. Malkin also said that a partnership had been initiated with Broadway producers and the City Center Theater in Manhattan, who were interested in using the theater for rehearsals and preview shows. “They would’ve paid rental,” he said. “It would have been very exciting for Greenwich.”

Even though much of the money necessary to rehabilitate the building was pledged from private sources, the 2006 proposal was never brought to a formal vote. According to Malkin, the absence of a binding agreement from the BOE was a primary barrier. “It’s important to get a legally binding agreement to vacate. Otherwise, any proposal could run into all kinds of headaches.”

As of this writing, five proposals are reportedly being evaluated by a town-appointed redevelopment task force. Public documents and plans related to the 2006 initiative are housed at the Greenwich Historical Society and available by request.

Promising Silver Technology

By Mimi Santry

I recently returned from an Assisted Living Locators Conference in Phoenix, Arizona. As we departed the airport for our hotel, we spotted several unusual-looking Jaguar EV sedans outfitted with sci-fi-like sensors on the roof and exterior. A driverless vehicle—by Waymo! Other travelers casually entered these cars like it was nothing unusual. A quick Google search revealed that over 200 of these vehicles are in operation in the Phoenix area. It felt like we had stepped into a futuristic reality.

Naturally, we decided we had to try it while in town. I might be an eldercare advisor, but I was going to live on the wild side!

Later that evening, we downloaded the Waymo app and called our first driverless ride. It arrived promptly at our hotel, displaying my initials “MS” on the rooftop screen. We fumbled with the recessed door handle until we realized we needed to tap “I’m ready” in the app to unlock the doors.

We climbed into the back seat, giggling nervously, and buckled up—hoping we’d survive the ride to our sushi spot in Old Scottsdale. We pressed the control to start the ride and zoomed off smoothly, clutching the seats like we were on a roller coaster. Seeing an empty driver’s seat was, understandably, unsettling—like a scene from a nightmare—but with some deep breathing, I relaxed and started to enjoy the experience.

The driving was impressively lawful—sticking to the speed limit, stopping at lights, and changing lanes cautiously. The car accelerated more quickly than I expected—those EVs can really move! We zipped along for 15 minutes, arrived safely, hopped out, and high-fived. We’d survived our first driverless ride. We were no longer Waymo virgins. Hurrah! Over dinner, we talked about technology and how dramatically the world has changed. I reminisced about school days when handouts were carbon copies (origin of the “cc” in emails!) created with typewriters and carbon paper. Typing required strong fingers, and White-Out was essential.

In college, I encountered my first telephone answering machine—its blinking light meant cute boy might have left a message! Only a few lucky students had personal computers, and they were the size of microwaves. I typed my college thesis on a mainframe at Princeton’s Computer Center, and the printed copy took 24–48 hours to appear.

Televisions were bulky, with limited channels. You went to the movies to see new releases—no pre-purchasing tickets, just early arrival and long lines. And we certainly couldn’t have imagined Uber, much less a driverless electric rideshare.

But innovation is now transforming senior living too. With the growing population of adults turning 65, an entire field of “Silver Tech” is emerging. I am very optimistic about the role technology can play in enhancing life for those over 65+, and I’m encouraged by how many of my clients are using it successfully.

I asked some eldercare colleagues which technologies they’ve seen make the biggest impact. Here’s a round-up of promising tools designed to support seniors and their families:

Tendercare

Tendercare is a groundbreaking App for caregivers. The App (www.trytendercare.com) is the brainchild of former Meta-Facebook superstar Shauna Sweeney in response to her own experience as caregiver to her father Mike who has struggled with early onset dementia. The easy-to-use App digitally organizes critical information into a secure vault that can be easily shared and updated. A partnership with Medicare allows current medical records to be downloaded easily. A feature called the Magic Magnet has a scannable code that allows EMTs responding to a crisis to quickly receive critical health information and understand advanced medical directives, allergies, prescriptions, blood type and emergency contacts. If the code is scanned, the designated emergency contact is immediately notified.

Donna Spellman, an early adopter of the App, tells of a recent emergency where Tendercare saved the day. “Two weeks ago, my daughter was out for a run in White Plains and was hit by a car. (Daughter ended up being bruised but OK). We rushed in a panic to the White Plains Emergency Room. I realized that in my hurry that I had left all forms of ID and didn’t have my daughter’s medical insurance information, her blood type, allergies or advanced directives. I realized after a moment of panic that I had everything I needed on my phone in my tendercare vault. I tell everyone I know they should get the App.”

Wearable Devices:

There are now numerous devices that can monitor the user’s vital signs, movement, and location. The Apple and

Samsung smart watches, for example, can detect falls and contact preprogrammed emergency contacts. For those with health concerns, these devices can detect changes in heart rhythm, blood pressure, oxygen saturation and blood sugar – giving users time to avert a possible diabetic crisis, heart attack or stroke. Julia Loda, Community Relations Director at The Residence at Selleck’s Woods in Darien, loves her Oura ring (<https://www.ouraring.com>) which monitors 20 different biometrics consistently throughout the day and night. She gets info on her vitals, sleep patterns, calorie expenditures, and even indicates when she may be getting sick.

GPS and motion sensors allow these devices to be used to encourage healthy habits and track workouts. For those caring for seniors with cognitive impairment or at risk for a fall, these devices can help track wanderers and help with a quick response in the event of a fall.

Non-Wearable Motion Detection Sensors

Fifty percent of the largest senior communities use sensors and artificial intelligent to detect movement, patterns and better understand the severity of falls. <https://www.safely-you.com> This allows staff to quickly respond and better assess whether a resident requires a trip to the emergency room. The data is also used to pick up patterns which might indicate a clinical change in a resident and allow for a medical intervention.

Jennifer Calderon of Brightview Senior Living shared that their community in Harrison uses this technology in their memory care. “The technology allows us to respond quickly to falls. Our response time to a fall is now almost immediate – just under two minutes. We then carefully review footage to understand what happened, whether the incident requires a trip to the ER, and how to prevent future accidents. If our resident fell because they were bending over to get into a low cabinet, for example, we can reposition their belonging for easier and safer access, preventing future episodes. We love this technology because it allows us

With the growing population of adults turning 65, an entire field of “Silver Tech” is emerging. I am very optimistic about the role technology can play in enhancing life for those over 65+, and I’m encouraged by how many of my clients are using it successfully.



Waymo Driver-less Vehicle in Phoenix

to better care for our residents”

Similar smart technology is also being used in private homes. Many older adults live by themselves and having a discreet sensor that can detect falls and lack of movement enables family members to respond quickly if there is an issue. <https://www.vayyar.com> Vayyar promises to be the “caregiving assistant that never sleeps”.

Phones/tablets specifically designed for those with impairment

There are several communication devices that have been designed assist those with a disability. The Grandpad (<https://www.grandpad.net>) is a simple tablet designed for easy intuitive use for the elderly who might need larger buttons to accommodate vision and manual dexterity problems such as arthritis. The RAZ SmartVision phone (www.raz.com) and the Mag&Read Tablet are designed for individuals who have visual impairments and have cool features such as being able to scan text and read it to the user. For those with hearing loss, talking on a standard phone can be challenging and avoidance can add to isolation. There are a number of providers that offer instant captioning of calls that can really help those

with hearing impairment stay connected (www.sonrenson.com and www.clearcaptions.com).

TV Remote Controls (that can be controlled from afar)

A common issue for older is folks is not being able to use the tv remote control without a guide. Adult children are often asked to sprint over to their parent’s home to help them. They assist their parents, return home, only to find out 15 minutes later their parent has pushed the wrong button. Frustration for everyone!!! JubileeTV (<https://www.getjubileetv.com>) was designed to simplify the tv remote. It allows seniors to use simple voice commands while giving family members tools to help from an App on their phone. They can even use the tv to do a video call with their parent.

JubileeTV requires a TV with a HDMI, an internet connection and at least one source device (cable/satellite or streaming player like Roku).

Tracking Tiles:

Smart tiles are devises that allow the user to track important items, so they won’t be lost or stolen. They can be secured to devices such as remotes/car keys or slipped discretely into wallets and purses. They are then paired

with an App in the phone for easy tracking. They will notify a user if an item goes out of range (is stolen/left behind) and then can help track the missing item.

Apple offers Apple Air Tag and Samsung offers the Samsung Smart Tag. Another recommended option that works both with Apple and Android phones is the Tile Pro (<https://www.tile.com>) which boasts a 1-year battery life and a 122 m range.

Coming Soon: While connecting through in the Detroit Airport enroute to Westchester, we spied a very odd sight --- a parade of autonomous wheelchairs navigating through the bustling airport. A sign said these wheelchairs were part of a project called WHILL, being launched by Unifi Aviation. The autonomous wheelchairs are being designed for passengers that can stand or transfer independently but need a little help getting to the gate.

As I boarded my flight, I couldn’t help but hum the theme to The Jetsons. The future really is here—and if we harness it wisely, it has the power to transform life for our aging population in beautiful, meaningful ways.

Mimi Santry is a local senior care and housing advisor with Assisted Living Locators.




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Grant Gregory Sr. Celebrated for Pioneering Role with the National Forest Foundation

By ANNE W. SEMMES

Greenwich's Grant Gregory Sr. was heralded last Friday at the Glen Arbor Golf Club he founded in Bedford Hills, N.Y. for his extraordinary contributions to this country's National Forest Foundation (NFF) that is committed to supporting our National Forests and Grasslands. Gregory addressed the 130 supporters attending from across the country - with one coming as far as Afghanistan, as "Forest service people who care about nature, who care about the 193 million acres established in 154 National Forests."

"We're going to pay a lot more attention to the forest health by aggressively cleaning up the fuel load [living and dead vegetation, litter that can burn], preventing these fires."
Grant Gregory, Sr.

The gathering also celebrated the 30th anniversary of the important NFF fundraising Sporting Clays Invitational, happening the following Saturday in Dover Plains, NY. The sport, often referred to as "golf with a shotgun" has teams of four playing 18 holes, shooting at clay targets.

It was 33 years ago that Gregory with his successful business and bank founding prowess was called upon to help create the non-profit NFF to partner with the U. S. Forest Service. Gregory spelled out that fascinating history in his talk, that began from where he was speaking. "Ironically, in some ways the National Forest started not far from here because on the grounds of Glen Arbor, George Washington's troops came for air and to lick their wounds ...And as soon as he got elected first president he brought in as Chief Justice of the Supreme Court John Jay whose farm is next door."

"With Jefferson's arrival," Gregory continued, he made Jay the Secretary of State with instruction, to "get what is now the Louisiana purchase...bought for \$15 million...doubling the western side of the United States." Fast forward to Teddy Roosevelt who as president moved quickly to consolidate and create even more of a National Forest, "with a huge sense of urgency and knowledge with Gifford Pinchot, if not the most educated forester in that time. He studied forestry in Germany, which was much more advanced than ours...the Germans created the idea of farming forests...harvest them and on an annual basis you replant them."

Pinchot and Roosevelt would then "sit down on the floor of the White House" with their Crayola's putting "circles around all the places, where Roosevelt had ever camped, hunted fish, explored what he liked, and they doubled the size of the National Forest overnight...So, thank you Teddy Roosevelt."

Roosevelt would then move the National Forest out of the Department of Interior into the Department of Agriculture, "because they thought they should be farmed, they should be managed and they should follow the multiple use measures that you could hunt, fish," and "if you continually improve by best practices, it's almost like farming...and that was how the National Forest became part of the Agriculture department for continuous improvement."

Fast forward to the administration of George Herbert Walker Bush '41, a friend of Gregory's. "I had done a lot of work with Reagan and knew him and Bush pretty well. So, he summoned me down to the White House. And there was Senator Pete Dominici and President Bush all agitated. And Bush said, 'You've got to do something...those guys in the National Parks department have got this foundation. They're just raking in the money. They've got these corporate sponsors...We're four times bigger than the National Parks... We've got all this land to use, resources, recreation, and we don't have any partners. We don't have enough money to take care of 193 million acres - we've got 35,000 employees in the National Forest. We've got to get private partnerships going here, we need it done yesterday...Say you form a Foundation, and I'll back you.'"

Gregory reached out to his friends including Donald Kendall, chairman of PepsiCo and Ralph Bailey of Conoco, "and his son is here tonight... Then we formed a board of directors, and we got started and that was 1992... So, we started to get rolling." And today, "There's about 950 million visitor days to the National Forest."

But then came that crisis in Glenwood Springs, Colorado where 14 forest workers



W. Grant Gregory Sr. and Forest Service Chief Tom Schultz.
Photo by Anne W. Semmes.



L to R Morgan Gregory, Jan Roosenburg, Reese Gregory, Nina Rumbough, and Grant Gregory.
Photo by Anthony Quinones with Picture This Photography.



L to R Chief Tom Schultz, new President and CEO of the National Forest Foundation Dieter Fenkart-Froeschl, Eric and Julie Keen.
Photo by Anthony Quinones with Picture This Photography.

died in a forest fire, and others with severe burns with no life insurance. "They didn't have healthcare or anything," told Gregory. And Gregory reached out to Foundation supporters. And from that need came the Sporting Clays Invitational fundraiser, 30 years ago. "And Morgan, my son," said Gregory, "jumped on it and helped us get it organized. Stand up, Morgan!"

And now, he continued, "We have an urgent problem...The forest policy in the United States has lost its way... We stopped harvesting trees. Every tree has about a 50-year life...And the first half-life of the tree is when they're the most robust, have the most immunity from disease and or drought. But you also need to harvest them... We haven't been cleaning up the forest on a meticulous basis." At that moment he introduced the new Chief of the Forest Service Tom Schultz.

"He's going to be great. We're going to pay a lot more attention to the forest health by aggressively cleaning up the fuel load [living and dead vegetation, litter that can burn], preventing these fires. But more importantly, being much faster in remediation when there is a fire. You need to start with remediation immediately. We've got to plant a lot of trees, and 193 million acres means we've got our work cut out for us."

Forest Service Chief Schultz confirmed in his talk that "reforestation and recovery post-fire are critical to communities and landscapes that are impacted." Having just visited California ...you can see incredible work that's going on post-fire restoration work, as well as trying to protect some of the communities that hadn't burned." He also noted that in the last four years, "we've burned 3.5 million acres in California alone."

But he added, "We will be building capacity through workforce and partnership realignment. The NFF and the Forest Service are already accomplishing great things together on reforestation." He then queried attendees, "What is the biggest threat to the forest? It's not wildfires, it's not insects and disease, it's the lack of markets. If we don't have markets for forest products, people will convert that land to something that they can get a return on."

Having lived in Montana, he told of "seeing these bumper stickers that said, 'Cows not condos.' And the intent is, the best way to keep lands into conservation is to ranch, to farm and to basically manage those forests for products. If we don't have good markets for forest products, we are going to lose forest systems and they'll be converted to some other use. So, we need those markets."

Gregory ended his talk with, "I think that one of the most important things that I can see now looking at the future of the National Forest, we've got great management, we've got a rededication to multiple use. We have an idea that there's more interest, and there's a spiritual connection to the American people with our Forests. It's this predisposition to animals, to wildlife, to being outdoors. And I think it's more than vitamin D, it's something that makes us healthy."

"As Teddy Roosevelt said," he'd noted, "It's these spiritual cathedrals, 154 national cathedrals where we have a spiritual connection in this country that no other country's ever done, that no one's ever set aside 193 million acres."

Departing guests were then given two Norway spruce tree seedlings, as donated annually by Sam Bridge Nursery over the last 30 years.

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Historical Society’s CEO Debra Mecky



Debra Mecky at ribbon cutting for the newly reimagined Greenwich Historical Society campus opening in 2018



Debra L. Mecky, Ph.D., executive director and CEO of Greenwich Historical Society for over 29 years, retires this year. During her tenure, she dramatically advanced the organization’s mission, transformed its site and operations, and expanded its reach and audience to become one of America’s foremost regional history museums.

Under Mecky’s leadership, the Historical Society experienced significant growth, prominence, and relevance in the Greenwich community and beyond. With the support of an extraordinary board, staff, and design team, Mecky oversaw the 2018 Reimagine the Campus transformation and expansion with state-of-the-art galleries for permanent collections

and special exhibitions, and the installation of a new highly accessible world-class library and archives, reception lobby and museum store. She obtained accreditation from the American Alliance of Museums, oversaw the restoration of the Justus Luke Bush Storehouse to accommodate administrative offices, and the expansion of the historic barn into the Vanderbilt Education Center. The interpretive plan she developed for Bush-Holley House and its historic landscape advanced its status as a National Historic Landmark and recognition as the site of the first art colony in Connecticut.

A bi-annual program of exhibitions was implemented during Mecky’s tenure on topics spanning Greenwich history, the Cos Cob art colony, including significant exhibitions on Impressionist artists Childe Hassam and John Henry Twachtman, and on the contributions of local African American, Italian, Jewish and Japanese communities.

Additionally, Mecky was instrumental in expanding education programs for students in Greenwich’s public and private schools and building the endowment to fund its museum-school partnerships

Mecky will be the honoree at the Historical Society’s annual History in the Making award dinner in October of this year.

through which free programs are provided to every student in two of Greenwich’s Title I schools. Focused primarily on social studies and fine art, programming was designed to complement the schools’ mission of narrowing the achievement gap that runs along racial, ethnic and socioeconomic lines. It is often the first museum experience for many of the 1600 students who have participated to date and who have gained a sense of pride in the rich cultural history of Greenwich.

The Board of Trustees has formed a transition committee to steer the Historical Society through its leadership succession and has engaged Koya Leadership Partners/DSG Global to assist in a national search to identify qualified candidates for a new Executive Director and CEO.

The Board expresses its deep appreciation for Mecky’s vision, leadership, and accomplishments: “Debra has made Greenwich Historical Society a point of pride for the Town of Greenwich and a leading institution of its kind, increased its visibility and impact through highly effective programs

that engage the community, and fostered a base of committed and enthusiastic patrons,” said Catherine Tompkins, chair of the Board of Trustees. “Notably, she laid the groundwork for the Historical Society to continue its robust growth trajectory through the upcoming capital campaign for endowment and programs: Our Town, Our Story, Greenwich Past, Present, Future.”

“It has been the highlight of my career and a tremendous honor and privilege to serve the Greenwich Historical Society and the community for almost three decades as Executive Director,” says Mecky. “I leave with the organization well positioned for a new era of growth and poised to even better serve our extraordinary town.”

In recognition of her contributions to the Greenwich community, Mecky will be the honoree at the Historical Society’s annual History in the Making award dinner, to be held on Wednesday, October 29th from 6-9pm at Belle Haven Club. Author and historian Nathaniel Philbrick will be the keynote speaker.

Tamarack Country Club Welcomes New Executive Chef, Director of Racquets, and Senior Assistant Golf Professional



Tamarack’s new Executive Chef, Steve Scarzella

Tamarack Country Club is moving quickly into its next chapter—adding three new hires this spring to anchor its culinary, racquets, and golf programs. The appointments signal what the club calls a commitment to “fresh energy” while continuing its tradition of excellence.

At the center of the refresh is Chef Steve Scarzella, whose arrival as Executive Chef caps a 20-year culinary journey through some of Connecticut’s most well-regarded clubs and restaurants. Most recently the Executive Chef at Ridgewood Country Club in Danbury, Scarzella also held the same title at New Haven Country Club and the farm-to-table Market Place Kitchen in Woodbury.

“Our decision to offer the role to Steve Scarzella was unanimous, and we are certain that the Tamarack membership will love him and—most importantly—love his food,” said Club President Chris Thompson.

Scarzella officially joined Tamarack in early April. His predecessor, Patrick Vaccariello, is retiring at the end of the month after a 15-year run leading the club’s kitchen. Vaccariello is staying on through April to ensure a smooth handoff.

Over on the courts, Harry Simaioforidis arrives as the new Director of Racquets, with a resume that’s as international as it is impressive. A native of Athens, Greece, Simaioforidis was a top-five junior player in his country before coming to Wesleyan University, where he captained the tennis team to two

conference titles and an NCAA appearance.

Since then, he’s been spotted courtside at the U.S. Open, working with talent like Petros Tsitsipas and Jamie Loeb, and more recently led adult programming as Head Pro at Westchester Tennis Center. Tamarack officials say his dual love of tennis and pickleball—and a global perspective—make him well suited to lead the club’s growing racquets program.

“Harry is getting the racquets department ready for opening, and we are very excited about what he will bring to the club,” said General Manager Brian Gillespie.

Simaioforidis himself struck an energetic note upon arrival: “It is an honor to join this vibrant community, and I am excited to work towards creating an even more dynamic and engaging racquets experience for all the members.”

In the golf program, Tamarack is welcoming Shea Wolfe as Senior Assistant Golf Professional—a rising PGA talent with both technical chops and competitive drive. A graduate of Campbell University’s Professional Golf Management program, Wolfe joins from Meadow Brook Club in Jericho, NY.

During his time at Campbell, Wolfe set a school record with 16 tournament wins. He hasn’t slowed down—winning the 2024 MET Assistants Championship and qualifying for the National Club Professional Championship. He’s also



Tamarack’s new Senior Assistant Golf Professional, Shea Wolfe



New Director of Racquets at Tamarack, Harry Simaioforidis

developed a swing analysis program and collaborated with elite instructors.

“Shea’s dedication to the sport goes beyond playing,” said Head Golf Professional Michael Ballo, Jr. “He is eager to immerse himself in the Tamarack culture, and I believe his experience and enthusiasm will be invaluable to our team.”

The trio—Scarzella, Simaioforidis, and Wolfe—represent more than a change of staff. For members, they reflect a visible investment in Tamarack’s competitive edge across key areas of club life.

The hires come at a moment when expectations for private clubs are rising and amenities arms races are not uncommon in Fairfield and Westchester County golf circles. Tamarack appears to

be stepping confidently into that landscape.

About Tamarack Country Club

Located in the rolling hills of backcountry Greenwich, Tamarack Country Club is a member-owned private club known for its championship golf course—designed by Charles H. Banks and ranked No. 2 in Connecticut by Golf Magazine—as well as its newly rebuilt 55,000-square-foot clubhouse. The club offers full-service amenities including tennis, pickleball, dining, a fitness center, and a resort-style pool complex.

More information is available at www.tamarackcountryclub.com or on social media @tamarackcountryclub.



Boost Program Nears Spring Goal, Needs Final \$5,000 in Donations to Support Talented Teens

The Boost Program, a Greenwich-based nonprofit with a reputation for quietly propelling high-achieving students past financial roadblocks, is nearing the finish line of its spring fundraising campaign.

But not quite.

As of this week, the organization is \$5,000 short of meeting its end-of-spring goal—funding that directly supports its mission to identify and develop exceptionally talented but income-constrained teens through a merit-based, high-impact support model.

Founded in Greenwich and operating as a 501(c)(3), The Boost Program doesn’t rely on sweeping public appeals or glossy campaigns. It moves with purpose—and under the radar—but is now making a direct call for local support: donate now, and help top-tier talent thrive.

“This is the final push,” a Boost Program spokesperson said. “We’re just \$5,000 short—and every donation today helps extraordinary students achieve what once felt unreachable.”

Unlike many aid organizations that focus solely on academic metrics or economic hardship, Boost takes a hybrid approach—targeting teens who demonstrate remarkable ability, drive, and potential, but lack the financial runway to pursue elite opportunities in education, the arts, or science and technology.

It’s not a blanket scholarship fund. It’s personalized intervention—strategic support tailored to each student’s strengths and goals. That can mean summer programs, college counseling, access to labs or private music instruction, or transportation to opportunities that would otherwise remain out of reach.

What sets Boost apart is its laser focus on what it calls the “missing middle”—students who fall through the cracks of traditional need- or merit-based aid systems. These teens are often caught in a paradox: talented enough to compete at the highest levels, yet hampered by real-world constraints invisible on a transcript.

Boost’s founders, many with roots in Greenwich’s public and private schools, say the program is designed not only to uplift individuals but also to redefine access—shaping a more equitable pipeline to excellence without compromising rigor or expectations.

The appeal is urgent, but not panicked. The tone, as always with Boost, is matter-of-fact: help us cross this line, and you become part of something tangible.

Tax-deductible donations can be made directly through the organization’s website: www.theboostprogram.org. The campaign runs through the end of this month.



North Mianus School - 100th Year Committee

North Mianus School’s 100th Year Anniversary
Calling all Alumni Students and Parents of North Mianus School!
Did you know NMS turns 100 this year???

North Mianus School is proudly celebrating its 100th Anniversary! For a century, NMS has been a cornerstone of education in our community. This year, we’re commemorating this remarkable milestone with a celebration of our rich history, our vibrant present, and our promising future.

NMS School Activities & Celebrations:

NMS has many activities occurring to proudly celebrate their 100 years, including a new 102 foot long hand painted mural listing all 500+ current students and staff; planting a new tree on the property honoring 100 years; giving back to the community by collecting over 100 food items per grade for Neighbor to Neighbor; hosting an alumni staff gathering of around 100 people; a family fun night party to celebrate together; and a special student assembly on May 30th honoring our school’s 100th anniversary at which, First Selectman Fred Camillo and Superintendent Dr. Toni Jones will join as special guests to commemorate this historic milestone!

Alumni Tours of the School:

The school and PTA is inviting any NMS student and parent alumni to come Friday, May 30th, 2025 from 3:30 PM - 5:00 PM to view the school’s archives and get a tour of the inside of the school led by current 5th grade NMS students! Click here to sign up! (<https://www.signupgenius.com/go/10C054DACAD2BA2FFC07-55238972-alumni#/>)

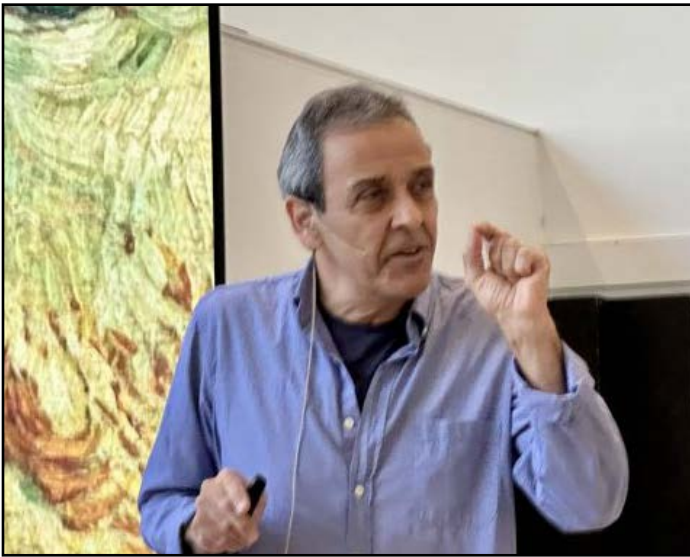
100th Year Swag for Purchase:

Commemorate this historic milestone with exclusive NMS 100th Anniversary merchandise! We’ve partnered with Bruce Park Sports to create a special collection of items to purchase. (<https://www.bruceparksports.com/north-mianus-school>)

Visit www.nmspta.org for more information.

Any questions, please reach out to the NMS 100th Year Committee: nms100year@gmail.com

The Art of Deception: Forgeries



Artist Serdar Arat explored the shadowy world of art forgeries, advances in forensic science for detection of fraud, and the cat-and-mouse game between deception and authentication.

By JOHN REESE

On May 7 at the Retired Men’s Association attendees listened attentively as Turkish-American artist Serdar Arat explored the shadowy world of art forgeries, where masterful deceptions have fooled experts for centuries and continue to plague museums worldwide. “Art fakes and forgeries give us the combined satisfaction of a crime mystery and the profound contemplation of what we expect from art in the first place,” said Arat, an accomplished visual artist and emeritus professor of art at Concordia College-New York, with a career spanning four decades of exhibitions primarily in New York and Istanbul.

The presentation revealed how the art world’s weaknesses – astronomical prices, institutional reputations, and expert egos – create fertile ground for sophisticated deception. Arat demonstrated how forgeries expose major fault lines in the art market while simultaneously offering a unique perspective on authentic art. “When you put a fake next to an authentic Van Gogh, for instance, there’s a new opportunity to appreciate the authentic Van Gogh for what it is,” Arat explained.

Arat outlined three primary methods of authentication: provenance (the history of ownership), expert analysis, and scientific examination. The last of these has become increasingly crucial. He described the 1932 Otto Wacker trial in Germany as a watershed moment – the first major case where scientific evidence, rather than expert opinion, proved decisive in exposing Van Gogh forgeries when a Dutch chemist discovered anachronistic resins in the paint. Today’s authentication landscape is dominated by forensic science. James Martin, described by Arat as “the rock star of the art world’s fake authenticity business,” founded a forensic

had been used as standards to judge other artifacts, essentially creating an entirely fictional ancient civilization.

The extent of forgery in the art world is staggering. “Half the stuff that’s out there in museums, private collections, auction houses, whatever, is bogus,” Arat quoted from Thomas Hoving, former director of the Metropolitan Museum of Art. This assessment is repeated by many in the art world, with estimates ranging from 40% to 70% of artwork being inauthentic. Beyond outright forgeries, museums must contend with complex attribution issues. When examining a painting at the National Gallery in London, initially thought to be a fake, experts discovered that about half the painting was original, while the rest was modern forgery. Some forgers were ironically art historians

Estimates range from 40% to 70% of artwork being inauthentic.

themselves, creating forgeries to prove their own theories about artists’ techniques.

As Arat concluded his presentation, audience members raised questions about artificial intelligence’s impact on forgery detection. He acknowledged that AI is already helping identify suspicious works, citing a Rubens painting at London’s National Gallery that AI flagged with 85% probability of being inauthentic.

The presentation offered a fascinating glimpse into this world where deception and authenticity dance in perpetual tension, leaving viewers to ponder a troubling question: How many masterpieces hanging in the world’s greatest museums might actually be elaborate fakes, waiting for future technology to expose them?

The talk can be viewed by going to the RMA website at <https://greenwichrma.org>, and clicking on “Speakers.”

The RMA’s upcoming presentation, “FREE at Last: Lawrence Schulman and the Great Artists and Composers of 20th Century Classic American Popular Music” by Lawrence Schulman, is scheduled for 11 AM on Wednesday, May 21, 2025. RMA presentations are held at Christ Church Greenwich, Parish Hall, 254 E. Putnam Avenue, Greenwich, CT 06830.

The Greenwich Retired Men’s Association in Greenwich is proud to announce that Lawrence Schulman, the award-

winning music producer, critic, translator, and author, who appeared last year to discuss his two-volume opus on Judy Garland, will return to Connecticut on May 21 to discuss his new book FREE: Words on Music by A Hi-Def Critic in an MP3 World, in a talk that will include rare video clips of his subjects.

This is his second book for BearManor Media and includes all of his writings between 2000 and 2024. The book displays Schulman’s vast knowledge of the Great American Songbook and beyond, such as his groundbreaking reviews and articles on singer-songwriters Tim Buckley and Peter Allen, about whom Schulman’s article won the 2024 ARSC Journal Article of the Year award. His most recent CD, Judy Garland: A Celebration, was released in 2024, and his book Peter Allen: Somebody’s Angel – The Boy from Oz in the Key of Camp was published in 2025. His follow-up to FREE, titled UNFETTERED, will be published in 2026.

French-American Schulman, a graduate of Stony Brook University, the Sorbonne and CREAR is a music producer, critic and translator who has compiled numerous CDs devoted to Judy Garland in the past three decades. While living in Paris between 1971 and 1997, he taught and translated, and currently translates for the French website OpusHD.net. He also worked for French Public Radio as a producer and host. He lives on Mount Desert Island in Maine.

To stream the presentation by Lawrence Schulman at 11 AM on Wednesday, May 21, click on <https://bit.ly/30IBj2l>. This presentation will also be available on local public access TV channels, Verizon FIOS channel 24 and Optimum (Cablevision) channel 79.

Note: The views expressed in these presentations are those of the speakers. They are not intended to represent the views of the RMA or its members.

RMA speaker presentations are presented as a community service at no cost to in-person or Zoom attendees, regardless of gender. Any member of the public who would like to receive a weekly email announcement of future speakers should send a request to members@greenwichrma.org. The RMA urges all eligible individuals to consider becoming a member of our great organization, and thereby enjoy all the available fellowship, volunteer, and community service opportunities which the RMA offers to its members. For further information, go to <https://greenwichrma.org/>, or contact info@greenwichrma.org.

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Members of the GPD (left to right), Sergeant Ryan Carino, in charge of the GPD's Community Impact Section, Officer Brooke Lombardo (assigned to Patrol), CIO Dan Paladino (assigned to the Community Impact Section) and School Resource Officer Fred Reisch (assigned to Greenwich High School) get ready to celebrate Police Day held at the GPD headquarters. (Photo by Liz Leamy)

Greenwich Police hosts Memorable Police Day event

By LIZ LEAMY

Last Saturday, more than 150 people gathered at the Greenwich Police Department at 11 Bruce Place to partake in its popular annual event, Police Day, in which they were able to learn about its high-tech display of Specialized Response Unit trucks, cars, drones and other equipment while enjoying such amenities as a bouncy castle, ice cream truck, hot dog barbeque and other fun things.

This event, which marks a kickoff to National Police Week that takes place from May 11th through May 17th, represents a means to connect the members of the Greenwich Police Department (GPD) with people in the community and its surrounding areas in a fun and memorable manner.

By all counts, this event was a runaway hit in all regards, as everyone there could be seen checking out the vehicles and equipment and enjoying its other offerings amidst interacting the many dedicated and friendly members of the GPD.

“We do this as a kickoff to [National] Police Week in Washington D.C. and we’ve been doing it for a couple of years. It’s a great way to connect and give back to the community and we always like to encourage everyone to come out,” said Sergeant Ryan Carino, who is in charge of the GPD’s Community Impact Section. “We bring out all our police gear from our SRU (Specialized Response Unit), including the truck, drone, traffic and Marine division, as well as a Patrol Representative, so we try to show everyone how there are a lot of different layers in the Police Department.”

Sergeant Carino also spoke about how this event provides an excellent way for people to connect directly with the members of the GPD.

“We want everyone to come hang out here, have a good time and ask us any questions they

have and go from there,” said Sergeant Carino, whose parents and grandparents happen to be from Greenwich. “I’ve been coming here since I was born, so when I had gotten hired here, it was a full-circle thing, which is pretty cool.”

Sergeant Carino also expressed the wonderful support the GPD has and continues to receive from the town and its people.

“We do this as a kickoff to [National] Police Week in Washington D.C. and we’ve been doing it for a couple of years. It’s a great way to connect and give back to the community and we always like to encourage everyone to come out,” said Sergeant Ryan Carino, who is in charge of the GPD’s Community Impact Section.

“We feel very supported by this community and we’re very fortunate to work in a town like Greenwich,” said Sergeant Carino, who has been ‘on the job’ for 12 years to date. “We all work together.”

Carino’s colleagues agreed. “We try to serve our community as best we can,” said Officer Sabrina Diaz of the GPD. “We all work together and I think this represents that.”

The sunny and optimistic mood of this event was especially poignant in citing that National Police Week is centered around the bravery and dedication of law enforcement officers across the country, as it honors and remembers those officers who have lost their lives in the line of duty, with tens of thousands of its members and supporters from all over the U.S. and world convening in Washington D.C. during the week to pay tribute to those who have made the ultimate sacrifice.

Riverside Run



It’s all in the family! Fourth grader Bennett shows off his Fun Run trophy with his grandparents, Helene and David, who also both placed in the 5K in their respective divisions.

Riverside School hosted its 40th Annual Riverside Run on Saturday, May 10th to benefit Riverside PTA programs that enrich classroom curriculums and support teachers and staff. The family-friendly event brought together over 300 participants for the 5k run/walk and over 100 children (Riverside School students and neighbors alike!) for the much-anticipated “fun runs” in front of the school.

The event featured beautiful sunny weather and a morning filled with music, bagels, and family-friendly activities. Many runners returned from prior years. A number of participants opted to walk the scenic route through Riverside, which included glimpses of the sparkling Long Island Sound.

The race itself featured competitive categories with trophies for top male and



Riverside School fifth grader Sawyer shows off her winning design for the front of the race’s official t-shirt.

female runners in various age groups, while welcoming participants of all fitness levels to join the fun. Riverside resident Richard Kelly took home first prize in the men’s division, with a blistering time of 17:14.70. Greenwich teen Emma Kunschner took the women’s division with a time of 20:50.03.

In the weeks leading up to the race, Riverside School students also enjoyed designing t-shirts for the event during their regular art classes. The top design was featured on the front of the official race t-shirt.

Race co-chairs Emily Trammell and Brenna Rhone agreed that the event was a resounding success. “Saturday was another great example of Riverside and surrounding communities coming together to support our school,” said Trammell.

The Annual Abilis Together We Shine Dinner Dance



The 6th annual Together We Shine inclusive dinner dance for Abilis community members was recently held at the First Presbyterian Church in Greenwich and was a huge success!

The sixth annual Together We Shine inclusive dinner and dance event, put together by the Abilis Youth Board, Abilis staff and sponsors, including the Greenwich Junior United Way, was an unforgettable evening of fun, friendship and festivity for the Abilis community. Held Saturday, April 5, at the First Presbyterian Church in Greenwich, the celebration brought together more than a hundred teens and adults with disabilities who are part of the Abilis community and also included local high school students on the Abilis Youth Board and Greenwich Junior United Way, for a night of music, dancing and fun. The Abilis staff and volunteers escorted the guests to the tropics with a festive Hawaiian L ‘au theme, complete with a “green carpet” ceremonial entrance (instead of the traditional red carpet).

“We are incredibly proud of our Abilis Youth Board and the community spirit they bring to Together We Shine each year,” said Amy Montimurro, CEO and president of Abilis. “This event really reflects the heart of Abilis—celebrating all abilities, building friendships and showing what’s possible when a community comes together to lift up one another.”

The Abilis Youth board, let by Virginia Blum, raised funds through various activities and events all year round to support this special event. The fundraising allowed for a beautiful venue, an amazing DJ, and a full and delicious dinner. The desserts were made by the teens. These dedicated students support Abilis throughout the year by participating in Abilis activities to raise funds, such as plunging into icy waters in the winter in a Polar Bear Plunge, walking and running in the annual Walk/Run for Abilis, holding bake sales and encouraging local businesses to

“We are incredibly proud of our Abilis Youth Board and the community spirit they bring to Together We Shine each year,” said Amy Montimurro

support the organization. These committed young adults see the meaningful outcomes that touch hundreds of Abilis community members’ lives, resulting directly from their hard work. They are an amazing example of the incredible teens in our community.

“The joy at Together We Shine was infectious,” added Montimurro. “Seeing individuals of all ages and abilities dancing together, smiling and feeling seen and celebrated was amazing—it is what Abilis is all about.”

To learn more about Abilis and its programs, services and activities for individuals with disabilities, visit abilis.us.

Abilis is a 501c3 non-profit organization that supports more than 800 individuals with disabilities and their families from birth throughout their lives. Founded in 1951, Abilis is a leader in providing meaningful support to the community in Fairfield County, Connecticut, in towns including Darien, Greenwich, New Canaan, Norwalk, Ridgefield, Stamford, Westport and Wilton. The organization has a long-standing reputation for individualized, high-quality care. For more information, visit abilis.us, or follow on Facebook @Abilis, Inc., Instagram @abilis_us or Twitter @Abilis.



The Hawaiian Lū‘au theme of Together We Shine, was put together by the Abilis Youth Board and Greenwich Junior United Way, for a night of music, dancing and fun.



Abilis community members danced the night away with local high school students from the Abilis Youth Board and Greenwich Junior United Way at the 6th annual Together We Shine event.

Game On! Volunteering with Nathaniel Witherell



The Greenwich High School girls lacrosse team

By DEBRA McLAUGHLIN

On a recent afternoon at The Nathaniel Witherell, the energy in the auditorium was electric. The usual calm of the senior residence was replaced with laughter, cheers, and a healthy dose of competition. The reason? The Greenwich High School girls lacrosse team had arrived - not with sticks and cleats, but with bingo cards and big smiles.

The Cardinals hosted the weekly bingo game, transforming it into a spirited event that had residents on the edge of their seats. Their enthusiasm was contagious, turning a simple game into a memorable experience for everyone involved.

This heartwarming event was

organized in collaboration with the Friends of Nathaniel Witherell, a charitable organization dedicated to enhancing the lives of the facility's residents. Founded in 2007, the Friends support a variety of programs from art exhibits and live music to pet therapy and recreational activities. All aimed at bringing joy and comfort to seniors. With over 150 volunteers contributing approximately 300 hours each month, there's ample opportunity for high school students to get involved and make a meaningful impact.

The Greenwich High School girls lacrosse team exemplifies the spirit of community engagement. With a rich history that includes three Connecticut

By stepping up and giving back, they not only brighten someone's day but also gain experiences that will stay with them for a lifetime.

State Championships and multiple FCIAC titles, the team is known not only for its athletic prowess but also for its commitment to excellence off the field.

Volunteering with Friends at The Nathaniel Witherell offers students a chance to connect with seniors, learn valuable life lessons, and contribute to a supportive community. Whether it's assisting in games, or simply sharing a conversation, each interaction enriches the lives of both residents and volunteers.

If you're a high school student looking to make a difference, consider joining the Friends of Nathaniel Witherell's volunteer program. For more information, contact Mary Tate, Director of Resident and Volunteer Services, at mary.tate@witherell.org or 203-628-4228. greenwichsentinel.com

By stepping up and giving back, you'll not only brighten someone's day but also gain experiences that will stay with you for a lifetime.

Volunteering That Moves You—Literally

By DEBRA McLAUGHLIN

Greenwich High School's Volunteer Fair brought the buzz—and Meals-on-Wheels of Greenwich showed up ready to inspire the next wave of changemakers. Set up in the Media Center, their booth wasn't just another table—it was an invitation to make a real impact in your own backyard.

So, what's the deal with Meals-on-Wheels?

They're a local nonprofit that delivers fresh, nutritious meals to people in our community who can't easily shop or cook for themselves—think elderly residents or people recovering from surgery. But the real magic isn't just the meals—it's the moment that happens when a volunteer shows up, says hi, and reminds someone they're not alone.

Why should YOU care?

Because this is a chance to do something that matters—and still fits into a busy student schedule. Meals-on-Wheels delivers Monday through Friday from 9:30–10:30 a.m., which means if you've got a free period or a flexible day, you can hop in the car with a parent or friend and actually make someone's day before second period even starts.



Program Director, Meals-on-Wheels, Willow Buscemi

You just have to show up.

Plus, it's not just about community service hours (although yes—you'll earn those, too). It's about human connection. It's about being part of something bigger. And let's be honest—college apps love this

kind of stuff when it's real and consistent.

Here's what's cool about volunteering:

You'll meet amazing people. It's quick—just an hour a week can make a big difference. It feels good to give back, plain and simple.

One student who stopped by the booth said, "It just made sense. I've been looking for a way to help out locally—and this feels personal. Like, I can actually see the difference I'm making."

Interested?

Check out mealsonwheelsofgreenwich.org to sign up or get more info. You can also ask your school counselor about how to get involved during school hours.

You don't have to do something huge to make an impact. You just have to show up. Meals-on-Wheels gives you the wheel—and the heart—to do it.



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COLUMN

Building Academic Confidence through Color-coding



By CLAY KAUFMAN

Confidence. With so many children, it's the key to success, and something we as educators and parents strive to foster. Sometimes confidence comes simply from opportunity. When my son was 9, he asked if he could take his younger sister, who was 7, to the park down the street by himself. The park was only a block away in our residential area, but there are many people who feel that a 9-year-old is too young to take on that responsibility. My son made his case, however, and promised they would come back in 20 minutes, which they did. He was beaming, and his sister couldn't have been happier. They started going to the park together on a regular basis, my daughter loved it, and my son's confidence grew with each trip. After about 3 weeks, they went to the park and came back just minutes later. I was puzzled and asked him what

happened. He explained, "Dad, there were some loud teenagers there, and I thought it was more responsible if we just came right back." Confidence breeds confidence, and my son was proud of making a responsible decision for his sister.

In a similar way, when students gain confidence in the classroom, they become more motivated to put in the work, as they are hopeful and expectant. For students with learning differences (and actually for all students, according to the research), some tools are especially effective in building confidence. In particular, I have seen students and teachers use color-coding effectively to boost memory, provide visual clues and boost confidence.

In writing, color-coding can be a very effective organizational strategy. Marking a thesis statement/topic sentence in green, examples in yellow and explanation/analysis in red, for example, gives a visual reminder to include a topic sentence and examples, and to focus most of the writing on explanation and analysis. At the school I headed in Maryland, we taught the 4th and 5th graders to write in color

“Color-coding can even be a great boon at home when creating charts for chores, setting up the family calendar with different colors for each daily member or each activity and even for children’s morning routine—especially if they can set up the chart themselves.”

on the computer, and at the high school level, students wrote down their ideas on colored note cards, which they organized on a metal ring. Once they had created enough cards and organized them, writing the actual essay was much easier, as the essay was fully planned. Many of the students took that method to college and used it to write all their essays. Color-coding can also be very effective when analyzing written text, using colored highlighters to "find the thesis" and identify the examples. And when the youngest students brainstorm ideas, color-coding can be effective in organizing similar ideas by marking them with the same color. Even if students are not using color-coding in school, they can still employ the strategy at home.

In history, color-coding can be an effective studying technique

for marking cause and effect, noting events from different time periods, or associating historical events with particular people or geographic regions. For example, one might color-code the following events from the American Revolution to indicate a British action vs. a colonial response:

- Navigation Acts
- Tea Act
- 1st Continental Congress
- Proclamation Line of 1763
- Boston Tea Party
- Townshend Acts
- Thomas Paine's pamphlet "Common Sense"

Math and science also present great opportunities for color-coding. For preschoolers, sorting games that allow children to practice sorting by color, shape and size help students learn to look for patterns, one of the

core skills in math that applies to every aspect of learning. For elementary students, using color for operations (blue for addition, red for subtraction) or for place value (units in green, tens' place in blue, etc) or for adding positive and negative integers helps memory. And for Algebra, color-coding can help students "code" problems in which they must combine like terms, such as when adding $4x + 2y - 7x - 13y$. In more advanced classes, color-coding helps when graphing lines and rational equations, identifying sides of a triangle for Trigonometry and the different parts of linear equations (such as $y = mx + b$). Similarly color-coding helps when balancing chemistry equations, identifying parts of a nucleus or parts of a plant.

Research shows that visual strategies help students learn and recall information, whether

or not students have learning differences, and hands-on activities also greatly support learning and build confidence. Color-coding can even be a great boon at home when creating charts for chores, setting up the family calendar with different colors for each daily member or each activity and even for children's morning routine—especially if they can set up the chart themselves.

All children benefit from strategies that help them learn efficiently and keep up with their peers. In my lengthy experience with students with learning differences, I have seen hands-on visual strategies, such as color-coding make a big difference in confidence and help students help themselves both at home and at school. And confident children are more ready to learn and gain independence.

This Will Not Be Remembered Well

One of my dearest friends is a retired rabbi, who ran the largest synagogue in the Philadelphia area. He is full of grace and kindness and is a fabulous teacher, speaker, and preacher.

When I started a ministry called "The Bible Challenge" to help people to read either the Bible in a year, I mentioned an idea to him. "You should create a ministry to help people read the Tanakh (the Jewish scriptures) in a year," I said. He replied, "I don't think that would be a good idea."

"Why?" I inquired. "Because there are parts of the Jewish scriptures that I don't think would be good for them to read." Indeed, many Christians who have tried to read the entire Bible have told me that they found many portions of the Old Testament very difficult to read and accept.

"There's so much violence," they said, and they are correct. Reading through the books of Joshua and Judges is like reading through chronicles of genocide. Again and again, God told Joshua or Gideon to destroy entire populations. And they did, killing every human being.

The challenge with the Bible is that it is read by every generation to guide us on how to live good, faithful, moral lives. We read the Bible looking for life lessons and how to find God, love others, and live a good life. Exterminating our enemies and colonizing their lands is wrong.

All of this is relevant today, as the same lands that Joshua and Gideon fought to obtain are being fought over again. This time it is part of a war against terror.

The war comes in response to the heinous crimes committed by the Hamas terrorists on October 7, 2023. What Hamas did was inhumane. It cannot be justified.

Certainly, Palestinians have been oppressed in their own lands for decades, but the appropriate response will never be murder, rape, kidnapping, and torture. No matter how much Palestinians have been oppressed by Israelis, committing heinous

When the fever of anguish overcomes a nation, our moral understanding vanishes.

crimes will never be a justifiable response.

It is the response by certain Palestinians who see Israelis and Jews as inferior or oppressors. Whatever Hamas hoped to gain, they have lost as they have hurt their cause in countless ways.

After 1,200 Israelis were murdered, savaged, and raped, and 250 were kidnapped, Israel was justified in trying to destroy Hamas. But questions must be asked in countering terrorism.

How do you attack terrorist organization that doesn't wear uniforms or insignia and embeds itself in a civilian population? How do you kill terrorists without creating huge collateral damage to innocent civilians? How do you avoid creating more terrorists for every innocent person you kill or maim?

What kind of military ordinances can be used? Can bombs meant to destroy entire buildings be justified? How many people must die until a nation feels that justice has been achieved or security is possible? These are important questions.

The problem is that in the aftermath of an attack like October 7th, a fever arises that is so strong that these questions are not asked by the government or civilian population. Significant moral questions are not asked, and therein lies the problem.

Last spring, I met with an Israeli friend in Greenwich. He told me that he had recently returned to visit his family near Tel Aviv. He told me, "If you did not read the newspapers or listen to the news, you would never know that there was a war going on."

I was dumbfounded as there was no one in Gaza who could say the same. He told me about a close friend who is a moderate and strongly supported a two-state solution. "Now my friend says, 'Kill every

single one of them. They're all terrorists,'" recalled my Israeli friend.

The shock of terrorism is so grave that we lose all perspective. We vilify an entire population and see justification for wiping them out, men, women, adolescents, and children.

When the fever of anguish overcomes a nation, our moral understanding vanishes. We become consumed with revenge. Our thinking becomes binary. We are innocent. They are guilty. We are good. They are evil. We must kill them all.

Israel is the home of three religions - Judaism, Christianity, and Islam. Christians call Israel the Holy Land. It is the land where Jesus lived, taught, performed miracles, died and was resurrected following his crucifixion by Roman occupying forces and prompted by religious leaders.

For centuries, Christians have shared the Holy Land with Muslims and Jews. In 1900, Christians accounted for 15% of the population in Palestine. Life has been made to be so hard for them in their own land that today less than 2% of Israel's population are Christians.

Palestinians feel like foreigners in their own land. Their animosity has built up for decades. Archbishop Desmond Tutu described Israel as an apartheid system that was worse than what he found in his native South Africa. President Jimmy Carter spoke out powerfully as well.

What can be done? Everyone understands Israeli's right to live in safety, and the same right must be granted to Muslim and Christian Palestinians.

Unfortunately, when an extreme fever of anger takes over there is no talk of moderate solutions.

The Netanyahu government has its own reasons for staying in power and carrying on the war.

Today, following Hamas' horrific killing of 1,200 Israelis and kidnapping of 250 more, Israel has killed 51,000 Palestinians, tens of thousands of which are women and children. More than 70,000 Palestinians have lost a limb. Gaza now has more people missing a limb than any other country in the world.

How much is enough? When does it end? What is the end goal? What is the equivalence that will make Israelis feel that justice has been done and that they are safe? Is it 30, 50, or 100 dead Palestinians for every Israeli killed. It is currently about 100 killed or maimed. Is that enough?

To many, the situation appears to be genocide and ethnic cleansing. Eighty-five percent of the buildings in Gaza have been destroyed. Fresh water is hard to find. Every hospital in Gaza has been attacked. Most are completely destroyed.

Israel refuses to allow food and medicine to enter. Schools are wiped out. Over 10,000 Palestinians have been jailed without due process. Two million people risk being starved to death and to suffer lifelong injuries from malnourishment.

The world stood by when Germany killed millions of Jews during World War II. The details of what was occurring then were not as well-known as what is occurring now. Still, world leaders should have done much more to help. Have we not learned important lessons?

The fever of anguish following October 7th is like the fever that overtook the United States after 9/11. It will eventually dissipate. Then Israel, like America, must ask, "Did we overreact? Can we justify our response? Did it make a difference? How will history remember us?"

The Rev. Marek Zabriskie has a deep love for the Bible and understanding its relevance for our lives today, from how individuals treat individuals to how nations treat nations.

LETTER

Private Truths and Public Deceptions

In the polished world of politics, where every word is scripted and every gesture calculated, hot-mic moments and unguarded side conversations offer a rare glimpse into politicians' true beliefs. For Democrats, these slips often expose a cynical deceitfulness—an eagerness to impose taxes, rules, and sprawling legislation while dismissing the public's ability to notice or care. From Rep. Anne Hughes' recent quip regarding taxes to the Greenwich Democrats' brazen falsehoods about "slashing" school funding, the party's penchant for deceptive rhetoric exposes a disconnect between their private beliefs and public posturing.

On Tax Day 2025, Rep. Anne Hughes (D-Easton) was caught on a hot mic during a Connecticut press conference, high-fiving a colleague and laughing, "We're not rich. But I always tell the governor to tax my people—they won't even notice." The comment, made while pushing a capital gains tax hike, wasn't just tone-deaf—it was a stark admission of exploiting perceived voter apathy and a haughty contempt for overtaxed families. In a state with one of the nation's highest tax burdens, Hughes' casual dismissal betrayed a belief that taxpayers are either too numb or too naive to resist. This wasn't a policy debate; it was a celebration

of squeezing constituents, cloaked in the guise of "tax equity."

Hughes' gaffe echoes a broader Democratic pattern, where unguarded moments expose a love for expansive legislation and the power it grants. Take Nancy Pelosi's 2010 comment on the Affordable Care Act: "We have to pass the bill so that you can find out what is in it." Delivered publicly but with a cavalier air, the remark suggested that the ACA's 2,700 pages were too complex—or inconvenient—for public scrutiny before passage. It revealed a truth Democrats preferred to obscure: their urgency to enact legislation outstripped their commitment to

transparency. The comment fueled distrust, painting Democrats as architects of opaque rules who prioritized political wins over public understanding.

This same cynicism is playing out in a more public manner in Greenwich, where Democrats have twisted the 2025 education budget debate into a masterclass in deception. The Board of Estimate and Taxation (BET) reduced the proposed budget increase by \$4 million, leaving a still-generous \$8 million year-over-year hike. Yet, Democrats have cried "slashing" and "devastating cuts," whipping up parents and teachers with apocalyptic rhetoric and orchestrating a letter writing campaign with

similar jeremiads. They know the budget remains robust, as Greenwich's schools continue to enjoy funding levels envied by many districts. Their public histrionics mirror Hughes' private assumption: voters won't notice the truth if the narrative is loud enough.

Democrats' hot mic slips sting more because their sanctimonious rhetoric—casting opponents as uncaring while claiming a moral high ground—sets a high bar that their cynicism betrays. In Greenwich, this hypocrisy fuels their budget distortions, assuming emotional appeals will obscure the fiscal reality of a hefty increase. Off-mic, they might concede the budget's

adequacy, just as Hughes admitted taxpayers wouldn't feel new taxes.

This pattern—private truths and public deceptions—reveals a Democratic playbook that thrives on control and manipulation, whether through taxes in Hartford or distorted narratives in Greenwich. As hot-mic gaffes expose their cynicism and budget falsehoods unravel, Greenwich's taxpayers are slowly starting to see through the con. Hughes' laugh may fade, but its echo lingers. Taxpayers in Easton and Greenwich are beginning to notice after all.

David Lancaster

LETTER

No One at our Public Schools Needs to Be Fired

To the Editor:

Greenwich Public Schools are facing budget pressures, but we must separate fact from fear. No teachers need to be fired. No programs need to be eliminated. Claims to the contrary are manipulative and false.

The Board of Education has been asked to close a \$4.59 million budget gap. With a \$243 million school operating budget, this challenge is real—but manageable. There are clear, responsible solutions already available.

Adjusting school start times would reduce transportation costs by nearly \$2 million through fewer bus routes—without impacting classrooms. Closing the town's underused print shop and making a modest restructure in adult education, while still meeting all state requirements, would save over \$200,000. Consolidating overlapping software platforms, such as eliminating Schoology

where Google Classroom already meets instructional needs, would reduce administrative costs with no effect on students.

Together, these measures would address more than half the budget gap.

We could also consider properly managing rampant teacher absenteeism in Greenwich. According to the State of Connecticut, Greenwich teacher absenteeism is nearly double all other districts in Connecticut. Managing GPS teacher absenteeism to the Connecticut average would recover almost \$1 million alone.

We could manage new teacher hiring at appropriate entry level salaries that have already been negotiated with unions. GPS officials testified to BET that GPS is not strictly following the negotiated GEA Contract Salary Schedule but routinely skipping over the entry levels and hiring at the middle of the scale.

The difference would save between \$758k and \$1.5Mil.

That gets us all the way there.

We can also if needed halt expansion of public Pre-K and pause "New Initiatives" by the Superintendent.

We don't need to sacrifice music, language programs, or student support services. We need to prioritize students and finally manage public funds responsibly.

No one is getting fired. Stop saying that. It is a lie.

No one is entitled to spend other people's money recklessly. No one is entitled to taxpayer dollars. Entitlement behavior is damaging to everyone. It needs to stop.

How about if we actually work...work on finding some inefficiencies in a very, very bloated \$240+ million budget?

Signed, Tired of Being Manipulated

COLUMN



By KATE NOONAN

I have a mentor who is wise and kind. She is willing to listen to me kvetch and gently help me reframe whatever in this world is running me around. She reminds me to expect grace. At that suggestion I sometimes balk. In my mind I think, very loudly with an interior eye roll, expect grace, really? Can't you see I expect results, I expect traffic or I expect disappointment.

Julian of Norwich was no stranger to life's hardships. She was a Christian mystic

known for the visions she received from God. She recorded these visions in her book: Revelations of Divine Love. Julian spent much of her life as an anchoress, a person walled off from society in medieval England during the time of the Black Plague. She is best known for the quote "All shall be well, and all shall be well, and all manner of things shall be well." She is also recognized as the first woman to write a book in English.

Julian heard the Divine revelation: all things shall be well after wrestling with God. She, being as human as the rest of us, had expectations and disappointments in life.

Expect Grace

Armed with a glimpse into God's unfailing commitment we must recall we are one of many. If we expect grace and no one is exempt from the unmitigated grace of God then we are called to wish grace upon all of our fellow people

It is commonly believed that while she was given these revelations she questioned the revelations, or showings as she called them. After all, she lived through two episodes of the Black Plague and in her own manner social distanced to survive while the city of Norwich's population was reduced by a quarter. Could it be when she originally received these showings she did whatever version of the eye roll was in fashion in 14th century England? Yet Julian remained

engaged and open to the messages God sent her. She spent 20 more years meditating on her visions eventually writing once again about the experience.

The Revelations Julian received are for all of us. We're all immersed in God's glorious world. Expecting grace and knowing all manner of things shall be well is not only about my attitude in life rather it is a profound insight that I have faith in God's commitment. This personal insight is

an acknowledgment and understanding of God's faithfulness to God's people. It is God who is always present, it is God who is always providing. I am called to see the where and how of God's actions in my life. God's ways are not my ways. My perception often gets caught in the muck of life run by egoic thinking.

Armed with a glimpse into God's unfailing commitment we must recall we are one of many. If we expect grace then no one is exempt from

the unmitigated grace of God. Therefore we are called to wish grace upon all of our fellow people. We must wish the best and highest good for all, our friends, our neighbors, those who are different from us and our enemies. Truly we are all called to serve as the channel of God's grace acting as a vessel or instrument through which God's love, mercy, and blessings are conveyed to others.

Worship Services

**Assemblies of God
Harvest Time Church**
1338 King St., 203-531-7778
www.htchurch.com

Worship Services: Sun, 9 & 10:45am. All services are streamed on the church's website and YouTube channel. In addition to Sundays, there are also groups for children and teens on Wednesday evenings. *Community Outreach at Martine Center: Saturday, May 24, 10am, please RSVP no later than May 23.*

**Baptist
First Baptist Church**
10 Northfield St.; 203-869-7988
www.firstbaptistgreenwich.com

Sunday Servings: 11:30am, Facebook Live or for Devotion: 11-11:25am (Dial in 701- 802-5355, Access code 360922).

Greenwich Baptist Church
10 Indian Rock Ln; 203-869-2807
www.greenwichbaptist.org

Worship: Sun, 11am (in person and online through Facebook & YouTube). Children Sunday School: 9:30am, ages 9-14y. Adult Bible Study: Sun, 9:30am, Fellowship Hall. Prayer Gathering: Wed, 7pm, Pastor's Office or virtual on Google Meets. *Women's Brunch featuring Peggy Walker as the keynote speaker: Saturday, May 17, 10am, RSVP to gbcfellowship246@gmail.com.*

**Catholic
Sacred Heart Church**
95 Henry St.; 203-531-8730
www.sacredheartgreenwich.org

Mass: Mon-Fri, 7am (in the Chapel); Saturday Vigil, 4pm (in Church); Sunday: 7:30, 9:30 & 11:30am. Confessions: Sat, 3-3:30pm or by appointment. Divine Mercy Prayer Group: Wed, 7-9pm. Prayer Group: Thu, 4-5pm, in the Chapel, 38 Gold St, All are welcome. *Ministry to the Homebound: if you, or someone you know, is homebound and would like a priest visit you, call the Rectory at 203-531-8730. Stations of the Cross: All Fridays during Lent, 6:30pm, in the Church, All are welcome. Youth Mass: Sunday, May 18, 11:30am.*

St. Catherine of Siena & St. Agnes
4 Riverside Ave; 203-637-3661
www.stc-sta.org

** All Masses at St. Catherine of Siena Church are in-person and livestreamed (View our Livestream and recordings here: https://events.locallive.tv/worship/stc-sta)*

Masses: Saturday, 3-4pm – Confessions (Specific dates confirmed weekly in bulletin.) Vigil Mass, 5pm. Sunday: 7:30am, 9am (Family Mass), 10:30am (Traditional Mass), 5pm (Teen Mass), all at St. Catherine's Church). Masses in other Languages: French Mass - 2nd Sunday of the month, 11am. Italian Mass - 3rd Sunday of the month, both at St. Catherine's Chapel. Spanish Mass, 6:30pm, St. Catherine's Church. Daily/Weekdays: Mon, Tue, Thu & Friday: 7am – Daily Mass, St. Catherine's Church; 5:15pm – Daily Mass, St. Catherine's Chapel. Tuesdays: Rosary, 6pm, St. Catherine's Chapel. Wednesdays: Adoration of the Blessed Sacrament, 8:30am-4pm, St. Catherine's Church. *Ongoing: Food & Essentials Drive for Neighbor to Neighbor (there will be a car or SUV with an open trunk in the parking lot across from St. Catherine's church on Tuesdays, 9-11am. Join Music Ministries for choir rehearsals – Traditional, Contemporary, Teen, Cherub, Family Mass Choir – contact Music Director, Dr. Liya Petrides at music.director@stc-sta.org with questions. Walking with Purpose: Thursdays, through March 28, 10-11:30am (off Feb. 15 & March 14), stc-sta.org/walking-with-purpose. New Day Bereavement: starts March 5 (There's no cost and you need not be a member of the Parish of St. Catherine and St. Agnes or even Catholic, you just need to be registered. If interested, please contact Parish Partners at (203-637-3661, ext. 375). Volunteer Opportunity: Share Your Time and Compassion! Our Parish Partners Ministry of Hope is seeking*

kind-hearted volunteers to support our homebound parishioners. To sign up or learn more, please contact Jeannemarie Baker at (203) 637-3661 (ext. 375) or ParishPartners@stc-sta.org. Bingo & Blooms: Tuesday, May 20, 5:30pm, \$15 per person or \$135 for a reserved table of 10, 203-979-9104.

St. Mary Church
178 Greenwich Ave.; 203-869-9393
www.stmarygreenwich.org

Public Mass: Sun: 9, 10:30am, 12:15 & 5:15pm. Sat Vigils: 4 & 7pm (Spanish). Daily: Mon-Fri, 12:05pm (Church doors will open from 10am-3pm). Confessions (English): Tue: 7-8pm; Sat: 3-3:45pm. Eucharistic Adoration: 1st Fri of the month: 12:30-5pm. *New Day Bereavement Program: Tuesdays, 1-2:30pm, through March 18. The 14th Annual Fr. Peter M. Rinaldi Awards Dinner: Saturday, May 17, at the Tamarack Country Club, Greenwich. Please visit www.CCHRS.org/fr-rinaldi-gala or call Sr. Karen at 914-937-4407 for more information.*

St. Michael the Archangel
469 North St.; 203-869-5421
www.stmichaelgreenwich.com

Mass: Mon-Fri: 7:30 & 9am. Sat: 9am & 5pm. Sun: 7:30, 8:30, 9:45am, 12 & 5pm. Confession: Sat: 4:15-4:45pm; Wed: 9:30-11am & 6:30-8pm. Eucharistic Adoration: Wed, 9:30am-8pm. *New Day Bereavement Program: through Nov. 17, Thu, 7-8:30pm & through Nov. 30 (skipping Nov. 23), Wed, 4-5:30pm, 203-869-5421. Mens' BBQ: Saturday, May 17, 6:15pm.*

St. Timothy Chapel
1034 North St.; 203-869-5421

Mass: Sat: 4pm (Vigil Mass). Sun: 11am.

St. Paul Church
84 Sherwood Ave.; 203-531-8741
www.stpaulgreenwich.org

Mass: Mon-Thu: 9am; Sat: 4pm (Vigil); Sun: 7:30, 9:30 & 11:30am. Confession: Sat, 3-3:45pm. Mass on Holy Days: Vigil: 5:30pm, 9am & 12:15pm. Visit the website for information regarding the Bereavement Group (twice monthly) and weekly volunteer opportunities at the Don Bosco Kitchen and Food Pantry with the St. Paul Mercy Volunteers. All masses are available via livestream through the website. *Evenings For Married Couples: 1st Thurs of every month, 7:30pm. "The Class of Life" – A Theatrical Experience starring Paul Failla: Saturday, May 17, 7pm, \$50. Tickets sold until May 13, for tickets contact Nancy Casino at 914-403-1749.*

St. Roch Church
10 St. Roch Ave; 203-869-4176
www.strochchurch.com

Mass: (Reservations and/or for viewing via live streaming): Mon-Fri: 7:30pm; Sat: 5pm; Sun: 7:30am (Concelebrated for Previously Scheduled 9:30am Mass Intentions), 10:30am, 12pm (Spanish). Mass Intentions: consult the bulletin for time.

**Christian Science
First Church of Christ, Scientist**
11 Park Pl; 203-869-1555
christiansciencet.org/greenwich

Sundays: Church and Sunday School at 10:30. Weds. 7:30pm testimonies of healing. Call # for all services 203-680-9095 code 520520. Reading Room 333 Greenwich Ave. M-F 1:00-5:00 203-869-2503. Bibles, Science and Health with Key to the Scriptures, children's books, and more. *May 18: Mortals and Immortals. May 25: Soul and Body.*

**Community
First Church of Round Hill**
464 Round Hill Rd; 203-629-3876
www.firstchurchofroundhill.com

In-person worship: Sundays, 10am. *Fifth Sunday of Easter: May 18, 10am.*

Round Hill Community Church
395 Round Hill Rd; 203-869-1091
www.roundhillcommunitychurch.org

Weekly Sunday Worship services in the

Sanctuary at 10am or online at roundhillcommunitychurch.org anytime. Children's Worship (grades K-5) meets during the 10 am service. Please call the Church Office or visit the website for the most up-to-date information, events, and schedules. *Tools for Aging Well, 2nd Wednesday of the Month, 11am-12pm, Sanctuary. Round Hill Art & Craft Studio: Mondays, 1-4pm. 'Feel Better, Live Better' – Nutritional Program with Dr. Max: Sunday, May 18, 11:30am, free, RSVP to leticia@roundhillcommunitychurch.org.*

**Congregational
The First Congregational Church**
108 Sound Beach Ave; 203-637-1791
www.fccog.org

Worship: In-Person & Virtual: Sundays, 10am. Live-streaming on YouTube and Facebook, and broadcast on WGCH (1490 AM). Connect during the week: Friday: Friday Email Blast (sign up by calling the church office); Church school before worship most Sundays, 9am for preschoolers through grade 6. Online programming available via Zoom. A joyful community diverse in spiritual backgrounds and beliefs. *Music Sunday – join us for the annual celebration of our Music Ministry at First Church: Sunday, May 18, 10am.*

North Greenwich Congregational
606 Riversville Rd; 203-869-7763
(Instagram photos and videos @ north_greenwich_church)

Worship Service: Sun, 10:30am, in person.

Second Congregational Church
139 E Putnam Ave; 203-869-9311
www.2cc.org

Sunday worship: 8:30 & 10:30am. Children's Chapel during 10:30am worship. *2CC Moms' Sip & Swap: Friday, May 16, 6:30-8pm. Tent Weekend: June 6-8.*

**Episcopal
Anglican Church of the Advent**
606 Riversville Rd; 203-861-2432
facebook.com/greenwichanglican

Service: Sun, 9am, Holy Eucharist. Sunday School during academic year.

Christ Church Greenwich
254 E. Putnam Ave; 203-869-6600
www.christchurchgreenwich.org

Holy Eucharist: Sundays, 8am, In-person only, Chapel. Messy Church Eucharist: every Sun, 8:45am, In-person only, Parish Hall. Holy Eucharist: 10am, In-person or livestream, Main Sanctuary, Children's Chapel during the service. Choral Evensong or Sung Compline: In-person or livestream, 5pm. Wednesdays: Preach and Teach Eucharist (new time for this midweek service), 12:15pm, In-person only Chapel. Thursdays: Choral Evensong, 6:30pm, In-person or livestream, Main Sanctuary. *Youth Confirmation: Sundays, Sept. 15 - June 7, 11:15am-12:15pm. The Disciples of Christ in Community: Tuesdays, Sept. 17 - Nov. 19, 7-8:30pm. Book Study: The Anxious Generation: Sundays, March 30 & April 6, 11:15am. Joyful Noise with Anna Leinbach: Sundays, April 6, May 11, June 1. Joyful noise with Rob Mathes: Sundays, March 30, April 27, May 25, June 29, 5pm. Lenten Lectio Divina with Rev. Tim: Wednesdays, through April 16, 11:15-11:45am, Chapel. Dad's Playground Gathering: Saturday, May 17, 9:30-11am, CCG Preschool. Joyful Noise Casual Worship Service with Rob Mathes: Sunday, May 25, 5pm.*

St. Barnabas Episcopal Church
954 Lake Ave.; 203-661-5526
www.stbarnabasgreenwich.org

Holy Eucharist: Sundays at 10AM (in person and livestreamed). Our exciting Sunday School programs for kids and youth take place during the 10am service: Children's Church for kids 4-8 years old, and YC (Youth Church) for those 9+. Children are also welcome in church for both services, and childcare is provided all morning in our nursery. Sundays also feature joyful preaching by our clergy, Father Justin and Rev.

Phoebe, and beautiful music by our director of music, Marnus Greyling, and the St. Barnabas Choir. Come experience the joy of the God of Jesus Christ. Visit us in person, on our website, and on social media (Instagram: @st.barnabasgreenwich). Small church feel - Big church experience.

St. Paul's Episcopal Church
200 Riverside Ave.; 203-637-2447
www.stpaulsriverdale.org

Worship: Sundays, 10:15am (in person and streaming). Coffee hour immediately following worship service in Selleck Hall. Sunday School (including frolic Fatih class for toddlers 2+) in the Children's Chapel downstairs – drop-off starts at 10am. Ongoing: Neighbor-to-Neighbor food drive box by office door. Pick-up is every Thursday morning.

St. Saviour's Episcopal Church
350 Sound Beach Ave; 203-637-2262
www.saintsaviours.org

In-person Service: Sundays, 10am.

**Jewish
Chabad Lubavitch of Greenwich**
75 Mason St.; 203-629-9059
www.chabadgreenwich.org

Please visit our website for details on Shabbat services, classes, programs and more. *Judaism 101 for Moms: Thursdays, 9:20am. Kabbala & Chalah: Thursdays, 9:15am, \$20 p/class. 'Colorful Profiles' – Lag Bomer Family Music & BBQ: Friday, May 16, 4:30pm, Tod's Point, register.*

Congregation Shir Ami
One W. Putnam Ave; 203-274-5376
www.congregationshirami.org

All services, programs and celebrations are available online via Zoom. *Kabbalat Shabbat: Fridays, 7-9pm, First Presbyterian Church. Pride, Pain and Purpose Astride the Mideast: alternating Tuesdays through June 24, 7pm, on Zoom. Soul Spa - Meet the Midrash: Saturdays, 10am, through Aug. 9, on Zoom. Unlocking the Jewish Prayer Book with Rabbi David: Sunday, May 18, 5pm, on Zoom.*

Greenwich Reform Synagogue
92 Orchard St.; 203-629-0018
www.grs.org

Join Rabbi Gerson and Cantor Rubin every Friday, 6pm for Shabbat Services, and once a month for Tot Shabbat, 5:30pm. All in person services are also live streamed on Zoom.

Temple Sholom
300 E. Putnam Ave.; 203-869-7191
www.templesholom.com

Services - In-person and virtual Friday night Shabbat services, 6:30pm & Saturday morning Shabbat services, 10:30am. *Pajama Drive: Please donate brand new pajama sets (tops & bottoms) in sizes newborn to adult XXL (older kids need pj's too) to support The Pajama Program – through May 30, Collection bins are located in the lobby. Special Outdoor Together Shabbat for Young Families: Friday, May 16, 5:30pm, in Temple Sholom's Meadow. Women's Musar Class: Mindfulness in Jewish Texts with Rabbi Gisel: Wednesday, May 21, 6pm.*

**Lutheran
St. Paul Lutheran Church**
286 Delavan Ave.; 203-531-8466
www.firstpaul.com

Sunday Divine Service: 9am. Sunday Bible Study: 10:30am. Wednesday Dinner: 5:30pm. Wednesday Bible Study: 6:30pm.

**Methodist
Diamond Hill United Methodist**
521 E. Putnam Ave.; 203-869-2395
www.diamondhillumc.com

In-person & Online Worship Service every Sunday, 10am, followed by a time of Fellowship. Wednesday Noonday Prayer & Wednesday Evening Bible Study. (Details at diamondhill.com).

First United Methodist Church
59 E. Putnam Ave.; 203-629-9584
www.fumcgreenwich.com

Sunday Worship, 9:30am (except the last Sunday of the month at 10:30am). Virtual Daily Gathering: Mon-Fri, 3pm, Zoom. Talking with Your Hands: Mon, 3pm. Reading this World as a Christian: Tue, 3pm. Back to Rock – music with Mr. Bruce: Tue, 3pm, via Zoom. Reading the Shape of Scripture: Wed, 3pm, via Zoom. Spring Bible Study: Thu, 3pm, via Zoom. Tea & Talk: Fri 3pm, via Zoom.

Bethel African Methodist Episcopal
42 Lake Ave.; 203-661-3099

Worship via teleconference: Sun, 11am and until further notice (Dial-in number: 425-436-6380, Access code: 612220).

**Nondenominational
Dingetown Community Church**
376 Stanwich Rd., at Barnstable Lane

Sunday Service: 10:30am. Philip Antinone – Chaplain.

Revive Church
90 Harding Rd., Old Greenwich (Old Greenwich Civic Center)
www.myrevive.org

Worship Service: Sun, 10am, Holiday Inn 980 Hope St, Stamford. Online Sermons available on Facebook (facebook.com/myrevivechurchgreenwich) and on Youtube. All groups are online. Direct any prayer needs to the prayer chain at 203-536-2686 or revivcfm@gmail.com.

Stanwich Church
202 Taconic Rd.; 203-661-4420
www.stanwichchurch.org

Sunday Morning Worship Service: 9am & 10:45am. Kids Ministry for grades 5 and under, and Student Ministry for grades 6 & above, are offered. Praise & Prayer Night: 6pm on the First Sunday of each month. Live stream and recorded media are available at stanwichchurch.org. We'd love to meet you here!

Center for Spiritual Development, NSAC
293 Sound Beach Ave; 203-637-4615
www.Center4SpiritualDev.org

Sunday Service (hybrid: in-person & virtually on zoom): 7pm. Virtual Children's Lyceum (ages 5-14): 3rd Sunday of the month, 10-10:40am. Healing Service: 3rd Thursday of the month, 7-7:30pm. (Email Albertsonpcc@gmail.com for registration and Zoom Links). *Virtual Spiritual Mediumship: Mondays, May 19 & June 2 & 9, 7-9pm, \$120 register at CSDPastor@gmail.com.*

Trinity Church
5 River Rd.; 203-618-0808
www.trinitychurch.life

In-Person Services: Sun., 9:45am, Hyatt Regency Greenwich, 1800 E. Putnam Ave., Old Greenwich; 10am, Trinity Westchester, 2111 Boston Post Rd, Larchmont, NY; 11am, Saxe Middle School, New Canaan. *Connecticut Men's Breakfast: Saturday, May 17, 8-10am, Ministry Center. Trinity Singles Day Retreat: Saturday, May 17, 10am-4pm, Convent of St. Birgitta - Darien. Trinity Serves Hygiene Bag Packing Event in Greenwich: Sunday, May 18, 9:45am, Greenwich Service.*

**Presbyterian
First Presbyterian Church**
1 W. Putnam Ave.; 203-869-8686
www.fpcg.org

Worship: Sundays, 10am. *Spring Lunch: Friday, May 9, 12-3pm.*

Grace Church of Greenwich
89 Maple Ave.; 203-861-7555
www.gracechurchgreenwich.com

Worship: Sundays, 8:45am, 10:45am & 4:30pm, Woman's Club of Greenwich, 89 Maple Ave. Bible Studies and Sunday School meet in person. All are welcome.

Living Hope Community Church
38 West End Ave; 203-637-3669
www.LivingHopect.org

In-person & online (LivingHopect.org/livestream) worship Sundays: 10am. Prayer for the Nation: Thursdays, 7:30-8pm, Online. Register and more information: livinghopect.org/resources/alpha.

COLUMN

A Mother’s Legacy of Love, Family and Faith



By Rabbi Mitchell Hurvitz

Of blessed memory, my mother had a running joke that she would commonly share with her four sons: “Mother’s Day is my favorite Jewish holiday!” Mom’s annual joke was her way of ensuring we prepared appropriately in advance for the May celebration.

This year’s celebration of Mother’s Day was the ninth without my mother. Adding to the feelings of loss is that my mother’s birthday and her date of passing are always close to Mother’s Day.

As a child, I recall watching television with my mom when a commercial starring legendary University of Alabama Coach Paul W. “Bear” Bryant aired. The ad began with Coach Bear Bryant wearing his crimson sweater and hanging up the phone in his office. He then looked out and said, “One of the first things we tell our players is to keep in touch with their families. And when our freshmen first arrive, we ask them to write a postcard home, right then.”

The coach then stated in his gravelly voice, as the camera gradually got closer:

“You know, we keep them pretty busy, but they always have time to pick up the phone and call. And it’s really important to keep in touch. Have you called your mama today? I sure wish I could call mine.”

Later in life, I learned that he had veered away from the intended script and ad-libbed the last line. The ad ended with a vocalist singing the phone company slogan, “Reach out and touch someone.”

Coach Bryant won six national championships while coaching at the University of Alabama. But, for me, his importance is always connected to that emotionally evocative commercial. When my mom saw the commercial with me, she teared up, and said, “I also wish I could see my mom.”

Our youngest daughter toured the University of Alabama early in her senior year of high school and ultimately chose to attend. Of course, we visited Coach Bryant’s Stadium as part of the tour. In front of the stadium is a statue of him, and when we arrived there and took a picture, I shared my memory with my daughter and wife.

My mother lost my grandmother when she was 22 years old; my wife lost her mother when she was 14 years old. My mother had passed only a few months before our visit.

Our youngest listened to the

story and immediately went to hug her mother. During her time at the University, she would commonly call her mom from the statue, noting that it was her constant reminder to “reach out.”

Every Mother’s Day since 2016 has felt like an additional *yahrzeit* – her traditional Anniversary of a Death. On the anniversary of the Hebrew date of losing a loved one, we observe *yahrzeit* at home by lighting a special 24-hour candle in memory of our dearly departed.

These candles are known as *Yizkor* candles because we additionally light them four times a year when we observe the traditional *Yizkor* service: *Yom Kippur*, *Shemini Atzeret* (the end of *Sukkot*), the end of *Passover*, and the second day of *Shavuot*.

The tradition is to observe *yahrzeit* by attending a *minyan* and reciting the Mourner’s *Kaddish*.

Like most synagogues, Temple Sholom maintains a memorial wall of plaques bearing the names of deceased loved ones. The name lights are lit during the week of the *yahrzeit* and the time of *Yizkor*. We purchase the plaques as a

tzedakah (charity) gift to the Temple.

My mom’s *yahrzeit* was observed this year during the week of Mother’s Day, and I personally pressed the light by her plaque. Afterward, I decided to go to our Temple cemetery and sit by her tombstone graveside.

My mother’s marker noted her birth year, followed by the traditional dash, and then the year of her passing. Below is the declaration: “Beloved Wife, Mother, and Saftah (Grandmother); united in loving marriage for 54 years.”

The traditional dash always resonates because of Linda Ellis’s poem:

“What mattered most of all was the dash between those years. For that dash represents all the time that they spent alive on earth. And now only those who loved them know what that little line is worth.”

My mother’s “dash” is one for which her family takes great pride. Her maternal priorities were quite simple: Family and her Judaism, and her two priorities were always and completely intertwined.

Recalling my Mom, and as most children feel when

having lost a parent, I possess a tremendous amount of gratitude for all of the love shared.

In just a few weeks, we will celebrate the Jewish festival of *Shavuot*, observe *Yizkor*, and traditionally read from the Book of Ruth. Especially powerful is when Ruth declares to Naomi:

“Do not press me to leave you, or to turn back from following you! Where you go, I will go; where you lodge, I will lodge; Your people shall be my people, and your God my God. Where you die, I will die— there will I be buried.”

Ruth’s words are among the most poignant expressions of deep love found in our sacred texts—an expression of unconditional love. It’s also not the genre of romantic love; instead, it’s the unbreakable bond that can occur when we truly and wholly love another, no matter the relationship by blood, extended family, etc.

During Mother’s Day now I feel grief and loss, but I am also thankful for all of the loving relationships I possess, and am more mindful to strengthen my sacred relationships as best I can.

The greatest gift we can offer loved ones is our commitment

to them, which is a significant component of our faith in action.

We can truly open our hearts to the type of love that Ruth possessed for Naomi, and that my mother possessed for her family and faith. This love should be prioritized as a daily discipline while our loved ones are with us.

“Have you called your mama today? I sure wish I could call mine.”

I wish I could call my mother, but I will always think of her lovingly. Most importantly, in her honor, I rededicate myself to strengthening the bonds of love I possess with my family, friends, community and faith.

Shabbat Shalom.
Temple Sholom’s Senior Rabbi Mitchell M. Hurvitz is a scholar, teacher, community activist and preacher, and is recognized as one of the prominent religious leaders in the Greenwich area and beyond. A frequent guest speaker at synagogues and churches, study groups, community institutions and universities, he is a charismatic personality who engages individuals and stimulates hearts and minds. His teachings can be found in Greenwich Sentinel and in other local and national publications.

Obituaries



RICHARD CAPOSSELA

Richard Capossela, 68, of Riverside, CT, known as “Richie” or “Cap” passed away unexpectedly May 2, 2025, surrounded by his family and best friends. Richard was born on February 5th, 1957, at Greenwich Hospital, the son of the late Anthony and Carmela Capossela. He is predeceased by his sister Susan Boccanfuso.

He attended St. Mary’s High School in Greenwich and went on to graduate from Southern New Hampshire University. After graduating college, he started his advertising career at Wunderman, Ricotta & Kline in New York City, then went on to work for BMG Columbia House for 20 years.

Richard will be deeply missed by his sons Michael & Jack, daughter Kara and son-in-law Clark, and granddaughter Audrey. He was so excited to have become a grandfather and did not take the role lightly! He is also survived by his ex-wife Lori Capossela, brother-in-law Tony Boccanfuso, cousins, and many cherished friends.

Richard was an avid golfer, gardener, and a talented chef who enjoyed cooking especially with his daughter. He was known for his signature homemade sauce, meatballs, and chili. Richard was the first to help others and always made friends wherever he went.

A memorial Mass will be celebrated on Thursday, May 22, 2025, at 11 a.m. at St. Catherine of Siena Church in Riverside, CT.



JOSEPH GRECO

It is with heavy hearts we share that Josph P. Greco III passed away peacefully at Regional Hospice of Danbury with his loving wife, Cheryl by his side.

Joe grew up in the Riverside section of Greenwich graduating from Greenwich High School in 1974. He worked in Banking and the Hotel industry before finding his career of 18 years with BMW

Competition & Sports Cars, Ltd. He eventually moved to Pompano Beach, Florida where he worked for Holman BMW as a Service Advisor for the remainder of his career, retiring in 2022. No matter what Joe pursued, he gave it his all and always with great success. Upon returning to Riverside, Joe loved lending a helping hand to friends, family and neighbors often surprising them by showing up with his new snow blower or leaf blower and sometimes his tractor! He truly was that guy who would give you the shirt off his back.

He enjoyed spending time in Rhode Island with his grandchildren who lovingly referred to him as “Grandpa Joe”.

One of Joe’s most cherished places of all was his beloved “Cabin” in the woods of Andes, N.Y. It was there that he found the quiet, calm of the great outdoors where he spent many a day camping, riding his tractor and meandering with his niece and nephew, family and friends throughout the years.

Joe was predeceased by his parents, Josph P. Greco Jr. and Jean Greco. He is survived by his wife, Cheryl Jordan Greco, his step daughter, Amy Murro (Nate) grandchildren Benjamin and Alex, step son, Arthur Jordan (Patty) grandchildren, Jacob and Emily. Sister Mary Jean Williamson & brother in law Kirk Williamson, Niece Katherine and Nephew James Patrick.

Joe was well loved and well taken care of and will forever be in our hearts.

A Memorial Service will be held on Saturday, May 17 at the Chapel at St. Catherines of Siena in Riverside at 10:00am. Internment will follow at St. Mary’s Cemetery.

Reception to follow after burial at Lugano’s Restaurant, 1392 E Putnam Ave, Old Greenwich, CT 06870.

Memorial services are pending at a later date. You may honor her by donating to animal or earth stewardship charities.



WILLIAM SHAW, JR.

William “Skip” Dwight Shaw Jr., 79, longtime resident of Greenwich, CT, passed away peacefully on May 3, 2025, after a courageous fight against pancreatic cancer. He was surrounded by his loving family.

Skip began his career at Salomon Brothers, where he spent six years before founding his own firm, Fairfield Trading Corp., in Greenwich, CT. After a decade there, he became Senior Managing Director at Bear Stearns & Co. and later served as Chairman, President and CEO of Aubrey G. Lanston & Co. He concluded his career as a Partner at Mariner Investment Group, where he worked for ten years.

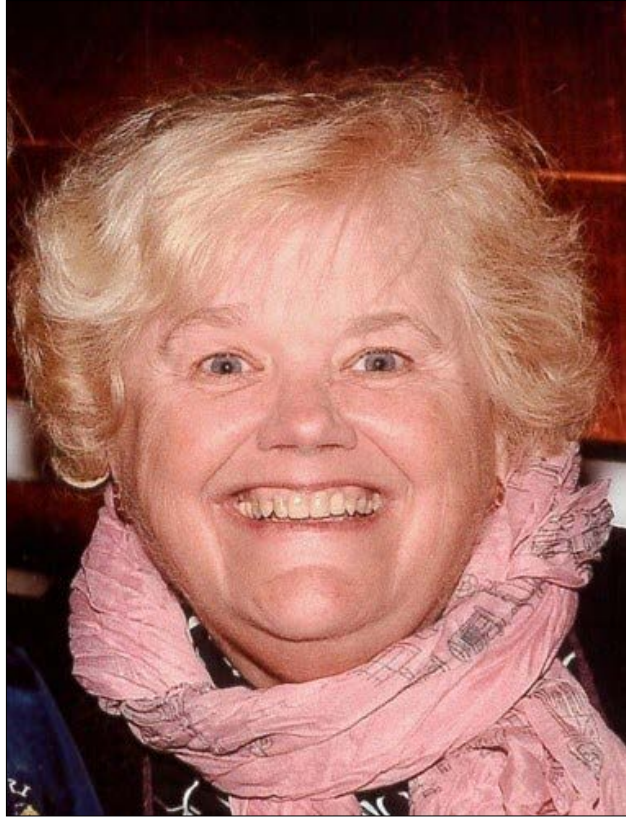
Beyond Skip’s professional achievements, he was a former member of the Treasury Borrowing Advisory Committee and a former board member of the Bond Market Association. In addition, he served as a member of Colgate University’s President’s Club and Steering Committee, and locally as a member of the Belle Haven Club admissions committee.

While work was a significant part of his life, Skip-known affectionately as “Skipper” or “Skipper-dee” by those closest to him-found his greatest joy in his family. He looked forward to summers in Nantucket and skiing with his family. He had a deep love for music, often singing (out of tune) while playing Bob Seger on the piano or Fleetwood Mac on the drums. Skip was a man of simple pleasures. True to his Californian roots, he remained an avid 49ers fan, loved sitting in the sun and going for long bike rides. You could often find him on the golf course or playing a game of backgammon.

Skip is survived by his devoted wife of 45 years, Tobey G. Shaw; their children, Carroll Ratpojanakul (Stephen), Katie Griffith (Colby) and Melissa Merrill (Oliver); his children from a previous marriage,

William (Kelly) Shaw III (Cheryl), Sara Shaw Masson (Vincent) and Anne Shaw Zumwalt. He is also survived by his brother, John P. Shaw, and John’s children, John Jr. and Samantha. He will be lovingly remembered by his 10 grandchildren: Brooke Masson, Holly Zumwalt; Reed, Chase and Finn Ratpojanakul, Mackenzie, Connor and Charles Griffith, and Whitton and Tobey Merrill, all of whom will miss his beloved Donald Duck impressions.

Following his wishes, a private memorial will be held in his honor. In lieu of flowers, donations can be made in memory of William “Skip” Shaw to Project Purple to support pancreatic cancer patients and their families.



BARBARA TIRIOLO

Barbara L. (Kolok) Tiriolo, age 77, of Trumbull and formerly of Norwalk passed away peacefully on Monday, May 5, 2025 at St. Vincent’s Medical Center, Bridgeport surrounded by her loving family. She was the beloved wife of Patsy Tiriolo Jr. Born in Port Chester, NY on September 13, 1947, she was the daughter of the late Paul and Mary (Gillespie) Kolok.

Barbara was a graduate of Greenwich High School class of 1965 and Norwalk Community College, where she earned her associates degree and was honored to have been one of the first graduates to obtain her paralegal certificate there. She later held a long career spanning over 40 years, 30 of which she built her own business. She was an avid reader, who loved traveling and playing mahjong with her lifelong friends. Barbara leaves behind a legacy of being remembered as a loving, generous, kind, and caring individual, who always put the needs of others before her own. She was the glue that held her family together and was happiest when surrounded by her grandchildren, whom she adored. She will be deeply missed by all who knew and loved her.

In addition to her beloved husband Patsy of 58 years, she is survived by her devoted children, Joseph Tiriolo and his wife Donna, Christian Tiriolo and his wife Shari and Jessica Tiriolo and her partner Dave McNeil, her beloved grandchildren, Allyson Eff and her husband Henry, Peyton Tiriolo, Jaden Tiriolo, Griffin Tiriolo, Sean Theisen, and Isabelle Theisen, her sister, Alice Fudale, as well as many loving nieces, nephews and lifelong friends. She was predeceased by her brothers, Paul Kolok Jr. and William Kolok.

A Mass of Christian Burial was celebrated on Wednesday, May 14, at St. Theresa Church, Trumbull. Interment will be held privately at the convenience of the family. Ca,ling hours were Tuesday, May 13, at the Abriola Parkview Funeral Home, Trumbull.

Memorial contributions may be made to St. Jude Children’s Research Hospital, 501 St. Jude’s Place, Memphis, TN 38105 (www.stjude.org) or to SLAMT1D, Little Fenway, 81 Foothills Drive, Jericho, VT 05465.

The Sentinel does not charge for obituaries because every life in our community deserves to be honored and remembered without financial barriers. By providing this service at no cost, we ensure that families can share their loved ones’ stories freely, preserving their legacies as part of Greenwich’s history. To submit an obituary email Carroll@GreenwichSentinel.com

NEWS MAKERS

New Briefs From Page 1

AROUND TOWN

Boating Safety Awareness Week Begins

National Safe Boating Week takes place from May 19 to 25, marking the lead-up to Memorial Day and the summer boating season.

Greenwich Officials Tour Water Plant

Members of the Greenwich Sustainability Committee and the Department of Environmental Affairs toured the Aquarion Water Treatment Plant in Greenwich. They reviewed the facility’s water treatment process and measures in place to maintain clean drinking water. The visit also included information about Greenwich’s three main reservoirs and the town’s two-day watering rule for summer water conservation. Photo Credit: Greenwich Sustainability Committee

Greenwich Survey Identifies Community Needs

The Greenwich United Way is conducting its five-year Needs Assessment to identify specific community needs in Greenwich. The public is encouraged to complete a brief online survey, which will inform local human services programs. Past assessments led to initiatives such as adolescent mental health services, early education scholarships, and increased SNAP benefit access. Take the survey here: https://fairfield.iad1.qualtrics.com/jfe/form/SV_5bf6OraQiX4IA3I

Central Middle School Construction Progresses

The Central Middle School Building Committee released an update on construction of the new \$112 million, 125,000-square-foot school building, which began in December just north of the current school. Completed work includes site preparation, tree removal, blasting, foundation and utility installation, and soil processing. In May, work will continue on foundations, begin masonry, and install underground mechanical, electrical, and plumbing systems.

Greenwich Proposes Bridge Safety Upgrades

Greenwich officials plan to add safety features to the recently rebuilt Wesskum Wood Road Bridge and surrounding areas. Proposed upgrades include flashing beacons, new signage, and road striping at multiple crosswalks near Binney Park and Arch Street. The \$1.67 million bridge project was completed in July 2024, partially funded by a state grant, and the safety proposal is pending review by the Planning & Zoning Commission.

Jim Fixx Memorial Races Return

The Jim Fixx Memorial Races are set to return on May 26, featuring a 5K race and a Kid’s Run, beginning at Greenwich Avenue and finishing at Havemeyer Field. Registration is required online. <https://www.greenwichct.gov/2100/Jim-Fixx-Memorial-Day-Race>

LOCAL BUSINESSES AND NONPROFITS Greenwich Youth Survey Shows Progress

Greenwich Together presented results from its 2025 Youth and Parent Survey, which gathered responses from over 3,000 students and 223 parents. The survey showed declines in alcohol and nicotine use since 2018, a rise in teen gambling, persistent academic stress, and gender differences in mental health and eating behaviors. New questions on cellphone use revealed concerns about overuse and its impact on sleep and productivity.

Old Bags Luncheon Raises Millions

On May 1, 2025, YWCA Greenwich held its 20th Annual Old Bags Luncheon at the Belle Haven Club, raising over \$1 million for the Harmony Project, which provides domestic and sexual violence services in Greenwich. The event included live and silent auctions featuring designer handbags and honored Lauren Walsh with the Patricia Trompeter Purple Purse Award for her long-term involvement. Author Michelle Horton spoke about domestic violence and systemic failures in addressing it.

Greenwich Club Launches Expansion Campaign

The Boys & Girls Club of Greenwich is in the public phase of a \$35 million capital campaign to renovate its Clubhouse and Camp Simmons, with 74% of funds already raised. The Clubhouse will be renamed after Rebecca S. Breed and will undergo major upgrades including expanded learning spaces, a new gym, teen center, and infrastructure improvements. Camp Simmons

renovations will begin after the Clubhouse is completed.

Temple Sholom Celebrates Israeli Independence

On May 4, Temple Sholom in Greenwich held a Yom Ha’atzmaut concert to mark Israel’s 77th Independence Day. The event featured performances by Sheldon Low, Mikhal Weiner, and Ella Joy Meir, and drew over 75 attendees. After the concert, participants visited a falafel station and browsed items from Israeli artists and organizations.

SCHOOLS

Julia Stiker Earns National Merit

Julia Stiker, a senior at Sacred Heart Greenwich, has been named a National Merit \$2,500 Scholarship winner. She is one of approximately 6,870 students selected nationwide based on academic records, PSAT/NMSQT performance, and other qualifications. The award supports her future academic studies and recognizes her as a top-performing student. Photo Credit: Sacred Heart Greenwich

Greenwich Students Earn Merit Scholarships

Four more students from Greenwich have been awarded \$2,500 National Merit Scholarships by the National Merit Scholarship Corporation. They were selected from over 15,000 finalists nationwide based on academic records, test scores, extracurricular involvement, essays, and recommendations. The winners are Emily Hall, Imran Iftikar, Ashley Malkin, and Leah Steyn.

Students Teach Human Body Systems



Second-grade students at Greenwich Country Day School created crowns representing the respiratory, circulatory, nervous, and skeletal systems. They prepared facts about each system and presented them to other students, faculty, and staff across campus. The activity aimed to teach basic human biology through student-led demonstrations. Photo Credit: Greenwich Country Day School

Alex Svoronos Excels at MathCounts

Alex Svoronos in Brunswick’s class of 2030 placed third in the Countdown Round of the 2025 RTX MathCounts National Competition. He was also part of Team Connecticut, which finished eighth in the written portion. The team was coached by Brunswick Middle School teacher Kevin Landesman.

Students Present Year-long Research Projects



Senior students at Sacred Heart Greenwich presented their year-long research projects in a club fair–style event. Faculty, staff, and students visited booths and viewed presentations on a range of topics. The event was part of the school’s academic program. Photo Credit: Sacred Heart Greenwich

GHS Students Excel in Euro Challenge

A group of 9th and 10th grade students from Greenwich High School’s Economics Club placed second in the national Euro Challenge competition, where they presented on economic challenges facing Germany. The team researched and proposed policy solutions related to growth, competitiveness, and prosperity within the Eurozone. They advanced through regional rounds to the finals and will present their work to German ambassadors in Washington, D.C.

GCDS Students Complete Junior Thesis

Greenwich Country Day School juniors complete a year-long research project called the Junior Thesis. Students select a topic in the fall, conduct in-depth research throughout the academic year, and present their findings in the spring. Those considered for Honors must also defend their thesis before a panel of three faculty members. Photo Credit: Greenwich Country Day School

SPORTS

Greenwich Academy Seniors Commit to Colleges

Greenwich Academy recognized several senior athletes who will compete in college sports at the Division I and III levels. The students will attend institutions including Middlebury, Hamilton, Amherst, Cornell, Bowdoin, and Kenyon. The event acknowledged their athletic commitments across sports such as lacrosse, squash, swimming, rowing, softball, and field hockey. Photo Credit: Greenwich Academy

Greenwich Boys Basketball Team Wins

The Boys Travel Basketball Team from the Boys & Girls Club of Greenwich won the Boys & Girls Clubs of Connecticut Spring Basketball League. They earned both the Western Division and State Champion titles. The team was coached by Mike Gerald and Coach Rodriguez. Photo Credit: Larry Blücher Photography

Cardinal Boys Dominate Track And Field

Greenwich High School’s varsity boys track and field team improved to 6-1 after defeating Norwalk and Westhill on May 12, with standout performances across sprint, distance, and field events. Multiple athletes posted personal records, including Daniel Ciccarelli in the 400m and Benjamin Webster in the 800m. The Cardinals will wrap up their regular season against Staples before competing in the FCIAC and CIAC Class LL Championships.

GHS Girls Track Remains Unbeaten

Greenwich High School’s varsity girls outdoor track and field team remains undefeated this season after dominating Norwalk and Westhill in a May 12 meet, improving to 7-0. The team displayed strength across both running and field events, with standout performances from athletes including Theresa Knuth, Sophie Riche, Eliana Daplyn, and Gemma Hardwick. With depth, personal-best marks, and success in relays, the Cardinals are considered strong contenders for upcoming FCIAC and state championships.

Tigers Stay Perfect



Greenwich Country Day School’s boys lacrosse team ended their regular season undefeated in the FAA with a commanding 19-3 win over Rye Country Day School on May 11. The Tigers secured the FAA regular season title with a 7-0 league record. As the top seed, they host Rye Country Day again in the FAA Tournament semifinals on May 13 at 5:15pm Photo Credit: 06878 Photography by Antonio Monteiro

GA Tennis Team Triumphs

Greenwich Academy’s tennis team capped an undefeated regular season by winning the 2025 FAA Tournament, securing both the regular season and tournament titles. Standout performances included Ella Burgess and Ella Loehnis winning the doubles championship and several athletes advancing to the singles and doubles semifinals. Hopkins School finished second overall in both the regular season and the tournament.

SHG Lacrosse Wins Against Taft

Sacred Heart Greenwich’s Varsity A lacrosse team defeated The Taft School 16-4 on May 10, 2025, in their final home game of the season, which also marked Senior Day. Senior captain Charley Bacigalupo led the Tigers with five goals and one assist, while Maggie Sweeney contributed six assists. The team received strong performances across the roster, raising their record to 13-2 ahead of their final regular season

game and the upcoming Prep Cup Tournament.

GA Secures Triumphant Victory

Greenwich Academy’s Varsity A lacrosse team defeated Hotchkiss School 12-7 after a tied first half, using a dominant third quarter to pull ahead. Sophomore Delaney Enright led the scoring with a hat trick, supported by strong performances from multiple players on offense and defense. The win closed GA’s regular season at 10-3 and secured the top seed in the upcoming FAA Tournament.

Greenwich Lacrosse Star Breaks Record

New Canaan defeated Greenwich 18-4 on May 8, breaking the Cardinals’ five-game win streak with a dominant second-quarter performance. Greenwich rebounded with a 17-5 win over Notre Dame-West Haven on May 10, highlighted by senior Mikey Brescia setting a new school record with 249 career points. The Cardinals now hold a 7-5 record, while New Canaan improved to 12-1. Photo Credit: 06878 Photography by Antonio Monteiro

Ruby Montanez Leads With Excellence



Greenwich Academy senior Ruby Montanez has been a three-sport varsity athlete since her freshman year, excelling in soccer, basketball, and lacrosse while also serving as captain in all three. She recently competed internationally for Puerto Rico’s U20 lacrosse team and will continue her athletic career playing Division I lacrosse at the University of California, Davis. Known for her leadership, work ethic, and versatility, Montanez leaves GA as a respected figure both on and off the field.

GA Clinches Undefeated Championship

Greenwich Academy edged Hopkins School 4-3 on May 7, 2025, clinching the FAA regular season title and remaining undefeated. The Gators secured the victory by sweeping all three doubles matches, with the decisive point coming from their No. 3 doubles team. This win marked a reversal of three consecutive 4-3 losses to Hopkins and was celebrated on GA’s Senior Day.

GHS Boys Tennis Extends Winning Streak

Greenwich High School’s boys tennis team extended its undefeated season to 11-0 with 7-0 victories over Stamford and Norwalk. The team displayed dominant performances, including multiple 6-0, 6-0 singles wins and forfeit doubles wins against Norwalk, and a comeback win at No. 1 singles against Stamford. With these results, the Cardinals have now won 55 consecutive matches dating back to 2023.

GHS Girls Tennis Stays Perfect

The Greenwich High School girls tennis team improved to 11-0 on the season with consecutive 7-0 wins over Stamford and Norwalk. Dominant performances in both singles and doubles matches highlighted the Cardinals’ depth and consistency across their lineup. They next face rival Ridgefield on Friday, May 9.

Sacred Heart Triumphs Over Darien

Sacred Heart Greenwich’s Varsity A lacrosse team defeated nationally ranked Darien High School 9-8 on May 6, 2025, marking their first win against the Blue Wave after two previous close losses. The Tigers were led by senior captain Daphne Fallon’s four goals and a strong defensive effort that held off Darien’s final push in the closing seconds. With the win, Sacred Heart improved to 12-2 on the season heading into Senior Day.

FROM HARTFORD

CT Advances Student Smartphone Policies

Connecticut’s House of Representatives has passed legislation requiring all public school districts to establish policies on student smartphone use by the 2026–2027 school year. The policies must be based on guidance provided by the state’s Department of Education. The bill now moves to the Senate for consideration before the end of the current legislative session on June 4.

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Address	Original List	List Price	Sold Price	DOM	BR	FB	Acres	SqFt
44 Gerry Street	\$949,500	\$949,500	\$930,000	216	3	2	0.12	2,268
529 E Putnam Avenue	\$1,199,000	\$1,199,000	\$1,225,000	6	3	1	0.46	1,540
54 Valley Road B	\$1,635,000	\$1,575,000	\$1,600,000	161	3	3	0.3	3,635
14 Sawmill Terrace	\$1,595,000	\$1,595,000	\$1,800,000	16	4	2	1.22	2,337
404 W Lyon Farm Drive	\$1,795,000	\$1,795,000	\$1,795,000	13	3	2	0	3,073
30 Arnold Street	\$2,895,000	\$2,895,000	\$3,110,000	8	5	4	0.23	3,566
9 Serenity Lane	\$3,150,000	\$3,150,000	\$3,760,000	5	5	5	1	4,862
2 Bennett Street	\$4,325,000	\$4,325,000	\$4,325,000	0	5	4	0.23	3,900
30 Benenson Drive	\$4,825,000	\$4,825,000	\$4,630,000	33	6	6	1	7,150
3 Vista Avenue	\$5,850,000	\$5,200,000	\$5,200,000	50	6	4	0.56	4,803
39 Indian Head Road	\$5,300,000	\$5,300,000	\$5,300,000	0	5	5	0.55	4,593
45 Willow Road	\$5,495,000	\$5,495,000	\$6,000,000	1	6	5	0.33	6,141
40 Upland Drive	\$5,995,000	\$5,995,000	\$5,750,000	248	6	6	1.53	7,529
65 Hunting Ridge Road	\$7,495,000	\$7,495,000	\$7,075,000	19	6	7	6.18	9,112
530 Round Hill Road	\$7,500,000	\$7,500,000	\$7,000,000	276	6	6	4.37	6,943
61 Byram Shore Road	\$11,500,000	\$10,995,000	\$10,130,000	107	6	7	0.7	9,200

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FEATURED OPEN HOUSES

ROB PULITANO 203-561-8092

Address	Area	Price	Day/Time	Broker
77 Havemeyer Lane #416	Stamford	\$1,250,000	Sun 12-2 PM	BHHS New England Properties
38 Pleasant Street	Cos Cob	\$1,325,000	Sat 1-3 PM	BHHS New England Properties
38 Pleasant Street	Cos Cob	\$1,325,000	Sun 1-3 PM	BHHS New England Properties
43 Hunting Ridge Road	Greenwich	\$2,775,000	Sat 12-2 PM	BHHS New England Properties
43 Hunting Ridge Road	Greenwich	\$2,775,000	Sun 1-3 PM	BHHS New England Properties
254 Stanwich Road	Greenwich	\$2,799,000	Sun 1-4 PM	BHHS New England Properties
20 Old Wagon Road	Old Greenwich	\$1,199,000	Sat 12-3 PM	Coldwell Banker Realty
20 Old Wagon Road	Old Greenwich	\$1,199,000	Sun 12-3 PM	Coldwell Banker Realty
32 Jeffrey Road	Greenwich	\$2,799,000	Sun 1-3 PM	Coldwell Banker Realty
7 Mountain Laurel Drive	Greenwich	\$3,799,000	Sat 1-3 PM	Coldwell Banker Realty
6 Coachlamp Lane	Greenwich	\$4,895,000	Sun 1-4 PM	Coldwell Banker Realty
42 Mallard Drive	Greenwich	\$5,200,000	Sat 1-3 PM	Coldwell Banker Realty
897 Lake Avenue	Greenwich	\$5,200,000	Sun 1-3 PM	Coldwell Banker Realty
42 Mallard Drive	Greenwich	\$5,200,000	Sun 1-3 PM	Coldwell Banker Realty
24 Rippowam Road	Cos Cob	\$1,695,000	Sun 1-3 PM	Sotheby's International Realty
51 Forest Avenue #96	Old Greenwich	\$1,935,000	Sun 1-3 PM	Sotheby's International Realty
27 Griffith Road	Riverside	\$1,945,000	Sat 1-3 PM	Sotheby's International Realty
27 Griffith Road	Riverside	\$1,945,000	Sun 1-3 PM	Sotheby's International Realty
182 Milbank Avenue #3	Greenwich	\$2,995,000	Sun 1-3 PM	Sotheby's International Realty
532 Round Hill Road	Greenwich	\$3,500,000	Sun 11-1 PM	Sotheby's International Realty
34 Thunder Mountain Road	Greenwich	\$4,050,000	Sat 1-3 PM	Sotheby's International Realty
34 Thunder Mountain Road	Greenwich	\$4,050,000	Sun 1-3 PM	Sotheby's International Realty
21 Calhoun Drive	Greenwich	\$6,800,000	Sun 1-3 PM	Sotheby's International Realty
79 Richmond Hill Road	Greenwich	\$6,950,000	Sun 12-2 PM	Sotheby's International Realty

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The Power of Habit

The Trains Must Run on Time



BY JOHN ENGEL

Ryan Serhant says he won't stop until he's #1 in the world. The real estate agent turned star of the #3 Netflix show, *Selling New York*, says his drive to be the best demands every minute of his day be scheduled and monetized, what he calls the "1,000-minute rule." Pretty intense.

It all began in 1877 when a great musician (Hans von Bülow) said, "If I miss one day of practice, I notice it; if I miss two days, my friends notice it; if I miss three days, the audience notices it."

The idea was studied by Anders Ericsson in 1993, and it was he who first developed the "10,000-hour rule" on structured, goal-oriented effort and the role of deliberate practice in the acquisition of expert performance. The idea was then popularized but oversimplified by Malcolm Gladwell in his 2008 book, *Outliers: The Story of Success*. The Beatles were not great because they practiced 10,000 hours. Steve Jobs needed some luck on his journey to create Apple. Genetics, opportunity, coaching and motivation all play a role.

Now, consider the power of habit. Habit, not raw talent or hours alone, determines success and efficiency; that's the new edge.

Success is a full-time job. It is the exception, not the rule, when someone takes a short-cut, like a lottery winner. Studies show we reach 80% mastery in 2,000 hours but it takes 10,000 hours to approach 100%. Creativity, even brilliance, misdirected — even with hours of hard work — won't bring success. Creativity lives alongside efficient routines built by habit and improved over time. The trains

must run on time. Reliability and predictability still have currency, even if we aren't making shows on Netflix about it.

When I was young, my mother asked me what I wanted in life, and I said I want to be a millionaire. She said that's easy; there's a formula for that — just give up everything else and focus on it. She pointed out several friends of the family, workaholics in a range of professions, and what they had in common besides skill was extraordinary dedication to their jobs and discipline.

But she warned me what her father warned her, "Be careful what you wish for." It sometimes comes at great cost. I've learned that what I wish for keeps changing.

you can break a habit and maybe form a better habit. Diagnose your habits; you can change them in whatever ways you want.

The book offers case studies ranging from Pepsodent's success in making teeth-brushing a habit to Starbucks's contributions to our coffee habit. My favorite is how Proctor & Gamble's addition of scent to the failed Febreze formula birthed new habits and a billion-dollar industry.

Let's consider habits insofar as they relate to realtors and the business of real estate.

First, like Ryan Serhant says, to be successful in this business, you must do it full-time. I'm sorry to all the part-timers reading this, but the

because he earns no salary, he needed a system to be most productive with his time. He developed the "1,000-minute rule" to optimize his daily schedule. Since every day comprises 1,440 minutes (and he only needs 440 for sleep and a personal life), that leaves him 1,000 minutes divided neatly into 15-minute increments that align with his overarching goals (1. Find, 2. Keep, and 3. Do Business), allowing for focused and efficient work throughout the day. Time-wasters are "stealing" our time, our most valuable commodity. Serhant says rather than being a prisoner to his schedule, he says it lets him feel "free" and not stuck in time-wasting activities.

Third, industry habits are

prioritize more impactful tasks such as client outreach. "Keystone habits" are those that trigger positive changes in other areas. For Realtors, consistent follow-up with clients can lead to improved relationships, increased referrals, and ultimately, more sales.

Breaking the Routine requires willpower, a muscle that can be strengthened over time. Since Realtors face unpredictable situations, building willpower can help us in maintaining focus and resilience during tough negotiations or market downturns. We draw upon our past experiences to build up willpower, and we rely on the agents around us for strength. It's a big reason for the popularity of teams in the real estate industry.

Building systems that reduce decision fatigue is key. As we mature, we put people, systems, and processes around us, leaving us to do the things that only we can do.

Most of us won't live by a 1,000-minute schedule. But knowing your priorities helps you spot wasted time — and small adjustments in habits make a big difference. Whether it's skipping a late-night snack or making one more client call, the right habits lead to better business. Maybe the first step is more and better client outreach to 1. Find, 2. Keep, and 3. Do business.

Track your next 1,000 minutes. What would you do differently tomorrow?

John Engel has been developing habits since 2008 as a Realtor, now with The Engel Team at Douglas Elliman. Most of his habits he picked up from his mother, Susan Engel, a Realtor who originally learned good habits with Mabel Lamb and then Brotherhood & Higley. John is looking at the rowing machine in the corner, thinking about making a habit.

“A Habit begins with a Cue, which triggers a Routine, resulting in the Reward. The Reward is why a Habit exists.

Cut to the New York Times Bestseller, *The Power of Habit, Why We Do What We Do in Life*, by Charles Duhigg. It's not a business book, although that's where you'll find it. It's more a reflection on human nature and its potential. Rated 4.6 with half-a-million ratings on Goodreads, the book offers the key to exercising regularly, losing weight, being more productive, and achieving success; it's in our ability to develop habits. We don't usually think about habit development when we are analyzing a business or practicing golf but there it is.

A Habit begins with a Cue, which triggers a Routine, resulting in the Reward. The Reward is why a Habit exists. If you can identify the Cue or change the Routine in a small way,

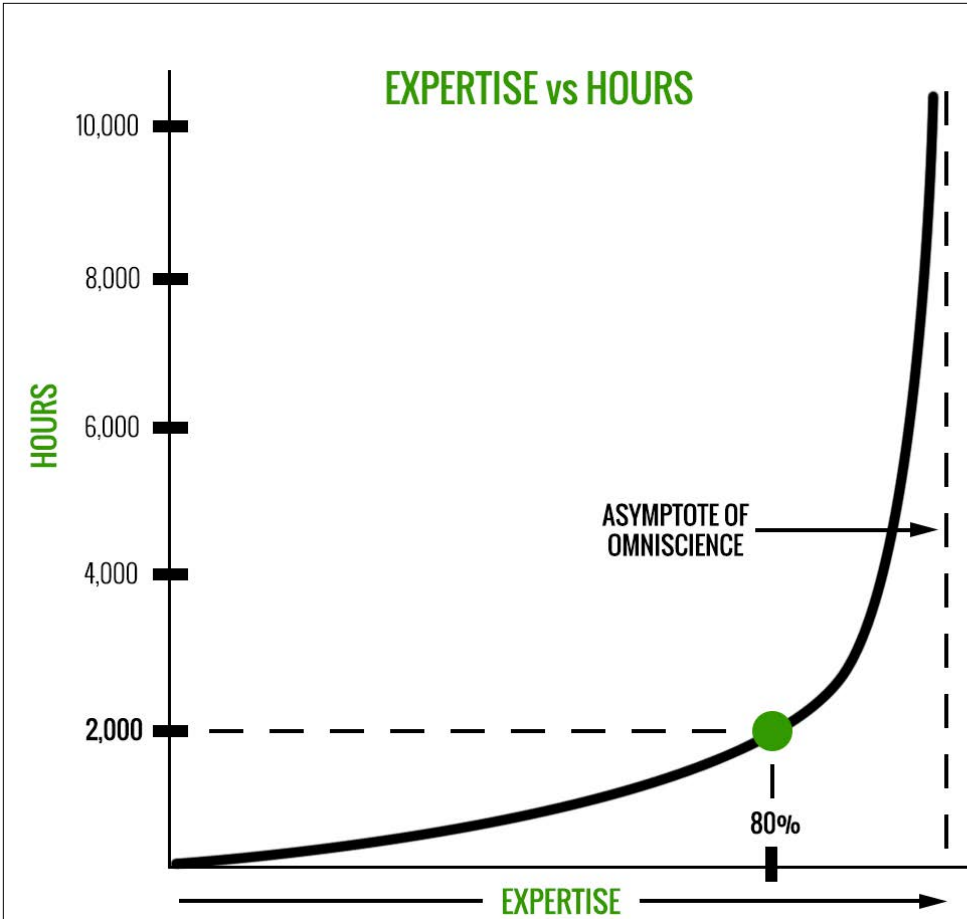
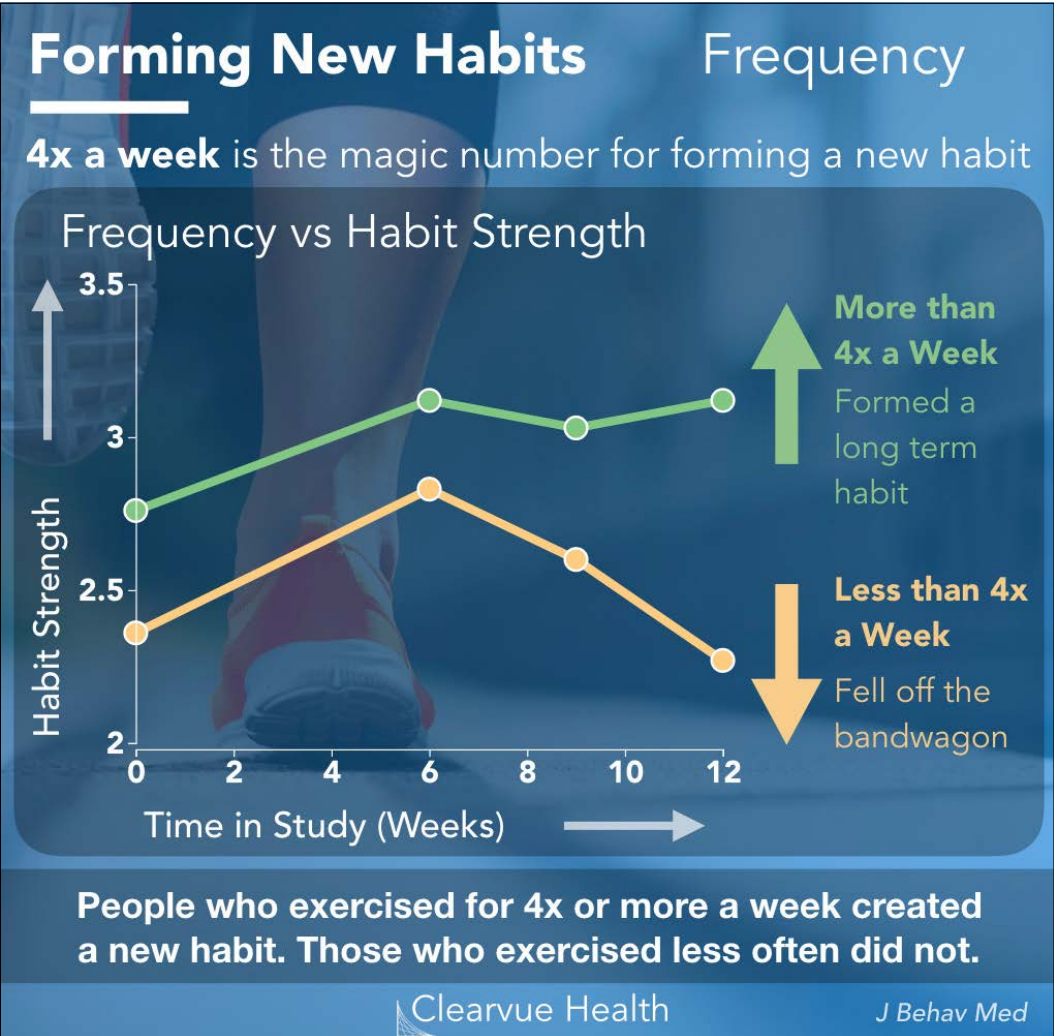
expectations of our clients are not only that we know the market and the law, but that we interact with our fellow agents daily, getting better at understanding and predicting and negotiating all the time. Nobody wants to work with someone who sells one house a year. Exceptions exist, but most of us want to work with someone who is a leader, has been a leader, or will be a leader, and that starts with showing up for work every day, all day.

This is supported by NAR's 2023 study of real estate firms, which found, "Among firms surveyed, the median number of part-time sales licensees is **zero**, regardless of firm size."

Second, good Realtors work efficiently. Serhant says that

being challenged. Tuesdays and Thursdays were open house days. It has long been a habit of Realtors to introduce a house to brokers at the broker open house before releasing the house to the market. Not anymore. And why should they, if the marketing is increasingly directed at buyers? Agents and their customers are now getting the same information from the Internet at the same time. The demise of the broker-tour, the ascendance of Internet portals like Zillow, and challenges to the two-broker paradigm are all habit-breaking (and habit-forming), and controversial.

A Cue (starting the workday) leads to a Routine (checking emails) and a Reward (feeling organized). Adjustment of the loop could



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Where Legends Camped: Greenwich Scouts Build Skills and Friendships at Historic Wyndygoul



By CHIEF JIM HEAVEY

This past weekend, Greenwich Council of Scouting America troops returned to Wyndygoul, now known as Pomerance Park, to participate in the annual spring camporee.

As part of the weekend's activities, over 70 scouts and their leaders from eight scout troops spent several hours assisting Greenwich Parks and Recreation personnel with a service project that included removing invasive plants from along several trails. Jonathan Fasone, the parks operations manager for the Greenwich Parks and Recreation Department and a Greenwich Eagle

Scout himself, assisted with coordinating the service project and the camping logistics.

The scouts then participated in a number of scouting challenges, including a pioneering project that involved building a three-rope monkey bridge.

The scouts set up their campsites and then spent the afternoon participating in other scouting challenges, including nature knowledge, semaphore signaling, and Kim's Game, to name a few.

Jim Adams, the council president, presented a historical perspective about Ernest Thompson Seton's life while he resided at Wyndygoul. Pomerance Park is on the actual site where Seton's estate existed over 100 years ago. Seton, who was also an accomplished



Wyndygoul was the name of Ernest Thompson Seton's estate, now preserved as an architectural "ruin" in present-day Pomerance Park in Cos Cob. It was here that the renowned naturalist began the Woodcraft Indians, a precursor to the Boy Scouts of America, now known as Scouting USA. Photo by Sharon Strain.

naturalist, served as the first president of the Greenwich Council in addition to his national work to create the Scouting movement.

After learning about the history of the site, the scouts returned to their campsite in

the park to prepare hearty meals over charcoal grills and gas stoves. They then hiked to historic Medicine Rock. This area of the park overlooking the lake was one of the early campsites of the Woodcraft Indians,

an informal youth program Seton started that became a precursor to Scouting America.

In the evening, youth members of the Order of the Arrow, Scouting's honor society, conducted a campfire

"In the evening, youth members of the Order of the Arrow, Scouting's honor society, conducted a campfire where they told stories of Seton's influence on the Scouting movement that continues today."

where they told stories of Seton's influence on the Scouting movement that continues today.

Scouting America is available to all youth from kindergarten through high school. Interested families can go to [beascout.com](https://www.beascout.com) or [greenwichscouting.org](https://www.greenwichscouting.org) to contact a scout unit in your neighborhood.

The Greenwich Council maintains the 175-acre Ernest Thompson Seton Scout Reservation in town on Riversville Rd. and holds many outdoor activities, including an outstanding summer day camp. Learn more at <https://www.campseton.org/>.

Service



Scouts give back to their community by participating in an environmental conservation project — and have fun doing it! Photos by Sharon Strain.

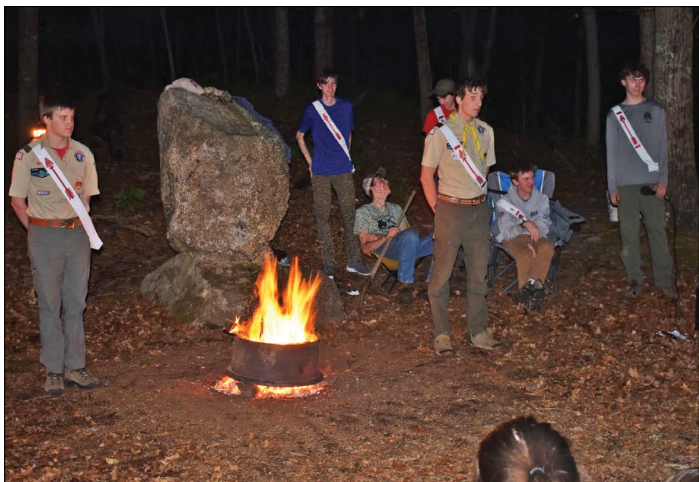
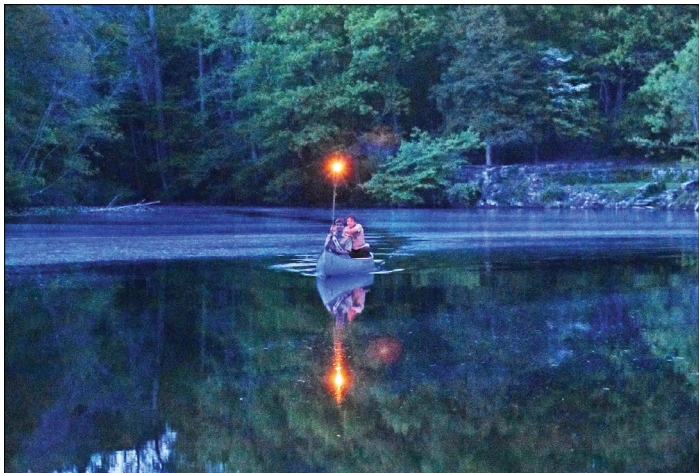


Skills



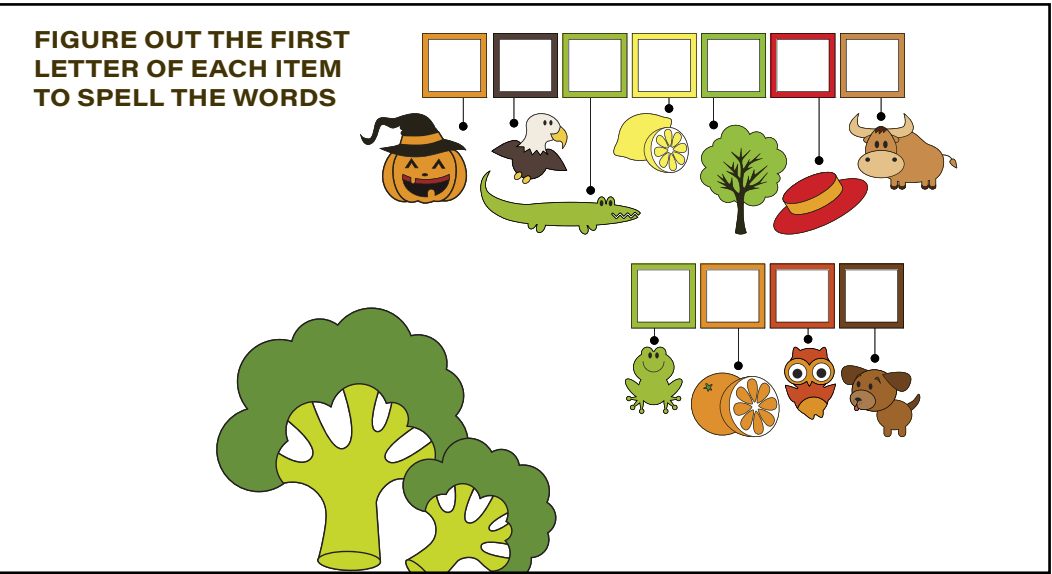
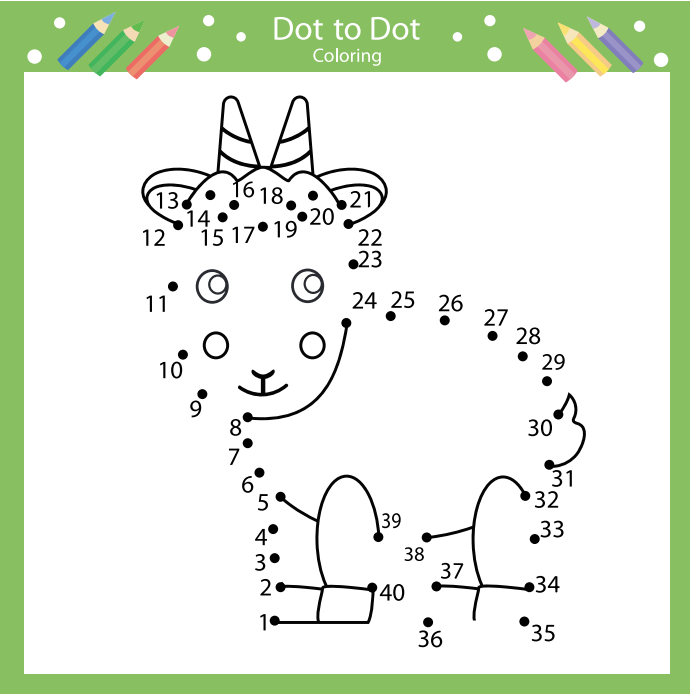
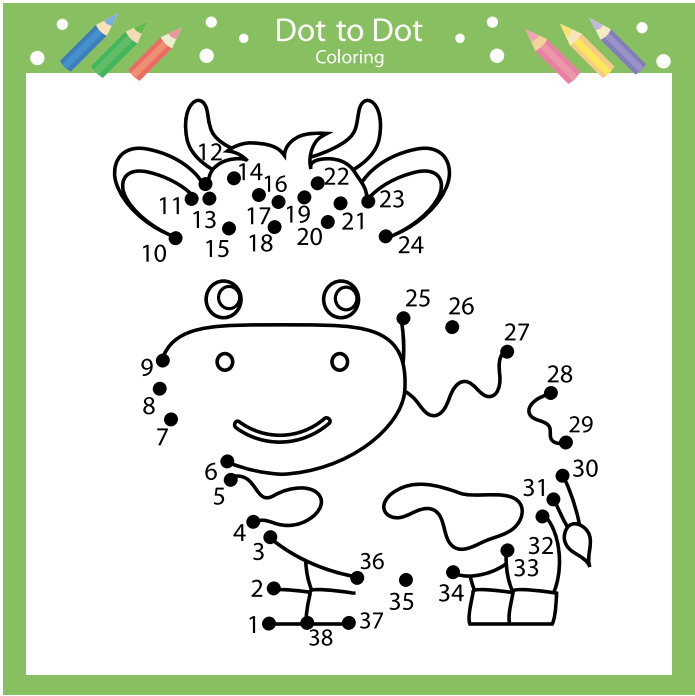
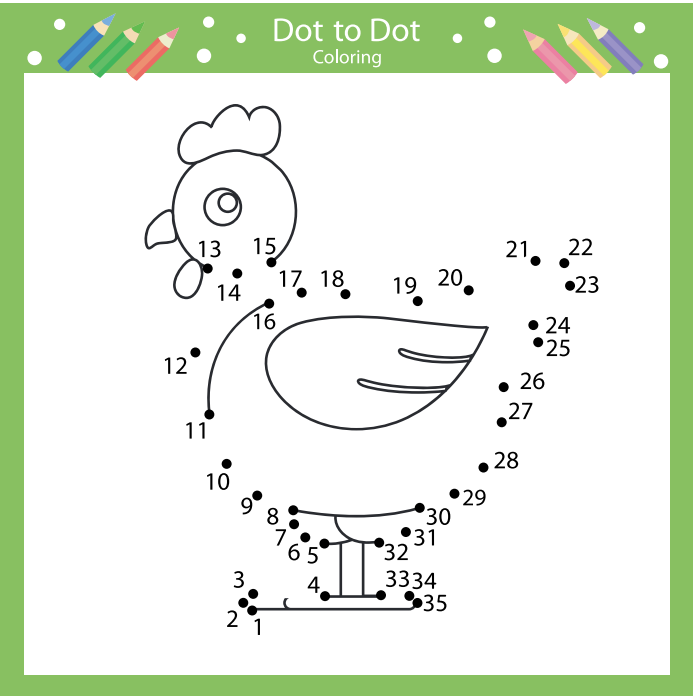
Scouts worked together to construct a fully functional three-rope monkey bridge. Photos by Sharon Strain.

History



THEN & NOW: Medicine Rock back when the Woodcraft Indians camped out there and last weekend, when Greenwich Scouts held a campfire on the site. Photos by Sharon Strain except top, historical image, circa 1901.

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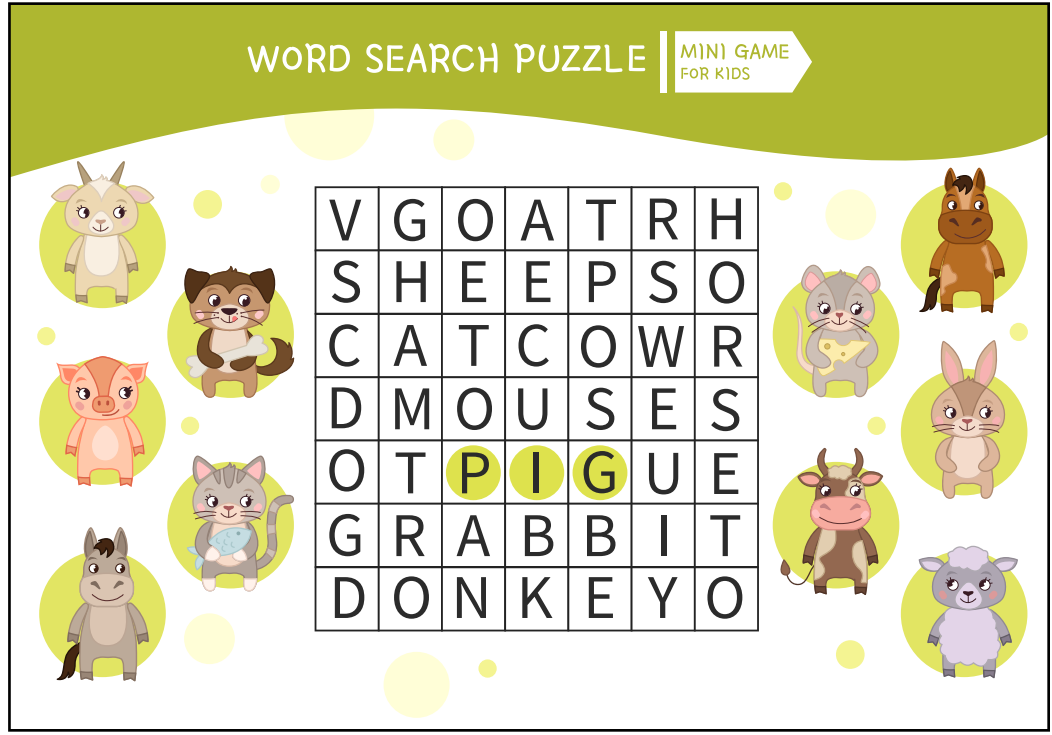
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Calendar of Events for Your Fridge

MEMORIAL DAY EVENTS

Saturday, May 24, 11 a.m.
Cos Cob VFW Post 10112 Memorial Ceremony. Cos Cob Dock VFW Memorial on Strickland Road, Cos Cob. All are welcome.

Sunday, May 25
1 p.m. Byram Veterans Association Annual Parade & Ceremony. Byram Veterans Club to Byram-Shubert Library.

5 p.m. The Glenville Volunteer Fire Company and 9th District Veterans Memorial Day Parade, followed by service. From Walker Court to the Glenville Fire House.

Monday, May 26
8 a.m. Greenwich American Legion Post 29 Wreath laying Ceremony. Indian Harbor Yacht Club.

10 a.m. Byram Veterans Association’s annual Memorial Service. At the Memorial Grove in Eugene Morlot Memorial Park.

10 a.m. Old Greenwich Memorial Day Parade. Sound Beach Avenue to Binney Park.

FRIDAY, MAY 16
3:30 p.m.
TGIF Fitness Made Fun Dance Class For Individuals with Special Needs. YMCA of Greenwich, 50 East Putnam Ave. Free & open to everyone. RSVP. greenwichymca.org/events

3:45 - 9 p.m.
The 70th Cos Cob May Fair. Cos Cob School, 300 E. Putnam Ave. Also hold Saturday, May 17, 3-9pm. rain date: Sunday, May 18, 12-5pm.

6 p.m.
Taylor Swift Party. YMCA of Greenwich, 50 East Putnam Ave. Free for members & all adults, \$10 for non-member children. Register. greenwichymca.org/events

6 p.m.
Round Hill Association’s Night Out Party. Foundation House, 124 Old Mill Rd. RSVP by May 10. lp.constantcontactpages.com/ev/reg/rb4jjej/lp/39add426-6988-462b-8e0c-4374333fc58f

7 p.m.
Greenwich High School Theater Arts presents “The Little Mermaid.” GHS Performing Arts Center, 10 Hillside Rd. ghstheater.ludus.com/index.php?sections=events

SATURDAY, MAY 17
9 a.m. - 12 p.m.
Greenwich Middle School STEM Fair. Greenwich High School, 10 Hillside Rd. docs.google.com/document/d/1F4MAK-n4O3rNC4zSUJUMq46YsRNneluPqUFToX-wcYfL0/edit?tab=t.0

9:30 - 11:30 a.m.
YMCA of Greenwich Trailblazer Club Hike: Waveny Park Trails, New Canaan. Free. Register. greenwichymca.org/events.

9:30 a.m. - 1 p.m.
Greenwich Farmer’s Market Opening Day. Horseneck Parking Lot, Arch Street and Horseneck Lane. (Parking is free during market hours). Through Nov. 23. greenwichfarmersmarketct.com.

10 a.m. - 2 p.m.
Hamilton Avenue Husky’s 5th Grade Class Car Wash. 184 Hamilton Avenue. \$10 per car. 475-449-4933. vlyanez14@gmail.com

10 a.m. - 5 p.m.
Bruce Museum’s 40th Annual Outdoor Crafts Festival. Museum’s grounds, 1 Museum Dr. \$15 for all; Free for Members & children under 5. Also held Sunday, May 18. brucemuseum.org.

11 a.m.
Museum Movers: Yoga for Kids (Ages 3-6). Bruce Museum. Free with admission. brucemuseum.org.

12 p.m.
Colonial Crafts: Write with a Quill and Ink in the Time Travelers KidStudio. Greenwich Historical Society, 47 Strickland Rd. greenwichhistory.org/events

1 p.m.
Art Adventures: Crafts Festival (Ages 4 & up). Bruce Museum. Free with admission. No reservations required. Also held Sunday, May 18. brucemuseum.org

2 & 7 p.m.
Greenwich High School Theater Arts presents “The Little Mermaid.” GHS Perform-

ing Arts Center, 10 Hillside Rd. ghstheater.ludus.com/index.php?sections=events
SUNDAY, MAY 18
10 a.m. - 2 p.m.

The Junior League of Greenwich’s “Touch-A-Truck”. Greenwich Town Hall, 101 Field Point Rd. e.givesmart.com/events/Hfh
10:30 a.m., 12 p.m. & 2 p.m.
Greenwich Historical Society: Re-Discover Greenwich Avenue Guided Walking Tours. \$20, Members; \$25, Non-members. greenwichhistory.org/events

11:30 a.m.
‘Feel Better, Live Better’ – Nutritional Program with Dr. Max. Round Hill Community Church, 395 Round Hill Rd. Free. RSVP. 203-869-1091. leticia@roundhillcommunitychurch.org. roundhillcommunitychurch.org

3 p.m.
Greenwich Green & Clean’s Spring in Bloom – A Celebration in Support of Our Hanging Flower Basket Program. The Field Club of Greenwich, 276 Lake Ave. greenwichgreenandclean.org/spring-in-bloom

4 p.m.
Rhapsody in Bloom – piano, strings, voice. Stanwich Church, 202 Taconic Road. \$28. eventbrite.com/e/1292019748849

MONDAY, MAY 19
1 p.m.
YMCA of Greenwich: New Walk With Ease Program. Free & open to the community. All ages & experience levels welcome. Register. greenwichymca.org/events

7 p.m.
Perrot P.I.s March Meeting: “Frozen River,” by Ariel Lawhon. Perrot Memorial Library, 90 Sound Beach Ave. Free. 203-637-1066 x15. judys@perrotlibrary.org. perrotlibrary.org

TUESDAY, MAY 20
9:30 a.m.
Perrot Memorial Library: Perrot Walks at Tod’s Point. Free. 203-637-1066 x15. perrotlibrary.org

10 & 11 a.m.
Bruce Beginnings: Powerful Pollinators (Ages 2 1/2-5). Bruce Museum, 1 Museum Dr. Free with admission. No reservations required. Also held Wednesday, May 21. brucemuseum.org

12 p.m.
Women’s Business Development Council (WBDC): What every small business owner should know: Department of Revenue Services – 2 Part Overview. Online. Free. Register. ctwbdc.org/class-listings

5:30 p.m.
Bingo & Blooms. St. Catherine’s/St. Agnes Church – Lucey Parish Hall, 4 Riverside Ave. \$15 p/person. RSVP. 203-979-9104.

WEDNESDAY, MAY 21
10 a.m.
Bruce Beginnings Junior: Powerful Pollinators (ages 12 Months-30 Months). Bruce Museum, 1 Museum Dr. Free with admission. First come, first served. brucemuseum.org

10 a.m.
Women’s Business Development Council (WBDC): Business Essentials: Franchising 101. Online. Free. Register. ctwbdc.org/class-listings

11 a.m.
Retired Men’s Association of Greenwich: Lawrence Schulman, Music critic, Author, “Free at Last: Lawrence Schulman and The Great Artists and Composers of 20th-Century Classic American Popular Music.” Christ Church Greenwich, 254 East Putnam Ave. & on Zoom. Free & open to all. greenwichrma.org

12 p.m.
Colonial Toys: Decorate a Top in the Time Travelers KidStudio. Greenwich Historical Society, 47 Strickland Rd. greenwichhistory.org/events

12 p.m.
Women Speaker Series – Women’s Health at All Ages and Stages. YMCA of Greenwich, 50 East Putnam Ave. Free & open to the community. RSVP. greenwichymca.org/events

6 p.m.
Bruce Presents: Branching Out: Trees in Contemporary Art. Bruce Museum, 1 Museum Dr.\$16, Members; \$20, Non-members. brucemuseum.org

8:30 - 10:30 p.m.
Astronomical Society of Greenwich: Bowman Observatory Public Nights. Bowman Observatory, on the grounds of the Julian Curtiss School. Free. GreenwichStars@Gmail.com. astrogreenwich.org

THURSDAY, MAY 22
9:30 a.m.
Bruce Museum: Seaside Centering – Gentle

Yoga & Stretching class. Floren Family Environmental Center at Innis Arden Cottage, Tod’s Point. All levels/All ages are welcome. \$20, Members; \$25, Non-Members. Register. brucemuseum.org.

10 a.m.
Open Knitting Drop-In Program. Perrot Memorial Library, 90 Sound Beach Ave. Free. perrotlibrary.org

12 p.m.
Greenwich Newcomers Club: Let’s Do Lunch. Tod’s Point – Picnic tables at the first concession stand. Brin your own lunch. Beach passes required. greenwichnewcomersclub.wildapricot.org

2 p.m.
Lifetime of Looking: Seasonal Scenes - an art appreciation program for adults experiencing cognitive decline & their caregivers. Bruce Museum, 1 Museum Dr. Sign up. 203-413-6741. kholko@brucemuseum.org. brucemuseum.org.

3:45 p.m.
Read to a Dog (Drop-in program). Perrot Memorial Library, 90 Sound Beach Ave. Free. perrotlibrary.org

4 p.m.
Woman’s Club of Greenwich 1st Annual “Sip & Plant.” Sam Bridge Nursery and Greenhouses, 437 North St. \$85. 203-869-2046. womansclubofgreenwich.org

6:30 p.m.
Community Conversation with Secretary of State Stephanie Thomas. YWCA Greenwich, 259 East Putnam Ave. Free & open to the public. Register. eventbrite.com/e/1322441119989

6:30 p.m.
Music con the Great Lawn: Richie G Jazz. Greenwich Historical Society, 47 Strickland Rd. Free for Members; \$10 for Non-members. greenwichhistory.org/events

FRIDAY, MAY 23
9:30 a.m.
Greenwich Newcomers Club: Friday Beach Walks at Tod’s Point. Meeting Spot: Second concession stand near the flagpole. Beach passes required. Register. greenwichnewcomersclub.wildapricot.org

10:15 a.m.
Fall Prevention in Parkinson’s and the Older Adult Population. YMCA of Greenwich, 50 East Putnam Ave. Free & open to the community. RSVP. greenwichymca.org/events

SATURDAY, MAY 24
1 p.m.
Science Solvers: Plant Anatomy (Ages 4 & up). Bruce Museum, 1 Museum Dr. Free with admission. No reservations required. Also held Sunday, May 25. brucemuseum.org

SUNDAY, MAY 25
1 p.m.
Science Solvers: Plant Anatomy (Ages 4 & up). Bruce Museum, 1 Museum Dr. Free with admission. No reservations required. brucemuseum.org

MONDAY, MAY 26
8:15 a.m.
Greenwich Parks & Recreation’s 61st Running of the Jim Fixx Memorial Day Race – 5K & Kids 1/2 Mile Fun Run. Registration must be completed online. Race starts: Greenwich Avenue at the intersection of East Elm Street. greenwichct.gov/2100/Jim-Fixx-Memorial-Day-Race

SATURDAYS, THROUGH NOV. 22
9:30 a.m. - 1 p.m.
Greenwich Farmer’s Market Opening Day. Horseneck Parking Lot, Arch Street and Horseneck Lane. (Parking is free during market hours). Through Nov. 22. greenwichfarmersmarketct.com.

MONDAY - FRIDAY
3:30 - 6:30 p.m.
Arch Street Homework Heroes - Free after school tutoring (6th-12th grade). Arch Street Teen Center, 100 Arch St. info@archstreet.org. archstreet.org
TUESDAYS:
10 a.m.
Beginner Bridge with The Perfectly Polite Bridge Group. YMCA members, \$30; nonmembers, \$35. New players welcome. (Register by Monday, 6pm). 203-524- 8032. greenwichymca.org

5 - 7 p.m.
Lighthouse, a Program of Kids In Crisis: LGBTQ Youth Group Meeting. On Zoom. Free. Open to all LGBTQ Youth & allies. 203-661-1911. lighthouse@kidsincrisis.org. kidsincrisis.org/get-help/lighthouse

WEDNESDAYS:

11 a.m. - 1 p.m.
Relaxed Duplicate Bridge with The Perfectly Polite Bridge Group. YMCA of Greenwich, 50 East Putnam Ave. Members, \$10; nonmembers, \$12. New players welcome. (Register by Tue). 203-524-8032. greenwichymca.org

12 - 2 p.m.
Waste Free Greenwich’s Food Scrap Recycle Program: Drop off scraps at Round Hill Community Church, 395 Round Hill Rd. roundhillcommunitychurch.org/news/composting-at-rhcc

12:15 p.m.
Greenwich Rotary Club Weekly Lunch Meeting. Putnam Cottage, 243 East Putnam Ave. RSVP. 203-832-3654. sheila.goggin@cbmoves.com. greenwichrotary.org

6 - 7:30 p.m.
Arch Street Teen Center High School Support Group for boys: Stress, Success, and Teenage Setbacks – moderated by Executive Director Kyle Silver. 100 Arch St. Register. Kyle@archstreet.org. archstreet.org

6:30 p.m.
NAMI-CAN (Child and Adolescent Network) Online Support Group - for parents and primary caregivers of children & adolescents, under age 21, with behavioral and emotional issues. Free. namisouthwestct.org/online-support

2nd WEDNESDAY OF THE MONTH:
11 a.m. - 12 p.m.
Aging Well - an informal conversation about different aspects of aging well. Round Hill Community Church, 395 Round Hill Road. Free & open to all. 203-869-1091. roundhillcommunitychurch.org

THURSDAYS:
8 a.m. & 4 p.m.
Tai Chi Basic Moves. First Congregational Church of Greenwich, 108 Sound Beach Ave. Registration required. Tuition is paid as a donation made directly by the participant to abilis, Neighbor to Neighbor, or the First Congregational Church. experience-taichi.org

5 - 7 p.m.
Kids In Crisis Lighthouse LGBTQ Youth Group Meeting - open to all LGBTQ youth in middle & high school. Wilton Historical Society, 224 Danbury Rd, Wilton. Free. 203-661-1911. lighthouse@kidsincrisis.org. kidsincrisis.org/get-help/lighthouse
EVERY FRIDAY & SATURDAY:
8 a.m. - 12 p.m.
Book Exchange – choose from a huge selection of books. Holly Hill Recycling Center. Free, or, donate books. (Open every Fri & Sat. books4everyone.org

GREENWICH LIBRARIES: greenwichlibrary.org
Friday, May 16
10 a.m.
Storytime. Cos Cob Library (Outside). 203-622-6883.
11:15 a.m.
Qi Gong. Online. 203-622-6883. lmatthews@greenwichlibrary.org.

7 p.m.
Friends Friday Films: “Wicked, Part 1.” Berkley Theater. cgibbs@greenwichlibrary.org.
Saturday, May 17
10:30 a.m.

Crafts with Nicole. Byram Shubert Library Community Room. 203-531-0426.
10:30 a.m.
Music with Tom Weber. Marx Family Black Box Theater. 203-622-7940. children@greenwichlibrary.org.

1 p.m.
PrintLab: 3D Printing Studio. Innovation Lab. 203-622-7979. innovationlab@greenwichlibrary.org.
2 p.m.
AANHPI Month: Kuchipudi Dance with Aswathi Arun Konkoth. Cos Cob Library Front Lawn. 203-622-6883.

2 p.m.
Jerry’s Movies: “The Apartment” (1960) starring Jack Lemmon and Shirley MacLaine. Byram Shubert Library Community Room. 203-531-0426.

2 p.m.
Peterson Unplugged: Music in the Woods. Peterson Music Wing. 203-622-7910.

Monday, May 19
9:30 a.m.
Little Learners (Storytime Lottery). Children’s Constellation Room.

11 a.m.
All Together Storytime. Children’s Constellation.
CONTINUED

Universal Crossword

Edited by David Steinberg

ACROSS
1 Exclude
5 Cheer squad?
9 Microwave's "Done!"
13 Route
14 Drink brand with a wintry logo
15 Pale purple
16 Ending for "teen"
17 Fashion journalist Garcia
18 Spot seller
19 Valuable designation for a collector
22 Zoning unit
23 How many '00s mixtapes were stored
24 Prepare to order a drink
32 One-named Irish singer
33 Negative conjunction
34 Not just punctual
35 Boxer Nico ___ Walsh
36 Requirement when buying booze
39 Outdated
40 North Pole resident
42 Write
43 ___ gras (duck delicacy)
44 Balancing daredevil
48 Printer paper unit
49 "___ we there yet?"

50 Creature comforts? ... and a hint to the words that bookend 19-, 24- and 44-Across
57 Indifferent
58 Main point
59 "Ah, gotcha"
60 Drink with a pumpkin spice variety
61 Water, for a Super Soaker
62 Gluttony and greed
63 Great Basin indigenous group
64 Fiefdom laborer
65 ___ it out (settle a beef)
DOWN
1 Libra's birthstone, often
2 Travelers to Bethlehem
3 Romantic duo, in a tabloid
4 ___ in Manila (iconic 1975 boxing match)
5 Optimize with small adjustments
6 LSD
7 Hawaiian goose found in "pine needles"
8 Personal watercraft brand
9 "I wouldn't do that"
10 French bread?
11 All tied up
12 Liveliness

15 Paired
20 North Pole product
21 Football turnover: Abbr.
24 Godzilla, for example
25 Zhou in Chinese history (A-LINE anagram)
26 Being deceitful
27 '90s collectible disk
28 Von ___ ("The Sound of Music" surname)
29 Small stream
30 Nickname that sounds like a passageway
31 Winona of "Stranger Things"
36 Library penalty
37 Director Spike

38 Needing
41 Pushes forcefully
43 Dutch dialect spoken in Belgium
45 U.K. military flyers
46 High-end watches featuring a Greek letter
47 Singer Grande, familiarly
50 Fence component
51 ___ Modern (London museum)
52 It's worth two nickels
53 Whispery video genre, for short
54 Himalayas' home
55 Camera part
56 Group hangout, slangily
57 ___-ray disc

PREVIOUS PUZZLE ANSWER

I	M	D	B		S	T	A	B		C	A	M
T	I	E	R		T	A	T	A		S	A	R
I	K	E	A		T	R	U	T	H	T	R	O
S	E	M	I	P	R	O		A	R	M	R	E
			N	E	A	L		A	G	A	T	E
B	A	B	Y	O	I	L		M	I	M	I	
L	E	E	A	N	N		F	A	N	N	A	P
I	R	A	N		E	A	R	T	H	A	L	O
P	O	N	D		D	R	Y		U	N	B	O
				L	A	K	E		S	M	E	L
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C	H	A	R	L	I	E		B	U	N	D	L
T	I	N	G		G	R	I	E	G		I	O
A	C	N	E		H	I	F	I		E	L	A
S	K	Y			T	E	S	T		T	A	L

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Family Time Crossword

The (K) Clues Are for Kids

Created by Timothy E. Parke

ACROSS
1. Amount that you can barely see
5. Mercedes-Benz model, 2010-2015
8. (K) Lose traction and fishtail
12. Scottish family
13. (K) Handle that overgrown lawn
14. (K) General's assistant
15. How you may try to get a word in
17. (K) Dog biter
18. (K) Greeted for the first time
19. (K) Animated version of you in a video game
21. (K) Shine maker
24. Road covering
25. WWII marine vessel
26. Early, in Old English
30. (K) Color on the flags of the USA and Mexico
31. "Neither" go-with
32. (K) Needing a day in bed
33. (K) Thing you can raise on your face

36. Lively ballroom dance
38. (K) Best way to gain weight
39. (K) You'll find two goalies in it
40. (K) Monkey's desire
43. (K) Shared between you and me
44. "Not never but hardly ___"
45. (K) One working on a payback plan
50. (K) Like teams at the start of overtime
51. (K) Any young boy in a 12-Across
52. Pilot's major test
53. (K) Puts 7 and 12 together
54. (K) "... he drove out of sight"
55. (K) Pillowy
DOWN
1. (K) Part of a winter storm, at times
2. (K) Way, way, way past mature

3. (K) Game in which you could be "it"
4. Cause for fatigue and a lack of vitality
5. Person making horseshoes with an anvil
6. (K) ___ Angeles
7. (K) Nice layer for a cool day
8. (K) Hunting excursion in Africa
9. (K) Garb for a dude playing bagpipes
10. (K) Thing many people say they thought of first
11. "Sweetheart" alternative
16. (K) One direction in which to travel
20. Large tub
21. (K) 100% contaminant-free
22. Follow commands perfectly
23. Rich supply in a deep, dark mine
26. Acknowledge "Bravo!"
27. (K) Cereal go-with

28. (K) "So what ___ is in that box?"
29. Wipe out a dragon like the knights of yore
31. Newsworthy and significant
34. (K) Many are combed regularly
35. (K) Prepared to slide into third base
36. (K) Like the taste of gooseberries
37. (K) Direction you started with?
39. Moving swarm
40. (K) App version almost ready for widespread distribution
41. Wild and crazy, as a fan
42. (K) Absolutely require
46. (K) Good thing to have on your little boat
47. Try to win over with flowers, say
48. (K) Helper looking up to Santa
49. (K) Really decay

Can you find the answer to this riddle within the solved puzzle?

Take the bait?

Look for the answer in next week's paper.

PREVIOUS PUZZLE ANSWER

B	A	S		U	L	N	A		S	T	N	T
O	N	I	T		R	E	A	L			R	I
A	T	T	A		I	N	A	B	I		L	I
R	E	E	L	S		G	L	O	S	S		
				L	A	S		A	G	N	A	
G	A	B		A	C	O	M	E		E	A	
U	N	A	C		C	O	U	N	T	A	B	L
M	A	Y	O		U	S	E	R		B	L	T
				V	O	T	E	S	I	N		
A	B			U	E	R			T	I	B	A
E	A	S	Y	L	I		S	T		E	N	I
E	M	S		O	D	O	R		E	L	S	E
P	E	R		N	O	S	Y		S	E	T	S

Previous riddle answer:

Riot with no end?
14-Across) RIO

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The answers to this week’s puzzles can be found in next week’s issue.

www.GreenwichSentinel.com/subscribe

www.NewCanaanSentinel.com/subscribe

9/13

It's a Zoo Out There by Tomas Spiers

1	2	3	4		5	6	7	8		9	10	11	12
13					14					15			
16					17					18			
19					20					21			
			22					23					
24	25	26				27	28				29	30	31
32					33					34			
35					36			37	38			39	
40			41				42				43		
44					45	46				47			
			48						49				
	50	51					52	53			54	55	56
57						58					59		
60						61					62		
63						64					65		

Horoscopes for Next Week

As Taurus season concludes and Gemini season begins on May 20, 2025, the week of May 15-22 brings a dynamic shift from introspection to curiosity and adaptability. Key planetary events include the Sun-Uranus conjunction on May 17, introducing unexpected changes, and the Venus-Mars trine on May 22, enhancing confidence in relationships and creative pursuits.

Aries (March 21 – April 19)

The Sun-Uranus conjunction on May 17 may prompt sudden shifts in financial matters. Embrace flexibility and be prepared to adapt to new circumstances. The Venus-Mars trine on May 22 boosts your charisma, making it an opportune time to pursue creative projects or deepen romantic connections.

Taurus (April 20 – May 20)

As your season concludes, the Sun-Uranus conjunction on May 17 encourages you to break free from routine and explore new perspectives. The Venus-Mars trine on May 22 enhances your communication skills, facilitating meaningful conversations in personal and professional relationships.

Gemini (May 21 – June 20)

With the Sun entering your sign on May 20, your energy and enthusiasm increase. The Venus-Mars trine on May 22 supports collaborative efforts, making it an ideal time to initiate group projects or social events. Stay open to unexpected opportunities that align with your goals.

Cancer (June 21 – July 22)

The Sun-Uranus conjunction on May 17 may bring surprises in your social circle. Embrace these changes as opportunities for growth. The Venus-Mars trine on May 22 encourages you to focus on self-care and personal development, enhancing your overall well-being.

Leo (July 23 – August 22)

Professional advancements are highlighted this week. The Sun-Uranus conjunction on May 17 may introduce unexpected changes in your career path. The Venus-Mars trine on May 22 boosts your leadership abilities, making it a favorable time to take initiative and showcase your talents.

Virgo (August 23 – September 22)

The Sun-Uranus conjunction on May 17 encourages you to expand your horizons through learning or travel. The Venus-Mars trine on May 22 enhances your ability to connect with others, making it an excellent time for networking and forming new partnerships.

Libra (September 23 – October 22)

Financial matters come into focus this week. The Sun-Uranus conjunction on May 17 may bring unexpected expenses or changes in income. The Venus-Mars trine on May 22 supports collaborative financial planning, making it a good time to discuss joint investments or budgets.

Scorpio (October 23 – November 21)

Relationships take center stage as the Sun-Uranus conjunction on May 17 may introduce sudden changes in partnerships. The Venus-Mars trine on May 22 enhances your ability to communicate your needs effectively, fostering deeper connections.

Sagittarius (November 22 – December 21)

Focus on health and daily routines this week. The Sun-Uranus conjunction on May 17 may prompt you to adopt new habits or wellness practices. The Venus-Mars trine on May 22 supports teamwork, making it an ideal time to collaborate on projects or community initiatives.

Capricorn (December 22 – January 19)

Creative pursuits are favored as the Sun-Uranus conjunction on May 17 may inspire innovative ideas. The Venus-Mars trine on May 22 enhances your confidence, encouraging you to share your talents and take calculated risks in personal or professional endeavors.

Aquarius (January 20 – February 18)

Home and family matters are highlighted this week. The Sun-Uranus conjunction on May 17 may bring unexpected changes in your domestic life. The Venus-Mars trine on May 22 supports open communication, making it a good time to address any underlying issues and strengthen familial bonds.

Pisces (February 19 – March 20)

Communication is key this week. The Sun-Uranus conjunction on May 17 may lead to surprising news or shifts in your immediate environment. The Venus-Mars trine on May 22 enhances your persuasive abilities, making it an opportune time for negotiations or important discussions.

7 LITTLE WORDS

Find the 7 words to match the 7 clues. The numbers in parentheses represent the number of letters in each solution. Each letter combination can be used only once, but all letter combinations will be necessary to complete the puzzle.

CLUES

- 1 oven in which naan is baked (7) _____
- 2 joist (9) _____
- 3 fourth-down plays, often (5) _____
- 4 musical toy (5) _____
- 5 fashion designer Westwood (8) _____
- 6 bruiser (7) _____
- 7 personal burdens (9) _____

SOLUTIONS

TS	TA	VI	SSB	TO
UGH	VIE	OR	PS	KA
NDO	DS	IE	ZOO	EAM
HAR	CRO	NNE	PUN	HI

Previous Answers: CABINETRY 2. TINTING 3. BENTO
 4. ASTERISK 5. PERSNICKETY 6. KANGA 7. REPEATABLE

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Calendar of Events for Your Fridge

11:30 a.m.
Blood Pressure Screening. Community Room #5.

3:15 p.m.
Nutmeg Book Club with Ms. Flynn “Falling Short” by Ernesto Cisneros. Byram Shubert Library Conference Room.

4:30 p.m.
Book Wizards Book Club.

7 p.m.
“Five Scary Internet Frauds You Should Be Wary Of” with Rich Malloy. Online.

7 p.m.
Writers Open-Mic Night with Greenwich Pen Women. Marx Family Black Box Theater.

Tuesday, May 20

11 a.m.
Petite Concert. Marx Family Black Box Theater.

11 a.m.
Storytime with Patty (Birth - Pre-K). Byram Shubert Library Community Room.

1 p.m.
Friends Book Group. 2nd Floor Meeting Room.

1:15 p.m.
Baby Lapsit (Storytime Lottery). Children's Constellation Room.

4 p.m.
Book Explorers Book Club.

5 p.m.
International Book Club (Zoom): “Middle-march” by George Eliot.

7 p.m.
Foreign Affairs Book Group. Community Room #5.

Wednesday, May 21

9:30 a.m.
Movers & Shakers (Storytime Lottery). Children's Constellation Room.

10 a.m.
Baby Lapsit in the Stacks. Cos Cob Library Turret.

10 a.m. & 1 p.m.
Career Coach - Advanced Excel. Byram Shubert Library Lot.

11 a.m.
Early Walkers in the Stacks! Cos Cob Library Turret.

12 p.m.
Brown Bag Book Club. Online.

1 p.m.
LaserLab: Design & Create. Innovation Lab.

3 p.m.
R.E.A.D. to a Dog. Byram Shubert Library Community Room.

5:30 p.m.
Community Sponsored: League of Women Voters Board Meeting. 2nd Floor Meeting Room.

7 p.m.
Past and Future in Harmony: Exploring Scientific Innovation in Art and Music. Online.

Thursday, May 22

10 a.m.
Japanese Storytime Marx Family Black Box Theater.

11 a.m.
Bilingual Birdies (Storytime Lottery). Children's Constellation Room.

11 a.m.
Nonprofit Webinar: Unlock the Secrets to Winning Grants. Online.

11 a.m.
Tech Help. Learning Lab.

4 p.m.
Family Tai Chi with Ken Dolan. Byram Shubert Library Community Room.

4 p.m.
Photography: The Art of Composition. Online.

Friday, May 23

10 a.m.
Storytime. Cos Cob Library (Outside). 203-622-6883.

10 a.m.
Goldbas Musical Story Hour. Marx Family Black Box Theater. 203-622-7940. children@greenwichlibrary.org.

11:15 a.m.
Qi Gong. Online. 203-622-6883. lmatthews@greenwichlibrary.org.

Saturday, May 24

All Libraries closed.

888-305-9253

Saturday, May 17

9 a.m.
CPR Friends & Family (Infant/Child). 38 Volunteer Ln. \$65. For discount information call 888-305-9253.

9:30 a.m.
AARP-Safe Driving Course. Greenwich Hospital, 5 Perryridge Rd. \$20.

Monday, May 19

6 p.m.
CPR Friends & Family (Infant/Child). 38 Volunteer Ln. \$65. For discount information call 888-305-9253.

Wednesday, May 20

12 p.m.
Talk: The Power of Protein. Greenwich Hospital, 5 Perryridge Rd. Free.

Wednesday, May 21

1:30 p.m.
Parkinson's Disease Support Group. 260 Long Ridge Road Stamford. Free.

6 p.m.
Talk: Preventing Heart Disease. Greenwich Hospital, 5 Perryridge Rd. Free.

NEIGHBOR-TO-NEIGHBOR: ntngreenwich.org

Everyday, all day

- 24/7 Food Drive Collection site at North Greenwich Congregational Church, 606 Riversville Road. The weatherproof bin is located outside of the Parish Hall.
- Greenwich Reform Synagogue, 92 Orchard St., Cos Cob.

Tuesdays, 9 - 11 a.m.
Food Drive (drive-thru) at St. Catherine of Siena's parking area across the street from the rectory entrance, 4 Riverside Ave. (Non-perishable foods, personal care products, large sized diapers (5 & 6) and pull-ups, and knit hats (hand knit or store bought).

Thursdays, 10 a.m. - 12 p.m.
Food Drive at St. Paul's Episcopal Church parking lot, 200 Riverside Ave.

RED CROSS BLOOD DRIVE: RedCross-Blood.org

Sunday, May 18

7 a.m. - 3 p.m.
Greenwich Blood Donation Center, 99 Indian Field Rd.

Monday, May 19

11 a.m. - 7 p.m.
Greenwich Blood Donation Center, 99 Indian Field Rd.

9 a.m. - 2 p.m.
American Red Cross, 40 Saw Mill River Road, Upper Level 3, Hawthorne, NY.

Tuesday, May 20

11 a.m. - 7 p.m.
Greenwich Blood Donation Center, 99 Indian Field Rd.

Wednesday, May 21

11:30 a.m. - 4:30 p.m.
Westchester Medical Center - Taylor Pavilion South, 100 Woods Rd, Valhalla, NY.

Thursday, May 22

7 a.m. - 3 p.m.
Greenwich Blood Donation Center, 99 Indian Field Rd.

Saturday, May 24

8 a.m. - 1 p.m.
The Rowayton Community Center, 33 Highland Ave, Norwalk.

Sunday, May 25

7 a.m. - 3 p.m.
Greenwich Blood Donation Center, 99 Indian Field Rd.

TOWN MEETINGS: greenwichct.gov/calendar

Friday, May 16

12 p.m.
RTM Call closes at noon.

Monday, May 19

9:15 a.m.
ADA & Advocacy Advisory Committee for People With Disabilities Meeting. Zoom webinar.

10:30 a.m.
Architecture Review Committee (ARC) Sign-Meeting.

1 p.m.
Planning and Zoning Commission Briefing.

6:30 p.m.
Board of Health Regular Meeting. Evaristo Conference Room.

7 p.m.
Inland Wetlands and Watercourses Agency Meeting. Zoom Webinar.

Tuesday, May 20

4 p.m.
Planning & Zoning Commission Meeting.

7 p.m.
Board of Human Services Meeting. Zoom Webinar.

7 p.m.
First Selectman's Youth Commission Board Meeting. Town Hall Meeting Room.

Wednesday, May 21

10:30 a.m.
FS Active Transportation Task Force Meeting. Virtual via Zoom.

12 p.m.
FS Nominating Advisory Committee Meeting. Via Zoom.

12 p.m.
Nathaniel Witherell Finance Committee Meeting.

6 p.m.
FS Hamill Rink Task Force Meeting. In-Person @ Hayton Room and Virtual via Zoom.

6 p.m.
Harbor Management Commission Regular Meeting. Check the agenda for meeting location and Zoom link.

7 p.m.
Architecture Review Committee (ARC) Regular Meeting.

7 p.m.
Fair Rent Commission Meeting. Zoom Webinar.

7 p.m.
PZBA Meeting.

Thursday, May 22

10 a.m.
Board of Selectmen Meeting. In Person at Town Hall Meeting Room and Virtual via Zoom.

SAVE THE DATE:

Friday, May 16

7:30 a.m.
BIC's 12th Annual Spring Benefit Breakfast. Hyatt Regency Greenwich. secure.qgiv.com/for/blcbenefitbreakfast2025/event/12than-nualspringbenefitbreakfast

Saturday, May 17

6 p.m.
Pathways' Music for Mental Health Spring Benefit. The Capitol Theatre, Port Chester, NY. pways.org/events/musicformental-health

7 p.m.
Spring for Abilis Gala. Greenwich Country Club. e.givesmart.com/events/GGE

Sunday, May 18

9 a.m.
The Junior League of Greenwich's “Touch-A-Truck”. Greenwich Town Hall. e.givesmart.com/events/Hfh

Saturday, May 24

10 a.m.
Greenwich Town Party. Roger Sherman Baldwin Park. greenwichtownparty.org

Monday, May 26

10 a.m.
The annual Old Greenwich Memorial Day Parade. Sound Beach Avenue.

Thursday, May 29

9 a.m.
Children's Learning Centers of Fairfield County (CLC) 9th Annual Golf Outing. The Stanwich Club, Greenwich. bit.ly/CLC-2025GolfOuting

6:30 p.m.
Kids Helping Kids' Spring Celebration. Italian Center of Stamford. kidshelpingkidsct.org

Friday, May 30

5:30 p.m.
Greenwich Land Trust's 'An Evening at the Farmstead'. 370 Round Hill Rd. gltrust.org/event/an-evening-at-the-farmstead

Saturday, May 31

9 a.m.
Greenwich Concours d'Sport. Roger Sherman Baldwin Park. greenwichconcours.com

Sunday, June 1

10 a.m.
Greenwich Concours d'Elegance. Roger Sherman Baldwin Park. greenwichconcours.com

Wednesday, June 4

6 p.m.
Scouting America Greenwich Council's Eagle Scout Recognition Dinner. Hyatt Regen-

cy Greenwich. greenwichscouting.org

Friday, June 6
Family Centers “Midnight in Monte Carlo” benefit. Private Greenwich residence. familycenters.org/product/midnight

Saturday, June 7

6 p.m.
Wild Wine, Beer & Food Safari. Connecticut's Beardsley Zoo. beardsleyzoo.org/wild-wine.html

Monday, June 9

10 a.m.
VOICES (Voices Center of Resilience) 11th Annual Golf Outing. Quaker Ridge Golf Club, Scarsdale, NY. voicescenter.org.

Monday, June 23

11 a.m.
YWCA Greenwich's Annual Golf Tournament. Greenwich Country Club. e.givesmart.com/events/16i/

Monday, August. 11

8 a.m.
Cos Cob School PTA Golf Outing. Griffith E. Harris Golf Course. coscobpta.org/packet/271159454

Our Neighboring Towns

FRIDAY, MAY 16

10 a.m. - 12 p.m.
New Canaan Cares Home Tour. \$100. newcanaancares.org/new-canaan-cares-home-tour

7:30 p.m.
Curtain Call presents “A Jukebox for the Algonquin”. The Kveskin Theatre, 1349 Newfield Ave., Stamford. Performances: Fri & Sat, 7:30pm, & Sun, 2pm (May 16, 17 & 18). curtaincallinc.com

SATURDAY, MAY 17

8:30 a.m. - 5 p.m.
CrimeCONN 2025: Crime & Punishment. Ferguson Main Library, Stamford. fergusonlibrary.org

1 p.m.
Stamford MLK Committee Film Series: The Six Triple Eight. Ferguson Library – South End Branch at Waterside, Stamford. Free. fergusonlibrary.org

SUNDAY, MAY 18

2 p.m.
Stamford Children's Book Festival: Bringing Hope to the World One Book At a Time. Ferguson Main Library, Stamford. fergusonlibrary.org

2 p.m.
“Classic Car Culture & History-Making James Melton” with automotive historian John J. O’Leary IV. The Lockwood-Mathews Mansion Museum, 303 West Ave, Norwalk. \$15-\$20. lockwoodmathewsmansion.com

3 p.m.
Mrs. Parker and the Vicious Circle with Special Guest Campbell Scott. Bedford Playhouse, 633 Old Post Rd., Bedford, NY. 914-234-6704. bedfordplayhouse.org

MONDAY, MAY 19

5 p.m.
College Application Timeline. Ferguson Main Library, Stamford. Free. Register. fergusonlibrary.org

TUESDAY, MAY 20

6:30 p.m.
Power Hour: Supercharge Your Productivity with Simone Assboeck. Ferguson Main Library, Stamford. Free. Register. fergusonlibrary.org

WEDNESDAY, MAY 21

9:30 a.m.
Voices Center of Resilience: Parents Helping Parents Peer Support Group. VOICES Office, 80 Main St, New Canaan. Free. Register. 203-966-3911. voicescenter.org

12 p.m.
Stroke Awareness Presentation. Ferguson Main Library, Stamford. Free. Register. fergusonlibrary.org

7 p.m.
LifeChangers: Lauren Leader. Bedford Playhouse, 633 Old Post Rd., Bedford, NY. 914-234-6704. bedfordplayhouse.org

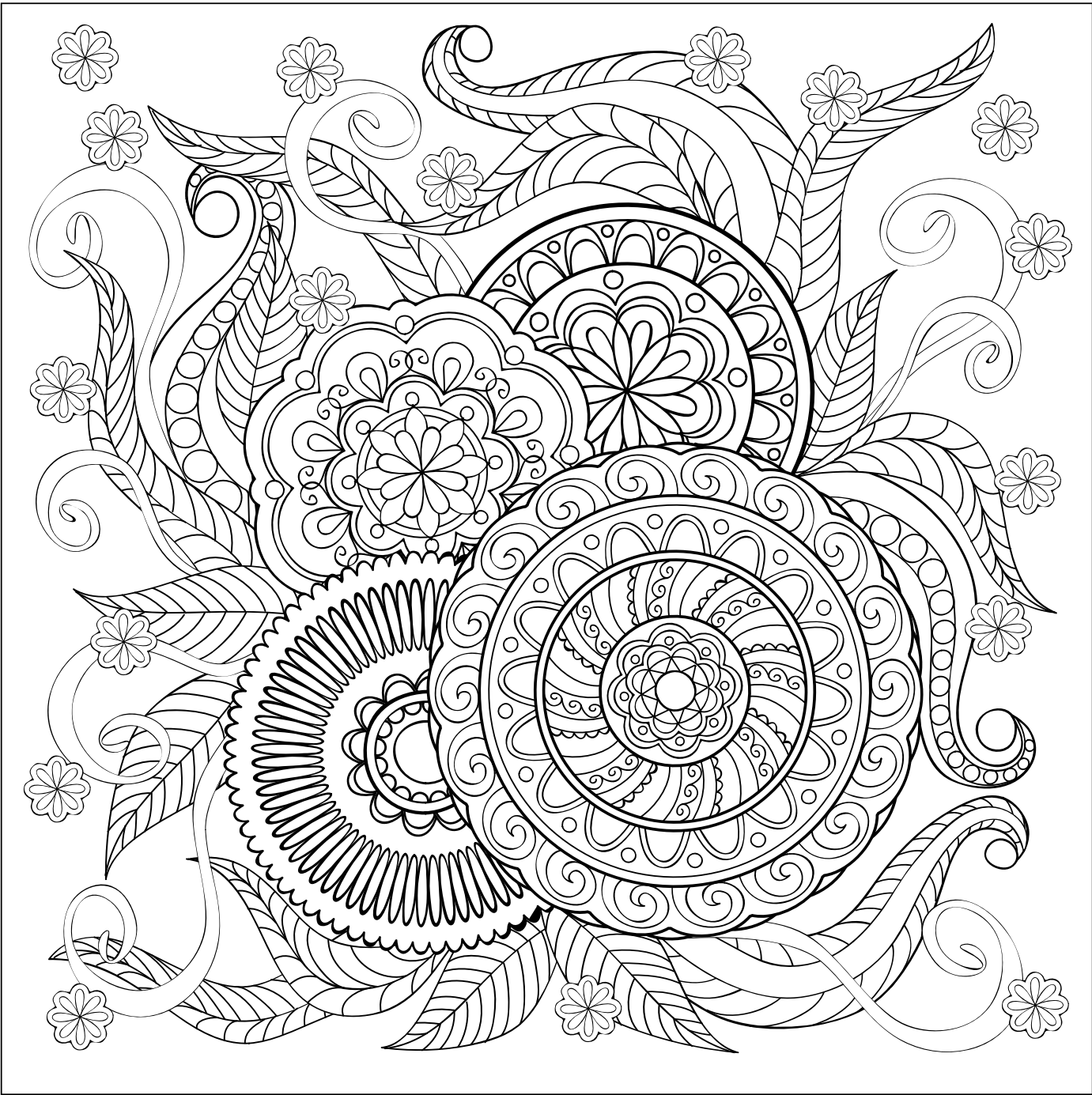
THURSDAY, MAY 22

6 p.m.
Investing Educational Series: Transforming Markets. Ferguson Main Library, Stamford. Free. Register. fergusonlibrary.org

SATURDAY, MAY 24

8 a.m.
VFW Seeks Volunteers and Donations for Flag Placing at Lakeview Cemetery for Memorial Day. 352 Main St., New Canaan. All are welcome. Refreshments will be served. 203-945-9673. vfwpost653.square.site

GREENWICH HOSPITAL:
greenwichhospital.org/
events



Why Coloring Mandalas Benefits People of All Ages

Coloring mandalas offers psychological and emotional benefits that extend across all age groups, from young children to older adults. Rooted in centuries of spiritual and artistic tradition, mandalas—geometric designs often arranged in concentric circles—provide a structured yet creative outlet that promotes focus, calm, and self-expression.



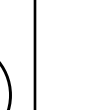
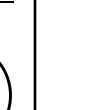






















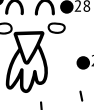

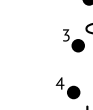

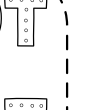

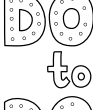



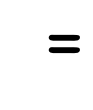
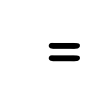
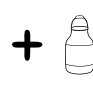



For children, coloring mandalas can improve fine motor skills, boost concentration, and encourage patience. The symmetry and repetitive patterns help develop spatial awareness and early mathematical thinking. Mandalas also offer a gentle, nonverbal way for children to process emotions and settle into a focused, meditative state.

Adults and teens often find mandala coloring to be a powerful stress-relief tool. According to research published in *Art Therapy: Journal of the American Art Therapy Association*, structured coloring—particularly of mandalas—can significantly reduce anxiety levels. The predictable shapes guide attention away from intrusive thoughts and toward the present moment, creating a mindful experience similar to meditation.


















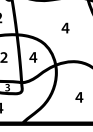


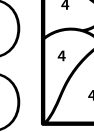























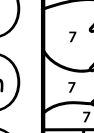
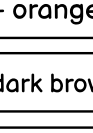
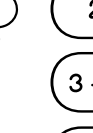


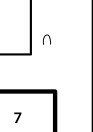



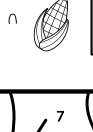
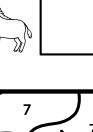


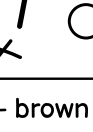
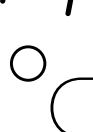














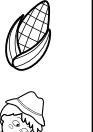




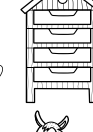








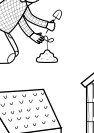






















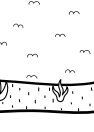
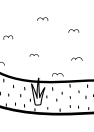




















































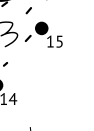










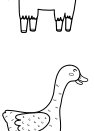
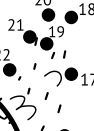













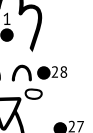

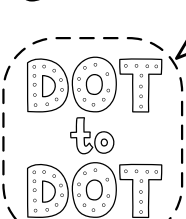
For older adults, coloring mandalas may support cognitive function by engaging visual processing, hand-eye coordination, and memory recall. The creative process fosters a sense of accomplishment and emotional wellbeing, and group coloring sessions can reduce feelings of isolation.

Regardless of age, the act of coloring a mandala provides a rare intersection of structure and freedom.



FARM ADDITION

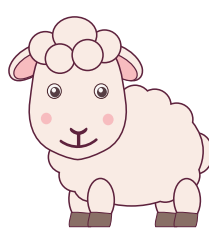
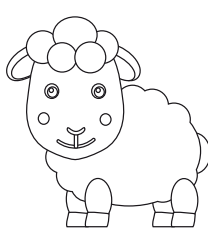
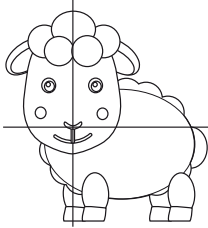
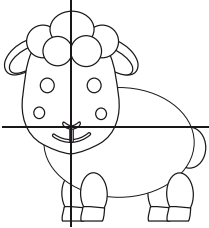
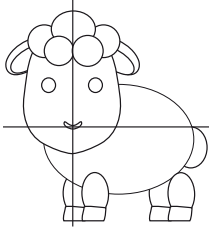
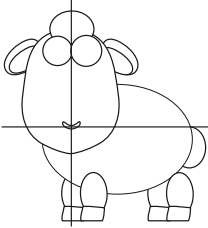
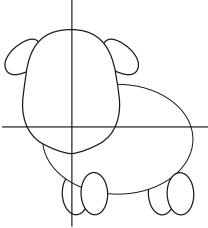
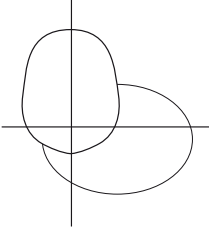




ON THE FARM





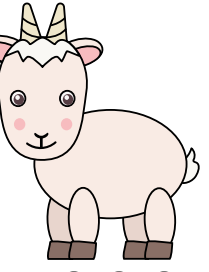
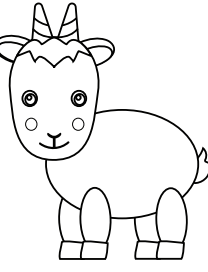
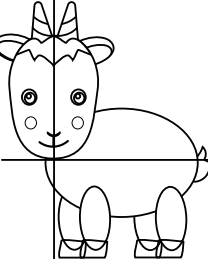
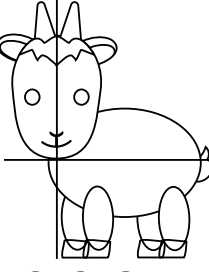
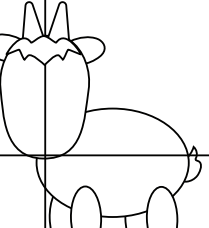
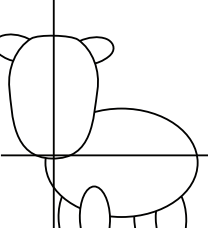
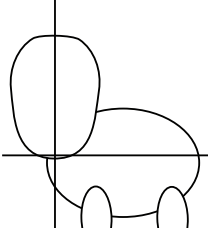
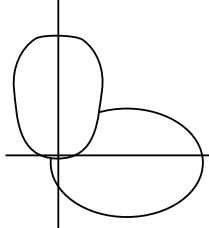
How To Draw Many Ways: step by step



 Drawing lesson 











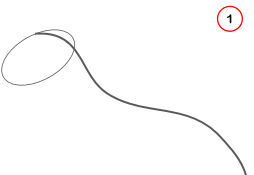
 How to Draw a Sheep 

 Drawing lesson 



 How to Draw a Goat 

How To Draw Goat: step by step



Sudoku for Kids

5		4		3	
1			4		6
2			6	1	
	1	3			4
3	5		2	4	
	2			6	

		2		5	
5	4		2		6
4	6	1		2	3
			4		
1		4			2
3			1		5

6		5	3		2
		4			1
1		6		3	
4			2		6
	4	1			3
3			1		4

4	1		2	3	
3				1	
5		4	3		1
	3			2	
2		1		4	3
	4			5	

SUDOKU

Each row, column, nonet can contain each number only once. Answers below.

Easy

5		4						
	9	1			2		7	8
2	8		1	6				
1	3						2	
		6				5		
	5						3	7
				9	3		1	4
8	4		7			2	6	
						7		9

Hard

	8	2			3			4
		1		2			3	
	5		7	4				
	9				5			7
	2						6	
5			9				1	
				3	7		5	
	7			1		6		
2			6			7	8	

Very Hard

		5			2	7		
		6						
3				6			5	9
2				1				
		3	4	8	6	1		
				2				8
5	2			3				4
						2		
		9	2			8		

Easy

		8	7	1				3
	6		9		8			5
		5		4				
2	9							
4		1		5		8		6
							1	2
				2		5		
5			6		4		3	
1				7	9	6		

Hard

			2		6		8	
			4	9	8	2		
	8	3						
9						5		6
	1						3	
3		4						1
						7	1	
		8	6	1	5			
	4		9		2			

Very Hard

	7		5		9			
	1		7				4	5
			1					
7						9	8	6
				9				
1	5	9						4
					4			
8	6				1		2	
			6		8		9	

Sudoku answers

6	1	3	4	2	5	9	8	7
8	4	5	6	2	3	1	7	9
7	2	9	1	8	4	6	3	5
5	3	8	7	6	9	4	2	1
4	6	7	3	5	1	8	9	2
9	8	6	5	4	3	2	1	7
2	7	5	9	8	6	4	3	1
3	1	4	8	7	2	5	6	9
1	5	6	9	3	7	8	4	2

8	3	4	5	6	2	9	7	1
6	9	1	8	3	7	4	2	5
5	2	7	6	4	9	3	1	8
4	6	8	5	1	3	7	2	9
3	1	9	2	8	6	4	5	7
2	5	3	7	4	9	1	8	6
9	8	6	5	4	3	2	1	7
7	4	1	8	3	6	5	9	2
1	5	6	9	3	7	8	4	2

5	4	1	9	7	2	3	6	8
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2	7	9	8	3	6	4	5	1
1	5	3	7	2	9	8	6	4
9	2	4	6	8	1	5	3	7
8	1	6	9	5	7	3	4	2
7	3	2	4	1	8	6	5	9
6	9	8	3	7	5	4	2	1
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7	4	8	1	5	2	3	6	9

1	6	9	2	7	4	8	3	5
8	3	4	6	5	9	2	1	7
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7	9	6	5	4	8	3	2	1
4	1	5	3	9	2	7	8	6

2	3	4	6	5	9	7	8	1
8	7	5	4	1	2	6	9	3
9	1	6	8	3	7	4	5	2
5	6	9	3	7	2	1	8	4
4	2	7	3	8	1	9	6	5
1	9	8	2	6	5	3	4	7
3	5	9	7	4	8	1	2	6
7	4	1	5	2	8	6	3	9
6	8	2	1	9	3	5	7	4

6	1	3	4	2	5	9	8	7
8	4	5	6	1	2	3	7	9
7	2	9	8	3	6	4	5	1
5	6	8	1	4	9	7	3	2
4	3	7	5	2	8	6	9	1
9	1	6	9	3	7	4	5	8
2	8	7	5	4	1	9	6	3
3	9	1	5	4	2	8	7	6
5	6	4	3	7	8	2	9	1



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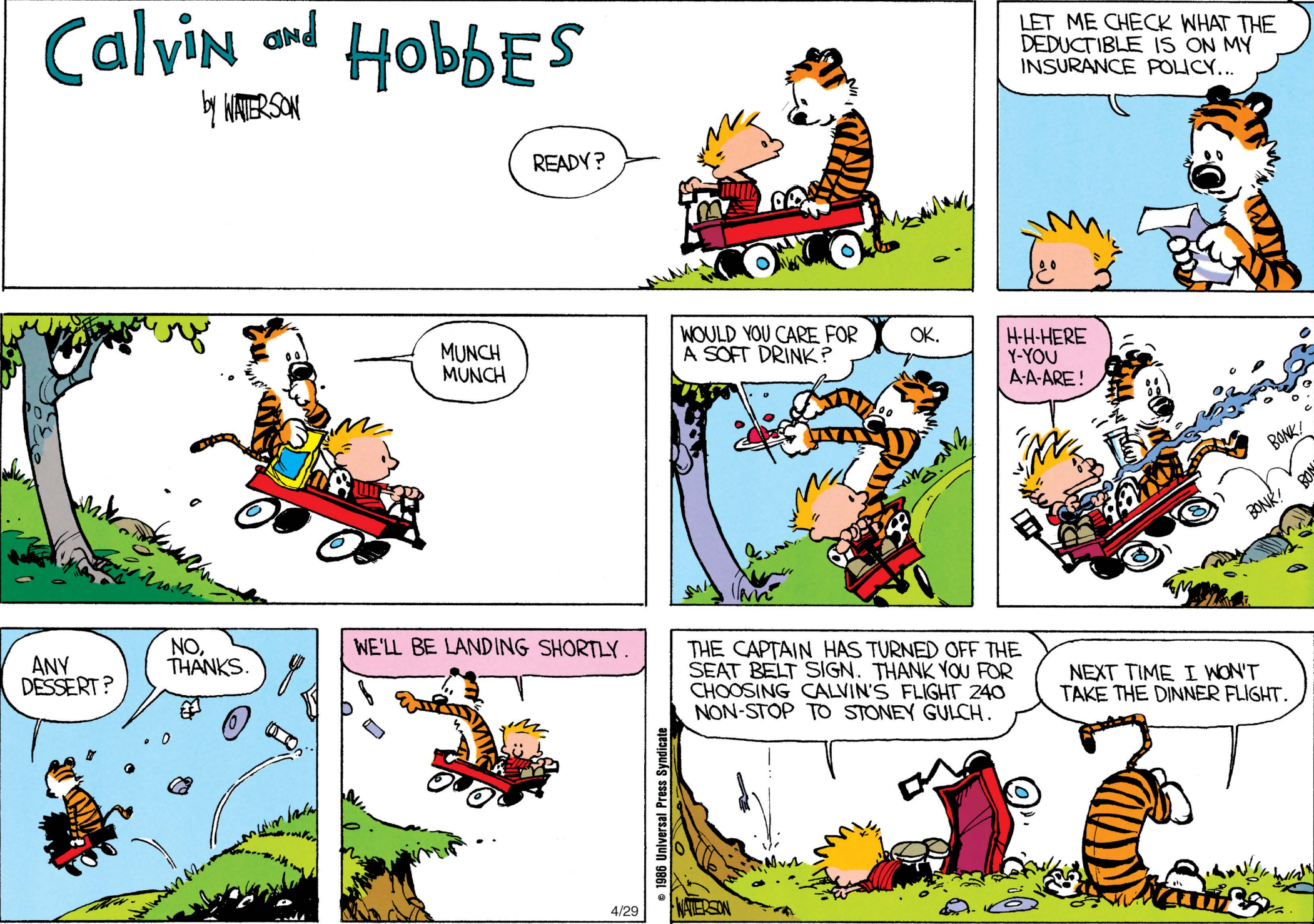
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COLUMN | WILDLY SUCCESSFUL: HUMANS

Nature’s Blueprint for Human Resilience



BY JIM KNOX

I have a complicated relationship with tigers. More than 20 years ago I was drawn to work with them. I leapt at the opportunity! Upon caring for these greatest of the great cats, I came to appreciate the unmatched power they commanded and the visceral fear they could incite with the fix of their gaze and the wrinkle of their facial fur as they retracted their flanges over 3-inch canines.

Then, there was the roar—the terror-inducing voice of all things wild and unconquerable. It rooted me to the ground and let me know that there were beasts far greater than any single human. Yet for the terror the tiger inspired in me, there was another, even more powerful emotion it conjured—awe. The tiger was perhaps the most majestic creature I’d ever beheld. Infinitely powerful and beautiful, it roamed the forests of my mind without rival. Over time I came to appreciate the nuances of the cats; their distinct personalities and habits, and with them, a new perspective.

As a species, we’ve come to know the tiger’s hallmark ferocity and, while it’s truly at the core of the tiger’s nature, what is often lost is the why behind the snarl and the roar. Aside from their first two years spent at mom’s side, a tiger’s life is a solo act. To some perhaps, the tiger’s roar is a futile attempt to drown out the silence of a life unaccompanied. The roar is the voice of an animal who must proclaim territory and intimidate rivals without backup. It goes on the offensive because a tiger has no companions to defend it.

There are others who adopt a different strategy altogether. Black-tailed Prairie Dogs are large ground squirrels who give the word gregarious a new meaning. The largest known prairie dog town in Texas was larger than our home state of Connecticut and held a population estimated at more than 400 million animals! Yes, that’s no typo. So how do these creatures live in such vast



These creatures are more resourceful than all others. As tenacious as they are inventive, they grow solutions from soil which is fertile with problems.



numbers to survive and thrive?

Prairie dog society doesn’t just value coexistence and cohabitation, it absolutely relies upon it. Yet it does so with very stringent rules. The only way for these creatures to share precious food and space resources is to adhere to protocols. On the literal and

figurative surface, these small mammals appear stacked on top of each other. Yet the reality is that they maintain their own unique and highly effective form of socialization. Specifically, they are divided up into wards and coterie. Wards are prairie dog versions of neighborhoods and coterie

are the family units within those neighborhoods. These industrious little mammals excavate specialized burrows for specific purposes; some for latrines, others for nurseries for their young, still others for pantries designated strictly for food storage. In short, the prairie dogs’ tremendous

success and resilience is directly linked to adherence to its societal rules.

They face dangers too—Black-footed Ferrets, Golden Eagles and badgers to name a few, and they have sentries who monitor the colony for the appearance of threats to their health. These sentries give barking calls to warn the others—hence the name prairie dogs. In the process these sentries save lives.

Prairie dog society isn’t perfect. Like us humans, they are known to posture, squabble and on occasion, fight. Despite the flare ups which inevitably occur, the strength of the colony is derived from the strength of the individual, which is leveraged and amplified. These tough and admirable beasts rely heavily on the family unit to govern itself within the ward, just as the ward governs itself within the colony. All of this is predicated upon the individual observing the protocols of the society: giving her/his neighbors space, fulfilling specific roles at different times and working cohesively with those around them.

Us humans, we’re quite a bit different than tigers. Much smaller, far slower and infinitely weaker, we couldn’t possibly match this beast.

How did we ever survive the forests of antiquity? For all of our physical limitations, we possess something the tiger does not. Specifically, we are social creatures. The detailed answer lies in our parallels to those adorable prairie dogs. Surviving and thriving in societies of hundreds of millions is no accident. Cooperation and teamwork is in our DNA. It’s what we do and do so very well.

In trying times, uncertainty can creep into our thoughts and cloud our resolve. In nature we find the answer to innumerable challenges that vex us. While the prairie dog has so much to share—so much it can teach us, there is yet another species that is even more resilient and worthy of emulation. These creatures are more resourceful than all others. As tenacious as they are inventive, they grow solutions from soil which is fertile with problems. And, these creatures have a name. We call them...humans.

Jim Knox is a Wildlife Conservationist and the Curator of Education at Connecticut’s Beardsley Zoo, where he leads nationally recognized education and conservation initiatives. A member of the Connecticut Zoological Society and The Explorers Club, Jim has studied wildlife across the globe.

As the Writer and Host of Wild Zoofari on PBS, Jim has shared his passion for wildlife with millions worldwide, with additional appearances as an on-camera wildlife expert for The Today Show, CBS Early Show, and Fox News. A graduate of Cornell University in Animal Science, he also serves as a science adviser to the Bruce Museum and contributes his wildlife column, Wildly Successful, to The Greenwich Sentinel.

Jim is the co-creator of the Conservation Discovery Corps—named Outstanding Education Program in the nation by the Association of Zoos and Aquariums. He is a TEDx and national keynote speaker committed to inspiring audiences to protect and learn from wildlife everywhere.

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