Local News Brief ...catching you up quickly.

PUBLISHING UPDATE

The Greenwich Sentinel pauses publication for two weeks each August. This longstanding practice is designed to ensure our entire team has the opportunity to rest, reflect, and prepare for the months ahead. We believe that stepping back briefly helps us return with sharper focus and renewed energy, ready to cover the stories that matter to Greenwich with clarity and commitment.

There will be no paper on August 8 and August 15.



POLICE & FIRE **Detectives Complete Probation & Advance Roles**

Detectives Daly and Arrington have completed their six-month probationary periods. Daly is now assigned to the Detective Division to investigate financial crimes, burglaries, and identity theft. Arrington has been placed in the Special Victims Section, handling cases involving sexual assault, crimes against children, and other serious offenses. Photo Credit: Greenwich Police Department

Parking Services Relocates to New Facility

Starting August 1, the Department of Parking Services has moved to the Greenwich Public Safety Building at 11 Bruce Place. Inperson services will continue at this location, with two service windows in the lobby. Police Department services, including records and fingerprinting, will remain unaffected.



Cos Cob Fire Police Patrol Engages Community

The Cos Cob Fire Police Patrol participated in Toucha-Truck day at the Greenwich Water Club, where children had the opportunity to explore fire trucks and equipment. The event was part of the patrol's outreach efforts to engage with the local community. CCFPP, a 501(c)(3) all-volunteer fire service, has been serving Greenwich since 1927 and is recruiting new volunteers. Photo Credit: Cos Cob Fire Police Patrol



Round Hill Wins Out-of-**State Honors**

Round Hill Volunteer Fire Company, accompanied by two

Continued on Page 7

Green Thoughts

BY ANNE W. SEMMES

"I think that I shall never see / A billboard lovely as a tree / Indeed, unless the billboards fall / I'll never see a tree at all." From poet, Ogden Nash's poem, "Song of the Open Road," 1941, a twist on Joyce Kilmer's 1913 poem, "Trees."



Greenwich Eco-Alliance: Local Teens Lead a **Greener Future for Their Community**

By Tyler Amorando

What began as a quiet idea among friends has quickly bloomed into one of Greenwich's most exciting new youthled environmental initiatives. The Greenwich Eco-Alliance. founded just last November, is already making a visible impact in the Old Greenwich area. With communityminded projects, a passion for sustainability, and a handson approach to environmental care, the volunteer group, spearheaded by high school students, has planted its roots firmly in local soil.

Their debut effort centered around creating a new Holly Grove near Perrot Library and Binney Park. Over fifteen volunteers gathered to plant holly trees and pawpaw trees, native flora chosen both for their beauty and ecological benefits. The team also removed an aggressive invasive plant species by hand. It was no small task but a testament to their commitment to natural preservation.

"We just finished up our first project for the organization," explained Mark Zolotarevsky, one of the lead volunteers. "We planted the holly trees and pawpaws for animals in the area. At the same time, we also removed an invasive species called Ranunculus ficaria. It was a lot of work, but really rewarding. We worked alongside Friends of Binney Park, and I think it was a great way to gain exposure for our organization."

That invasive species, commonly known as lesser celandine, was a particular challenge. Native to Asia,

the plant is notorious for its rapid growth and ability to overtake native vegetation. "It spreads really quickly and has a deep root system," Mark said. "It smothers other life and would have prevented our trees from growing well. The only way to remove it without chemicals is by hand, so that's what we did."

While the first project was labor-intensive, it also served as a meaningful kickoff to what founders Chase Karson and Mark Zolotarevsky hope is a long-term movement.

"I've always wanted to start an environmental organization," said Chase Karson, who first launched the Greenwich Eco-Alliance in late 2023. "There wasn't really a big moment that triggered it. I just reached out to a few friends, including Mark, and we went from there. We made the logo, started a GoFundMe, got on social media, and raised enough to fund our first project."

That initial campaign brought in around \$1,600 through GoFundMe, plus an additional \$1,300 donation facilitated by the Friends of Binney Park. The support came largely from Old Greenwich residents, which was one of the reasons the group chose the Holly Grove site for their first installation. "We wanted to make an impact in the area where most of our donors live," Mark said. "We had the option to do something in Cos Cob or Greenwich, but Old Greenwich felt right."

The founders are already thinking ahead. Although they are not quite ready to announce the details, they hinted at a major project currently in the planning stages. It could involve dozens of volunteers from Greenwich High School and will likely require significant fundraising. "We're really excited about it," Mark said. "It's going to take a lot of coordination and definitely a lot of funding."

In addition to that, the team is in discussions with a local pollinator group that may donate a large batch of oak trees grown from acorns. That donation could form the basis of a future planting project this fall.

For a group that only began a few months ago, the Greenwich Eco-Alliance is moving fast, but not without intention. At its core, the mission is simple and powerful: give young people a way to directly care for their environment.

"We're a youth-led initiative that wants a healthy environment in our neighborhood," said Mark. "We're hoping more people from Old Greenwich and the greater Greenwich area can support us, especially through donations. Every little bit helps."

As they continue to grow, the Greenwich Eco-Alliance is proving that community, passion, and a little dirt under the fingernails can go a long way. In a town known for its natural beauty, these students are working hard to ensure that the green in Greenwich stays vibrant for generations

To support their efforts, donations can be made through their GoFundMe page: https://www.gofundme. com/f/students-for-a-greener-greenwich

Greenwich Reception Honors Francine LeFrak's Work Empowering Women in Rwanda

By Julia Barcello

"I believe talent is everywhere, but opportunity isn't." LeFrak, a Hollywood film producer developing a film on the genocide in Rwanda in 2004, knew she wanted to do more. Francine LeFrak began the Same Sky Foundation in 2014, following her founding of the Francine LeFrak Foundation five years prior.

The Francine LeFrak Foundation has three program pillars: Education Programs, Workforce Development, and Financial Fluency.

The Same Sky Foundation began during LeFrak's production in Rwanda. She knew another film wouldn't be produced on the genocide. "I wanted to support the women who had HIV and were raped, and I knew they were very talented with their hands," said LeFrak. "So I started a jewelry company that took advantage of their skill set."

The company began small, but it soon grew into an education and training program in Rwanda. With The Same Sky x Indigo Africa Business Training Program, Same Sky artisans can further their business education and expand their entrepreneurial skills. The six-month program has trained over 1,000 women. The artisans create their own business collectives and work with locally sourced materials. They also gain financial empowerment with the ability to open bank accounts and access a supply chain. This helps the women sell their products to earn an above-average wage.

All the funds are donated to women in Rwanda who saw an improved life with better access to healthcare and medication. "They were much more secure in their neighborhood. Their children could go to school," said LeFrak.

The LeFrak Foundation also supports students. The Forum for African Women Educationalists (FAWE) is a Pan-African women's organization that supports female education. Additionally, The Same Sky Foundation provides scholarship support for girls to study STEM and prepare for university. The foundation as a whole provides students with the opportunity to network and work to improve their academic careers, like student Bill Gate Ntwali.

Ntwali says it was "one of the best experiences ever." Ntwali is a rising sophomore at Columbia Medical Center thanks to support from the foundation. He explained that the program was more than just helping students receive acceptance letters; it was consistent mentorship. "The connections and the daily check-ins, the monthly check-ins, because transform in front of your eyes."

"The joy I get from seeing the impact that I make in working in proximity. It's like nothing you could ever duplicate. Seeing people transform in front of your eyes."



Guests gathered at a Greenwich gallery for a reception celebrating Francine LeFrak's Same Sky Foundation, which supports women in Rwanda through jewelry design, business training, and financial empowerment programs.

they usually send an email to tell us how we are doing, to write what we have done so far. So it's one of the best things."

In 2020, LeFrak opened The Francine A. LeFrak Foundation Center for Well-Being at Barnard College. The program provides students with access to physical and mental health, holistic wellness, and financial literacy support.

Three years later, The Francine A. LeFrak Wellness Center of New Jersey was opened. The center provides 1,500 formerly incarcerated women in the Re-Entry Program access to medical, dental, and mental health care at no cost.

LeFrak expressed what this work has meant to her, saying it was life-changing. "It really changed my life and was the start of me wanting to support women and doing business training and seeing the impact of a job on women. The joy I get from seeing the impact that I make in working in proximity — it's like nothing you could ever duplicate. Seeing people

Lucky to Laugh



BY STUART ADELBERG

I set out to write this week's column the way I always do. I consider the events, mundane or crazy, that happen around me and wonder whether there is anything interesting, meaningful, or humorous that might be engaging to readers. Often the column I produce is entirely different than the one I plan to write. As I put thoughts into words, additional thoughts and words come to me and whatever happens, happens. This is one of

those columns. Last week, I was annoyed to receive a new credit card. I use credit cards for everything, having long ago eschewed carrying dirty paper money and heavy coins that weigh down my pockets. I had planned to tell you about the embarrassment of having multiple transactions denied. Then I was planning to share my exasperation at the hoops I had to jump through to figure out which vendors had the old card and the challenges of updating my account settings. But, as I wrote, I changed my mind.

Moving forward with the shopping theme, you almost got to read my suggestion that the best way to get a free summer vacation is to ship yourself to me in a cardboard box. This is based on the experiences I've had waiting for two packages to come to me, one from Pennsylvania and the other from New Jersey, as I tracked their threeweek journey throughout our vast nation before finally making their way back to Connecticut, a week after I needed them! But again, I changed my mind!

I almost wrote about my reactions to the barrage of plaguing our television airwaves. I've never heard of half the ailments they claim to cure, but when I listen to the list of potential side effects, I

assume they must be bad enough to be worth the risk. I've also noticed several of the same "patients" on many of these commercials. You've got to feel sorry for them. And I sometimes wonder what it must be like to earn a living making up names for drugs that no one will ever correctly pronounce! But ... you guessed it ... I changed my mind!

I had a variety of other ideas, that would certainly have enthralled many of you. But one by one, they all fell by the wayside.

Throughout the ridiculous trials that make up my life, I am an admitted news junkie. Though I can always find humor in inane circumstances, I am more than challenged to find any within our current events. Whether it is the disappearance of civil discourse, the ongoing rash of preventable tragedies, the countless people living in precarious personal circumstances, or endless military conflicts, there is simply not much today that is funny. I realize that humor helps us get through tough times, but some days it is just too hard to find. I worry that complaining about life's banalities, even in jest, can be seen as minimizing the real challenges confronting millions of real people and I would never do that.

We are so lucky. Today's column isn't the typical diatribe about life's little challenges, but an acknowledgment of our blessings. Millions would give anything to turn away from their very real problems to laugh, even for a moment, at our imagined ones. I would never suggest that we stop laughing. But, amid the healthy humor around us, we all need to take the time to acknowledge, offer some help, and perhaps utter a prayer as we remember those for whom laughter may sadly be an infrequent gift.

Stuart Adelberg has a long history pharmaceutical advertisements of leadership and active involvement in the region's nonprofit, volunteer arts and human services communities. He appreciates the opportunity, provided by Greenwich Sentinel, to share his occasional thoughts and observations.

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COLUMN: ON MY WATCH

What We Are Learning from Comet 31/ATLAS and the World's Powerful Telescopes



By Anne W. Semmes

July of 2025 became historic with the July 1 spotting of perhaps the world's oldest comet having arrived at great velocity from outside our solar system. It's also the third interstellar object (ISO) discovered since 2017. It's been named 3I/ ATLAS by NASA having been seen by one of NASA's five world-wide telescopes in its Asteroid Terrestrial-impact Last Alert System, or ATLAS, that watches for space rocks that might be on a collision course with Earth.

But NASA has stated that 3I/ATLAS "poses no threat to Earth and will remain at a distance of 160 million miles." Time to reach out to my astronomer stepbrother Michael Snowden, based in Christchurch, New Zealand. Michael had, three years ago, described for this newspaper five of the most important astronomy projects around the world.

So, what grabs Michael about 3I/ ATLAS? "You're looking at material from very early in the universe!" Yes, older than our 4.6 billion years old solar system - with some saying the comet's velocity could date it back 7 billion years. "What's exciting is almost certainly it was twisting around another star and got kicked out of its home turf, sailed off in space and finally got sucked into our solar system by gravity from the sun. And it comes in this remarkable hyperbolic orbit. And real interesting to me is that it's going so close to Mars."

And located on Mars are those rovers placed there by us. "They're designed to look at the ground and look at the soil of Mars and the atmosphere," he said, but he'd recently seen an image of a starfield taken by the rover Perseverance. "Those rovers are able to shoot stars!" So, another avenue to capture images in deep space. And back on Earth, in the Chilean Telescope is debuting.

Vera Rubin Telescope role

Michael cited the Vera Rubin telescope as having "the world's largest and most powerful camera ever created... it weighs like a ton and goes at the top end of the telescope." But he noted that telescope "didn't have a lot of additional adjustments" completed thus that comet was not spotted. That camera recently had its "first light" and had taken the "first images that were remarkably good...and one of the things that popped out were all these asteroids running about." Yes, that Rubin telescope found 2,104 asteroids in just a few days.

It is those Chilean Andes, the lower mountains, the desert, and the stable atmosphere that make that location so sought after by European and American astronomers. Indeed, it was that Chilebased NASA telescope that found 3I/ ATLAS on July 1.

"You're looking at material from very early in the universe!" Michael Snowdon



Interstellar Comet 3I/ATLAS as taken by WFC3 camera on 21 July 2025, 16-18 UT and combining with median blending, the Hubble Space Telescope. Images taken by David Jewitt/NASA/ESA/Space Telescope Science Institute (STScI).

stable atmosphere, with its volcano very seminar at the University of Canterbury rounded." It was there that the first rogue in Christchurch, run by planetary interstellar comet was discovered called astronomer Michele Bannister, Senior Oumuamua, spotted with its cigar shape Lecturer Above the Bar in the School of in 2017, and the second comet 2I/Borisov Physical & Chemical Sciences. Bannister was discovered in 2019 by the MARGO Observatory in Ukraine.

Comets up close and personal

Michael then described the differences between comets and asteroids as seen from those telescope images. "I'm speaking from the last 24 hours as things are changing so fast. The Hubble Space Telescope image is the best...You're seeing a round image which is slightly blurred and with a little bit of dusty elongation... We don't know if it's a dusty tail or if it's gas that's spewing out." But "we now know that if it has a tail and something is spewing out, it's a comet." Whereas if it's an asteroid, "They're just big rocks."

"People are scratching their head a bit about the size. I don't think they really know anything about the size or the age." Some reports say perhaps "12 miles centuries" in examining the technology wide" ... "bigger than the space rock that of images. "Even the military comes Andes the extraordinary Vera Rubin wiped out the non-avian dinosaurs." "We need more time. Probably we'll get a pretty good measurement of the size at imaging technology, on understanding some point."

> that we've discovered three comets in such a short period of time suggests to me its massive camera is underway, it'll be the technology for doing that." finding comets all over the place mixed in with those 2,000 plus asteroids."

But how long will comet 3I/ATLAS be in sight before it returns to the cosmos from whence it came? Its closest path to the sun will be the end of October. "And when it goes behind the sun," said Michael, "that means a period of blank time where we can look, but it would come out on the other side, and we can resume work on it." And come December it will be the closest to earth, at 160 million miles.

Following the path of 3I/ATLAS

Michael also cited the island of Hawaii Michael will be on top of developments a film shared Michael Snowden, old time as "probably the best in the world for its and discoveries while attending a weekly

engages her seminar students individually to share "something interesting" they've learned of in our solar system. "They know better than I know what's going on," noted Michael, "because they're all tuned in." Count in undergrads, grads getting their master's or doctorate, "one or two professional scientists, and one retired astronomer, me."

The challenge these students face, Michael shared, "is the quantity of data that's coming out of those telescopes on a nightly basis." So, he's hearing from those students their need to develop technology to examine that data, and "some are working on theses that develop And what about the size of a comet? the technology to observe...examine... interpret the data."

It is astronomers, Michael noted, who have been leading the world "for to astronomers for advice on the surveillance of satellites...on any kind of what our pictures are telling us." And AI Michael has a speculation. "The fact he said is going to "play a big role in the assessment of these images. The students are already working right now before the that once the Vera Rubin telescope with telescopes are even finished to develop

> But now one of the "massive headaches" facing those powerful telescopes' revelatory images are the smears coming from the growing number of satellites produced by SpaceX and others "because they put streaks across the images. They just saturate the telescope images. But students are working on techniques to deal with those streaks, and that's a whole story in itself."

Postscript: The late science fiction writer Arthur C. Clarke's 1973 novel "Rendezvous with Rama" that addresses a sizeable interstellar starship of intelligent During those comet visiting days origin entering our solar system will be friend of Clarke's.

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Greenwich Rallies Community for America 250 Celebration

By Tyler Amorando

As America approaches its 250th birthday in 2026, Greenwich is preparing to honor the milestone with a yearlong celebration that promises to reflect the town's rich historical roots and vibrant civic spirit. Leading the charge locally are Mary Ellen LeBien and Barbara Ormerod-Glynn, co-chairs of the Community Partners Committee, a key subgroup within the larger America 250 Greenwich Commission.

The initiative, formally known as the Semiquincentennial, follows national and state guidelines to commemorate the 250th anniversary of the signing of the Declaration of Independence. In Greenwich, the effort is being spearheaded by the Greenwich Historical Society, at the request of First Selectman Fred Camillo. Overseeing the townwide celebration are Tom Galvin and Cynthia Chang, co-chairs of the America 250 Greenwich Commission.

"Our mission is to reach out to organizations in town and encourage them to plan events, either individually or collaboratively, that align with the four key goals of the commission," said LeBien. "We're aiming for a diverse and meaningful series of events that will culminate on July 4th, 2026."

Since May, LeBien and Ormerod-Glynn have been busy building momentum. Their Community Partners Committee has already identified over 150 local organizations and recently hosted two well-attended public information sessions to help groups understand how to participate. The sessions drew thirty four nonprofits, representing historic, educational, artistic, religious, wellness, social service, and conservation sectors.

"The energy in the room was inspiring," said Ormerod-Glynn. "There was so much cross-fertilization of ideas. It's clear that Greenwich is eager to contribute to a celebration that will be both community-driven and deeply reflective of our shared values."

One of the centerpiece events will be the arrival of the tall ship

Oosterschelde in Greenwich Harbor on June 28th, 2026. Built in 1917, the Dutch ship's name translates to "Eastern Scheldt," referencing a river in Belgium. Docked at the Delamar, the ship will be open to the public and is expected to welcome up to two thousand visitors over the course of the day.

While visitors wait their turn to board the ship, they'll be able to enjoy entertainment and educational activities in Roger Sherman Baldwin Park, curated by the commission. Other events planned include a 5K run co-sponsored by the Bruce Museum and Greenwich United Way, a 1776-themed trivia contest by the Greenwich Alliance for Education, a Let Freedom Ring handbell concert by the Norwood Garden Club, and numerous performances by the Greenwich Arts Council and Young Artists Philharmonic focusing on American composers and period music.

Additionally, the Greenwich Symphony will adapt their programming to feature the national anthem at the start of each concert throughout the year. The American Red Cross will honor military service with a red-and-white ball, and the Daughters of the American Revolution's Horseneck Chapter will sponsor a Constitution Bee for public school third graders. Even Coffee for Good will participate, hosting a red, white, and blue-themed art exhibit in spring 2026.

LeBien and Ormerod-Glynn emphasized that events can be new or adapted from ongoing programming. "It's exciting to see how organizations are taking what they already do and adding a patriotic twist," said LeBien.

For any organization looking to host an event on town property, a Special Event Permit Process will be required. Applications go through the Parks and Recreation Department, with approvals typically taking about four months and requiring insurance and coordination with town departments like police, fire, and EMS.

Notably, the town itself is not providing direct funding for events,

"This will be a continuing yearlong effort on our part," said LeBien. "We're hoping it becomes a yearlong celebration for everyone in Greenwich."

except in relation to the tall ship and Roger Sherman Baldwin Park activities. Most groups will be self-funding or seeking sponsorships.

The Community Partners Committee is actively seeking more participants and will be hosting additional public sessions in August and September. Interested organizations can submit event proposals directly through the town's America 250 Greenwich website (greenwichct.gov/2861/America-250-Greenwich-CT). Submissions include a short questionnaire outlining the organization, the proposed event, its date and location, and whether permitting will be needed.

Once approved, the event will be added to the town's America 250 calendar, promoted in the First Selectman's Friday Community Connections newsletter, and shared on social media. The town's official photographer, Bob Capazzo, will document events throughout the celebration.

For questions or to reach the Community Partners Committee, residents and nonprofit groups can email America250@greenwichct.

"This will be a continuing yearlong effort on our part," said LeBien. "We're hoping it becomes a yearlong celebration for everyone in Greenwich."









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From Murals to Mirrorballs: Laugh, Dance, Walk and Celebrate Greenwich This Summer and Fall

By Jenifer Howard

of summer is almost upon us and we're already looking ahead to the cool, crisp days of fall. Living in Greenwich means this time of year brings a variety of opportunities to experience the best our town has to offer -- especially through events that celebrate community, culture and support a good cause.

Whether it's public art on Greenwich Avenue, dancing for a cause, an evening of laughter under the stars, or walking and running to support local nonprofits, there's no shortage of meaningful, memorable ways to spend our time - all while giving back to the organizations that give so much. Following is a roundup of standout events I'm especially excited about. Consider this your must-do calendar for the next couple months!

Through August 15: Rediscovering Greenwich Through Art and History

If you haven't yet explored Rediscover Greenwich Avenue, the self-guided walking tour created by the Greenwich Historical Society in partnership with Untapped New York, now's the time. These remarkable exhibitions have been extended through August 15.

Start by strolling Greenwich Avenue to view four large-scale murals on the sides of buildings at Bestever Cleaners, Greenwich Pharmacy, Starbucks and Meli-Melo. These striking public artworks combine enlarged historic photos from the Historical Society archives with quotes and oral histories from longtime residents and shopkeepers. Each mural features an interactive QR code linking to personal stories and archival footage, bringing the Avenue's past to life in a modern, engaging way.

Then head to the Greenwich dinner and a silent auction, and it's to DART's efforts, a new FDA-

It's hard to believe that the end Arts Council to experience Two Way Street, a companion indoor exhibit that layers the murals from the buildings on the Avenue floor to ceiling inside, but with a twist. Visitors are encouraged to write their own Greenwich Avenue memories directly on the mural strips, turning the gallery into a living scrapbook. The response has been so enthusiastic that pieces of Two Way Street will become a permanent installation in the Arts Council building. Learn more at greenwichhistory.org.

Fall Favorites: Events That Celebrate Community Spirit

September 6: Greenwich Point Comedy Night

Looking ahead to September, one of the most fun nights of the season is Greenwich Point Comedy Greenwich Point, and set for September 6. With tables under a tent by the water and a lineup of top-notch comedians, it's a laugh-Everything), meaning guests bring their own food, drinks and table décor — and take everything out, as the event is proudly waste-free. greenwichlibrary.org. Visit friendsofgreenwichpoint.org/ comedy-night to get tickets.

September 20: Dancing Stars of Greenwich

Dancing Stars of Greenwich

"There's no shortage of meaningful, memorable events in Greenwich - all while giving back to the organizations that give so much."

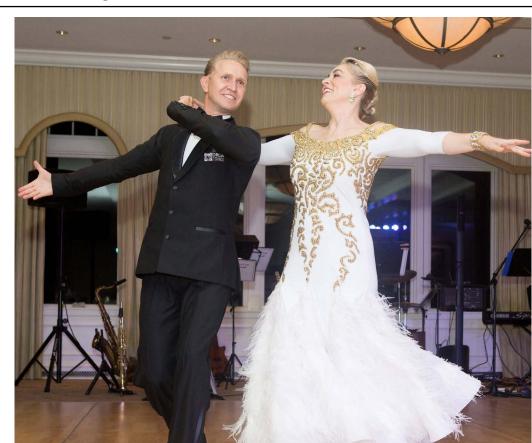
always a fun night to remember. You can also vote online for your favorite dancer to win the People's Choice award. This event sells out every year, so get your tickets today - and vote for a star at greenwichdancingstars.com.

October 3: Greenwich Library's **Opening Night Celebration**

On October 3, the Friends of Greenwich Library present Opening Night Celebration, a night of performing arts featuring a live performance by the Afro-Brazilian tap company Music from Night, hosted by the Friends of the Sole. Held in the Library's Berkley Theater and followed by cocktails and a grazing dinner by Marcia Selden Catering in the Reading Room, the event supports out-loud night under the stars. the Library's year-round cultural It's also BYOE (Bring Your Own programming. Music from the Sole will also perform two free community shows on Oct. 4. For tickets and more information, visit

October 4: DART to the Finish **Charity Walk**

On Saturday, October 4, the eighth annual DART to the Finish Charity Walk will be held, returns September 20 for its starting in the picnic area iust seventh annual year at Tamarack past the second concession stand Country Club. Presented by at Greenwich Point Park. This the Fred Astaire Dance Studio event raises critical funds for of Greenwich, this glitzy gala research into Niemann-Pick Type supports Abilis, which provides C, a rare disease often referred services and supports for to as "childhood Alzheimer's." individuals with disabilities and DART was founded by Greenwich their families. With celebrity parents Andrea and Phil Marella judges, including Brendan Fraser, after two of their four children, and dazzling routines by local Dana (1993-2013) and Andrew, community members paired with now age 26, were diagnosed Fred Astaire dance pros, there is a with the disease. Thanks in part



Elmar Schmidt and Afton Fraser from a previous Dancing Stars of Greenwich charity dance-off that benefits Abilis. This year's Dancing Stars of Greenwich is September 20.

approved treatment became fall event is celebrating its 20th or join as an individual and are available this year. The two-mile, anniversary! Held at Greenwich encouraged to wear fun costumes, family-friendly walk is a powerful Point Park in the clambake area, team shirts and and help support reminder that local efforts can drive life-saving breakthroughs. Register at danasangels.org.

October 12: Walk/Run for Abilis - 20th Anniversary!

It's a milestone year for Walk/ Run for Abilis, the beloved annual

and entertainer Billy Blanks Jr., kids' games, a pop-up Abilis Gardens & Gifts, and the everpopular "Carnival for a Cause." Participants can form a team soon!

this inclusive 5K run and 1-mile Abilis' programs that empower walk includes a pre-race warm-up more than 800 individuals with with celebrated fitness instructor disabilities in Fairfield County and their families. Register at abilis.us/

> Stay tuned for more fun events supporting good causes coming

Greenwich YWCA poised for major security upgrades with bipartisan state support

BY ELIZABETH BARHYDT

August 1, in Hartford, one item of the town's few multipurpose harden infrastructure — from on its agenda carries uncommon institutions serving residents entry systems to surveillance bipartisan weight: \$750,000 regardless of age or income. to be approved with the backing is security. In recent years, decades ago and operating at must approve state financing of Governor Ned Lamont, will address renovations and bolster security at one of the town's most

significant community institutions. The YWCA's funding has drawn advocacy from both sides of the aisle. Democratic Representatives Steve Meskers (150th District) and Hector Arzeno (151st District) have pushed persistently for the allocation, crediting coordination with the Governor's Office and House leadership. "We are grateful for the funding allocated to support critical renovations and security enhancements at the YWCA," the lawmakers said in a joint statement. "This investment ensures that the YWCA can continue serving our community safely and effectively for generations to come. We extend our sincere thanks to the House Leadership and Governor Lamont for recognizing the importance of this project and making it a priority. We look forward to seeing these much-needed improvements come to life, strengthening the YWCA's ability to deliver vital programs and services well into the future."

From the other side of the political spectrum, Senator Ryan Fazio and Representative Tina Courpas — both members of the legislature's Finance and Appropriations Committees echoed that sentiment. They described the YWCA as "a significant asset in our community, serving hundreds of people of all ages in Greenwich each year." Their statement continued: "We are pleased to support the YW in continuing its vital work in our Town for all of our citizens."

The convergence of support from Greenwich's legislative delegation reflects more than goodwill toward a longstanding nonprofit. It underscores how certain community anchors especially those providing services across generations - can transcend political divides in Hartford. The YWCA's programming spans from early childhood education to

When the Connecticut Bond domestic violence services, fitness,

YWCA. The funding, expected according to the statements, the Greenwich YWCA, built Lamont, the 10-member body investments statewide.

facilities serving children and full capacity, renovations tied to for capital projects ranging from from after-school programs to

The YWCA's reach — bend toward consensus.

vulnerable populations have safety are seen as essential to transportation to community crisis intervention — means Commission convenes on Friday, and aquatics, positioning it as one faced mounting pressure to sustaining programming without facilities. Friday's agenda, improvements ripple through scheduled for 10:30 a.m. at the families and neighborhoods town-The Bond Commission's role Legislative Office Building, places wide. If approved, the \$750,000 - while also maintaining a in this process is procedural yet the YWCA funding amid a broader will modernize the YWCA's The immediate priority, welcoming environment. For decisive. Chaired by Governor package of municipal and nonprofit physical plant and signal that Hartford's fractious politics can



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Greenwich Sentinel

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A Welcome Reprieve

Every summer in the mid-seventies, my family like many - would be mysteriously drawn to a quaint, slightly cramped coastal cottage in Maine. August was our preferred time to migrate, maybe because it was stuffed full of all that was required for lazy summer days, picnic baskets, beach chairs and old paper-back novels.

We fancied ourselves temporary locals and staked our claim to the little seaside haven -- staying longer than a visitor but still having to return to school and "real" life at summer's end. We came from Connecticut, laden with our urban habits, agendas, and to-do lists. Yet, everything wilted faster than

This week's paper marks our last issue for two weeks, until August 22.

lettuce in the sun, under the influence of the sea salt air and the hypnotic laziness the coastal living seemed to prescribe – doctor's orders, you might say.

The Atlantic Ocean was an enormous, terrifying bathtub to my younger self, full of mysteries lurking below its surface that I couldn't quite reach – not with inflatable armbands, at least. But the coast of Maine was different. It was a treasure map with the 'X' constantly shifting – secrets hiding in rock crevices, seashells, and new pet hermit crabs. And the waves? They didn't just crash but gossiped, spilling sea stories to anyone patient or sunburned enough to listen.

Fast forward forty summers and the memory of those times bubbles up like a lobster in a cookpot every time the August sun begins to bake the sidewalks and streets of Greenwich. Like many in our hometown, I know when it is time to get out of town. The call of the Maine coast is very strong as lazy summer days stand in stark contrast to the incessant noise of our full Greenwich lives.

My thoughts wander back to the coast, the salt air, the sand. The rhythm of the waves, timed perfectly with my relaxed heartbeat. The laughter of children, fresh and unvarnished. The setting sun, painting the sky with colors so vibrant it is impossible to catch with a camera, signaling the day's end.

The charm of the Maine coast serves as a vivid reminder to slow down, reconnect with nature and, most importantly, enjoy a good lobster bake. And August, with its warm winds and stunning sunsets, provides the perfect environment for a crustacean themed retreat.

That is our ode to summer in the 1970's in Maine. And where are you headed?

Greenwich is slowing down; people have already left for Maine or Nantucket or Wyoming and so many other places. For those staying at home in Greenwich, we have our own version of a summer retreat. Greenwich is a wonderful place to be in August. The St. Roch's feast will be happening, albeit on a smaller footprint. Generally, you can find a place to park on Greenwich Avenue, you don't need a reservation for restaurants, and people are less harried...stopping to say hello. There is less honking and stress all around. It is a welcome reprieve.

This week's paper marks our last issue for two weeks, until August 22. It is our annual summer hiatus, a time when we re-evaluate, relax, and come back a little better than we were before.

Are we going to Maine for our annual pilgrimage? Not this summer. On August 22 when we resume printing the Greenwich Sentinel, we will also be celebrating the 2nd anniversary of launching the New Canaan Sentinel, our weekly paper in both print and digital formats that will celebrate all that is great about New Canaan.

A second newspaper with its own content reporters, advertisers, subscribers – the list goes on is a big undertaking and we would not be successful without all

of the support we received in New Canaan. It was quite a compliment when members of the New Canaan community asked us to join their community too.

Thank you! And enjoy the rest of your summer!

Editorial Pa

Kindness Preserves Our Minds

To the Editor:

Thank you for publishing "It's How We Treat Each Other." The editorial raised an urgent point rarely discussed in public debate: hostility and cruelty do not just fray feelings; they erode mental acuity. The science you referenced-chronic stress raising cortisol, shortening telomeres, impairing memory should alarm every one of us character of Greenwich.

We often talk about physical your editorial underscores what accomplishment, but these Each time we remind someone, decades from now.

have long documented: the harm of chronic incivility. brain is acutely sensitive to A brilliant student exposed social environments. Sustained to online shaming may see exposure to ridicule, contempt, concentration falter. A seasoned and verbal aggression literally professional who absorbs daily alters brain structure. Regions contempt in meetings may responsible for memory and find decision-making dulled. decline when bathed in cumulative, and it ripples stress hormones triggered by through families, classrooms, public nastiness. Over time, and civic life. who cares about our health, what begins as "harmless our families, and the future venting" becomes measurable calmly, firmly, and cognitive damage.

wellness in terms of nutrition, itself on high academic is not about politeness; it is choice to protect the collective exercise, and medical care. Yet achievement and professional about neurological protection. mind of Greenwich-today and

Your call to intervene-

neurologists and psychologists strengths cannot offset the "That's not how we speak to one another in Greenwich," we are safeguarding more than community spirit; we are safeguarding memory, judgment, and the ability to think clearly in the years ahead.

This is why your editorial reasoning show accelerated The degradation is silent but matters. It reframes kindness from a sentimental ideal to a cognitive necessity. If we want our town to remain not only prosperous but sharp-minded, we must treat civility as public consistently-is precisely the health infrastructure. The Greenwich prides antidote. Confronting cruelty choice to speak kindly is a

Stop Feeding the Trolls

To the Editor:

Thank you for your editorial "It's How We Treat Each Other." It is thoughtful and correct: cruelty corrodes memory, weakens minds, and poisons logging on, reading every post, and arguing with the loudest bad actors they can find.

communities. We've known this nothing will change until continues to erode.

for years. Yet the same people decent people stop rewarding who lament nastiness keep indecent behavior with reminds residents that attention. Outrage clicks are still clicks. Sharing a cruel post to condemn it still spreads it. The cycle continues, and Here's the hard truth: our collective mental health

I hope your editorial kindness is more than good manners; it is self-preservation. And I hope it convinces us, finally, to starve bad behavior of the audience it craves.

OPED

This Genocide Must Stop Now

By Marek Zabriskie

Israeli-American historian Omer Bartov, the Dean's Professor of Holocaust and Genocide Studies at Brown University, has publicly stated that Israel is committing genocide in Gaza.[1] It is a stark assertion, but one he describes as supported by the facts on the ground.

Professor Bartov, who was born in Israel, served in the IDF, and spent the first half of his life there, has said that arriving at the conclusion that Israel is committing genocide was painful but unavoidable.[1]

He cites Israel's order for over a million Palestinians to evacuate the city of Rafah and relocate to an area lacking basic infrastructure, followed by the complete destruction of Rafah by the IDF.[8]

The Israeli government stated that the objective was to combat Hamas and free hostages, but Bartov said he found little evidence to support this explanation. Instead, he documented widespread destruction of civilian homes and infrastructure.

The Israel Defense Force (IDF) has killed 59,000 Palestinians, including 17,000 children.[2] Another 115,000 Palestinians have been wounded, most of them women and children, according to the Hamas-controlled health ministry.

Gaza now has more people missing limbs than any other country in the world, a situation that humanitarian groups have described as both devastating and immoral.[3]

The IDF has also killed 1,400 aid workers, including 237 United Nations employees. In addition 186 journalists have been killed.[4] At the same time, severe restrictions on aid have left hundreds of thousands of Palestinians including infants - facing hunger and malnutrition.

Reports describe Palestinians being moved from one designated "safe zone" to another, only to face attacks when they attempt to secure food for their families at aid stations.[5] More than 100 Palestinians were reportedly shot in a single day last weekend. Observers say incidents like this defy the established rules of war.

Israeli officials have acknowledged civilian casualties and promised investigations, but outcomes have rarely been made public. Humanitarian organizations and human rights groups continue to call for accountability and an end to the high civilian death toll.

over \$3 billion annually in aid to Israel. Since October 7, 2023, additional emergency military assistance has totaled \$18 billion. [6] Meanwhile, U.S. military support for Ukraine — which faces a full-scale invasion by Russia –

has been essentially eliminated.[7] the Palestinian Authority from homeland. During World War II, much of

the Holocaust remained hidden Gaza.[13] This policy, combined from the Allies until the liberation of concentration camps. By contrast, what is occurring in Gaza is widely visible, despite significant Palestinian leadership and created restrictions on journalists and aid groups. Bartov and others argue described as resembling Swiss that the scale of destruction and civilian impact conflicts with the believe cannot sustain a viable principles on which both Judaism state. These actions have drawn and Israel were founded.

Bartov also notes that the most widely accepted definition of genocide comes from the 1948 United Nations Convention, which identifies the intent to destroy a particular group — and actions taken to achieve that destruction as constituting genocide.[9]

Hamas' charter calls for the eradication of the state of Israel. This is evil. Hamas must be stopped, but treating every Palestinian as a Hamas terrorist is equally evil and immoral.

and right to respond to Hamas' government has been completely disproportionate.

Many would argue that what the IDF has done is far worse than what Hamas did. Since the war broke out, Israel has destroyed over 90 percent of Gaza's residential buildings and virtually every school, university, museum, hospital, mosque, and church in

Much of this is not about attacking Hamas or freeing hostages. It's an effort to erase the culture, religion, and history of Palestinians who have lived here for thousands of years. Some Israeli and American Jews claim that the Palestinians are an imaginary group, who do not exist as a people.

One Israeli living in Greenwich told me that one of his closest Israeli friends spoke often about the need for a two state solution. "Now he says, 'Kill every Palestinian. Kill them all!"

This is a cancer that spreads on both sides as they demonize each other and view the other as the enemy and as subhuman, which makes it easier to slaughter

President Trump speaks about acquiring Gaza and turning it into a Mediterranean resort. This is like Putin suggesting that Kiev be leveled and transformed into Disney World for Russians, Chinese, and North Koreans.

Unfortunately, those who American taxpayers provide speak out are incorrectly deemed antisemitic. Since October 7th, the IDF and settlers have killed 940 Palestinians in the West Bank.[12]

> The Netanyahu government permitted Qatar to donate \$400 million to Hamas, a decision

governing the West Bank and expansion in the West Bank, has deepened divisions among a patchwork of territories often cheese — a landscape that many

There are historic reasons for Palestinian anger. The 1948 Nakba, or Catastrophe, during which numerous Palestinian villages were depopulated, left enduring resentment and grief. [14] Many Palestinians were forcibly displaced — an estimated 750,000 people — to make way for incoming Jewish refugees. This event remains one of the central grievances in the conflict today.

serious moral and legal criticism.

horrific October 7th attack. Hamas in U.S. primaries who vote slaughtered 1,250 innocent Israelis consistently in Israel's favor, and and kidnapped 251 more.[10] But to oppose those who do not.[15] hosted him at our church in April the response of the Netanyahu This level of influence has led to criticism that American policy debates on Israel lack diversity of viewpoint; such influence from any foreign government would provoke concern if applied

Consequently, U.S. politicians sometimes compete to demonstrate their support for Israel. At the same time, Israeli settlement growth in the West Bank and ongoing military actions in Gaza have intensified scrutiny and moral debate, both domestically and internationally.

A rabbi friend of mine has suggested that those who oppose Israeli actions should also call attention to injustices in Yemen, Syria, and Sudan. Yet Israel holds unique significance: it is the land sacred to the three Abrahamic faiths – Judaism, Islam, and

In 1900, more than 10 percent of the population of Palestine was Christian. Today, that number has fallen to about 1 percent, as Palestinian Christians face displacement, property seizures, and restricted movement.[16] or third-class citizens in their own and dignity.

Archbishop Desmond Tutu, reflecting on his visits, once with ongoing settlement said that the conditions faced by Palestinians under Israeli control were worse than what he experienced under apartheid in South Africa.[17]

The remaining Christians in the Holy Land are almost all Palestinian. For us in the Anglican tradition, they are part of our spiritual family. I have led three pilgrimages to Israel and listened to both Palestinians and Israelis describe their struggles and hopes. Both peoples have powerful stories to tell.

For two billion Christians worldwide, Israel is the Holy Land – the most sacred place on earth. It is where Jesus was born, ministered, died, and was resurrected. On my last pilgrimage, our group had a The American Israel Public private audience with Archbishop Affairs Committee (AIPAC) has Hosam Naoum, who oversees the Few question Israel's need pledged to spend millions of Episcopal Diocese of Jerusalem. dollars to support candidates He is a kind, gentle, articulate and impressive leader.

> Christ Church Greenwich of 2024. He preached and spoke in our Sunday Forum. Israel is sacred to Jews, Christians, and Muslims. It must be shared.

What can be done? Speak out. Read, learn, and write your congressmen and senators and to the White House now. Demand that this ghastly war end. Insist that the Palestinian people be fed, given water, health care treatment, and that their homes be rebuilt. Demand that the United States stop funding Israel.

If this war continues, it will only create generations of terrorists on both sides. Israel will become a pariah state, and the genocide that is being committed will go down in history as Israel's worst hour.

As always, we can pray. We can pray for the children in Gaza and the children in Israel, for families who mourn and for those who live in fear. We can pray for leaders to find the courage to seek peace rather than vengeance, and for the wisdom of nations to choose compassion over indifference. Above all, we can pray that the Holy Land - sacred to and the hardships of checkpoints Jews, Christians, and Muslims alike - may one day be a place where Many describe feeling like second- all its people can live in safety

Editor's Footnotes: 1 Public statements by Omer Bartov, July 2025, reported in New York Times Opinion and academic interviews. 2 Gaza Health Ministry figures reported by Associated Press and The Guardian, July 2025. 3 TIME Magazine reporting on Gaza amputee crisis, July 2025. 4 United Nations and Committee to Protect Journalists casualty data, June-July 2025. 5 The Guardian and ABC News reports on civilians killed near aid zones, July 2025. 6 Council on Foreign Relations analysis of U.S. military aid to Israel, 2025. 7 U.S. Congressional budget allocations for Israel vs. Ukraine, 2023-2025, reported by AP and NPR. 8 Reporting on Rafah evacuations and destruction, The Guardian, July 2025. 9 United Nations Genocide Convention (1948) definition of genocide. 10 Figures on October 7 attacks and hostages, multiple international news agencies, 2023-2025. 11 The Guardian reporting on destruction of residential and cultural sites in Gaza, 2025. 12 West Bank casualty figurespost-October 7, reported by UN OCHA, July 2025. 13 Qatar donations to Hamas and Israeli policy decisions, reported by Haaretz and Times of Israel. 14 Historical accounts of the 1948 Nakba, documented in UN archives and scholarly works. 15 Reporting on AIPAC campaign spending and influence in U.S. elections, 2025. 16 Christian population data in Palestine and Holy Land demographics, multiple studies 1900-2025. 17 that critics argue helped prevent Statements by Archbishop Desmond Tutu on Israeli policies, 2014 and later.

We welcome letters to the editor at www.GreenwichSentinel.com. Letters may be submitted under your name, anonymously, or with a pseudonym — an accommodation we make in recognition of today's fraught climate, in which honest opinions too often invite disproportionate reprisals. All submissions must come from Greenwich residents and should be civil in tone.

What It Means to Be a Mental Health Champion

BY PETER TESEI

She Sits and Wonders Why

By Milton Schorr, Family Member When I was one and thirty, to me a child was born. Laughter was her trademark, vivacity her norm. She grew to adolescence, a joy to see and hear, Bubbly, bright, attractive, by one and all held dear. When I was one and fifty, my little girl took ill.

A glowing lass whose promise, life never meant to fill. "Schizophrenia," said the little man, in tone abrupt, severe.

"How long?" I queried nervously, "a week, two months, a year?" "Oft times forever," droned the doc, in words that seared the soul,

As he pronounced her sentence, to life without parole. Entrapped forever behind the bars of chemistry gone awry.

Sullen, lost, bewildered, she sits and wonders why. And now I'm one and seventy, it's oh, so long ago. She lives in special places, to which ceaselessly we go. Heavier now the packages we carry to and fro, More halting now the steps we take,

by going greatly slowed.

And when I'm one and eighty, and too feeble, if alive, Who will go that extra yard, to help her to survive? Who'll provide this simple soul, that destiny forsook, With the comfort, love and oversight, the system overlooked?

This powerful poem captures the enduring love of a parent — and the invisible weight so many families carry. In telling his story, Milton Schorr gives voice to countless others navigating the quiet, unrelenting realities of serious mental illness. And in doing so, he becomes something more than a father. He becomes a voice. An advocate. A Mental Health Champion.

At Pathways, we believe a Mental Health

Champion can be anyone: a caregiver, a clinician, a peer, a policymaker, or a creative force. Champions are not defined by their credentials, but by their compassion, courage, and action. They are the people who raise awareness, break stigma, offer support, and bring hope — often without recognition.

Last year, we were proud to introduce the Pathways Mental Health Champion Award, honoring filmmaker Paul Dalio as our inaugural recipient. Through his movie Touched with Fire and his open sharing of his own journey with bipolar disorder, Paul has helped countless people feel seen, understood, and inspired to speak up. His work shows how powerful storytelling can be — not just for the creator, but for all who witness it.

This year, we are once again inviting the community to submit nominations for the 2025 Mental Health Champion. We want to hear about the people who are making a difference — through their work, their advocacy, their care, or simply the way they show up for others.

You may not think of them as a "champion." But we just might.

The award will be presented at our Annual Gala on the evening of Saturday, November 8, at the beautiful L'escale at Delamar Greenwich Harbor Hotel. We are honored to have Allan and Tamara Houston serve as our Honorary Chairs, and grateful to our Gala Co-Chairs Sarah Fugelsang and Tracy Schmidt for their incredible leadership. This year's event will also celebrate Tom and Kim Athan, whose steadfast commitment to Pathways has strengthened our mission and expanded our impact. It promises to be a joyful and meaningful evening in support of mental health.

Of course, the Gala is more than a celebration it's our most critical fundraiser of the year. Pathways provides housing and support to over 60 individuals in Greenwich, many of whom would otherwise be

"Who'll provide this simple soul, that destiny forsook, With the comfort, love and oversight, the system overlooked?" - Milton Schorr, She Sits and Wonders Why



Jim D., a Pathways client enjoying the St. Patrick's Day Parade on March 23, 2025

homeless. We receive calls weekly from families in crisis, and we want to say yes — but we can't do it alone.

Government funding covers just 60% of our operating costs. The rest depends on private support. In a region where the annual survival budget exceeds \$39,000* – not including the intensive mental health care our clients require — your gift helps us provide more than shelter. It brings stability, dignity, and hope.

*Source: Greenwich United Way, ALICE Report To nominate a Mental Health Champion, please visit www.pways.org/champion.

Want to be part of the excitement? We'd love for you to join us! Whether you're interested in attending our Gala, sponsoring, or getting involved, reach out to Rachel Hanley at rhanley@pways.org.

Peter J. Tesei is the Executive Director of Pathways

New Briefs From Page 1

trucks from Glenville, took part in the 2025 Mt. Kisco Fire Department Annual Parade. They were awarded "2nd Best Out of State." Their firehouse dog, Scout, was featured with the trophy. Photo Credit: Round Hill Volunteer Fire Company

FROM TOWN HALL

Extended Hours to Meet Tax Deadline

The deadline to pay property taxes without interest is today, August 1. The Tax Collector's Office is open today from 8:30 am to 6 pm Payments can also be made by mail or online.

Greenwich Proposes Innovative Traffic Pilot

Greenwich's Department of Public Works proposed a temporary "quick-build" traffic project at the Route 1 intersections with Byram and Pemberwick Roads, aiming to reduce lanes and add a right-turn-only feature using removable materials. The plan excludes pedestrian improvements like crosswalks or signals, despite previously allocated state funding for such upgrades. Several local organizations and officials raised concerns about the plan's safety, lack of community input, and departure from earlier safety audit recommendations.

AROUND TOWN



Arch Street Roadwork to Begin Soon

Arch Street in Old Greenwich will be closed for YWCA Possible \$750000 Funding Approval maintenance from July 28 to August 25, Monday through Friday, 6 am to 6 pm The road will remain open on weekends. Overflow parking will be available near the tennis courts in Binney Park when the library parking lot is full. Photo Credit: Perrot Memorial Library



Wildlife Sightings Thrive this July

In July, wildlife sightings were off the charts in Greenwich, with monarch butterflies on milkweed, ruby-throated hummingbirds at native flowers, and Eastern box turtles in shaded woods. Residents shared their observations through social media or sent photos to the Greenwich Conservation Commission. This initiative highlighted local biodiversity and the importance of preserving it. Photo Credit: Greenwich Conservation Commission

Byram Beach Water Quality Improves

Byram Beach in Greenwich has been closed due to bacterial contamination traced to Tom's Brook. Local departments are conducting ongoing testing to identify the contamination source and determine next steps. Recent dry weather has resulted in attendees. improved bacteria levels at the beach.

LOCAL BUSINESSES AND NONPROFITS **Greenwich Hosts Summer Blood Drive**

A community blood drive will be held on August 4 from 1:30 to 6:30 pm at Greenwich Reform Synagogue. The event is part of an ongoing effort to address the national blood shortage, which worsens during summer months. Donors are encouraged to sign up in advance and will receive a \$15 e-gift card.



Greenwich Teens Launch Veterans Fundraiser

Greenwich teens launched an online fundraiser to support American Legion Post 29. The initiative aims to raise money to assist the Legion's work and local veterans. More information and donations can be found here https://givebutter.com/alpost29CT Photo Credit: First Selectman Camillo's Community Connections

BARVIDA Opens with Exciting Offers

BARVIDA Greenwich opened on July 26, offering wellness bags to the first 50 customers, discounts throughout the day, and a social media giveaway. The new location at 28 Greenwich Avenue featured a sleek, minimalist design. BARVIDA served plantbased smoothies and juices made from organic ingredients, with a focus on sustainability and customization.

Greenwich Fund Supports Kids Back-to-School

The Greenwich Department of Human Services Fund (GDHS Fund) is fundraising for the 2025 Boots & Shoes program, which provides \$50 DSW gift cards to children aged 5 to 15 from low-income families in Greenwich. The goal is to raise funds over the next two months to distribute the gift cards by late August for back-to-school shopping. More information can be found at https://www.greenwichdhsfund.org/ bootsandshoes

The Connecticut Bond Commission is set to approve \$750,000 in funding for security and renovation improvements at the Greenwich YWCA. The funding was secured through advocacy by State Representatives Steve Meskers and Hector Arzeno. The commission is meeting today, August 1st, at 10:30 am at the Legislative Office Building in Hartford.

Bruce Museum Plans New Outdoor Art

Planning & Zoning approved several beautification projects for the Bruce Museum grounds, including new lighting poles along Steamboat Road and the installation of four outdoor art exhibits. The plan also includes widening sidewalks, planting new trees, and replacing asphalt with concrete. The revised landscaping design minimizes tree removal and adds green space, receiving approval by a majority vote from the commission.

Wallace Center Community Focal Point Status

The Wallace Center has been designated a Community Focal Point by the Southwestern Connecticut Agency on Aging under the Older Americans Act. This status recognizes the center as an official, trusted location where older adults, their families, and caregivers can access services related to aging and disability. The center serves as a key resource for senior residents in the area.

Community Health Fair

The Family Centers Inc. Health Fair will be held on August 2 from 1 to 3 pm at 55 Holly Hill Lane. The event will offer free health screenings, including for diabetes, HIV, Hepatitis C, BMI, and blood pressure, along with activities like music, games, and food. Spanish-speaking staff will be available to assist



Clare J. Joins U19 National Team

Clare J. from Sacred Heart Greenwich has been selected for the U19 National Team. She will compete in the quad at the World Championships in Lithuania. Her participation represents the U.S. in international rowing. Photo Credit: Sacred Heart Greenwich



Cadou Named CEO of Historical Society

Carol B. Cadou has been appointed Executive Director and CEO of the Greenwich Historical Society, effective August 25. She brings over 30 years of experience in museum management, historic preservation, and curatorial leadership, having OUR NEIGHBORS previously worked at the National Society of The Clive Davis Lifetime Awarded at Avon Colonial Dames of America, Winterthur Museum, and Mount Vernon. Cadou succeeds Debra Mecky, who is retiring after leading the organization for 30

SCHOOLS



Hammack Appointed New Principal at Dundee

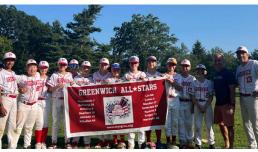
Philip Hammack has been appointed principal of the International School at Dundee, replacing Dana Firmender. Hammack previously worked at Bronx Park Middle School and Briarcliff Manor Middle School, with experience in leading International Baccalaureate programs and school-wide initiatives. He holds degrees in Political Science, Special Education, and Educational Leadership, as well as certifications in School District and Building Leadership. Photo Credit: Greenwich Public Schools



GCDS Students Explore Ancient Italy

Thirteen eighth-grade students from Greenwich Country Day School traveled to Italy to study ancient civilization and Latin. Over nine days, they visited Venice, Rome, and the Amalfi Coast, exploring Roman ruins, Pompeii, and learning activities like gladiator training and making gnocchi. The trip provided an opportunity to practice time management, budgeting, and adapting to a new culture. Photo Credit: Greenwich Country Day School

SPORTS



Cardinals Head to Cooperstown Tournament

The Greenwich Cardinals 12U Cal Ripken All-Star team is scheduled to compete in a tournament this weekend in Cooperstown, New York. Before a recent game at Pemberwick Park, they were visited by First Selectman Fred Camillo. He emphasized the value of youth sports and the importance of community support for athletic programs. Photo Credit: First Selectman Camillo's Community Connections

The 2025 Lifetime Achievement Award Gala honoring Clive Davis will take place on October 14 at the Avon Theatre in Stamford. The event includes a reception, an award ceremony, and an afterparty with tribute performances. Sponsorships are available, and current sponsors include First Bank of Greenwich and various individual donors.



Rare Lobster at Mystic

Jerry, a rare orange lobster rescued from a ShopRite in New York, now lives on display at Mystic Aquarium after completing a health quarantine. His bright coloring-estimated to occur in only 1 in 30 million lobsters—caught the attention of store employees, who arranged his transfer. Jerry recently molted, revealing a darker shell, as other unusually colored lobsters have also surfaced in Connecticut. Photo Credit: Mystic Aquarium

Avon Theatre Launches Renovation Campaign

The Avon Theatre in downtown Stamford is launching the public phase of its Avon reCreated Capital Campaign to preserve its historic features while upgrading the facility for modern standards. Planned renovations include a new screening room, ADA compliance, improved seating, and state-ofthe-art technology. The project aims to enhance the theater's role as a community and cultural center in Fairfield County.



BY EDWARD HORSTMANN

Of all the miracles attributed to Jesus, only one of those stories is told in all four of the Gospel accounts that we have of his life. It is the dramatic feeding of thousands of people

The versions of this story differ slightly from one another but show the same pattern. At one point in his travels, a great crowd followed Jesus and stayed with him despite their lack of nourishment. Noticing their hunger, and feeling deeply for their plight, Jesus sought to feed them. His disciples questioned the reasonableness of this intention. After all, where would they secure provisions for thousands? But Jesus managed to lay his hands on a few loaves

took what he had, blessed it, broke it, and gave it out, and thousands received food thanks to his unwavering concern. There were even leftovers.

What really hooked me on this story and made it such an important part of my faith, was the experience of a man named Parker Palmer. The sharing of bread and fish by Jesus two thousand years ago took on a fresh meaning for him when with some loaves of bread and a $\;\;$ he was stuck in a plane on an airport runway in Canada.

> Parker Palmer has been a writer and sought-after lecturer. On one occasion he was in Canada to give a speech and then boarded a flight early the next morning to return home; The pilot announced that there were unexpected delays, and no time for takeoff could be provided. A flight attendant added more grim news: neither coffee nor other refreshments were available to be served. "But" she said, "there's hope. do you have?" When Jesus

What Do You Have?

When faith is in play, less can be more, and a little goes a long, long way.

and share what we have."

checking on the passengers, she be tolerated. paused next to Parker Palmer, loaves and fishes."

directly with the gospel stories about miraculous provision of wanted to create a hopeful environment, she turned to people and asked them, "What

plane, I noticed that you had act of feeding hungry people, recognizing and then investing newspapers and magazines. I'll he asked them, "what do you our resources in ways that bet that some of you have gum have?" It's a searching question, strengthen the common good. or mints or snacks with you, so inviting us to take inventory It's about trusting the call that let's reach out to one another, of our resources in order to God extends to us, rather than Soon enough the mood used in the service of others. It's faith. Here's how the biblical in the plane brightened. a liberating question, designed scholar, Walter Brueggemann, Conversations started and a few to activate in those who hear it frames the choice that often people told jokes. As the flight a desire to change a condition of confronts us: attendant moved down the aisle. impoverishment that should not

leaned towards him and said: know what the disciples had, the attraction to the good news "I still believe in the story of the they gave his simple question of God's abundance and the a simple answer. "We have power of our belief in scarcity. There is one feature of seven loaves of bread and a The conflict between the except the flight went nowhere. Palmer's experience on a few fish." And I don't want to narratives of abundance and grounded plane that connects miss the power in those words. scarcity is the defining problem Because beneath the raw data confronting us." (beneath the numbers), here's food. When the flight attendant what they were saying: "We do sharing enacted by Jesus have something nourishing to with the help of his disciples feisty Miniature Schnauzer, they offer: we do have good things magnifies the goodness that

of bread and several fish. He When some of you boarded the involved his disciples in the of loaves and fishes is about little things are treated with Minnesota Vikings.

consider how they might be allowing our fear to dictate our

"The central problem of our lives is that we are torn When Jesus wanted to apart by the conflict between

The story of magnificent can happen when we trust in The story about Jesus' use the generosity of God, when

great respect and employed with high hopes. I think that the entire ministry of Jesus was built around a reverence for the power of tiny actions made with great faith: sowing a seed, offering a healing touch, speaking a word of gratitude, supplying a few loaves and fish for the use of others. Both Jesus and the flight attendant on Parker Palmer's plane acted on the assumption that when faith is in play, less can be more, and a little goes a long, long way.

"So, what do you have?" asks Jesus. "A little empathy? Some nourishment to share? That should be more than enough to get us going."

The Rev. Dr. Ed Horstmann is the Senior Pastor/Head of Staff at Round Hill Community Church, and an artist Along with Susan, his wife, and Dot, their have Iived in the back country of Greenwich for twelve years. They are also resilient fans of the

Services

Assemblies of God **Harvest Time Church** 1338 King St., 203-531-7778 www.htchurch.com

Worship Services: Sun, 9 & 10:45am. All services are streamed on the church's website and YouTube channel. In addition to Sundays, there are also groups for children and teens on Wednesday evenings. Anchor Night! for Young Adults: Friday, August 15, 7pm.

Baptist

First Baptist Church 10 Northfield St.; 203-869-7988 www.firstbaptistgreenwich.com

Sunday Servings: 11:30am, Facebook Live or for Devotion: 11-11:25am (Dial in 701-802-5355, Access code 360922).

Greenwich Baptist Church 10 Indian Rock Ln; 203-869-2807 www.greenwichbaptist.org

Worship: Sun, 11am (in person and online through Facebook & YouTube). Children Sunday School: 9:30am, ages 9-14y. Adult Bible Study: Sun, 9:30am, Fellowship Hall. Prayer Gathering: Wed, 7pm, Pastor's Office or virtual on Google Meets.

Catholic

Sacred Heart Church 95 Henry St.; 203-531-8730 www.sacredheartgreenwich.org

Mass: Mon-Fri, 7am (in the Chapel); Saturday Vigil, 4pm (in Church); Sunday: 7:30, 9:30 & 11:30am. Confessions: Sat, 3-3:30pm or by appointment. Divine Mercy Prayer Group: Wed, 7-9pm. Prayer Group: Thu, 4-5pm, in the Chapel, 38 Gold St, All are welcome. Ministry to the Homebound: if you, or someone you know, is homebound and would like a priest visit you, call the Rectory at 203-531-8730. Stations of the Cross: All Fridays during Lent, 6:30pm, in the Church, All are welcome. Adoration on First Fridays at 6pm in the Chapel will be on hiatus for the months of July & August and will resume Friday, Sept. 5

St. Catherine of Siena & St. Agnes 4 Riverside Ave; 203-637-3661 www.stc-sta.org

* All Masses at St. Catherine of Siena Church are in-person and livestreamed (View our Livestream and recordings here: https://events.locallive.tv/worship/stc-sta)

Masses: Saturday, 3-4pm - Confessions (Specific dates confirmed weekly in bulletin.) Vigil Mass, 5pm. Sunday: 7:30am, 9am (Family Mass), 10:30am (Traditional Mass), 5pm (Teen Mass), all at St. Catherine's Church). Masses in other Languages: French Mass - 2nd Sunday of the month, 11am. Italian Mass - 3rd Sunday of the month, both at St. Catherine's Chapel. Spanish Mass, 6:30pm, St. Catherine's Church. Daily/Weekdays: Mon, Tue, Thu & Friday: 7am - Daily Mass, St. Catherine's Church; 5:15pm - Daily Mass, St. Catherine's Chapel. Tuesdays: Rosary, 6pm, St. Catherine's Chapel. Wednesdays: Adoration of the Blessed Sacrament, 8:30am-4pm, St. Catherine's Church. Ongoing: Food & Essentials Drive for Neighbor to Neighbor (there will be a car or SUV with an open trunk in the parking lot across from St. Catherine's church on Tuesdays, 9-11am. Join Music Ministries for choir rehearsals – Traditional, Contemporary, Teen, Cherub, Family Mass Choir - contact Music Director, Dr. Liya Petrides at music.director@stcsta.org with questions. Volunteer Opportunity: Share Your Time and Compassion! Our Parish Partners Ministry of Hope is seeking kind-hearted volunteers to support our homebound parishioners. To sign up or learn more, please contact Ieannemarie Baker at (203) 637-3661 (ext. 375) or ParishPartners@stc-sta.org. Summer schedule change for Spanish Mass: A partir del Domingo 15 de Junio, la Misa en Español se celebrará temperament a las 12pm en lugar de las 6:30 durante los muses de verano / Starting Sunday, June 15, the Spanish

Mass will be temporarily moved from 6:30pm to 12pm during the summer months; the Mass will be celebrated in the Main Church. Social Seniors trip to Carole's Kings at the Aqua Turf Club in Plantsville: Tuesday, August 19, call Carol Weigold at 203-820-7876.

St. Mary Church 178 Greenwich Ave.; 203-869-9393 www.stmarygreenwich.org

Public Mass: Sun: 9, 10:30am, 12:15 & 5:15pm. Sat Vigils: 4 & 7pm (Spanish). Daily: Mon-Fri, 12:05pm (Church doors will open from 10am-3pm). Confessions (English): Tue: 7-8pm; Sat: 3-3:45pm. Eucharistic Adoration: 1st Fri of the month: 12:30-5pm. Adoration of the Blessed Sacrament will resume the first Friday of September 5. Lourdes Retreat with Bishop Frank Caggiano: Sunday, Sept. 14, 2pm, St. Mary Church (566 Elm St, Stamford), for information/ registration email: Stefania Cannet at stefania.canneto@yahoo.com or call 203.324.7321, Free Admission (donations encouraged).

St. Michael the Archangel 469 North St.; 203-869-5421 www.stmichaelgreenwich.com

Mass: Mon-Fri: 7:30 & 9am. Sat: 9am & 5pm. Sun: 7:30, 8:30, 9:45am, 12 & 5pm. Confession: Sat: 4:15-4:45pm; Wed: 9:30-11am & 6:30-8pm. Eucharistic Adoration: Wed, 9:30am-8pm. New Day Bereavement Program: through Nov. 17, Thu, 7-8:30pm & through Nov. 30 (skipping Nov. 23), Wed, 4-5:30pm, 203-869-5421. WWP Summer Rosary: Tuesday, August 12, 9-10:30am. The Assumption of the Blessed Virgin Mary Mass: Friday, August 15, 9-10am. Mens' Cookout, Rectory: Saturday, August 16, 6-8pm.

St. Timothy Chapel

1034 North St.; 203-869-5421 Mass: Sat: 4pm (Vigil Mass). Sun: 11am.

St. Paul Church 84 Sherwood Ave.; 203-531-8741 www.stpaulgreenwich.org

Mass: Mon-Thu: 8am; Sat: 4pm (Vigil); Sun: 7:30, 9:30 & 11:30am. Confessions: Daily, 7:30am; Sat, 3-3:45pm. Mass on Holy Days: Vigil: 5:30pm, 9am & 12:15pm. Visit the website for information regarding the Bereavement Group (twice monthly) and weekly volunteer opportunities at the Don Bosco Kitchen and Food Pantry with the St. Paul Mercy Volunteers. All masses are available via livestream through the website. Evenings For Married Couples: 1st Thu. of every month, 7:30pm. First Friday Devotion: August 1 - 8am Mass, followed by Exposition of the Blessed Sacrament, Litany of the Sacred Heart of Jesus, Divine Mercy Chaplet, Act of Consecration, and Benediction with the Blessed Sacrament. Confessions will also be available 7:30am. First Saturday Devotion - pray the Rosary: August 2, 9am.

St. Roch Church 10 St. Roch Ave; 203-869-4176 www.strochchurch.com

Mass: (Reservations and/or for viewing via live streaming): Mon-Fri: 7:30pm; Sat: 5pm; Sun: 7:30am (Concelebrated for Previously Scheduled 9:30am Mass Intentions), 10:30am, 12pm (Spanish). Mass Intentions: consult the bulletin for time. New Saturday Mass & Confession schedule: Beginning Saturday, June 28, the following changes will take effect: English Mass will be celebrated at 4pm (formerly 5pm); Italian Mass will be celebrated at 5:30pm; Confessions will be heard from 3-3:30pm. St. Roch Festival: August 15 (5pm), 16 (11am-11pm) & 17 (Masses at 7:30, 10am & 12pm), on Church grounds.

Christian Science

First Church of Christ, Scientist 11 Park Pl; 203-869-1555 christiansciencect.org/greenwich

Sundays: Church and Sunday School at 10:30. Weds. 7:30pm testimonies of healing. Call # for all services 203-680-9095 code 520520. Reading Room 333 Greenwich Ave. M-F 1:00-5:00 203-869-2503. Bibles, Science and Health with Key to the Scriptures, children's books, and more. Sermons: August 3:

Community

First Church of Round Hill 464 Round Hill Rd; 203-629-3876 www.firstchurchofround hill.com

In-person worship: Sundays, 10am. Services will not be held on Sundays in Iuly or August other than those listed. Regular fall worship will resume on Sept. 7. Sunday, August 3: 8th Sunday after Pentecost, 10am.

Round Hill Community Church 395 Round Hill Rd; 203-869-1091 www.roundhillcommunitychurch.org

Weekly Sunday Worship services in the Sanctuary at 10am or online at roundhillcommunitychurch.org anytime. Children's Worship (grades K-5) meets during the 10 am service. Please call the Church Office or visit the website for the most up-to-date information, events, and schedules. Tools for Aging Well, 2nd Wednesday of the Month, 11am-12pm, Sanctuary. Round Hill Art & Craft Studio: Mondays, 1-4pm.

Congregational

The First Congregational Church 108 Sound Beach Ave; 203-637-1791 www.fccog.org

Worship: In-Person & Virtual: Sundays, 10am. Live-streaming on YouTube and Facebook, and broadcast on WGCH (1490 AM). Connect during the week: Friday: Friday Email Blast (sign up by calling the church office); Church school before worship most Sundays, 9am for preschoolers through grade 6. Online programming available via Zoom. A joyful community diverse in spiritual backgrounds and beliefs. Summer Beach Services: June 15 through Aug. 17, 8-9am, Greenwich Point Park (No passes are necessary. Simply tell the gatekeeper you're attending First Congregational's service. Park in the first parking lot on the right. Bring your own beach chairs. All dates are: Aug. 3, 10, 17). Women's Fellowship Summer Socials at Greenwich Point -Sue Baker Pavilion - 4th Mondays of July and August, 5:30pm.

North Greenwich Congregational 606 Riversville Rd; 203-869-7763 (Instagram photos and videos @ north_greenwich_church)

Worship Service: Sun, 10:30am, in per-

Second Congregational Church 139 E Putnam Ave; 203-869-9311 www.2cc.org

Sunday worship in our air-conditioned Chapel at 9:30am. Children's Chapel during worship. Children's Chapel during worship. Follow us on Facebook & Instagram: @2CCGreenwich. 2CC Night Out: Wednesday, Aug. 13 - Join us at Roger Sherman Baldwin Park to enjoy the band Chasing Romeo at 7pm.

Episcopal

Anglican Church of the Advent 606 Riversville Rd; 203-861-2432 facebook.com/greenwichanglican Service: Sun, 9am, Holy Eucharist. Sun-

day School during academic year.

Christ Church Greenwich 254 E. Putnam Ave; 203-869-6600 www.christchurchgreenwich.org

Holy Eucharist: Sundays, 8am, In-person only, Chapel. Messy Church Eucharist: every Sun, 8:45am, In-person only, Parish Hall. Holy Eucharist: 10am, In-person or livestream, Main Sanctuary, Children's Chapel during the service. Choral Evensong or Sung Compline: In-person or livestream, 5pm. Wednesdays: Preach and Teach Eucharist (new time for this midweek service), 12:15pm, In-person only Chapel. Thursdays: Choral Evensong, 6:30pm, In-person or livestream, Main Sanctuary. The Disciples of Christ in Community:

Tuesdays, Sept. 17 - Nov. 19, 7-8:30pm. Praying in the Garden: Sunday, Aug. 3 & 17, 5pm. Volunteer Opportunity volunteer to provide part of a meal for residents at the Inspirica Women's Emergency Shelter in Stamford: Wednesday, Aug. 6, Drop off 4 cooked chickens and/or mashed potatoes for 15 at the Christ Church Parish Office; Please sign up here to drop off food with Deacon Susie in the Parish Office between 3-4pm on the date you choose. Sung Compline Sundays, Aug. 10, 17 & Sept. 7, 5pm. Summer BBQ at Pacific House: Friday, Aug. 13, 4:30-6pm, 597 Pacific Street, Stamford.

St. Barnabas Episcopal Church 954 Lake Ave.; 203-661-5526 www.stbarnabasgreenwich.org

Holy Eucharist: Sundays at 10AM (in person and livestreamed). Our exciting Sunday School programs for kids and youth take place during the 10am service: Children's Church for kids 4-8 years old, and YC (Youth Church) for those 9+. Children are also welcome in church for both services, and childcare is provided all morning in our nursery. Sundays also feature joyful preaching by our clergy, Father Justin and Rev. Phoebe, and beautiful music by our director of music, Marnus Greyling, and the St. Barnabas Choir. Come experience the joy of the God of Jesus Christ. Visit us in person, on our website, and on social media (Instagram: @st.barnabasgreenwich). Small church feel - Big church

St. Paul's Episcopal Church 200 Riverside Ave.; 203-637-2447 www.stpaulsriverside.org

Worship: Sundays, 10:15am (in person and streaming). Coffee hour immediately following worship service in Selleck Hall. Sunday School (including frolic Fatih class for toddlers 2+) in the Children's Chapel downstairs - dropoff starts at 10am. Ongoing: Neighbor-to-Neighbor food drive box by office door. Pick-up is every Thursday

St. Saviour's Episcopal Church 350 Sound Beach Ave; 203-637-2262 www.saintsaviours.org

In-person Service: Sundays, 10am.

<u>Iewish</u>

Chabad Lubavitch of Greenwich 75 Mason St.; 203-629-9059 www.chabadgreenwich.org

Please visit our website for details on Shabbat services, classes, programs and more. Judaism 101 for Moms: Thursdays, 9:20am. Kabbala & Challah: Thursdays, 9:15am, \$20 p/class. Friday Night Live: June through August, 6:30pm.

Congregation Shir Ami One W. Putnam Ave; 203-274-5376 www.congregationshirami.org

All services, programs and celebrations are available online via Zoom. Kabbalat Shabbat: Fridays, 7-9pm, First Presbyterian Church. Soul Spa - Meet the Midrash: Saturdays, 10am, through Aug.

Greenwich Reform Synagogue 92 Orchard St.; 203-629-0018 www.grs.org

Join Rabbi Gerson and Cantor Rubin every Friday, 6pm for Shabbat Services, and once a month for Tot Shabbat, 5:30pm. All in person services are also live streamed on Zoom. Red Cross Blood Drive: Monday, August 4, 1:30-6:30pm.

Temple Sholom 300 E. Putnam Ave.; 203-869-7191 www.templesholom.com

Services - In-person and virtual Friday night Shabbat services, 6:30pm & Saturday morning Shabbat services, 10:30am. Erev Tisha B'Av Service: Saturday, August 2, 8:30pm. Shabbat Study (In-person): Saturdays, August 2, 9 & 16, 9:30-10:15am. Summer BBQ for Adults: Tuesday, August 5, 7pm. Game Night: Mah Jongg & Canasta: Monday, August 11, 7-9:15pm.

St. Paul Lutheran Church 286 Delavan Ave.; 203-531-8466 www.firstpaul.com

Sunday Divine Service: 9am. Sunday Bible Study: 10:30am. Wednesday Dinner: 5:30pm. Wednesday Bible Study:

Methodist

Diamond Hill United Methodist 521 E. Putnam Ave.; 203-869-2395 www.diamondhillumc.com

In-person & Online Worship Service every Sunday, 10am, followed by a time of Fellowship. Wednesday Noonday Prayer & Wednesday Evening Bible Study. (Details at diamondhill.com).

First United Methodist Church 59 E. Putnam Ave.; 203-629-9584 www.fumcgreenwich.com

Virtual Sunday Worship: 10am. Sunday School - Lunch and Learning Bible: 12pm. Sunday Korean School: 1-4pm, Education Building.

Bethel African Methodist Episcopal 42 Lake Ave.; 203-661-3099

Worship via teleconference: Sun, 11am and until further notice (Dial-in number: 425-436-6380, Access code: 612220).

Nondenominational

Dingletown Community Church 376 Stanwich Rd., at Barnstable Lane

Sunday Service: 10:30am. Philip Antinone – Chaplain.

Stanwich Church 202 Taconic Rd.; 203-661-4420 www.stanwichchurch.org

Sunday Morning Worship Service: 9am & 10:45am. Kids Ministry for grades 5 and under, and Student Ministry for grades 6 & above, are offered. Live stream and recorded media are available at stanwichchurch.org. We'd love to meet you here!

Center for Spiritual Development. **NSAC** 293 Sound Beach Ave; 203-637-4615

www.Center4SpiritualDev.org Sunday Service (hybrid: in-person & virtually on zoom): 7pm. Virtual Children's Lyceum (ages 5-14): 3rd Sunday of the month, 10-10:40am. Healing Service: 3rd Thursday of the month, 7-7:30pm. (Email Albertsonpcc@gmail.

4pm, free admission. **Trinity Church** 5 River Rd.; 203-618-0808 www.trinitychurch.life

com for registration and Zoom Links).

Psychic Fair: Saturday, Aug. 9, 11am-

Service: Sundays, 10am, Trinity Greenwich, Hyatt Regency, 1800 E. Putnam Ave., Old Greenwich & Online. SummerQuest: Sunday, August 3, 10-11:45am.

Presbyterian

First Presbyterian Church 1 W. Putnam Ave.; 203-869-8686 www.fpcg.org

Worship: Sundays, 10am. Red Cross Interfaith Blood Drive: Saturday, August 9, 10am-5:30pm.

Grace Church of Greenwich 89 Maple Ave. 203-861-7555 www.gracechurchgreenwich.com

Worship: Sundays, 8:45am, 10:45am & 4:30pm, Woman's Club of Greenwich, 89 Maple Ave. Bible Studies and Sunday School meet in person. All are welcome. Church Lunch (1st Sun of every month): Sunday, Aug. 3, 12-2pm.

Living Hope Community Church 38 West End Ave; 203-637-3669 www.LivingHopect.org

Worship In-person & online (LivingHopect.org/livestream): Sundays: 10am. Forum for Fathers: Are you a man with or who has kids or family members with ADHD? We meet Sundays at 9am at the church to pray, seek God, and encourage each other. Contact Todd.klair@gmail.com for more

VISIT ONE OF OUR BRANCHES FOR MORE INFORMATION

Westchester 500 Westchester Ave. Port Chester, NY Tel 914.908.5444

Greenwich 444 East Putnam Ave. Cos Cob, CT Tel 203.629.8400

Commercial & Residential Lending | Greenwichfirst.com | NMLS# 510513 FDIC

Stamford 900 Summer St. Stamford, CT Tel 203.413.6101



THE FIRST BANK OF GREENWI

*Annual Percentage Yield (APY), Required minimum deposit of \$25,000,00 of funds not on deposit with The First Bank of Greenwich, a Platinum Checking account must be linked to this promotional account with a \$2,500,00 minimum average balance or direct deposit of a paycheck, pension, or other government benefit in order to earn the promotional APY and avoid a \$5 monthly service charge. The Platinum Savings account will earn 3.14% APY if no Platinum Checking account is linked. If the Platinum Savings balance falls below \$25,000.00 the account will earn .05% APY and incur a \$5.00 monthly Service Fee. Interest is compounded and credited monthly. Promotional APY is effective the date of this publication and subject to change. Fees could reduce earnings.

Neighbor to Neighbor Launching Children's Clothing Pilot

By Devi Bridgemohan

Neighbor to Neighbor (NTN) is returning to the distribution of gently used clothing launching a pilot initiative providing seasonal clothing for children starting Monday, August 4th, 2025. Donations of clean children's clothing sizes 0-16 are now being accepted, with the exception of socks and footwear.

The pilot is designed to support local families by offering children's clothing to clients during their regularly scheduled Essentials organization's recently updated clothing back as we honor our or soil clothing is not appropriate Administrative Coordinator, Jean Neighbor to Neighbor.

to individuals and families in need. However, this service was paused return of this service via this pilot aims to ease the financial burden on families while ensuring that services in a way that directly children have access to clean, well- benefits children and families in fitting clothes year-round.

to visit the Clothing Room once increasing access and client per month to select seasonal attire choice. The pilot also reflects for their children. Historically, direct feedback from clients, who NTN provided gently used clothing voiced a need for more flexible and personalized clothing support. By integrating these insights, NTN during the COVID-19 pandemic to aims to provide a more impactful prioritize health and safety. The experience for the individuals and families they serve.

"We're excited to expand our our community," said K. Brent This initiative aligns with the Hill, Executive Director. "Bringing

appointments. Clients will be able strategic plan, which emphasizes 50th Anniversary of service to donate. seems fitting. This pilot will provide another layer of resources to the community and will guide potential growth of an overall clothing program".

donations on Wednesdays, with sorting and organizing essentials in an atmosphere of Thursdays, and Saturdays as donated items in preparation for part of this pilot during normal operating hours. Community members are encouraged to and donors to join in supporting donate new or clean gently used this pilot. For more information seasonal children's clothing for on how to donate, volunteer, or youth sizes 0-16. Ripped, damaged access services, please email Marketing & PR Coordinator of

Don't we want to live in a world rooted not in retribution

but in restoration? Not in punishment but in the patient

NTN is looking for volunteers to support the children's clothing pilot. Shifts are currently Wednesdays and Fridays from strengthens the Greenwich 9:00 AM to 12:00 PM. Each shift community by providing access to NTN will accept clothing includes volunteers who assist client distribution.

NTN welcomes volunteers

Davis-French, at jdavis-french@ ntngreenwich.org or by calling 203-622-9208 ext. 111.

"Neighbor to Neighbor nutritious food, clothing, and other kindness and respect."

Monday-Friday: 8:00 AM - 1:00 PM Wednesday & Thursday: 3:30 PM -

6:30 PM Saturday: 8:30 a.m. - 12:30 p.m.

Devi Bridgemohan is the

COLUMN

The Golden Rule & The Message That Deserves to Go Viral



BY RABBI MITCHELL HURVITZ

"news" story that unfolded on July 17th. At a Coldplay concert, a tech CEO was captured on the Jumbotron in what appeared to stumble? be an intimate moment with an media, accumulating millions of views and transforming a private moment into global entertainment.

I read this story with profound sadness, disturbed not so much by the alleged transgression itself, but by the worldwide public shaming that followed. Who among us would want our most vulnerable moments broadcast for universal judgment?

Even if infidelity occurred, do we genuinely want to inhabit a world where everyone's mistakes become permanent digital scarlet letters? Should we celebrate and mock personal failures until they

become defining, inescapable narratives?

I watched that video and saw two people rendered visible to the world precisely because they sought to hide. There exists an ultimate

Divine camera that sees all, but Most of us witnessed the it never broadcasts for public consumption, and this raises a fundamental question: How does God want us to treat those who The answer may lie in the

employee, not his spouse. The profound wisdom of the Bambeba video exploded across social tribe of South Africa. When someone in their community causes non-violent harm or acts unjustly, they don't convene trials or impose punishments. Instead, something remarkable

happens. The person stands alone at the village center while community members form a circle around them. One by one, each villager addresses the individual, not to catalog their failures or condemn their actions, but to speak of their goodness and recount their past kindness.

A neighbor might recall assistance offered during a harvest season. Another might remember

work of helping each person remember who they're capable of being at their best? gentle care provided to an elderly not have them do unto you."

a frightening event. its voice and every act of love is remembered. When the final story concludes, the circle dissolves into celebration. The community welcomes the member home with their full humanity witnessed and

relative. A child might share how

The Bambeba understand what our digital age has forgotten: we cannot become prisoners of our own mistakes, nor should we seek to imprison others in theirs. Every human being errs, and under harsh scrutiny, we all invite judgment from those around us.

The Sage, Hillel, taught: "Do not do unto others as you would Hillel's Jewish articulation

this person comforted them during of the Golden Rule is what all great religions prescribe: we and the healer within the same Each memory is offered are all called upon to offer the person. like a candle in the darkness, compassion we would desperately ensuring every good deed finds need in moments of failure. We all for harm doesn't erase our capacity should extend our hand to those for goodness, but they coexist as who stumble because we know part of our complex humanity. how easily we, too, might fall.

> The Bambeba ceremony offers us the correct model. Our words and actions can become lifelines for someone drowning in shame, or they can be the heavy stones that ensure they sink.

> Each person needs reminding coexist in every human heart, we can choose to acknowledge the good and, when possible, forgive the bad.

> teaches us that forgiveness isn't

about forgetting harm or excusing wrongdoing. Instead, it's about acknowledging both the wound

We recognize that our capacity

Don't we want to live in a world rooted not in retribution but in restoration? Not in punishment but in the patient work of helping each person remember who they're capable of being at their

That's the message that that while shadow and light deserves to go viral. That's the story everyone needs to watch and embrace.

In our hyper-connected world, we possess unprecedented power Living by the Golden Rule to shame or to heal, to condemn or

May we choose wisely and recognize in every interaction, even in our responses to others' failures, that the divine spark can enable us to reflect, understand, and forgive.

We are all created B'tzelem Elohim, in the image of God, carrying within ourselves both the capacity to wound and the power to heal.

we'll encounter human frailty of our own or of others, but how we'll respond when we do.

The question isn't whether

The Bambeba circle awaits, and the choice is ours.

Shabbat Shalom.

Temple Sholom's Senior Rabbi Mitchell M. Hurvitz is a scholar, teacher, community activist and preacher, and is recognized as one of the prominent religious leaders in the Greenwich area and beyond. A frequent guest speaker at synagogues and churches, study groups, community institutions and universities, he is a charismatic personality who engages individuals and stimulates hearts and minds. His teachings can be found in Greenwich Sentinel and in other local and national publications.

bituaries



March 7, 1935 - July 14, 2025

Florence Peluso Nardino, a vibrant, creative spirit and beloved mother, grandmother, aunt, and friend, passed away peacefully on July 14, 2025. Born was the daughter of the late Charles and Antoinette Peluso, and the middle of three children. She was preceded in death by her brother, Frank Peluso, and sister, Carol Lefebvre.

A graduate of Greenwich High School, Florence studied at Columbia University and Albertus Magnus College, and later pursued acting and writing at the American Academy of Dramatic Arts, the Neighborhood Playhouse, The New School, and UCLA.

Florence began her career in journalism, writing for the Daily Item and the Greenwich Time. She later worked on The Tonight

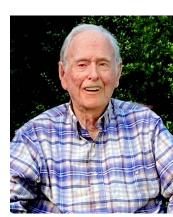
Show and went on to write television scripts for Brothers and Marblehead Manor, both produced by Paramount.

She was married for over 30

years to the late Gary Nardino, a prominent television executive and producer. Together they raised three children and maintained homes in Greenwich, CT, and Beverly Hills, CA. Florence is survived by

her son, Gary Nardino of Los Angeles; her daughter, Teresa Nardino of Henderson; and her grandchildren, Nicholas Neal and Danielle Neal, children of her late daughter, Caroline Neal.

A Mass of Christian Burial in Greenwich, Connecticut, she will be held at 11:00 a.m. on August 9, 2025, at The Church of the Good Shepherd, 504 North Roxbury Drive, Beverly Hills, California.



GERALD HOFFMANN

Gerald Anthony Hoffmann, a beloved husband, father, and grandfather peacefully passed away on June 27, 2025, at the age of 97. Gerald was born on December 11, 1927, in Manhattan, NY to Raymond and Ethel Hoffmann. Gerald was a brother to his identical twin Eugene Hoffmann and his younger sister Roseann Hoffmann.

From a young age, Gerald demonstrated interest in music, singing and athletics. He played the piano, sang in church and school glee clubs, and was an avid tennis and golf player. One of his favorite childhood memories was his time in Haines Falls, NY where his family owned a house in Twilight Park which they lived in every summer. Gerald attended high school at Iona during WW2 and upon graduation immediately enlisted in the United States Navy. He served for seven years in active the rank of Petty Officer First and began his working career as and more. an accountant in NYC.

beautiful woman and turned (Kenneth) Kowalski, and Gary back around and followed her into the dance. This woman was Dolores Diefenbach of Queens, NY who he fell in love with and married in 1958.

Gerald and Dolores moved to New Rochelle, NY, where they raised their children before moving to Greenwich, Connecticut after the birth of their fourth child. Life in Greenwich was never boring, as they kept up with the lives of their four kids and their many friends. Gerald spent most of his working career as a Senior Systems and Business Analyst at Olin Corporation in Stamford, CT. He was an expert on many early computer systems and programming languages of the day. He was also an avid member of Saint Catherine's of Siena Church in Greenwich, CT and was devoted to his faith.

Gerald and Dolores spent duty and in the reserves as an their later years doing the electronics specialist, achieving traveling they had always wanted to do. Some of their Class. He then went on to receive favorite trips together included his Bachelor of Arts in Political their trips to Hawaii, California, Science at Cornell University France, Italy, Turkey, Greece,

Gerald is survived by his While attending a Catholic loving wife, Dolores Hoffmann Youth Organization dance with and his sister, Roseann

(Karyn Kwok) Hoffmann; and his grandchildren Erica (Carleton) Whaley, Steven Hoffmann, and Ruth (Noah Manno) Kowalski. He is predeceased by his daughter Susan Hoffmann and brother Eugene Hoffmann.

Visitation for family and friends was held on Wednesday, July 2 at Gallagher & Son Funeral Home in Greenwich, Connecticut. The funeral was held on Thursday, July 3 for immediate family and relatives, burial followed at Gate of Heaven Cemetery in Hawthorne, NY. In Lieu of flowers, donations

can be made to St. Jude Children's Research Hospital.



SCOTT PARKER

Scott Robert Parker passed out the door, he spotted a (Heidi) Hoffmann, Joanne Chickahominy on February 28,

2025. He was born to Nan Carole Parker on October 18, 1958 in Greenwich, CT.

He won a scholarship to Brunswick School attended college in Florida before serving in the Army in Germany. He worked at Greenwich High School in Tech equipment and married Noreen Parker, originally from Ireland. They had a daughter, Colleen, and lived in Pemberwick.

Scott enjoyed concerts, the sun, and most of all his grandchildren in San Diego.

He is survived by his sister, Allyson Janzen, his daughter, Colleen Howell, and his grandchildren Zoey, Lucas, Teagan, and Caelan and aunts, uncles, and cousins. He would talk on the phone until the sun came up and knew when to

A service for Scott will be held on August 2, 2025 from 1-5 PM at Castiglione's Funeral Home, 544 Old Post Rd. 3 Greenwich, CT, with military

In lieu of flowers, please consider a donation to Walter Reed National Military Medical

The Sentinel does not charge for obituaries. To his brother, as he was walking Hanrahan, his children Brian away peacefully at home in submit an obituary email Caroll@GreenwichSentinel.com

From Rom-Com Queen to Literary Heartbreaker: Emily Henry's Evolution

By Emma Barhydt

"From before my first breath, there were two distinct Margaret Iveses. There was me, and then there was the other one, the one who belonged to the public."

With Great Big Beautiful Life, Emily Henry doesn't pivot – she expands. This novel isn't about reinvention. It's about evolution. Henry, already beloved for her wit, warmth, and whip-smart banter, steps fully into her range as a storyteller here, crafting a novel that's looser in form, deeper in feeling, and undeniably more ambitious than anything she's written before.

Gone are the tidy arcs and comfortingly familiar structures of her earlier romances — not that there's anything wrong with those (God bless a well-executed enemies-to-lovers). But GBBL is after something more expansive. It's part fictional memoir, part emotional excavation, part literary drama, and yes, still a love story — though not always in the way you might expect.

It reads, at times, like a celebrity memoir - think Paris Hilton, Julia Fox, or Britney Spears. That same mix of glitz and trauma, self-

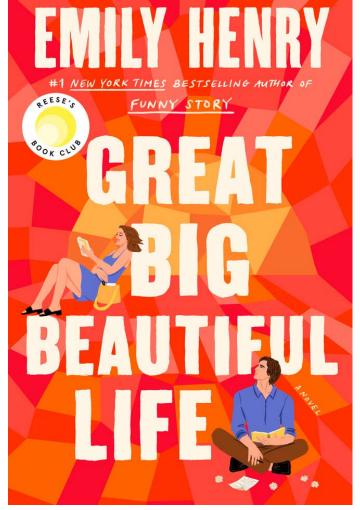
awareness and self-protection. But filtered through Henry's voice, it becomes something literary, layered, and arrestingly personal.

"There's an old saying about stories, and how there are always three versions of them: yours, mine, and the truth."

At the center of it all is Alice, a woman shaped by public perception, family mythology, and her own shifting sense of self. Her voice is magnetic sharp, sad, funny, flawed the kind of narrator who tells you the truth even when she's still figuring it out herself. The narrative unspools like memory: non-linear, confessional, raw in places and poetic in others.

"Love isn't something you can cup in your hands, and I have to believe that means it's something that can't ever be

What emerges is a meditation on grief, fame, inheritance, and womanhood — told with a clarity that's sometimes painful, often beautiful, and always deeply felt. The emotional beats are quieter than in Henry's past work, but no less resonant. She's writing not for plot satisfaction, but for



emotional precision.

I think it's human nature to try "Life is so complicated. And to untangle those complications. conversation and uncomfortable big beautiful life."

worthy pursuit."

The novel's emotional register is nuanced and bittersweet. It doesn't push for loved and resented. The person you were and the one the world trying to write now.

"With writing, you could always add more. More, more, more until you got to the heart of a thing, and after that, you could chip away the excess."

What's most impressive its reader. It's not trying to impress you or wrap anything in bows. It gives you raw, real things - contradictory feelings, complicated family dynamics, murky morality — and invites you to hold them all at once. This is Henry writing with emotional precision and narrative patience.

This is a book about value of art, of self, of connection. It reads like a love letter to unglamorous, gorgeous sprawl those trying to reclaim their own narrative, one awkward

We want everything to make truth at a time. And in the sense. And that's okay. It's a background of all that personal reckoning, there's a slow-burning romantic subplot that absolutely simmers when it wants to.

"I want to be with you. catharsis. Instead, it allows space Nothing else is going to matter for contradiction: the father you to me more than that. Not at the end of my life. Not even now."

The love story here doesn't thought you were. The story you sweep you off your feet. It sits were given, and the one you're down beside you and takes your hand. It builds slowly, built on trust and mutual recognition on showing up, not performing. It's one of Henry's most mature and emotionally satisfying relationships to date.

There's a generosity at the is how much GBBL trusts heart of this novel. It welcomes complexity. It embraces imperfection. It offers no clean answers, only the promise that showing up - broken, complicated, human - is enough.

Is Great Big Beautiful Life Emily Henry's best novel? I think so. It's not about proving anything — it's about embracing everything: the messy, of a life fully lived.

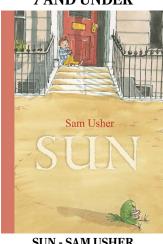
"I welcome her to this great

Plot Twists and Popsicles: Books to Brigh

By Emma Barhydt

Welcome to the Greenwich Sentinels Summer Reading List, carefully curated for readers of all ages to enjoy under the sun. From whimsical adventures for the youngest explorers to introspective narratives for college students and adults, this list promises to transport you into worlds of mystery, magic, and heartfelt connections. Whether you're lounging by the beach or relaxing in your backyard, each book has the power to make your summer days just a little brighter.

7 AND UNDER



SUN - SAM USHER

It's the hottest day of the year, hotter than broccoli soup, hotter than the Atacama Desert, hotter than the surface of the sun. It's just the right kind of day for a boy and his granddad to go for a picnic. But as the sun beats down, Granddad keeps having to stop for a rest, and by the time they find the perfect picnic spot, some pirates have beaten them to it. Good thing they have enough food to share!



THE SECRET GARDEN - FRANCES HODGEN **BURNETTE**

When Mary Lennox comes to live at her uncle's great house on the Yorkshire Moors, she finds it full of secrets. The mansion has nearly one hundred rooms, and her uncle keeps himself locked up. The gardens surrounding the large property are Mary's only escape. Then, Mary discovers a secret garden, surrounded by walls and locked with a missing key. With the help of two unexpected companions, Mary discovers a way in-and becomes determined to bring the garden back to life.



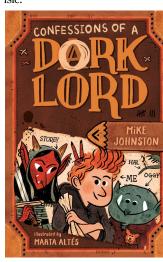
HOW I SPENT MY SUMMER VACATION - MARK TEAGUE Most kids go to camp over the

summer, or to Grandma's house, or maybe they're stuck at home. Not Wallace Bleff. Wallace insists he was carried off by cowboys and taught the ways of the West--from riding buckin' broncos to roping cattle. Lucky for Aunt Fern, he showed up at her house just in time to divert a stampede from her barbecue party! Perfect for back-to-school read-alouds, here's a western fantasy with sparkling illustrations and enough action to knock kids' boots off!



TREASURE ISLAND - ROBERT LOUIS STEVENSON

Treasure Island spins a heady tale of piracy, a mysterious treasure map, and a host of sinister characters charged with diabolical intentions. Seen through the eyes of Jim Hawkins, the cabin boy of the Hispaniola, the action-packed adventure tells of a perilous sea journey across the Spanish Main, a mutiny led by the infamous Long John Silver, and a lethal scramble for buried treasure on an exotic



CONFESSIONS OF A DORK

LORD - MIKE JOHNSTON Meet Wick. He's the son of the Dark Lord, heir to the throne of black and broken glass, and next in line to be the leader of the Grim World. Too bad he's stuck in Remedial Spell Casting (he can barely even cast the fart-revealer spell), he's allergic to fire and brimstone, and the bullies at school insist on calling him Dork Lord. Full of humor, hijinks, and lively illustrations, Confessions of a Dork Lord follows Wick through the pages of his journal as he comes up with a genius plan to defeat his foes, achieve greatness . . . and

survive Middle Ages School.



ECHO MOUNTAIN - LAUREN WOLK

After losing almost everything in the Great Depression, Ellie's family is forced to leave their home in town and start over on Echo Mountain. Ellie has found a welcome freedom in her new life on the mountain. But a terrible accident leaves her father in a coma. Ellie is a girl who takes matters into her own hands, and determined to help her father she will make her way to the top of the mountain in search of the healing secrets of a woman known only as "the hag." But the hag, and the mountain, still have many untold stories left to reveal.



THE SUMMER I TURNED PRETTY - JENNY HAN

Belly measures her life in summers. Everything good, everything magical happens between the months of June and August. Winters are simply a time to count the weeks until the next summer, a place away from the beach house, away from Susannah, and most importantly, away from Jeremiah and Conrad. They are the boys that Belly has known since her very first summer—they have been her brother figures, her crushes, and everything in between. But one summer, one wonderful and terrible summer, the more everything changes, the more it all ends up just the way it should have been all along.



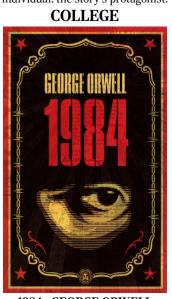
WE WERE LIARS - E. LOCKHART A beautiful and distinguished

family. A private island. A brilliant, damaged girl; a passionate, political boy. A group of four friends—the Liars—whose friendship turns destructive. A revolution. An accident. A secret. Lies upon lies. True love. The truth. Read it. And if anyone asks you how it ends, just



BRAVE NEW WORLD -

ALDOUS HUXLEY Largely set in a futuristic World State, inhabited by genetically modified citizens and an intelligence-based social hierarchy, the novel anticipates huge scientific advancements in reproductive technology, sleep-learning, psychological manipulation and classical conditioning that are combined to make a dystopian society which is challenged by only a single individual: the story's protagonist.



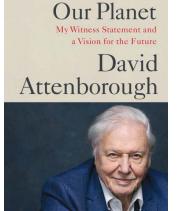
1984 - GEORGE ORWELL

George Orwell's 1984 is a chilling tale of rebellion and oppression set in a world where truth is manipulated, freedom is restricted, and Big Brother's surveillance reigns. The story follows Winston Smith, who dares to pursue forbidden love in a society controlled by war, lies, and a totalitarian regime that dominates not only actions but thoughts and memories. A prophetic novel, 1984 exposes the destruction of individuality and truth, making it a haunting, timeless exploration of political power and personal autonomy.



THIS SUMMER WILL BE **DIFFERENT - CARLEY FORTUNE**

Lucy, a regular tourist to Prince Edward Island, returns each year island," thinks the grandmother, to escape her busy life, always with the goal of avoiding Felix, her best friend's younger brother, despite their undeniable chemistry. But when her best friend, Bridget, flees her wedding plans and Lucy rushes to her side, she finds herself drawn to Felix once again, who is now showing a more serious side. As old promises are broken and feelings grow deeper, Lucy must navigate the tension between desire and loyalty, wondering if she can resist the one man she's never been able to.

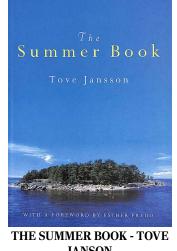


A Life on

A LIFE ON OUR PLANET: MY WITNESS STATEMENT AND A VISION FOR THE FUTURE -DAVID ATTENBOROUGH

David Attenborough reflects on his 94 years of witnessing the gradual decline of the planet's biodiversity and wild places, a phenomenon often unnoticed in daily life. This book serves as both a memoir and a powerful call to action, outlining how humanity has contributed to this environmental crisis and offering hope for the future. Attenborough emphasizes the urgent need to restore the world and create a sustainable future, highlighting movements, research, and policies already underway to address these challenges. His message is both a warning and a gift to humanity, urging readers to act now before

GROWN UPS



JANSON The Summer Book distills the essence of the summer into twenty-two crystalline vignettes. This brief novel tells the story of Sophia, a six-year-old girl awakening to existence, and Sophia's grandmother, nearing the end of hers, as they spend the summer on a tiny unspoiled island in the Gulf of Finland. The grandmother is unsentimental and wise, if a little cranky; Sophia is impetuous and volatile. Together community.

they discuss things that matter to young and old alike: life, death, the nature of God and of love. "On an "everything is complete."



FUNNY STORY - EMILY HENRY

Daphne's life is upended when her fiancé leaves her for his best friend, Petra. Stranded in Waning Bay, Michigan, with a barelypaying dream job, she moves in with Petra's chaotic ex, Miles. Though the two couldn't be more different, they form a friendship fueled by heartbreak and a plan to post fake summer adventures for their friends. But as their connection deepens, Daphne starts to wonder if she's falling for her exfiancé's new fiancée's ex. Funny Story is a heartwarming tale of unexpected connections, personal growth, and the complexities of modern relationships.



THE COUNTRY OF POINTED FIRS AND OTHER STORIES -**SARAH ORNE JEWITT**

A female writer comes one summer to Dunnet Landing, a Maine seacoast town, where she follows the lonely inhabitants of once-prosperous coastal communities. Here, lives are molded by the long Maine winters, rock-filled fields and strong resourceful women. Throughout Sarah Orne Jewett's novel and stories, these quiet tales of a simpler American life capture the inspirational in the everyday: the importance of honest friendships, the value of family, and the gift of



Eric Glover and Dr. Jason Jackson discussed the evolving relationship between humans and machines.

OpenAI, backed by Microsoft and Amazon AWS, had a competitive edge. Addressing user interface concerns, Glover shared Microsoft's vision of a Copilot AI replacing complex applications with voice commands. Dr. Jackson added that small language models (SLMs), focused on specific contexts or subject matter, could reduce "hallucinations." The speakers hoped AI would eventually autoselect the best model for a user's specific query.

The talk can be viewed by going to the RMA website at https:// greenwichrma.org, and clicking on "Speakers."

The RMA's upcoming presentation, "Is Cryptocurrency Here to Stay: Controversies and Consequences" by David Yermack, is scheduled for 11 AM on Wednesday, August 6, 2025. RMA presentations are held at Christ Church Greenwich, Parish Hall, 254 E. Putnam Avenue, Greenwich,

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Trust is the primary bottleneck in humanmachine interaction, especially with AI.

BY MIKE TEBAY

At the July 23rd meeting of the Retired Men's Association, Troy Johnson, the RMA's publicity Chair, announced that the topic for the day's presentation was "Human-Machine Interaction: Leadership, Technology, and the Future." The speakers were Eric Glover and Dr. Jason Jackson, both affiliated with the US Air Force Institute of Technology, known as AFIT. They are both renowned experts in data science, analytics, and leadership. In this presentation they did NOT represent AFIT or the US government – but were appearing as private citizens.

Eric Glover is a former Marine, Naval Officer, and business leader, with decades of experience in organizational strategy and technology-driven change. Dr. Jason Jackson is a former military aviator and university professor, recognized for his research on leadership and information overload in highstress environments. Glover and Jackson have dedicated their careers to advancing leadership and decision-making in the age of they share is not just for generals and C-Suite executives but is informative to all-for everyday applications in life.

Dr. Jackson began by noting that he and Glover host "The Wild Card," a monthly TV show they co-created to use technology to accelerate education for Air Force and Space Force data analysts and scientists.

Dr. Jackson went on to note that human-machine interaction is not a new issue. In fact, he traced it back 700 years to intricate clocks

around 1324, which included the future of technology, with Dr. and augmentation as a tool to help

expertise was information overload, which he clarified is also not new, citing the Gutenberg printing press. He noted that today's not atypical two-inch-thick Sunday newspaper contained more information than someone 500 years earlier would have seen in their entire life. But people even then experienced information overload. Some attempted to create encyclopedias to contain all human

He referenced Alvin Toffler, who wrote the book "Future Shock" in 1970. Toffler coined the term "information overload," artificial intelligence and machine and linked it to stress akin to the learning. The future, they said, isn't PTSD experienced by soldiers just about faster technology, but returning from Vietnam. Dr. about more effective collaboration Jackson's research identified 16 with machines. The knowledge coping mechanisms for information overload, and commented that leaders from diverse organizations - charities, business, the military, and government - all used these same coping mechanisms. The most powerful were prioritization (categorizing and filtering information) and taking positive control (akin to business controls). He also mentioned tacit knowledge (a combination of experiential knowledge and academic book knowledge) as vital for first responders.

The discussion then moved to

special elements such as the Jackson explaining that Moore's phases of the moon, and which Law (which says that every 18 to had a major impact on the ability 24 months computer power and to schedule people's daily life. the number of transistors on a chip He noted its evolution through would double) is reaching its limits, transportation, communication, the as transistors approach the size invention of the radio, television, of a single atom, paving the way wi-fi, cellphones, the modern for quantum computing. Glover internet, smart phones, and even explained that quantum computing, the space race, always balancing utilizing qubits for parallel automation to replace humans processing, is now available from companies like IBM and Intel. He projected that a 100-qubit quantum A core subject of Dr. Jackson's computer, soon to be realized, could solve in hours or days complex problems which would take today's fastest supercomputers a million years. However, he forecast that quantum computers would not replace traditional computers, but would work hand in hand with them to solve complex problems.

Glover stressed the significant electrical power demands of data centers, an average one requiring 10 megawatts - that is as much energy in one hour as that of an average American household in a full year, making it a critical suggested compact nuclear reactors

as a potential solution. is more literature in business on (no public accountability or topic, because business cannot provide his expert perspective on operate without trust. He went on to identify trust as the primary bottleneck in human-machine interaction, especially with AI. Can a business leader trust the information that he is receiving the system is highly exploratory? Both speakers advocated for AI as an augmentation tool - a "thought partner" or "accelerator" to speed up human decision-making and project timelines - rather than a replacement for human decision

making. Practical advice included

On the competitive landscape, Dr. Jackson mentioned that companies like OpenAI and xAI use different algorithms and data sets, posing risks of bias. He described AI as "statistics on steroids," performing lots of math really fast, but not sentient like humans. Glover differentiated current narrow AI (e.g. a model like ChatGPT4 was trained in 2023 and is static) from future Artificial General Intelligence (AGI), which will constantly evolve. He believed

CT 06830.

Dr. David Yermack will explain the latest developments in the rapidly expanding field of cryptocurrencies. In a January 2022 talk to the RMA, Dr. Yermack explained the concept of decentralized digital currencies. Bitcoin, blockchain, tokens and other terms have entered the lexicon but are still not fully understood by most people. Since then, many new forms of cryptocurrency (such as the "stablecoin") have been introduced and appear to be spreading, without regulation, mostly in commercial settings but with overtures for introduction at government level.

Among the many controversies and issues are crime and illicit use (money laundering, scams, frauds), regulatory and legal challenges, weak oversight, risks to consumers and investors (not backed by governments or central banks), privacy and security concerns (hacking, "boardroom problem." Dr. Jackson theft of personal information), environmental impact (huge energy requirements), and Dr. Jackson noted that there political and ethical issues trust than on almost any other governance). Dr. Yermack will these challenges and the potential for cryptocurrency to enter the mainstream.

David Yermack is the Albert Fingerhut Professor of Finance and Business Transformation from AI, especially when, like today, and former Chairman of the Finance Department at New York University's Stern School of Business. He has been a member of the faculty since 1994, teaching a full semester course on cryptocurrency with his Law School colleague Prof. Geoffrey Miller. Professor Yermack holds AB, MBA, JD, AM and PhD degrees, all from Harvard. In addition to his research on cryptocurrencies, he has published widely cited papers on such diverse topics as executive compensation and corporate governance, options in baseball player contracts, incentive compensation for clergymen, tobacco litigation, fraudulent charitable contributions, CEO mansions, and the fashion industry. He is a frequent speaker on

> To stream the presentation by David Yermack at 11 AM on Wednesday, August 6, click on https://bit.ly/30IBj21. This presentation will also be available on local public access TV channels, Verizon FIOS channel 24 and Optimum (Cablevision) channel 79.

> Note: The views expressed in these presentations are those of the speakers. They are not intended to represent the views of the RMA or its members.

> RMA speaker presentations service at no cost to in-person or Zoom attendees, regardless of gender. Any member of the public who would like to receive a weekly email announcement of future speakers should send a request to members@greenwichrma.org. The RMA urges all eligible individuals to consider becoming a member of our great organization, and thereby enjoy all the available fellowship, volunteer, and community service opportunities which the RMA offers to its members. For further information, go to https:// greenwichrma.org/, or contact info@greenwichrma.org.





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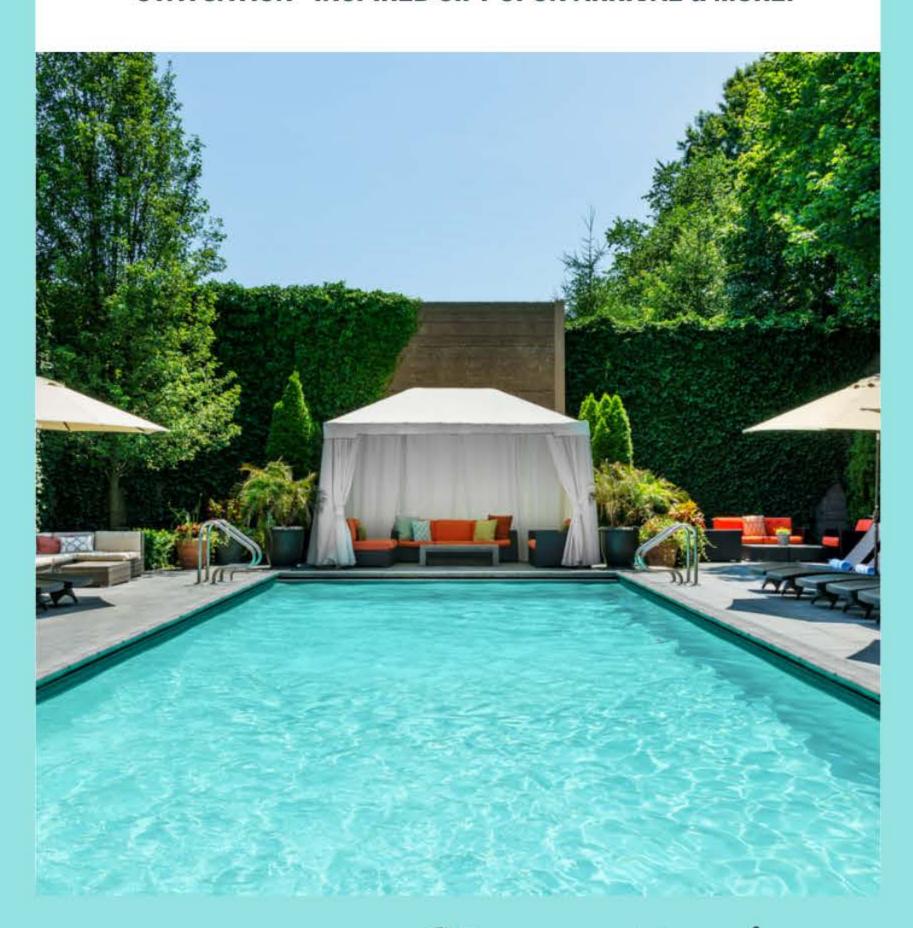
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"How America Recovers" David Brooks In-person

NYTimes Columnist
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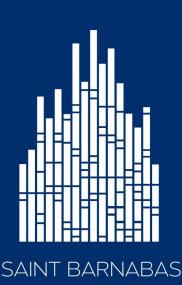
Wed., Oct. 29 6:30 pm

Tickets: \$20 Scan or go online



David Brooks is
a columnist for
The New York Times
and a contributor to
The Atlantic. He is
a commentator on
"The PBS Newshour."
and his books are all
#1 New York Times
Bestsellers

Wine & Cheese Reception to follow



EPISCOPAL CHURCH

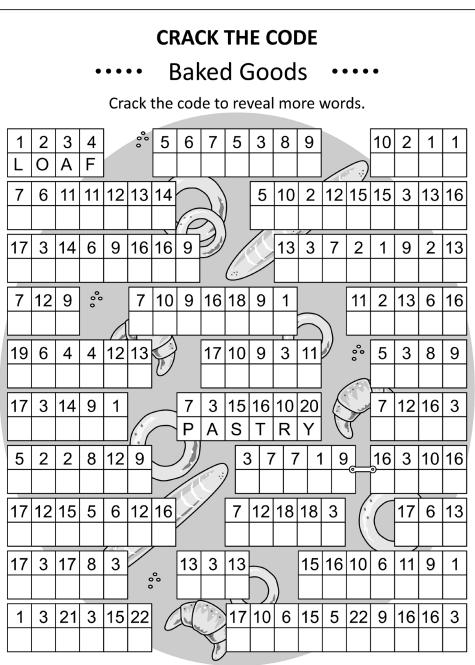
Courage & Faith Speaker Series

Tickets online: \$20 christchurchgreenwich.org



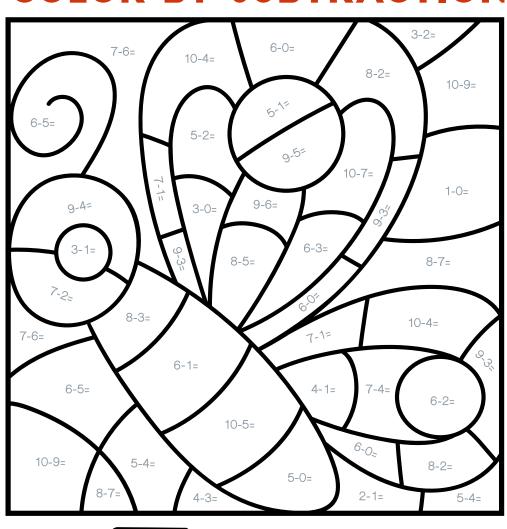
Event location: 254 East Putnam Ave. Greenwich, CT





19=M, 20=Y, 21=H, 22=H. **VARMEK:** J=L, Z=O, 3=A, 4=F, S=C, 6=U, 7=P, 8=K, 9=E, 10=R, 11=D, 12=I, 13=N, 14=G, 15=S, 16=T, 17=B, 18=Z,

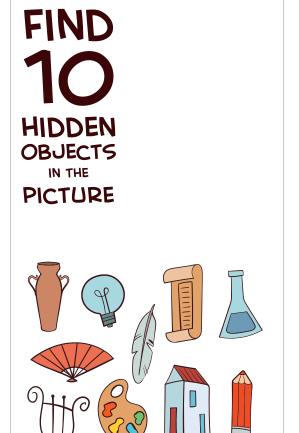
COLOR BY SUBTRACTION



BLACK = 2

YELLOW = 4

= 3 **GREEN BROWN** = 5







7:30 p.m.

Off-Beat Players presents "Pippin." Greenwich Country Day School - Kerrick Performing Arts Center, 401 Old Church Rd. offbeatplayers.org

SATURDAY, AUG. 2

9 a.m.

Greenwich Tree Conservancy: Fit in the Forest at Babcock Preserve (vigorous walk). Wear suitable footwear and come dressed for the weather. Free. Registration is required. greenwichtreeconservancy.org

10 a.m.

Greenwich Art Society: Buildings & Cottages Workshop with Greta Corens. 299 Greenwich Avenue. Register. greenwichartsociety.org/classes-summer-2025

Pop 'n Play Dance Party. Bright Horizons at Greenwich, 75 Holly Hill Lane. 203-413-1800. child-care-preschool. brighthorizons.com/ct/greenwich/ greenwich

Family Centers Health Care hosts Community Health Fair. 55 Holly Hill Lane, Greenwich. Free. facebook.com/ events/753737080377980

7:30 p.m.

Off-Beat Players presents "Pippin." Greenwich Country Day School - Kerrick Performing Arts Center, 401 Old Church Rd. offbeatplayers.org

SUNDAY, AUG. 3

10 a.m.

Dixieland Jazz Band Concert on the Sound - Island Beach/Ferry (Departs Dock: 4pm, returns: 6pm). Park Pass and Ferry Fees Apply. Rain date: Sunday, Aug. 10. For weather postponement/cancellation information, call 203-861-6100 (after 4pm). greenwichct. gov/2084/Summer-Concerts

2 p.m.

Fred Elser First Sunday Science: Ethics and Economics of Human Survival. Innis Arden Cottage, Tod's Point. Free (No beach pass is required if you are attending this event). brucemuseum.org

Bruce Experiences: Graffiti talk and discussion with SAL-161 and COCO 144. Bruce Museum. Members, Free; Non-members, \$20. brucemuseum.org

MONDAY, AUG. 4

Friends of Mianus River Park: 'Pliking'/ Hiking event. Meet at the bridge on Merribrooke Lane, Stamford. (Bring gloves and a small trash bag). 203-918-2548. friendsofmianusriverpark.org

TUESDAY, AUG. 5

10 a.m.

Perrot Memorial Library: Perrot Walks at Binney Park. Free. 203-637-1066 x15. perrotlibrary.org

10 & 11 a.m.

Bruce Beginnings: Tide Pools (Ages 2 1/2-5). Bruce Museum, 1 Museum Dr. Free with admission. No reservations required. Also held Wednesday, Aug. 6. brucemuseum.org

12 p.m.

Women's Business Development Council (WBDC): Business Concept Clinic (8-part series) Summer 2025 Application. Online. Free. Register. ctwbdc.org/ class-listings

WEDNESDAY, AUG. 6

11 a.m.

Retired Men's Association of Greenwich: David Yermack, Professor, NYU Stern School of Business, "Is Cryptocurrency Here to Stay: Controversies and Consequences." Christ Church Greenwich, 254 East Putnam Ave. Free & open to all. greenwichrma.org

7 p.m.

Environmental Book Group Discussion: "The Light Eaters," by Zoe Schlanger. Perrot Memorial Library, 90 Sound Beach Ave. Free. Register. 203-637-1066 x15. judys@perrotlibrary.org. perrotlibrary.org

7 p.m.

Wednesday Night Concert Series: Piano Man Meets Rocket Man - Billy Joel & Elton John Tribute. Roger Sherman Baldwin Park. Free. For weather postponement/cancellation information, call 203-861-6100 (after 4pm). greenwichct. gov/2084/Summer-Concerts

8:30 - 10:30 p.m. Astronomical Society of Greenwich: Bowman Observatory Public Nights. Bowman Observatory, on the grounds of the Julian Curtiss School. Free. GreenwichStars@Gmail.com. astrogreenwich.

THURSDAY, AUG. 7 10 a.m.

Open Knitting Drop-In Program. Perrot Memorial Library, 90 Sound Beach Ave. Free. perrotlibrary.org

Read to a Dog - Quincy Edition! Perrot Memorial Library, 90 Sound Beach Ave. Free. Register. All Ages. perrotlibrary.org

6:30 p.m.

Music on the Great Lawn: Michelle Pauker. Greenwich Historical Society, 47 Strickland Rd. Free, Members; \$10, Non-members. greenwichhistory.org/ ghs-events

FRIDAY, AUG. 8

5:30 p.m.

Eco Leadership Corps Presentation. Greenwich Audubon Center. \$6, suggested donation. RSVP. audubon. org/events?view_type=row&location = Green wich %20 Audubon %20Center

SATURDAY, AUG. 9

10:30 a.m.

Self-Defense Class (Teens & Adults). YWCA Greenwich, 259 E. Putnam Ave. Free & open to the community. ywcagreenwich.org/events/ywca-greenwichself-defense-class

SUNDAY, AUG. 10

4 p.m.

Friends of Greenwich Point Summer Concerts: The Tide Band. Tod's Point. In the event of rain, the concert will be indoors at Bosco's Bar + Grill, 148 Sound Beach Ave. Free. friendsofgreenwichpoint.org

MONDAY, AUG. 11

11 a.m.

Women's Business Development Council (WBDC): Polish Your Presence: Managing Your Google Business Page Like a Pro. Online. Free. Register. ctwbdc.org/ class-listings

6:45 p.m.

Family Movie Night: "Wonder." Bendheim Western Greenwich Civic Center - outdoors, 449 Pemberwick Rd. Free. Pre-movie entertainment provided by: Greenwich Parks and Rec. greenwichct. gov/2643/Family-Movie-Night---81125-Wonder

7 p.m.

AuthorsLive: Chef Frankie Celenza Talks EAT with Special Guest George Motz. Marx Family Black Box Theater @ Greenwich Library. greenwichlibrary. libcal.com/event/14706113

TUESDAY, AUG. 12

9:30 a.m.

Perrot Memorial Library: Perrot Walks at Tod's Point. Free. 203-637-1066 x15. perrotlibrary.org

1 p.m.

Greenwich Land Trust: Insect Stream Study. Converse Brook Preserve. Free. Register. gltrust.org/upcoming-events

WEDNESDAY, AUG. 13

Retired Men's Association of Greenwich: Nelson Tebbe, Professor, Cornell Law School. Christ Church Greenwich, 254 East Putnam Ave. Free & open to all. greenwichrma.org

Wednesday Night Concert Series: Chasing Romeo - Pop/Rock. Roger Sherman Baldwin Park. Free. For weather postponement/cancellation information, call 203-861-6100 (after 4pm). greenwichct. gov/2084/Summer-Concerts

THURSDAY, AUG. 14

Open Knitting Drop-In Program. Perrot Memorial Library, 90 Sound Beach Ave. Free. perrotlibrary.org

1 p.m.

Women's Business Development Council (WBDC): Launching Your Business: A Step-By-Step Guide. Online. Free. Register. ctwbdc.org/class-listings

FRIDAY, AUG. 15

9:30 a.m.

Greenwich Newcomers Club: Friday Beach Walk's at Tod's Point. Meet at: Second concession stand near the flagpole. All levels welcome. greenwichnewcomersclub.wildapricot.org

5 p.m.

St. Roch Festival. Church grounds, 10 St. Roch Ave. 203-869-4176. strochchurch.com

SATURDAY, AUG. 16

11 a.m. - 4 p.m. Family Day: Sustainable Summer Fun. Bruce Museum, outdoors. Free Weekend Admission for Youth. brucemuse-

11 a.m. - 11 p.m.

St. Roch Festival. Church grounds, 10 St. Roch Ave. 203-869-4176. strochchurch.com

8:30 p.m.

Perrot Memorial Library: Summer Movie in Binney Park: "Captain America: Brave New World." Free. 203-637-1066 x15. judys@perrotlibrary.org. perrotlibrary.org

MONDAY, AUG. 18

9:30 a.m.

Qigong Class. Perrot Memorial Library, 90 Sound Beach Ave. Free. Register. 203-637-1066 x15. judys@perrotlibrary.org. perrotlibrary.org

TUESDAY, AUG. 19

10 a.m.

Perrot Memorial Library: Perrot Walks at Binney Park. Free. 203-637-1066 x15. perrotlibrary.org

WEDNESDAY, AUG. 20

Wednesday Night Concert Series: Billy and the Showmen - R&B. Roger Sherman Baldwin Park. Free. For weather postponement/cancellation information, call 203-861-6100 (after 4pm). greenwichct.gov/2084/Summer-Con-

8:30 - 10:30 p.m.

Astronomical Society of Greenwich: Bowman Observatory Public Nights. Bowman Observatory, on the grounds of the Julian Curtiss School. Free. GreenwichStars@Gmail.com. astrogreenwich.

org THURSDAY, AUG. 21

9:30 a.m.

Seaside Centering – Gentle Yoga & Stretching. Bruce Museum Seaside Center, Tod's Point. Members, \$20; Non-Members, \$25. All levels/ages are welcome. Bring a yoga mat or towel. No beach pass is required if you are attending this class. brucemuseum.org

Open Knitting Drop-In Program. Perrot Memorial Library, 90 Sound Beach Ave. Free. perrotlibrary.org

10 a.m.

Women's Business Development Council (WBDC): AI for Small Business Owners: Practical Strategies for Success. Online. Free. Register. ctwbdc.org/class-listings

6:30 p.m.

Music on the Great Lawn: Gunsmoke. Greenwich Historical Society, 47 Strickland Rd. Free, Members: \$10, Non-members. greenwichhistory.org/

SATURDAY & SUNDAY, THROUGH MONDAY, SEPT. 1

11 a.m. & 2 p.m.

Skyhunters in Flight. Connecticut's Beardsley Zoo, 1875 Noble Ave., Bridgeport. beardsleyzoo.org

WEDNESDAYS, THROUGH OCT. 29

2:30 - 5:30 p.m. Old Greenwich Farmer's Market. Living

Hope Community Church, 38 West End Avenue, Old Greenwich. Through Oct. 29. oldgreenwichfarmersmarket.com. **SATURDAYS, THROUGH NOV. 22**

9:30 a.m. - 1 p.m.

Greenwich Farmer's Market Opening Day. Horseneck Parking Lot, Arch Street and Horseneck Lane. (Parking is free during market hours). Through Nov. 22. greenwichfarmersmarketct.com.

MONDAY - FRIDAY

3:30 - 6:30 p.m.

Arch Street Homework Heroes - Free after school tutoring (6th-12th grade). Arch Street Teen Center, 100 Arch St. info@ archstreet.org. archstreet.org

TUESDAYS:

10 a.m.

Beginner Bridge with The Perfectly Polite Bridge Group. YMCA members, \$30; nonmembers, \$35. New players welcome. (Register by Monday, 6pm). 203-524-8032. greenwichymca.org

5 - 7 p.m. Lighthouse, a Program of Kids In Crisis: LGBTQ Youth Group Meeting. On Zoom. Free. Open to all LGBTQ Youth & allies. 203-661-1911. lighthouse@ kidsincrisis.org, kidsincrisis.org/get-

help/lighthouse WEDNESDAYS:

11 a.m. - 1 p.m.

Relaxed Duplicate Bridge with The Perfectly Polite Bridge Group. YMCA of Greenwich, 50 East Putnam Ave. Members, \$10: nonmembers, \$12. New players welcome. (Register by Tue). 203-

524-8032. greenwichymca.org

12 - 2 p.m. Waste Free Greenwich's Food Scrap Recycle Program: Drop off scraps at Round Hill Community Church, 395 Round Hill Rd. roundhillcommunitychurch.org/news/composting-at-rhcc

12:15 p.m.

Greenwich Rotary Club Weekly Lunch Meeting. Putnam Cottage, 243 East Putnam Ave. RSVP. 203-832-3654. sheila. goggin@cbmoves.com. greenwichrotary.

org 6 - 7:30 p.m.

Arch Street Teen Center High School Support Group for boys: Stress, Success, and Teenage Setbacks - moderated by Executive Director Kyle Silver. 100 Arch St. Register. Kyle@archstreet.org. archstreet.org

6:30 p.m.

NAMI-CAN (Child and Adolescent Network) Online Support Group - for parents and primary caregivers of children & adolescents, under age 21, with behavioral and emotional issues. Free. namisouthwestct.org/online-support

2nd WEDNESDAY OF THE MONTH:

11 a.m. - 12 p.m.

Aging Well - an informal conversation about different aspects of aging well. Round Hill Community Church, 395 Round Hill Road. Free & open to all. 203-869-1091. roundhillcommunitychurch.org

THURSDAYS: 8 a.m. & 4 p.m.

Tai Chi Basic Moves. First Congrega-

tional Church of Greenwich, 108 Sound Beach Ave. Registration required. Tuition is paid as a donation made directly by the participant to abilis, Neighbor to Neighbor, or the First Congregational Church. experiencetaichi.org 5 - 7 p.m.

8 a.m. - 12 p.m.

Kids In Crisis Lighthouse LGBTQ Youth Group Meeting - open to all LGBTQ youth in middle & high school. Wilton Historical Society, 224 Danbury Rd, Wilton. Free. 203-661-1911. lighthouse@kidsincrisis.org. kidsincrisis.org/ get-help/lighthouse **EVERY FRIDAY & SATURDAY:**

Book Exchange – choose from a huge

Center. Free, or, donate books. (Open

every Fri & Sat. books4everyone.org

selection of books. Holly Hill Recycling

GREENWICH LIBRARIES: greenwichlibrary.org

Friday, Aug. 1

All Day event

Arduino Microcontrollers - All Month

Cos Cob Library Temporary Hours at The Reading Room.

PrintLab: 3D Printing Studio. Innovation Lab. 203-622-7979. innovationlab@ greenwichlibrary.org.

Greenwich Library Early Close (5pm).

Saturday, Aug. 2

9 a.m. - 12 p.m. Cos Cob Library Temporary Hours at The Reading Room.

10 a.m.

lation Room. 203-622-7940. children@ greenwichlibrary.org 10:30 a.m.

Satur-yay! Storytime. Children's Constel-

Hatha Yoga for Adults with Inger. Byram Shubert Library Community Room. 203-531-0426.

Technology Help. Learning Lab. 203-

625-6560. csherman@greenwichlibrary.

11 a.m.

org. Scavenger Hunt Saturday. Children's

Constellation Room. 203-622-7940.

children@greenwichlibrary.org

Meet a Mini Robot Dog. Innovation Lab. 203-622-7979. innovationlab@ greenwichlibrary.org.

2 p.m.

Level Up: Chess for All with Ian. Byram Shubert Library Community Room. 203-531-0426.

Monday, Aug. 4 All Day Event

Continues. 10 a.m. Summer Storytime. Marx Family Black

Adult Summer Reading Challenge

Box Theater. 11:30 a.m.

Battle of the Books Book Club with Ms. Flynn. Byram Shubert Library Conference Room.

11:30 a.m. Blood Pressure Screening. Community Room #5.

Byram Lunch Bunch Book Club: Miss Morgan's Book Brigade by Janet Skeslien

Drone Obstacle Course Challenge: For

Teens. Marx Family Black Box Theater.

Charles.

PrintLab: 3D Printing Studio. Innova-

4 p.m.

Designing Professional Presentations with Canva. Online.

Tuesday, Aug. 5

11 a.m. Storytime with Patty (Birth - Pre-K). Byram Shubert Library Community

12 p.m. Cos Cob Library Temporary Hours at

The Reading Room.

Room.

2 p.m. Drone Obstacle Course Challenge: For Teens. Marx Family Black Box Theater.

Puppet Show with Mr. Rogers: "Little

Leonardo and his Flying Machine." Byram Shubert Library Community Room.

5 p.m. Adult Summer Reading: Game Night.

Wednesday, Aug. 6

Summer Storytime. Marx Family Black

August 1, 2025 | The Sentinel | Page B3

La Leche League of Greenwich/Stamford/Rye. Byram Shubert Library Com-

The Nurse is in: Free Blood Pressure Screening. Byram Shubert Library Con-

Cos Cob Library Temporary Hours at

LaserLab: Design & Create. Innovation

Stories and Music with Darwin and Friends. Byram Shubert Library Com-

4 p.m.

The Dog Man Movie. Berkley Theater.

9:30 a.m.

Adult Summer Reading: Introduction to Mahjong. Marx Family Black Box

Theater.

11 a.m.

11:15 a.m.

12 p.m.

5:30 p.m.

lation Room. 7 p.m. Silver Steel Drum Band-(Outdoors).

Family Game Night. Children's Constel-

Byram Shubert Library Lot.

Book Club will meet temporarily at the Main Library, in the 2nd Floor Meeting Room, during the Cos Cob renovation.

Long. 12 - 4 p.m.

Cos Cob Library Temporary Hours at The Reading Room.

Constellation Room. 203-622-7940. children@greenwichlibrary.or

Greenwich Library Early Close (5pm). Saturday, Aug. 9 9 a.m. - 12 p.m.

Cos Cob Library Temporary Hours at

The Reading Room. 11 a.m.

1 p.m. Cloak and Dagger Book Club. This Book Club will meet temporarily at the Perrot Memoria Library, during the Cos Cob

renovation. 1 p.m.

High Seas Adventure (Grades 7-12). Children's Constellation Room. 203-622-7940. children@greenwichlibrary.

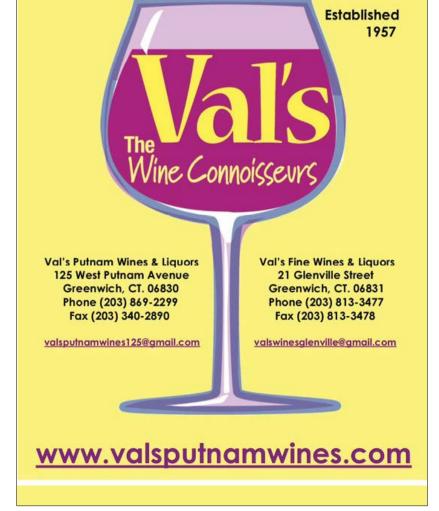
Illuminating Art: Circuits Inspired by

Van Gogh. Innovation Lab. 203-622-

2 p.m.

2 p.m.

Level Up Chess for All with Ian. Byram Shubert Library Community Room. 203-531-0426.



Box Theater.

10 a.m.

munity Room.

ference Room.

The Reading Room.

1 p.m.

4 p.m.

munity Room.

Thursday, Aug. 7

Great Books Discussion. On Zoom.

Tech Help. Learning Lab.

Qi Gong.

Cos Cob Library Temporary Hours at The Reading Room.

Thursday Evening Book Group. This

Arduino Microcontrollers - All Month

Friday, Aug. 8

All Day event

4 p.m. Crafty Kids (Ages 6-9). Children's

Technology Help. Learning Lab. 203-625-6560. csherman@greenwichlibrary.

D&D Game: Terrors of the Deep: A

7979. innovationlab@greenwichlibrary. org.

GREENWICH HOSPITAL: greenwichhospital.org/events 888-305-9253

Tuesday, August 5

6 p.m.

CPR Friends & Family (Infant/ Child). 38 Volunteer Ln. \$65. For discount information call 888-305-9253.

Saturday, August 9

9 a.m.

CPR Friends & Family (Infant/ Child). 38 Volunteer Ln. \$65. For discount information call 888-305-9253.

Tuesday, August 12

Pediatrician 101. Greenwich Hospital. Free.

NEIGHBOR-TO-NEIGHBOR: ntngreenwich.org

Everyday, all day

• 24/7 Food Drive Collection site at North Greenwich Congregational Church, 606 Riversville Road. The weatherproof bin is located outside of the Parish Hall.

• Greenwich Reform Synagogue, 92 Orchard St., Cos Cob.

Tuesdays, 9 - 11 a.m.

Food Drive (drive-thru) at St. Catherine of Siena's parking area across the street from the rectory entrance, 4 Riverside Ave. (Non-perishable foods, personal care products, large sized diapers (5 & 6) and pull-ups, and knit hats (hand knit or store bought). Thursdays, 10 a.m. - 12 p.m.

Food Drive at St. Paul's Episcopal Church parking lot, 200 Riverside

RED CROSS BLOOD DRIVE: redcrossblood.org

Saturday, Aug. 2

7 a.m. - 3:15 p.m.

Jill and John Coyle Blood Donor Center, 99 Indian Field Rd.,

Greenwich. 9 a.m. - 2 p.m.

The Idea Kitchen, 1940 Palmer Ave., Larchmont, NY.

10 a.m. - 2 p.m.

Anthony J. Posillipo Communi-

ty Center, 32 Garibaldi Pl, Rye Brook, NY. Sunday, Aug. 3

7 a.m. - 3 p.m.

Jill and John Coyle Blood Donor Center, 99 Indian Field Rd., Greenwich.

Monday, Aug. 4

11 a.m. - 7 p.m.

Jill and John Coyle Blood Donor Center, 99 Indian Field Rd., Greenwich.

1 - 6:30 p.m.

Greenwich Reform Synagogue, 92 Orchard St, Cos Cob.

Tuesday, Aug. 5

11 a.m. - 7 p.m.

Jill and John Coyle Blood Donor

Center, 99 Indian Field Rd., Greenwich. 12 - 5 p.m.

American Legion Post 347, 1

Locust Ave Flint Park, Larchmont, NY Wednesday, Aug. 6

9 a.m. - 5:15 p.m.

Jill and John Coyle Blood Donor

Center, 99 Indian Field Rd., Greenwich. 8 a.m. - 1 p.m.

Boy's & Girl's Club of Stamford,

347 Stillwater Ave, Stamford.

11:30 a.m. - 3:30 p.m.

Veterans Memorial Bldg., 216 Halstead Ave, Harrison, NY.

Thursday, Aug. 7

7 a.m. - 3 p.m.

Jill and John Coyle Blood Donor Center, 99 Indian Field Rd., Greenwich.

12 - 5 p.m.

American Legion Hall, 40 Bell Rd, Scarsdale, NY.

Friday, Aug. 8

8 a.m. - 1 p.m.

Stamford Church of Christ, 1264 High Ridge Road, Stamford.

Saturday, Aug. 9

7 a.m. - 3:15 p.m.

Jill and John Coyle Blood Donor Center, 99 Indian Field Rd., Greenwich.

8 a.m. - 1 p.m.

New Canaan Community YMCA, 564 South Ave., New Canaan.

Sunday, Aug. 10

7 a.m. - 3 p.m.

Jill and John Coyle Blood Donor Center, 99 Indian Field Rd., Greenwich.

TOWN MEETINGS: greenwichct.gov/calendar

10:30 a.m.

Monday, Aug. 4

Architecture Review Committee (ARC) Sign-Meeting.

Planning and Zoning Commission Briefing.

Tuesday, Aug. 5

4 p.m.

Planning & Zoning Commission Meeting.

Wednesday, Aug. 6

6 p.m.

FS Hamill Rink Task Force Meeting. Mazza Room and Virtual via

Architecture Review Committee (ARC) Regular Meeting.

7 p.m.

PZBA Meeting.

Monday, Aug. 11

3 p.m.

Cancelled: Energy Management Advisory Committee Meeting. Cone Room.

Wednesday, Aug. 13

11 a.m.

FS Operations Planning Committee Meeting. Mazza Room.

6 p.m.

FS Hamill Rink Task Force Meeting. Cone Room and Virtual via Zoom.

7 p.m.

Historic District Commission Regular Meeting. Mazza Room.

Thursday, Aug. 14

10 a.m.

Board of Selectmen Meeting. Town Hall Meeting Room and Virtual via Zoom.

Wednesday, Aug. 20

FS Hamill Rink Task Force Meeting. Hayton Room and Virtual via

7 p.m.

Fair Rent Commission Meeting. Zoom Webinar.

7 p.m.

Planning & Zoning Board of Appeals Meeting.

Friday, Aug. 22 12 p.m.

RTM Call Closes.

SAVE THE DATE:

Monday, Aug. 11

8 a.m. Cos Cob School PTA Golf

Outing. Griffith E. Harris Golf Course. coscobpta.org/packet/271159454

Thursday, Aug. 21

7:30 a.m.

35th Annual Golf Challenge for Barbara's House. The Stanwich Club. barbarashousect.org

Thursday, Sept. 4

5 p.m. Friends of Nathaniel Witherell's "The Music of Memories" Garden Party. Nathaniel Witherell. friendsofnathanielwitherell.org/events

Friday, Sept. 5

6:30 p.m.

Boys & Girls Club of Greenwich Annual Benefit. BGCG Clubhouse. bgcg.org

Saturday, Sept. 6

10 a.m.

& Lifestyle Expo. Harbor Point, Stamford. Free. hwl-expos.om 6 p.m.

Greenwich Point Comedy

Night. Tod's Point. eventbrite.

The 14th Annual Health Wellness

The 6th annual Friends of

com/e/1470002851099 Sunday, Sept. 7

3 p.m. The Annual Lighthouse Tea Dance, a Kids In Crisis program. Foundation House, Greenwich. kicteadance2025.givesmart.com

Monday, Sept. 8

1 p.m.

Connecticut's Beardsley Zoo's 19th Annual Golf Tournament. Brooklawn Country Club, Fairfield. beardsleyzoo.org/golf.html

Friday, Sept. 12

American Red Cross Cocktail Party. Belle Haven Club. redcross. org

Tuesday, Sept. 16 10 a.m.

Breast Cancer Alliance Annual

5:30 p.m.

Golf Outing. Glen Arbor Golf Club. breastcanceralliance.org Thursday, Sept. 18

Celebrating Our Mentors Fundraiser, Indian Harbor Yacht

com/e/1412520158819 Friday, Sept. 19

6 p.m. Greenwich United Way's "Brew Ha-Ha". Cohen Eastern Greenwich Civic Center. e.givesmart.

Club, Greenwich. eventbrite.

com/events/JGz

Sunday, Sept. 21 10 a.m.

'Puttin' on the Dog'. Roger Sherman Baldwin Park, Greenwich. adoptadog.org

6:30 p.m. Abilis Dancing Stars of Greenwich. Tamarack Country Club.

abilis.us Wednesday, Sept. 24

Dogwood Books & Gifts: Hoda Kotbe Book Talk "Jump for Joy". Christ Church Greenwich. christchurchgreenwich.org/dogwoodbooks-gifts

Thursday, Sept. 25

9 a.m.

Stepping Stones Museum for Children's 22nd annual 'Swing Into It!' Golf Tournament. Stanwich Club, Greenwich. steppingstonesmuseum.org

Friday, Sept. 26

6:30 p.m. The Benefit for Greenwich Hospital. Greenwich Country Club. https://e.givesmart.com/events/

Saturday, Sept. 27

YMCA of Greenwich's "Spin-A-Thon - Pedal For A Purpose!" fundraiser. greenwichymca.org/ events/details/113/Spin-A-Thon-

Monday, Sept. 29

Pedal-For-A-PurposeI

9:30 a.m. The 28th Annual Kids Challenge Golf Tournament. Shorehaven Golf Club, Norwalk. kicgolf2025.

givesmart.com Friday, Oct. 3

7 p.m.

Greenwich Library's bi-annual Opening Night Celebration. Berkley Theater. greenwichlibrary. org/support/opening-night

Saturday, Oct. 4

Greenwich High School Class of 1975 50th Reunion. Innis Arden

Golf Club. myevent.com/ghsclassof1975 Sunday, Oct. 5 8 a.m.

ywcagreenwich.org/events/walk-

YWCA Greenwich Walk and 5K Run. Bruce Park/Arch Street.

the-walk Monday, Oct. 6

12:30 p.m. Greenwich United Way's 9th Annual Golf Tournament. Burning Tree Country Club. e.givesmart.

com/events/JHs Thursday, Oct. 9

6 p.m.

The Norwalk Art Space: Arts Bash '25 - Goin' All Out. 455 West Avenue, Norwalk. thenorwalkartspace.org

Sunday, Oct. 12 7 a.m.

The 20th Annual Walk/Run for Abilis. Tod's Point. abilis.us/

walkrun

Saturday, Oct. 18 6 p.m. The Special Education Legal Fund's (S.E.L.F.) "Homecoming

2025" fundraising gala. Boys &

Girls Club of Greenwich. bit.ly/

Connecticut Institute for Ref-

ugees and Immigrants' (CIRI)

SELFHomecoming2025 Sunday, Oct. 19

Soirée. Black Rock Yacht Club, Bridgeport. cirict.org

Wednesday, Oct. 29

6 p.m. Greenwich Historical Society History in the Making Awards Dinner. Belle Haven Club. greenwich-

history.org/history-in-the-making

Fall Party'. Belle Haven Club. ywcagreenwich.org/events/the-

Saturday, Nov. 1

fall-party 7 p.m. The Undies Project Inc.'s The Magic of Giving. theundiesproj-

• YWCA Greenwich's 'The

ect.org/

Saturday, Nov. 8 10 a.m.

The 6th Annual Silver Shield Foundation Greenwich Walk. Tod's Point. silvershieldfoundation.org/greenwich-walk

Pathways Gala. Delamar Hotel

Greenwich. pways.org

Thursday, Nov. 20

5 p.m.

Greenwich Old Timers Athletic

Association Annual Dinner - National and Local Honorees. Hilton

Wednesday, Dec. 3

Abilis Holiday Sip & Shop at Abi-

Stamford. greenwicholdtimers.org

lis Gardens & Gifts. abilis.us Friday, Jan. 23, 2026

5 p.m. Night at the Museum benefit. Bruce Museum. brucemuseum.

Thursday, June 25, 2026

5:30 p.m. **Greenwich Sentinel Award** Cocktail Reception. Christ Church Greenwich. green-

wichsentinel.com **Our Neighboring Towns**

FRIDAY, AUG. 1

10 a.m. - 12 p.m.

Library, Stamford. Free. fergusonlibrary.org 11 a.m. Nature Camp: Magical Beasts and

Where to Find Them. Ferguson

Library - Harry Bennett Branch,

Family Centers Social Worker

at the Library. Ferguson Main

Stamford. Free. Register. fergusonlibrary.org

11 a.m. & 2 p.m. Animal Shows. Connecticut's Beardsley Zoo, 1875 Noble Ave., Bridgeport. beardsleyzoo.org

2 p.m.

Friday Flicks: "Moana 2." Ferguson Main Library, Stamford. Free. fergusonlibrary.org 6:30 p.m.

Friday Music & Dance Blast: Line

Stamford. Free. fergusonlibrary.

Dancing. Ferguson Library -South End Branch at Waterside,

org 6:30 p.m. First Fridays: Russell De Luca. Bedford Playhouse, 633 Old Post Rd., Bedford, NY. Free admission, no reservations required. 914-

234-6704. bedfordplayhouse.org SATURDAY, AUG. 2

11 a.m. & 2 p.m. Skyhunters in Flight. Connecti-

Ave., Bridgeport. beardsleyzoo. 1 p.m. Marine Life Encounter Cruise.

Maritime Aquarium dock, 70

Water St., Norwalk. \$49.95. mari-

Read to a Therapy Dog. Ferguson

Library - Harry Bennett Branch,

Stamford. Free. Register. fergu-

cut's Beardsley Zoo, 1875 Noble

timeaquarium.org 1 p.m.

sonlibrary.org SUNDAY, AUG. 3

Cancer for Peace. Ferguson Main Library, Stamford. Free. Register.

Cricut Workshop. Ferguson Main Library, Stamford. Free. Register.

fergusonlibrary.org

MONDAY, AUG. 4

fergusonlibrary.org TUESDAY, AUG. 5

3 p.m.

2 - 6 p.m. Family Centers Social Worker at the Library. Ferguson Main Library, Stamford. Free. ferguson-

Library, Stamford. Free. Register. fergusonlibrary.org

5:30 p.m.

4 p.m.

library.org

Improv Jam. Ferguson Library -Harry Bennett Branch, Stamford. Free. Register. fergusonlibrary.org

Food for Thought. Ferguson Main

WEDNESDAY, AUG. 6

10:30 a.m.

Small Business Mastermind. Ferguson Main Library, Stamford. Free. fergusonlibrary.org

Retro Video Gaming. Ferguson Main Library, Stamford. Free. fergusonlibrary.org

6 p.m.

Trivia Night: Sports Showdown. Ferguson Library - Harry Bennett Branch, Stamford. Free. Register. fergusonlibrary.org

7 p.m.

A Man with Sole: The Impact of Kenneth Cole with Special Guests Kenneth Cole and Dori Berinstein. Bedford Playhouse, 633 Old Post Rd., Bedford, NY. 914-234-6704. bedfordplayhouse.org

THURSDAY, AUG. 7

11 a.m. & 2 p.m.

Beardsley Zoo, 1875 Noble Ave., Bridgeport. beardsleyzoo.org Civility in America Series: Sam

Tanenhaus, Author of Buckley:

Changed America. Ferguson

Animal Shows. Connecticut's

The Life and the Revolution That

Main Library, Stamford. Free. Register. fergusonlibrary.org 7 p.m. "The Hidden History of Slavery in New York" documentary screening, followed by Q&A with the producer Larry Epstein. Bedford Playhouse, 633 Old Post

Rd., Bedford, NY. 914-234-6704.

bedfordplayhouse.org FRIDAY, AUG. 8

10 a.m. - 12 p.m.

at the Library. Ferguson Main Library, Stamford. Free. fergusonlibrary.org 11 a.m. & 2 p.m.

Animal Shows. Connecticut's

Bridgeport. beardsleyzoo.org

Friday Flicks: "Inside Out 2."

Free. fergusonlibrary.org

Ferguson Main Library, Stamford.

Beardsley Zoo, 1875 Noble Ave.,

Family Centers Social Worker

2 p.m.

7:30 p.m. Curtain Call: Irving Berlin's "Holiday Inn." The Kweskin Theatre, 1349 Newfield Ave., Stamford. Performances: Fri & Sat, 7:30pm,

& Sun, 2pm (). curtaincallinc.com

Georgia O'Keeffe: The Brightness of Light. Bedford Playhouse, 633

Old Post Rd., Bedford, NY. 914-

TUESDAY, AUG. 12

234-6704. bedfordplayhouse.org WEDNESDAY, AUG. 13

7 p.m.

7 p.m. Lecture: "ManyOtters: Using Big Team Science to Study Otter Problem Solving and Memory." Connecticut's Beardsley Zoo, 1875 Noble Ave., Bridgeport. \$10, public; Free, Zoo volunteers.

Broadway in Bedford: One Night

in Oz ... and More! Bedford Play-

house, 633 Old Post Rd., Bedford, NY. 914-234-6704. bedfordplay-

beardsleyzoo.org

FRIDAY, AUG. 15

SUNDAY, AUG. 17 5 p.m.

house.org

5 p.m.

ble performs. Bedford Playhouse, 633 Old Post Rd., Bedford, NY. Free admission, no reservations required. 914-234-6704. bedfordplayhouse.org

The Especially Everyone Ensem-



Universal Crossword

Edited by David Steinberg

- **ACROSS** 1 Action movie features
- Long recliners 15 Falls
- 16 What covers a dome in construction?
- Pharma salesperson Wrap around
- 19 Brain division **20** Ticked off
- 21 Singer born Eithne Padraigin Ni Bhraonain
- 22 Speck 24 *Air current from an engine
- Narrow bay Post cereal inspired by a cookie
- **31** Oozy stuff 32 Dolphin's detection process
- **33** What fills a tank ... or
- fuels a tank Cold relief medication
- **38** Speaker of the House since 2019, and from 2007 to 2011
- 40 Be in debt 41
- Pulsate Crannies'
- partners Pink cat in "Garfield"
- 47 Bunches of hairs
- *Yogi's companion
- 52 A plastic bag is not one

- **53** Kuwaiti leader
- **54** Olympic code for Moscow's country
- 55 Worship from **58** Some
- seasoned sausages 60 Prime cut
- **63** Jeffrey Lebowski's nickname
- 64 Really suffering
- 65 Facial features that could aptly be blue?
- 66 Gap between neurons
- **DOWN** 1 Finish
- 2 Christmas evergreen
- *San Andreas, for one
- 4 Frozen pancake brand 5 Diet no-no,
- often 6 Their bark is
- silent Gunk from 6-Down
- Diminish in value Cake associated
- health? 10 Rainbow, e.g. **11** Inactive

with good

- people 12 Glistened
- **13** Simple course at school

a slant

protector,

on a field

36. (K) Sound like

35. (K) Knee

a wolf

38. (K) Ruler's

game

41. (K) K.C. pro

44. (K) "Like it

creation

39. Bigfoot relative

smartphone

- **14** Vapor that cooks vegetables
- **20** Catalan artist Joan 22 Ball club?
- 23 Playing softly **Alamos**
- 26 Apartment's availability sign
- **28** CPR provider 29 Milan's
- alla Scalla *Early '90s TV show featuring a Disney dog
- 34 Invite for 35 Spacek of "Tuck Everlasting"
- 37 Sodium ___ (salt)

Albano or

mean "you"

Gehrig **42** Puzzles in which a ewe may

- 43 Singles 44 "|'|| monkey's
- uncle!' 46 Rub the wrong way? 48 Defeats
- largest city 50 Lubricated **51** Wet,

49 Nebraska's

- weather-wise 56 Kukla and Ollie's friend, on old TV 57 Bit of
- aquarium gunk 59 Very, en
- Espanol **60** Bro's
- **61** Business connections **62** Occasion to stay up until

counterpart

midnight: Abbr.

PREVIOUS PUZZLE ANSWER

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W/MeGrossyord The (K) Clues Are for Kids

5/12

Created by Timothy E. Parker

- **ACROSS** 33. (K) Font with
- 1. (K) Daybreak 5. Peeve
- 8. "Folk" attachment 12. Coin with a Leonardo da
- Vinci work 13. Industrious
- buzzer
- newspaper section
- 15. (K) All the time
- 17. (K) Important part of a ladder
- **18.** (K) Thing in
- a kitchen 19. (K) Land of the
- Free letters 20. (K) Like roads with lots of
- 27-Across and 30-Down
- 21. (K) Cola holder
- 23. Mountain goat
- 25. (K) Covered in burnt residue
- 27. (K) Winter
- delight 28. (K) Thing some do on 27-Across 31. (K) Valedictorian's

delivery

Can you find the answer to this riddle within the solved puzzle?

Creature of habit?

Look for the answer in next week's paper.

PREVIOUS PUZZLE ANSWER

Previous riddle answer

It's a master piece? 8-D) THESIS

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- to come
 - **46.** Where Londoners throw darts
 - 49. (K) Weave on it 50. Native of
 - California's largest city
 - 52. First poker chips **53.** (K) Pay-___-view
 - 54. As dry as a desert
 - **55.** (K) Major college official 56. Before hidden
 - in "where" **57.** (K) Tiny measurement

15

52

of PC memory

DOWN 1. (K) Like the ocean

- 2. (K) Car 3. Miserable and
- pathetic lender be"
- 5. Nile wading bird with a curved bill
- (K) Hold on το
- 7. (K) Padlock partner
- 8. Dr. Seuss creature 9. Bach composition
- 10. (K) First-of-themonth payment, for some
- 11. All wound up and jittery
- 16. (K) Woman in a convent 20. (K) Small
- aquatic amphibian 22. (K) Sailor's yes
- **24.** (K) One way
- to make eggs 25. Dangerous snake type 26. Fancy whirlpool

locale

- 27. (K) Fired a rifle 28. (K) Hard to hold on to
- 29. (K) All your relatives
- 30. (K) Surface coating that is
- 28-Down 32. (K) Master cook
- **34.** (K) Swiss mountain 37. (K) The one
- getting the biggest trophy 39. Country in
- southern Arabia 40. (K) Had pickles
- dipped in butter
- **41.** (K) Wearing nice clothes 42. (K) Sharpen, as
- a knife edge 43. Very tiny amount
- 45. (K) Beast like Shrek **47.** Wall (furniture piece)
- 48. Foreshadow 50. (K) Powerful beast

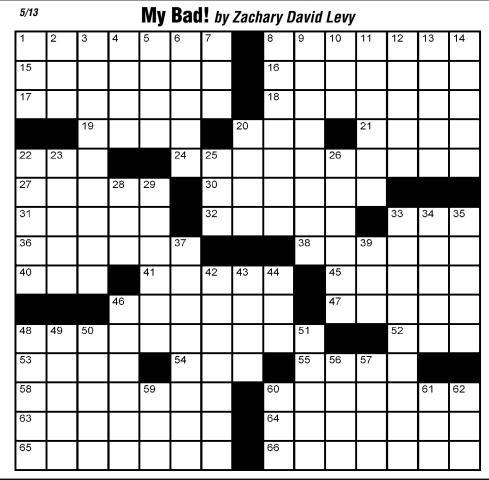
51. (K) Science

class

17 53

The answers to this week's puzzles can be found in next week's issue.

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Voroscopes

Key Astrological Events:

Sun in Leo (all week): Emphasis on selfexpression, confidence, and creativity.

Mercury Retrograde in Leo (continues): Slower communication, need for review, potential misunderstandings.

Last Quarter Moon in Taurus (August 1): A time for releasing what isn't working, practical evaluation.

Aries (March 21 - April 19)

This week centers on your creative pursuits and passions. The Last Quarter Moon on August 1 calls for a practical review of financial commitments tied to hobbies or projects. Mercury retrograde reminds you to think before you speak, revisiting plans with patience. Use Leo season's bold energy to refine, not rush.

Taurus (April 20 - May 20) The Last Quarter Moon in your sign on August 1 spotlights personal goals and habits needing release. Take stock of where you're stubbornly holding on. Family and home themes intensify with the Sun in Leo; reflect carefully on any decisions, as Mercury retrograde may cloud

details. Gemini (May 21 - June 20)

Communication remains your focus, but Mercury retrograde in Leo asks for extra care in your words. The Last Quarter Moon encourages you to clear mental clutter, possibly through journaling or quiet reflection. Leo's energy can spark creative ideas-just hold off on finalizing them.

Cancer (June 21 - July 22)

Financial planning is highlighted. The Last Quarter Moon supports reassessing spending and long-term security. Leo's solar energy boosts confidence about your worth, but Mercury retrograde warns against impulse

buys. Prioritize what offers lasting value.

Leo (July 23 - August 22) Your season continues to illuminate selfexpression and personal renewal. Mercury retrograde in your sign asks you to rethink old habits, messages, or self-image. The Last Quarter Moon on August 1 is ideal for letting go

of public expectations that no longer serve you. Virgo (August 23 - September 22)

Solitude benefits you now. The Sun in Leo energizes your private sector, perfect for rest

and review. The Last Quarter Moon invites you to release outdated beliefs or assumptions. Mercury retrograde enhances introspectionpause before sharing sensitive thoughts.

Libra (September 23 - October 22)

Friendships and group projects are under review. The Last Quarter Moon asks you to reassess alliances and goals that may no longer align. Mercury retrograde can revive old connections or misunderstandings-be patient in resolving them.

Scorpio (October 23 – November 21)

Career goals come into sharp focus. The Last Quarter Moon helps you evaluate what's sustainable. Leo's solar influence encourages leadership and visibility, but Mercury retrograde warns against overpromising. Edit your plans before unveiling them.

Sagittarius (November 22 – December 21)

Big-picture thinking is highlighted, but Mercury retrograde suggests delays in travel or education plans. The Last Quarter Moon encourages you to refine daily routines to better support growth. Stay adaptable, and use Leo's energy to inspire long-term vision.

Capricorn (December 22 – January 19)

Shared finances or intimate partnerships require review. The Last Quarter Moon urges clear-eved assessment of debts or commitments. Mercury retrograde can resurface old emotional topics—navigate with patience. Leo's influence boosts courage to address sensitive issues.

Aquarius (January 20 - February 18)

Relationships are spotlighted. Mercury retrograde may bring back old issues or partners for reevaluation. The Last Quarter Moon encourages honest, grounded discussions about needs and expectations. Leo's warmth supports reconnection—when done with care.

Pisces (February 19 - March 20) Work and health routines demand attention. The Last Quarter Moon highlights small habits ready to be released. Mercury retrograde suggests reviewing schedules for errors or delays. Leo's energy can inspire wellness goals-

just go slowly.

groundwork for steady growth.

Summary for July 31 - August 6: This week combines Leo season's bold, expressive energy with Mercury retrograde's call for caution and revision. The Last Quarter Moon in Taurus offers a practical moment to let go of what no longer serves you, laying the

SOLUTIONS

7 LITTLE W©RDS

Find the 7 words to match the 7 clues. The numbers in parentheses $\frac{1}{8}$ represent the number of letters in each solution. Each letter combination can be used only once, but all letter combinations will be necessary to complete the puzzle.

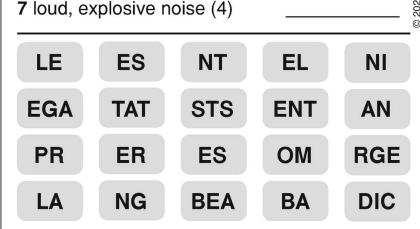
CLUES

- 1 chic and graceful (7) 2 all over, all the time (11)
- 3 tells someone what to write (8)

4 slimmer (6)

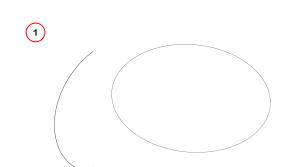
6 animals (6)

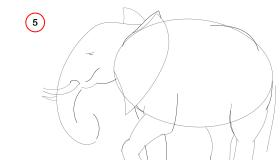
5 drink or ice cream cone size (5)

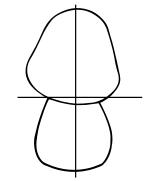


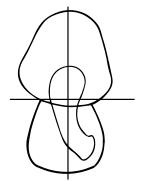
Previous Answers: /ers: 1. KRISTEN 2. SINUS 3. MARRYING 4. PERMISSION 5. FAILINGS 6. LIBRARIANS 7. GAUZE

How To Draw: Step by Step



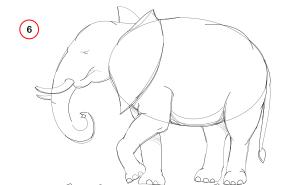


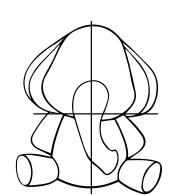


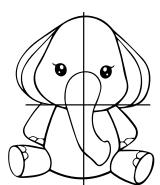






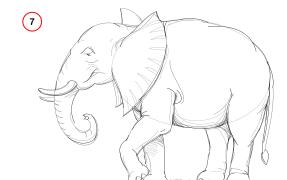


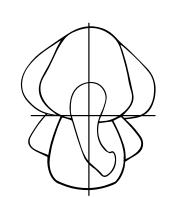


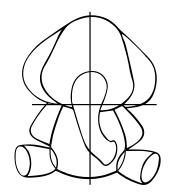


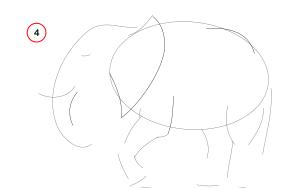


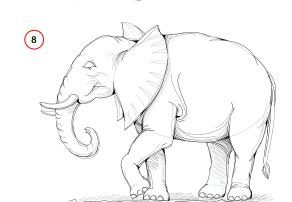








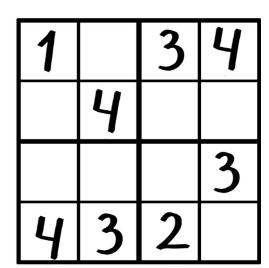








Sudoku for Kids



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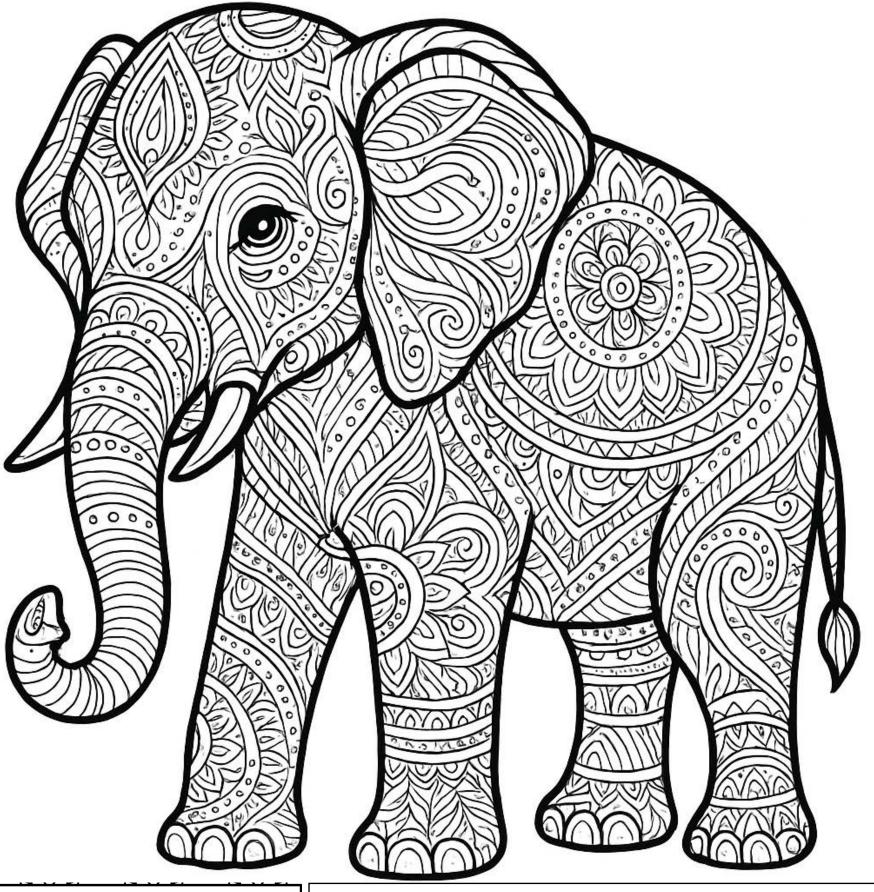
Sudoku answers

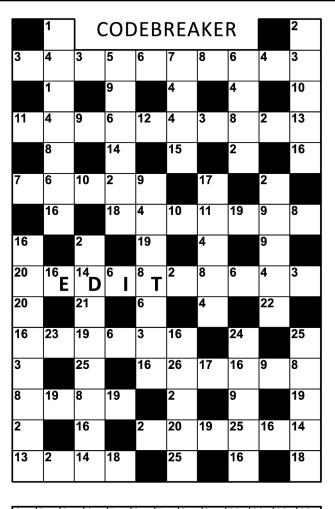
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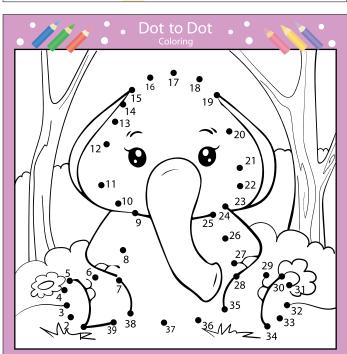




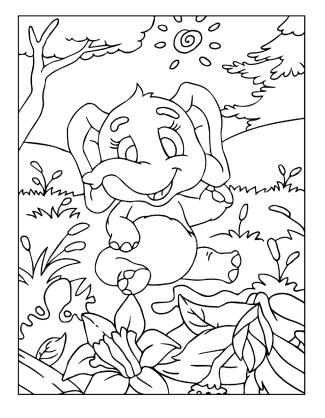
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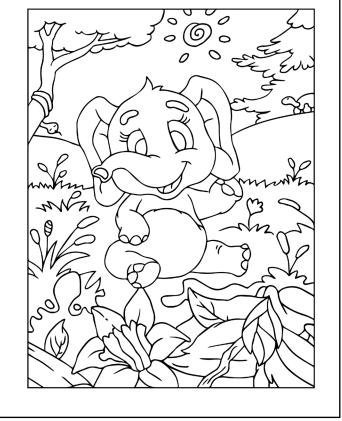
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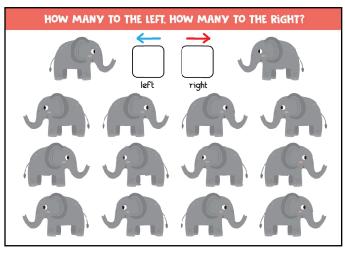
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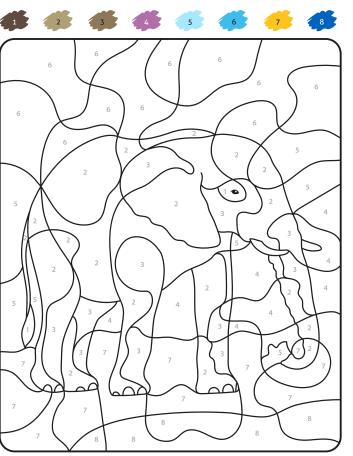


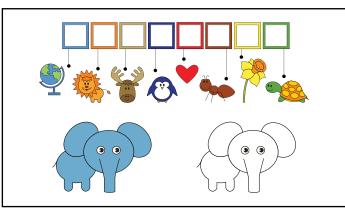
FIND THE TEN DIFFERENCES BETWEEN THE TWO PICTURES



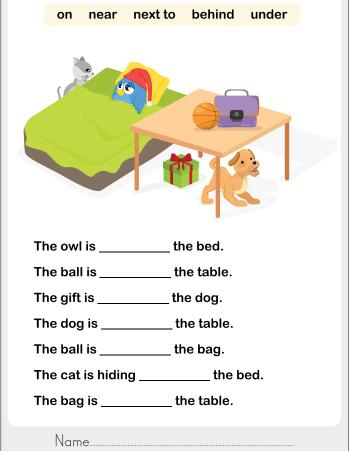




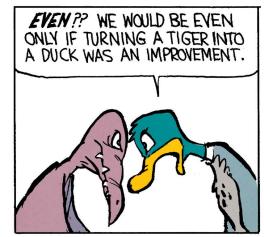


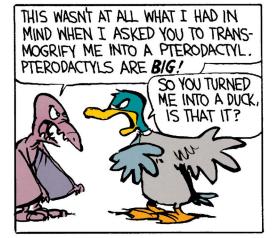


Fill in the blanks with correct prepositions from the box























WILDLY SUCCESSFUL: NATURE

The Healing Power of Nature Will Amaze You

BY JIM KNOX

Tennyson's timeless words of, "Nature, red in tooth and claw" portray the wild world and its inhabitants in a harsh, if ever honest light. Though penned more than a century and a half ago, those words ring as true today as they have down through the ages. The wild is no place for the squeamish. That's for certain.

Nature's ever efficient and perfectly calibrated functioning ensures that the world's swiftest, most powerful, agile and resourceful creatures never go home on an empty belly. Theirs is a race-an arms race of hunter and hunted in which stealth and ambush catalyze fight and flight. Unfolding each night and each day, the players in this drama gain and lose in boldest fashion, where life surrenders swiftly to death. The energy is expended-never lost, so that from this very death, life inexorably springs forth.

Yet all is not a binary camp of victor and vanguished. There are innumerable creatures who feel the business end of tooth and claw, horn and maw, to stalk or flee another day. The lioness who suffers the wildebeest's kick, the sea turtle who shrugs the shark's bite, emerge far wiser for the encounter. "Once bitten, twice shy" begins to take on meaning beyond the figurative, don't you think?

Mother Nature has equipped each of her creatures with the unfailing ability to conceal all but the most pronounced injury and illness from the ravenous ranks of her hunters. Yet while they are expert in concealing vulnerability, savagery invariably erupts. It is from such encounters that beasts sustain the scars of battle. Be it a broken tooth or a torn ear, none who attain ripe old age go truly unscathed. For these wild warriors, nature has remarkable strategies for survival. There is a name for this umbrella sheltering the planet's creatures from the storming forces unleashed upon them. We know it as healing. This adaptive protection masks mechanisms we only partially

Nature's healing handiwork comes in many forms and they are all astounding: hyper healing capability in Great White Sharks, closing wounds unexpected and astounding. which would spell the end of Like certain amphibian cousins, other creatures, perpetual including Connecticut's Four- dear friend who left us far too

tooth replacement in American toed Salamander, Green Iguanas Alligators, furnishing more are equipped with a trait known than 4,000 teeth on-demand for as autotomy which literally a lifetime of battle with rivals means "self severing". This gives and prey alike, and autonomy— them the ability to lose their the unfathomable regrowth of tails in battles with predators

amphibians and reptiles!

who go a step beyond the move like a living creature, ordinary. Creatures who enticing a ravenous predator possess abilities which are to focus on the movement and seemingly impossible. Among seize the guaranteed dinner them, is one familiar to twitching in its paws or jaws, many. The Green Iguana is while the stumpy iguana makes an inhabitant of islands and a dash for the safety of the rainforests from the Caribbean nearest tree or river. to the southern edges of three-inch hatchlings, they're on mammal!

tooth and claw"? I know from

tails, limbs and digits for select and actually regrow them! Not only will the tail "break" along There are certain creatures pre-set fracture points, it will

Remarkably, autotomy Amazonia, and it may just be enables the Green Iguana to the world's most popular pet rapidly regrow the tail. Cartilage lizard. Attaining lengths of up will replace bone in the to 6.6 feet, and weights of up to regrowth area, and the texture 20 muscular pounds, you would and color will change a bit, but think these arboreal reptiles the tail will assume the same would have few enemies. basic form and function as the Despite their size and power, original. What's more, autotomy Green Iguanas represent a is found across the animal protein feast for any predator kingdom, from snails and able to bring one down. From spiders, to crabs and lobsters... the moment they emerge as and at least one known

Yet nature's healing power So how does such a creature doesn't end there. It merely fend for itself in the ever-hungry begins. While her physical world of the rainforest? Well, healing capabilities seem you remember "Nature, red in supernatural, it is Mother Nature's ability to heal what experience that the Green we cannot see that is perhaps Iguana certainly possess both, her greatest gift to each of us. and uses them extremely Just as no one is immune to the well. Yet the big lizard has pain of loss, life's journey exacts another defense which is both a different toll on each of us. There is no one balm for all.

A few years ago, I lost a

soon. On the heels of that loss, Wasatch Range. On a crisp late I reflected on the times we'd summer morning, I headed spent-growing up together- out with a small group. The along with the fishing, hiking valley ascent went smoothly.

adulthood. we'd planned to take together, sea level fitness and Rocky Mount Wolverine in Utah's the weight of the mountain and

and wilderness camping that At around 9,000 feet the air filled the summers of our young thinned and the gradient steepened. Though I prided Not long ago, I took a hike myself on being prepared, but sadly, had never gotten Mountain fitness were two around to. We were to summit different things entirely. I felt

I thought of my friend. Through high school and college, sports teams and weight trainingwe'd done it all together and never gave up. He was always there for me, never letting me give less than my best ... and I did the same for him. I stopped just shy of 10,000 feet when the remainder of my party turned back. I looked down briefly and then up to the summit. When I made the final push that day, I made it for both of us.

The mountain breeze wicked away the heat and dust from the effort and left me feeling fresher than when I'd started. Nature is restorative. reaching us in ways we often can't articulate. Immersion in its soothing greens and blues quite literally lowers our blood pressure. It clears our brains of fog and brims our hearts with hope. While it cannot heal all that we endure, nature is both shelter from, and tonic for, a weary world.

Jim Knox serves as the **Curator of Education for** Connecticut's Beardsley Zoo where he directs education efforts for Connecticut's only zoo. A proud Member of The **Explorers Club, Jim enjoys** sharing his passion for wildlife conservation with audiences in Connecticut and beyond.





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