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LOCAL NEWS

POLICE AND FIRE
Rising E-Bike Complaints
 The New Canaan Police report increased complaints about juveniles riding e-bikes recklessly, posing safety risks. Connecticut law regulates e-bikes, with specific speed limits and operational guidelines. Violators may face fines, and parents are urged to ensure their children understand these regulations.

Fire Extinguished on Harrison Road

On September 2nd, the New Canaan Fire Department responded to a fire alarm at a home on Harrison Road. A basement vacuum system had caught fire, but firefighters quickly extinguished it and ventilated the house. Damage was contained to the immediate area.

TOWN HALL

Report Flood Damages
 The Connecticut Department of Emergency Management and Homeland Security is asking residents and businesses to report flood-related damages from August 18th and 19th via an online survey. The information collected will help determine eligibility for federal disaster programs. Participation is voluntary and does not guarantee assistance. The survey is available at <https://crisistrack.juvenile.com/public/CTDEMHS/request.html>.

Remembrance Ceremony
 New Canaan will hold a 9/11 remembrance ceremony on September 11, on the front lawn of Town Hall. The event will begin at 9:59 AM with a wreath-laying. Refreshments will follow, and all are invited to attend.

AROUND TOWN

Safety Urged as Schools Reopen
 With over 4,000 students returning to New Canaan Public Schools on August 29, the community is reminded to prioritize safety. Drivers should slow down in school zones, stop for school buses with flashing lights and extended stop signs, and be alert for children crossing streets or walking on sidewalks.

LOCAL BUSINESSES AND NONPROFITS

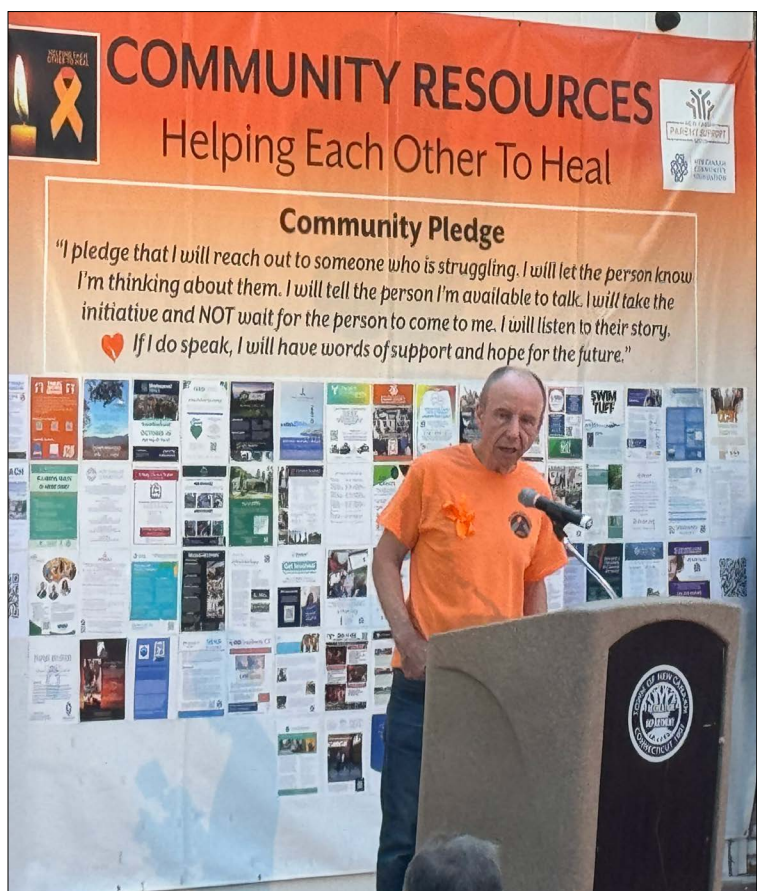
Chamber Honoring Local Businesses



The New Canaan Chamber of Commerce will host the 2024 Chamber Awards on September 25th, from 6 to 7:30 pm at the New Canaan Library. The ceremony will honor Planet New Canaan, Pennyweights, and Adirondack Store & Gallery for their meaningful contributions to the local community. Attendees will enjoy lite bites and appetizers, with wine provided by Craftbottlz and

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Publisher@NewCanaanSentinel.com



Paul Reinhardt Speaks at the Vigil

Hope, Loss, and Community

BY BETH BARHYDT

On the last Thursday of August, more than 500 people gathered at 6 South Avenue for the town's 8th Annual Community Addiction Awareness Vigil. They were there for many reasons—to grieve, to remember, to support, and, most of all, to be a part of a collective struggle against addiction. As the golden hour bathed the scene in light, the one hundred chairs filled up quickly, and those who couldn't find a seat stood. In the end over 500 people came together, a testimony to how widespread the impact of addiction is.

The event, organized by the New Canaan Parent Support Group (NCPSPG), was about family, survival, and the power of shared stories. Paul Reinhardt, founder of the NCPSPG, opened the event. "Family support is a critical lifeline during a loved one's struggle with addiction," he said. "Inspiration caused by a hopeful story can lead to the magical moment where a loved one engages in sustainable recovery."

Reinhardt's words hit home for many in the audience, people who have walked the same path, or know someone who has. They had come to hear stories of recovery, yes—but also to confront the reality of loss. The Resource Wall and the Hope & Remembrance Wall were stark reminders of lives lost to addiction,

their photos and names a call for continued vigilance.

Aidan, a local New Canaan resident, took the microphone and told his story of addiction and recovery. Born and raised in New Canaan by a single mother, Aidan struggled with anxiety and depression from a young age. By the time he was 15, his life had begun to unravel. "I tried cannabis for the first time with my cousin," he shared. "That's pretty much the moment when my mind became controlled by substances."

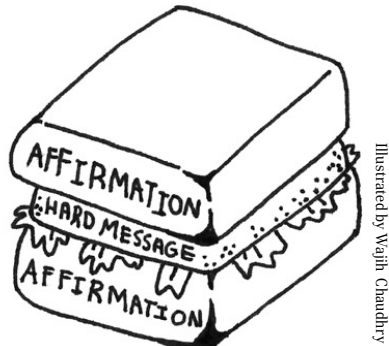
Aidan's story mirrored that of so many others, starting with recreational use and ending in a nightmare of dependence. By the age of 17, he had overdosed after mixing alcohol, sedatives, and stimulants. "I would do mental gymnastics to convince myself it was normal to use all day," he said. "I lost any sense of morality. I had no concept of moderation. I was completely out of control."

But Aidan's story didn't end in tragedy. Through the support of his family, and the people he met in 12-step programs, Aidan found his way to sobriety. On October 8, 2018, he entered recovery. Since then, he's attended meetings every day and given back to others by speaking at hospitals and rehab centers. "The opposite of addiction is connection,"

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COLUMN

Grace Sandwiches



Illustrated by Wylie Chaudhry

BY JILL S. WOOLWORTH, LMFT

All of us have to communicate difficult messages. Rather than avoiding the issue until we escape or explode, we can build a "grace sandwich" with affirmation as bread.

The first slice of bread affirms the other person. Start by noting anything that he or she has done that you appreciate. This could be either a character quality or a specific action. Such statements calm our nervous systems and draw the listener's attention. We are all hungry for compliments.

Then add: "What I want to say isn't easy. I'm concerned you may be upset. And I need your help to get this right." Asking for help defuses defensiveness. Once you've done that, state the meat of the issue: the hard message.

The second slice of bread affirms the importance of your relationship, along with your confidence that the other person will do the right thing. Even if we doubt that he or she will, the odds of it happening increase between two slices of affirmation.

Blake declared to Olivia: "I was proud to tell my parents about the award you got at work. You deserved it. I'm lucky to have such a smart wife. I have an important request and I need your help. // I doubt you know how much it bothers me when I find your dishes in the sink. I feel like your maid. Please put them in the dishwasher. // Our relationship is the most important thing in the world to both of us. I know that you want me to be happy. Thanks for listening."

Excerpted from Jill Woolworth's book, *The Waterwheel*, available at Diane's Books, Dogwood Bookstore, Amazon, and barnesandnoble.com. Jill is a therapist at the Center for Hope & Renewal.

Lamont and Fazio Meet About Skyrocketing Electricity Bills

BY ANNE WHITE

Governor Ned Lamont met with State Senator Ryan Fazio and three other key legislators on Wednesday to address the pressing issue of the state's increasing energy costs. Both leaders acknowledged the complexity of the crisis and underscored the importance of bipartisan cooperation to bring about meaningful reform that could ease the financial burden on Connecticut residents.

After the meeting, Governor Lamont stressed that there were no simple or quick fixes to the problem but emphasized the need for continued collaboration. "We all acknowledge that there is no easy, short-term solution to this complex problem, but we need to collaborate and enact reforms," Lamont said. His administration is focused on addressing the underlying

supply and demand issues in the state's energy sector by exploring ways to increase energy generation and improve efficiency.

Senator Fazio emphasized the urgent need for action. "Connecticut residents are feeling the pain of these high costs," Fazio remarked, citing his personal interactions with constituents across the state. "People are hurting, and so they need leaders to step up and act. State policies bear responsibility for the high cost, so state leadership is needed in order to solve the problem." Fazio's Push for Immediate Reforms

Fazio has been a leading voice in advocating for immediate reforms, pressing for a special legislative session to enact several key proposals. One of his main concerns is capping new state energy purchases to prevent the state from signing contracts

in the next eight weeks that would lock in prices that far exceed the market rate. "The state is signing new energy purchases at potentially four times the market rate, and these contracts could raise residents' bills even more every year for the next 20 to 30 years," Fazio explained.

Fazio is also pushing for the use of American Rescue Plan Act (ARPA) funds to pay down the unpaid utility bills that accumulated during the COVID-19 pandemic. These funds, according to Fazio, are running out, making it crucial to act before the resources are depleted. "We proposed at the beginning of the year that the remaining \$400 million in ARPA funds be used to cover the one-time costs of unpaid bills from the COVID period," he said. A special session would be needed to enact that before the funds are depleted.

Another significant

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State Senator Ryan Fazio, at the podium, is a leading advocate for holding a special session to address pressing concerns about skyrocketing energy costs in Connecticut.

"We are asking residents to go to www.specialsessionct.com to sign a petition to encourage state legislators to call for a special session immediately in order to act," Fazio explained.

Lapham Center Thrives Growing Community

BY BETH BARHYDT

The Lapham Community Center, a cornerstone of New Canaan life, is busier than ever, and Director Aggie Aspinwall couldn't be more excited. In a place that has long been a hub for residents, especially seniors, Aspinwall reports that the Center is not just bouncing back from the quiet days of the pandemic—it's thriving. "We are probably beating pre-COVID numbers," she said, adding that the fall programs are filling up fast. "Some of them are sold out already," she said. "We'll accommodate as many as we can, try and squeeze people in if we can."

If you haven't been to the Lapham Center lately, now's the time. They've extended their hours, added night programming, and even offer Saturday events. "I've never been to anything here I did not enjoy," noted a member. It's no surprise that dinner and a movie, sip-and-paint nights, and the always-popular murder mystery dinners are drawing big crowds. "Dinner and a movie is always a winner," Aggie confirmed. "And with the state grant, things are free, so everyone loves those." It's easy to understand why these events are such a hit. "We could have doubled the numbers for sip and paint," she said. "People love it. A lot of them come back."

Take, for instance, the murder mystery dinner—an event that's become a staple at the Lapham Center. Residents arrive in costume, ready to



Aggie Aspinwall

play detectives in a night of fun and intrigue. "Those who come absolutely love it," Aspinwall said, grinning as she recounted the enthusiasm. "One couple came in a tux and a full-length gown. It was like the '20s!" The details matter, too. From clever dishes like "Vendetta Antipasta" and "Revenge Ravioli" to "Deadly Delightful Lemon Squares," the event brings a unique energy that people talk about for weeks after.

But it's more than just games and themed dinners. The Lapham Center is about connection, especially for seniors who might be feeling isolated. "We'd be lost without Lapham. It fills our days," said one member.

The state grant that supports many of these events is geared toward combating loneliness, a problem that can sometimes be hidden in New Canaan's friendly but close-knit circles. "People know their people," Aspinwall explained, "but they're

a little afraid to reach out of their comfort zone. It's sort of a dinner party community. You go out with your friends, the ones you've had for years, but sometimes, for a lot of different reasons, that changes."

That's where Lapham's programming really shines. Whether it's Canasta, Italian classes, or iPhone editing workshops, people are branching out, meeting new friends, and expanding their social circles.

And it's not just for the older crowd. The Lapham Center is attracting younger groups as well, with more and more 60-year-olds attending classes and events. "The baby boomers are big," Aspinwall said. "It's a big group. Our average age has come down." Many of these younger attendees are learning about the Center through activities like Bridge and Mah Jongg, then discovering even more opportunities, like art classes and travel workshops. "Once they get here, they realize how great it is," she explained. "They make it a part of their schedule."

The variety of classes is impressive. From language classes to art, from Medicare workshops to health and wellness events, there's something for everyone. And the Center is just getting started. "With the state grant, we can really try new programs and see if they're successful," Aggie said.

"You're a part of my life," remarked one member. "This is my second home," said another.



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Scott Troyer and his band the Honey Blades play at the Vigil

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 I will tell the person I'm available to talk.
 I will take the initiative,
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 I will listen to their story.
 If I do speak,
 I will have words of support and hope for their future.

Recovery Facts

Over 22M Adult Americans are in long-term Recovery

There are Multiple Pathways to Recovery - Unassisted and Assisted

Primary Assisted Pathways:

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- Formal Treatment including Inpatient and IOP
- Recovery Support Services
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VIGIL
 From Page 1

Aidan said. "And I am connected to those who struggle."

He wasn't the only one to speak that night. Ben Tuff, an ultra-swimmer and documentarian, also shared his journey to recovery. His connection to New Canaan was personal—his sobriety began at Silver Hill Hospital. In an interview he told the Sentinel, "Every morning at a church in New Canaan, I'd attend the AA meeting. Those were my people," Tuff said. "For five weeks, that's what started everything."

Tuff's message, like Aidan's, was one of perseverance, and of the vital role that community plays in the journey to recovery. His film, *Swim Tuff: How I Swam Myself Out of the Bottle*, chronicles his sobriety, paralleled by his 24-mile swim from Providence to Jamestown. "It wasn't easy," Tuff said, speaking of both his swim and his recovery. "But it's all about who surrounds you and the family that surrounds you."

The idea of family being central to recovery resonated throughout the night. John Hamilton, President and CEO of Liberation Programs, who served as the event's emcee, underscored that theme. "Stigma surrounding addiction prevents many from seeking help," he said, reminding the audience of the painful reality that only 10% of those who need substance use treatment receive it. "The Vigil combats this stigma and empowers families to be part of the solution."

Another emotional moment came when Cini Shaw, another speaker in recovery, shared her deeply personal story. "I was born and

raised in Peter Cooper Village on the Lower East Side of Manhattan," she said. Shaw's life, like so many, was shaped by alcoholism before she ever took her first drink. "My parents divorced when I was four because of my father's drinking. He abandoned us." The cycle of addiction in her family continued. Shaw's mother remarried three times, each husband plagued by alcoholism, and each time, Shaw was witness to the devastation it brought.

Determined to avoid her family's fate, Shaw never imagined she would develop her own alcohol use disorder. But, as she told the audience, the seeds of addiction had been sown long before she ever picked up a drink. "I bought into the myth of the 'mommy wine culture,'" she said. "It wasn't random. Alcohol helped me sit with my discomfort, my fear, my sadness." Eventually, her drinking spiraled, from wine to vodka, from social to solitary. "I was slowly killing myself," she admitted. "I didn't want to die, but I knew I didn't want to live the way I felt."

Shaw's recovery began with detox and AA meetings. She built a new family—one of recovery. "I could learn how to self-soothe and how to cope without harming myself," she said. "My recovery family is made up of women in AA, my Liberation family, and of course, my incredible Lighthouse family who have stood by me through some of the most difficult years of my life." Shaw's story was one of survival, but also one of unimaginable loss. In 2015, she lost her son, Gregory, to an opioid overdose. "He is honored on our remembrance wall," Shaw said. Despite this, she continues to fight for recovery—not just for herself, but for the family she has found in the recovery community.

The candlelight ceremony, led by local clergy members Chapin Garner and Cheryl

Bundy, was a poignant moment. As the flames flickered in the gentle breeze, families held their candles in silence, their faces illuminated in the growing twilight. It was a tribute to those lost and a symbol of hope for those still fighting.

Reinhardt's vision for the event has always been about more than raising awareness. It's about action, about showing people that recovery is possible—and that it's often the stories we share that make the difference. "Every time someone steps forward to share their authentic experience of recovery, I believe a life is saved," Reinhardt said.

For those in the audience who might have been struggling in silence, the stories shared that night were a lifeline. Eric Thumen, a longtime member of the NCPSP, summed up the Vigil's impact the following morning. "It was beautiful, especially the candlelight vigil at the end. The weather was absolutely spectacular, and the music from Scott Troyer and friends set the perfect tone. It's hard to describe, but you could feel the support."

As communities continue to grapple with the challenges of addiction, events like the Vigil provide a vital reminder that no one is alone in their struggle.

After the Vigil, Reinhardt shared his gratitude. "It's hard to believe, but we actually hit our stretch target of 500 people at our August 29th Vigil," he said. "Our goal was to touch and inspire through the recovery testimonials, and we believe we succeeded with our recovery speaker lineup of Aidan, Cini, and Ben."

Looking back on the 8th Annual Vigil, the message is clear: New Canaan is a community that stands together. The road to recovery is long, and here no one has to walk it alone.

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New Canaan High School Sophomore Gets A Standing Ovation for Performing Piano In Italy

Recanati, Italy: Anna Fiorito, a sophomore at New Canaan High School, won an award of distinction in the Conero International Piano Festival this summer. She played multiple pieces, including Rachmaninoff's Prelude and Mozart's Piano Concerto no. 23, and ultimately performed in her final open-air concert for a vast audience. From the early age of 5, Anna has been practicing, auditioning, and competing. But this was her first experience playing with

an orchestra. At times, she says, "it was as though her left ear was soaking in the sound of the other instruments, while her right ear was attuned to her gentle, bright notes".

In addition to high-level competitions in Connecticut and New York (Schubert Club Awards, Piano Teachers Congress of NY) Anna has played at Carnegie Hall, Steinway Hall (New York City), and Swarthout Recital Hall (Kansas

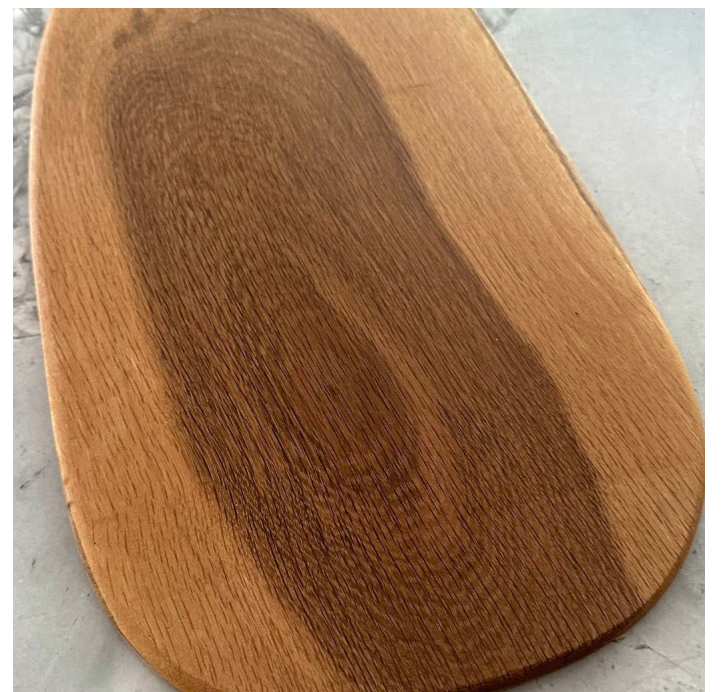
University). One of her dreams is to play Beethoven's Concerto 3 with an orchestra, and also a solo piece, Chopin's Ballade No. 1 in G minor, which she is currently working on. She hopes to enter the 28th International Piano Festival in Poland this summer. She is inspired by her mother, Svitlana Fiorito, who is a piano teacher, and an accomplished pianist herself.



There is Still Time to Bid on This Auction

The auction, running through September 9, features not only these bowls but also benches, birdhouses, and life-sized bird carvings, each a testament to the oak's enduring legacy. Notably, a life-sized carved Pileated Woodpecker by sculptor George Arthur is among the items, a piece that echoes the forest's call and starts bidding at \$250. Additionally, a Millennium Y2K Blockbuster Bordeaux Wine Package, its significance amplified by the oak's historical connection to wine-making, begins at \$1,000.

This auction serves as a blend of history, craft, and conservation. The proceeds will support the Bristow Bird Sanctuary's ongoing efforts to preserve its natural beauty and ecological significance. For those who value the continuity of tradition and the tangible connection to the past that such objects provide, the opportunity to participate in this auction is not to be missed. Bids can be placed online at <https://givebutter.com/c/BristowParkCentennial/auction>, where each item carries with it the weight of history and the promise of endurance, much like the white oak from which it was hewn.



The auction, running until September 9, featuring charcuterie boards, benches, and artisanal bowls crafted by local artisan John Hutchins from the historic Bristow White Oak.

<https://givebutter.com/c/BristowParkCentennial>

Social Impact Partners to describe mission at New Canaan Men's Club



The New Canaan Men's Club will learn about the work of Social Impact Partners for Connecticut from its executive director Mark Argosh when it meets September 6 in St. Mark's Episcopal Church.

Headquartered in Westport, Social Impact Partners' mission is to be a catalyst for positive social change by marshalling nonprofits, governments,

educational institutions and business to change inequitable systems that prevent economic and social mobility for Black, Brown and marginalized populations.

The meeting will begin at 10 a.m. with Argosh presenting his remarks at around 10:40 a.m., following the business portion of the meeting.

Argosh has been Social Impact's executive since 2016. In that time, its number of partnerships has tripled to almost 200 members. During that time, its government and nonprofit portfolio has grown from two to 18 organizations. He also serves as the chair of the Governor's workforce Council and serves as an advisor to many of Social Impact Partners' projects with nonprofits and their initiatives.

Prior to joining Social Impact Partners, Argosh worked in the financial industry for more than 30 years. He has an undergraduate degree from Brown University and an MBA from Stanford University's Graduate School of Business.

The New Canaan Men's Club has openings for new members, men 55-years old and above. For information about joining, email ncmens@ncmens.info

Kami Evans receives Endorsement

Kami Evans, Republican candidate for State Senate in District 26, is excited to announce two significant milestones in her campaign. Evans has officially secured the Independent Party's cross-endorsement, a considerable achievement that underscores her commitment to leadership that resonates across party lines. This endorsement reflects the shared values of the diverse communities within District 26, spanning Westport, Wilton, Redding, Ridgefield, Weston, New Canaan, Darien, and portions of Stamford.

In addition to this endorsement, Evans' campaign reached a critical milestone by achieving the funding goals required for the Citizens' Election Program (CEP) Grant. This grant ensures that Evans' campaign will be fully funded and competitive, allowing her to reach every voter in District 26 effectively.

"Securing the CEP Grant is a game-changer for our campaign," Evans stated. "This achievement wouldn't have

been possible without the unwavering support of the RTCs across District 26 and all of you who have rallied behind our vision for a better Connecticut."

With these significant accomplishments, Evans is committed to keeping the momentum going. She will be hosting several coffee mornings across the district to engage directly with constituents, discuss vital issues, and chart the future for District 26 together.

Furthermore, the campaign organizes a district-wide effort to distribute signs throughout all communities. "Displaying a sign is a simple yet impactful way to show support and signal that our district is ready for strong, effective representation in the State Senate," Evans noted.

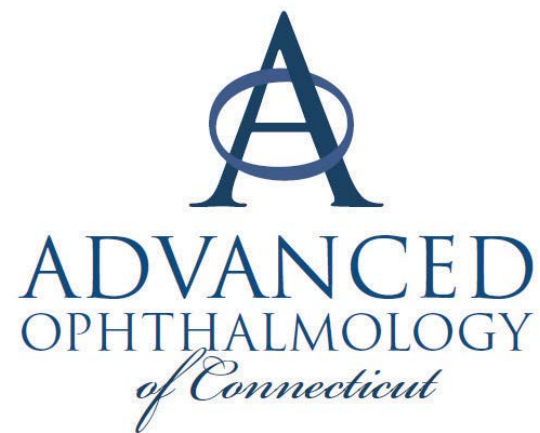
Evans encourages all supporters to get involved by hosting a coffee morning or displaying a campaign sign. "Together, we are making a significant impact, and I am honored to have you by my side on this journey," she said.

Celebrate Healthy Aging Month!



Eye health plays a vital role in overall well-being as we age. Regular eye exams are key to detecting early signs of age-related conditions such as glaucoma, macular degeneration, and diabetic retinopathy.

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New Canaan's New Star: The Cinema

By ROBERT WILLIAMSON

New Canaan Playhouse was abuzz with energy during a special event hosted at the freshly refurbished Cinema Lab. Residents and dignitaries gathered for an exclusive pre-screening of Reagan, a film that had yet to be fully seen by the public. Luke Parker Bowles, the dynamic event organizer, welcomed the excited crowd, stating, "This is a special screening, and no one else has seen it properly yet in this form." He then introduced State Senator Ryan Fazio, who entertained the crowd with humor before turning to the significance of the event.

"They had someone important, but they canceled," Fazio joked, eliciting laughter, "and I'm here now." Despite the lighthearted introduction, Fazio's message was clear: Cinema Lab represents a significant milestone for New Canaan, and its impact on the town's culture and economy cannot be overstated. "This will serve as the anchor for New Canaan's downtown for a generation to come. It's absolutely fantastic," he declared.

Fazio highlighted the collective efforts behind the project. "The entire community deserves thanks for its support, both private and public," he continued, referring to the collaboration between town residents, local representatives, and state government. He pointed out the \$2 million grant that helped fund the project, a significant contribution by New Canaan's legislative delegation, including Representative Tom O'Dea. "We were proud to help," Fazio noted.

The evening's main attraction, Reagan, set the tone for the night. Fazio drew parallels between Ronald Reagan's optimistic vision for America and New Canaan's promising future. "Reagan himself was a symbol of American optimism," he observed, reflecting on the economic growth during Reagan's presidency and suggesting a similar spirit of progress for the town. "By the end of his second term, it was morning in America."

The screening was not just about enjoying a film. It was also a celebration of New Canaan's ability to preserve its cultural heritage while fostering innovation. Fazio remarked on the importance of knowing history to improve the present, stating, "We all need to study and know history in order to be good citizens."

Fazio's parting words, "Enjoy the playhouse for the years to come," resonated with everyone in the theater, serving as a reminder of the town's collective achievement. Not everyone headed straight



to the theater that evening. Some attendees opted to enjoy a meal at the Cinema Lab Pub before the screening. Those who dined prior to the event were treated to a menu featuring a range of enticing dishes and carefully crafted cocktails.

Among the standout options, the Deviled Eggs (\$12) were delightful, bursting with flavor from the pimentón and chives, providing a rich, smoky essence. We had it with freshly baked sourdough making the

eggs an indulgent yet approachable meal.

Another crowd favorite was the Burrata Caprese (\$26), where the jewel box tomatoes and candied Sicilian pistachios add texture and sweetness to the creamy burrata, a dish that feels both rustic and refined. The Dry-Aged Pub Burger (\$29) also impresses with its English cheddar and B&B pickles, layered with a Hollywood sauce that provides a subtle tang, making each



bite memorable. The side of thick, golden fries adds a satisfying crunch, rounding off the dish perfectly.

For dessert, the Sticky Toffee Pudding (\$15) is a decadent choice, its pineapple rum dulce de leche and vanilla buttercream melding together in a sinfully sweet combination. This dish balances sweetness with a hint of tropical zest, leaving a lasting impression.

Complementing the food are the pub's refreshing cocktails. The pictured drink showcases creativity with dried citrus and ginger garnishes, evoking a blend of seasonal flavors that enhance the experience. Whether you're looking for something crisp and tart or smooth and mellow, the cocktail menu offers something to suit any palate, making the Cinema Lab Pub a delightful destination for food and drink lovers alike.

In all, the night at Cinema Lab seemed to be a testament to New Canaan's community spirit, its dedication to preserving local culture, and its excitement for the future.



James Hautman (American, b. 1964), Redheads, 2021 (Design for the 2022-2023 Duck Stamp). Acrylic on gesso board. Bruce Museum, Gift of Richie Prager. Photo: Paul Mutino

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Greenwich, CT
BruceMuseum.org

the
Bruce

LEGAL AD

TOWN OF NEW CANAAN

TOWN COUNCIL

Notice is hereby given that the Town Council of the Town of New Canaan will hold a Public Hearing on September 18, 2024 at 7:00 PM at Town Hall and virtual to review and to hear public comment on the proposed amendment to the Ordinance for Volunteer Tax Credit.

Notice is also hereby given that the Town Council of the Town of New Canaan at their regular Meeting on September 18, 2024 immediately following the Public Hearing at Town Hall and virtual will act and vote upon the proposed amendment to the Ordinance for Volunteer Tax Credit and to conduct any other business proper that may come before the Council.

Proposed Amendment: The definition of “Eligible Resident” in New Canaan Town Ordinance Chapter 57, Article VII, Volunteer Tax Credit, Section 57-23, be amended by replacing the number “20” with the number “25” each place it appears in such definition

Chapter 57. Taxation

Article VII. Volunteer Tax Credit

§ 57-22. Purpose.

A.

To encourage and increase volunteer participation in the fire and emergency medical services, there is hereby established a program to abate the real and/ or personal property taxes due for any fiscal year in an amount not to exceed the amount set forth herein below for a resident of the Town of New Canaan who volunteers his or her services as a firefighter, emergency medical technician, paramedic or ambulance driver in the Town. These reasons have provided for the Town to establish a tax abatement program pursuant to §§ 12-81w and 12-81x of the Connecticut General Statutes as amended by Public Act No. 99-272, Section 6, for volunteer fire and ambulance personnel on the conditions set forth in this section and §§ 141-17 through 141-22 and such provisions are adopted herein.

B.

To further encourage and increase volunteer participation in the fire and emergency medical services, there is hereby established certain additional benefits made available to eligible volunteers as set forth herein.

§ 57-23. Definitions.

As used in this article, the following terms shall have the meanings indicated:

ACTIVE

Certified by the Assistant Chief or secondarily the President of the New Canaan Fire Company No. 1, or the Captain or secondarily the President of the New Canaan Emergency Medical Service, as to members of their respective organizations, or on or before the certification date, as eligible for tax abatement under this article.

BENEFIT

The reduction in property taxes described in § 57-24A and access to Town facilities, § 57-24B, below for eligible residents, and access to Town facilities, § 57-24B for eligible nonresidents.

CERTIFICATION DATE

March 15 of the assessment year commencing October 1, 2018, and each assessment year thereafter.

ELIGIBLE NONRESIDENT

Those who do not reside in the Town of New Canaan who volunteer their services:

A.

As an active and in good standing firefighter for the New Canaan Fire Company No. 1 who is not a paid professional of the New Canaan Fire Department Career Staff; or

B.

As an active and in good standing emergency medical technician, paramedic or ambulance operator for the New Canaan Emergency Medical Service.

ELIGIBLE RESIDENT

Each person who resides in and pays property tax in the Town of New Canaan who volunteers their services:

A.

As an active and in good standing firefighter for the New Canaan Fire Company No. 1 who is not a paid professional of the New Canaan Fire Department Career Staff, or has completed 25 cumulative years of active service in good standing with the New Canaan Fire Company No. 1; or

B.

As an active and in good standing emergency medical technician, paramedic or ambulance operator for the New Canaan Emergency Medical Service, or has completed 25 cumulative years of active service in good standing; or

C.

Any volunteer who a) has served for a minimum of 25 years of service as an active volunteer in good standing as defined herein above (Subsections A and B); and b) terminates his or her volunteer service; and c) is otherwise eligible for the tax abatement program defined herein above (Subsections A and B), shall continue to receive a tax abatement in the maximum amount permitted by this article per annum as long as they continue to (1) reside in the Town of New Canaan or 2) own taxable property in the Town of New Canaan.

§ 57-24. Tax abatement; Town facility benefits.

A. Property tax abatement.

(1)

Each eligible resident shall be entitled to the maximum reduction in property taxes afforded by Chapter 203 § 12-81w otherwise due from that resident for the fiscal year next following the certification date unless the Town of New Canaan determines through ordinance that a lesser amount that is allowed pursuant to Connecticut General Statutes Chapter 203 § 12-81w should be set.

(a)

The tax abatement under this article shall be applied first against any real property taxes owing to the Town of New Canaan and then against motor vehicle taxes owing to the Town of New Canaan. In no event will the tax abatement, in combination with other tax benefits for which the volunteer may be eligible, exceed the volunteer's total tax obligation to the Town of New Canaan.

(b)

If the volunteer resides in a town or municipality other than New Canaan he/she is still eligible to receive the tax credit, which shall be issued by the Town of New Canaan in check form, payable to the town or municipality in which the volunteer resides, solely for the purposes of tax abatement. The tax abatement under this article shall be applied first against any real property taxes owing to said town or municipality and then against motor vehicle taxes owing to said town or municipality. In no event will the tax abatement, in combination with other tax benefits

for which the volunteer may be eligible, exceed his/her total tax obligation to said town or municipality. Proof of taxes due and payable to said town or municipality may be required by the Town of New Canaan before a check is issued.

B. Town facilities.

(1)

Each eligible resident and eligible nonresident shall be eligible to request access to any combination or all below Town facility passes/memberships at no cost:

(a)

One transfer station first car permit.

(b)

One resident family aquatic pass for the Waveny Swimming Pool.

(c)

One family play permit to Waveny Platform Tennis Courts.

(d)

One adult pass to Mead Park Tennis Courts.

(e)

One family membership to Kiwanis Park.

C.

Limitations. Benefits set forth herein shall be subject to the following limitations:

(1)

Abatement amounts for two or more members can be applied to the same property if each member is a co-owner of that property.

(2)

Multiple owners of property. When a property has more than one owner, the amount of the abatement applied cannot exceed the volunteer's proportionate share of the taxes due.

(3)

Abatements not cumulative. Any unused abatement or portion thereof shall expire at the end of the fiscal year for which it is granted.

(4)

Abatements for fiscal years subsequent to enactment. No later than January 31 of each year, each organization shall submit to the Tax Collector a list signed by the presiding officer showing each volunteer's name, residence address, and the certification (as set forth below) for eligibility. The Tax Collector shall ascertain if an eligible volunteer is delinquent on taxes or any other financial obligation to the Town. If any delinquency exists, the Tax Collector shall notify the volunteer in writing on or before April 1 that the credit cannot be granted until all such delinquencies are paid or otherwise resolved to the Town's satisfaction on or before May 31. No abatement granted under this article shall be used to satisfy any such obligation to the Town.

§ 57-25. Certification for tax abatements, Town facility benefits.

A.

Certification criterion.

(1)

Eligibility. The New Canaan Fire Company No. 1 and the New Canaan Emergency Medical Service shall determine the criteria for certification of eligibility for their respective members which criteria shall not be less stringent than the criteria for active membership in good standing in their organizations under their respective constitutions and bylaws. These criteria will be provided to the Office of the First Selectman, with notification of any amendments as required.

B.

Transmission of certification to Town.

(1)

The respective Assistant Chief/Captain/ Presidents of the New Canaan Fire Company No. 1 and New Canaan Emergency Medical Services shall, on or before the certification date:

(a)

Submit a certification of eligibility of eligible residents and eligible nonresidents to the Tax Collector for the Town of New Canaan; and

(b)

Forward a copy of their certifications to:

[1]

The Board of Finance;

[2]

The Office of the First Selectman;

[3]

The Office of the Tax Assessor;

[4]

The Recreation Department;

[5]

The Fire Commission; and

[6]

The EMS Commission.

§ 57-26. Line of duty death property tax abatement.

Tax abatement for surviving spouses of volunteer firefighters and volunteer emergency medical technicians:

A.

The City hereby enacts a tax abatement program with respect to real property owned and occupied as the principal residence of the surviving spouse of a volunteer firefighter or volunteer emergency medical technician who dies while in performance of such officer's or firefighter's or technician's duties pursuant to Connecticut General Statutes § 12-81x and on the terms and conditions provided herein.

B.

The purpose of this section is to honor volunteer firefighters and volunteer emergency medical technicians who die while in the performance of their official duties and to ease the resulting financial burden on such volunteer firefighter's or volunteer emergency medical technician's surviving spouse.

C.

For purposes of this section, the following terms shall be defined as follows:

EMERGENCY MEDICAL TECHNICIAN or TECHNICIAN

Any person who is certified as an emergency medical technician by the State of Connecticut Office of Emergency Medical Services and is a duly employed or volunteer member of a municipal emergency medical services department in the State of Connecticut, serving in an official capacity, full-time or part-time, with or without pay.

EMT DUTIES

Duties performed while traveling to, at, or returning directly from all dispatch calls routed through the emergency dispatch center, or tests or trials of any apparatus or equipment normally used by the Emergency Medical Services Department; while instructing or being instructed in EMT duties; or while engaging in any other duty ordered to be performed by a superior or commanding officer in the Emergency Medical Services De-

partment.

FIREFIGHTER

Any person who is a volunteer member of a fire department in the State of Connecticut.

INJURY

As determined by the Chief Medical Officer of the Town of New Canaan, a heart attack, stroke, or vascular rupture suffered by a volunteer firefighter or volunteer emergency medical technician shall be presumed to constitute a personal injury sustained in the line of duty by the volunteer firefighter or volunteer emergency medical technician and directly and proximately resulting in death, if:

(1)

The volunteer firefighter or volunteer emergency medical technician, while on duty:

(a)

Engages in a situation involving nonroutine stressful or strenuous physical law enforcement, fire suppression, rescue, hazardous material response, emergency medical services, disaster relief, or other emergency response activity; or

(b)

Participates in a training exercise involving nonroutine stressful or strenuous physical activity;

(2)

The heart attack, stroke, or vascular rupture commences:

(a)

While the volunteer firefighter or volunteer emergency medical technician is engaged or participating as described in Subsection (1);

(b)

While the volunteer firefighter or volunteer emergency medical technician remains on that duty after being engaged or participating as described in Subsection (1); or

(c)

Not later than 24 hours after the volunteer firefighter or volunteer emergency medical technician is engaged or participating as described in Subsection (1);and

(d)

The heart attack, stroke, or vascular rupture directly and proximately results in the death of the volunteer firefighter or volunteer emergency medical technician, unless competent medical evidence establishes that the heart attack, stroke, or vascular rupture was unrelated to the engagement or participation or was directly and proximately caused by something other than the mere presence of cardiovascular-disease risk factors.

SURVIVING SPOUSE

Defined in accordance with the Connecticut General Statutes.

VOLUNTEER FIRE DUTIES

Duties performed while traveling to, at, or returning directly from fires or fire related calls, alarms of fires or calls for mutual aid assistance, or tests or trials of any apparatus or equipment normally used by the Fire Department; while instructing or being instructed in fire duties; or while engaging in any other duty ordered to be performed by a superior or commanding officer in the Fire Department.

D.

Subject to the eligibility terms and conditions set forth herein, there is hereby established, effective with the Grand List of October 1, 2019, an abatement of equal to the maximum amount permissible under Chapter 203, § 12-81w for real property taxes with respect to real property in the Town of New Canaan owned and occupied as a primary residence by the surviving spouse of the following persons:

(1)

A volunteer firefighter who dies in the performance of his or her fire duties; or

(2)

An emergency medical technician who dies in the performance of his or her EMT duties.

E.

In the event the surviving spouse shall not be the sole owner of his or her principal residence, the abatement shall be prorated to reflect such surviving spouse's interest in the property.

F.

Termination of abatement.

(1)

Municipal real estate taxes due on the real property shall be abated until the earlier of the following events:

(a)

The real property ceases being the surviving spouse's primary residence;

(b)

The surviving spouse conveys legal title to the real property;

(c)

Remarriage of the surviving spouse; or

(d)

Upon the death of the surviving spouse.

(2)

Notwithstanding Subsection F(1)(a) and (b) above, if a surviving spouse subsequently purchases a different real property in the Town of New Canaan as his or her primary residence, and all other qualifying criteria are satisfied, the tax abatement shall apply to the newly purchased property. The tax abatement may only apply to one property at a time.

G.

The Assessor shall prescribe such forms and procedures as he or she deems necessary and appropriate to implement this section. Once such surviving spouse has been determined to be eligible for the abatements provided by this section, no periodic reapplication shall be required.

H.

The Assessor, in addition, shall take steps as necessary and appropriate to satisfactorily establish the facts that support the eligibility of the surviving spouse for abatement of municipal real property taxes on an initial and continuing periodic basis.

I.

The Tax Collector and the Tax Assessor shall create and maintain records of the sum of the total monies abated as a result of this section on a fiscal and ongoing basis to be submitted for review by the Board of Finance, Board of Selectman and Town Council upon request.

J.

This section expressly does not apply to heart and hypertension disease or other disease or occupational conditions that are progressive in nature. To be eligible for benefits under this section there must occur some precipitating work incident that results in a myocardial infarction or other physical injury on the work site itself and that is the direct and sole causation of death. The work site expressly does not include “portal to portal” transportation; that is, from residence to or from the work site.

LEGAL AD

TOWN OF NEW CANAAN TOWN COUNCIL

Notice is hereby given that the Town Council of the Town of New Canaan will hold a Public Hearing on September 18, 2024 at 7:00 PM at Town Hall and virtual to review and to hear public comment on the proposed amendment to the Ordinance for Blight Prevention and Abatement

Notice is also hereby given that the Town Council of the Town of New Canaan at their regular Meeting on September 18, 2024 immediately following the Public Hearing at Town Hall and virtual will act and vote upon the proposed amendment to the Ordinance for Blight Prevention and Abatement and to conduct any other business proper that may come before the Council.

Proposed Amendment:

- The definition of "Blighted Premises" under Section 7A-2 shall be amended by deleting the term "residential" from subsection A thereof.
- The definition of "Blighted Premises" under Section 7A-2 shall be amended by deleting the word "extensive" from paragraph 13 of subsection A thereof.
- Section 7A-13 shall be amended to read as follows:

A. Violations of the provisions of this chapter shall be punishable by a civil penalty for each day a violation exists and continues beyond the date required for remediation set forth in the notice of violation under §7A-11 of this chapter. The maximum daily civil penalty shall be:

- \$150 for occupied property,
- \$250 for vacant property, and
- \$1,000 for any property for a third or subsequent violation occurring within a 12-month period.

B. Violators will also be responsible for all costs and expenses associated with enforcement and the collection of any civil penalties, which shall include, but not be limited to, attorney fees, court costs, mailing costs and filing fees.

Chapter 7A. BLIGHT PREVENTION AND ABATEMENT

§ 7A-1. Authority and Purpose.

- A. This chapter is enacted pursuant to Connecticut General Statutes §7-148(c)(7)(H)(xv) regarding housing blight.
- B. This chapter is intended to protect, preserve and promote public health, safety and welfare; to maintain and preserve the beauty of neighborhoods; and to allow for the prevention, control and abatement of blighted premises.

§ 7A-2. Definitions.

For the purposes of this chapter, the following words, terms and phrases shall have the following meanings unless the context clearly indicates otherwise. Where terms are not specifically defined in this chapter, they shall have their ordinarily accepted meaning or such meaning as the context shall imply.

Blighted Premises means any building, structure, or parcel of land in which one or more of the following conditions have existed for at least 30 days and are visible from the first or second floor of an adjacent homeowner's dwelling:

- Missing, broken or boarded-up windows or doors
- Collapsing or dilapidated roof.
- Collapsing or dilapidated structure.
- Crumbling brick, concrete, or cinderblock walls.
- Seriously damaged, missing or loose siding, gutters, leaders, shingles or roofing.
- Significant fire or water damage.
- Persistent and excessive amounts of garbage, trash or debris.
- Inoperable machinery.
- A structure substantially infested with rodents or other pests.
- Overgrown brush, grass or weeds of at least one foot in height covering a significant portion of the property's front yard, other than (i) ornamental grass which is part of a landscaped area, and (ii) areas identified as inland wetlands.
- Trees, bushes or other vegetation that overhang and significantly hinder the use of a street, sidewalk, or driveway.
- One or more fallen trees, except those that have fallen (i) within the past six months, or (ii) in an area in which trees and brush exist in a natural, unlandscaped state.
- graffiti.

Notwithstanding the above, the following shall not be considered to constitute a blight condition: (i) debris which is part of a construction project subject to a valid building permit, (ii) a condition which is subject to a pending insurance claim, (iii) material in a compost pile, or (iii) firewood in a neatly-stacked pile.

Blight Review Board means the Board described in section 6 of this chapter.

Blight Prevention Officer means a Town employee designated by the First Selectman to carry out the duties specified in this chapter.

Citation Hearing Officer means an individual appointed by the First Selectman to conduct citation hearings under this chapter.

Disabled Individual means a person who has a disability as that term is defined under the Americans With Disabilities Act of 1990, as amended.

Elderly Individual means a person who is 65 years of age or older.

Low-Income Individual means a person whose household income is less than 200% of the "Federal poverty level used for purposes of determining Medicaid eligibility.

Named Party means, with respect to residential property which may be a Blighted Premises, the owner or owners and such tenants, agents, or other persons in control of the premises that the Blight Prevention Officer determines are appropriate to be included as a named party.

§ 7A-3. Prohibition.

No owner, tenant, agent, or other person in control of residential real estate shall maintain, cause to be maintained, or allow any Blighted Premises.

§ 7A-4. Voluntary Abatement.

The Blight Prevention Officer shall investigate conditions that come

to his attention that could lead a property to be considered a Blighted Premises. In cases in which the Blight Prevention Officer determines that a probable violation of Section 7A-3 of this chapter may exist, he or she shall contact the owner(s) and such tenants, agents or other persons in control as he or she deems appropriate. The Blight Prevention Officer shall attempt to achieve a voluntary abatement of the conditions in question.

§ 7A-5. Access To Premises.

The Blight Prevention Officer and other Town officials may enter property during reasonable hours for the purpose of remediating blighted conditions. This chapter does not authorize entry into a dwelling house or structure on such property.

§ 7A-6. Blight Review Board.

- A) Referral.** If the Blight Prevention Officer determines that voluntary abatement is unlikely to occur in a reasonable time, he or she shall refer the matter to the Blight Review Board for a hearing.
- B) Appointment and Composition.** The Blight Review Board shall consist of five electors of the Town who are appointed by the Board of Selectmen and shall serve without compensation. No more than three members shall be registered in the same political party. The Board shall include at least one member from each of the following:
- The Town Planning & Zoning Commission, and
 - The Health and Human Services Department.
- C) Terms of Service.** Members of the Blight Review Board shall serve a term of three years. A member's term may be renewed at the discretion of the Board of Selectmen.

§ 7A-7. Notice of Hearing.

In the case of a matter referred to the Blight Review Board, the Blight Prevention Officer shall prepare a written notice of hearing, which shall include the following:

- The location of the premises where the violation is alleged to occur.
- A description of the probable violation and the conditions evidencing such violation.
- A statement that a hearing of the Blight Review Board will be held to determine (i) whether a violation in fact exists, (ii) the actions to be taken to abate such violation, and (iii) the date by which such violation shall be fully abated.
- All Named Parties who are served the notice are required to appear at the hearing.
- The location, time, and date, which shall not later than 30 days following delivery of the notice of the hearing.

§ 7A-8. Service of Notice.

Service of any notice required by this chapter shall be by one or both of the following methods:

- By personal delivery to the Named Party, or
- By certified mail, return receipt requested, addressed to the Named Party at his or her last known address.

In the case of the hearing described in Section 7 of this chapter, notice also shall be made to adjacent neighbors.

§ 7A-9. Hearing.

The Blight Review Board shall hold a hearing under Section 6 of this chapter within 30 calendar days of the date notice is served under Section 8 of this chapter. All interested persons shall be given the opportunity to present evidence on the question of whether a violation of this chapter has occurred. If a Named Party fails to appear, the Blight Review Board may nevertheless determine whether a violation has occurred, provided the Board has determined that notice was properly served in accordance with Section 8 of this chapter.

§ 7A-10. Determination by Blight Review Board.

- After a hearing under Section 9 of this chapter, the Blight Review Board shall issue a written determination whether a violation exists. If the Board determines that a violation exists, it shall include in its written determination the actions to be taken to abate the violation and the date by which such violation shall be fully abated.
- In determining the date by which a violation shall be abated, the Blight Review Board may grant additional time for good cause, which shall include but not be limited to:
 - An elderly individual who is unable to personally correct a violation due to his or her age,
 - A disabled individual who is unable to personally correct a violation due to his or her disability, or
 - A low-income individual who is unable to correct a violation due to cost.

In determining whether good cause exists, the Blight Review Board shall consider (a) whether the severity of the violation is such that additional time is not warranted, and (b) whether other occupants of the premises are able to assist in correcting the violation in a timely fashion.

§ 7A-11. Notice of Violation.

Upon the determination of the Blight Review Board that a violation of this chapter exists, the Blight Prevention Officer shall send a written notice of violation to each Named Party. The notice shall state:

- The violation;
- The date by which the violation shall be remedied;
- That the failure of a Named Party to remedy the violation within the prescribed time shall result in the issuance of a citation in accordance with Section 15 of this chapter;
- The amount of the daily civil penalties and other fines imposed under this chapter; and
- That if the Named Party fails to remedy the violation, the Town may cause remediation at the expense of the Named Party.

§ 7A-12. Extension.

Notwithstanding the provisions of Section 10 of this chapter, the Blight Enforcement Officer may, at his or her discretion, grant to any Named Party one 30-day extension of the time to remediate the violation.

§ 7A-13. Penalties.

A. Violations of the provisions of this chapter shall be punishable by a civil penalty for each day a violation exists and continues beyond the date required for remediation set forth in the notice of violation

under §7A-11 of this chapter. The maximum daily civil penalty shall be:

- \$150 for occupied property,
- \$250 for vacant property, and
- \$1,000 for any property for a third or subsequent violation occurring within a 12-month period.

B. Violators will also be responsible for all costs and expenses associated with enforcement and the collection of any civil penalties, which shall include, but not be limited to, attorney fees, court costs, mailing costs and filing fees.

§ 7A-14. Issuance of Citation.

The Blight Enforcement Officer shall issue to all Named Parties a citation when a violation of this chapter continues beyond the date by which the Blight Review Board required that the violation be abated. The citation shall state:

- A description of the violation.
- The amount of the daily penalties that shall be levied from the date of the citation, plus such other fines, penalties, costs and/or fees due.
- That the uncontested payment of such penalties and other amounts shall be made within 10 business days of the date of the citation.
- That the Named Party may contest his liability before a Citation Hearing Officer by delivering, in person or by mail, within 10 business days of the date of the citation, a written demand for a hearing.
- That if the Named Party does not demand a hearing, an assessment and judgment shall be entered against the Named Party and that such judgment may issue without further notice.
- That the Town shall file a lien against the real estate in accordance with Connecticut Gen. Statutes §7-148aa for the amount of any unpaid civil penalties or other fines, costs or fees imposed by the Town in accordance with this chapter.

Delivery of the citation shall be made in the manner described in section 8. A copy of the citation shall simultaneously be sent to each lienholder of the subject property.

§ 7A-15. Citation Hearing Procedure.

- A Named Party who chooses to appeal a citation and requests a hearing shall be given written notice of the date, time and place of the hearing. Such hearing shall be held not less than 15 calendar days and not more than 30 calendar days from the date the notice is sent, provided that the Citation Hearing Officer shall grant, upon good cause shown, any reasonable request by an interested party for postponement or continuance. An original or certified copy of the citation shall be filed with and retained by the Town and shall be deemed to be a business record within the scope of C.G.S. §52-180 and evidence of the facts contained therein. Upon request of the person appealing the citation, the Blight Prevention Officer shall be required at the hearing. A Named Party wishing to contest liability shall appear at the hearing and may present evidence on his or her behalf. If any Named Party who received the citation fails to appear, the Citation Hearing Officer may enter an assessment by default against him or her upon a finding of proper notice. The Citation Hearing Officer may accept copies of any relevant investigatory and citation reports and any other official documents by mail and may determine thereby that the appearance of a Named Party is unnecessary.
- The Citation Hearing Officer shall conduct the hearing in the order and form, and with such methods of proof, as he or she deems fair and appropriate. Rules regarding the admissibility of evidence shall not be strictly applied, but all testimony shall be given under oath or affirmation. The Citation Hearing Officer shall announce his or her decision at the end of the hearing. If the Citation Hearing Officer determines that the Named Party is not liable, the Citation Hearing Officer shall dismiss the matter and enter that determination in writing accordingly. If the Citation Hearing Officer determines that the Named Party is liable for the violation, he or she shall enter and assess the civil penalties, fines, costs and fees as provided by this chapter.
- If the Citation Hearing Officer's assessment is not paid on the date of entry, the Citation Hearing Officer shall send by first-class mail a notice of assessment to the Named Party found liable and shall file, not less than 30 calendar days nor more than 12 months after such mailing, a certified copy of the notice of assessment with the clerk of the applicable superior court facility, together with the applicable filing fee. Such certified copy shall constitute a record of assessment. Within such 12-month period, assessment against the same Named Party may be accrued and filed as one record of assessment. The Citation Hearing Officer's assessment shall have the effect of a civil money judgment, and a levy of execution of such judgment may issue without further notice to the Named Party.
- A Named Party against whom an assessment has been entered pursuant to this chapter is entitled to judicial review by way of appeal in accordance with C.G.S. §7-152c(g).

§ 7A-16. Recording of Lien.

Any unpaid civil penalty or other fine imposed under this chapter, and any and all costs and expenses incurred by the Town for the enforcement of this chapter, shall constitute a lien upon the real estate against which the civil penalty or other fine was imposed from the date of such civil penalty or fine.

§ 7A-17. Remediation by Town.

If the Citation Hearing Officer determines that a Named Party is liable for the violation, the Town may cause or take such action as is necessary to correct the violation. All costs and expenses of such corrective action shall be a lien upon the real estate.

§ 7A-18. Coordination.

- The provisions of this chapter shall not be construed to prevent the enforcement of other statutes, codes, ordinances or regulations which prescribe standards other than are provided in this ordinance.
- In any case where a provision of this chapter is found to be in conflict with a provision of any zoning, building, fire, safety or health ordinance, regulation or other code of the Town or State, the provision which establishes the higher standard for the promotion and protection of the health and safety, and property values of the people shall prevail.
- This chapter shall not affect violations of any other ordinance, code or regulation existing prior to the most recent amendment of this chapter, and any such violations may be governed and continue to be punishable under the provisions of those ordinances, codes, or regulations in effect at the time the violation was committed.

NEWS
From Page 1

Walter Stewart's Market. Tickets are \$35 and available at <https://newcanaanchamber.com/2024/08/26/2024-chamber-awards/>. Photo credit: New Canaan Chamber of Commerce

Bristow Centennial

This weekend, the New Canaan Land Trust and its partners will host a series of events on September 7th and 8th to celebrate bird conservation and the 100th anniversary of the Bristow Bird Sanctuary. The weekend will feature speeches, musical performances, a statue unveiling, and various activities at the Bristow Bird Sanctuary. The event is free, and registration is encouraged. More information and tickets are available at <https://newcanaanlandtrust.org/bristow-park-centennial/>.

Old Timers Honoree Induction



The New Canaan Old Timers Association will hold its 40th Annual Honoree Induction on September 15, at Waveny House. The event starts at 11:00 am with a continental breakfast, followed by the award ceremony and honoree speeches at 12:00 pm. Honorees are Dan Goldblatt, Heidi Sandreuter, Steve Luciano, Brett Wilderman, Kevin Halloran, and Loren J. Keyes, with Brian Wilderman as the memorial

honoree. Tickets are \$50 for adults, \$20 for students, and free for children 12 and under. RSVP by the end of today, September 6th at <https://form.jotform.com/242277496882169>. Photo credit: Darcy Pennoyer Smith Facebook

Participants Gather for Vigil

On August 29th, the New Canaan Parent Support Group held its eighth annual addiction awareness vigil, themed "Families Empower Recovery," with approximately 500 participants. The event included a candlelight vigil, live music, and recovery speakers. The vigil aims to honor those lost to addiction and provide community support.

YMCA Halts Aquianas

The New Canaan YMCA recently discontinued its Aquianas artistic swimming program due to staffing challenges. Following the decision, swimmers and alumni urged the YMCA to reconsider, citing the program's long history of success. The YMCA is still exploring options for a possible alternative but has not yet made a final decision.

PEOPLE IN TOWN

Mirin Wins Second Championship



Congratulations to Maxie Mirin who won her second club championship at Silver Spring Country Club. Photo credit: New Canaan Ems

NCHS Theatre Season Lineup

The 2024-2025 New Canaan High School Theatre season will feature Jack the Ripper: Monster of Whitechapel, The Lightning Thief: The Percy Jackson Musical, Les Misérables, and The Wedding Singer. The productions range from comedy to drama, based on books, films, and

historical events.

SCHOOLS

New Transportation Coordinator



New Canaan Public Schools welcomes Elmer Reynoso as the new Transportation Coordinator. He brings over 13 years of experience, including time as Terminal Manager for Greenwich Public Schools. Reynoso will oversee the district's student transportation operations. Photo credit: New Canaan Public Schools

ACROSS CT

Renewable Diesel Distribution

Global Partners LP has begun distributing renewable diesel made from cooking oil in Connecticut, which can reduce greenhouse gas emissions by up to 78 percent. The fuel works in existing diesel engines, and companies like Tilcon Connecticut have started using it. While more common on the West Coast, renewable diesel's expansion in New England is limited, and Global Partners is seeking additional federal support.

OUR NEIGHBORS

Greenwich Coastal Cleanup

Greenwich Green & Clean will hold its annual International Coastal Cleanup on September 21, at Greenwich Point Park. The event focuses on removing non-biodegradable trash from the shoreline, with data reported to Save the Sound and the Ocean Conservancy. Participants can pre-register or walk in, and community service certificates will be available. For more information visit <https://www.greenwichgreenandclean.org/international-coastal-cleanup-day>.

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Legal Ads

September 5, 2024

ADVERTISEMENT FOR BIDS

The Selectmen for the Town of New Canaan, Connecticut, will receive sealed bids for "Sale of Composted Leaf Mulch", New Canaan, Connecticut, until 10:00 a.m. Local Time on Thursday, September 12, 2024, at the Department of Public Works Office, Town Hall, 77 Main Street, New Canaan, CT, 06840, at which time and place all bids will be publicly opened and read aloud.

Contract documents are available for review at the Department of Public Works Office, TOWN OF NEW CANAAN, Town Hall, 77 Main Street, New Canaan, Connecticut 06840. Copies of the contract documents for the work may be obtained in person during business hours from 8:00 a.m. to noon and from 1:00 p.m. to 4:00 p.m. at the following location: Department of Public Works Office, TOWN OF NEW CANAAN, Town Hall, 77 Main Street, New Canaan, Connecticut 06840.

Bidders attention is called to the requirements as to the conditions of employment to be observed and to the requirements for commencement and completion of the work.

No bidder may withdraw his bid within 90 days after the actual date of the bid opening. Additionally, the contract documents require the prompt commencement of the work.

The Town reserves the right to reject any and all bids or any part thereof, to waive defects in the same, or to accept any proposal or any part thereof deemed to be in the best interest of the Town of New Canaan, Connecticut.

All bidders are requested to note that the award of this Contract is subject to the following conditions and contingencies:

- 1) The approval of such governmental agencies as may be required by law.
- 2) The appropriation of adequate funds by the proper agencies.

TIGER MANN DIRECTOR OF PUBLIC WORKS TOWN OF NEW CANAAN, CONNECTICUT

Town of New Canaan

Household Hazardous Waste Collection Day

Saturday, September 14th 2024 from 8:00am to 2:00 pm

What do I bring?

From the Workbench:

Oiled Based Paints
Stains & Varnishes
Wood Preservatives
Paint Strippers & Thinners
Aerosol Cans
Adhesives

From the House:

Rubber Cement
Fiberglass Resins
Photo Chemicals
Chemistry Sets
Furniture Polish
Floor & Metal Polish
Oven Cleaner
Drain & Toilet Cleaner
Spot Remover
Rug Upholstery Cleaner
Mercury Thermometers

From the Garage:

Engine Degreaser
Brake Fluid
Car Wax, Polishes
Driveway Sealer
Roofing Tar
Swimming Pool Chemicals
Fuels/Gasoline/Kerosene

From the Yard:

Insecticides
Chemical Fertilizers
Weed Killers
Moth Balls
Flea Control Products

What Not to Bring:

Empty containers
Non- Household Generated Wastes
Radioactive Wastes/Smoke
Detectors
Biological Wastes
Prescription Medicines/Syringes
Explosives
Tires*
Oil*
Latex Paints
Ammunition
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Main Street

Playhouse Gratitude

The New Canaan Playhouse has long stood as a cultural anchor in our town, a cherished space where generations of residents have gathered to experience the magic of cinema. However, in recent years, this beloved venue faced challenges. Thanks to the vision and determination of the community and key stakeholders, the Playhouse has undergone an extraordinary transformation, evolving into Cinema Lab while retaining its historic charm.

This revitalization didn't come easily. The project, initially envisioned as a straightforward renovation, quickly ballooned in complexity and cost. When Cinema Lab, led by Luke Parker Bowles, took over operations in 2022, they committed to investing over \$1.5 million into the space, yet unforeseen construction challenges and rising costs pushed that figure much higher. But the perseverance of the community was unwavering, and with bipartisan support from local legislators, including State Senator Ryan Fazio and State Representative Tom O'Dea and Lucy Dathan, the project secured a \$2 million bond from the State of Connecticut, ensuring its completion.

In a time when so many small-town theaters are shuttering, we in New Canaan are incredibly fortunate.

The reopening of the Playhouse this past June marked the beginning of a new era. It's more than just a cinema now; it's a hub of social interaction, a place where families, friends, and neighbors can gather not only for movies but for casual dining, special events, and community programming. The Cinema Lab team has worked diligently to merge the old with the new, incorporating state-of-the-art audiovisual technology while preserving the Playhouse's historical elements. With its cozy theaters, lush seating, and family-friendly concessions, the venue offers a modern cinematic experience grounded in nostalgia.

One of the most striking features of the new Playhouse is its commitment to community engagement. The addition of the Playhouse Pub and a multifunctional lounge space allows the venue to serve as a meeting spot, extending its appeal beyond film screenings. This focus on versatility ensures that the Playhouse can be used for everything from private events to live performances, all while maintaining its roots as a cornerstone of New Canaan's cultural life.

The reopening was a celebration not only of the building but also of the people who fought to preserve it. As First Selectman Dionna Carlson put it, the Playhouse "will bring more visitors...which will benefit the entire downtown business district." It's this interconnectedness—between the theater and the local economy, between the past and the future—that makes the Playhouse so essential to the fabric of New Canaan.

In a time when so many small-town theaters are shuttering, we in New Canaan are incredibly fortunate. The Playhouse stands as a wonderful example of the power of collective action, proving that when a community invests in its cultural institutions, the rewards are manifold. The Cinema Lab team, town officials, and countless local supporters deserve our deepest gratitude for ensuring that the Playhouse will continue to serve as a beacon of art, entertainment, and connection for generations to come.

As the lights go down and the first film flickers across the screen, we are reminded that the Playhouse is not just a venue—it's a gathering place that reflects the spirit and vitality of New Canaan itself.

Editorial Page



"Or maybe we'll become bankers! Let's all become bankers!"

LETTER

Thank You from New Canaan Parent Support Group

Dear Editor:

On behalf of the New Canaan Parent Support Group and our co-Host New Canaan Community Foundation, I'd like to thank all those who made our August 29th Community Addiction Awareness Vigil a success.

We had 500 people in attendance, on a beautiful evening at the corner of South Avenue and Elm Street. Our goal was to show through heartfelt testimonials that recovery from addiction is possible, and we believe we succeeded with our recovery speaker line-up of Aidan C., Cini Shaw and Ben Tuff.

Our conviction grows each year in the Power of Story, that each time a recovery story is shared, at least one life is saved. With the Vigil, we've reached the 100 lives saved level based on the 100 testimonials we've hosted at our Vigils and other forums.

I want to thank our Emcee John Hamilton (back for the 8th year); our local clergy participants led by Pastor Chapin Garner and Minister Cheryl Bundy; Scott Troyer and his band the Honey Blades; the Pivot Ministries Choir; and NCHS Ram Council's Gray Handler for leading us in the event-ending Community Pledge.

Kudos go to our event committee that I affectionately call Team Orange: Ava, Colleen, Cyra, Eric, Francesca, Jacqueline, John, Jude, Leo, Liza, Meg, Rich, Robert,

Susannah, and Tracy. You are the best!

We could not have successfully pulled off this event without the following partners: the Town of New Canaan (Administrative Officer Tucker Murphy--and Tiger Mann and Mose Saccary of Public Works); NCFD's Mike Socci; NCPD's Nicole Vartulli; Silver Hill Hospital's Andrew Gerber; The Lighthouse Sober Living's Trey Laird, Team Liberation and the Wellness Van, NCHS Ram Council, NCHS SLOBs (especially the Santiago brothers Tyler and Zach) and Cain Management dba Dunkin Donuts.

Our generous Sponsors made our 8th Annual Vigil financially possible, namely: Caron Treatment Centers, Center for Motivation & Change; High Watch Recovery, Lakeview Health, Mountainside, New Canaan CARES, Paramount Wellness Retreat, Release Recovery, Silver Hill Hospital, The Lighthouse CT, Town of New Canaan Human Services, Turnbridge, Walter Stewart's Market, Wellbridge and several anonymous donors with big hearts.

Please mark your calendars for our 2025 New Canaan Vigil: Wednesday, August 27, 2025.

*With appreciation to all,
Paul Reinhardt, Founder, New Canaan Parent Support Group, ncparentsupportgroup.org*

SUBMITTED

RE: 8-30g Moratorium

First Selectman Dionna Carlson announced today that the State of Connecticut Department of Housing approved the Town of New Canaan's application for a Moratorium of Applicability of State Statute 8-30g, so that housing developers may not bypass local zoning regulations for a four-year period.

Statute 8-30g applies to municipalities, including New Canaan, where the percentage of housing that is legally deemed affordable is less than 10%. In those

municipalities, the statute allows for construction of housing developments that circumvent local zoning restrictions on number of units and property density. With New Canaan's moratorium in place, developers will need to abide by local zoning regulations.

The Town of New Canaan has earned the moratorium in recognition of the number of affordable housing units built here in recent years, particularly the Millport and Canaan Parish apartments.

In the state's approval letter to First Selectman Dionna Carlson, Department of Housing Commissioner Selia Mosquera-Bruno said, "I would like to take this opportunity to thank you and the town of New Canaan for continuing to address the affordable housing needs in your community."

In making the announcement, Carlson said, "New Canaan has worked tirelessly in partnership with the New Canaan Housing Authority to provide affordable

housing solutions for our community. We will continue to identify strategic opportunities to add to our affordable housing stock in an effort to earn future moratoriums and maintain control of local development."

This is the second moratorium from 8-30g earned by the Town of New Canaan, and it comes in response to the Town's application delivered to the State in May 2024.

LAMONT/FAZIO

From Page 1

reform Fazio advocates for is the elimination of certain public benefits charges, including subsidies for private energy infrastructure like electric vehicle chargers. Fazio argues that these subsidies unfairly burden all residents with essentially paying for other people's fuel. "It would be like subsidizing someone putting up a gas station through your electric bill," he noted.

THE CALL FOR A SPECIAL SESSION

Fazio has been steadfast in his call for a special legislative session to address these urgent issues. He believes that waiting until the regular session in January could lead to further financial strain on residents as energy contracts continue to be signed. "We need to act now because these contracts and costs are accruing as we speak," Fazio said, urging the state to take immediate action.

Special session advocates have garnered support from 65 legislators who have signed a petition in favor of a special session. "We are asking residents to go to specialsessionct.com to sign a petition to encourage all of their state legislators to call for a special session immediately in order to act," Fazio explained.

LOOKING AHEAD

During the meeting, Governor Lamont indicated a willingness to explore bipartisan solutions, agreeing to analyze the potential use of ARPA funds to help offset the arrearages in utility bills. "I don't want to do something token. I want to do something that's real," Lamont said, signaling his openness to making meaningful changes.

While no immediate solutions were reached during the meeting, the collaboration between Lamont and Fazio signals a willingness to work across party lines to address Connecticut's energy crisis. Fazio remains optimistic about the potential for significant reform and continues to push for urgent legislative action. "It doesn't have to be this way," he said. "We do not have to pay the third-highest bills in the country. We can do better, and it's required that state leadership act in order to make things better."

Lamont posted on X, "I appreciate Democratic and Republican legislators for meeting with me today to discuss potential actions that could reduce energy costs in CT. We all acknowledge that there is no easy, short-term solution to this complex problem, but we need to collaborate and enact reforms."

With the energy crisis continuing to impact households across the state, the coming weeks will be crucial in determining whether Connecticut's leadership can agree on a path forward that brings both immediate relief and long-term solutions to residents.

Worship Directory and Services

UPDATE SERVICES AND ADD SPECIAL EVENTS TO THIS CALENDAR AT
www.NewCanaanSentinel.com/worship-calendar-updates

Church of Jesus Christ of Latter Day Saints

682 South Avenue 203.966.5849

www.ComeUntoChrist.org

Sunday Service: 12:00 PM

Congregational Church

23 Park Street 203.966.2651

office@godsacre.org

www.godsacre.org

Sunday Services: 8:00 AM and 10:00 AM. The 10:00 am service is also live streamed and recorded, the video replay will be available throughout the week. Church School is available on Sundays for children ages 3 through 7th grade each Sunday from September through mid-June.

Recurring Events:

Tuesdays at 9:30 AM: Women's Bible Study

Wednesdays at 9:30 AM: Bible Study

Fourth Thursday from 12-2:30 PM: Meet at the Open Door Shelter in Norwalk to serve a meal.

Saturdays at 9:45 AM: From now until September 1st, the church offer a simple refreshment of lemonade and a sweet treat, which can be enjoyed on the lawn after worship. For more information please contact laurel@godsacre.org.

Sundays at 9:45 AM: Summer Fellowship time will take place after the 9:00am service and will include lemonade and a light snack provided by the host.

Upcoming Events:

September 8th at 11 AM: Fellowship Kickoff Brunch

September 28th from 6-9 PM: The Garners and the Fellowship Ministry invite you to a classic Memphis BBQ with all the fixings. Enjoy a fabulous meal, seasonal brew tasting, and s'mores by the firepit as you reunite with church friends or make new ones. \$30/person. Register at <https://godsacre.ccbchurch.com/goto/forms/213/responses/new> by 9/22.

First Church of Christ, Scientist

49 Park Street 203.966.0293

christiansciencet.org/newcanaan

Sunday 10:30 AM, in person only. Sunday School is available during Sunday Service and is open to children and young people up to the age of 20. There is also childcare available for children too young for Sunday School.

Wednesday Testimony Meeting: 1st Wednesday of each month, join by zoom or by phone 646 558 8656.

Reading Room Hours: Open Mondays 11-2, Call to confirm hours 203-966-0293. All are welcome to the Sunday and Wednesday services, Sunday School, and the reading room.

First Presbyterian Church

178 Oenoke Ridge Road 203.966.0002

fpcnc.org

Sunday Service: 10am in person or via LocalLive. All are welcome. Coffee Hour after the service is also available in person or via Zoom. Dedicated childcare is available for all children via Wee Care Nanny Agency from 8:45-11:30am in the Nursery School. Transcripts of previous sermons are also available via the First Presbyterian Church of New Canaan's website. Recurring Events: Every Saturday 9:15am (closed) and 10:30am (open): Alcoholics Anonymous. Every Tuesday 8pm: Men's A.A.

Third Wednesday from 6-7:30 PM: Wednesdays at the Well are intergenerational opportunities to learn and grow in faith together. Dinner will be served and all ages are invited.

Upcoming Events:

September 8th at 11:30 AM: Rally Day Picnic. Join FPC for food, fellowship, and fun following their 10 AM worship service.

September 15th at 11:30 AM: Considering joining FPCNC? During this informative gathering, you will learn everything you need to know!

September 21st from 1:30-4:30 PM: Professor Root examines what living in a secular age does to congregational life and how the church can find new footing within it. Register by 9/15 at <https://psne.breezechms.com/form/andrewroot>

Saint Aloysius Roman Catholic Church

21 Cherry Street 203.966.0020

www.starcc.com

Service Schedule:

Saturday: Vigil for Sunday 5:00 p.m.

Sunday: 7:00 a.m., 8:30 a.m. 10:00 a.m., 11:30 a.m. and 5:00 p.m. The Sunday 8:30 a.m. Mass is live-streamed, recorded.

Monday-Friday: 7:00 am and 5:30 pm

Saturday: 7:00 am

Recurring Events:

Last Monday of every month 7pm: Women's Praise & Worship Holy Hour

Wednesdays 8:30-9:15am: Rosary Walkers, informal group gathering together to walk in town and pray the Rosary. Contact youth@starcc.com or maryann@themanks.com with any questions.

Fridays 7:30am-6pm: Eucharistic Adoration (September-June)

Saturday 8:30am: St. A's Healing Rosary Prayer Group

Upcoming Events:

September 8th during 10 AM Mass: Blessing of the Backpacks. Have your children bring their backpacks

with them to Mass for this special blessing to start out their school year.

St. Mark's Episcopal Church

111 Oenoke Ridge 203.966.4515

churchoffice@stmarksnewcanaan.org

www.stmarksnewcanaan.org

Sunday Services: 8:00am: Indoor Holy Eucharist Rite I; **9:00am:** Outdoor Holy Eucharist Rite II; **10am:** Indoor Holy Eucharist Rite II (Live Stream also available on the St. Mark's website). Coffee Hour follows the 10am service. Church School during the 10am service: Godly Play for children in kindergarten through second grade; Holy Moly for third and fourth grades; Meet in the Middle for fifth, sixth and seventh grades. Professional childcare is offered for children ages four and under. Families with children who are not yet ready to separate for childcare are invited to use the rocking chairs at the rear of the chapel.

Weekday Services: Monday-Friday, 8:30am: Morning Prayer Rite II by Zoom.

Wednesday at 12:05pm: Noonday Eucharist in the chapel.

Recurring Events:

Mondays & Tuesdays at 12pm: Alcoholics Anonymous

First Wednesday at 1pm: Laundry Love volunteering opportunity to come alongside people who are struggling financially by assisting them with their laundry.

First & Third Wednesdays from 6-7:30pm: Youth Group

Wednesday 10am: Women's Alcoholics Anonymous

Upcoming Events:

September 1st through 15th: Clothes to Kids. Clean out those closets and bring your CLEAN or NEW clothing for children K-12 and place in the boxes marked for this purpose outside Morrill Hall. Contact Beth Ralston at bralston@stmarksnewcanaan.org with any questions.

St. Michael's Lutheran Church

5 Oenoke Ridge 203.966.3913

office@stmichaelslutheran.org

www.stmichaelslutheran.org

Sunday Service at 10:00 am. Following the service there is coffee, cookies and conversation in the Fellowship Hall.

Recurring Events:

Thursday 12 PM: Alcoholics Anonymous

Trinity Church

New Canaan | Darien

468 South Avenue 203.618.0808

info@trinitychurch.life

www.trinitychurch.life

Join us **Sundays at 11:00 am** in the Saxe Middle School auditorium for lively worship, thoughtful and applicable teaching, weekly Communion, and an opportunity to make friends and grow in community. Trinity Kids (infants through fifth grade) and Trinity Youth (middle and high schoolers) take place during the service, and coffee and refreshments are served following worship. Trinity also holds services in-person in Greenwich and Larchmont, and on livestream via YouTube on Sundays at 9:45 a.m.; learn more at www.trinitychurch.life.

Recurring Events:

Sundays at 10:30 AM: Pre-service prayer in Saxe Auditorium. Spend time in listening prayer, pray for those teaching, and seek the Lord prior to our worship service.

Third Saturday from 8-10 AM: Join for a homemade breakfast held at the Ministry Center, 5 River Road in Greenwich. For more information visit <https://trinitychurchlife.churchcenter.com/registrations/events/2168146>

Upcoming Events:

September 7th from 9-10:30 AM: Join for the Women's Breakfast at the Ministry Center. The morning will include food, fellowship, a teaching, and time to share and discuss. Register at <https://trinitychurchlife.churchcenter.com/registrations/events/2443870>

United Methodist Church

165 South Avenue 203.966.2666

office@umcofnewcanaan.org

www.umcofnewcanaan.org

Sunday Service is at 10:00 am followed by coffee and conversation during Fellowship Time. Sunday School is available during Sunday Service. All are welcome.

Community Baptist Church

174 Cherry Street 203.966.0711

cbcnewcanaan@gmail.com

https://www.youtube.com/channel/UCoZ2UNa8aHI30_Syp_X0KDg

Facebook: <https://www.facebook.com/CBCNewCanaan/>

Sunday School at 10:00am

Worship Service at 11:00am

Live Facebook Broadcast 11:30 am

Upcoming Events:

September 15th at 3 PM: Women's Day. The theme will be "Fortifying Our Winning Posture" with Kim Bianca Burgess.

September 19th at 6 PM: Juneteenth in September. A special fundraising event to celebrate progress and hope and raise awareness of mental health challenges in minority communities. Sponsored by Silver Hill Hospital honoring Juneteenth of Fairfield County.

Grace Community Church

365 Lukes Wood Rd 203.966.7600

info@gracecommunity.info

www.gracecommunity.info

Sunday Morning Worship Service at 9:30am. Sunday morning worship service is held at New Canaan High School. Join for a contemporary worship service with a culturally relevant message from Senior Pastor Cliffe Knechtle. Nursery care and Sunday school/teen programming is available for babies through 12th grade. Stay afterward to catch up with friends and enjoy coffee and bagels.

Saturdays at 10am: Men's Bible Study

Wednesday Evening Service & High School Club at 6:00 pm: Join us for a weekly gathering on Wednesday evenings from 6-7pm. All are invited to meet in the West Barn Hall with Assistant Pastor Stuart Knechtle leading discussions on the Christian life including how to grapple with tough questions about faith, emotional well-being and spiritual discipleship. Concurrently, Youth Pastor Rob will meet with high school students in the Court for midweek club to hang out with friends and talk about navigating the waves of everyday life.

Upcoming Events:

September 13-15th: Women's Conference. Donna Buhl invites you to join women from Grace this fall at Camp of the Woods in Speculator, New York to enjoy a wonderful weekend with national speakers. Prices vary by accommodations. To RSVP contact Donnamariebuhl@gmail.com or visit https://www.camp-of-the-woods.org/womens-conference?mc_cid=c9e231738d&mc_eid=UNIQUID

Talmadge Hill Community Church

870 Hollow Tree Ridge Road; Darien, CT

203.966.2314

www.talmadgehill.org

talmadgehillchurch@gmail.com

Ministers: Rev. Carter Via and Rev. Cheryl Bundy **Sunday worship service at 10:00am** in person. All are welcome! We encourage everyone to stay for coffee hour after the service. Sunday School is every Sunday during the service and uses the Godly Play curriculum. Please reach out with any questions utilizing information listed above!

Recurring Events:

Thursdays at 9:30am: Bible Study

First Saturday at 8am: Men's Group

Second Saturday at 10am: Women's Circle

Chabad New Canaan Jewish Center

137 Putnam Rd

info@chabadnewcanaan.org

www.newcanaanjewish.org

The Chabad New Canaan Jewish Center is dedicated to strengthening and building the New Canaan Jewish Community by offering local Jewish resources that bring more positivity, Jewish education, charitable activity, good deeds and blessing to our lovely town.

We are about Judaism, not affiliation. Regardless of your background, and however you choose to define your level of Jewish observance or identity, the Chabad New Canaan Jewish Center can add spirituality, joy, study, community and connection for you and your family. The programs of the Chabad New Canaan Jewish Center are held in various locations, all located in New Canaan.

Temple Sinai (Reform Synagogue)

458 Lakeside Drive; Stamford, CT 06903

203.322.1649

www.templesinaistamford.org

Service Schedule:

1st, 3rd & 5th Friday - 6pm in person and via zoom

2nd & 4th - 7:30pm

Recurring Events:

Fridays at 12 PM: Torah Study

Second Saturday at 10:30 AM: Mussar

First and Third Fridays at 5:30 PM: Shabbat Service for Families with Young Children

First Saturday at 8 AM: Avodat Halev Discussion Group

Upcoming Events:

September 8th at 11:30 AM- 1 PM: Annual Smokin' BBQ. Register at <https://www.templesinaistamford.org/event/welcome-back-smokin-bbq2.html>

Temple Shalom

300 E. Putnam Ave. Greenwich, CT 06830

203-869-7191

www.templeshalom.com

Services: In-person and virtual Friday night Shabbat services, 6:30pm & Saturday morning Shabbat services, 10:30am.

Recurring Events:

Saturdays at 9 AM: Shabbat Study via zoom at <https://zoom.us/j/94358392426?pwd=bFJQem9HWFcUOEzZUM2VENEZmgyUT09#success>

COLUMN

New Guidelines on Vitamin D Testing: Implications for Providers and Patients

By TERESA ALASIO MD

In recent years, vitamin D has been at the forefront of discussions surrounding health and wellness, touted for its role in bone health, immune function, and overall well-being. However, the landscape of vitamin D testing and supplementation is evolving, as new guidelines from leading health organizations seek to clarify when and why testing should be conducted. These updated guidelines have significant implications for both healthcare providers and patients, influencing decisions about testing, supplementation, and the broader understanding of vitamin D's role in health.

Understanding the New Guidelines

The updated guidelines, released by a coalition of health organizations including the U.S. Preventive Services Task Force (USPSTF) and the Endocrine Society, recommend more conservative use of vitamin D testing. The central message is clear: routine vitamin D testing is not necessary for the general population and should be reserved for individuals at high risk of deficiency.

This marks a shift from previous practices, where vitamin D testing became increasingly common, often as part of routine blood work. The new guidelines emphasize that testing should be targeted, focusing on groups most at risk of deficiency, such as:

- **Individuals with Osteoporosis:** Those with a history of bone fractures or diagnosed osteoporosis are more likely to benefit from testing, as vitamin D plays a crucial role in calcium absorption and bone health.
- **Older Adults:** As people age, the skin's ability to synthesize vitamin D from sunlight diminishes, making older adults more susceptible to deficiency.
- **Individuals with Certain Medical Conditions:** Conditions

such as chronic kidney disease, malabsorption syndromes (like Crohn's disease or celiac disease), and those who have undergone bariatric surgery may necessitate testing due to impaired vitamin D absorption or metabolism.

- **People with Limited Sun Exposure:** Individuals living in northern latitudes, those with darker skin, or those who cover their skin for cultural or religious reasons may have lower levels of vitamin D synthesis and could be candidates for testing.

Implications for Healthcare Providers

For healthcare providers, the new guidelines underscore the importance of a targeted approach to vitamin D testing. Over-testing can lead to unnecessary healthcare costs and may contribute to confusion among patients regarding the need for supplementation.

Healthcare providers are now encouraged to engage in more individualized patient assessments, considering factors such as age, medical history, and lifestyle when deciding whether vitamin D testing is appropriate. This approach aims to reduce the incidence of over-testing and over-treatment, aligning with broader efforts to promote cost-effective and evidence-based medical practices.

Impact on Patients and Public Health

For patients, the new guidelines may initially be met with confusion, especially given the widespread public messaging around the importance of vitamin D. However, the guidelines are not meant to diminish the importance of maintaining adequate vitamin D levels but rather to ensure that testing and treatment are done judiciously.

Patients should understand that vitamin D testing is most beneficial when there is a clear clinical indication of deficiency. For the general population, maintaining adequate vitamin D levels can often be achieved

through a combination of sensible sun exposure, diet, and, if necessary, over-the-counter supplements.

Public health initiatives may also be influenced by these guidelines. The focus may shift towards broader educational campaigns that emphasize lifestyle modifications, such as spending time outdoors and consuming vitamin D-rich foods (like fatty fish, fortified dairy products, and eggs), rather than widespread testing.

Balancing Benefits and Risks

While vitamin D remains a crucial nutrient for bone health and overall wellness, the new guidelines encourage a more balanced approach to its management. By reserving testing for those at highest risk of deficiency, the medical community aims to reduce unnecessary interventions while still addressing the needs of those who are truly deficient.


In conclusion, the new guidelines on vitamin D testing represent a thoughtful reassessment of current practices. For healthcare providers, it's an opportunity to refine patient care strategies. For patients, it's a reminder to focus on a holistic approach to health—balancing sun exposure, diet, and, when appropriate, supplementation, without over-relying on routine testing. As our understanding of vitamin D continues to evolve, these guidelines serve as a guidepost for more personalized and effective healthcare.

*The information presented is for education purposes and not meant as a substitute for individual medical advice. If you have a specific medical concern, please see your medical provider.

Dr. Teresa Alasio is the Medical Director and Owner of Intentional Self Aesthetics, located in downtown New Canaan. She happily resides in New Canaan with her family.

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Questions? Contact Aquarion's Customer Service Center at **1-800-732-9678** or speak to a licensed irrigation professional.



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SEPTEMBER 7, 2024

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774 OENOKE RIDGE | NEW CANAAN
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394 WEST LANE | RIDGEFIELD
SOLD \$4,995,000



115 GREENLEY ROAD | NEW CANAAN
SOLD \$1,600,000



59 ECHO DRIVE NORTH | DARIEN
SOLD \$1,388,888

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REAL ESTATE DASHBOARD

REAL ESTATE DASHBOARD EDITOR

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Christa Kenin | Christa.Kenin@Elliman.com

Robyn Bonder | Robyn.Bonder@Elliman.com

NEW LISTINGS

Address	List Price	SqFt	Price/SqFt	AC	BR	FB
127 River Street	\$999,000	2,009	\$497.26	0.17	4	3
289 New Norwalk Rd 22	\$1,095,000	3,525	\$310.64		3	2
296 Park Street	\$2,195,000	5,361	\$409.44	0.35	4	3
652 Weed Street	\$2,495,000	3,868	\$645.04	1.00	4	3
72 Valley Road	\$3,595,000	7,983	\$450.33	2.38	6	8

NEW SALES

Address	Original List	List Price	Sold Price	DOM	BR	FB	Acres
101 Juniper Road	\$1,250,000	\$1,250,000	\$1,200,000	13	4	3	2.06
47 St. George Lane	\$2,649,000	\$2,649,000	\$3,175,000	7	5	4	4.02
31 Bayberry Road	\$3,295,000	\$3,295,000	\$2,850,000	14	4	5	2.00

FEATURED OPEN HOUSES

Get Your Open Houses Into the MLS by Wednesday at Noon for a Listing Here

Address	Price	Day	Time	Broker
1315 Smith Ridge Rd	\$2,145,000	SAT & SUN	12:00PM-2:00PM	William Pitt Sotheby's
289 New Norwalk Rd 22	\$1,095,000	SUN	1:00PM-4:00PM	Compass
277 S. Bald Hill Road	\$1,445,000	SUN	2:00PM-4:00PM	William Raveis
652 Weed Street	\$2,495,000	SUN	1:00PM-3:00PM	Douglas Elliman
116 Juniper Road	\$3,195,000	SUN	2:00PM-4:00PM	William Pitt Sotheby's
49 Cross Ridge Road	\$3,995,000	SUN	2:00PM-4:00PM	Douglas Elliman
402 Spring Water Lane	\$4,499,000	SUN	2:00PM-4:00PM	William Raveis

Labor Day Market Report - 8 Months In



BY JOHN ENGEL

Homes for Sale. For the third month in a row the amount of inventory fell in New Canaan and continues to drop around Fairfield County. Darien and Wilton see single family home inventory consistently below 50 homes since late 2022 while New Canaan has been below 75 since that time (with the exception being last May).

Closed Sales. I would have thought a 14% decrease in inventory would mean fewer sales. Lessening inventory does not have an appreciable impact on the number of closed sales. Last June July and August New Canaan had 27, 30, and 28 sales whereas this June, July, August we saw 32, 29 and 24 closed sales.

New Listings. There were 18 new listings in New Canaan in August. Darien had 11, Wilton had 14 and Westport had 23, new listings in all 4 towns are down from a year ago. Typically, the number of new listings declines each month from August to only a handful in December. On the one hand, sellers do not want to carry an active listing through the winter and are motivated to make a deal. On the other hand, my buyers know that we are a long way from next May when new listings typically peak and some of them can't wait that long to move.

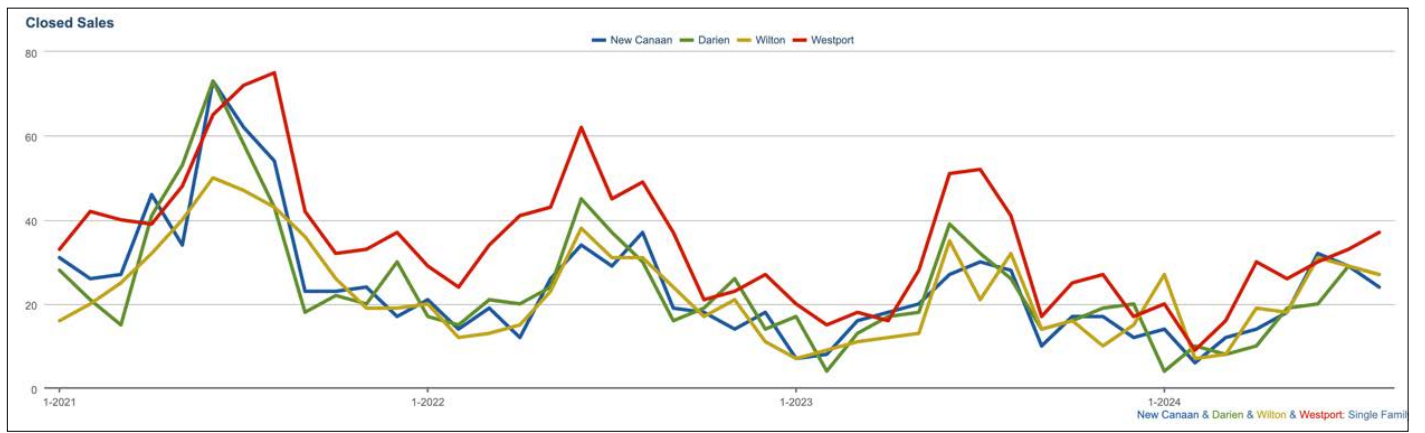
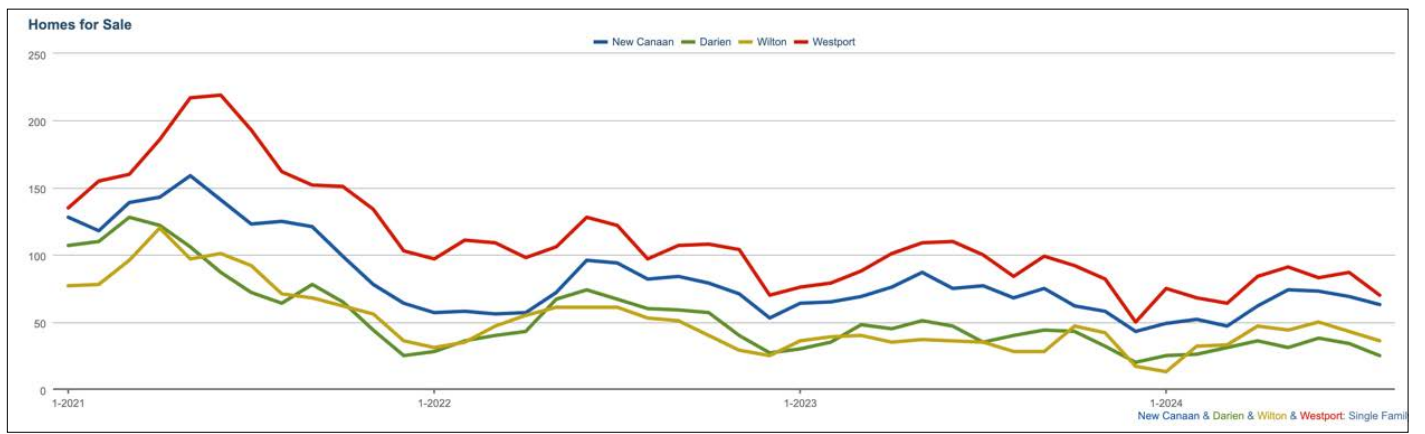
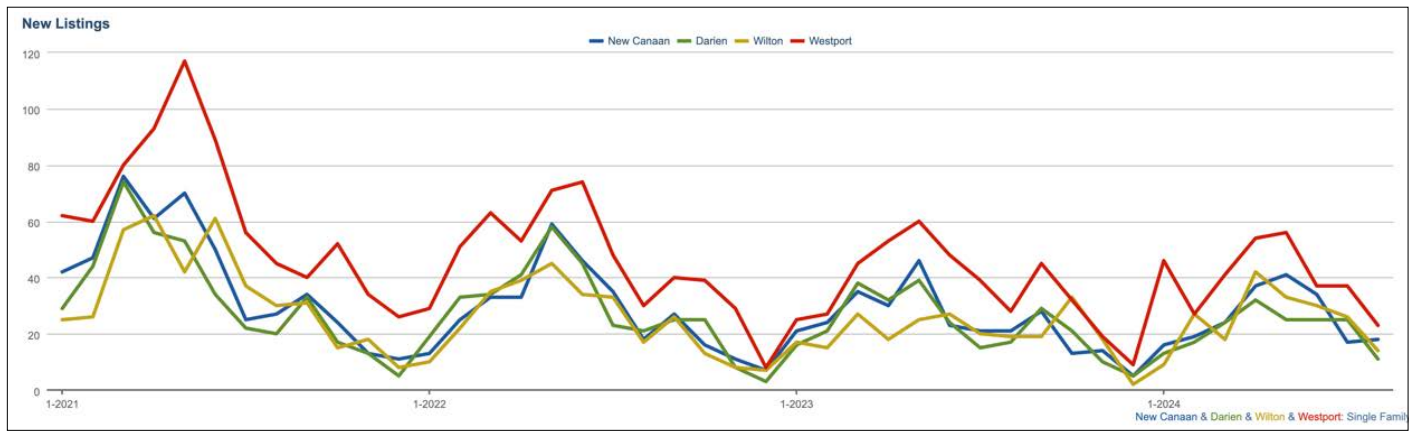
Case Study 1. Yesterday we listed a \$2.5 million house in New Canaan. 30 agents attended the broker open house this morning. There were two showings immediately following the broker open house and one of them will be returning for a second showing tomorrow. It is a good sign that agents are attending the broker tour. Lesson: summer vacation is

over, it's time to get back to work and put some deals together.

Case Study 2. We listed a house 6 weeks ago and were getting nervous when it did not sell right away. Buyers were probing with low offers. The presentation was A+, the price was in line with our comps; did we misjudge the market? Sometimes it just takes one interested party to make a deal. In this case more bidders emerged, the offers came up and we have an accepted offer and a backup. Lesson: not everything sells in the first two weeks. Sometimes it takes a second bidder to give confidence to the first bidder to come up.

Case Study 3. We listed another house a month ago and while we got offers, we could not make a deal. In these cases, agents always have our doubts, wondering if we had made a mistake. The presentation was solid, the price fair. Why low offers? In this case the seller heard what the market was telling him and capitulated in front of multiple offers because they were all fairly similar, none willing to budge. When faced with a choice: accept in the Fall or carry the house and take your chances in the Spring market many sellers want to move on at this time of the year. They will return to a previous offer. Curious, in a market that is seeing rising prices. Lesson: our initial asking price proved optimistic.

Rental Case Study 4. The rental market is different from the sale market. I don't want to say it's an inefficient market with only 16 houses for rent, but it defies some of the logic we have come to expect from a for-sale market of 75. First, it's much more seasonal. Half of all rentals take place in the 3 summer months. If a landlord missed the window and the music has stopped, sometimes a price adjustment isn't enough, there's nobody to hear it, everyone has taken a seat. Second, renters



meeting: What happens when the buyer, after making an as-is offer, decides they didn't really mean as-is and they want deficiencies to be corrected? Usually, the window for asking is limited to that inspection window in the first 7 days after offer acceptance. At that time the contract has not been signed and unfortunately it's part of the negotiation. But, once the contract has been signed is there still room for asking and getting? After all, it's human nature to keep asking for things until someone tells you no. Sellers, don't get mad. Just say no if it's outside the spirit and letter of the contract. Usually, when the

requests come in at closing the buyer is at risk of their rate-lock expiring, requiring them to re-sign all the paperwork with new dates if the closing is delayed. Standard practice is one walk-through within 24 hours of the closing, and the buyer should only identify only those deficiencies which have emerged since the deal was made and the contract signed. I experienced this last week: the buyer asked for things and suggested the seller put money in escrow until the punch list was completed. The seller's attorney said "no escrow, it will delay the closing to address the new list". The buyer decided it wasn't worth

the hassle and stuck to their original closing date.

the hassle and stuck to their original closing date.

John Engel is a broker on The Engel Team at Douglas Elliman and his daughter's wedding-of-the-century is now over. New Canaan is a great town to get married in. Is there a better place for a reception than Waveny House? Did the Waveny Conservancy plant those stunning gardens just for us? It sure felt like it. Carriage House catering does the majority of wedding catering at Waveny and it's easy to see why (it's a well-oiled machine)

Notes from the Monday



Left to right: Charlie and Regina Cheever, John and Melissa Engel, Katie and Mike O'Neil, Kim and Brad Barton, Maria and Bob Naughton, Jeane and Chris Russo, Lisa and Scott Hobbs on the Waveny Lawn. Thank you Waveny Conservancy!



Identical twins Lillian and Charlotte Engel in front of St. Aloysius Church.

Submit questions and comments to John.Engel@Elliman.com



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Diego R. Camacho, MD, is an expert in advanced laparoscopic procedures for general surgery, bariatric surgery, hernia treatments and gastroesophageal reflux disease (GERD).

Dr. Camacho completed his general surgery residency at The Ohio State University Medical Center and completed his fellowship in minimally invasive surgery at Baylor College of Medicine. He has shared his expertise in minimally invasive procedures through books, peer-reviewed articles and more than 60 international presentations.

He is a fellow of the American College of Surgeons and an active member in several professional societies. In 2019, he was recognized by the Fairfield County Doctors of Distinction for his international work. He was recognized by the Latin American Federation of Surgery (FELAC) as the most accomplished Latino surgeon in the United States. Dr. Camacho is fluent in Spanish and has been a Greenwich resident since 2008.



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Calendar of Events for Your Fridge

Submit your events at:
newcanaansentinel.com/submit-an-event/

TOWN MEETINGS

Monday, September 9

Affordable Housing Committee

7-8 p.m., Town Meeting Room & via zoom

Zoning Board of Appeals

7-8 p.m., Town Hall Board Room

Tuesday, September 10

Board of Selectmen

8:30-10 a.m., Town Meeting Room & via zoom

Pension Committee

11 a.m.- 12 p.m., Town Meeting Room

Fire Commission

7-8 p.m., Fire Headquarters

Board of Finance

7-9 p.m., Town Hall Meeting Room

Thursday, September 12

Police Department Building Committee

8-10 a.m., Town Hall Board Room

Conservation Commission

12-2 p.m., Town Hall Board Room

Friday, September 6

COFFEE AND CONVERSATION

8:30 - 9:30 AM at the Lapham Center Dining Room. Join the New Canaan Sentinel Team for coffee and conversation.

The Marvelous Wonderettes Opening Night

7:30 PM at Powerhouse Theatre
 This Off-Broadway hit takes you to the 1958 Springfield High School prom, where we meet Betty Jean, Cindy Lou, Missy, and Suzy: four girls with hopes and dreams as big as their crinoline skirts. \$35/Adult. Tickets available online at <https://www.onthestage.tickets/show/town-players-of-new-canaan/6682fdef4fc979078dc71623/tickets>

Saturday, September 7

Town Farmers Market

10 AM - 2 PM at Lumber Yard Lot
 There are many vendors with various local items available including specialty food, fresh meat, produce, soap, eggs, and honey. There will be live music from Henry Jones.

New Canaan Land Trust Annual Meeting

2:30 PM at the New Canaan Library, Jim & Dede Bartlett Auditorium
 The New Canaan Land Trust will hold their annual meeting before David Sibley's presentation. Attendees of the NCLT meeting will receive priority seating at the presentation. Free. To register visit https://secure.lglforms.com/form_engine/s/2mxtsvYngSgiBgVF_NO4Tw

Renowned Ornithologist David Sibley Presents: What it's like to be a bird

3:15-4:15 PM at the New Canaan Library, Jim & Dede Bartlett Auditorium
 New Canaan Land Trust, Friends of the Bristow Park and New Canaan Library will host the country's leading bird expert, David Sibley. He will talk about some of the incredible things birds are able to do, the adaptations that make those things possible, the effects of the biodiversity crisis on birds, and how bird-building collisions as well as cats impact bird populations. Free event. A wine & cheese reception with a book signing will be held after Sibley's presentation. Register at <https://www.newcanaanlibrary.org/event/david-sibley-event-w-land-trust-93512>

Annual Member Show Opening Reception

4-6 PM at the Carriage Barn Arts Center
 The 2024-2025 season begins with the Annual Member Show, celebrating the range, interests, and talents of artist members working across all mediums. For more information please visit <https://carriagebarn.org/2024-annual-member-show/>

Sunday, September 8

Bristow Park Centennial Celebration

2-3:30 PM at the Bristow Park Center Crossing Pavilion
 Celebrate the 100th Birthday of the 3rd oldest Bird Sanctuary in the USA, right here in New Canaan. Welcome address by First Selectman Dionna Carlson. Keynote Speaker will be David Sibley, the nations foremost birding authority, giving a talk on the importance of

saving bird habitat throughout the Northeast. This event and auction is a celebration of early conservation and bird habit management, as well as a fundraising moment to generate stewardship resources for the next 100 years. Free event. The auction is available at <https://givebutter.com/c/BristowParkCentennial/auction>. To register or donate visit <https://givebutter.com/c/BristowParkCentennial?s=2SubbZ>

Monday, September 9

Gentle Yoga

10-11 AM at the New Canaan Library, Jim & Dede Bartlett Auditorium
 A tranquil, foundation-building class designed to introduce new students to yoga, as well as offer regular practitioners a gentle class to complement their yoga practice. Participants must bring their own yoga mat. Register at <https://www.newcanaanlibrary.org/event/gentle-yoga-59018>

Introduction to Excel presented by SCORE of Fairfield County

6:30-8 PM at the New Canaan Library, Community Room
 This workshop will cover "basic" features of the Excel spreadsheet program with lots of time at the end for Q & A. Free event. Register at <https://www.score.org/fairfieldcounty/event/sept-9-basic-excel---part-1>

Tuesday, September 10

Getting Started with Libby, Hoopla and ebooks

12-1 PM at the New Canaan Library, McLaughlin Meeting Room
 Leave the heavy books behind and start using digital library platforms. In this class, reference librarian James will walk you through downloading and using Libby and Hoopla, popular apps that put books, audiobooks, movies, magazines and more at your fingertips. For more information and to register visit <https://www.newcanaanlibrary.org/event/get-started-your-digital-library-99484>

Actor and Director Griffin Dunne Presents Memoir The Friday Afternoon Club

7-8 PM at the New Canaan Library, Jim & Dede Bartlett Auditorium
 Join to hear about actor, director and producer Griffin Dunne's storied family and his take on the realities of love and loss. Free event. Register at <https://www.newcanaanlibrary.org/event/griffin-dunne-author-talk-88088>

Wednesday, September 11

Balance and Fall Risk Screenings

12:30 PM at the Lapham Center
 According to the CDC, falls are a leading cause of injury and death in adults over 65. Many falls are predictable and preventable. Healthcare professionals from Waveny Visiting Nurse and Hospice will provide hands-on balance and fall risk assessments, discuss fall risk factors, and provide strategies and exercises to minimize your risk. You'll leave the session armed with information and techniques to keep you safe. Free event. Registration required and space limited. Please contact 203-594-3620 to reserve your spot.

Poetry: Analysis & Appreciation

1-2:30 PM at the New Canaan Library, McLaughlin Meeting Room
 Join for a casual discussion; no lecture, just reading and interpreting poetry together. Register to receive poems for analysis and discussion during the meeting. Register at <https://www.newcanaanlibrary.org/event/poetry-analysis-appreciation-88432>

Stitch with Aggie

4-5:30 PM at the Lapham Center
 Learn basic needlepoint with the assistance of Aggie Aspinwall. After learning these stitches you will be able to needlepoint whatever you like. The \$20 supply fee is payable to the instructor. All needle artists are welcome to attend as well. For more information and to register please contact 203-594-3620.

Thursday, September 12

Dinner and a Movie

5-7:30 PM at the Lapham Center
 The movie playing will be The Boys in the Boat. During the Great Depression, members of the University of Washington rowing team compete for gold at the 1936 Olympics. 2h 4m. IMDb 6.9/10. Free event. For more information please contact 203-594-3620.

Friday, September 13

COFFEE AND CONVERSATION

8:30 - 9:30 AM at the Lapham Center

Dining Room. Join the New Canaan Sentinel Team for coffee and conversation.

Health Talks with Shannon and Ellen

11 AM- 12 PM at the Lapham Center
 Meet up with Shannon and Ellen from the Health Department for coffee, conversation and snacks. Topics will be announced in the Lapham Center eblasts. Free event. For more information please contact 203-594-3620.

Ladies Comedy Night Out

7-9:30 PM at the Powerhouse Theatre
 Patty is one of the top headlining American comics in the country with her hard hitting, high-energy style of comedy. The night will begin with a wine party followed by the comedy show at 8 pm. \$40/person. Register at <https://www.zeffy.com/en-US/ticketing/1f42bb74-e2cc-42cc-811e-e7a53ac0704b>

SAVE THE DATE

September 14

Learn The Art of Cyanotype: Intro

9:30 AM- 12:30 PM at the Carriage Barn Arts Center
 Learn the process, experiment and develop your skills. Create prints on paper using the cyanotype historical photographic process. \$75/members and \$90/nonmembers. Register at <https://carriagebarn.org/event/the-art-of-cyanotype-workshop-the-basics/>

Beginning Mahjongg with Aggie

10 AM- 12 PM at the Lapham Center
 This class covers the rules, tile identification and basic strategies, followed by hands-on practice to reinforce learning. For more information and to register please contact 203-594-3620.

Learn The Art of Cyanotype (Advanced)

1:30-4:30 PM at the Carriage Barn Arts Center
 Learn advanced processes, further experiment and develop your skills. Create prints on paper using the cyanotype historical photographic process. Led by artist and instructor Fruma Markowitz. \$75/members

and \$90/non-members. Register at <https://carriagebarn.org/event/the-art-of-cyanotype-advanced-workshop/>

Family Movie Night: Wonka

7:15-9 PM at the New Canaan Museum & Historical Society Lawn
 The first family movie night at the museum! Bring a picnic blanket, dinner, and bevies of choice for a fun night under the stars. Popcorn and snacks will be available for purchase. Tickets are \$10/members and \$25/non-members. Please rsvp to info@nchisociety.org

September 15

Lecture & Reception with John Kao

3-5 PM at the Carriage Barn Arts Center
 John Kao will present "Creative Practices for Modern People". Kao is Senior Fellow at Yale's School of Engineering and Applied Science as well as a Yale Entrepreneur-In-Residence. He has a long history of thought leadership regarding innovation and entrepreneurship. The lecture is free for members and \$15 for nonmembers. For more information and to register visit <https://carriagebarn.org/event/lecture-reception-with-john-kao/>

New Canaan Old Timers Association Honoree Event

11 AM at Waveny House
 The 2024 Honorees are Dan Goldblatt, Heidi Sandreuter, Brett Wilderman, Steve Luciano, and Kevin Halloran. All of the proceeds from this event go towards the Vin Iovino Scholarship, named for the former athletic director and presented to selected senior athletes at the end of the school year. A Continental Breakfast will begin at 11 am followed by the Award Ceremony and Honoree Speeches at 12. Ticket prices start at \$50/adult and \$20/student. Register at <https://form.jotform.com/242277496882169>

September 16

Music in Film: a Lecture by Film Historian Greg Blank

6-7:15 PM at the New Canaan Library, Jim & Dede Bartlett Auditorium

Please turn to page B5

ROTARY CLUB OF NEW CANAAN
LOBSTERFEST
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FRIDAY & SATURDAY
September 27 & 28
4pm to 8pm

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Sentinel Celebrations

Welcome to your new home for personal news and happy milestones!

- Birth announcements
- Engagements
- Marriages
- Graduations
- Promotions
- New home/moving announcements
- Retirements

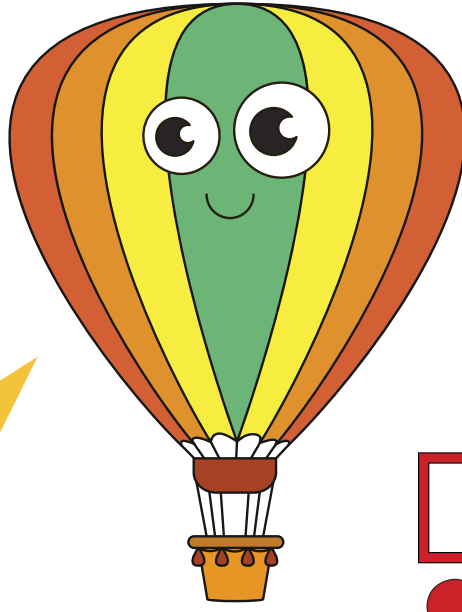
Please send the following details:

- In which Sentinel paper should the announcement appear — Greenwich or New Canaan?
- Name(s) of people involved
- Noteworthy details
- Include a high-resolution photo, if you like

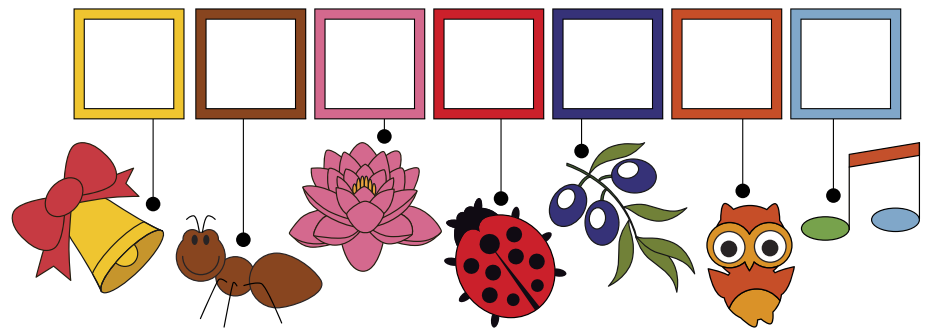
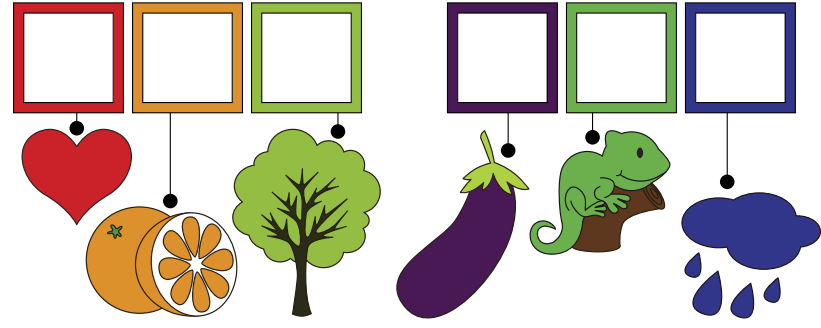
Email them to:

Cordelia@SentinelHometownNews.com.

Submissions may be edited for brevity or clarity. The Sentinel may decline to publish announcements at its own discretion.



What is the first letter of each picture? Fill it in and find the answer!



A CONTEST IN THE SPIRIT OF THE NEW YORKER MAGAZINE

Sentinel Literary Competition

The Sentinel Literary Competition has returned from the Sentinel's annual hiatus tanned, rested, and ready to fill the indoor seasons with lighthearted intellectual diversion.

Here's what's new:

MORE TIME TO ENTER

The Competition will now run monthly (rather than weekly) to allow ample time for our local Wordsworths to contribute. Enter as many times as you like!

MORE AND BIGGER PRIZES!

The First Prize entry now brings home a check for \$100. The Runner Up wins \$50, and two Honorable Mentions each win \$25.

Email your entry(s) to:

Dawson@GreenwichSentinel.com



The September Competition:

Give Us the Prompt: Please Prompt Promptly!

What should you write about? You tell us!

Mr. Dawson is looking for great prompt ideas, and his favorites will turn up as prompts for future Competitions.

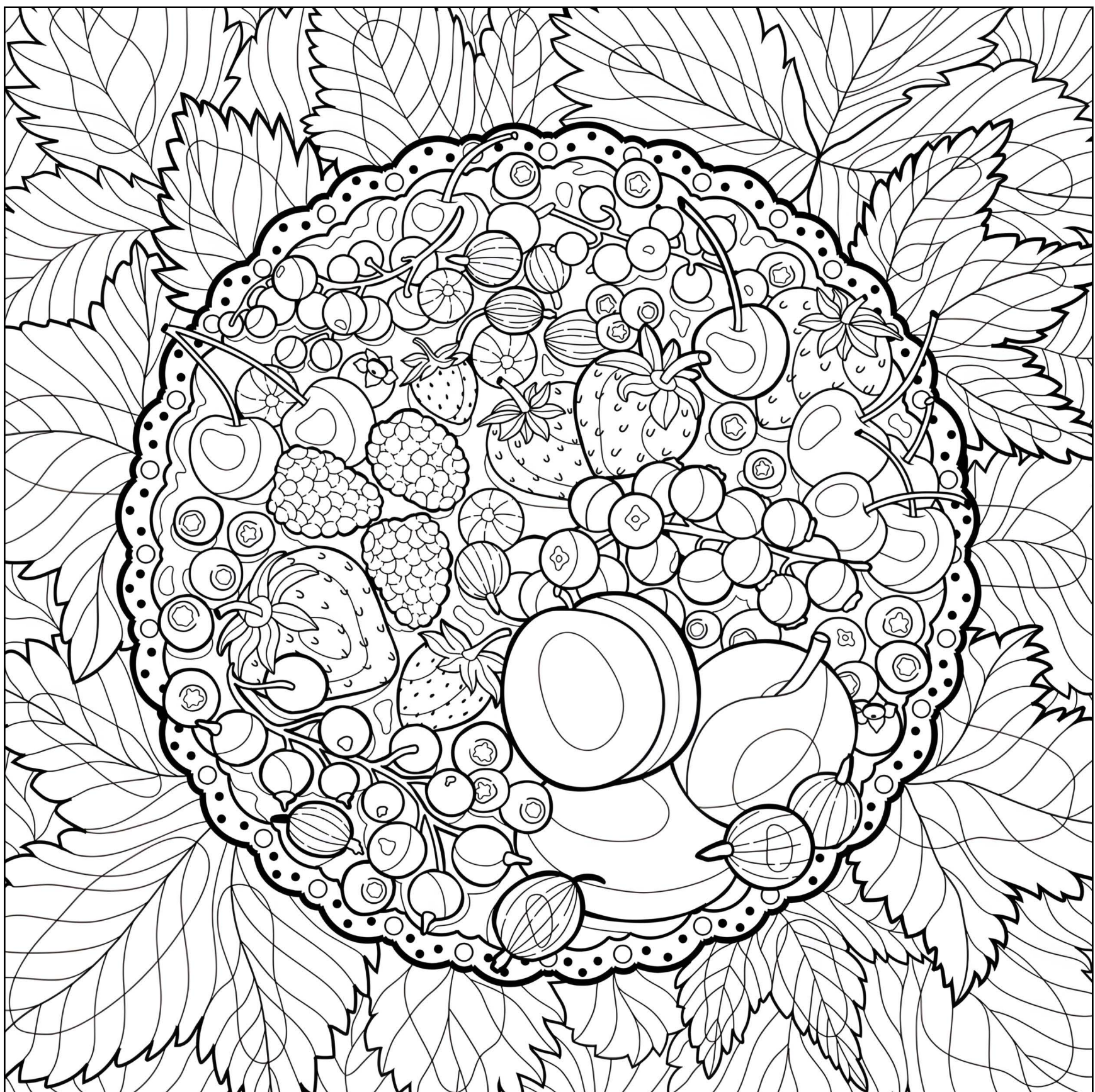
Prompts should be pithy and clever and include an example of an entry.

Please email your entry(s) to the Competition's trusty judge, Joe Dawson, at: Dawson@GreenwichSentinel.com.

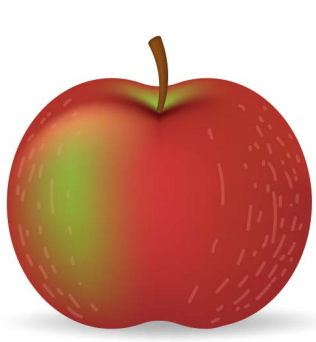
ENTER BY FRIDAY, SEPT. 27

Entries must be received by 11:59 p.m. Eastern Time on Friday, Sept. 27. Winners will be announced in the Oct. 4 issue of *The Sentinel*.

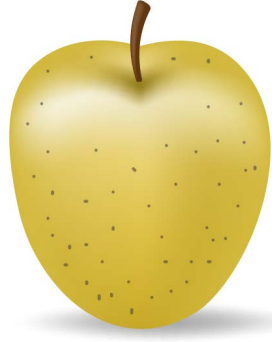
COLORING CHALLENGE



What's Your Favorite Kind of Apple?



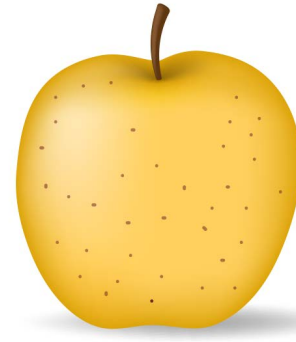
Cortland



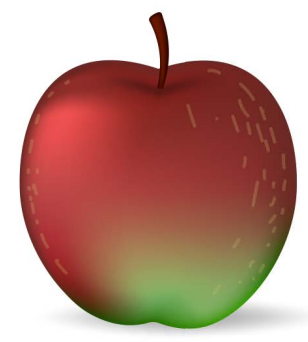
Golden Delicious



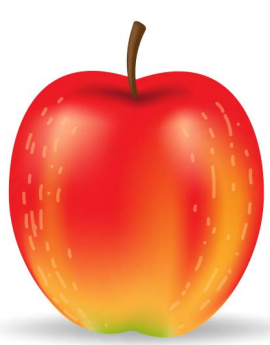
Red Delicious



Ginger Gold



Fuji



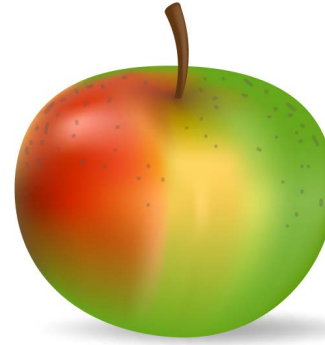
Cripps Pink



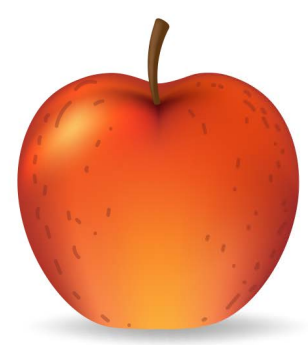
Granny Smith



Royal Gala















McIntosh



Braeburn

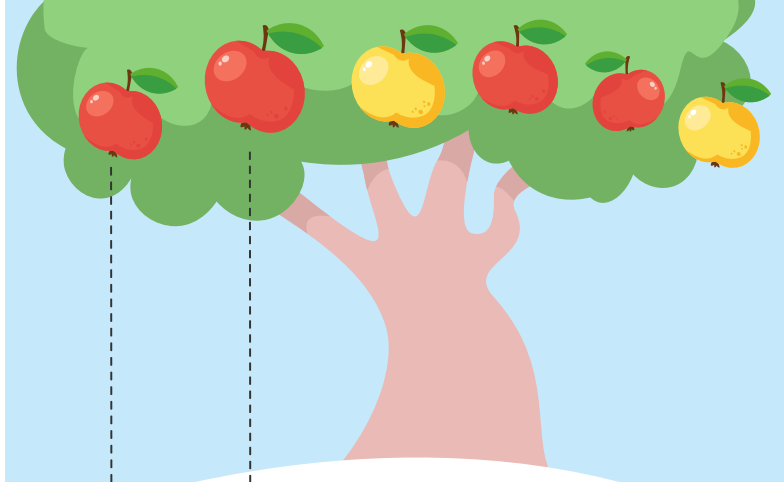
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Where will the apple fall? Draw a line.






GAME FOR KIDS

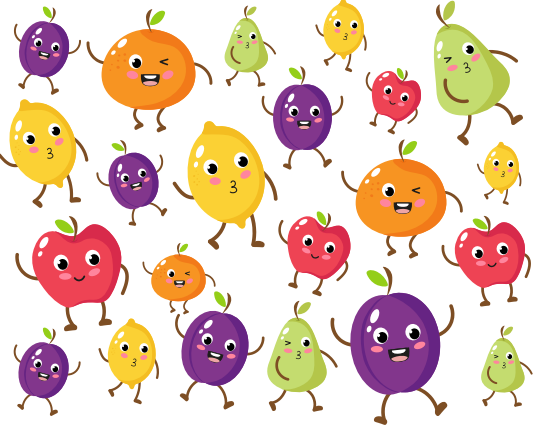
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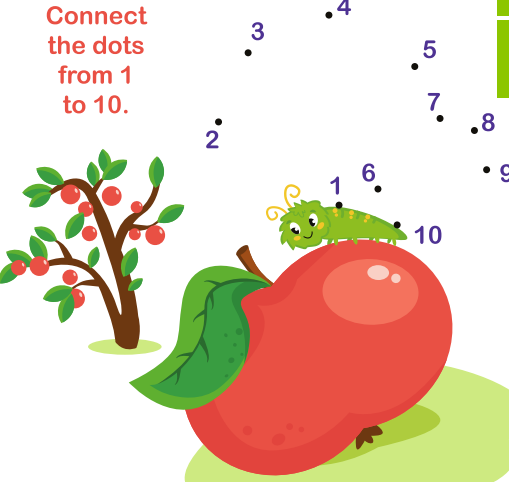
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		$2 \times 2 = 4$
		$2 \times 6 = 12$
		$2 \times 4 = 8$











Multiplication table

$2 \times 2 = 4$
$2 \times 3 = 6$
$2 \times 4 = 8$
$2 \times 5 = 10$
$2 \times 6 = 12$
$2 \times 7 = 14$
$2 \times 8 = 16$
$2 \times 9 = 18$
$2 \times 10 = 20$

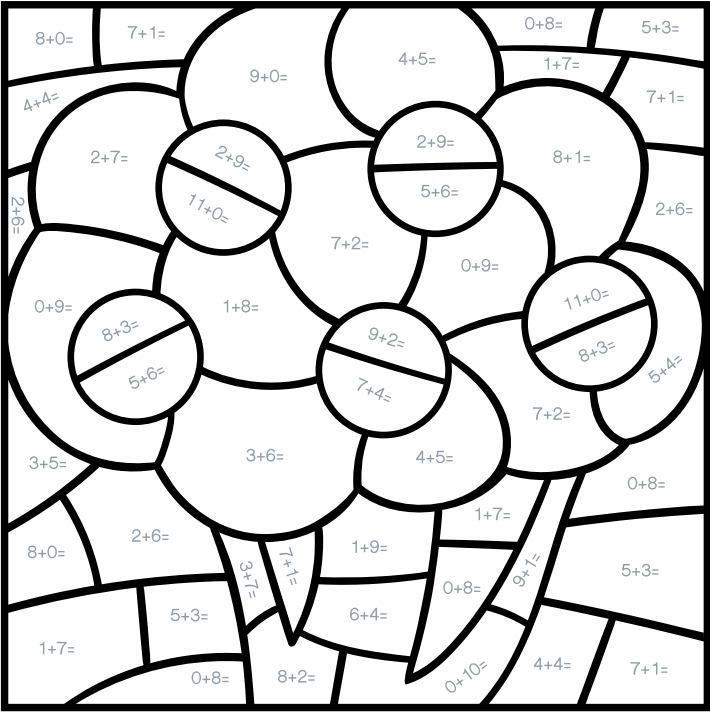
Connect the dots from 1 to 10.







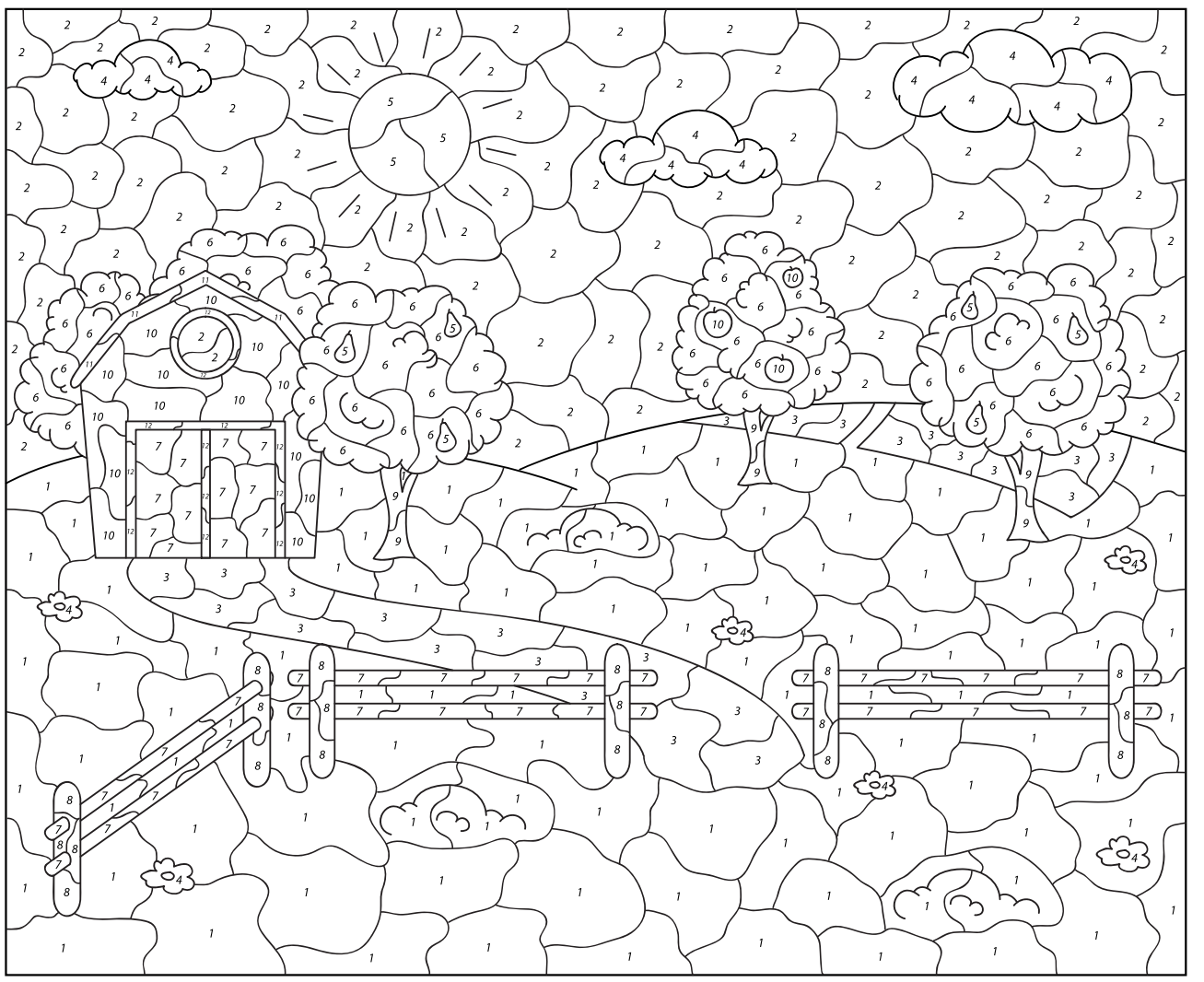
APPLE MATCHING GAME

COLOR BY ADDITION & SUBTRACTION








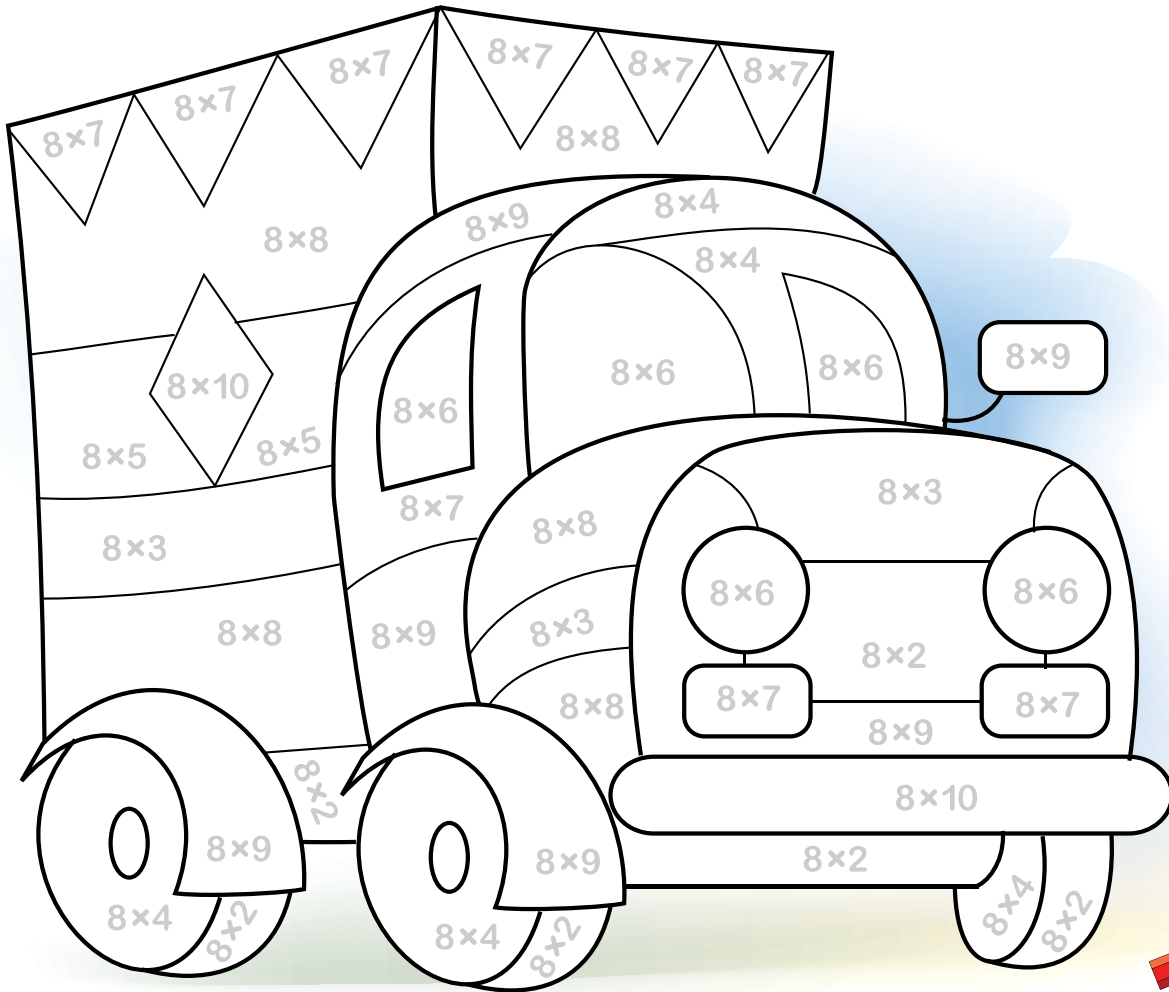
-  BLUE = 8
-  GREEN = 9
-  BROWN = 10
-  RED = 11



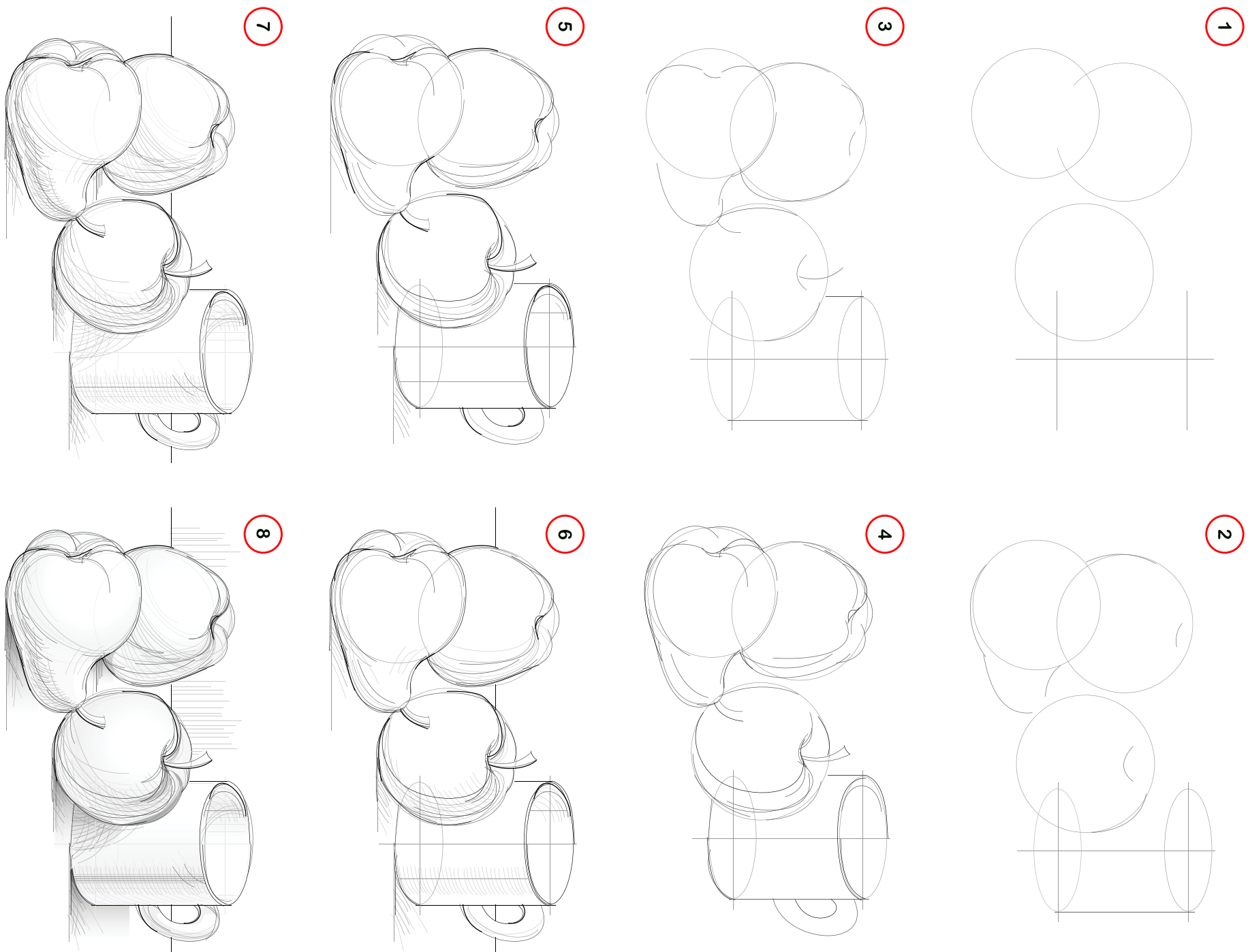
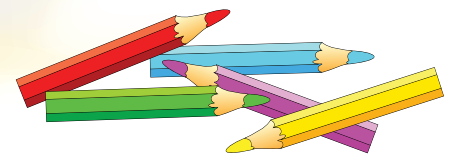
- $10 - 9 =$  LIGHT GREEN
- $1 + 4 =$  YELLOW
- $13 - 4 =$  ORANGE
- $8 - 6 =$  LIGHT BLUE
- $3 + 3 =$  DARK GREEN
- $14 - 4 =$  RED
- $10 - 7 =$  GOLD
- $2 + 5 =$  LIGHT BROWN
- $12 - 1 =$  MAROON
- $6 - 2 =$  WHITE
- $4 + 4 =$  DARK BROWN
- $14 - 2 =$  PALE YELLOW

COLOR BY MULTIPLICATION

- 16  BLACK
- 24  RED
- 32  GRAY
- 40  PURPLE
- 48  LIGHT BLUE
- 56  YELLOW
- 64  BLUE
- 72  GREEN
- 80  MAGENTA



- $8 \times 2 = 16$
- $8 \times 3 = 24$
- $8 \times 4 = 32$
- $8 \times 5 = 40$
- $8 \times 6 = 48$
- $8 \times 7 = 56$
- $8 \times 8 = 64$
- $8 \times 9 = 72$
- $8 \times 10 = 80$



Grab Your Sketchbook
DRAW A STILL LIFE WITH FRUIT, STEP BY STEP

CALENDAR

From Page B1

Greg Blank is a New York-based filmmaker and film historian with over 15 years of experience as a producer, director, cinematographer, and editor. He has lectured on film and media studies and other topics for over five years. Free event. For more information and to register visit <https://www.newcanaanlibrary.org/event/music-film-lecture-film-historian-greg-blank-100470>

Trivia Night with Guest Host Mike Bacon

5-7 PM at the Lapham Center
Test your knowledge, have some fun, and you might event win a prize. Categories: Geography, History (including New Canaan), Entertainment, People and Sports. Appetizers and drinks will be available. For more information and to register please contact 203-594-3620.

September 17

Open Tech

2-4 PM at the New Canaan Library, McLaughlin Meeting Room
If you have questions about social media, email, smart phones, or accessing the digital library, stop in to get one-on-one assistance with a tech librarian. All technology questions, queries and interests are welcome. Drop in tech help is limited to 20 minutes. Tech help will be given on a first-come-first-serve basis.

September 18

Staying Strong - Slowing the Onset and Progression of Osteo

12:30 PM at the Lapham Center
Dr. Ruskowski, a local, internal medicine physician will present a basic understanding of bone structure and how it naturally renews itself. What lifestyle and dietary practices can undermine natural bone rejuvenation. What you can do to reduce the rate of bone loss thru food choices and supplements. Free event. Lunch will be sponsored by Staying Put in New Canaan. For more information and to register please contact 203-594-3620.

Bestselling Author Laura Dave Presents: The Night We Lost Him

1-2:15 PM at the New Canaan Library, Jim & Dede Bartlett Auditorium
Get ready for a lively conversation between New York Times bestselling author Laura Dave and her editor, New Canaan's own Marysue Rucci, as they discuss her soon-to-be-released novel "The Night We Lost Him." The event will conclude with a book sale and signing with Elm Street Books, and a reception featuring a taste of the intriguing recipe from "The Night We Lost Him": a strawberry balsamic pizza! Free event. Register at <https://www.newcanaanlibrary.org/event/laura-dave>

Ladies Night Out: Makeup Demo and Dinner

5-7 PM at the Lapham Center
Join your friends for a glam demo and dinner with celebrity make-up artist Rose Lionetti, she will be sharing her secrets. Enjoy dinner while learning from Rose. For more information and to register please contact 203-594-3620.

September 19

Juneteenth in September

6 PM at the Community Baptist Church
A special fundraising event to celebrate progress and hope and raise awareness of mental health challenges in minority communities. Sponsored by Silver Hill Hospital honoring Juneteenth of Fairfield County.

Soundscapes from Latino America with INTEMPO

7-8 PM at the New Canaan Library, Jim & Dede Bartlett Auditorium
Soundscapes from Latino America showcases INTEMPO's talented teaching artists and advanced students performing the diverse musical traditions of Latin America. This annual event promises high-level artistry in a cultural celebration not to be missed. Free event. Register at <https://www.newcanaanlibrary.org/event/intempo-music-performance-75245>

September 21

Beginning Mahjongg with Aggie

10 AM- 12 PM at the Lapham Center
This class covers the rules, tile identification and basic strategies, followed by hands-on practice to reinforce learning. For more information and to register please contact 203-594-3620.

Cider Saturday

10 AM - 2 PM at the New Canaan Nature

Center

Enjoy an early autumn afternoon of family fun with cider press demonstrations, apple slingshots, a pumpkin scavenger hunt, seasonal harvest crafts for kids, baked apples, and stories around the campfire. The Annual Apple Olympics featuring bowling for apples and apple hoops will be held on the green. \$15/person. For more information and to purchase tickets visit <https://www.classy.org/event/cider-saturday-2024/e611631>

September 23

Gentle Yoga

10-11 AM at the New Canaan Library, Jim & Dede Bartlett Auditorium
A tranquil, foundation-building class designed to introduce new students to yoga, as well as offer regular practitioners a gentle class to complement their yoga practice. Participants must bring their own yoga mat. Register at <https://www.newcanaanlibrary.org/event/gentle-yoga-59018>

September 25

AARP Safe Driving Course

9:30 AM- 1:30 PM at the Lapham Center
Refresh your driving skills with The AARP Smart Driver™ course. Learn more about driver safety strategies, accident avoidance, and defensive driving. Completion of the course may help you save on your auto insurance! Only 15 spots. Pre-registration can be made online at aarp.org/drive (which allows credit card payment). Or, you may register by calling 203-594-3620 and pay the day of by cash or check made payable to AARP. \$20/AARP members and \$25/nonmembers.

The Poetry of Autumn with Ned

12 PM at the Lapham Center
Ned Monaghan, Lapham's favorite orator and raconteur, will return to delight us with a reading and recitation of some of Europe and America's finest verse. A selection of poetry and anecdotes that celebrate the best of the human condition. This is a free event and lunch will be provided. For more information and to register please contact 203-594-3620.

2024 Chamber Awards

6-7:30 PM at the New Canaan Library, Anderson Terrace
Please join the Chamber of Commerce as they honor three New Canaan businesses who have made a significant contribution to our Community. Lite bites and appetizers will be served. Wine will be provided by Craftbottlz and Walter Stewarts Market. \$35/person. Register at <https://newcanaanchamber.com/2024/08/26/2024-chamber-awards/>

September 26

Building a Health Partnership with a Primary Care Physician

10 AM at the Lapham Center
Dr. Krishnan Narasimhan will address various questions as he speaks about family medicine and primary care. Coffee, tea and pastries will be served. Free event. For more information and to register please contact 203-594-3620.

Internet Safety with Paul Koorse User Awareness and Best Practices

4:30 PM at the Lapham Center
Paul Koorse, Director of Information Technology for the town of Monroe, will discuss and identify the various cyber threats that exist and the steps you can take to mitigate risks. Be prepared to avoid phishing, malware and more. Free event For more information and to register please contact 203-594-3620.

An Evening with Artist Jan Dilenschneider

5:30-7:30 PM at Waveny LifeCare Network
Enjoy art, champagne, light fare and meet the artist. Jan Dilenschneider finds much of her inspiration in the wondrous variegation of nature with influences from Impressionism and Expressionism echo in her rich palette, loose brush strokes, and luminous misty vistas. Please rsvp to events@waveny.org by September 20th.

The Green Gala

7-9 PM at the Carriage Barn Arts Center
Third Annual Fundraiser for Planet New Canaan, a non-profit organization. Enjoy live music from Kwame Henry Jones, drinks served by guest bartenders from New Canaan's Board of Selectmen, delicious food catered by Rosie Restaurant and meet the winners of our Sustainability Award. More information and tickets available at <https://www.planetnewcanaan.org/events/>

September 27

Rotary Club Lobsterfest Day One

4-8 PM at the Steve Benko Pool Pavilion
Lobsters, lobster rolls, grilled salmon and

fried chicken for curbside pick up or dine in at the Steve Benko pool at Waveny Park. Proceeds go to support local non-profits. \$50/person. For more information and tickets visit <https://shorturl.at/t9DiI>

September 28

Rotary Club Lobsterfest Day Two

4-8 PM at the Steve Benko Pool Pavilion
Lobsters, lobster rolls, grilled salmon and fried chicken for curbside pick up or dine in at the Steve Benko pool at Waveny Park. Proceeds go to support local non-profits. \$50/person. For more information and tickets visit <https://shorturl.at/t9DiI>

September 29

"Origins & Originals" Concert with Russell Fisher

4-5:30 PM at the Carriage Barn Arts Center
Fisher will perform a mix of acoustic and electro-acoustic works for marimba, vibraphone and steelpan. Featuring music that contributes to the construction of one's identity from both the past and present. An active member of the booming steel pan scene, Fisher has performed in Panorama competitions with both Crossfire Steel Orchestra and CASYM Steel Orchestra. \$25/adult. For more information and to purchase tickets visit <https://carriagebarn.org/event/russell-fisher-percussionist/>

October 1

Open Tech

2-4 PM at the New Canaan Library, McLaughlin Meeting Room
If you have questions about social media, email, smart phones, or accessing the digital library, stop in to get one-on-one assistance with a tech librarian. All technology questions, queries and interests are welcome. Drop in tech help is limited to 20 minutes. Tech help will be given on a first-come-first-serve basis.

October 5

Harvest Festival

7-10 PM at the New Canaan Nature Center
The 11th Annual Harvest Festival featuring Axe Throwing. An adult only evening featuring live music and local microbreweries and wine. It is also a successful fundraiser for the Nature Center. More information is available at <https://newcanaannature.org/harvest-festival/>

October 7

Gentle Yoga

10-11 AM at the New Canaan Library, Jim & Dede Bartlett Auditorium
A tranquil, foundation-building class designed to introduce new students to yoga, as well as offer regular practitioners a gentle class to complement their yoga practice. Participants must bring their own yoga mat. Register at <https://www.newcanaanlibrary.org/event/gentle-yoga-59018>

October 10

Conversation and Coffee with a Cop

1 PM at the Lapham Center
Nicole Vartuli, Community Impact Officer, will present a topic of interest to our community. Free event. For more information and to register please contact 203-594-3620.

October 11

Health Talks with Shannon and Ellen

11 AM- 12 PM at the Lapham Center
Meet up with Shannon and Ellen from the Health Department for coffee, conversation and snacks. Topics will be announced in the Lapham Center eblasts. Free event. For more information please contact 203-594-3620.

October 19

Mahjongg for 2 with Aggie

10 AM- 12 PM at the Lapham Center
Learn the variations and adaptations of traditional Mahjongg rules to suit a two-player format. For more information and to register please contact 203-594-3620.

October 24

Sip and Paint

5-7 PM at the Lapham Center
Join the Lapham Center for a fun evening of painting, appetizers and wine. Free event. Space limited, reserve early by contacting 203-594-3620.

October 30

Halloween Murder Mystery Party

5-7 PM at the Lapham Center
Whether you are a detective, murderer, or

the unfortunate victim, you're guaranteed a memorable evening. Wear a costume and come prepared to play your role in the evening's events. For more information and to register please contact 203-594-3620.

October 31

Halloween Bingo

12-2 PM at the Lapham Center
The combination of lunch, BINGO, and prizes for the best costume is sure to be a hit. For more information and to register please contact 203-594-3620.

November 15

Waveny's Golden Gala

5:30-10 PM at the the Country Club of New Canaan
Celebrate Waveny's half-century of care, compassion and community. Join this grand event featuring cocktails, dinner, auctions, paddle raise and entertainment by FakeID, with all proceeds benefitting Waveny Life-Care Network. Ticket prices begin at \$300 and are available at <https://interland3.donorperfect.net/weblink/weblink.aspx?name=E344664&id=11>.

BLOOD DRIVES

in lower Fairfield County and surrounding counties

Friday, September 6

Trinity Church Cos Cob
5 River Road
Cos Cob, CT 06807
8:00 AM - 1:00 PM

Sunday, September 8

The Stamford Hotel
700 East Main Street
Stamford, CT 06901
7:30 AM - 12:30 PM

Monday, September 9

Boy's & Girl's
Club of Stamford
347 Stillwater Ave
Stamford, CT 06902
8:00 AM - 1:00 PM

Greenwich Blood
Donation Center
99 Indian Field Road
Greenwich, CT 06830
11:00 AM - 7:00 PM

Tuesday, September 10

Saint Mark's Church
111 Oenoke Ridge Road
New Canaan, CT 06840
1:00 PM - 6:30 PM

First Congregational
Church of Darien
14 Brookside Road
Darien, CT 06820
12:00 PM - 5:00 PM

Innis Arden Golf Club
120 Tomac Ave
Greenwich, CT 06870
8:00 AM - 1:00 PM

Thursday, September 12

Archangels Greek
Orthodox Church
1527 Bedford Street
Stamford, CT 06905
8:00 AM - 5:00 PM

Green's Farms Church
71 Hillandale Road
Westport, CT 06880
1:00 PM - 6:00 PM

Support Services & Meetings

NEW CANAAN

October 9

Protecting Your Skin with Elle De Moll, M.D.

12:30 PM at the Lapham Center
Dr. De Moll will discuss skin cancer prevention, detection and treatment options. Learn how to spot skin cancer and how to keep your skin healthy. Lunch sponsored by Staying Put. Free event. For more information and to register please contact 203-594-3620.

Every Friday

AA Speaker Meeting Wheelchair Access
Fridays at 7:30 AM
Congregational Church of New Canaan
23 Park St, New Canaan

Calendar of Events for Your Fridge

CALENDAR From Page B5

Every Saturday

AA Meeting-Sober Citizens Group
Saturdays at 9:15 AM
First Presbyterian Church
178 Oenoke Ridge Rd., New Canaan

AA Meeting-Laundry and Dry Cleaning Group
Saturdays at 10:30 AM
First Presbyterian Group
178 Oenoke Ridge, New Canaan

Lost Then Found NA Meeting
Wheelchair Accessible
Saturdays at 7 PM
United Methodist Church (back entrance) 165 South Avenue, New Canaan

Every Monday

AA Meeting
Wheelchair Access
Mondays at 7:30 AM
Congregational Church of New Canaan
23 Park St, New Canaan

Adult Child Al-Anon Meeting
Mondays at 12 PM
St. Mark's Church, Youth Room
111 Oenoke Ridge Rd., New Canaan

Every Tuesday

Adult Child Alanon Meeting
Tuesdays at 12 PM
St. Mark's Parish House, Conf. Room
111 Oenoke Ridge Rd., New Canaan

Every Wednesday

AA Step Meeting
Wheelchair Access
Wednesdays at 7:30 AM
Congregational Church of New Canaan
23 Park St, New Canaan

Al-Anon Parent's & Newcomer's Mtg.
Wednesdays at 7:30 PM
Silver Hill, Jorgenson House
208 Valley Rd., New Canaan

Every Thursday

AA Big Book Meeting, Wheelchair Access
Thursdays at 7:30 AM
Congregational Church of New Canaan
23 Park St, New Canaan

New Canaan Parent Support Group
7-8:30 PM
St. Mark's Episcopal Church
New Canaan

Our Neighbors

September 6

2024 Norwalk Seaport Association Oyster Festival Day One
6-11 PM at 35-acre Veteran's Memorial Park, Norwalk
Fun, food, and free entertainment on multiple stages, plus a myriad of special events for families and friends, from nine to ninety. \$15/adults and \$8/children (5-12). For more information and to purchase tickets visit <https://www.seaport.org/norwalk-oyster-festival>

September 7

13th Annual Health Wellness & Lifestyle Expo
10 AM- 6 PM at Harbor Point Boardwalk, Stamford
Connecticut's largest and premier health and wellness expo featuring over 120 exhibitors, 10 different zones, and free group classes. Family and pet friendly event. This is a free event with free parking. For more information visit <https://www.hwl-expos.com>

2024 Norwalk Seaport Association Oyster Festival Day Two
11 AM- 11 PM at 35-acre Veteran's Memorial Park, Norwalk
Fun, food, and free entertainment

on multiple stages, plus a myriad of special events for families and friends, from nine to ninety. \$15/adults and \$8/children (5-12). For more information and to purchase tickets visit <https://www.seaport.org/norwalk-oyster-festival>

September 8

2024 Norwalk Seaport Association Oyster Festival Day Three
11 AM- 8 PM at 35-acre Veteran's Memorial Park, Norwalk
Fun, food, and free entertainment on multiple stages, plus a myriad of special events for families and friends, from nine to ninety. \$15/adults and children are free with a paying adult. For more information and to purchase tickets visit <https://www.seaport.org/norwalk-oyster-festival>

September 10

Gather & Gab
5:30-7 PM at the Ox Ridge Riding & Racquet Club
512 Middlesex Road, Darien
Mix & mingle with Ox Ridge members and get acquainted with the Club's offerings. Lite bites & first alcoholic beverage included in ticket price of \$15/nonmembers and free for members. Purchase tickets at <https://www.eventbrite.com/e/gather-gab-at-ox-ridge-riding-racquet-club-tickets->

September 20

Blossom Hill Farm to Fork Annual Dinner
6-9 PM at the Country Club of Darien
The panelists will discuss the impact of protracted wars on children and Blossom Hill's programs that have changed the lives of over 130,000 beneficiaries. Celebrate the Fellows' remarkable achievements and the power of your support in nurturing education for peace in communities affected by conflict. Tickets are \$400/person and available at https://www.flipcause.com/secure/cause_pdetails/MjA5NjE0.

October 19

5th annual Beardsley Gala
6 PM at the Inn at Longshore
260 Compo Rd S, Westport
The Zoo Gala is a wildly elegant evening out that benefits conservation efforts and education. All funds raised will go towards the care of our endangered species, expansion of our exhibits, and educational programming. The evening will include entertainment, cocktails, dinner, an exciting silent and live auction, & animal encounters! Purchase tickets online at <https://www.beardsleyzoo.org/gala.html>

Sudoku for Kids

5	1		3		2			
2			4					
3		5						6
6			5	3				
		3		2				
1		2	6					3

4	5			3	2			
	3			6				
		4			3			
6	1		2	4				
2		1		5				
3			4		1			

2		1		3				
	3			1	5			
1		4		5				
3				6	1			
		1	2	5		3		
5					2			

1		6	2					
	5				3	1		
6		1	4	5				
3					2			
		3					4	
5		4	3	6				

SUDOKU

Each row, column, nonet can contain each number only once. Answers below.

Easy

				4				
	3	5			8			
8	9	7	1	3				
		4				7	9	
	2			9		4		
6	1				5			
			4		7	9	6	3
		2			4	5		
			9					

Hard

	1			6		8		
5			3	1				
7	8			5				
		3		1			4	
9			5	2			6	
6			7		9			
			8			9	7	
				5	7			1
	2		1			6		

Very Hard

		4					5	
			9		5		8	
	8							4
7			8					
			6	2	9	7	4	1
6			5					
	6							9
			3		8		1	
		2					3	

Easy

			5					8
	1			2		4	7	
	9				8			2
2			7			8	3	
			6	4				
	7	3			1			6
	5		8					6
	3	8		6				4
9					2			

Hard

						9	4	
	5			2	1			
6						7	5	
			6		1	2		9
			9				1	
2		8	9		5			
			3	5				7
					3	8		5
	4	7						

Very Hard

	6			5	8	1	2	3
3			4			2	7	
		7			1			
		2		1			3	
				1			8	
		5	3		4			7
2	3	6	8	7				1

Sudoku answers

Bottom row - Very Hard

4	6	9	7	8	5	1	2	3
3	5	1	4	3	2	7	9	8
8	2	7	6	4	9	5	3	1
9	4	3	2	8	7	6	5	1
4	8	4	3	3	3	3	3	3
5	7	2	1	5	1	1	1	1
6	9	8	7	6	4	5	3	2
7	6	9	8	7	6	4	5	3
2	1	8	9	7	6	5	4	3
3	4	5	6	7	8	9	1	2

Bottom row - Hard

3	7	1	8	5	6	9	4	2
8	9	2	4	7	6	5	3	1
6	5	4	3	2	1	9	8	7
9	2	3	4	5	6	7	8	1
7	8	9	1	2	3	4	5	6
5	6	7	8	9	1	2	3	4
4	5	6	7	8	9	1	2	3
2	1	3	4	5	6	7	8	9
1	2	3	4	5	6	7	8	9
8	9	1	2	3	4	5	6	7

Bottom row - Easy

6	2	4	5	7	3	1	9	8
3	1	9	8	2	6	4	7	5
8	5	7	4	1	9	6	2	3
9	1	2	3	4	5	6	7	8
4	7	8	9	1	2	3	4	5
2	6	1	7	8	9	5	3	4
7	8	9	1	2	3	4	5	6
5	8	9	6	3	4	2	1	7
4	7	3	2	1	9	8	6	5
1	2	3	4	5	6	7	8	9

Top row - Very Hard

9	1	4	2	8	6	3	5	7
2	8	7	3	1	8	4	5	6
3	7	6	9	4	2	5	1	8
7	2	9	8	1	4	5	6	3
4	5	6	7	8	9	1	2	3
2	3	4	5	6	7	8	9	1
1	2	3	4	5	6	7	8	9
8	9	1	2	3	4	5	6	7
6	7	8	9	1	2	3	4	5
5	6	7	8	9	1	2	3	4

Top row - Hard

3	1	2	9	7	6	4	8	5
7	8	9	4	2	1	3	5	6
8	9	6	5	7	3	4	2	1
4	2	7	1	3	9	8	5	6
6	8	5	4	2	9	7	3	1
5	3	8	9	6	7	2	4	1
2	1	3	4	5	6	7	8	9
9	8	7	6	5	4	3	2	1
1	2	3	4	5	6	7	8	9
8	9	1	2	3	4	5	6	7

Top row - Easy

2	6	1	8	7	4	3	9	5
4	3	5	2	9	8	1	7	6
8	9	7	6	5	4	3	2	1
3	4	5	6	7	8	9	1	2
5	6	7	8	9	1	2	3	4
6	7	8	9	1	2	3	4	5
1	2	3	4	5	6	7	8	9
9	8	7	6	5	4	3	2	1
2	3	4	5	6	7	8	9	1
3	4	5	6	7	8	9	1	2

Universal Crossword

Edited by David Steinberg

ACROSS

- 1 Dish before an entree, informally
- 4 Avails oneself of
- 8 Furnishes with a grant
- 14 Mess hall queue
- 16 Response to a good point
- 17 Thoroughly enjoying
- 19 Family car
- 20 "Looky here!"
- 21 FedEx competitor
- 22 Note to the staff
- 23 Golden State sch. that Mayim Bialik attended
- 25 Lhasa (dog breed)
- 26 Getting up there in age
- 29 Fuzzy memory
- 30 AOL alternative
- 31 Painter Vincent van ___
- 32 Smoke detector noises
- 33 Listing in the classifieds
- 36 Motorcyclist
- 39 Physics Nobelists
- 40 Transcript no.
- 43 Not odd
- 44 Abut
- 47 Item for a TSA agent
- 48 Cereal grains
- 49 Courageous
- 50 Rustic lodging
- 51 Tags on Twitter
- 52 "The final frontier"
- 54 1997 Bruce Willis sci-fi film ... or what you'd expect to find at the end of this answer, given the last few letters of 17-, 26-, 33- and 44-Across
- 59 Pina ___
- 60 Priced separately, at a restaurant
- 61 "The Scarlet Letter" protagonist Prynne
- 62 Pieces of info for detectives
- 63 Vegetable that may be candied

DOWN

- 1 Perform in a play
- 2 "Star Trek" weapons
- 3 Pikachu's franchise
- 4 Forearm bone
- 5 Fingerspell, say
- 6 Finale
- 7 "Didn't I tell you?!"
- 8 One of the UAE's national airlines
- 9 Canceled, at NASA
- 10 "Obviously!"
- 11 Increase eightfold
- 12 Throws together quickly
- 13 Motion detectors, e.g.
- 15 Black ___ (Avenger or spider)
- 18 Hang around
- 22 Leo the Lion's studio
- 23 Popular
- 24 fleecy boots
- 25 "Community" character portrayed by Danny Pudi
- 27 Frankenstein's assistant, in film
- 28 Neither's partner
- 32 Wire fence feature
- 33 Ward (off)
- 34 Contents of a firewood rack
- 35 "I'm not so sure ..."
- 36 Cast a spell over
- 37 Sir Walter Scott classic
- 38 "Hotels" for dogs
- 40 Grub hub?
- 41 Northern Italian cornmeal dish
- 42 "Your point being?"
- 44 Nearby
- 45 The right way?
- 46 Bush successor
- 51 Assistant
- 52 Sound of a hockey shot
- 53 Bench press targets, for short
- 55 Bacon drippings
- 56 Magician's prop
- 57 Peyton Manning's brother
- 58 President pro ___

PREVIOUS PUZZLE ANSWER

E	R	I	C	B	A	J	A	E	D	S	E	L		
M	O	N	O	R	O	O	M	G	O	T	T	I		
O	U	T	R	E	A	C	H	P	R	O	G	R	A	M
T	O	N	Y	N	S	A	M	I	S	O				
F	R	O	S	S	P	A	N							
M	O	V	I	E	S	C	R	I	P	T	G	N	U	
S	H	O	E	L	O	I	N	A	C	T	O	N		
N	A	C	L	O	R	G	A	N	O	R	E	S		
B	R	A	D	Y	E	U	R	O	N	I	N	E		
C	A	B	A	I	R	P	O	R	T	C	O	D	E	
U	H	O	H	W	A	V	E							
E	L	L	A	O	A	F	M	I	S	T				
L	O	A	N	A	P	P	L	I	C	A	T	I	O	N
B	E	R	G	S	E	E	L	S	E	T	N	A		
A	B	Y	S	S	D	E	L	I	D	E	E	P		

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7/18

Chemical Bond by Dylan Schiff

1	2	3	4	5	6	7	8	9	10	11	12	13	
14			15				16						
17							18			19	20	21	
	19						20			21			
22					23	24			25				
26			27	28	29	30	31	32					
30			31						32				
			33				34	35					
36	37	38					39				40	41	42
43				44	45				46		47	48	49
47				48					49				
50			51				52	53					
54			55				56	57					58
59							60						
61							62						63

Astrology for Next Week

VIRGO

24 Aug-23 Sept Forgive and forget and move on is the cosmic message and if you respond correctly all your bitterness for a certain person will evaporate and not bother you again. Whether they reciprocate remains to be seen but that's not your concern. Get over your anger.

LIBRA

24 Sept-23 Oct Friends and relatives may have plenty of advice but you already know what must be done. The only thing holding you back is the fear that the people you love and respect won't approve of your actions. Whether they do or not is irrelevant. It's what you need that counts.

SCORPIO

24 Oct-22 Nov Never doubt that life has meaning, that each step you take is part of the grand design. It may seem you're getting nowhere, or even moving backwards, but it's an illusion created by your inability to see the bigger picture. Don't worry: you are doing just fine.

SAGITTARIUS

23 Nov-21 Dec You may be entitled to get angry with someone in authority and no one will blame you if you let them have it with both verbal barrels. But, before you do, consider its effect on your reputation. A smarter move would be to let the situation ride. Show some self-control.

CAPRICORN

22 Dec-20 Jan Whatever your current difficulties don't suffer in silence. With the Sun opposing your ruler Saturn you'll struggle if you go it alone, but if you ask for help from family and friends the burden won't be so heavy. You don't have to do it all on your own.

AQUARIUS

21 Jan-19 Feb For too long you've been labouring under the false assumption that some things are too much for you. But what happens now will persuade you that you're actually pretty good at what you do. Take a few chances and it will be the others looking at you in awe.

PISCES

20 Feb-20 March Don't get upset if someone says something that goes against everything you've chosen to believe. The important word is "chosen" as, if think it through and are honest, you'll agree that many of your beliefs rely more on wishful thinking than solid fact.

ARIES

21 March-20 April With the Sun opposing Saturn, planet of limitation, you'll feel your physical and mental faculties are on the slide and, if you're wise, you'll take the hint and slow down. Think less of your work and more of your wellbeing. You're no good to anyone if you collapse.

TAURUS

21 April-21 May An offer that looks too good to be true probably is, but as you don't want to be left behind you may decide to risk it. However, you will soon regret it, especially when an even better offer comes your way, so call on all your reserves of willpower and give it a miss.

GEMINI

22 May-21 June You'll be swept along by events and at times will find it hard to keep your head above water. Try not to panic as you're in no real danger. You may have no control over where you end up but the planets suggest it will be somewhere you enjoy.

CANCER

22 June-23 July If you try to cover up a mistake you will, if anything, make the situation even worse. Your best course of action is to throw yourself on the mercy of the court. It may surprise you that what seems such a crime to you may not worry others in the slightest.

LEO

24 July-23 Aug With Saturn opposed by the Sun, your ruler, it's unlikely you'll be in tune with the spirit of the times. That's a shame as there are lots of fun things going on and friends, family and colleagues would love to see you get involved. Don't be a spoilsport - join in.

Discover more about yourself at sallybrompton.com

Family Time Crossword

The (K) Clues Are for Kids

Created by Timothy E. Parke

ACROSS

- 1. (K) "___-la-la!"
- 4. (K) Trail in the woods
- 8. Cardinals' manager?
- 12. (K) A question of identity?
- 13. Miscellaneous mix of stuff
- 14. Floor tile calculation
- 15. Common types of earthworms
- 18. Quite average
- 19. (K) Black Panther or Ms. Marvel
- 20. (K) Tagged, in freeze tag
- 21. Adam's partner
- 23. (K) Spanish two
- 25. A long time follower?
- 28. (K) Key-boardist's concert need
- 30. Common cosmetics ingredient
- 34. People with insurance
- 38. Hubbub
- 39. Scheduled
- 40. (K) Come into possession of
- 41. (K) Indianapolis is in it
- 44. (K) Piggy place
- 46. Manner
- 49. "Thick" part of a novel?
- 51. (K) Bouncing sound
- 55. Freight-laden sea vessel (2 words)
- 58. (K) "This is the best day ___!"
- 59. Tan relative
- 60. Hawaiian instrument, short form
- 61. Wet with morning moisture
- 62. (K) Bird's home
- 63. (K) Big boys?
- 3. (K) Major bacon suppliers
- 4. (K) Cooking utensil
- 5. Elementary science?
- 6. (K) Bike or bus need
- 7. Stockpile
- 8. (K) Really good buddy
- 9. (K) Two-color cookie type
- 10. (K) Country that's an anagram of "pure"
- 11. (K) West plus 180 degrees
- 16. Gardener's groundbreaking
- 17. (K) "___-hoo!"
- 22. Wet-dry ___
- 24. (K) In a crying mood
- 25. Like a quick learner
- 26. Baby's first and second word?
- 27. (K) Having lived 92 years
- 29. A degree of success?
- 31. Chicken serving
- 32. Miner's rock
- 33. (K) Suffix that makes things the most
- 35. Promise-to-pay letters
- 36. Ejectors
- 37. (K) Permit
- 42. Mud bath place
- 43. Galactic being
- 45. (K) Affirmative answer
- 46. (K) Cooled your tea?
- 47. (K) Wonderful emotion
- 48. (K) Was acquainted with
- 50. (K) Thrice minus twice
- 52. (K) Another 8-Down
- 53. (K) Trip with a backpack
- 54. (K) Ajar
- 56. (K) Make an effort
- 57. Stuck worker's place

Can you find the answer to this riddle within the solved puzzle?

Sausage center?

Look for the answer in next week's paper.

PREVIOUS PUZZLE ANSWER

1	2	3	4	5	6	7	8	9	10	11	12	13
14			15				16					
17							18			19	20	21
	19						20			21		
22					23	24			25			
26			27	28	29	30	31	32	33			
34			35				36	37				
38							39			40		
			41	42	43		44		45			
46	47	48		49	50		51	52	53	54		
55			56				57					
58							59			60		
61							62					63

Previous riddle answer:

Long-distance call?
2-D) YELL

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7 LITTLE WORDS

Find the 7 words to match the 7 clues. The numbers in parentheses represent the number of letters in each solution. Each letter combination can be used only once, but all letter combinations will be necessary to complete the puzzle.

CLUES

- 1 well-rounded (8)
- 2 common jam flavor (5)
- 3 without dissent (9)
- 4 1973 Eagles classic (9)
- 5 defeat (8)
- 6 like lightning storm noise (10)
- 7 not these (5)

SOLUTIONS

AN	BAL	GRA	OUS	UNA
PE	DES	TH	DER	VAN
THO	OUS	CED	PER	QU
SE	ISH	UN	ADO	NIM

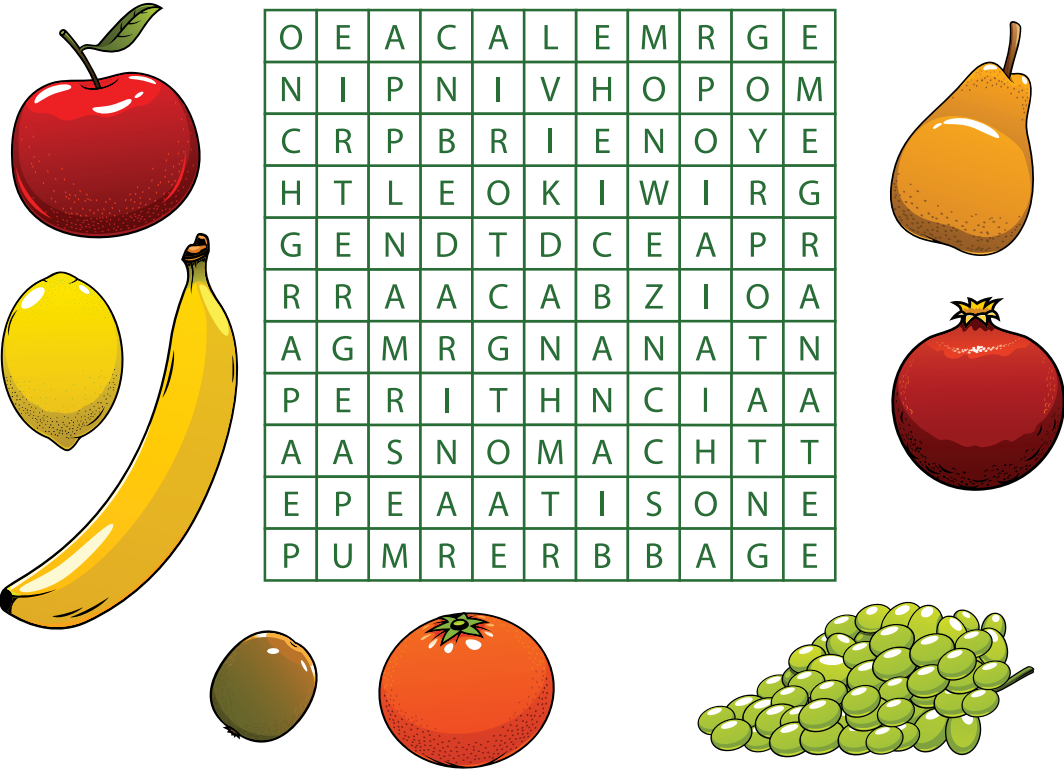
Previous Answers: 1. TRUDGES 2. SAFDIE 3. PORTENTOUS
4. SKITTISH 5. CHEEKBONES 6. POLICE 7. LUMINARY 7/31

The answers to this week's puzzles can be found in next week's issue.

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WORD PUZZLE GAME

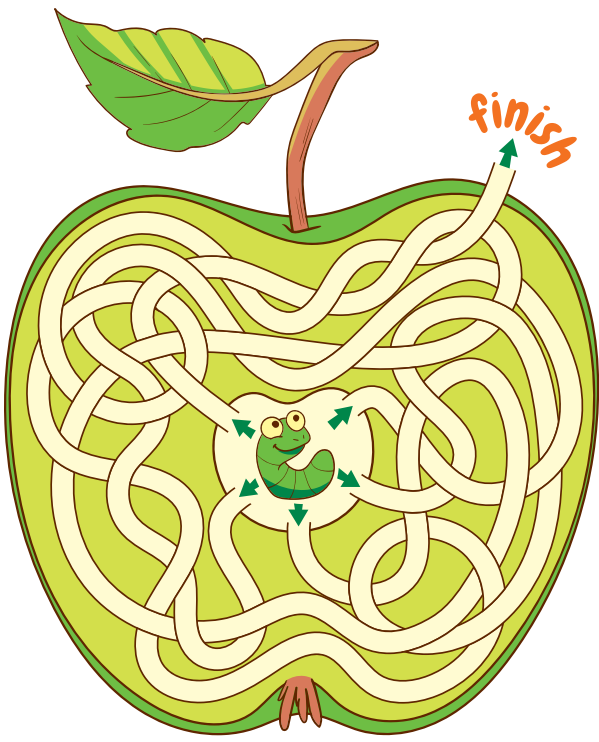


O	E	A	C	A	L	E	M	R	G	E
N	I	P	N	I	V	H	O	P	O	M
C	R	P	B	R	I	E	N	O	Y	E
H	T	L	E	O	K	I	W	I	R	G
G	E	N	D	T	D	C	E	A	P	R
R	R	A	A	C	A	B	Z	I	O	A
A	G	M	R	G	N	A	N	A	T	N
P	E	R	I	T	H	N	C	I	A	A
A	A	S	N	O	M	A	C	H	T	T
E	P	E	A	A	T	I	S	O	N	E
P	U	M	R	E	R	B	B	A	G	E

FIND THE CORRECT SHADOW



FIND THE CORRECT SHADOW

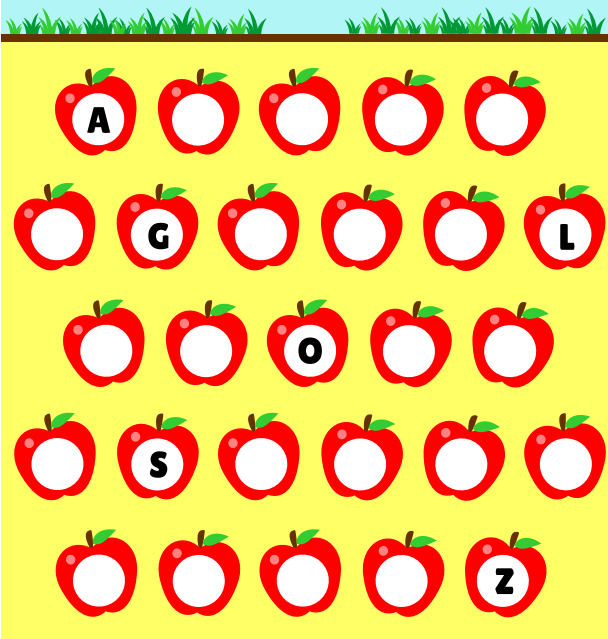


SPOT 10 DIFFERENCES

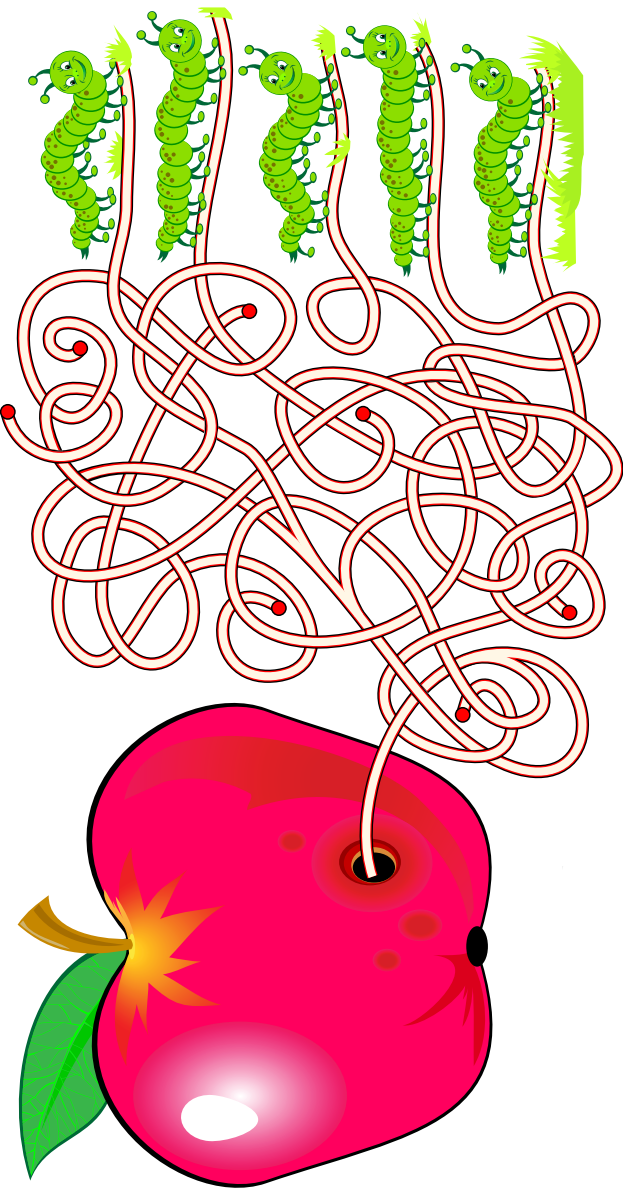


Missing Letter

Fill the blank space with letters in sequence



Can you find the worm who was eating the apple?



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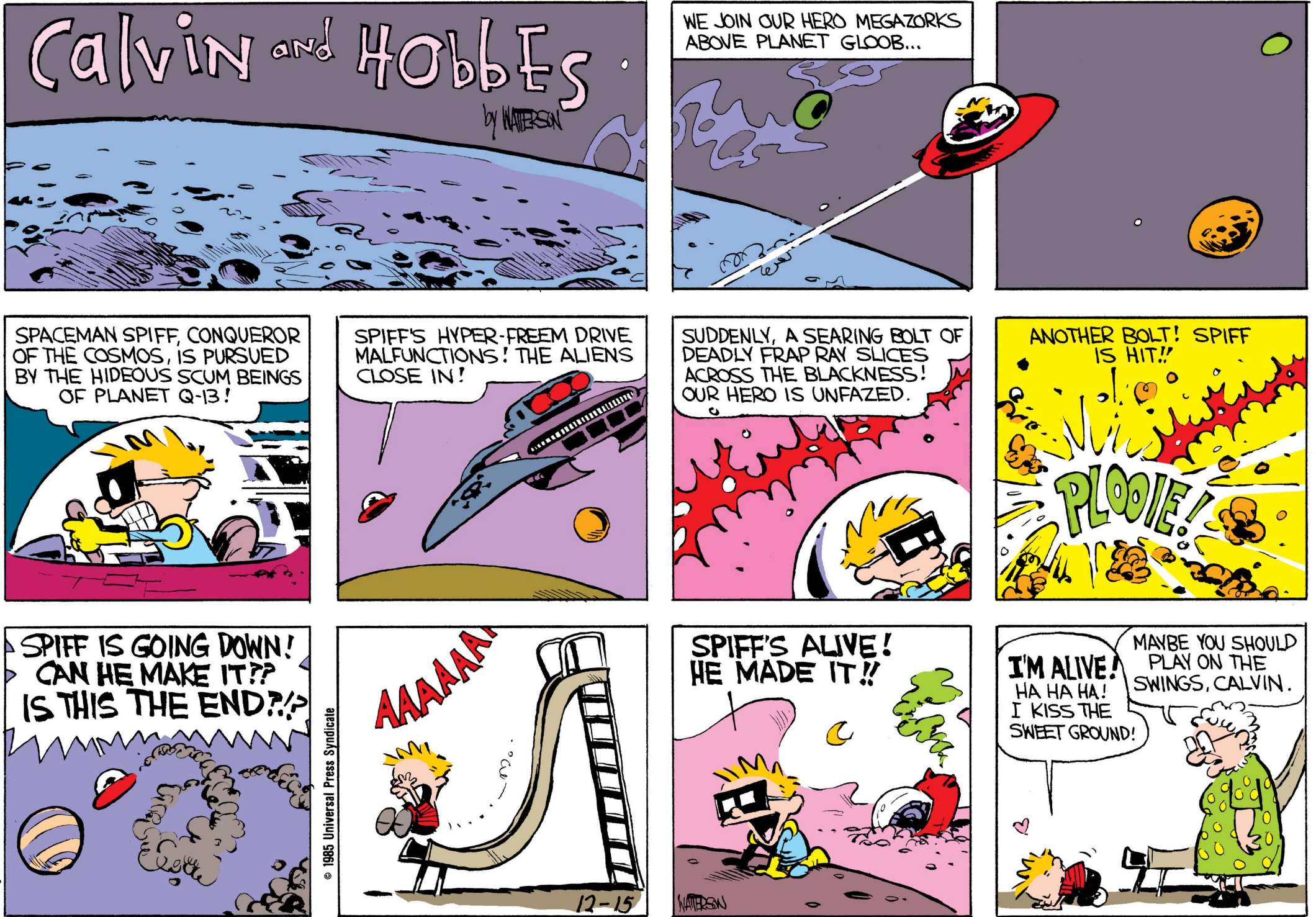
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EDUCATION

From the Sentinel Foundation: the educational page for our readers.



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COLUMN | WILDLY SUCCESSFUL: THE RUFFED GROUSE

A True New Englander Nicknamed 'Thunder Chicken'

BY JIM KNOX

I first heard the creature in the thick conifers bordering a stream flowing along the Connecticut-New York line. It sounded almost mechanical—like a pull-start motor catching and increasing in volume. I cautiously ventured into the woods to investigate. No more than 20 feet in, I was startled by the booming of air and hammering of wings as a large chicken-like bird exploded from cover and shot past me upstream.

That was my first encounter with an animal I would come to know well as wild neighbor over the years. The Ruffed Grouse, *Bonasa umbellus*, is a familiar creature to all who live and explore the north woods. Found from Alaska though most of Canada and down through the Appalachians and Rockies, the birds thrive in cool, forested habitats.

As one of Connecticut's largest ground birds, growing to 20 inches in length and 1.6 pounds in weight, the Ruffed Grouse is little known to most, yet there is good reason for this. With the bird's exceptional camouflaging plumage of dappled reddish or grayish feathers, the grouse melts into its forest habitat. Once detected, its signature triangular crest and dark bands near the tip of its fan-shaped tail confirm its identity. The grouse gets its name from its exceptionally long black ruff of neck feathers which the males erect when displaying to grouse hens or to proclaim and defend territory.

While the grouse is a hard bird to detect, it was greatly prized as a game bird from the time of the Colonial Period. In testimony to this, New York State passed one of North America's earliest game



The Ruffed Grouse

I was startled by the booming of air and hammering of wings as a large chicken-like bird exploded from cover and shot past me upstream.

management laws by closing a season to grouse hunting in 1708, to safeguard the bird's population. In fact, the bird was so esteemed as table fare, its Latin name *Bonasa* means "good roasting."

While it is one of 10 North American grouse species, the Ruffed Grouse is quite unique. Though it gorges on insects, fruit, and berries in summer, it shifts gears in season to digest bitter plants with toxic compounds that other birds cannot eat. This is especially advantageous during the harsh northern

winters when food is scarce. It is during the winter the grouse comes into its own, consuming copious quantities of fibrous plant matter thanks to special adaptations including a seasonally enlarged crop for food storage. In the northern tier of their range grouse behave like their mammalian cousins, lynx, and wolves, burying themselves in soft snow drifts at night to take advantage of the protective cover and insulation.

Though these physical and behavioral adaptations equip the grouse with a

keen survival edge over competitors and predators alike, the grouse possesses one more astounding cold weather trait—snowshoes...at least the Ruffed Grouse's version of snowshoes. In response to plunging mercury and rising snowpack, the grouse grows comb-like projections on its toes, enabling it to displace its weight across deep snow, saving precious energy and keeping it "on its toes" against hungry predators.

This is not the bird's only connection to snowshoes. Surprisingly, from Alaska

to the mountains of West Virginia, the grouse's range aligns almost exactly with that of the Snowshoe Hare. The populations of two species are linked beyond just their habitat preference. When hare populations increase, predator populations increase in response. As the populations of Canada Lynx and other carnivores rise, they hunt the abundant hares, driving their populations down. With hares scarce, the carnivores seek alternate prey in the form of plentiful grouse, driving down their numbers

as well. This gives the prolific hares a chance to rebound, giving a reprieve to the grouse populations and the cycle begins anew.

The grouse hen is regarded as an especially good mother, keeping a sharp watch over her brood of up to a dozen chicks until they can fly and roost safely on their own. It is this strong parental tendency that leads larger gamebirds such as Ring-necked Pheasants and Wild Turkeys to parasitize grouse nests by laying their own eggs within them. The highly protective grouse hens raise the introduced pheasants or turkeys as their own, thereby increasing their odds of survival!

While the female seeks to avoid attention, the male employs an entirely different strategy. The males display by puffing their chests, extending their elongate neck ruff, and fanning their boldly patterned tails. They then rotate their wings forward and backward, creating small vortices and vacuums beneath the wings which create a signature sound. The loud, deep booming can be heard nearly half a mile away and has earned the bird the nicknames of "Drummer" and "Thunder Chicken."

With its cryptic camouflage and unique cold-weather adaptations, the Ruffed Grouse is a true New Englander and a creature of enduring resilience found just over our stone wall.

Jim Knox serves as the Curator of Education for Connecticut's Beardsley Zoo and as a Science Adviser for The Bruce Museum. His passions include studying our planet's rarest creatures and sharing his work with others who love the natural world.



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Oren M. Tepper, MD

Director, Aesthetic Surgery; Director, Craniofacial Surgery, Montefiore Einstein and Associate Professor, Plastic & Reconstructive Surgery, Albert Einstein College of Medicine

From cosmetic procedures to craniofacial reconstruction to pediatric craniofacial and plastic surgery, Oren M. Tepper, MD, provides care that balances traditional aesthetic concepts with modern technology and minimally invasive techniques. A pioneer in stem cell therapy and 3D surgical innovation, his advances have revolutionized patient care and earned international recognition.

After graduating among the top of his class at New York University School of Medicine,

Dr. Tepper trained at the renowned Institute of Reconstructive Plastic Surgery, NYU Langone Medical Center, completing his plastic surgery residency as well as fellowships in craniofacial reconstruction and pediatric plastic surgery.

Dr. Tepper lives in Greenwich, provides specialized care from Manhattan to Connecticut and consults worldwide. He is acclaimed for his role in the separation of conjoined twins Jadon and Anias McDonald, performing similar surgeries twice more in Brazil.



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