

ELC Girls Invitational Relays - 4/18/2019

4/18/2019

Results

Event 2 Girls High Jump Varsity

Name	Team	Finals
Finals		
1 Delperdang, Kourtney	SPLP	J4-10.00
2 Steinberger, Hope	NU	J4-10.00
3 Dillavou, Shea	FC	J4-08.00
4 Cole, Skylar	SL	J4-08.00
5 Yanga, Mary	SL	J4-06.00
6 Armstrong, Nevaeh	ELC	J4-04.00
7 Stave, Madi	SPEN	4-02.00
8 Holmes, Jodeci	FR	J4-02.00
--- Gayther, Olivia	FC	DNF
--- Nielsen, Sam	NU	DNF

Event 4 Girls Long Jump Varsity

Name	Team	Finals
Finals		
1 Koch, Kelsey	FC	15-00.50
2 Johnson, Jaelyn	SPEN	15-00.00
3 Lausen, Natalie	ELC	14-09.00
4 Helgeson, Regan	FC	14-08.00
5 Johnson, Nadine	SPEN	14-00.50
6 Fahnlander, Kally	SCEN	13-10.50
7 Hackbarth, Emma	SPLP	13-04.50
7 Thao, Apisinee	SL	13-04.50
9 Soukup, Shalaki	EMBG	13-03.00
10 Baccam, Chelsea	SL	13-00.00
11 Bechtel, Ember	ELC	12-10.50
12 Kuiper, Kayleigh	FR	12-07.50
13 Holmes, Jodeci	FR	12-03.00
14 Peoppe, Raylene	EMBG	11-09.50
15 Tirevold, Kaylee	NU	11-03.50
16 Rusk, Hallie	SCEN	11-03.00
17 Watkins, Kasandra	NU	11-00.00
--- Vierkant, Maddie	SPLP	DNF

Event 6 Girls Discus Throw Varsity

Name	Team	Finals
Finals		
1 Schany, Molly	EMBG	124-06
2 Brennan, Annie	EMBG	106-00
3 Heisinger, Josie	SPEN	104-00
4 Banuelos, Alazay	SL	99-08
5 Holland, Cora	FC	96-08.50
6 Ruschy, Kendyl	ELC	91-04
7 Robinson, Morgan	SPEN	84-09
8 Segerstrom, Emma	FC	82-02
9 McCoy, Lena	ELC	76-00
10 Kleespies, Mia	SL	67-00.50
11 Smith, Jordan	SPLP	67-00
12 Ahrendson, Emma	SCEN	63-08
13 Laabs, Avery	NU	61-03
14 Fahnlander, Nicole	SCEN	58-11
15 Burt, Makayla	NU	57-03

Event 8 Girls Shot Put Varsity

Name	Team	Finals
Finals		
1 Heisinger, Josie	SPEN	38-07.00
2 Schany, Molly	EMBG	36-06.50
3 Holland, Cora	FC	33-08.50
4 Brennan, Annie	EMBG	33-04.00
5 Robinson, Morgan	SPEN	32-11.50
6 Banuelos, Alazay	SL	29-00.00
7 Boyd, Amyah	SL	28-05.00
8 Segerstrom, Emma	FC	28-03.00
9 McCoy, Lena	ELC	26-04.00
10 Madison, Mack	ELC	26-01.50
11 Ahrendson, Emma	SCEN	25-07.50
12 Davis, Brandi	FR	24-09.50
13 Burt, Makayla	NU	21-04.50
14 Laabs, Avery	NU	20-00.00
15 Smith, Jordan	SPLP	19-03.50
16 Rodriguez, Alicia	FR	17-00.00
17 Nelsen, Lindsey	SCEN	14-11.00

Event 10 Girls 800 Sprint Medley Varsity

Lane	Team	Relay	Finals
Finals			
1	Estherville	A	1:58.51
2	Spencer	A	1:58.86
3	Emmetsburg	A	1:59.24
4	Storm Lake	A	2:01.65
5	Sioux Central	A	2:01.97
6	Spirit Lake Park	A	2:03.71
7	Forest City	A	2:04.97
8	North Union	A	2:06.36
9	Forest Ridge	A	2:27.85

Event 12 Girls 3000 Meter Run Varsity

Name	Team	Finals
Finals		
1 Fisher, Elisa	SPEN	11:38.84
2 Janssen, Gabrielle	EMBG	12:29.38
3 Hackbarth, Emma	SPLP	13:02.00
4 Weaver, Anna	FC	13:20.00
5 Simpson, Mia	SPEN	13:29.26
6 Householder, Izzy	EMBG	13:32.75
7 Venegas, Abby	SL	14:00.82
8 Warrington, Lorna	NU	14:02.09
9 Young, Allison	ELC	14:04.54
10 Ledesma, Mireya	SCEN	14:49.10

Event 14 Girls 4x800 Meter Relay Varsity

Team	Relay	Finals	
Finals			
1	Spencer	A	10:56.16
2	Estherville	A	11:09.02
3	Forest City	A	11:50.78
4	Storm Lake	A	12:46.27

Event 16 Girls 4x100 Meter Shuttle Hurdle Varsity

Lane	Team	Relay	Finals
Finals			
1	Emmetsburg	A	1:09.87
2	Spencer	A	1:14.24
3	Spirit Lake Park	A	1:14.42
4	Storm Lake	A	1:19.95
5	North Union	A	1:20.12

Event 18 Girls 100 Meter Dash Varsity

Lane	Name	Team	Finals
Finals			
1	Hopkins, Kailee	SPEN	13.21
2	Lausen, Natalie	ELC	13.26
3	Nissen, Katelyn	SPEN	13.34
4	Louwagie, Sam	SL	13.75
5	Moore, Jordyn	ELC	13.76
6	Mueller, Maggie	SCEN	13.78
7	Feeley, Alyssa	SCEN	14.45
8	Steinberger, Hope	NU	14.46
9	Vivens, Rianna	NU	14.53
10	Nelson, Maggie	EMBG	14.81
11	Rasche, Ava	SPLP	14.84
12	Miller, Kaylee	FC	14.91
13	Yanga, Mary	SL	15.06
14	Hamer, Nakiah	FR	15.30
15	Korthals, Madi	FC	15.68
16	McLoughlin, Andrea	FR	15.70

Event 20 Girls Distance Medley Varsity

Team	Relay	Finals	
Finals			
1	Spirit Lake Park	A	4:38.42
2	Spencer	A	4:44.52
3	Forest City	A	4:48.05
4	Sioux Central	A	4:54.22
5	North Union	A	5:12.90
6	Storm Lake	A	5:13.24
7	Estherville	A	5:31.22

Event 22 Girls 400 Meter Dash Varsity

Lane	Name	Team	Finals
Finals			
1	Kenkel, Emma	SL	1:01.88
2	Morey, Jenna	SPEN	1:04.42
3	Krieger, Kacey	SPLP	1:06.46
4	Halverson, Allie	SPEN	1:07.09
5	Dillavou, Shea	FC	1:07.78
6	Rosfjord, Adrienne	ELC	1:09.04
7	Rasche, Ava	SPLP	1:09.68
8	Peoppe, Raylene	EMBG	1:11.13
9	Baccam, Chelsea	SL	1:12.62
10	Foxhoven, Emma	EMBG	1:13.00
11	Watkins, Kasandra	NU	1:14.94
12	Kuiper, Kayleigh	FR	1:21.51
13	Ledesma, Lupita	SCEN	1:25.07

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Finals ... (Event 22 Girls 400 Meter Dash Varsity)

14 Helbing, Chelsey	SCEN	1:30.31
15 Sierra, Johanna	FR	1:46.09

Event 24 Girls 4x200 Meter Relay Varsity

Lane	Team	Relay	Finals
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Finals

1 Estherville	A	1:51.05
2 Spencer	A	1:51.37
3 Emmetsburg	A	1:53.76
4 Spirit Lake Park	A	1:56.74
5 Sioux Central	A	1:59.72
6 North Union	A	2:01.07
7 Forest City	A	2:04.87
8 Forest Ridge	A	2:15.78
9 Storm Lake	A	2:17.32

Event 26 Girls 100 Meter Hurdles Varsity

Lane	Name	Team	Finals
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Finals

1 Koch, Kelsey	FC	16.39
2 Jenness, Emma	SPLP	17.01
3 Carter, Lindsay	EMBG	17.29
4 Stave, Madi	SPEN	17.59
5 Bozonie, Rachel	SL	17.91
6 Rolling, Maddie	NU	18.26
7 Schon, Leah	SPEN	18.37
8 Nielsen, Sam	NU	18.93
9 Boettcher, Karly	SCEN	19.13
10 Oehler, Emma	SL	19.14
11 Jessen, Jenna	SCEN	19.37
12 Bechtel, Ember	ELC	21.18
13 Madden, Brielle	EMBG	21.87
14 Kato, Mulu	FR	23.75

Event 28 Girls 800 Meter Run Varsity

Name	Team	Finals
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Finals

1 LaLone, Sami	SL	2:30.64
2 Fisher, Elisa	SPEN	2:31.45
3 Hamilton, Grace	SPEN	2:31.47
4 Janssen, Gabrielle	EMBG	2:41.24
5 Cole, Skylar	SL	2:44.33
6 Lonning, Emma	SCEN	2:47.11
7 Rosfjord, Adrienne	ELC	2:51.03
8 Dykema, Jenny	SPLP	2:51.42
9 Hackbarth, Emma	SPLP	2:53.69
10 Knudtson, Kalin	FC	2:54.55
11 Humble, Laura	ELC	2:56.79
12 Weaver, Anna	FC	3:01.05
13 Sandvig, Hanna	NU	3:12.75
--- Titus, Alex	FR	DNF
--- Morgan, Lily	FR	DNF

Event 30 Girls 200 Meter Dash Varsity

Lane	Name	Team	Finals
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Finals

1 Christoffer, Riley	ELC	27.43
2 Louwagie, Sam	SL	27.71
3 Lausen, Natalie	ELC	28.03
4 Huntoon, Gabby	SPEN	28.82
5 Grau, Lindsay	SPLP	28.90
6 Lagunes-Cervantes, Nich	SPEN	29.59
7 Krieger, Kacey	SPLP	29.71
8 Steinberger, Hope	NU	29.73
9 Schany, Molly	EMBG	29.77
10 Jones, Keevan	FC	29.90
11 Beadle, Cassie	NU	29.98
12 Mejia, Gisselle	SL	30.20
13 Good, Hannah	FC	30.56
14 Feeley, Alyssa	SCEN	30.67
15 Foxhoven, Emma	EMBG	30.80
16 Rusk, Hallie	SCEN	34.08
17 Davis, Brandi	FR	35.32
18 Mading, Nyekaan	FR	35.77

Event 32 Girls 400 Meter Hurdles Varsity

Lane	Name	Team	Finals
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Finals

1 Joyce, Delaney	EMBG	1:10.91
2 Jenness, Emma	SPLP	1:11.49
3 Fahlander, Kally	SCEN	1:14.59
4 Stave, Madi	SPEN	1:16.64
5 Astello, Alyna	ELC	1:21.92
6 Schon, Leah	SPEN	1:25.28
7 Guerdet, Olivia	NU	1:35.21
8 Fischer, Amber	FR	1:35.84
9 Youngstedt, Riley	SL	1:38.10
10 Oehler, Emma	SL	1:46.05

Event 34 Girls 1500 Meter Run Varsity

Name	Team	Finals
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Finals

1 Delperdang, Kourtney	SPLP	5:32.65
2 Fisher, Brenna	SPEN	5:34.02
3 Warren, Emalee	FC	5:59.27
4 Humble, Laura	ELC	6:00.80
5 McCarthy, Noli	SPLP	6:02.36
6 Simpson, Mia	SPEN	6:05.22
7 Winum, Henriette	FC	6:15.17
8 Householder, Izzy	EMBG	6:22.88
9 Venegas, Abby	SL	6:31.16
10 Domek, Margaret	ELC	6:32.80
11 Warrington, Lorna	NU	6:34.33
12 Ledesma, Mireya	SCEN	6:38.66
13 Arreola, Andrea	SL	7:12.46
14 Finneran, Mersadees	FR	7:26.70
15 Watkins, Kasandra	NU	7:41.73
16 Helbing, Chelsey	SCEN	7:46.63

Event 36 Girls 4x100 Meter Relay Varsity

Lane	Team	Relay	Finals
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Finals

1 Spencer	A	52.65
2 Spirit Lake Park	A	54.81
3 Emmetsburg	A	55.01
4 Estherville	A	56.68
5 North Union	A	56.96
6 Storm Lake	A	56.99
7 Forest City	A	57.95
8 Sioux Central	A	58.14
9 Forest Ridge	A	1:15.54

Event 38 Girls 4x400 Meter Relay Varsity

Team	Relay	Finals
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Finals

1 Forest City	A	4:20.27
2 Spencer	A	4:21.54
3 Spirit Lake Park	A	4:31.39
4 Estherville	A	4:31.96
5 Sioux Central	A	4:33.60
6 North Union	A	4:35.87
7 Storm Lake	A	4:58.44
8 Forest Ridge	A	5:50.13