

Valdez Senior Center, Inc. Activity Calendar

Address: 1300 E. Hanagita Street, Valdez, Alaska

Phone: 907-835-5032



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 • Dominoes 10AM • Canasta 1:15PM	3 • Chair Yoga 11AM • Candle Making Craft 2PM	4 • Wii Fit Wednesday 10AM - 12PM • Mahjong 1:15PM	5 • Chair Yoga 11AM • Bridge 1PM - 4PM • Cribbage 5:30-7:30PM	6 • Swimming 10AM • 60 Second Cocktails 3PM
9 • Dominoes 10AM • Canasta 1:15PM	10 • Chair Yoga 11AM • Crochet & Knitting 2PM	11 • SSA 101 10AM • Mahjong 1:15PM • Food Bank Volunteering 1:30PM	12 • Chair Yoga 11AM • Bridge 1PM - 4PM • Cribbage 5:30-7:30PM	13 • Swimming 10AM • Valentine's Day Membership Party 2PM - 3:30PM
16 Closed for Presidents' Day	17 • Chair Yoga 11AM BOARD MEETING 1:30PM	18 • Suncatchers 10AM • Mahjong 1:15PM	19 • Chair Yoga 11AM • Bridge 1PM - 4PM • Cribbage 5:30-7:30PM	20 • Swimming 10AM • 60 Second Cocktails 3PM
23 • Dominoes 10AM • Canasta 1:15PM	24 • Chair Yoga 11AM • Bingo 3PM	25 • Wii Fit Wednesday 10AM - 12PM • Mahjong 1:15PM	26 • Chair Yoga 11AM • Bridge 1PM - 4PM • Cribbage 5:30-7:30PM	27 • Swimming 10AM • 60 Second Cocktails 3PM

Bingo

\$10 for 5 cards, \$2 for single cards funds go towards Senior's Helping Senior's Scholarship!

SSA 101

Join us for an SSA 101 webinar with Nathan, Cole at 10 am. **This is to go over general information about social security.**

Food Bank Volunteering

Valdez Senior Center is helping pack bags for our seniors! - If you are looking to get out and be more involved in the community this is a great opportunity!

• Chair Yoga 11AM

Join Cammie as she leads you through 30 minutes of fun chair exercises.

• Wii Fit Wednesday

10AM - 12PM

Join us in the activities area for a fun morning of movement with the Wii Fit.

• Swimming 10AM

Join the group for swimming.

• Canasta 1:15PM

Join our group of rowdy card players on Monday at 1:15 pm.

• 60-Second Cocktails 3PM

Learn how to make a cocktail in 60 seconds! Feel free to coordinate and bring cocktail mixing to share.

***This course is for members only**

February 10