

October 10, 2018
Cabbage Roll Soup

Ingredients:

1 lb. ground beef
1 bag shredded cole slaw
¼ c. finely chopped onion
2 c. beef broth
28 oz. can tomato puree
¼ c. brown sugar
1 tsp. salt
1 Tbsp. lemon juice
Ground pepper to taste
1 c. long grain rice

Directions:

In stock pot, brown meat. Drain excess grease and return to stove. Add chopped onions and shredded slaw. Heat together slowly, stirring occasionally, until onions and cabbage are tender. Add beef broth and tomato puree. Fill empty puree can with water to rinse remaining ingredients and add to the meat and vegetables. Add brown sugar, salt, lemon juice and pepper to the pot and bring all ingredients to a boil. Add long grain rice, then simmer until rice is cooked to tender.



*Find more recipes and show archives by visiting the "Country Gal Corral" page,
under the Farm tab at westcentralmoinfo.com*