

July 18, 2025

The Award Winning Greenwich Weekly Newspaper: local, local, local.

Back Country | Banksville | Belle Haven | Byram | Chickahominy | Cos Cob | Glenville | Old Greenwich | Pemberwick | Riverside | Bedford, NY

Camillo Makes it Official administration's work on

POLICE & FIRE

Greenwich Residents Support Noise Compliance

Local News Brief ...catching you up quickly.

Noise ordinance violations, including the **v** use of gas-powered leaf blowers, must be reported to the Greenwich Police Department at 203-622-8006 while the violation is occurring. The Office of the First Selectman cannot enforce these rules. Full details about the town's noise regulations are available online.

FROM TOWN HALL **Town Celebrates Bastille Day Together**

A Bastille Day ceremony took place at Town Hall on Monday, July 14, including a flag raising, a proclamation reading, and remarks from a French consular representative. Both the French and American national anthems were performed, and a reception followed. The event was organized by the Alliance Française Greenwich and held regardless of weather.

Greenwich Celebrates 385 Years Strong

Greenwich will commemorate its 385th anniversary on July 20 with a Founders Day ceremony at 10 am at First Congregational Church, located at 108 Sound Beach Avenue. The event includes a proclamation, a recognition of longtime church members, and a community gathering with colonial-era food and games. Attendees are welcome regardless of affiliation and are encouraged to wear colonial costumes.

Greenwich Program Supports Student

By Julia Barcello AND BETH BARHYDT

of the Board of Education taking office in 2019, he said building on Greenwich Avenue Monday afternoon, First Selectman Fred Camillo formally announced his campaign for re-election, setting the tone for a race that he says will center on progress without gains have come through local losing Greenwich's character.

"It's a town, it's not a city. We will keep it that way," Camillo told supporters during his speech, emphasizing his commitment to preserving what makes Greenwich distinct while continuing the projects he describes as transformational.

Camillo, a lifelong resident and Republican, is seeking a fourth term alongside Selectwoman Lauren Rabin, his longtime friend and running mate since their days at Cos Cob Elementary. "She's been a great running mate and great teammate – and to me the best deputy mayor in the state of Connecticut," he said.

In interviews leading up to his Monday announcement, Camillo described his record as one grounded in collaboration, bipartisan relationships, and long-term vision for the town. "We've certainly transformed a lot of the town in several areas," he said, citing improvements to public and pedestrian safety, increased outdoor dining at transforming the building options, and the completion of projects that had stalled for years. "I not only love the the long-awaited Greenwich job, but I love serving my Crossing project, which Camillo hometown."

Camillo pointed to was his create a new transportation hub and Recreation operations, message: balancing Greenwich's your vision," he said. "That's it."

affordable housing—a politically Standing on the front lawn sensitive issue statewide. Since Greenwich's affordable housing stock has grown by over 14%. "We have plans on the table that will get us to 7% overall in the next few years," he added. Camillo emphasized that these solutions, not state mandates.

"As Ned Lamont, our governor, says, Greenwich is doing the right thing. We're leading on it," Camillo said during his announcement. "So if other towns are looking at how to solve it locally, we're happy if they could take some of the things we're doing here. But it has to be solved locally."

That sentiment-of local control and bottom-up leadership-echoed through Camillo's remarks and campaign framing.

"Even something as controversial as [housing policy], if you have open lines of communication where a lot of people don't, that helps," Camillo said. "I do, and I'm proud of that."

During his campaign launch, Camillo spoke in detail about future plans that would further reshape the center of town, including the redevelopment of the current Board of Education building, where he stood Monday. "We're looking behind me," he said.

Also on the horizon is said will be completed in about Among the top initiatives four months. The initiative will

First Selectman Fred Camillo officially announces his candidacy for reelection in front of the Havemeyer Building on Monday afternoon, July 14.

Bob Capazzo photo.

to a new waterfront."

Camillo also highlighted We're proud to honor him." planned improvements to Bruce

around the Greenwich train freeing space for community legacy with innovation. "We are station, connecting a revitalized use. He referenced a planned Greenwich Avenue to a new statue of President George going to continue to transform waterfront via the Bruce H.W. Bush, to be installed near Greenwich, which marries the Museum expansion. "You're the Avenue. "It cries out for not just going down Concrete a statue," Camillo said, citing Greenwich with a bright, bold Boulevard," Camillo said, "you Bush's World War II service future," he said. "We evolve. We have a beautiful blue Greenwich and leadership. "He served our keep Greenwich, Greenwich." Avenue that will be connected country not only as president in many other different roles... ahead, Camillo said he intends

Throughout his remarks,

proud of our record and we're very best of what we love about

Reflecting on the campaign to focus on substance, not negativity. "You have two things Park and the relocation of Parks Camillo returned to a central when you run: your record and

COLUMN **If We Could Live Life Backwards**

GrahamBerries! By Jenifer Howard



GrahamBerries, the delicious, just-picked farm-fresh



Footwear

The Greenwich Department of Human Services Fund is collecting donations for its annual Boots & Shoes Program, which provides DSW gift cards to local children from low-income families. The gift cards help children ages 5 to 15 purchase shoes for the upcoming school year. Each \$50 donation funds one gift card.

AROUND TOWN Hamilton Avenue **Construction Progresses** Safely

A water main broke during rock removal work at 151 Hamilton Avenue in Chickahominy, causing a traffic detour and water service disruption. The damage occurred in an area where the water line had not been properly marked, and where infrastructure was outdated and closely packed. The incident delayed construction, which had already been extended due to the need for extensive rock

Continued on Page 7

Green Thoughts

BY ANNE W. SEMMES

"The best thing we can do to save the planet is very simple - waste nothing. Don't waste time. Don't waste money. Don't waste resources." The late Ceia Webb, an entrepreneuring Greenwich native, creator of numerous non-profits, while mothering five children including Beth Barhydt, editor/publisher of the Greenwich Sentinel.

By Icy Frantz

Maybe it's the shockingly big birthday on my horizon—or perhaps just the quiet days of summer—but lately I've been thinking about what life might look like if we could live it backwards.

Imagine: If we could look at our lives through the formidable lens of age, with all the knowledge, experience, and hard-earned wisdom we've accumulated through our middle years (Ok, maybe our later middle years), and somehow apply it to our past. What would we change? Would we have made different choices? Would we have lived differently?

Of course, we don't get that magical do-over. But if I could rewind and tweak a few things-just reach up and grab some of that low-hanging fruit–I know exactly where I'd start.

First, I would have embraced naps. The joy of a good nap is the ultimate luxury. I spent far too many years resisting-first as a stubborn toddler, and later as an adult who feared it might seem lazy or unproductive to spend an hour with my feet up.

As a teenager, I would have skipped the baby oil and the sunbathing. Yes, Mom-you were right. I would've kept my head far away from that record album wrapped in Reynolds Wrap, angled just so for maximum UV exposure.

And that perm. Mom? I still have no words to explain that decision.

I'd have stood taller. Sat straighter. Slouched less. (Again, right on Mom - posture matters.)

I would have made more of college. Attended every class. Got to know my professors. Savored the learning rather than treating it as something to get through. I would have partied less and studied more. (To our incoming freshman, take note.)

And I'd have known—without a doubt—that a Long Island Iced Tea is never a good idea.

I would have passed on those low-rise jeans that made me feel "hip" but too exposed. Worn earplugs at concerts no matter how "uncool." Cared less about what others thought of me. Worn sensible shoes instead of the cute ones that were a size too small. (Comfort over style every time).

But if I could truly go back and make a change or two, I would have showed up as a parent differently. I would have navigated more thoughtfully the tricky space between doing for my kids and allowing them to do for themselves.

To be clear, I'm not saying we got it all wrong-we didn't. And I hope our kids know that they are infinitely loved and treasured-they are. It's just that, along with

the Turkey, and Peanut the Elephant), Pokémon cards, Power Rangers? Maybe not worth all the time (and money) I thought they were.

The Beanie Babies, (Bongo the Gorilla, Gobbles

these wrinkles, I've been gifted a new perspective.

Pre-pre-travel soccer? Not that important.

What I really value now are the moments that felt small then: family dinners, movie nights, competitive poker games during lockdown. Quality time with the people that I love. COVID forced us to slow down and reconnect-but did it really need to take a global pandemic to remind me what matters?

And as a mom, I wish I'd shifted sooner from secret service agent and fixer to listener. Often, I jumped in to solve problems that weren't mine to fix. (I could have used a good strip of duct tape-still could, some days.)

Parenting is wired into us biologically: to protect, to shield, to help. But challenge builds resilience. Hardship strengthens character. Our kids are capable of so much when we let them be.

But maybe we can live it sideways—with the vision of hindsight and the inspiration to keep learning, to keep moving

And maybe-just maybe-if I had lived life backwards, I would've seen it sooner: that the degree, the grade, the goal, the win-they're not the story. The real story lives in the messy, beautiful, ordinary days we rush through on the way to somewhere else.

Now, standing on the precipice of 60, this isn't about regret. It's about growth. It's about being able to look back and laugh, even at the bad perms and worse decisions.

"My destination is no longer a place, but rather a new way of seeing." -Marcel Proust

So no, we don't get to live life backwards. But maybe we can live it sideways-with the vision of hindsight and the inspiration to keep learning, to keep moving, to keep on going. (even with increased needs for Ibuprofen)

Today, I am chasing fewer milestones (although I have that big one chasing me) and I am happy with just showing up- really showing up for the people I love.

And because I am still a mom, and I can't find the duct tape- advice to our daughter as she begins this next chapter-

-Be the kind of person your future-self will high five. - Call home. Not because you have to. But because

we already miss you, and also-we're probably standing in your old room getting weirdly emotional.

-And wear shoes (not the cute ones) that will let you dance all night.

> Icy Frantz, The Icing on the Cake *Icyfrantz.net*

organic blueberries available each summer through Abilis, are back for the summer season and available while supplies last! GrahamBerries have become a summer staple and are known for their plump, juicy delicious flavor and their support of Abilis community members who gain important employment skills as they sell the blueberries. GrahamBerries are sold at several locations around Greenwich and Darien. Connecticut. at the Abilis run Cafés and Abilis Gardens & Gifts as well as other locations around town.

"The community is so excited for GrahamBerries," noted Amy Montimurro, CEO and president of Abilis. "It's a summer treat that has a loyal following; locals that know and love GrahamBerries wait patiently all year long for them, so this is a very special time of year."

GrahamBerries will be available now through mid-August, or as long as supplies last, and are available for \$14 a quart or \$5 a half-pint. Orders can be placed in advance at Abilis Gardens & Gifts by calling 203-531-GIFT or in-person at all of the following locations:

Abilis Gardens & Gifts: M-F, 9:00 a.m. to 3:00 p.m., 50 Glenville Street, Greenwich, Connecticut (Quarts & Half-Pints).

The Café at Greenwich Library: M-Th, 9:00 a.m. to 6:00 p.m., Fri-Sat, 9:00 a.m. to 3:00 p.m., Sun 1:00p.m. - 3:00 p.m., 101 W. Putnam Avenue, Greenwich (Half-Pints).

Island Beach Concession Stand: M-Sun, 10:00 a.m. to 6:00 p.m. (Half-Pints).

Cos Cob Firehouse: Mondays, 10:00 a.m. to 2:00 p.m., 200 E. Putnam Avenue, Greenwich (Quarts).

Old Greenwich Farmers Market: Wednesdays, 2:30 p.m. to 5:30 p.m., 38 West End Avenue, Old Greenwich (Ouarts).

Greenwich Town Hall: M-Th, 10:00 a.m. to 2:00 p.m., 101 Field Point Road, Greenwich (Quarts).

The Café at Darien Library: M-Th, 9:00 a.m. to 6:00 p.m.; Fri, 9:00 a.m. to 5:00 p.m., Sat, 9:00 a.m. to 3:00 p.m., 1441 Post Road, Darien (Half-Pints).

Boxcar Cantina: GrahamBerries are used in special GrahamBerries Blueberry Margaritas, 44 Old Field Point Road, Greenwich.

GrahamBerries are from a unique partnership with Blueberry Hill, an organic blueberry farm in upstate New York owned by Peter and Phillippa Orzulak, whose son Graham is an Abilis community member.

"GrahamBerries have been a summer favorite going on close to 14 years now. Selling the berries provides a great opportunity for Graham, the namesake of GrahamBerries, and other individuals supported by Abilis, to learn valuable sales skills while selling the blueberries around town and at our Abilis-managed Cafés and the Island Beach Concession Stand," noted Montimurro. "It is a great opportunity to learn retail sales skills as well as customer service and we are proud to have GrahamBerries **Continued on Page 5**

THE FIRST BANKOF GREENWICH

SEAMLESS BANKING, EXCEPTIONAL SERVICE

WESTCHESTER 500 Westchester Ave. Port Chester, New York Tel 914.908.5444

GREENWICH 444 East Putnam Ave. Cos Cob, CT Tel 203.629.8400

STAMFORD 900 Summer Street Stamford, CT Tel 203.413.6101

greenwichfirst.com NMLS#510513 FDIC E



John Blankley Introduces Us to Centuries Old St. Andrew's Society - and Ken Burns

By Anne W. Semmes

John Blankley, a proud Greenwich resident of 42 years, is celebrating his second and final year as president of the circa 1756 St. Andrew's Society (SAS) based in New York City. The SAS with its 507 members offers "charity, fellowship, and scholarship" with its members having "a common Scottish heritage." And Blankley is proud of his Scottish roots. "My mother was born in Alloa, known as the wee County Clackmannanshire, the smallest county in Scotland in Lowland Scotland."

Blankley came to be in England after his mother met his father when both joined the RAF during WWII. "But every year we'd go back to Scotland," tells Blankley, "So, I'm very close to my Scottish family." Blankley would attend a prestigious college, St. Catherine's at Oxford University, then marry wife Vera, and be employed by the British Petroleum Company that would send him and family to the U.S. where they settled in Greenwich. And thanks to his then Bank of Scotland, he was soon introduced to the St. Andrew's Society.

So, over the years has he seen the member numbers grow with the SAS? "We are more or less the same size now as we were then." But surprisingly, he tells, "Part of the reason for that is in 2010 we allowed women into the Society. It had been an all-male society... When we allowed women in, a fair number of members left. So, we had to build up again with new members and female members." And now, a quarter of SAS members are female, helped by Blankley's support. "I was on the board at the time with the president making that decision."

Blankley's

"17 male and 11 female members, the majority of them in the younger age brackets." So, how does he account for this growing number of younger members? "It's friends of friends. We have associations with the University of Aberdeen, with the University of St. Andrews. We don't actively go out advertising."

In November of 2024, Blankley's first presidential year, the SAS hosted its 268th annual fundraising Banquet celebrating St. Andrew's Day. It also honored filmmaker Ken Burns with the SAS Mark Twain Award. Blankley would enjoy interviewing Burns for a half hour. (See adjoining sidebar on Blankley's Ken Burns interview).

So, the rasion d'etre of the founding of the SAS was for Scots in need. That charity now extends across New York City and its tristate communities as supported by the SAS membership. "We are the oldest charity in the state of New York," shares Blankley. "We have 38 stipend recipients. These are people that we help with things that sometimes the state can't provide - help with transport, with food, the New York Presbyterian Hospital's Children's wing, and Glasgow Children's Hospital, and help with burials, with funerals... It's all under the umbrella of the Society." Count in that annual 2024 Banquet having raised a record \$123,000 plus dollars. Featured was a silent auction and a live auction, with a couple of tours of Scotland. "We have great support from United Airlines who provide us with tickets," says Blankley, plus there are various stays with "accommodations free."

Another high point was this spring was the very first Royal Family member visit to SAS by that involves the 'kirkin o' the President's His Royal Highness, The Prince tartan,' when tartans are taken Message in the SAS 2024-2025 Edward, The Duke of Edinburgh into churches to be blessed. "Pibroch" magazine states there KG KT GCVO. His visit marked And then we have a lunch, are 28 new members this year, a fundraising event to benefit and then everybody gathers

> believably awkward, endearing, and deeply human. His journey is less about discovering powers and more about navigating the complexities of adulthood, ethics, and identity, making Superman's feats all the more exhilarating because they're rooted in genuine stakes. Rachel Brosnahan's brings intelligence, wit, and resolve Pulitzer Prize-winning to journalist, Lois Lane. Brosnahan ensures Lois is more than just Superman's love interest, she's a tenacious reporter in her own right, driven by integrity. Brosnahan and Corenswet share authentic chemistry, their interactions reminiscent of classic Hollywood romances, full of humor, warmth, and mutual respect. The film's strength extends beyond its leads. Nicholas Hoult offers a riveting Lex Luthor, charmingly sinister and intellectually formidable. His nuanced performance ensures DC canon is unmistakable. The audiences precisely why he Luthor is a credible and complex antagonist. Nathan Fillion as Guy Gardner adds a perfect dose previous incarnations, notably

deeply across generations.

on 44th Street, and we parade down Sixth Avenue waving our Scottish flags, and pipe bands and dancers come over from Scotland."

Preceding that parade day is an august cocktail party gathering at New York's Racquet & Tennis Club. "That's where the Parade Grand Marshall - for this year Alan Cumming - turns up with dignitaries," tells Blankley, "Including this year for the first time the First Minister of Scotland, John Swinney and the Secretary of State, Ian Murray."

Add that each year, since 1956, a hefty contribution of \$45,000 goes for a year's graduate study for five graduate students to attend colleges in Scotland or in America - three to Scotland and two to America. And those American students must be from Scottish descent and either residing or attending a college/university within 250 miles of the border of New York State. Colleges attending include the University of Stirling, the University of Glasgow, and the

University of St. Andrews. And in America, Georgetown University and Columbia University.

But, lastly, perhaps a SAS member of yesteryear shines the brightest, Alexander

Hamilton (not to mention the 45th president, Andrew Carnegie). "For the past three years," tells Blankley, "We have had a special lecturer on Hamilton - the aspects of his life and what he did.

He founded the Coast Guard, for example... He attended King's College, now Columbia University" (but unable to graduate due to the outbreak of the Revolutionary War). And "He founded the U. S Treasury. He was the original man who said, 'We will pay all our debts.' And that has been absolutely foundational as far as the United States is concerned."

A Glorious Return to the Heart of Superman: A Review of the New Superman Film

By Emma Barhydt

It's been a long wait, but Superman finally feels like Superman again. James Gunn's latest addition to the DC





Banquet. Contributed photo. "We are the oldest charity in the state of New York."

John Blankley.

the Duke of Edinburgh's International Award USA founded by HRH The Prince Phillip.

Remarkable as well is the history of SES, with its founding in 1756, at a time of a few thousands of Scottish immigrants, yet there were three SAS members becoming signers of the Declaration of Independence: Philip Livingston, Lewis Morris, and the Rev. John Witherspoon.

Perhaps the height of SAS fellowship can be found in Tartan Week in early April, when SAS joins with two other Scottish societies in New York: the Caledonia Club and the American Scottish Foundation. "We organize Tartan Week

This Superman reminds audiences precisely why he has resonated so

Tartan Week Parade was held this past April in

New York City. Contributed photo.

is exceptional. Rejecting the gloomy, destructive aesthetics of recent superhero outings, this film opts for vibrant colors and sweeping visuals that highlight both Superman's extraordinary abilities and the sweetness of his Kansas upbringing. Every frame is meticulously crafted, underscoring Gunn's deep respect for the source material and his intuitive understanding of what makes Superman timeless.

universe is a thoughtful, joyful revival of an icon. Breaking from recent films' dark, angstdriven approach, Gunn restores Superman's original appeal as a symbol of optimism, sincerity, and relatable humanity.

James Gunn smartly bypasses the conventional superhero origin story. Instead, we enter the film in Clark Kent's bustling career at the Daily Planet. This decision allows Gunn to dive deeper into the core themes: identity, purpose, and the profound truth that we become who we're meant to be through our choices rather than our destinies.

At the heart of this revival is David Corenswet, whose portrayal of Clark Kent recalls the earnest charm of Christopher Reeve. Corenswet captures the quiet decency of the Smallville native, creating a Clark who's of charisma and comic relief, through strategic use of John

while Isabela Merced provides Williams's classic Superman emotional depth and complexity theme. Each carefully chosen as Hawkgirl. Skyler Gisondo's musical cue reinforces the portrayal of Jimmy Olsen is narrative's emotional beats, perfection. Gisondo's Olsen is bridging past and present with sincere, fully capturing Olsen's heartfelt nostalgia. Gunn's innocence and competence. Edi thoughtful homage enriches the Gathegi also shines as Mister storytelling, grounding the film Terrific, bringing a compelling in the rich history of its beloved combination of intellect, charisma, and strategic depth to their roles and radiating that enthusiasm proves infectious.

James Gunn's passion for Superman's legacy and the wider film seamlessly integrates iconic has resonated so deeply across moments and references from

character.

the ensemble. Collectively, this emotional depth, humor, and outstanding ensemble elevates breathtaking action, a testament every scene, visibly enjoying to Gunn's adept direction. It refuses to succumb to cynicism, audience with him, reminding instead embracing the genuine hopefulness Superman embodies.

This Superman reminds generations.

Ultimately, Gunn's Superman is a complete reset on the DC Cinematic Universe.

For audiences who've waited The film expertly balances patiently for Superman to return to his roots, Gunn's movie is triumphant.

This Superman lifts the us all of our shared capacity for hope, kindness, and heroism. James Gunn has given us a Superman film that understands what makes the Man of Steel great-and proves once again why the world needs not only Visually, Gunn's Superman, Superman, but Clark Kent.

Greenwich High School Students Shine at Connecticut Girls and Boys State 2025

By Riona McKersie

The Girls State and Boys State programs were created by the American Legion and the American Legion Auxiliary to increase civic engagement and basic knowledge of the way state and national governments work, in high schoolers. This program is held across all 50 states, in which local American Legion and American Legion Auxiliary posts select delegates-who are rising high school seniors-to sponsor in the program.

In order to increase civic engagement and knowledge of governmental systems, four fictional towns are created, in both Girls and Boys States. Delegates have the opportunity to elect town officials, and work together to solve issues facing their respective towns, such as budgetary and planning

State program were Crawford Crossing, Grasso City, Merritt City and Scullyville. The towns for the 2025 Connecticut Boys State program were Adams, Lincoln, Polk and Washington.

Each of the four towns elects seven delegates to the House of Representatives, and five delegates are elected to the Senate. After going through committees, bills are debated and passed in the House and the Senate. Each student is also assigned into one of two political parties-the Nationalists and the Federalists-and from there they will select delegates to run for the positions of Governor, Lieutenant Governor, Secretary of State, Treasurer, Comptroller and Attorney General.

This year, six students from Greenwich High School were selected by the American Legion Post 29 to go to Girls and Boys and zoning issues. The towns State. I know that I can speak for the 2025 Connecticut Girls for all of the delegates when



Greenwich High School Girls and Boys State Delegates (left to right): Ambika Jha, Angela Bai, Gabriel Elezaj, Esther Nabisere, Riona McKersie, State Delegate: Gabriel Elezaj:

I say that the experience was truly once-in-a-lifetime, and the skills that we learned through the program are essential to our careers, and to being engaged and informed citizens.

Greenwich High School Girls State Delegates:

Angela Bai: House of Representatives Bill Clerk and Girls State Comptroller

Ambika Jha: Town Treasurer for Merritt City

Riona McKersie: Member of the House of Representatives (representing the town of Scullyville)

Esther Nabisere: Town Mayor for Crawford Crossing and Federalist Party Lieutenant Governor candidate

Ainsley Sahrbeck: Registrar of Voters for Crawford Crossing

Greenwich High School Boys Ainsley Sahrbeck Senate President Pro Tempore

DaVinci Windows outdistances Land Rover with 18-14 victory



BY LIZ LEAMY

Last Sunday was another afternoon for the books as DaVinci Windows, the remarkable high-goal contingent based out of Greenwich put the pedal to the metal in a fierce faceoff against Land Rover, another esteemed polo faction, to clinch an all-important 18-14 win in a second series-round 2025 East Coast Gold Cup tournament match held at the Greenwich Polo Club.

By all accounts, this showdown was a goldstar event on all fronts with its stellar roster of world-class athletes, both equine and human, packed house of more than 5,000 involved and enthusiastic spectators, extensive and diverse presence of food and retail vendors and other variables that all helped render a unique and incredible environment there, for certain.

"This is such a unique and special place and coming here has been incredible," said Nate Dean of San Jose, California who attends Syracuse University about his first-ever experience at the Greenwich Polo Club. "This place is the most unique of unique. It's great to see all the people here and this level of athletics. I'm a sports person and this is a combination of all the sports I like. There also is a lot of socialization here, which isn't too common at most sports games, which makes even more memorable."

The polo match, meanwhile, was all about action, speed and skill as both teams flew around the massive Conyers Farm field on their powerful charges hitting the ball, the fundamental element of the match, with the expertise of professional hockey players

Donercole Trampera, the powerful charge ridden and handled by Juan Olivera Jr. of Davinci Windows, being awarded the Best Playing Pony citation at last Sunday\'s match at the Greenwich Polo Club. (Photo by Liz Leamy)

of DaVinci Windows, in particular, were playing at optimal level with its high-energy roster featuring Raul (Gringo) Columbres, its renowned number-three seven-goaler, Esteban Panelo, its supercharged four goaler who was named the afternoon's Most Valuable Player, Juan Olivera Jr., its lightning-quick three goaler and Al Keshvarzien of Greenwich holding down the number-one position in characteristic stealth manner.

For the team, the goal was to do their best, especially with the competition being so fierce.

"It was a tough game and I think the team and horses did very well," said Colombres, who has been a huge crowd favorite at the Greenwich Polo club ever since he first started playing there several years ago. "The crowd was amazing and when you hear them cheering, it's a great feeling."

His colleagues agreed.

"It was a tough game against a really good team," said Olivera Jr., another popular player at the Greenwich Polo Club. "We just tried to concentrate from start to end and do our best and the horses were incredible."

For the entire DaVinci Window contingent, including Michael Matkovic, the company's dedicated Owner and Chief Executive Officer who also grew up in Greenwich, it was extremely meaningful for the team to be playing in front of their home crowd.

Throughout the game, the talented members DaVinci Design Windows LLC, a company based on Benton Street in Stratford, Connecticut whose recent projects include the Modern Glass Railing System at Fairfield University, Curtain Wall at the White in New Haven, Sound Beach Apartments in Old Greenwich and Thorn Hill Residence in Greenwich, among other notable ventures. "The crowd was so vibrant and everything seemed to flow."

> Keshvarzien also gave big props to the Greenwich Polo Club for its gold-star standard.

> "Everyone here, especially the management and staff, are all incredible," said Keshvarzien. "Everything about this club, the crowd, the field, the whole environment, is amazing. You couldn't ask for anything more."

> Moreover, the action on the sidelines was also palpable which added another dimension to the whole energy of the afternoon.

> "The excitement of the match, along with the energy of people, weather and whole environment here is all just incredible," said Adriane Klein of Greenwich, who has been attending Greenwich Polo Club matches with her husband, Erik and daughter, Talia, for several years. "It's pretty special and we love coming here."

> Conclusively, the 2025 Interactive Brokers East Coast Gold Cup tournament will wrap up Sunday, July 20th at the Greenwich Polo Club with the final scheduled to start that day at 3pm.

How the East **Coast Gold Cup Tournament Works**

July 18, 2025 | Greenwich Sentinel | Page 3

The 2025 Interactive Brokers East Coast Gold Cup, held at the Greenwich Polo Club throughout July, is one of the premier high-goal tournaments on the East Coast polo calendar. Six elite teams-FlyHouse, La Fe, Da Vinci Windows, Land Rover, Ronin Capital, and Dracarys-compete for the prestigious Gold Cup trophy, drawing internationally ranked players and world-class ponies to the lush fields of Convers Farm.

The tournament begins with round-robin play, where each team faces several of the others over multiple weekends. Wins and point differentials are tallied to determine rankings, creating a leaderboard that sets the stage for the knockout rounds. In this format, every goal counts-not just for a win, but for seeding in the next round.

As July unfolds, the teams with the strongest records advance to the semi-finals. This year, the four top-ranking teams-FlyHouse, Dracarys, Land Rover, and La Fe-earned their place in the semis through a combination of regular match victories and mid-week shootouts, a unique feature of polo used to break ties and determine rankings.

The semi-finals are single-elimination matches: two headto-head games that determine which finalists will compete for the Gold Cup title on Sunday, July 20. The final match is the tournament's pinnacle, where strategy, speed, and horsemanship collide before a packed crowd.

Throughout the tournament, individual performance is also honored. Players like FlyHouse's Nicolas Diaz Alberdi, named MVP for his thrilling overtime win against La Fe, and Da Vinci's Juan Olivera Jr., recognized for his 18-14 victory over Land Rover, exemplify the tournament's elite level of play.

The East Coast Gold Cup offers more than a spectacle-it's a showcase of athleticism, precision, and tradition that keeps Greenwich Polo Club at the heart of the summer sporting season.



Your child's eye health and vision quality play an essential role in physical, cognitive, and social development. Our team is here to provide

and also finesse of world-class dancers that help designate this as an edge-of-your-seat on just doing our best," said Al Keshvarzien Greenwich Polo Club website at : experience for so many.

"It was a tough game and we were focused of Greenwich, who is proudly representing

For more information, please visit the www.greenwichpoloclub.com

comprehensive care and support for all your family's eye health needs.



Robert J. Fucigna, M.D. 1445 East Putnam Ave., Old Greenwich (203) 348-7575 AOCT.CO

High-Quality Metal Furniture Restoration & Powder-Coating Services



Email your photos for a free estimate! pattysportico@gmail.com



140 Highland Street, Port Chester, NY 10573 914-935-8839 or 914-937-1907 PattysPortico.com



AT THE ICONIC GREENWICH POLO CLUB!

GATES OPEN AT 1:00 PM

CAN. DOWNLOAD. BOOK.

*TICKETS AVAILABLE AT GREENWICHPOLOCLUB.COM/TICKETS

GOFLYHOUSE.COM | 888 FLY 5555

Lessons on Longevity from Okinawa

By Mimi Santry

Recently my colleague, Robin Staver, shared that she was traveling to Japan for a trip focused on that area's exceptional longevity and lower rates of chronic disease. Okinawa, the smallest and least populated of Japan's five main islands, is designated as one of the five original Blue Zones - which additionally includes Sardinia (Italy), Nicoya (Costa Rica), Ikaria (Greece), and Loma Linda (California). Blue Zones, a term popularized by researcher Dan Buettner, are geographic regions where the residents live significantly healthier lives and often reach 100 years and older. "The three leading killers in the West - coronary heart disease, stroke and cancer - occur in Okinawans with the lowest frequency in the world. On average they spend 97 percent of their lives free of any disabilities." Journal of Gerontology: Medical Sciences by Bernstein, Adam, Wilcox, Tamaki et al.

Robin's interest in Blue Zones stems from her work as a geriatric care manager and special needs specialist. Through her company Staver Care Management LLC, Robin provides care management services to older adults and adults with disabilities, and if required, acts as a court appointed guardian. She has become fascinated by why on being less stressful and certain individuals thrive while others face health challenges. An educational trip focused on health and longevity and the opportunity to see Japan was an opportunity she couldn't pass up.

Here are some of Robin's takeaways of why the residents Okinawa outlive their in cohorts.

Stay Active with Natural Activities

Okinawans stay active throughout their lives, not through programmed exercise programs, but through daily activities. Because they often sit on tatami mats, their bodies are conditioned to be flexible and strong. Coming from a farming-based economy, there are many physically demanding chores and household work that promote fitness. Walking and climbing are part of their everyday lives. Many residents continue working into their 70's and 80's. There is no word for retirement in the Okinawan vocabulary.

Follow the 80 Percent Rule

Okinawans have a ritual of saying "Hara hachi bu" before meals. This 2,500-year-old Confucian slogan reminds them to eat with intention and stop eating when their stomachs are 80% full. As a result, Japan has one of the lowest obesity rates among developed nations. This focus on moderate food consumption helps prevent obesity and many related chronic diseases.

Embrace a Slower-Life Style

prides Okinawa itself more healthful than many other Japanese cities. The local vocabulary reveals many of these concepts. The expression "Nankuru nai sai" means "things will work out somehow" which hints at a Moai, a formal social support a Moai and some even belong eaten but in much smaller 100: Secrets of the Blue Zones."



Robin Staver - Lessons on Longevity from Okinawa

It's a combination of culture, positive attitudes, good habits and the support of family and community.

the Okinawan phrase "uchinaa time" refers to the more relaxed pace in this region. Okinawans also embrace napping as contributing to well-being and longevity. Instead of seeing it as "lazy", they see it as a tactic to stay recharged and active.

Social Connection and Support

In Okinawa, a huge value placed on social connection and community support. One unique social dynamic is the

were economic collectives, formed to pool resources of an entire village for emergencies and special projects. These groups are formed early typically about five young and they are encouraged to family. They meet regularly and are tasked with stepping in when others need support. bamboo shoots,

positive outlook. In a culture groups that typically starts in to multiple groups. This system that is known for punctuality, early childhood and continues of mutual aid provides a strong for a lifetime. Originally Moais sense of purpose or "ikigai" that keeps older Okinawans engaged and active.

Plant Based Diet with Super Foods

The Okinawa diet is full children are paired together, of nutrient rich plant-based foods. They consume a lot of establish essentially a second sweet potatoes, soy, grains, vegetables, bitter turmeric, daikon radish, cabbage, Even now, roughly half of and seaweed. Fish and lean Okinawans report being part of meats, particularly pork, are

quantities than other diets. The diet emphasizes whole, unprocessed foods. Red meat and dairy are avoided or consumed in limited quantities. Because crops can be grown in Okinawa year-round, they consume less salt cured meats/ foods.

Respectful Attitude Toward the Elderly

Based on Confucianism, Japanese culture places a high value on respecting and caring for older people. Intergenerational households are very common, so isolation is less of an issue. Unlike many societies where the elderly are marginalized, the elderly in Okinawa seem to be visible and highly involved. Community members actively assist the elderly, whether it be by monetarily supporting their fish stall or assisting them with more physical tasks in the fields.

ľm very grateful to Robin Staver for sharing her insights on how Okinawans age so gracefully and avoid many of the health issues that plague our population. It's a combination of culture, positive attitudes, good habits and the support of family and community. that seem to produce more centenarians that anywhere else on earth.

Recommended Reading/ **Programs:**

The Okinawa Centenarian melon, Study started by Dr. Makoto Suzuki.

> The Okinawa Way by. Dr. Bradley Wilcox

Netflix Docuseries: "Live to



For Aquarion Customers in Greenwich Smart Watering Begins with You

Discover The Greens at Greenwich Where Home is a Feeling

The Greens provides safety, comfort, and a loving home filled with laughter and joy. We are a small intimate assisted living community for your loved one with memory impairment.

Awarded the Best Practice for Resident Care by the Connecticut Assisted Living Association

Schedule a Tour 203.531.5500

maryellen@thegreensatgreenwich.com thegreensatgreenwich.com







Purple Flag

Smarter watering is watering without wasting such an important, irreplaceable resource while also keeping your lawn and garden looking their best.

Most importantly, it can be as easy as following Aquarion's mandatory irrigation schedule for hose-end sprinklers and automatic irrigation systems. Or go a step further...upgrade to a highefficiency, irrigation system. Either way, you'll reduce what the EPA has identified as one of America's biggest water wasters - lawn and garden overwatering.

Meanwhile, you'll make more water available for vital needs throughout your community - like fire protection and drinking water. And that's just plain smart.

Questions? Contact Aquarion's Customer Service Center at 1-800-732-9678 or speak to a licensed irrigation professional.



Stewards of the Environment[™]

Mandatory, Maximum **TWICE-WEEKLY** Sprinkler **Irrigation Schedule**

> Last digit of your address number

0, 2, 4, 6 or 8 (even numbers) Water only on Sun & Wed 12:01 am - 10:00 am, or 6:00 pm – Midnight

1, 3, 5, 7 or 9 (odd numbers) Water only on Sat & Tues 12:01 am - 10:00 am, or 6:00 pm – Midnight

No address number Water only on Sun & Wed 12:01 am - 10:00 am, or 6:00 pm - Midnight

LEARN MORE AT aquarionwater.com/watering

Some Change Can Be Good, After All



BY STUART ADELBERG

Something big is happening to me this week. I have been preparing for more years than I can remember. Over the past twelve months my inbox has been inundated with messages warning me that this is coming. I have had quite a few milestones in my life, but none of them seemed quite as consequential.

I'm not sure how to plan my week. Do I sit on the couch and wait, or do I go about my business and let nature take its course? Am I supposed to be doing something special to prepare? Do I have to make some kind of announcement? Are there elements

of my life that will change in ways I haven't yet considered?

I don't react well to change. I like things to stay the way they are. I'm the kind of guy that likes to eat in the same restaurant forever - you know, the one where the waiters know your name and bring your drink before you ask. The restaurant where you can recite the menu by rote - but you read it every time anyway, just in case they decide to stop offering the item you always look at even though no one in the history of the restaurant has ever ordered it. It wasn't bothering anybody all those years – why change it now?

Do you think I'll look different? Will people notice that something big has changed? Do I need to change my attire? Do I have to eat different foods? Will family and friends even notice that something has changed? Will they treat me differently? What do I do the day

Something big is happening to me this week. I've been preparing for more years than I can remember. If I make it through, maybe I'll write another column. I'll let you know what it felt like to cross the Rubicon!

after? Am I allowed to do everything I club. They seem OK, but what if I don't

different? Will everything. . . you know. I learn what it means to be a part of before?

reminding me to make sure that I was appropriately prepared for what's coming. I even got a couple of ID cards. It's like I'm now part of a new club. Who asked for this? I liked the old club. I was comfortable. I understood what was expected of me and exactly how to

I do know a lot of people in the new

do it.

. "everything" still work the way it did this new club? Is there a class I need to take? A test? Do I need a mentor? Last month I received more mail I haven't felt this way since I started than usual. I got a pile of letters college. But then everyone I was with was also new, so we learned what to do together. This week, I feel like I'm on my own!

> maybe I'll write another column. I'll let you know what it felt like to cross the Rubicon, become part of a whole new class of people, check off a different box when completing a survey.

Wait a minute. I just checked did the day before? Will I even want to? fit in? What if they don't want to talk today's mail. Wow! You can't believe And the big question - will I feel about the things I care about? How do all the offers I'm getting. Apparently, I don't have to pay full price for anything anymore! I didn't do anything special to earn this, but many businesses want to reward me with all kinds of free stuff. . . just for being me! If the rest of the year goes like this - turning 65 may be a good change, after all!!

> Stuart Adelberg has a long history If I make it through the week, of active involvement and leadership in the region's nonprofit arts and human services communities. He appreciates the opportunity provided by Greenwich Sentinel to share his occasional thoughts and observations.

COLUMN Legal; Not Harmless: Marijuana in the Age of Legalization



By Teresa Alasio MD

Over the past decade, marijuana has undergone a remarkable transformation in American society. Once relegated to the shadows of counterculture, it now occupies prominent storefronts in cities and towns across the country. As of 2025, more than half of U.S. states have legalized recreational marijuana, and nearly all permit its use for medical purposes. This shift has brought undeniable benefits-economic growth, criminal justice reform, and expanded medical research-but it has also introduced complex public health challenges that demand our attention.

The New Perception: Safe and Mainstream?

Legalization has sent a powerful message: marijuana is safe. Dispensaries today resemble boutique retailers, and cannabis products are marketed as wellness aids, sleep enhancers, and even productivity boosters. Edibles are packaged in pastel colors, and CBD can be found in everything from lotions to lattes.

But this glossy rebranding comes at a cost. Research from the National Institutes of Health (NIH) and the Monitoring the Future survey indicate that as marijuana becomes more

accessible and socially accepted, perceived risk among teens and young adults declines-and use increases. In 2023, nearly 30% of U.S. high school seniors reported using marijuana in the past year, a rate that has held steady or increased in legal states despite age restrictions.

Today's Marijuana: More Potent, More Powerful

A crucial but often overlooked fact: marijuana is not what it used to be. According to the Drug Enforcement Administration (DEA), the average THC content in marijuana has tripled since the 1990s, rising from about 4% to more than 15%. Concentrated products like wax and oils can contain THC levels as high as 90%. This dramatic increase in potency has real consequences, especially for young people.

studies, Numerous including those published in JAMA Psychiatry and The Lancet Psychiatry, have found that regular marijuana use during adolescence is associated with impaired memory, reduced academic achievement, and a higher risk of developing anxiety, depression, and, in vulnerable individuals, psychosis. The developing brain is particularly sensitive to THC, and early, frequent use can have lasting effects.

Impaired Driving: A Growing, Underestimated Risk

Legalization has also complicated efforts to keep roads safe. While the dangers of drunk driving are widely understood, the risks of driving under the influence of marijuana are less well known-and harder to measure. THC impairs motor coordination, reaction time, and judgment, but unlike alcohol, its effects are not reliably detected by blood tests or breathalyzers.

Data from the Insurance Institute for Highway Safety and the Governors Highway Safety Association show that states with legal marijuana have experienced increases in traffic accidents and fatalities where THC was detected. For example, a 2022 study in JAMA Network Open reported a 16% increase in injury crashes following legalization in several states. The risk is clear: impaired driving endangers not only the user but everyone on the road.

Youth Access: Persistent

Challenges

Despite strict regulations, underage access to marijuana remains a significant concern. Child-resistant packaging is not foolproof, and edibles-often resembling candv or baked goods-are particularly attractive to children and teens. The American Association of Poison Control Centers reports that calls related to unintentional marijuana ingestion by children have risen sharply in states with legal access, with thousands of incidents annually.

Parents should be aware: legalization does not equate to harmlessness. Open, to recognize and address cannabis-

informed conversations about cannabis use are as vital as discussions about alcohol and tobacco.

The legalization of marijuana has corrected many

past injustices and opened doors for research and

medical progress. But it has also brought new risks

that we cannot ignore.

One Size Does Not Fit All

Cannabis is not inherently good or bad; its effects depend on the individual, context, and dosage. For some, especially those with chronic pain or undergoing chemotherapy, medical marijuana offers real relief under a doctor's supervision. For others, particularly those with a family history of mental illness, marijuana can trigger panic attacks, paranoia, or long-term dependence. The distinction between medical and recreational use is often blurred in public discourse, but it matters.

The Path Forward: Education and Regulation

Legalization is not the end of the conversation-it's the beginning. Like alcohol and tobacco, marijuana requires ongoing, evidence-based public health education and regulation. This includes:

• Clearer labeling of THC content consult your medical provider. and health risks.

• Stronger protections to prevent youth access.

related issues.

· Accessible resources for those struggling with cannabis dependence.

Public health campaigns must keep pace with the rapidly evolving cannabis landscape. Scare tactics and glorification are equally unhelpful; honest, nuanced education is essential.

Conclusion: Embracing Nuance

The legalization of marijuana has corrected many past injustices and opened doors for research and medical progress. But it has also brought new risks that we cannot ignore. Marijuana is neither the villain of the "Just Say No" era nor a harmless herbal remedy. As a society, we owe it to ourselves-and especially to our youth-to approach cannabis with the nuance it deserves, weighing both its benefits and its risks.

In this new era, being informed isn't just wise-it's essential.

The information presented is for educational purposes only and not meant as a substitute for medical advice. If you have a specific medical concern, please

Dr. Teresa Alasio is the Medical Director and Owner of Intentional Self Aesthetics, located in Downtown New • Training for healthcare providers Canaan. She lives in New Canaan with her family.

Greenwich Crew Crushes Competition

By Ethan Hudson

The town of Greenwich made their presence felt all the way in Sarasota, Florida last week thanks to the dominant performance of the Greenwich Crew team at the USRowing Youth National Championships. Between June 12-15, Greenwich Crew claimed two national championships in what is widely regarded as one of the most competitive youth rowing events in the country. With it being considered a great achievement just to qualify, Greenwich Crew further established themselves as one of the premier youth rowing clubs in the country.

The titles were won by Greenwich's Men's Under 16 8+ boat as well as the Women's Under 17 8+ boat, out of over the mindset our athletes bring to every 200 competing programs. Additionally, the Women's Under 17 4+ boat also captured a bronze medal for Greenwich. Although no more boats would reach the podium for the team, Greenwich Crew still enjoyed two other top-five finishes, under pressure." coming from the Women's 1V8+ boat and the Men's 2V8+ boat securing 5th place, by coxswain Andrea Nguyen, the goldrespectively.

The men's gold squad for Greenwich, led by coxswain (steersman of the boat) Caroline Stowe, consisted of Daniel Lisboa Da Cunha De Freitas, Cristopher Pomara, Everett Andrews, Kai Licznerski, Ryan McDonald, Gabriel Bisio, Alessandro Baldinucci, and Edward Willott. Finishing with a time of 6:11.66, the group's combined efforts under pressure and position of their strokes propelled them to the first place finish. For the 5th place boat, manned by coxswain Averi Israel and rowed by Henry Lovejoy, Hunter Zeppelin, Tyler Hatstadt, Peter Murphey, Samuel Woody, Oliver Willott, Theodore Nestoros, and Sean McKenna, the crew clocked an impressive time of 6:02.52.

"These results are a testament to practice and every race," said Men's Head Coach Cary Wasserman,. "Winning at the national level-especially with such young crews-takes more than strength; it takes maturity, trust, and the ability to execute

On the women's side of things, guided medal squad was made up of Nuria

What we saw in Sarasota, in every Greenwich Crew race, was the result of athletes who are meticulously prepared, mentally disciplined, and fully committed to racing with purpose and heart,"



Greenwich Crew Womens U17 Champions

Victoria Bergholt, Alexandra Laverge, Josephine Herman, Lily Higgins, and Madeleine Martin. Their boat crossed the finish line with a time of 6:44.85 and sizable lead, further showcasing the skill and discipline of Greenwich's rowers. For the bronze-medal boat, coxswain Amaro, Paulina Almy, Tessa Murphy, and Linnea Barrachin to a come-fromspot on the podium and finishing with a

Hoffman, Gabriela Estela, Maggie Barratt, time of 7:11.54. For the 5th place boat, led by coxswain Saira Mitchell and rowers Kaitlyn Droscoski, Liana Hoffman, Elizabeth Reid, Kateri Daly, Katharine Kerko, Elisabeth Schmitz, Lynn Gulli, and Margaret Owens, the crew earned a time of 6:41.24 in a highly anticipated race.

Perhaps what is most exciting is the Makayla Jaffe commanded rowers Elia future ahead for Greenwich Crew. "To see two of our youngest eights crowned as national champions and another boat is building not just elite rowers, but

courageous competitors," said Women's head coach Paul Ruggeberg. Wasserman agrees. "What we saw in Sarasota, in every Greenwich Crew race, was the result of athletes who are meticulously prepared, mentally disciplined, and fully committed to racing with purpose and heart," he said. With a program filled with young rowers who still have room to grow and plenty of more regattas to behind finish, narrowly securing their rally for bronze shows that our program attend, Greenwich Crew expects plenty of more hardware to come.

GRAHAMBERRIES! From Page 1

as part of our Abilis Employment program. This ongoing program helps provide positive work experiences for our adult community members with disabilities. Selling the GrahamBerries is both fun and empowering for our Abilis community members and we love that we've been able to partner with the Orzulak's on this important initiative."

The Orzulak family, who owns the blueberry farm "Blueberry Hill," and their team pick the blueberries, package them and personally transport them to Greenwich, where the Orzulak's son Graham and his team of blueberry sales staff set up locations around town.

"We knew that having a child with special needs would require some creative thinking when it came time for our son to have a job," said Philippa Orzulak, Graham's mother. "As our son was graduating school and was ready to work, we started thinking outside the box and worked with the Abilis Competitive Employment team to come up with some work that Graham could do. He started with a paper shredding business and then serviced two snack machines. We started

our organic blueberry farm in 2011 and decided that extending the blueberry sales to the Abilis program participants would be a good way to help individuals interact with customers, perfect their sales techniques and learn new job skills. Now after selling the blueberries locally for more than a decade, Graham is often referred to as 'the Blueberry Mayor of Greenwich!"

Graham has received services from Abilis beginning when he was a baby with Abilis' Birth to Three program. Diagnosed as an infant with Angelman Syndrome, a genetic disorder, Graham started to receive supports in the Early Intervention program. As Graham approached adulthood, his family wanted him to have opportunities to be more independent and that included a job. Abilis developed an individualized day program, a beautiful home for Graham and his friends, and an employment plan, which included selling and delivering organic blueberries from his family's farm

Abilis' Employment Program was designed to work with individuals to create customized career plans that build upon their interests and skills and offer avenues toward employment in the community. Abilis' businesses are part of the Employment program and include Abilis Gardens & Gifts, Abilis Café, a paper shredding business,



GrahamBerries, The Café at Greenwich Library, Island Beach Concession, The Café at Darien Library, The Café at the Darien YMCA and the Abilis Courthouse Café at the Stamford courthouse. Abilis also partners with more than 100 other local businesses as part of the Competitive Employment Program and works with partners such as Feinsod's Ace Hardware, Gregorys Coffee, Stop and Shop,

Something Natural, Home Depot, The Greenwich Country Club and many other businesses to provide additional job training and meaningful work for its Abilis community.

To learn more about GrahamBerries call Abilis Gardens & Gifts at 203-531-GIFT (4438). To learn more about Abilis' Competitive Employment Program, visit abilis.us or call 203-531-1880.

Greenwich Sentinel PUBLISHER Beth@GreenwichSentinel.com Elizabeth Barhydt

> **EDITORS & COPY EDITORS** Editor@GreenwichSentinel.com

Emma Barhydt, Peter Barhydt, Liz Leamy, Joe Dawson, Stapley Russell, Anne W. Semmes, Tom Williams

It's How We Treat Each Other

If you want to live to 100, you could move to Okinawa, Japan, where they eat purple sweet potatoes and belong to life-long social circles called moai. Or you could join the hillside shepherds of Ikaria, Greece, who nap daily and cook with wild herbs. Or you could stay put here in Greenwich-and learn what these places know.

In the early 2000s, journalist Dan Buettner identified five "Blue Zones" across the globe where people live significantly longer, healthier, and happier lives. The secret, he found, was not kale or crunches. It was the gentle, persistent architecture of their lives: plant-based meals, natural movement, daily purpose, tight-knit social circles, and environments designed for connection rather than convenience.

If you want to shorten someone's life, stress them constantly.

"The key," Buettner has said, "is not discipline-it's design."

Which brings us to Greenwich. We have good schools, clean parks, medical excellence, walking trails, and a Whole Foods which delivers. But we also have something else that the Blue Zones avoid: chronic stress, rising loneliness, and a rising tolerance for meanness in public and private discourse. That's not just unpleasant. It's dangerous.

Medical studies now confirm what grandmothers and philosophers have always known: unkindness is a health risk. Sustained emotional stress-from social friction, bullying, or public shaming-elevates cortisol, impairs immune function, and shortens telomeres (the body's cellular clocks). Inflammation rises. Memory fades. Brain scans show accelerated aging in those surrounded by negativity. "If you want to ruin your own memory later in life," writes Buettner, "spend a decade being angry."

So let us be clear: people who act with cruelty, online or in person, are not just being "real." They are subtracting years from the lives of their readers-and hurting their mental acuity. A sharp tongue can take a real toll on the nervous system. Constant derision corrodes trust. A culture of contempt is a threat to public health.

Editorial Pa Thank you to Sen. Fazio and Rep. Courpas for productive town hall COLUMN

Dear Editor,

Senator Ryan Fazio and as they recognized the perseverance in making Representative Tina Courpas importance of creating energy pricing more for hosting the end-of-session affordable housing while transparent is already bearing town hall at the Greenwich also preserving local control fruit, and the coming rate Town Hall last Wednesday (7/9).

It was encouraging and informative to hear firsthand it is the foundation of effective **Courpas:** your dedication about the important work happening at the state level. The candid discussion on transparency in the legislative clarity you brought to the both the progress made and the ongoing challengesparticularly those related to the budget and affordable housing-was invaluable. Despite being unsuccessful,

bipartisan effort to send advocacy in reducing energy your continued service and A big thank you to HB5002 back for revision, costs in Connecticut. Your through home rule. Finding reductions offer real hope for in Hartford. Events like common ground across party families and businesses alike. lines is not only admirableand enduring leadership.

> Their push for deeply appreciated. The process—ensuring legislators have adequate time to review and understand proposed legislation—is equally vital to expertise and advocacy are maintaining public trust.

To Senator Fazio: community. I especially commend their thank you for your strong

Thank you both for Thank you for the Feedback

To Representative

to special education is

conversation about budgeting

and its real-world impacts

was immeasurable. Your

a tremendous asset to our

So, so, so agree with last week's editorial. The final sentences filled my eyes with tears! Once again you are providing validity to values important to the many next long years of our town.

Thank you so much for your continued guidance. It will serve us well as we go forward.

Irene Dietrich

Sincerely,

Frederick Lee

-The above are my own

District 1 RTM chair.-

opinions and not expressed

in my capacity as Greenwich

commitment to thoughtful,

inclusive governance, and

for your steadfast defense

of Greenwich's interests

these strengthen the

vital connection between

constituents and their

representatives.

"Which Way Shall Greenwich Avenue Go?"

Thank You, Greenwich!

To the Editor:

NOTE

LETTER

I write as a longtime Greenwich resident who read your recent editorial, "Which Way Shall Greenwich Avenue Go?" with deep gratitude and a sense of civic urgency. It is a rare thing these days to encounter an editorial that is both clear-eyed and principled, and your piece was both. You have articulated what so many of us feel in our bones: that the proposed boutique hotel at the Havemeyer Building site is a missed opportunity-not only architecturally or functionally, but morally.

The Havemeyer Building is no ordinary piece of real estate. It occupies not just a prominent corner of Greenwich Avenue, but also a meaningful place in the public memory. To turn such a space into a private hotel, serving transient guests rather than the enduring needs of our community, would be an abdication of vision.

Your editorial is exactly right to remind us that hotels. for all their elegance, are not places of community. They are designed for strangers, not neighbors. They offer exclusivity, not inclusion. They require infrastructure, but they do not contribute

LETTER

meaningfully to the life of a town-especially a town like ours, where parking is already scarce and the balance between local and corporate enterprise grows more fragile by the year. The thought that public parking might be sacrificed to accommodate a 71-room hotel with a rooftop bar feels like a case study in precisely the kind of short-term thinking that hollows out great towns.

You offered an alternative vision-one rooted in public good, shared cultural experience, and architectural dignity. I hope the Board of Selectmen takes seriously the idea of creating a performing arts space or black-box theater. It would serve young artists, local schools, nonprofit groups, and all those whose work is not measured by quarterly earnings but by the richness they bring to our common life. If we are to preserve the soul of this town, we must resist the drift toward the transactional and reaffirm what Greenwich has always stood for: permanence, participation, and pride in place. We are not a hotel lobby. We are a town.

Thank you to the Greenwich Sentinel for reminding us of that. Margaret Halloway

Dear Greenwich Residents,

On behalf of all of us at the Greenwich United Way - our Board, staff, and volunteers - I want to extend a heartfelt thank you.

Because of your generosity and commitment to our community and our mission, the Greenwich United Way recently awarded more than \$640,000 in grants to 24 local non-profits addressing critical needs in health, education, and self-sufficiency the top priorities identified through our Community Needs Assessment. These grants are part of a longstanding tradition dating back to our founding in1933. In just the last 20 years, your support has helped us direct more than \$50 million into our community through grants and programs. Each grant we award is backed by a rigorous, volunteer-driven review process that ensures every donor dollar is maximized. Our Community Investment Process (CIP) - led by dedicated local volunteers - carefully examines each non-profit organization's finances, program design, and expected outcomes. This thorough analysis ensures funding goes to programs with the greatest potential to improve lives and meet real needs.

can access essential after-school programs

- · Making affordable, high-quality preschool childcare available to working families
- · Expanding behavioral health resources for young adults ages 18-25

Which is why, in this moment, we must do something rare: ask each other to stop. Calmly. Kindly. But firmly.

We can say: That's not how we speak to one another in Greenwich. We can say it in our town halls and our PTA meetings. We can say it when someone mocks a neighbor on Facebook. We can say it in our homes and in our hearts. Because this is not just about being nice. It is about being well.

You don't have to move to Sardinia to reap the benefits of a Blue Zone. You can create one right where you are-by rethinking your pantry, your schedule, your circle of friends, and by what you choose to read. Buettner recommends simple starts: cook plant-based meals a few times a week. Go for a walk after dinner with someone you care about. Keep healthy food in view. Meditate for 10 minutes. Take a nap. Invite a friend over for tea. Eat slowly.

But perhaps the most powerful act of all? Choose kindness. Let it shape your tone, your conversations, your assumptions. Let it be the air your family breathes, the spirit of your community.

We cannot out-medicate loneliness. We cannot out-exercise bitterness. But we can, with small daily acts, make Greenwich a place where people flourishnot just longer, but better.

In The Nicomachean Ethics, Aristotle wrote that "the whole is greater when its parts are in harmony." We can make this town not only one of the safest in America, but one of the strongest in spirit and clarity of mind. Chronic hostility-lived in, witnessed, or absorbed-does not simply wound feelings; it degrades the brain itself, eroding memory, dulling thought, and hastening decline. Choosing civility, then, is not merely about being nice. It is about preserving the very faculties that let us love, reason, and belong. To reject meanness is to protect each other's futures. To live kindly is, quite literally, to keep each other whole.

Thanks to your support, this year's grants are making a is. difference in many ways, including:

· Providing transportation so students at Title 1 schools

- · Supporting local efforts to combat food insecurity
- \cdot Helping individuals secure the job skills necessary to
- obtain stable, long-term housing

We take your trust seriously. Every grantee is held accountable through follow-up reports at six months and one year to ensure our shared resources are being used effectively. Our volunteers devote months of thoughtful work to each funding cycle, reviewing applications, asking tough questions, and ensuring that every dollar aligns with our mission and your intent.

We know the needs are great and only growing. While difficult decisions must be made each year, one thing is constant: we couldn't do any of this without you.

Thank you to our donors, our volunteers, and our community partners. Your continued support fuels real, measurable impact. Together, we make Greenwich the incredibly special town that it

> With Gratitude, David Rabin, CEO

At Town Hall, Thanking for Autism Bill

Tina Courpas and Senator Ryan Fazio, daughter Vanessa live. Brita Darany von Regensburg, founder

At a well-visited Town Hall evening homes where adults with profound neglect complaints, investigations hosted last week by Representative often nonverbal Autism like Brita's own

Bill 7108 establishes new reporting -president of the Greenwich based and review requirements for the nonprofit Friends of Autistic People, was Commissioner of Developmental among the attendees. She was there to Services regarding abuse and neglect thank the legislators for co-sponsoring investigations and the expenditure of and helping pass the new Autism focused funds for services. The Commissioner Bill 7108, an act concerning abuse and is mandated to file an annual report about Friends of AutisticPeople email neglect investigations in the group detailing the number of abuse and Brita at fap.autismct@gmail.com.

conducted, substantiated cases, and any administrative actions taken.

This bill will enhance the quality of life of the thousands of adult children with Profound Autism who live in Connecticut's group homes.

If you would like more information



Brita with Rep. Tina Courpas

GreenwichSentinel.com

COLUMN **Independence Is More Than a Declaration – It's a Challenge**

By Francis Ambrogio

The celebrations are over -I hope your burgers and beers and time spent with family and friends were as good as mine. Fortunately, the art of the smashburger has made its way across the Atlantic, but I do have to admit that German helles really does rate a lot better than many American beers.

Let's take a bit of a time jump, for a moment – if it were the week after July 4, 1776, you might just be hearing news of the Declaration of Independence right around now.

If you were in a town or city not controlled by the British, the Declaration might be read aloud, likely with great pomp and circumstance, with the ringing of bells and the firing of muskets into the air – but you wouldn't be alone if you were one of the many wondering if independence from the British Empire was wise or even possible, even if it may have seemed the principled move. More than that, it was one thing for your ancestors to force kings to agree to share power with Parliament, but it was entirely something else to completely separate not just from the War of Independence.

King but from the entire pride and legacy.

at least nominal support for our own times. a declaration to which any evebrow.

of Independence was bold - Independence. But to name perhaps even a bit brash – and a few – a secession crisis in 1776, it the independence and Civil War rocked the guaranteed. It took another but it emerged stronger -

Even after independence British system - its global was secured, the thirteen network and its prosperity, its United States' confederation power and its protection, its looked shaky. Congress could ancient constitution, and its not pay its soldiers - let alone the new nation's foreign If you were in the creditors from the late war Continental Army, you – and but for the personal might hear the Declaration intervention of George read aloud as you stood in Washington, the Continental formation, wondering if its Army may have done what so high-minded words might many other victorious armies lift your comrades' spirits, have done throughout history even if it didn't lift your own. and seized power for itself. The Continental Army had Over the next few years, the already faced more than United States were unable to a few setbacks, and both put down rebellions, protect supplies and morale were in their frontier, or even levy short supply. If you were an taxes. It took some clever American diplomat overseas, politicking and inspired you might have taken a leadership to wrangle the deep breath or two as you thirteen States into a new and announced the Declaration far more functional federal to a foreign court, hoping for Constitution, which lasts into

I do not have space here king would certainly raise an to recount every other great challenge to the vision set All in all, the Declaration forth in the Declaration of it declared was by no means republic to its foundation, two years for any foreign even driving a grammatical power to recognize the shift, with the term "United independence of the thirteen States" going from a plural States, and it took five more to a singular noun. No other long years to actually win the nation has reconciled so

My Independence Day this year was a direct result - on a personal level - of the world we and our allies have built.

particularly one so brutal and devastating. Veterans of both sides literally shook hands on former battlefields, former Confederate general James Longstreet led US troops to break racist riots, and it was President William McKinley - a decorated veteran of the Union Army - who insisted on honorable graves for fallen Confederate soldiers. Massive economic changes, such as the Industrial Revolution, and crises, most notably the Great Depression - and perhaps future shake-ups from artificial intelligence "The principles contained - have challenged how we in [the Declaration] are approach citizenship, politics, saving principles. Stand by and power. The Civil Rights those principles, be true to Movement showed the whole them on all occasions, in all nation what believing in its places, against all foes, and promise really was, even at whatever cost." Rev. King, as so much of the country more than any American of rejected black Americans for the 20th century, challenged no reason besides the color of and demanded that our their skin. Rev. Martin Luther country, in the name of God, King, Jr., in his singularly be what it ought to be and quickly after a civil war, magnificent oratory, called could be.



upon the United States to fulfill the "promissory note" written into the Declaration, echoing the ideas of the great Frederick Douglass a hundred years before, when he said

It is easy to reduce patriotism to flag waving and barbecues and fireworks. Those things are truly important, and I have only come to value them more after living in Europe, where some with "post-national" perspectives see our fireworks and barbecues and flag waving as quaint or outdated. That said, the Declaration of Independence itself was exactly that - a declaration. Independence and liberty were won, and then improved, and today are maintained by the dedication and struggles of everyday Americans. At the Constitutional Convention, Benjamin Franklin famously quipped, "It's a republic, if we can keep it." While Franklin was his usual wry and clever self in framing it in such a way, from the beginning, liberty was a project - an ongoing one in which we all have a part.

Francis Ambrogio is a Cos Cob native and a graduate of Greenwich High School and the United States Military Academy at West Point. He currently serves as a Captain in the US Army and is stationed in Bavaria.

New Briefs From Page 1

excavation.

Greenwich Hosts Annual SandBlast Contest

Greenwich Point Park will host the annual SandBlast sand sculpture contest on Saturday, July 19, 2025, from 10:00 am to 1:00 pm Participants must bring their own tools and may use natural beach materials. A park pass or ticket is required; the rain date is Sunday, July 20.

Students Showcase Robots At Camp

A student-led robotics camp at Greenwich Town Hall, organized by Ryan Wadhwa, taught students in grades 5-9 how to build robotic arms and cars using kits. The week-long and included presentations on competitive robotics. A second session is scheduled later in the summer.

Greenwich Teens Lead Environmental S.E.L.F. Appoints Laura Heneghan Attorney corporate and college sponsors. **Conservation Efforts**

The Greenwich Youth Conservation Program celebrated local teens for their work on environmental projects such as habitat restoration, trail maintenance, and supporting Tod's Point. The program, which has operated for 47 years, provides educational and handson conservation experiences for 14- and 15-year-olds. Participants also gain job skills, volunteer opportunities, and career guidance through partnerships with local organizations.

Open Arts Alliance Launches Fall Season

Greenwich United Way Funds Community Greenwich United Way awarded over \$640,000 in grants to 24 local nonprofits focused on health, education, and selfsufficiency. Funding decisions were based on a structured review process assessing program design, finances, and outcomes. All recipients program focused on hands-on STEM learning are required to report on their progress at six and twelve months.



The Special Education Legal Fund (S.E.L.F.) has hired Laura Sullivan Heneghan as its first Staff Attorney to lead legal services aimed at improving access to advocacy for families in the special education system. Heneghan has extensive experience in special education law, including IEP advocacy, mediation, and SPORTS litigation, and has worked in both private UConn Legends Return For Fundraiser and pro bono roles. Her background spans corporate counsel, nonprofit service, and direct

Central Middle School Construction Milestone

The Central Middle School Building Committee plans to hold a topping-off ceremony the week of August 11, marking a milestone in the construction of the new 125,000-square-foot facility. June work included pouring concrete slabs, erecting steel, starting gym masonry, and continuing foundation and waterproofing efforts. July work will focus on continuing steel and masonry construction, beginning sewer line installation, and starting mechanical, electrical, and plumbing systems once the steel is in place.

The second annual UConn Legends Golf Tournament will be held on Monday,

George Bush Statue Plan Approved



The Greenwich Historic District Commission unanimously approved a revised location for a proposed statue of George H. W. Bush on the lawn of the Havemeyer Building, near other war memorials. The statue, funded by a private donation, still requires approval from the Planning & Zoning Commission and the Representative Town Meeting. It will be roughly 9 feet tall with a circular pathway, seating wall, and bronze plaque.

LOCAL BUSINESSES AND NONPROFITS **Beach Ball Supports Historic Greenwich** Restoration

Community members attended the annual Beach Ball at Greenwich Point, raising funds PEOPLE IN TOWN to support the Greenwich Point Conservancy's efforts to restore historical buildings, beaches, and trails. Greenwich Point, formerly the private estate known as "Innis Arden," is now publicly accessible and maintained by high school graduates-Ashley Malkin, Teji the Conservancy. Proceeds from this event directly contribute to ongoing preservation and restoration projects.

GrahamBerries Return to Town Hall

Starting July 14, GrahamBerries will be available for purchase in the front lobby of Greenwich Town Hall and other locations throughout the area. Grown at Blueberry Hill Farm in upstate New York, the blueberries support Abilis, a local organization that provides job training and community opportunities for individuals with developmental disabilities. Sales will continue through mid-August or while supplies last.

Open Arts Alliance, a nonprofit based in Greenwich, will begin its 2025 fall theater season on September 2 with programs for students in grades 1-12. Younger students will perform Cinderella: Youth Edition, while older students can audition for Joseph and the Amazing Technicolor Dreamcoat. The organization focuses on performing arts education and youth development through theater

Science Heroes Inspire Camp Simmons

On July 8. Science Heroes gave a sciencethemed performance at Camp Simmons. organized by the Friends of Greenwich Library. The event featured interactive demonstrations on chemical reactions, motion, and air pressure for approximately 275 campers. Campers were also introduced to the Greenwich Library's summer reading program.

Greenwich Swim Raises Safety Funds

On July 19, the 36th Annual One Mile Swim will take place at Tod's Point, organized by the Greenwich Swim Committee and the YMCA of Greenwich. Proceeds will support the YMCA's water safety programs and swim lesson scholarships for children in need. The event begins at 7:30 am and includes age-grouped heats, awards, and post-race refreshments.

Students Earn Citizenship Award **Scholarships**

\$5,000 scholarships to three Fairfield County Rawat, and Amogh Ganjikunta-through its involvement. Each plans to attend a four-year university in the fall.

Osnoss Named New Board Chair

the Boys & Girls Club of Greenwich Board of Directors for the 2025–2028 term, succeeding Eileen Tang. During Tang's tenure, the Club remained operational throughout the COVID-19 pandemic and began a major capital campaign and facility renovation. The Club will reopen its upgraded Clubhouse in September and has added six new board members.

client advocacy. Photo credit: Special Education Legal Fund

Greenwich United Way Announces New Leadership



The Greenwich United Way (GUW) appointed Karin McShane as Board Chair and FROM HARTFORD welcomed eight new members to its Board of Directors at its Annual Meeting last month. The new board members are Patrick Cronin, the Trump administration for terminating Ayesha Khan, Eric Lindberg, Marianne Love, FEMA's BRIC program, which funded Mandy Murphy, Dr. Nirmal Patel, Patty Toth, infrastructure projects to reduce the impact and Chelsea Woody. GUW also expressed appreciation for the outgoing board members' contributions. Photo credit: Greenwich United Way

SCHOOLS

New Special Education Leaders Appointed

Greenwich Public Schools has appointed The First County Bank Foundation awarded Dr. Deborah Perry and Ms. Jennifer Stewart as Special Education coordinators. They will districts.

Greenwich Student Earns Merit Scholarship

Sarah Osnoss has been appointed Chair of announced nearly 800 new college-sponsored Settlement scholarship winners, including Michelle Weissler of Greenwich High School, who a \$720 million settlement with eight drug received a Brandeis University award. These manufacturers over their role in the opioid students were selected from a group of crisis, with Connecticut set to receive up to \$8.4 finalists who advanced based on academic million. The funds will be used for treatment, performance, test scores, essays, and prevention, and recovery efforts in the state. recommendations after taking the 2023 PSAT/ The settlement also includes restrictions on NMSQT. In total, over 7,100 students received the companies' opioid-related activities, with National Merit Scholarships in 2025 from some required to pay over several years.

July 28, at Greenwich Country Club to raise funds for the UConn Foundation's Fight On Fund, which supports student-athletes with resources such as academics, health services, and scholarships. Former UConn basketball players, coaches, and members of the upcoming men's team are scheduled to participate. The event includes a golf tournament, reception, auction, and opportunities for sponsorship.

Bulls Baseball And Barbecue Fundraiser

The Banksville Community House will host a Western-themed fundraiser called "Bulls, Baseball & BBQ" on Saturday, July 19, at 12 Banksville Road. The event aims to raise money for the organization's youth and family programs and the Greenwich Nationals baseball team. Activities will include mechanical bull riding, barbecue, live music, and sponsorship opportunities at various donation levels.

States File Lawsuit for FEMA

Twenty states have filed a lawsuit against of natural disasters. The lawsuit claims the termination violates congressional authority, the separation of powers, and the Administrative Procedure Act. Connecticut stands to lose over \$84 million in funding for flood protection and infrastructure resilience projects.

Connecticut Expands Support For Farmers

Connecticut has enacted two new laws to oversee and coordinate Special Education support its agricultural sector. One law offers services, assist with staff evaluations, and tax credits for farm equipment, expands 2025 Richard E. Taber Citizenship Award. support IEP/PPT meetings. Both bring property tax exemptions, regulates drone The recipients were recognized for academic extensive experience in Special Education use, and funds infrastructure like shippingperformance, leadership, and community leadership from previous roles in various container farms. The other establishes a grant program to improve farmers' access to land through the Department of Agriculture.

The National Merit Scholarship Corporation Connecticut Secures \$720 Million

Attorney General William Tong announced

RMA Presents "Don't Fall for It! Recognizing and Avoiding Scams"



Aaron Woodin spoke about how to recognize and avoid the latest schemes of digital thieves, who exploit emotions and manipulate victims to give away money.

Scammers exploit a fundamental human trait: trust.

By Charlie Shapiro

At the July 2 meeting of the Retired Men's Association Tim Brooks introduced Aaron Woodin, a computer expert and consultant at PC Ventures, LLC, in White Plains. Woodin delivered a significant talk titled "Don't Fall for It! Recognizing and Avoiding Scams," highlighting the rapidly evolving nature of digital deception. He underscored the pervasive impact of scams by noting the "sea of hands shooting skyward with alacrity" when audience members were asked if they had received scam calls or emails. Woodin emphasized that scammers exploit a fundamental human trait: trust. Every successful scam, he warned, erodes our ability to trust digital communications, potentially leading to a "very, very dark world" where trustworthiness is constantly in doubt. His goal is to educate the public and slow this erosion as much as possible.

Scammers employ several core common tactics. They exploit default institutional trust, leveraging our conditioning to believe communications from seemingly legitimate entities like banks, Microsoft, or government agencies such as the IRS. They also create false urgency, pressuring victims into quick actions to prevent critical thought and proper response. Emotional manipulation, often involving fear, is another key tactic. Modern scams increasingly enforce isolation, instructing victims not to confide in anyone, even family members. Woodin detailed various common digital traps. Fake event invitations, often disguised as services like Punchbowl, can contain embedded links that install remote control programs, allowing scammers to take over a computer. Fake invoices, purportedly from antivirus companies like McAfee or Norton, often have suspicious sender email addresses (e.g., Gmail instead of the company's domain), "word salad" text, unusual amounts, and

strange phone numbers. Woodin's critical advice: never call numbers on suspicious invoices. Instead, use legitimate customer service numbers kept on file.

Scam screens are pop-ups, often with loud voices, that warn users not to shut down their computers. Woodin's counterintuitive advice is to always do the opposite: shutting down the computer or using Ctrl+Alt+Delete to end the browser task usually defeats these. He also warned about "Facebook or Fakebook" scams, where duplicated social media alerts lead to "living nightmare" scam screens, coercing victims into purchasing gift cards and keeping it secret. Given that banks are "increasingly unwilling to make people whole" on fraudulent transactions, Woodin advised adding a cyber theft and fraud rider to homeowner's insurance policies. He also cautioned against the "relentless push" by legitimate antivirus companies to buy unnecessary add-on services, noting that the core product is typically sufficient.

Phone-based and emerging threats pose significant risks. Phone scams involve callers impersonating tech giants like Apple or Microsoft to gain remote access to computers. It's crucial not to rely on search engines for customer service numbers, as results are "seeded with fake companies;" instead, use numbers printed on bank cards or statements. Legitimate agencies like the FBI or IRS primarily use official letters, not phone calls. Grandparent or romance scams involve callers pretending a grandchild is in distress (e.g., in jail in a foreign country) or romance interests needing money (often "petroleum engineers stranded abroad"), demanding wired money

to accounts reliant on verification codes. Woodin strongly advised contacting mobile carriers (e.g., dialing 611) to activate "SIM Protection."

The rise of "deep fakes," synthesized voices of family members or fake news ads targeting individuals, is also a concern. To combat synthesized voices, Woodin suggested establishing "obscure" personal questions with family for identity verification over the phone. Robo calls "spoof" local numbers to exploit trust. Woodin strongly advised against answering unrecognized calls, letting them go to voicemail, as "you're much less vulnerable if you don't even start a conversation." He also warned about "check washing," where mailed checks are intercepted and altered. To defeat this, he recommended avoiding writing checks entirely by using electronic payments, bank drafts, or tellers, and being wary of compromised mailboxes.

If you fall victim, never panic, as urgency works against you. If no sensitive information was shared, hanging up and blocking the number is often sufficient. Crucially, report incidents to https://identitytheft.gov and document all interactions for potential recompense. If remote computer access was granted, terminate the session immediately and contact a technical expert to remove lingering software, as bad actors may surreptitiously return. Remember to feel angry at the scammers, not at yourself, as they are constantly refining their craft. Prevention is paramount. Secure webcams with builtin shutters, retractable covers, or even sticky notes to prevent spying. Regularly back up data to external hard drives and cloud services (like Apple's iCloud, which is considered robust) to protect digital assets from crashes or ransomware. For passwords, Woodin advocates an "old school" approach: write them down neatly on paper, updating and dating them, and avoiding easily discoverable digital files. For

security questions, he suggested lying with memorable but false answers, as scammers often glean information from public sources or "fun quizzes" on social media. For email management, blocking the sender is recommended over clicking "unsubscribe" on scam emails, as "unsubscribe" often validates an active email address for scammers. Optimum (optonline.net) and AOL accounts appear to be "disproportionately attacked," while Gmail seems "pretty robust." Finally, enable two-factor authentication for robust password protection, as it sends a verification code to your phone, which bad actors cannot access without stealing your SIM. The presentation was followed

by a lengthy Q&A with the highly engaged audience, during which Woodin answered numerous questions. Even after the session ended Woodin was surrounded by individual members and continued to answer questions.

The talk can be viewed by going to the RMA website at https://greenwichrma.org, and clicking on "Speakers."

The RMA's upcoming presentation, "Human-Machine Interaction: Leadership, Technology, and the Future" by Eric Glover and Jason Jackson, is scheduled for 11 AM on Wednesday, July 23, 2025. RMA presentations are held at Christ Church Greenwich, Parish Hall, 254 E. Putnam Avenue, Greenwich, CT 06830.

The Retired Men's Association (RMA) of Greenwich is pleased to announce a thought-provoking presentation titled "Human-Machine Interaction: Leadership, Technology, and the Future." The event will feature Mr. Eric Glover and Dr. Jason Jackson of the Air Force Institute of Technology, two distinguished experts in data science, analytics, and leadership under stress.

Mr. Glover, a former enlisted Marine, Naval Officer, and entrepreneur, brings decades of experience in organizational strategy, quality management, and technological innovation. Dr. Jackson, a former military aviator and university professor, is recognized for his original scientific theory on executive coping mechanisms for information overload.Together, they have dedicated their careers to advancing data analytics and leadership decision-making capabilities. Their presentation will explore the evolving relationship between humans and machines, focusing on leadership decision-making in high-stress environments. Topics will include managing information overload, computing constraints in the emerging age of 'post-Moore's Law', and the future of artificial intelligence, machine learning, and large language models. Drawing from historical insights such as the Gutenberg Press and futurist works like Future Shock, the speakers will outline opportunities where technology can enhance, rather than overwhelm, human decisionmaking. Glover and Jackson present actionable insights into how organizations can prepare for the next wave of technological change while maintaining humancentric leadership. The event will conclude with a call to action and open discussion. To stream the presentation by Eric Glover and Jason Jackson at 11 AM on Wednesday, July 23, click on https://bit.ly/30IBj21. This presentation will also be available on local public access TV channels, Verizon FIOS channel 24 and Optimum (Cablevision) channel 79. Note: The views expressed in these presentations are those of the speakers. They are not intended to represent the views of the RMA or its members. **RMA** speaker presentations are presented as a community service at no cost to in-person or Zoom attendees, regardless of gender. Any member of the public who would like to receive a weekly email announcement of future speakers should send a request to members@greenwichrma. org. The RMA urges all eligible individuals to consider becoming a member of our great organization, and thereby enjoy all the available fellowship, volunteer, and community service opportunities which the RMA offers to its members. For further information, go to https://greenwichrma.org/, or contact info@greenwichrma.org.



SUNDAYS 9-3 100 Bruce Park Ave. in downtown Greenwich 203.869.0462 | LobstersCanFly.com

New Owners !!



Local Delivery & Curbside Service (203) 489-3448

102 BRUCE PARK AVE., GREENWICH CT 06830 MON-SAT: 9AM - 9PM | SUN: 10 AM - 5PM



HOME OF ENDLESS PASTABILITIES

or goods. Cell phone scam screens, claiming device compromise, often vanish with a simple phone restart. A particularly frightening threat is the "SIM Swap," where criminals impersonate victims to transfer phone numbers to their own SIM cards, gaining "unfettered access"

NOTICE TO PAY TAX

The Tax Collector of the Town of Greenwich hereby gives notice that Real Estate First Half, Personal Property, Motor Vehicle, Sewer System Maintenance and Improvement tax on the Grand List of October 1, 2024 of the Town of Greenwich is due and payable July 1, 2025 and may be paid during the month of July without penalty. Tax is delinquent if not paid by August 1, 2025 and subject to interest at the rate of 1 ½% per month (a partial month is considered a full month CGS 12-145) from the due date of July 1, 2025. Minimum interest charge is \$2.00. Tax may be paid by mail or online at www.greenwichct.gov. A convenience fee is charged by the provider for this service. Tax bills are issued in the name of owner of record. Tax Bills are scheduled to be mailed June 16, 2025. Notify the Tax Collector office if you do not receive a bill. Failure to receive a bill does not exempt you from liability (CGS 12-146).

Heather Smeriglio Tax Collector Greenwich, Connecticut 203-622-7891 Choose from our selection of fresh made pasta and over 14 house-made sauces to create your own pasta bowl masterpiece or eat your heart out with one of our italian specialities!

160 Hamilton Ave | Greenwich, CT Place your order online! Monday-Saturday Nam - 9pm Sunday Brunch 9am - 3pm



Does God Exist and Does God Care?



By Marek Zabriskie

The recent tragic deaths of over 100 people killed in a flash flood in Texas, including 26 girls at a Christian camp and their camp director and his wife, are heartbreaking. This tragedy makes us wonder, "Where was God?" and "Why do such things occur?"

I am reminded of the Southern author and Duke University professor Reynolds Price wrote a moving memoir about his battle with cancer. He had a tumor wrapped around his spinal cord that left him a paraplegic.

Several years later, a young medical student named Jim Fox, who was diagnosed with a cancer, read Prices' book and decided that Price was the one of ask the most urgent question of all: "Does God exist and does God care?'

Price responded not with a letter, but with a short book called Letter to a Young Man in the Fire, and he included part of Fox's letter in the book, where he wrote: "I want to believe in a God who cares because I may meet him sooner than I expected. I think I am at the point where I can accept the existence of a God (otherwise I can't explain the origin of the universe), but I can't yet believe he cares about us."

'Does God exist and does God care?" has been called by some theologians the only question. Sooner or later, every priest or minister must climb into the pulpit at a funeral and look out at a family and friends who has lost a loved one to a tragic death and try to offer words of hope.

Most of us know something about what it means to mourn and try to make sense out of some terrible loss. Where is God in the midst of tragedy? How could God let this happen? When bad things

happen, we want to comprehend. In 2004, a tsunami swept across the Indian Ocean, killing 3,000 people in a matter of minutes. A man watching from a coastal village as thousands were washed away before his eyes stood there crying and saying, "There is nothing! There is nothing! Where is God? What is God?"

As I ponder these questions, I think of the passage in 1 Kings 19:1-15, where God meets Elijah on Horeb, the same mountain where Yahweh appeared to Moses in the burning bush. Like Moses, the prophet Elijah spent "forty days and forty nights" on the mountain.

Just as God placed Moses in the cleft of a rock while he passed by, Elijah sheltered in a cave on the same mountain as the glory of Yahweh passed by. We Americans like the flash and bang of Hollywood, but God doesn't come to us in the sensational, but rather in the sound of sheer silence.

God was not in the great wind, the earthquake, or the fire, but in the silence that followed. 1 Kings reminds us that God does exist, but in order to find God we must seek God, and we must listen attentively. The next time that you pray, remember that the language of God is silence.

Psalm 42 echoes the feeling abandoned by God, accompanied by a heartfelt hunger and fervent hope that it not be so. The poet employs the graphic image of human thirst in one of the most authentic verses in the entire Bible. "As the deer longs for the water-brooks, so longs my soul for you, O God. My soul is athirst for God, athirst for the living God..."

One proof for the existence of God is that humans in every generation thirst for an encounter with God. This thirst is part of the human condition. Scientists now believe that some brains are wired for God and others are not. Hence, not everyone experiences it.

The psalmist notes, "My tears have been my food day and night...", but then he offers us hope: "One deep calls to another in the Greek, a free man and not a slave,

Our world is flawed. It has earthquakes and sunsets, remarkable athletes and crippled children, brain cells and cancer cells. But God does exists and care for each of us.

rapids and floods have gone over me."

This notion of "one deep calls to another" is the essence of the mystical encounter with God. This is an experience that we might have in nature or while watching the birth of a child or witnessing a family member take her final breath.

It is an otherworldly moment, when the veil being lifted and we see into the reality behind all things. The German theologian Rudolf Otto called it the mysterium tremendum et fascinans. This is not the God of Sunday school, but the God of our own lived human experience.

When deep pain and chaos overwhelm us, we can lose our intimacy with God, or we gain our soul through inviting God into our pain and suffering. The psalmist enjoins us to "go to church," where we can join the throng "in procession to the house of God, with glad shouts and songs of thanksgiving ... " (Ps. 42:4)

The psalmist knows the power of liturgy and the hunger for community. We may discover God on our own, but we nurture our faith in the context of a group of believers. Today, church pews are filled by men and women who at some point stopped attending church or only attended rarely or reluctantly, but now acknowledge their thirst for God and worship with iov

I also think of Galatians 3:28 we read Paul's battle cry. Jewish men rose before the sunrise and made their way in the dark to the synagogue. As the first rays of sunlight filled the synagogue, the men rose and prayed unison, "Thank God I am a Jew and not a

noise of your cataracts; all your a male and not a female." The focus was on being Jewish,

> being free, and being male. Now, Paul erases all of the traditional distinctions when he writes: "There is no longer Jew or Greek, there is no longer slave or free, there is no longer male or female; for all of you are one in Christ lesus.'

This is a radical vision of God's society. Paul cannot keep this glorious word to himself, and neither should we. Paul bursts open our closets of complacency and fills us with Christ as we become "a new creation." Today, we might translate Paul's words to read: "There is neither native born nor illegal immigrant, neither rich nor poor, neither people of color nor people of no color, neither Republican nor Democrat nor Independent, neither male nor female nor gay, lesbian nor transgender. For you are all one in Christ."

Christ is our unity, our focus, the source of our most trusted relationships. We live in a world where many seek enemies to castigate and demonize. But Paul reminds us that there is that of God in every human. Like Jesus before him, Paul calls us to treat every person as a child of God.

Finaly, I think of the Gospel of Luke 8:26-39, when Jesus steps out of the boat "opposite Galilee," he immediately faces a matter of life or death. A Gerasene man runs to meet him. The man is deemed "unclean." He is driven by a legion of demonic forces and is scarcely human. This nameless man is a Gentile, who lives in the tombs among the dead, is shackled, naked, unpredictable, violent, and alone.

who wander city streets and sleep for the most vulnerable among us. under bridges or in alleys. Many Jesus' presence disrupts the social homeless persons suffer from order and so should our presence mental illness. They are unable to live a normal life with a job, family, home, and basic necessities. They know the demons of urban life and are deemed "unclean" and unwelcome in most communities. Every state has its Gerasenes.

Jesus intentionally steps out to confront what is opposite – a Gentile, a demoniac, someone naked, violent, isolated, and unpredictable. This story demonstrates that no one is beyond the reach of Christ's redeeming, healing love.

As the only Lukan account in which Jesus goes deliberately into Gentile territory, this boundarycrossing story foreshadows the time when Jesus' disciples will be sent to be witnesses "in Jerusalem, in all Judea and Samaria, and to the ends of the earth" (Acts 1:8). They will be sent in the power of Jesus to ensure that God's grace reaches outsiders who suffer from all kinds of evil.

Does God exist? Does God care? Yes, to both questions, but you and I were put on this planet to satisfy our curiosity. We were put on this planet to know and emulate God as God lived out life in Christ Jesus, modeling for us how we are to love each other.

Hence, Jesus liberates and heals the Gerasene and then sends the nameless man home, where he becomes the first missionary to the Gentiles. Just as Jesus went to that nothing can ever separate the Gerasene, Christians today are us from God's unconditional, called to step out of the boat on the unmerited, unjustifiable love.. "opposite side" and care for those who suffer and are isolated and troubled.

The Gerasene man is not commit to going to the opposite and accompany them on the road to unlike homeless people today, side with Jesus. It means caring hope.

as well for God is Christlike, and God is love.

Love does not mean controlling or micromanaging the world. Rather, God embraces it, and works within it, and sometimes acts in surprising ways that we call miracles. Our world is flawed. It has earthquakes and sunsets, remarkable athletes and crippled children, brain cells and cancer cells. But God does exists and care for each of us.

Nicholas Wolterstorff was a philosopher at Yale, whose son died at the age of twenty-five while mountain climbing alone in the Alps. In his book Lament for a Son, he wrestles with his loss and as a philosopher he refuses to accept easy answers. Wolterstorff writes, "I cannot fit it all together saying, [God] did it," but neither can I do so by saying, "There was nothing that [God] could do about it ... I do not know why God did not prevent Eric's death ... I do not know why God would let him fall... I can only, with Job, endure."

Then he adds, "We're in it together, God and me. Every act of evil extracts a tear from God, every plunge into anguish extracts a sob from God."

That is God's answer to the worst we face - no formulas, no doctrines, no theories. Just Jesus walking beside us and promising

The Rev. Marek Zabriskie has been ordained for 36 years and has been privileged to help thousands of To be baptized means to people dealing with grief and loss



Ice Cream Emergency Truck!

The visits from the Ice Cream Emergency truck have become more than a tradition at The Nathaniel Witherell. They are a celebration of life, legacy, and love within this caring community.

By Debra McLaughlin

At The Nathaniel Witherell, a skilled nursing and rehabilitation center in Greenwich, summer is made extra special by the arrival of a beloved treat on wheels - the "Ice Cream Emergency" truck. This cheerful and colorful vehicle brings more than just cool desserts; it delivers joy, laughter, residents

the summer ice cream truck has become a highlight thanks to

and a sense of community to the Brennan family. Their parents, who were once residents at The This delightful tradition is Nathaniel Witherell, cherished made possible by the Friends of the community and care they Nathaniel Witherell, a nonprofit received. In their honor, the organization devoted to enriching Brennan daughters have continued the lives of the residents. Among the family's commitment to their many thoughtful initiatives, generously fund the summer ice cream visits for many years now.

The Ice Cream Emergency the long-standing support of the truck, scheduled to return this

July and August, is no ordinary truck. It's a full-service, mobile ice cream parlor with a vibrant design that captures attention and hearts. For many, it's a joyful escape and a moment to reminisce about just enjoy something sweet with friends and caregivers.

Thanks to the Brennan family's dedication and the ongoing work

of Friends of Nathaniel Witherell, what might seem like a simple ice cream break becomes a deeply meaningful event. It's a reminder that even small gestures can create lasting happiness. The visits Witherell on Instagram @ simpler times, share stories, and from the Ice Cream Emergency truck have become more than a tradition. They are a celebration of life, legacy, and love within this

caring community.

To learn more or to support these efforts, please visit www. friendsofnathanielwitherell.org.

Follow Friends of Nathaniel friendsofnathanielwitherell and Facebook @FriendsofNW for updates, stories, and ways to get involved.

By Debra McLaughlin

Sometimes the most meaningful connections happen by chance and for Jack Indiveri and Gary Traynor. That chance came through Meals-on-Wheels, Inc. of Greenwich.

Jack, a part-time Greenwich resident and self-described snowbird, has long volunteered with Meals-on-Wheels during the months he spends in town. When he heads south for the winter, he steps away from his route.

Gary, an empty nester looking for a new way to stay engaged in his community, had started filling in as a substitute driver. When he was asked to temporarily take over Jack's route, he didn't hesitate. What neither man knew was that the role would spark a new partnership and a lasting connection.

Part-Time, Full Impact

There are no complicated forms to complete, and no income restrictions at Meals-on-Wheels of Greenwich - just a simple phone call to get started.

Now that Jack is back for the for themselves, regardless of season, the two have decided to share the route, working together to ensure clients across town receive their meals on time, rain or shine. On rainy days especially, having an extra volunteer makes the job easier.

Meals-on-Wheels of Greenwich delivers more than 4,000 meals each month to nearly 110 homebound residents. The service is available to any Greenwich resident who is unable to shop or prepare meals

age or income. There are no complicated forms to complete, and no income restrictions just a simple phone call to get started.

The program thrives because of volunteers like Jack and Gary - people who may not have a traditional schedule but still want to give their time. The organization welcomes flexible volunteers, including seasonal residents, travelers, and anyone with just an hour or two to spare.



Jack Indiveri and Gary Traynor

For more information involved or have meals mealsonwheelsofgreenwich.org on how you can get delivered to your home, visit or call (203) 869-1312.

By Rabbi Mitchell Hurvitz

As the High Holy Days approach, I often reflect on two questions that shape not only my preparation but also the deeper purpose of these sacred days:

1. What sermon would you most LIKE to hear on the High Holy Days?

2. What sermon would you most NEED to hear on the High 100 vignettes along with five major Holy Days?

Traditional Jews begin preparing for the High Holy Days on the first day of Elul, a full month before Rosh Hashanah.

The Chazal (Sages of Blessed Memory) teach us to use this time for spiritual and emotional preparation, engaging in introspection that reaches a "higher level" on Rosh Hashanah and crescendos with Yom Kippurour Day of Atonement.

During Elul, we blow the ourselves and read Psalm 27, which reminds us to trust in God's guidance.

The Sermon You Want vs. The Sermon You Need This year, Elul begins on August 25th. But rabbis begin their preparation much earlier. My own preparation starts in earnest after Shavuot, over two months before Elul begins.

My shofar sits on a hutch above my computer, and during these preparations, I often focus on our ancient spiritual instrument, considering how it serves as a vehicle for hearing God's "still, small voice." Sometimes I find myself saying to God: "I wish You would speak more loudly to me today."

Each year, I prepare more than sermons. My Christian clergy friends often comment that they much prefer the five-month gap between Christmas and Easter to the ten-day span between Rosh Hashanah and Yom Kippur.

At first glance, I might agreeprofessionally, the larger spread would probably be easier to prepare for. However, there is profound value in the spiritual intensity that this concentrated period brings.

A preacher's intent should be to comfort the disturbed and disturb the comfortable.

truly need to hear?

themes would be best discussed. By "best," I recognize that each individual brings their own perspective to this question.

Also, when preparing my sermons, I am cognizant that while there are no clocks on our Main Sanctuary's walls, I attempt to remain mindful that everyone carries their preferred timepiece.

Mark Twain captured the challenge of sermon length perfectly. He once quipped that after listening to a preacher for be to "comfort the disturbed and five minutes, he was ready to contribute \$50. After ten more minutes, his donation dropped to \$25. After another 30 minutes, he was prepared to give only \$5. After the full-hour sermon, Twain confessed he stole \$2 from the collection plate.

Twain understood what we The High Holy Days are our all know: sermons that are too shofar daily to spiritually awaken religious Super Bowl-attendance long usually lose their impact. Yet and interest reach their annual paradoxically, if I could give a 20peak. The traditional prayers and hour sermon, I could probably melodies will always resonate. But prepare it in twenty minutes. But improve.

will the words I share be what we crafting the "perfect" 20-minute sermon takes me more than 20 requires willingness to challenge I struggle annually with which days. This struggle exists because our status quo. Transformation we each have different spiritual needs that must be effectively addressed.

> Most of us prefer to hear and worldview. Hearing messages with which we agree affirms and comforts us-and it can be genuinely enjoyable. However, these desired words rarely lead us to the significant insights that might prompt us to improve.

A preacher's intent should disturb the comfortable.'

The sermon "we want to hear" will usually comfort us. The sermon "we need to hear" is often the one that will most disturb our comfort.

Acknowledging our struggles and confronting our shortcomings requires stepping out of our comfort zone. But if we wish to sincerely repent and seek forgiveness, we must be prompted to recognize what we most need to nation, and our world.

Personal and spiritual growth we recognize and change the trajectory of our shortcomings.

Judaism emphasizes our words that confirm our beliefs obligation to help those in needwhether that need is physical or spiritual. Ironically, I find that people with the fewest material needs are often the most ill-prepared to address the shortcomings that spiritual crises can present.

> My starting point is often most effective in our sacred relationships: empathy, acts of love and kindness, tolerance, civility, patience, acceptance (the list is quite long).

Recognizing that we are all gifted by God with limited days should increase our sense of urgency

We are responsible for ourselves, those we love, our neighbors, our community, our

complacency? How can we better align our life priorities with our actual living?

My goal each High Holy Day is to prompt us toward selfimprovement. I hope I can offer guidance, but I would like to know:

1. What sermon would you for the better demands that most LIKE to hear on the High Holy Days?

> 2. What sermon would you most NEED to hear on the High Holy Days?

Answers to these questions will help shape not only my preparation but also your own spiritual journey toward the Days of Awe.

Shabbat Shalom.

Temple Sholom's Senior Rabbi to highlight how we can be Mitchell M. Hurvitz is a scholar. teacher, community activist and preacher, and is recognized as one of the prominent religious leaders in the Greenwich area and beyond. A frequent guest speaker at synagogues and churches, study groups, community institutions and universities, he is a charismatic personality who engages individuals and stimulates hearts and minds. His teachings can be found in Greenwich Sentinel and in other How can we best challenge our *local and national publications*.

Services Vorship

Assemblies of God Harvest Time Church 1338 King St., 203-531-7778 www.htchurch.com

Worship Services: Sun, 9 & 10:45am. All services are streamed on the church's website and YouTube channel. In addition to Sundays, there are also groups for children and teens on Wednesday evenings. Anchor Night! for Young Adults: Friday, July 18, 7pm. Thriving in the Middle: Sunday, July 20, 9:30am. Jazz On The Green: Wednesday, July 23, 7pm. Creative Team Open Call : Saturday, July 26, 9:30am.

Baptist

<u>First Baptist Church</u> 10 Northfield St.; 203-869-7988 www.firstbaptistgreenwich.com

Sunday Servings: 11:30am, Facebook Live or for Devotion: 11-11:25am (Dial in 701- 802-5355, Access code 360922).

Greenwich Baptist Church 10 Indian Rock Ln; 203-869-2807 www.greenwichbaptist.org

Worship: Sun, 11am (in person and online through Facebook & YouTube). Children Sunday School: 9:30am, ages 9-14y. Adult Bible Study: Sun, 9:30am, Fellowship Hall. Prayer Gathering: Wed, 7pm, Pastor's Office or virtual on Google Meets.

Catholic

Sacred Heart Church 95 Henry St.; 203-531-8730 www.sacredheartgreenwich.org

Mass: Mon-Fri, 7am (in the Chapel); Saturday Vigil,

(skipping Nov. 23), Wed, 4-5:30pm, 203-869-5421.

St. Timothy Chapel 1034 North St.; 203-869-5421

Mass: Sat: 4pm (Vigil Mass). Sun: 11am.

<u>St. Paul Church</u> 84 Sherwood Ave.; 203-531-8741 www.stpaulgreenwich.org

Mass: Mon-Thu: 8am; Sat: 4pm (Vigil); Sun: 7:30, 9:30 & 11:30am. Confessions: Daily, 7:30am; Sat, 3-3:45pm. Mass on Holy Days: Vigil: 5:30pm, 9am & 12:15pm. Visit the website for information regarding the Bereavement Group (twice monthly) and weekly volunteer opportunities at the Don Bosco Kitchen and Food Pantry with the St. Paul Mercy Volunteers. All masses are available via livestream through the website. Evenings For Married Couples: 1st Thurs of every month, 7:30pm

St. Roch Church 10 St. Roch Ave; 203-869-4176 www.strochchurch.com

Mass: (Reservations and/or for viewing via live streaming): Mon-Fri: 7:30pm; Sat: 5pm; Sun: 7:30am (Concelebrated for Previously Scheduled 9:30am Mass Intentions), 10:30am, 12pm (Spanish). Mass Intentions: consult the bulletin for time. New Saturday Mass & Confession schedule: Beginning Saturday, June 28, the following changes will take effect: English Mass will be celebrated at 4pm (formerly 5pm); Italian Mass will be celebrated at 5:30pm; Confessions will be heard from 3-3:30pm.

> **Christian Science** First Church of Christ, Scientist

11 Park Pl; 203-869-1555

Sunday worship in our air-conditioned Chapel at 9:30am. Children's Chapel during worship. Children's Chapel during worship. Follow us on Facebook & Instagram: @2CCGreenwich.

Episcopal

Anglican Church of the Advent 606 Riversville Rd; 203-861-2432 facebook.com/greenwichanglican

Service: Sun, 9am, Holy Eucharist. Sunday School during academic year.

<u> Christ Church Greenwich</u> 254 E. Putnam Ave; 203-869-6600 www.christchurchgreenwich.org

Holy Eucharist: Sundays, 8am, In-person only, Chapel. Messy Church Eucharist: every Sun, 8:45am, In-person only, Parish Hall. Holy Eucharist: 10am, In-person or livestream, Main Sanctuary, Children's Chapel during the service. Choral Evensong or Sung Compline: In-person or livestream, 5pm. Wednesdays: Preach and Teach Eucharist (new time for this midweek service), 12:15pm, In-person only Chapel. Thursdays: Choral Evensong, 6:30pm, In-person or livestream, Main Sanctuary. Youth Confirmation: Sundays, Sept. 15 - June 7, 11:15am-12:15pm. The Disciples of Christ in Community: Tuesdays, Sept. 17 - Nov. 19, 7-8:30pm. Prayer in the Memorial Garden: Sunday, July 20, 5pm. Summer BBQ at Pacific House: Friday, July 23, 4:30-6pm, 597 Pacific Street, Stamford. Sung Compline Sundays, July 27, Aug. 10, 17 & Sept. 7, 5pm.

St. Barnabas Episcopal Church 954 Lake Ave.; 203-661-5526 www.stbarnabasgreenwich.org

www.firstpaul.com

Sunday Divine Service: 9am. Sunday Bible Study: 10:30am. Wednesday Dinner: 5:30pm. Wednesday Bible Study: 6:30pm.

Methodist

Diamond Hill United Methodist 521 E. Putnam Ave.; 203-869-2395 www.diamondhillumc.com

In-person & Online Worship Service every Sunday, 10am, followed by a time of Fellowship. Wednesday Noonday Prayer & Wednesday Evening Bible Study. (Details at diamondhill.com).

First United Methodist Church 59 E. Putnam Ave.; 203-629-9584 www.fumcgreenwich.com

Sunday Worship, 9:30am (except the last Sunday of the month at 10:30am). Virtual Daily Gathering: Mon-Fri, 3pm, Zoom. Talking with Your Hands: Mon, 3pm. Reading this World as a Christian: Tue, 3pm. Back to Rock - music with Mr. Bruce: Tue, 3pm, via Zoom. Reading the Shape of Scripture: Wed, 3pm, via Zoom. Spring Bible Study: Thu, 3pm, via Zoom. Tea & Talk: Fri 3pm, via Zoom.

Bethel African Methodist Episcopal 42 Lake Ave.; 203-661-3099

Worship via teleconference: Sun, 11am and until further notice (Dial-in number: 425-436-6380, Access code: 612220).

Nondenominational

Dingletown Community Church 376 Stanwich Rd., at Barnstable Lane

4pm (in Church); Sunday: 7:30, 9:30 & 11:30am. Confessions: Sat, 3-3:30pm or by appointment. Divine Mercy Prayer Group: Wed, 7-9pm. Prayer Group: Thu, 4-5pm, in the Chapel, 38 Gold St, All are welcome. Ministry to the Homebound: if you, or someone you know, is homebound and would like a priest visit you, call the Rectory at 203-531-8730. Stations of the Cross: All Fridays during Lent, 6:30pm, in the Church, All are welcome. Adoration on First Fridays at 6pm in the Chapel will be on hiatus for the months of July & August and will resume Friday, Sept. 5 at 6pm.

St. Catherine of Siena & St. Agnes 4 Riverside Ave; 203-637-3661 www.stc-sta.org

* All Masses at St. Catherine of Siena Church are in-person and livestreamed (View our Livestream and recordings here: https://events.locallive.tv/ worship/stc-sta)

Masses: Saturday, 3-4pm - Confessions (Specific dates confirmed weekly in bulletin.) Vigil Mass, 5pm. Sunday: 7:30am, 9am (Family Mass), 10:30am (Traditional Mass), 5pm (Teen Mass), all at St. Catherine's Church). Masses in other Languages: French Mass - 2nd Sunday of the month, 11am. Italian Mass - 3rd Sunday of the month, both at St. Catherine's Chapel. Spanish Mass, 6:30pm, St. Catherine's Church. Daily/Weekdays: Mon, Tue, Thu & Friday: 7am - Daily Mass, St. Catherine's Church; 5:15pm - Daily Mass, St. Catherine's Chapel. Tuesdays: Rosary, 6pm, St. Catherine's Chapel. Wednesdays: Adoration of the Blessed Sacrament, 8:30am-4pm, St. Catherine's Church. Ongoing: Food & Essentials Drive for Neighbor to Neighbor (there will be a car or SUV with an open trunk in the parking lot across from St. Catherine's church on Tuesdays, 9-11am. Join Music Ministries for choir rehearsals - Traditional, Contemporary, Teen, Cherub, Family Mass Choir - contact Music Director, Dr. Liya Petrides at music.director@stc-sta.org with questions. Summer schedule change for Spanish Mass: A partir del Domingo 15 de Junio, la Misa en Español se celebrará temperament a las 12pm en lugar de las 6:30 durante los muses de verano / Starting Sunday, June 15, the Spanish Mass will be temporarily moved from 6:30pm to 12pm during the summer months; the Mass will be celebrated in the Main Church. Coffee & Bagels: Sunday, July 20, following the 9:30 and 10:30am Masses, in the newly renovated Narthex and patio. Social Seniors trip - "Spirit of New York Buf-fet Lunch Cruise in New York: Wednesday, July 23, call Carol Weigold at 203-820-7876.

<u>St. Mary Church</u> 178 Greenwich Ave.; 203-869-9393 www.stmarygreenwich.org

Public Mass: Sun: 9, 10:30am, 12:15 & 5:15pm. Sat Vigils: 4 & 7pm (Spanish). Daily: Mon-Fri, 12:05pm (Church doors will open from 10am-3pm). Confessions (English): Tue: 7-8pm; Sat: 3-3:45pm. Eucharistic Adoration: 1st Fri of the month: 12:30-5pm.

St. Michael the Archangel 469 North St.; 203-869-5421 www.stmichaelgreenwich.com

Mass: Mon-Fri: 7:30 & 9am. Sat: 9am & 5pm. Sun: 7:30, 8:30, 9:45am, 12 & 5pm. Confession: Sat: 4:15-4:45pm; Wed: 9:30-11am & 6:30-8pm. Eucharistic Adoration: Wed, 9:30am-8pm. New Day Bereavement Program: through Nov. 17, Thu, 7-8:30pm & through Nov. 30

christiansciencect.org/greenwich

Sundays: Church and Sunday School at 10:30. Weds. 7:30pm testimonies of healing. Call # for all services 203-680-9095 code 520520. Reading Room 333 Greenwich Ave. M-F 1:00-5:00 203-869-2503. Bibles, Science and Health with Key to the Scriptures, children's books, and more. Sermons: July 20: Life. July 27: Truth. August 3: Love.

<u>Community</u>

First Church of Round Hill 464 Round Hill Rd; 203-629-3876 www.firstchurchofroundhill.com

In-person worship: Sundays, 10am. Services will not be held on Sundays in July or August other than those listed. Regular fall worship will resume on Sept. 7.

Round Hill Community Church 395 Round Hill Rd; 203-869-1091 www.roundhillcommunitychurch.org

Weekly Sunday Worship services in the Sanctuary at 10am or online at roundhillcommunitychurch. org anytime. Children's Worship (grades K-5) meets during the 10 am service. Please call the Church Office or visit the website for the most up-to-date information, events, and schedules. Tools for Aging Well, 2nd Wednesday of the Month, 11am-12pm, Sanctuary. Round Hill Art & Craft Studio: Mondays, 1-4pm. RHCC Movie Night - pizza, popcorn, and lemonade: Friday, July 18, 6pm, (we'll have folding chairs, but feel free to bring a picnic blanket or your lawn chair).

Congregational

The First Congregational Church 108 Sound Beach Ave; 203-637-1791 www.fccog.org

Worship: In-Person & Virtual: Sundays, 10am. Live-streaming on YouTube and Facebook, and broadcast on WGCH (1490 AM). Connect during the week: Friday: Friday Email Blast (sign up by calling the church office); Church school before worship most Sundays, 9am for preschoolers through grade 6. Online programming available via Zoom. A joyful community diverse in spiritual backgrounds and beliefs. Summer Beach Services: June 15 through Aug. 17, 8-9am, Greenwich Point Park (No passes are necessary. Simply tell the gatekeeper you're attending First Congregational's service. Park in the first parking lot on the right. Bring your own beach chairs. All dates are: July 20, 17, Aug. 3, 10, 17). Women's Fellowship Summer Socials at Greenwich Point - Sue Baker Pavilion - 4th Mondays of July and August, 5:30pm. Founders Day & Heritage Sunday: At Community Hour after the 10am service on July 20, the Proclamation of Founders Day will be read by First Selectman Fred Camillo, All are welcome.

North Greenwich Congregational 606 Riversville Rd; 203-869-7763 (Instagram photos and videos @north_greenwich_church)

Worship Service: Sun, 10:30am, in person.

Second Congregational Church 139 E Putnam Ave; 203-869-9311 www.2cc.org

Holy Eucharist: Sundays at IUAM (in person and livestreamed). Our exciting Sunday School programs for kids and youth take place during the 10am service: Children's Church for kids 4-8 years old, and YC (Youth Church) for those 9+. Children are also welcome in church for both services, and childcare is provided all morning in our nursery. Sundays also feature joyful preaching by our clergy, Father Justin and Rev. Phoebe, and beautiful music by our director of music, Marnus Greyling, and the St. Barnabas Choir. Come experience the joy of the God of Jesus Christ. Visit us in person, on our website, and on social media (Instagram: @st.barnabasgreenwich). Small church feel - Big church experience.

St. Paul's Episcopal Church 200 Riverside Ave.; 203-637-2447 www.stpaulsriverside.org

Worship: Sundays, 10:15am (in person and streaming). Coffee hour immediately following worship service in Selleck Hall. Sunday School (including frolic Fatih class for toddlers 2+) in the Children's Chapel downstairs - drop-off starts at 10am. Ongoing: Neighbor-to-Neighbor food drive box by office door. Pick-up is every Thursday morning.

<u>St. Saviour's Episcopal Church</u> 350 Sound Beach Ave; 203-637-2262 www.saintsaviours.org

In-person Service: Sundays, 10am.

<u>Iewish</u>

Chabad Lubavitch of Greenwich 75 Mason St.; 203-629-9059 www.chabadgreenwich.org

Please visit our website for details on Shabbat services, classes, programs and more. Judaism 101 for Moms: Thursdays, 9:20am. Kabbala & Challah: Thursdays, 9:15am, \$20 p/class. Friday Night Live: June through August, 6:30pm. Pre-Shabbat Concert & Dinner: Friday, July 18, 4pm, RSVP.

Congregation Shir Ami One W. Putnam Ave; 203-274-5376 www.congregationshirami.org

All services, programs and celebrations are available online via Zoom. Kabbalat Shabbat: Fridays, 7-9pm, First Presbyterian Church. Soul Spa - Meet the Midrash: Saturdays, 10am, through Aug. 9, on Zoom.

Greenwich Reform Synagogue 92 Orchard St.; 203-629-0018 www.grs.org

Join Rabbi Gerson and Cantor Rubin every Friday, 6pm for Shabbat Services, and once a month for Tot Shabbat, 5:30pm. All in person services are also live streamed on Zoom. Shabbat Services & Picnic: Saturday, July 19, 10am.

Temple Sholom 300 E. Putnam Ave.; 203-869-7191 www.templesholom.com

Services - In-person and virtual Friday night Shabbat services, 6:30pm & Saturday morning Shabbat services, 10:30am. Book Discussion: All the Broken Places: Wednesday, July 30, 7-9pm.

Lutheran

St. Paul Lutheran Church 286 Delavan Ave.; 203-531-8466

90 Harding Rd., Old Greenwich (Old Greenwich **Civic Center**) www.myrevive.org

Worship Service: Sun, 10am, Holiday Inn 980 Hope St, Stamford. Online Sermons available on Facebook (facebook.com/myrevivechurchgreenwich) and on Youtube. All groups are online. Direct any prayer needs to the prayer chain at 203-536-2686 or revivecfm@gmail.com.

Stanwich Church 202 Taconic Rd.; 203-661-4420 www.stanwichchurch.org

Sunday Morning Worship Service: 9am & 10:45am. Kids Ministry for grades 5 and under, and Student Ministry for grades 6 & above, are offered. Live stream and recorded media are available at stanwichchurch.org. We'd love to meet you here!

Center for Spiritual Development, NSAC 293 Sound Beach Ave; 203-637-4615 www.Center4SpiritualDev.org

Sunday Service (hybrid: in-person & virtually on zoom): 7pm. Virtual Children's Lyceum (ages 5-14): 3rd Sunday of the month, 10-10:40am. Healing Service: 3rd Thursday of the month, 7-7:30pm. (Email Albertsonpcc@gmail.com for registration and Zoom Links). Virtual Weekly Mediumship practice sessions with guided meditation: Mondays, July 21 & 28, 7-9pm, \$20/session, register at CSDPastor@gmail.com.

Trinity Church 5 River Rd.; 203-618-0808 www.trinitychurch.life

Service: Sundays, 10am, Trinity Greenwich, Hyatt Regency, 1800 E. Putnam Ave., Old Greenwich & Online. Alpha Day Retreat: Wednesday, July 23, 10am-4pm, Convent of St. Birgitta in Darien.

Presbyterian

First Presbyterian Church 1 W. Putnam Ave.; 203-869-8686 www.fpcg.org

Worship: Sundays, 10am. Beach Service: Sunday, July 20, 8:30-9:30am.

Grace Church of Greenwich 89 Maple Ave. 203-861-7555

www.gracechurchgreenwich.com

Worship: Sundays, 8:45am, 10:45am & 4:30pm, Woman's Club of Greenwich, 89 Maple Ave. Bible Studies and Sunday School meet in person. All are welcome.

Living Hope Community Church 38 West End Ave; 203-637-3669 www.LivingHopect.org

In-person & online (LivingHopect.org/livestream) worship Sundays: 10am. Forum for Fathers: Are you a man with or who has kids or family members with ADHD? We meet Sundays at 9am at the church to pray, seek God, and encourage each other. Contact Todd.klair@gmail.com for more information. Women's Summer Bible Study - A Heart of Grace: July 22, 29, 10-11:30am, Luncheon to follow on July 29. "Making Cent\$" Seminar (four-session seminar): Saturday, July 26, 9:30am, Cost of book. Worship Night with Jules - Embodied Praise: Sunday, July 27, 7pm.

)bituaries

BARBARA GLASS May 27, 1953 - July 14, 2025

Barbara Joan, née Drake, Glass passed away peacefully at her winter home in Florida. She leaves behind a beloved husband, Dik Glass, and her two children, Commander Alexander D. Glass, USN (Kate), and Joanna Mae Glass (Marco Silva), and three adored grandchildren: Henry P. Glass (10), Hadley I. Glass (6), and Oliver Atlas Silva (22 months). She leaves her dear brothers: J. William Drake (Anne), Geoffrey Drake (Meredith), and Thomas Drake, MD (Mimi).

Barbara was born in Missoula, MT where her beloved father Joseph W. Drake, Jr and her mother Beatrice were living as Joe Drake attended law school. They returned to live in Manhattan. After Barbara's brother Bill was born, the family moved to Old Greenwich CT, where Barbara attended North Mianus School, Dundee School, Eastern Middle School and Greenwich High School, Class of 1971. She attended Newton College of Sacred Heart, then finishing her degree in Art History at Syracuse University in 1976.

Because Barbara loved the Boston area, she returned after college to start working in sales at The Rouse Company at Faneuil Hall Marketplace, where she met and fell in love with her soonto-be husband, Dik Glass. They married in Greenwich CT on January 23, 1982 at Saint Michael's church during a blizzard. After their wedding, they moved to Old Greenwich as Dik took a position in New York City. Barbara, the skilled salesperson, immediately found a job selling in the emerging new field of computer-generated graphics for the companies: Scolane, CGI, Schawk, and Matthews International.

She thrived and succeeded in the field and went on to more prestigious Management and Executive roles in these organizations while also becoming a mother of two very energetic and curious children. Barbara grew up in Old Greenwich and loved her hometown; she thought raising her children there was a wonderful generational tradition. She was deeply involved in the community along with her parents and her

long tour of Australia. Barbara com had a semester abroad in college in London, and she and Dik continued traveling to London and Italy many times in the recent past. Barbara and her daughter enjoyed a trip to Paris, France, also within the past decade. Barbara was eager to enjoy the different cultures and see as much as she could during the variety of adventures they shared.

Barbara was a very dear and loyal friend. She maintained her friendships made at every juncture in life. She had so many childhood friends she continued to correspond with and visited often. She had college friends she visited and kept in touch with over the years. She and Dik went to Halifax Nova Scotia to visit an old college friend of hers and had a delightful visit. She also kept friendships she formed at work for years.

When Dik and Barb decided to buy a winter home in FL, Barbara immediately made many good friends who were visiting her almost daily until she passed. She loved her friends dearly, and she was a thoughtful friend in return, always remembering important dates and events. All of her relationships were important to her, but her family were the most cherished above all. She made time for those she cared for and about and took great delight in sharing in their lives.

Barbara will be dearly missed by all of those to whom she meant so very much.

A celebration of life is planned in Greenwich CT on August 30. Condolences and memories, along with any photographs people would like to share can be done so on Legacy.com

In lieu of flowers, the family requests donations be made to: 1. Help fight Alzheimer's.

2. Support Your Library Perrot Memorial Library



NATALIE COHEN

January 7, 1931 - July 9, 2025 Natalie Cohen, 94, passed away July 9, 2025, peacefully at home, with her family, following a long battle with lung cancer. She had been a resident of Greenwich for 64 years and lived on Mary Lane in Riverside. The family moved to Greenwich following the purchase of a restaurant called the Hubba Hubba, on the Boston Post Road in Greenwich, which was famous for its Chili. Natalie worked in the Hub for eight years. She was still getting requests to make this Chili many years later. After the Hub was sold, she started a career in Pavroll, eventually ending up as Payroll Supervisor for the Town of Greenwich Board of Education until she retired and then her passion turned to playing bridge, where she eventually achieved the



MARY PALMER July 8, 2025

Mary A. Palmer, 84, of Cos Cob passed from this life to the next at the family home she and her beloved husband, the late Robert M. Palmer, purchased to celebrate their love for each other and those born as a result of this love. Her children Mark A. Palmer and Nancy I. Palmer-Rillstone (James) held her as she made this passage.

She is survived by her grandchildren Paige N. Szygiel (Precious Paige) and Kenneth B. Szygiel (Darling Kenny) and their father Bernard S. Szygiel; her beloved sister Ellen R. Silva (Nina), niece and goddaughter Theresa R. Zipprich and great nephews Scott A. Zipprich and Albert J. Zipprich; step grandchildren Jessica and James Rillstone Jr. (JJ) and her step great grandson Henry Rillstone who was GiGi"s biggest little fan. In addition to her husband of 36 years she was predeceased by her parents Rolf B. and Mary C. Jensen, her brother Thomas B. Jensen and dear friend Blanche Parrella.

She was born on May 1, 1941 in Thompkinsville Staten Island NY and graduated from Our Lady of Good Counsel and St Peters for Girls High Schools. Later she proudly completed a college computer with her daughter. While growing up on Staten Island she climbed billboards owned by a future friend's mother. She loved riding the Staten Island Ferry.

She was a secretary at Manufacturers Hanover Trust Company, Red Cross of Greenwich and the Town of Greenwich Engineering Department. While at the Red Cross she assisted service members returning home during emergencies. She also was a cafeteria monitor at Old Greenwich School and was presented with a poster size card that read "Thank You Mrs Palmer for Always Being Fair" signed by a large number of

She is survived by a son, Henry (Hank) and his wife, Rochelle; a from Pelham Memorial High daughter, Leslie Lombardi and her School, earned a B.A. in American and doubles, at the Union Club of husband, Nick; and a daughter, Culture from Mount Holyoke Christine Hardy and her husband, Sean. She is also survived by a sister, Kathleen Hennessey; ten grandchildren and five greatgrandchildren.

Visitation was held at Castiglione Funeral Home, Greenwich, CT on July 14. Service followed. In lieu of flowers, it is requested that donations please be made to the animal rescue group of your choice.



WILLIAM BAXTER

William J. Baxter Jr. of Stuart FL and Cutchogue, NY has set sail for his final destination on July 4 at 91 years old. He was born in Manhattan on March 22, 1934. Bill was the son of William J. Baxter (founder of Baxter Brothers Investment Service) and Beatrice Premo. He was married to Patricia for 65 wonderful years. Pat was Bill's crew in the dinghies as they team-raced around the world. Pat and Bill were tennis partners as well. He and Pat loved the romance of Le Bristol Hotel in Paris and the adventures of South Africa and Australia

Bill graduated from Colgate University in 1956 and Columbia Business School in 1957. He ran The Baxter Investment Management Company in Riverside CT until 1990. Under his leadership, Baxter published one of the nation's largest weekly economic forecasting newsletters. He also wrote many books on weather, inflation and the many factors impacting the economy and investing.

He had four children, principally to work on his extensive chore lists. One Christmas he gave each of his children a rake as a gift. Kathleen Enos married Hugh (Kevin). William the 3rd married Jackie (William 4th, Claire, Spencer and Mac). Susan Miller married Jeff (Patrick). John married Molly (Charlie and James).

He sailed most of the year The season would begin in the winter at Larchmont Yacht Club in the IC dinghy fleet. Then he would race various boats named Pirate up and down Long Island Sound representing Larchmont YC. Riverside YC. Old Cove YC and Storm Trysail Club. He loved his time as commodore of Old Cove YC. Mattituck YC and Sailfish Point Club. He loved sailing in the colder months in the Caribbean on his sailboat called Jolly Roger with his wife, children and friends. He also met his friends at the raft ups in Robins Island Cove and the Cutchogue Fire Department Chicken BBO. The family received friends on Tuesday, July 8 at the DeFriest-Grattan Funeral Home, Mattituck, NY. The Liturgy of Christian Burial was Celebrated on Wednesday, July 9 at Our Lady of Good Counsel R.C. Church, Mattituck, NY. Interment followed at Sacred Heart R.C. Cemetery, Cutchogue, NY. In lieu of flowers, donations to Old Cove Youth Sailing Foundation, P.O. Box 214, New Suffolk, New York 11956 or US Sailing Center Martin County, 1955 NE Indian River Drive, Jensen Beach, Florida 34957 would be appreciated. Envelopes will be available at the funeral home.

and Catherine Sargeant Reis. be married for almost 70 years.

Cindy graduated with honors College in 1953 and was a member of Phi Beta Kappa.

Cindy and Harry raised their children, Lynn, Peter (Kelly), and Wendy (Craig Willis), in Old Greenwich, CT, where Cindy co-founded the Greenwich Environmental Action Group (GEAG) and was a member of the Greenwich Representative Town Meeting and Board of Selectmen. She was a dedicated life-long accents, his "dad-jokes," and most Republican who served in several leadership positions with the party in Connecticut.

After Harry's retirement, Cindy and Harry combined their talents as antique dealers and later relocated to Sharon, CT, where they enjoyed an active social and family life. Cindy belonged to the Millbrook Garden Club and participated enthusiastically in other community organizations.

Cindy and Harry later moved to Scottsdale, AZ, where Cindy was active in several bridge leagues. She channeled her love of dogs into volunteering for a local animal shelter and visiting memory care facilities with her beloved rescue poodle, Buddy.

She is preceded in death by her parents, her husband, Harry, and brother, John Braman Pendleton. In addition to her at St. Mark's Episcopal Church in children, Cindy is survived by her grandchildren, Samantha and Nick Evans, Savannah (Mitchell Hart) and Grace O'Malley, Kitty (Erik Scanlon), John and Madeline Rubicam (Mason Copper), and great-grandchildren, Pendleton all who knew him. and Booker Scanlon.

In lieu of flowers, gifts in Cindy's name can be made to the Foothills Animal Rescue in Scottsdale, AZ.



TIMOTHY GREER

Timothy Perot Greer, age 68, of New Canaan, CT passed away peacefully on July 2, 2025, in Islesboro, ME, after a hard-fought battle with cancer. He was born on April 16, 1957, in Seattle, WA to Dr.

his father or brother). Throughout his life, Tim won many different squash tournaments, both singles New York and the Country Club of New Canaan. He frequently played alongside his sons, his brother, or his nephew. Tim was also an avid cyclist and skier (skiing all over the U.S., Canada, and Europe).

In everything that he did, Tim had a cheerful spirit. He had a playful sense of humor, especially with his three children. They will miss his nicknames, his catchphrases, his terrible importantly his unwavering sense of optimism and support for their endeavors.

Tim is survived by his mother, Dorothy Greer of Spokane, WA, his wife, Caroline Gillespie Greer of New Canaan, CT and Islesboro, ME, his previous wife, Kathryn "Kim" Matthews of New Canaan, CT and their children, William, Henry, and Anne Greer of New York, NY, his brother, Dr. William (Tracy) Greer of Berwyn, PA. and their children, Logan (Oliver) Embry and Alexander (Meshal) Greer of New York, NY, his sister, Elizabeth Greer and her children. Robson, Mathew (Monika) and Kate Edwards of Sun Valley, ID. Tim was preceded in death by his father, Dr. Alexander Greer.

A memorial service will be held on Friday, July 18, 2025, at 2:00pm New Canaan, CT with a reception to follow. In lieu of flowers, the family requests donations be made to the Bladder Cancer Advocacy Network (BCAN).

Tim will be deeply missed by



JOHN BACON

John Frederick Bacon "Jack", 86, passed away on June 29, 2025, in Ponta Vedra Beach, Fla. Jack was born on July 22,1938, the son of the late Edward M. Bacon, Sr., Merrill Lynch executive and Edna Honora Bacon. Jack was predeceased by his brothers, Richard Bacon and Edward M. Bacon, Jr., and his sister, Nancy Johansen.

Jack was born in New York,

brother Bill. Barbara served on the board of Perrot Library for some time. Giving back to the community was something she shared with her children when they were growing up.

While they loved living in the Greenwich area and raising their children, Barbara and Dik wanted to impart some of their personal passions with their children, such as outdoor adventures and American history. Vacations were full of learning experiences such as exploring older homes in Nantucket that had been turned into Museums. Dik and Barbara considered themselves so fortunate to have Barbara's family and some of Dik's close by to share in these endeavors and in the joy of raising their children.

Barbara loved art and architecture. She enjoyed going to museums in New York, Boston, and Washington DC frequently. Often accompanied by her father, she attended many art history lectures and exhibits. She enjoyed collecting art, as did her father. In his retirement he took up sculpting, and in her retirement, Barbara became the painter. She was a prolific painter of many different subjects. Some of her most treasured artworks are her landscapes.

In addition to art, Barbara really enjoyed cooking. She loved to make delicious meals and entertain for family and friends. From 1999 to 2020, Dik and Barbara had a vacation house in Mystic CT on the water. They adored having big family gatherings there, especially Thanksgivings, when they could host the whole large family, including some submariners from the US naval base in New London CT. Barbara and her daughter cooked together and had so much fun preparing the meals.

In addition to her love of art and being the hostess of get togethers, Barbara loved to travel. She and her family traveled on many family vacations. Dik and Barbara took many trips together both in the US and abroad. When dating they went to Italy and met some of Barbara's extended family on her mother's side. They took their children for a grand month-

level of Life Master. Natalie was born January 7, 1931, in New York City. She graduated with honors from Julia Richman High School. Her job as a dog walker started her love of dogs. Natalie might not remember your name, but she would always remember your dog's name. Natalie dog's which included Rex, Sparky, Sport, Beauty, Ralph, Dolly, Dylan, Frannie, preceded her in death and Hurley is the only surviving dog.

Natalie bowled in many leagues over the years, was once a member of the Greenwich Square Dance Club and was a former Board Member of the Greenwich Teachers Credit Union.

Natalie was preceded in death by her husband, Ernest Cohen, two sons, Jack and Lee, and her sister, Roslyn Goldstein Ingber.

Natalie is survived by Lewis Cohen of Riverside, Gary Cohen and Virgie Manning of Houston, her brother, Norman Goldstein of Del Rey Beach, Amanda Cohen of Dublin, Ireland, Nancy Austin Cohen of Riverside, grandchildren, Jake and Molly Cohen of Riverside, Adam and Brittney Kish Cohen with great-grandchildren, Avery and Stella Cohen of Westport, and many nephews and nieces that admired and loved her.

A graveside service was held Sunday, July 13, at Sharon Gardens Kensico Cemetary, Valhalla, NY.

Memorial donations may be made to the ASPCA.

Services are under the care

udents. .

She was the Den Mother of Den 5 Pack 10, Leader of Brownie and Junior Girl Scout Troop 8358 and a member of the Cos Cob School PTA serving as Photography Chair. Room Mother and May Fair Volunteer.

She loved her cats: CC, Princess and Tiny. Even when she was bedbound she figured out how to enjoy life. She liked watching the birds and rabbits, hearing the voices of the children playing in her yard and watching daily mass.

She and her family would like to thank her neighbors Will and Megan Kies all their help and friendship over the years. Nancy's colleagues at Eye Physicians and Associates PC for their understanding and flexibility, Verlyn Brown to whom we will be forever grateful for her loving care, friendship and respect as she guided us through this difficult time whenever she knew we needed it. Finally we thank Dr. Chen and the many doctors, nurses and other staff members of Greenwich Hospital, Sterling Care and Vitas.

Her favorite charities were St. Jude's Childrens Hospital and the Shriner's Hospital for Children.

A visitation for Maryann was held Sunday, July 13, at Leo P. Gallagher & Son Funeral Home, Greenwich, CT. A funeral service was held Monday, July 14, at St. Catherine of Siena Church, Greenwich



BARBARA HANSEN

Barbara Hansen passed away on July 4 at the age of 90.

A longtime resident of of Thomas M. Gallagher Funeral Stamford, she was born in Home. For online condolences, Greenwich on January 28, 1935, four, where she met Harry C. all five glaciated peaks in NYU Stern School of Business with please visit Gallagherfuneralhome. the daughter of the late Arthur Rubicam, III to whom she would Washington state (most often with a citation honoring his MBA thesis.



CYNTHIA RUBICAM

Cynthia (Pendleton) Rubicam passed away peacefully on July 3, 2025 in Phoenix, AZ at age 94. Cindy was born on June 10, 1931, in Brooklyn, NY to Leonard Thurston Pendleton and Erma (Stoecker) Pendleton. The Pendletons moved Alexander and Dorothy Greer.

where he attended Saint George's School. His winters consisted of competitive ski racing around the Pacific Northwest, but most notably in Sun Valley, ID. Tim graduated with a Bachelor's Degree in Architecture from Yale University in 1979 and a Master's Degree in Architecture from Harvard University Graduate School of Design in 1982, where he was a recipient of The Graham Foundation Scholarship Thesis Award. Tim's early architectural career included roles at Skidmore, Owings & Merrill, Gwathmey Siegel, Philip Johnson / John Burgee, and Butler Rogers Basket in New York City, as well as Roger Ferris & Partners in Westport, CT before Tim founded his own firm, T.P. Greer Architects, in New York, NY and New Canaan, CT in 2010.

Tim had a tremendous passion for his work and always said that he never wanted to retire because he truly loved what he did. His projects spanned both residential and commercial designs in the New York City area, and also included homes, offices, apartments, hotels, and retail stores around the world. Tim donated his architectural services to the clubs he loved, including the Country Club of New Canaan and the Union Club of New York, as well as Christ Church of Dark Harbor, ME.

Tim's artistic talents also extended to painting. He took great joy in creating (and occasionally selling) beautiful abstract watercolors, particularly on weekend afternoons with his daughter. Tim's watercolors regularly decorated the walls of his architectural projects over the years.

Outside of architectural and artistic pursuits, Tim was a consummate athlete. He grew up playing squash in Spokane, WA on the court that his father built on their property. At Yale, Tim played on the varsity squash team. While in college, he also ran the New York marathon twice and the Boston marathon (finishing in under 3 to Pelham, NY when Cindy was hours). In his 20s, Tim summitted

NY and moved to Greenwich, CT Tim grew up in Spokane, WA in 1946. He graduated from The College of The Holy Cross in 1960. Jack married Gail Ann Bearce on March 26, 2013.

Jack was a respected figure on Wall Street. He dedicated over 60 years to the world of finance, 40 years with Janney Mongomery Scott, earning admiration for his integrity, insight and unwavering work ethic. Starting as a junior bond trader, he rose through the ranks to become a trusted advisor and mentor to many. Outside the office, Jack was a devoted husband and friend. He leaves behind a legacy of professionalism and kindness that will be deeply missed by all who knew him.

Jack is survived by Gail, his wife of 42 years, his sister, Missy Bacon Ahrens (Jim), and a host of nieces, nephews, and great-nieces and nephews.

A memorial Mass will be celebrated on July 22, 2025, at 10:30 AM, at Our Lady Star of the Sea, 545 A1A N, Ponta Vedra Beach, FL.

In lieu of flowers, a donation can be made in his memory to the Tunnel to Towers Foundation, 2361 Hylan Blvd., Staten Island, NY 10306. A celebration of Jack's life will be held at a later date in the New England area.



WILLIAM VASU July 19, 1941 - June 21, 2025

William "Bill" Vasu spent his childhood in Bloomfield Hills, Michigan, where he attended Cranbrook School. He was an Army ROTC Cadet and Varsity swimmer at the University of Notre Dame. While there, Bill majored in philosophy and earned his BBA in business finance in 1963. Thereafter, Bill graduated from Page 12 | Greenwich Sentinel | July 18, 2025

A U.S. Army First Lieutenant on active duty during the Vietnam War, Bill managed a medical staff at Darnall Army Hospital, Fort Hood, TX. For his dedication, he received a National Defense Service Medal, and an enduring moniker from his friends: "Dr. Bill."

He met Linda Muller in New York City in 1973 when a colleague dropped a blue envelope on Bill's desk with her phone number. Their first date was Valentine's Day. Linda and Bill married in 1974 and moved to Pound Ridge briefly, before settling in Bedford, NY, where they welcomed their beloved daughters, Emilie and Susannah.

Bill's career as an investment banker reflected the changing dynamics of late 20th century Wall Street. Bill worked at Salomon Brothers in the newly launched mortgage-backed security department, and thereafter at Bear Stearns and Lehman Brothers. Following the deregulation of the London Stock Market, Morgan Stanley moved his family to London in 1987, during a pivotal time of global expansion that would forever shape their futures. They lived in Chelsea and spent weekends in Longparish, Hampshire. His daughters attended English day schools for girls. Friends introduced them to the pleasures of country life -- tennis on grass, horseback riding, horse racing, fly fishing, shooting and stalking, and the many adventures of nearby European travel.

Bill adored family time with Emilie and Susannah, and his pack of Jack Russell terriers, Labradors and Retrievers. On weekends, he prepared special breakfasts on the Aga, serving stacks of perfectly thin pancakes and bacon, and offered new friends his renowned eggplant dip from the recipe of his Romanian grandmother, served with a signature Southside cocktail.

In 1991, the family returned home to Bedford, NY and later, Greenwich, CT. Bill joined a new asset management team at BNP Paribas. The girls attended Greenwich Academy, and Linda resumed teaching literature.

Bill was an 80s "legend" to family and friends. Their words recall with fondness that he was "dashing, witty, vibrant, effortlessly cool." Known as a superb dancer, an enthusiast of opera, classical music, and oldiesbut-goodies, he enjoyed hosting dance parties; there was always a jukebox with the classics of Rock & Roll and country, and the latest top ten. Those closest to him appreciated his gentle soul and generous heart. They not only relied on Dr. Bill to pick singalong tunes; he bandaged knees, removed errant fish hooks, and coached them to improve their swimming strokes. And thus, Dr. Bill became "Doc" to his grandsons, Beau and Hayes. In his later years, Bill traveled throughout the West with his lovable Labs, Welly and Earl, and settled in Sun Valley, Idaho, before returning to Litchfield, CT. He kept his eye on the horizon, always hoping for the best, and holding his fondest memories of friends and family in his heart. Bill will be remembered for his stoic stance in the face of debilitating Parkinsonism, and his gratitude for the many gifts of his life. His grace shone steadfastly, through acuteness and solitude, in his smile and his strength. He is survived by his devoted former wife Linda, their daughters and sons-in-law Emilie and Jonathan Henley, Susannah and Andrew Dacey, and two cherished grandsons, Beau and Hayes.

He is forever in our hearts. May he rest in eternal peace at last, his spirit carried gently in love and remembrance.

A private memorial will take place on August 20, 2025.

"You shall go out with joy and be led forth with peace" ~Isaiah 55:12



NEAL FAHEY

Neal James Fahey, 71, of Middle Rd., Oneida, NY, went home to be with the Lord, Friday, June 20, 2025. He passed away peacefully at his home, surrounded by his loving family, under the care of Hospice. He was born on June 16, 1954, in Teaneck, NJ, the son of John A. and Mary (Doherty) Fahey Jr. He was raised in Norwood, NJ, and graduated from high school while he was living in Oklahoma. On September 27, 1986, Neal was united in marriage to Maureen M. Morrow in Greenwich, CT. He worked with his brothers, creating Fahey Brothers Building Company, served as Camp Ranger at Ernest Thompson Seton Scout Reservation Greenwich Council BSA. He then founded and operated the Framework Gallery in Middleburgh, NY. Neal moved with his family to Oneida, NY, in 1999, where he was a selfemployed builder, drywaller, and tradesman for many years. In his retirement, he drove a school bus with the Oneida City School District for six years.

Neal was a man of many passions and talents, always exploring new ways to create, discover, and give back. He found joy in the skies with his electric airplanes, and on the earth with his love for magnet fishing and metal detecting. He was always on the lookout for hidden treasures. A true craftsman at heart, Neal spent countless hours whittling, woodworking, and making beautiful, handcrafted jewelry. He generously shared his time and skills as a proud volunteer for Habitat for Humanity, helping others build not just homes, but hope. Neal also cherished life on the road, RVing alongside his beloved wife, Maureen, and their loval German Shepherd, Scout, making memories wherever their travels took them. His curious spirit, kind heart, sense of humor, and creativity left a lasting impression on all who knew him. Surviving besides his loving wife, Maureen, are two children, Sarah Fahey, of Oneida, and Neal (Clara) Fahey Jr., of Irondequoit; two grandchildren, Nora Jane Fahey, and Anya Roisin Fahey; five siblings, Maureen Klein, of Harriman, NY, Kathleen (Harry) Capone, of Canastota, Eileen (Grant) Pecan, of Middleburgh, John A. Fahey III, of Vernon, and Daniel Fahey, of Greenwich, CT; his nieces and nephews, Kristine (Tim) Wagner, James (Christine) Klein, Dr. Harry (Staci) Capone, Neal (Connie) Capone, Daniel (Mikayla) Pecan, Ilana (Ben) Scharoun, Victoria Fahey, and John Fahey IV. Neal was predeceased by his parents, John and Mary; and his brother-in-law, Ronald Klein. Private services will be held at the convenience of the family. There are no calling hours.



AUDREY KAHN

Aug 8, 1933 - June 19, 2025 Audrey Ann Kahn of Greenwich, CT, passed away peacefully at her son's home in the early morning hours of June 19th, 2025.

Born in Brooklyn, NY, on August 8, 1933, she was the beloved daughter of Carl and Gussie DiLoreto. An only child, Audrey was raised in Brooklyn where she had the good fortune to grow up among an extremely large and close-knit extended family: scores of loving aunts and uncles, cousins and friends-every Sunday her father cooked for a packed house of relatives, friends and neighbors.

After graduating James Madison High School, Audrey spent her working life engaged in administrative, secretarial, and clerical jobs. Following retirement, she worked at Greenwich High School, greeting people from her perch at the front desk (until age 87!) with a warm smile and kind words. In addition, Audrey was an enthusiastic supporter of many civic organizations. As a founding member of At Home In Greenwich, she helped organize lunches, outings, and trips for its members. She was a proud member of Sisterhood of Temple Shalom, as well, where she was involved in planning projects and events, and where she developed dozens of close and lasting friendships.

Audrey was a devoted mother to her son, Craig Hartglass, always putting his needs above her own. She had a special ability to keep friends throughout a lifetime. One friend, Dorothy, remarked that they met in an exercise class and remained close for fifty-four years. She was especially close with two cousins, Deanna and Harriet, and with her closest friend, Florence, who grew up on the same block, and who she spoke with daily, often several times (since age 8), for over eighty years.

In her spare time, Audrey loved ballet and theater, music, art and food, and was never happier than while attending a performance or trying a new restaurant.

She is survived by her son, Craig Hartglass. The 'google before google', Phil found his greatest joy sharing his passion for life with his admiring wife, devoted children, and adoring grandchildren."

Phil was born on May 21, 1940, to Martin and Marie Huyck in Battle Creek, Michigan, and moved two years later to Burbank, California. As a child, he played tennis, immersed himself in books, and spent his free time working alongside his parents at their Huyck Enterprises shop. Phil put himself through Stanford University, where he was elected head yell leader and enjoyed comedy roles in theater productions.

Upon graduation, Phil moved to Bonn, Germany, to write for TIME magazine. Here, he covered the construction of the Berlin Wall in 1961 and put his love of other cultures and languages to good use. In 1963, Phil returned to the United States and attended Stanford Law School, where he was on the Stanford Law Review and (most importantly) where he met Mary Hilton. Six months later, Mary and Phil married in an intimate wedding, with a reception at her parents' garden on the Stanford campus. Phil later described this as "the best part of my three years at Stanford Law School."

After law school (class of 1966), Mary and Phil moved to Paris when Phil received a Fulbright fellowship. They spent a year enjoying France and then moved to Brooklyn Heights, NY, where Phil spent his first few years as a corporate attorney at Cravath, Swaine & Moore in NYC. During this time, the Council on Foreign Relations awarded Phil a grant to study for a year in Brazil, where he again engaged fully in a new culture. Once back in the States, Phil left Cravath to follow new opportunities, developing hydro and co-generation power plants throughout North and South America.

In the late 1970s, Phil and Mary left Brooklyn Heights for Bronxville, NY, and then on to Greenwich, CT, where they raised their three children, Jonathan, Peter and Laura. The dream of developing clean energy projects became Phil's life's mission, both on his own and with investment firms Credit Suisse First Boston and Trust Company of the West. Phil summarized his career best in the Stanford 50th reunion magazine, writing, "Professional: journalist, lawyer, investment



HC CLEANS PATIO CUSHIONS & MORE.



UPHOLSTERY • LINEN & BEDDING WINDOW TREATMENTS • FLOORING & CARPETS • PATIO CUSHIONS

203-957-3838 | HomeCarebyFabricare.net



BARBER SHOP

3 Lewis Street Greenwich, CT 06830



PHILIP HUYCK

Philip Michael Huyck, cherished husband, father and grandfather, whose intellect was matched by his quick wit and generous heart, died on June 1, 2025.

"A professor at heart, natural storyteller, voracious reader, thoughtful listener, eternal optimist, Greek coin-collector, and master of puns, whose enthusiasm for history, music, poetry and literature was only surpassed by his profound love for his family. banker, fund manager, energy project developer (focused on alternative energy), and currently chairman of a company developing an innovative fuel cell technology. As Mary says, I have to keep doing it until I get it right."

And he did. Of all of his projects and passions, nothing meant more to Phil than his family. He shared 62 years with Mary, the love of his life, and they devoted themselves to their children, and then their five grandchildren, Lillian, Charlotte, Abigail, Ben and Nate. Well into his 80s, Phil was an integral part of their daily lives. From adventures at the Bronx Zoo to water parks, where "Boppa" was first on the ride alongside his admiring grandkids. He told them bedtime stories, read book after book, taught them history and guitar and supported every interest they had. As one of his grandkids put it, "He was my best friend, who taught me how to see people and life with a spark of appreciation and kindness."

Over the years, Phil enjoyed playing tennis, summers at Twilight Park in the Catskills (where his ashes will be buried alongside those of his parents), memberships and friendships at the Council on Foreign Relations, the University Club, the Belle Haven Club and, most of all, his Costco membership.

His humor, smile, laugh, bushy eyebrows, deep intellect and compassion were inimitable. Phil left everyone smiling and with a tidbit of trivia they could take with them - from ancient history and philosophy to the origin of their name. We are better (and wiser) for knowing him.

"Phil - from the ancient Greek root meaning loving or fond-of; loyalty, strength, approachability, warmth, curiosity and love."

The Sentinel does not charge for obituaries. To submit an obituary email Caroll@GreenwichSentinel. com

203/302.3408 nolandformen.com

OPEN SEVEN Days a week



"Did you see a cocktail napkin with our entire marketing plan on it?"

Let the advertising pros at Sentinel Hometown News create the perfect marketing plan for your business!

When you advertise in the *Sentinel*, you connect with your community.

Sentinel Hometown News

Peter@SentinelHometownNews.com





500 Westchester Ave. Port Chester, NY Tel 914.908.5444

Cos Cob, CT Tel 203.629.8400

900 Summer St. Stamford, CT Tel 203.413.6101



THE FIRST BANKOF GREENWICH

Commercial & Residential Lending | Greenwichfirst.com | NMLS[#] 510513

*Annual Percentage Yield (APY). Required minimum deposit of \$25,000.00 of funds not on deposit with The First Bank of Greenwich, a Platinum Checking account must be linked to this promotional account with a \$2,500.00 minimum average balance or direct deposit of a paycheck, pension, or other government benefit in order to earn the promotional APY and avoid a \$5 monthly service charge. The Platinum Savings account will earn 3.14% APY if no Platinum Checking account is linked. If the Platinum Savings balance falls below \$25,000.00 the account will earn .05% APY and incur a \$5.00 monthly Service Fee. Interest is compounded and credited monthly. Promotional APY is effective the date of this publication and subject to change. Fees could reduce earnings.

A Season of Restoration: Greenwich Audubon Takes Flight





Great Blue Heron. Photo: Dee Langevin/Audubon Photography Awards

JOSEY GARDNER

Many new conservation projects at the Greenwich Audubon Center began this summer season. Thanks to the hard work and generosity of our Greenwich community as well as a community match fund from Sustainable CT, we were able to raise \$14,500 to restore the Oneida Sanctuary. This sanctuary preserves a rare salt water marsh ecosystem. Though small in size, Oneida Sanctuary is a beautiful spot where birders can admire the egrets and great blue herons in the marsh grasses. All funds raised are going towards restoration and community building improvements at the sanctuary, such as invasive plant control, the planting of native species, and installation of sustainable benches, informational signs, and walkways. Work is already underway, and we will soon have another green space here in Greenwich for birds and people to enjoy.

The Greenwich Audubon Center has also partnered with the Greenwich Land of the Gimbel Sanctuary. This

a wide diversity of habitats for birds once more. to explore. A hardwood groves of spruce, pine, fir, and hemlock are crossed A large field hosts grouse managing 295 acres of trees, spring and summer. During in high school and college, invasive plant growth, place. maintaining and building hiking trails, and planting underway this summer, it's youth just began their helps keep this conservation internships and their work work moving forward, and at Gimbel Sanctuary at the we couldn't be more grateful Audubon Center and the so far, especially for the looking forward to working who are looking to do more,

forest of oak, hickory, beech, the Main Sanctuary near and tulip trees, as well as the Kimberlin Education Center continues through the summer just as it does year by several small streams. round, with dedicated staff and wild turkeys as well wild flowers, trails, and more. as nesting bluebirds in the Nature Day Camp at the Greenwich Audubon Center the summer months, the has also just begun, where Greenwich Audubon Center kids learn to appreciate and hosts an internship program understand nature and the for young conservationists local environment. A vital part of conservation is the who work as Eco-Leaders passing on of knowledge to to assist the Center in its the rising generation, so that conservation work. This year, those coming after us have the Eco-Leaders are tackling the tools to continue making the restoration of the Gimbel their community and the Sanctuary by managing planet a safe and healthy

With all these projects native species to encourage easy to be optimistic about a healthy ecosystem and conservation in our local biodiversity. These incredible community. Every donation start of July. The Greenwich for all the funds we've raised Greenwich Land Trust are Oneida Sanctuary. For those Trust to begin the restoration together throughout the volunteering programs for summer to make the Gimbel youth and adults will begin

Audubon Center. For anyone the Greenwich Audubon Conservation work at who has children, the Center and our various Greenwich Audubon Nature sanctuaries, and treating Sr. Center Assistant at the

80 acre sanctuary provides Sanctuary a thriving habitat in the fall at the Greenwich open. And of course, visiting greatest gift our community gives us.

> Josey Gardner is the Day Camp registration is still them with respect is the Greenwich Audubon Center and an outdoor enthusiast. She has worked in various outdoor fields, from nonprofit conservation to parks and recreation.

With all these projects underway this summer, it's easy to be optimistic about conservation in our local community.

FRESHEN YOUR WINDOWS WITH OUR FANTASTIC SUMMER SALE!

Take 10% off our everyday low prices! Free measuring & free installation. Call or visit our showroom.



AL ESTATE DASHBOA

URED OPEN HOUSES ROB PULITANO 203-561-8092

Address	Area	Price	Day/Time	Broker
39 Riverside Avenue	Riverside	\$2,175,000	Sat 2-4 PM	BHHS New England
2 Walker Court	Greenwich	\$8,500	Sat 11-1 PM	Coldwell Banker
201 Shore Road	Greenwich	\$2,499,000	Sat 12-2 PM	Coldwell Banker
897 Lake Avenue	Greenwich	\$5,200,000	Sun 1-3 PM	Coldwell Banker
201 Shore Road	Greenwich	\$2,499,000	Sun 1-3 PM	Coldwell Banker
39 Cambridge Drive	Greenwich	\$1,375,000	Sat 12-2 PM	RE/MAX
39 Cambridge Drive	Greenwich	\$1,375,000	Sun 11-1 PM	RE/MAX
190 Lake Avenue	Greenwich	\$4,000,000	Sat 1-3 PM	Sotheby's

TIMOTHY AGRO,	NEW GREENWI					03.4	461.5964
Address	List Price	Price/ SaFt	SqFt	AC	BR	FB	Area
75 Cos Cob Avenue 9	\$785,000	\$642	1,222	0	2	1	Cos Cob
51 Forest Avenue 60	\$799,000	\$844	947	0	1	2	Old Greenwich
51 Forest Avenue 31	\$825,000	\$711	1,160	0	1	2	Old Greenwich
172 Field Point Road 9	\$1,300,000	\$553	2,352	0	2	2	South of Post Road
75 LOUGHLIN Avenue	\$1,795,000	\$805	2,230	0.15	4	3	Cos Cob
46 Bowman Drive	\$2,149,000	\$613	3,506	1.13	5	3	Glenville
35 Skylark Road	\$1,695,000	\$1,264	1,341	0.28	2	2	South Parkway
11 Mill Pond Court	\$1,895,000	\$1,056	1,795	0.13	3	3	Cos Cob
43 Buckfield Lane	\$2,500,000	\$663	3,772	8.54	5	4	North Parkway
65 Sherwood Place	\$2,695,000	\$934	2,885	0	6	5	South Parkway
36 Hendrie Avenue	\$3,195,000	\$913	3,500	0.22	5	3	Riverside
14 Highview Avenue	\$3,275,000	\$892	3,670	0.3	5	2	Old Greenwich
15 Deepwoods Lane	\$3,450,000	\$787	4,382	0.34	4	4	Old Greenwich
40 Bruce Park Drive	\$3,500,000	\$1,224	2,859	0.75	3	2	South of Post
27 Cognewaugh Road	\$3,795,000	\$670	5,662	0.42	5	4	Cos Cob
18 Grant Avenue	\$3,925,000	\$1,124	3,491	0.33	4	4	Old Greenwich
160 Stanwich Road	\$4,195,000	\$1,044	4,019	1.08	4	4	South Parkway
8 Fado Lane	\$4,450,000	\$632	7,041	0.35	5	6	Cos Cob
209 Shore Road	\$5,360,000	\$1,258	4,261	0.68	4	2	Old Greenwich
28 Thunder Mountain Road	\$6,550,000	\$611	10,723	2	7	7	South Parkway
21 Ridge Street	\$6,850,000	\$1,228	5,577	0.16	6	5	South of Post
36 Baldwin Farms North	\$7,995,000	\$916	8,728	2.1	5	7	South Parkway
200 Shore Road	\$11,250,000	\$1,995	5,638	0.5	5	4	Old Greenwich

NEW SALES TIMOTHY AGRO, GREENWICH STREETS TEAM, 203.461.5964

Address	Original List	List Price	Sold Price	DOM	BR	FB	Acres	SqFt
3 Putnam Hill 3F	\$395,000	\$375,000	\$385,000	134	1	1	0	1,000
19 Le Grande Ave 13	\$875,000	\$875,000	\$900,000	18	2	2	0	1,257
43 Harold Street B	\$925,000	\$925,000	\$1,100,000	11	3	3	0	1,958
9 Walnut Street	\$1,150,000	\$1,150,000	\$1,020,000	3	3	1	0.52	1,482
18 Mary Lane	\$1,225,000	\$1,225,000	\$1,300,000	69	3	2	0.28	1,250
13 Spezzano Drive	\$1,250,000	\$1,250,000	\$1,150,000	56	4	2	0.14	1,392
2 River Lane	\$1,300,000	\$1,300,000	\$1,200,000	14	3	2	0.14	1,613
38 Pleasant Street	\$1,325,000	\$1,325,000	\$1,575,150	9	3	2	0.12	1,630
48 Meyer Place	\$1,650,000	\$1,499,999	\$1,479,000	99	5	3	0.3	2,860
133 Lancer Road	\$1,650,000	\$1,650,000	\$1,925,000	7	4	2	0.17	2,306
313 W Lyon Farm Dr	\$1,795,000	\$1,795,000	\$1,915,000	-14	3	2	0	2,344
1 Webb Avenue	\$1,849,000	\$1,849,000	\$1,818,000	20	3	1	0.19	1,808
16 Verona Drive	\$1,900,000	\$1,900,000	\$2,625,000	7	3	2	0.37	2,257
741 Riversville Road	\$2,495,000	\$2,495,000	\$2,510,000	26	6	5	4.53	5,409
14 Edgewater Drive	\$2,699,000	\$2,699,000	\$3,304,000	2	4	2	0.17	2,286
6 Carissa Lane	\$2,850,000	\$2,850,000	\$3,050,000	9	5	3	1.11	4,735
23 Woodland Drive C	\$2,995,000	\$2,995,000	\$2,900,000	8	3	3	0.22	3,163
164 Clapboard Ridge Road	\$3,700,000	\$3,700,000	\$4,100,000	104	5	4	5.8	5,200
30 Crescent Road	\$3,850,000	\$3,850,000	\$4,137,500	8	5	4	0.31	4,257
19 Beechcroft Road	\$4,995,000	\$4,995,000	\$4,750,000	9	5	5	1.69	6,969
156 Old Church Road	\$4,995,000	\$4,995,000	\$4,825,000	16	5	6	0.69	5,704
2 Willow Road	\$5,300,000	\$5,300,000	\$5,300,000	0	4	5	0.17	4,693
8 Lindsay Drive	\$7,150,000	\$7,150,000	\$7,350,000	25	6	8	2	10,687
6 Tods Driftway	\$13,495,000	\$13,495,000	\$13,000,000	28	5	5	0.69	5,820
7 Dairy Road	\$13,995,000	\$13,995,000	\$13,995,000	34	7	9	2.11	14,169

Want to See Your Future Tree? Explore the Town Arboretum

CHERYL DUNSON

The Greenwich Town Arboretum is internationally accredited by ArbNet, the sole body which awards accreditation to arboreta

particularly striking.

Sound. The original acreage species. was a former granite quarry and the exposed granite best specimens to the New cavities remain clearly visible York Botanical Garden. After today. In 1975, 10 acres were Col. Montgomery's death in added to the east end of 1952, his wife approached the park, part of a private the Town about donating the estate then known as "The property with restrictions Anchorage." Many mature that it be used for walking deciduous and coniferous trails, horticulture and the trees are part of Byram Park's arts. The Town voted to original section near the entry accept the gift in 1953. Some gate and near the playground. These mature species include under Col. Montgomery's

oaks and sweetgums are ceilinged greenhouse for fruit tree propagation. Col. Byram Park, in southwest Montgomery established the Greenwich, was established Pinetum in 1930. He planted in 1919. It is approximately 30 abundantly and eventually acres and fronts Long Island acquired over 850 coniferous

Greenwich Town Arboretum

worldwide. The Greenwich Tree Conservancy (GTC), in partnership with the Greenwich Department of Parks and Recreation, submitted a successful application and our arboretum was established in 2016. Criteria for accreditation include: a governance group, 100+ labelled tree species, and educational programming. If you visit the ArbNet website, you will see the Greenwich Town Arboretum listed among arboreta from around the world, including Kew Gardens in London. To see our listing and learn about other arboreta visit: https:// arbnet.org/morton-register/ accredited-arboreta/all

A 2009 Historic Parks of Greenwich report commissioned by the Greenwich Division of Parks and Trees served as the guide for the establishment of the Greenwich Town Arboretum. The report provided a wealth of background information about our four historic parks which "launched" the Arboretum: Bruce Park, Byram Park, Binney Park and the Montgomery Pinetum.

Bruce Park, approximately 60 acres, is Greenwich's oldest public park. It was established in 1908 through a bequest of Robert Bruce. In 1930, the Town paid for a survey and development plan for Bruce Park which is located on the south side of 195. Significant trees identified at that time included beech, maple, ash, cherry, dogwood

maples. The land for Binney Park in Old Greenwich was purchased by Edwin Binney Greenwich Town Arboretum, in 1927 with the intent to deed it to the town exclusively for labelled trees in our four recreation and park uses. historic parks and expanded The design and construction to other areas like Greenwich of the park took over 4 years. Point, Cos Cob Park, school It is interesting to note that properties, neighborhood James A.G. Davey of Davey centers, and town-owned Tree Company was Binney's parking lots. Greenwich son-in-law and advised is unusual because our on the design of the park. arboretum is truly town-wide. Among other elements, the To date, we have labelled over plan called for the planting of 1350 trees! Residents can help many trees and the creation us maintain tree labels in of two small "lakes." In 1933, Binney Park was dedicated. to storms, aging or occasional Tree species included pin vandalism, sometimes labels oak, red maple, paper birch, tupelo, dogwood, hawthorn, We would appreciate the and American ash.

The Montgomery Pinetum in Cos Cob is approximately 100 acres and is adjacent Tuchman town-owned properties. Colonel Robert property known as "Wild Acres" in 1922. He and his adding gardens, paths and and sycamore. Today, the buildings including a high-

In 1945, he gifted his 200 conifer specimens planted oaks, tulip trees, and sugar direction remain today along with many species of ornamental shrubs and trees.

Since the launch of the the GTC has planted and good condition. Whether due come loose from a tree. public's help in notifying us via email at Arboretum@ GreenwichTreeConservancy. com if they see a label that to the Pomerance and is damaged, dangling, or missing.

as a treasured community world. The GTC works to



Bruce Park Arboretum Map (partial) contributed by GTC

Since the launch of the Greenwich Town Arboretum, the GTC has planted and labelled trees in our four historic parks and expanded to other areas like Greenwich Point, Cos Cob Park, school properties, neighborhood centers, and town-owned parking lots. Greenwich is unusual because our arboretum is truly town-wide. To date, we have labelled over 1350 trees!

wife developed the property living museum of trees and diversity from around the of residents. asset for current and future promote a deeper knowledge Greenwich Town Arboretum, Board Co-Chair

generations. The Arboretum of trees through public our programming and more, The Greenwich Tree collections include both events, educational programs, Montgomery purchased the Conservancy's mission specimens from native and through research. We includes helping to preserve ecosystems and species are only able to do this work greenwichtreeconservancy. our Town Arboretum as a representing botanical through the generous support org.

visit us at W w

Cheryl Dunson, Greenwich To find out more about the Tree Conservancy Advisory

Escape to Paradise

Escape to *Bermuda*.

Fly Non-Stop from Westchester County Airport to Bermuda in *2 Hours*.



Bermuda is closer than you think.





FlyBermudAir.com

Enjoy free Wi-Fi, complimentary snacks and drinks, no middle seats, and warm Bermudian hospitality from takeoff to landing.



Your Island Escape Awaits.

BERMUDAIR

Page B2 | The Sentinel | July 18, 2025





Service you can depend on. Quality you can trust. Since 1956.

"I'm relatively new to corporate travel, so I want my transporation to be safe and reliable.

I always feel comfortable with Rudy's. I trust them to get me there safely and on time."



(800) 243-7839 • GoRudys.com

RESERVATIONS: Call, visit our website, or download our app.

Image: Constant of the image: Cons



on the Sidewalk 10am - 4pm Forest Streets 9am - 4pm

SATURDAY JULY 19 HIGHLIGHTS

- Elm, Main and Forest Streets will be closed to vehicles
- Family friendly pedestrian shopping/dining area
- Over 90 Vendors and organizations
- New Canaan YMCA Family Entertainment Zone
- Local Musicians playing all day

NEWCANAANCHAMBER.COM/VILLAGE-FAIR-SIDEWALK-SALE

GREENWICH POLO CLUB | SUMMER POLO SEASON

Join us in Greenwich, CT for world-class high-goal polo, Sundays from June to September. Enjoy thrilling matches, luxury hospitality, and a unique social experience—just minutes from NYC.

TICKETS & VIP PACKAGES AT <u>GREENWICHPOLOCLUB.COM</u>



36THANNUAL ONE MILE SWIM AT TOD'S POINT, GREENWICH

REGISTER TODAY!



HELP A CHILD LEARN TO SWIM!

Proceeds from the event will go toward the YMCA of Greenwich's Swim School Scholarships, helping to provide swim school instruction and critical water safety skills to local children.



FRIDAY, IULY 18

9:30 a.m.

Greenwich Newcomers Club: Friday Beach Walk's at Tod's Point. All levels welcome. Meet at 2nd concession stand near the flagpole. greenwichnewcomersclub.wildapricot.org

9:30 a.m. - 2 p.m.

Walk-In Houseplant Clinic. Greenwich Botanical Center, 130 Bible St. greenwichbotanicalcenter. org/upcoming-events

1:30 p.m.

Concert & Cake Series: The Joe Corsello Trio. Christ Church Greenwich, 254 E. Putnam Ave. Free. concertandcake.org

4 p.m.

Game Hub (For ages 7-13). Perrot Memorial Library, 90 Sound Beach Ave. Free. Register. perrotlibrary.org

6 p.m.

Round Hill Community Church: Movie Night, with pizza, popcorn, and lemonade. Round Hill Community House, 397 Round Hill Rd. Free, all are welcome. 203-869-1091. roundhillcommunitychurch.org

7 p.m.

Katsual Dance Fitness Pop-Up Class. YMCA of Greenwich. Free and open to the community. RSVP. greenwichymca.org/events

SATURDAY, JULY 19

7:30 a.m.

The Greenwich Swim Committee and the YMCA of Greenwich: 36th Annual One Mile Swim. Tod's Point. Registration: \$65. 203-253-2546. greenwichymca.org/events

9:30 a.m.

YMCA of Greenwich Trailblazer Club Hike: Waveny Park Trails. Free. Register. greenwichymca.org/events

10 a.m.

Sand Sculpture Festival. Tod's Point. Rain date: Sunday, July 20, 10am-1pm. Call for weather cancellation information: 203-861-6100. greenwichct.gov/2086/Sandblast

11 a.m. - 1 p.m. & 2 - 4 p.m.

Family Day: Sustainable Summer Fun. Bruce Museum, outdoors. Free Weekend Admission for Youth. brucemuseum.org

6 p.m.

Banksville Community House's 1st "Bulls, Baseball & BBQ." BCH grounds, 12 Banksville Rd. \$50 in advance, \$75 at the door. thebanksvillecommunityhouseinc.wildapricot. org

8 p.m.

Perrot Memorial Library: Summer Movie in Binney Park: "The Wild Robot". Free. 203-637-1066 x15. judys@perrotlibrary.org. perrotlibrary. org

SUNDAY, JULY 20

10 a.m.

Founders Day Celebration. First Congregational Church of Old Greenwich, 108 Sound Beach Ave. 203-637-1791. Free & open to the public. greenwichct.gov/2861/America-250-Greenwich-CT

2 p.m.

Bruce Experiences: Graffiti talk and discussion with SAL-161 and COCO 144. Bruce Museum. Members, Free; Non-members, \$20. brucemuseum.org

MONDAY, JULY 21

First come, first served. brucemuseum.org **11 a.m.**

Retired Men's Association of Greenwich: Jason Jackson, PhD and Eric Glover, Data Scientists, U.S. Air Force Institute of Technology (AFIT), "Data Analytics Applications in Military Decisions." Christ Church Greenwich, 254 East Putnam Ave. Free & open to all. greenwichrma. org

7 p.m.

National Mah Jongg League 2025 Card 101: Explanations and Strategies for Play. Perrot Memorial Library, 90 Sound Beach Ave. Free. Register. perrotlibrary.org

7 p.m.

Wednesday Night Concert Series: Sounds of Sinatra – Frank Sinatra Tribute. Roger Sherman Baldwin Park. For weather postponement/ cancellation information, call 203-861-6100 (after 4pm). greenwichct.gov/2084/Summer-Concerts

7 p.m. Voices Center of Resilience (VOICES):

Preparedness Workshop – Preparing Individuals and Families for an Emergency. Online. Free. Register. voicescenter.org

THURSDAY, JULY 24

10:45 a.m.

Empowering Parents - Lecture From Greenwich Psychology Group. YMCA of Greenwich. Free & open to the public. RSVP. greenwichymca.org/ events

12 p.m.

Women's Business Development Council (WBDC): Navigating a Changing Landscape: Share Your Voice. Online. Free. Register. ctwbdc. org/class-listings

6:30 p.m.

Music on the Great Lawn: Demolition Brass Band. Greenwich Historical Society, 47 Strickland Rd. Free, Members; \$10, Nonmembers. greenwichhistory.org/ghs-events

FRIDAY, IULY 25

12 p.m. Georgia Peach Truck. McArdle's Florist & Garden Center, 52 Arch St. Pre-order by Friday, July 18 at georgiapeachtruck.com/productcategory/mcardles-florist-and-garden-center

12:30 p.m.

Town of Greenwich ADA 35th Anniversary Ceremony. Cohen Eastern Greenwich Civic Center, 90 Harding Rd. All are welcome. greenwichct.gov/calendar

1:30 p.m.

Concert & Cake Series: Naomi Onda, piano. Christ Church Greenwich, 254 E Putnam Ave. Free. concertandcake.org

4 p.m.

Game Hub (For ages 7-13). Perrot Memorial Library, 90 Sound Beach Ave. Free. Register. perrotlibrary.org

7:30 p.m.

Magnificent Moths Evening Adventure (Ages 6 & up). Greenwich Audubon Center. \$15. RSVP. audubon.org/events?view_ type=row&location=Greenwich%20 Audubon%20Center

SATURDAY, JULY 26

9:30 a.m.

"Making Cent\$" Seminar (four-session seminar). Living Hope Community Church, 38 West End Ave., Old Greenwich. Cost of book. livinghopect. org/event/making-cent-seminar

THROUGH THURSDAY, JULY 31

"For the Love of Parks and Recreation" – The Town of Greenwich's Department of Parks and Recreation's 5th Annual Community Photo Contest. greenwichct.gov/1932/Photo-Contest SATURDAY & SUNDAY. THROUGH MONDAY. SEPT. 1

11 a.m. & 2 p.m.

Skyhunters in Flight. Connecticut's Beardsley Zoo, 1875 Noble Ave., Bridgeport. beardsleyzoo. org

WEDNESDAYS, THROUGH OCT. 29

2:30 - 5:30 p.m. Old Greenwich Farmer's Market. Living Hope Community Church, 38 West End

Avenue, Old Greenwich. Through Oct. 29. oldgreenwichfarmersmarket.com.

SATURDAYS, THROUGH NOV. 22

9:30 a.m. - 1 p.m.

Greenwich Farmer's Market Opening Day. Horseneck Parking Lot, Arch Street and Horseneck Lane. (Parking is free during market hours). Through Nov. 22. greenwichfarmersmarketct.com.

MONDAY - FRIDAY

3:30 - 6:30 p.m.

Arch Street Homework Heroes - Free after school tutoring (6th-12th grade). Arch Street Teen Center, 100 Arch St. info@ archstreet.org. archstreet.org

TUESDAYS:

10 a.m.

Beginner Bridge with The Perfectly Polite BridgeGroup. YMCA members, \$30; nonmembers,\$35. New players welcome. (Register by Monday,6pm). 203-524- 8032. greenwichymca.org

5 - 7 p.m.

Lighthouse, a Program of Kids In Crisis: LGBTQ Youth Group Meeting. On Zoom. Free. Open to all LGBTQ Youth & allies. 203-661-1911. lighthouse@kidsincrisis.org. kidsincrisis.org/gethelp/lighthouse

WEDNESDAYS:

11 a.m. - 1 p.m.

Relaxed Duplicate Bridge with The Perfectly Polite Bridge Group. YMCA of Greenwich, 50 East Putnam Ave. Members, \$10; nonmembers, \$12. New players welcome. (Register by Tue). 203-524-8032. greenwichymca.org

12 - 2 p.m.

Waste Free Greenwich's Food Scrap Recycle Program: Drop off scraps at Round Hill Community Church, 395 Round Hill Rd. roundhillcommunitychurch.org/news/ composting-at-rhcc

12:15 p.m.

Greenwich Rotary Club Weekly Lunch Meeting. Putnam Cottage, 243 East Putnam Ave. RSVP. 203-832-3654. sheila.goggin@cbmoves.com. greenwichrotary.org

6 - 7:30 p.m.

Arch Street Teen Center High School Support Group for boys: Stress, Success, and Teenage Setbacks – moderated by Executive Director Kyle Silver. 100 Arch St. Register. Kyle@archstreet.org. archstreet.org

EVERY FRIDAY & SATURDAY:

8 a.m. - 12 p.m.

help/lighthouse

Book Exchange – choose from a huge selection of books. Holly Hill Recycling Center. Free, or, donate books. (Open every Fri & Sat. books4everyone.org

GREENWICH

LIBRARIES: greenwichlibrary.org

Friday, July 18

1 p.m.

Shark Bristlebot Olympics. Innovation Lab. 203-622-7979. innovationlab@greenwichlibrary.org.

3:45 p.m.

Kids Writer's Workshop. Children's Constellation Room. 203-622-7940. children@greenwichlibrary. org

Community Sponsored: Outreach Meeting. 2nd

Looking at Art for Kids and Families. Byram

Shubert Library Community Room. 203-531-

Technology Help. Learning Lab. 203-625-6560.

D&D Game: Terrors of the Deep: A High

Seas Adventure (Grades 7-12). Children's

Constellation Room. 203-622-7940. children@

PrintLab: 3D Printed Studio. Innovation Lab.

203-622-7979. innovationlab@greenwichlibrary.

Hitchcock Movie Fest. Jerry's Movies: "Dial M

Summer Storytime. Marx Family Black Box

Blood Pressure Screening. Community Room #5.

Battle of the Books Book Club with Ms. Flynn:

"Because of Mr. Terupt" by Rob Buyea. Byram

Get to Know the Women's Business Development

Shubert Library Conference Room.

for Murder." Byram Shubert Library Community

csherman@greenwichlibrary.org.

Greenwich Library Early Close (5pm).

5 p.m.

10 a.m.

11 a.m.

0426.

11 a.m.

1 p.m.

1 p.m.

org.

2 p.m.

10 a.m.

Theater.

11:30 a.m.

12:30 p.m.

1 p.m.

11 a.m.

12 p.m.

Council. Online.

Tuesday, July 22

Saturday, July 19

Floor Meeting Room.

greenwichlibrary.org

Room. 203-531-0426.

Monday, July 21

6:45 p.m.

Family Movie Night: "Moana 2." Outdoors at Bendheim Western Greenwich Civic Center. Free. greenwichct.gov/2101/Family-Movie-Night-72125-Moana-2

TUESDAY, JULY 22

10 a.m.

Perrot Memorial Library: Perrot Walks at Binney Park. Free. 203-637-1066 x15. perrotlibrary.org

10 & 11 a.m.

Bruce Beginnings: Alaskan Animal Footprints (Ages 2 1/2-5). Bruce Museum, 1 Museum Dr. Free with admission. No reservations required. Also held Wednesday, July 23. brucemuseum.org

10 a.m.

Women's Business Development Council (WBDC): Crafting a Strong Brand Name. Online. Free. Register. ctwbdc.org/class-listings

4 & 4:30 p.m.

Community Art Project: Origami Whale Curtain – for children and families of all ages. Perrot Memorial Library, 90 Sound Beach Ave. Free. perrotlibrary.org

WEDNESDAY, JULY 23

10 a.m.

Bruce Beginnings Junior: Alaskan Animal Footprints (ages 12 Months-30 Months). Bruce Museum, 1 Museum Dr. Free with admission.

10 a.m.

Young Women's Initiative. YWCA Greenwich, 259 E. Putnam Ave. ywcagreenwich.org/events/ young-womens-initiative-2

11 a.m.

Dazzling Dragonflies (Ages 5 & up). Greenwich Audubon Center. \$15. RSVP. audubon.org/ events?view_type=row&location=Greenwich%20 Audubon%20Center

1 p.m.

Art Adventures: Paper Pool Party (Ages 4 & up). Bruce Museum. Free with admission. No reservations required. Also held Sunday, July 27. brucemuseum.org

SUNDAY, JULY 27

10:30 a.m.

Greenwich Historical Society: Re-Discover Greenwich Avenue Guided Walking Tours. \$20, Members; \$25, Non-members. greenwichhistory. org/events

7 p.m.

Summer Concert Series: Sound Beach Community Band: "Meet the Muppets – The World of Jim Henson." Binney Park. Free. For weather postponement/cancellation information, call 203-861-6100 (after 4pm). greenwichct. gov/2084/Summer-Concerts

6:30 p.m.

NAMI-CAN (Child and Adolescent Network) Online Support Group - for parents and primary caregivers of children & adolescents, under age 21, with behavioral and emotional issues. Free. namisouthwestct.org/online-support

2nd WEDNESDAY OF THE MONTH:

11 a.m. - 12 p.m.

Aging Well - an informal conversation about different aspects of aging well. Round Hill Community Church, 395 Round Hill Road. Free & open to all. 203-869-1091. roundhillcommunitychurch.org

THURSDAYS:

8 a.m. & 4 p.m.

Tai Chi Basic Moves. First Congregational Church of Greenwich, 108 Sound Beach Ave. Registration required. Tuition is paid as a donation made directly by the participant to abilis, Neighbor to Neighbor, or the First Congregational Church. experiencetaichi.org

5 - 7 p.m.

Kids In Crisis Lighthouse LGBTQ Youth Group Meeting - open to all LGBTQ youth in middle & high school. Wilton Historical Society, 224 Danbury Rd, Wilton. Free. 203-661-1911. lighthouse@kidsincrisis.org. kidsincrisis.org/get-

Cos Cob Temporary Hours at The Reading Room.

Storytime with Patty (Birth - Pre-K). Byram

Shubert Library Community Room.

4 p.m.

"Who Would Win?" Trivia (Grades 1-4). Children's Constellation Room.

4 p.m.

Legos @ the Library with Deirdre. Byram Shubert Library Community Room.

Wednesday, July 23

10 a.m.

Summer Storytime. Marx Family Black Box Theater.

12 p.m.

Cos Cob Temporary Hours at The Reading Room.

1 p.m.

LaserLab: Design & Create. Innovation Lab.

3:30 p.m.

Teen Craft Club. Teen Commons.

4 p.m.

Workshop: Tic-Tac-Toe Board with Lucia (Registration Required). Byram Shubert Library Community Room.

4 p.m.

Summer Sing Along. Marx Family Black Box Theater.

5 p.m.



Community Sponsored Event: United Way of Greenwich Board Meeting. 2nd Floor Meeting Room.

6 p.m.

iPhone Photos - Part 1: Photo Editing & Enhancements. Online.

Thursday, July 24

10 a.m.

Adult Summer Reading: Introduction to Mahjong. Marx Family Black Box Theater.

11 a.m.

Tech Help. Learning Lab.

11:15 a.m. Qi Gong.

12 p.m.

Cos Cob Temporary Hours at The Reading Room.

4 p.m. Page Turners Book Club. Teen Commons.

4 p.m.

Tai Chi Games for Kids with Ken Dolan. Byram Shubert Library Community Room.

5:30 p.m.

Family Game Night. Children's Constellation Room.

7 p.m. Adult Summer Reading: Trivia Night. Marx Family Black Box Theater.

7 p.m.

Dr. Harry Mamaysky on Investment Strategy for Individual Investors: Part II. Online.

Friday, July 25

12 p.m.

Cos Cob Temporary Hours at The Reading Room.

1 p.m.

Teen Movie Matinee: Ready Player One. Marx Family Black Box Theater. 203-622-7940. children@greenwichlibrary.

org

4 p.m.

Crafty Kids (Ages 6-9). Children's Constellation Room. 203-622-7940. children@greenwichlibrary.org

5 p.m.

Greenwich Library Early Close (5pm).

Saturday, July 26

9 a.m. - 12 p.m.

Cos Cob Temporary Hours at The Reading Room.

10:30 a.m.

Meditation for Families with Roberta Brown. Byram Shubert Library Community Room. 203-531-0426.

11 a.m.

Technology Help. Learning Lab. 203-625-6560. csherman@greenwichlibrary. org.

1 p.m.

3D Printed Dragon's Egg Music

information call 888-305-9253.

NEIGHBOR-TO-NEIGHBOR:

• 24/7 Food Drive Collection site at

North Greenwich Congregational

Church, 606 Riversville Road. The

weatherproof bin is located outside of

Greenwich Reform Synagogue, 92

Food Drive (drive-thru) at St. Catherine

of Siena's parking area across the street

from the rectory entrance, 4 Riverside

Ave. (Non-perishable foods, personal

care products, large sized diapers (5 &

6) and pull-ups, and knit hats (hand

ntngreenwich.org

Everyday, all day

the Parish Hall.

Orchard St., Cos Cob.

Tuesdays, 9 - 11 a.m.

knit or store bought).

Thursdays, 10 a.m. - 12 p.m.

RED CROSS

Highland Ave., Norwalk.

redcrossblood.org

Friday, July 18

8 a.m. - 1 p.m.

Saturday, July 19

7 a.m. - 5:15 p.m.

Indian Field Rd.

8 a.m. - 1 p.m.

Court, Stamford.

Sunday, July 20

7 a.m. - 3 p.m.

Indian Field Rd.

Monday, July 21

11 a.m. - 7 p.m.

Indian Field Rd.

Tuesday, July 22

11 a.m. - 7 p.m.

Indian Field Rd.

8 a.m. - 1:30 p.m.

Ridge Road, Stamford.

Wednesday, July 23

9 a.m. - 5:15 p.m.

Indian Field Rd.

7 a.m. - 3 p.m.

Indian Field Rd.

11:30 a.m. - 4:30 p.m.

Thursday, July 24

Food Drive at St. Paul's Episcopal

BLOOD DRIVE:

The Rowayton Community Center, 33

Greenwich Blood Donation Center, 99

Tully Health Center, 32 Strawberry Hill

Greenwich Blood Donation Center, 99

Greenwich Blood Donation Center, 99

Greenwich Blood Donation Center, 99

Stamford Church of Christ, 1264 High

Greenwich Blood Donation Center, 99

Greenwich Blood Donation Center, 99

Westchester Medical Center - Taylor

Church parking lot, 200 Riverside Ave.

Planning and Zoning Commission Briefing.

Tuesday, July 22

1 p.m.

4 p.m. Planning & Zoning Commission Meeting. 7 p.m.

New Date: Board of Human Services Meeting. DHS Conference Room.

Wednesday, July 23

1 p.m. Nathaniel Witherell Legal Affairs & Governance Committee Meeting.

6 p.m.

FS Hamill Rink Task Force Meeting. Cone Room and Virtual via Zoom. 7 p.m.

Cancelled: PZBA Meeting.

Thursday, July 24

10 a.m.

BET IAC & OPEB Combined Meeting.

10 a.m. Board of Selectmen Meeting. Town Hall Meeting Room and Virtual via Zoom.

12 p.m.

Nathaniel Witherell Finance Committee Meeting.

Monday, July 28

6:30 p.m.

Cancelled: Board of Health Regular Meeting. Evaristo Conference Room. 5:30 p.m.

NW Board of Directors Regular Meeting & Special Annual Meeting.

7 p.m. Inland Wetlands and Watercourses Agency Meeting. Zoom Webinar.

SAVE THE DATE:

Monday, Aug. 11 8 a.m. Cos Cob School PTA Golf Outing. Griffith E. Harris Golf Course.

coscobpta.org/packet/271159454 Thursday, Aug. 21

7:30 a.m. 35th Annual Golf Challenge for Barbara's House. The Stanwich Club. barbarashousect.org

Thursday, Sept. 4

5 p.m. Friends of Nathaniel Witherell Garden Party. Nathaniel Witherell. then a than ielwitherell.org

Friday, Sept. 5

6:30 p.m. Boys & Girls Club of Greenwich Annual Benefit. BGCG Clubhouse. bgcg.org

Sunday, Sept. 7

6 p.m.

Greenwich United Way's "Brew Ha-Ha". Cohen Eastern Greenwich Civic Center. e.givesmart.com/events/JGz

Sunday, Sept. 21

10 a.m. 'Puttin' on the Dog'. Roger Sherman Baldwin Park, Greenwich. adoptadog. org

6:30 p.m. Abilis Dancing Stars of Greenwich. Tamarack Country Club. abilis.us

Wednesday, Sept. 24

7 p.m. Dogwood Books & Gifts: Hoda Kotbe Book Talk "Jump for Joy". Christ Church Greenwich. christchurchgreenwich.org/dogwoodbooks-gifts

Thursday, Sept. 25

9 a.m.

Stepping Stones Museum for Children's 22nd annual 'Swing Into It!' Golf Tournament. Stanwich Club, Greenwich. steppingstonesmuseum.org

Friday, Sept. 26

6:30 p.m. The Benefit for Greenwich Hospital. Greenwich Country Club. https://e. givesmart.com/events/G9U

Saturday, Sept. 27

8 a.m. YMCA of Greenwich's "Spin-A-Thon - Pedal For A Purpose!" fundraiser. greenwichymca.org/events/details/113/ Spin-A-Thon-Pedal-For-A-PurposeI

Monday, Sept. 29

9:30 a.m. The 28th Annual Kids Challenge Golf Tournament. Shorehaven Golf Club, Norwalk. kicgolf2025.givesmart.com

Sunday, Oct. 5 8 a.m.

YWCA Greenwich Walk and 5K Run. Bruce Park/Arch Street. ywcagreenwich.org/events/walk-thewalk

Monday, Oct. 6

12:30 p.m.

Greenwich United Way's 9th Annual Golf Tournament. Burning Tree Country Club. e.givesmart.com/events/ JHs

Sunday, Oct. 12

7 a.m. The 20th Annual Walk/Run for Abilis. Tod's Point. abilis.us/walkrun

Saturday, Oct. 18

6 p.m.

The Special Education Legal Fund's (S.E.L.F.) "Homecoming 2025" fundraising gala. Boys & Girls Club of Greenwich. bit.ly/ SELFHomecoming2025

Wednesday, Oct. 29

6 p.m.

Greenwich Historical Society History in the Making Awards Dinner. Belle Haven Club. greenwichhistory.org/ history-in-the-making

5 p.m.

<u>5:30 p.m.</u>

Towns

1 p.m.

org

2 p.m.

2 p.m.

FRIDAY, JULY 18

10 a.m. - 12 p.m.

Night at the Museum benefit. Bruce Museum. brucemuseum.org Thursday, June 25, 2026

Greenwich Sentinel Award Cocktail

Our Neighboring

Family Centers Social Worker at

Marine Life Encounter Cruise.

the Library. Ferguson Main Library,

Stamford. Free. fergusonlibrary.org

Maritime Aquarium dock, 70 Water St.,

Norwalk. \$49.95. maritimeaquarium.

Dog Man Party. Ferguson Library -

Friday Flicks: A Minecraft Movie.

Teddy Bear Festival. Connecticut's

Beardsley Zoo, 1875 Noble Ave.,

Bridgeport. General Admission.

Marine Life Encounter Cruise.

Maritime Aquarium dock, 70 Water St.,

Norwalk. \$49.95. maritimeaquarium.

Meet Medha Singhania, Author of the

- Harry Bennett Branch, Stamford.

Free. Register. fergusonlibrary.org

Marine Life Encounter Cruise.

SUNDAY, JULY 20

MONDAY, JULY 21

fergusonlibrary.org

Picture Book Goldeta. Ferguson Library

Maritime Aquarium dock, 70 Water St.,

Norwalk. \$49.95. maritimeaquarium.

Financial Workshop and Business

Seminar. Ferguson Main Library,

Stamford. Free. fergusonlibrary.org

Face Painting Training. Ferguson

Main Library, Stamford. Free. Register.

Introducing Rapid SOS for Targeted

Library, Stamford. Free. Register.

Emergency Assistance. Ferguson Main

Register. fergusonlibrary.org

fergusonlibrary.org

10 a.m. - 2 p.m.

beardsleyzoo.org

1 p.m.

org

3 p.m.

1 p.m.

org

3 p.m.

11 a.m.

1 p.m.

SATURDAY, JULY 19

Harry Bennett Branch, Stamford. Free.

Ferguson Main Library, Stamford. Free.

greenwichsentinel.com

Reception. Christ Church Greenwich.

Box. Innovation Lab. 203-622-7979. innovationlab@greenwichlibrary.org.

2 p.m.

Level Up: Chess for All with Ian. Byram Shubert Library Community Room. 203-531-0426.

Sunday, July 27

3 p.m.

Peterson Concert: Brubeck Brothers Quartet Berkley Theater. 203) 622-7910. dsalm@greenwichlibrary.org.

GREENWICH HOSPITAL:

greenwichhospital.org/events 888-305-9253

Saturday, July 19

9 a.m.

CPR Friends & Family (Infant/Child). 38 Volunteer Ln. \$65. For discount information call 888-305-9253.

Monday, July 28

6 p.m.

CPR Friends & Family (Infant/Child). 38 Volunteer Ln. \$65. For discount

Pavilion South, 100 Woods Rd, Valhalla, NY. 1 - 5 p.m.

> American Legion Post 347, 1 Locust Ave, Flint Park, Larchmont, NY.

Saturday, July 26

7 a.m. - 3:15 p.m.

Greenwich Blood Donation Center, 99 Indian Field Rd.

8 a.m. - 1 p.m.

Union Baptist Church, 805 Newfield Avenue, Stamford.

Sunday, July 20

7 a.m. - 3 p.m.

Greenwich Blood Donation Center, 99 Indian Field Rd.

TOWN

MEETINGS: greenwichct. gov/calendar

Monday, July 21

9:15 a.m.

ADA & Advocacy Advisory Committee for People With Disabilities Meeting. Zoom Webinar.

3 p.m.

The Annual Lighthouse Tea Dance, a Kids In Crisis program. Foundation House, Greenwich. kicteadance2025. givesmart.com

Monday, Sept. 8

1 p.m.

Connecticut's Beardsley Zoo's 19th Annual Golf Tournament. Brooklawn Country Club, Fairfield. beardsleyzoo. org/golf.html

Friday, Sept. 12

6 p.m. American Red Cross Cocktail Party. Belle Haven Club. redcross.org

Tuesday, Sept. 16

10 a.m. Breast Cancer Alliance Annual Golf Outing. Glen Arbor Golf Club. breastcanceralliance.org

Thursday, Sept. 18

5:30 p.m. Celebrating Our Mentors Fundraiser. Indian Harbor Yacht Club, Greenwich. eventbrite.com/e/1412520158819

Friday, Sept. 19

Saturday, Nov. 1

7 p.m. The Undies Project Inc.'s The Magic of Giving. theundiesproject.org/

Saturday, Nov. 8

10 a.m.

The 6th Annual Silver Shield Foundation Greenwich Walk. Tod's Point. silvershieldfoundation.org/ greenwich-walk

6 p.m.

Pathways Gala. Delamar Hotel Greenwich. pways.org

Thursday, Nov. 20

5 p.m.

Greenwich Old Timers Athletic Association Annual Dinner - National and Local Honorees. Hilton Stamford. greenwicholdtimers.org

Wednesday, Dec. 3

5 p.m. Abilis Holiday Sip & Shop at Abilis Gardens & Gifts. abilis.us

Friday, Jan. 23, 2026

fergusonlibrary.org TUESDAY, JULY 22

2 - 6 p.m.

Family Centers Social Worker at the Library. Ferguson Main Library, Stamford. Free. fergusonlibrary.org

WEDNESDAY, JULY 23

1 p.m.

Teen Quilting Club. Ferguson Library - West Side Branch, Stamford. Free. Register. fergusonlibrary.org

THURSDAY, JULY 24

2 p.m.

Fun With Poetry. Ferguson Main Library, Stamford. Free. Register. fergusonlibrary.org

2 p.m.

Adult Crafting Summer Series: Mug Mats. Ferguson Library -Weed Memorial & Hollander Branch, Stamford. Free. Register. fergusonlibrary.org

6:30 p.m.

Retirement Reimagined: How to Plan a Retirement You Can't Wait to Wake Up To. Ferguson Main Library, Stamford. Free. Register. fergusonlibrary.org

TAY ON TOP OF IT **SUBSCRIBE!**

When you read the *Greenwich Sentinel*, you connect with your community.



To subscribe to the Greenwich Sentinel, visit: www.greenwichsentinel.com/subscribe/

Universal Crossword

15 Square,

grid

19 Middle

the nose

your ego

Came

Is under

28 Liberal arts

obligation

college in

1-Across

29 Surveillance

device.

briefly

table

32 Drains of

33 Pointer to

strength

an answer

30 Boast heard

at the roulette

and

18

24

25

26

Edited by David Steinberg

47 Visualize

"Home

(film about

48

ACROSS

1 Des Moines' home 5 Texting format, briefly 8 Convert into a movie

- script, say 13 Mall business
- 14 Lane
- (Superboy's mom)
- 16 Sidestep
- **17** Insignificant
- amount (notice letters 5 to 8 in this answer)
- 20 Scold loudly 21 Where a child may learn
- canoeing 22 "Alas ...
- 23 Hasbro game with voice commands 24 Number
- of capitals Bolivia has 27 Approxi-
- mately 28 Reporter's
- retinue (6 to 9) 30 Positive or
- negative particles 31 "Common
- Sense" author Thomas
- 32 Develop a plot? 36 Offers bait to
- 37 Texas' Battle
- of the 38 Money plant?
- 40 Not be yourself
- (3 to 5) 43 Gala who inspired a

A⁴⁶G⁴⁷A P

⁴⁸P O S S ⁴⁹U ⁵⁰M

56

59

Previous riddle answer

Stereotypical parts for pirates?

1-A) PEGS © 2022 Andrews McMeel Syndication syndication and rewsmcmeel com

surrealist

- a failed burglary) 49 Exorcist's target 50 Lambs' fathers 51 "Very neat!" 52 Colby, for one (8 to 11) 57 Disney's "Little Mermaid" 58 Painter Francisco "Yeah, sure!" 59 60 Drive back 61 Not gross, financially DOWN
 - 62 Covers, as a highway 1 "Because !" (parental justification) 2 "Good heavens!" **3** Earthlike planets 4 Moon landing
 - program 5 Narrow cut 6 Day after Sun. 7 "Friends"
 - and "Modern Family" 8 Program that finds homes for cats and
 - dogs 9 Medic
 - 10 Suffix with "Gator"
 - 11 Drivers' grp.? 12 What half
 - the letters of "twenty" spell

- 36 Mine explosive's usually, for a crossword letters _ through Eastern ruler 23 Prohibition "Journey" for
 - 44 One-celled
 - 46 Features

 - **51** "Go away!"

 - 54 Taste of a beverage
- 34 Really, really dislike **35** Brooding rock
 - subgenre

0	L	А	Y		R	Е	F	Е	R		Ρ	L	Е	D
R	1	С	Е		А	D	0	R	Е		R	Α	V	Е
С	0	А	S	Т	G	υ	А	R	D		0	۷	Е	Ν
А	Ν	[М	Е			М	А	R	А	С	Α	S	
			А	Ν	Т	1		F	Α	R	Т			
	С	Ι	Ν	D	Y	С	R	А	W	F	0	R	D	
W	0	Ν		Е	Ρ	E	Ш				R	Е	Α	L
Е	М	Т		R	0	Т	А	Т	Е	D		Ι	R	Е
В	1	R	D				С	0	L	Е		G	Е	Т
	С	0	R	Ρ	S	Е	Н	U	S	В	А	Ν	D	
			Y	υ	А	Ν		R	Е	А	Ρ			
	Е	А	R	В	U	D	S			Т	А	М	Ρ	А
Н	U	L	U		С	υ	Ţ	Т	Н	Е	С	0	R	D
А	R	А	В		Е	R	А	S	Е		Н	0	0	D
М	0	S	S		R	Е	R	А	Ν		Е	Ν	D	S
5/1	n													

5/10 © 2021 Andrews McMeel Universal www.upuzzles.com



Created by Timothy E. Parker

	Create	ed by	Timoth	hy E. F	Parker											
ACROSS 1. Vessel with a flat-bottomed,	36. (K)	Acros Place	s hol			trip I. (K)	Lion'	S			8. Ty 0. Ke for	ep br		g up		
rectangular hull 5. Towel inscription for milady	37. (K) frie	nds, i	for n a			WN I. Me	entia at pro	oduct		3	(2 words) 31. "Kind" that's almost silk?					
9. (K) Wooden pin for a hat 12. (K) Make	38. Dist	s' game in a can tribute 2. (K) Thing you th "out") see at a zoo					ı'll		32. (K) Tissue layer 34. Cajun stew							
a blacktop 13. "In a short time,"	40. (K) 41. (K)	Shad	e of l	blue	3	. Arn	i al a n-wav out wi	ver's	lev"	3	9. (K)		sh off			
in a time long past		cious	grap			(2 v I. (K)	vords Pie s	s) slice	,		ma	rshm	hocol nallov			
14. (K) Primate with no tail	bat	-				ma	Eyeb keup	?			2. Co 4. (K)		a			
15. Like fancy cheese16. (K) Concept for an invention	45. Fan a liv 48. (K)	ving r	oom		7	'. (K)	Call Eggs aotic	of fi			90 5. Ty 6. (K)	pe of	exha			
17. (K) Score more than the other	sho you	uld b r curl	e dur ew	ring). (K)	Weal	k	чр			iny b	each			
team 18. It makes two companies one	51. (K)	vords Big-ti mpics	me	m	10	hur	vie w Idred extras	S			mi	ght c	ion t ontai			
20. (K) Barrier for your pooch	52. Rick	h soil			11	. Bas	sic ur	nit		4	a river 48. How a wild, crazy mob might run					
22. (K) Part of a skirt23. Touch or border on one side	and	with a fe	nce	,,		Àús	Huge stralia	an ra		4	9. (K)	One		e to		
25. Incredibly fierce anger		ded to the second secon	0	et	23. (K) Find common around					0. Ču ha	rrent ppen	ing?				
27. (K) Desire to sneak a cookie,	57. Rel mo	latively new 24. (K) Like netary unit U-shaped pipes					53. "Pardon dust, we are renovating"									
for example 29. (K) Potato product	58. Rip as ı pap	noteb					" nderf Certa	iul Li		5	renovating" 54. (K) " all men created					
33. Rookie	59. She		d sid	е			bread		μc		eq	ual"				
Can you find the answer to riddle within the solved pu		1	2	3	4		5	6	7	8		9	10	11		
Play It?		12 15					13 16					14 17				
Look for the answer in next week		18				19				20	21					
PREVIOUS PUZZLE ANS	[°] O ¹⁰ L ¹¹ D			22				23	24							
$ \begin{array}{c ccccccccccccccccccccccccccccccccccc$	¹⁴ BAA ¹⁷ IST THE	25	26			27	28				29	30	31	32		
$\begin{array}{c c c c c c c c c c c c c c c c c c c $	³⁰ E ³¹ I ³² S	33 37			34		35 38			39	36	40				
$\begin{array}{c ccccccccccccccccccccccccccccccccccc$	A C H ⁴⁰ S E E T	57			41	42				35 43	44					

38	Large,
	imposing
	house
39	Word before
	"cream" or
	"crystal"
41	Comedian
	King
42	Menu
	reassurance
43	Good liar's
	skill

- organism 45 Slacker?
- along
- a coast
- 49 Play-
- **52** All's fair in
- love and this
- 53 Anger
- **55** Average

grade 12/31: Abbr. 56

PREVIOUS PUZZLE ANSWER

L	А	Y		к	E	F	F	R		Р	L	E	D
1	С	Е		А	D	0	R	Е		R	А	۷	Е
О	А	S	Т	G	υ	А	R	D		0	V	Е	Ζ
Z	1	М	Е			М	А	R	А	С	А	S	
		А	Ν	Ţ	I		Τ	Α	R	Т			
С	I	Ν	D	Y	С	R	А	W	F	0	R	D	
О	Ν		Е	Ρ	E	Е				R	Е	Α	Г
Μ	Т		R	0	Т	А	Т	Е	D		Ι	R	Е
1	R	D				С	0	L	Е		G	Е	Т
С	0	R	Ρ	S	Е	Н	U	S	В	А	Ν	D	
		Y	U	А	Ν		R	Е	А	Ρ			
Е	А	R	В	U	D	S			Т	А	М	Ρ	А
U	L	U		С	υ	Т	Т	н	Е	С	0	R	D
R	А	В		Е	R	А	S	Е		Н	0	0	D



55

58

61

49



Horoscopes

Cosmic Highlights

Mercury Retrograde in Leo begins on July 18, signaling a period for introspection, careful communication, and refining ideas

Mars conjunct the South Node in Virgo on July 21-22 can stir up past habits or unfinished work, prompting release or integration

The Sun enters Leo on July 22, shifting energy toward self-expression, confidence, and creative leadership

Aries (Mar 21-Apr 19)

5/11

Mercury retrograde may prompt you to rethink recent bold moves. Revisit conversations before pushing ahead. Mars and the South Node could unearth old routines-let go of what drains you. As the Sun enters Leo, lean into genuine selfexpression.

Taurus (Apr 20-May 20)

A slow, careful pace serves you best now. Reflect before making financial or career decisions. Bold passion may reemerge midweek-balance it with practicality. The Sun's entry into Leo boosts your visibility.

Gemini (May 21-June 20)

Creative ideas may benefit from review. Be patient with digital mishaps or miscommunications. Mars-South Node urges you to clear lingering tasks. With the Sun moving into Leo, spotlight your creative talents.

Cancer (June 21-July 22)

conversations-choose your words. Mars may push up old emotional patterns; release unhelpful ones. As the Sun enters Leo, your caring nature shines in domestic or creative settings.

refrograde suggests reviewing systems. The

Sun in Leo encourages balance between work and self-care.

Libra (Sep 23-Oct 22)

Relationships may require clarity-double-check messages before sending. Key partnerships could revisit old dynamics to heal or release. The Sun's entry into Leo shifts focus toward your sense of self in partnerships.

Scorpio (Oct 23-Nov 21)

Mercury retrograde favors soul-searchingrevisit ideas before communicating. Mars with the South Node may trigger subconscious patterns; journal to process. The Sun in Leo illuminates your inner world and dreams.

Sagittarius (Nov 22-Dec 21)

Mercury retrograde nudges you to rethink plans involving long-term goals, travel, or education. Mars may unearth old career-related habitsevaluate carefully. The Sun in Leo boosts your professional presence.

Capricorn (Dec 22-Jan 19)

Financial reflection is key-review budgets carefully. Mars-South Node may stir up spending habits or values; release what no longer fits. The Sun's move into Leo brings focus to shared resources or intimate bonds.

Aquarius (Jan 20-Feb 18)

Health and daily routines benefit from recalibration under Mercury retrograde. Mars Emotional insights may arise through prompts clearing of outdated habits. As the Sun enters Leo, purpose-driven work and personal routines may flourish.

Leo (July 23-Aug 22)

Mercury retrograde urges you to reflect before speaking or launching new projects. Past habits may resurface-highlighting growth areas. When the Sun enters your sign later in the week, step into renewed confidence and leadership.

Virgo (Aug 23-Sep 22)

You may feel pressure to wrap up lingering calls for breaking outdated habits. Mercury expression and creative renewal.

Pisces (Feb 19-Mar 20)

Home matters or family conversations may require tact under Mercury retrograde. Mars invites you to let go of domestic patterns that no longer serve. With the Sun in Leo, bring warmth and creativity to your personal environment.

Summary:

This week favors reflection, clearing old patterns, and intentional communication. The Mercury retrograde (July 18-August 11) advises caution and review. Mars-South Node (July 21-22) urges release of outdated habits. With the work or health routines. Mars-South Node Sun entering Leo on July 22, step into heartfelt

NIM

7/31

	LITT		V © R[DS	
Find the 7 w represent the combination will be neces	ords to match e number of le can be used c ssary to compl	the 7 clues. T tters in each s only once, but ete the puzzle	he numbers in solution. Each le all letter combine 	parentheses etter nations	drews McMeel
CLUES			SOLU	TIONS	by An
1 well-ro	unded (8)				, Dist.
2 commo	on jam flav	or (5)			s, Inc.
3 without	t dissent (§	9)			Game
4 1973 E	agles clas	sic (9)			amily
5 defeat	(8)				9 OX F
6 like ligh	ntning stor	m noise (*	10)		3 Blue
7 not the	se (5)			3	© 202
AN	BAL	GRA	OUS	UNA	
PE	DES	TH	DER	VAN	
тно	OUS	CED	PER	QU	
					N

UN

4. SKITTISH 5. CHEEKBONES 6. POLICE 7. LUMINARY

Previous Answers: s: 1. TRUDGES 2. SAFDIE 3. PORTENTOUS

ADO

ISH

SE

www.GreenwichSentinel.com/subscribe www.NewCanaanSentinel.com/subscribe

52 53

57

60

The answers to this week's

puzzles can be found in next

week's issue.

54

How To Draw: step by step



Sudoku for Kids









ΟΚΠ SUD Each row, column, nonet can contain each number only once. Answers below.

	Easy												
	6	8				4	1						
					2	9	8						
1				6	8		3						
	1	3											
9		4				6		5					
						1	7						
	3		8	1				4					
	4	1	2										
	8	5				7	6						

	Hard													
2	6		4		8									
3		7	6			2								
5					3			6						
	5			7										
6		3				9		7						
				3			2							
7			8					2						
		6			1	8		9						
			2		7		3	4						

	Very Hard												
				1									
		5		2		7							
	2	9	3			1	8						
						6							
9	4			8			3	5					
		2											
	6	7			9	4	2						
		3		7		9							
				6									

	Very Hard												
				2	1	3	6	7					
			6										
5		8				2							
6	7	3		8		5	4	9					
		9				6		8					
					6								
2	9	4	5	1									

			E	as	y			
							8	5
	5			8				7
8			3			9	2	
			1				6	8
		2	4		8	7		
4	6				5			
	7	5			9			4
3				4			9	
9	1							

			Η	lar	d			
	9	3					5	
6			8	2				
		2		3				
9 8						1		
8	7	1				9	2	4
		4						7
				6		7		
				1	9			8
	5					2	3	

Sudoku	
answers	



5	3	6	ŀ	Z	3	9	G	8	4	2
2	٢	Z	9	3	8	6	٢	4	2	G
L	9	4	2	6	9	G	3	٢	L	8
4	ç	G	8	ŀ	2	L	4	9	З	6
3	L	٢	Z	9	G	3	6	2	8	4
٢	6	3	6	4	Z	2	8	G	٢	9
8	4	2	G	8		4	9	З	6	L
tto	вo		р	an	н-	- N	10/	ш	ţţо	Bo

											-
	L	2	L	8	9	3	ç	4	٢	6	
3	3	٢	6	G	2	4	L	9	8	3	
	2	4	З	9	6	1	8	G	L	2	
1	G	3	٢	2	G	Z	6	8	9	4	
1	8	6	G	Z	8	9	4	2	3	٢	
١	6	8	9	4	3	2	ł	L	6	G	
	4	9	2	6	L	ç	3	ł	4	8	
1	9	L	4	3		8	2	6	G	9	
	L	ç	8	ŀ	4	6	9	3	5	L	
ļO	В		٨	se	3 -	- M	LO.	ш	tto	оg	-

3	L	5	2	9	8	ŀ	6	4	4	3	g
8	9	6	4	L	٢	ε	сл	2	6	L	8
٢	2	4	6	3	5	L	9	8	2	1	C)
Z	4	8	g	6	9	2	ε	٢	G	2	Ļ
S	3	2	ŀ	8	Z	9	4	6	Z	4	6
6	٢	9	ω	4	2	8	L	ç	8	9	ε
4	8	٢	L	G	3	6	2	9	9	6	ţ
9	6	L	8	2	4	S	٢	3	ŀ	8	7
3	g	3	9	٢	6	4	8	L	3	G	Z
	ונמ	εн	١	əΛ	- /	MO	ı d	01			

G	L	9	2	8	6	٢	٢	9	L	3	4	6	ç	8	2
8	4	G	3	9	2	4	8	6	3	ç	L	2	٢	4	9
9	6	4	8	G	ε	L	4	G	2	9	٢	8	6	3	L
٢	9	3	6	4	L	8	3	L	٢	4	6	G	9	2	8
6	2	8	G	3	٢	9	G	2	9	٢	8	3	4	L	6
3	4	L	L	2	G	6	6	4	8	L	2	9	3	ŀ	G
4	З	2	L	┶	8	G	L	3	G	8	9	4	2	6	٢
2	G	6	9	L	4	3	9	8	6	2	3	٢	L	G	4
L	8	-	4	6	9	5	2		4	6	G	L	8	9	3
	ple	зН	- /	MO	ן מ	oT				λs	в∃	- /	MO	٦d	юT









WILDLY SUCCESSFUL: THE HONEY BADGER

An Internet Favorite That is Always Trending

By Jim Knox

There are few animals that garner internet celebrity on the scale of the Honey Badger. So, is all the online hype deserved? What exactly is a Honey Badger and more importantly, where does the real creature end and the fictional beast begin? The Honey Badger (Mellivora capensis) is a modestsized member of the weasel or Mustelidae family, averaging just two and a half feet in length and twenty five pounds in weight. While it owes its named to its fondness for honey and proteinrich bee brood, that's where the sweetness abruptly ends. Compact and muscular with a thick, leathery hide, long claws, anal spray gland and disproportionately powerful jaws, the Honey Badger is designed for life on the offensive. Ranging from Africa to the Middle East, India and western Asia, this black and white, short-furred carnivore routinely crosses paths with the "Who's Who" of the predatory elite. Encountering African Lions, Cape Leopards, Spotted Hyenas, Rock Pythons, Nile Crocodiles, Martial Eagles, Gray Wolves, Bengal Tigers and Sloth Bears, the Honey Badger holds its own quite handily. How does it go toe-to-toe with these mega predators? It does so by projecting a larger-than-life presence. This strategy serves the Honey Badger remarkably well, enabling it to thrive in diverse habitats and successfully compete against the world's apex predators across multiple continents. The badger's achievements are the stuff of legend. They are credited with: sporting bullet-proof hides, killing adult male lions and invulnerability to the world's deadliest snakes-including the feared Black Mamba! Other alleged badger feats include: biting cleanly through steel traps, battling leopards head-to-head and shrugging off the effects of scorpion stings. Also known as Ratel, likely from an Afrikaans word for rattling, referring to its toothsnapping growls, this carnivore's carnivore is renowned for its sheer, unrivaled toughness. So tough in fact, the South African Army has bestowed the name of Ratel on its Armored Personnel Carriers. Like its namesake, it is no ordinary creation. This Infantry Fighting Vehicle is equipped with 6×6 drive configuration and

an armored steel hull specially designed to withstand devastating land mine damage. If needed, the Ratel can travel over all terrain with two wheels missing. It boasts formidable offensive capabilities as well, with configurations featuring antitank cannon weaponry. All of this firepower-inspired by a mammal the size of a terrier. Given this resume of ferocity under its belt, it's not surprising the Guinness Book of Records has described the Honey Badger as, "The World's Most Fearless Animal." With such a reputation, a layperson's legend spawns a scientist's conundrum. With expansive ranges, seminomadic nocturnal habits, low population densities and perpetual foraging tendencies, the creature is loose. This results in a bodily for the badger to project its and white dynamo with the skunknotoriously hard to observe. To coax the true beast out from the shadows of myth into the light of day requires rigorous research, years in the bush, and a n extra helping of plain old luck. The sum of these factors has yielded findings which are nearly as extraordinary as the legends. Badgers have been documented: defending home ranges of nearly two hundred square miles (more physical traits is the badger's than twice the area of Martha's Vineyard), fighting off prides of lions, stealing Steenbok Antelope from Brown Hyenas, preying upon Nile Crocodiles larger than themselves, as well as 10-footlong African Rock Pythons, and withstanding envenomation from more than 300 bee stings! With this partial list of exploits, the Honey Badger seems determined to exceed even its own hype. physical and behavioral creatures-let alone creatures a adaptations enables the badger to fraction of their bulk-standing achieve these feats. Its aposematic their ground or advancing on or warning coloration of contrasting black and white, gives fellow creatures bold warning of its on-demand chemical attack. With a range of up to twenty feet, the badger's anal gland defense can temporarily blind an adversary, burning its nose and mouth with clinging, acrid spray. It's low-slung, densely muscled design minimizes opportunities of attack to its or paw injury which hampers it relatively vulnerable ventral side or belly. If a predator does hazard a risk–and I do emphasize the risk here— of seizing the badger within its jaws, the badger has an anatomical trick up its sleeve. The animal's skin is extremely even they only target young, old, thick (approximately ¼ inch), and sick or injured badgers. Predator both exceptionally leathery and confrontations yield opportunities



kingfisher nests with chicks, aiming their rectum toward a targeted breeze to enhance the speed and range of their spray toward an enemy and prying open latches to gain access to domestic stock. These are just a sampling of the more calculating feats ascribed to the creature. It seems that the badger's brawn and bravado in battle have entirely eclipsed an aspect of its fundamental makeup which makes the already imposing badger an even greater adversary. We now know that Honey badgers

Honey badger chasing a black backed jackal in Etosha National Park, Namibia.

covering which can thwart most teeth (not to mention claws, quills, stingers, fangs and talons). When mouth meets badger, badger instantaneously spins to latch onto its aggressor with a clamping grip of stout canines. Vulnerable eyes, vascular lips, tongues and noses, packed with nerve endings, are all within striking range.

Underlying these prodigious mythic behavioral mode. Consider it a strategy of savagery. While many creatures settle for survival the badger seems to demand dominance, or least, vigilant respect. Rather than bypass larger adversaries or potential challenges, the Honey Badger often courts these situations as opportunities to exploit. Lions, leopards, wolves and tigers are dominant predators. Such beasts The synergy of multiple are unaccustomed to other them. Mega predators are often confused by such behaviors... and when the badger launches its allout, snarling, slashing, lunging offense, it further unsettles the top tier carnivores. Though the badger may ultimately forfeit its life, it will engage the mega predator. While the big carnivore may prevail, it may come at the cost of a wound sufficiently that it loses its keen edge in the hunt or within the dominance structure of its society. This is indeed a risk it will often avoid. Leopards are one of the badger's few known predators and

presence, assert its dominance, spray power a very wide berth. make an escape or secure a Such armament coupled with hard-won meal. Ultimately, what the badger's Blitzkrieg offense is the Honey Badger is doing, is forcing its competitors to favor its strengths by playing its game by further possesses a covert weapon its rules.

equivalent of a street fighteran in-your-face, no-holds-barred indigenous people have long brawler who will bloody you described their intelligence regardless of the outcome. What's through anecdote. Tales abound. more, other animals seem to Accounts include: Honey recognize this, and regardless of Badgers chewing down saplings the mismatch, often give the black to manipulate them to access

simply potent. While the badger's strategy of savagery is imposing, it which has long been concealed The badger is nature's from science, and it is striking.

Countless generations of

are more than mere fighting, biting machines. There's an equally powerful brain driving that powerful body. It's a nimble brain... an inventive brain.

Given its daunting ferocity, game-changing offensive strategies and uncanny problemsolving abilities, the bone and sinew badger stares down its internet ego without blinking and introduces us to a creature all the more remarkable when stripped of its folkloric guise.

Jim Knox serves as the **Curator of Education for Connecticut's Beardsley Zoo** where he directs education efforts for Connecticut's only zoo. A proud Member of The **Explorers Club**, Jim enjoys sharing his passion for wildlife conservation with audiences in Connecticut and beyond.

