

September 12, 2018
Jalapeño Cheddar Burgers

Courtesy of Alice Hunholz



Ingredients:

- 28 oz. lean beef
- 2 Tbsp. finely minced onion
- Salt & pepper to taste
- 4 Tbsp. cream cheese
- 2 oz. shredded cheddar cheese
- ¼ tsp. garlic powder
- 1 fresh jalapeno pepper (diced and seeds removed)
- 1 Tbsp. olive oil
- Rolls and toppings as desired



Directions:

1. Preheat grill to medium or oven to broil on high.
2. In a small bowl combine cream cheese, Cheddar cheese, garlic powder and diced jalapeno.
3. Combine meat, salt & pepper and mince onion. Divide meat into four even pieces (7 oz. each). Take ¼ of the cream cheese mixture and flatten into a pancake shape. Wrap beef around the cheese, ensuring the cheese mixture is completely covered. Brush each burger with a little bit of olive oil

To Grill: Grill burgers over medium heat for 6-7 minutes on each side or until completely cooked to internal temperature of 160°.

To Broil: Place burgers on a foil covered pan approximately 6" from the broiler. Broil 5-6 minutes on each side or until completely cooked to internal temperature of 160°.

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