

## LOCAL NEWS BRIEFING

### POLICE AND FIRE Bike Donation Day

Tomorrow, October 5th, the New Canaan Police Department, in partnership with New Canaan Library and New Canaan Cares, will participate in Bike Donation Day. Community Impact Officer Vartuli will be on hand to share important information about electric bike safety and road regulations. Attendees are welcome to ask questions and address any concerns. The event will run from 11 am to 3 pm at the New Canaan Library. More information is available at <https://www.newcanaanlibrary.org/event/hold-bike-donation-day-100073>.

### Officers Train Recruits in Meriden



New Canaan police officers helped train recruits at the Meriden Police Academy in motor vehicle stops, accident investigations, DUI enforcement, and narcotics detection. This training is part of the standard curriculum for recruits. Photo credit: New Canaan Police Department Facebook

### TOWN HALL New Canaan Reviews Development Plan

The New Canaan Town Council reviewed and endorsed the town's 2024 draft Plan of Conservation and Development (POCD) with proposed changes. The Planning and Zoning Commission (P&Z) will now review the draft and decide whether to adopt the Council's recommendations. The P&Z Commission will hold a final public hearing at 7 pm on October 10th. A vote on the plan's adoption is expected after the hearing.

### AROUND TOWN Boucher Rink Passes Available

**24-25 SEASON PASS PRE-SALE**  
Winter Fun Awaits!  
For a limited time, grab your season pass at last year's rates!

Passes for the Boucher Community Ice Rink are available at last year's prices until October 15th. They can be purchased online at [https://ncrink.square.site/?fbclid=PAZXh0bgNhZW0CMTEAAaZfJEHD-SW5erIHQIQxQKeMh0jk-Jx1Gw-q3BXm1cbpi77SXI79ua2SzDeRc\\_aem\\_MBgO6\\_qeRAKiuOK4zP318A](https://ncrink.square.site/?fbclid=PAZXh0bgNhZW0CMTEAAaZfJEHD-SW5erIHQIQxQKeMh0jk-Jx1Gw-q3BXm1cbpi77SXI79ua2SzDeRc_aem_MBgO6_qeRAKiuOK4zP318A)

### New Canaan Expands Blight Ordinance

New Canaan expanded its blight ordinance to include commercial properties and increased fines for violations. Residential violation fines now range from \$150 to \$250 per day, with repeat offenders facing up to \$1,000 per day. The changes align with state regulations and address property issues like structural damage, excessive trash, and graffiti.

### SPORTS Boys Cross Country Wins Invitational

New Canaan cross country won the Boys Large Division

**CONTINUED ON PAGE 5**



Leo Karl with Planet New Canaan Board member Katie Owsley

## Planet New Canaan's Green Gala Big Success



Peter and Jennifer Cipriano of Copia Home and Garden

Planet New Canaan, a local charity focused on environmental and sustainability projects, held its Green Gala fundraiser on Thursday, September 26 at the Carriage Barn. Leo Karl III of Karl Chevrolet [www.karlchevy.com](http://www.karlchevy.com) and Jennifer and Peter Cipriano of Copia Home & Garden [www.copiahomeandgarden.com](http://www.copiahomeandgarden.com) just over the border in South Salem, received the charity's Sustainability Awards. Leo Karl has been taking sustainability initiatives for many years, from using waste oil from oil changes to help fuel the Chevy dealership's boiler, to putting solar panels on the roof, to being an early advocate for electric vehicles. The Cipriano's at Copia are passionate advocates and suppliers of native plants, will take back and reuse planting pots, strive to use fiber-based pots to reduce plastic use, and have been very supportive of New Canaan's Pollinator Pathway. The 150+ attendees enjoyed drinks poured by guest bartenders First Selectman Dionna Carlson and Selectmen Steve Karl and Amy Murphy Carroll, food by Rosie Restaurant on Elm Street and music by Kwame Henry Jones. There was also a silent auction offering everything from handmade Amish-style quilts to symphony tickets. Planet New Canaan board president Robin Bates-Mason said, "We're thrilled with this broad community support, which helps provide us the funds and especially the energy to continue to make our town and our planet clean, green and sustainable for all." More information is at: [www.planetnewcanaan.org](http://www.planetnewcanaan.org)

## An Interview with Newcomer Nick Simmons

By BETH BARHYDT

Nick Simmons, a first-time candidate for Connecticut's 36th District Senate seat, chatted with the *Sentinel* about his campaign, motivations, and personal background. Simmons, a Stamford resident, shared how his upbringing in a politically active household shaped his values and desire for public service. His path to candidacy reflects a blend of professional experiences, from Wall Street to education, and a commitment to moderate politics.

While Simmons' campaign has gained significant financial support, recent attention has turned to the geographic distribution of his supporters. More than half of the \$201,000 Simmons raised from individuals came from outside the district he seeks to represent—Greenwich, Stamford, and New Canaan—and 56 percent from outside Connecticut, according to *The Stamford Advocate*. Five percent of Simmons' contributions have come from New Canaan.

The data has sparked questions about the source of his backing, particularly in contrast to Fazio, whose campaign funding is 97 percent from within the district.

Simmons, who is the son of cable television businessman and author Steve Simmons, was raised in Greenwich and lives in Stamford. Gov. Ned Lamont is reportedly a friend of the family.

Simmons shared how growing up in a politically active household shaped his ethos of public service. "My parents instilled in us that service to the community is one of the most important things we could do," Simmons explained. His father, a moderate Republican, and his mother, a Democrat, nurtured Simmons' interest in governance, which eventually led to internships and volunteer work in local politics.

After earning degrees from Yale University, Simmons initially ventured into the financial sector, but he says that his time on Wall Street

left him unfulfilled. He soon transitioned into education, becoming a seventh-grade math teacher at Success Academy, a charter school in Harlem, New York. "Working with students in Harlem was one of the most defining experiences of my life," he said, noting the significant challenges his students faced, such as poverty and homelessness. "They showed me that everyone has incredible potential to thrive if given the right structures and systems."

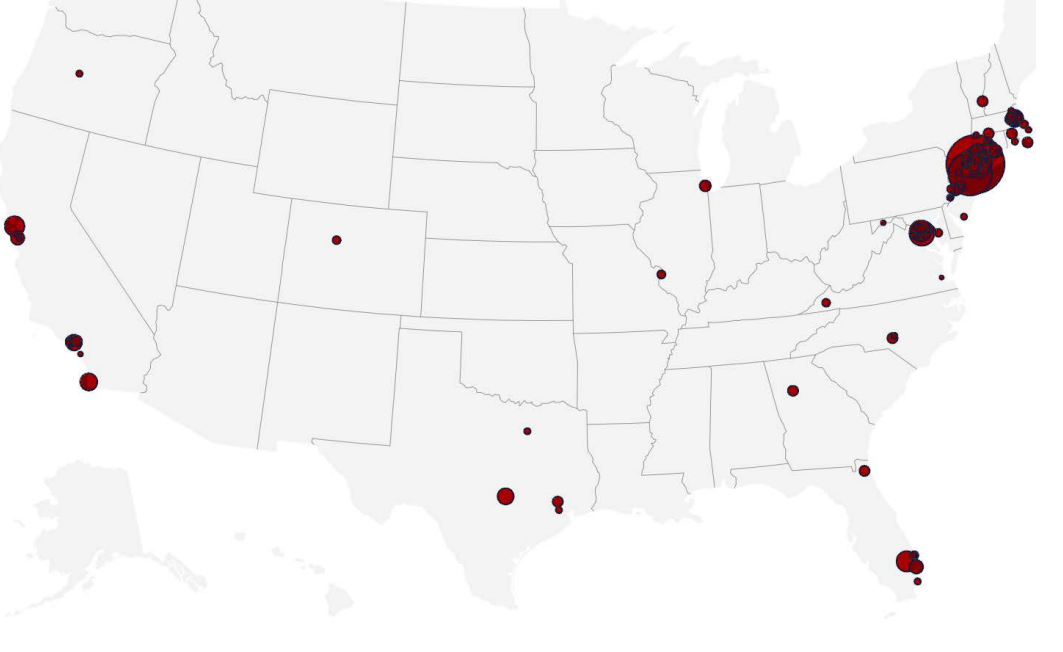
Simmons explained that he went on to pursue dual graduate degrees at Harvard Kennedy School and Harvard Business School before working for Governor Ned Lamont and serving briefly in the Biden administration. Simmons highlighted his work on education policy, workforce strategy, and economic development in Connecticut as key achievements.

When asked why he decided to run for office, Simmons pointed to his desire to bring back moderate, common-sense problem solving to Greenwich and the surrounding areas. "I've always been a moderate, and I think there's been too much extremism on both sides," he explained.

Simmons also spoke about his personal life during the interview, sharing details about his family. He and his wife, the CEO of a healthcare startup, recently welcomed their first child, Lucas. They live in Stamford. Simmons described their family activities as a source of balance in his life, noting, "We love taking Lucas to the beach, botanical gardens, and aquariums." Something that keeps him grounded amidst the rigors of the campaign trail.

While Simmons continues to raise significant funds and mobilize national networks, Fazio's campaign, with 97 percent of contributions from within the district, contrasts sharply with Simmons' fundraising profile. Both candidates will be looking to shore up support as the campaign progresses, with a financial disclosure deadline approaching on October 10.

Heat map of the origin of Simmons' campaign contributions.



## COLUMN

### The Pause

By JILL S. WOOLWORTH, LMFT

When confronted with something difficult or unpleasant, pause before responding. A pause allows blood to flow back to our prefrontal cortex where logic, reason, compassion, and creativity help us formulate better responses. Without a pause, we're stuck in our reptilian brain with its fight-or-flight response, which is neither pretty nor productive.

Our pause button gets bigger with practice. Try breathing three times deeply to tell your nervous system that this is not a life-or-death emergency. We can sometimes buy ourselves a little more time by heading to a bathroom or bedroom.

*Eve had an eating disorder. She thought that cookies ran straight off the grocery shelf into her mouth. Having grown up in a chaotic home, Eve had no idea she could cultivate a pause button.*



Illustrated by Wajih Chaudhry

*Over time, she learned to pause before making food choices. Her newfound ability to pause also helped her better handle relationships and important decisions.*

*Excerpted from Jill Woolworth's book, The Waterwheel, available at Diane's Books, Dogwood Bookstore, Amazon, and barnesandnoble.com. Jill is a therapist at the Center for Hope & Renewal.*

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- SUDUKO
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- HOROSCOPES,
- CALVIN & HOBBS,
- JIM KNOX



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# Best Foot Forward

BY JOHN KRIZ

Land on your feet. Foot in the door. Find your footing. Why are there are so many idioms about feet? Just ask anyone: Foot and ankle health are important. And their well-being is the focus of Jennifer Tauber DPM.

Dr. Tauber has been a Doctor of Podiatric Medicine for about twenty years. A graduate of Manhattan College and the New York College of Podiatric Medicine on a scholarship, with a residency at St. Barnabas Hospital in the Bronx, she knew she wanted to be in medicine. However, "I wanted to specialize." Why podiatry? Says Dr. Tauber, "For me, it looked like a good profession." She also notes, "I wanted a family and wanted that work/life balance."

## STARTING HER PRACTICE

Dr. Tauber spent most of her youth in Wilton. A mother of two daughters, one at New Canaan High School and the other at University of Virginia, she has lived in New Canaan since 2002, with the town's excellent school system being a big draw. Prior to opening her solo practice here in 2018 she worked in another podiatrist's office in Bethel. However, with growing, increasingly active daughters, that commute became a challenge. Plus, "there's a huge loyalty in New Canaan" that helps drive patients to her. In addition, New Canaan has a different

demographic than Bethel. "In New Canaan, I can perform more cosmetic procedures such as spider veins, hair removal and medical pedicures," notes Dr. Tauber. There's a "need to think outside the box in this day and age if you want to make a living."

When she started in New Canaan, Dr. Tauber says she "went around to all the doctors in town and introduced myself." She also spoke at local senior centers, held an open house, and lauds that the New Canaan Chamber of Commerce (of which she is now a board member) was "awesome" in helping her get her practice off the ground. Then COVID came and "COVID hit me really hard, especially as a new practice." She was closed only two weeks, but business was slow to pick back up. Today, however, Dr. Tauber is the only podiatrist in New Canaan and has a stable practice, often seeing twenty-five patients/day. Her biggest referral source is word of mouth, with recommendations on 'New Canaan Moms' being a strong patient generator, as are Google reviews.

As to why she has a solo practice, when so many physicians are in big groups or employed by hospitals, she notes, "I wanted to run my practice a certain way, calling the shots, making the decisions." While being your own boss has

its perks, there are burdens as well. Dr. Tauber laments that she has the "same challenges as running any small business. Paying your rent, paying your electric bill."

## SERVICES PERFORMED

So what do podiatrists do? At Dr. Tauber's office, lots.

"There's a gazillion things that can go wrong between your toes and ankle," says Dr. Tauber. "It makes for an interesting day." She emphasizes that "many systemic health issues can present in the feet, so you need to know the whole body." This holistic -- treat the patient, not just the ailment -- philosophy drives the care she provides.

Some of the main ailments Dr. Tauber treats in her welcoming office include "lots of heel pain," much of it from plantar fasciitis, which is often caused by overuse and improper shoes. She also sees many cases of ingrown or infected toenails, caused by picking at nails (which can, in turn, cause infection), badly done nail trimming, stubbed toes or improper shoes.

Services offered include treatment for nail care and fungus, warts and bunions, plantar fasciitis, diabetic foot care, and sports injuries. She's especially fond of sports medicine. "I like to get them back on the field, doing what they love." Dr. Tauber can take x-rays, has an ultrasound



Penny Dr. Tauber has been a Doctor of Podiatric Medicine for about twenty years.

"Most people don't wear the right shoes," she emphasizes, which is a major cause of foot and ankle problems. "Any shoe you can twist is not the right shoe." Don't get her started on flip-flops. Dr. Tauber recommends that your shoes should be sturdy and have a bit of a heel or wedge -- no ballet flats. "A heel gives your foot a natural arch," and this "neutralizes the pressure on the bottom of the foot." Also, shoes with laces are preferred to slip-ons because tied shoes are more adjustable. "Many shoe stores don't measure anymore, so many people are wearing the wrong shoe size." As well, people buy shoes online. And Stiletto's? Yikes!

## WHY NEW CANAAN

Dr. Tauber enjoys being in New Canaan, which she describes as a "big town with a small town feel." She also likes having an office on Cherry Street, with ample, easy parking. It's "in town but not in town."

"It's not just nails, corns and calluses" in podiatry, concludes Dr. Tauber. It's comprehensive foot and ankle care. Alleviating pain. Supporting mobility. And educating patients. So before you put a foot wrong, you might want Dr. Tauber to check you out first.

*John J. Kriz is a 30+ year resident of New Canaan. The opinions expressed are his own.*

**Land on your feet. Foot in the door. Find your footing. Why are there are so many idioms about feet?**

to diagnose vascular health, performs ankle sprain treatments, and can make orthotics for people to help with biomechanical issues, such as runners with heel pain. She also sells foot care products to help with fungal infections, dry skin and shoe odor. She accepts most health insurance, including Medicare and Medicaid.

Dr. Tauber also has a nail technician on staff who provides medical pedicures, which are comprehensive spa treatments for the feet, including milk bath soaks, exfoliation, callus removal, massage and paraffin. Cleanliness for these pedicures is kept at a surgical level, so risks of getting a fungal or other infection are minimized.

Dr. Tauber also has a nail SHOES!

SUBMITTED

## Expert on Russia and foreign policy to speak at Men's Club

A foreign policy expert on Russia will speak to the New Canaan Men's Club Friday in remarks titled: "Getting Russia Right - Why Russia Became an Adversary and How to Deal with It."

The speaker, Thomas Graham, a distinguished fellow at the Council on Foreign Relations, will discuss the current state of U.S. and Russian relations, given Russia's invasion of Ukraine in 2022.

Graham is also a cofounder of the Russian, East European and Eurasian studies program at Yale University.

Aside from his position at Yale, Graham was special assistant and senior director for Russia on the National Security Council

staff from 2004 to 2007 during which time he managed a U.S.-Russia strategic dialogue. He served as director of Russian affairs on the staff from 2002 to 2004. He served as an advisor to Kissinger Associates from 2008 to 2021 and was a foreign service officer for fourteen years, including two tours of duty at the U.S. Embassy in Moscow in the late Soviet period and the mid-1990's.

As he sees it, US-Russian relations are at their lowest point since the darkest days of the Cold War, a situation that is continuing to deteriorate. He believes the task for the United States is to develop what might be called a "relationship of constructive competition"

The Men's Club meeting at St. Mark's Episcopal Church is set to begin at 10 a.m. Dr. Graham's presentation is expected to take place around 10:40 a.m.

He holds a B.A. in Russian studies from Yale University and an M.A. in history and a Ph.D. in political science from Harvard University.

The Men's Club has openings for new members, men 55-years old and above. For membership information, email [ncmens@ncmens.info](mailto:ncmens@ncmens.info).



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## Penny Putnam Describes the Arc of Her Creative Process as an Abstract Painter

BY ANNE W. SEMMES

From her lifetime of experience as a child in the woods of Indiana, as a graphic designer for decades in New York, and as a realist painter for a spell, it is plain to see how Greenwich artist Penny Putnam's creative vision has evolved in her new "Tapestry" exhibit at the Downing Yudain Gallery in North Stamford.

"I think any human being," Putnam relates, "if you just sit down and relax and look and feel, there's something coming in the atmosphere from a landscape." Pointing to her painting of "Falling Forward" she tells, "This was painted not as a landscape in the beginning. I was just playing with color and texture and shapes in an abstract way. And then I stood back and thought, maybe there's a hint of the wild, like a stream, but if you look closely those shapes are floating. So, it's a mysterious thing. It's something to do with nature. It's the spirit of the place."

Putnam's artistic efforts she describes as "more undefined than just landscapes, although I can't deny that these [paintings] are landscaping." Thus, she was pleased when gallery co-owner Lily Downing came up with the exhibit title of "Tapestry." "And yes, one of the paintings is titled, 'Woodland Tapestry.' And I think that's perfect because it's a weaving together."

On Putnam's website there's a photograph of a table in her studio covered with the bits and pieces she has collected from her outdoor wanderings. They are inspirations for her art. She stays away from oil paint. For her mixed media on paper artwork, she uses watercolor, acrylic ink, an "oil stick" for highlights, and colored pencils for "scribbles."

Putnam's backstory begins with childhood solitary walks in the woods

in the city of Greencastle, Indiana, then a family move to Florida that would have her in college there majoring in graphic design as a route to making a living. That she did successfully with the industrial designer Raymond Loewy in New York. "They had a department in the firm that was package design," she tells and "I had won a national contest to design a package in college... So, I became a package designer... You're given an assignment to dress a product so that it sells... So, I did well because I'm practical and I'm also creative... So, eventually I had my own company."

Then came a late marriage to a Bostonian descendant of Greenwich's heroic General Israel Putnam's brother, a move to Greenwich where she had clients, and then having a son at age 45! She enrolled in the Silvermine School of Art for some classes, "to knock out the graphics mindset - and it worked." Now fully plugged into the art world, with a number of awards including from Silvermine Gallery, Flinn Gallery, and the Greenwich Art Society, her paintings have found homes in residential collections, in corporations, and at the Smilow Cancer Center at Yale New Haven Hospital.

Putnam's paintings were recommended by a friend to an art buyer "buying art for the new Women's Oncology Waiting Room at the Smilow Cancer Center... If you're about to be wheeled down to the operating room, what should the paintings be at the end of the hall?" The buyer wanted, "Something that is peaceful, serene, hopeful, quiet, lovely, uplifting, upbeat," and did that friend, know anybody? Yes, "Penny Putnam." "And she bought nine paintings," tells Putnam, each about the size of these in the exhibit."

"And that was a long time ago" adds Putnam,

who is still proud of their being there. And then, "The most wonderful thing happened in the grocery store maybe five years ago," she adds, "My son's fourth grade teacher at Greenwich Country Day School came up to me and said, 'Penny, before I tell you this, first of all, I'm fine.' 'But she said she had had 'something' and was waiting in the Women's Oncology Waiting Room and 'It was scary. But I found myself surrounded by your paintings. And I knew I would be all right.' 'It gives me chills to think of that,' Putnam notes.

So, how long does it take Putnam to create one of her artworks? "People always ask that," she says, "and it's not an easy answer because some get to a certain point, and I don't know what's next... I might put it aside and work on something else and come back a month later with a fresh eye and say, oh yeah, I know what to do. I know what it's calling for. It's calling for something new or an addition.

"Or you think, oh my God, I love this. This is it. It's done. And my studio is off of our kitchen. I can see the easel from our kitchen. And I wake up the next morning. I go in there with my coffee, and I go, no, something's not there. I don't know what it is. And you wait and maybe a few more mornings with your coffee, you sit in a chair and stare at it and finally, I just figure out what it is that I need to make it feel complete... And then one of them would look too landscaping and that would really annoy me." She would need then she says to "make it more of a mystery."

Penny Putnam's "Tapestry" Exhibit will be on view until October 19 at the Downing Yudain Gallery in Stamford.



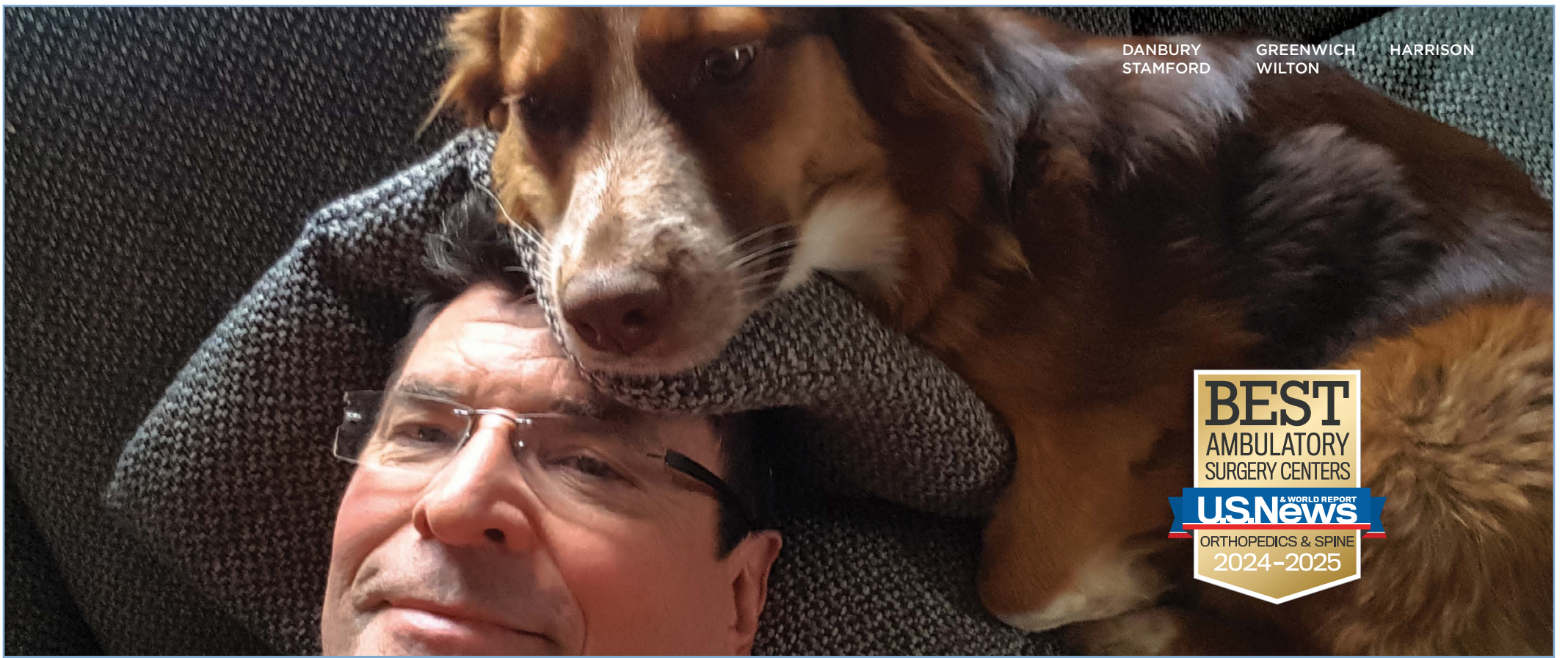
Penny Putnam and Mary Himes  
Photo: Elaine Ubiña - Fairfield County Look

***"I think any human being, if you just sit down and relax and look and feel, there's something coming in the atmosphere from a landscape."  
Penny Putnam.***



Ellen Hayden, Jane Perelman, Michael Perelman, Susan Bevan.  
Photo: Elaine Ubiña - Fairfield County Look





DANBURY STAMFORD GREENWICH WILTON HARRISON



# JOINT REPLACEMENT IN THE MORNING. HOME FOR DINNER.

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## This Week's High School Sports Round Up

Team	Date	Opponent	Result
<b>New Canaan High School</b>			
Boys Fall Golf	Tue 09/25	Stamford	Loss (179 - 153)
Boys Fall Golf	Thu 09/27	Staples	Win (154 - 156)
Boys Fall Golf	Sun 09/30	St. Joseph	Win (154 - 167)
Boys Fall Golf	Tue 10/02	Danbury	Not Posted
Boys Soccer	Tue 09/25	Darien	Win (3 - 1)
Boys Soccer	Fri 09/28	Brien McMahon	Loss (1 - 3)
Boys Soccer	Mon 10/01	Westhill	Win (1 - 0)
Boys Football	Thu 09/27	Masuk	Loss (0 - 14)
Boys Cross Country	Mon 10/01	Brien McMahon, Fairfield Warde, Staples	2nd Place
Boys Cross Country	Mon 10/01	Brien McMahon, Fairfield Warde, Staples	2nd Place
Girls Field Hockey	Wed 09/26	Danbury	Win (4 - 0)
Girls Field Hockey	Sun 09/30	Westhill	Win (2 - 0)
Girls Volleyball	Wed 09/26	Greenwich	Loss (0 - 3)
Girls Volleyball	Fri 09/28	Wilton	Win (3 - 0)
Girls Volleyball	Sun 09/30	Stamford	Win (3 - 2)
Girls Soccer	Wed 09/26	Brien McMahon	Win (3 - 1)
Girls Soccer	Sun 09/30	Westhill	Win (3 - 0)
Girls Swimming	Thu 09/27	Ridgefield	Loss (82 - 104)
Girls Swimming	Tue 10/02	Staples	Not Posted
Girls Cross Country	Mon 10/01	Brien McMahon, Fairfield Warde, Staples	Not Posted
<b>St. Luke's</b>			
St. Luke's Boys Football	Thu 09/27	Montclair Kimberley Academy	Loss (31 - 7)
St. Luke's Boys Soccer	Tue 09/25	Hopkins School	Loss (1 - 6)
St. Luke's Boys Soccer	Thu 09/27	St. Andrews	Loss (4 - 6)
St. Luke's Girls Field Hockey	Tue 09/25	Canterbury	Loss (3 - 4)
St. Luke's Girls Volleyball	Tue 09/25	Frederick Gunn	Win (3 - 0)
St. Luke's Girls Volleyball	Fri 09/28	Canterbury	Loss (0 - 3)
St. Luke's Girls Volleyball	Sun 09/30	GCDS	Loss (0 - 3)
St. Luke's Girls Soccer	Wed 09/26	King	Win (2 - 0)

## Wellness Insights Welcomes Naturopath Kathleen Cannon

Dr. Katie Wellness Insights is excited to announce the addition of Kathleen Cannon, ND, a skilled and compassionate naturopathic doctor who is committed to helping patients uncover the root causes of their health concerns. Dr. Cannon empowers individuals to take control of their health through a holistic and personalized approach, focusing on whole-person care and long-term wellness.

### A Unique, Holistic Approach to Healing

Dr. Cannon's philosophy centers around the body's natural ability to heal when given the right support. Instead of just addressing symptoms, she works to identify and resolve the underlying causes of illness, considering the complex interplay of the body's systems. Her approach involves creating customized treatment plans based on each patient's specific health history, goals, and unique needs.

Dr. Cannon's expertise lies in naturopathic medicine, a practice that integrates traditional healing techniques with modern medical science. Naturopathy focuses on treating the whole person—mind, body, and spirit—and aims to restore the body's natural balance using the least invasive methods possible.

### Key Modalities in Naturopathic Care

Dr. Cannon utilizes a range of modalities to support her patients, including:

**Nutrition:** She believes proper nutrition is the cornerstone of health. Through dietary guidance and micronutrient therapy, she helps patients fuel their bodies for optimal well-being.

**Botanical/Herbal Medicine:** Nature's remedies can often be more effective and gentler on the body than pharmaceuticals. Dr. Cannon uses plant-based medicines tailored to each patient's specific needs.

**Lifestyle Medicine:** Simple changes in daily habits—such as sleep, exercise, and stress management—can have a profound impact on health. Dr. Cannon offers personalized strategies to support sustainable lifestyle shifts.

**Homeopathy:** For patients seeking natural solutions, homeopathic remedies offer another layer of support in addressing a variety of concerns.

**HeartMath Biofeedback:** Specializing in biofeedback, Dr. Cannon uses HeartMath to help patients manage their stress responses, which can affect everything from mental clarity to immune function.



### Why See a Naturopathic Doctor?

What sets Dr. Cannon apart from conventional allopathic doctors is her commitment to getting to the root of health problems. Rather than masking symptoms, she works with her patients to identify the deeper issues—whether related to nutrition, hormones, chronic inflammation, or stress—that

may be driving their health concerns. Additionally, her individualized approach means that no two treatment plans are alike; everything is customized based on the patient's needs and health goals.

### Collaborative, Integrative Care


Dr. Cannon also works integratively, collaborating with primary care providers and specialists to ensure patients receive comprehensive care. She views naturopathic medicine as a complement to conventional treatments, enhancing overall outcomes and providing patients with more options for their health journey.

### Compassionate and Dedicated to Wellness


Dr. Cannon is deeply passionate about helping individuals regain control of their health, especially those who feel they've exhausted other options. Whether you are in good health and looking to optimize or have chronic issues that need deeper exploration, Dr. Cannon provides the time and space to thoroughly discuss your concerns, ensuring you feel heard and supported every step of the way.

To learn more please call (203) 883-0346 or tap the button below to schedule an appointment.






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New Canaan Historical Society



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 in Fairfield County

## YOUR NEWS BRIEFING CONTINUED From Page 1

at the Winding Trails Invitational on September 21st, with all seven runners finishing in the top 20. Senior Captain Ryan Boulanger led the team, finishing third overall. This marks their second team trophy of the season.

### Fall Family Fun at Waveny



**FALL FAMILY FUN AT WAVENY PARK!**  
**OCTOBER 25 2024**  
**\$12 PER PERSON**  
**5:30-7:00PM**  
 JOIN US FOR A FUN FILLED NIGHT!

- Pumpkin Patch
- Fall Photo Station
- Apple Cider Donuts
- Haybale Theater
- Tractor Hayride
- Outdoor Movie
- Fresh Popcorn
- Farmyard Friends

The Fall Family Fun event at Waveny Park will take place on October 25th from 5:30 to 7 pm, featuring a hayride, pumpkin patch, and outdoor movie. Tickets are \$12, with a price increase after today, October 4th. A sensory-friendly access period starts at 4:30 pm for families needing a quieter environment.



**Audubon Greenwich Audubon Center**  
**HAWK WATCH WEEKEND**  
 Saturday & Sunday, October 5th-6th 2024

Hawk ID Workshops - Kids Owl Pellet Dissecting  
 Bird Face Painting - Migration Games - Local Birding Groups

**Live Bird Banding**  
 Learn from licensed bird banders on the importance of bird banding for conservation research as they band wild birds at Greenwich Audubon!

- Hawk Banding with Larry Fischer Sat. 10/5, 9:30 a.m.
- Songbird Banding with Frank Gallo Sun. 10/6, 8 a.m.
- Live Hawks & Owls Both Days at 1 p.m.
- Christine's Critters Sat. 10/5
- Skyhunters in Flight Sun. 10/6

Food By: **Tico Loco** Sat. 10/5 **Happiness Is Catering** Back Country Market & Cafe Sun. 10/6

To Purchase Tickets visit [greenwich.audubon.org/events](http://greenwich.audubon.org/events) or use QR Code:

### LOCAL BUSINESSES AND NONPROFITS Framebridge Opening in New Canaan

Framebridge is opening a custom framing store at 134 Elm St. in New Canaan on October 26. The store will offer in-person consultations and framing services, with prices starting at \$65. Framebridge also plans to expand to Darien in 2025 after its recent opening in Westport.

### Elm Restaurant Nominated for Award



Elm Restaurant has been nominated for Best Restaurant in Fairfield County and Restaurant of the Year by the Connecticut Restaurant Association. The winner will be announced on December 9th.

### Funds Raised During Lobsterfest



Lobsterfest 2024 successfully raised funds for many local non-profits with support from the community and sponsors. Photo credit: New Canaan Rotary Instagram

### Green Gala Honored Sustainability Leaders



Planet New Canaan hosted its Green Gala fundraiser on September 26th, honoring Leo Karl III of Karl Chevrolet and Jennifer and Peter Cipriano of Copia Home & Garden with Sustainability Awards. The event drew over 150 attendees and featured food, drinks, and a silent auction. Photo credit: John Kriz

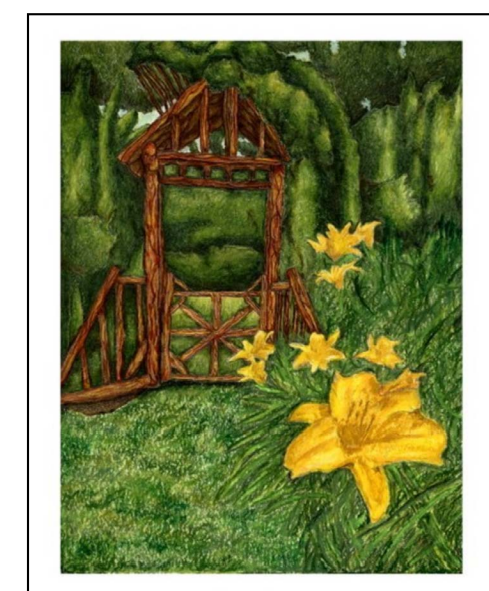
### Pulitzer Prize-Winning Author Jhumpa Lahiri is Featured Speaker for New Canaan Library's 17th Annual Literary Luncheon



### SCHOOLS Students Explore Native American History

New Canaan Country School fourth graders visited The Institute for American Indian Studies in Washington, CT to learn about Native American children's lives as part of their social studies unit. They explored artifacts and participated in traditional games.

### Soni Wins First Place



Mateo Soni '28 from St. Luke's won first place in the teen category of Weir Farm's Art in the Park Contest. His piece is now competing for the Visitor's Choice Award.

### NCPS Featured in Magazine



New Canaan Public School is featured in the September/October issue of Bedford & New Canaan Magazine. The Dome at New Canaan High School and senior Erik Johnson are highlighted.

Photo credit: New Canaan Public Schools Instagram

### ACROSS CT Orionid Meteor Shower

The Orionid meteor showers, active through November 22nd, will peak on October 21st. Visibility may be hindered by moonlight during the peak. Stargazers are advised to find dark areas and watch after midnight for the best chance of seeing the meteors.

### Tick-Borne Disease in CT



Connecticut has reported its first case of *Rickettsia parkeri rickettsiosis*, a tick-borne disease transmitted by the Gulf Coast tick. The disease has milder symptoms than Rocky Mountain spotted fever, and its spread may be linked to rising temperatures. Prevention includes using EPA-approved repellents and performing regular tick checks after exposure. More information can be found at <https://www.cdc.gov/other-spotted-fever/about/index.html>.

### World Animal Day

World Animal Day, observed on October 4th, raises awareness about animal welfare and habitat protection. It encourages respect and care for animals. The day promotes actions to ensure their preservation.

### OUR NEIGHBORS Local Pumpkin Patches



Visiting local pumpkin patches supports farmers and allows you to pick pumpkins for carving or decorating. Some spots near New Canaan include Castle Hill Farm, Jones Family Farms (Pumpkinseed Hill Farm), Silverman's Farm, and St. John's Pumpkin Patch.

### Cold Weather Donations Needed

Person to Person is now collecting cold weather clothing donations. Items can be dropped off at 1864 Post Road, Darien, Monday through Friday from 9 am to 1 pm.



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**LIVE MUSIC**  
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 Tue-Fri 4-7 ★ Sat & Sun 2-6

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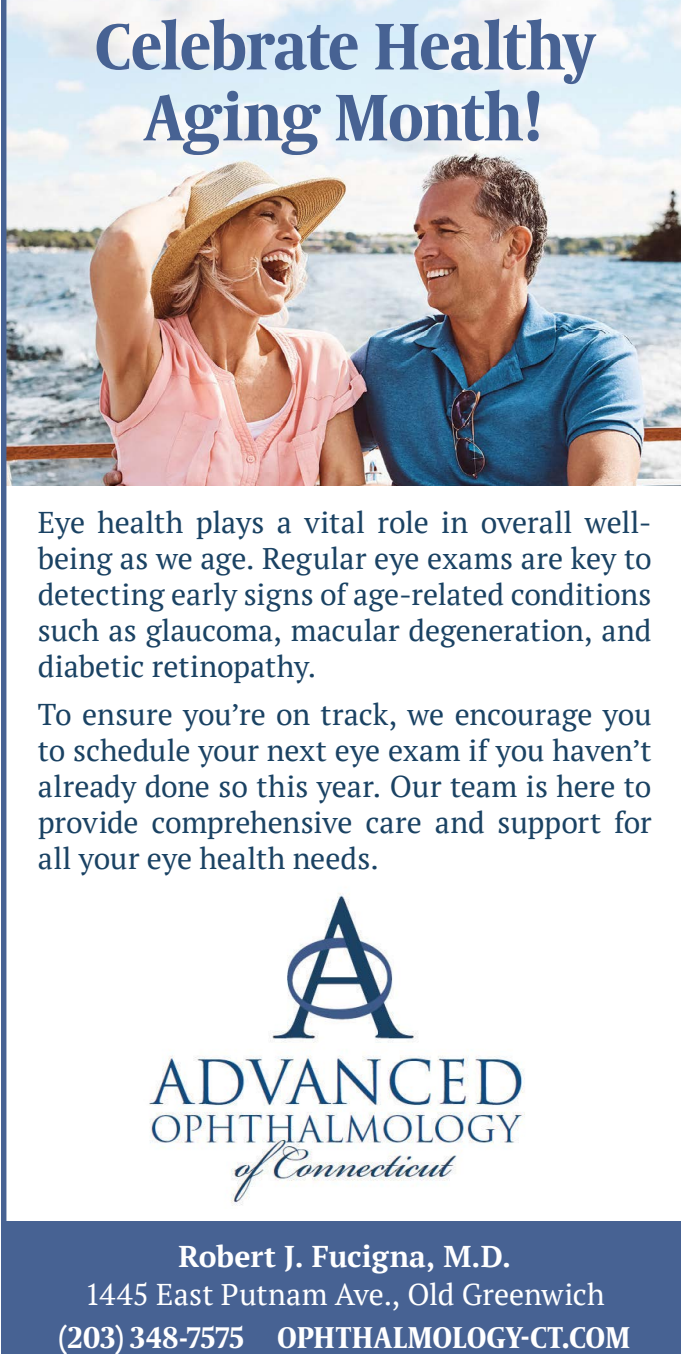
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**Celebrate Healthy Aging Month!**

Eye health plays a vital role in overall well-being as we age. Regular eye exams are key to detecting early signs of age-related conditions such as glaucoma, macular degeneration, and diabetic retinopathy.

To ensure you're on track, we encourage you to schedule your next eye exam if you haven't already done so this year. Our team is here to provide comprehensive care and support for all your eye health needs.

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 1445 East Putnam Ave., Old Greenwich  
 (203) 348-7575 [OPHTHALMOLOGY-CT.COM](http://OPHTHALMOLOGY-CT.COM)



**New Canaan Sentinel**

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Liz Leamy, Caroll Melgar, Anne W. Semmes,  
Robert Williamson, Cordelia Webb

## Our Flag Is Pink

For the remainder of October, the masthead of this publication will appear in pink—not by accident, but by design. This gesture, simple as it may seem, stands as a small part of a grander mission: to support Breast Cancer Awareness Month, a month devoted to increasing awareness of a disease that impacts millions, while raising critical funds for research that will, one hopes, one day eradicate it.

The figures are stark. According to the National Breast Cancer Foundation, breast cancer remains the second leading cause of death among women. One in eight women will face a diagnosis at some point in their lives. In the United States alone, more than 220,000 women will receive that dreaded diagnosis this year. More than 40,000 will die. Numbers of this magnitude are beyond distressing—they are intolerable.

And yet, we are not without hope. Since 1990, mortality rates have steadily declined. The reason? Advancements in early detection and treatment options have given women a fighting chance. Breast Cancer Awareness Month has, over the years, become a key player in spreading the message that early detection is vital. The earlier a diagnosis, the better the odds for successful treatment and survival.

In our own town of New Canaan, an initiative is gaining traction as Julie Stein, a New Canaan resident and passionate advocate for breast cancer awareness, has spearheaded an inspiring effort. Julie's journey into this cause began over five years ago when she was diagnosed with breast cancer, seemingly without warning. After a determined two-year battle, she emerged victorious. Her experience fueled her commitment to raise awareness and funds for breast cancer research.

Upon settling in New Canaan, Julie saw the town's strong sense of community as the perfect foundation for launching her ambitious initiative, Project Pink. Supported by the New Canaan Chamber of Commerce, local non-profit organizations, and the Service League of Boys (SLOBs), Project Pink is rapidly gaining momentum. The campaign aims to turn New Canaan into a sea of pink for the month of October, visually symbolizing the town's collective support for breast cancer awareness.

The centerpiece of this initiative is the transformation of New Canaan's iconic lampposts. For a donation, individuals can dedicate a lamppost in honor of a loved one, memorialize someone lost to breast cancer, or simply show their support for the cause. What began as a modest project has ignited the town's remarkable philanthropic spirit. Even before official promotion, residents eagerly embraced the chance to participate, with lampposts being claimed at an impressive rate.

Julie's efforts mirror the commitment to breast cancer awareness in neighboring Greenwich, where the Breast Cancer Alliance (BCA) has been a cornerstone of advocacy since its founding in 1996. Born from the vision of Mary Waterman and five friends, the BCA has raised over \$30 million, funding cutting-edge research, supporting breast surgery fellowships, and advancing education and outreach efforts. Their slogan—"New Research. New Treatments. New Promise"—reflects the BCA's forward-thinking mission to save lives through science and awareness.

Every October, Greenwich turns pink, thanks to the tireless efforts of BCA Executive Director Yonni Wattenmaker and her team. Yonni has helped transform the BCA into a national force, amplifying its impact far beyond Greenwich and New Canaan.

As New Canaan adopts its own pink flag this October, our town joins a broader movement, one that spans across communities, organizations, and individuals committed to the fight against breast cancer. Our pink lampposts, ribbons, and lights stand as symbols of hope, resilience, and unity in the face of a disease that has taken far too much from too many.

While October is dedicated to breast cancer awareness, the conversation must not end when the pink ribbons come down. Let us continue to push for advancements in research, encourage early detection, and support survivors and their families. Our flag may be pink for one month, but the spirit of the cause must endure year-round.

# Editorial Page

**"And the teddy bear needs a separate wakeup call?"**

LETTER

## Sidewalk Desperately Needed for Lakeview Avenue

To the Editor,

On April 30, 2021, three members of the Graystone Association, which represents residents of Graystone Circle, sent a petition with the signatures of more than 50 people living along Lakeview Avenue to Tiger Mann, New Canaan's Director of Public Works, requesting the installation of a sidewalk along Lakeview between Main Street and Millport Avenue. At that time, the petition endorsers noted the hazard to pedestrians – mothers with strollers, toddlers, school children and dogs – presented by trucks, ambulances, school buses and cars racing to and from Route 123 to Main Street.

As a resident of Graystone Circle, I wrote to Tiger on August 21, 2023, enclosing a copy of the petition, noting increased vehicular traffic on Lakeview, and requesting a meeting with the president of our Association, two of the three original petitioners, and myself. We had that meeting with Tiger before the end of August 2023, during which he said the sidewalk should be installed before the end of April 2024.

This year I contacted Tiger again to determine on which dates the sidewalk would be installed. Tiger said the date would probably be sometime in the spring of 2025.

While I recognize that Tiger and his department are very busy,

and that New Canaan has several construction priorities at any given time, the combination of no sidewalk, more pedestrians and relatively faster vehicular traffic has turned Lakeview into an accident waiting to happen. The idea of children simply walking home from school with friends being put in this dangerous position is unconscionable.

On behalf of my own family and those of our neighbors, I look forward to learning of a firm, expedited sidewalk installation timeline, and additional measures to mitigate the current dangerous pedestrian situation on Lakeview Avenue.

*Robert T. Grieves***Don't see your point of view? Send it in!**<https://www.newcanaansentinel.com/letter-to-the-editor/>

*This paper publishes as many opeds and letters as we can fit that are submitted, civil, and accurate. The opinions expressed are not those of the paper or its leadership or staff, but of the person writing.*

## Savet Constantine for State Rep District 42

Dear Editor:

This letter serves as an enthusiastic endorsement of Democrat Savet Constantine for State Representative to serve the General Assembly's 42nd House District of New Canaan, Wilton and Ridgefield. Having gotten to know Savet over the past several months, it is so evident why she will make an outstanding representative for our District. Savet is a great family person and accomplished member of the community, having worked her way up in the Wilton public schools from classroom mom to dedicated PTA president following a career in marketing. Savet is smart, and a great listener. She cares deeply about the community and the

people in each of her conversations. She is highly knowledgeable on the issues. Savet is always curious about others' ideas, but will never rush to tell them exactly what they want to hear simply to score political points.

Savet is authentic, credible and eager to be a sensible voice for our District. But don't just take my word for it: Savet has been endorsed this year by Planned Parenthood, Reproductive Equity Now, CT Against Gun Violence, the Sierra Club, U.S. Senator Chris Murphy and Congressman Jim Himes, among others. In 2024, our choice for the 42nd House District is clear: Savet Constantine.

*Tim Klimpl*

## Ryan Fazio Knows Our Community

To the Editor –

The upcoming election on November 5th will decide who will represent New Canaan in Hartford. Unless you want to guarantee a legislative supermajority for State Democrats, I strongly recommend that you cast your vote to re-elect Republican Ryan Fazio in the 36th State Senate District.

Ryan represents Greenwich, north Stamford and most of New Canaan. He has lived in the district for most of his life. Since he was elected in 2022, he has truly represented New Canaan's interests in Hartford, fighting for the issues we really care about. He has fought to hold down taxes, maintain local control and reduce crime. Most importantly he has led the Senate Republican's efforts to rein in the skyrocketing electricity rates, something affecting all residents.

I believe his opponent is a Hartford bureaucrat who is leveraging his family ties to the area to justify his run. He has raised two-thirds of the money for his well-funded campaign

outside of the state.

Our state has been run continuously by Democrats for 16 years. They have a stranglehold on power in Connecticut and currently are on the edge of a supermajority. The result of Democratic control has been tragic, a stifling business environment, rising crime, rising cost-of-living and outward migration.

What does a supermajority allow Democrats to do? It allows them to pass whatever they want without the need for any compromise. It allows them to nullify Governor Lamont's veto power which he has effectively used to kill off the most radical proposals from the Democratic caucus. Is any of that good for New Canaan or Connecticut? No, it is not.

The choice the election is clear – vote for Republican Ryan Fazio, a local guy who knows our community and has a track record of fighting for our interests in Hartford.

*Thank you for sharing my thoughts,  
Jeremy Thompson*

## Endorsing Ryan Fazio

Dear Editor,

I am writing to wholeheartedly endorse Ryan Fazio for State Senate. As a dedicated public servant Ryan has consistently demonstrated his commitment to improving our state's education system, energy policies, and zoning regulations.

Ryan's commitment to education is evident through his years of volunteer work tutoring in inner-city charter schools and his service on the leadership of the KIPP charter school network. I fully support his focus to make sure that control of schools and educational agendas stays within the local community and not handed down by state bureaucrats, who put policy ahead of our kids.

In his role as Ranking Member of the Energy & Technology Committee, Ryan has been at the forefront of shaping Connecticut's energy future, advocating for lower electricity and utility costs. He

co-authored a 6 point plan to reduce energy costs and save money for the average family.

As Ranking Member of the Planning & Development Committee, Ryan has been a strong advocate for local control over zoning decisions. He authored and successfully passed Senate Bill 333, which aims to restore decision-making powers to towns and cities, making it easier to get a moratorium under 8-30g and ensuring that our communities have a say in their own development.

Ryan Fazio's blend of community involvement, legislative accomplishments, and commitment to improving the lives of the constituents and community he serves makes him an excellent choice to re-elect to the State Senate.

*Sincerely,  
Matthew Guadagno*

[www.newcanaansentinel.com/letter-to-the-editor/](https://www.newcanaansentinel.com/letter-to-the-editor/)



COLUMN

# Zero Tolerance for Domestic Violence

Domestic Violence must be talked about at every kitchen table within every family not only during October which is Domestic Violence Awareness Month, but throughout the year. It is a widespread and pervasive issue affecting individuals across all demographics and communities. It's essential to recognize that it is not limited to physical harm. It can also include psychological, emotional, sexual, and financial abuse. The coercive control exercised by an abuser can be just as damaging as physical violence.

During financial downturns or economic stress, rates of DV tend to rise. Embarrassment and fear of retribution often lead to denial. The pandemic exacerbated risk levels that have yet to be reversed, with reports of increased domestic abuse due to isolation, economic stress, and increased tension in households.

To bring awareness of this issue, all First Selectmen throughout Fairfield County are speaking out about Domestic Violence during October which is Domestic Violence Awareness Month. On October 2nd, First Selectman Dionna Carlson declared October 2024 as Domestic Abuse Awareness Month in the Town of New Canaan, proclaiming domestic violence:

"A public health crisis that requires community-wide involvement to solve. It impacts the individual, their family, friends, and our community at large. Growing up in a violent

home is the strongest predictor of someone becoming a victim or an abuser as an adult; and, in Connecticut, 37% of women and 33% of men experience intimate partner violence during their lifetimes, irrespective of gender identity, race, sexual orientation, religion, age, socio economic status or ability; and,

In Connecticut, 26% of students surveyed reported someone they were going out with tried to control or emotionally hurt them; and emotional abuse is reported by 76% of all teens who report teen dating abuse; and, Teens who suffer dating abuse are subject to long-term consequences like alcoholism, eating disorders, promiscuity, thoughts of suicide and violent behavior."

These alarming statistics require immediate attention. Victims need advocates. Establishing Zero Tolerance Communities to break generational cycles of abuse and give priority to domestic abuse, teen dating abuse and bullying awareness education and intervention programs has been the mission of **The New Canaan Domestic Abuse Prevention Partnership, founded and co-chaired by Dede Bartlett.**

Domestic abuse or Intimate Partner Violence as it is also called, can be physical and psychological. It can be in person and online.

90% of victims of psychological abuse experience forms of manipulation, intimidation, and emotional

**October is Domestic Violence Awareness Month but Domestic Violence should be talked about at every kitchen table within every family throughout the year.**



By DEDE BARTLETT



By RUSSELL BARKSDALE, JR.

distress. Due to underreporting, the prevalence is much higher than reported.

Domestic abuse is often underreported due to various factors, including fear of retaliation, stigma, lack of resources, or belief that they will not be believed or helped by law enforcement or healthcare professionals.

Studies suggest that only 20% of injured women seek medical attention for their injuries related to domestic violence, indicating significant levels of unreported cases.

Young women are at an increased risk, with those aged 18 to 24 experiencing the highest rate of intimate partner violence.

It's crucial to recognize that domestic abuse can be non-physical and still have profound impacts on victims' well-being and mental health. Forms of non-physical domestic violence include:

**Emotional Abuse:** This often involves manipulation, verbal

abuse, derogatory language, gaslighting, and consistent criticism that can undermine a person's self-esteem and emotional health.

**Psychological Abuse:** Abusers may exert control through threats, intimidation, and isolation from friends and family, severely impacting the victim's mental health and sense of autonomy.

**Financial Abuse:** This occurs when an abuser controls a partner's access to financial resources, limiting their ability to make independent financial decisions, leading to dependency and significant stress.

**Sexual Abuse:** Coercive sexual acts, lack of consent, and prevention of safe sexual practices fall under this category, which is fundamentally about exercising power and control.

**Physical Signs:** Unexplained injuries or bruises in various stages of healing. Frequent visits for injuries consistent with physical abuse (e.g., fractures, burns). Signs of restraint on wrists or other body parts.

**Behavioral Signs:** Unexplained fearfulness, anxiousness, or abnormally submissiveness. Those who avoid eye contact or appear overly compliant. Changes in behavior or mood, such as depression, anxiety, or withdrawal from social activities.

**Social Indicators:** Isolation from friends and family members. The presence of a

partner who is overly controlling or does not allow the victim to speak for themselves. They may express concerns over their partner's anger or jealousy.

**Psychological Signs:** Symptoms of depression, anxiety, PTSD, or other mental health issues. Low self-esteem or feelings of worthlessness. Frequently discussing feelings of fear or hopelessness.

**Recurrent Health Issues:** Chronic pain or gastrointestinal issues without a clear medical cause. Frequent stress-related conditions, like headaches or high blood pressure. Mental health symptoms exacerbated by intimacy or trauma-related stress.

Routine screening for domestic violence should be a standard practice in healthcare settings, especially in emergency, mental health, and primary care environments. Creating a safe space for victims to disclose violence is essential; employing trauma-informed care practices helps to ensure victims feel respected and supported.

We should all embrace a Zero Tolerance for domestic abuse within our families and communities, alike. Learn what to look for. Early detection and heightened attention always lead to better outcomes in creating Healthy Communities.

*This column was co-written by Dede Bartlett and Russell R. Barksdale, Jr. Ph.D., MPA/MHA, FACHE, President & CEO of Waveny LifeCare Network.*

## October 1 Board of Selectman Meeting Summary Briefs

### Software Renewal

The New Canaan Police Department received approval for the annual renewal of cloud software, costing \$33,400, to store body-worn and in-car camera footage. This storage is mandated by law to retain video for varying lengths of time depending on the type of incident. The footage helps comply with state regulations, and the contract ensures the continued operation of the system, vital for law enforcement and public safety.

### Paint Machine Purchase

The Parks Department received approval to enter into a contract with Lewis & Tanner Inc for the purchase of a Kromer Da Vinci paint machine, totaling \$25,975. The machine will replace a 10-year-old model and is essential for maintaining the athletic fields throughout the spring and fall seasons.

### Trailer Purchase

The Parks Department received approval to enter into a contract with The Trailer Depot for the purchase of a trailer at \$13,179. The new trailer will replace an aging unit and be used daily for operations like maintaining baseball and softball fields.

### Leaf Box Purchase

The Parks Department received approval to enter into a contract with BLF Contracting for \$15,500 to construct a new leaf box. This equipment will be used during leaf collection season and spring cleanup.

### Geese Control Contract

The Parks and Recreation Department proposed a \$825 per month or \$9,900 per year contract with Geese Relief LLC for humane geese management at Saxe Middle School and New Canaan High School athletic fields. The company uses trained Border Collies to keep geese off the

fields, addressing sanitation and safety concerns. The board approved the request.

### Revised Transfer Station Yard Waste Contract

The Department of Public Works received approval to enter into a two-year contract with Enviro Express for yard waste and construction debris disposal. The revised contract includes updated rates of \$110 per ton for C&D and \$50 per ton for yard waste, with an estimated two-year cost of \$500,420. The board approved the revised contract.

### Irwin Park Boardwalk Design

The Department of Public Work, in collaboration with the New Canaan Garden Club, requested \$46,750 for the development of construction documents for a proposed wetland boardwalk at Irwin Park. However, concerns were raised about escalating project costs, prompting the board to delay a decision and request further project review.

### Irwin Barn Roof/Structural Repairs

The Department of Public Works requested approval for change orders in the amount of \$87,790 for the Irwin Barn roof project due to unforeseen structural issues. The board approved the change orders but stressed that future changes must be communicated and approved before work begins.

### ComNet Communications Purchase Order

The Department of Public Works received approval for a \$15,000 blanket purchase order with ComNet Communications to handle various fiber optic and IT system repairs. The company has been the go-to service provider for critical communication repairs, such as recent work at Town Hall and Lapham Community Center.

### Municipal Agent Appointment

The Human Resources Director recommended the appointment of Marcella Rand as the Municipal Agent for the Elderly.

### Human Resources Requests

Two personnel changes were approved by the board. Donna Hutter was hired as a part-time administrative assistant to the Fire Marshal's office and Fire Department. Jeff Mannella was transferred from the Highway Department to the Parks Department to serve as a Groundsman III

Supervisory Custom Ground Spray License.

### Appointments to Inland Wetlands Commission

The board approved two appointments to the Inland Wetlands Commission. Phil Williams was appointed as a regular member to fill a vacancy, with a term ending December 1, 2024. Don Mastronardi was appointed as an alternate member with a term ending December 1, 2025.

## Classified Ads

### DOG BEDS, CRATES, BLANKETS, ETC.

Precision and Kennel Aire dog crates, various sizes, front and side doors.

Folding suitcase crate 36X24.

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### PUREBRED BLOODHOUND PUPPIES!

Gorgeous, healthy puppies, AKC parents. Family-raised, never been caged. Excellent dispositions! Friendly, loyal, and protective. Families preferred. \$1,200 Will deliver in mid-October. Call us to see pictures! (772) 217-7070

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[NewCanaanSentinel.com/classified/](http://NewCanaanSentinel.com/classified/)

Ads will run in both the Greenwich Sentinel and New Canaan Sentinel in print and digital editions as well as on our websites.

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Open

10am-6pm Tues - Sat

As of October 13th

we are open Sundays 12pm-5pm



# Comprehensive Community Calendar

**Submit your events at:**  
[newcanaansentinel.com/submit-an-event/](https://www.newcanaansentinel.com/submit-an-event/)

## TOWN MEETINGS

### Monday, October 7

[Affordable Housing Committee](#)

7-8 p.m., Town Hall Meeting Room

[Zoning Board of Appeals](#)

7-8 p.m., Town Hall Board Room

### Tuesday, October 8

[Pension Committee](#)

11 a.m.- 12 p.m., Town Hall Meeting Room

[Retirement Plans Advisory Committee](#)

[RPAC - Special](#)

5-7 p.m., Location not posted at time of publication. Please contact the Town Clerk at 203-594-3070

[Fire Commission](#)

7-8 p.m., Fire Headquarters

[Board of Finance](#)

7-9 p.m., Town Hall Meeting Room

[Ethics Board](#)

7-9 p.m., Conference Room B

### Wednesday, October 9

[Inland Wetlands Commission - Site Visit](#)

8-10 a.m., Start at Town Hall

[Housing Authority](#)

5:30-7 p.m., Town Hall Board Room

[Parks and Recreation Commission](#)

7-9 p.m., Lapham Center

### Thursday, October 10

[Police Department Building Committee](#)

8-10 a.m., Town Hall Board Room

[Conservation Commission](#)

12-2 p.m., Town Hall Board Room

[Planning & Zoning - Special Meeting](#)

7-9 p.m., Town Hall Meeting Room

### Friday, October 4

#### COFFEE AND CONVERSATION

**8:30 – 9:30 AM at the Lapham Center**  
**Sponsored by the New Canaan Sentinel for a weekly community coffee and conversation.**

#### Fridays Movies at Noon

12 PM at the Lapham Center  
 Come join the Lapham Center to watch I Am: Celine. 1h 42m. Highlights the music that has guided her life while also showcasing the resilience of the human spirit as she struggles with a life-altering illness. Call for more information: 203-594-3620.

#### Wine Tasting with Carl Franco

6-8 PM at the New Canaan Museum & Historical Society  
 Kick off October4design with wine tasting sponsored by Carl Franco of Francos Wine Merchants and Kobrand Fine Wine and Spirits. Enjoy French, Italian and American wines and champagnes, including selections from Cakebread Cellars and Champagne Taittinger, along with passed hors d'oeuvres. Tickets are \$25/members and \$40/non-members. For more information and to register please visit <https://nchistory.org/wine-tasting-with-carl-franco/>.

### October 5

#### Town Farmers Market

10 AM - 2 PM at Lumber Yard Lot, 224 Elm Street

There are many vendors with various local items available including specialty food, fresh meat, produce, soap, eggs, and honey! There will be live music from Henry Jones.

#### Donate a Bike, Impact a Life: New Canaan Bike Donation Day

11 AM- 3 PM at the New Canaan Library, Front entrance on Maple Street  
 Donate your gently used bicycles and positively impact someone's life in Fairfield County. Northeast Community Cycles collects the donated bikes, refurbishes them and gives them to underprivileged children and adults in Fairfield County – with a free helmet. The bikes can have flat tires, no brakes or need gear adjustments. Please do not donate bicycles that are rusty. Your donation is tax deductible and forms will be available for your records. For more information please contact [hcimino@newcanaanlibrary.org](mailto:hcimino@newcanaanlibrary.org)

#### Adaptive Halloween Dry Ice Workshop with Mad Science

2:30-3:30 PM at the New Canaan Library, Arlene H. Grushkin Children's Program Room  
 Join Mad Science for a special adaptive program for children with special needs and their families. Students will watch bubbling potions change color and even taste the misty fog as it streams into the air. Everyone will touch some dry ice bubbles, see a conjuring gassy ghoul, and make ghosts disappear in

a flash of light. Ideal for school-aged children and their caregivers. Free event. Register at <https://www.newcanaanlibrary.org/event/mad-science-special-needs-99702>.

#### Mau | A Documentary

6:30-8 PM at Grace Farms

Join Grace Farms and the Architecture & Design Film Festival for a screening of Mau, the first feature-length documentary about design visionary Bruce Mau. This documentary explores the designer's creative journey and optimistic push to tackle the world's biggest problems with design. 1 hr 17 m. Tickets are \$10/person and available at <https://tickets.gracefarms.org/events/01909374-76d4-b0e1-8e6c-09aa6e9dlbf3>

#### Harvest Festival

7-10 PM at the New Canaan Nature Center

The 11th Annual Harvest Festival featuring Axe Throwing. An adult only evening featuring live music and local microbreweries and wine. It is also a successful fundraiser for the Nature Center. Ticket prices start at \$85/person. More information and tickets are available at <https://newcanaannature.org/harvest-festival/>

### October 6

#### Waveny Park Arts Festival

10 AM- 4 PM at Waveny Park

This outdoor arts festival will feature a juried collection of fine artists & artisans including painters, photographers, ceramicists, potters, fiber artists, jewelry designers, sculptors, and woodworkers. This free event is presented by the Carriage Barn. More information available at <https://carriagebarn.org/event/2nd-annual-waveny-park-arts-festival/>

#### Create Your Own Collage Bookmark

12:30-2 PM at the New Canaan Library, Anderson MakerLab

Join to make a collage bookmark. At the end of class, your bookmarks will be laminated to help with functionality. Materials will be provided but attendees are welcome to bring their own as well. For more information and to register visit <https://www.newcanaanlibrary.org/event/create-your-own-collage-bookmark-104372>

#### Sensory Friendly Public Safety Day

3:30-5:30 PM at New Canaan Mounted Troop

This event is for individuals in our special needs community to connect with first responders and see how different equipment looks, functions and sounds. This may help alleviate some of the fears children can associate with rescuers and rescue situations. Registration required at <https://docs.google.com/forms/d/>

### October 7

#### Balance & Posture for Fall Prevention with Ellen

10 AM at the Lapham Center

This program is designed to decrease the risk of falling and improve upper and lower body strength. Posture exercises will strengthen the muscles that support the spine and contribute to overall balance and alignment. You must be able to stand on one foot with the support of a chair. Strength training with light weights included. \$100/person. Call 203-594-3620 to register.

#### Moving with Arthritis with Ellen

11-11:45 AM at the Lapham Center

This Arthritis Foundation program is proven to reduce the pain and stiffness associated with arthritis. Ellen will demonstrate exercises for every joint in the body from head to toe. The exercises can be performed sitting or standing. Strength training with light weights included. \$100/person. Call 203-594-3620 to register.

#### Fit for Life with Mike

12 PM at the Lapham Center

This class focuses on upper, lower, and core muscle strength while emphasizing posture and balance. This class integrates elements of sports conditioning, yoga and Pilates. It is a dynamic and safe program, and every aspect is scalable to almost any fitness level. Free event. Call 203-594-3620 to register.

### October 8

#### Walking for Wellness at Waveny

11 AM at the Lapham Center

Meet at Lapham for a walk around the park (weather permitting). Call 203-594-3620 to register.

#### Open Tech

2-4 PM at the New Canaan Library, McLaughlin Meeting Room

If you have questions about social media, email, smart phones, or accessing the digital library, stop in to get one-on-one assistance with a tech librarian. All technology questions, queries and interests are welcome.

Drop in tech help is limited to 20 minutes. Tech help will be given on a first-come-first-serve basis. More information available at <https://www.newcanaanlibrary.org/event/open-tech-95024>

### October 9

#### Textured Design: Creating an Exquisite, Eclectic Space

6:30 PM at the New Canaan Museum & Historical Society

Join for a lecture given by Andrew Gillick, the principal designer at Concordia Design. Andrew approaches design with a collaborative spirit, strong technical skill, and an eye for exquisite detail. Tickets are free to members and \$10/non-members. Register at <https://nchistory.org/textured-design-creating-an-exquisite-eclectic-space/>.

#### Book Talk: Dr. Aliza Pressman in Conversation with Dr. Bryan Luizzi

7 PM at the New Canaan Library, Jim and Dede Bartlett Auditorium

Dr. Aliza is a NY Times best-selling author of The 5 Principles of Parenting, host of Raising Good Humans Podcast, cofounder of The Mount Sinai Parenting Center, a developmental psychologist, and assistant clinical professor. Learn a simple, science- and experienced-backed framework to empower you to raise resilient children. Register at <https://newcanaancares.app.neoncrm.com/np/clients/newcanaancares/eventRegistration.jsp?event=1511&>

### October 10

#### Conversation and Coffee with a Cop

1 PM at the Lapham Center

Nicole Vartuli, Community Impact Officer, will present a topic of interest to our community. Free event. For more information and to register please contact 203-594-3620.

#### Annual Meeting for Staying Put

4:30-6:30 PM at the Lapham Center

Attorney Ann Fowler-Cruz will discuss the importance of planning early. She will discuss the legal documents that “speak for you when you are unable”, such as Powers of Attorney, Health Care Instructions, Wills and Trusts. Join this meeting to learn about all the developments at Staying Put. There will be wine and appetizers for all. More information available at <https://stayingputnc.org/special-events/>. RSVP by October 4th to 203-966-7762.

#### Sunset Viewing | With Every Fiber

7-8 PM at Grace Farms

Experience Grace Farms after hours. Sip tea and mingle as you explore With Every Fiber alongside the exhibit's curator and contributors. With Every Fiber is curated by Founding Creative Director Chelsea Thatcher and designed by Studio Cooke John Architecture + Design, with the graphics designed by Pentagram. Tickets are free for members, \$15/non-members, and available at <https://gracefarms.org/event/sunset-viewing-with-every-fiber>

#### Screen Legend Edward Burns Unveils His Novel “A Kid from Marlboro Road”

7-8 PM at the New Canaan Library, Jim & Dede Bartlett Auditorium

Join for a conversation with acclaimed actor and filmmaker Edward Burns as he presents his first novel, A Kid from Marlboro Road. In this moderated talk, Burns will discuss what inspired him to write the novel, his career as a writer and actor, and personal stories and insights that shaped the book. For more information and to register visit <https://www.newcanaanlibrary.org/event/screen-legend-ed-burns-unveils-his-memoir-kid-marlboro-road-99947>

### October 11

#### COFFEE AND CONVERSATION

**8:30 – 9:30 AM at the Lapham Center**  
**Sponsored by the New Canaan Sentinel for a weekly community coffee and conversation.**

#### Fridays Movies at Noon

12 PM at the Lapham Center

Come join the Lapham Center to watch Elizabeth and the Presidents. 1h 20m. During her 70-year reign, Queen Elizabeth II witnessed a record 14 U.S. Presidents walk through the White House. Call for more information: 203-594-3620.

#### 54th Annual Fall Fair - Day One

5-9 PM at the New Canaan Nature Center  
 Enjoy fun carnival rides at the Fall Fair. Individual tickets and wristbands will be available. Individual tickets will be sold at the event. Wristbands will be sold at the event or can be purchased in advance online. More information will be available at <https://newcanaannature.org/fall-fair/>

#### Health Talks with Shannon and Ellen

11 AM- 12 PM at the Lapham Center  
 Meet up with Shannon and Ellen from the Health Department for coffee, conversation and snacks. Topics will be announced in the Lapham Center eblasts. Free event. For more information please contact 203-594-3620.

## SAVE THE DATE

### October 12

#### Town Farmers Market

10 AM - 2 PM at Lumber Yard Lot, 224 Elm Street

There are many vendors with various local items available including specialty food, fresh meat, produce, soap, eggs, and honey!

#### 54th Annual Fall Fair - Day Two

10 AM- 6 PM at the New Canaan Nature Center

Enjoy carnival rides, crazy maze, zip line, apple slingshots, Spooky Stroll, and so much more. Individual tickets only. More information will be available at <https://newcanaannature.org/fall-fair/>

### October 13

#### 54th Annual Fall Fair - Day Three

12-5 PM at the New Canaan Nature Center

Enjoy fun carnival rides at the Fall Fair. Individual tickets will be available. More information will be available at <https://newcanaannature.org/fall-fair/>

#### Treetops Chamber Music Concert:

##### Horszowski Trio

4-5 PM at the Carriage Barn Arts Center

Come experience the music of the Horszowski Trio: Jesse Mills (violin) Ole Akahoshi (cello) and Reek Aizawa (piano). Tickets are \$45/adults and available at <https://www.treetopscms.org/event-details/horszowski-trio>

### October 15

#### Walking for Wellness at Waveny

11 AM at the Lapham Center

Meet at Lapham for a walk around the park (weather permitting). Call 203-594-3620 to register.

#### Superfoods for Brain Health

12 PM at the Lapham Center

Join Chef Gary Seri for a fun, interactive presentation to explore how certain foods can fuel your brain and enhance cognitive function. Free event. For more information please contact 203-594-3620.

### October 16

#### Watercolor Painting with Christen Farley

10 AM- 12 PM at the New Canaan Museum & Historical Society

Join and learn the basic techniques of watercolor painting with Chris Farley. Farley is a watercolor artist who studied at the Silvermine Arts Center. Her image of the 1764 Hanford-Silliman House is currently on display in the windows of the Legacy Building at the New Canaan Library. Tickets are \$55/person. Register at <https://nchistory.org/watercolor-painting-with-christen-farley/>

#### Chelle Summer Vintage Textiles

12-6 PM at the New Canaan Museum & Historical Society, Gores Pavilion

Michelle Rusk transforms vintage textiles into modern designs of bags, dresses, and home goods with a retro twist. This is her first ever show in New Canaan. For more information visit <https://nchistory.org/chelle-summer-vintage-textiles/>

### October 18

#### COFFEE AND CONVERSATION

**8:30 – 9:30 AM at the Lapham Center**  
**Sponsored by the New Canaan Sentinel for a weekly community coffee and conversation.**

#### Fridays Movies at Noon

12 PM at the Lapham Center

Come join the Lapham Center to watch Faye. 1h 30m. Faye Dunaway candidly discusses the triumphs and challenges of her career. Call for more information: 203-594-3620.

### October 19

#### Shred Day

8 AM- 1 PM at 394 Main Street

The town of New Canaan's shred day is free and open to all residents. No clips, plastic covers, or binders. Paper only.

#### Mahjongg for 2 with Aggie

10 AM- 12 PM at the Lapham Center

Learn the variations and adaptations of traditional Mahjongg rules to suit a two-player format. For more information and to register please contact 203-594-3620.



# What's Happening in New Canaan

**Town Farmers Market**  
10 AM - 2 PM at Lumber Yard Lot, 224 Elm Street  
There are many vendors with various local items available including specialty food, fresh meat, produce, soap, eggs, and honey! There will be a Market harvest celebration with door prize drawings and a collection for the food bank.

**Travel Photography: Beyond the Picture Postcard**  
10:30 AM - 12:30 PM at the Carriage Barn Arts Center  
In this class you will learn how to see and think in new ways as you roam the globe with your camera and create images that go beyond merely capturing a destination's iconic landmarks. Learn a variety of approaches and techniques that will allow you to capture the heart and soul of a place in a myriad of different ways. All camera types and skill levels are welcome. Registration is \$60/members and \$75/non-members. Register at <https://carriagebarn.org/event/travel-photography/>

**Festivals & Traditions of the World - Deepavali**  
1:30 - 4 PM at the New Canaan Library, Jim & Dede Bartlett Auditorium  
Deepavali, or Diwali, is the Indian Festival of Lights and celebrates the power of knowledge over ignorance. Join members of our community to celebrate and learn about Diwali with hands-on crafts, book readings, an introduction to yoga, and some tasty treats. Register at <https://www.newcanaanlibrary.org/event/nc-winter-chess-tournament-uscf-rated-quads-78555>.

**October 20**  
**Free Family Halloween Drop in**  
2-3 PM at the Carriage Barn Arts Center  
Join for a spooky story and a Halloween craft with Rebecca from the New Canaan Library. All ages welcome. Suggested donation of \$10 for entry. Register at <https://carriagebarn.org/event/family-halloween-drop-in/>

**Glass House Presents: Glass Etudes**  
4 PM at the First Presbyterian Church of Stamford  
On the occasion of The Glass House's 75th Anniversary, join three renowned pianists – Timo Andres, Aaron Diehl, and Jenny Lin – for an hour-long concert of a selection of Philip Glass' Etudes. Tickets are \$75 and available at <https://theglasshouse.org/whats-on/glass-etudes/>

**October 21**  
**Balance & Posture for Fall Prevention with Ellen**  
10 AM at the Lapham Center  
This program is designed to decrease the risk of falling and improve upper and lower body strength. Posture exercises will strengthen the muscles that support the spine and contribute to overall balance and alignment. You must be able to stand on one foot with the support of a chair. Strength training with light weights included. \$100/person. Call 203-594-3620 to register.

**Moving with Arthritis with Ellen**  
11-11:45 AM at the Lapham Center  
This Arthritis Foundation program is proven to reduce

the pain and stiffness associated with arthritis. Ellen will demonstrate exercises for every joint in the body from head to toe. The exercises can be performed sitting or standing. Strength training with light weights included. \$100/person. Call 203-594-3620 to register.

**Fit for Life with Mike**  
12 PM at the Lapham Center  
This class focuses on upper, lower, and core muscle strength while emphasizing posture and balance. This class integrates elements of sports conditioning, yoga and Pilates. It is a dynamic and safe program, and every aspect is scalable to almost any fitness level. Free event. Call 203-594-3620 to register.

**Grace Farms' 9th Anniversary**  
6 PM at Grace Farms  
Surrounded by picturesque autumnal foliage in the glass-enclosed Sanctuary, a 31-musician chamber ensemble of musicians from the Orchestra, conducted by LPO 2023/24 Fellow Conductor Luis Castillo-Briceño, will present a moving program that incorporates our theme Architecture Moves Us and illuminates the purpose of our Foundation. Following the performance, join for a cocktail reception and toast to nine incredible years of culture, collaboration, and new outcomes at Grace Farms. Ticket prices begin at \$200/members and \$250/non-members. To purchase tickets visit <https://www.classy.org/event/grace-farms-2024-annual-benefit/e569022>

**October 22**  
**Halloween Cupcake Workshop**  
4-5:15 and 5:45-7 PM at the Carriage Barn Arts Center  
Join for a Halloween themed cupcake decorating workshop for children ages 5 and up. Each child will receive step-by-step, hands-on instruction to create four custom designs, then creatively package each treat to bring home. This event is \$55/members and \$60/non-members. To register for 4 PM visit <https://carriagebarn.org/event/halloween-cupcake-4pm-2/>. To register for 5:45 PM visit <https://carriagebarn.org/event/halloween-cupcake-workshop-5-45pm-session/>

**October 24**  
**Sip and Paint**  
5-7 PM at the Lapham Center  
Join the Lapham Center for a fun evening of painting, appetizers and wine. Free event. Space limited, reserve early by contacting 203-594-3620.

**October 25**  
**Fridays Movies at Noon**  
12 PM at the Lapham Center  
Come join the Lapham Center to watch Elizabeth Taylor: The Lost Tapes. 1h 41m. Elizabeth Taylor's own voice narrates her story. Call for more information: 203-594-3620.

**October 26**  
**Town Farmers Market**  
10 AM - 2 PM at Lumber Yard Lot, 224 Elm Street  
There are many vendors with various local items available including specialty food, fresh meat, produce, soap, eggs, and honey! Raise breast cancer awareness by wearing your pink to the market.

PLAYING THIS WEEK <sup>47</sup>



**THE WILD ROBOT**

**THE JOKER**  
**FOLIE A DEUX**

93 Elm Street  
New Canaan

**And Join Us in the Pub !**

**CINEMALAB.COM**  
for showtimes and tickets

**Halloween Spooktacular**  
5:30 PM at the New Canaan Nature Center  
Get into the Halloween spirit by joining this spooktacular celebration. Learn about and meet some fiendish friends who remind us of All Hallows Eve, enjoy making some creepy crafts, and roast a marshmallow while sharing spooky stories around a campfire. Top off the evening with our one-of-a-kind jack-o-lantern walk. This event will be held from 5:30 pm- 7:00 pm and 7:30pm- 9:00 pm. Tickets are \$15/person and will be available at <https://newcanaannature.org/halloween-spooktacular/>.

**October 27**  
**Halloween Block Party**  
12-2 PM on Elm Street  
A family friendly New Canaan Tradition. Come for

the trick or treating and stay for the music, courtesy of New Canaan's own School of Rock. The Howl-o-ween Dog Parade will begin in front of the Adirondack Store at 1:30 PM. Reserve a spot at <https://www.eventbrite.com/e/howl-o-ween-dog-parade-tickets-1018858421967?>

**October 29**  
**Stamford Health Presents Healthier Sleep**  
6:30-7:30 PM at the New Canaan Library, Jim & Dede Bartlett Auditorium  
Join for a discussion about the importance of sleep with Dr. Dominic Roca. He will cover the function of sleep, how sleep with changes with age, sleep apnea, insomnia, sleep deprivation and how to improve your sleep. Free event. Register at <https://www.newcanaanlibrary.org/event/stamford->

Friday, October 4	
4:00pm	Boys JV Soccer vs Bridgeport Central High School
4:00pm	Boys Varsity Soccer vs Bridgeport Central High School
4:00pm	Girls Freshman Volleyball vs Darien High School
4:00pm	Girls JV Volleyball @ Darien High School
4:00pm	Girls Varsity Soccer @ Bridgeport Central High School
5:30pm	Girls Varsity Volleyball @ Darien High School
Saturday, October 5	
10:30am	Girls Varsity Field Hockey vs Branford
6:00pm	Boys Varsity Football vs Fairfield Ludlowe
Monday, October 7	
3:15pm	Boys Varsity Golf @ Darien High School
3:15pm	Boys JV Golf @ Darien High School
4:00pm	Boys JV Football vs Fairfield Ludlowe
4:00pm	Girls JV Soccer @ St. Joseph
4:00pm	Girls Varsity Soccer @ St. Joseph
4:00pm	Girls Freshman Field Hockey vs Greenwich High School
4:00pm	Girls Freshman Volleyball vs Brien McMahon
4:00pm	Girls Varsity Field Hockey @ Stamford High School
4:00pm	Girls Varsity Volleyball @ Brien McMahon
5:30pm	Girls JV Field Hockey @ Stamford High School
5:30pm	Girls JV Volleyball @ Brien McMahon
Tuesday, October 8	
4:00pm	Boys Varsity Cross Country vs Ridgefield High School
4:00pm	Girls Varsity Cross Country vs Ridgefield High School
4:00pm	Boys JV Soccer vs St. Joseph
6:30pm	Boys Varsity Soccer vs St. Joseph
Wednesday, October 9	
3:00pm	Boys Varsity Golf @ Fairfield Prep
3:00pm	Girls Varsity Swimming vs Fairfield Ludlowe
4:00pm	Girls Freshman Soccer vs Trumbull
4:00pm	Girls JV Soccer @ Trumbull
4:00pm	Girls Freshman Volleyball vs Westhill
4:30pm	Girls JV Volleyball @ Westhill
5:30pm	Girls Varsity Soccer @ Trumbull
6:00pm	Girls Varsity Volleyball @ Westhill
Thursday, October 10	
4:00pm	Boys Freshman Soccer @ Trumbull
4:00pm	Boys JV Soccer vs Trumbull
4:00pm	Girls Freshman Field Hockey @ Fairfield Ludlowe
4:00pm	Girls Varsity Field Hockey vs Fairfield Ludlowe
5:30pm	Girls JV Field Hockey vs Fairfield Ludlowe

health-presents-healthier-sleep-93869

**October 30**  
**Microsoft Word Basics**  
1-2:15 PM at the New Canaan Library, McLaughlin Meeting Room  
Learn the basics of navigating the Office 365 version of Word, from creating a new document and formatting fonts to adjusting paragraphs, changing margins, and saving and printing your files. Free event. Register at <https://www.newcanaanlibrary.org/event/microsoft-word-basics-102313>

**Halloween Murder Mystery Party**  
5-7 PM at the Lapham Center  
Whether you are a detective, murderer, or the unfortunate victim, you're guaranteed a memorable evening. Wear a costume and come prepared to play your role in the evening's events. For more information and to register please contact 203-594-3620.

**October 31**  
**Halloween Bingo**  
12-2 PM at the Lapham Center  
The combination of lunch, BINGO, and prizes for the best costume is sure to be a hit. For more information and to register please contact 203-594-3620.

**November 1**  
**Fridays Movies at Noon**  
12 PM at the Lapham Center  
Come join the Lapham Center to watch Find Me Falling. 1h 41m. After a failed comeback album, a rock star retreats to a cliffside home on Cyprus, only to find his life complicated by visitors and an old love. Call for more information: 203-594-3620.

**November 15**  
**Waveny's Golden Gala**  
5:30-10 PM at the Country Club of New Canaan  
Celebrate Waveny's half-century of care, compassion and community. Join this grand event featuring

cocktails, dinner, auctions, paddle raise and entertainment by FakeID, with all proceeds benefitting Waveny LifeCare Network. Ticket prices begin at \$300 and are available at <https://interland3.donorperfect.net/weblink/weblink.aspx?name=E344664&id=11>.

**November 23**  
**Holiday Market**  
10 AM- 5 PM at the New Canaan Nature Center  
The New Canaan Nature Center will kick off the holiday season by hosting their Holiday Market. There will be unique gifts items including jewelry, clothing, candles, and much more. School of Rock will also be playing some holiday cheer. More information will be available at <https://newcanaannature.org/holiday-market-2023/>

**BLOOD DRIVES**  
**Saturday, October 5**  
Holy Spirit Church  
403 Scofieldtown Road  
Stamford, CT 06903  
8:30 AM - 1:30 PM

**Monday, October 7**  
Greenwich Blood Donation Center  
99 Indian Field Road  
Greenwich, CT 06830  
11:00 AM - 7:00 PM

Christ Church Greenwich  
254 East Putnam Avenue  
Greenwich, CT 06830  
1:30 PM - 6:00 PM

**Tuesday, October 8**  
Greenwich Blood Donation Center  
99 Indian Field Road  
Greenwich, CT 06830  
11:00 AM - 7:00 PM

**Wednesday, October 9**  
Stamford Church of Christ  
1264 High Ridge Road  
Stamford, CT 06903  
8:00 AM - 1:30 PM

Strong Comstock Community Center  
180 School Road  
Wilton, CT 06897

## Upcoming High School Sports Schedule

Friday, October 11	
3:00pm	Girls Varsity Swimming vs St. Joseph
3:30pm	Girls Varsity Field Hockey @ Greenwich High School
3:30pm	Girls JV Field Hockey @ Greenwich High School
Monday, October 14	
4:00pm	Girls Freshman Volleyball @ Bridgeport Central High School
4:00pm	Girls Varsity Field Hockey vs Wilton High School
4:00pm	Girls Varsity Volleyball vs Bridgeport Central High School
4:15pm	Girls Freshman Field Hockey @ Wilton High School
5:30pm	Girls JV Field Hockey vs Wilton High School
5:30pm	Girls JV Volleyball vs Bridgeport Central High School
Tuesday, October 15	
4:00pm	Girls JV Soccer vs Ridgefield High School
6:30pm	Girls Varsity Soccer vs Ridgefield High School
Wednesday, October 16	
2:30pm	Boys Varsity Cross Country vs Bridgeport Central High School
4:00pm	Girls Varsity Cross Country vs Bridgeport Central High School
4:00pm	Boys Freshman Soccer vs Ridgefield High School
4:00pm	Boys JV Soccer @ Ridgefield High School
4:00pm	Girls Freshman Volleyball @ St. Joseph
4:00pm	Girls JV Volleyball vs St. Joseph
5:30pm	Girls Varsity Volleyball vs St. Joseph
7:00pm	Boys Varsity Soccer @ Ridgefield High School
Thursday, October 17	
4:00pm	Girls Freshman Soccer vs Danbury High School
4:00pm	Girls JV Soccer @ Danbury High School
4:00pm	Girls Varsity Field Hockey vs Fairfield Warde
5:30pm	Girls JV Field Hockey vs Fairfield Warde
6:00pm	Girls Varsity Soccer @ Danbury High School
7:00pm	Boys Freshman Football vs Staples High School
Friday, October 18	
4:00pm	Boys Freshman Soccer @ Danbury High School
4:00pm	Boys JV Soccer vs Danbury High School
4:00pm	Boys Varsity Soccer vs Danbury High School
4:00pm	Girls Varsity Volleyball vs Trumbull
5:30pm	Girls JV Volleyball vs Trumbull
Saturday, October 19	
10:00am	Girls Freshman Volleyball @ Trumbull
1:30pm	Boys Varsity Football vs Staples High School



## COLUMN

# God's Grace and Mercy

By PASTOR GILBERT BURGESS

Take a moment to reflect on your life. Your trials, your setbacks, your good days, your bad days, the heroic victories, even over the demonic attacks on your very soul.

In your reflection, can you see where the Lord has intervened on your behalf? When you take a retrospective look and pinpoint the times that you said "if it had not been for the Lord keeping me, I don't know where I would be." Or where would life have taken me if it had not been for the Lord?

Perhaps we haven't always revered Him as we should; in awe and admiration of His greatness. Psalm 34:9 encourages us to

"fear the Lord, you His saints, For those who fear Him lack nothing." But because of His great grace and mercies, He allows to flow to the just and the unjust. God brought you through your difficult times too.

God's grace and mercy we've come to understand our unmerited favors towards us all. King David writes in Psalm 23:1, "The Lord is my Shepherd [to feed, to guide and to shield me], I shall not want." King David reflects of his life, the hardships, the trials, the times he spent hiding from King Saul; he remembers how the Lord brought him through difficult and challenging times.

In Psalm 23 King David gives us this image of the

***King David in the 23 Psalm by way of testimony gives us an image of the good Shepherd as he watches over and takes care of his sheep. This image helps us better understand God's love and compassion toward us, especially in times of difficulty***

good Shepherd as he watches over and takes care of his sheep. This image helps us better understand God's love and compassion toward us, especially in times of difficulty. God takes care of those who, like sheep, trust in their shepherd. King David reminds us with this testimonial that whatever trial, struggle, or difficulty you're going through now

or may encounter in the future, remember that the Lord is willing and able to walk with you. Our role is to trust in Him, and give your life to Him. The Lord doesn't save you and let you fend for yourself. He doesn't fill you with His Holy Spirit and drop you off in the middle of nowhere in distress. The Bible says, "He'll never leave you nor forsake you." Even

when you don't feel Him, remember that Jesus said in Matthew 28:20 you can be sure that I will be with you always. I will continue with you until the end of time, and this promise is available to all who will put their trust in Him.

God loves us despite our shortcomings. And His grace and mercies are still available for us all.

And like King David in the text, he wasn't on the run, he wasn't in a pit, he wasn't in a foxhole, he wasn't stressing," he was at a point in life, where the Lord had given him a rest on every side, he was at a place of quietness. But even in his times of duress, David knew he could trust in God, and his testimony has been a source of strength for many, so let me encourage you on today, you too can be a David by sharing your testimony of what the Lord has done for you, you never know whose life you may touch in a mighty way.

Ps. Remember the Lord is always there for you, God Bless.

*Pastor Gilbert Burgess of Community Baptist Church 174 Cherry St., Norwalk, CT*

## Obituaries

### WILLIAM BROWNING

William Earle Strain Browning, a lawyer, artist, father of four and dedicated husband, died September 27, in Norwalk CT. He was 92.

He was born in New York City on July 7, 1932 the second son of Samuel Pearce Browning, Jr. and Dorothea Strain Browning. Bill grew up in New York and New Canaan attending New Canaan Country School and St. Bernard's elementary school. He also attended Phillips Exeter Academy and was a graduate of Princeton University and Harvard Law School. He also served honorably in the US Navy.

He married Amy Marie Connelly on August 15, 1964. On an initial date, Bill invited Amy out in a rowboat he had hastily procured. After navigating the craft several hundred yards off shore, Bill threw down the anchor and proceeded to review the financial pages of the New York Times. The machinery of business was never far from his thoughts, and he demonstrated a keen aptitude for money management. Bill and Amy lived for a brief time in Manhattan and then moved to New Canaan, CT, where they lived until 1990.

Bill began his professional life as an associate with the world-renowned Sullivan & Cromwell law firm. He practiced with Sullivan for six years, and left after deciding that he would be happier in finance, joining Drexel Firestone in 1967. He moved on to senior vice president and managing director roles with Bache Halsey Stuart Shields and Bankers Trust Company.

In 1990, Bill and Amy moved to Harbor View in Norwalk, CT. Bill would remain in this idyllic location of fishing trawlers and egrets for the rest of his life.

Bill was a true renaissance man, existing comfortably in the worlds of law, finance, and art. Although the demands of life as a banker were rigorous, he was able to carve out time to pursue a passion for painting portraits and landscapes. He would go on to paint hundreds of works, studying with some of New England's most prominent art instructors. He exhibited his paintings at numerous art shows. Many of those works currently grace the walls of family, friends and various other locations.

Bill is survived by his wife, Amy Connelly Browning, and three sons, Alex, Andrew and Bill Jr.

Calling hours were held on Wednesday, October 2, at Collins Funeral Home, Norwalk. A Mass of Christian Burial was celebrated on Thursday, October 3, at St. Joseph Church, Norwalk. Burial followed at Lakeview Cemetery, New Canaan, CT.

### SUSAN GRESS

Susan Gerrish Sproule Slep Gress passed away peacefully in her sleep on September 25. Born to Samuel Jackson

Sproule and Alfreda Jones Sproule in Norfolk, Virginia on June 5, 1932.

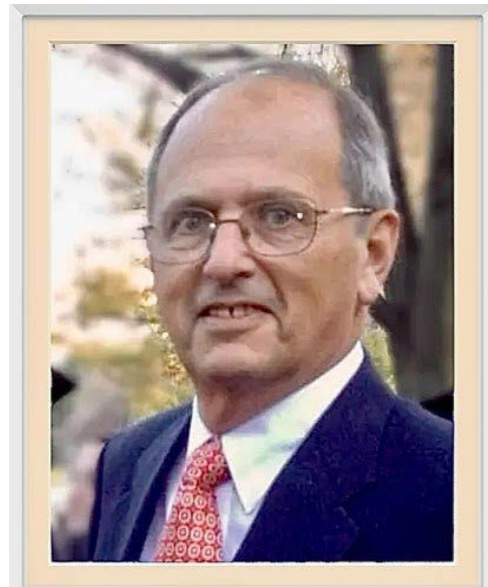
Sue, as she was known, had been a resident of New Canaan since 1964, was renowned among her large group of family and friends for her lengthy annual Christmas letters she used to bring her friends up-to-date with all of her exploits over the past year along with all the family comings and goings, births, marriages, careers and other adventures. Many looked forward to this "publication" as a spark and reminder to keep up with their broad scope of friends.

Beyond being a very busy mother of 4 children, Sue had two career paths she pursued; one as an office manager, with New Horizons (a corporate relocation business), Wellington & Albrect (the first all female law firm in Connecticut) & Williams & Co (a graphic arts firm), the latter reignited her other career (or better said, passion) as an artist. Her early years as a painter transitioned into her second career as a sculptor in her later years. The sculpting was initially to revive her hand strength so she could paint again, however she took to it so well, she never went back. Her talent as a sculptor elevated to where her work was shown in several galleries across Connecticut, Southern Maine, and culminating into a full gallery showing in The Synchronicity Gallery in Manhattan.

She is survived by her four children, John Calvin Slep III and his wife Ann Hague Slep, Gregory David Slep, James Fredrick Slep and Ellen Ridgely Slep... her 6 Grandchildren and 8 Great Grandchildren.

Her smile, sparkle and joy for life will be remembered as well as missed by all that knew her.

A celebration of her life will be held at Hoyt Funeral Home in New Canaan on November 9 from 1pm-3pm.



**GARY BULKLEY**

Gary Warren Bulkley passed away at his home in Pasadena, Maryland, at the age of 81. Gary was born on July 12, 1943 in Stamford, CT, the son of the late John M. Bulkley and Dorothy M. Bulkley.

Gary loved sports from an early age and carried his athleticism, sharp wit and sense of humor through all the chapters

of his life. He attended New Canaan High School (class of 1961), where he lettered in football, basketball and baseball. He was never far from his two best friends, Christopher Albright and the late Marty Mull. "The Three Amigos" remained lifelong friends.

Gary continued his education at Ithaca college on a football scholarship. He was a member of the Delta Kappa Fraternity and majored in Economics and Management. After graduation, Gary was a member of the Army National Guard and received an honorable discharge.

Gary traveled the world during his career in the financial sector, working both in corporate settings and in his own firm, Bulkley Financial in Atlanta, Georgia. During his time in Atlanta, he found his new sport, tennis, and it was a perfect fit. He worked his way up to A player status and enjoyed singles, doubles, mixed doubles, but most of all, the parent-child tournaments he played in with his five children over the years.

Gary also loved photography, classic movies, watching his beloved Yankees and playing with his dogs, Rascal and Teddy. He loved to laugh, to travel and was not above a playful prank.

Gary was preceded in death by his brother, John M. Bulkley, Jr. and sister Joan Hiller. He is survived by his wife of 41 years, Cathy Bulkley. He is also survived by children Kimmerly Bulkley (Mike Thompson), Scott Bulkley (Kristen), Kelly Newman, Matthew Bulkley and his fiancée Brook, and Corry Bulkley-Cappolella (Michael), and grandchildren, John Newman, Scott Newman, Jake Bulkley, Makayla Newman, Grayson Thompson, Brooke Bulkley and Rorygrace Thompson.

Memorial services will be held in Maryland and Connecticut at later dates.



**JOHN AHEARN**

John "Scott" Ahearn, died suddenly, and unexpectedly on September 19. He was 65 years old. Scott was born July 29, 1959, at Norwalk Hospital, Norwalk, CT. He was the son of Richard L and Rita Y. Ahearn. Scott grew up in New Canaan, CT with his brothers, Dick and Michael and sisters, Rita Lynn and Tara. He attended

New Canaan public schools and graduated in 1978. While in high school, he excelled at lacrosse, wrestling, and hockey and played varsity sports for New Canaan from his sophomore year on.

After graduating from New Canaan, Scott enlisted in the US Navy and served with distinction from 1978 To 1982. He was assigned to the USS Midway Carrier group, where he served aboard the USS Parson's in a support role. During his time in the Navy, he traveled all over the Pacific and Southeast Asia, with his final tour being in the Persian Gulf during the Iran Hostage Crisis, aboard the USS Knox. He was honorably discharged from the Navy in 1982.

Upon discharge from the Navy, Scott joined the family Construction firms Ahearn Holtzman, Inc./Seaboard Weatherproofing and Restoration in Port Chester, NY. He had an exceptional career there, managing many construction projects throughout the metropolitan NY area with one of his favorites being the Bronx Zoo. He retired in July 2022 and looked forward to pursuing his many interests.

Scott was an avid sailor, boater and fisherman that spent most of his time on the waters off Watch Hill, RI. He was a long-time member of the Watch Hill Yacht Club, which is where he learned to sail as a child. He was "Uncle Scott" to his many nieces, nephews, grandnieces and grandnephews and was the "king" of the many nerf gun battles over the years. He was the "chill uncle". He was also the one who taught them all to fish and love the water.

He enjoyed playing horseshoes, pickle ball, golf, practical jokes, gardening (no weeding), the beach, fireworks and his family and friends. He was loved by all who ever knew him and will be fondly remembered for his joyous: Whooo Hooo!

Scott is survived by the love of his life, Cheryl Patton, his daughter Nadeje of Pawcatuck, CT, son John James of Savannah, GA, his grandchildren: Harper and River Madeira, and Ruby and Ramona Ahearn. He is also survived by his brother Richard from Stonington, CT, brother Michael of Austin, TX, sister Rita Keenan of Austin, TX, sister Tara Moore of Pawcatuck, CT, and many nephews, nieces, grandnephews and nieces in CT, NY, MD, NC, and TX

A Mass of Christian Burial will take place on Friday, October 11, at 10 am at St. Michaels the Archangel Church in Pawcatuck, CT. A celebration of life will follow the service.

In lieu of flowers, kindly make donations to: St. Michael's School, 131 West Broad St., Pawcatuck, CT 06379.

**The New Canaan Sentinel does not charge for obituaries. We believe everyone's life should be celebrated in their hometown newspaper. That is why obituaries in the Sentinel papers are published courtesy of the Sentinel Foundation. Email [Caroll@SentinelHometownNews.com](mailto:Caroll@SentinelHometownNews.com) to submit a free obituary.**



# Worship Directory, Services, and Special Events

UPDATE SERVICES AND ADD SPECIAL EVENTS TO THIS CALENDAR AT  
[www.NewCanaanSentinel.com/worship-calendar-updates](http://www.NewCanaanSentinel.com/worship-calendar-updates)

## Church of Jesus Christ of Latter Day Saints

682 South Avenue 203.966.5849  
[www.ComeUntoChrist.org](http://www.ComeUntoChrist.org)  
 Sunday Service: 12:00 PM

## Congregational Church

23 Park Street 203.966.2651  
[office@godsacre.org](mailto:office@godsacre.org)  
[www.godsacre.org](http://www.godsacre.org)

**Sunday Services: 8:00 AM and 10:00 AM.** The 10:00 am service is also live streamed and recorded, the video re-play will be available throughout the week. Church School is available on Sundays for children ages 3 through 7th grade each Sunday from September through mid-June.

### Recurring Events:

**Tuesdays at 9:30 AM:** Women's Bible Study

**Wednesdays at 9:30 AM:** Bible Study

**Fourth Thursday from 12-2:30 PM:** Meet at the Open Door Shelter in Norwalk to serve a meal.

**Saturdays at 9:45 AM:** From now until September 1st, the church offer a simple refreshment of lemonade and a sweet treat, which can be enjoyed on the lawn after worship. For more information please contact [laurel@godsacre.org](mailto:laurel@godsacre.org).

**Sundays at 9:45 AM:** Summer Fellowship time will take place after the 9:00am service and will include lemonade and a light snack provided by the host.

### Upcoming Events:

**October 10th at 9 AM:** Women's Fellowship Breakfast and Glass House Tour. Meet at the church for coffee and light breakfast bites, then walk down to the Visitor Center on Elm Street to take a bus to the site for a 9:45 am tour. Tickets are \$25 per person. Please contact [lacousley@gmail.com](mailto:lacousley@gmail.com) with any questions.

## First Church of Christ, Scientist

49 Park Street 203.966.0293  
[christiansciencet.org/newcanaaan](http://christiansciencet.org/newcanaaan)

**Sunday 10:30 AM,** in person only. Sunday School is available during Sunday Service and is open to children and young people up to the age of 20. There is also childcare available for children too young for Sunday School.

**Wednesday Testimony Meeting:** 1st Wednesday of each month, join by zoom or by phone 646 558 8656. Reading Room Hours: Open Mondays 11-2, Call to confirm hours 203-966-0293. All are welcome to the Sunday and Wednesday services, Sunday School, and the reading room.

## First Presbyterian Church

178 Oenoke Ridge Road 203.966.0002  
[fpcnc.org](http://fpcnc.org)

**Sunday Service: 10am** in person or via LocalLive. All are welcome. Coffee Hour after the service is also available in person or via Zoom. Dedicated childcare is available for all children via Wee Care Nanny Agency from 8:45-11:30am in the Nursery School. Transcripts of previous sermons are also available via the First Presbyterian Church of New Canaan's website. Recurring Events: Every Saturday 9:15am (closed) and 10:30am (open): Alcoholics Anonymous. Every Tuesday 8pm: Men's A.A.

**Third Wednesday from 6-7:30 PM:** Wednesdays at the Well are intergenerational opportunities to learn and grow in faith together. Dinner will be served and all ages are invited.

### Upcoming Events:

**October 6th at 11:30 AM:** Lauren Patterson will speak in an Adult Forum after the Sunday service. A light lunch will be served.

**October 13th at 11:30 AM:** New member orientation. Considering joining FPCNC? During this informative gathering, you will learn everything you need to know.

**October 13th at 10 AM:** Blessing of the Animals. There's no telling what kinds of critters might show up.

## Saint Aloysius Roman Catholic Church

21 Cherry Street 203.966.0020

[www.starcc.com](http://www.starcc.com)

Service Schedule:

**Saturday: Vigil for Sunday 5:00 p.m.**

**Sunday: 7:00 a.m., 8:30 a.m. 10:00 a.m., 11:30 a.m. and 5:00 p.m.** The Sunday 8:30 a.m. mass is live-streamed and recorded. **Monday-Friday: 7:00 am and 5:30 pm**  
**Saturday: 7:00 am**

### Recurring Events:

**Last Monday of every month 7pm:** Women's Praise & Worship Holy Hour

**Fridays 7:30am-6pm:** Eucharistic Adoration (September-June)

**Saturday 8:30am:** St. A's Healing Rosary Prayer Group

### Upcoming Events:

**October 24th from 9 AM-12 PM:** Our Lady's Guild: Monthly Meeting. The topic will be Our Blessed Mother with Guest Speaker Rev. Ferry Galbert from Chaplain Campus Ministry St. Joseph High School.

## St. Mark's Episcopal Church

111 Oenoke Ridge 203.966.4515  
[churchoffice@stmarksnewcanaaan.org](mailto:churchoffice@stmarksnewcanaaan.org)  
[www.stmarksnewcanaaan.org](http://www.stmarksnewcanaaan.org)

**Sunday Services: 8:00am:** Indoor Holy Eucharist Rite I; **9:00am:** Outdoor Holy Eucharist Rite II; **10am:** Indoor Holy Eucharist Rite II (Live Stream also available on the St. Mark's website). Coffee Hour follows the 10am service. Church School during the 10am service: Godly Play for children in kindergarten through second grade; Holy Moly for third and fourth grades; Meet in the Middle for fifth, sixth and seventh grades. Professional childcare is offered for children ages four and under. Families with children who are not yet ready to separate for childcare are invited to use the rocking chairs at the rear of the chapel.

**Weekday Services: Monday-Friday, 8:30am:** Morning Prayer Rite II by Zoom.

**Wednesday at 12:05pm:** Noonday Eucharist in the chapel.

### Recurring Events:

**Mondays & Tuesdays at 12pm:** Alcoholics Anonymous

**First Wednesday at 1pm:** Laundry Love volunteering opportunity to come alongside people who are struggling financially by assisting them with their laundry.

**First & Third Wednesdays from 6-7:30pm:** Youth Group

**Wednesday 10am:** Women's Alcoholics Anonymous

### Upcoming Events:

**October 6th at 4 PM:** Pet Memorial Service. If you have lost a beloved animal friend, join the Rev. Elizabeth Garnsey in the Chapel to celebrate. Bring a memento, toy, or picture in memory of your pet to lay on the altar.

**October 6th from 5-6 PM:** Blessing of the Animals. This annual service, in observance of the Feast of St. Francis, will take place under the Arcade. Animals and critters of all shapes and sizes are welcome, including stuffed animals. This service takes the place of the 5PM Holy Eucharist.

**October 19th from 5-7:30 PM:** Grammy-nominated vocalist Ryland Angel, accompanied by St. Mark's Director of Music Ministries, Ned Tipton, will present a recital titled Folk Songs through the Ages. Tickets are \$30/person and available at <https://onrealm.org/stmarks/PublicRegistrations/>

## St. Michael's Lutheran Church

5 Oenoke Ridge 203.966.3913  
[office@stmichaelslutheran.org](mailto:office@stmichaelslutheran.org)  
[www.stmichaelslutheran.org](http://www.stmichaelslutheran.org)

**Sunday Service at 10:00 am.** Following the service there is coffee, cookies and conversation in the Fellowship Hall.

### Recurring Events:

**Thursday 12 PM:** Alcoholics Anonymous

## Trinity Church New Canaan | Darien

468 South Avenue 203.618.0808  
[info@trinitychurch.life](mailto:info@trinitychurch.life)  
[www.trinitychurch.life](http://www.trinitychurch.life)

Join us **Sundays at 11:00 am** in the Saxe Middle School auditorium for lively worship, thoughtful and applicable teaching, weekly Communion, and an opportunity to make friends and grow in community. Trinity Kids (infants through fifth grade) and Trinity Youth (middle and high schoolers) take place during the service, and coffee and refreshments are served following worship. Trinity also holds services in-person in Greenwich and Larchmont, and on livestream via YouTube on Sundays at 9:45 a.m.; learn more at [www.trinitychurch.life](http://www.trinitychurch.life).

### Recurring Events:

**Sundays at 10:30 AM:** Pre-service prayer in Saxe Auditorium. Spend time in listening prayer, pray for those teaching, and seek the Lord prior to our worship service.

**Third Saturday from 8-10 AM:** Connecticut Men's Breakfast. Join for a homemade breakfast held at the Ministry Center, 5 River Road in Greenwich.

### Upcoming Events:

**October 5th from 9-10:30 AM:** Join Trinity Women's Breakfast in the Greenwich Ministry Center. Register at <https://trinitychurchlife.churchcenter.com/registrations/events/2480606>

**October 5th from 10 AM- 4 PM:** Second annual Larchmont Day Fall Fest. This is a fun opportunity to serve the community and get to know your neighbors. Trinity will be helping out by providing some activities for children at a craft table, and by offering some free food. To register visit <https://trinitychurchlife.churchcenter.com/registrations/events/2510855>

## United Methodist Church

165 South Avenue 203.966.2666  
[office@umcofnewcanaaan.org](mailto:office@umcofnewcanaaan.org)  
[www.umcofnewcanaaan.org](http://www.umcofnewcanaaan.org)

**Sunday Service is at 10:00 am** followed by coffee and conversation during Fellowship Time. Sunday School is available during Sunday Service. All are welcome.

## Community Baptist Church

174 Cherry Street 203.966.0711  
[cbcnewcanaaan@gmail.com](mailto:cbcnewcanaaan@gmail.com)

[https://www.youtube.com/channel/UCoZ2UNa8a-HI30\\_Syp\\_XOKDg](https://www.youtube.com/channel/UCoZ2UNa8a-HI30_Syp_XOKDg)

Facebook: <https://www.facebook.com/CBCNewCanaan/>  
 Sunday School at 10:00am

**Worship Service at 11:00am**

Live Facebook Broadcast 11:30 am

## Grace Community Church

**9:30am Service @ New Canaan High School, 11 Farm Road, New Canaan**  
**203-966-7600**

[info@gracecommunity.info](mailto:info@gracecommunity.info)

[www.gracecommunity.info](http://www.gracecommunity.info)

Welcome to Grace Church, where we strive to build a church of action, founded on Biblical truth, characterized by faith, grace, community, service, authenticity, clear thinking, and cultural relevance. Grace Community Church is an exercise in knowing God, knowing truth, and building community that extends to our full lives, not just to our Sunday mornings.

Join us **Sunday mornings at 9:30am** or via GCC's Facebook page or YouTube page. Nursery care and Sunday school/teen programming is available for babies through 12th grade. Coffee and bagels available in the lobby after the service, all are welcome.

### Upcoming Events:

**October 19th from 4-6 PM:** Beach BBQ at Compo Beach in Westport. RSVP to [bo@gracecommunity.info](mailto:bo@gracecommunity.info)

**October 26th at 4:30 PM:** Trunk or Treat in the NCHS side parking lot. The raindate will be 10/27.

## Talmadge Hill Community Church

870 Hollow Tree Ridge Road; Darien, CT  
 203.966.2314

[talmadgehillchurch@gmail.com](mailto:talmadgehillchurch@gmail.com)

[www.talmadgehill.org](http://www.talmadgehill.org)

Ministers: Rev. Carter Via and Rev. Cheryl Bundy **Sunday worship service at 10:00am** in person. All are welcome! We encourage everyone to stay for coffee hour after the service. Sunday School is every Sunday during the service and uses the Godly Play curriculum. Please reach out with any questions utilizing information listed above!

### Recurring Events:

**Thursdays at 9:30am:** Bible Study

**First Saturday at 8am:** Men's Group

**Second Saturday at 10am:** Women's Circle

## Chabad New Canaan Jewish Center

137 Putnam Rd

[info@chabadnewcanaaan.org](mailto:info@chabadnewcanaaan.org)

[www.newcanaanjewish.org](http://www.newcanaanjewish.org)

The Chabad New Canaan Jewish Center is dedicated to strengthening and building the New Canaan Jewish Community by offering local Jewish resources that bring more positivity, Jewish education, charitable activity, good deeds and blessing to our lovely town.

We are about Judaism, not affiliation. Regardless of your background, and however you choose to define your level of Jewish observance or identity, the Chabad New Canaan Jewish Center can add spirituality, joy, study, community and connection for you and your family. The programs of the Chabad New Canaan Jewish Center are held in various locations, all located in New Canaan.

## Temple Sinai (Reform Synagogue)

458 Lakeside Drive; Stamford, CT 06903  
 203.322.1649

[www.templestinaistamford.org](http://www.templestinaistamford.org)

Service Schedule:

1st, 3rd & 5th Friday - 6pm in person and via zoom  
 2nd & 4th - 7:30pm

### Recurring Events:

**Fridays at 12 PM:** Torah Study

**Second Saturday at 10:30 AM:** Mussar

**First and Third Fridays at 5:30 PM:** Shabbat Service for Families with Young Children

**First Saturday at 8 AM:** Avodat Halev Discussion Group

## Temple Shalom

300 E. Putnam Ave. Greenwich, CT 06830  
 203-869-7191

[www.templeshalom.com](http://www.templeshalom.com)

Services: In-person and virtual Friday night Shabbat services, 6:30pm & Saturday morning Shabbat services, 10:30am.

### Recurring Events:

**Saturdays at 9 AM:** Shabbat Study via zoom at <https://zoom.us/j/94358392426?pwd=bFJQem9HWfCxU0Ez-ZUM2VENEZmgYUT09#success>



# FIRE PREVENTION WEEK



## The Great Chicago Fire

"Chicago in Flames" by Currier & Ives, 1871: This picture, which is a lithograph, "shows people escaping across the Randolph Street Bridge during a big fire in Chicago. Many people had to leave their homes quickly to stay safe from the flames. One person who was there described seeing the sky turn red and yellow, with smoke and fire all around, loud noises from falling buildings, and fire trucks rushing to help.

In 1925, President Calvin Coolidge proclaimed Fire Prevention Week as a national observance. Fire Prevention Week is observed each year during the week of October 9 to commemorate the Great Chicago Fire by reminding everyone to learn how to prevent fires and how to stay safe in case of a fire.

Here's what happened: In the fall of 1871, a drought had left the big American city of Chicago, Illinois, much dryer than usual. In addition, most of the buildings were made of wood, creating dangerous conditions. Then, on the evening of October 8, a fire broke out in a barn owned by

Patrick and Catherine O'Leary on DeKoven Street.

While the cause of the original fire was never officially determined, the popular tale was that Mrs. O'Leary's cow kicked over a lantern, which ignited the straw on the barn floor. But however it started, the fire escalated quickly, engulfing the barn and a shed before firefighters arrived.

A strong southwest wind fanned the flames and spread the fire more quickly than it could be fought. The flames consumed the southwest sector of the city before the wind blew sparks across the south branch of the Chicago river and into the center of

town. When the city's waterworks building burned down, there was no more water for the firefighters to extinguish the flames.

The mighty fire then leapt over the main branch of the Chicago river and burned the rest of the city. By late on the night of October 9, the fire had burned its way to the less densely populated northern part of the city and begun to burn itself out. Finally, it began to rain, putting an end to the conflagration.

By the time it was over, the blaze had destroyed over three square miles of the city, including 17,500 buildings.

**How many are there?**

**time to play**

**How many?**

**HOW MANY?**

### TALK WITH YOUR PARENTS ABOUT HOW:

**You can keep your family safe with 2 simple steps.**

**Step 1** Practice your 2-minute drill.

**Step 2** Test your smoke alarms monthly.

### COLOR BY ADDITION & SUBTRACTION

- 1-PINK
- 2-DARK GRAY
- 3-LIGHT GRAY
- 4-BLACK
- 5-ORANGE
- 6-YELLOW
- 7-RED
- 8-BLUE
- 9-LIGHT BLUE

3+3, 10-5, 6+3, 7-8, 10-3, 10-1, 4+5, 1+6, 7, 7, 7, 7, 7, 7, 9-2, 9, 8-1, 4+3, 10-8, 3, 3, 3, 3, 3, 3, 6-3, 1+2, 8-4, 1+1, 10-6, 2+2, 23, 24, 25, 26, 27, 28, 41, 40, 39, 37, 38, 33, 34, 35, 36, 31, 32, 42, 43, 44, 45, 46, 47, 48, 49, 50, 51, 52, 53, 54, 55, 56, 57, 58, 59, 60, 6, 7, 8, 9, 10, 11, 12, 13, 14, 15, 16, 17, 18, 19, 20, 21, 22, 23, 24, 25, 26, 27, 28, 29, 30, 31, 32, 33, 34, 35, 36, 37, 38, 39, 40, 41, 42, 43, 44, 45, 46, 47, 48, 49, 50, 51, 52, 53, 54, 55, 56, 57, 58, 59, 60

**CONNECT THE DOTS, THEN COLOR IT!**



### Find the shadow

### FIND 7 DIFFERENCES

### Find correct shadow

## LEARN TO DRAW A LANTERN, STEP-BY-STEP

### WORD SEARCH PUZZLE

T	M	E	X	K	E	A	W	M	I	F
R	O	P	T	I	N	L	A	R	Y	I
U	C	K	W	M	G	K	H	Y	D	R
R	O	R	E	N	U	W	R	S	R	E
C	S	I	O	C	I	S	H	E	A	W
B	U	N	T	A	X	U	A	R	N	H
Y	K	E	U	E	N	E	L	T	O	
L	T	U	M	C	R	K	V	W	H	O
A	P	H	O	I	S	H	O	E	N	K
D	K	A	S	E	U	F	Y	P	A	Y
D	E	R	A	H	Y	I	R	E	M	W

### HELP TO FIND RIGHT WAY

## SMART KIDS TOYS

Good Toys. Healthy Play.

www.sktoys.com

17 East Elm St  
Greenwich, CT 06830

203-869-0022

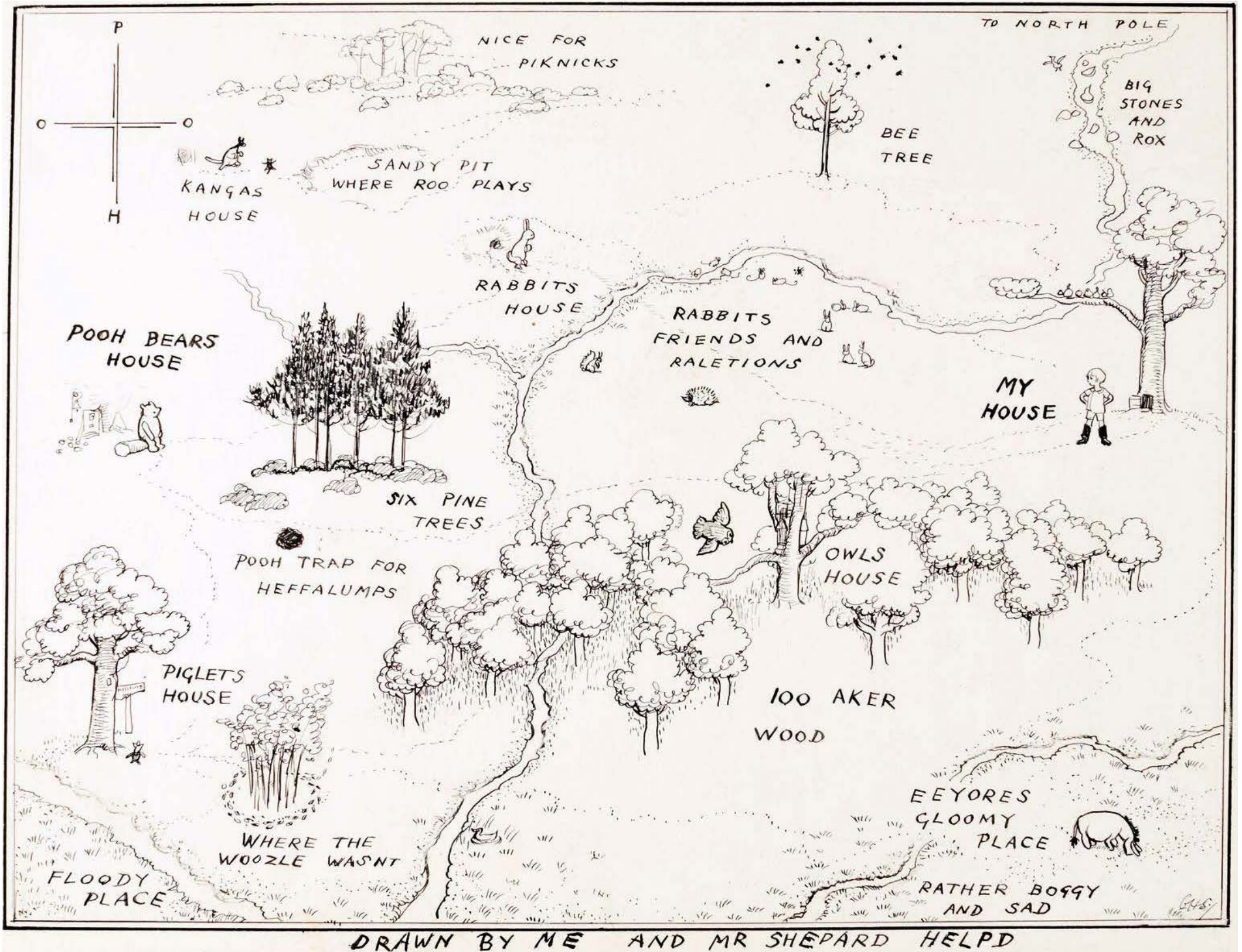
Learning Building Discovering Dreaming

LEGO, Playmobil, Corolle Dolls, Brio Trains, Bruder Trucks, Calico Critters, Puzzles, Games, Science & Nature, Infant & Toddler Toys, and so much more!!!

## CROSSWORD

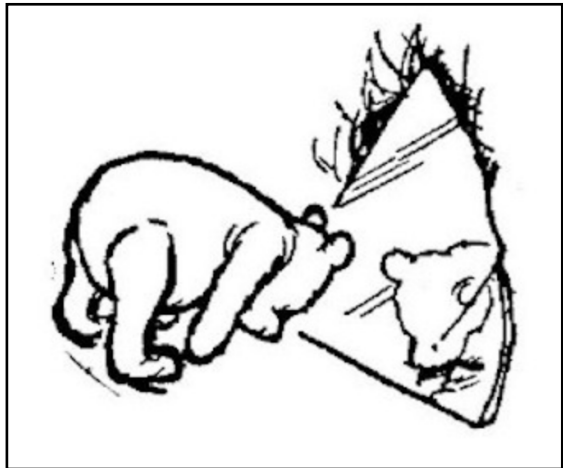


# WINNIE-THE-POOH BY A.A. MILNE



## CHAPTER II IN WHICH POOH GOES VISITING AND GETS INTO A TIGHT PLACE

Edward Bear, known to his friends as Winnie-the-Pooh, or Pooh for



short, was walking through the forest one day, humming proudly to himself. He had made up a little hum that very morning, as he was doing his Stoutness Exercises in front of the glass: Tra-la-la, tra-la-la, as he stretched up as high as he could go, and then Tra-la-la, tra-la—oh, help!—la, as he tried to reach his toes. After breakfast he had said it over and over to himself until he had learnt it off by heart, and now he was humming it right through, properly. It went like this:

Tra-la-la, tra-la-la,  
Tra-la-la, tra-la-la,  
Rum-tum-tiddle-um-tum.  
Tiddle-iddle, tiddle-iddle,  
Tiddle-iddle, tiddle-iddle,  
Rum-tum-tum-tiddle-um.



Well, he was humming this hum to himself, and walking along gaily, wondering what everybody else was doing, and what it felt like, being somebody else, when suddenly he came to a sandy bank, and in the bank was a large hole.

"Aha!" said Pooh. (Rum-tum-tiddle-um-tum.) "If I know anything about anything, that hole means Rabbit," he said, "and Rabbit means Company," he said, "and Company means Food and Listening-to-Me-Humming and such like. Rum-tum-tum-tiddle-um."

So he bent down, put his head into the hole, and called out:

"Is anybody at home?"

There was a sudden scuffling noise from inside the hole, and then silence.

"What I said was, 'Is anybody at home?'" called out Pooh very loudly.

"No!" said a voice; and then added, "You needn't shout so loud. I heard you quite well the first time."

"Bother!" said Pooh. "Isn't there anybody here at all?"

"Nobody."

Winnie-the-Pooh took his head out of the hole, and thought for a little, and he thought to himself, "There must be somebody there, because somebody must have said 'Nobody.'" So he put his head back in the hole, and said:

"Hallo, Rabbit, isn't that you?"

"No," said Rabbit, in a different sort of voice this time.

"But isn't that Rabbit's voice?"

"I don't think so," said Rabbit. "It isn't meant to be."

"Oh!" said Pooh.

He took his head out of the hole, and had another think, and then he put it back, and said:

"Well, could you very kindly tell me where Rabbit is?"

"He has gone to see his friend Pooh Bear, who is a great friend of his."

"But this is Me!" said Bear, very much surprised.

"What sort of Me?"

"Pooh Bear."

"Are you sure?" said Rabbit, still more surprised.

"Quite, quite sure," said Pooh.

"Oh, well, then, come in."



So Pooh pushed and pushed and pushed his way through the hole, and at last he got in.

"You were quite right," said Rabbit, looking at him all over. "It is you. Glad to see you."

"Who did you think it was?"

"Well, I wasn't sure. You know how it is in the Forest. One can't have anybody coming into one's house. One has to be careful. What about a mouthful of something?"

Pooh always liked a little something at eleven o'clock in the morning, and he was very glad to see Rabbit getting out the plates and mugs; and when Rabbit said, "Honey or condensed milk with your bread?" he was so excited that he said, "Both," and then, so as not to seem greedy, he added, "But don't bother about the bread, please." And for a long time after that he said nothing ... until at last, humming to himself in a rather sticky voice, he got up, shook Rabbit lovingly by the paw, and said that he must be going on.

"Must you?" said Rabbit politely.

"Well," said Pooh, "I could stay a little longer if it—if you—" and he tried very hard to look in the direction of the larder.

"As a matter of fact," said Rabbit, "I was going out myself directly."

"Oh, well, then, I'll be going on. Good-bye."



"Well, good-bye, if you're sure you won't have any more."

"Is there any more?" asked Pooh quickly.

Rabbit took the covers off the dishes, and said, "No, there wasn't."

"I thought not," said Pooh, nodding to himself. "Well, good-bye. I must be going on."



So he started to climb out of the hole. He pulled with his front paws, and pushed with his back paws, and in a little while his nose was out in the open again ... and then his ears ... and then his front paws ... and then his shoulders ... and then—

"Oh, help!" said Pooh. "I'd better go back."

"Oh, bother!" said Pooh. "I shall have to go on."

"I can't do either!" said Pooh. "Oh, help and bother!"

Now by this time Rabbit wanted to go for a walk too, and finding the front door full, he went out by the back door, and came round to Pooh, and looked at him.



"Hallo, are you stuck?" he asked. "N-no," said Pooh carelessly. "Just resting and thinking and humming to myself."

"Here, give us a paw."

Pooh Bear stretched out a paw, and Rabbit pulled and pulled and pulled....

"Ow!" cried Pooh. "You're hurting!"

"The fact is," said Rabbit, "you're

stuck."

"It all comes," said Pooh crossly, "of not having front doors big enough."

"It all comes," said Rabbit sternly, "of eating too much. I thought at the time," said Rabbit, "only I didn't like to say anything," said Rabbit, "that one of us was eating too much," said Rabbit, "and I knew it wasn't me," he said. "Well, well, I shall go and fetch Christopher Robin."

Christopher Robin lived at the other end of the Forest, and when he came back with Rabbit, and saw the front half of Pooh, he said, "Silly old Bear," in such a loving voice that everybody felt quite hopeful again.

"I was just beginning to think," said Bear, sniffing slightly, "that Rabbit might never be able to use his front door again. And I should hate that," he said.

"So should I," said Rabbit.

"Use his front door again?" said Christopher Robin. "Of course he'll use his front door again."

"Good," said Rabbit.

"If we can't pull you out, Pooh, we might push you back."

Rabbit scratched his whiskers thoughtfully, and pointed out that, when once Pooh was pushed back, he was back, and of course nobody was more glad to see Pooh than he was, still there it was, some lived in trees and some lived underground, and—

"You mean I'd never get out?" said Pooh.

"I mean," said Rabbit, "that having got so far, it seems a pity to waste it." Christopher Robin nodded.

"Then there's only one thing to be done," he said. "We shall have to wait for you to get thin again."

"How long does getting thin take?" asked Pooh anxiously.

"About a week, I should think."

"But I can't stay here for a week!"

"You can stay here all right, silly old Bear. It's getting you out which is so difficult."

"We'll read to you," said Rabbit cheerfully. "And I hope it won't snow," he added. "And I say, old fellow, you're taking up a good deal of room in my house—do you mind if I use your back legs as a towel-horse? Because, I mean, there they are—doing nothing—and it would be very convenient just to hang the towels on them."

"A week!" said Pooh gloomily. "What about meals?"

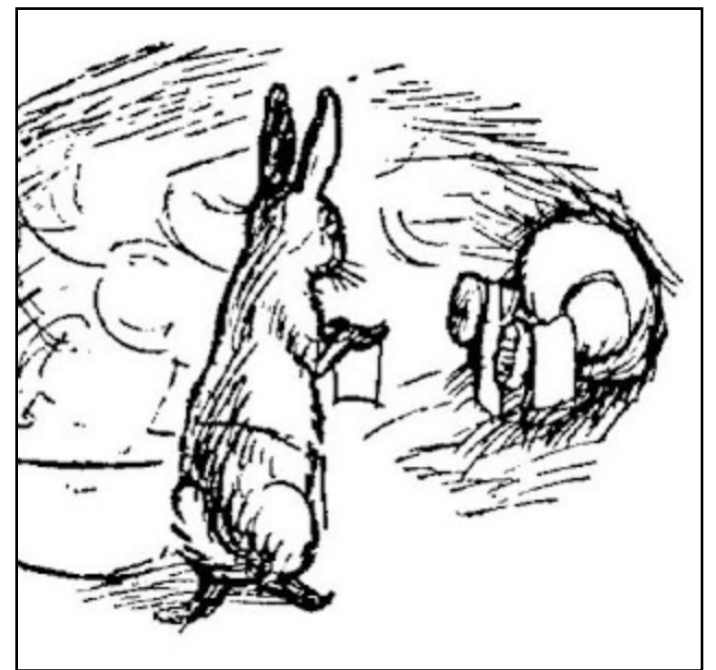
"I'm afraid no meals," said Christopher Robin, "because of getting thin quicker. But we will read to you."

Bear began to sigh, and then found he couldn't because he was so tightly stuck; and a tear rolled down his eye, as he said:

"Then would you read a Sustaining Book, such as would help and comfort a Wedged Bear in Great Tightness?"



So for a week Christopher Robin read that sort of book at the North end of Pooh, and Rabbit hung his washing on the South end ... and in between Bear felt himself getting slenderer and slenderer. And at the end of the week Christopher Robin said, "Now!"



So he took hold of Pooh's front paws and Rabbit took hold of Christopher Robin, and all Rabbit's friends and relations took hold of Rabbit, and they all pulled together....

And for a long time Pooh only said "Ow!" ...

And "Oh!" ...

And then, all of a sudden, he said "Pop!" just as if a cork were coming out of a bottle.

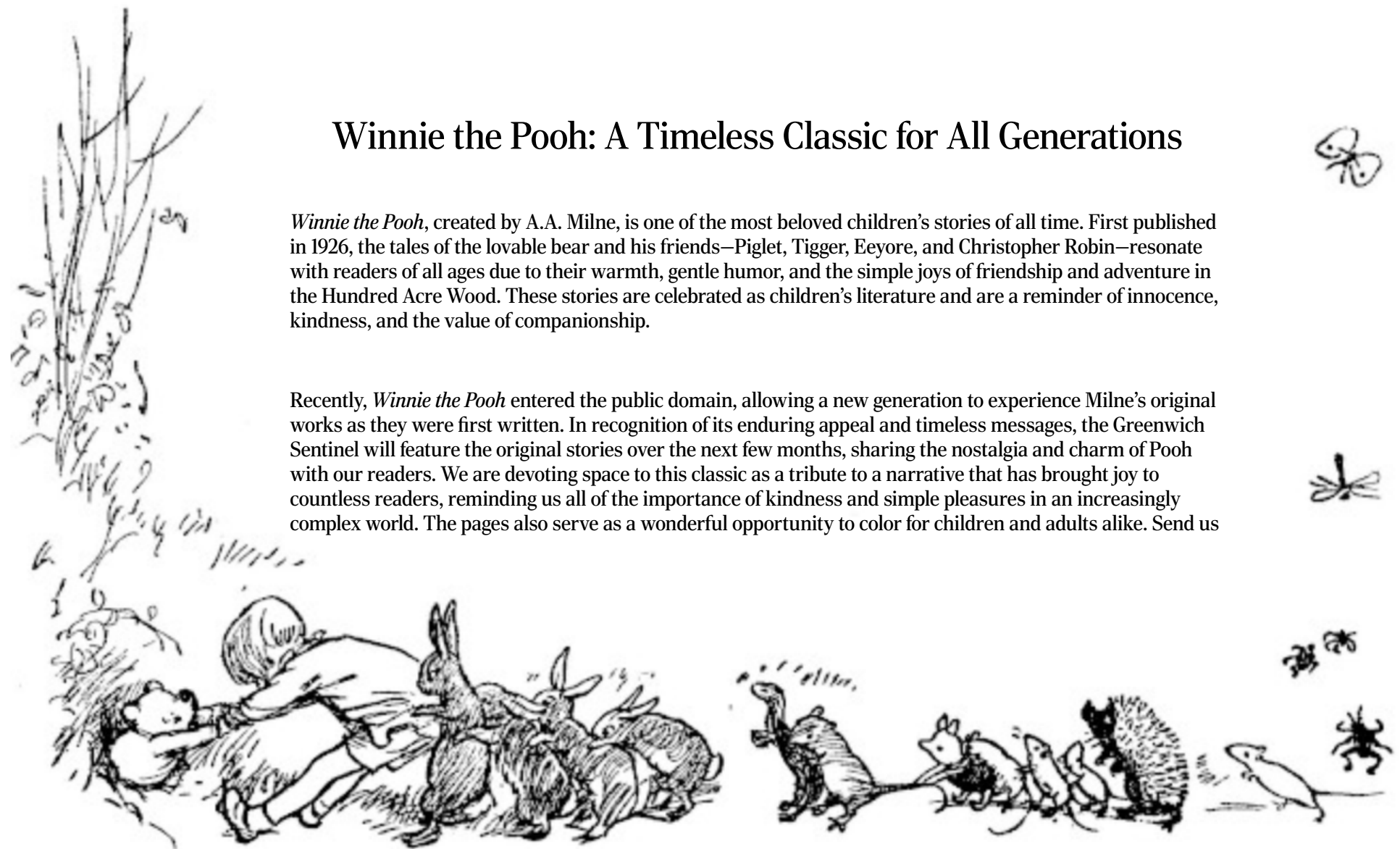
And Christopher Robin and Rabbit and all Rabbit's friends and relations went head-over-heels backwards ... and on the top of them came Winnie-the-Pooh—free!

So, with a nod of thanks to his friends, he went on with his walk through the forest, humming proudly to himself. But, Christopher Robin looked after him lovingly, and said to himself, "Silly old Bear!"

## Winnie the Pooh: A Timeless Classic for All Generations

*Winnie the Pooh*, created by A.A. Milne, is one of the most beloved children's stories of all time. First published in 1926, the tales of the lovable bear and his friends—Piglet, Tigger, Eeyore, and Christopher Robin—resonate with readers of all ages due to their warmth, gentle humor, and the simple joys of friendship and adventure in the Hundred Acre Wood. These stories are celebrated as children's literature and are a reminder of innocence, kindness, and the value of companionship.

Recently, *Winnie the Pooh* entered the public domain, allowing a new generation to experience Milne's original works as they were first written. In recognition of its enduring appeal and timeless messages, the Greenwich Sentinel will feature the original stories over the next few months, sharing the nostalgia and charm of Pooh with our readers. We are devoting space to this classic as a tribute to a narrative that has brought joy to countless readers, reminding us all of the importance of kindness and simple pleasures in an increasingly complex world. The pages also serve as a wonderful opportunity to color for children and adults alike. Send us





# Universal Crossword

Edited by Adrian Johnson

### ACROSS

- 1 Word before "club" or "fiction"
- 4 Bow ties, but not top hats
- 9 Woodsy home
- 14 "Seriously, man?!"
- 15 Up next
- 16 First lady behind the "Let's Move!" campaign
- 17 Brooding teen's assurance to a concerned parent
- 20 Flyer made for class?
- 21 Mix, as a salad
- 22 South Asian lentil dish
- 23 Respectful anagram of "sir"
- 24 Puerto Rico, por ejemplo
- 28 Earl Scruggs plucked them
- 33 Core feature of a weight-lifter's body?
- 36 It makes ryes rise
- 37 "That makes sense"
- 38 Enjoy a joint, say
- 40 Village People megahit
- 41 Let fly
- 43 Senior's special offer?
- 45 Gave lip to
- 47 "Star Trek: T.N.G." counselor

- 48 Before, poetically
  - 49 Bit of body art
  - 51 Scottish girl
  - 53 They're cast in some shows
  - 60 "You enjoying yourself?"
  - 63 Full of vim and vigor
  - 64 "Ooh, send me!"
  - 65 Celestial sphere
  - 66 Dance parts
  - 67 Stocking stuff
  - 68 Pen tip
- ### DOWN
- 1 Org. in the movie "Face/Off"
  - 2 Film, e.g.
  - 3 "Don't tell me what happens!"
  - 4 Sweetheart, in old-school parlance
  - 5 Poker stake
  - 6 Standout individual
  - 7 Spanish finger food
  - 8 Ladybug's prey
  - 9 Dress up like Spock, say
  - 10 \_\_\_ Tesfaye, aka The Weeknd
  - 11 The SEC's Crimson Tide, informally
  - 12 "It's showtime!"
  - 13 New parents' selection
  - 18 "King's Disease" rapper, 2021

- 19 Many an Egyptian
- 21 Actress Krishnan of Tamil films
- 23 Comedy show segments
- 25 Jrs. no more
- 26 Night table item
- 27 Mission-ending cry
- 29 "Time of Our Lives" singer
- 30 Jazz club get-together
- 31 Awards given since 1929
- 32 Like a rock-hard roll
- 34 Fiery sorts, astrologically
- 35 Chocolatey toffee bar
- 39 Paramore genre
- 42 Big name in wipes
- 44 Added more and more of

- 46 Top \_\_\_ Entertainment
- 50 Rapper featured on Flo Rida's "Low"
- 52 Bar member: Abbr.
- 53 That's bogus! 2008
- 54 Beyonce ballad
- 55 Tel \_\_\_
- 56 Seedy bar
- 57 Like many Christmas sweaters
- 58 Election season survey
- 59 Bouncy type of stick
- 61 Scan that can detect cancerous tissues, for short
- 62 Flow back

### PREVIOUS PUZZLE ANSWER

I	M	S	O	L	D	T	S	P	S	E	M	I
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7/22

# Universal Freestyle 82 by Kenneth Cortes

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## Astrology for Next Week

### LIBRA

**24 Sept-23 Oct** You're in the midst of a run of great good luck that will last for months. It may seem that a few little things start going wrong this week but is that really the case or could it be that your expectations have risen too high? Most likely it's the latter.

### SCORPIO

**24 Oct-22 Nov** Admitting you're wrong is never easy but there's nothing to gain by pretending a financial decision you took a few weeks ago was anything less than disastrous. In the greater scheme of things, however, it's a big deal only if you refuse to swallow your pride.

### SAGITTARIUS

**23 Nov-21 Dec** There may be no logical reason why a colleague or loved one is behaving so badly. Your ruler Jupiter's change of direction in your opposite sign warns you must expect unreasonable behaviour. But it doesn't mean you have to put up with it.

### CAPRICORN

**22 Dec-20 Jan** You've pushed yourself hard recently and your progress will bring major rewards later in the year. However, as success planet Jupiter turns retrograde you'll be offered a respite from your labours and for your health's sake you must take it.

### AQUARIUS

**21 Jan-19 Feb** Something that seemed so simple now looks incredibly complicated. Maybe you've been looking at it too long and too closely. Step back and focus on something else for a while. A wider perspective will lead to wider understanding.

### PISCES

**20 Feb-20 March** Some people get emotionally worked up over ridiculously small things. One such person will want to cry on your shoulder and, being a kind and empathetic Pisces, you'll happily let them. Just let them know that you won't always be there for them.

### ARIES

**21 March-20 April** Travel and social activities will go so well that you'll suspect a catch. It may not be clear what it is until next weekend but it won't be too painful. The solution may be to take someone with you whose company is less inspiring but more practical.

### TAURUS

**21 April-21 May** An awkward situation won't seem so awkward now Jupiter is turning retrograde. But bear in mind that Jupiter's apparent change of direction is an illusion - and you must be under no illusions that the situation can now be ignored.

### GEMINI

**22 May-21 June** Although Jupiter, planet of good fortune, turns retrograde in your sign, you won't notice much difference for a few days. But by early next week, it will be clear that in some areas you're doing too much. Do less but do it better.

### CANCER

**22 June-23 July** Don't worry if your enthusiasm wanes - it's a passing phase. Everyone has bad days and if you don't get much done early in the week you'll more than make up for it next weekend when passionate Pluto moves in your favour.

### LEO

**24 July-23 Aug** Don't let a minor setback knock you back. In all areas you're still ahead of the opposition, so stay calm and stay the course. Others may talk you down but talk is cheap and means nothing compared to your commitment and talent.

### VIRGO

**24 Aug-23 Sept** If you're happy with your life, keep doing what you're doing. But, if you're at all dissatisfied, now is the time to start thinking about what you'd most like to change. Think, but don't do - not yet. Changes that count won't happen overnight.

Discover more about yourself at [sallybrompton.com](http://sallybrompton.com)

## Family Time Crossword

The (K) Clues Are for Kids

Created by Timothy E. Parke

### ACROSS

- 1. Way out there
- 5. Back and forth, to and \_\_\_
- 8. (K) Window ledge
- 12. (K) Number of justices on the Supreme Court
- 13. (K) Did not follow
- 14. General vicinity
- 15. Ambassador's skill
- 16. (K) Hairy zoo creature
- 17. (K) \_\_\_ and found
- 18. Remind again
- 20. Minister's house
- 21. (K) Use one's eyeglasses
- 22. Like a dry desert
- 24. (K) Icy ocean
- 27. (K) Nancy Drew's pronoun
- 30. Religion associated with Haiti

- 31. (K) Moon feature
- 33. Goof
- 34. (K) One between freshman and junior
- 36. Cottonseed pod
- 37. (K) Make illegal
- 38. (K) Place for a stable horse?
- 41. (K) Not worth keeping at all
- 45. Wight or Skye
- 46. (K) Baseball card stat, sometimes
- 47. Posh party
- 48. What destiny has in store
- 49. Obi-\_\_\_ Kenobi
- 50. Excited
- 51. Tramped along
- 52. (K) Moose relative
- 53. (K) "Simple Simon \_\_\_ pieman ..." (2 words)

### DOWN

- 1. Not in favor of
- 2. Formal decree
- 3. (K) Your great-great-great-grandmother
- 4. Used tire
- 5. (K) Like an airless tire
- 6. (K) Duplicate
- 7. "\_\_\_ to Billy Joe"
- 8. (K) Pasta or Caesar meal
- 9. (K) Unwrinkle, as clothes
- 10. (K) Not as much
- 11. (K) After curfew
- 19. Deodorant type
- 20. Minute life form
- 23. (K) Wealthy
- 24. (K) Abbr. in many mail addresses
- 25. (K) "Neither rain \_\_\_ sleet ..."
- 26. (K) Good under pressure

- 27. (K) "The Flintstones" time period (2 words)
- 28. (K) \_\_\_ Royal Highness
- 29. Poet's "before"
- 32. Dental filling material
- 35. (K) Like many words that end in "s"
- 36. (K) Drip blood
- 38. Put through a sieve
- 39. Old-style name for an old-style ruler
- 40. (K) Vocal quartet member
- 42. (K) Fell in quicksand
- 43. Part of a vending machine
- 44. Long story
- 46. (K) Wool coat wearer on a farm?

Can you find the answer to this riddle within the solved puzzle?

Cure for rotating baldness?

Look for the answer in next week's paper.

1	2	3	4	5	6	7	8	9	10	11	
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51				52				53			

Previous riddle answer: Remains in the movie theater? 42-D) STUB

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## 7 LITTLE WORDS

Find the 7 words to match the 7 clues. The numbers in parentheses represent the number of letters in each solution. Each letter combination can be used only once, but all letter combinations will be necessary to complete the puzzle.

### CLUES

- 1 evasive (6)
- 2 more gaunt (7)
- 3 sounding like a hungry belly (8)
- 4 without any detours (8)
- 5 marionettes (7)
- 6 Canadian sprinter De Grasse (5)
- 7 your parents' children (8)

### SOLUTIONS

SHI	LY	RUM	LA	ING
ER	TS	NGS	PUP	SI
PE	RE	RE	BL	NKI
DI	BLI	FTY	AND	CT

Previous Answers: 1. UNWISE 2. CYCLICAL 3. TRANSPARENT 4. GERONTOLOGY 5. LEMONADE 6. MYTH 7. DESCARTES 8/4

The answers to this week's puzzles can be found in next week's issue.

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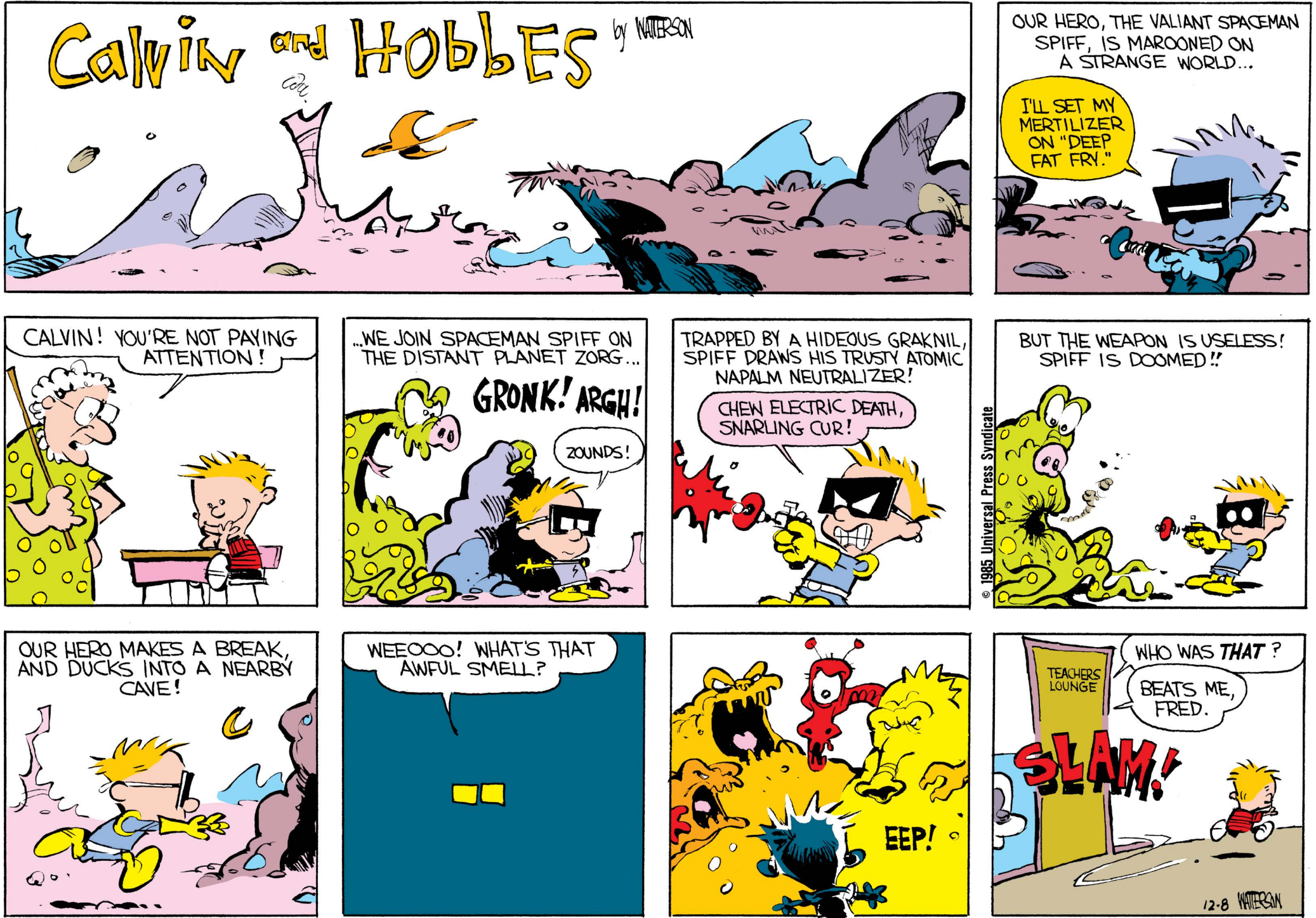
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# EDUCATION

From the Sentinel Foundation: the educational page for our readers.



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## COLUMN | WILDLY SUCCESSFUL: THE PRONGHORN

# A CREATURE THAT PRACTICALLY HAS SUPERPOWERS!

By JIM KNOX

We had passed beneath the iconic Roosevelt Arch into the North Entrance of Yellowstone National Park just moments before. Our gaze was filled with open vistas beyond. Brimming with unbridled wonder, our minds conjured images of world-famous wildlife around each bend of the park's gentle switchback road and pristine wilderness awaiting us over the horizon. Yet, we didn't have to climb the first foothill to experience the park. "The park" stood before us, in the form of a small herd of creatures standing peacefully 150 yards to the south. Alternating between scanning and grazing, the delicate looking cream and tan animals commanded our rapt attention—14 pairs of eyes locked on the small band.

The Pronghorn, (*Antilocapra americana*) sometimes referred to as the Pronghorn Antelope or Prongbuck, is a creature which eludes convention. While its scientific name means the American antelope goat, it is neither antelope nor goat, yet it is certainly an American original. A holdover from the Pleistocene, the Pronghorn possesses features of its antelope and goat cousins, as well as deer. Yet its closest living relatives are actually the Okapi and giraffe species. This uniqueness confers special abilities akin to animal superpowers.

At three feet at the shoulder and weights averaging 125 pounds, these slender herbivores appear delicate and deer-like. Despite this similarity, they are utterly unique. Pronghorn hold the distinction of being the world's only mammals which shed their horns. Females and males alike sport the horns, which form as cemented hairs. While females grow small spikes, Males can grow the blackish horns to a length of more than 1 foot. This defensive adaptation enables Pronghorn bucks to spar to demonstrate fitness to the does during



The Pronghorn

*Brimming with unbridled wonder, our minds conjured images of world-famous wildlife around each bend of the park's gentle switchback road and pristine wilderness*

courtship, and to protect themselves and their fawns from predators.

Sporting slim bodies with long slender legs, coupled with white hairs on their bellies, lower flanks, necks, and rumps, and tan hair on their legs, upper flanks, backs, and napes, Pronghorns are conspicuous. With prominent bands of black hair beneath their jaws, on their noses and along their brow ridge, these hoofed creatures seem to pose for the lens.

Pronghorn are not simply swift, they are among the planet's fastest land mammals. A mere stride or two behind Africa's 70-mile-per-hour-world-record-

holding Cheetah, North America's Pronghorn blazes across prairies, scrublands, and deserts at an astonishing 61-miles-per-hour! What's more, while the Cheetah is a sprinter, the long-distance Pronghorn can maintain elevated speeds of more than 40 miles per hour (as fast as a racehorse) for miles! A closer look reveals the mechanics behind super speed and adaptations for a life on the run honed over countless generations.

As the only surviving member of the Antilocapridae Family, Pronghorn have carried a host of elite high-speed adaptations forward since the Pleistocene. Their finely pointed and cushioned hooves

grip the ground and absorb the shocks of impacts to their frame as they course over hardened uneven terrain. Their enlarged lungs cycle increased oxygen flow, bringing highly oxygenated blood to their enlarged hearts, which in turn pump blood more rapidly throughout their fleet frames. Lack of a collarbone affords them greater range of limb motion and stride length—up to 20 feet per stride! This unique anatomy also improves running efficiency and enables more rapid striding. Truly born to run, Pronghorn fawns can outrun even the fastest humans less than two days after they are born! Other than an occasional Mountain lion, healthy

adults have no natural predators.

Yet, there is more to these ice age survivors than mere speed alone. Possessing keen eyesight, the largest eyes of any of North America's hoofed mammals for their body size, and prominent eye placement which affords them a sweeping 300 degrees of vision, Pronghorn can detect movement more than 4 miles away! Their vision superpower couples with their early warning system—brilliant white rump hairs which raise to signal danger as a "hair flash." In this way, Pronghorn detect warning, give warning, and make tracks, putting a healthy distance between the herd and potential predators.

With hollow hairs which insulate them from deadly temperature extremes ranging from 50 below zero to a deadly 130 degrees above, Pronghorn are as hardy as they come. As the one of the only animals of the American West capable of eating Sage—and even poisonous Paper Flower and Woolly Senecio—Pronghorn survive in ranges where other wildlife would perish!

Demonstrating nature's version of superpowers, Pronghorn inspire us with their sensory abilities, extraordinary swiftness, and beauty. In a world where we are increasingly called upon to utilize our own special abilities to navigate ever more challenging landscapes, the Pronghorn serves us well as our guide. Banding together to enhance vigilance, they stand as one and remain ahead of danger. Yet, when they encounter obstacles, they invariably take them "in stride."

*Jim Knox serves as the Curator of Education for Connecticut's Beardsley Zoo and as a Science Adviser for The Bruce Museum. His passions include studying our planet's rarest creatures and sharing his work with others who love the natural world.*

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# Blessing of the Animals

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We look forward to meeting you and your pets!

Bring a stuffed animal or a photo if your pet doesn't travel well or doesn't play well with others.

Visit [fpcnc.org](http://fpcnc.org) or call us at 203-966-0002 ext 1



# New Canaan Community Foundation Fall Programs: Apply or Nominate!

By KARLIE REITANO

New Canaan Community Foundation is kicking off its fall programs with exciting opportunities for students, nonprofits, and volunteers.

**Here's how you can get involved:**

## Young Philanthropists Program - Applications Due October 6th

Do you know a high school student passionate about making a difference in their community? NCCF's Young Philanthropists Program provides students with hands-on experience in civic engagement, fundraising, volunteering, and the nonprofit world. Through a monthly curriculum, students will learn how local nonprofits address community needs and participate in a grantmaking process. Applications for the 2024-2025 program are open until October

6th. For more information, contact Meg Soffen at [msoffen@newcanaancf.org](mailto:msoffen@newcanaancf.org), or visit: [newcanaancf.org/young-philanthropists-program](http://newcanaancf.org/young-philanthropists-program)

## 2025 Main Grant Cycle - Letters of Inquiry Due October 18th

Nonprofit organizations serving New Canaan and Lower Fairfield County are encouraged to submit Letters of Inquiry for NCCF's 2025 Main Grant Cycle. NCCF prioritizes funding that supports quality-of-life initiatives, especially those addressing high-need areas. This year, NCCF has simplified the grant application process, and applicants are invited to attend an Info Session to learn about the changes on September 23rd. The deadline for Letters of Inquiry is October 18th at 11:59 p.m. Additional resources are available at [newcanaancf.org/apply-grants](http://newcanaancf.org/apply-grants).

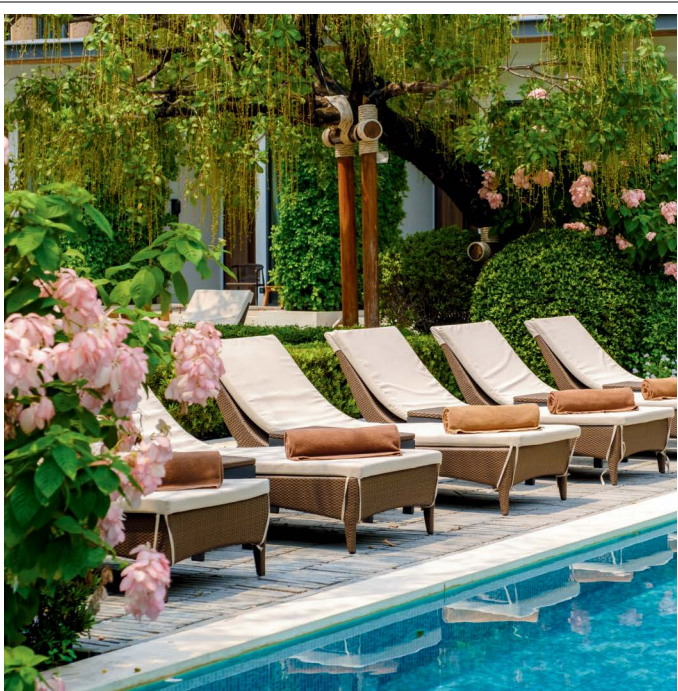
## Volunteer Recognition Awards - Nominations Due October 16th

NCCF is also accepting nominations for its annual Volunteer Recognition Awards. These awards honor individuals and groups who have gone above and beyond in their service to the New Canaan community. Categories include Rookie of the Year, MVP, Hall of Fame, and more. Nominations are open until October 16th, with the awards ceremony taking place on November 20th at Town Hall, followed by a reception at Pesca. To nominate someone or for more information, reach out to Kim Herr at [kherr@newcanaancf.org](mailto:kherr@newcanaancf.org) or visit: [newcanaancf.org/whats-happening/volunteer-recognition-awards-nominations-are-open](http://newcanaancf.org/whats-happening/volunteer-recognition-awards-nominations-are-open)

To learn more or get involved in these programs, visit [newcanaancf.org](http://newcanaancf.org).



New Canaan Community Foundation Grant Awards & featured Grant Recipients from last year's Awards.



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## NEW CANAAN BASEBALL

### NEW TURF STADIUM AT COPPO FIELD



New Canaan Baseball and the New Canaan Athletic Foundation are raising funds for the planned construction of a new turf baseball stadium at Coppo Field in Waveny Park. Construction is planned to commence in September 2024 with completion slated for opening day in the Spring of 2025. The field will be fully turfed and serve our youth, middle school and high school baseball programs. The new field will be a critical and much needed addition to our baseball infrastructure and will increase New Canaan's athletic turf footprint by close to 30%.

- Home of Bitty Rams Tee-Ball
- Home of Kindergarten and 1st Grade baseball
- Optionality for 46/60 and 50/70 play
- Practice space across all ages and divisions
- Middle-school baseball programming
- Home of the New Canaan Varsity Rams

### Master Plans



Site Plans



Press Box and Grandstands



Home Dugout - Field View

### Phase 1 Plans



Site Plans



Field View



Home Dugout - Field Side



**\$1,000,000**

- "Family Name" Stadium at Coppo Field
- NCAF recognition at Dunning donor wall
- Tiered-level plaque recognition at field
- Brick recognition at field

### Donor Campaign

*Leave a Legacy*

**\$500,000**

- "Family Name" Home Dugout, or "Family Name" Away Dugout
- NCAF recognition at Dunning donor wall
- Tiered-level plaque recognition at field
- Brick recognition at field

**\$250,000**

- "Family Name" Home Bullpen, or "Family Name" Away Bullpen, or "Family Name" Batting Cage
- NCAF recognition at Dunning donor wall
- Tiered-level plaque recognition at field
- Brick recognition at field

**\$100,000**

- Brick backstop name recognition
- NCAF recognition at Dunning donor wall
- Tiered-level plaque recognition at field
- Brick recognition at field

**\$50,000**

- Dugout bench name recognition
- NCAF recognition at Dunning donor wall
- Tiered-level donor plaque recognition at field
- Brick recognition at field

**\$25,000**

- NCAF recognition at Dunning donor wall
- Tiered-level donor plaque recognition at field
- Brick recognition at field

**\$5,000**

- Brick recognition at field

**\$1,000**

- Friends of NC Baseball and NCAF

Checks should be made payable to New Canaan Athletic Foundation and mailed to:

NCAF, P.O. Box 932, New Canaan, CT 06840

<https://newcanaanaf.org/guide-to-give/>

NCAF is a 501 (c) (3) tax-exempt, publicly supported organization; contributions are fully deductible to the extent permitted by law.

Follow our social media for project updates:

**@NEWCANAAN\_BASEBALL**

Thank you for supporting New Canaan Baseball



# REAL ESTATE DASHBOARD

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## FEATURED OPEN HOUSES

Get Your Open Houses Into the MLS by Wednesday at Noon for a Listing Here

Address	Price	Day	Time	Broker
180 Farm Road	\$1,295,000	SAT	1:00PM-3:00PM	Douglas Elliman
23 Benedict Hill Road	\$2,950,000	SAT	1:00PM-3:00PM	Douglas Elliman
49 Cross Ridge Road	\$3,995,000	SAT	1:00PM-3:00PM	Douglas Elliman
277 S. Bald Hill Road	\$1,445,000	SUN	2:00PM-4:00PM	William Raveis
166 Forest Street #166	\$1,495,000	SUN	1:00PM-3:00PM	Higgins Group
1421 Oenoke Ridge	\$3,999,999	SUN	2:30PM-4:30PM	William Raveis

## NEW LISTINGS

Address	List Price	SqFt	Price/SqFt	AC	BR	FB
238 Smith Ridge Road	\$999,000	1,351	\$739.45	1.16	3	2
312 Elm Street #41	\$1,325,000	2,457	\$539.28		3	2
400 White Oak Shade Rd	\$3,299,000	7,529	\$438.17	1.40	4	4
375 West Road	\$4,495,000	10,480	\$428.91	2.01	6	6

## NEW SALES

Address	Original List	List Price	Sold Price	DOM	BR	FB	Acres
243 White Oak Shade Road	\$2,195,000	\$2,195,000	\$2,149,000	10	4	4	2.48

# Where We Are, Nine Months Into the Year



By JOHN ENGEL

It is October and that means it's time to paint a picture of the Fairfield County real estate market through 9 months. I'll compare New Canaan with peers Darien and Westport and include large-market Stamford as a contrasting baseline.

**Median Sales Price - All Property Types** - New Canaan (\$1.973m) is up year over year +6.1% with Darien (\$1.962) up

+4.5%. Expect 5% annual inflation in our housing market for the next few years, about equal with rates, as supply remains constrained. Westport is down this year -4.7%, about \$100,000 from a high of \$2.1 this time last year. Stamford, with a median of \$690,000 is up +19% from this time last year illustrating continued resilience in markets below \$1 million. Below \$1 million there are 3 houses for sale in Darien, 3 in New Canaan and 1 in Westport.

**Median Sales Price - Single Family Only** - When we remove condominiums New Canaan (\$2.359m) median price rises substantially +16.2%. Darien (\$2.025m), has far fewer condos and the increase of +5.9% reflects that. Westport houses

(\$2.215m) rose +3.0% and the Stamford (\$875k) single-family market rose +7.1% since last year. Darien had a big month, 20 house sales with a median and average over \$3 million while New Canaan lagged with only 5 house sales in September showing a median of \$1.6 and an average of \$2.0. Westport had a typical month of 24 sales with median and average coming in just over \$2 million. What this tells me is that the steadily decreasing inventory in these three markets, Darien, New Canaan, and Westport continues to move along in tandem. Customers for one are typically a customer for all three.

**Median Price Per Foot - All Property Types** - All four markets showed an

## ISLAND POWER UNIT VOTED AT NORWALK

**Zone Board Approves Manresa Project 3 to 1 at Meeting in Home of Chairman**

**OBJECTORS ARE 'SHOCKED'**

**Fight Will Be Taken to Court in Move to Block Building of Plant in Residential Area**

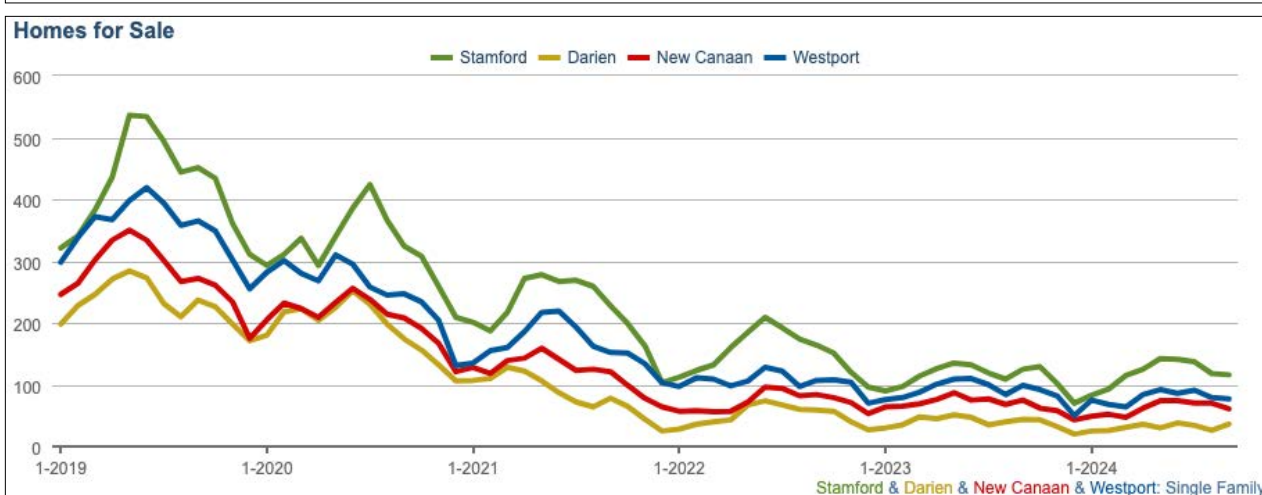
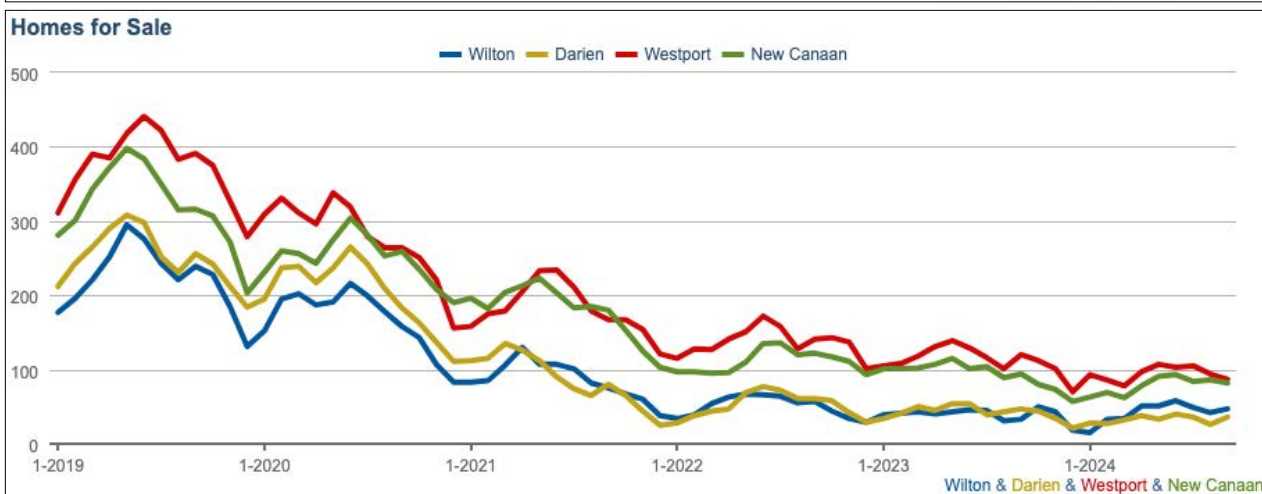
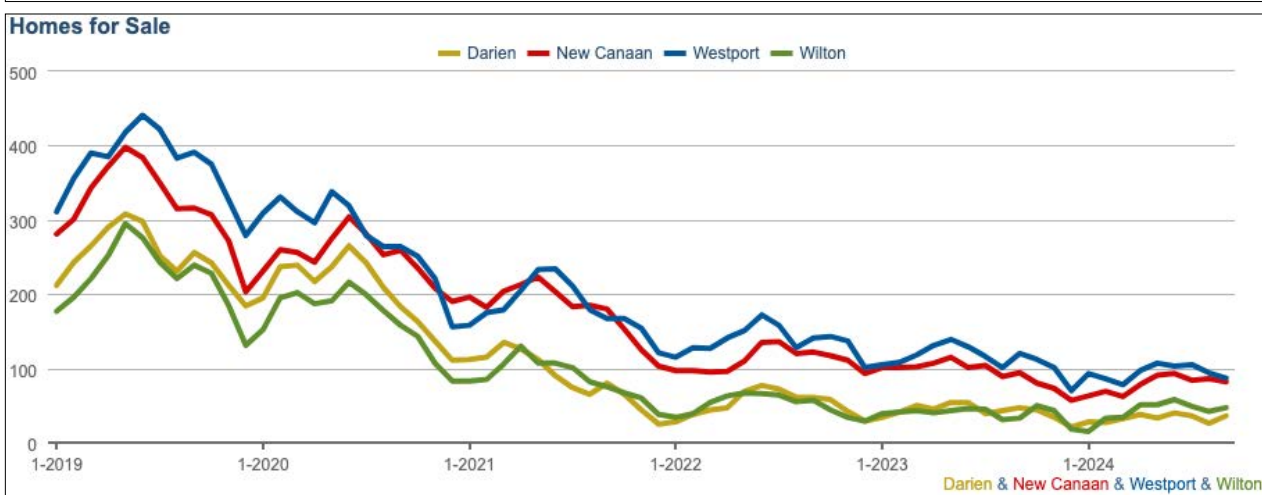
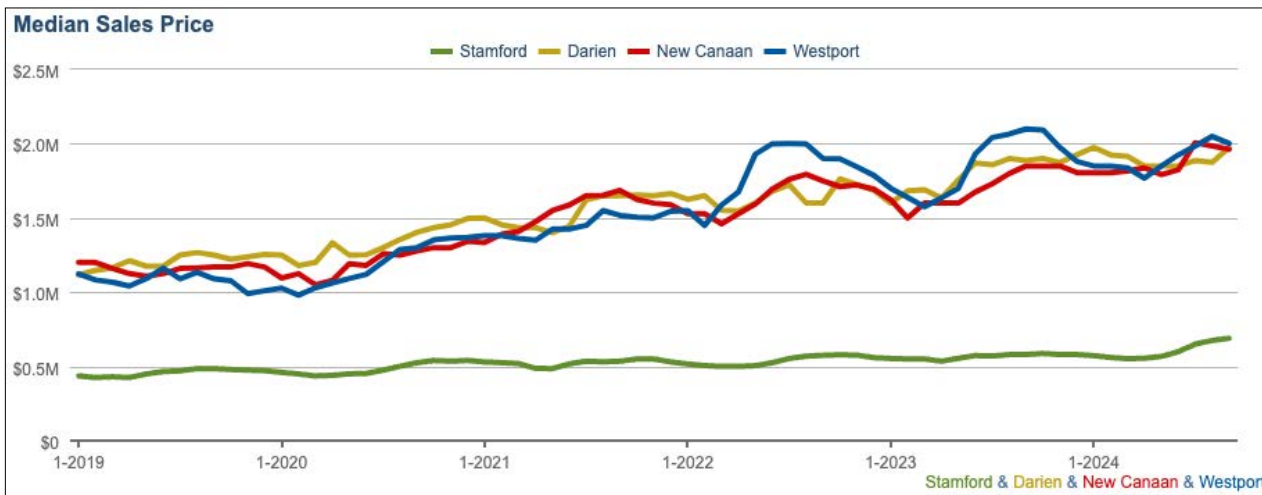
Special to THE NEW YORK TIMES.

**NORWALK, Conn., Jan. 19—**The Zoning Commission here announced today that it had approved, by a vote of three to one, a petition of the Connecticut Light and Power Company to erect a \$20,000,000 steam power plant on Manresa Island, former retreat of the Roman Catholic order of the Society of Jesus. One member of the five-member commission, who had been unable to attend a public hearing on Dec. 11, did not vote.

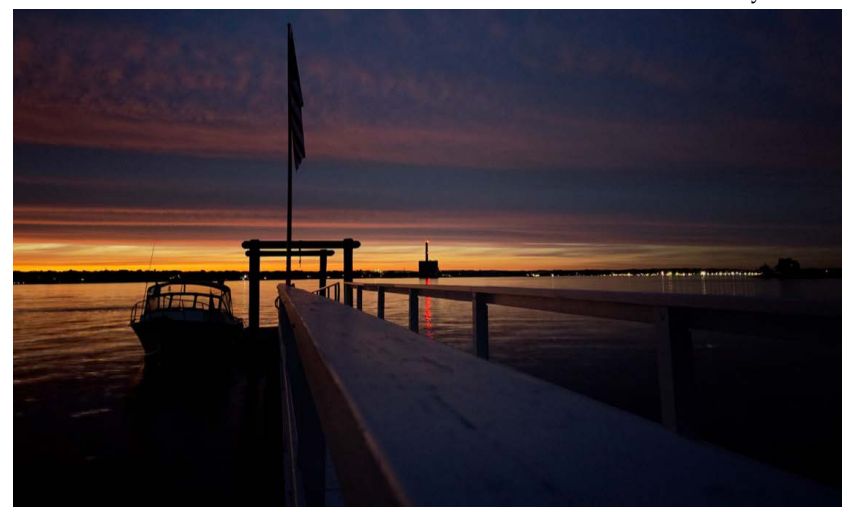
This newspaper clipping from 1953 shows development there has been controversial for a long time.

Norwalk power plant sitting on 125-acres of ecologically delicate shoreline, known as Manresa Island. Would the steady drumbeat of development win out over the Norwalk communities desire to make this a public space. A year ago I met with some of the activists who were trying to protect a small part of the site from mixed use development including a marina and condominiums. Connecticut has a housing crisis and a deepening energy crisis and both interests saw potential in this site. Today the New York Times announced that a local couple, Austin and Allison McChord, have purchased the site for \$40 million, will clean it up for another \$80 million, and then donate what is almost 2 miles of shoreline as a public park. This is a best-case scenario. In the past year the town of Darien has saved Great Island. New Canaan has restored the Bristow Bird Sanctuary. And, now we and Norwalk are getting the gift of Manresa.

**How will the port strike affect home prices?** 36 ports on the East Coast and Gulf of Mexico closed Tuesday morning. It will affect real estate. The market hates uncertainty and supply-chain disruption has both a direct and indirect effect on home prices. Building materials such as lumber and furniture are directly affected.



Street Address	Town	Rooms	Beds	Baths	SFABvg	Acres	Built	Listed	\$/SqFt	Orig L Price	S%Asmt	L%Asmt	LP	CDOM	DOM	%OLP
10 Greenwood Ave.	Darien	5	2	1(1/0)	1,426	0.20	1940	09/22/2024	\$438.29	\$625,000		191%	\$625,000	1	1	100%
84 Old Kings Hwy. S.	Darien	7	4	2(2/0)	1,408	0.32	1925	09/26/2024	\$546.16	\$769,000		171%	\$769,000	5	5	100%
30 Cherry St.	Darien	8	3	2(2/0)	1,432	0.14	1951	07/23/2024	\$627.79	\$949,000		166%	\$899,000	68	68	95%
133 Jelliff Mill Rd.	New Canaan	6	3	1(1/0)	1,204	0.54	1953	08/31/2024	\$663.62	\$799,000		141%	\$799,000	31	31	100%
127 River St.	New Canaan	7	4	3(3/0)	2,009	0.17	1928	08/31/2024	\$472.37	\$999,000		149%	\$949,000	28	28	95%
238 Smith Ridge Rd.	New Canaan	6	3	2(2/0)	1,351	1.16	1927	09/25/2024	\$739.45	\$999,000		149%	\$999,000	6	6	100%
4 Heritage Ct.	Westport	6	3	3(2/1)	1,898	0.26	1987	08/29/2024	\$474.18	\$900,000		218%	\$900,000	33	33	100%



Manresa Power Plant at night is a 2 mile dark stretch of coastline.

increase in the price per square foot this month, and for the rolling 3 month, 6 month and 12 month averages. The results are pretty consistent, flat until mid 2021 and rising steadily ever since. In the past year, across all property types, Darien (\$635), up 10.1% remains \$100 per square foot more expensive than New Canaan (\$534) or Westport (\$533), up +5.3% and 7.5% respectively.

**Homes for Sale - All Property Types**

- Once again we see a decline year over year in the number of homes available in each town, with one glaring exception. New Canaan has 82, down -12.8%, Westport 87, down 27.5%, Stamford 205, down -10.9%, and Darien has 36 for sale, down -23.5%. The surprise is Wilton with 47 homes for sale, a +42.4% increase from a year ago. What happened? Did a large condo project come online? No, Wilton has 4 condos for sale, down from 5 a year ago. The 43 single family homes for sale in Wilton is above last September's mark of 28, but consistent with last October's high of 47. Wilton seems to show peak inventory in October, whereas in New Canaan the months of peak inventory are May and June with 74.

**Breaking News - Manresa Island**

- Electricity costs are way up. That's not news. I read that in the New Canaan Sentinel. Several decommissioned nuclear power plants are being re-commissioned. Also, not news. But it caused me to wonder what would happen to the decommissioned

Indirectly (we saw during covid) that supply-chain disruption shows up as inflation and inflation influences Fed policy and mortgage rates follow. Simply put, even a short port strike could have an adverse effect on the Spring real estate market.

**Notes From the Monday Meeting:** This week my team is bringing on a condo in Greenwich for \$800,000, a house in New Canaan for \$1.295 and a house in North Stamford for \$2 million. Why list in the Fall market? In one case the owner got a good deal on something he wants to buy down south. Another is an estate sale and the kids all live somewhere else. The third property is an investment decision: the rental income is no longer worth the time spent managing the property. In a fourth case, health has delayed listing till Spring, and in a fifth case the family's accountant wants an opinion of value so he can render an opinion. There are as many reasons to buy and to sell as there are houses. One good thing about this cycle in the market, favoring sellers, is liquidity and efficiency. Most of us can find a willing buyer relatively soon after listing.

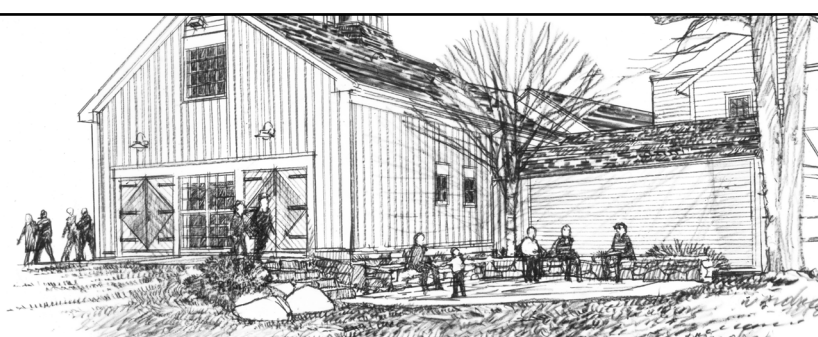
*John Engel, a broker with the Engel Team at Douglas Elliman, spotted an actor at his open house last weekend, a family moving from L.A. "for the schools." It's always been more common to spot a celebrity in Greenwich or Westport, not so much in New Canaan or Darien. The rare celebrities who find their way here pick this town specifically because we're so sleepy. We are the kind of people who say, "Should I have known who that was?" Paul Simon told our Rotary Club that he liked that quality about New Canaan, a regular picking through the bins at Gramophone Records.*

Submit questions and comments to John.Engel@Elliman.com



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grace farms foundation

9th anniversary benefit

Monday, October 21, 2024, 6 pm

featuring **London Philharmonic Orchestra**

a picturesque evening of music and celebration

enjoy an enchanting performance by a chamber ensemble of 31 musicians of London Philharmonic Orchestra, conducted by LPO 2023/24 Fellow Conductor Luis Castillo-Briceño



for tickets, sponsorships, and donations scan QR code or visit us online at [gracefarms.org](https://gracefarms.org)

365 Lukes Wood Road New Canaan, CT



## STAR to Host Premiere of “Rising Hope”

BY FATOU NIANG

Stand Together Against Racism (S.T.A.R.) is thrilled to host the Connecticut premiere of the critically acclaimed documentary *Rising Hope*. Directed by New Canaan-raised Theo Avgerinos. The film will be screened at The Playhouse Cinema Lab on Tuesday, October 29, with showings at

5:15 p.m. and 7:30 p.m. Each screening will be followed by a live Q&A with Avgerinos and participants featured in the film and film-goers are invited to continue the discussion at the theater’s upstairs bar.

“The relationship with Shaw, Mississippi started from a New Canaan youth mission

*This premiere is particularly meaningful for Avgerinos, a 1996 graduate of New Canaan High School, who first began his journey into filmmaking while a student there.*

Group to document their 2000 trip to Indianola, Mississippi. The people and stories he encountered had a lasting impact on him, inspiring him to return to the Mississippi Delta in 2017, joining the Youth Group on their annual mission trip that year. Initially focused on the Youth Group’s volunteer work in Shaw, Mississippi, the project expanded to profile the community and the history that shaped the Delta, exploring themes that resonated beyond that individual trip, and reflecting a broader American story.

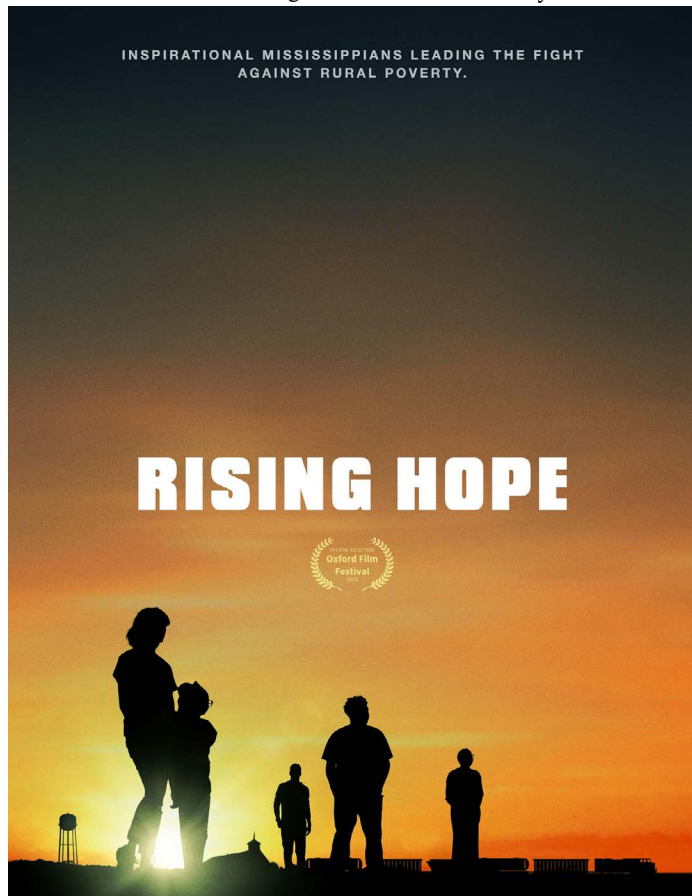
**Event Details:**

**What: Connecticut Premiere of *Rising Hope* with live Q&A with director and cast, reception in between screenings (cash bar)**

**When: Tuesday, October 29 – Two Showings, 5:15 p.m. and 7:30 p.m.**

**Where: Cinema Lab The Playhouse, 93 Elm Street**

**Tickets: Available for purchase through S.T.A.R. <https://www.eventbrite.com/e/documentary-film-premiere-registration-1007294293347>**



trip to the Delta. *Rising Hope* is a powerful visual expression of what hope, building community and friendship looks like” says Fatou Niang, Founder and CEO of STAR.

*Rising Hope* has already garnered multiple prestigious awards, including Best Documentary at the LightReel Film Festival in Washington, D.C., and both the Audience Award and Best Mississippi Film at the Oxford Film Festival. The film delivers a powerful exploration of resilience and hope amid systemic challenges in the economically devastated Mississippi Delta.

“This is more than just a documentary—it’s a testament to the enduring human spirit in the face of historical and social inequities,” says Avgerinos, whose filmmaking roots trace back to his time at New Canaan

High School.

S.T.A.R. invites the community to join this powerful event, which not only celebrates an extraordinary film but also opens the door to critical conversations about race relations and activism. Attendees will have an unforgettable experience, pairing beautiful storytelling with a pressing call to action.

Tickets for the event can be purchased through S.T.A.R. here.

**About the Documentary**

Featuring intimate testimonials, *Rising Hope* spotlights the lives of community leaders—youth ministers, first-generation college students, and nonprofit advocates—who are breaking the cycle of poverty and igniting hope in one of the nation’s most

underserved regions. The film was created over six years with the collaboration of Academy Award-winning producer Lynn Appelle and Emmy Award-winning composer Alex Wurman.

Though the film is set in the Mississippi Delta, its themes of resilience, community action, and the power of hope transcend regional borders. “The message resonates across the country, urging viewers to reflect on how we can all be part of the change within our communities,” Avgerinos adds.

This premiere is particularly meaningful for Avgerinos, a 1996 graduate of New Canaan High School, who first began his journey into filmmaking while a student there. In his senior college year, Theo joined the New Canaan Congregational Church Youth

## Folks Songs Through The Ages

*Folks Songs through the ages*  
Performed by Grammy-Nominated Vocalist  
Ryland Angel on October 19, 2024

Grammy-nominated vocalist Ryland Angel, accompanied by St. Mark’s Director of Music Ministries, Ned Tipton, will present a recital titled *Folk Songs through the ages*, featuring songs of the great Scottish lyricist and poet Robert Burns (a sampling of his enormous output of over 550 songs and poems), Irish, English, French, and American folk song in arrangements of Benjamin Britten, and others – from the Middle Ages to our day.

Saturday, October 19, 2024, 5pm, in the soaring mid-century modern St. Mark’s Episcopal Church, 111 Oenoke Ridge, New Canaan, CT.

British vocalist Ryland Angel has built an international reputation on both the opera and concert stage, in repertoire ranging from the Baroque to new operatic commissions at major opera houses, concert

halls and festivals throughout Europe and the U.S. Mr. Angel has sung on more than 80 recordings, including the music of Buxtehude, Charpentier, Scarlatti, Stradella, Spears, O’Reagan, Handel, Monteverdi, Purcell and Bach, and on the film soundtracks of *Jack Reacher*, *Zoolander 2*, *Freedom*, *Le Petit Prince* and the PBS TV special *Heavenly Voices*, to name just a few. Recent creations include *Tesla*, *Fantini Futuro*, *The Call*, *Including Words* and *The Chant Project*.

American keyboardist and conductor Ned Tipton is Director of Music Ministries at St. Mark’s, and came to New Canaan after seven years at St. John’s Cathedral, Los Angeles; preceded by twenty-one years as Director of Music at the American Cathedral in Paris. Mr. Tipton has performed and conducted throughout the U.S. and Europe.

The program is presented by the Friends of Music at St. Mark’s, New Canaan, CT.

General tickets \$30 (\$35 at the door) / Students \$5 – available here. A light reception follows.



St. Mark’s  
NEW CANAAN  
Friends of Music  
presents **Ryland Angel, tenor,**  
& **Ned Tipton, piano** *Folk Songs through the Ages*

OCTOBER 19, SATURDAY, 5PM

General Tickets \$30 (\$35 at the door) / Students \$5 available by scanning the QR code or at the door.

This recital will feature songs of the great Scottish lyricist and poet Robert Burns (a sampling of his enormous output of over 550 songs and poems), folk song arrangements of Benjamin Britten, and others – from the Middle Ages to our day.



A light reception will follow.