

Valdez Senior Center, Inc. Activity Calendar

Address: 1300 E. Hanagita Street Valdez, Alaska

Phone: 907-835-5032



Activities

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 VSC Closed for Labor Day	3 • Chair Yoga 11AM • National Cinema Day Matinee 1PM	4 • Mahjong 1:00PM	5 • Chair Yoga 11AM • Cribbage 5:30-7:30PM	6 • Meditative Coloring 10:00AM - 11:30AM • Yahtzee 1:00PM
9 • National Sudoku Day Puzzles Available all day • Gardening 9:00AM • Canasta 1:00PM	10 • Chair Yoga 11AM	11 • Mahjong 1:00PM	12 • Chair Yoga 11AM • Cribbage 5:30-7:30PM	13 • Paint by Number 10:00AM - 11:30AM • Yahtzee 1:00PM
16 • Gardening 9:00AM • Chair Exercise @PWSC 10AM • Canasta 1:00PM	17 • Chair Yoga 11AM BOARD MEETING 1:30PM • The Count of Monte Cristo Matinee 3PM	18 • Writing Class 9AM • Chair Exercise @PWSC 10AM • Mahjong 1:00PM	19 • Chair Yoga 11AM • Cribbage 5:30-7:30PM	20 • Gym Walking 8:30AM • Craft A Snack-lace 10:00AM - 11:30AM • Yahtzee 1:00PM
23 • Gardening 9:00AM • Chair Exercise @ PWSC 10AM • Canasta 1:00PM	24 • Chair Yoga 11AM • BINGO 1PM	25 • Writing Class 9AM • Chair Exercise @PWSC 10AM • Mahjong 1:00PM	26 • Chair Yoga 11AM • Cribbage 5:30-7:30PM	27 • Gym Walking 8:30AM • Candle Making 10:00AM - 11:30AM • Yahtzee 1:00PM
30 • Gardening 9:00AM • Chair Exercise @PWSC 10AM • Canasta 1:00PM				

• **Chair Yoga 11:00AM**
Gentle Movement for all ranges. Cammie is back as our yoga instructor! Join this fun group!
All ages welcomed.

• **Canasta 1:00PM**
A fun card game resembling rummy, using two packs. Join in on the fun!

• **Mahjong 1:00PM**
Mahjong is a tile-based game. It is usually played by four players, who try to form sets and pairs of tiles. Bring a snack to share.

• **Yahtzee 1:00PM**
A fun dice game to enjoy with friends!

• **Craft Time 10:00AM**
Join us for a new craft each week

• **Gardening 9:00AM**
Bring your coffee and come enjoy our new garden, help weed and water or just visit

<p>Valdez Oktoberfest Sept 21st Check out this fun City event down on Brewery Row</p>	<p>SWAN Health Fair Sept 28th Civic Center 8AM - 12PM</p>	<p>Kevin Reeves Paint Class Date TBD Join Kevin as he walks you though creating your own masterpiece</p>	<p>Writing Class Get ready for National Novel Writing Month (NOV) or just changeup your writing with these prep classes!</p>
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