

2019 CYO Meet - 3/27/2019**Memorial Field****Results****Girls 100 Meter Dash**

Name	Year	School	Finals	H#	Points
Finals					
1 Mallory Badding	11	Kuemper Catholic	13.92	2	10
2 Jenna Heinen	11	Bishop Garrigan	14.60	2	8
3 Samantha Limones	09	SL St. Mary's	14.85	1	6
4 Ashley Willman	11	Remsen St. Marys	15.21	2	4
5 Elly Berry	09	St. Edmond	15.32	2	2
6 Courtney Daniel	09	Bishop Heelan	15.37	2	1
7 Elliotte Herbst	12	Gehlen Catholic	15.58	1	
8 Fabiola Ovalle	09	Bishop Heelan	15.72	2	
9 Kendra Riesberg	10	Kuemper Catholic	16.04	1	
10 Morgan Border	11	St. Edmond	16.85	1	
11 Erika Peterson	09	SL St. Mary's	17.00	1	
-- Brittany Johnson	10	Remsen St. Marys	DNS	2	

Girls 200 Meter Dash

Name	Year	School	Finals	H#	Points
1 Madison Jochum	12	Bishop Heelan	27.10	2	10
2 Kate Hill	11	Gehlen Catholic	28.28	2	8
3 Mallory Badding	11	Kuemper Catholic	28.35	2	6
4 Mya McClain	09	St. Edmond	30.05	1	4
5 Katelyn Langel	12	Gehlen Catholic	30.05	2	2
6 Dayle Bleeker	12	Bishop Heelan	30.07	2	1
7 Samantha Limones	09	SL St. Mary's	30.38	1	
8 Emma Fogarty	11	Bishop Garrigan	30.59	1	
9 Ella Vratny	10	St. Edmond	30.92	2	
10 Tara Kron	10	Bishop Garrigan	31.48	1	
11 Kailee Sturm	09	Kuemper Catholic	31.55	2	
12 Emma Galles	11	Remsen St. Marys	32.84	1	
13 Erika Peterson	09	SL St. Mary's	35.51	1	

Girls 400 Meter Dash

Name	Year	School	Finals	H#	Points
1 Madison Jochum	12	Bishop Heelan	1:02.57	2	10
2 Emma Bogen	09	Gehlen Catholic	1:07.83	2	8
3 Emma Fogarty	11	Bishop Garrigan	1:09.63	2	6
4 Taylor Jochum	09	Bishop Heelan	1:10.79	2	4
5 Cambrie McBride	11	St. Edmond	1:19.03	1	2
6 Jacey Ash	10	St. Edmond	1:19.31	2	1
7 Brianna Lux	10	Kuemper Catholic	1:20.38	1	
8 Ava Bartolo	10	Bishop Garrigan	1:24.87	2	
9 Kendra Riesberg	10	Kuemper Catholic	1:30.39	1	
-- Abby Ruhland	10	Gehlen Catholic	DNS	1	

Girls 800 Meter Run

Name	Year	School	Finals	Points
1 Amber Aesoph	11	Bishop Heelan	2:32.71	10
2 Emma Hutchinson	10	Bishop Heelan	2:43.08	8

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3	Madelyn Cink	12	Bishop Garrigan	2:45.00	6
4	Caroline Shelly	09	St. Edmond	2:52.03	4
5	Madi Mousel	09	Gehlen Catholic	2:52.98	2
6	Samantha Sauer	11	Remsen St. Marys	2:53.78	1
7	Patricia Sitzmann	10	Gehlen Catholic	2:55.65	
8	Ellie Bacon	09	SL St. Mary's	3:08.72	
9	Aleksandria Aljets	09	St. Edmond	3:16.01	
10	Sydnee Gifford	11	Kuemper Catholic	3:19.39	
11	Abiol Malek	10	Kuemper Catholic	3:33.40	
--	Gracelin Dahlhouser	09	SL St. Mary's	DNS	
--	Hannah Gries	09	Gehlen Catholic	SCR	

Girls 1500 Meter Run

Name	Year	School	Finals	Points
1	Amber Aesoph	11	Bishop Heelan	4:50.84 10
2	Abby Landwehr	12	St. Edmond	5:29.50 8
3	Brenna Joyce	11	Bishop Heelan	5:43.75 6
4	Madelyn Cink	12	Bishop Garrigan	5:52.86 4
5	Kailey Sitzmann	09	Gehlen Catholic	6:02.27 2
6	Addi Weber	11	Gehlen Catholic	6:13.45 1
7	Maria Russell	09	Remsen St. Marys	6:23.91
8	Olivia Klein	12	Kuemper Catholic	6:42.11
9	Lillee Deike	09	Bishop Garrigan	7:13.51
--	Aleksandria Aljets	09	St. Edmond	DNS

Girls 3000 Meter Run

Name	Year	School	Finals	Points
1	Abby Landwehr	12	St. Edmond	11:39.27 10
2	Addi Weber	11	Gehlen Catholic	12:59.51 8
3	Maria Russell	09	Remsen St. Marys	13:23.82 6
4	Patricia Sitzmann	10	Gehlen Catholic	13:41.87 4
5	Olivia Klein	12	Kuemper Catholic	13:49.10 2
6	Olivia Kolocia	11	St. Edmond	13:52.06 1
7	Ava Bartolo	10	Bishop Garrigan	14:50.92
8	Lillee Deike	09	Bishop Garrigan	15:20.24

Girls 100 Meter Hurdles

Name	Year	School	Finals	H#	Points
1	Hannah Irlbeck	12	Kuemper Catholic	17.72	2 10
2	Danika Demers	09	SL St. Mary's	18.56	1 8
3	Gracie Rosenmeyer	10	Bishop Garrigan	18.74	2 6
4	Katelyn Langel	12	Gehlen Catholic	18.92	1 4
5	Reese Rosenmeyer	10	Bishop Garrigan	18.94	2 2
6	Maya Bishwokarma	10	Bishop Heelan	19.35	2 1
7	Isabel Woodhouse	11	St. Edmond	20.32	1
8	Cambrie McBride	11	St. Edmond	21.05	1
9	Brianna Lux	10	Kuemper Catholic	22.07	2
10	Brittany Johnson	10	Remsen St. Marys	27.32	2
--	Ashley Willman	11	Remsen St. Marys	DNS	2

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Results

Girls 400 Meter Hurdles

Name	Year School	Finals	H#	Points
1 Danika Demers	09 SL St. Mary's	1:12.71	1	10
2 Ashley Aesoph	12 Bishop Heelan	1:14.66	2	8
3 Reese Rosenmeyer	10 Bishop Garrigan	1:16.49	2	6
4 Emma Grandgenett	09 Bishop Garrigan	1:17.68	2	4
5 Molly Roder	10 Gehlen Catholic	1:18.38	1	2
6 Hannah Irlbeck	12 Kuemper Catholic	1:18.58	2	1
7 Emma Alstott	09 St. Edmond	1:21.59	2	
8 Hannah Zubrod	09 Gehlen Catholic	1:26.65	1	
9 Daisy Haukap	09 Kuemper Catholic	1:35.48	2	

Girls 4x100 Meter Relay

School	Finals	Points
1 Bishop Heelan 'A' 1) Hope Sokolowski 11 3) Joslyn Verzal 09	2) Allie Stanek 09 4) Izzy Linden 09	54.59 10
2 St. Edmond 'A' 1) Aleah Anderson 09 3) Gracie Harvey 09	2) Isabel Woodhouse 11 4) Ella Vratny 10	58.61 8
3 Kuemper Catholic 'A' 1) Kyndal Hilgenberg 10 3) Kailee Sturm 09	2) Meghan Sturm 11 4) Anna Wanninger 12	59.06 6
4 Bishop Garrigan 'A' 1) Tara Kron 10 3) Ava Bartolo 10	2) Ella Nelson 10 4) Jenna Heinen 11	59.82 4
5 Gehlen Catholic 'A' 1) Larissa Sitzmann 09 3) Trinity Goebel 09	2) Elliotte Herbst 12 4) Melinda Zubrod 12	1:00.59 2
6 Kuemper Catholic 'B' 1) Abiol Malek 10 3) Nicole Bauer 12	2) Jemma Hoffman 09 4) Sydnee Gifford 11	x1:02.63
7 St. Edmond 'B' 1) Elly Berry 09 3) Jacey Ash 10	2) Olivia Kolocia 11 4) Morgan Border 11	x1:03.44
-- Rensen St. Marys 'A' 1) Emma Galles 11 3) Maria Russell 09	2) Brittany Johnson 10 4) Samantha Sauer 11	DNS

Girls 4x200 Meter Relay

School	Finals	Points
1 Gehlen Catholic 'A' 1) Sydney Livermore 11 3) Tiffany Woerdehoff 10	2) Molly Roder 10 4) Kate Hill 11	1:55.46 10
2 Bishop Garrigan 'A' 1) Maddie Meister 11 3) Emma Grandgenett 09	2) Katie Noonan 11 4) Laurel Degen 12	1:58.55 8
3 St. Edmond 'A' 1) Aleah Anderson 09 3) Gracie Harvey 09	2) Mya McClain 09 4) Avery Galles 10	2:07.60 6
4 Kuemper Catholic 'A'		2:10.08 4

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Results

....Girls 4x200 Meter Relay

- | | | | |
|-------------------------|-----------------------|----------|--------------|
| 1) Kyndal Hilgenberg 10 | 2) Daisy Haukap 09 | | |
| 3) Jemma Hoffman 09 | 4) Anna Wanninger 12 | | |
| 5 Kuemper Catholic 'B' | | x2:10.96 | |
| 1) Nicole Bauer 12 | 2) Kendra Riesberg 10 | | |
| 3) Kamryn Venner 09 | 4) Hanna Brincks 09 | | |
| -- Bishop Heelan 'A' | | DQ | Exchange 2-3 |
| 1) Hope Sokolowski 11 | 2) Allie Stanek 09 | | |
| 3) Joslyn Verzal 09 | 4) Izzy Linden 09 | | |

Girls 4x400 Meter Relay

School	Finals	Points
1 Bishop Heelan 'A'	4:08.67	10
1) Madison Jochum 12	2) Mia Conley 09	
3) Hannah Hutchinson 12	4) Amber Aesoph 11	
2 Kuemper Catholic 'A'	4:39.95	8
1) Hannah Irlbeck 12	2) Kamryn Venner 09	
3) Brooklyn Gifford 10	4) Mallory Badding 11	
3 Bishop Garrigan 'A'	4:41.06	6
1) Laurel Degen 12	2) Katelyn Cink 09	
3) Katie Noonan 11	4) Maddie Meister 11	
4 Gehlen Catholic 'A'	4:42.18	4
1) Emma Bogen 09	2) Madi Mousel 09	
3) Kennedy Ruhland 11	4) Lauren Heying 09	
5 St. Edmond 'A'	4:53.32	2
1) Avery Galles 10	2) Caroline Shelly 09	
3) Jacey Ash 10	4) Aubrey Bemrich 10	

Girls 4x800 Meter Relay

School	Finals	Points
1 Bishop Heelan 'A'	10:51.35	10
1) Ashley Aesoph 12	2) Brenna Joyce 11	
3) Emma Hutchinson 10	4) Mia Conley 09	
2 Bishop Garrigan 'A'	11:00.05	8
1) Katie Noonan 11	2) Emma Fogarty 11	
3) Maddie Meister 11	4) Madelyn Cink 12	
3 Gehlen Catholic 'A'	11:14.60	6
1) Emma Bogen 09	2) Madi Mousel 09	
3) Abby Ruhland 10	4) Kennedy Ruhland 11	
4 St. Edmond 'A'	11:38.38	4
1) Emma Alstott 09	2) Caroline Shelly 09	
3) Aleksandria Aljets 09	4) Aubrey Bemrich 10	
5 Kuemper Catholic 'A'	12:59.43	2
1) Sydnee Gifford 11	2) Brooklyn Gifford 10	
3) Kamryn Venner 09	4) Anna Wanninger 12	

Girls 800 Sprint Medley

School	Finals	Points
1 Bishop Heelan 'A'	1:56.47	10
1) Hope Sokolowski 11	2) Allie Stanek 09	

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Results

....Girls 800 Sprint Medley

3) Joslyn Verzal 09	4) Madison Jochum 12		
2 Bishop Garrigan 'A'		2:01.54	8
1) Maddie Meister 11	2) Emma Grandgenett 09		
3) Tara Kron 10	4) Laurel Degen 12		
3 Gehlen Catholic 'A'		2:02.12	6
1) Tiffany Woerdehoff 10	2) Sydney Livermore 11		
3) Lauren Heying 09	4) Katelyn Langel 12		
4 St. Edmond 'A'		2:03.95	4
1) Aleah Anderson 09	2) Gracie Harvey 09		
3) Ella Vratny 10	4) Avery Galles 10		
5 Kuemper Catholic 'A'		2:15.75	2
1) Hanna Brincks 09	2) Nicole Bauer 12		
3) Meghan Sturm 11	4) Abiol Malek 10		
6 Rensen St. Marys 'A'		2:20.59	1
1) Brittany Johnson 10	2) Ashley Willman 11		
3) Emma Galles 11	4) Samantha Sauer 11		
7 St. Edmond 'B'		x2:31.50	
1) Elly Berry 09	2) Morgan Border 11		
3) Jacey Ash 10	4) Sydney Schulte 10		

Girls Distance Medley

School		Finals	Points
1 Bishop Heelan 'A'		4:38.18	10
1) Dayle Bleeker 12	2) Izzy Linden 09		
3) Mia Conley 09	4) Hannah Hutchinson 12		
2 St. Edmond 'A'		4:46.34	8
1) Avery Galles 10	2) Ella Vratny 10		
3) Aubrey Bemrich 10	4) Abby Landwehr 12		
3 Gehlen Catholic 'A'		5:10.45	6
1) Olivia Budden 10	2) Kennedy Ruhland 11		
3) Lauren Heying 09	4) Hannah Zubrod 09		
4 Kuemper Catholic 'A'		5:14.60	4
1) Meghan Sturm 11	2) Kailee Sturm 09		
3) Brooklyn Gifford 10	4) Olivia Klein 12		
5 Rensen St. Marys 'A'		5:15.23	2
1) Ashley Willman 11	2) Emma Galles 11		
3) Maria Russell 09	4) Samantha Sauer 11		
6 Bishop Garrigan 'A'		5:31.23	1
1) Tara Kron 10	2) Ella Nelson 10		
3) Katelyn Cink 09	4) Lillie Deike 09		

Girls 4x100 Meter Shuttle Hurdle

School		Finals	Points
1 Bishop Garrigan 'A'		1:15.99	10
1) Gracie Rosenmeyer 10	2) Emma Grandgenett 09		
3) Reese Rosenmeyer 10	4) Laurel Degen 12		
2 Kuemper Catholic 'A'		1:20.06	8
1) Jemma Hoffman 09	2) Hanna Brincks 09		
3) Daisy Haukap 09	4) Hannah Irlbeck 12		
3 St. Edmond 'A'		1:25.93	6
1) Cambrie McBride 11	2) Mya McClain 09		

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3) Emma Alstott 09	4) Isabel Woodhouse 11	
-- Gehlen Catholic 'A'		DQ Ex. 1-2 left early
1) Tiffany Woerdehoff 10	2) Kate Hill 11	
3) Molly Roder 10	4) Sydney Livermore 11	

Girls High Jump

Name	Year School	Finals	Points
1 Taylor Jochum	09 Bishop Heelan	4-11.00	10
2 Avery Nelson	10 Bishop Heelan	4-10.00	8
3 Molly Roder	10 Gehlen Catholic	4-06.00	6
4 Reese Rosenmeyer	10 Bishop Garrigan	J4-06.00	4
-- Kate Hill	11 Gehlen Catholic	NH	
-- Aubree Altman	11 Bishop Garrigan	NH	
-- Hanna Brincks	09 Kuemper Catholic	NH	

Girls Long Jump

Name	Year School	Finals	Points
1 Mallory Badding	11 Kuemper Catholic	16-02.00	10
2 Izzy Linden	09 Bishop Heelan	14-07.00	8
3 Aubree Altman	11 Bishop Garrigan	13-06.50	6
4 Anna Wanninger	12 Kuemper Catholic	13-06.00	4
5 Sarah Beumler	11 Bishop Heelan	13-03.00	2
6 Katelyn Cink	09 Bishop Garrigan	12-07.00	1
7 Elliotte Herbst	12 Gehlen Catholic	12-01.50	

Girls Shot Put

Name	Year School	Finals	Points
1 Ella Skinner	11 Bishop Heelan	33-02.00	10
2 Kenzie Schon	09 Kuemper Catholic	32-00.00	8
3 Melinda Zubrod	12 Gehlen Catholic	31-08.50	6
4 Allison Ruden	11 Gehlen Catholic	30-11.00	4
5 Julia Berte	11 Bishop Garrigan	29-11.00	2
6 Nicole Jacobson	12 Bishop Heelan	29-03.00	1
7 Jordan Hanson	11 Bishop Garrigan	J29-03.00	
8 Lauren Wiskus	09 Kuemper Catholic	24-10.50	
9 Larissa Sitzmann	09 Gehlen Catholic	23-11.00	

Girls Discus Throw

Name	Year School	Finals	Points
1 Nicole Jacobson	12 Bishop Heelan	127-06	10
2 Melinda Zubrod	12 Gehlen Catholic	101-11	8
3 Julia Berte	11 Bishop Garrigan	98-00	6
4 Ella Skinner	11 Bishop Heelan	90-06	4
5 Allison Ruden	11 Gehlen Catholic	87-03	2
6 Kenzie Schon	09 Kuemper Catholic	79-11	1
7 Isabel Casey	09 Bishop Garrigan	73-07	
8 Larissa Sitzmann	09 Gehlen Catholic	69-05	

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9 Lauren Wiskus	09 Kuemper Catholic	65-11
10 Sarah Beumler	11 Bishop Heelan	65-01
11 Brianna Lux	10 Kuemper Catholic	61-03

Boys 100 Meter Dash

Name	Year School	Finals	H#	Points
1 Kase Baker	10 St. Edmond	11.75	2	10
2 Camden Lee	11 Bishop Heelan	11.82	2	8
3 Truman Haukap	11 Kuemper Catholic	12.02	2	6
4 Keyonte Clark	10 Bishop Heelan	12.15	2	4
5 Dawson Miller	12 SL St. Mary's	12.30	1	2
6 Jeremy Koenck	10 Remsen St. Marys	12.47	1	1
7 Cayne Reed	09 St. Edmond	12.70	2	
8 Carlos Hernandez	09 SL St. Mary's	12.99	1	
9 Mitchell Augustine	09 Gehlen Catholic	13.05	1	
10 Joey Trainer	10 Bishop Garrigan	13.21	1	
11 Kellen Murphy	10 Bishop Garrigan	13.27	2	
12 Yahir Vanegas	09 Gehlen Catholic	13.30	1	
13 Dawson Harpenau	10 Remsen St. Marys	14.23	1	
-- Sam Poland	11 Kuemper Catholic	SCR		

Boys 200 Meter Dash

Name	Year School	Finals	H#	Points
1 Kyle Berg	11 Kuemper Catholic	24.61	2	10
2 Truman Haukap	11 Kuemper Catholic	24.71	2	8
3 Dawson Miller	12 SL St. Mary's	24.83	1	6
4 Luke Longval	09 Bishop Heelan	24.96	2	4
5 John Meis	12 Bishop Garrigan	25.20	1	2
6 Joe Yaneff	12 Bishop Heelan	25.56	2	1
7 Blaine Harpenau	10 Remsen St. Marys	25.65	1	
8 Adam Schuch	12 Gehlen Catholic	25.74	1	
9 Cael Kolacia	10 St. Edmond	25.82	2	
10 Derek Nilles	10 Gehlen Catholic	25.83	1	
11 Brad Capesius	12 Bishop Garrigan	26.24	2	
12 Grant Helderfer	10 St. Edmond	26.43	2	
13 Dawson Harpenau	10 Remsen St. Marys	30.00	1	
-- Jake Heitman	12 SL St. Mary's	DNS	1	

Boys 400 Meter Dash

Name	Year School	Finals	H#	Points
1 Charlie Shelly	11 St. Edmond	53.50	2	10
2 Sean Flattery	10 St. Edmond	53.86	2	8
3 Tyler Putney	11 Kuemper Catholic	54.69	2	6
4 Ryan Dougherty	11 Bishop Heelan	55.41	2	4
5 Sam Vaske	12 Bishop Garrigan	56.79	2	2
6 Aiden Kuehl	09 Bishop Heelan	57.40	2	1
7 Ryan Livermore	09 Gehlen Catholic	1:00.63	2	
8 Carlos Hernandez	09 SL St. Mary's	1:02.47	1	
9 Wesley Galles	09 Remsen St. Marys	1:08.13	1	

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10 Dawson Harpenau	10 Remsen St. Marys	1:13.97	1
-- Reese Bock	10 Gehlen Catholic	DNS	1
-- Jake Hugelback	10 Kuemper Catholic	DNS	1

Boys 800 Meter Run

Name	Year School	Finals	Points
1 Michael Pottebaum	09 Kuemper Catholic	2:08.42	10
2 Andrew Gibb	12 St. Edmond	2:11.02	8
3 John Greer	10 Bishop Heelan	2:11.87	6
4 Tyler Putney	11 Kuemper Catholic	2:13.23	4
5 David Pithan	11 Bishop Heelan	2:13.63	2
6 Ethan Herbst	09 Gehlen Catholic	2:23.06	1
7 Traegen Kramer	10 Gehlen Catholic	2:24.16	
8 Quinn Swift	09 Bishop Garrigan	2:24.20	
9 Hollis Bode	09 Bishop Garrigan	2:33.74	
10 Wesley Galles	09 Remsen St. Marys	2:46.34	
11 Sam Medina	11 Remsen St. Marys	3:25.09	
-- Hayden Mayer	09 St. Edmond	DNS	

Boys 1600 Meter Run

Name	Year School	Finals	Points
1 Will Roder	11 Gehlen Catholic	4:44.03	10
2 Charlie Saulsbury	12 Bishop Heelan	4:44.62	8
3 Michael Pottebaum	09 Kuemper Catholic	4:56.00	6
4 Cole Satterwhite	11 Bishop Heelan	4:57.34	4
5 Jed Tracy	11 St. Edmond	5:17.06	2
6 Joseph Meis	10 Bishop Garrigan	5:18.87	1
7 Carson Tesch	11 Gehlen Catholic	5:26.76	
8 Joseph Bonstetter	10 Bishop Garrigan	6:54.02	
9 Anthony Sibbel	09 Kuemper Catholic	7:04.96	
-- Grant Helderfer	10 St. Edmond	DNS	

Boys 3200 Meter Run

Name	Year School	Finals	Points
1 Will Roder	11 Gehlen Catholic	10:07.57	10
2 John Greer	10 Bishop Heelan	10:51.73	8
3 Jed Tracy	11 St. Edmond	11:36.17	6
4 Noah Winkle	10 Bishop Heelan	12:18.53	4
5 Caleb Monahan	10 Kuemper Catholic	12:19.19	2

Boys 110 Meter Hurdles

Name	Year School	Finals	Points
1 Drew Olson	12 Bishop Heelan	15.72	10
2 Max Meyers	10 Kuemper Catholic	16.90	8
3 Jackson Bemrich	11 St. Edmond	17.23	6
4 Spencer Pick	11 Bishop Heelan	17.41	4
5 Chris Holzman	11 Gehlen Catholic	17.59	2

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6 Sam Poland	11 Kuemper Catholic	18.03	1
7 Marcus Plathe	11 Bishop Garrigan	19.13	
-- Grant Bemrich	10 St. Edmond	DNS	

Boys 400 Meter Hurdles

Name	Year School	Finals	H#	Points
1 Deonte Walker	12 Bishop Heelan	58.77	2	10
2 Isaac Vaske	11 Gehlen Catholic	58.94	2	8
3 Jake Heitman	12 SL St. Mary's	59.19	1	6
4 Jackson Bemrich	11 St. Edmond	1:00.76	2	4
5 Max Meyers	10 Kuemper Catholic	1:01.03	2	2
6 Sam Vaske	12 Bishop Garrigan	1:05.18	2	1
7 Marcus Plathe	11 Bishop Garrigan	1:06.76	1	
8 Marco Alverdo	09 Bishop Heelan	1:08.28	2	
9 Grant Bemrich	10 St. Edmond	1:14.52	1	

Boys 4x100 Meter Relay

School	Finals	H#	Points
1 Bishop Heelan 'A' 1) Keyonte Clark 10 3) Camden Lee 11	45.07	2	10
2 Kuemper Catholic 'A' 1) Sam Poland 11 3) Truman Haukap 11	46.86	2	8
3 St. Edmond 'A' 1) Nick Bennett 12 3) Charlie Shelly 11	47.31	2	6
4 Bishop Heelan 'B' 1) Major Heaton 11 3) Jared Sitzmann 11	x47.86	1	
5 Gehlen Catholic 'A' 1) Yahir Vanegas 09 3) Ryan Livermore 09	49.47	2	4
6 Bishop Garrigan 'A' 1) Kellen Murphy 10 3) Joey Trainer 10	50.78	2	2
7 Kuemper Catholic 'B' 1) Kurtis Ramsey 11 3) Caleb Monahan 10	x57.15	1	
8 St. Edmond 'B' 1) Tyler Rossmanith 09 3) Emanuel Perry 09	x57.23	1	
-- Remsen St. Marys 'A' 1) Damen Brownmiller 10 3) Austin Jensen 09	DNS	2	
2) Joe Yaneff 12 4) Drew Olson 12			
2) Jake Hugeback 10 4) Kyle Berg 11			
2) Kase Baker 10 4) Sean Newell 12			
2) Henry Sealey 11 4) Andrew Tobin 12			
2) Derek Nilles 10 4) Adam Schuch 12			
2) Derrick Kirsch 10 4) Marcus Plathe 11			
2) Brett Lux 09 4) Jacob Heisthusen 11			
2) Joe Li 09 4) Cameron Kirkeguard 09			
2) Dawson Harpenau 10 4) Wesley Smart 11			

Boys 4x200 Meter Relay

School	Finals	H#	Points
1 Bishop Heelan 'A'	1:37.53	2	10

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....Boys 4x200 Meter Relay

1) Keyonte Clark 10	2) Luke Longval 09		
3) Trent Hope 11	4) Camden Lee 11		
2 St. Edmond 'A'		1:38.87	2 8
1) Kase Baker 10	2) Nick Bennett 12		
3) Cael Kolacia 10	4) Sean Newell 12		
3 Bishop Heelan 'B'		x1:40.68	1
1) Major Heaton 11	2) Henry Sealey 11		
3) Cole Hogue 11	4) Brant Hogue 11		
4 Remsen St. Marys 'A'		1:40.82	2 6
1) Jeremy Koenck 10	2) Blaine Harpenau 10		
3) Damen Brownmiller 10	4) Austin Jensen 09		
5 Gehlen Catholic 'A'		1:45.03	2 4
1) Adam Schuch 12	2) Wyatt Tesch 11		
3) Yahir Vanegas 09	4) Mitchell Augustine 09		
6 Bishop Garrigan 'A'		1:48.17	2 2
1) Kellen Murphy 10	2) Derrick Kirsch 10		
3) Austin VonBank 10	4) Joey Trainer 10		
7 Kuemper Catholic 'A'		1:48.21	2 1
1) Nate Heinrichs 09	2) Patrick Hensel 09		
3) Chad Martin 10	4) Tanner Higby 09		
8 St. Edmond 'B'		x1:50.05	1
1) Cayne Reed 09	2) Isaac Landwehr 09		
3) Grant Helderfer 10	4) Grant Webster 09		
9 Kuemper Catholic 'B'		x1:57.16	1
1) Trent Eischeid 09	2) Garrett Christensen 09		
3) Anthony Sibbel 09	4) AJ Domer 09		

Boys 4x400 Meter Relay

School		Finals	Points
1 St. Edmond 'A'		3:40.80	10
1) Sean Newell 12	2) Sean Flattery 10		
3) Andrew Gibb 12	4) Charlie Shelly 11		
2 Bishop Heelan 'A'		3:42.06	8
1) Ryan Dougherty 11	2) Luke Longval 09		
3) Trent Hope 11	4) RJ Breen 11		
3 Bishop Garrigan 'A'		3:48.56	6
1) John Capesius 12	2) Tristan Ferguson 12		
3) Brad Capesius 12	4) John Meis 12		
4 Gehlen Catholic 'A'		3:49.75	4
1) Dylan Lehmann 09	2) Jeff Augustine 10		
3) Ethan Peters 11	4) Isaac Vaske 11		
5 Remsen St. Marys 'A'		4:10.25	2
1) Jeremy Koenck 10	2) Blaine Harpenau 10		
3) Damen Brownmiller 10	4) Austin Jensen 09		
6 Kuemper Catholic 'A'		4:24.85	1
1) Nate Heinrichs 09	2) Grant Nielsen 10		
3) Garrett Christensen 09	4) Patrick Hensel 09		

Boys 4x800 Meter Relay

School		Finals	Points
1 Bishop Heelan 'A'		8:59.89	10

2019 CYO Meet - 3/27/2019

Memorial Field

Results

....Boys 4x800 Meter Relay

1) Marshall Huls 12	2) RJ Breen 11		
3) David Pithan 11	4) Cole Satterwhite 11		
2 Gehlen Catholic 'A'		9:17.30	8
1) Carson Tesch 11	2) Traegen Kramer 10		
3) Ethan Herbst 09	4) Nathan Nemmers 10		
3 Bishop Garrigan 'A'		9:45.57	6
1) Joseph Meis 10	2) Quinn Swift 09		
3) Hollis Bode 09	4) Austin VonBank 10		
4 St. Edmond 'A'		10:04.33	4
1) Grant Helderfer 10	2) Hayden Mayer 09		
3) Drew Szalat 09	4) Zach Loerts 09		
5 Kuemper Catholic 'A'		10:59.45	2
1) Grant Nielsen 10	2) Trent Eischeid 09		
3) Garrett Christensen 09	4) Patrick Hensel 09		

Boys 800 Sprint Medley

School	Finals	H#	Points
1 St. Edmond 'A'	1:40.68	2	10
1) Kase Baker 10	2) Sean Flattery 10		
3) Sean Newell 12	4) Charlie Shelly 11		
2 Bishop Heelan 'A'	1:43.03	2	8
1) RJ Breen 11	2) Camden Lee 11		
3) Trent Hope 11	4) Ryan Dougherty 11		
3 Bishop Garrigan 'A'	1:44.42	2	6
1) John Meis 12	2) Brad Capesius 12		
3) Tristan Ferguson 12	4) John Capesius 12		
4 Kuemper Catholic 'A'	1:44.73	2	4
1) Sam Poland 11	2) Jake Hugeback 10		
3) Michael Pottebaum 09	4) Tyler Putney 11		
5 Gehlen Catholic 'A'	1:45.52	2	2
1) Dylan Lehmann 09	2) Derek Nilles 10		
3) Isaac Vaske 11	4) Jeff Augustine 10		
6 Remsen St. Marys 'A'	1:47.28	2	1
1) Jeremy Koenck 10	2) Blaine Harpenau 10		
3) Damen Brownmiller 10	4) Austin Jensen 09		
7 Bishop Heelan 'B'	x1:51.52	1	
1) Ian Gill 09	2) Benton Schaefer 10		
3) Aiden Kuehl 09	4) Jake Wiest 09		
8 St. Edmond 'B'	x1:54.11	1	
1) Tyler Rossmannith 09	2) Grant Webster 09		
3) Isaac Landwehr 09	4) Cayne Reed 09		
9 Kuemper Catholic 'B'	x2:05.14	1	
1) AJ Domer 09	2) Anthony Sibbel 09		
3) Garrett Christensen 09	4) Nate Heinrichs 09		

Boys Distance Medley

School	Finals	Points
1 Bishop Heelan 'A'	3:47.68	10
1) Drew Olson 12	2) Joe Yaneff 12	
3) Deonte Walker 12	4) Charlie Saulsbury 12	
2 Bishop Garrigan 'A'	3:58.30	8

2019 CYO Meet - 3/27/2019**Memorial Field****Results****....Boys Distance Medley**

1) John Capesius 12	2) Brad Capesius 12		
3) Tristan Ferguson 12	4) John Meis 12		
3 St. Edmond 'A'		4:00.56	6
1) Nick Bennett 12	2) Jackson Bemrich 11		
3) Cael Kolacia 10	4) Andrew Gibb 12		
4 Gehlen Catholic 'A'		4:03.09	4
1) Dylan Lehmann 09	2) Derek Nilles 10		
3) Ethan Peters 11	4) Jeff Augustine 10		
5 Kuemper Catholic 'A'		4:13.89	2
1) Jake Hugeback 10	2) Kyle Berg 11		
3) Tanner Higby 09	4) Chad Martin 10		

Boys 4x110 Meter Shuttle Hurdle

School		Finals	H#	Points
1 Kuemper Catholic 'A'		1:06.48	2	10
1) Max Meyers 10	2) Sam Poland 11			
3) Kyle Berg 11	4) Truman Haukap 11			
2 Bishop Heelan 'A'		1:07.39	2	8
1) Drew Olson 12	2) Deonte Walker 12			
3) Trent Hope 11	4) Spencer Pick 11			
3 Gehlen Catholic 'A'		1:08.89	1	6
1) Adam Schuch 12	2) Dylan Lehmann 09			
3) Chris Holzman 11	4) Isaac Vaske 11			
4 Bishop Garrigan 'A'		1:14.12	1	4
1) Derrick Kirsch 10	2) Marcus Plathe 11			
3) Sam Vaske 12	4) Kellen Murphy 10			
5 St. Edmond 'A'		1:19.12	2	2
1) Jackson Bemrich 11	2) Grant Bemrich 10			
3) Isaac Landwehr 09	4) Drew Szalat 09			

Boys High Jump

Name	Year	School	Finals	Points
1 Dawson Miller	12	SL St. Mary's	5-11.00	10
2 Ethan Peters	11	Gehlen Catholic	5-08.00	8
3 Chad Martin	10	Kuemper Catholic	J5-08.00	6
4 Benton Schaefer	10	Bishop Heelan	5-06.00	4
5 Austin VonBank	10	Bishop Garrigan	5-04.00	2
-- Ian Gill	09	Bishop Heelan	NH	

Boys Long Jump

Name	Year	School	Finals	Points
1 Kyle Berg	11	Kuemper Catholic	20-10.00	10
2 Jake Heitman	12	SL St. Mary's	20-07.00	8
3 Keyonte Clark	10	Bishop Heelan	20-01.00	6
4 Tristan Ferguson	12	Bishop Garrigan	19-11.00	4
5 Sean Flattery	10	St. Edmond	18-02.00	2
6 Chris Holzman	11	Gehlen Catholic	17-10.00	1
7 Luke Longval	09	Bishop Heelan	17-09.00	
8 Ethan Herbst	09	Gehlen Catholic	17-04.00	

2019 CYO Meet - 3/27/2019**Memorial Field****Results****....Boys Long Jump**

9 AJ Domer 09 Kuemper Catholic 14-05.50

Boys Shot Put

Name	Year	School	Finals	H#	Points
1 T.J. Schnurr	12	Bishop Garrigan	51-07.00	2	10
2 Alex Mammen	11	Bishop Garrigan	47-08.50	2	8
3 Kobe Clayborne	11	Bishop Heelan	47-08.00	2	6
4 Cade Block	11	Bishop Heelan	40-03.00	2	4
5 Jacob Heisthusen	11	Kuemper Catholic	38-01.50	2	2
6 Caden La Fleur	09	Bishop Heelan	35-09.50	2	1
7 Wesley Smart	11	Remsen St. Marys	30-04.50	1	
8 Easton Macklem	10	Gehlen Catholic	30-04.00	2	
9 Logan Dreckman	09	Gehlen Catholic	28-06.00	2	
10 Ryan Livermore	09	Gehlen Catholic	28-05.00	1	
11 Kurtis Ramsey	11	Kuemper Catholic	27-08.50	1	
12 Emanuel Perry	09	St. Edmond	26-09.50	1	
13 Brett Lux	09	Kuemper Catholic	26-09.00	1	
14 Emillian Gaxzia	09	St. Edmond	26-04.50	1	
15 Connor Lawton	09	St. Edmond	20-08.00	1	

Boys Discus Throw

Name	Year	School	Finals	H#	Points
1 Cade Block	11	Bishop Heelan	135-03	2	10
2 Caden La Fleur	09	Bishop Heelan	132-10	2	8
3 Thomas McGowan	11	Bishop Heelan	129-11	2	6
4 Easton Macklem	10	Gehlen Catholic	113-02	2	4
5 Jeff Augustine	10	Gehlen Catholic	111-11	2	2
6 Ryan Livermore	09	Gehlen Catholic	107-06	1	1
7 Jacob Heisthusen	11	Kuemper Catholic	92-11	2	
8 Wesley Galles	09	Remsen St. Marys	81-02	2	
9 Emanuel Perry	09	St. Edmond	74-01	1	
10 Kurtis Ramsey	11	Kuemper Catholic	70-10	1	
11 Brett Lux	09	Kuemper Catholic	62-03	1	
12 Wesley Smart	11	Remsen St. Marys	61-04	1	
13 Emillian Gaxzia	09	St. Edmond	54-04	1	
14 Connor Lawton	09	St. Edmond	47-09	1	

Women - Team Rankings - 19 Events Scored

1) Bishop Heelan	172	2) Bishop Garrigan	106
3) Gehlen Catholic	101	4) Kuemper Catholic	86
5) St. Edmond	70	6) Storm Lake St. Marys	24
7) Remsen St. Marys	14		

Men - Team Rankings - 19 Events Scored

1) Bishop Heelan	187	2) Kuemper Catholic	109
3) St. Edmond	102	4) Gehlen Catholic	79
5) Bishop Garrigan	64	6) Storm Lake St. Marys	32
7) Remsen St. Marys	10		