

Valdez Senior Center, Inc. Activity Calendar

Address: 1300 E. Hanagita Street Valdez, Alaska

Phone: 907-835-5032



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Closed for Labor Day	2 • Chair Yoga 11AM • Sunflower Craft 2PM	3 • Garden Club 10AM • Mahjong 1:15PM	4 • Chair Yoga 11AM • Cribbage 5:30-7:30PM	5 • Group Walk 10AM • Great Course Classic Recipes 3:30PM
8 • Domines 10AM • Canasta 1:15PM	9 • Chair Yoga 11AM • Group Crochet 2PM	10 • Garden Club 10AM • Mahjong 1:15PM • Food Bank Volunteering 1:30PM	11 • Chair Yoga 11AM • Senior Book Club 1PM • Cribbage 5:30-7:30PM	12 • Group Walk 10AM • Great Course Seasonal Recipes 3:30PM
15 • Domines 10AM • Canasta 1:15PM	16 • Chair Yoga 11AM BOARD MEETING 1:30PM	17 • Garden Club 10AM • Mahjong 1:15PM	18 • Chair Yoga 11AM • Bingo 1:30PM • Cribbage 5:30-7:30PM	19 • Group Walk 10AM • 60 Second Cocktails 3:30PM • Oktoberfest Begins!
22 • Domines 10AM • Canasta 1:15PM	23 • Chair Yoga 11AM • Watercolor Beach Painting 2PM • Bunco 6 PM	24 • Harvest the Garden 10AM • Mahjong 1:15PM	25 • Chair Yoga 11AM • Cribbage 5:30-7:30PM	26 • Group Walk 10AM • 60 Second Cocktails 3:30PM
29 • Domines 10AM • Canasta 1:15PM	30 • Chair Yoga 11AM • Bingo 1:30PM			

•Chair Yoga 11:00 AM

Our yoga instructor, Cammie, is excited to meet new members as she reunites with the group.

•Group Walk 10 AM

Join us for a stroll around town starting at the Senior Center!

•Canasta 1:15 PM

Join our group of rowdy card players on Monday at 1:15 pm.

•Garden Club 10 AM

The gardening season is coming to a close. Join us to harvest the remaining vegetables.

•Cocktails Great Course 3:30 PM

Learn the history of cocktails in a fun way! Feel free to coordinate and bring cocktail mixings to share.
This course is for members only.



SWAN Wellness Symposium

At The Civic Center on September 13th from 8 am to 12 pm. Join the 5K, attend a cooking class, or learn from the vendors.

*Need a ride? **Call us!**

Oktoberfest!

September 19th and 20th at the Valdez Brewing
They have fun activities like the "Stein Holding" competition!

Food Bank Volunteering

Valdez Senior Center is helping pack bags for our seniors! If you are looking to get out and be more involved in the community, this is a great opportunity!