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LOCAL NEWS

The State approved the Town of New Canaan's application for a Moratorium of State Statute 8-30g, so that housing developers may not bypass local zoning regulations for a four-year period. The Town of New Canaan has earned the moratorium in recognition of the number of affordable housing units built here in recent years, particularly the Millport and Canaan Parish apartments.

POLICE AND FIRE Scam Warnings

A surge in online shopping has increased the risk of scams such as debt consolidation. online shopping fraud, and tech support scams. The New Canaan Police Department advises caution regarding deals that appear unusually favorable.

Police Warn Pastejacking Scam

New Canaan police are warning about a "pastejacking" scam where cybercriminals trick email recipients into running malicious code via PowerShell. The scam starts with an urgent email that asks you to update your DNS cache, but doing so installs malware on your device. Police advise reporting such emails to IT teams and caution against acting on urgent email requests.

Cops & Robbers Golf **Tournament**

Since the 1970s, the New Canaan Police Benevolent Association (PBA) has organized the Cops & Robbers Golf Tournament, an event dedicated to honoring Officer Jim Martin, who lost his life in the line of duty in 1991. This year's tournament will take place on September 16, at Whitney Farms in Monroe, featuring a four-person scramble format. Companies or businesses interested in sponsoring a hole or contributing to the event's raffle should contact Officer Vartuli at Nicole.Vartuli@newcanaanct. gov, with sponsorship requests

due by August 31. **New SROs Join Schools**



New Canaan Public Schools have introduced Officer Nicole Virtuli at South School and Officer Ron Bentley at East School as new School Resource Officers. Both officers are familiar within the community and will focus on maintaining safety within the schools. Photo $credit: new can a an ps \ in stagram.\\$

New Hire Firefighters



Please turn to page 9

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Dr. Luizzi Updates Board of Ed New Elementary School Security Resource Officers Join the Team

By Beth Barhydt

In an effort to enhance school security, the New Canaan Board of Education has implemented a comprehensive School Resource Officer (SRO) program across all public schools in the district, coupled with a series of technological and infrastructural upgrades. These initiatives, driven by the board's commitment to student safety, mark an increase in the district's approach to securing its educational environments.

COMPREHENSIVE SRO PROGRAM: YEARS IN THE MAKING

The push for an expanded SRO presence has been a central focus of recent Board of Education campaigns.

"Ensuring our children are safe in their learning environment is not just a priority—it is a responsibility. We must have a dedicated security presence in every school," said Hugo Alves during his campaign, reflecting his feeling of urgency for this initiative.

Previously, New Canaan's SROs were limited to the high school and middle school, with a single officer rotating among the three elementary schools and several private institutions. This arrangement, while beneficial, left gaps in consistent

"After Sandy Hook, we placed an SRO in the high school and middle school, but for years, there were none in the elementary schools," said Board Member Julie Toal. "Following the COVID-19 pandemic, we managed to secure a roaming SRO, but it was clear that one officer for all these schools wasn't enough."

The newly expanded program, which now places dedicated SROs in each of the district's elementary schools, is the result of sustained efforts by Toal and her colleagues on the Board. Lara Kelly, who also advocated for the initiative, remarked, "The safety of our youngest students cannot be an afterthought. They deserve the same level of protection as our older students, and I'm committed to seeing this through."

Matt Campbell, another vocal supporter, added, "This is not just about having officers in schools; it's about community policing, building trust, and ensuring that our schools remain secure environments where children can thrive."

OVERCOMING CHALLENGES AND **COMMUNITY IMPACT**

The path to achieving this goal was initial reluctance to fully support the SRO

"It wasn't an easy thing to get understanding of our community." passed," Toal said. "There was pushback, particularly from those concerned about the presence of guns on school campuses. The idea of gun-free schools was a point of

"The collaboration with our local police, fire, and EMS, as well as with the first selectman's office, is a key component of our security strategy."



particularly the positive relationships built by Officer Shane Gibson, the district's roaming SRO, helped to shift perceptions. 'Officer Shane would play football with second graders at recess, forming bonds with the kids and showing that having an officer around was a positive thing," Toal explained. "It became increasingly clear that the benefits far outweighed the concerns."

The new SROs, who have begun their roles already, bring extensive experience and deep ties to the New Canaan community. Nicole Vartuli, assigned to South School, and Ron Bentley, now stationed at his alma mater East School, both come with backgrounds in law enforcement and community engagement.

"I know this is of course a high priority for the board and for our district. Always has been," said Dr. Bryan Luizzi, Superintendent of New Canaan Public Schools during a recent Board of Education meeting. "This morning at convocation, we met our new SROs, Nicole and Ron."

"Nicole has been a big help for us through the years," Dr. Luizzi noted. "She's been very connected with the schools, and we think she's a great choice to join our

Dr. Luizzi also spoke about Bentley, not without challenges. Toal recounted the who returned to the district after serving Luizzi noted that the district has installed uphill battle she and Alves faced, noting as an SRO at New Canaan High School 14 a new speed hump at New Canaan High that even within their own party, there was years ago. "Ron is not only experienced but School, strategically placed to enhance improve our systems as needed to stay also a New Canaan High School graduate, pedestrian safety. bringing a personal connection and deep

ENHANCED SECURITY MEASURES

In addition to expanding the SRO program, Dr. Luizzi outlined a series of enhanced security measures being

However, the success of the program, implemented across the district's schools. These initiatives include technological upgrades and structural improvements designed to bolster the safety of students

> One of the central upgrades involves the district's door access systems, which have been outfitted with new security features designed to improve real-time monitoring

> We've updated our door access systems to include added security features, primarily alerts that will notify us if a door is left ajar," Dr. Luizzi explained. "This system allows us to know specifically which door is open, where it is, and how long it's been open. Each door can be set on its own timer, depending on its location and

> The upgraded system provides the district with a more granular level of control, allowing for customized settings based on the specific needs of different entrances. For instance, a front door that requires frequent access can have a different security setting than a side door that should remain closed most of the time.

> In addition to technological upgrades, physical safety measures are also being implemented to improve the security infrastructure of school campuses. Dr.

The speed hump was purposely they cross, which is particularly important given the varied heights of students and the

large size of many vehicles."

Further, the district has ordered new bollards and guardrails to be installed across different school buildings. These physical barriers are designed to protect against unauthorized vehicle access and to ensure that pedestrian pathways are

"We're also eagerly awaiting the bollards that have been ordered, which will be put in place soon across different buildings in strategic spots," Dr. Luizzi added. "These additions, along with some new guardrails, will contribute to the overall safety of our school environments."

COMMUNICATION AND MONITORING

Dr. Luizzi also highlighted improvements to the district's communication and monitoring systems. Updated radios have been provided to staff, ensuring reliable communication during both routine operations and potential emergencies. The district has secured additional funding to maintain and enhance these communication tools.

"Each year, we update our radios to make sure that our communication systems are functioning at the highest level," Dr. Luizzi stated. "This year, we received additional funding from the town to further improve our communication capabilities."

Moreover, the district's crisis advisory board, which includes representatives from local police, fire, EMS, and the first selectman's office, will continue to play a critical role in refining and implementing security strategies. Dr. Luizzi noted that these partnerships are essential to maintaining a high level of security awareness and preparedness across all

We are continually evolving and improving our security approach," said Dr. Luizzi. "The collaboration with our local police, fire, and EMS, as well as with the first selectman's office, is a key component of our security strategy.'

LOOKING FORWARD

While these measures represent advancements in school security, the district remains committed to continuously assessing and enhancing its approach. The district plans to review and refine its security protocols regularly.

"We believe that our security enhancements will have a positive impact on the safety of our students and staff," Dr. Luizzi concluded. "But this is ongoing work, and we will continue to monitor and ahead of any potential threats."

As the new school year progresses, the installed at the crosswalk from the student comprehensive SRO program and enhanced parking lot across the street," said Dr. security measures are expected to provide Luizzi. "By elevating the crosswalk, we've increased safety and peace of mind for made it easier for drivers to see students as students, parents, and educators across New Canaan.

COLUMN

Big, Ugly Earrings



BY JILL S. WOOLWORTH, LMFT

Imagine someone says to you, "Those are the biggest, ugliest earrings I have ever seen!" Confronting that person's rudeness directly or disagreeing with her could easily escalate into an argument. "Oh, I do have on big earrings today" is a response that avoids a confrontation.

Whenever we can agree with even a small part of what someone else is saying, it calms our nervous system and defuses the energy behind the other person's comment. It is literally disarming. The other person will feel heard-and perhaps surprised.

We all stumble into saying the wrong thing sometimes. Let's give ourselves and others a second chance. (Of course, if the hurtful language is abusive, repetitive, or contemptuous, we need a different

Cameron's teenaged son, Liam, complained, "You are always late to pick me up." Cameron wisely avoided reacting to the word, "always." He was late that day. Instead, he countered with, "You're right. I am late sometimes." Liam felt heard and was open to hearing the reasons why Cameron sometimes arrives late.

Excerpted from Jill Woolworth's book, The Waterwheel, available at Diane's Books, Dogwood Bookstore, Amazon, and barnesandnoble.com. Jill is a therapist at the Center for Hope & Renewal.

Siobhan McCormack Joins South as Assistant Principal

By Beth Barhydt

On August 26, 2024, during the Board of Education meeting, Siobhan McCormack was introduced as the new Assistant Principal of South School. McCormack, who has held various educational roles in multiple school districts, was welcomed by the community and school officials.

Dr. Bryan Luizzi, Superintendent of New Canaan Public Schools, introduced McCormack and outlined her professional background. "We have the great pleasure of introducing Siobhan McCormack, who is joining us from Ox Ridge School, where she served as the interim assistant principal," Luizzi stated. "Siobhan has an impressive background, not only as an administrator but also as a literacy coach and classroom teacher in districts including Fairfield and

Westport." McCormack holds a Bachelor of Arts degree from Boston College and a Master's of Education in Consulting Teacher of Reading from Lesley University. She also has a Certificate in Administration and Supervision from Sacred Heart University. "Siobhan's educational background is exemplary. She brings with her not only a deep understanding of literacy and instructional strategies but also a commitment to fostering a positive and inclusive school climate,' Luizzi noted.

During the meeting, McCormack

addressed the Board, saying, "It's a quite simply, they like each other. pleasure to be here and a privilege to be a new member of the New Canaan Public Schools. As I've spent some time at South this summer getting familiar with the building and beginning to remember the many names of staff, I've started to learn some things about New Canaan that make me especially pleased to be a part of this school district."

She mentioned some early observations, saying, "I've learned what a moon tree is-very cool. I've added the word 'possum' to my South vocabulary."

McCormack discussed the values of the district, stating, "Excellence and climate are principals that are dear to me, and it's clear that New Canaan values these deeply. The district is known for its rigorous curriculum, talented educators, and high-performing students, but what truly inspired me was the recent retreat where I had the opportunity to listen to and learn from administrators across the K-12 spectrum. The discussions around AI, emotional intelligence, and working effectively as a system were particularly impactful."

She further described the environment at South School, noting, "In addition to the high level of excellence among staff, it is evident that New Canaan has a strong, supportive climate. The staff respects each other, enjoys being together, and

There was lots of laughter, trust, and joy evident in the retreat, and as I've gotten to know people across the district, I've been struck by how engaged, smart, and thoughtful everyone is."

Dr. Luizzi supported McCormack's observations, saying, "Siobhan has already made a strong impression on our team. Her ability to connect with staff and her dedication to student success make her an ideal fit for South School. We are confident that she will continue to build on the strong foundation we have in place."

In a letter sent to South School families, McCormack provided additional information about her background and approach to her new role. "I spent the 2023-24 school year as an assistant principal at Ox Ridge School in Darien and, prior to that, worked in the Fairfield and Westport Schools as a literacy coach," she wrote. "My background has allowed me to combine my passions of supporting teachers in doing the extraordinary work they do every day and examining and refining curriculum and instructional practices. While the work of schools is teaching and learning, the heart of what we do is relationship building with our students, the South faculty and staff, and you, the families we





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Saxe Middle School

Creating Two Schools in One Building and Adding a Phones-Free Policy



By Beth Barhydt

Saxe Middle School is undergoing some big changes for the 2024-2025 school year, transitioning into two distinct schools within the same building: Saxe Intermediate School, which will serve students in grades 5-6, and Saxe Middle School, which will serve students in grades 7-8. This restructuring is designed to address the different developmental needs of students across these age groups by creating more focused and supportive environments.

Superintendent Dr. Bryan Luizzi explained the rationale behind this restructuring. "The developmental needs of kids in fifth and sixth grade are very different than students in grades seven and eight," he said. "By creating two right-sized schools, we anticipate that we'll be able to focus more specifically on the developmental needs of the students at each of those grade levels. Communications will be more targeted and streamlined, specific to those families and the staff at each of the schools."

As part of this restructuring, Sarah Granite has been appointed as the principal of Saxe Intermediate School. Granite, who prior to coming to New Canaan, served as assistant principle at North Mianus School in Greenwich, brings extensive experience in education, particularly in special education and intervention. She holds a Bachelor of Arts in History, a Master of Arts in Teaching, and an Educational Leadership degree, all from Quinnipiac University, where she graduated summa cum laude.

Dr. Luizzi highlighted her qualifications, stating, "Sarah Granite was the clear choice to become our intermediate school principal. Her extensive experience and educational background make her uniquely qualified to guide our students and staff through this important transition."

Granite will be supported by Steve Bedard, who has been named

Intermediate School. The leadership designed to store devices securely. team at the intermediate school will maintain consistent start and end times, as well as the existing miniteam and team structures, to ensure continuity for students and staff during the transition. Dr. Luizzi expressed confidence in this approach, saying, "We really feel confident that the move to the intermediate school will provide those students in fifth and sixth the level of support and voice and environment that they need to thrive and then have them going into seventh and eighth grade afterwards."

school year in a letter to parents, and have access to their devices. We emphasizing the theme of "Moving hope this will have a positive effect Forward, Together." She wrote, "This year is particularly special limit classroom distractions so the as we embark on a new chapter focus can be on learning." together with the introduction of our Saxe Intermediate School. We are embracing the theme of 'Moving Forward, Together,' which captures end of the school day. Toal clarified, our commitment to progress and the collective journey we will share as a equipment, but they don't have access school community. We aim to foster an environment where every student feels learning and personal growth."

In addition to the restructuring, Luizzi explained the motivation behind in classrooms can provide distraction for kids. It makes learning more access, and that's where the phonecomes in."

To implement this initiative, right work." the school will use Yondr pouches,

the assistant principal of Saxe which are magnetic lockable pouches

Julie Toal, a member of the school board, explained the process: "Saxe students are going to be using Yondr pouches for their smart phones, Apple Watches and earbuds during the school day. Every student at Saxe will receive their own pouch with a magnetic lock. They will be instructed to turn the notifications on silent, and lock their devices in the Yondr pouch. The pouches can be kept in their backpacks and lockers but they must be locked. At the end of the day, there will be carts with a magnet release and the students Granite addressed the upcoming will be able to unlock their pouches on the mental health of students. And

> Students will retain possession of their devices throughout the day but will not have access to them until the "They retain possession of their to it."

Granite also addressed the new supported, encouraged, and inspired initiative in her letter to parents, to take steps forward in their daily aligning with the district's goals. "Our new 'Phone Free Schools' initiative will be introduced at Saxe for the upcoming Saxe is introducing a "Phone Free school year," she wrote. "This initiative Schools" initiative, which will require will remove access to all personal students to lock away personal devices, devices (cell phones, smartwatches, such as cell phones and smartwatches, Bluetooth earbuds, etc.) during the during the school day. The purpose of school day. To create our 'Phone this policy is to reduce distractions and Free School,' we will utilize a locking enhance focus in the classroom. Dr. pouch system for all students. The goal of this program is to minimize the initiative, saying, "Having phones distractions and enhance focus in the learning environment."

Dr. Luizzi provided a summary of difficult, makes teaching more difficult, the overall objectives of these changes, and causes some other problems. saying, "When we can take a school We also need to be intentional about as large as Saxe and make it smaller to be more nimble and responsive to free school approach and movement the needs of the kids and the families and the staff, then we're doing the

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An Evening with Artist Jan Dilenschneider

Thursday, September 26, 2024 | 5:30pm

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Internationally acclaimed artist Jan Dilenschneider has exhibited her work in Paris, Avignon and New York's Sheen Center for Thought & Culture. See a selection of her paintings at Waveny thru mid-October.



Be a Part of the Mighty Bristow Oak Story

Here in New Canaan the venerable white oak of the Bristow Bird Sanctuary stood as a stalwart guardian of the landscape, its presence a silent testament to the passage of centuries. With a trunk measuring 192 inches in circumference and a canopy extending 102 feet, this arboreal giant was a natural monument, intertwined with the town's history. Last summer, however, a storm felled this ancient oak, ending its reign but not its legacy.

In the hands of the Nutmeg Woodturners League, the wood of this 300-year-old titan was been given new life. This is a continuation of the oak's legacy, now etched into objects of enduring utility and beauty.

The white oak, revered not only for its strength but for its unique properties, has long been the wood of choice for creating barrels and bowls, particularly those destined for the kitchen.

The dense, tight grain of the white oak is known for its waterproof qualities. The wood contains a unique structure called tyloses, which are outgrowths that effectively block the wood's vessels, making it highly resistant to water and other liquids. This property makes white oak particularly suitable for cooperage, where it is commonly used to craft barrels for aging wine and spirits. The wood's impermeability ensures that the contents are well-preserved without leakage, which is why it has been valued for centuries in the making of barrels, as well as in applications where water resistance is essential, such as in boat building and outdoor furniture.

According to John Kriz, the white oak is also the state tree of Connecticut and the reason why there were so many ship builders originally in Connecticut is because they had lots of old growth white oak with which to work, needed if you're laying a keel or making large ships. And so they used Connecticut white oak.

The Woodturners League, one of the oldest woodturning organizations in the United States, took on the task of transforming the Mighty Bristow Oak under the leadership of David Heim, its president, and in collaboration with Chris Schipper of the New Canaan Conservation Commission. Their efforts have produced a collection of items that are not merely functional but carry the gravitas of history. Each bowl, bench, and charcuterie board crafted from this oak is imbued with the narrative of a tree that stood sentinel for generations.

Among the pieces being auctioned are artisanal bowls, whose very form speaks to the oak's historical role in culinary traditions. The impermeability of white oak makes it the wood of choice for cooperage, where it has been used for centuries to craft barrels that age wine and spirits to perfection, and now, through the artistry of the Nutmeg Woodturners, it finds new purpose in the kitchen.

The auction, running through September 9, features not only these bowls but also benches, birdhouses, and life-



The auction, running until
September 9, featuring
charcuterie boards, benches,
and artisanal bowls crafted
by local artisan John Hutchins
from the historic Bristow White



sized bird carvings, each a testament to the oak's enduring legacy. Notably, a life-sized carved Pileated Woodpecker by sculptor George Arthur is among the items, a piece that echoes the forest's call and starts bidding at \$250. Additionally, a Millennium Y2K Blockbuster Bordeaux Wine Package, its significance amplified by the oak's historical connection to wine-making, begins at \$1,000.





This auction serves as a blend of history, craft, and conservation. The proceeds will support the Bristow Bird Sanctuary's ongoing efforts to preserve its natural beauty and ecological significance. For those who value the continuity of tradition and the tangible connection to the past that such objects provide, the opportunity to participate in this auction is not to be missed. Bids can be placed online at https://givebutter.com/c/BristowParkCentennial/auction, where each item carries with it the weight of history and the promise of endurance, much like the white oak from which it was hewn.

https://givebutter.com/c/ BristowParkCentennial



COLUMN

The Silent Struggle of Thyroid Diseases

By Teresa Alasio MD

Hashimoto's thyroiditis, a common yet often misunderstood autoimmune disorder, affects millions of people worldwide. Named after Dr. Hakaru Hashimoto, who first described the condition in 1912, this disease can silently wreak havoc on a person's quality of life. As public awareness grows, it's crucial to understand the symptoms, diagnosis, and treatment options available.

What is Hashimoto's Thyroiditis?

Hashimoto's thyroiditis, also known as chronic lymphocytic thyroiditis, occurs when the body's immune system mistakenly attacks the thyroid gland. The thyroid, a small butterfly-shaped gland located at the base of the neck, plays a vital role in regulating metabolism, energy levels, and overall hormonal balance. In Hashimoto's, the immune system's attack leads to inflammation and gradual destruction of thyroid tissue, ultimately resulting in hypothyroidism, or underactive thyroid.

Symptoms and Diagnosis

The symptoms of Hashimoto's thyroiditis can be subtle and often mimic other health conditions, making diagnosis challenging. Common signs include fatigue, weight gain, cold intolerance, dry skin, hair loss, constipation, and muscle weakness. Some individuals may also experience depression, memory problems, and a slowed heart rate. As the disease progresses, the thyroid may become enlarged, a condition known as a goiter.

Diagnosing Hashimoto's typically involves a combination of physical examinations, blood tests, and imaging studies. Blood tests are used to measure levels of thyroid hormones (T3 and T4) and thyroid-stimulating hormone (TSH), as well as to detect the presence of thyroid antibodies (anti-thyroid peroxidase and anti-thyroglobulin antibodies). Elevated TSH levels combined with low thyroid hormone levels and the presence of antibodies usually confirm the diagnosis.

Living with Hashimoto's: A Patient's Perspective

Living with Hashimoto's thyroiditis can be a daily struggle. Many patients report fluctuating energy levels and unpredictable mood swings, which can affect their personal and professional lives. The fatigue experienced by those with Hashimoto's is not just ordinary tiredness; it's a profound exhaustion that can make simple tasks feel insurmountable. Weight gain, despite maintaining a healthy diet and

exercise routine, can lead to frustration and a sense of helplessness.

Mental health is another critical aspect. Depression and anxiety are common companions of Hashimoto's, exacerbated by the physical symptoms and the chronic nature of the disease. Support from family, friends, and healthcare providers is essential in managing both the physical and emotional toll.

Treatment Options

While there is no cure for Hashimoto's thyroiditis, effective management can significantly improve quality of life. The cornerstone of treatment is thyroid hormone replacement therapy, typically with levothyroxine. This synthetic hormone helps to restore normal hormone levels, alleviating many symptoms of hypothyroidism. Regular monitoring and adjustment of medication are necessary to maintain optimal thyroid function.

In addition to medication, lifestyle changes can play a supportive role in managing Hashimoto's. A balanced diet rich in nutrients, regular physical activity, and stress reduction techniques such as yoga or meditation can help improve overall well-being. Some patients may benefit from dietary modifications, such as avoiding gluten or incorporating anti-inflammatory foods, although these should be discussed with a healthcare provider.

The Importance of Awareness and Support

Raising awareness about Hashimoto's thyroiditis is crucial. Misunderstanding and misinformation can lead to delayed diagnosis and treatment, exacerbating the condition. Public education can foster empathy and support for those living with the disease, encouraging a more inclusive and understanding community.

Support groups, both online and in-person, offer valuable resources and a sense of camaraderie for patients. Sharing experiences and coping strategies can provide much-needed emotional support and practical advice.

Hashimoto's thyroiditis is a complex and often silent condition that requires a comprehensive approach to diagnosis and management. Through awareness, support, and effective treatment, individuals with Hashimoto's can lead fulfilling and active lives, despite the challenges posed by this autoimmune disorder.

Note: The information in this article is for educational purposes only. If you have a specific medical concern, please consult your physician.



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Reagan, Now Playing in New Canaan

Reagan will be on screen at the Playhouse in New Canaan with the following showtimes:

August 30 10:15 AM and 1:15, 4:30, 7:45 PM

August 31 10:15 AM and 1:15, 4:30, 7:45 PM

September 1 1:00 PM, 4:15 PM, 7:30 PM

September 2 1:00 PM, 4:15 PM, 7:30 PM

September 3-4

1:00 PM, 4:15 PM, 7:30 PM

September 5 1:00 PM, 4:30 PM, 8:00 PM

For more details, visit the Playhouse website at https://playhouse.cinemalab.com/movie/reagan.

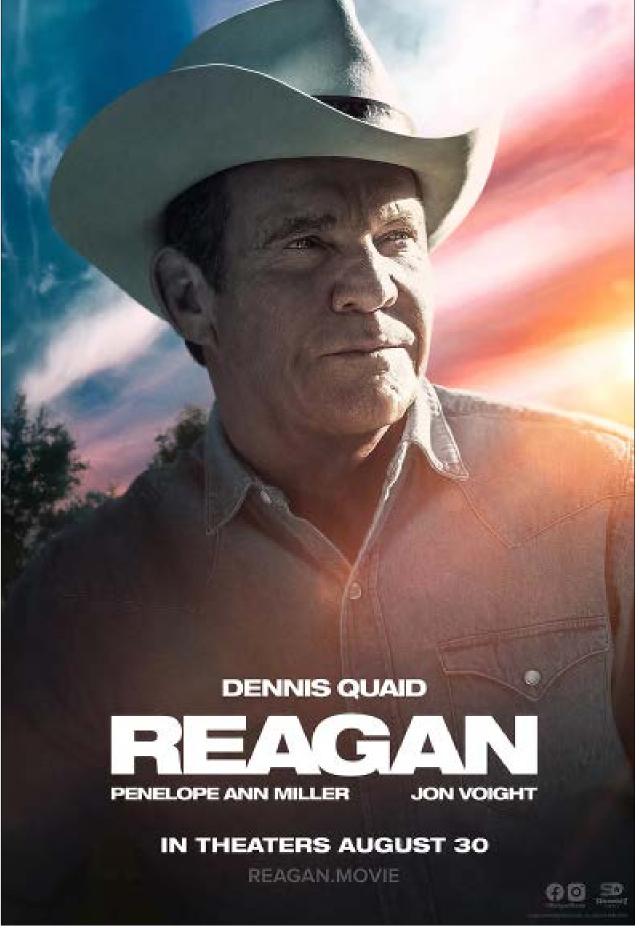
"From dusty small-town roots, to the glitter of Hollywood, and then on to commanding the world stage, REAGAN is a cinematic journey of overcoming the odds. Told through the voice of Viktor Petrovich, a former KGB agent whose life becomes inextricably linked with Ronald Reagan's when Reagan first caught the Soviets' attention as an actor in Hollywood, this film offers a perspective as unique as it is captivating.

Dennis Quaid brings to life a story that transcends the boundaries of a traditional biopic, offering a profound exploration of the enduring impact of the power of one man who overcame the odds, sustained by the love of a woman who supported him in his journey.

REAGAN releases in theaters nationwide on August 30, 2024." Learn more at www.Reagan.Movie online.

The biopic is reportedly meant to be a cinematic homage to the 40th President of the United States, weaving together the public and private strands of a life that shaped an era. Drawing from Paul Kengor's *The Crusader: Ronald Reagan and the Fall of Communism*, the film places Reagan's unyielding opposition to communism at the heart of its narrative, framing his legacy within the high-stakes drama of the Cold War.

The story begins with the modest origins of a man who would become a giant on the world stage, eventually earning 99.8% of the electoral votes in the 1984 presidential election.



From his early days as a small-town boy with big dreams, to his rise as a Hollywood actor, Reagan's journey is marked by compassion and a sense of destiny. The film works to capture his tenure at the Screen Actors Guild, where he battled against what he saw as the creeping influence of communism in the entertainment industry. Figures like Herb Sorrell and Dalton Trumbo emerge as ideological adversaries, with Reagan standing firm against what he perceived as threats to American values.

Critics have said that the depiction of Reagan's personal life is touched with a certain brevity, that it is only in these glimpses that we see the man behind the myth. His first marriage to Jane Wyman is shown as strained, with Wyman portrayed as distant, perhaps disillusioned by Reagan's growing political ambitions. The film will hint at the turmoil of this relationship, but does not linger, moving swiftly to his courtship with Nancy Davis. Nancy emerges as the steadfast partner, the one who grounds Reagan, with their relationship portrayed in scenes that convey a quiet, enduring bond.

Key moments, such as his challenge to Gorbachev to "tear down this wall," are depicted with a sense of historical gravitas. The film works to capture the public Reagan, the resolute leader and kind person.

A unique narrative device is introduced through the character of a retired Russian KGB spy, played by Jon Voight, who reflects on Reagan's role in the downfall of the Soviet Union. This framing is emblematic of the film's overarching tone—a celebration of Reagan's triumphs.

Reagan seeks to capture the essence of a man who believed deeply in the American experiment, a leader who, through wit, charm, and conviction, navigated the United States through one of its most perilous periods. In its reverence, the film offers a portrait that is as much icon as it is individual.

Directed by Sean McNamara and starring, Dennis Quaid, Jon Voight, Penelope Ann Miller, Mena Suvari, Lesley-Anne Down, David Henrie, Kevin Dillon, and Kevin Sorbo.



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- Youth programs for all ages and interests including additional swim lessons and Bouncing Bears classes, new middle school programs, youth sports, adaptive programs, and free youth fitness class options with a Family membership.
- Family open time in the pools and gymnasium and special family events each month!
- Adult programs including open basketball, Pickleball (open and lessons), personal training, Pilates reformer, chronic disease support programs, and more!
- ForeverWell social and fitness programs for ages 65+.
- Financial assistance available!

Fall Program Registration Currently Available!

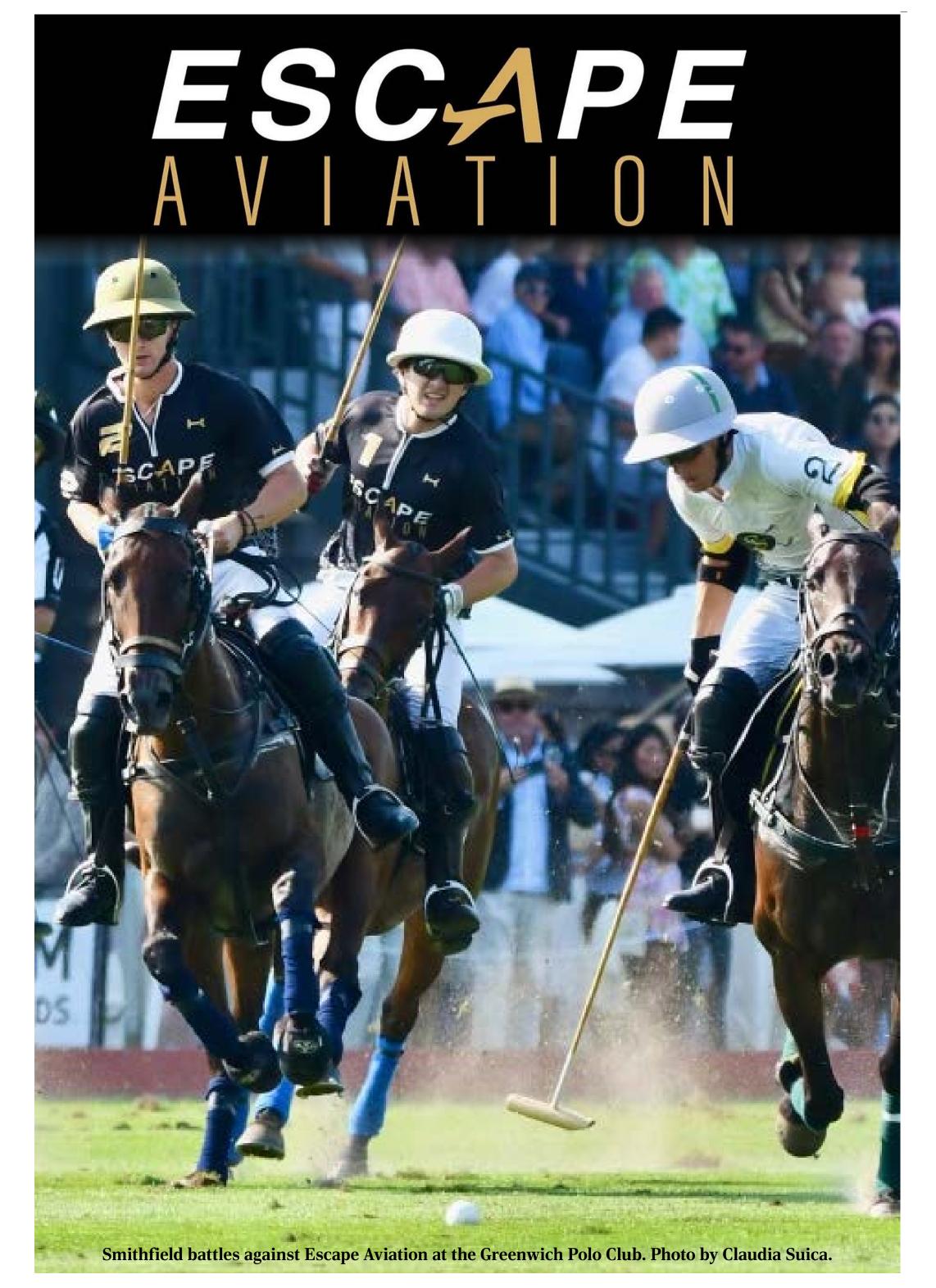
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Join by September 30 and receive:

- A complimentary private "Custom Fit" session with a Personal Trainer.
- Complete 10 workouts in your first month and earn a free month.
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session, small-group class, or special Y gear!

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COLUMN by New Canaan's Own Julie O'Brien Deasy

Four Awesome Day Trips

summer, we are catching up after the break with four featured spots attractions to visit. you can visit to get out of town and enjoy a brief day trip.

THE STAMFORD MUSEUM & NATURE CENTER

The Stamford Museum & Nature Center (SM&NC), located in North Stamford, is an art, history, nature, and agricultural sciences museum.

This 118-acre property has a number of exhibits and attractions for both children and adults. It's home to a 10-acre working farm, a Tudorstyle museum and gallery which hosts exhibitions, an interactive nature center, 80 acres of outdoor trails, an otter pond, and a large natural playground.

In addition, the property's planetarium and 4-story observatory with research telescope are currently undergoing renovations and will reopen as an 11,000 square foot facility when construction is complete.

One of the most unique features of the SM&NC is the Heckscher Farm, a 10-acre working farm which reflects New England's rural heritage through recreational and educational activities. The farm features barns, a maple sugar house, organic vegetable garden, and dozens of farm animals. Museum staff carry out daily chores to keep the farm running smoothly.

Visitors can also explore the 80 acres of nature trails on the museum property. The trails are diverse and pass through vernal pools, glacial boulders, mature forests, and maintained woodland meadows. Woods Trail #7 was added in 2006, which is universally-accessible and allows stroller and handicap access.

The Bendel Mansion Museum functions as a gallery and museum THE PEABODY MUSEUM space focusing on five main areas: the natural history of New England, American art, Native American art and culture, American history and culture, and farming implements. Notable items in the SM&NC permanent collections include totem poles from a World's fair, It reopened in March with more space, improved exhibits, and better telescopes, outdoor sculptures, farm tools, Native American artifacts, Andy Warhol and Salvador Dalí prints, vintage local pedal cars, antique Yale & Towne keys and locks, and works by Stamford artists Gutzon Borglum and Reuben Nakian.

Until September 2, the Museum's exhibit, "Under Pressure -Painting with Air," is a survey of contemporary airbrush realism. an alert gaze. Other fossilized plants and animals are grouped together About 40 works are on display, ranging in theme and style and all using airbrush, which is actually a 19th century invention.

Throughout the year, the SM&NC hosts a variety of educational programming for families and adults. This summer, these include a daily "Meet the Animals" at 3:30 pm, nighttime hikes through the nature trails, adult painting classes, and more. Check their website for a full schedule of events.

In addition, every Sunday there is a Farmers Market (with free admission) through November 3 from 10:00 am - 2:00 pm.

The SM&NC is free for members. Non-members pay an admission fee (ranging from \$10-16, depending on age). Under age 2 is free. New Canaan Library has passes to check out that will admit 4 people (2 adults and 2 children under age 18) at no charge.

Visit www.stamfordmuseum.org for a full calendar of events and more details on the museum.

KENT, CONNECTICUT Another featured spot is Kent, Connecticut.

making it an easy day trip. While many people know Kent for its famous waterfall, there are also plenty of attractions in the town itself.

One of the highlights of the Connecticut State Park Kent Falls. This state park is known for a series of waterfalls that admire. dramatically drop 250 feet in under a quarter mile.

the bottom of the falls.

A .84-mile round-trip hiking trail climbs up the entire waterfall cascade. The trail is relatively steep with several sets of stairs. Along the way are several observation platforms, allowing for places to rest, admire the views of the falls, or take pictures.

The park also features a covered bridge, picnic areas, and restrooms. Leashed dogs are allowed.

Visiting Kent Falls State Park is free for all Connecticut in-state registered vehicles, and is open every day from 8:00 am - sunset.

After you are finished with your hike up the falls, head south along Route 7 to the town of Kent. Founded in 1739, 37 years before the U.S.

Continuing our series about good local excursions to take this was officially established, Kent's main street has many restaurants and

Shops in town include the Heron Store, a gift store featuring jewelry, toys, and home goods. Foreign Cargo offers collections of clothing and jewelry from Africa and Asia. The House of Books is a loved local top of East Rock Park for a great view of the general New Haven area, bookstore that hosts special events and author visits each month. There and to visit the Soldiers & Sailors Monument, which honors men who are also several antique stores and art galleries to browse.

Kent also offers many restaurants to choose from for lunch or

The Fife and Drum recently celebrated its 50th anniversary. This cozy tavern-like restaurant is open every day except Tuesday, and also features live music Friday thru Sunday evenings.

Swyft is a modern tavern serving wood-fired, farm-driven pizzas and seasonal entrees. They work closely with local farms to source ingredients, and also have a family-friendly weekend brunch.

Wilson's by High Watch is a bakery and cafe featuring fresh, home made, and locally sourced ingredients. They are open for breakfast and lunch, and are known for baking all their own bread onsite. Wilson's also employs men and women who are recovering from substance abuse, training them in many aspects of the food and restaurant

Finally, just outside of town is Kent Falls Brewing - a small-batch brewery that makes beer from hops grown on the farm where the brewery is located. Try some locally-made beer in their tasting room, or bring a few options home with you as a souvenir.

The Peabody Museum is a natural history museum on Yale's campus that originally opened in 1866. The Museum had been closed for to create their own art inspired by the surroundings. Visitors can bring the past 4 years while it underwent a major renovation and expansion. circulation for visitors.

The first floor of the museum now features a chronological narrative of natural history

In the Burke Hall of Dinosaurs, several skeletons are now placed in more active positions with their tails in the air and heads cocked with to better illustrate the prehistoric ecosystem.

A gallery called "World of Change" covers the period between the extinction of the dinosaurs and the emergence of humans, a time when large mammals evolved. Skeletons include an early hoofed predator - a small relative of the modern horse - and a camel unearthed in Nebraska.

Finally, a third gallery on the first floor is called "The Human Footprint" explores the evolution of humans and the fate of animals September 7 from 9:30 to 10:15 am is an "Art and Agriculture" guided that went extinct due in part to human activity including the mastodon, sabertooth tiger, and the moa.

The second floor hosts a collection of historic scientific instruments like microscopes, telescopes, timepieces, and more. Other galleries are focused on science at Yale, beginning with the college's first research

The second floor is also the new home for the museum's anthropological gallery of artifacts from Egypt, Mesopotamia, Mesoamerica and the Andes, including an early cookbook, ceremonial objects, and statues.

On the third floor are several detailed dioramas featuring Kent is about an hour and fifteen minutes from New Canaan, Connecticut and North American animals and habitats, as well as the the minerals, earth and space collection, which is now dramatically set off by dim lighting and backgrounds that make the specimens easy to

The museum also includes temporary gallery space that will allow In warm weather, visitors can splash or wade in the natural pool at a variety of art and science exhibits to be changed out periodically. Currently on display is work from Mohamad Hafez, a Syrian-American artist and architect who lives in New Haven, and an exhibit focusing on perception and cognition from Yale's Wu Tsai Institute.

The renovation also made the entire museum brighter and more open - windows previously blacked out are now streaming sunlight into a resource you are looking for or something you need in our area? the galleries.

a place to rest and hang out. A giant Tylosaurus skeleton is hung from the ceiling, actively pursuing a prehistoric turtle called an Archelon. see https://peabodyevolved.yale.edu/to-build-a-mosasaur/

The Peabody is now free to visit for everyone. Timed tickets are recommended and can be reserved on the museum's website at Peabody.Yale.edu.

If you would like to extend your time in New Haven, drive up to the gave their lives in the Revolutionary War, the War of 1812, the Mexican War, and the Civil War.

New Haven is also known for its pizza, and there are several good options for a lunch or dinner: Sally's, Pepe's, and Modern Pizza are all famous (and all operating at least 70 years each!)

WEIR FARM

Weir Farm is the only National Park Service site dedicated to American painting, drawing, and art in its entirety. Weir Farm is free and open to the public.

Set on more than 60 acres of woods, fields, and waterways, Weir Farm is the former home of American Impressionist, J. Alden Weir. Weir Farm is a legacy to painting, the creative spirit, and historic

Start at the Burlingham House Visitor Center to learn about American Impressionism and the three generations of artists that inhabited Weir Farm. You can also catch the park film, Ways of Seeing; Weir Farm National Historical Park.

The Visitor Center has a collection of art on display by the Weir, Young, and Andrews family artists, as well as additional contemporary art by monthly artists in residence..

A unique feature of Weir Farm is that guests have the opportunity their own art supplies, or pick up a set of free-to-use art supplies from the visitor center. Colored pencil kits are offered Wednesday, Thursday, and Friday, and watercolor kits provided on weekends May through October. Supply is limited and is first come, first served.

Weir Farm National Historic Site is home to the Weir Preserve, a 110-acre network of hiking trails adjacent to the property. Dogs are welcome on the trails, as long as they stay on leash.

Children are invited to become a Junior Ranger, where they can complete a park scavenger hunt, and earn badges and patches for completing activities around the park. Check in at the Visitor Center for more details and to pick up materials.

Self-guided and ranger-led tours of the painting sites and grounds are available. Information is available in the Visitor Center.

Weir has several special events planned for September. On Saturday, tour which will explore the agricultural history of Weir Farm including tenant farmers, historic barns, and landscape, and the artwork inspired

On Friday, September 13 from 10:00 to 10:45 am is an "An Artists' Garden" guided tour that will feature the historic gardens whose beauty and history inspired generations of artists.

On Saturday, September 21 from 9:30 to 10:15 am is an "Exploring Stone Walls" guided tour that will examine the three different types of stone walls on the property and learn about their history.

All tours will meet at the Park sign in front of the Visitor Center - no registration required and there is no charge to attend.

Until October, Weir Farm is open every day from sunrise to sunset. "Living Lab" where visitors can meet some live animals. It also includes The Visitor Center is open Wednesday to Sunday from 10:00 am - 4:00 pm, and Studio Tours are held from Wednesday to Sunday from 11:00 am - 3:00 pm. The Visitor Center and Studio Tours are both closed on Monday and Tuesday.

> Visit www.nps.gov/wefa/index.htm for more information and details on special events.

Have you visited any of the attractions or places mentioned this summer? Please let us know your feedback!

What do you want to know about living in New Canaan? Is there We want to hear from you! Send in your ideas or queries to Julie@ In a newly opened skylit central gallery, tables and chairs provide NewCanaanSentinel.com and your question may be featured in a future





New Canaan Sentinel

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Earned Moratorium

Our editorial this week: The recent announcement by First Selectman Dionna Carlson that New Canaan has successfully secured a second moratorium from the applicability of Connecticut's State Statute 8-30g is a significant, if belated, achievement. This moratorium is not just a temporary reprieve from the often intrusive mandates of 8-30g; it is a validation of New Canaan's strategic approach to affordable housing. However, the arduous process leading to this victory underscores the need for a more cooperative relationship between the state and its municipalities in addressing affordable housing

Congratulations are in order for New Canaan. Securing this second moratorium reflects the town's commitment to controlling its development in a way that respects both its character and the need for affordable housing. But it's a hard-earned victory-one that came after a protracted and frustrating battle with state bureaucracy. The road to this moratorium was anything but smooth, highlighting systemic issues that other municipalities should note.

New Canaan initially applied for its second moratorium in July 2022, only to be denied in October of that year. The reason? An unexpected change in the state's criteria, which disallowed the town from using "holdover units" - affordable units that had been built but not counted towards the previous moratorium. This shift in policy was particularly galling given that Brookfield, another Connecticut town, had successfully used holdover units to secure its moratorium just a month earlier. The inconsistency is not only perplexing but also indicative of a lack of clear, stable guidelines from the state.

But it's a hard-earned victoryone that came after a protracted and frustrating battle with state bureaucracy.

The rejection of New Canaan's first attempt led to ongoing litigation, as the town rightly challenged the state's abrupt change in practice. Nevertheless, the town did not rest on its laurels. In February 2024, New Canaan reapplied for its second moratorium, this time excluding the contested holdover units. The town's revised application was thorough, even offering to add additional units if needed. Yet, despite the town's diligence, the state responded with a slew of questions and amendment requests, all while neglecting to inform New Canaan that the point values assigned to different housing units had changed. The result was another rejection in May 2024.

It wasn't until after Republican State Representative Tom O'Dea successfully sponsored an amendment in the May 2024 legislative session—clarifying that holdover units should indeed count toward future moratoriums—that New Canaan could reapply for the third time. This time, the town added additional affordable units created after the first moratorium. Finally, on August 19, 2024, more than two years after its initial attempt, New Canaan's second moratorium was approved.

This saga reveals much about the challenges LETTER municipalities face under 8-30g. Of the 12 towns that have sought a moratorium, six have had their applications rejected, only to secure approval after reapplying. This pattern of rejections and delays raises questions about whether the state's process is designed more to facilitate affordable housing or to enable developers to circumvent local control. The current system appears to be more developer-focused, often stalling municipalities that are genuinely trying to meet affordable housing needs.

The New Canaan model, which focuses on building 100% forever affordable projects, offers a more sustainable and locally controlled approach to affordable housing. Unlike 8-30g developments, which often feature high-density projects that can overwhelm local infrastructure and clash with the surrounding environment, New Canaan's strategy allows the town to maintain control over the location, density, and design of affordable housing. Moreover, the town-owned units remain affordable in perpetuity, rather than expiring after 40 years, as is typical under 8-30g.

Only 12 of Connecticut's 169 municipalities have ever secured a moratorium, and currently, just three towns-South Windsor, Brookfield, and now New Canaan-hold this status. The fact that more towns have not achieved moratoriums suggests a need for greater collaboration between the state and its municipalities. The state should serve as a partner, not an adversary, in these efforts, ensuring that its policies support rather than hinder the creation of affordable housing.

In the end, New Canaan's experience serves as a case study for other towns. The town's persistence in the face of bureaucratic obstacles and its innovative approach to affordable housing provide a model that other municipalities might follow. The state, for its part, should recognize the value of this approach and work to support rather than stymie such efforts. Connecticut's goal should be to increase affordable housing stock as efficiently as possible, and that requires a partnership between state and local governments that is built on trust, consistency, and shared objectives.

Editorial



"I haven't taken a day off since old media was new media."

September = Recovery + Wellness

It's National Recovery Month! While September has always ushered in my birthday along with the end of summer, this month also holds significance for me both as a person in long-term recovery, and as a professional recovery and wellness coach.

As we highlight recovery this month, we magnify the good news that substance use treatment and mental health services enable those with a mental and/or substance use disorder to live healthy and rewarding lives. Across the country, Americans celebrate and raise awareness about the positive impact recovery has not just on those who have struggled, but on their families and communities as well. In New Canaan, CT, where I live, Recovery Day being observed on September 30th.

As a coach and recovery services support specialist, I help people and families who struggle with substance use disorder and eating disorders wellness. And what's interesting

is that I am working with more and more people who are either 'sober curious' or interested in being 'alcohol free' not because they have a dependency or have experienced negative consequences, but because they are focused on wellness, their health, and overall wellbeing. Not surprising, but this past year, the WHO and other research studies have been pointing to the serious health risks of alcohol and making those more widely known to the public. Wellness is getting more airtime and grabbing people's

Alcohol is a carcinogen. Compared to women who don't drink, women who have three alcoholic drinks per week have a 15% higher risk of breast cancer. One drink daily increases the risk of breast cancer by 5-9% we hold an addiction awareness and 1 in 31 Americans die from "Alcohol is harmful to the health vigil with dozens of community breast cancer each year. For starting at very low levels." partners participating including men, drinking large amounts Last year, Tim Stockwell, by substance use disorder. schools, local store owners, of alcohol causes erectile former director of the Canadian Every day I help people step up and faith-based organizations. dysfunction and can reduce Institute for Substance Use In fact, this movement has the production of testosterone. Research, stated, "There's no and know first-hand that increased its global footprint Research published in absolute safe level of drinking. resulting in International November 2022, revealed We usually underestimate the that between 2015 and 2019, risks from alcohol because excessive alcohol use resulted we're so familiar with it." And in roughly 140,000 deaths per last fall, the W.H.O. and the year in the United States. The I.A.R.C. declared in a joint majority of those deaths were statement: "No safe amount of caused by chronic conditions alcohol consumption for cancers attributed to alcohol, such as embrace recovery and grow liver disease, cancer, and heart

One drink daily increases the risk of breast cancer by 5-9% and 1 in 31 Americans die from breast cancer each year.

the dire health consequences linked to excessive alcohol use, people often assume that it's directed at individuals who have severe alcohol use disorder. But the health risks from drinking can come from moderate consumption as well. "Risk starts to go up well below levels where people would think, 'Oh, that person has an alcohol problem," said Dr. Tim Naimi, director of the University for Substance Use Research. can be established."

Understanding the health risks of alcohol begs the

When experts talk about question, why then isn't there a warning label on the side every can of beer or every bottle of wine or spirits? As recently reported by the NY Times, the country of Ireland will in fact require labels starting in 2026, and there are nascent efforts elsewhere to add more explicit labeling about the health risks of drinking. While a warning label might be a small beginning, it's

Raising awareness about of Victoria's Canadian Institute recovery and wellness is a worthy cause. Of the 336 million people who live in America. over 200 million are impacted and into their healthy selves lives and relationships can be restored and flourish as a result recovery and turning the dial on wellness. This month let's celebrate Recovery + Wellness -they belong together and support everyone.

Stephanie Hazard, CPRS, CCIEDC, RCP www.pathtowardrecovery.com

Town Players "What's Done Is Done"

Dear Editor:

for 30 years, catch up, We've just been to "What's reminisce, argue, confess, Done Is Done" by the Town and carry on. We laughed, Players of New Canaan at the we learned, and we may have Powerhouse. We enjoyed it a shed a tear. "What's Done Is great deal. It's a simple play, with Done" will play again August 31 two characters and a simple at the Powerhouse, and there set. The writing and the acting are six other Broadway Bound held our interest for the full 70 Theater Festival 2024 new plays minutes without intermission. that will be performed at the Two people, formerly married Powerhouse between August

We laughed, we learned, and we may have shed a tear.

8 and September 1 as noted on energy and talent, inexpensive, the TPNC website calendar – lots of free parking, and you get perhaps one that we see will be home early. on Broadway. They're in New Canaan, with lots of volunteer

Peter Hanson

Town Earns State 8-30g Moratorium

of State Statute 8-30g, so that housing developers may not bypass local zoning by local zoning regulations. regulations for a four-year

percentage of housing that is legally deemed affordable is less than 10%. In those

First Selectman Dionna municipalities, the statute developers will need to abide

has earned the moratorium Statute 8-30g applies to in recognition of the number announcement, Carlson New Canaan, and it comes municipalities, including of affordable housing units said, "New Canaan has in response to the Town's New Canaan, where the built here in recent years, worked tirelessly in application delivered to the particularly the Millport and Canaan Parish apartments.

Carlson announced today allows for construction of letter to First Selectman our community. We will that the State of Connecticut housing developments that Dionna Carlson, Department continue to identify strategic Department of Housing circumvent local zoning of Housing Commissioner opportunities to add to approved the Town of New restrictions on number Selia Mosquera-Bruno said, our affordable housing Canaan's application for a of units and property "I would like to take this stock in an effort to earn Moratorium of Applicability density. With New Canaan's opportunity to thank you future moratoriums and moratorium in place, and the town of New Canaan maintain control of local for continuing to address the development." affordable housing needs in The Town of New Canaan your community."

> partnership with the New State in May 2024. Canaan Housing Authority to provide affordable

In the state's approval housing solutions for

This is the second moratorium from 8-30g In making the earned by the Town of

www.NewCanaanSentinel.com/letter-to-the-editor/

How Connecticut's Reckless Energy Policies Add to the "Housing Affordability Crisis"

By Maria Weingarten and Jan Schaefer

CT residents' and businesses all suffered quite an initial shock (no pun intended) at the magnitude of the July and August electric

Increasing costs on residents and businesses is a truly vicious cycle, because the only sustainable way to improve affordability in CT is if our state's anemic economy once again begins to thrive with better jobs and higher salaries which, in turn, create better opportunities for our residents statewide. But an economic turnaround would require a reversal from the anti-business policies of the Majority Leadership, which each session pushes more and more onerous requirements and mandates on even the smallest of businesses in CT. At least for now, the Majority Leadership is not considering a special session to address Connecticut's high energy costs or to consider any of the bipartisan solutions offered every year by the Minority party for a more strategic and sustainable energy policy that does not exacerbate these cost burdens on CT's residents & businesses.

As of May 2023, Connecticut had the third highest energy costs in the United States, and this

is before the additional "Public Benefits" charges were tacked onto residents' and business electric bills. In July, the Public Utilities Regulatory Authority (PURA), as directed by legislation, tasked Eversource and United Illuminating to start collecting reimbursements for the state's reckless four-year moratorium on electricity shut offs by pushing those costs directly onto residents' electric bills under the "Public Benefits" charge. In August, PURA voted to pass through yet another legislative cost for subsidizing EV charging stations onto the "Public Benefits" charge onto electric bills.

So how exactly does this gaslight the so-called "housing crisis" in Connecticut? These "Public Benefits" fees inflate residents' electric bills, which increases their total utility costs and inflates the Census/ACS metric of "Housing Cost Burdened" number of households. "Housing Cost Burdened" is defined as households spending greater than 30% of their income on Housing Costs; Housing Costs is the sum of Mortgage Principal + Interest or Rent, UTILITY Costs, Local Property Taxes and Insurance. This very same metric is mandated to be used by the Fair Share Study contractor, which will set the total units of "housing need" and

If Fair Share is passed this coming session, it will be the largest unfunded mandate on municipalities since education.

draft a report by Dec. 2024 and the third highest local property it's the same metric pointed out as taxes in the United States (after indicating the so-called "housing crises" in Connecticut.

The "Public Benefits" charge increases overall UTILITY costs and thereby increases CT's "Housing Cost Burdened" just as available housing supply is increasing, and as mortgage interest rates are expected to continue softening, which would have, all other things being equal, lowered housing cost burdens. Intended or unintended, political policies can and do assist in creating and exacerbating the housing "crisis". Interest rates, inflation and labor shortages might not be state policy drivers, but state income taxes, loss of earnings opportunity, outmigration of population and of businesses in CT, utility charges,

New Jersey, the only state to have enacted Fair Share decades ago, and Illinois) and the fifth highest overall state tax collection amount per capita at \$6,221 per person, make Connecticut a challenging place to afford.

Unfortunately, this is how the majority party leaders now operate, and it has only been getting worse: they are not inclusive, not collaborative and not transparent. They stack committees with self-interested, developer-funded advocates and lobbyists who will then rubber stamp the majority leaders' already preordained outcomes. They fail to consider the very foreseeable consequences of their policies: like programs that result in unfunded

Such policymaking is completely reckless and irresponsible and is regressive as it has the highest adverse impacts on the lowest income earners in CT.

Rather than focusing on workable solutions to housing on a bipartisan basis to create a sustainable and strategic energy policy that does not overburden residents and businesses, Majority Leadership is exacerbating housing cost burdens by passing the costs of their policy initiatives directly onto businesses and consumers' electric bills.

Ironically, the proposed Fair Share proposal to address affordability in CT is an unfunded mandate on municipalities to build units when the private sector does not step in to build it within state mandated deadlines. If Fair Share is passed this coming session, it will be the largest unfunded

mandates on municipalities, which effect of increasing local property raises the local property taxes on taxes as municipalities struggle to residents and businesses, and the comply with Fair Share's onerous "Public Benefits" pass-through affordable development provisions, of costs directly to residents' and infrastructure burdens and businesses' electric bills, which legal costs. As indicated above, raises housing cost burdens. increased local municipal real estate taxes have the net effect of increasing the "Housing Cost Burdened" numbers. So Fair Share public policy in attempting to solve CT's affordability problem would worsen it instead.

Have the residents of CT had affordability and pro-business enough yet? It's high time for policies to turn around CT's anemic real checks and balances with economy and coming together state leaders who will focus on creating a vibrant economy and improving affordability for ALL our residents. We need legislators that will stop listening solely to the self-interested and related party developer advocates proposing top down, onerous, and unworkable bills like Fair Share that undermine local zoning decision making, overwhelm local infrastructure, and adversely impact the environment and our state's natural resources. Most importantly, their all their "fair share" of housing feckless Fair Share policy will take CT even further away from affordability - let's not make the same mistake that New Jersey has made.

Maria Weingarten is Co-Founder, mandate on municipalities since CT169Strong and Jan Schaefer is education. It will have the net President, CT169Strong

NEWS From Page 1

New Canaan Fire Chief Albert Bassett announced the hiring of two new career firefighters, Lauren Freeland and Peter Black, both selected from the department's volunteer fire company. Freeland is the first female to join the career staff in the department's history. Both will undergo training at the Connecticut Fire Academy before starting their roles. Photo credit: Town of New Canaan.

Traffic Enforcement Boost

New Canaan police will increase speed and traffic enforcement in September as students return to school. Drivers are urged to follow speed limits, watch for children, and obey traffic laws, especially around school areas. The police aim to ensure safety and prevent accidents as traffic congestion rises with the new school year.

TOWN HALL

New Canaan Secures Zoning Moratorium

New Canaan received a four-year moratorium under Connecticut's State Statute 8-30g, preventing developers from bypassing local zoning regulations. This was granted due to recent affordable housing developments in the town.

Renew Commuter Parking Permits

New Canaan commuter parking permits expire on August 31, and renewal forms have been mailed to permit holders for the September 2024 – August 2025 period. The completed forms must be returned to the Parking Department by September 3. Online renewals are not available this year, and those who haven't received their forms should contact the Parking Department at 203-594-3040 or email stacy. miltenberg@newcanaanct.gov.

New Canaan Honors Vietnam Veterans

New Canaan, in partnership with the Office of the Lieutenant Governor, will hold a ceremony at Town Hall to honor Vietnam War veterans on September 23rd at 4 pm. The event is part of the 50th-anniversary commemoration of the Vietnam War. Vietnam veterans in New Canaan who wish to be recognized should contact Pam Flynn at Pam.flynn@ newcanaanct.gov by September 12th.

Highway Superintendent Retires



Mose Saccary is retiring after 44 years with New Canaan Public Works, where he advanced from laborer to Highway Superintendent, leading the department for 17 years. His tenure included overseeing the maintenance of the town's 125 miles of roads. Town officials acknowledged his leadership and operational expertise, noting the challenge of filling his role. Photo credit: Town of New Canaan Website.

Proposed Sale of Aquarion

Eversource Energy has proposed the sale of Aquarion Water Company, which supplies water to New Canaan. The South-Central Connecticut Regional Water Authority plans to bid for the acquisition. A public hearing was held in New Haven on August 27th which addressed concerns about potential water rate increases, regulatory changes, and tax revenue impacts.

AROUND TOWN

Potential Avalon Purchase

New Canaan is considering purchasing the Avalon New Canaan housing complex from AvalonBay as part of a potential expansion of affordable housing in the town. This follows AvalonBay's recent sale of another Connecticut property and its broader plan to exit the state market. The New Canaan Housing Authority is currently assessing the feasibility of this acquisition.

LOCAL BUSINESSES AND NONPROFITS

Silver Hill Expands Board Leadership

Silver Hill Hospital has appointed Robert Miller, Ellen Breslow Newhouse, and Ray Quinlan to its Board of Directors, increasing the board to 16 members. Susan Salice, a current member, is now vice-chair. The new appointees bring diverse experience in media, healthcare governance, and financial leadership.

Bristow Centennial

The New Canaan Land Trust and its partners are hosting a weekend of events on September 7th and 8th to celebrate bird conservation and the 100th anniversary of the Bristow Bird Sanctuary. The weekend will include speeches, musical performances, a statue unveiling, and various activities at the Bristow Bird Sanctuary. The event is free, and registration is encouraged. More information and tickets are available at https://newcanaanlandtrust.org/bristow-park-centennial/.

Upcoming Waveny Concert

The next Waveny Concert Series takes place September 4th from 7:30 to 9:30 PM on the Waveny House Lawn. The Short Bus Band will perform a range of music from the 1970's to today.

PEOPLE IN TOWN

Kate Douglass Wins Four Medals

New Canaan resident Ed Vollmer and grandfather of Olympic swimmer and Pelham native Kate Douglass, had a lot to celebrate after his grand-daughter won the gold medal in the 200 meter breaststroke at the Olympics in Paris Aug. 1, 2024. We caught up with Ed at the New Canaan Sentinel coffee at the Lapham Center on Friday morning, August 2. Ed credited Kate's parents, saying, "the parents are the amazing part because they're the ones who take them to all their meets when they're young and drive to various places. When she was in high school from Pelham, they had to drive her every day to Chelsea Pierce where she trained. You have to thank the parents for what they do. It really is great."

Congratulations to Kate Douglass (and her entire family) on her performance at the Paris Olympics, where she won another three medals for a total of four all together.

SCHOOLS

New School Nurse Supervisor

Theresa McIntosh, BSN, RN, has been appointed as the new District Nursing Supervisor for New Canaan Public Schools. McIntosh brings more than ten years of experience in public health and school nursing, having most recently served as the Senior Public Health Nurse for Greenwich Public Schools. Superintendent Dr. Bryan Luizzi noted that her expertise will benefit the district's health services. Photo credit: NCPS website.

Saxe Imposes Device Restrictions

Starting in mid-September, Saxe Middle School students will be required to lock their personal devices in Yondr pouches during the school day to minimize distractions. This decision follows a district survey showing support for limiting device use and mirrors policies in other Connecticut districts. The district will monitor the policy's implementation and consider future adjustments, particularly at the high school level.

ACROSS CT

International Day of Charity

On September 5th, the world recognizes the International Day of Charity, a day designated by the United Nations to celebrate the vital contributions of charitable organizations and individuals committed to humanitarian efforts. This observance urges communities everywhere to engage in acts of generosity and to support the essential work of charities that strive to make a difference in the lives of those in need.

OUR NEIGHBORS

Patsy's Pizzeria Opens in Greenwich

Patsy's Pizzeria has opened in Greenwich at 130 E. Putnam Ave. The restaurant, known for its New York-style thin-crust pizza, also offers a diverse menu that includes steaks, pasta, and Italian dishes. The restaurant is presently serving dinner starting at 4 pm, with future plans to extend its hours to offer lunch as well. More information available at https://patsyspizzeriagreenwich.com/

September Networking Event

Small business owners from Darien and New Canaan are invited to attend a networking event on September 11th. The event will focus on business networking and include a presentation from Stamford Hospital. The cost is \$30 per person for New Canaan Chamber members. This event will be held from 7:30-9 am at Wee Burn Country Club in Darien. Register at https://newcanaanchamber.com/2024/07/24/networkingbreakfast-with-darien-chamber/. Photo credit: New Canaan Chamber of Commerce Website.

Legal Ads

The Town of New Canaan, Connecticut

Department of Public Works

REQUEST FOR PROPOSALS

The Public Works Department of the Town of New Canaan, Connecticut, will receive sealed proposals for "Preventive Maintenance of Boiler & HVAC Systems for Town Buildings" until 10:00AM Local Time on Thursday, October 3, 2024 at the Department of Public Works Office, Town Hall, 77 Main Street, New Canaan, CT, 06840, at which time and place all proposals will be publicly opened and read aloud.

Specification documents are available at the Department of Public Works Office, Town of New Canaan, Town Hall, 77 Main Street, New Canaan, Connecticut 06840, or by calling William Oestmann, Facilities Superintendent at 203-594-3710. Specifications may also be obtained by e-mailing to william.oestmann@newcanaanct.gov.

A mandatory walk through of all locations is required and will be on Thursday September 5, 2024 at 10:00 AM beginning at the Town Hall 77 Main Street, New Canaan, Connecticut 06840.

No contractor may withdraw his proposal within 90 days after the actual date of the RFP opening. Additionally, the contract documents require the prompt commencement of the

The Town reserves the right to reject any and all proposals or any part thereof, to waive defects in the same, or to accept any proposal or any part thereof deemed to be in the best interest of the Town of New Canaan, Connecticut.

All contractors are requested to note that the award of this Contract is subject to the following conditions and contingencies:

- The approval of such governmental agencies as may be required by law. 1)
 - The appropriation of adequate funds by the proper agencies.

TIGER MANN DIRECTOR OF PUBLIC WORKS TOWN OF NEW CANAAN, CONNECTICUT

The Town of New Canaan, Connecticut

Department of Public Work

REQUEST FOR PROPOSALS

The Public Works Department of the Town of New Canaan, Connecticut, will receive sealed proposals for "CLEANING SERVICES FOR TOWN BUILDINGS" until 10:00AM Local Time on Thursday, October 10, 2024 at the Town Hall Department of Public Works Office, 77 Main Street, New Canaan, CT, 06840, at which time and place all proposals will be publicly opened and read aloud..

Specification documents are available at the Department of Public Works Office, Town of New Canaan, 77 Main Street, New Canaan, Connecticut 06840, or by calling William Oestmann, Facilities Superintendent at 203-594-3710. Specifications may also be obtained by e-mailing to william.oestmann@newcanaanct.gov. A mandatory walk through of all locations is required and will be on Thursday September 12, 2024 at 10:00 AM beginning at the Town Hall 77 Main Street, New Canaan, Connecticut 06840.

No contractor may withdraw his proposal within 90 days after the actual date of the RFP opening. Additionally, the contract documents will require the prompt commencement of the cleaning services as scheduled.

The Town reserves the right to reject any and all proposals or any part thereof, to waive defects in the same, or to accept any proposal or any part thereof deemed to be in the best interest of the Town of New Canaan, Connecticut.

All contractors are requested to note that the award of this Contract is subject to the following conditions and contingencies:

- The approval of such governmental agencies as may be required by law.
- The appropriation of adequate funds by the proper agencies.

TIGER MANN DIRECTOR OF PUBLIC WORKS TOWN OF NEW CANAAN, CONNECTICUT

Worship Directory and Services

UPDATE SERVICES AND ADD SPECIAL EVENTS TO THIS CALENDAR AT www.NewCanaanSentinel.com/worship-calendar-updates

Church of Jesus Christ of Latter Day Saints

682 South Avenue 203.966.5849 www.ComeUntoChrist.org Sunday Service: 12:00 PM

Congregational Church

23 Park Street 203.966.2651 office@godsacre.org www.godsacre.org

Sunday Services: 8:00 AM and 10:00 AM. The 10:00 am service is also live streamed and recorded, the video replay will be available throughout the week. Church School is available on Sundays for children ages 3 through 7th grade each Sunday from September through mid-June.

Recurring Events:

Tuesdays at 9:30 AM: Women's Bible Study Wednesdays at 9:30 AM: Bible Study Fourth Thursday from 12-2:30 PM: Meet at the Open Door Shelter in Norwalk to serve a meal. Saturdays at 9:45 AM: From now until September 1st,

the church offer a simple refreshment of lemonade and a sweet treat, which can be enjoyed on the lawn after worship. For more information please contact laurel@ godsacre.org.

Sundays at 9:45 AM: Summer Fellowship time will take place after the 9:00am service and will include lemonade and a light snack provided by the host.

Upcoming Events:

September 8th at 11 AM: Fellowship Kickoff Brunch

September 28th from 6-9 PM: The Garners and the Fellowship Ministry invite you to a classic Memphis BBQ with all the fixings. Enjoy a fabulous meal, seasonal brew tasting, and s'mores by the firepit as you reunite with church friends or make new ones. \$30/person. Register at https://godsacre.ccbchurch. com/goto/forms/213/responses/new by 9/22.

First Church of Christ, Scientist 49 Park Street 203.966.0293

christiansciencect.org/newcanaan

Sunday 10:30 AM, in person only. Sunday School is available during Sunday Service and is open to children and young people up to the age of 20. There is also childcare available for children too young for Sunday

Wednesday Testimony Meeting: 1st Wednesday of each month, join by zoom or by phone 646 558 8656. Reading Room Hours: Open Mondays 11-2, Call to confirm hours 203-966-0293. All are welcome to the Sunday and Wednesday services, Sunday School, and the reading room.

First Presbyterian Church

178 Oenoke Ridge Road 203.966.0002 fpcnc.org

Sunday Service: 10am in person or via LocalLive. All are welcome. Coffee Hour after the service is also available in person or via Zoom. Dedicated childcare is available for all children via Wee Care Nanny Agency from 8:45-11:30am in the Nursery School. Transcripts of previous sermons are also available via the First Presbyterian Church of New Canaan's website. Recurring Events: Every Saturday 9:15am (closed) and 10:30am (open): Alcoholics Anonymous. Every Tuesday 8pm: Men's A.A.

Third Wednesday from 6-7:30 PM: Wednesdays at the Well are intergenerational opportunities to learn and grow in faith together. Dinner will be served and all ages are invited.

Upcoming Events:

September 8th at 11:30 AM: Rally Day Picnic. Join FPC for food, followship, and fun following their 10 AM worship service.

September 21st from 1:30-4:30 PM and September 22nd from 10 AM -1:30 PM: Professor Root examines what living in a secular age does to congregational life and how the church can find new footing within it.

Saint Aloysius Roman Catholic Church

21 Cherry Street 203.966.0020

www.starcc.com

Service Schedule:

Saturday: Vigil for Sunday 5:00 p.m. Sunday: 7:00 a.m., 8:30 a.m. 10:00 a.m., 11:30 a.m. and 5:00 p.m. The Sunday 8:30 a.m. Mass is live-streamed, recorded.

Monday-Friday: 7:00 am and 5:30 pm

Saturday: 7:00 am

Recurring Events:

Last Monday of every month 7pm: Women's Praise & **Worship Holy Hour**

Wednesdays 8:30-9:15am: Rosary Walkers, informal group gathering together to walk in town and pray the Rosary. Contact youth@starcc.com or maryann@themanks.com with any questions.

Fridays 7:30am-6pm: Eucharistic Adoration (September-June)

Saturday 8:30am: St. A's Healing Rosary Prayer Group

St. Mark's Episcopal Church

111 Oenoke Ridge 203.966.4515 churchoffice@stmarksnewcanaan.org

www.stmarksnewcanaan.org

Sunday Services: 8:00am: Indoor Holy Eucharist Rite I; 9:00am: Outdoor Holy Eucharist Rite II; 10am: Indoor Holy Eucharist Rite II (Live Stream also available on the St. Mark's website). Coffee Hour follows the 10am service. Church School during the 10am service: Godly Play for children in kindergarten through second grade; Holy Moly for third and fourth grades; Meet in the Middle for fifth, sixth and seventh grades. Professional childcare is offered for children ages four and under. Families with children who are not yet ready to separate for childcare are invited to use the rocking chairs at the rear of the chapel. Weekday Services: Monday-Friday, 8:30am: Morning PrayerRite II by Zoom.

Wednesday at 12:05pm: Noonday Eucharist in the chapel.

Recurring Events:

Mondays & Tuesdays at 12pm: Alcoholics Anonymous First Wednesday at 1pm: Laundry Love volunteering opportunity to come alongside people who are struggling financially by assisting them with their laundry. First & Third Wednesdays from 6-7:30pm: Youth Group Wednesday 10am: Women's Alcoholics Anonymous

St. Michael's Lutheran Church

5 Oenoke Ridge 203.966.3913 office@stmichaelslutheran.org www.stmichaelslutheran.org

Sunday Service at 10:00 am. Following the service there is coffee, cookies and conversation' in the Fellowship Hall.

> **Recurring Events:** Thursday 12 PM: Alcoholics Anonymous

Trinity Church New Canaan | Darien

468 South Avenue 203.618.0808 info@trinitychurch.life www.trinitychurch.life

Join us **Sundays at 11:00 am** in the Saxe Middle School auditorium for lively worship, thoughtful and applicable teaching, weekly Communion, and an opportunity to make friends and grow in community. Trinity Kids (infants through fifth grade) and Trinity Youth (middle and high schoolers) take place during the service, and coffee and refreshments are served following worship. Trinity also holds services in-person in Greenwich and Larchmont, and on livestream via YouTube on Sundays at 9:45 a.m.; learn more at www. trinitychurch.life.

Recurring Events:

Sundays at 10:30 AM: Pre-service prayer in Saxe Auditorium. Spend time in listening prayer, pray for those teaching, and seek the Lord prior to our worship service.

Third Saturday from 8-10 AM: Join for a homemade breakfast held at the Ministry Center, 5 River Road in Greenwich. For more information visit https:// trinitychurchlife.churchcenter.com/registrations/ events/2168146

United Methodist Church

165 South Avenue 203.966.2666 office@umcofnewcanaan.org www.umcofnewcanaan.org

Sunday Service is at 10:00 am followed by coffee and conversation during Fellowship Time. Sunday School is available during Sunday Service. All are welcome.

Community Baptist Church

174 Cherry Street 203.966.0711 cbcnewcanaan@gmail.com https://www.youtube.com/channel/ UCoZ2UNa8aHI3O_Syp_X0KDg Facebook: https://www.facebook.com/CBCNewCanaan/ Sunday School at 10:00am

> Worship Service at 11:00am Live Facebook Broadcast 11:30 am

Upcoming Events:

September 15th at 3PM: Women's Day. The theme will be "Fortifying Our Winning Posture" with Kim Bianca **Burgess.**

September 19th at 6 PM: Juneteenth in September. A special fundraising event to celebrate progress and hope and raise awareness of mental health challenges in minority communities. Sponsored by Silver Hill Hospital honoring Juneteenth of Fairfield County.

Grace Community Church

365 Lukes Wood Rd 203.966.7600 info@gracecommunity.info www.gracecommunity.info

Sunday Morning Worship Service at 9:30am We invite you and your family to join us in the Sanctuary at Grace Farms for our contemporary worship service with a culturally relevant message from Senior Pastor Cliffe Knechtle. Nursery care and Sunday school/teen programming is available for babies through 12th grade. Stay afterward to catch up with friends and enjoy coffee and bagels in the Commons.

Wednesday Evening Service & High School Club at **6:00 pm:** Join us for a weekly gathering on Wednesday evenings from 6-7pm. All are invited to meet in the West Barn Hall with Assistant Pastor Stuart Knechtle leading discussions on the Christian life including how to grapple with tough questions about faith, emotional well-being and spiritual discipleship. Concurrently, Youth Pastor Rob will meet with high school students in the Court for midweek club to hang out with friends and talk about navigating the waves of everyday life.

Saturdays at 10am: Men's Bible Study

Upcoming Events:

September 13-15th: Women's Conference. Donna Buhl invites you to join women from Grace this fall at Camp of the Woods in Speculator, New York to enjoy a wonderful weekend with national speakers. Prices vary by accommodations. To RSVP contact Donnamariebuhl@gmail.com or visit https://www. camp-of-the-woods.org/womens-conference?mc_ cid=c9e231738d&mc_eid=UNIQID

Talmadge Hill Community Church 870 Hollow Tree Ridge Road; Darien, CT 203.966.2314

www.talmadgehill.org talmadgehillchurch@gmail.com

Ministers: Rev. Carter Via and Rev. Cheryl Bundy Sunday worship service at 10:00am in person. All are welcome! We encourage everyone to stay for coffee hour after the service. Sunday School is every Sunday during the service and uses the Godly Play curriculum. Please reach out with any questions utilizing information listed above!

Recurring Events: Thursdays at 9:30am: Bible Study First Saturday at 8am: Men's Group Second Saturday at 10am: Women's Circle

Chabad New Canaan Jewish Center 137 Putnam Rd www.newcanaanjewish.org info@chabadnewcanaan.org

The Chabad New Canaan Jewish Center is dedicated to strengthening and building the New Canaan Jewish Community by offering local Jewish resources that bring more positivity, Jewish education, charitable activity, good deeds and blessing to our lovely town.

We are about Judaism, not affiliation. Regardless of your background, and however you choose to define your level of Jewish observance or identity, the Chabad New Canaan Jewish Center can add spirituality, joy, study, community and connection for you and your family. The programs of the Chabad New Canaan Jewish Center are held in various locations, all located in New Canaan.

> Temple Sinai (Reform Synagogue) 458 Lakeside Drive; Stamford, CT 06903 203.322.1649

> > www.templesinaistamford.org **Service Schedule:**

1st, 3rd & 5th Friday – 6pm in person and via zoom 2nd & 4th - 7:30pm

Recurring Events: Fridays at 12 PM: Torah Study Second Saturday at 10:30 AM: Mussar First and Third Fridays at 5:30 PM: Shabbat Service for Families with Young Children First Saturday at 8 AM: Avodat Halev Discussion Group

Upcoming Events:

September 8th at 11:30 AM-1 PM: Annual Smokin' BBQ. Register at https://www.templesinaistamford. org/event/welcome-back-smokin-bbq2.html

Temple Sholom

300 E. Putnam Ave. Greenwich, CT 06830 203-869-7191

www.templesholom.com

Services: In-person and virtual Friday night Shabbat services, 6:30pm & Saturday morning Shabbat services, 10:30am.

Recurring Events:

Saturdays at 9 AM: Shabbat Study via zoom at https:// zoom.us/j/94358392426?pwd=bFJQem9HWFcxU0EzZUM 2VENEZmgyUT09#success

A Prayer for Our Children



Happy Dog Days of Summer, everyone! It's that funny transitional season when the air conditioner's still kicking on and some days are perfect for the beach or pool, but stores are full of pumpkins and – as of vesterday in New Canaan - most kids are back in school. It's not officially autumn, but it feels like the end of summer nonetheless. And, at least for our kids, it's the start of a new year. And with a new year come new hopes, new worries, new dreams, and new fears.

Last Sunday, a number

pray for all the students returning to school this week. It was encouraging to pray as a congregation knowing that we were praying in unity with so many others who love our kids and want to see them thrive this year. And, of course, it was a reminder that we need to continually pray for the children and youth of our community.

One beautiful way to do that is to pray Scripture with our kids in mind. For example, we read in Psalm 28:7 that "The Lord is my strength and my shield; in him my heart trusts, and I am helped." We can in turn pray, "Lord, please be my children's strength and shield. Please allow their hearts to trust in you, and be their help." Or in John 14, Jesus says to his disciples "Peace I leave with you; my peace I give to you. Not as the world gives do I give to you. Let not of churches in New Canaan your hearts be troubled, neither

We need to continually pray for the children and youth of our community. One beautiful way to do that is to pray Scripture with our kids in mind.

let them be afraid." In response and guide you in your prayers, I'd and in faith, we can pray, "Lord, fill our students with a peace that is not dependent on the things around them in the world. Let not their hearts be troubled, neither let them be afraid, no matter what they face or what burdens they

love to share the prayers for last Sunday written by Sarah Dugal, the Young Life Area Director in New Canaan. (Young Life is a faith based non-profit organization that brings caring, compassionate adults into the lives of middle and high schoolers to reinforce that As another way to encourage they matter, create approachable

spaces to explore faith, and model so fully that it overflows to others these out and put them on your fridge, or stick them in your Bible or journal as a reminder to pray for all the children and youth in our community:

teachers, coaches, and peers. May we be part of creating in them an unshakable sense of belonging.

Prayer for Mattering: We pray that, as students discover, practice & hone their many gifts, skills & abilities, they would know that their value is far greater than their accomplishments. May we be a part of communicating to students that they matter unconditionally.

Prayer for Love: We pray that students would come to know and experience Your great love for them. May Your love fill them

servant leadership.) Maybe cut in their kindness, gentleness, and compassion, transforming our community to look more like your kingdom.

Prayer for Mental Health: We pray for the mental health Prayer for Belonging: We of our students. For students pray that students would feel experiencing anxiety, depression, welcomed and included in our or any form of despair, we pray school communities by their that You would use our many community resources to bring them support, comfort, and lasting peace.

> Prayer for Safety: In a world where heartbreaking violence is far too common, we pray for physical protection of our students. May You go before them, behind them, and with them, keeping them safe throughout their school days

Meg Newton is the associate pastor of Trinity Church in New



MADELEINE MUELLER

Darien artist Madeleine Mueller passed away on August 22 at Waveny Care Center in New Canaan. She was 93.

Born on September 22, 1930 in New York City and raised in Garden City, N.Y., she was the daughter of John and Madeleine Caldwell.

Madeleine's vivid and realistic and somewhat impressionistic oil paintings of local scenes have been sold throughout Fairfield county, and she was published in American Artist magazine.

An artist of many mediums, Madeleine began a journalism career working for a trade magazine, then transitioned to writing copy for WSTC radio station in Stamford. In her sixties, she wrote play reviews for The Norwalk Hour.

Madeleine was most at home when by the sea. A video clip filmed of her at age 89 shows her swimming freestyle and in harmony with the water on a sunny summer day. A voice can be heard in the background referring to her as, "the Esther Williams of Weed Beach."

Madeleine was predeceased by her husband Walter Mueller, son John Mueller, and sister, Janet Irwin. She is survived by daughter Jeanne and her husband Frank Siviski of Albion, ME, nephew Marc Fragale and his wife Alison Fragale of Leonardo, NJ, niece Laurie Lusardo and husband Dean Lusardo of New Canaan, CT, and extended family and loved ones.

Mass of a Christian burial will be celebrated at St. Bridget of Ireland in Stamford on Saturday, August 31 at 11:00 a.m. Burial will occur at a later date at St. John's Cemetery, Middle Village, N.Y.



RUTH GUTT

Ruth Ann Gutt died peacefully in her home in New Canaan, CT on August 20 at the age of 96. Ruth is survived by her five children, Marla, Mark, Karen, Christian, Thomas; their wives Lisa, Pascale and Cydny; her grandchildren Valentine, Louise, Elyssa, Lilah; and her greatgranddaughter Maïa.

Ruth was born in Pittsburgh Pennsylvania on February 17,1928, where she began her lifelong love of nature. In third grade she was selected to take an art course at Carnegie Mellon.

She served as a First Lieutenant Air Force nurse in Tripoli and was selected to serve the Queen of Libya. There she also met the love of her life, Edwin Frank Gutt, an Air Force pilot and later the Administrative Officer for New Canaan, CT. Ed wooed her with fresh strawberries and cream flown in from France, then on their second date gave Ruth her first set of oil paints. Ed and Ruth enjoyed a long happy marriage of 55 years. Their romantic beginnings are beautifully evoked in her memoir titled Will the Real World Please Stand Up, which she wrote in 1970 in between painting, sculpting, and raising five kids. She created over 70

sculptures and many watercolors, oils, and pastels. She studied at St. Louis University, Munson Williams Proctor Institute, Ecole de Beaux Arts, and the Silvermine Guild School of the Arts. She went to Egypt to see the Pyramids and attended an art and architecture course in Florence, Italy. She sold many pieces locally and won countless prizes, including being awarded "Best in

She said "My art is a search, a meditation, an affirmation of life. Through these alabaster stones, I have learned to use the rhythms and balances of nature to shape timeless universal forms."

She became a dog handler for her beloved Australian Terrier, Champion Dante, who also won many ribbons, enough to compete in the Westminster Dog

She raised five children with great love and devotion, giving them each an emblematic gift to guide them to develop their unique individual lives.

Ruth modeled the value of care and reciprocity. She fostered many friendships and cared deeply for all the people in her life. She often said, "I don't worry" and "Just laugh!" All who were lucky to know her will carry on her message of love, compassion, kindness, and joy.

A memorial service will be held at Saint Aloysius Church, 21 Cherry Street, New Canaan, CT on Saturday August 31 at 10:00 a.m. Afterwards friends are welcome to bring a chair and a simple picnic to gather at Waveny Park near the fitness area adjacent to the main road. For enquiries about her art, please email Karen at chopsycab@gmail.com.



FREDERICK HOVEY

Frederick Arnold Hovey, known fondly to all he met as Fritz, passed away peacefully on August 14 at home in New Canaan, CT, with his beloved wife, Ann, by his side. He was 86 years old.

Fritz was born and raised in Geneva, New York the son of Norman (Ted) and Frieda Keeney Hovey.

Growing up in Geneva, Fritz at times worked for his Uncle H.E. Hovey's Market Basket grocery chain, and shared many stories of quirky customers, odd deliveries, and colorful coworkers in the organization.

After graduating from Milwaukee School of Engineering, Fritz enjoyed a long, successful career as an electrical engineer, starting at Westinghouse and ultimately spending three decades with Sylvania/ Philips Electronics. His engaging, affable personality was in demand with his sales and marketing partners with whom he took many trips to meet with customers across Asia. Fritz was the engineer they

needed to help close the deal. Fritz and Ann raised their two children, Richard (Rick) and Elizabeth (Liza) in Geneva, N.Y. In 1989 they moved to Ann Arbor, Michigan, where they became diehard fans of the University of Michigan, attending every hockey, football and basketball game they could, while savoring the many lifestyle delights provided by that city. Upon their return to Geneva in 2000, they enjoyed retirement with a wonderful, close-knit group of friends that felt like family. In 2022 they relocated to New Canaan in order to spend more time with their grandchildren.

Fritz is survived by his loving wife of 59 years, Ann Smith Hovey; his daughter Liza (Marc) Laibe; and his grandsons, John "Jack" and Frederick "Fritz" Laibe.

He was predeceased by his parents; his brother, Daniel (Dan); and his son, Richard

A memorial celebration will be held at a future date in Geneva.



ROBERTA CHAPDELAINE

Roberta Bertolf Chapdelaine (aka Bobby) passed away peacefully at 93 years of age on Sunday, August 4.

Bobby was born on November 22, 1930, to August Carl and Florence (Hillis) Bertolf in Greenwich, CT.

She attended Choate Rosemary Hall and Briarcliff Manor. Bobby was a dedicated Executive Assistant for many years to the Presidents of both Barnes Engineering (Stamford, CT) and Baldwin Technology Corp (Stamford, CT). Her strong work ethic and financial providence allowed her to be self-supporting throughout her long life, of which she was

Until recent years, she was a lifelong resident of her beloved Connecticut, growing up in Greenwich, raising her family in New Canaan, sailing Long Island Sound and spending time at her family residence on Bantam Lake. Bobby was a great lover of the outdoors - particularly water sports such as sailing, fishing, water skiing, and swimming (she liked to brag that she swam across Bantam Lake as a young girl to prove to her parents she didn't need a lifejacket). She lovingly shared and imbued her children and grandchildren with the same zest for the outdoors, sports and fun.

She was predeceased by her parents; her sister Elizabeth, and her former husband and friend Edward. She is survived by her three sons, Edward Jr. (Maria), Robert (Diana), and William (Kimberly); nine grandchildren, Robert Jr. (Stephanie), Natalie, Weatherly (Michael Marvin), Katherine (Dilan Tompkins), William Jr. (Sarah), Victoria (Steven Honeyman), Aimee (William Mason), Sarah (Austin Nuttall), and Alexandra; and eight great-grandchildren, Hillis, Madeleine, William III, Charlie, Poppy, Lando, Ellie and Mary Catherine.

Bobby was a devoted mother, daughter, sister, grandmother, great-grandmother and the truest of friends. She will be deeply missed, and remain in her family's hearts and blood forever.

The family suggests that donations, in lieu of flowers, may be made to Staying Put in New Canaan (stayingputnc.org)



GEORGETTE FERRANTE

Georgette Davis Ferrante "Gette" passed away peacefully on August 2 surrounded by her children. Born in January 1933 in New York City to Philip and Beverly Davis, she grew up in Greenwich,

As the only girl in her family, including nearby cousins, she was doted on and beloved by them all. Then tragedy struck her family with the death of her older brother to leukemia when she was just 14, and right after WWII when the world

was reeling from so many deaths and senseless destruction. Perhaps this was why she became a peacemaker with a lifelong conviction that war and conflict were idiotic and mostly perpetrated by men. Avant-garde as her parents were, she called them by name, "Mig" and "Phil." Her mother was of southern roots in a large fun-loving family. Her father was one of two close but competitive brothers. Gette made a mental note early on that lots of children were better than few.

She was an equestrian, an avid reader, and a wonderful student. She went to Abbot Academy in Andover, MA, and college at Bryn Mawr where she made lifelong friends, one with whom she spent her junior year in Florence. She then left school to marry Giovanni Ferrante di Ruffano, with whom she moved to Pampa, TX and Dugway, UT before settling in Kingston, NJ. They quickly had seven children in nine years, an achievement of which she was very proud and always said she wanted more. She was the center of a supportive, welcoming home for all of her children's friends, and the house was always full. She had a way of making everyone feel special and relevant. Several of those Princeton friends attended her 90th birthday celebration last year in CT.

Following her divorce in 1978, she had regretted not finishing college, and so completed her degree at Rutgers with highest honors. She was fluent in three languages. She was a lifelong feminist and an example to all of cheerful, critical thinking and quiet skepticism. Conversation with her was always easy and delightful, enhanced by her willingness to engage on any topic and her amazing memory and knowledge of current and past events in the world and in her family. She seemed to have up to the minute information on the doings of each of her 19 grandchildren and 11 greatgrandchildren when their own parents had difficulty keeping them straight. She was an adroit record keeper and meticulously documented her family history through scrapbooking and video recordings that our family will cherish forever. In that same vein, despite near blindness, she hand wrote 600 pages of her reflections titled "Stuff I Think About," to pass on to future generations.

Her final years were happily spent at Waveny Inn in New Canaan, CT, where she established and led the current events discussion group, and participated in book group, writing group, a French discussion and poetry group, and was appointed to greet new and prospective residents. She is already missed by all who knew and loved

In addition to her grandchildren and great-grandchildren, she is survived by her children: Giaff (Alison), Cam (Liz McGrath), Gray (Dee Harris), Francesca Segalas, Catherine Tapsall (Mark Loehr), Virginia Ferrante-Iqbal (Manzar Iqbal), and Philip (Pamela), residing in Hingham, Albuquerque, Princeton, New Canaan, Old Greenwich, Nashville and Scottsdale.

Burial will be in her mother's family plot in Yazoo City, MS. There will be a celebration of her life for family and friends on a date to be announced.

If you would like to honor Gette's memory, please consider a donation to NPR and voting!

in time of daffodils (who know the goal of living is to grow) forgetting why, remember how in time of lilacs who proclaim the aim of waking is to dream, remember so (forgetting seem) in time of roses(who amaze our now and here with paradise) forgetting if, remember yes in time of all sweet things beyond whatever mind may comprehend, remember seek (forgetting find) and in a mystery to be (when time from time shall set us free) forgetting me, remember me

-ee cummings



ROBERT LOGIE 1963 - 2024

Robert (Scott) Logie passed away peacefully on July 28 in Toronto, surrounded by his loving family. Scott was born and raised in North Toronto, where he attended Upper Canada College for seven years before graduating in 1981. Scott's time at UCC was marked by his lifelong friendships and standout performance on the ice hockey team, as well as his capture of the Logie Medal for Athlete of the Year (which he assured his children had nothing

to do with his last name). Scott made the decision to move to the US to attend Yale University, where he played on the Men's Ice Hockey team. It was here that Scott pursued his interest in economics, became a part of his cherished friend group, The Tribe, and met his wife, Liz. After graduating in 1985, Scott and Liz moved to New York City, where he began his career on Wall Street and they started

As a father of three, Scott spent his weekends cheering on all three children in their various extracurriculars. He coached youth ice hockey teams and tied hundreds of skates; he went to Father's Day brunches at school and honed his skills as a grill master; he drove to every lacrosse field in the Tri-state area and spent hours at horseshows waiting to watch one round of

Scott and Liz ensured that their children had access to the best education possible through their years at NCCS, Deerfield and their various world travels. Scott was incredibly proud of his children's accomplishments both on the field and in the classroom.

An avid sportsman his entire life, Scott stayed active through the New Canaan Winter Club men's hockey league and his love of cycling. He participated for multiple years in the Pan-Mass Challenge on Team Velominati, raising money for the Dana-Farber Cancer Institute. Scott was known affectionately as "Tip Of The Spear", and spent many hours on the roads of Connecticut with his "riding buddies", which brought him great joy.

Scott was diagnosed with pancreatic cancer in the summer of 2023, and spent over a year battling the disease with tremendous courage, optimism and grace. His fight was a true testament to the toughness that had always defined his athletic endeavors, and one of his favorite mantras, "the legs feed the wolf!". His family's endless thanks and appreciation go out to both the teams at Norwalk Hospital and Toronto General Hospital for their incredible kindness and care of Scott.

Scott is survived by his beloved children, sons, Jackson and Emerson of New York, NY, and daughter, Ryan, of San Francisco, CA. He is also survived by his father, Robin Logie (Jane), sister, Ann-Louise Logie (Cliff), and brother, Sandy Logie (Tania), all of Toronto. He was predeceased by his mother, Mary Elizabeth. Scott will be remembered by all those whose lives he touched with his sense of adventure and passion, his large stature and gentleness, as well as the love and fun he brought to everything he did.

A Celebration of Life will take place in Toronto in September, and arrangements for local Celebration of Life are being made for a later date. Donations in Scott's memory can be made to either the Pan-Mass Challenge supporting Team Velominati (Pan-Mass Challenge, Scott Logie, 77 4th Avenue, Needham, MA 02494) or to Project Purple (Project Purple, PO Box 884 Seymour, CT 06483).



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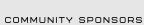






















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ingredients, up from 8%.

does not cause the flu.

of COVID, up from 6% in earlier

agree that the seasonal flu vaccine

pro-vaccine advocates that

unvaccinated adults accounted

for an estimated 232,000 vaccine-

preventable COVID-related

deaths in the U.S. from May 2021

to vaccination remains strong.

Further complicating matters,

cardiovascular complications

associated with SARS-CoV-2

infection are common, leading to

significant morbidity in chronic

cases that affect quality of life and

health outcomes. According to

the National Institutes of Health

(NIH), individuals recovering

from COVID may face an

increased risk of myocarditis,

dysrhythmia, pericarditis,

ischemic heart disease, heart

Key points from NIH

Cardiovascular

The underlying biological

• No singular treatment has

complications are prevalent

following acute and post-acute

mechanisms remain poorly

been identified for post-COVID

established guidelines for specific

cardiovascular conditions should

is recommended for eligible

realm-especially social media-

has added layers of complexity, serving as both a platform for

accurate information and a

• Cardiac rehabilitation

In this context, the digital

failure, and thromboembolism.

underscore the urgency:

understood and complex.

COVID infection.

be followed.

individuals.

• Only half of respondents

Despite warnings from



BY RUSSELL BARKSDALE, JR.

The Hippocratic Oath, a time-honored pledge among physicians, extends beyond the commitment to "first do no harm." Its essence, encapsulated in the Latin phrase "primum non nocere," underscores the ethical foundation of medical practice, emphasizing the imperative to avoid harm and reject intentional wrongdoing.

However, this principle has recently been appropriated by some anti-vaccine advocates, including individuals who profess to be medical professionals or biomedical scientists. Concerns regarding vaccine safety and efficacy are not new; they predate the COVID pandemic, harking back to discredited claims that linked vaccines for measles, mumps, and rubella to autism. Alarmingly, a national survey has found that 12% of Americans now believe that mRNA COVID vaccines could cause cancer, a notable increase from 9% a year earlier.

This growing skepticism is exacerbated by reports of adverse vaccine reactions. particularly severe allergic responses associated with COVID vaccinations, which further fuel public hesitance. Such doubts could impede vaccination rates, potentially increasing the risk of serious illness and mortality and threatening public health, especially as disease outbreaks loom.

Recent public opinion surveys reveal a concerning trend regarding public confidence in vaccinations:

- Only 63% of respondents believe that the COVID vaccine is safer than the virus itself, down from 75% in April 2021.
- The percentage of individuals attributing rising autism cases to increased vaccine administration has climbed from
- While 67% of people report a return to pre-pandemic normalcy,

75% indicate that they rarely or

Concerns regarding vaccine safety

and efficacy are not new; they predate the COVID pandemic, harking back to discredited claims that linked vaccines for measles, mumps, and rubella to autism.

The latest statistics from • Over 10% of respondents the Centers for Disease Control suspect vaccines contain toxic and Prevention (CDC) reveal an 18.1% COVID test positivity rate • Nine percent erroneously as of the week ending August 10, think flu shots increase the risk 2024, marking the highest level since January 2022. Concurrently, wastewater surveillance data indicates "very high" levels of viral activity nationwide, suggesting

that real positivity rates may be

even higher. As respiratory virus season approaches, the Department of Health and Human Services has initiated a public education campaign focused on common to September 2022, resistance respiratory illnesses and the vaccines available for flu, COVID, and respiratory syncytial virus (RSV). The CDC now recommends that everyone aged six months and older receive an updated COVID vaccine for the 2024-2025 season, with a particular emphasis on booster shots for seniors aged 65 and older due to emerging new variants.

While an impressive 93% of seniors have received at least two doses of the COVID vaccine, compliance among healthcare professionals is surprisingly low. Given the substantial medical literature underscoring the efficacy and safety of vaccines, these numbers should raise alarms. Healthcare workers. having seen firsthand the benefits of vaccination-like reduced symptom severity in vaccinated patients-must urgently advocate for these preventive measures.

To shift the culture of cardiovascular disease; thus, vaccination from hesitation to acceptance, healthcare providers must emerge as credible advocates. With the risk of rising infection rates during holiday and travel seasons, the stakes could not be higher-the health of our communities hangs in the

Russell R. Barksdale, Jr., PhD., MPA/MHA, FACHE is President and CEO of Waveny LifeCare Network



SPORTS

East Coast Open opener at the Greenwich Polo Club a thriller



Smithfield (white jerseys) battles against Escape Aviation to win Sunday's thrilling opening East Coast Open match at the Greenwich Polo Club that was held in front of a sold-out crowd of more than 4,000 people. (Photo courtesy of Claudia Suica)

BY LIZ LEAMY

Last Sunday, more than 4,000 spectators convened at the Greenwich Polo Club to watch the thrilling kickoff match of the 2024 East Coast Open in which Smithfield, the formidable high-goal team who trains at the Mashomack Polo Club in Dutchess County, New York, edged out Escape Aviation, the fierce high-goal contingent based out of Manhattan, 12-11.

Much to the excitement of the crowd and virtually everyone else on hand at this storied site on this glorious Sunday August afternoon, this high-octane battle was all about these two mighty contingents, along their powerful army of ponies, flying up, down and around the massive Conyers Farm field at speeds of more than 40 miles an hour knocking in goals with the intention of clinching an all-important victory in the first round of this venerable annual polo

players, Facundo (Polito) Pieres, the Greenwich Polo Club." illustrious Argentinian nine-goaler, along with Joaquin Panelo, the electric Argentinian six-goaler who was named Most Valuable Player of the match, Manuel Villamil and John Klopp, wound up at the top of the leaderboard.

"They [Escape Aviation] are a strong team and I think this was a very good start," said Panelo, a renowned marquee player at the Greenwich Polo Club. "The key was to stay focused and keep our heads

His teammates concurred.

Pieres. "The focus was on working together and riding the horses to find our rhythm."

Meanwhile, Escape Aviation, whose team roster featured Max Gundlach, Peke Gonzales, Ezekiel Martinez (Wayne) Ferrario and Felipe Miguens, put up a fierce remarkable display of speed, fluidity and playing expertise.

Clearly, the gold standard of this match was very much appreciated by those there in attendance, as all of the athletes, both human and equine, on both teams maneuvered around the field with veritable tenacity, power and command.

"This has been one of the best games I've ever seen," said John Davis of New York City, a polo devotee who has been attending matches at the Greenwich Polo Club for numerous seasons. "The whole atmosphere is so high-charged In the end, Smithfield, featuring and it's always wonderful to watch one of the sport's highest-rated the East Coast Open here at the

Others agreed.

"This has been an amazing match to watch. These teams are so powerful and fast," said Cindy Swabsin, a longtime Greenwich Polo Club supporter who lives in Verona, New Jersey and works for the National Football League based in New York City. "I love being here. energy in the air. It's like the U.S. Open of polo."

The high-octane feel of this event was palpable as so many

amazing to be out there," said stunning range of colorful fashions, observed the match from either under one of the many white tents and cabanas set up along the sidelines, the wooden grandstand or one of the open spaces on the lawn. (The sidelines, meanwhile, featured rope barriers as well.)

"There is such a dynamic fight against Smithfield with a feel here," said Jason Yearwood, Business Development Manager of Barbados Tourism Marketing Inc. based in New York City, a longtime partner of the Greenwich Polo Club whose tent is always teeming with people. "This is a place where people are connected with the Barbados through polo. To see this sport at this level and be in this environment with its beautiful trees, field and cool breeze with all of these great people is wonderful. It reminds me so much of Barbados."

The spectators certainly added to the whole energy and excitement of this match, as they could also be seen visiting with one another at the busy Audi tent (with Audi being a sponsor of the East Coast Open), lining up at one of the more than half a dozen food trucks and perusing and shopping at the Greenwich Polo Club store based in the barn floor area underneath the grandstand that featured an array of unique Greenwich Polo Club gear including tee shirts, sweatshirts, hats, cups and other notable items.

"The Greenwich Polo Club is a The whole atmosphere is fantastic. place like no other. It is the best and There's such a big crowd and such is so unique to the town in so many incredible ways. Here, we provide people with gear and products from the club that you can't get anywhere else that they can enjoy

"We worked hard and it was scores of spectators, dressed in a and have as a reminder of what this experience is all about," said Mark Steinberg, who co-owns the Port Chester, New York-based company, @trailnetworkusa.espwebsite. com, with his brother, Michael Steinberg, that provides this oneof-a-kind gear at the GPC store. "Seeing the players and horses in this natural environment with so many people in attendance is just fascinating and it's always great to be here." (Steinberg also said the store's bestselling item is the white GPC 'dad' hat featuring the club's signature horse, mallet and player insignia on its front.)

By all counts, this given Sunday was a golden one in every way.

"It's been an amazing game and it's been great to be here celebrating sport, life and being with my family and friends. It's really an experience like no other," said G. Bell of Danbury, a senior at Rensselaer Polytechnic Institute in Troy, New York who was there celebrating his father, Greg's, birthday, with their family and friends. "It means a lot to be here for my dad's birthday and see the polo players and horses playing at this level. We're definitely having a good time and enjoying the day."

East

tournament will run through September 8th, with public matches being held that day as well as on Sunday, September 1st.

The 2024 Greenwich Polo Club season will then conclude with the Greenwich Cup on Sunday, September 15th.

For more information, please email info@GreenwichPoloClub. com or visit the Greenwich Polo Club website at GreenwichPoloClub.



Facundo Pieres, one of the highest-ranked polo players in the world with a nine-goal handicap, wows the crowd as he helps lead Smithfield to victory at last Sunday's opening East Coast Open that was held at the Greenwich Polo Club. (Photo courtesy of Claudia Suica)





Bottom four photos courtesy of Bob Capazzo Photography.







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234 Park Street #19	\$489,500	979	\$500.00		2	1								
462 Main Street	\$1,695,000	2,640	\$642.05	0.25	4	2								
6 Down River Road A	\$2,050,000	3,201	\$640.42		4	3								
6 Down River Road B	\$2,050,000	3,201	\$640.42		4	3								

	NEW SALES													
Address	Original List	List Price	Sold Price	DOM	BR	FB	Acres							
54 Alan Lane	\$1,975,000	\$1,975,000	\$1,975,000	25	5	3	4.73							
158 Forest Street #1	\$1,999,000	\$1,999,000	\$2,200,000	10	3	2								
705 Ponus Ridge	\$2,695,000	\$2,695,000	\$2,852,000	14	5	4	1.54							
47 Shagbark Drive	\$3,299,000	\$3,299,000	\$3,810,000	9	5	5	1.09							
424 South Avenue	\$4,299,000	\$3,995,000	\$3,815,000	55	6	6	0.66							
198 W. Hills Road	\$5,995,000	\$5,995,000	\$6,289,000	8	5	5	2.17							

			EN HOUS ednesday at Noon fo	
Address	Price	Day	Time	Broker
462 Main Street	\$1,695,000	SAT & SUN	12:00PM- 2:00PM	William Raveis

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What Drives the Housing Market?



By John Engel

We are at the long-awaited inflection point where the Fed reverses course and lowers rates. The stock and bond markets rallied this week on the news. A survey of big banks predicts 30year rates between 6.5% and 6.7% in the fourth quarter. 15-year adjustables, already in the high 5's, will drop to the low 5's this year. Historically, these are belowaverage rates.

SUPPLY

Just when you thought supply couldn't go lower, supply went lower. Supply of both houses and condos continues to decline both in New Canaan and in the larger Fairfield County market. We must be nearing the bottom because the rate of decline is decreasing. Interest rates won't solve this. As prices rise and rates fall expect a return to speculative building such as the pair on Down River Road, a dozen apartments over The Connecticut Muffin, another the redevelopment of any existing two-family homes and ranches.

DEMAND

Judging from the increase from 100% of listed price to 103% of listed price, both in New Canaan and around Fairfield County we can say there is no drop off in demand. First, we see the rise of both average and median prices in New Canaan to recordsetting levels above \$2.5 million. While there was a soft period last summer where New Canaan had 11 months of inventory available above \$2.45 million, that number has fallen back to the more typical range of 5.0 to 7.6 months both in New Canaan and across Fairfield

County. **COMMISSIONS**

All of the Multiple Listing Services in Fairfield County (SmartMLS, GreenwichMLS, DarienMLS, New Canaan MLS) stopped publishing the seller's offer of compensation, known as the "BAC" on August 17th. The removal caused some confusion in the marketplace, forcing agents to call and email each other individually asking for the information. To wit - one agent replied, "I don't think I am allowed to email it to you." William Pitt Sotheby's is the first to take a bold step toward transparency by alerting all of the agents in Fairfield County that they are publishing offers of compensation for their listings on their website. I have not

1-2009

1-2010

1-2011

seen any other agency follow their lead, yet, but am hopeful this is a service the agencies will provide.

AVALON AND AFFORDABLE HOUSING

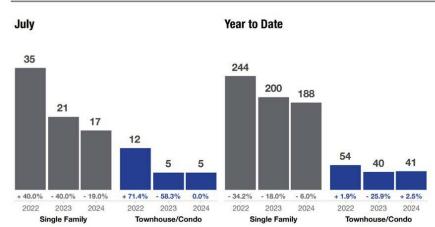
Who says nothing happens in August? Not only did the town finally get enough points approved for an 8-30g moratorium, but the New Canaan Housing Authority announced plans to acquire over 100 housing units from Avalon. In a hastily-organized public hearing, required by statute, few details emerged. This is partly because the deal is still in development, and partly because the Housing Authority of New Canaan is not the Town of New Canaan. It is a separate non-profit corporation answering to its board, able to issue debt to own and manage housing, both market-rate and affordable, for the benefit of the community. While it is tempting to think that this purchase could solve our long-term need for affordable housing Avalon will probably become only partially so, as the Housing Authority will need some number of market rate units to service the debt. Fears of residents being displaced, or of a sudden concentration of affordable units in that area, are probably dozen units on Husted Lane, and premature. While the purchase makes economic and strategic sense, allowing New Canaan some short-term flexibility, our newly formed Affordable Housing Committee still has a lot of work to do identifying additional opportunities, and how to pay for them. I must point out that our neighbor Darien, faced with these same challenges, has chosen a different path. Darien is not pursuing a strategy of linked moratoriums, and when presented with the opportunity of purchasing an Avalon development in Darien, Darien declined. Each town decides its own approach and this self-determination is a core value and why we live in Connecticut.

CONFIDENCE IN THE

HOUSING MARKET Heading into the uncertainty of a Presidential election, with two wars raging, nagging inflation and record debt we have to ask what is driving this housing market? Rates? No. Jobs? No. There is an unprecedented transfer of wealth taking place in America, and that money is buying homes. It is the reason for so many cash purchases. \$84 trillion in assets is set to change hands over the next 20 years, according to estimates by the consulting firm Cerulli Associates. Generation X (those born between 1965 and 1980), Millennials (1981-

New Listings

n newly listed on the market in a given month



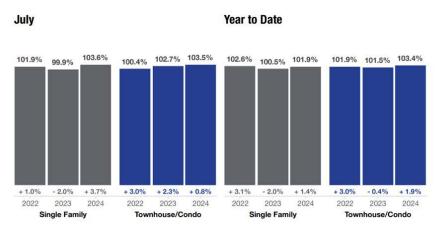
Aug-2023 21 + 16.7% - 40.0% Sep-2023 + 3.7% - 66.7% 28 - 18.8% - 16.7% Oct-2023 13 Nov-2023 + 27.3% - 66.7% - 28.6% - 85.7% Jan-2024 16 - 23.8% + 400.0% Feb-2024 - 20.8% - 28.6% Mar-2024 - 31.4% - 28.6% Apr-2024 37 + 23.3% + 40.0% - 10.9% - 40.0% + 47.8% Jun-2024 + 60.0% Jul-2024 - 19.0% 0.0% 12-Month Avg - 33.3%

Percent of List Price Received

SMART.

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SMART ...

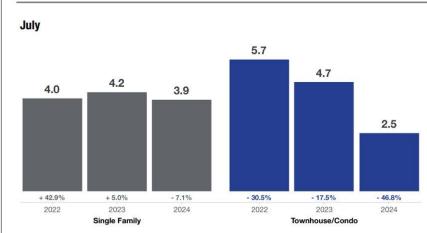


Pct. of List Price Received Aug-2023 Sep-2023 96.7% - 4.6% 101.4% - 1.3% Oct-2023 + 2.4% 100.3% + 1.0% 103.0% 100.4% + 2.3% 101.4% + 5.2% Dec-2023 99.8% + 1.9% 101.4% + 2.3% Jan-2024 96.7% - 1.8% 99.2% - 4.2% Feb-2024 93.9% - 2.4% 100.0% +3.8% 102.0% + 0.6% Mar-2024 106.8% +9.9% - 3.5% Apr-2024 98.7% 99.7% - 3.0% May-2024 102.7% + 2.6% 105.4% - 0.1% Jul-2024 103.5% + 0.8% + 0.5% + 1.2% 2024. This is not the average of the individual figures above

Months Supply of Inventory

age monthly pending sales from the last 12 months

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3.8 3.5 - 31.4% Aug-2023 4.3 Sep-2023 + 19.4% 3.4 - 34.6% Oct-2023 3.5 - 2.8% 3.0 - 46.4% Nov-2023 3.2 - 5.9% 2.4 - 64.2% Dec-2023 - 14.8% 2.4 - 64.7% 2.3 Jan-2024 2.7 - 18.2% 2.3 - 62.9% Feb-2024 2.9 - 14.7% 3.0 - 48.3% - 27.8% 2.6 2.7 Mar-2024 - 49.1% Apr-2024 3.5 - 14.6% 2.9 - 43.1% May-2024 4.2 - 12.5% 3.3 - 26.7% 3.7 - 14.0% Jul-2024 3.9 - 7.1% - 46.8% 3.4 2.9 - 46.2% -6.7%

Boomers, with the rest going to charity. For perspective, Trump and Biden each passed about \$6 trillion in stimulus packages during their respective terms. This is more than that. Is it any wonder then that real estate continues to appreciate at this rate?

FLORIDA

Florida luxury buyers (above \$3 million) of New York City real 1996) and Gen Z (1997-2012), are estate accounted for more than half expected to inherit \$72 trillion of of all sales. And, in 2024 Florida that amount, mainly from Baby residents represented 12.04% of NOTES FROM THE MONDAY

all inbound out-of-state New York City buyers, the third highest state after California and New Jersey. Who are these luxury buyers and how do we get in front of them? really returning New Yorkers who left during covid for tax reasons and who are now returning to buy a second home or a third home? Probably so. They are Floridians with New York accents.

MEETING

Still recovering from last is getting married Saturday so week's flood, this week our office meeting was held on Zoom while the carpets dried, reminding us Are these so-called Floridians all that we've had three 100-year Father of the Bride speech that storms in the last couple of years. We are definitely not going to have a problem for another 90 years. Electric bills are through the roof but this is a subject for another column...

John Engel is a Realtor with

The Engel Team at Douglas

work on a tasteful, yet creative, won't embarrass. Wish me luck. <u>Publisher's Note:</u>

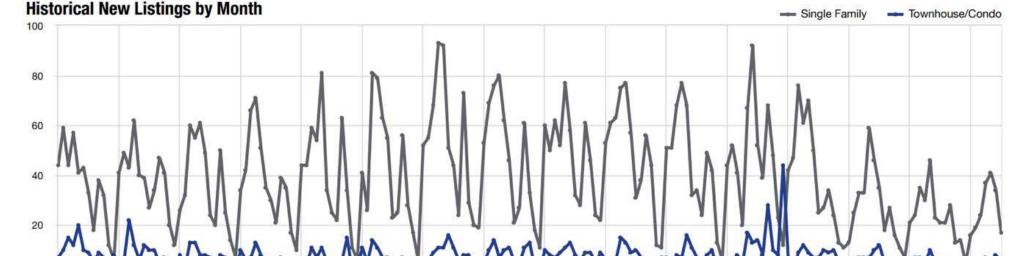
1-2023

Good luck John! and congratulations.

Elliman. His daughter Charlotte

he needs to stop writing this

newspaper column and begin



Submit questions and comments to John. Engel@Elliman.com



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Diego R. Camacho, MD, is an expert in advanced laparoscopic procedures for general surgery, bariatric surgery, hernia treatments and gastroesophageal reflux disease (GERD).

Dr. Camacho completed his general surgery residency at The Ohio State University Medical Center and completed his fellowship in minimally invasive surgery at Baylor College of Medicine. He has shared his expertise in minimally invasive procedures through books, peer-reviewed articles and more than 60 international presentations.

He is a fellow of the American College of Surgeons and an active member in several professional societies. In 2019, he was recognized by the Fairfield County Doctors of Distinction for his international work. He was recognized by the Latin American Federation of Surgery (FELAC) as the most accomplished Latino surgeon in the United States. Dr. Camacho is fluent in Spanish and has been a Greenwich resident since 2008.





The Sentinel

Education | Reviews | Community Calendar | Puzzles & Children's Puzzles | Comics | Wildly Successful | Horoscopes

Sentinel Celebrations

Welcome to your new home for personal news and happy milestones!

- Birth announcements
- Engagements
- Marriages
- Graduations
- Promotions
- New home/moving announcements
- Retirements

Please send the following details:

- In which Sentinel paper should the announcement appear — Greenwich or New Canaan?
- Name(s) of people involved
- Noteworthy details
- Include a high-resolution photo, if you like

Email them to:

Cordelia@SentinelHometownNews.com.

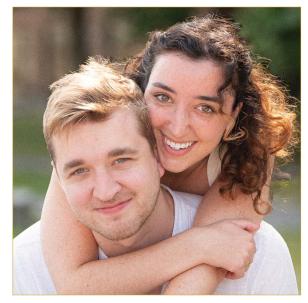
Submissions may be edited for brevity or clarity. The Sentinel may decline to publish announcements at its own discretion.

ENGAGED

GPD Chief Jim Heavey and Kia Heavey announce the engagement of their daughter, Anastasia Josephine Heavey, to Walker Christian Lambrecht.

Ana, a GHS graduate, met Walker while they were both students at Northeastern University. The pair graduated in 2021 and have been together ever since. Ana is an RN at Boston College. Walker is a cybersecurity specialist at Recorded Future.

The couple will wed on Dec. 28, 2024, at Annunciation Greek Orthodox Cathedral of New England in Boston, MA. They will reside in Boston.





A CONTEST IN THE SPIRIT OF THE NEW YORKER MAGAZINE

Sentinel Literary Competition

The Sentinel Literary Competition has returned from the Sentinel's annual hiatus tanned, rested, and ready to fill the indoor seasons with lighthearted intellectual diversion.

Here's what's new:

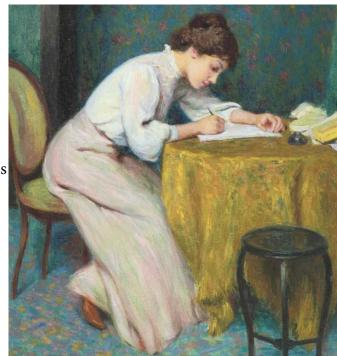
MORE TIME TO ENTER

The Competition will now run monthly (rather than weekly) to allow ample time for our local Wordsworths to contribute. Enter as many times as you like!

MORE AND BIGGER PRIZES!

The First Prize entry now brings home a check for \$100. The Runner Up wins \$50, and two Honorable Mentions each win \$25.

Email: Daws on @Green wich Sentinel.com



Young woman writing a letter (1874), by Federico Zandomeneghi

The September Competition:

Give Us the Prompt.

Please Prompt Promptly

What should you write about? You tell us!

Mr. Dawson is looking for great prompt ideas, and his favorites will turn up as prompts for future Competitions.

Prompts should be pithy and clever and include an example of an entry.

Please email your entry(s) to the Competition's trusty judge, Joe Dawson, at: Dawson@ GreenwichSentinel.com.

Entries must be received by 11:59 p.m. Eastern Time on Friday, Sept. 27. Winners will be announced in the Oct. 4 issue of *The Sentinel*.













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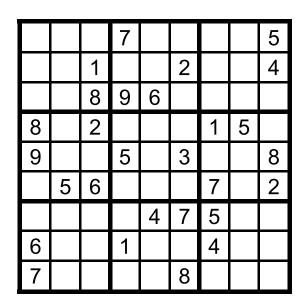
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Sudoku

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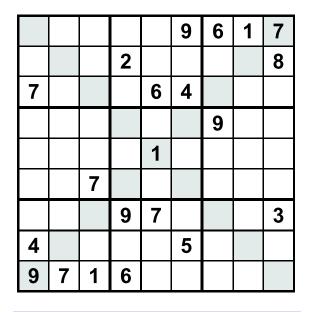
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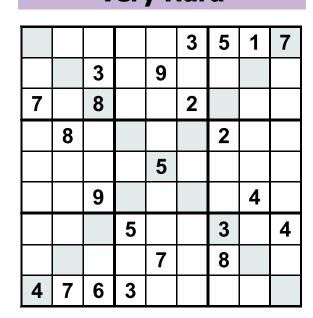


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Sudoku answers

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Top row – Easy

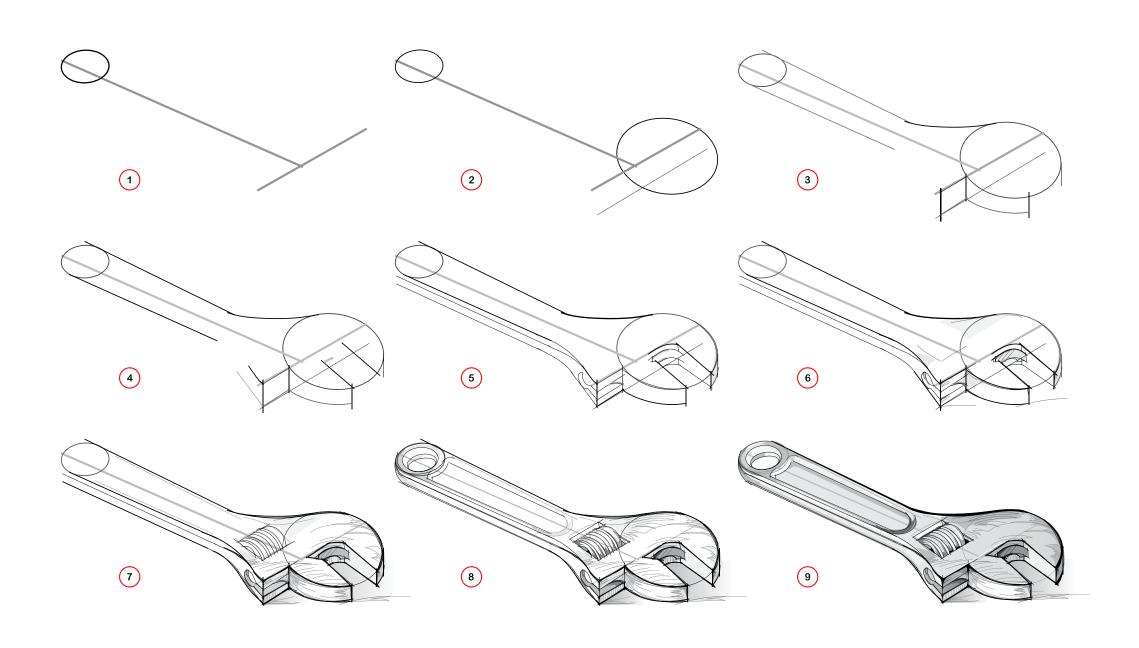




COLOR BY MULTIPLICATION



Grab Your SketchbookDRAW A WRENCH, STEP BY STEP



Submit your events at: newcanaansentinel.com/submit-anevent/

TOWN MEETINGS

Wednesday, September 4

Housing Authority

5:30-7 p.m., Town Hall Board Room

Parking Commission

7-8 p.m., Location not posted at time of publication.

Tourism and Economic Development **Advisory Committee TEDAC** 7-8 p.m., Town Hall Board Room

Town Council Public Hearing & Special **Meeting**

7-8 p.m., Town Meeting Room & via Zoom

Thursday, September 5

<u>Inland Wetlands Commission - Site Visit</u> 8-10 a.m., start at Town Hall

Health & Human Services 8:45-10 a.m., Health and Human Services conference room

Friday, August 30

COFFEE AND CONVERSATION

8:30 - 9:30 AM at the Lapham Center Dining Room. Join the New Canaan Sentinel Team for coffee and conversation.

Saturday, August 31

Town Farmers Market

10 AM - 2 PM at Lumber Yard Lot There are many vendors with various local items available including specialty food, fresh meat, produce, soap, eggs, and honey.

Tuesday, September 3

Open Tech

2-4 PM at the New Canaan Library, McLaughlin Meeting Room

If you have questions about social media, email, smart phones, or accessing the digital library, stop in to get one-on-one assistance with a tech librarian. All technology questions, queries and interests are welcome. Drop in tech help is limited to 20 minutes. Tech help will be given on a first-come-firstserve basis.

Wednesday, September 4

Water for Elephants: The Broadway Musical

11:30 AM at the Lapham Center

Witness the spectacle of this new musical, right in the heart of NYC's Theater District. \$245/person. Cost includes travel, bagged lunch, and ticket. Space is limited, call 203-594-3620 to reserve your spot and for more information.

Cricut Crafts for Adults: First Timers

1-3 PM at the New Canaan Library, Anderson

Join Reference librarians James & Kassidy for an introduction to the Cricut Maker- a machine that can cut and draw on a widerange of materials. This is a beginners' class designed for adults who have never used the Cricut at New Canaan Library before. In this introductory class, participants will be able to create their very own bookmark with the Cricut. Free event. Register at https://www. newcanaanlibrary.org/event/cricut-craftsadults-first-timers-98201

Arts at the Library: Introduction to **Modern Calligraphy**

6-8 PM at the New Canaan Library, Craig B. Tate Conference Room

A two-session workshop that comprehensively introduces the art of Modern Calligraphy geared toward calligraphy novices. The second session will be held on the 11th. The library will provide all supplies. Free event. Register at https://www.newcanaanlibrary.org/ event/arts-library-introduction-moderncalligraphy-99707

Waveny Concert Series

7:30-9:30 PM at the Waveny House Lawn Bring your own chair or blanket and enjoy music. The Short Bus Band will perform songs from the 70's songs to today's hits. Free event.

Thursday, September 5

Modern Square Dancing

6-8 PM at the Lapham Center Experience the fun of one of America's oldest traditions. Join a local group of square dancers for an introduction to a number of basic dance steps. Singles and couples of all ages are welcome. No experience is

Calendar of Events for Your Fridge necessary and light refreshments will be

served. Free event. For more information and to register please contact 203-594-3620.

Puccini and the Twilight of The Operatic Golden Age

7-8 PM at the New Canaan Library, Jim & Dede Bartlett Auditorium

Giacomo Puccini's operas showcase a brilliance that made him a worthy successor to Verdi. Born in Lucca, he grew up steeped in an Italian operatic tradition that had first flourished in the early baroque period. For more information and to register please visit https://www.newcanaanlibrary.org/event/gilharel-puccini-71367

Friday, September 6

COFFEE AND CONVERSATION

8:30 - 9:30 AM at the Lapham Center Dining Room. Join the New Canaan Sentinel Team for coffee and conversation.

SAVE THE DATE

September 7

Town Farmers Market

10 AM - 2 PM at Lumber Yard Lot There are many vendors with various local items available including specialty food, fresh meat, produce, soap, eggs, and honey. There will be live music from Henry Jones.

New Canaan Land Trust Annual Meeting

2:30 PM at the New Canaan Library, Jim & Dede Bartlett Auditorium

The New Canaan Land Trust will hold their annual meeting before David Sibley's presentation. Attendees of the NCLT meeting will receive priority seating at the presentation. Free. To register visit https://secure.lglforms.com/form_engine/ s/2mxtsvYngSgiBgVF_NO4Tw

Renowned Ornithologist David Sibley Presents: What it's like to be a bird

3:15-4:15 PM at the New Canaan Library, Jim & Dede Bartlett Auditorium

New Canaan Land Trust, Friends of the Bristow Park and New Canaan Library will host the country's leading bird expert, David Sibley. He will talk about some of the incredible things birds are able to do, the adaptations that make those things possible, the effects of the biodiversity crisis on birds, and how bird-building collisions as well as cats impact bird populations. Free event. A wine & cheese reception with a book signing will be held after Sibley's presentation. Register at https://www.newcanaanlibrary. org/event/david-sibley-event-w-landtrust-93512

Annual Member Show Opening Reception

4-6 PM at the Carriage Barn Arts Center The 2024-2025 season begins with the Annual Member Show, celebrating the range, interests, and talents of artist members working across all mediums. For more information please visit https://carriagebarn. org/2024-annual-member-show/

September 8

Bristow Park Centennial Celebration

2-3:30 PM at the Bristow Park Center **Crossing Pavilion**

Celebrate the 100th Birthday of the 3rd oldest Bird Sanctuary in the USA, right here in New Canaan. Welcome address by First Selectman Dionna Carlson. Keynote Speaker will be David Sibley, the nations foremost birding authority, giving a talk on the importance of saving bird habitat throughout the Northeast. This event and auction is a celebration of early conservation and bird habit management, as well as a fundraising moment to generate stewardship resources for the next 100 years. Free event. The auction is available at https://givebutter.com/ c/BristowParkCentennial/auction. To register or donate visit https://givebutter.com/c/ BristowParkCentennial?s=2SubbZ

September 9

Gentle Yoga

10-11 AM at the New Canaan Library, Jim & Dede Bartlett Auditorium

A tranquil, foundation-building class designed to introduce new students to yoga, as well as offer regular practitioners a gentle class to complement their yoga practice. Participants must bring their own yoga mat. Register at https://www.newcanaanlibrary. org/event/gentle-yoga-59018

September 10

Actor and Director Griffin Dunne **Presents Memoir The Friday Afternoon** Club

7-8 PM at the New Canaan Library, Jim & Dede Bartlett Auditorium

Join to hear about actor, director and producer Griffin Dunne's storied family and his take on the realities of love and loss. Free event. Register at https://www. newcanaanlibrary.org/event/griffin-dunneauthor-talk-88088

September 11

Balance and Fall Risk Screenings

12:30 PM at the Lapham Center According to the CDC, falls are a leading cause of injury and death in adults over 65. Many falls are predictable and preventable. Healthcare professionals from Waveny Visiting Nurse and Hospice will provide handson balance and fall risk assessments, discuss fall risk factors, and provide strategies and exercises to minimize your risk. You'll leave the session armed with information and techniques to keep you safe. Free event. Registration required and space limited. Please contact 203-594-3620 to reserve your spot.

Stitch with Aggie

4-5:30 PM at the Lapham Center

Learn basic needlepoint with the assistance of Aggie Aspinwall. After learning these stitches you will be able to needlepoint whatever you like. The \$20 supply fee is payable to the instructor. All needle artists are welcome to attend as well. For more information and to register please contact 203-594-3620.

September 12

Dinner and a Movie

5-7:30 PM at the Lapham Center

The movie playing will be The Boys in the Boat. During the Great Depression, members of the University of Washington rowing team compete for gold at the 1936 Olympics. 2h 4m. IMDb 6.9/10. Free event. For more information please contact 203-594-3620.

September 13

COFFEE AND CONVERSATION 8:30 - 9:30 AM at the Lapham Center Dining Room. Join the New

Canaan Sentinel Team for coffee and conversation.

Health Talks with Shannon and Ellen

11 AM- 12 PM at the Lapham Center Meet up with Shannon and Ellen from the Health Department for coffee, conversation and snacks. Topics will be announced in the Lapham Center eblasts. Free event. For more information please contact 203-594-3620.

September 14

Learn The Art of Cyanotype: Intro

9:30 AM- 12:30 PM at the Carriage Barn Arts Center

Learn the process, experiment and develop your skills. Create prints on paper using the cyanotype historical photographic process. \$75/members and \$90/nonmembers. Register at https://carriagebarn.org/event/ the-art-of-cyanotype-workshop-the-basics/

Beginning Mahjongg with Aggie

10 AM-12 PM at the Lapham Center This class covers the rules, tile identification and basic strategies, followed by handson practice to reinforce learning. For more information and to register please contact 203-594-3620.

Family Movie Night: Wonka

7:15-9 PM at the New Canaan Museum & Historical Society Lawn

The first family movie night at the museum! Bring a picnic blanket, dinner, and bevies of choice for a fun night under the stars. Popcorn and snacks will be available for purchase. Tickets are \$10/members and \$25/non-members. Please rsvp to info@ nchisotry.org

September 15

Lecture & Reception with John Kao

3-5 PM at the Carriage Barn Arts Center John Kao will present "Creative Practices for Modern People". Kao is Senior Fellow at Yale's School of Engineering and Applied Science as well as a Yale Entrepreneur-In-Residence. He has a long history of thought leadership regarding innovation and entrepreneurship. The lecture is free for members and \$15 for nonmembers. For more information and to register visit https://carriagebarn.org/event/ lecture-reception-with-john-kao/

New Canaan Old Timers Association Honoree Event

11 AM at Waveny House

The 2024 Honorees are Dan Goldblatt, Heidi Sandreuter, Brett Wilderman, Steve Luciano, and Kevin Halloran. All of the proceeds from this event go towards the Vin Iovino Scholarship, named for the former athletic director and presented to selected senior athletes at the end of the school year. A Continental Breakfast will begin at 11 am followed by the Award Ceremony and Honoree Speeches at 12. Ticket prices start at \$50/adult and \$20/student. Register at https://form.jotform.com/242277496882169

September 16

Trivia Night with Guest Host Mike Bacon 5-7 PM at the Lapham Center

Test your knowledge, have some fun, and you might event win a prize. Categories: Geography, History (including New Canaan), Entertainment, People and Sports. Appetizers and drinks will be available. For more information and to register please contact 203-594-3620.

September 17

Open Tech

2-4 PM at the New Canaan Library, McLaughlin Meeting Room

If you have questions about social media, email, smart phones, or accessing the digital library, stop in to get one-on-one assistance with a tech librarian. All technology questions, queries and interests are welcome. Drop in tech help is limited to 20 minutes. Tech help will be given on a first-come-firstserve basis.

September 18

Staying Strong - Slowing the Onset and **Progression of Osteo**

12:30 PM at the Lapham Center

Dr. Ruszkowski, a local, internal medicine physician will present a basic understanding of bone structure and how it naturally renews itself. What lifestyle and dietary practices can undermine natural bone rejuvenation. What you can do to reduce the rate of bone loss thru food choices and supplements. Free event. Lunch will be sponsored by Staying Put in New Canaan. For more information and to register please contact 203-594-3620.

Bestselling Author Laura Dave Presents: The Night We Lost Him

1-2:15 PM at the New Canaan Library, Jim & Dede Bartlett Auditorium

Get ready for a lively conversation between New York Times bestselling author Laura Dave and her editor, New Canaan's own Marysue Rucci, as they discuss her soon-tobe-released novel "The Night We Lost Him." The event will conclude with a book sale and signing with Elm Street Books, and a reception featuring a taste of the intriguing recipe from "The Night We Lost Him": a strawberry balsamic pizza! Free event. Register at https://www.newcanaanlibrary. org/event/laura-dave

Ladies Night Out: Makeup Demo and Dinner

5-7 PM at the Lapham Center

Join your friends for a glam demo and dinner with celebrity make-up artist Rose Lionetti, she will be sharing her secrets. Enjoy dinner while learning from Rose. For more information and to register please contact 203-594-3620.

September 19

Juneteenth in September

6 PM at the Community Baptist Church A special fundraising event to celebrate progress and hope and raise awareness of mental health challenges in minority communities. Sponsored by Silver Hill Hospital honoring Juneteenth of Fairfield County.

Soundscapes from Latino America with **INTEMPO**

7-8 PM at the New Canaan Library, Jim & Dede Bartlett Auditorium

Soundscapes from Latino America showcases INTEMPO's talented teaching artists and advanced students performing the diverse musical traditions of Latin America. This annual event promises highlevel artistry in a cultural celebration not to be missed. Free event. Register at https:// www.newcanaanlibrary.org/event/intempomusic-performance-75245

September 21

Beginning Mahjongg with Aggie

10 AM- 12 PM at the Lapham Center This class covers the rules, tile identification and basic strategies, followed by hands-on

practice to reinforce learning. For more information and to register please contact 203-594-3620.

Cider Saturday

10 AM - 2 PM at the New Canaan Nature Center

Enjoy an early autumn afternoon of family fun with cider press demonstrations, apple slingshots, a pumpkin scavenger hunt, seasonal harvest crafts for kids, baked apples, and stories around the campfire. The Annual Apple Olympics featuring bowling for apples and apple hoops will be held on the green. \$15/person. For more information and to purchase tickets visit https:// www.classy.org/event/cidersaturday-2024/e611631

September 23

Gentle Yoga

10-11 AM at the New Canaan Library, Jim & Dede Bartlett Auditorium

A tranquil, foundationbuilding class designed to introduce new students to yoga, as well as offer regular practitioners a gentle class to complement their yoga practice. Participants must bring their own yoga mat. Register at https://www. newcanaanlibrary.org/event/ gentle-yoga-59018

September 25

AARP Safe Driving Course

9:30 AM- 1:30 PM at the Lapham Center

Refresh your driving skills with The AARP Smart Driver[™] course. Learn more about driver safety strategies, accident avoidance, and defensive driving. Completion of the course may help you save on your auto insurance! Only 15 spots. Pre-registration can be made online at aarp. org/drive (which allows credit card payment). Or, you may register by calling 203-594-3620 and pay the day of by cash or check made payable to AARP. \$20/ AARP members and \$25/ nonmembers.

The Poetry of Autumn with Ned

12 PM at the Lapham Center Ned Monaghan, Lapham's favorite orator and raconteur, will return to delight us with a reading and recitation of some of Europe and America's finest verse. A selection of poetry and anecdotes that celebrate the best of the human condition. This is a free event and lunch will be provided. For more information and to register please contact 203-594-3620.

September 26

Building a Health Partnership with a **Primary Care Physician**

10 AM at the Lapham Center Dr. Krishnan Narasimhan will address various questions as he speaks about family medicine and primary care. Coffee, tea and pastries will be served. Free event. For more information and to register please contact 203-594-3620.

Internet Safety with Paul Koorse User Awareness and Best Practices

4:30 PM at the Lapham

Paul Koorse, Director of Information Technology for the town of Monroe, will discuss and identify the various cyber threats that exist and the steps you can take to mitigate risks. Be prepared to avoid phishing, malware and more. Free event For more information

and to register please contact 203-594-3620.

An Evening with Artist Harvest Festival Jan Dilenschneider

5:30-7:30 PM at Waveny LifeCare Network

Enjoy art, champagne, light fare and meet the artist. Jan Dilenschneider finds much of her inspiration in the wondrous variegation of nature with influences from Impressionism and Expressionism echo in her rich palette, loose brush strokes, and luminous misty vistas. Please rsvp to events@waveny.org by September 20th.

The Green Gala

7-9 PM at the Carriage Barn Arts Center

Third Annual Fundraiser for Planet New Canaan, a nonprofit organization. Enjoy live music from Kwame Henry Jones, drinks served by guest bartenders from New Canaan's Board of Selectmen, delicious food catered by Rosie Restaurant and meet the winners of our Sustainability Award. More information and tickets available at https:// www.planetnewcanaan.org/ events/

September 27

Rotary Club Lobsterfest Day One

4-8 PM at the Steve Benko Pool Pavilion

Lobsters, lobster rolls, grilled salmon and fried chicken for curbside pick up or dine in at the Steve Benko pool at Waveny Park. Proceeds go to support local nonprofits. \$50/person.For more information and tickets visit https://shorturl.at/t9DiI

September 28

Rotary Club Lobsterfest Day Two

4-8 PM at the Steve Benko

Pool Pavilion Lobsters, lobster rolls, grilled salmon and fried chicken for curbside pick up or dine in at the Steve Benko pool at Waveny Park. Proceeds go to support local nonprofits. \$50/person.For more information and tickets visit https://shorturl.at/t9DiI

September 29

"Origins & Originals" **Concert with Russell**

4-5:30 PM at the Carriage Barn Arts Center

Fisher will perform a mix of acoustic and electroacoustic works for marimba, vibraphone and steelpan. Featuring music that contributes to the construction of one's identity from both the past and present. An active member of the booming steel pan scene, Fisher has performed in Panorama competitions with both Crossfire Steel Orchestra and CASYM Steel Orchestra. \$25/adult. For more information and to purchase tickets visit https:// carriagebarn.org/event/ russell-fisher-percussionist/

October 1

Open Tech

2-4 PM at the New Canaan Library, McLaughlin Meeting

If you have questions about social media, email, smart phones, or accessing the digital library, stop in to get one-on-one assistance with a tech librarian. All technology questions, queries and interests are welcome. Drop in tech help is limited to 20 minutes. Tech help will be given on a first-come-firstserve basis.

October 5

7-10 PM at the New Canaan Nature Center

The 11th Annual Harvest Festival featuring Axe Throwing. An adult only evening featuring live music and local microbreweries and wine. It is also a successful fundraiser for the Nature Center. More information is available at https://newcanaannature. org/harvest-festival/

October 7

Gentle Yoga

10-11 AM at the New Canaan Library, Jim & Dede Bartlett Auditorium

A tranquil, foundationbuilding class designed to introduce new students to yoga, as well as offer regular practitioners a gentle class to complement their yoga practice. Participants must bring their own yoga mat. Register at https://www. newcanaanlibrary.org/event/ gentle-yoga-59018

October 10

Conversation and Coffee with a Cop

1 PM at the Lapham Center Nicole Vartuli, Community Impact Officer, will present a topic of interest to our community. Free event. For more information and to register please contact 203-594-3620.

October 11

Health Talks with **Shannon and Ellen**

11 AM- 12 PM at the Lapham

Meet up with Shannon and Ellen from the Health Department for coffee, conversation and snacks. Topics will be announced in the Lapham Center eblasts. Free event. For more information please contact

October 19

Mahjongg for 2 with Aggie 10 AM- 12 PM at the Lapham Center

Learn the variations and adaptations of traditional Mahjongg rules to suit a two-player format. For more information and to register please contact 203-594-3620.

October 24

Sip and Paint

5-7 PM at the Lapham Center Join the Lapham Center for a fun evening of painting, appetizers and wine. Free event. Space limited, reserve early by contacting 203-594-3620.

October 30

Halloween Murder **Mystery Party**

5-7 PM at the Lapham Center Whether you are a detective, murderer, or the unfortunate victim, you're guaranteed a memorable evening. Wear a costume and come prepared to play your role in the evening's events. For more information and to register please contact 203-594-3620.

October 31

Halloween Bingo

12-2 PM at the Lapham Center

The combination of lunch, BINGO, and prizes for the best costume is sure to be a hit. For more information and to register please contact 203-594-3620.

November 15

Waveny's Golden Gala

Country Club of New Canaan Celebrate Waveny's halfcentury of care, compassion and community. Join this

grand event featuring cocktails, dinner, auctions, paddle raise and entertainment by FakeID, with all proceeds benefitting Waveny LifeCare Network. Ticket prices begin at \$300 and are available at https:// interland3.donorperfect.

BLOOD DRIVES in lower Fairfield County and surrounding counties

net/weblink/weblink.

aspx?name=E344664&id=11.

Monday, September 2

Greenwich Blood **Donation Center** 99 Indian Field Road Greenwich, CT 06830 7:00 AM - 3:00 PM

Tuesday, September 3

Greenwich Blood **Donation Center** 99 Indian Field Road Greenwich, CT 06830 11:00 AM - 7:00 PM

Wednesday, September 4

Italian Center 1620 Newfield Avenue Stamford, CT 06905 8:00 AM - 5:00 PM

Thursday, September

Stamford Church of Christ 1264 High Ridge Road Stamford, CT 06903 12:00 PM - 5:00 PM

Friday, September 6

Trinity Church Cos Cob 5 River Road Cos Cob, CT 06807 8:00 AM - 1:00 PM

Support Services & Meetings **NEW CANAAN**

September 5

Opioids and Older Adults: Navigating Risks and **Benefits**

11 AM at the Lapham Center Prescription opioids are often used by older adults to treat chronic pain. Join this presentation to learn how to reduce the risk of negative side effects and how to prevent, recognize and treat an overdose. Free event. For more information and to register please contact 203-594-3620.

October 9

Protecting Your Skin with Elle De Moll, M.D. 12:30 PM at the Lapham

Center

Dr. De Moll will discuss skin cancer prevention, detection and treatment options. Learn how to spot skin cancer and how to keep your skin healthy. Lunch sponsored by Staying Put. Free event. For more information and to register please contact 203-594-3620.

Every Friday

AA Speaker Meeting Wheelchair Access

Fridays at 7:30 AM Congregational Church of New Canaan

23 Park St, New Canaan **Every Saturday**

AA Meeting-Sober Citizens

Group

5:30-10 PM at the the Saturdays at 9:15 AM First Presbyterian Church 178 Oenoke Ridge Rd., New Canaan

> AA Meeting-Laundry and **Dry Cleaning Group** Saturdays at 10:30 AM First Presbyterian Group 178 Oenoke Ridge, New Canaan

Lost Then Found NA Meeting

Wheelchair Accessible Saturdays at 7 PM United Methodist Church (back entrance) 165 South Avenue, New Canaan

Every Monday

AA Meeting Wheelchair Access Mondays at 7:30 AM Congregational Church of New Canaan 23 Park St. New Canaan

Adult Child Al-Anon Meeting

Mondays at 12 PM St. Mark's Church, Youth Association Oyster Room

111 Oenoke Ridge Rd., New Canaan

Every Tuesday

Adult Child Alanon Meeting Tuesdays at 12 PM

St. Mark's Parish House, Conf. Room 111 Oenoke Ridge Rd., New Canaan

Every Wednesday

AA Step Meeting Wheelchair Access Wednesdays at 7:30 AM Congregational Church of New Canaan 23 Park St. New Canaan

Al-Anon Parent's & Newcomer's Mtg.

Wednesdays at 7:30 PM Silver Hill, Jorgenson House 208 Valley Rd., New Canaan

Every Thursday

AA Big Book Meeting, Wheelchair Access Thursdays at 7:30 AM Congregational Church of New Canaan 23 Park St, New Canaan

New Canaan Parent **Support Group**

7-8:30 PM St. Mark's Episcopal Church New Canaan

Our Neighbors

September 10

Gather & Gab 5:30-7 PM at the Ox Ridge

Riding & Racquet Club 512 Middlesex Road, Darien Mix & mingle with Ox Ridge members and get acquainted with the Club's offerings. Lite bites & first alcoholic beverage included in ticket price of \$15/nonmembers and free for members. Purchase tickets at https:// www.eventbrite.com/e/ gather-gab-at-ox-ridgeriding-racquet-club-tickets-

September 20

Blossom Hill Farm to Fork Annual Dinner

6-9 PM at the Country Club of Darien

The panelists will discuss the impact of protracted wars on children and Blossom Hill's programs that have changed the lives of over 130,000 beneficiaries. Celebrate the Fellows' remarkable achievements and the power of your support in nurturing education for peace in communities affected by

conflict. Tickets are \$400/ person and available at https://www.flipcause.com/ secure/cause_pdetails/ MjA5NjE0.

October 19

5th annual **Beardsley Gala**

6 PM at the Inn at Longshore 260 Compo Rd S, Westport The Zoo Gala is a wildly elegant evening out that benefits conservation efforts and education. All funds raised will go towards the care of our endangered species, expansion of our exhibits, and educational programming. The evening will include entertainment, cocktails, dinner, an exciting silent and live auction, & animal encounters! Purchase tickets online at https:// e.givesmart.com/events/ AWA/

September 6

2024 Norwalk Seaport **Festival Day One**

6-11 PM at 35-acre Veteran's Memorial Park, Norwalk Fun, food, and free entertainment on multiple stages, plus a myriad of special events for families and friends, from nine to ninety. \$15/adults and \$8/ children (5-12). For more information and to purchase tickets visit https://www. seaport.org/norwalk-oysterfestival

September 7

13th Annual Health Wellness & Lifestyle Expo 10 AM- 6 PM at Harbor Point

Boardwalk, Stamford

Connecticut's largest and premier health and wellness expo featuring over 120 exhibitors, 10 different zones, and free group classes. Family and pet friendly event. This is a free event with free parking. For more information visit https:// www.hwl-expos.com

2024 Norwalk Seaport Association Oyster **Festival Day Two**

11 AM- 11 PM at 35-acre Veteran's Memorial Park, Norwalk

Fun, food, and free entertainment on multiple stages, plus a myriad of special events for families and friends, from nine to ninety. \$15/adults and \$8/ children (5-12). For more information and to purchase tickets visit https://www. seaport.org/norwalk-oysterfestival

September 8

2024 Norwalk Seaport **Association Oyster Festival Day Three**

11 AM- 8 PM at 35-acre Veteran's Memorial Park, Norwalk

Fun, food, and free entertainment on multiple stages, plus a myriad of special events for families and friends, from nine to ninety. \$15/adults and children are free with a paying adult. For more information and to purchase tickets visit https://www. seaport.org/norwalk-oysterfestival

Universal Crossword

29

Asset in a

31 Assemble, as

32 All lined up

34 Incessantly

39 Self-

equipment

"I wish I could

that"

important

Edited by Jared Goudsmit

ACROSS 1 New York City mayor Adams

- California '50s Ford
- flop
- 14 Not stereo 15 The "R" of
- SRO **16** Crime boss known as "The Teflon
- Don" 17 Software for organizing a pledge drive?
- 20 Award for 'Sweeney Todd"
- SIGINTgathering org.
- Kind of soup with wakame Tightly curled 'dos
- 26 Stretch of time 28 Software for screening a film?
- 33 Large antelope
- 36 Clog or slipper
- Pork cut 38 Follow, as
- advice 40 Salt, to a chemist
- Word after ʻvital" or "pipe"
- 43 Raw metals 44 "The Bunch"
- 46 Currency in Austria
- The whole yards 48 Often yellow
- ride 49 Software for landing a plane?

- **52** "This is alarming!" Nonverbal "Hi!"

singer

55 Scat

- Fitzgerald **57** Klutz 60 Iguazu Falls
- spray **63** Software for estimating a
- mortgage? **68** Arctic travel hazards
- 69 Wriggly fish 70 One of the Decade
- Volcanoes **71** Vast void
- **72** Place to buy pastrami on rye "It's not that
- " ("Don't overthink it")
- **DOWN** 1 Fall Out Boy
- genre **2** Decisively defeat
- 3 A fan of 4 Rural Iowa
- sight 5 CUUP product
- Green New Deal rep.
- 7 Actor Krasinski 8 Rock bands'
- boosters Criticism may bruise it
- You'd better believe it! **11** Violinist.
- violist and cellist, e.g. **12** Guesses
- you might try to beat by speeding: Abbr.

- 13 "Stretch" **42** Protagonist vehicle of "A Doll's
- 18 Bronte House" governess 45 NBA great Jane
- Ming 50 Breakfast 19 Gravelly
- sound chain 51 "Breaking 24 Home of Norway's Bad" rating
 - Kon-Tiki **53** Socializes, Museum casually
- 25 Person who **55** Idris of "The Wire" gets home 56 Singersafe?
- songwriter 27 "Harper Valley Lisa **58** Mimicked (song)
- 28 Mehdi **59** Skip town **61** Apt letters Hasan's network missing from Catherine of
 - "Craig_I_st or "Beetlejuice" Pin_er_st' 62 It's hard to spelling bee
 - indicate over text
 - **64** Jack, e.g. ... or a jerk
 - **65** Not feeling 100% 66 CBS forensics
 - franchise 67 Snooze

PREVIOUS PUZZLE ANSWER

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The (K) Clues Are for Kids Created by Timothy E. Parker

ACROSS

- 1. Little tricyclist 5. Hawaiian
- necklaces 9. (K) Something
- to stand on **12.** (K) One expecting an
- inheritance 3. Part of MIT
- 14. Shout from a
- bullfighter 15. Nervously
- uncomfortable (3 words)
- 17. (K) Where NY is
- 18. (K) Walk through water
- **19.** (K) Any construction worker
- **21.** (K) Tiny, as a fairy-tale character
- 22.(K) Highway path
- 23.Statistic for pitchers 25. Demeanor

Can you find the answer to this riddle within the solved puzzle?

Long-distance call?

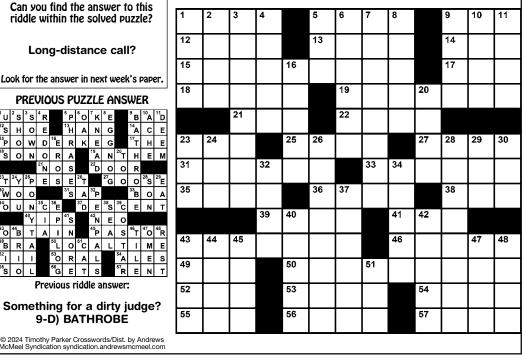
PREVIOUS PUZZLE ANSWER

9-D) BATHROBE

- **27.** (K) Metal-
- dissolving liquid 31. "
- hatches!" **33.**Linking verb
- 35.(K) Computer mouthful?
- 36. Prophet **38.**(K) As clever
- as a fox **39.**(K) Word that ends prayers
- 41. (K) Mobile download
- **43.**What opposites do, they say
- 46. "Tis" opposite **49.**(K) /her/hers
- **50.**(K) Wave the white flag
- 52.(K) Egg maker 53.(K) Popular cookie brand
- 54. Daily prescription amount
- **55.**(K) "Did it stop raining ___?"

- 56.(K) Require
- desperately **57.** (K) and down the crafts **DOWN**
 - - 1. (K) If it's not that, then it's
 - 2. (K) Shout **3.** Electric bill
 - unit 4. (K) Clear a blackboard
 - **5.** (K) Be a make-up
 - artist? 6. Pave the
 - way for 7. Release 8. Large beer
 - mug **9.** (K) With the volume on 10
 - 10. (K) "What can I do for you?"
 - 11. (K) Hiker's stuff 16. Kind of park or song

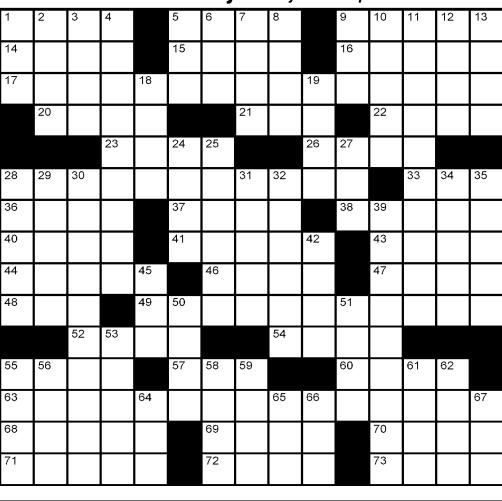
- **20.**(K) ___frog (game) 23.A drop in the
- ocean? **24.**Sunshine unit
- **26.**(K) Not confident in oneself
- 28. Spittoon **29.**(K) Not feeling well
- **30.**(K) 24 hours make one
- 32.(K) Eye droplet 34. Speak like a
- valedictorian 37. Main course
- 40. Stoneworker 42.(K) Chinese giant
- 43.Like one pale in the face 44. You, in the
- **Bible** 45.(K) Camp sight? 47. (K) Place for a
- young bird 48.(K) Uno,
 - dos, 51. Fishing pole



The answers to this week's puzzles can be found in next week's issue.

www.GreenwichSentinel.com/subscribe www.NewCanaanSentinel.com/subscribe

See How They Run by Jake Halperin



Astrology for Next Week

VIRGO

7/17

24 Aug-23 Sept Others will take advantage of your helpful nature if you let them, so don't. A tricky Mars-Neptune union warns you to be on you guard, even when dealing with people you trust, as their needs are likely to clash with yours. Don't just believe what you're told. Check it out.

LIBRA

24 Sept-23 Oct Make sure your extra efforts benefit you as well as others. You like to be of service but there are times when colleagues and employers expect too much of you and this could be one of them. Take a break, or even a holiday – no one deserves it more.

SCORPIO

24 Oct-22 Nov Why is your life such a rush? Why do you have to get everything done at once? The planets warn you need to slow down now or you'll be so tired you won't be able to take advantage of dynamic Mars' midweek move into the most exciting area of your chart.

SAGITTARIUS

23 Nov-21 Dec Be careful who you confide in. If you reveal a personal secret, even to just your closest friend, it could soon be public knowledge. No matter how desperate you are to share a worry it will be wiser to suffer in silence just now. The pain won't last for long.

CAPRICORN

22 Dec-20 Jan If you want something enough you'll find a way to get it but you may later decide you paid too high a price. How much do you really need it? Is it an essential? Or just something you took a shine to and want to possess? If the latter, think before you buy.

AQUARIUS

21 Jan-19 Feb Your workload may be onerous but you don't have to do it alone. Use your persuasive powers, even coercion, to get partners and loved ones to help you. You've done them many favours, now they can repay some of their debts. Don't take no for an answer.

PISCES

20 Feb-20 March Avoid confrontations, even if someone deserves a telling off. An uncomfortable Mars-Neptune aspect warns you to keep your feelings to yourself - especially if it's someone you work or do business with. Maybe they can't help it. Maybe they're stupid.

ARIES

21 March-20 April You must tread carefully as your reckless ruler Mars is energised by emotional Neptune. If you throw yourself at something - or someone new you could regret it for a very long time. So think before you act and, if in doubt, don't act at all..

TAURUS

21 April-21 May You may have 101 jobs to do but with your energetic ruler Mars squaring up to Neptune you're unlikely to be able to organise yourself well enough to make much of an impression. Maybe you should forget about work and just chill out. You deserve a rest.

GEMINI

22 May-21 June Mars in your sign makes you hugely ambitious but you could overestimate your abilities and shatter your ego. What seems a great idea at first will, in time, be revealed as little more than wishful thinking. Don't commit yourself too soon.

CANCER

22 June-23 July There may not have been much joy in your life lately due to Mars' transit of the most sensitive area of your chart, but once Mars moves into your sign midweek you'll be smiling again. Start making plans now as you'll soon get the chance to make a dream come true.

LEO 24 July-23 Aug Your imagination will work overtime which has both good and bad implications. The line between fantasy and reality can be thin so before embarking on something new - especially if it's costly make sure it's practical. Get a second opinion if you're not certain.

Discover more about yourself at *sallybrompton.com*

7 LITTLE W©RDS

Find the 7 words to match the 7 clues. The numbers in parentheses $\frac{1}{20}$ represent the number of letters in each solution. Each letter combination can be used only once, but all letter combinations will be necessary to complete the puzzle.

CLUES

SOLUTIONS

1 walks laboriously (7)

2 Habitat 67 architect Moshe (6)

3 foreboding (10) 4 wary (8)

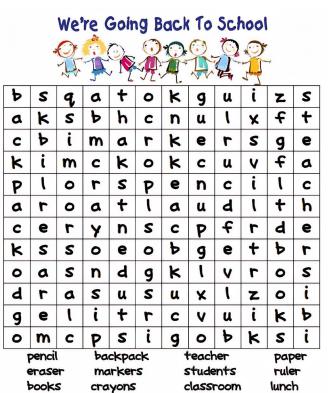
5 rouged spots (10)

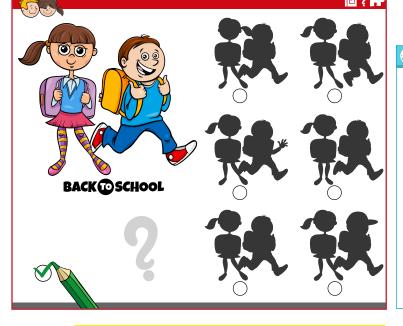
6 maintain order (6)

7 bright light in one's field (8) **EKB** TRU DIE NT TTI **ONES** SH **OUS** ES RY **POR** POL SKI DG LUM SAF CHE TE INA ICE

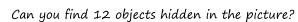
Previous Answers: INVIGORATE 2. WADDLE 3. CONTRIBUTES 4. AMARYLLIS 5. ALIBIS 6. FENNEL 7. MORDANTLY 7

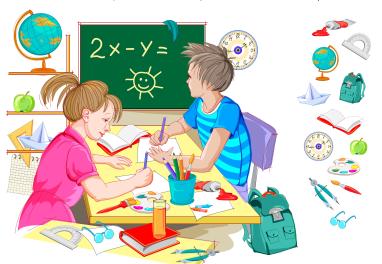
PUZZLES

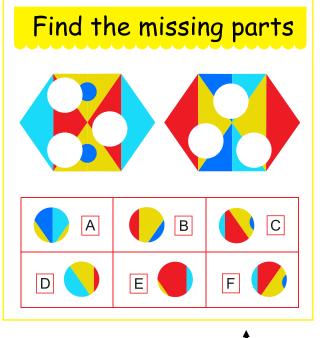


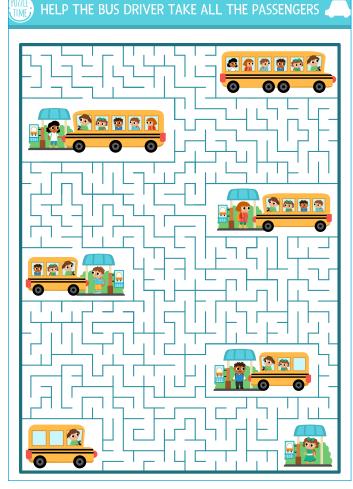




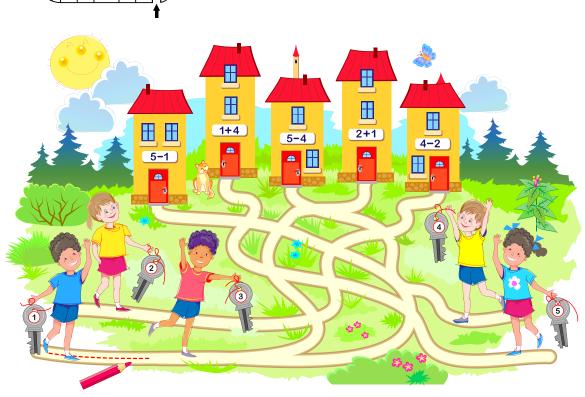






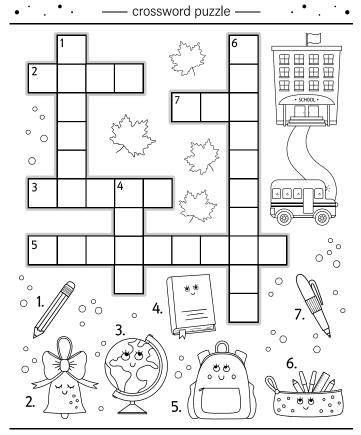






Help the children find their houses. Solve examples and draw the path.

BACK TO SCHOOL





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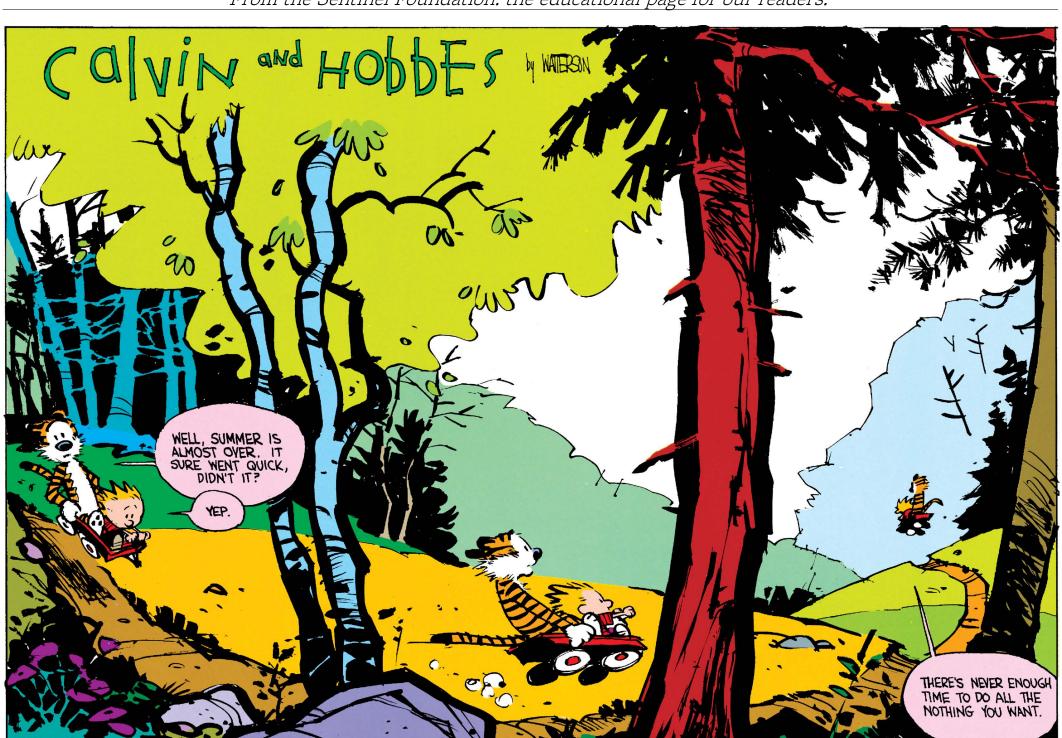
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COLUMN | WILDLY SUCCESSFUL: THE ATLANTIC COD

This Fish Changed Exploration, Survival & Even Colonization

BY JIM KNOX

Most historians agree that the first Thanksgiving was a feast celebrating a successful harvest by the Plymouth colonists in mid-October of 1621. For this feast, the colonists invited the native Wampanoag tribe members of the area, and it was the Wampanoag tribe members who informed that first Thanksgiving menu. In addition to the fruit, vegetables and breads, protein figured prominently, and the fare would surprise you. Beyond venison, waterfowl, and Heath Hens - tragically an extinct species — the menu also featured protein from the sea. While mussels, clams and lobster were introduced to the colonial palate, another North Atlantic denizen made its culinary debut on this side of "the pond" - Atlantic Cod.

The Atlantic Cod, Gadus morhua, is a species that figures so prominently across cultures and centuries that it has been attributed to shaping exploration, survival, nutrition, and even colonization of the New World! Ranging from Western Greenland to the shores of North America, from the Arctic Ocean to North Carolina, the Atlantic Cod has a vast range. A staple of European medieval diets, Cod was eaten by the Vikings on their explorations of North America recorded in the Icelandic sagas. It was also a key commodity driving exploration of the Western Atlantic by the European crowns.

Sporting a deep body, a large blunt head, olive green to reddish brown back and sides with speckling, a silvery belly and a sensory barbel projecting off the and with the Portuguese, swam off its shores. The small point. "Salted Cod" legendary. Salted, baked, chin, Atlantic Cod are instantly recognizable. fleets depleting them to the history and prosperity and nutritious, but it also poached, the fish loans itself sharing his work with others



The Atlantic Cod

As early as 1602, the Cape of St. James was renamed Cape Cod for the untold billions of Cod that swam off its shores.

of more than six and a the European demand of Massachusetts, that a key trade item on both

Historically, the

to hug the bottom (down confirmed during the first continuously since 1784. to 1,500 feet or more). Due voyages of discovery to tasty-resource.

exporters of the day as the Carribean, and Brazil! As early as 1602, the "Salt Cod" and could be

half feet, and weights of for this dietary staple wooden carving, known sides of the Atlantic. Young more than 211 pounds (the far exceeded the known as the Sacred Cod of and old, rich, and poor, world record caught off supply. Enter the New Massachusetts, has fishers, farmers, soldiers, Massachusetts in 1895), World and its seemingly hung in the chambers and sailors all ate the mild these cold-water fish are top limitless natural resources. of the Massachusetts white fish with the delicate predators with a tendency With Atlantic Cod stocks House of Representatives flavor and clamored for more. This trade linked Though the fish was New World and Old World to overfishing's impact on North America, enterprising eaten fresh, its versatility economies and consumption populations however, Cod and hungry colonists alike as a salted food proved and trade spread from over 50 pounds in weight soon took advantage of this tremendously valuable Northern Europe to the are considered exceptional exceedingly abundant—and to the fishmongers and Mediterranean, West Africa, nature—knowledge.

What were the attributes European Cod fishing Cape of St. James was kept safe and palatable for that made Cod such a season occurred only renamed Cape Cod for the years. In the days before valuable commodity for the during the summer months, untold billions of Cod that refrigeration, this was no table? Cod's versatility is Spanish, and English fishing Cod has been so integral to was not only valuable broiled, breaded, fried, or planet's rarest creatures and Reaching record lengths collapse by the late 1500's, of the Commonwealth became a food source and to any style of preparation who love the natural world.

at hand. With a delicate flavor and big white flakes, the flesh is ideal by itself, or with other dishes, and complements any seasoning.

While the Cod has undeniably served humanity, what can we humans learn from this creature? For one, abundance is often linked to overharvest. In the case of the Cod, its resilience has been tested by overfishing which has led to a recent population crash. Although the species does bounce back from such pressure, it takes decades to do so. By learning to better sustain resources, we can serve the wild world around us, and ourselves very well. Another notable quality of our aquatic neighbor is its versatility-the kind of versatility that enable it to populate a huge expanse of the Atlantic Ocean and thrive from shallow habitat to more than ¼ mile in depth. Perhaps most significantly, the Atlantic Cod teaches us that if a single wild neighbor can inspire us to explore, colonize, trade, and innovate, imagine what other lessons we can learn from the humblest of

As a species, we have proven ourselves to learn from experience, model resilience and explore. Over the millennia, we have proven something even more significant; we are at our best when we study the wild world around us and take in the one thing we can never overharvest from

Jim Knox serves as the Curator of Education for Connecticut's Beardsley Zoo and as a Science Adviser for The Bruce Museum. His passions include studying our