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## LOCAL RECAP News Brief

**COFFEE & COMMUNITY CONVERSATION**  
8:30 - 9:30AM FRIDAYS at the Lapham Center. Join the New Canaan Sentinel for a community coffee and conversation.

### POLICE & FIRE

The New Canaan Police Department will hold a "Tip-A-Cop" event on May 16, 2024, from 5 PM to 8 PM. This event will take place at Gates Restaurant, 10 Forest Street. All proceeds will support the Connecticut Special Olympics. Community members are encouraged to dine at Gates and tip the officers serving as waitstaff. For more information contact: specialolympicsct@soct.org

### FROM TOWN HALL

The Health and Human Services meeting was held on May 2nd with members Russell Barksdale, Peter Campbell, Tom Ferguson, Dr. Raquel Harrison, Jenn Hladick, Jim Lisher, Alyssa MacKenzie, and Dr. Harrison Pierce present. Conversations included increases in suicidal ideation, and steady use of the New Canaan Urgent Assessment Program. It was noted that 25% of high school students and 20% of college students use stimulants for studying, and there are ongoing studies examining depression linked to withdrawal from these substances. Commissioners discussed their plans to invite additional sources to a future meeting and to review state funding for youth services. One suggestion of a collaboration was with Senator Chris Murphy on his community-building initiatives to reduce isolation and loneliness, noting the value of first responder data. Leveraging the "Wait Until Eight" campaign was proposed to engage parents, highlighting successful implementations of similar initiatives in other towns. The discussion emphasized the importance of education, engaging isolated seniors, and promoting community participation to address issues like depression and suicidal ideation. The next meeting is scheduled for June 6th. For more information visit: <https://newcanaantownct.documents-on-demand.com/Document/ad63c9be-6d0c-ef11-a401-000c29a59557/ad63c9be-6d0c-ef11-a401-000c29a59557>

**At a recent meeting, the Conservation Commission** addressed several issues, including inconsistencies in PURA regulations on public water company land sales; one document requires municipal notice but not land trust and a second document does not include land trust, Eversource's annual tree trimming, and Bristow Park security enhancements to discourage vandalism. The Commission also discussed the Transfer Station; renewing the contract with haulers

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[Publisher@NewCanaanSentinel.com](mailto:Publisher@NewCanaanSentinel.com)



## 'With Every Fiber'

By ANNALI HAYWARD

A new long-term exhibit has opened at Grace Farms, bringing the causes of the Design for Freedom movement directly to the public for the first time.

'With Every Fiber' combines artistic and industrial elements to tell stories, provoke thought and ultimately help audiences think about where the materials come from that make up the built environment.

At the opening ceremony last week, over 100 attendees from across the architecture, design and materials industries gathered to hear directly from those involved in the exhibit about its creation, meaning and intended impact.

"It is a marker in time for us," said Grace Farms founder and CEO Sharon Prince, who, in 2020, began the movement which has now reached over 25,000 professionals through meetings and presentations.

Grace Farms curator and creative director Chelsea Thatcher brought together an all-star team of designers, suppliers, artists and other industry

professionals to collaborate on the space, including Nina Cooke John of Studio Cooke John Architecture + Design and Eddie Opara, partner at Pentagram, who led the graphics.

The result is an exciting mix of art, science and design. Poetry from U.S. laureate Joy Harjo sits across from examples of cutting-edge research into new sustainable materials from the Yale Center for Ecosystems + Architecture — including those made from coconut, mycelia, and silk cocoons. The latter, said Anna Dyson, founder of the Yale center, "can be stitched together to make something that is stronger than steel in terms of tensile strength."

Around the walls, which are covered in a custom fabric by Maharam, photographs by humanitarian Lisa Kristine highlight the plight of the estimated 28 million people worldwide in enforced labor or modern slavery. Elsewhere, examples of pilot Design for Freedom projects show how ethical sourcing can be done, such as in the New Canaan Library, where a number of materials for the new building

**'With Every Fiber' combines artistic and industrial elements to tell stories, provoke thought and ultimately help audiences think about where the materials come from that make up the built environment.**

were mapped as far upstream in the supply chain as possible.

The balance the world needs, said Dyson, is to "design for both humans and other systems, other living beings simultaneously because we're all together. And that's exactly what the materials on this wall are." Indeed, although it is titled 'Future Materials,' Dyson says this part of the exhibit is more like 'back to the future,' showcasing "indigenous and vernacular" methods that the Yale research teams have developed from around the world.

Cooke John, who designed the space, told attendees that even as an industry insider, she had not realized the extent of the problem. "I hope that as [they] move in and out of the intense pockets of these displays and move through the room, young families from

the neighborhood and design professionals alike will find moments of contemplation and inspiration amongst the depth of information that puts a face, hands and legs onto the real people who support our lifestyles."

What's next in terms of action? "I'm looking at all of you," Prince told the assembly of industry insiders — a sentiment echoed by Opara in his closing remarks:

"As designers, architects, researchers and curators, we wield the power to inspire change," said Opara. "Let us use this exhibit as a platform not only to display beauty, knowledge and accessibility, but also to champion sustainable materials and fight against forced labor, as our world desperately needs us to."

## State Senate Acts to Restore Some Local Zoning Authority

The Connecticut General Assembly has passed Senate Bill 333 (S.B. 333), aimed at restoring more local control over planning and zoning decisions, the eminent domain process, and the management of municipal property. The bill, now awaiting Governor Ned Lamont's signature, has garnered bipartisan support.

Introduced by the Planning and Development Committee, S.B. 333 seeks to amend restrictions that have centralized key aspects of municipal governance at the state level. This legislative action is a response to previous laws that imposed state oversight over local decisions.

The bill was authored and championed by Senator Ryan Fazio, who serves as the ranking member on the Planning & Development Committee. Fazio has been a vocal advocate for reducing state interference in local governance, arguing that such measures are crucial for tailored and effective municipal management. "For too long, the state has overstepped, undermining local authorities that better understand the needs of their communities," Fazio stated during the legislative session.

S.B. 333 had the support of co-sponsors: Representative David Michel (D - Stamford), Representative Tom O'Dea (R - New Canaan), Senator Rob Sampson (R - Wolcott), Representative Christine Conley (D - Groton), Representative Tom Delnicki (R - South Windsor), and Representative William Pizzuto (R - Waterbury).

### Provisions of the Bill

The legislation outlines three key areas of reform:

**Planning and Zoning Commissions:** It removes state-imposed limitations, granting municipalities the autonomy to adjust their local charter provisions related to zoning and planning.

**Eminent Domain:** S.B. 333 restores local oversight over the eminent domain process, ensuring that decisions regarding the requisition of private property for public use are made closer to the affected communities.

**Disposition of Municipal Property:** The bill facilitates easier

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### COLUMN

## The Anger Cauldron



Illustrated by Wajih Chaudhry

By JILL S. WOOLWORTH, LMFT

Anger is not bad. It can be a helpful barometer to show us when change is needed. Problems arise when we store anger without understanding it. Most of us have trouble looking into our own anger cauldron, but if we don't, our anger can heat up.

When we or someone we love flies off the handle, it helps to look under the lid of anger for the hurt, the pain, the fear, or the sadness that has not been addressed—that has boiled over. There is always some form of "sad" under "mad." If our lids fly off repeatedly, smacking those we love in the face, professional support can help us figure out what kind of old pain is hiding in our cauldron.

Anger frightens all of us. We typically move toward another person's pain or sadness because we want to help, but fury usually pushes us away, just when we or someone we love needs help the most.

*Trevor and Karen were out of control with anger. Their counselor asked them to hold hands and look silently into each other's eyes for 60 seconds without breaking eye contact. Those 60 seconds became sacred space. They both cried. They saw the hurt, the pain, and the sadness in each other's cauldron. Their voices quieted, and they embraced.*

*Excerpted from Jill Woolworth's book, The Waterwheel, available at Diane's Books, Dogwood Bookstore, Amazon, and barnesandnoble.com. Jill is a therapist at the Center for Hope & Renewal.*

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## Circle of Grace



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## South Elementary & NASA's Moon Tree



This American Sycamore was grown from a seed which traveled 40,000 miles around the moon - the first Moon Tree to be planted in Connecticut.

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### COLUMN by Julie O'Brien Deasy

## It's Historical

**Question: What is happening over at the New Canaan Museum & Historical Society?**

Answer: The New Canaan Historical Society operates the New Canaan Historical Museum, located at 13 Oenoke Ridge, and is dedicated to preserving and sharing the history, culture, and heritage of New Canaan. The museum showcases exhibits, artifacts, photographs, and documents that chronicle the town's evolution from its colonial roots to the present day.

The Historical Society is currently in the final stages of an overall "campus reimaged" project that started six years ago. The highlight of this plan is the Jim and Dede Bartlett Center for New Canaan History, a 1000 square foot exhibit space dedicated to "making a difference in New Canaan." It features the people, businesses, art and architecture that has made New Canaan special, and includes a 5 minute film on the evolution of downtown. There are interactive media consoles, a curation table to explore how to put together a story with objects, and rotating clothing and textiles on display. The exhibition took three years to design and fabricate.

The Center will be dedicated on Friday, May 31, and the Historical Society will host a "Celebrate New Canaan" party and fundraiser that night.

Dancing with music by FAKE ID, a whiskey tasting and cigar rolling

demonstrations (with cigars available to enjoy on the terrace), catering by Diane Browne, and a chance to be the first to see the Bartlett Center.

There are a few other events that weekend to celebrate the new campus. On June 1 there will be a "New Canaan Sports Trivia Night" contest hosted by Terry Dinan. The cost is only \$15, and includes pizza, and prizes.

The 34th Annual Ice Cream Social will be held on June 2 from 1:00 - 3:00 pm on the lawn. Come enjoy Gofer's ice cream, cakes made by the National Charity League, the Town Band, lemonade making, and a vintage car show. The 1764 Hanford-Silliman House will be open to visit, and the 1799 Rock School will both be open to visit. This event is free.

Finally, the New Canaan Museum & Historical Society always welcomes volunteers who are passionate about New Canaan, history, or both! Volunteer positions include docents, greeters, tour guides, or researchers, and training is provided. Anyone interested should reach out to Nancy Geary, Executive Director, at [ngeary@nchistory.org](mailto:ngeary@nchistory.org).

What do you want to know about living in New Canaan? Is there a resource you are looking for or something you need in our area? We want to hear from you! Send in your ideas or queries to [Julie@NewCanaanSentinel.com](mailto:Julie@NewCanaanSentinel.com) and your question may be featured in a future column. Send in your queries to [Julie@NewCanaanSentinel.com](mailto:Julie@NewCanaanSentinel.com).



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# South Elementary & NASA's Artemis I Moon Tree

By ELIZABETH BARHYDT

In a landmark event that marries the legacy of space exploration with environmental education, South Elementary School has been distinguished as the first institution in the state to receive a "Moon Tree" seedling from NASA's Artemis I mission. This initiative not only commemorates past lunar missions but also works to ignite a passion for science, technology, engineering, and mathematics (STEM) among young learners.

The Moon Tree program, revitalized under NASA's Artemis missions, builds upon an experiment from the Apollo era when astronaut Stuart Roosa carried tree seeds aboard Apollo 14 in 1971. These seeds orbited the Moon and upon returning to Earth, were germinated and planted worldwide to study the effects of space travel on plant growth. Similarly, the Artemis I mission, which orbited the Moon in 2022, included nearly 2,000 seeds that journeyed more than 1.4 million miles into space and back, aiming to inspire the next generation of explorers and environmental stewards.

The selection of South Elementary as a Moon Tree recipient was based on a competitive application process initiated and seen to fruition by science teacher Gabriella Brown.

NASA evaluated the institutions' plans for tree care and their potential to leverage the seedlings for enhancing STEM education. Over 1,300 applications were reviewed, with the first batch of trees distributed to nearly 50 institutions across the United States. Each recipient institution received one of five species of trees that were grown from the seeds that flew on Artemis I, including sycamores, sweetgums, Douglas firs, loblolly pines, and giant sequoias.

On receiving the sycamore seedling on April 26, South Elementary School marked the occasion by planting the tree the following day, which coincided with Arbor Day—an apt celebration of both terrestrial and cosmic nature. Brown, a science teacher at South, emphasized the broader impact of this project. "For the first time in nearly 50 years, NASA is planning to return to the Moon, and to commemorate this new era of moon exploration they sent seeds to honor Stuart Roosa's Moon Tree experiment from the Apollo 14 mission," said Brown. She described the initiative as a "great opportunity to foster citizenship by connecting our children with the natural world and outer space by encouraging them to become environmental stewards and citizen scientists."

NASA Administrator Bill Nelson highlighted

*NASA's Artemis moon trees are bringing the science and ingenuity of space exploration back down to Earth.*

the importance of this project in a press release, stating, "NASA's Artemis moon trees are bringing the science and ingenuity of space exploration back down to Earth. Last year, these seeds flew on the Artemis I mission 40,000 miles beyond the Moon. With the help of the USDA, this new generation of Moon trees will plant the spirit of exploration across our communities and inspire the next generation of explorers."

At South Elementary, the Moon Tree seedling is more than just a botanical specimen; it is a pedagogical tool that traverses the curriculum. Brown detailed their interdisciplinary approach: "The beauty is that this journey can be applied in all subjects from data collection in math, to poetry in ELA, the history of moon exploration in social studies, exploring the seasonal growth changes in science, and much more. We're

looking forward to the development of a creative space in which children of all abilities can apply classroom lessons to create something real that is valued by others."

The school plans to develop a series of educational programs around the Moon Tree, enabling students to engage directly with topics ranging from botany and ecology to astronomy and engineering. This holistic approach not only enhances academic learning but also fosters a deep appreciation for the interconnectedness of Earth's ecosystems and the broader universe.

As these Artemis generation Moon Trees take root in communities across the country, they symbolize a bridge between past achievements and future aspirations in space exploration, all the while grounding students in the principles of science and environmental responsibility.



This American Sycamore was grown from a seed which traveled 40,000 miles around the moon. The Moon Tree program, revitalized under NASA's Artemis missions, builds upon an experiment from the Apollo era when astronaut Stuart Roosa carried tree seeds aboard Apollo 14 in 1971 and planted trees all over the United States and the world. Connecticut did not receive one of the original Moon Trees and so this is the first Moon Tree to be planted in Connecticut and may grow to 100 feet tall living for hundreds of years.



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## Cinema Lab Nears Completion

In a recent tour for town leaders of the soon-to-be Cinema Lab, the work of crews to prepare the space for its opening has clearly met with the same delays and difficulties of many construction projects facing supply chain issues and some shortages. The original opening was scheduled for the end of the first quarter of this year. The new date is June 21.

As June 21 approaches, the historic Playhouse in New Canaan is undergoing its final transformation into Cinema Lab, a blend of 21st-century cinematic technology and community-focused amenities, preserving its historic charm while stepping into the modern world. Andy Childs and Luke Parker Bowles, the visionaries behind this ambitious project, are working

to revolutionize the traditional movie-going experience and fortify the building's status as a cultural cornerstone in the community.

The transformation has focused on a marriage of old and new. The renovated cinema will feature two state-of-the-art theaters, each with a seating capacity of 100, including ADA-accessible seats and companion seating options at the rear. The commitment to accessibility extends throughout the venue's design with a broader goal of community-wide engagement.

Strategically positioned to the left of the theater entrance, a new bar area offers a family-friendly environment with a diverse menu provided by the local favorite, Elm Restaurant. This area is designed to serve not only cinema-

goers but also the general public, featuring both indoor and outdoor seating options that promise a convivial atmosphere for families and casual diners alike.

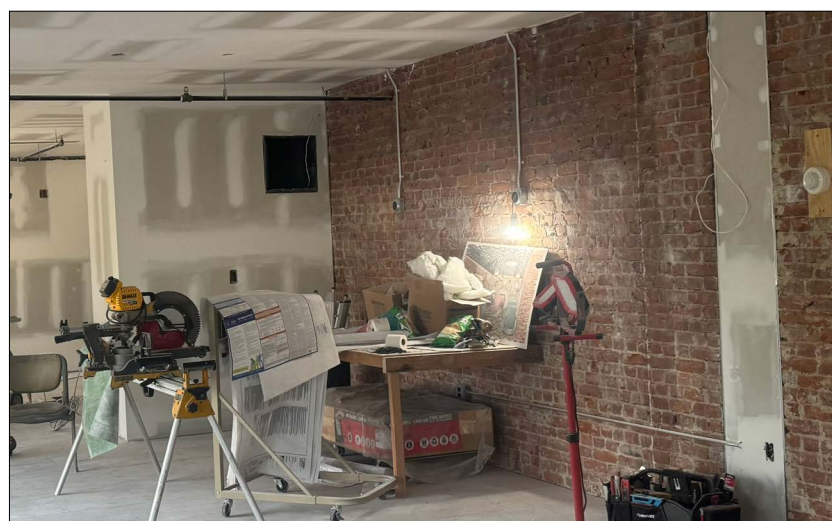
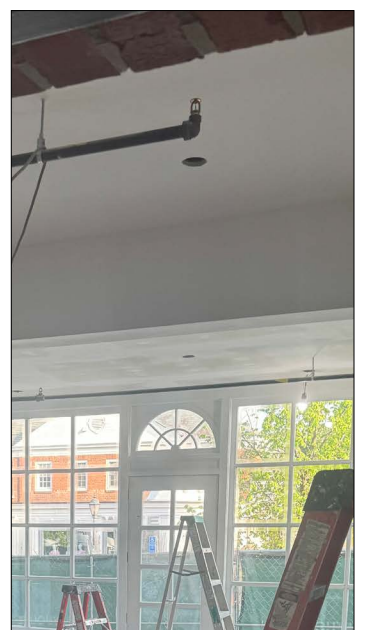
Conversely, on the right, traditional concessions will serve up classic cinema snacks, catering to those looking for the quintessential movie experience. This careful zoning within the building underscores a thoughtful approach to both new additions and traditional elements.

Perhaps most notably, the upper level of the Cinema Lab transforms during the day into a speakeasy-style lounge, replete with comfortable couches and work-friendly tables. Here, visitors can sip coffee and engage in work or leisure in a relaxed, welcoming setting. By night, the space

can be transformed, available for private events and gatherings, adding a layer of functionality to the venue.

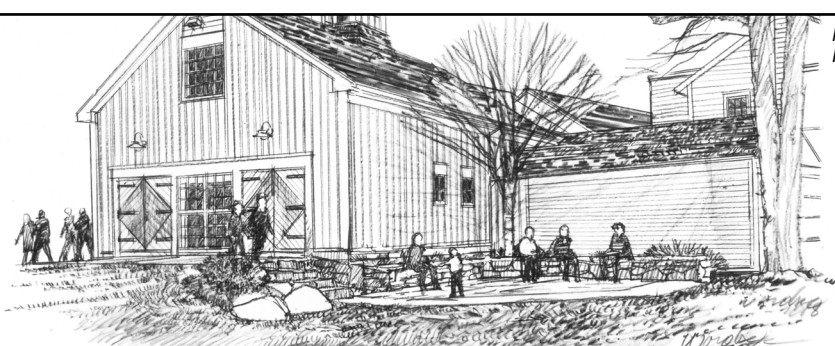
In an innovative twist, the old movie theater booth has been re-purposed as a check-in point for online ticket purchases. This feature is just one part of a broader strategy to enhance the customer experience through technological integration.

With the clock ticking towards the grand opening, the Cinema Lab team is working tirelessly seven days a week to ensure the venue is ready to welcome the public.



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## When We Were Just Kids

By FRANK GALLO

I thought my mom was going to kill me when mosquitoes hatched from the bucket of frog eggs in my bedroom. My mother was generally a good sport about such things, but she had her limits. All future acquisitions were relegated to the front porch. Thus began my illustrious career as a collector of all things wild. I was 7.

Each weekend my brother Paul and I would jump on our bikes and race off to collect something new. One week we'd catch frogs in the Mill Pond; another we'd test our skill and agility on crayfish or salamanders in the stream. It was great being a kid whose mom thought children should be outside playing instead of glued to the TV. We were doubly fortunate that our back yard abutted 500 acres of woods and was within walking distance of a pond and several streams. So off we would ride with nets and buckets strapped to our handlebars or shock-corded to our bike racks. Often, we returned with

animals to add to our growing collection. Our bedroom and front porch looked like a pet store. Aquariums stuffed with fish, snakes, turtles, frogs, mole crickets and a myriad of creatures great and small surrounded the room.

As we grew older, we'd head farther afield. On one such adventure, we'd found a pond in Wilton several miles from our home that held an amazing assortment of exotic turtles. We planned the raid on that pond for days. Most coveted among the pond dwellers were a red-eared slider, soft-shelled and spotted turtles. We knew what they were; we'd looked them up. We weren't sure how we were going to catch them, but we were determined. The pond was in someone's front yard. (It never occurred to us that they might belong to this someone.) I always wondered what the owners thought when several of their prize turtles mysteriously disappeared.

The Silvermine Artists Guild has a pond in their front yard. It was rumored to hold spotted turtles, a most prized species. I also knew,

*Running down the road in the middle of the day with a sheet of plywood over our heads seemed imprudent, so we did it at night.*

because I'd stepped on it, that there was a huge snapping turtle in the pond. (We didn't know at the time that snapping turtles pose no threat to humans in the water; they're frightened of people, and we're not on their food chain.) My brother and I discussed the perceived danger at length and decided to risk it. Our biggest problem was reaching the turtles. To do so, we had to wade to the far shore in water up to our necks. We edged nervously into the water, bucket poised above our heads, and set out, eyes darting about in search of the killer turtle. On the far side we discovered only painted turtles and reaching them proved difficult. It meant wading in mud up to our chests. We nearly got stuck but eventually managed to escape, turtles in-hand and all limbs intact. Later, my mother wouldn't let us in the house. I think she burned our clothes.

brother John found a roosting Long-eared Owl and a Hooded Warbler, and we all found a Barred Owl and a Red-tailed Hawk nest. The Red-tailed Hawks still nest in our woods, although the wood lot is much smaller than it once was. I'm glad at least a bit remains.

We tried living in the woods for a while in a primitive tent camp on the hill. Later we built a fort in the woods, our first real club house, using wood scraps acquired from a completed housing project on River Street. One board, however, was acquired while the project was still running. The piece was a full 8x12 sheet of plywood; it was to be the backbone of our structure. It had a crack in the middle and had been discarded in a heap of lumber, so we felt justified in using it. It was sort of my first introduction to recycling. The question was how we would get it the mile to our house. Running down the road in the middle of the day with a sheet of plywood over our heads seemed imprudent, so we did it at night. It made a fine wall.

Periodically road-killed songbirds would find their way into my mother's freezer, neatly sealed in labeled plastic bags. I don't know what my mother thought, but at that stage, she'd long since resigned herself to my little idiosyncrasies. I guess she figured that small birds were no worse than frozen chickens or turkeys. Whatever her true feelings, she never said anything, at least not to me. I just figured she understood, being a member of the club, so to speak. Her stoic acceptance of my "freezer pet" collection did not, however, extend to everyone. One of my prize acquisitions was a perfectly preserved barred owl. It was so large that its talons spilled out of its plastic bag. While the bird was residing in the freezer, my mother hosted a friend for the weekend. It must have been about 2 a.m. when a scream from the kitchen brought us all tumbling from our beds. Assembling hastily, we discovered my mother's friend, one hand clasped to her mouth, the other waving violently at the open freezer. Apparently, in an attempt to get some ice, she'd met my owl. "Oh, that's just Frank's Owl," said my mother, as she shut the freezer and quietly led her friend back to bed. I don't recall ever having that particular friend stay with us again. My birds moved back with me to school. I have my own place now, and I keep most of my freezer pets at work - one of the advantages of doing what you know and love.

To get a true sense of what I was like as a kid I must tell one last story. When I was in sixth grade, two friends and I were at recess. We'd drifted into the woods and were turning over logs looking for salamanders. I flipped over one log, and beneath it was a garter snake and a dollar bill. Both my friends were afraid of snakes. One ran for the playground at top speed, the other jumped for the dollar. I jumped for the snake. We all did what made us happy. I find it interesting that we'd all do the same today.



COMMON SNAPPING TURTLE

On one of our trips to Mead Park, my brother and I found a nest of snapping turtle eggs in Bristow Sanctuary that had been partly dug up by a raccoon. We'd seen the female "snapper" many times in the stream. We took the remaining eggs home in a bucket of sand and left them on the porch. Either I knew not to turn the eggs or was lucky when I placed them into the bucket. Either way, I'll never forget the day they hatched. The tiny turtles with sandy goggles, looking all the world like dinky Godzillas, offered us many hours of discovery and amusement.

Our mother watched with patient resignation as our aquatic animal collection burst at the gills. Favorite treasures of ours were small snakes. Dekay's (northern brown snake) and ring-necked were particularly prized. Mom became a charter member of the club when she walked in the door one hot summers day with a ring-necked snake in her hand. She handed it to us with the explanation that she'd found it on the road and thought we'd like to have it. When I asked about her being afraid of snakes, she said that she just figured if her boys could handle snakes without coming to harm so could she. My admiration for my mother soared that day! It rose another peg when she brought us another snake a week later. I guess if you can't beat 'em, join 'em.



THE "DINKY GODZILLA" -- A BABY SNAPPING TURTLE (CHELYDRA SERPENTINA)

The concept of trespassing was beyond us; there were too many mysteries to unravel in the woods. In our wanderings we saw deer and skunks, rabbits, and woodchucks. My youngest

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**HAPPY MOTHER'S DAY!**

And to my brothers, partners in  
everything important.

*Frank Gallo is the Senior Naturalist at the  
New Canaan Nature Center located at 144  
Oenoke Ridge. He can be reached at Fgallo@  
newcanaannature.org by email. For more  
on the New Canaan Nature Center, visit  
NewCanaanNature.org online.*

## LEG. UPDATE

From Page 1

management and disposal of municipal property, intended to streamline operations and enhance local governance.

After a rapid progression through the necessary committees, S.B. 333 was passed by the Senate on May 3, 2024, and concurred by the House on May 7.

The public and political reaction to the bill has been overwhelmingly positive. Legislators from both sides of the aisle have praised the move as a necessary step back towards a more decentralized and locally responsive form of governance. "This bill rectifies past mistakes where local voices

were sidelined," remarked Representative Michel, reflecting on the consensus among his colleagues.

Senator Fazio explained his reasoning for working to write and pass this legislation. "For decades," he said, "the state has taken more and more powers away from our towns and cities to determine their destiny over zoning, development, and more. And last year, over 100 towns and cities infamously watched as more of their powers over zoning, development on

public lands, public hearings, and more were unjustly stripped away without any form of public debate. S.B. 333 corrects some of those wrongs."

Rep. O'Dea, who worked closely with Fazio, said, "This session was highlighted by successful attempts to remedy the relationship between the state and our municipalities, especially in regard to local issues of zoning and development. One of those positive steps was S.B. 333."

## Submitted News

# Spectrum Contemporary Art Exhibition Opens at Carriage Barn Arts Center



The annual Spectrum Contemporary Art Exhibition opened Saturday at the Carriage Barn Arts Center featuring a collection of works in all media that explore the connection between Art & Music.

Both art and music share the power to evoke and inspire emotions, tell stories, and communicate ideas. Juried by Sam Wilson, a founding director

of Klaus von Nichtssagend Gallery, the pieces were selected from about 500 submissions by regional artists.

"Like a painting, a song is an invitation for people to connect and feel—it holds the possibility for reflection, energetic movement and means to heal," says Julia Berkley Heck, one of the exhibiting artists. Visitors can read more about the

artists' connection and musical inspirations as well as hear a gallery playlist made of the artists favorite songs. Exhibit events include a gallery "walk & talk" with several exhibiting artists on May 18 at 11am.

All of the artwork is available for purchase, with a portion of proceeds benefiting both the Carriage Barn Arts Center. The exhibition runs

through June 2 and gallery hours are Wednesday-Saturday from 10am-3pm and Sunday from 1-5pm. The Carriage Barn Arts Center, a not-for-profit gallery and arts center located in New Canaan's Waveny Park is free and open to the public. More exhibition information can be found at carriagebarn.org

# Waveny Welcomes Students



The Inn, Waveny's vibrant independent living community, welcomed students from East Elementary School for a lovely afternoon visit that included planting flowers, making bird feeders and reading with our residents. "What a joy to see the young and the young at heart!" said Katarina Tchakarov, Executive Director of The Inn. "Thank you to the students for spending time with us."

**Inn resident Dr. Angelo Ninivaggi reads with an East Street student.**

# DTC Fundraiser

The Democratic Town Committee (DTC) of New Canaan will be hosting its spring fundraiser, "Time to Shine," Saturday June 1 from 4:00 to 7:00 p.m. Guests at the event will enjoy live entertainment, be able to bid on items at a silent auction and enjoy appetizers while meeting with many of Connecticut's elected officials at the state and national levels. Ticket donations start at \$125.

While the guest list of elected officials is still being settled, past fundraisers have featured Gov. Ned Lamont, Sens. Dick Blumenthal and Chris Murphy. The fund raiser will be held at a home in New Canaan with the address to be furnished when tickets are purchased.

As it gears up for the upcoming November elections, DTC Chair Christina Fagerstal said the membership will be undertaking an ambitious agenda to support the issues important to residents.

"Whether you join us at the fundraiser or contribute in other ways, every bit makes a difference," she said. "We look forward to seeing you in person at this event or another one in the near future."

The theme, "Time to Shine," embodies the optimistic vision for New Canaan shared by the DTC and its elected Democratic officials. It also illuminates the momentum Democrats are experiencing in growing its base in New Canaan, Fagerstal said.

To get further information about the actual location and the ticket contribution amounts, turn to: [www.newcanaandems.info](http://www.newcanaandems.info).

# Food Historian Diamond at Presentation and Tasting "Dining in the Gilded Age"

On Sunday, June 2, 2024, 2-4 p.m., The Lockwood-Mathews Mansion Museum will feature renowned food historian Becky L. Diamond and a special presentation and tasting titled, "Dining in the Gilded Age," based on her book, The Gilded Age Cookbook: Recipes and Stories from America's Golden Era.

This illustrated talk will be held at Stepping Stones Museum for Children's Multimedia Gallery, 303 West Ave., Norwalk, CT. To reserve tickets, attendees can visit the Events page on the Museum's website at [www.lockwoodmathewsmansion.com](http://www.lockwoodmathewsmansion.com). Admission is \$15 for members, \$20 for non-members. A tasting and refreshments will be offered following the presentation.

LMMM Trustee and Lecture Committee Chair Kathy Olsen said, "Ms. Diamond's fascinating

and entertaining presentation will take us to the glittering and extravagant world of Gilded Age parties, while offering us a taste of what it was like to be a guest at one of these exciting and storied events."

The American Gilded Age and its extreme extravagance continue to be a source of wonder and fascination. Lecture goers will travel back in time to lavish banquet tables set with snow-white linens, delicate china, and sparkling crystal glasses. They will hear entertaining stories about Gilded Age celebrities and the types of social occasions they hosted such as ladies' luncheons, dinner parties, and debutante balls. LMMM attendees will learn about the epicurean pleasures associated with this era, from rich soups and juicy roasts to luscious desserts and holiday favorites. Copies of the book, The Gilded

Age Cookbook: Recipes and Stories from America's Golden Era, will be available at a discount.

Becky Libourel Diamond has been a librarian, research historian, and a prolific writer about food since 2008. Her publications include: The Thousand Dollar Dinner and Mrs. Goodfellow: The Story of America's First Cooking School. She has also written about food and history for Eaten Magazine, Newtown Lifestyle, Dianne Jacob's Will Write for Food blog, BookPage, Table Matters: The Journal of Food, Drink and Manners, The Historical Cooking Project, IFIS Food and Health Information, Prose Media and Philadelphia's Mütter Museum. Becky Diamond holds a Bachelor of Arts in Journalism from Rider University, Lawrenceville, NJ and a Master of Library Studies from Rutgers University, New Brunswick, NJ.

She lives in Yardley, PA. Visit her at [www.becklydiamond.com](http://www.becklydiamond.com).

LMMM's 2024 Lecture Series is made possible in part by: The DiNardo & The Aiello Family Fund, John R & Dorothy D Caples Fund, and Elliott Tuckel. LMMM's 2024 programs are made possible in part by LMMM's Founding Patrons: The Estate of Mrs. Cynthia Clark Brown; LMMM's Leadership Patrons: The Sealark Foundation; and LMMM's 2024 Season Distinguished Benefactors: The City of Norwalk, The Maurice Goodman Foundation, and Lockwood-Mathews Foundation, Inc. For more information on tours and programs, please visit [www.lockwoodmathewsmansion.com](http://www.lockwoodmathewsmansion.com), email [info@lockwoodmathewsmansion.com](mailto:info@lockwoodmathewsmansion.com), or call 203-838-9799.

# May Fair 2024 - It's A Diamond Jubilee



St. Mark's Episcopal Church's 2024 May Fair event commemorates 75 years of its beloved community tradition that originated in 1949 as a local

Strawberry Festival. In support of this momentous occasion are Diamond Jubilee sponsors, Karl Chevrolet and Walter Stewart's Market. Pictured (left to right): St. Mark's Rector, the Reverend Peter F. Walsh; President & General Manager of Walter Stewart's Market, Alex Stewart; Vice President of Karl Chevrolet, Steve Karl; and May Fair Committee Chair, John Kennedy, Jr., photographed here on the Great Lawn of Ill Oenoke Ridge where, in less than two weeks, it will transform into a two-day festival of great energy and excitement for all ages. May Fair offers over 20 amusement rides, a White Elephant treasure trove, a food court aplenty, children's games and prizes, musical entertainment, and much more. All are welcome!

Mark your calendars for Friday, May 10, and Saturday, May 11. For more information, go to <https://www.stmarksnewcanaan.org/MayFair>.

**Pictured (left to right): St. Mark's Rector, the Reverend Peter F. Walsh; President & General Manager of Walter Stewart's Market, Alex Stewart; Vice President of Karl Chevrolet, Steve Karl; and May Fair Committee Chair, John Kennedy, Jr.**

# POCD Workshop May 20 at Lapham

The Town of New Canaan Plan of Conservation & Development (POCD) Sub-Committee is inviting the general public to its final Community Workshop in the year-long process of creating a 10-year-plan for the town. The next step is for the public to help the committee create Action Steps to implement the newly drafted Community Vision Statement. This workshop will be held May 20 from 6 to 9 p.m. at Lapham Community Center in Waveny Park.

The May 20 Community Workshop will be Open House style, similar to the committee's event last October. Those who are able to attend may spend an hour or so at the event circling through four stations and engaging in conversation with sub-committee members, Town staff and SLR consultants. Each station will be centered around one of the following themes: Preserve New Canaan's Welcoming, Small-Town Identity; Promote Creative, Balanced Development; Embrace Sustainability & Resiliency; and Enhance Community Infrastructure & Facilities. Each station will have possible action items relating to the corresponding theme for the public to provide feedback on.

Following the Community

Workshop and Community Dialogues that were held in late 2023 and early 2024, the Sub-Committee, Town staff, and consultant SLR have been hard at work developing a draft plan taking into deep consideration, all the comments received from those first phases of community participation.

In March of this year, we conducted a survey with a public preview of our draft Vision Statement for the plan and received 150 responses with very positive feedback. Information on the Vision Statement and the survey can be found at the link here [TheCommunityVision.org](http://TheCommunityVision.org).

Following the development of the Community Vision, draft Action Steps have been drafted, and the public is now invited to give feedback on these Action Steps.

A full draft of the 2024 Plan of Conservation and Development will be available for public review and comment by July. A final public hearing will be scheduled for early fall with a target to adopt the full plan by October 2024.

As always, at any point during this process, questions and comments can be directed to the Town Planner, Sarah Carey, at [sarah.carey@newcanaanct.gov](mailto:sarah.carey@newcanaanct.gov).

# 50th anniversary of Scottish Heritage

First Presbyterian Church in New Canaan marked the 50th anniversary of Scottish Heritage Sunday with a celebration that drew a substantial crowd, adorned in their finest tartan attire. The event featured traditional Scottish music and cultural festivities. The day commenced with a powerful performance by the Mount

Kisco Pipes and Drums, who delivered a stirring rendition of "Highland Cathedral," setting a festive tone for the service. The music, characterized by the haunting drone of the bagpipes, resonated through the packed church.

Senior Pastor Scott Herr led the service, which was attended by several hundred

people. Following the religious service, the church hosted a luncheon that included a variety of activities, capturing the essence of Scottish culture. One of the highlights for the younger attendees was the "Splat the Haggis" game.

The cultural highlight of the day was the traditional address to the Haggis, delivered by Paul

Johnson. This ritual, an integral part of Scottish celebrations, involves the recitation of Robert Burns' poem "Address to a Haggis," which pays homage to the iconic Scottish dish.

Over the past five decades, this celebration has grown into a significant cultural event that only Scottish heritage.



**Paul Johnson, Pastor Scott Herr, Steve Van de Graf, and Randy Ferguson.**



**The blessing by senior pastor Scott Herr delivered to a packed church with over 300 attendees many of whom were kilted or draped in tartan.**

# New Canaan Sentinel

PUBLISHER

Publisher@NewCanaanSentinel.com

Elizabeth Barhydt

EDITORS & COPY EDITORS

Emma Barhydt, Peter Barhydt [editor-in-chief],  
Liz Leamy, Carol Melgar, Anne W. Semmes, Robert  
Williamson, Cordelia Webb

## Mothers Have Super Powers

Have you bought your flowers yet? This Sunday is Mother's Day. The cynics out there may say that Mother's Day is nothing more than a day created by greeting card companies or chocolatiers to sell more of their wares. We think it is something more, much more. It is one day (really it should be every day) when we are encouraged to take some time and celebrate what our mothers have done for us.

We all have a mother. They are the one person with whom we will always have a special bond. Sure, our relationship with our mothers evolves over time as we ourselves grow and mature, but they leave an indelible mark on every one of their children. President Abraham Lincoln famously said: "All that I am, or hope to be, I owe to my angel mother."

*And then my mother was just there,  
like out of nowhere, and her being  
there made me feel better.*

Motherhood, giving birth to and raising a child, is a life filled with details large and small that, when attended to with love and grace, bind together in childhood to create adults with strength, compassion, and fortitude in a way that only those early moments can nurture.

A small scrape, a feverish and excruciatingly long night of the flu, a young broken heart or unkind word, a lost pet ... all become moments when adults, and especially mothers, shine and change these hard moments into cherished memories that have transformed us all. Wounds are transformed into hugs and kisses; the flu becomes the memory of someone by your side all night long; hurt feelings become an eye-opening talk about what makes you special and loved and strong; a lost pet becomes a neighborhood search for Mr. Bojangles.

Washington Irving said it best: "A mother is the truest friend we have, when trials heavy and sudden fall upon us; when adversity takes the place of prosperity; when friends desert us; when trouble thickens around us, still will she cling to us, and endeavor by her kind precepts and counsels to dissipate the clouds of darkness, and cause peace to return to our hearts."

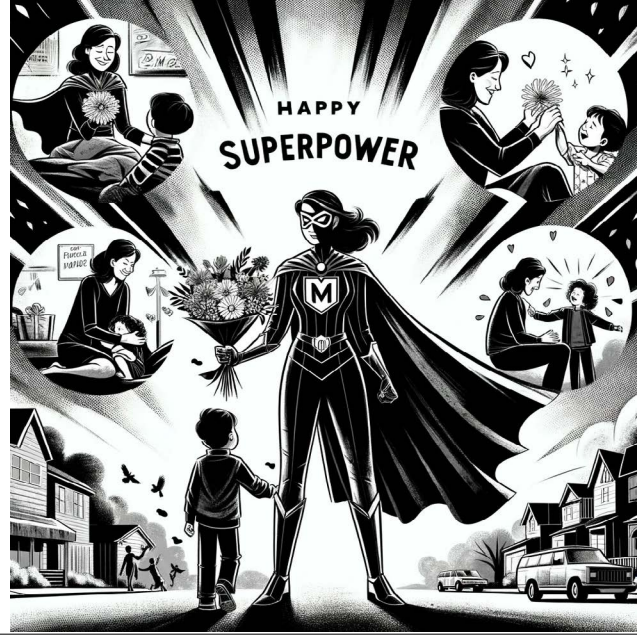
Indeed, motherhood is a state of unselfishness, when the mother is no longer the center of the universe. They have voluntarily relinquished that place and put their child there. From our earliest moments they are our fiercest protectors. William Makepeace Thackeray, the 19th century English novelist said: "Mother is the name for God in the lips and hearts of little children." From our earliest memories they are our greatest healers. The fact they are able to take the difficult small calamities in a child's life and transform them is a super power. It is a super power that they use most effectively on the daily details of life.

We all have that memory from childhood. The retelling of the story goes something like this: "I remember I was horsing around and then all of sudden I was in pain because (insert your favorite memory here)" he related to us, smiling sweetly, "and then my mother was just there, like out of nowhere, and her being there made me feel better."

Mother's Day is an opportunity to show gratitude for those incredible people who transcend painful moments, who arrive almost magically to perform a kind of alchemy that is hard to explain but results in a smile at the retelling of a painful tale. It is not the only opportunity, but it is good, in our busy daily lives, that we take at least this day to express so that gratitude.

So yes, do go buy flowers – they smell nice and brighten any home. Do something nice for the mothers in your life. If they are no longer here share their memory and a story about how they made you feel better. How they took a dark moment and brightened it or how, just by smiling at you, holding you, protecting you their super powers made you feel safe and loved.

# Editorial Page



OP-ED

## Trying to Erode Local Control Again

Four years ago, CT169Strong was founded by Connecticut citizens to defend local control of our towns and cities to make decisions for themselves in the face of paid advocacy groups pushing aggressively for more state control of zoning. Our non-partisan all-volunteer organization is a dedicated advocate for local control, sustainable growth, and affordability in Connecticut's communities. We believe in empowering residents and local leaders to shape policies that reflect the unique needs (environmental, water, sewer infrastructure constraints, economical and more) of our 169 municipalities. We also believe in the principle that the government that governs closest to the people best is fundamental to our democracy. Our organization plays a vital role in informing residents about proposed legislation and facilitating discussions with experts to ensure sound public policy. We have helped to defeat major anti-local control proposals since 2021, but those proposals keep coming back every year.

One such bill this year, HB5390, recently passed in the House narrowly and was awaiting action in the Senate. This bill, proposed by developer-backed DesegregateCT, aims to push highly permissive zoning in transit areas by conditioning priority for billions in state funding on adopting that type of zoning.

HB5390 establishes Transit Oriented Communities (TOC) in the state that must allow development up to 9 units "as of right" around bus or train stations in that area and any development 10 units or more so long as they have 30% affordable units included. While towns and cities have to adopt that type of zoning, the bill threatens local control

by threatening future grant funding and community development money for towns and cities. HB5390's solely prioritizes state grants for municipalities that opt into TOCs.

These grants, including the \$2.34 billion Urban Action Bonds and the \$300 Million STEAP Grants, would be allocated to TOC municipalities, potentially leaving others without essential funding for community projects. State funds are limited. This prioritization unfairly disadvantages municipalities that choose not to participate or lack access to transit infrastructure.

Furthermore, the bill mandates the creation of transit districts of unspecified size, overseen by an unelected state bureaucrat or their contractor. This centralization of zoning decisions removes local input and accountability, placing too much power in the hands of state officials who may not fully understand the needs of individual communities. Opting into TOCs also comes with burdensome mandates for municipalities, including allowing up to 9 units of middle housing without affordable housing requirements. Even larger projects are only required to include affordable units after reaching a certain threshold, undermining local policies on affordable housing.

Additionally, the bill imposes top-down zoning guidelines from the state, further eroding local autonomy and flexibility in land use decisions. While there have been verbal assurances that existing Transit-Oriented Developments (TODs) would be grandfathered in and exempted from certain mandates, these promises are not reflected in the bill's language itself. This inconsistency raises concerns about favoritism and unequal

treatment among municipalities, further exacerbating the divide between those that opt into TOCs and those that do not.

The loss of local decision-making authority under HB5390 is particularly troubling as it undermines efforts to manage growth, infrastructure, and environmental concerns at the community level. By pushing one-size-fits-all zoning policies, the bill disregards the unique characteristics and needs of each municipality, potentially leading to irreversible consequences for local residents and ecosystems. Transit areas already face challenges with dense development, and HB5390 fails to provide adequate safeguards for municipalities to plan and manage growth responsibly. Without the ability to address infrastructure limitations or environmental considerations, communities risk long-term harm to their quality of life and ecological sustainability.

CT169 Strong opposes HB5390 due to its erosion of local control and failure to create affordability or sustainable growth. We urge the Senate to carefully consider the implications of this bill and vote against its passage—and invite citizens to contact their senators to that end. It is essential to prioritize policies that empower communities, respect local decision-making, and promote equitable development for all residents of Connecticut.

*Sincerely, Alexis Harrison - Fairfield  
Maria Weingarten - New Canaan. Harrison  
& Weingarten are founding members of  
CT169Strong.*

*Editors note: This OpEd was submitted prior  
to the end of session.*

## A Dramatic Turn Around

To the Editor:

In a dramatic turn of events that highlighted the tensions between state authority and local autonomy, New Canaan's political landscape was recently shaken by the contentious debate over House Bill 5390, otherwise known as the Transit Oriented Development (TOD) bill. The bill sought to radically alter local zoning laws again, pushing permissive zoning measures that would enable developments of up to nine units "as of right" with no affordability requirements and larger developments that included affordable housing within transit areas.

Despite their previous campaign promises to uphold local zoning control, State Representatives Dathan and Denning voted in favor of HB5390, diverging sharply from the assurances they had given their

constituents. This decision marked a significant departure from their stated commitment to preserve local authority over zoning decisions.

As the legislative session drew to a close, the narrative took an unexpected turn. State Senator Ryan Fazio, a Republican, emerged as a pivotal figure in the preservation of local zoning rights. On the final day of the session, Senator Fazio and his colleagues threatened a filibuster, a strategic move that ultimately ran the legislative clock down to midnight, effectively blocking the bill's passage. This decisive action by Senator Fazio was a crucial defense of the town's unique character and its residents' ability to govern local development.

The implications of HB5390 were profound, not only in terms of zoning but also in how local preferences were

sidelined in favor of state-mandated development policies. Representatives Dathan and Denning, by supporting the bill, demonstrated a readiness to prioritize state directives over local preferences, including environmental considerations and community character.

As New Canaan approaches the next election cycle, the actions of its representatives, particularly the contrasting behaviors of Dathan, Denning, and Fazio, will undoubtedly be at the forefront of voters' minds. Senator Fazio's intervention has not only safeguarded local decision-making power but also underscored the importance of vigilant and responsive representation in government.

*Jonathan Cheng*

## Dear New Canaan Veterans

Dear New Canaan Veterans,

I would like to reinforce a World War II, combat veteran, Frank Gallo's "Letters to the Editor" on April 12, 2024, in the *New Canaan Sentinel* encouraging more of New Canaan's veterans to join New Canaan's VFW Post 653. We typically meet monthly at a local spot.

If you have served in the U.S. military, home or abroad, you are our country's hero! Join our New Canaan VFW Post 653 to enjoy the camaraderie of those who have also served. Become a proud group who gather to keep the history of our great country and town

aware of patriotism, pride and honor. It is crucial that we continue to sustain and grow the membership to our Post, and we can do so with your support and participation.

Contact Commander Mike McGlinn for membership information: by phone (203) 962-1302, or, email at michael@mcglinnins.com

Wishing everyone a Happy Memorial Day.  
In God We Trust.

*Bill Ferri, (RET.) Police LT/NCPD; Vietnam War Veteran*

## Against St. Luke's Parking Plan

We, the abutting neighbors to St. Luke's School, refute statements made on May 2nd by the school administration that there are "multiple" abutting neighbors who support their application for a 1.4 acre concrete Parking Structure to be built above-ground in a 4 acre residential zone. New Canaan's Zoning Regulations prohibit Parking Structures outside of business and retail zones. The purpose of St. Luke's application is to increase enrollment and expand the campus. We know this because it's well-established that Parking Structures don't solve traffic problems, they intensify land use.

St. Luke's Board of Trustees and parents are out of line dictating to tax-paying New Canaan property owners that they know what's best for us. We are capable of evaluating what's in our own best interest. We call upon the Planning and Zoning Commission and our elected officials

to act with integrity and follow long-standing precedents in residential zoning. Allowing a 78% non-resident private school to dictate public policy for the Town of New Canaan is unacceptable.

The following signatories represent the overwhelming majority of property owners who will be impacted by St. Luke's application. Our home values, property rights and quality of life should not be sacrificed to benefit a private school.

*Roy A. Abramowitz, Theresa & Craig Bowling, Margaret Cooper, Michael Elliott & Karen Richey-Elliott, Gertrude S. Goldberg & Alan Eliot Goldberg, Dr. Haik Kavookjian & Lynn Kavookjian, Jacqueline Shapiro & Ron Meckler, Sarah & Will Pierce, Joan E. Rafferty, M. Schwesinger, Steve & Miriam Sosnick, Michelle Sparks, Andrea & Dan Sullivan, Bethany & Wyatt Uhlein, Lynn & Alice Vaughn, David Viklund, Judy & Hugh Wiley.*

## For St. Luke's Parking Plan

I'd like to take this opportunity to declare (again) our whole-hearted support of St. Luke's application. We're proud parents of two St. Luke's student-athletes, long-time residents of New Canaan, and huge admirers of our school administration for all that they do. It's a privilege to be a part of this wonderful St. Luke's community where everyone is treated with respect and kindness.

Our gratitude also goes to our town's Planning and Zoning Commission for supporting our community. If you've ever been stuck on North Wilton Road during pickup hours, you know what to do! Please vote to approval St. Luke's application.

*Respectfully yours, Elle & Daren D'Andrea*

# Mother's Day



By Emily Umbdenstock

*The more a daughter knows the details of her mother's life...the stronger the daughter.*  
-Anita Diamant

This Sunday marks my first Mother's Day since moving to Connecticut. In recent years past, my mom and I lived in the same town practically right down the road from one another, so the thought of spending our special day apart was unheard of. The two of us had an annual tradition of leisurely lunching at our favorite spot, chatting about anything and everything under the sun, no time clock to rush us. Unfortunately, this Mother's Day, schedules do not allow for a visit to New Jersey, and I can't help but feel an underlying sadness not to be spending the day with my mom. I began to view this Sunday in a totally different light...I mean if simply not seeing my mother this Mother's Day is evoking such feelings of woe, what must it be like for those whose mothers are no longer here. This switch in perspective forced me to reexamine Mother's Day; this time through the eyes of my own mom who lost my grandmother almost 44 years ago. Mother's Day for the

Motherless...what a cruel juxtaposition.

My grandmother, Betty Mary Proud Whalen, passed away from Ovarian cancer on November 21, 1979, when my mom was just 26 years old. Even now in my mid-forties, the thought of living without my mother is simply unimaginable, and it really struck me just how very young my mom was when she experienced this profound loss. What's more, exactly five months to the day that my mother became a mother herself, she was forced to say goodbye to her own mom. What a strangely tragic dichotomy: losing a mother and becoming a mother at the very same time.

My mom often tells me stories from my infancy; her excitement at having a daughter dueling with her desperation to shield me from her grief, not wanting to impart any of her despair onto me. She recalls many nights rocking me to sleep, holding me tight as tears fell silently down her face refusing to allow her sadness to penetrate our bond. I think back to myself at 26, footloose and fancy-free, and I am pained by the heaviness and responsibility that must have consumed my mom at that time in her life. And I remember when I had

my first child...I had no idea what I was doing, but, it didn't really matter...my mom was there to hold my hand and guide me. The truth is I would have been lost and scared without her, alone in my new role; directionless if you will.

I seek solace in knowing that it gave my mother and grandmother great comfort to welcome me into the world before they were forced to say goodbye. Three generations of women together is a powerful thing, however brief the time might have been. My favorite baby picture is one in which my grandmother is holding me on her lap, the expression on her face difficult to discern. Was it one of happiness or sadness; I will never really know. Perhaps, it was a bit of both. Shortly before she passed, my grandmother gave my mom a newspaper clipping of a poem entitled, Daughter, Daughter by Marjorie Holmes along with a handwritten note that read, "My Darling Jessica...This says so well some of the things I feel and think-I wanted you to have it. Save it for your little girl, darling. I love you, Your Mummy". This poem is now one of my very favorites, and I will share it with my daughter as she grows.

My grandmother's memory continues to live on through my mother, and I like to believe that she that she is watching over me proud of the mother I have become. So, as I celebrate this Sunday with my own little family, I will be grateful that I can call my mom afterwards and tell her all about it; as some are not so lucky. When we celebrate all of the amazing mothers in our lives this May 12th, let's also be mindful to remember that, for some, this day is one of mixed emotions. Your favorite day might be another's loneliest, so be gentle with your fellow neighbors for everyone is fighting a private battle of which we often know nothing about. After all, we may not have it all together, but together we most certainly have it all.

*Emily Umbdenstock received her BA in from Georgetown and her MA in Health and Behavior Studies from Columbia University Teachers College. When she isn't "momming" her three children, she works as a freelance copy editor and an essay editor for college applications. A New Jersey native, Emily relocated to New Canaan in June.*

## Mother's Day for the Motherless...what a cruel juxtaposition.

### NEWS BRIEFS

#### From Page 1

and the impact on increased recycling costs on tipping fees and adding the current Bristow Park tested elements as well as the Bristow test sites to the existing Tight & Bond Town water testing contract. For more information visit: <https://newcanaantownct.documents-on-demand.com/Document/cc19d95f-890c-ef11-a401-000c29a59557/cc19d95f-890c-ef11-a401-000c29a59557>

**The Town of New Canaan's Plan of Conservation & Development (POCD) Sub-Committee** invites the public to a final Community Workshop on May 20 from 6 to 9 p.m. at Lapham Community Center, using an Open House format to discuss four themes with sub-committee members, Town staff, and SLR consultants. The themes are: Preserve New Canaan's Welcoming, Small-Town Identity; Promote Creative, Balanced Development; Embrace Sustainability & Resiliency; and Enhance Community Infrastructure & Facilities. The full draft of the 2024 POCD will be available by July, with a final public hearing planned for early fall and adoption targeted for October 2024.

#### AROUND TOWN

**In recognition of Mental Health Awareness Month**, the New Canaan Behavioral Health Alliance (NCBHA) has launched its website. Supported by local organizations, the NCBHA aims to raise awareness of behavioral health issues and resources. Visit [www.newcanaanhba.org](http://www.newcanaanhba.org) for guidance and local event updates.

**St. Mark's Episcopal Church is celebrating the 75th anniversary of its May Fair**, originally a Strawberry Festival starting in 1949. Sponsored by Karl Chevrolet and Walter Stewart's Market, the event will be held on May 10th and 11th at 111 Oenoke Ridge. The fair will feature over 20 amusement rides, a White Elephant sale, a food court, children's games, prizes, and musical entertainment. For more information visit: <https://www.stmarksnewcanaan.org/MayFair>

#### LOCAL BUSINESSES AND NONPROFITS

**John and Pam Robinson are opening The Spice & Tea Exchange® of New Canaan** today, Friday May 10th, at 118 Main Street. Pam, with a culinary background and legal career, and John, with 30 years in the retail wine industry, will manage the store offering various spice blends, infused sugars, honey, and teas, along with an in-store tea bar. The store will also host cooking classes, tea workshops, and events with local chefs and authors. For more information visit: <https://www.spiceandtea.com/tstore/New-Canaan-CT>

**Historian Laurence Jurdem discussed his book, "The Rough Rider and the Professor"**, with the New Canaan Men's Club, focusing on the 35-year friendship between President Theodore

Roosevelt and Senator Henry Cabot Lodge and its impact on Roosevelt's political career. Jurdem also authored "Paving the Way for Reagan: The Influence of Conservative Media on U.S. Foreign Policy" and teaches at Fairfield University and Fordham College's Lincoln Center campus.

#### SCHOOLS

**Last week, West Elementary School second graders visited New Canaan High School to explore The Dome and engage in science-themed activities.** They studied natural phenomena normally invisible to the human eye. The visit included hands-on stations on magnetic fields, radio waves, and infrared thermal imaging. For more information visit: <https://www.newcanaansentinel.com/2024/05/03/reaching-for-the-stars/>.

**South Elementary School has been selected by NASA to receive a "Moon Tree" seedling from the Artemis I mission**, the first in Connecticut. The school will use the seedling to enhance its STEM curriculum. Chosen from over 1,300 applicants, the school received a sycamore seedling on April 26 and planted it on Arbor Day.

**The Inn at Waveny hosted East Elementary School students for activities** like planting flowers, making bird feeders, and reading with residents. Executive Director Katarina Tchakarov thanked the students for their visit.

**Horizons at New Canaan Country School (NCCS) is participating in Horizons Giving Day which began May 1** and will continue until May 15, celebrating its 60th anniversary. The fundraiser, supported by a \$30,000 matching gift challenge from the Bauer Family Foundation, aims to support the academic and enrichment programs that serve over 400 students annually. Horizons at NCCS offers a six-week summer program, year-round sessions, and family programming, focusing on students facing academic, social-emotional, and financial challenges, boasting a high school graduation rate of 100% and a college enrollment rate of 94%. For more information visit: <https://www.horizonskids.org/>

**New Canaan High School's production of Rodgers and Hammerstein's Cinderella will take place on May 31st at 7pm and June 1st at 12 and 5pm.** It will feature melodies, choreography, and a story of dreams and perseverance. It highlights themes of kindness, self-worth, and the power of love. The show offers an engaging experience for both musical theater fans and families.

#### SPORTS

**Connecticut girls lacrosse featured a No. 1 vs. No. 2 matchup, as Wilton (11-1) faced No. 1 New Canaan (11-1) on Thursday** at Kristine Lilly Field. Wilton, which recently defeated Darien and Ridgefield, moved up to the No. 2 spot in the coaches poll, breaking the long-standing New Canaan-Darien dominance in the top two rankings.

#### LOCAL POLITICS

**Kim Healy, a Selectwoman from Wilton, has announced her candidacy for State Representative in the 42nd legislative district, which includes Wilton, parts of New Canaan, and Ridgefield.** With a background as a CPA and experience in public service, she focuses on improving fiscal policy, public safety, and education. Healy is also involved in community organizations and the Connecticut Reading Leadership Implementation Council, advocating for effective policy-making and collaborative governance.

#### ACROSS CT

**Eversource announced it will stop \$100 million per year in investment spending in Connecticut** for five years due to regulatory issues with the Public Utilities Regulatory Authority (PURA). The \$500 million cut will impact system reliability, electric vehicle infrastructure, and smart-meter installation. CEO Joe Nolan stated that investment will not resume until Connecticut provides a clear cost recovery path, emphasizing that this regulatory dispute affects the state's infrastructure and reputation.

**With May's arrival, beaches including Compo in Westport, Pear Tree in Darien, and Burying Hill in Westport will begin charging admission, with Memorial Day weekend marking the unofficial start of the season.**

Each town has specific rules for obtaining beach passes, often requiring proof of residency, and non-residents can purchase passes at higher prices. Most beaches prohibit dogs during summer, fishing requires a separate license, and the Connecticut tourism website provides detailed information on all available beaches. <https://ctvisit.com/articles/public-beaches-in-ct>

#### OUR NEIGHBORS

**The Metropolitan Museum of Art in New York hosted the 2024 Met Gala on Monday. Connecticut resident and fashion designer Christian Siriano**, owner of The Collective West boutique in Westport, designed a black French orchid lace gown for Tony Award winner Alex Newell, in line with the event's theme, "The Garden of Time." The event featured numerous celebrities, including Connecticut-affiliated attendees such as Tommy Hilfiger, Lauren Santo Domingo, Chloë Sevigny, and Yale alumni Jeremy Strong.

**The Hartford Healthcare Amphitheater in Bridgeport** will kick off its fourth summer concert season on May 18 with Neil Young and Crazy Horse. This season will feature over 40 events, including performances by Lainey Wilson, Kings of Leon, James Taylor, Billy Strings, and Creed. New additions for 2024 include various food options, a 65-foot video board, sound insulation panels, entrance lights, four new suites, and enhanced security.

#### LEGAL AD

**The New Canaan Republican Town Committee (RTC) hereby gives notice that a caucus is scheduled for Tuesday, May 21st, at 7:00 p.m. in the Town Hall Meeting Room (77 Main Street, New Canaan CT) for the purposes of endorsing a candidate for the elective office of Registrar of Voters to be voted on in the municipal election that will be held on Tuesday, November 5, 2024, inclusive of early voting dates.**

**Prospective candidates for endorsement by the RTC for the above office shall submit their petitions signed by at least twenty-five registered New Canaan Republican Electors by hand-delivering them to Town Clerk Claudia A. Weber at the New Canaan Town Hall, 77 Main Street, New Canaan, Connecticut, by no later than 4:00 p.m. on Monday, May 13, 2024. Any person interested in serving in this office may obtain a petition form by submitting a request to [chairman@newcanaanrepublicans.org](mailto:chairman@newcanaanrepublicans.org). Prospective candidates for endorsement by the RTC must be registered New Canaan Republicans.**

**NEW CANAAN REPUBLICAN TOWN COMMITTEE  
JONATHAN CHENG, CHAIRMAN  
JILL GUZZETTI, VICE CHAIRMAN**

#### LEGAL AD

Town of New Canaan						
Notice of Passage						
Notice is hereby given that at a meeting of the Board of Selectmen held on April 16, 2024 the following parking rates were approved and are effective starting July 1, 2024						
<u>PARKING LOT</u>	<u>2023-2024 Rates</u>	<u>6.35% Sales Tax</u>	<u>2023-2024 Rates with 6.35% Sales Tax Added</u>	<u>2024-2025 Rate Increase</u>	<u>6.35% Sales Tax</u>	<u>2024-2025 rates with 6.35% Sales Tax Added</u>
	<u>No Increase</u>	<u>Tax</u>	<u>Sales Tax Added</u>	<u>25%</u>	<u>Tax</u>	<u>Sales Tax Added</u>
<b>Park Street Lot</b>	\$438	\$27.81	\$465.81	\$547.50	\$34.77	\$582.27
<b>Morse Court Lot</b>	\$438	\$27.81	\$465.81	\$547.50	\$34.77	\$582.27
<b>Locust Lot</b>	\$0	\$0	\$0	\$0	\$0	\$0
<b>Center Lot</b>	\$0	\$0	\$0	\$0	\$0	\$0
<b>Richmond Hill-Business</b>	\$0	\$0	\$0	\$0	\$0	\$0

# Worship Directory and Services

UPDATE SERVICES AND ADD SPECIAL EVENTS TO THIS CALENDAR AT  
[www.NewCanaanSentinel.com/worship-calendar-updates](http://www.NewCanaanSentinel.com/worship-calendar-updates)

## Church of Jesus Christ of Latter Day Saints

682 South Avenue 203.966.5849  
[www.ComeUntoChrist.org](http://www.ComeUntoChrist.org)  
 Sunday Service: 12:00pm

## Congregational Church

23 Park Street 203.966.2651  
[office@godsacre.org](mailto:office@godsacre.org)  
[www.godsacre.org](http://www.godsacre.org)

Sunday Services: 8:00 am and 10:00 am. The 10:00 am service is also live streamed and recorded, the video replay will be available throughout the week. Church School is available on Sundays for children ages 3 through 7th grade each Sunday from September through mid-June.

### Recurring Events:

Tuesday 9:30am: Women's Bible Study  
 Wednesday 9:30am: Bible Study

11:15am-2pm 4th Tuesdays: Volunteering at Open Door Shelter in Norwalk

### Upcoming Events:

May 11th from 10 AM- 2 PM: MSYG Car Wash  
 The price is \$20 per car

May 21st at 7 PM: Lisa Miller, PhD, will discuss her bestselling book, "The Spiritual Child: The New Science on Parenting for Health and Lifelong Learning." For more information contact [marianna@godsacre.org](mailto:marianna@godsacre.org)

## First Church of Christ, Scientist

49 Park Street 203.966.0293  
[christiansciencet.org/newcanaan](http://christiansciencet.org/newcanaan)

Sunday 10:30 AM, in person only. Sunday School is available during Sunday Service and is open to children and young people up to the age of 20. There is also childcare available for children too young for Sunday School.

Wednesday Testimony Meeting: 1st Wednesday of each month, join by zoom or by phone 646 558 8656. Reading Room Hours: Open Mondays 11-2, Call to confirm hours 203-966-0293. All are welcome to the Sunday and Wednesday services, Sunday School, and the reading room.

## First Presbyterian Church

178 Oenoke Ridge Road 203.966.0002  
[fpcnc.org](http://fpcnc.org)

Sunday Service: 10am in person or via LocalLive. All are welcome. Coffee hour after the service is also available in person or via Zoom. Dedicated childcare is available for all children via Wee Care Nanny Agency from 8:45-11:30am in the Nursery School. Transcripts of previous sermons are also available via the First Presbyterian Church of New Canaan's website. Recurring Events: Every Saturday 9:15am (closed) and 10:30am (open): Alcoholics Anonymous. Every Tuesday 8pm: Men's A.A.

### Upcoming Events:

June 1st from 12-4 PM: Circle of Grace. A Journey Through the Labyrinth Women's Retreat. Light lunch will be served. Registration fee is \$22.50. For more information contact: [stacyarevalo@fuller.edu](mailto:stacyarevalo@fuller.edu)

Register at: <https://fpcnc.org>

## Saint Aloysius Roman Catholic Church

21 Cherry Street 203.966.0020  
[www.starcc.com](http://www.starcc.com)

### Service Schedule:

Saturday: Vigil for Sunday 5:00 p.m.  
 Sunday: 7:00 a.m., 8:30 a.m. 10:00 a.m., 11:30 a.m. and 5:00 p.m.  
 The Sunday 8:30 a.m. Mass is live-streamed, recorded.  
 Monday-Friday: 7:00 am and 5:30 pm  
 Saturday: 7:00 am

### Recurring Events:

Last Monday of every month 7pm: Women's Praise & Worship Holy Hour  
 Saturday 8:30am: St. A's Healing Rosary Prayer Group  
 Fridays 7:30am-6pm: Eucharistic Adoration (September-June)

## St. Mark's Episcopal Church

111 Oenoke Ridge 203.966.4515  
[churchoffice@stmarksnewcanaan.org](mailto:churchoffice@stmarksnewcanaan.org)  
[www.stmarksnewcanaan.org](http://www.stmarksnewcanaan.org)

Sunday Services: 8:00am: Indoor Holy Eucharist Rite I; 9:00am: Outdoor Holy Eucharist Rite II; 10am: Indoor Holy Eucharist Rite II (Live Stream

also available on the St. Mark's website). Coffee Hour follows the 10am service.

Church School during the 10am service: Godly Play for children in kindergarten through second grade; Holy Moly for third and fourth grades; Meet in the Middle for fifth, sixth and seventh grades. Professional childcare is offered for children ages four and under. Families with children who are not yet ready to separate for childcare are invited to use the rocking chairs at the rear of the chapel.

Weekday Services: Monday-Friday, 8:30am: Morning PrayerRite II by Zoom. Wednesday 12:05pm: Noonday Eucharist in the chapel.

### Recurring Events:

Monday & Tuesday 12pm: Alcoholics Anonymous  
 First Wednesday 1pm: Laundry Love volunteering opportunity to come alongside people who are struggling financially by assisting them with their laundry.

First & Third Wednesday 6-7:30pm: Youth Group  
 Wednesday 10am: Women's Alcoholics Anonymous

### Upcoming Events:

Friday, May 10th 5-10 PM and Saturday, May 11th 9 AM - 6 PM: St. Mark's Church celebrates the 75th anniversary of its traditional May Fair weekend, rain or shine

## St. Michael's Lutheran Church

5 Oenoke Ridge 203.966.3913  
[office@stmichaelslutheran.org](mailto:office@stmichaelslutheran.org)  
[www.stmichaelslutheran.org](http://www.stmichaelslutheran.org)

Sunday Service at 10:00 am. Following the service there is coffee, cookies and conversation' in the Fellowship Hall.

### Recurring Events:

Thursday 12 PM: Alcoholics Anonymous

### Upcoming Events:

May 18th: St. Michael's Tag Sale. For more information please contact: [saintmichaelsoffice@gmail.com](mailto:saintmichaelsoffice@gmail.com)

May 20th from 7-8 PM: FAGO Concert. For more information please contact: [saintmichaelsoffice@gmail.com](mailto:saintmichaelsoffice@gmail.com)

## Trinity Church

### New Canaan | Darien

468 South Avenue 203.618.0808  
[www.trinitychurch.life](http://www.trinitychurch.life)

Join us Sundays at 11:00 am in the Saxe Middle School auditorium for lively worship, thoughtful and applicable teaching, weekly Communion, and an opportunity to make friends and grow in community. Trinity Kids (infants through fifth grade) and Trinity Youth (middle and high schoolers) take place during the service, and coffee and refreshments are served following worship. Trinity also holds services in-person in Greenwich and Larchmont, and on livestream via YouTube on Sundays at 9:45 a.m.; learn more at [www.trinitychurch.life](http://www.trinitychurch.life).

## United Methodist Church

165 South Avenue 203.966.2666  
[office@umcofnewcanaan.org](mailto:office@umcofnewcanaan.org)  
[www.umcofnewcanaan.org](http://www.umcofnewcanaan.org)

Sunday Service is at 10:00 am followed by coffee and conversation during Fellowship Time. Sunday School is available during Sunday Service. All are welcome.

## Community Baptist Church

174 Cherry Street 203-966-0711  
[ncommunity@sbcglobal.net](mailto:ncommunity@sbcglobal.net)  
 Sunday School at 10:00am  
 Worship Service at 11:00am  
 Facebook: CBCNewCanaan

## Grace Community Church

365 Lukes Wood Rd 203.966.7600  
[info@gracecommunity.info](mailto:info@gracecommunity.info)  
[www.grcecommunity.info](http://www.grcecommunity.info)

Sunday Morning Worship Service at 9:30am  
 We invite you and your family to join us in the Sanctuary at Grace Farms for our contemporary worship service with a culturally relevant message from Senior Pastor Cliffe Knechtle. Nursery care and Sunday school/teen programming is available for babies through 12th grade. Stay afterward to catch up with friends and enjoy coffee and bagels in the Commons.

Wednesday Evening Service & High School Club at 6:00pm

Join us for a weekly gathering on Wednesday evenings from 6-7pm. All are invited to meet in the West Barn Hall with Assistant Pastor Stuart Knechtle leading discussions on the Christian life including how to grapple with tough questions about faith, emotional well-being and spiritual discipleship. Concurrently, Youth Pastor Rob will meet with high school students in the Court for midweek club to hang out with friends and talk about navigating the waves of everyday life.

### Saturday 10am: Men's Bible Study

### Recurring Events:

May 19th from 10:45-11:45 AM: Tackling the Tough Topics. In this four-week class, facilitated by Youth Director Elena Jackson, MA, LPC, LMHC, various "hot topics" will be addressed from smartphones and addiction to gender identity and emotional well-being.

## Talmadge Hill Community Church

870 Hollow Tree Ridge Road; Darien, CT  
 203.966.2314

[www.talmadgehill.org](http://www.talmadgehill.org)

[talmadgehillchurch@gmail.com](mailto:talmadgehillchurch@gmail.com)

Ministers: Rev. Carter Via and Rev. Cheryl Bundy  
 Sunday worship service at 10:00am in person. All are welcome! We encourage everyone to stay for coffee hour after the service. Sunday School is every Sunday during the service and uses the Godly Play curriculum. Please reach out with any questions utilizing information listed above!

### Recurring Events:

Thursday 9:30am: Bible Study  
 First Saturday 8am: Men's Group  
 Second Saturday 10am: Women's Circle

## Chabad New Canaan Jewish Center

137 Putnam Rd

[www.newcanaanjewish.org](http://www.newcanaanjewish.org)

[info@chabadnewcanaan.org](mailto:info@chabadnewcanaan.org)

The Chabad New Canaan Jewish Center is dedicated to strengthening and building the New Canaan Jewish Community by offering local Jewish resources that bring more positivity, Jewish education, charitable activity, good deeds and blessing to our lovely town.

We are about Judaism, not affiliation. Regardless of your background, and however you choose to define your level of Jewish observance or identity, the Chabad New Canaan Jewish Center can add spirituality, joy, study, community and connection for you and your family. The programs of the Chabad New Canaan Jewish Center are held in various locations, all located in New Canaan.

## Temple Sinai (Reform Synagogue)

458 Lakeside Drive; Stamford, CT 06903  
 203.322.1649

[www.temple sinaistamford.org](http://www.temple sinaistamford.org)

### Service Schedule:

1st, 3rd & 5th Friday - 6pm in person and via zoom  
 2nd & 4th - 7:30pm

### Recurring Events:

12pm Friday: Torah Study  
 10:30am 2nd Saturday: Mussar  
 5:30pm 1st & 3rd Friday: Shabbat Service for Families with Young Children  
 8am 1st Saturday: Avodat Halev Discussion Group

## Temple Sholom

300 E. Putnam Ave. Greenwich, CT 06830  
 203-869-7191

[www.templesholom.com](http://www.templesholom.com)

Services: In-person and virtual Friday night Shabbat services, 6:30pm & Saturday morning Shabbat services, 10:30am. Adult Social Walking Group: Tuesday, April 16, 9:30-10:30am.

### Upcoming Events:

May 16th from 7-8 PM: Immerse yourself in Israeli culture by learning the art of Israeli folk dancing with Rabbi Kevin. To register please contact: [gina.cristino@templesholom.com](mailto:gina.cristino@templesholom.com)

May 17th at 7:15 PM: Dinner and Discussion. Ofanim, an Israeli non-profit organization, will be joining Temple Sholom for this special Shabbat dinner. Come hear their story, and their vision for the future. Price is \$18/person. To register please contact: [alice.schoen@templesholom.com](mailto:alice.schoen@templesholom.com)

May 20th at 7 PM: "Reporting a War in Your Own Country: Israeli Resilience During Dark Days" with Journalist Jessica Steinberg. Pre-registration

UPDATE SERVICES AND ADD SPECIAL EVENTS  
 TO THIS CALENDAR AT

[www.NewCanaanSentinel.com/worship-calendar-updates](http://www.NewCanaanSentinel.com/worship-calendar-updates)  
 or email [Cordelia@SentinelHometownNews.com](mailto:Cordelia@SentinelHometownNews.com)



# Circle of Grace



By SCOTT HERR

On Saturday, June 1st, the First Presbyterian Church is hosting a Women's Retreat entitled, "Circle of Grace: A Journey Through the Labyrinth." What is a labyrinth, you may ask? The word in English comes from the Greek λαβύρινθος (labyrinthos) and can be traced back to pre-historical legends. Pliny's *Natural History* mentions labyrinths located from Egypt to Italy. Archeologists have uncovered Cretan coins from as early as 430 BCE with a labyrinth pattern stamped on them. Images of Labyrinths have been found from Roman times through to the Renaissance. The most famous Christian labyrinth is the 13th century pathway embedded in the floor of the Chartres Cathedral in France.

Labyrinths are not mazes. Mazes are designed to be a puzzle, a challenge to be faced, a problem to be solved. As in the scene in *Harry Potter and the Goblet of Fire*, the Triwizard maze was dangerous! You can get very lost in mazes! Labyrinths, on the other hand, are designed so that it's impossible to get "lost." In fact, they are designed rather so that if you just continue walking, you can be "found" in the center! There is one entryway and, after you have walked to the center and paused for reflection, you simply turn around and walk until the path leads you back out of the labyrinth.

Jill Kimberly Hartwell Geoffrion, PhD, DD, is a renowned scholar on labyrinths, and teaches that labyrinths can mean different things to different people. Like many pagan holidays and practices, Christians have adopted the use of labyrinths for reflection, prayer and

meditation. Labyrinths invite you into an embodied experience. You walk into the labyrinth, and once you enter, you are now "on the way." What you experience depends, of course, on what you bring to the labyrinth.

For many of us, the labyrinth offers another way to enter into prayer. The best definition of prayer that I have heard is simply, "Paying attention." Walking is the method of the labyrinth, and allows you to slow down and pay attention to your inner life, to your breathing, to the sources of stress and anxiety of life with all of its twists and turns, but to be reminded that in the end, you will be centered and "held" by the love of God.

You can look at the labyrinth, or think about it, but in order to experience the power of labyrinth prayer you have to walk it. Chartres Cathedral was part of a network of monuments that provided shelter for pilgrims around Europe who over the past thousand years chose to walk the "Camino Santiago," (or in French, the *Chemin de Saint-Jacques de Compostelle*). I was told that labyrinths were set up in rest stops like the Chartres Cathedral for those who could not go on a pilgrimage.

In 2017, I was able to enjoy a sabbatical for three months, and with the help of mentors designed a time of rest and refreshment for mind, body, and soul. My first month was enjoyed as a visiting scholar at Cambridge University. I took in lectures and enjoyed evensong every night at St. John's College Chapel. The second month, I walked the 500 mile Camino Santiago, the "French route" from St. Jean pied de Port all the way to Santiago, and then on to Finisterre, Spain.

Walking for 500 miles with nothing but a pack on your back is a learning experience in so many ways. Over 300,000 people from around the world and different faith traditions "walk the Camino" for

*For many of us, the labyrinth offers another way to enter into prayer.*



The 13th century labyrinth in the Cathedral of Chartres. Contributed Photo.

different reasons, but most people who experience the Camino would say the Camino "teaches everyone something." It's a cliché to say that we are all on a journey. The Camino Pilgrim has plenty of time to reflect on life and meet and talk with other pilgrims "on the way."

One of my many "camino stories" came very near the end of my journey. I had made it to Santiago, the goal of the pilgrimage, but decided that my real destination was Finisterre, what in the medieval mind was literally "the end of the world." I was overconfident to begin with, but had 28 days of experience already on the Camino to Santiago, and so thought I'll have no problem on the three day journey to Finisterre. I dispensed with a proper guidebook and map.

On the second day of the three day journey to Finisterre, I got terribly lost, and ended up walking twice as far as I should have. I ran

out of water, and because I was on the wrong path, I didn't see anyone for miles, and was parched and tired, and starting to get worried. I prayed, "God give me strength to make it to the next town." But the next town just wasn't there. I was way off course.

Then, I came upon a small chapel in a grove of trees. There, sitting in plain sight in front of the chapel, was a bottle of water. In desperation, I called out to see if someone was near. I couldn't believe that there was just a bottle of water there waiting for me! When no one answered, I quickly guzzled the bottle of water. That gave me the stamina to make it to a fresh spring a few more miles down the road, and finally, I did arrive at the coast and after taking off my backpack, fell gratefully into the refreshing waters of the North Atlantic ocean.

Jill, the labyrinth expert, asked me to reflect on that last part of my

Camino journey, and suggested wisely that perhaps God was teaching me that at the end of my life journey, it is better not to go alone, but try and benefit from the wisdom of others. And most importantly, to trust that God will provide, even when I have exhausted all my resources.

Perhaps labyrinths won't give the same intensity of experience as walking for hundreds of miles in the hot summer months of dusty northern Spain, but many have found that the Labyrinth can be a way God speaks to us. Jill writes, "May the joy of the journey be yours. May Love companion you every step of the way. May the path lead you safely Home."

For more information on the Labyrinth "Circle of Grace" retreat, see <https://fpcnc.org> online.

*The Rev. Dr. Scott Herr is one of the pastors who serves at the First Presbyterian Church in New Canaan.*

## Obituaries



### MARJORIE MURPHY

The extended Murphy family celebrates the life of the iconic Marjorie 'Midge' Murphy who left us on May 3. Midge was sharp as a tack to the end, and as recently as two weeks ago hosted a guest author talk at her home: the wonderful New Canaan Inn. Her cause of death was

living life to its fullest!

Born Marjorie Donnelly in Buffalo, NY, "Midge" as she was universally known was the eldest of three and was predeceased by her brothers Neal and Jim Donnelly. Midge was ambitious, and a true academic, attending Buffalo's D'Youville College and graduating in the class of 1948.

While working her way through college at a Buffalo department store, she met her close friend Pat's brother Fred "Fritz" Murphy, and in 1950 the Midge and Fritz team was formed. The young couple started out in South Buffalo, before moving to suburban Orchard Park, NY in 1967. As anyone who met Midge knew, she had ten children, with the extended clan now totaling 77: the newest addition born April 27, 2024!

Midge was always a high energy

person, which was put to work raising her family. She was an avid cook and baker, active volunteer, and always had a curious intellect. She read more books in her life than many libraries have on their shelves. Midge was progressive with an eye towards the future. Prior to marriage Midge spent two years teaching and returned to the classroom as one of the first Head Start teachers in the 1960s, and taught "Great Books" for years while she still had children at home. Once everyone was launched, Midge went back to school to get her paralegal degree.

Her favorite place in the world was at "The Cottage," the little house she and Fritz bought in 1961 on the shores of Lake Erie, just over the border from Buffalo in Crystal Beach, Ontario. Last summer she was able to spend her 62nd summer at her

little slip of paradise on Lake Erie.

After losing Fritz in 1999, Midge eventually relocated to New Canaan in 2007 where her daughters Sally and Amy and their families lived. Midge dove into New Canaan, becoming an early member (and driver) of "Staying Put." She was also an avid exerciser with a fondness for water aerobics. Year after year she was a May Fair White Elephant volunteer, and grandmother and great grandmother extraordinaire. Cookie care packages, her famous macaroni and cheese, and mashed potatoes were made in quantity for the extend Murphy family.

Among her favorite possessions was the collection of mugs from all the colleges and universities her children and grandchildren attended. For "Mother Midge" everyone knew the question was never if you would

go to college, but when do you start?

Midge was forever enthusiastic, up to try and do anything. She loved to travel, worshipped the sun and was a cheerleader for absolutely everyone. Her memory was legendary and she quickly got to know more information about anyone she met than often their closest relatives knew - and she never forgot!

Midge is survived by all of her ten children, Marjorie (Terry Culliton) of Buffalo, NY, Laurie (Robert Silber) of Warren, VT, Marta of Waitsfield, VT, Sally Campbell (Kim Campbell) of Warren, VT, Trish (Bob Blair) of Concord, NH, Bob of Elma, NY, Dino of Manhattan, Amy (John Carroll) of New Canaan, CT, Neal (Alicia Murphy) of Washington, DC, and Brendan (Gabriella Steinmetz) of

[Please turn to page 10](#)



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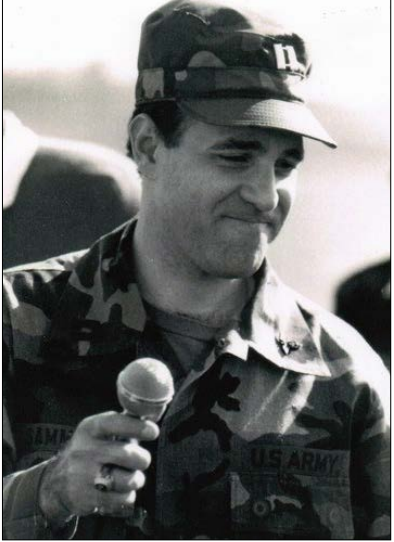
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Chapel Hill, NC. In addition, "Mother Midge The Great" (MMTG) as she is known by the next generation, is survived by 24 grandchildren, and 22 great grandchildren!

A Funeral Mass will be held on Friday, May 10, at 11:00am, at St. Aloysius Church, in New Canaan, immediately followed by a luncheon at the Waveny Mansion, in Waveny Park.

In lieu of flowers donations to benefit Waveny Life Care Network would be a perfect way to honor Midge and those who made her last years so full, warm and safe. For those who are able to join the celebration, in honor of Midge please wear the bright colors she so loved, and sunglasses!



### DOMENIC SAMMARCO

Domenic A. Sammarco, 72, of New Canaan, CT passed away on May 2.

Domenic was born on July 26, 1951 in Williamsport, Pennsylvania to Menotti and Giannina (Speziale) Sammarco. His family moved to Stamford, CT in 1961 where he attended St. Maurice Elementary School. He graduated from high school at Fairfield Prep, always proud of his Jesuit education. After high school, he attended St. Vincent College in Latrobe, PA, and then transferred to Southampton College in Long Island where he received a degree in marine biology. An animal lover and fluent in Italian, Domenic attended veterinary school in Bologna Italy, but returned to school in the United States to follow a new career path. He graduated from the Arnold and Marie Schwartz College of Pharmacy in Brooklyn, NY in 1979 after which he began his dedicated practice in pharmacy. After completing a residency at Greenwich Hospital, he opened Palmer Pharmacy in Greenwich with business partner Lou Visconti. He expanded his pharmacy practice to Professional Pharmacy in South Norwalk, which after many years moved to the Tully Center in Stamford. Always a champion for the practice of pharmacy, he served as a State of CT Pharmacy Commissioner from 1994 - 1999. He received the Honorary Alumni Award from the University of CT in 1997. Domenic developed a unique niche practice in the Fairfield County area as a compounding pharmacist, serving not only human patients, but a large number of veterinary patients as well. He took pride in his compounding service to bring health and healing to all animals. Domenic shared his knowledge of pharmacy practice by teaching the Pharmacy Technician Training Course at Norwalk Community College for many years, where he instructed and helped students start their pharmacy technician career.

A true patriot, Domenic joined the United States Army Reserves in 1980. He served at various military bases in the United States, Germany, Honduras, Guatemala, and El Salvador. Most of his 23 year military career was spent with the 340th General Hospital and 405th Combat Support Hospital. He retired as Lieutenant Colonel after 23 years of service and received the Meritorious Service Medal in July 2004. Throughout his life, Domenic found and embraced opportunities to help people. In his younger years, he was a volunteer fireman for the Glenbrook Volunteer Fire Department. He was founder and organizer of both the Louise Crisafi Spring Stride, a road race that raised money for cancer research, and the Vietnam Veteran Scholarship Road Race, that successfully raised money for children of Vietnam Veterans for 9 years. He organized fund raising and clothes collections for an orphanage in El Salvador, and frequently donated time and medical supplies to the Americares Foundation, and other domestic

and international causes. Domenic was the ultimate family man and his family was his top priority and love. Domenic met Elizabeth (Betsy) Bell Sammarco through a dear friend at Greenwich Hospital and they married on October 8, 1988. They raised their two boys, John and Matthew, in New Canaan. They enjoyed summer getaways at Roton Point in Rowayton and Green Hill Beach in Rhode Island. Although an only child, Domenic had close and sibling-like relationships with his cousins, nieces, and nephews. Domenic will be remembered for his sense of humor, his generosity, and his ability to connect with people in all walks of life. He lived life with a creative passion and an incredible work ethic. He had many interests and was a true "do-it-yourselfer". He could build and fix anything from bird houses to cars and enjoyed spending his spare time in his work area basement.

Domenic was predeceased by his father, Menotti. He is survived by his mother, Giannina, wife Betsy, and sons John and Matthew. He also leaves brother-in-law Jeff Bell and his wife Joan, and brother-in-law David Bell and his wife Lety. Many loving aunts, uncles, cousins, nieces and nephews, and great nieces and nephews will miss him dearly.

Visitation was held on Tuesday, May 7 at Hoyt Funeral Home, New Canaan. The funeral was held Wednesday, May 8 at St. Aloysius Church in New Canaan. Entombment followed at St. Mary Cemetery, in Greenwich, CT.

In lieu of flowers, donations can be made to the Wounded Warrior Project: woundedwarriorproject.org/ For online condolences, please visit hoytfuneralhome.com



### MARIAN BROWN

Marian Ruth Morton Brown, known to family and friends as Maru, passed away peacefully at her home in New Canaan on Monday, April 29. She was ninety-seven years old and had lived in New Canaan for sixty-four years.

Born on March 23, 1927, in Greensboro, North Carolina, Maru was the daughter of the late Joseph Reece Morton, a chemical company owner and entrepreneur, and Ruth Balsam Morton, of New York City. An only child, she grew up in a wonderful country home surrounded by flower gardens and woods, which she explored with her dogs. After attending the Warrington School in Virginia for junior high, she matriculated to Connecticut's Ethel Walker School, Class of 1944. She entered Vassar College toward the end of World War II and graduated in three years in 1947. She studied at the University of Geneva (Switzerland) during her last academic year. A Vassar friend suggested she look up a tall, handsome young man from Boston with wispy blonde hair. George Edwin "Ted" Brown Jr. was enrolled in the School of Advanced International Studies after graduating from Harvard College, Class of 1945. They were married on January 6, 1949, in Greensboro, whereupon they returned to Geneva for another year. After arriving back in the United States, they settled in Chevy Chase, Maryland, where they lived for a decade before moving to New Canaan in 1960 with three young girls in tow (and a poodle). Their fourth child, a son, was born at the Norwalk Hospital. They settled on four acres of land on Country Club Road for the next forty-five years.

Maru sought to balance her children's lives between sports, the arts, education, and travel. She often referred to herself as a chauffeur! She was also a committed volunteer and assisted with or was on the boards or committees of numerous local organizations, including the New

Canaan Garden Club, the New Canaan Country School, the New Canaan Nature Center, the Junior League of Fairfield County, the First Presbyterian Church of New Canaan, the Country Club of New Canaan, Waveny Care Center, Staying Put and more. Summers were spent on Chappaquiddick Island off Martha's Vineyard and, in later years, after the kids were grown, in Dorset, Vermont. Maru was energetic, smart, social, and a gifted organizer. She was a multitasker before there ever was such a term! She excelled at tennis and golf, but was not as thrilled about riding or skiing; however, she didn't shy away from planning family vacations to dude ranches in the west or the ski slopes of Vermont and Colorado. She loved to entertain. Friends remembered her epically fun and festive Christmas parties. Later in life, Maru and Ted traveled abroad extensively with friends, including to Europe, Africa, China, South America, and beyond, always returning with rolls of photos to remember their adventures.

Still, Maru's competitive spirit came out in her love for bridge, which she played weekly with friends in their bridge club into her 80s. Within the family, the challenge was always to see if any of us could beat her at backgammon... an extremely rare occurrence. She left us slowly over the last few years as dementia stole her mind. Her wish was to stay in her home, and we honored that request. She is now at peace.

Maru leaves behind her children and their partners: Scottie (Greg Jones), Hunter (Tom Bailey), Looie (Beth Sommers), George (Laura Korbin); grandchildren: Caitlin (Curtis) and Emery Jones, Chris and Woody (Sarah) Bailey, Hopie Brown, and great-grandchildren: Henry Jones and Benjamin Bailey. She was preceded in death by her husband, Ted.

We, her children, would be remiss if we didn't honor the love, support, and guidance we all received from Helen (Taylor) Darrell, who helped raise us for almost twenty years. Along with her husband, Ellsworth, they were family. We would also like to express our extreme gratitude to Yaa Awansi (affectionately known as Regina) for the loving care she provided for our mother these past five and a half years.

A private memorial service will be held at the Columbarium at the Presbyterian Church of New Canaan at a later date. In lieu of flowers, the family requests that donations in Maru's memory be made to the First Presbyterian Church of New Canaan, the New Canaan Nature Center, or a charitable organization of one's choice. For online condolences, please visit hoytfuneralhome.com



### DOLORES KARL

Born in her grandparent's home on Franklin Street in Westport, CT on July 11, 1928, Dolores Michela DePalmer "Honey" Karl lived a life of devotion to family and faith. She passed away 95 years later on April 18, in El Paso, Texas, where she had recently been staying with her eldest son.

She grew up in Westport and Norwalk, graduating from Norwalk High School where she was an honor roll student, and participated in the swim and dive team. In the summertime she taught swimming to area youth at Compo Beach with her cousin Esther Ann. After high school she attended the College of New Rochelle, majoring in English, and went on to teach in area schools.

She attended Columbia University part time to obtain her masters in speech pathology, but also found the time to join the Norwalk Ski Club, where, she and her sister skied the northeast in the early days, going as far as to Chile in

the summer, which she thought was an obvious choice for a teacher with the summers off. Though all her activities at home and abroad lead some relatives to worry she may become a spinster, the ski club also led her to meet Lawrence "Larry" Karl, who became the love of her life. They married in 1960.

They raised their family of 5 in New Canaan, and during this time she worked as a speech pathologist at St. Aloysius School. The couple bought property in Braintree, Vermont, in 1967 so their fledglings could learn to ski and enjoy nature. The land has created a family legacy with numerous gatherings and vacations including, since 1984, an annual event dubbed Happy Camper Weekend. Honey always loved it that people she had never met also appreciated the land.

Upon retirement Honey and Larry wintered in Marathon, Florida in a home built on land acquired in the 60s. They were able to enjoy many balmy winters swimming and biking in the Keys until Larry's passing in 2009. Honey continued to split time between Florida and Connecticut, while making it a point to attend the important events of her children and grandchildren in the northeast and around the country. As through all her life, family and faith were paramount. Honey attended daily mass and was active in parish life as a member of Our Lady's Guild at St Aloysius in New Canaan and her women's Bible study group at San Pablo parish in Marathon.

She was predeceased by her parents, Joseph and Antonette DePalmer, her brother, Anthony Joseph DePalmer and her beloved husband Larry. She was briefly survived by her sister Eleanor Eugenie Banyard, who passed 3 days after Honey at the age of 99 in Norwalk. She is survived by sister-in-law Judy DePalmer, and her devoted children Lawrence Karl, and Debora, of El Paso TX, Anne Kelly, and Michael, of Goshen CT, Matthew Karl, of Burlington VT, Jane McKeen, and Nathan, of Weathersfield VT and Philip Karl, and Jennifer, of Rehoboth MA. Twelve beloved grandchildren mourn her passing, as well as countless nieces and nephews, many of whom were her godchildren.

Mass of Christian burial will be on May 20 at St. Aloysius Church, at 11 am. There will be calling hours on May 19 from 1-3. Any memorial remembrances can be sent to the Hoyt Funeral home, or if you would like to make a charitable gift in her name please consider St. Aloysius Church, where she was a long time parishioner.



### KAREN REID

Karen Dascenzo Reid, 67, of New Canaan, CT, passed away peacefully on April 12 after a long battle with COPD. She was born on April 24, 1956, in Norwalk, CT. Karen was a beloved mother, sister, aunt, grandmother, and daughter.

Karen was an incredibly selfless mother who always prioritized her family's needs and wants. Her sense of humor kept us all smiling through the years. She had a keen eye for beauty and was passionate about photography, music, and art. Her talent behind the camera allowed her to capture the extraordinary in the ordinary, creating lasting memories for her loved ones.

In her career, Karen worked at HERSAM Acorn Newspapers, where she made lifelong connections and provided for her family. In her free time, she enjoyed hobbies such as photography, traveling to see live music, and spoiling her grandchildren. Karen's love for her family and friends was evident in the time she spent attending live music shows, and sitting around the fire pit with her beloved Nikon.

A true hippie at heart, she understood that the little things were in fact the big things in life. This understanding of hers is displayed in the lunch box notes/drawings that

she made for her daughters every day. In the action figures and stuffed animals that she kept for us to give to our children. In the boxes and boxes of family photos that she held so close to her.

Karen is survived by her daughters, Kirstyn Longstreet and Kaitlyn Reid, her sisters Carol Kelley and Patricia Dascenzo and her husband Peter, her brother Lee Dascenzo and his wife Cara, her mother Audrey Loud, and her grandsons Weston and Forrest Longstreet. She is also survived by several beloved nephews and nieces. Additionally, her partner for the last several years, David Jones of Wilton, Connecticut joins the family in mourning her passing. She was preceded in death by her brother Robert Dascenzo and her father Patsy Dascenzo.

A Celebration of Life will be held this summer to honor Karen's memory. Details to come. Additionally, a coffee-table book featuring her photography will be published by her daughter Kirstyn. Proceeds from the GoFundMe will be put towards the Celebration of Life and the book.

<https://gofund.me/a9b6c6ab>

Karen will be deeply missed by all who knew her, but her spirit and love will live on through the memories she created and the lives she touched.



### RUTH MEYER

Ruth O. Meyer died peacefully at home on April 12. She spent her final day with family and had a video call with her four granddaughters exchanging memories and love. She was 94 years old and lived in New Canaan, CT.

Born in New York City on February 26, 1930, to Ann Stott and Thomas Oddy, Ruth grew up in Great Neck, NY. In 1951, she graduated from Sweet Briar College with a major in Psychology and went to work for the American Broadcasting Company. In 1957, she married Carl E. Meyer Jr. and moved to Port Washington, NY to raise their family. She traveled frequently with her husband who became President and Chief Executive Officer of Trans World Airlines. In 1979, TWA served as US Carrier for Pope John Paul II's pilgrimage to America and Ruth and Ed Meyer were invited to the Vatican to meet the Pope and accompany him to the US. Ruth devoted much of her time to helping others. For 50 years she volunteered at hospitals, first at St. Francis Hospital & Heart Center in Roslyn, NY and then Greenwich Hospital. In 2017, Ruth received The President's Lifetime Achievement Award for her lifelong commitment to building a stronger nation through volunteer service. In addition, she loved animals and had numerous dogs, cats, and parrots. She enjoyed reading, painting, collecting English antiques, embraced new technology and travel. Ruth spent every summer from 1930 until 2010 in Southold, NY where she went horseback riding, sailing, swimming, and boating. In Southold, the family covered three generations and homes on Paradise Point Road. Ruth cherished her time there and of all the places she lived, she loved Southold the most.

Ruth was preceded in death by her husband of 60 years, Carl E. Meyer Jr., her parents, Ann Stott and Thomas Oddy, and her sister Ann Oddy Smith. She is survived by her two sons and their wives, Jeffrey S. Meyer and Lois B. Meyer of Darien, CT and William D. Meyer and Amy G. Meyer of White Heath, IL, her four granddaughters, Caroline K. Meyer of New York City, Allison S. Meyer of Novato, CA, Mallory M. Meyer of Santa Monica, CA, Kendall A.L. Meyer of New York City, and her two great-grandsons, Hudson, and Noah.

In lieu of flowers, donations may be sent to the North Fork Animal Welfare League, 269 Peconic Lane, Southold, NY 11958 and Strays and Others, Inc., 18 Locust Avenue #473, New Canaan, CT 06840.

Services will be held in Southold, NY. For online condolences, please visit hoytfuneralhome.com.

## COLUMN

# Active Senior Housing - A Hidden Economic Boost



By RUSSELL R. BARKSDALE

In regions where debates over new multi-unit developments, like affordable housing under Connecticut's 8-30g or NIMBY sentiments tend to sow discord, towns might be missing out on development opportunities that could empower local control and provide a much-needed economic boost.

Too often, legal battles over affordable housing and NIMBY concerns result in the state taking control of development decisions. By collaborating to address the demand for senior housing, deciding on suitable locations and investing in infrastructure, local communities can retain local control while fostering economic growth and enriching social interactions across generations.

The current growth of the population aged 65 and older, driven by the large Baby Boomer generation—those born between 1946 and 1964—is unprecedented. For some communities this over-65 population will begin to exceed the number of children in school, with the potential to, if developed, greatly impact local economies.

Towns actively competing to attract and support their senior populations are experiencing

financial and social benefits, contrasting with those that neglect this demographic.

**Boost to Local Economy:** Seniors have disposable income from incoming federal dollars, through social security, pensions, investments and Medicare - each an economic multiplier. Seniors are often well-funded, spending money on goods and services in businesses that include retail stores, restaurants, and recreational facilities, thereby increasing local tax revenues that can offset continued property tax hikes. This boost in consumer spending tends to stimulate economic growth and create job opportunities.

**Real Estate Market Growth:** Conversely, a lack of senior friendly housing alternatives leads to a shortage of available houses on the market, stifling in-migration, and outside investments. For the majority of seniors who want to remain in the town they built, including paying town taxes for decades, they cannot find appropriately designed active adult housing alternatives in their hometown. Without alternatives, seniors will too often remain in their homes, thereby suppressing available housing inventory, but also add to potential healthcare risks. Remaining isolated at home has been connected to increased depression, over self-medication, and other healthcare pitfalls. This increased demand could

lead to a healthy turnover in the real estate market, and potential opportunities for real estate developers and investors outside of 8-30g.

**Volunteerism and Community Engagement:** Seniors have valuable skills, knowledge, higher philanthropic tendencies and life experiences to contribute to the community through volunteer work, mentoring programs, and civic engagement. Their contributions enhance community programs and improve overall quality of life for residents.

**Wisdom and Expertise:** Seniors bring a wealth of knowledge, experience, and wisdom accumulated over a lifetime, which they can share with younger generations and contribute to community decision-making, problem-solving, and innovation. Seniors serve as custodians of local

history and cultural heritage, preserving memories that enrich the fabric of community identity and continuity.

**Increased Tax Revenue:** Seniors pay disproportionately more property taxes and other local taxes generated from their spending, property ownership, and economic activity. This additional tax revenue provides funding for essential services, infrastructure improvements, and community development projects.

**Expansion of Senior-Focused Businesses:** With a growing senior population, there will be an increased demand for alternative businesses and services catering to seniors' needs and preferences. This can include off-peak train activity, increased day time restaurant and retail traffic, and financial planning services tailored to retirement needs.

Your town's seniors have built the communities that we now

enjoy: From parks, recreational facilities and school systems, to sustained housing prices, our town's seniors paid in advance for the many services that we so often take for granted. Too often, instead of the level of respect and appreciation deserved, agism becomes commonplace.

In the corridors of power and amidst the whispers of the town square, a narrative of hope and prosperity can unfold—one that celebrates the invaluable contributions of our esteemed seniors, while also heralding a new era of economic resurgence and social harmony. For too long, the discourse has been dominated by the contentious debates over affordable housing and zoning regulations, overshadowing the true catalyst of progress—the unparalleled potential of our aging population.

Picture, if you will, our bustling streets adorned with the

laughter of children and the gentle footsteps of elders—a symphony of generations united in purpose and bound by the timeless bonds of community. Here, amidst the bustling marketplace and quaint cafes, the wisdom of the ages mingles with the vibrant energy of youth, giving rise to a tapestry of innovation and creativity that knows no bounds.

For in the end, it is not the wealth or power that defines us, but rather the legacy of love and compassion that we leave behind for future generations to cherish and uphold.

We are hopeful that a different perspective will create a sense of urgency and focus for our local towns. Those that do will have the financial and social advantage.

Russell R. Barksdale, Jr., PHD, MPA/MHA, FACHE President and CEO Waveny LifeCare Network

## COLUMN

## A Mother's Day Tribute

*I was honored to have inherited my mother's business acumen, which she, in turn, credited to her own mother.*



By PATRICIA CHADWICK

It was Mother's Day weekend 1986, and I had left the madness of the world of investing behind in New York City to spend time with my mother in Boston. "I want to buy a house on the ocean," she said with an air of confidence the moment I walked into the house. It was as though she had already made up her mind. "Will you go in on it with me?"

Mother seemed on top of the world. Her journey from the life of a nun, one she had been duped into accepting for close to twenty years—to that of businesswoman had been nothing short of spectacular. A woman with a prodigious vocabulary and an immense knowledge of literature and history, she credited her teachers at Cambridge High and Latin. After a year at Boston University, when she joined "The Center," she immersed herself in the study of Ancient Greek, Latin, and even Aramaic. She left the confines of "The Center" a couple of years after I had been kicked out, desperate to make up for lost time, to reinstate herself in the role of mother and to be with me. She did what was necessary to make a living, at first cleaning houses for those who could afford her services. Perhaps having lived the life of servitude for two decades as an obedient nun, she had the grace to accept that lowly position without rancor or complaint. It was her nature to view the world as full of opportunity. From housekeeper, she took on the role

of nanny for the infant daughter of a brilliant couple getting their PhDs at Harvard and when, a couple of years later, the couple had another daughter, they asked both my parents to be her godparents. That bond remains between the two families to this day. Then, after a stint in the world of real estate, my mother became the manager of a branch of Cambridge Savings Bank, with responsibility for approving—or not—all personal loans. She had a sixth sense and was proud to boast that no loan she had ever made went bad.

It was sometime in the late 1970s, or perhaps the early 1980s, that Mother became the secretary to the owner of a small manufacturing company—a firm that manufactured wooden pallets, a forklift-ready stock item for every warehouse that need to move cartons of products. Within a couple of years, she was handling the day-to-day affairs of the business, from negotiating leases to hiring employees and managing sales. Her boss rewarded her handsomely, and by the time she was in her late fifties, Mother was making more than \$100,000 annually, the equivalent of more than a quarter of a million dollars today.

I was honored to have inherited her business acumen, which she, in turn, credited to her own mother, Laura Miller. Laura's pregnant mother had succumbed to the 1918 flu epidemic, leaving behind a husband and four young daughters in Leonardtown, Maryland, a small town on the Potomac River. Laura, the eldest of the four, and twelve years of age at the time of her mother's death, left school in the sixth grade to raise her siblings, the youngest of whom was just two



Grandmother and Mother

years old.

Eight years later, when Laura married Bill McKinley—a World War I veteran she met in Washington, D.C.—and moved north to his home in Cambridge, Massachusetts, she brought her youngest sister, then ten years old, to live with them. Bill had been stationed in France during the last year of the war and was active in the local VFW. Laura,

in turn, joined the "8 and 40" the women's auxiliary group, and soon began her public speaking career.

Within a few years, Laura became the organization's parliamentarian, and in that role, she committed to memory Robert's Rules of Order. Over the next fifty years, she traveled to each of the lower forty-eight states, as the lead speaker at the

organization's annual conference. She made an impression—this woman who was about five feet tall in her high heels. Her speaking voice was strong, her diction perfect, and her vocabulary sophisticated. Well into her eighties, she never lost her poise nor faltered over a word. I understood why my mother was so proud of her.

Mother had two vacation loves—one was her annual trip to Europe with Daddy, the focus of which was twofold. Ostensibly, they were visiting, over and over again, the great Catholic cathedrals of Italy, France, Germany, and England. Almost as importantly, they were exploring the small towns on the outskirts of those cathedral cities. Seldom making either accommodations or restaurant reservations in advance, they would drive until they came to a village that appealed to them. Rarely were they disappointed. My husband and I curated our own vacations around many of the sites they most loved.

When not traveling, Mother was happiest by the sea. She would reminisce about her childhood summers with her grandmother in Cohasset, a seaside town on the south shore of Massachusetts, while her own mother remained back in Cambridge with her younger sister.

Now in her late fifties, she wanted her own place by the sea. "I love Maine," she said. "I want to see the ocean from my bed. I have a place in mind." She had done her homework and, together with a couple of my sisters, we headed north on that Saturday before Mother's Day to Wells Beach on the southern coastline of Maine to look at a particular four-unit condominium building that had been recommended to her by a real estate agent whom she trusted. It was love at first sight, so to speak, for Mother, as she stood on the balcony of the three-bedroom-apartment and scanned the Atlantic Ocean in front of her. By the end of the day, it was ours.

*This column is an excerpted and edited chapter from my new book, Breaking Glass: Tales from the Witch of Wall Street. The book is now available at bookstores and online. The audio version of the book will be available in about a month.*

Patricia Chadwick is a businesswoman and an author. Her second memoir, Breaking Glass, with the subtitle: Tales from the Witch of Wall Street, is coming public on May 14, 2024. It tells of her "growing up" and succeeding in what was then the all-male bastion called Wall Street. Her new book is a sequel to her first Memoir, Little Sister, the story of her childhood in a religious community-turned-cult. [www.patriciachadwick.com](http://www.patriciachadwick.com)

## SUBMITTED

## Community Leader Kim Healy Launches Campaign for State Representative in the 42nd District



Kim Healy, a dedicated citizen volunteer and experienced Selectwoman from Wilton, has officially announced her candidacy for State Representative in the 42nd legislative district which includes all of Wilton and parts of New Canaan and Ridgefield. With a great deal of enthusiasm and a commitment to public service, Healy brings a wealth of experience and a fresh perspective to the race.

Elected to the Board of Selectmen of Wilton in 2021, Healy is committed to public service and improving our community. In addition to her role as Selectwoman, she serves on the Water Pollution Control Authority, Wilton Employees Retirement Plan Investment Committee, and the Trust Fund for Post-Employment Benefits. Healy is also a member of the League of Women Voters, Garden Club, and Minks to Sinks and a Trustee of the Family and Children's Agency in Norwalk, CT. Healy has previously served for six years as

a Board of Selectman appointed Trustee of the Wilton Library Association and for one year as a member of the Conservation Commission. She and her family are also active members in Our Lady of Fatima parish. Kim has four children, ages 17 to 26. She and her husband Michael moved to Wilton in 2008. Healy is a CPA and a former auditor with PwC.

Kim is committed to improving fiscal policy, public safety, and educational outcomes of all children. She is adamant about fixing the current crisis in children's reading outcomes throughout the state. Since January 2022, Healy has been serving under legislative appointment on the Connecticut Reading Leadership Implementation Council, where she has been working across the political aisle to advocate for our local school districts to make their own curriculum decisions. Healy knows that a one-size-fits-all approach does not work, especially in education.

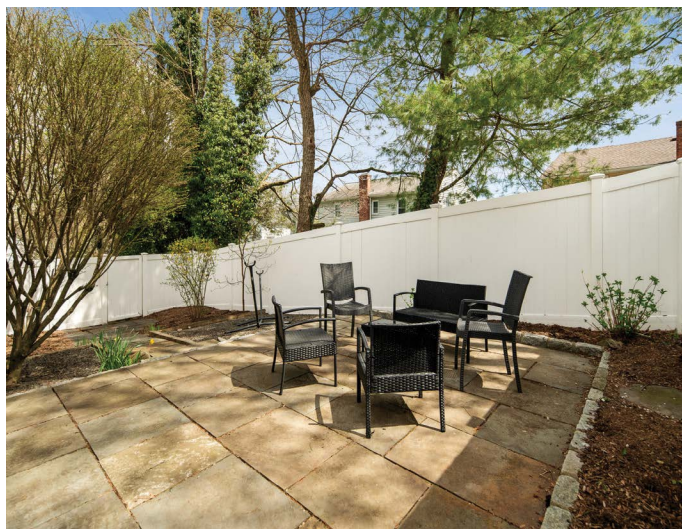
Healy is passionate about bringing civility and good policy to government. Healy believes in common sense solutions and believes in ensuring everyone is heard and respected. She pointed out, "Every vote to date on the Board of Selectman has been unanimous. It has taken hard work and deliberate, collaborative work to ensure we get the best outcomes for the residents. I will bring this work ethic to the state level."

Kim Healy's candidacy represents a promise of responsive and principled leadership for the constituents of the 42nd district. With her proven track record of collaborative governance and her dedication to serving the community, she is prepared to advocate tirelessly for the interests of all residents in Hartford. As a committed advocate for common-sense solutions and inclusive representation, Kim Healy is ready to be a strong voice for positive change in our state government.



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# REAL ESTATE DASHBOARD

## NEW LISTINGS

Address	List Price	SqFt	Price/SqFt	AC	BR	FB
312 Elm St., Unit 24	\$1,269,500	2,457	\$516.69		3	2
153 W. Hills Rd.	\$1,295,000	3,105	\$417.07	2.2	4	3
367 Cedar Ln.	\$1,750,000	4,744	\$368.89	1.73	5	4
61 Bittersweet Ln.	\$2,695,000	4,901	\$549.89	2.02	6	4
437 Main St.	\$2,799,000	5,532	\$505.97	0.59	6	5
87 Talmadge Hill Rd.	\$3,250,000	6,231	\$521.59	3.09	5	4

## FEATURED OPEN HOUSES

Get Your Open Houses Into the MLS by Wednesday at Noon for a Listing Here

Address	Price	Day	Time	Broker
153 W. Hills Rd.	\$1,295,000	SAT	1:00PM-4:00PM	Houlihan Lawrence
6 Maple St., Unit 6	\$2,195,000	SAT	1:00PM-3:00PM	William Pitt
437 Main St.	\$2,799,000	SAT	1:00PM-4:00PM	William Raveis
48 Green Meadow Ln.	\$2,895,000	SAT	12:00PM-2:00PM	William Pitt
549 Oenoke Rdg.	\$6,295,000	SAT	2:30PM-4:30PM	William Raveis

## NEW SALES

Address	Original List	List Price	Sold Price	DOM	BR	FB	Acres
94 Heritage Hill Rd., A	\$429,000	\$429,000	\$444,094	2	2	1	
76 Heritage Hill Rd., C	\$450,000	\$450,000	\$481,000	26	2	1	

### REAL ESTATE DASHBOARD EDITOR

John Engel | John.Engel@Elliman.com

### REAL ESTATE DASHBOARD CONTRIBUTORS

Christa Kenin | Christa.Kenin@Elliman.com

Robyn Bonder | Robyn.Bonder@Elliman.com

# Who Moved the Realtor's Cheese?\*



BY JOHN ENGEL

People ask, "How long does it take to write the real estate column?" All week. I have dozens of columns rattling around up there, but I sometimes struggle with what it is my audience wants. The easiest column to write is just a list of statistics. The reaction is usually, "Wow, that's a lot of data." That's cheating. I know that it's a cop-out to just post the numbers without considerable fact-based analysis. This week I'll give you more analysis.

### BUYER'S AGENTS

Nobody agrees. Some pundits focus on what should happen, others talk about what's beginning to happen, but it's too early and the experts can't know what will become the "new normal". We do know the Multiple Listing Service (MLS) will no longer publish a "uniform offer of compensation" for the buyer beginning in August but it's not clear what will replace it. Some say sellers will offer a "seller concession" in the remarks and stick to the old model. But an important piece of the old model is that the commissions were part of the purchase price and therefore part of the financing. Now, Fannie Mae, Freddie Mac, and FHA do not allow commissions to be added to the balance of the mortgage. Clearly, we are in for a messy period of inconsistency and experimentation before we find a solution for who pays for buyer-agency and how. And we will. Buyers need representation. I don't believe we are

moving to the transaction-broker model (where the one agent is legally neutral). Consider that commercial real estate brokers rely far less on buyer-brokerage. Homes.com is making a billion-dollar bet including Superbowl commercials that I'm wrong, that listing agents will rely on their platform and buyer's agents will become less relevant. While Zillow sells buyer leads to agents, Homes.com commits to the "my listing, my lead" principle, directing all leads to the listing agent. They hope that listing agents will spend more to advertise listings on the platform, chipping away at the power of the local MLS. Zillow responded last week with consumer-friendly non-exclusive "touring agreements" to take the place of long-term buyer-brokerage agreements. Why? Because "most people want to date before becoming exclusive." It seems to be at odds with Zillow's model that sells leads to buyer agents but clearly everybody is experimenting. Do listing agents need Homes.com to promote listings? Not while the MLS provides sellers sufficient reach through syndication, and they do, and that is not likely to change. In fact, several large MLS's, nationally and in Connecticut, have begun opening to non-members, confusing the landscape further. Finally, a reminder that 89% of homes are sold by agents, and NAR's annual survey shows the vast majority of consumers already knew their agent or were referred to their agent by someone they knew. The business is still dominated by relationships, not internet portals. On my weekly real estate podcast, Boroughs & Burbs #61, superagent Lisa Lippman taught me that new business is directly related to how many doors I go through each week. "Get out there and connect with people." She is right and I think I'll get off my computer now.

### THREE PRICE OPINIONS THIS WEEK

Three people called this week asking us to put a value on their homes. One said he found us on Google. The second, downsizing, was a referral from a friend and past client. The third, also downsizing, is not a past client but has known me for years, further evidence that most of an agent's business comes from people we know, our "sphere of influence". Clients typically say they want a "top" realtor by some objective standard, but they also want someone who they enjoy working with and trust. That is why personal referrals are still so relevant in the Internet age. At the first price-opinion, a job transfer, we talked about the improvements they had made. This seller wanted very specific advice on how to prepare the house for market. Renovations tend to develop their own inertia and we cautioned against over-improving a house for resale value. While the market is red-hot for sellers some improvements we make for ourselves and others we make for resale. The number one improvement you can make is improving the curb-appeal. It is always the first impression. The two rooms with the highest return on investment are usually the kitchen and the bathrooms. Sorry kids, improving your rooms does not score nearly as highly as improving the primary suite.

### NOTES FROM THE MONDAY MEETING

A dozen of us meet in the office every Monday and go over the pending deals and new possibilities. Some of us go to the office every day. There is no better way to learn the market. When my buyers ask me how much to bid to win in a competitive bidding war it is what I've learned in these meetings and around the water cooler that gives me an edge. I am better able to predict the different results between 3 bids vs 12 bids, between staged and lived-in, between renovated and really renovated because I study how my fellow agents think, how their customers think, and how that translates into buyer strategies today, not February or November, and what happens when buyers get remorse and bidding wars fall apart. In-office learning and communication is so essential.

\*Who Moved My Cheese? is a book about the importance of adapting to change. Cheese is a metaphor for our goals in life. Published in 1998 it has sold 30 million copies.

John Engel is a broker with the Engel Team at Douglas Elliman in New Canaan, a member of the New Canaan Board of Realtors and you'll find him most days in his office next to the Glass House visitor center opposite the New

Canaan train station.

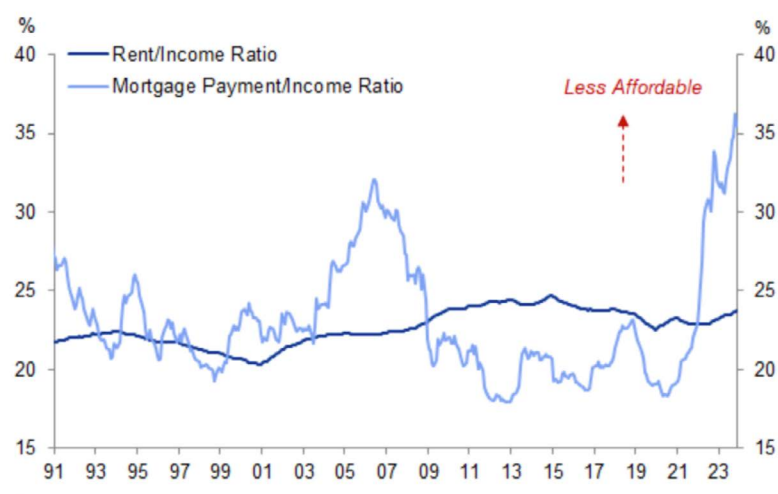
Yesterday John was asked for one thing he learned as an Army officer. Decisiveness (and timeliness):

"Make a decision, lieutenant. Make it now. Because no decision is a decision." Important lesson.

### US housing affordability is still poor

Exhibit 12: Rental affordability is superior to mortgage affordability at present but is strained nonetheless

Housing vs. Rental Affordability Indices



Source: Goldman Sachs Global Investment Research

### Exhibit 13: Our US housing affordability index remains at record lows

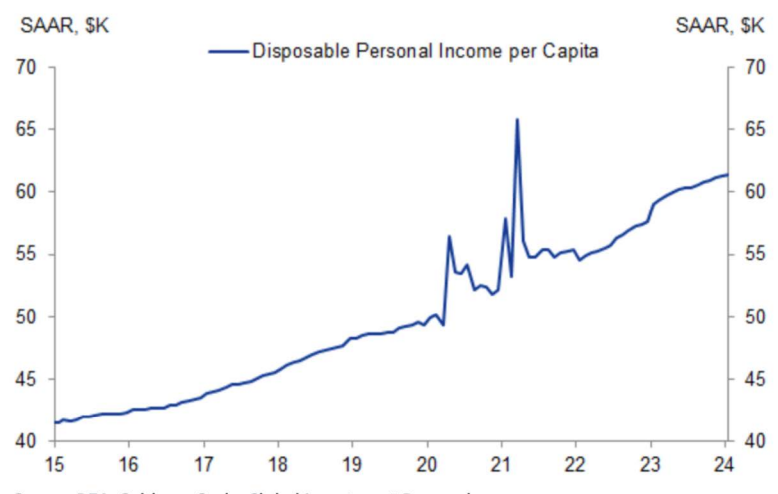
GS Housing Affordability Index



Source: Goldman Sachs Global Investment Research

### Exhibit 10: Nominal personal income continues to grow

Disposable personal income per capita



Source: BEA, Goldman Sachs Global Investment Research

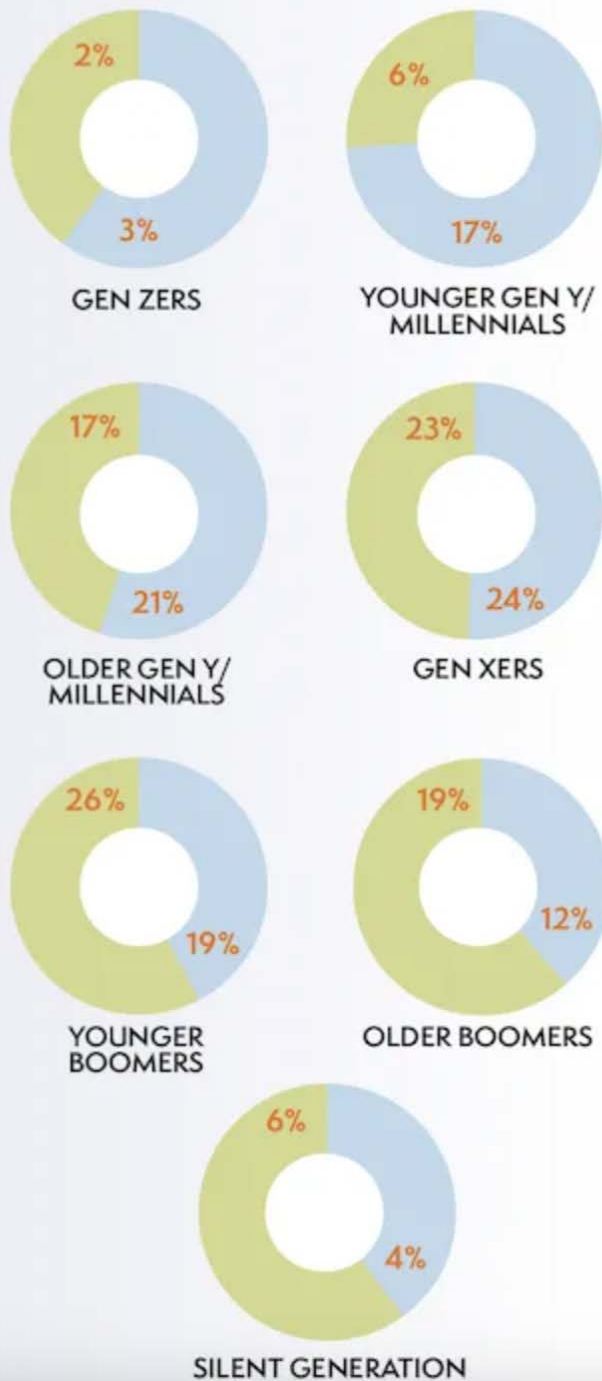
### Exhibit 6: The US homeowner vacancy rate remains historically low, while the rental vacancy rate has ticked up

US rental and homeowner vacancy rates (quarterly) in % terms



Source: US Census, Goldman Sachs Global Investment Research

## Share of Buyers and Sellers By Generation





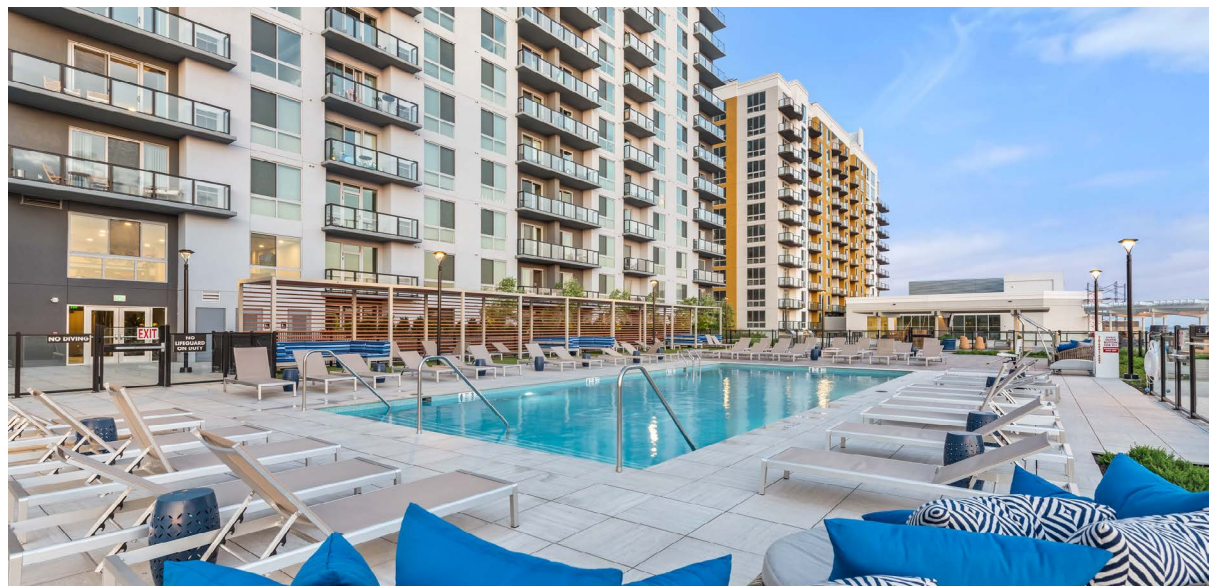
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Eligibility is based upon both selling your home and buying your next home through William Pitt Sotheby's International Realty or Julia B. Fee Sotheby's International Realty. Exceptions may apply. Enrolled participants in the Sell Now Buy Later program may not have an active buyer broker agreement with any other real estate company or be under contract at the time of this solicitation in order to qualify for the program benefits. The Sell Now Buy Later Program cannot be combined with other relocation benefits or real estate incentive programs. Terms, conditions, and fees for accounts, products, programs, and services are subject to change.



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The American Heritage Museum wants to engage people in understanding what it means to go to war and what the costs of it are. Among the staggering variety of rare relics, the American Heritage Museum features over fifteen tanks and artifacts that are the only ones on public display in North America. These include: M1A1 Abrams Tank, T-34 Tank, Kommandogerratt 40 German Rangefinder, Leichter Panzerspähwagen SdKfz 222 Armored Vehicle, Matilda MK.II Tank, Jumbo Sherman Tank, IS-2 Tank, Vickers Mk. VI A, Panzer 1 Tank, SCUD B Missile and Launcher, Ho-Ro mobile artillery and many more. Photo by Emma Barhydt.

## Discovering the Heart of Massachusetts A Three-Day Journey Immersed in Community

By EMMA W. BARHYDT

Massachusetts, often celebrated for its pivotal role in American history and its vibrant cultural tapestry, offered me an immersive three-day journey that brought the idea of community into sharp focus. From historical insights to culinary delights, each step was a reminder of the spirit that touches every part of the heart of this state.

The journey began with our first stop at the American Heritage Museum. "We want to engage people in understanding what it means to go to war and what the costs of it are," said Hunter Chaney, Director of Marketing and Communications. The museum presented an impeccably curated walk through America's military past, displaying tanks that had seen real battle, complete with battle scars.

If just seeing isn't enough, the **American Heritage Museum** also offers real tank driving—restored right in their on-site garage. Of particular note is that all volunteers and docents are veterans. "What we try and do is create an experience, some kind of interaction with history not only as a means to better understand it," noted Chaney.

Next, we visited the **Framingham History Center** where Executive Director Anna Tucker introduced us to "Framingham's Collective Journeys: Stories of Immigration, 1960 - Present." "What we really focus on here is all about creating a gathering space and a sense of community," remarked Tucker.

This interactive, multilingual exhibit celebrated the diverse threads that weave the community's rich tapestry. Tucker's passion for bringing history to life was evident as she led us through the stories that shaped Framingham, she has truly brought the history and heritage of Framingham to life with this new exhibit. "This was a way for us to build something with the community," said Tucker.

**Lunch at Jack's Abby** offered a delightful break, featuring locally brewed craft beers and hearty meals. It was recommended to a few of us by Anna Tucker after our tour of the History Center. The food

and brews were both fantastic, I had mac and cheese and a sour beer— they hit the spot on the chilly day. The hearty lunch set the stage for our afternoon at the **Danforth Art Museum**.

Here, Laura Gayton, the Membership Coordinator, highlighted the Spring Exhibitions which skillfully blended historical narratives with contemporary art, creating a dialogue between the past and present. "We have about 3,700 pieces in our collection and we get out about 50 ish on average," Gayton mentioned.

The Danforth is not just an art museum, it's also a school. They have a range of art classes for everyone from children to adults. "Our philosophy about education is that it's a really comprehensive experience of actively doing the art downstairs and then actively responding to it in the art school."

The day concluded with a welcome reception at Aloft Framingham, spotlighting local breweries and businesses, followed by a positively sumptuous dinner at **Doragon Ramen**. The thoughtful preparation and innovative menu preview showcased the Doragon Ramen's culinary creativity. The ramen and fries I had were spectacular and I'm definitely looking forward to eating there again next time I'm in the area.

The following morning took us to the **New England Botanic Garden** at Tower Hill in Boylston. This "living museum" was a visual feast of meticulously designed gardens and conservatories, reflecting the Worcester County Horticultural Society's commitment to community and horticulture since 1842.

While we went in early March so the gardens were still waking up, they had a magical orchid exhibit in their greenhouses. It was like stepping into another world. Not only were their greenhouses filled to the brim with orchids, there was also an art installation from a local artist inspired by the orchids.

Our afternoon was spent at the Icon Museum in Clinton, which began as a private passion project

*What we really focus on here is all about creating a gathering space and a sense of community*

and evolved into a public treasury of sacred art. According to the museum's website, the Icon Museum, "was the brainchild of industrialist and collector Gordon B. Lankton." Lankton collected icons over twenty years during his business trips to Russia before donating "his entire collection to establish the Museum of Russian Icons," noted the website.

This was an incredible stop. The museum not only took us on a tour of their collections open to the public but also gave us a sneak peak into some of the items that they are still deciphering such as a goat skin icon from Ethiopia.

Lunch at Black Diamond Restaurant offered mountain views and a perfect burger before heading to the Fitchburg Art Museum. Even though the Fitchburg Art Museum is, well, an art museum they have some of New England's foremost ancient Egyptian artifacts. At the time, they also had a special showing on vices to bring some of their collection's more disparate items together in one gallery space.

Dinner at Havana Nights transported us from a chilly New England evening to the vibrant streets of Miami. The food was explosive and interesting. I didn't expect any combo that came out of the kitchen and I've never been happier about it.

One of the absolute standout dishes was the table salad. It's a salad that has a little bit of everything, and instead of small individual salads when not everyone might eat salad or some people might want more, it's for everyone to share. I thought the idea was revolutionary, it's definitely becoming a dinner

party staple.

The day ended at the Beechwood Hotel, where the elegance and comfort of the accommodations were wonderful. I felt like a princess. The rooms were so charming and elegant but incredibly cozy. There was a beautiful fireplace, a full kitchenette including a coffee maker, and a stunning bathroom. The bed was so soft and cozy and I felt very safe in the hotel.

Our final day centered around Worcester. The Worcester Art Museum's commitment to cultural preservation and education was palpable. They house a Davinci and the United States' more extensive collection of medieval armor. They have several permanent galleries including some of the oldest portraits painted in the USA and several ancient Greek mosaics.

The trip concluded at Old Sturbridge Village, where the living history museum vividly reenacted rural New England life from the 1830s. Despite the chill, the warmth of the village was infectious, with each cabin and shop brimming with stories and demonstrations that spoke of a simpler, yet deeply connected community life.

Throughout this three-day excursion, the theme of community wove itself through every experience. From the passionate individuals who preserve and share their heritage, to the natural beauty cultivated for public enjoyment, and the innovative culinary scenes that delight in surprise, Massachusetts proved that its heart is not just a place, but a vibrant, living community.




Want to Ride on an actual World War II Tank? Or ever dreamed of taking the controls and learning to drive the WWII M4 Sherman or M24 Chaffee? The American Heritage Museum offers driving and riding programs. Photo by Emma Barhydt.



The following morning took us to the New England Botanic Garden at Tower Hill in Boylston. Photo by Emma Barhydt.


# FAMILY LIFE OF BEES

**DRONE**




ONLY JOB IS TO MATE

**QUEEN**




1 PER COLONY  
MATES WITH 12-18 DRONES  
CAN LAY UP TO 1200 EGGS A DAY


**WORKER**




CARE FOR EGGS  
FEED LARVAE  
ATTEND TO THE QUEEN  
CLEAN AND GUARD HIVE  
FORAGE FOR NECTAR  
PROCESS NECTAR  
BUILD COMB




**50,000**  
BEES IN A HIVE



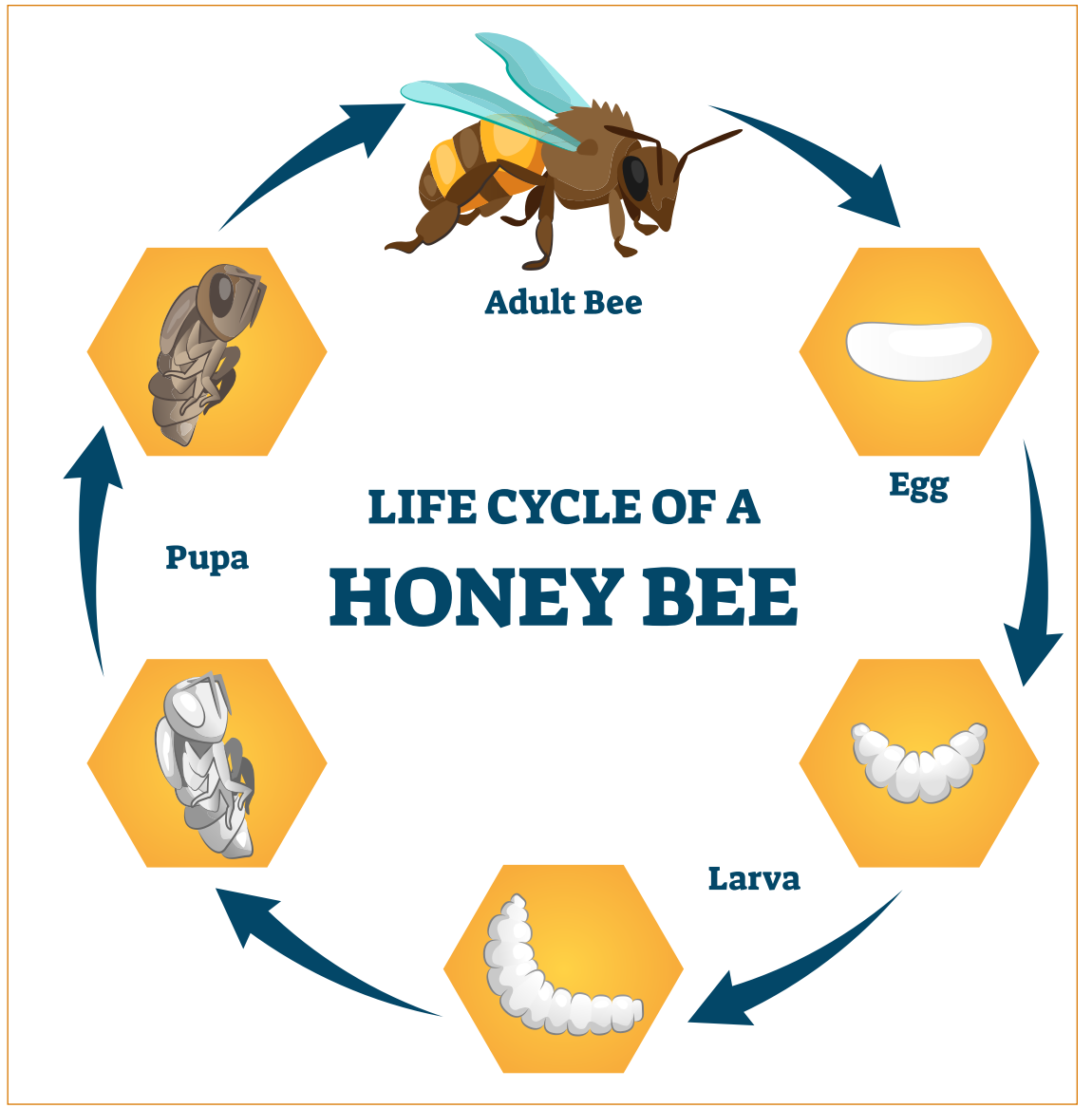
**60 LBS**  
OF HONEY PER SEASON



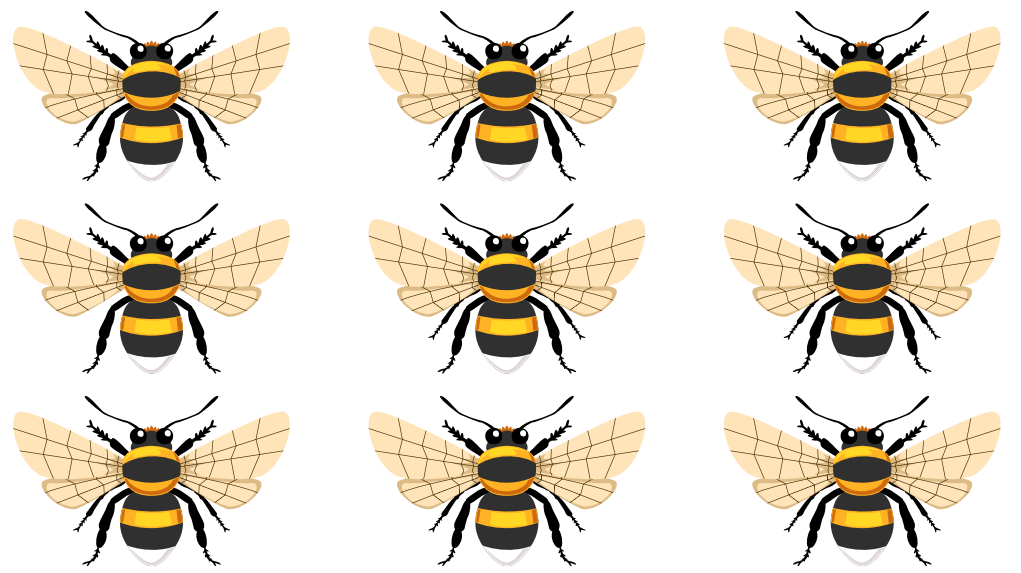
**1/8 TSP**  
OF HONEY IN ITS LIFE



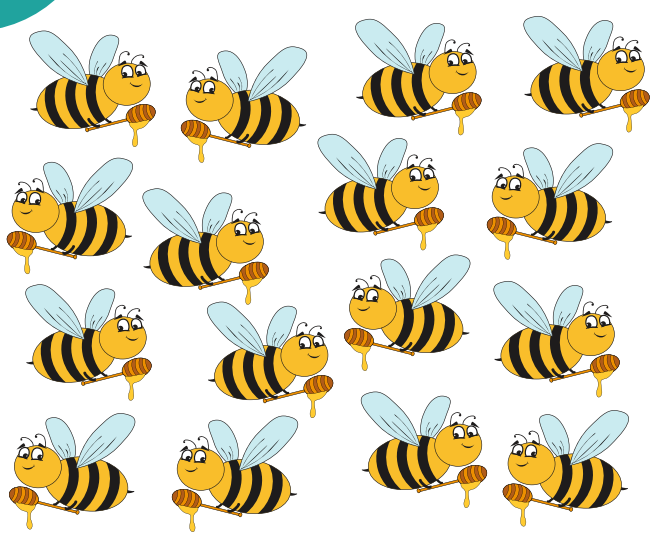
BEES COMMUNICATE  
WITH EACH OTHER WITH PHEROMONES



## FIND THE DIFFERENT PICTURE



## HOW MANY LEFT & RIGHT?



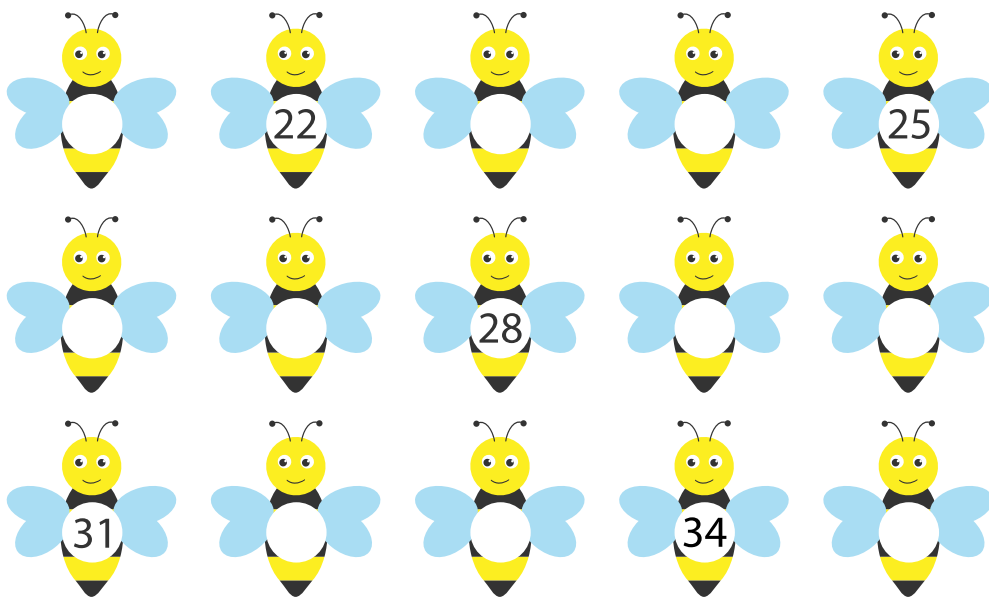
**LEFT**

?

**RIGHT**

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Fill in the missing numbers





⬡

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⬢

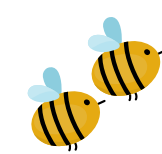

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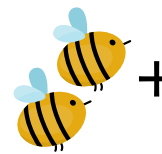

**HOW MANY?**

## HOW MANY BEES?



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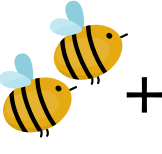
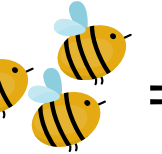
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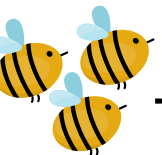
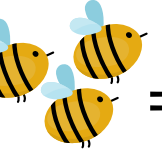
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There is one bee that is different. Find her.

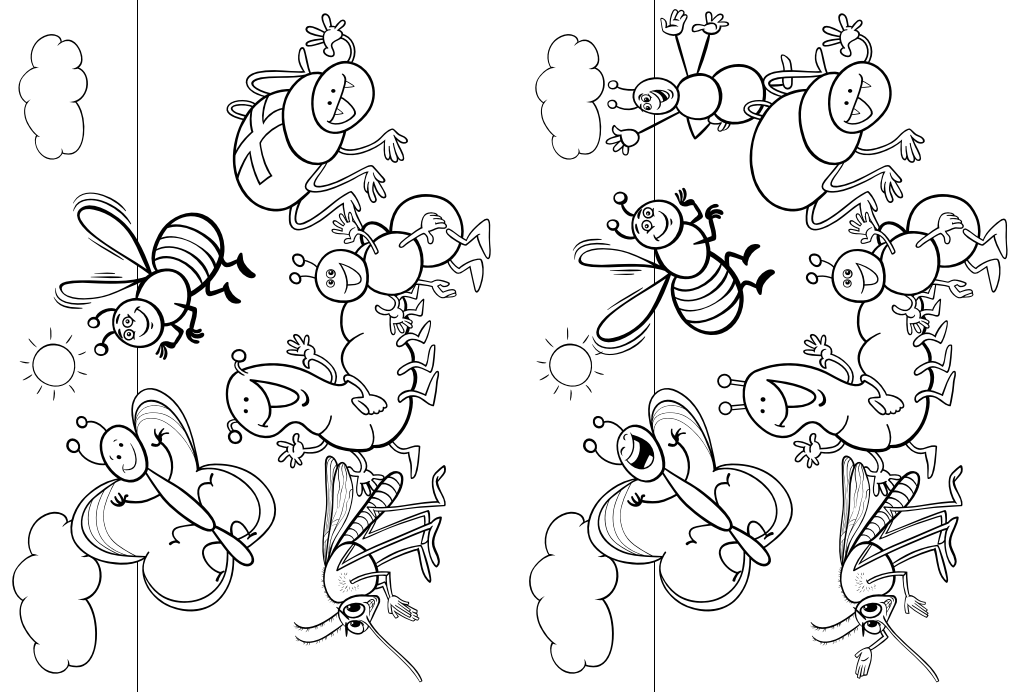




### GAME FOR KIDS

- 4 jars of jam → 2
- 3 bees → 5
- 5 flowers → 1
- 1 sunflower → 4
- 2 bees → 3

Find 6 Differences



### INSECTS crossword puzzle

1. Butterfly
2. Fly
3. Caterpillar
4. Ladybug
5. Beetle
6. Bee
7. Moth
8. Worm
9. Ant
10. Dragonfly
11. Spider
12. Earthworm

### HOW MANY?

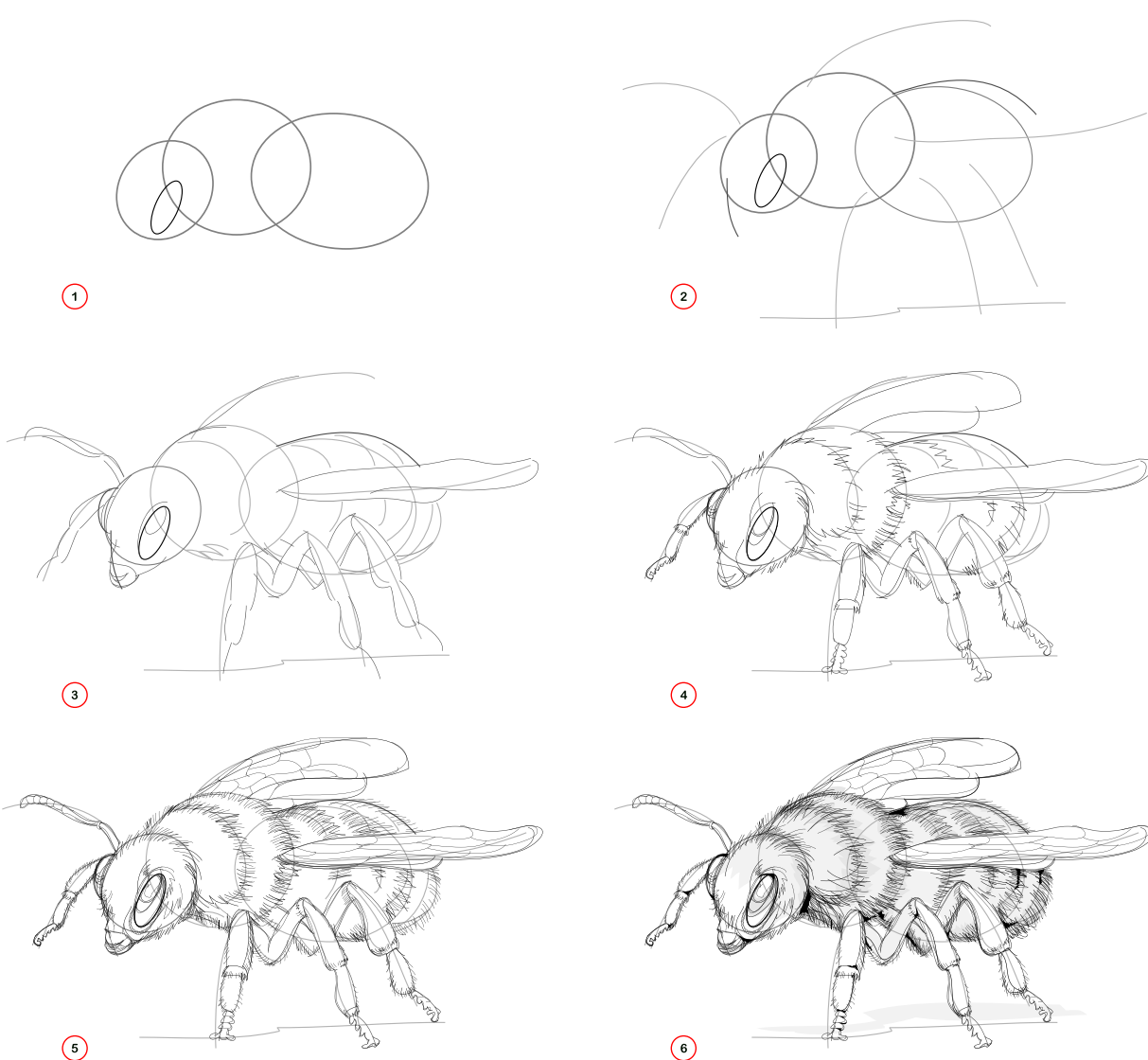
### Color by numbers MATH

- 1 White
- 2 Pink
- 3 Yellow
- 4 Orange
- 5 Brown
- 6 Black

### COLOR BY ADDITION

- LIGHT BLUE = 8
- BLUE = 9
- BLACK = 10
- YELLOW = 11

## Grab Your Sketch Book



Bee

# LITERARY COMPETITION

*Judged by Joe Dawson*

## CALLING ALL LITERARY GENIUSES, MIRTHMAKERS, HUMORISTS, AND AFICIONADOS - OUR CLEVER SENTINEL READERS!

Enter our weekly Competition designed for you. E-mail your entry to the erudite Mr. Dawson for consideration. Remember to enjoy yourself – the Sentinel Competition is meant to be irreverent and funny and definitely not taken seriously. Pseudonyms are welcome! Enter as often as you feel inspired.

\$50 prize for each week's winner (plus bragging rights).

**Submit your entries by email to:**

**Dawson@GreenwichSentinel.com or Dawson@NewCanaanSentinel.com.**

### THIS WEEK'S COMPETITION:

Fluff n' Fold

#### PROMPT

Please tell Mr. Dawson your reason for having only one garment in the washing machine. (100-word limit)

#### EXAMPLE

I was taught by my environmentally conscientious mother not to waste precious resources such as hot water nor to contaminate the local water supply with too much soap. My frugal father taught me to waste not, want not. But when I accidentally dumped a glass of Ramos Pinto Vinces Very Old Tawny into the lap of my white linen summer trousers, I felt that running the laundry for a single pair of pants paled in comparison to so great a loss.

**Entries must be received by 11:59 p.m. Eastern Time on Thursday, May 16, 2024.**

Winners will be announced in the May 24 issue of *The Sentinel*.

*The Competition results are exclusively available to readers of the print or digital editions of The Greenwich and New Canaan Sentinels and are not available on our websites.*



### WINNERS OF THE APRIL 26 COMPETITION

#### Backhanded Compliments

##### PROMPT

Send Mr. Dawson your cattiest compliment.

##### WINNER

Sofia Izurieta

How delightful that the bonnet fits! I was worried it would be too small. It really compliments your head."

##### RUNNER UP

Lisa Bergtraum

You're a force of nature—like the steroid-pumped arm of a major league pitcher—when it comes to throwing money at a problem.

##### HONORABLE MENTIONS

Erica Blair

Why don't you put that amazing hat back on before we take the group photo?

Sofia Izurieta

My, with your outfit, dear ... I dare say all eyes will be on you tonight.

##### IN NEXT WEEK'S SENTINEL

Winners of the May 3 Competition: Take Good Care of Our Princess

## Classified Ads

#### HELP WANTED

##### PERMANENT PART-TIME ASSOCIATE CFO

Seeking experienced financial professional to collaborate with CFO of rapidly growing mid sized publishing business. Flexible in office time. Financial reporting skill, some A/R and A/P monitoring, low stress, high accuracy, good interpersonal skill with satellite offices, pleasant environment in Greenwich. Growth potential, if desired. Send CV to sa@cinn.com.

#### HELP WANTED

##### NEW CANAAN: GROUNDSKEEPER, ORGANIC GARDENER

Seeking "hands on" groundskeeper with organic gardening experience 3 days/24hrs-per week on private estate. Manage seasonal planning, planting and maintenance for organic vegetables, fruit trees, and flowers. lisa@finishingwell.com

#### HELP WANTED

##### STEVEN FOX JEWELRY IN GREENWICH, CT

is seeking a talented and dynamic high-end sales professional for a full or part-time position. Individual should be a natural people person who believes in providing exceptional customer service to our clients with the upmost professionalism and care. Must have previous experience in a retail environment with a focus on luxury client service. 401(k) matching. Bonus. Salary based on experience. Email to apply: concierge@stevenfoxjewelry.com.

#### HELP WANTED

**GRILL COOK AND/OR SANDWICH MAKER/FRONT COUNTER HELP.** Part time \$16+ depending on experience. Saturdays a must. Call 203-661-3354 or email Themakeriecafe@gmail.com

#### FOR SALE

##### FT MYERS HOME, 3/2, 4 MINUTES FROM BEACH.

14845 Mahoe Ct. Fully insurable with low HOA. 650K. forsyth.rebecca@proton.me

#### SERVICES

##### LIVE MUSIC FOR YOUR EVENT Vinyl Notice: The Ultimate Dance & Funk Experience!

Let Vinyl Notice turn your event into the highlight of the year! Whether it's a corporate gala, a private wedding, or any celebration in between, we're here to bring the groove and make your special occasion truly sensational. For info, visit vinylnoticect.com

#### SERVICES

##### CUSTOM SHIRTS AND HATS OUTFIT YOUR team

or employees with custom-embroidered or printed apparel. Take advantage of our Spring Special: 10% off orders of 24 pieces or more. Visit us at logosgreenwich.com

#### WRITE IT DOWN

##### CALLING ALL CHRONICLERS OF LOCAL LEGENDS!

Are you the unofficial mayor of our town's gossip grapevine? Do you have a knack for turning a mundane trip to the grocery store into a thrilling tale worth sharing? Well, grab your quill (or keyboard) because we want your perspective! Join our Letter to the Editor writing enthusiasts and let your words dance across the pages of our local paper. From bake sales to bizarre festivals, from thank you notes to your volunteers to chastising that person who ran a red light! P.S. Bonus points if you can make the community editor snort coffee through their nose!

Also seeking Engagement and Wedding Announcements. Send your best photos.

CORDELIA@SENTINELHOMETOWNNEWS.COM

## Classified Ad Rates

### PER WEEK:

Single Ad – \$35  
(up to 255 characters)

Double ad – \$65  
(up to 510 characters)

Triple ad – \$95  
(up to 765 characters)

Submit your ad at:  
**GreenwichSentinel.com/  
classified/  
NewCanaanSentinel.com/  
classified/**

*Ads will run in both the Greenwich Sentinel and New Canaan Sentinel in print and digital editions reaching an estimated 30,000 people.*

*NOTE: Use Sentinel Classified Ads at your own risk. Ads may be lightly edited for length and clarity. Ads may be rejected at the Sentinel's discretion.*

# Calendar of Events for Your Fridge

Submit your events at:  
[newcanaansentinel.com/submit-an-event/](https://newcanaansentinel.com/submit-an-event/)

## TOWN MEETINGS

### Monday, May 13

**Affordable Housing**  
7-8 p.m., Town Meeting Room

### Tuesday, May 14

**Pension Committee**  
11a.m.-12p.m., Town Hall HR Meeting Room

**Fire Commission**  
7-8p.m., Fire Headquarters

### Wednesday, May 15

**Police Commission**  
6-7p.m., Police Headquarters

**Town Council**  
7-9p.m., Town Hall Meeting Room

### Friday, May 10

## COFFEE AND COMMUNITY CONVERSATION

**8:30 - 9:30 AM at the Lapham Center Dining Room. Join the New Canaan Sentinel for a community coffee and conversation.**

### Drop in Mahjongg

10 AM at the Lapham Center  
Whether you're a beginner or experienced player, you're welcome to stop by and join a game of Mahjongg. Call for more information: 203-594-3620

### Tai Chi

10-11 AM at the New Canaan Library  
Tai chi is a series of slow, gentle motions that are patterned after movements in nature. It offers many health benefits to the body, mind and spirit. Most of the work is performed while standing and taking small steps. It can be practiced by almost anyone and in almost any situation. Register: <https://www.newcanaanlibrary.org/event/tai-chi-35214>

### Fridays Movies at Noon

12 PM at the Lapham Center Come join the Lapham Center to watch The Hill! 2h 6m. The story of Rickey Hill's journey to Major League Baseball. IMDb 8/10. Call for more information: 203-594-3620

### May Fair: Friday Night Lights

5 - 10 PM at St. Mark's Episcopal Church  
St. Mark's Church celebrates the 75th anniversary of its traditional May Fair weekend, rain or shine!

### Saturday, May 11

#### Town Farmers Market

10 AM - 2 PM at Lumber Yard Lot, 224 Elm Street  
There are many vendors with various local items available including specialty food, fresh meat, produce, soap, eggs, and honey!

#### Yoga & Sound Bath Classes

9 - 10 AM at the Carriage Barn Arts Center  
Join the Carriage Barn Arts Center for a continuing wellness collaboration with Grounded Meditation. Open to all levels; no experience needed. Please bring a mat and any other props for comfort. Price: \$40/class  
Registration: <https://carriagebarn.org/yoga-sound-bath-classes/>

#### May Fair Day Two

9 AM - 6 PM at St. Mark's Episcopal Church  
St. Mark's Church celebrates the 75th anniversary of its traditional May Fair weekend, rain or shine!

#### iPhone Artistry Workshop: Intentional Camera Movement and Multiple Exposure

10:30 AM - 1 PM at the Carriage Barn Arts Center  
In this workshop learn how to leverage the power of your iPhone to work in this fun and creative space. The goal of the class is to inspire you to see differently, push the boundaries of traditional photography, and increase your personal creativity quotient. Price: \$75/members and \$90/nonmembers. Registration: <https://carriagebarn.org/event/iphone-artistry-workshop/>

#### Bird Watching Walk

11 AM - 12 PM at Grace Farms  
Birdwatchers of all experience levels, join birder and educator Frank Mantlik for a guided walk through our scenic nature trails in search of migratory birds returning north after the winter. Price: \$10/nonmembers, Free for members. Register: <https://gracefarms.org/event/birdwatching-walks-may-2024/2024-05-11>

#### Mother's Day Flower Arranging

2 - 3:30 PM at The Little Plucky  
Select a one-of-a-kind handmade vase made by local artist Zach Dunn and learn the art of creating an arrangement of garden grown flowers with Elisa Bulgrin of Longfield Farm. Take home your beautiful creation to add some charm to your own tablescape or surprise someone with a thoughtful and unique gift. Price: \$150. Register at: <https://www.thelittleplucky.com/product-page/flower-arranging>

#### Salsa and Sangria

5:30 - 7 PM at the Carriage Barn Arts Center  
Performers from the Bodies Never Lie dance company, comprised of professionals from New York City and international guest artists, join the CBAC for this special event. Between performances, guests are welcome to join a lively group salsa lesson. Sangria tasting at 5:30 PM. Ticket price: \$35. Register at: <https://carriagebarn.org/event/salsa-sangria/>

### Sunday, May 12

#### Chef's Palate | Global Groceries: The World of Food

3 - 4 PM at Grace Farms  
Founding Pastry Chef and educator Leah Jones, is a series of educational conversations designed to inspire new perspectives on everyday ingredients, groceries, and meals. Chef's Palate encourages a broader understanding of the complex ways in which food intersects many aspects of our lives. Price: \$15/nonmember, \$12/member. Register: <https://tickets.gracefarms.org/events/018bab63-42d0-2f81-1575-8c782852e937>

### Monday, May 13

#### Alan Ricks and Caitlin Taylor

6:30 PM at the New Canaan Library  
Join architects Alan Ricks and Caitlin Taylor for a conversation about design, foodways, and justice. This is a free event.

### Tuesday, May 14

#### Autism Grows Up Panel Discussion

10 - 11:30 AM at the New Canaan Library  
A panel discussion about the difficulties parents go through during their special needs child's transition years. For more information you may contact karen@wewinstitute.org. This event is free and registration is available online at: <https://wewinstitute.org/event-autism-grows-up-panel-discussion/>

#### Nautical Narratives with Art Gottlieb

10 AM at the Lapham Center  
Art Gottlieb returns to explore the rich histories of the silent heroes beneath the waves, U.S. Submarines, telling a unique story that contributes to the fascinating narrative of U.S. naval history. Free. Call for more information: 203-594-3620

#### Beginning Bridge for After Work

5-7 PM at the Lapham Center  
Mike Hess, who has taught Bridge for years, will introduce you to the fun of bridge as it is played now. This is a class for true beginners or those who haven't played in many years. Free event. Call for more information: 203-594-3620

#### Sip and Stitch with Aggie

5-7 PM at the Lapham Center  
Stuck on a stitch? Want to add dimension to your work? Join Aggie for lessons and tips on the best ways to embellish your project. Share a glass of wine with friends, as you improve your skills. Free event. Call for more information: 203-594-3620

### Wednesday, May 15

#### HAYVN Halftime: The Power of Podcasting with Nancy Sheed

12-1 PM at Hayvn  
In exploring strategic paths of starting your own podcast and/or where and how you can be the best podcast guest you will learn about strategies, tips, practices, and defining your niche and core messaging. This is a free event. Register at: <https://shorturl.at/lxRSW>

#### Cooking, Crafting & Collecting Classes

4-5 PM at the Carriage Barn Arts Center  
In this new after school workshop with Jane Mossa of The Pink Rhubarb children will learn farm-to-table methods and enjoy an edible education through different hands-on activities each week. Ages 7-13. For more information visit: <https://carriagebarn.org/cooking-crafting-collecting/>

#### Dinner on the Patio

5 PM at the Lapham Center  
Free dinner on the patien weather

permitting. Otherwise dinner will be held in the dining room. Call for more information: 203-594-3620

### Thursday, May 16

#### The Rise and Fall of the British Empire

9:15 AM at the The Lapham Center  
This Great Course discussion, led by Ned Monaghan, explores the extensive and robust history of the largest empire in the world, with fresh insights into a wide range of political, economic, technological, social, and more, integrating new knowledge about Britain, to better understand the background of current events in so many other countries that were once part of Britain's empire. Price: \$20. Call for more information: 203-594-3620

#### HAYVN EWC (Entrepreneurial Women's Club) Monthly Meeting: Personal Brand Alignment 101

12-1:30 PM at Hayvn  
EWC Luncheon In-Person Event. Connect with smart, supportive entrepreneurial women, learn new things, build relationships, and have fun. Prices: members/\$35 and non-members: \$50. Register at: <https://shorturl.at/fowM7>

#### Woodcarving

12:30 AM at the Lapham Center  
Join Dennis Taylor to explore this time-honored craft. Dennis will carve actual projects, explain basic wood cuts and tools and offer safety tips. Free event. Call for more information: 203-594-3620

#### Life Reimagined

1 PM at the Lapham Center  
Hosts Marcy Rand, LCSW, Adult and Senior Service Coordinator for New Canaan's Human Services Department, and Robin Rockafellow, LCSW, will lead an informal and friendly group discussion with creative ways to explore our interests, abilities, knowledge, and activities in connection to the community around us. Free event. Call for more information: 203-594-3620

#### Drop in Mahjongg

1-3 PM at the Lapham Center  
Whether you're a beginner or experienced player, you're welcome to stop by and join a game of Mahjongg. Free event. Call for more information: 203-594-3620

#### Tip-A-Cop

5-8 PM at Gates Restaurant  
Officers with the New Canaan Police Department to host Tip-A-Cop to benefit the Special Olympics. Law enforcement will be volunteering to work with restaurant employees to take orders and serve meals. All tips given to law enforcement will be donated. For more information email: [specialolympicsct@soct.org](mailto:specialolympicsct@soct.org)

### Friday, May 17

## COFFEE AND COMMUNITY CONVERSATION

**8:30 - 9:30 AM at the Lapham Center Dining Room. Join the New Canaan Sentinel for a community coffee and conversation.**

#### Drop in Mahjongg

10 AM at the Lapham Center  
Whether you're a beginner or experienced player, you're welcome to stop by and join a game of Mahjongg. Free event. Call for more information: 203-594-3620

#### Tai Chi

10-11 AM at the New Canaan Library  
Tai chi is a series of slow, gentle motions that are patterned after movements in nature. It offers many health benefits to the body, mind and spirit. Most of the work is performed while standing and taking small steps. It can be practiced by almost anyone and in almost any situation. Register: <https://www.newcanaanlibrary.org/event/tai-chi-35214>

#### Fridays Movies at Noon

12 PM at the Lapham Center Come join the Lapham Center to watch Maestro! 2h 1m. Bradley Cooper's epic biographical film focuses on the relationship between American composer Leonard Bernstein and his wife Felicia Montealegre. IMDb 6.8/10. Call for more information: 203-594-3620

## SAVE THE DATE

### May 18

#### Coffee with a Cop

9 - 11 AM at Dante's Cafe, YMCA  
Join your neighbors and police officers for coffee and conversation.

#### New Canaan Food Revolution

9:30 - 11:45 AM at Berkshire Hathaway  
Enjoy a morning strolling downtown and sampling bites to eat at different locations. Earn a stamp for everything you taste, if you complete your passport then you will be entered into a prize draw. Ticket price: \$14.64/person. For more information or to register for this event, visit: <https://www.eventbrite.com/e/new-canaan-food-revolution-tickets-840520829427>

#### Town Farmers Market

10 AM - 2 PM at Lumber Yard Lot, 224 Elm Street  
There are many vendors with various local items available including specialty food, fresh meat, produce, soap, eggs, and honey!

#### Full-Body Workout with Ottis Lewis | Move with Grace Farms x lululemon

10:30 AM - 12 PM at Grace Farms  
Elevate your fitness during this dynamic workout focusing on upper body, lower body, and core strength! Taught by coach, trainer, and motivator Ottis Lewis, this class incorporates bodyweight and band resistance movements including squats, pushups, and mountain climbers. For all fitness levels. Price: \$20. Register at: <https://tickets.gracefarms.org/events/018df696-abd8-fe67-3da8-884f7f68618c>

#### Bird Watching Walk

11 AM - 12 PM at Grace Farms  
Birdwatchers of all experience levels, join birder and educator Frank Mantlik for a guided walk through our scenic nature trails in search of migratory birds returning north after the winter. Price: \$10/nonmembers, Free for members. Register: <https://tickets.gracefarms.org/events/018de6b1-f10d-b56c-d5c9-f1593f54377f>

#### Gardening Workshop | Companion Planting

11 AM-12 AM at Grace Farms  
Tour the Community Garden to learn about companion planting techniques that can increase pollination and suppress diseases. Price: \$15. Register at: <https://tickets.gracefarms.org/events/018ba686-1fec-0bd2-9d0d-e34599da688a>

### May 20

#### Gentle Yoga

10-11 AM at The New Canaan Library  
We have teamed up with the New Canaan YMCA to create a tranquil, foundation-building class designed to introduce new students to yoga, as well as offer regular practitioners a gentle class to complement their yoga practice. Participants must bring their own yoga mat. Register: <https://www.newcanaanlibrary.org/event/gentle-yoga-59000>

### May 21

#### Beginning Bridge for After Work

5-7 PM at the Lapham Center  
Mike Hess, who has taught Bridge for years, will introduce you to the fun of bridge as it is played now. This is a class for true beginners or those who haven't played in many years. Free event. Call for more information: 203-594-3620

#### Sip and Stitch with Aggie

5-7 PM at the Lapham Center  
Stuck on a stitch? Want to add dimension to your work? Join Aggie for lessons and tips on the best ways to embellish your project. Share a glass of wine with friends, as you improve your skills. Free event. Call for more information: 203-594-3620

### May 22

#### Dinner with a Purpose featuring Lauren Bush Lauren

6:30-9 PM at Grace Farms  
Sip refreshing cocktails and during a conversation about female leadership, social entrepreneurship, and innovative ways to address food insecurity between Lauren and Grace Farms Senior Program Officer Karen Kariuki. Afterwards, gather for a delicious dinner in the Commons featuring a local and sustainable menu. Price: \$150/nonmember, \$120/member. Register: <https://gracefarms.org/event/dinner-with-a-purpose-featuring-lauren-bush-lauren>

### May 23

#### The Rise and Fall of the British Empire

9:15 AM at the The Lapham Center  
This Great Course discussion, led by Ned Monaghan, explores the extensive and robust history of the largest empire in the world, with fresh insights into a wide range of political, economic, technological, social, and more, integrating new knowledge about Britain, to better understand the background of current events in so many other countries

# Calendar of Events for Your Fridge

that were once part of Britain's empire. Price: \$20. Call for more information: 203-594-3620

## Pizza and the Pops: A Preview of Norwalk Symphony's Pops in the Park Concert

12 PM at the Lapham Center Program begins at 12:30, following lunch. Join Maestro Jonathan Yates from the Norwalk Symphony Orchestra as he shares insights into the music planned for the 3rd Annual Pops in the Park concert on Sunday, June 9. Waveny Great Lawn will the location for this years performance, themed "Broadway Lights." Free event. Call for more information: 203-594-3620

## Drop in Mahjongg

1-3 PM at the Lapham Center Whether you're a beginner or experienced player, you're welcome to stop by and join a game of Mahjongg. Free event. Call for more information: 203-594-3620

## May 24

### COFFEE AND COMMUNITY CONVERSATION

8:30 - 9:30 AM at the Lapham Center Dining Room. Join the New Canaan Sentinel for a community coffee and conversation.

## May 25

### Town Farmers Market

10 AM - 2 PM at Lumber Yard Lot, 224 Elm Street There are many vendors with various local items available including specialty food, fresh meat, produce, soap, eggs, and honey!

### Nature's Classroom | The Living World of Soil

11 AM- 12 PM at Grace Farms Take a closer look at the living, moving, and changing world of soil – a world fundamental to the ecology of all species. Ticket price: \$10. Register at: <https://tickets.gracefarms.org/events/018bb595-3f29-4b53-f885-e0dd9e8e6bb9>

### Bird Watching Walk

11 AM- 12 PM at Grace Farms Birdwatchers of all experience levels, join birder and educator Frank Mantlik for a guided walk through our scenic nature trails in search of migratory birds returning north after the winter. Price: \$10/nonmembers, Free for members. Register: <https://gracefarms.org/event/birdwatching-walks-may-2024/2024-05-25>

## May 28

### Beginning Bridge for After Work

5-7 PM at the Lapham Center Mike Hess, who has taught Bridge for years, will introduce you to the fun of bridge as it is played now. This is a class for true beginners or those who haven't played in many years. Free event. Call for more information: 203-594-3620

### Sip and Stitch with Aggie

5-7 PM at the Lapham Center Stuck on a stitch? Want to add dimension to your work? Join Aggie for lessons and tips on the best ways to embellish your project. Share a glass of wine with friends, as you improve your skills. Free event. Call for more information: 203-594-3620

## May 29

### 17th Annual Lincoln Reagan Dinner

6 -10:00 PM at Le Chateau, 1410 Old Boston Post Road (Rte 35) South Salem, NY 10590 Special Guest Speaker NH Governor Chris Sununu. Cocktails will begin at 6 PM followed by dinner at 7 PM. Prices start at \$250. Register at: <https://newcanaanrepublicans.org/2024-lincoln-reagan-dinner/>

## May 30

### The Rise and Fall of the British Empire

9:15 AM at the The Lapham Center This Great Course discussion, led by Ned Monaghan, explores the extensive and robust history of the largest empire in the world, with fresh insights into a wide range of political, economic, technological, social, and more, integrating new knowledge about Britain, to better understand the background of current events in so many other countries that were once part of Britain's empire. Price: \$20. Call for more information: 203-594-3620

### Opening Reception of Allt ísland Grátóna

6 - 9 PM at N. West Gallery, 70 Main Street Come join N. West Gallery for Allt ísland Grátóna, a study of Iceland in grey scale, featuring limited edition fine art photography for sale. In addition will be exclusively Icelandic music, as well as wine, finger foods, and some incredible displays of Iceland previously unseen.

## May 31

### Special Olympics Law Enforcement Torch Run

10 AM- 2 PM at Pop Up Park Come for light refreshments with our officers and watch the flame of hope get lit as officers kick off this leg of the Torch Run down South Avenue! Free event. For more information visit: <https://www.soct.org/event-calendar/law-enforcement-torch-run>

### Fridays Movies at Noon

12 PM at the Lapham Center Come join the Lapham Center to watch Anatomy of a Fall! 2h 32m. A celebrated writer is on trial when her husband falls to his death, their blind son faces a moral dilemma as the main witness. In French and English. IMDb 7.8/10. Call for more information: 203-594-3620

### Annual Spring Celebration

6:30-10:00 PM at The Museum & Historical Society Annual Spring Celebration and Dedication of The Jim and Dede Bartlett Center for New Canaan History. Tickets are available online: <https://nchistory.org/purchase-tickets/>

## June 1

### "Time to Shine"

4 PM at Private Residence The DTC invites the community to "Time to Shine" featuring state dignitaries, special guests, live entertainment, delicious food, and an auction. Ticket prices: \$125, \$350, or \$500. After ticket purchase address will be provided. Purchase at: <https://daycampaign.com/NewCanaanDTCShineOn.html>

### New Canaan Sports Trivia Night

7PM at The Museum & Historical Society Join The Museum and Historical Society for pizza, byob, and fun NC sports prizes! Hosted by Terry Dinan

## June 2

### Ice Cream Social

1-3:00PM at The Museum & Historical Society Join the The Museum and Historical Society for many activities including ice cream, games, New Canaan town band, and an antique car show!

## June 6

### Summer Soiree

5 - 7:30PM at Waveny House Come joing Staying Put New Canaan for dinner and drinks. Tickets are \$75 per person. Register at: <https://stayingputnc.org/summer-soiree/>

## June 8

### The Summer Party

12PM at The Museum & Historical Society Please join The Museum & Historical Society in saving the date for our 75th Anniversary Summer Party featuring the grand reopening of the newly restored 1949 Brick House and the 2024 installation of Shigeru Ban: Paper Log House. Please contact [irichards@theglasshouse.org](mailto:irichards@theglasshouse.org) with any questions.

## BLOOD DRIVES in lower Fairfield County and surrounding counties

### Friday, May 10

United Church of Rowayton 210 Rowayton Ave Norwalk, CT 06853 11 AM- 4 PM

### Monday, May 13

First Presbyterian Church Stamford 1101 Bedford St Stamford, CT 06905 11 AM- 4 PM

### Westport Woman's Club

44 Imperial Ave Westport, CT 06880 8 AM- 1 PM

### Greenwich Blood Donation Center

99 Indian Field Road Greenwich, CT 06830 11 AM- 7 PM

### Tuesday, May 14

Merritt 7 501 Main Avenue Norwalk, CT 06856 1 - 6 PM

### Greenwich Blood Donation Center

99 Indian Field Road Greenwich, CT 06830 11 AM - 7 PM

### Friday, May 17

St. Philip's Church 25 France Street Norwalk, CT 06851 8 AM- 1 PM

### Green's Farms Church

71 Hillandale Road Westport, CT 06880 12:30 - 5:30 PM

### Support Services & Meetings

## NEW CANAAN

### Friday, May 10

AA Speaker Meeting Wheelchair Access Fridays at 7:30 AM Congregational Church of New Canaan 23 Park St, New Canaan

### Saturday, May 11

AA Meeting-Sober Citizens Group Saturdays at 9:15 AM First Presbyterian Church 178 Oenoke Ridge Rd., New Canaan

### AA Meeting-Laundry and Dry Cleaning Group

Saturdays at 10:30 AM First Presbyterian Group 178 Oenoke Ridge, New Canaan

### Lost Then Found NA Meeting

Wheelchair Accessible Saturdays at 7 PM United Methodist Church (back entrance) 165 South Avenue, New Canaan

### Monday, May 13

NCHD Mental Health Awareness Talk 11 AM - 1 PM at Waveny House

This years panel will include New Canaan's very own Kimberly Morgan, APRN and Devon Suozzi, LCSW, of The Mindwell Center. Anxiety continues to be a growing mental health concern among school-aged children up through adulthood. These professionals will present a talk on understanding the root causes of anxiety, building resilience, and fostering healthy coping mechanisms for individuals of all ages. Register at: <https://shorturl.at/arFHQ>

### Adult Child AI-Anon Meeting

Mondays at 12 PM St. Mark's Church, Youth Room 111 Oenoke Ridge Rd., New Canaan

### AA Meeting

Wheelchair Access Mondays at 7:30 AM Congregational Church of New Canaan 23 Park St, New Canaan

### Tuesday, May 14

Adult Child Alanon Meeting Tuesdays at 12 PM St. Mark's Parish House, Conf. Room 111 Oenoke Ridge Rd., New Canaan

### Wednesday, May 15

AI-Anon Parent's & Newcomer's Mtg. Wednesdays at 7 PM Silver Hill, Jorgenson House 208 Valley Rd., New Canaan

### AA Step Meeting

Wheelchair Access Wednesdays at 7:30 AM Congregational Church of New Canaan 23 Park St, New Canaan

### Thursday, May 16

### New Canaan Parent Support Group

7- 8:30 PM St. Mark's Episcopal Church New Canaan

### AA Big Book Meeting

Wheelchair Access Thursdays at 7:30 AM

# For healthy, beautiful trees...



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### The Davey Tree Expert Company

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Phone 203-967-6900  
Fax: 203-967-6999  
[www.Davey.com](http://www.Davey.com)

Congregational Church of New Canaan 23 Park St, New Canaan

### Thursday, May 16

### Suicide Prevention Training: Question, Persuade and Refer

11 AM - 1 PM McLaughlin Meeting Room at the New Canaan Library Those trained in QPR learn how to recognize the warning signs of a suicide crisis and how to question, persuade, and refer someone to help. Free event. Register at: <https://www.newcanaanlibrary.org/event/suicide-prevention-training-question-persuade-and-refer-63033>

### Tuesday, May 21

7 - 8:30 PM at The Martin Center, Silver Hill Hospital Delve into the impact of social media and feelings of loneliness on our mental health. Learn from experts in the field and engage in meaningful conversations about this important topic. Price: \$10/person. Register at: <https://shorturl.at/mopzJ>

## Our Neighbors

### May 11

### Whittingham Cancer Center Walk

9AM- 12PM at Calf Pasture Beach, Norwalk Enjoy creative activities for kids, learn about compassionate care options at Norwalk Hospital, dance, stretch, take a scenic walk, and rock to live music by Norwalk's own DNR band. For more information visit: <https://wccwalk.funraise.org>

### May 12

### Cars and Coffee Darien

7 AM at the Goodwives Shopping Center, 25 Old Kings Highway, Darien Featuring the cars of England and the United Kingdom. Gates open at 7:00 am, event ends at 10:30 am. Judging begins at 8:00 am; Trophies awarded at 10:00 am. 1st, 2nd and 3rd place, Peoples Choice, 50/50 raffle.

Food and coffee from Aux Delices.

### Jazzy's Cabaret 3rd Annual Mother's Day Limitless Brunch

11 AM- 6 P at Jazzy's Cabaret 4 Orange Street, New Haven Treat your mom to a special day filled with delicious food and live entertainment. Indulge in limitless brunch options while enjoying special guest DJ's and vibrant atmosphere. Ticket price: \$81.88. Purchase tickets at: <https://shorturl.at/adeST>

### May 16

### Voices of Courage Spring Luncheon

11 AM - 2 PM at the Tokeneke Club, 4 Butlers Island Rd, Darien The Domestic Violence Crisis Center (DVCC) is honored to welcome Michelle Horton as the keynote speaker for its 22nd Annual Voice of Courage Spring Luncheon.

### May 18

### Pop-up Roller Skating with Rec and Parks

12 - 8 PM at Veteran's Park Basketball courts, 42 Seaview Ave, Norwalk Join Norwalk's Department of Recreation and Parks' 70's and 80's themed pop-up roller skating event! You will have your option of three time slots, 12 - 2 pm, 3 - 5 pm, and 6 - 8 pm. Prices: \$10/ children 12 and under, \$20/ 13 and up, \$5/skate rental. Additional information and registration: <https://www.norwalkct.gov/2176/City-Events-and-Concerts>

### 85th Anniversary Norwalk Symphony Soiree

6:30 PM at Shorehaven Golf Club, 14 Canfield Avenue, Norwalk

The Norwalk Symphony Orchestra will be presenting the Forte Award to Christopher Bell, Board President. Music from our own Brass Quintet and the students in our Master Classes from Project Music are just part of the evening's fun! Price: \$225. Tickets available online: <https://www.tix.com/ticket-sales/norwalksymphony/1368/event/1371935>

# Universal Crossword

Edited by David Steinber

- ACROSS**
- 1 Change, as a clock
  - 6 Vietnamese soup
  - 9 St. Louis landmark
  - 13 Aerial tour vehicle, informally
  - 14 "Chariots of Fire" actor Charleson
  - 15 Apple variety
  - 16 Bishop's advice to a priest preparing a sermon on sins?
  - 19 Abound
  - 20 Beauty chain with a salon inside each store
  - 21 Totally unskillful
  - 22 Yearn
  - 24 Tie the knot
  - 25 God's comment after the first 24 hours?
  - 32 Widen at an eye exam
  - 33 Feed bag fill
  - 34 Mopey music genre
  - 35 Sure-footed goat
  - 36 Bawl
  - 37 City where Achilles fought
  - 38 Alternative to net
  - 39 Parent
  - 41 Video game with turntables
  - 43 Waitress's guidance to a first-time customer?
  - 46 Chart-topper
  - 47 Gas in a glowing sign
  - 48 Delivery doc
  - 51 Cheese on crackers
  - 53 Did the butterfly, perhaps
  - 57 Parent's exclamation after a toddler's first sentences?
  - 60 Tribe whose Moose band lives in northern Ontario
  - 61 In need of a lift?
  - 62 They're all good
  - 63 Bear cubs' homes
  - 64 Freudian topic
  - 65 Hammer's partner
- DOWN**
- 1 Catch with a lasso
  - 2 Largest fencing sword
  - 3 Levy that angered American colonists
  - 4 "A rat!"
  - 5 Defeat big-time
  - 6 Brad of "Babylon"
  - 7 "That's hysterical!"
  - 8 "The loneliest number"
  - 9 To-do list
  - 10 Dance party
  - 11 Cut short
  - 12 "Stop right there!"
  - 13 Winter hrs. in Chicago
  - 17 Dog biter
  - 18 Fare reductions?
  - 23 Believer's suffix
  - 24 Talent for banter
  - 25 Sign symbolized by scales
  - 26 Mournful poem
  - 27 Tottenham truck
  - 28 Verb often confused with "lie"
  - 29 "10" actress Bo
  - 30 Love, Italian-style
  - 31 It comes easily to hand
  - 32 God, in Spanish
  - 36 Pet that may be named Whiskers
  - 37 Hypersensitivity to criticism
  - 39 Safari beast, informally "Dig in!"
  - 40 Directly toward sunrise
  - 42 Nickname for a Latina pop icon
  - 44 Surprised affirmation
  - 45 Taking care of business
  - 48 Like some audiobooks
  - 49 Hardly the life of the party
  - 50 Broadway star Verdon
  - 51 Boast
  - 52 Change the decor of
  - 54 Chicken piece
  - 55 Carpenters and harvesters
  - 56 Metric dosage amts.
  - 58 Wear and tear
  - 59 Language related to Thai

### PREVIOUS PUZZLE ANSWER

P	U	R	R		P	S	Y	C	H	E		G	A	P	
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## Utter Nonsense by Paul Coulter

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## Astrology for Next Week

### TAURUS

**21 April-21 May** No matter how good last week was, this week will be even better. With the Sun allied to changes planet Uranus in your sign there won't be a boring moment. If certain people are taking you for granted try shaking them up a little. Do something shocking!

### GEMINI

**22 May-21 June** If you hate injustice this is a good time to do something about it. There are lots of good causes and each would benefit from your brand of energy and commitment. But don't spread your resources too thin. Pick a cause and give it your all.

### CANCER

**22 June-23 July** Your speed of response will surprise everyone. With the Sun linked to Uranus highlighting loyalty you won't wait to be asked to come to the aid of someone in need - you'll be at their side in an instant. In your eyes, if they have a problem so have you.

### LEO

**24 July-23 Aug** Many things are changing and you must change with them if you want to maintain your current position. At work, especially, unexpected developments may cause concern but they will also bring opportunities. So act fast and be first.

### VIRGO

**24 Aug-23 Sept** You have a right to be free and no one can be allowed to take it away from you. If you want to break out of what you see as a rut, do so. Don't ask permission or try to explain - Just decide where you want to go and then go there. No one can stop you.

### LIBRA

**24 Sept-23 Oct** You may be a laidback Libran but your feelings are about to come the boil and it may be hard not to scream at the top of your voice. That's okay. Sometimes it's healthy to let everything out, especially if you've been storing up too many negative emotions.

### SCORPIO

**24 Oct-22 Nov** Something shocking is about to happen, but it will also be quite exciting, so long as you don't take it too seriously. Someone you thought you knew well will surprise you with a secret they've been harbouring for a long time. But haven't you got a few of your own?

### SAGITTARIUS

**23 Nov-21 Dec** You've done more than enough thinking and talking - now you must act. The Sun linked to Uranus will prompt you to start on a work project that's been in the planning stage for far too long. It also brings a warning: if you don't do it now it will never get done.

### CAPRICORN

**22 Dec-20 Jan** A powerful Sun-Uranus union will give you all the get-up-and-go you could possibly ask for. Creatively and romantically this is perhaps the best time of the year to put yourself about because you have the magic that makes things happen. Use it.

### AQUARIUS

**21 Jan-19 Feb** If changes need to be made on the home front you must make them now. Not everyone will approve of your decisions but the time for caring what others think is long gone. You know what needs to be done, now it's a question of whether you dare to do it.

### PISCES

**20 Feb-20 March** Some of your ideas may seem eccentric but that doesn't mean they can't be made to work. On the contrary, with so many positive aspects in your chart the more outrageous your ideas the more likely it is they will find favour with friends or those in authority.

### ARIES

**21 March-20 April** A sudden windfall will boost your reserves but more crucially it will boost your confidence. For some time it may have seemed as if authority figures were conspiring against you but what happens now will convince you Lady Luck is on your side.

Discover more about yourself at [sallybrompton.com](http://sallybrompton.com)

## Family Time Crossword

The (K) Clues Are for Kids

Created by Timothy E. Parker

- ACROSS**
- 1. "Aw, man" in 1690
  - 5. (K) The new bride said what? (2 words)
  - 8. (K) Firing-range rounds
  - 12. Scottish lake
  - 13. (K) Really small drink and swallow
  - 14. (K) Tied-shoelace part
  - 15. (K) Wood supplier
  - 16. (K) Surface for body slams
  - 17. (K) Measuring thing
  - 18. In a peculiar way
  - 20. (K) Tracked down
  - 22. Folder label's place
  - 24. Make less than perfect, as a granite counter
  - 25. Flowery-scented perfume (2 words)
  - 29. (K) Paid athlete, briefly
  - 32. (K) Finished, as a soccer match
  - 33. No longer changeable
  - 34. (K) Broken-leg sensation
  - 35. (K) The most you can get
  - 36. Organize anew
  - 38. (K) Simple math answer
  - 39. Not hither, the other
  - 40. Taken for one's own use
  - 44. (K) Take a walk after four of these
  - 48. Desire to eat chocolate
  - 49. (K) It's warm when socked
  - 51. (K) Good under pressure
  - 52. Cab charge
  - 53. (K) Prefix with "body" or "way"
  - 54. Comfort
  - 55. (K) Ran from trouble
  - 56. Stan the Spider-Man man
  - 57. Again, but in a different way
- DOWN**
- 1. (K) Vocal quartet member
  - 2. (K) "The \_\_\_ of the Rings"
  - 3. Knocked out of the park, as a test
  - 4. Refuge from a storm
  - 5. Suffix with "capital"
  - 6. Use an old-fashioned phone
  - 7. (K) Eye doctor's field
  - 8. (K) Get married at it
  - 9. (K) Castle's wet protector
  - 10. (K) Wear a long face
  - 11. News column without many facts
  - 19. Sail off course, really
  - 21. (K) Elevator compartment
  - 23. (K) Lead, copper or tin, for example (2 words)
- 25. CD-\_\_\_ (computer insert)**
- 26. They're fertilized in biology
  - 27. Gender
  - 28. Chinese export you can drink
  - 29. (K) "Peter \_\_\_"
  - 30. Convoy member
  - 31. (K) "Pledge of Allegiance" number
  - 34. It'll cure anything
  - 36. Dirt-road groove
  - 37. Scott's Roy of literature
  - 38. (K) What sprinters have
  - 40. (K) Fancy sleeve end
  - 41. Type of history or surgery
  - 42. (K) Storybook brute
  - 43. Not half-baked?
  - 45. (K) Money to be paid back
  - 46. (K) Come in 14th
  - 47. Killed, as a fire-breathing dragon
  - 50. (K) It can see for you

Can you find the answer to this riddle within the solved puzzle?

Flipped under?

Look for the answer in next week's paper.

### PREVIOUS PUZZLE ANSWER

S	O	R	T	S	S	P	O	T	P	R	O		
N	E	A	T	K	I	W	L	A	W				
T	I	M	E	S	I	G	N	A	T	U	R	E	
O	N	S	E	T					R	A	G	E	D
				L	O	B		G	A	L			
A	R	T		L	A		T	I	R		P	E	D
C	O	N		F	E	C	T	I	O	N	E	R	Y
T	O	T	E		S	O	D	E	S				
				N	U	N		F	C				
S	P	E	C	S				A	L	G	A	E	
T	H	R	E	E	S			A	R	O	L	D	S
V	E	N		R	O	T	S		S	O	A	P	
E	W	E		S	U	C	K			E	M	M	Y

Previous riddle answer:

Sticks around the house? 33-D) FENCE

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## 7 LITTLE WORDS

Find the 7 words to match the 7 clues. The numbers in parentheses represent the number of letters in each solution. Each letter combination can be used only once, but all letter combinations will be necessary to complete the puzzle.

### CLUES

- 1 the middle of the target (8)
- 2 Nobels and Pulitzers (6)
- 3 nerve-racking (9)
- 4 people behind an event (10)
- 5 marks on a sheet of music (5)
- 6 not this one (7)
- 7 Instagram pic changers (7)

### SOLUTIONS

- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

TH	ZES	BUL	FUL	EYE
PRI	TES	STR	AN	NO
ESS	ER	IS	LS	TE
FIL	RS	ANO	ERS	ORG

Previous Answers: 1. TRICKING 2. AUDIENCE 3. FETCHING 4. HYDRATE 5. LOOSER 6. SMILING 7. PACIFIC

7/18

The answers to this week's puzzles can be found in next week's issue.

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# SUDOKU

			2
3	2		1
	3	1	4
	1		

2		1	
3			2
			4
4	3	2	

	3		
4		3	1
3		1	
2			3

		2	1
1	2		
4			2
	1		3

## Sudoku

Each row, column, nonet can contain each number only once. Answers below.

### Easy

7				6				8
		3		7				
	1	3						5
		5	4	7				3
		2				1		
4			9	3	7			
8						3	9	
		7	8					
1		5						2

### Hard

		2	7					1
8								
		4			5	3		
7	4				3	6		
2		8	4				5	
	6	8			9		4	
	1	7		2				
								3
6				7	4			

### Very Hard

		3	2		9	4	5	7
9							1	
	4				1			9
				9				
8				5				6
				2				
4			8				2	
	2							8
3	8	5	9		2	1		

### Easy

				3				4
4		5				1		
			9	1			7	
2	3			5		7		
	1		8		6		2	
		8		3			9	1
	4			9	8			
		2				9		8
5		3						

### Hard

3	1			5				
					3	9		
			4					1
2	3					8		6
	5	7				1	9	
4		9					7	2
1					7			
		8	6					
				2			3	4

### Very Hard

9					2	8	6	7
7					6			5
6	3							
								8
		9		8		7		
	8							
							3	2
4			3					8
3	7	2	1					4

## COLORING CHALLENGE



### Sudoku answers

9	1	4	5	3	2	8	6	7
7	2	8	9	1	6	3	4	5
6	3	5	7	2	9	4	1	8
1	8	7	2	9	3	4	5	6
5	4	3	6	7	1	2	8	9
2	6	9	4	8	5	7	1	3
8	9	6	7	5	4	1	3	2
4	5	1	3	2	9	6	7	8
3	7	2	1	6	8	5	9	4

Bottom row - Very Hard

3	1	2	9	5	8	4	6	7
5	7	4	1	6	3	9	2	8
8	9	6	4	7	1	6	3	2
4	6	5	7	2	1	6	5	7
2	3	1	7	9	5	8	4	6
6	8	9	4	7	1	6	3	2
7	9	1	5	2	3	8	6	4
4	2	5	6	8	7	1	3	9
9	6	5	8	2	1	7	3	4

Bottom row - Hard

7	9	1	5	2	3	8	6	4
8	2	5	6	8	7	1	3	9
4	6	5	7	1	6	4	2	8
3	7	1	6	4	2	8	9	5
1	4	6	2	9	8	3	5	7
6	5	8	7	3	2	4	9	1
9	1	7	8	4	6	5	2	3
2	3	4	1	5	9	7	8	6
5	8	9	3	7	1	6	4	2

Bottom row - Easy

1	6	3	2	8	9	4	5	7
5	4	2	7	3	1	8	6	9
9	7	8	5	4	6	3	1	2
8	9	4	1	5	7	2	3	6
7	3	1	6	2	8	9	4	5
4	1	9	8	7	5	6	2	3
6	2	7	4	1	3	5	9	8
3	8	5	9	6	2	1	7	4

Top row - Very Hard

5	3	2	7	9	6	8	4	1
8	4	6	1	4	2	8	5	3
9	7	1	4	2	8	5	3	6
7	5	4	2	1	9	3	6	8
1	9	3	8	6	4	1	7	5
2	6	3	7	5	9	2	4	1
4	1	7	5	4	2	6	8	9
6	8	5	9	6	8	1	7	5
4	2	9	6	8	1	7	5	3

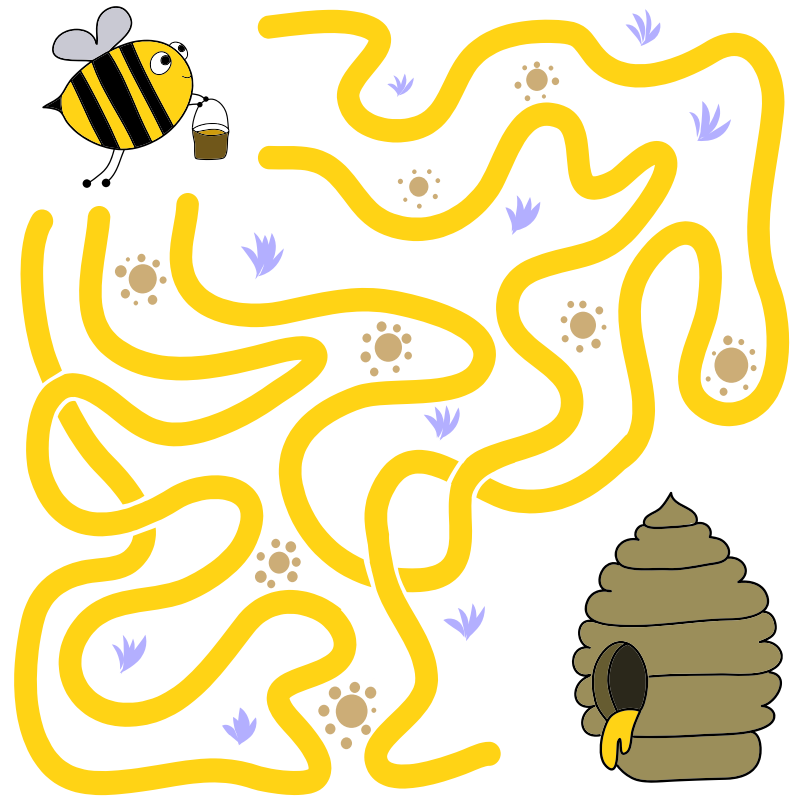
Top row - Hard

7	2	9	1	5	6	4	3	8
6	1	3	9	8	4	2	7	5
5	4	8	3	2	7	9	6	1
4	8	1	2	9	3	7	5	6
3	7	2	8	6	5	1	4	9
8	5	4	6	1	2	3	9	7
2	9	6	7	3	8	5	1	4
1	3	7	5	4	9	6	8	2

Top row - Easy

PUZZLES

FIND 6 DIFFERENCES



Word Search  
Puzzle

Cute Insects

D	O	N	K	O	Y	P	D	I	P	S	A
R	B	R	T	E	R	M	I	T	E	I	N
A	O	L	C	S	A	T	G	K	M	A	T
G	R	A	S	S	H	O	P	P	E	R	D
O	B	D	A	G	E	S	N	L	R	N	C
N	P	Y	L	A	R	B	E	A	T	P	E
F	O	B	U	T	T	E	R	F	L	Y	I
L	N	I	U	O	M	E	O	L	E	R	M
Y	G	R	S	G	W	H	A	Y	A	K	O
F	U	D	L	R	U	B	E	A	G	E	T
K	I	L	C	O	C	K	R	O	A	C	H
R	N	P	N	G	Y	M	T	N	E	K	W

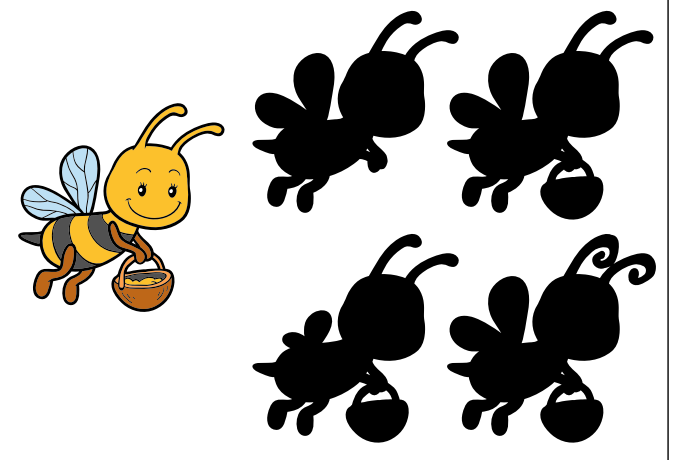
kids  
LEARNING  
games

find the same  
two pictures

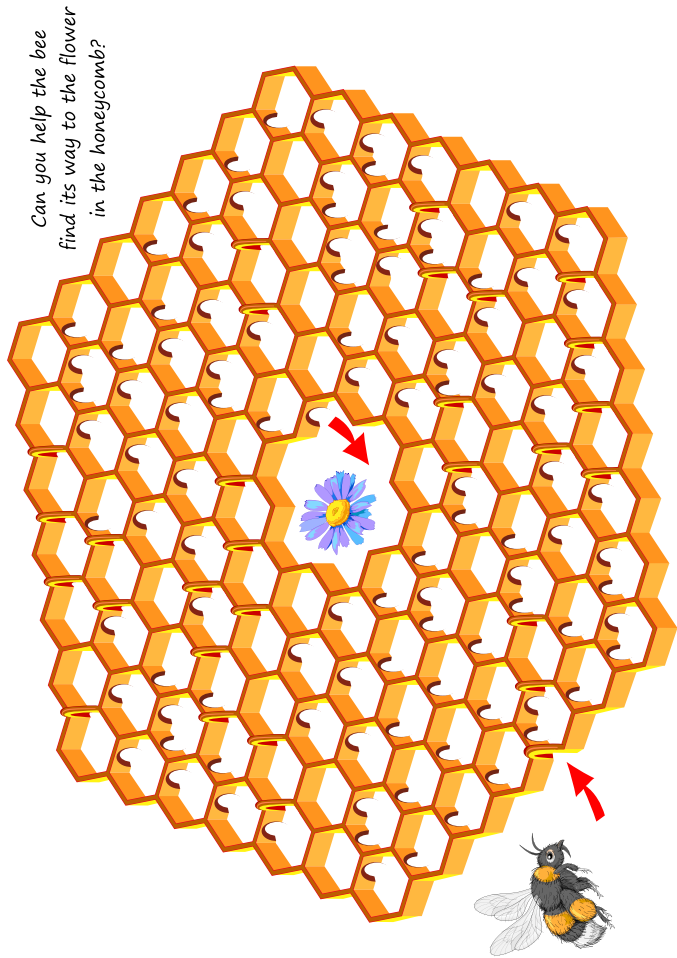
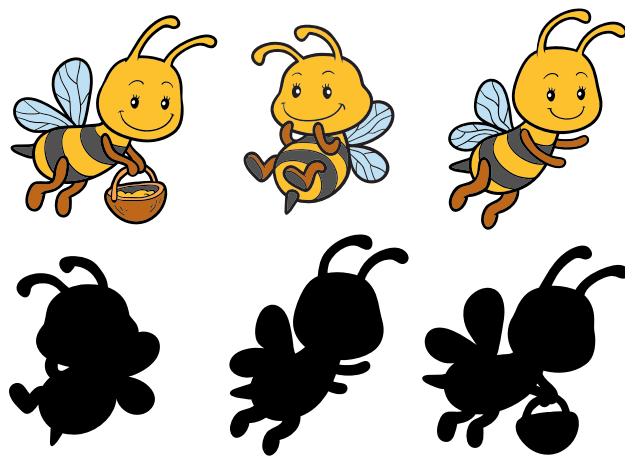
FIND



Find the correct shadow



Find the correct shadow



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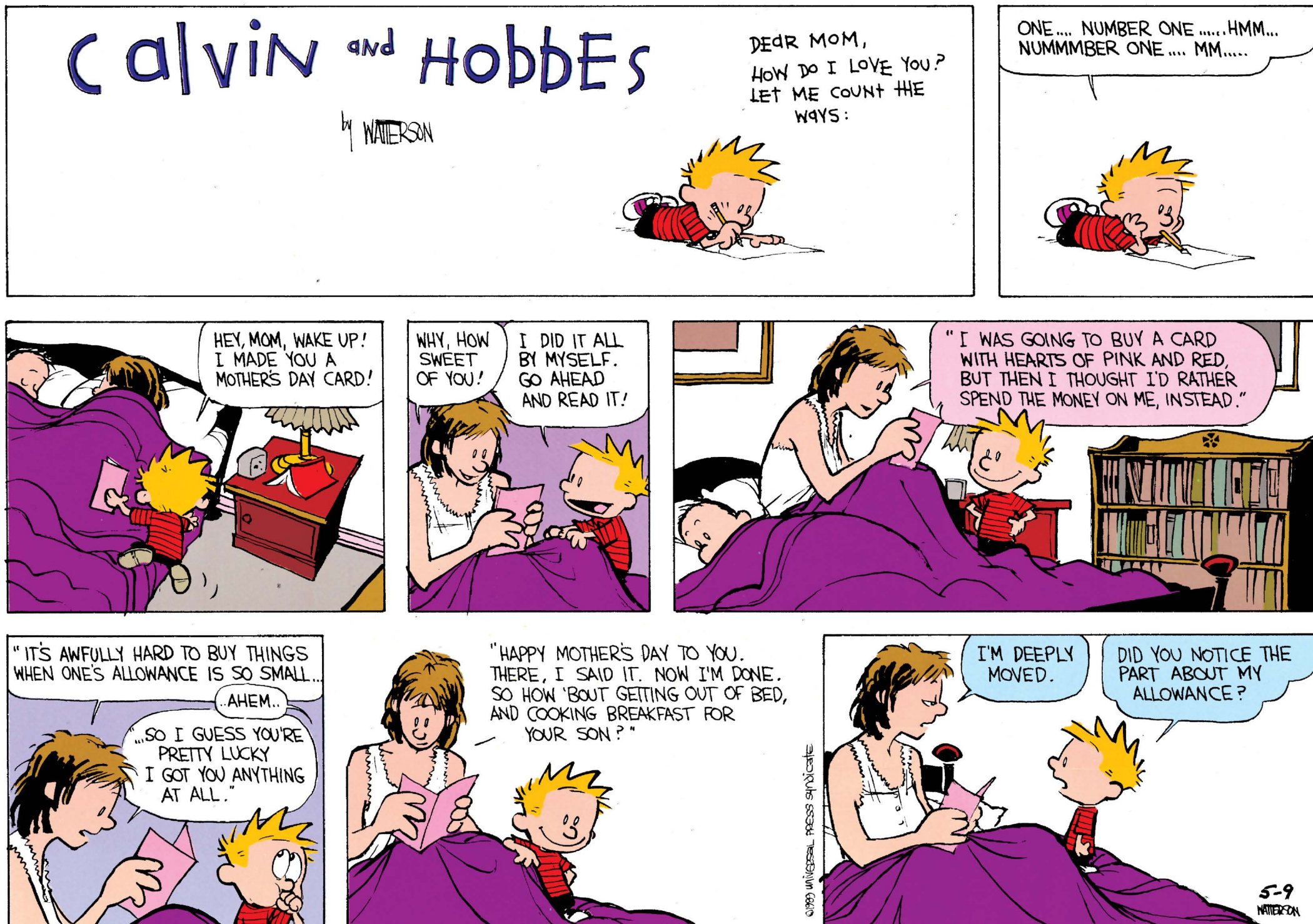
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# EDUCATION

From the Sentinel Foundation: the educational page for our readers.



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## COLUMN | WILDLY SUCCESSFUL: THE FOUR-WINGED FLYING FISH

# A Masterful Glider

By JIM KNOX

I was no more than five. The animal in the sand at my feet mesmerized me. While many things can mesmerize a small child, this was something that even the bigger kids and adults came over to see. They gathered, stared, and pointed. To my young mind the tiny creature was both familiar yet nonsensical. I stared at the slender blueish silver scaled creature laying just yards from the lapping waves of Nantucket Sound. It remember thinking it was a fish, but then quickly deciding that it must be a bird based on the “wings” nearly the length on its body. My dad—the solver of all mysteries—revealed the identity of the mystery creature. I remember him kneeling next to me so that we were the same height. He spoke with as much wonder as I felt.

“That’s a flying fish, son!” he shared.

I still remember looking at the sliver of a fish and thinking that my dad made perfect sense. After all, it did have “wings.” In time I would come to know this creature as the Atlantic Flying Fish, a species found from Massachusetts to Brazil. While not common at the northern end of their range, the species can be found in New England in certain years when the Gulf Stream eddies spin northward toward our shores.

While this is the only flying fish species in New England waters, there are 64 known species, the majority of which inhabit tropical and sub-tropical waters. Common features include a highly streamlined lance-shaped body, a forked tail with a longer lower lobe and, most conspicuously, a pair of elongate pectoral fins that resemble and function as wings. Among these 64 species are some which take the bird-like appearance to a



The Four-winged Flying Fish

**While these small creatures average glides of 160 feet (more than ½ a football field in distance), the record holder soared to new heights—launching aloft for an astounding 1,312 feet (nearly ¼ of a mile).**

new level.

The Four-Winged Flying Fish are a family of flying fish known as Exocoetidae. While their Two-Winged Flying Fish kin are known to “fly,” the Four-Winged species give that word new meaning. Though Flying Fish don’t truly fly, they are masterful gliders. With greatly enlarged pectoral fins as well as pelvic fins, these light fish have adopted a body plan which is more glider than grouper.

So why does a fish glide in the first place? Ichthyologists theorize that these creatures employ the ultimate escape plan—exploding from the water to escape aquatic predators such as Yellowfin Tuna, Wahoo, Swordfish, Mackerel and Marlin which cannot follow them in the air. Conversely, Flying Fish will tuck in their “wings” against their streamlined bodies

to dart back down beneath the ocean’s surface to evade aerial predators such as acrobatic Frigate birds.

While the “why” is intriguing, the “how” is truly fascinating. So just how does a fish leave the ocean to go airborne for

extended periods? That answer is found in the fish’s anatomical design. With light streamlined bodies averaging 7-12 inches, the fish’s shape reduces drag when gliding. Possessing reinforced bones in the spinal column, the Four-

Winged Flying Fish can maintain a rigid posture for its aerial journeys, much like a glider requires a rigid airframe. Like the glider model, the fish has an expansive fin surface area and a low weight relative to this “wing surface” (its total

fin surface area).

Yet even the best glider needs an assist to give it lift and set it on its way. That’s where the fish’s extraordinary design comes into play yet again. Sporting a lower tail lobe which is far longer than its upper counterpart, the Four-Winged Flying Fish can drive its tail along the water’s surface at a blurring rate of 70 beats per second. Acting like an outboard motor to drive the fish upward where it’s pectoral fins can catch lift off the updrafts generated by the waves, the fish launches upward, attaining speeds of 43 miles per hour and heights of up to 20 feet! What’s more, this “glider” can evade like no other, dropping down to the water’s surface, churning the surface furiously with its tail and taking “flight” again—in a different direction!

While these small creatures average glides of 160 feet (more than ½ a football field in distance), the record holder soared to new heights—launching aloft for an astounding 1,312 feet (nearly ¼ of a mile)! These long distance “flights” can last 45 seconds in duration. Such natural feats have not gone unnoticed by aeronautical engineers, as the unmatched aerial abilities of the Flying Fish inspired airplane design concepts in the 1920s and 1930s.

In the Four-Winged Flying Fish we have a creature which defies the conventional and gives us pause to reflect on what is truly possible. While nature continually amazes and inspires, it is a rare beast that lives among the waves yet journeys to the skies.

*Jim Knox serves as the Curator of Education for Connecticut’s Beardsley Zoo and as a Science Adviser for The Bruce Museum. His passions include studying our planet’s rarest creatures and sharing his work with others who love the natural world.*

