



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# Do More Be More

## Grandmaster Fowlkes' Five Element Martial Art System

### F.E.M.A.S.

Metal - Wood - Fire - Earth - Water

Military Combative Martial Art founded by Grandmaster Franklin A. (Butch) Fowlkes, Instructed by 2nd Degree Black Belt - Ryan Ludwick

- Youth and Adults are welcome to join
- Class meets Tuesday and Thursday nights from 7:00-8:00pm.
- Fees are collected on a monthly basis. (First Class of Each Month)

**FEE: Monthly**

Uniform

**LOCATION:**

\$40.00/Members, \$50.00/Program Members

\$40.00 - Optional

RANDOLPH AREA YMCA - AEROBICS ROOM

Questions??? Contact Ryan Ludwick, 660-263-3600 or via email at

[rludwick@randolphareaymca.com](mailto:rludwick@randolphareaymca.com)

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Participant Name \_\_\_\_\_ Male \_\_\_\_\_ Female \_\_\_\_\_ Birth-date \_\_\_\_/\_\_\_\_/\_\_\_\_ Age \_\_\_\_\_ Grade \_\_\_\_\_ School \_\_\_\_\_

Parents Name \_\_\_\_\_ Phone# \_\_\_\_\_ Address \_\_\_\_\_ City \_\_\_\_\_ Zip \_\_\_\_\_

Email \_\_\_\_\_ Any health restrictions the Y staff should be aware of \_\_\_\_\_

Emergency Contact \_\_\_\_\_ Phone Number \_\_\_\_\_

**Release and waiver of liability**

In consideration of being allowed to participate in any way in Randolph Area YMCA athletic sports program, related events and activities, the undersigned acknowledges, appreciates, and agrees that:

- 1) The risk of injury from the activities involved in this program is significant, including the potential for permanent paralysis and death, and while particular rules, equipment, and personal discipline may reduce this risk, the risk of serious injury does exist; and,
- 2) I KNOWINGLY AND FREELY ASSUME ALL SUCH RISKS, both known and unknown, EVEN IF ARISING FROM THE NEGLIGENCE OF THE RELEASEES or others, and assume full responsibility for my participation; and,
- 3) I willingly agree to comply with the stated and customary terms and conditions for participation. If, however, I observe any unusual significant hazard during my presence or participation, I will remove myself from participation and bring such to the attention of the nearest official immediately; and,
- 4) I, for myself and on behalf of my heirs, assigns, personal representatives and next of kin, HEREBY RELEASE AND HOLD HARMLESS Randolph Area YMCA their officers, officials, agents, and/or employees, other participants, sponsoring agencies, sponsors, advertisers, and if applicable, owners and lessors of premises used to conduct the event ("RELEASEES"), WITH RESPECT TO ANY AND ALL INJURY, DISABILITY, DEATH, or loss or damage to person or property, WHETHER ARISING FROM THE NEGLIGENCE OF THE RELEASEES OR OTHERWISE, to the fullest extent permitted by law.

**I HAVE READ THIS RELEASE OF LIABILITY AND ASSUMPTION OF RISK AGREEMENT, FULLY UNDERSTAND ITS TERMS, UNDERSTAND THAT I HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT, AND SIGN IT FREELY AND VOLUNTARILY WITHOUT ANY INDUCEMENT.**

**RANDOLPH AREA YMCA PHOTO AND VIDEO/AUDIO RECORDING RELEASE**

For my participation in activities to be conducted by RANDOLPH AREA YMCA, I hereby give my permission and consent, now and for all time, to RANDOLPH AREA YMCA, the National Council of Young Men's Christian Associations of the United States of America (YMCA of the USA) and third parties collaborating with RANDOLPH AREA YMCA, and/or YMCA of the USA to make, reproduce, edit, broadcast or rebroadcast any video film, footage, sound track recordings and photo reproductions of me and/or my narrative account of my experience at RANDOLPH AREA YMCA, for publication, display, sale or exhibition thereof in promotions, advertising and legitimate business uses without any compensation to, and/or claim, by me. I may, or may not be, identified in such reproductions; however, I shall not be stated by name to have endorsed any particular commercial products or commercial services.

I further agree to the following:

- Any video film, footage, sound track recordings, and photo reproductions of me and/or my narrative account of my experience at RANDOLPH AREA YMCA, I authorize, according to this Release, shall belong to RANDOLPH AREA YMCA, YMCA of the USA and third parties collaborating with RANDOLPH AREA YMCA, and/or YMCA of the USA. Therefore, they will have full right of disposition of any video film, footage, sound track recordings and photo reproductions of me and/or my narrative account of my experience RANDOLPH AREA YMCA;
- Any video film, footage, sound track recordings and photo reproductions of me and/or my narrative account of my experience RANDOLPH AREA YMCA, will not be subject to any obligation of confidentiality and may be shared with and used by RANDOLPH AREA YMCA, YMCA of the USA and third parties collaborating with RANDOLPH AREA YMCA, and/or YMCA of the USA;
- RANDOLPH AREA YMCA, YMCA of the USA and third parties collaborating with RANDOLPH AREA YMCA, and/or YMCA of the USA shall not be liable for any use or disclosure to a third party of any video film, footage, sound track recordings and photo reproductions of me and/or my narrative account of my experience at RANDOLPH AREA YMCA; and
- RANDOLPH AREA YMCA, YMCA of the USA and third parties collaborating with RANDOLPH AREA YMCA, and/or YMCA of the USA shall exclusively own all known or later existing rights to worldwide and shall be entitled to the unrestricted use any video film, footage, sound track recordings and photo reproductions of me and/or my narrative account of my experience at RANDOLPH AREA YMCA, for any purpose without compensation to me.

I agree that my consent and this release are irrevocable. I hereby release and discharge RANDOLPH AREA YMCA, YMCA of the USA and third parties collaborating with RANDOLPH AREA YMCA, and/or YMCA of the USA from any and all claims in connection with the uses and reproductions of any video film, footage, sound track recordings and photo reproductions of me and/or my narrative account of my experience RANDOLPH AREA YMCA, as described herein.

**Refund Policy**

Refunds of program fees will be given for any registrations cancelled by the participant two weeks prior to the first class/practice minus an administrative fee of \$5. If the program/class is cancelled by the Randolph Area YMCA, a full refund of participation fees will be given. Partial refunds may be given for programs/classes that participants are unable to complete due to illness or injury. It is the responsibility of the participant to notify the Randolph Area YMCA prior to the end of the program/season of any refund request. A partial refund may also be provided if a participant is not satisfied with the program if it is requested within the first two classes/practices. Allow up to 14 days for your refund to be processed.

\_\_\_\_\_  
Parent or Guardians name (please print)

\_\_\_\_\_  
Date

\_\_\_\_\_  
Signature