

LOCAL NEWS BRIEFING

POLICE AND FIRE

Free Home Fire Safety Assessments

New Canaan's Fire Marshal's Office and Fire Co. #1 are offering free one-hour home fire safety assessments. Fire Marshal Paul Payne and a firefighter will walk through attics, basements, garages, and outbuildings while reviewing detectors, escape plans, and other key safety measures. Residents can schedule an appointment by calling (203) 594-3030 or emailing donna.hutter@newcanaanct.gov.

NC Police Earn E-Bike Recognition

The Connecticut Metro Council of Governments recognized New Canaan Police for community outreach on e-bike safety, with new state laws taking effect October 1. Rules include a minimum age of 16 for Class 3 e-bikes, licensing and insurance for certain motor-driven cycles, mandatory helmet use, and required lights and reflectors at night. Local ordinances prohibit e-bikes on sidewalks in business zones, park trails, and the Merritt Parkway.

TOWN HALL

Hazardous Waste Collection Day

New Canaan will host Household Hazardous Waste Collection Day on September 27 from 8 am to 2 pm at the Transfer Station, with proof of residency required. Hazardous waste includes items labeled poisonous, corrosive, toxic, flammable, or reactive. Accepted materials and guidelines are available at newcanaan.info or by calling (203) 594-3054. Photo credit: Planet New Canaan.

See flyer on Page 8.

Shred Day

New Canaan will hold shred day on September 20 from 8 am to 1 pm at the Transfer Station. Residents can bring documents for shredding, but three-ring binders, metal clips, computer media, and plastic covers are not accepted.

BOE Accepts Cookie Program Donation

The Board of Education voted to accept a \$25,000 donation from the New Canaan Community Foundation to support students in the "cookie program," which provides funding for those on the free and reduced lunch list to purchase additional food.

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Community Mosaic Mural at Library

By JOHN KRIZ



A small painting depicting what the much larger mosaic mural will look like.

Photo by John Kriz.

In true community fashion, dozens of young and old New Canaan 'volunteer artists' gathered late last week and over the weekend in New Canaan Library https://www.newcanaanlibrary.org to help create a mosaic mural, soon to be installed under the balcony in the library's Cioffi Family Living Room. This project has been made possible by a generous grant from the Horizon Foundation. According to the library, "This large-scale work of art will engage visitors and reflect the Library's place as a haven for wonder, reflection, and timeless exploration for years to come."

Artist couple Joanne and Bruce Hunter, owners of Art Spot https://www.artspotinfo.com in Danbury are leading the effort, and were instrumental in helping the library bring its vision of a true community-built art piece to fruition.

The 8x9 foot artwork depicting a slightly abstract forest scene is comprised of about 35 colors of glazed tiles like those found in a bathroom. All the tiles (called tesserae) are custom cut by the 'volunteer artists' and glued in



Artists Joanne Hunter (left, in apron) and Bruce Hunter (white shirt) work with 'volunteer artists' to precision cut and glue the many tesserae that will become the community-created mosaic mural. Photo by John Kriz.

So this particular image appealed to them because it's very calming, and yet there's a lot of movement in this.

place on six boards according to a pattern designed by the Hunters. Finally, about ten different colors of grout will be added -- all carefully chosen and placed to create a cohesive whole.

"The library wanted something that was contemplative," said Ms. Hunter. "It's going into a big library -- what they call their living room. And it is a place where people converge for conversation, for discussion, but also for just some solitude and some ability to

spend some time quietly. So this particular image appealed to them because it's very calming, and yet there's a lot of movement in this. And where it's being placed, there's a big skylight above it, so the light's going to hit it beautifully. And when the light hits mosaic murals made out of this glazed tile, they sparkle fabulously."

The community participation aspect is an important part of the project. Said Ms. Hunter: "What we've learned very quickly is that

when all these people touch this mural, it's like their fingerprints are on it, and there's a different pattern and rhythm to every person's work. And it just adds to the richness of the art piece."

Ms. Hunter concluded, noting, "People can make public art, and you can see this happening right in front of your eyes. Public art, I believe, should be made by the people who are going to be living with it. I think it's a wonderful experience. Very few times

do people get to do something bigger than themselves. Lots of people paint, but you're painting singularly, usually at your own studio, at your own easel. This is truly something that brings tons of people together to make art collaboratively."

The mosaic mural should be completed, with all the glue and grout dry, about a week after the first tesserae were placed. A formal unveiling will occur once the mosaic mural has been installed.

9/11 Remembered

By JOHN KRIZ

The Town of New Canaan held a remembrance ceremony at Town Hall on 9/11 in honor and remembrance of the many victims of the September 11, 2001 attacks on the nation, which resulted in nearly 3000 deaths, with many thousands more later succumbing to various injuries and illnesses.

The fifty-plus attendees and dignitaries joined in singing the National Anthem, followed by the Pledge of Allegiance, with a New Canaan Police honor guard in attendance. Fr. Flavian Bejan from St. Aloysius Roman Catholic Church gave the invocation.

"It was a day that changed our nation and our world forever," said First Selectman Dionna Carlson in her remarks.

"Here in New Canaan, this day is deeply personal," noted the First Selectman. "We remember and honor the lives of three of our own: Joe Coppo, Eamon McEneaney and Bradley Fetchet. Their memories are woven into the fabric of our town, and their loss is still deeply felt by all who knew them."

Lauding the heroic actions of so many first responders that

day who rushed into danger to assist those in need -- some giving their lives in the process -- First Selectman Carlson also called for unity, encouraging people to "let this day continue to be a call--not just to remembrance--but to action. To be kind. To stay connected."

New Canaan Fire Chief Albert Bassett spoke as well, stressing these themes, and noting the many 9/11-related charities, such as the Tunnel to Towers Foundation, Wounded Warrior Project, Terry Farrell Firefighters Fund and our local Voices of September 11.

Representatives from the town's emergency services escorted a memorial wreath from Town Hall, placing it at the fire station's 9/11 memorial. Soloist Nancy Le ville sang 'God Bless America'.

The '5-5-5' bell was also rung. Here, a bell is struck five times in succession -- a traditional fire service recognition for first responders lost in the line of duty -- followed by Jonathan Henken playing 'Amazing Grace' on the bagpipes. Fr. Flavian concluded the ceremony with a benediction.



The memorial wreath, at New Canaan Fire Company, No. 1's 9/11 memorial. Photo by Fire Chief Albert Bassett

Town of New Canaan Shred Day 394 Main St.

SAT, SEPTEMBER 20, 2025
8:00 A.M. TO 1:00 P.M.

NO 3 RING BINDERS
NO METAL CLIPS

NO COMPUTER MEDIA
NO PLASTIC COVERS



A Playground, Not a Single Path

By JILL S. WOOLWORTH, LMFT

There is no single path that will lead us to a well-crafted life. Children have latitude to swing on the swings, play in the sandbox, or jump on the trampoline. So do adults. Why not try out the jungle gym, or climb the slide backwards?

The boundaries of our playgrounds are clear—they are the fences made of our values. We can explore without fear.

A variation of this "playground" concept is "trying on dresses in a store." How will we know if we like a new job or a new behavior until we try it on? In a



Illustrated by Wajih Chaudhry

store we feel no anxiety when we reject an item of clothing after trying it on. We learn from whatever we "try on"—even if we end up discarding it.

Amon gave himself permission to "play" by taking different night courses before deciding on a major career change. Kate gave herself permission to approach each date as a "play date," instead of as a pre-marital assessment task.

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Look Who Stopped By for a Visit



The Playhouse hosted a special guest last week in the form of Governor Lamont, who was in town as a guest of his friend Shiva Sarram, pictured here with Playhouse boss, Luke Parker Bowles.

Governor Ned Lamont stopped by the newly reopened Playhouse in New Canaan this week, seeing firsthand the results of a \$2 million state contribution that helped transform the historic theater into a modern cultural venue. Lamont enjoyed a walk-through

of the facility, which reopened earlier this year after extensive renovations. The project included major upgrades to the building's infrastructure, seating, and technology, while preserving its historic character at the heart of downtown New Canaan.

Luke Parker Bowles, CEO of Cinema Lab, credited the governor and state leaders for their critical role in making the renovation possible. "Our beautiful new Playhouse would not be what it is without the support, generosity, and passion of Governor Lamont,

Tom O'Dea, Ryan Fazio, and their team. A contribution of two million dollars is no small matter, and we are profoundly grateful. To walk the Governor through the building and see his genuine amazement and excitement was a further validation of the extraordinary efforts of our

team, the town, our investors, and the residents of New Canaan who together have made this possible." The Playhouse continues to host film screenings and community events.

Board of Education Approves Model UN Trip to The Hague, Other Field Trips



Emma Hassan, one the Captains of the New Canaan Model UN team, presents to the Board of Education regarding the Model UN trip to the Hague. Image from Meeting Video.

The New Canaan Board of Education unanimously approved a series of overnight field trips at its September 15

meeting, including the New Canaan High School Model United Nations team's return to the prestigious The Hague International Model United Nations (THIMUN) conference in the Netherlands this January. Board Chair Hugo Alves introduced the agenda item by noting that three trips were up for consideration — Model UN, Model Congress, and the NCHS Wind Ensemble — and asked the board to hear the student presentations before voting.

Model UN: "Only Public High School Invited"

Emma Hassan, captain of the Model UN team, addressed the board alongside fellow captains Ron Richot and Jeremy Schubert and advisors Allison Freeman and Mr. Fuchi. Hassan highlighted the growth of the program since last year.

"Since starting the 2025 school year, we've had two club meetings so far, and in that time, we've had a growth of more than 10 new freshmen coming from

our Saxe club last year," Hassan said. "We're so proud of the freshmen that are continuing from last year. I worked with them for two years, so I'm very excited to see them again as my last year as part of the high school Model UN team."

The team will host its annual scrimmage for local schools later this month and attend conferences at Brown University, Boston University, and a new event called NHSmun before traveling overseas.

"Hopefully in January, from the 26th to the 30th, we will be at THIMUN, which I'm going to talk a little bit more about later in the presentation," Hassan said. "We are very fortunate to be the only public high school invited to this conference."

The advisors offered a vivid picture of what students will experience in The Hague, including sightseeing and an immersion into the European style of Model UN debate.

"The European MUN model is quite

different," the advisor explained. "They lobby all day the first day. Their papers are already written, which is not what we do here. So for them to then come to agreement is really debating with international groups about how to come to a resolution when they've all come in with ideas. That's a very big change for them and a very exciting one."

The board approved the trip unanimously after a motion by Matt Wexler, seconded by Lara Kelly.

Model Congress: First Overnight Trips

The board also approved three overnight conferences for the Model Congress Club, now in its fourth year. The group will attend conferences at Columbia University in February, the University of Pennsylvania in March, and Yale later in the spring.

"These overnights will allow them to participate in a more immersive experience where they focus on civics,

government, public speaking, and foreign relations," the administrator presenting noted. "This will be the first time the trips are school-sponsored."

Board member Penny Rashin confirmed that chaperone and financial aid policies would mirror those used for Model UN trips.

Wind Ensemble Heads to Boston

The final approval of the evening was for the NCHS Wind Ensemble to travel to Boston in March for clinics and master classes at the Boston Conservatory. Band director Barry praised the students' progress, noting that the ensemble had grown from 38 members four years ago to nearly 70 today.

"We're very proud of these kids," he said. "As part of their success, we thought it would be a great experience for them to end their senior year with a trip to Boston."

The board approved the trip unanimously.



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Alexandra Vega explores a fire truck with her father Matias Vega, supported by New Canaan firefighters L-R Charlie Bentley, Garrett Cantrell and Lauren Freeland. Photo by John Kriz.

Mounted Troop Supports Neurodivergent Community

By JOHN KRIZ

New Canaan Mounted Troop [https://www.newcanaanmountedtroop.org] (NCMT) reached out to support the wider community last Sunday, hosting a Sensory Friendly Public Safety Day at its facility on Carter Street.

Many people in our community have autism or other neuro-divergent conditions – conditions that may be invisible. This can create challenges when they interact with the wider community. People with neurodivergent conditions can have sharp reactions to stressful or unfamiliar situations, which often occur when fire, police and/or EMS personnel are involved. A

key goal of this Sensory Friendly Public Safety Day was to provide opportunities for people with these conditions to meet and get to know first responders, and the vehicles and equipment they use, so that there can be a greater sense of comfort and understanding for all involved.

Supportive Not-For-Profits

To help make this effort effective, NCMT partnered with not-for-profits Linked Autism Safety Project https://www.linkedasp.com and Inclusive Together https://www.inclusive2gether.com According to NCMT's Felicia Alford, the Troop's facility is especially appropriate for such an event as it's a quiet, low-key location.

“We just love working with New Canaan and its residents,” Ms. McClain concluded.

Linkedasp's president Ashley McClain noted, “there was a difference between the community of individuals with disabilities and first responders, and it's important to bridge that gap, provide opportunities for them to feel safe and secure with one another.”

Ms. McClain's efforts include training for first responders to better identify people with such invisible disabilities, and to implement strategies to be able to make situations safe for everyone involved. In addition, Linkedasp has provided New Canaan police cars with “sensory kits that have everything from communication tools to fidget toys -- sensory reduction tools that could be provided from the first responder to an individual with a disability in a high stress or emergency situation to, again, bridge that gap and provide a level of comfort when they're interacting with one another.” This effort is being rolled out to New Canaan's fire and EMS as well.

“We just love working with New Canaan and its residents,” Ms. McClain concluded.

Inclusive Together president Lauren Tarzia noted that, “a lot of families are very isolated at home and they're not going out into the community and enjoying all the wonderful things that New Canaan has to offer. And there's the Mayfair, there's the fireworks, there's even going downtown and going to dinner. It's such a beautiful place to raise your family, but we do a lot of training for different organizations and businesses so that they can make their businesses more sensory-friendly.”

First Responders

New Canaan fire, police and

EMS were all represented with personnel and equipment. People explored patrol cars, looked around an ambulance, tried on firefighters' turnout gear and climbed into a fire truck.

“I love it,” said Alexandra Vega, one of the attendees who is also in the NCMT's Super Trooper Equine Care program. However, she found the firefighters' turnout gear to be “hot and heavy.”

Ms. Alford of NCMT concluded with “just being able to reach out, come and see the different first responders, get in their trucks, meet them, put faces and names together and not have it be in the middle of an emergency for that person, and make it fun and enjoyable” made the event important and valuable.



WHERE THE COMMUNITY COMES TOGETHER

Group Exercise Party: Free & Open to the Community

Friday, September 19–Saturday, September 20



- It's a party at the Y as we kick off fall fitness together! Drop in and enjoy free group exercise classes Friday, 9/19 and Saturday, 9/20! Open to the entire community, no registration is needed.
- Let's sweat together at this fun community fitness event, grab your family and friends or come alone—all fitness abilities are welcome!
- *Open ages 14+. Ages 10-13 may attend classes with an adult (excluding Group Power and must meet height requirements for cycling classes).
- Plus, enjoy protein smoothie samples, raffles, chair massages, facials, and more!

View the class line-up at www.newcanaanymca.org/schedules

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NEW CANAAN YMCA

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www.newcanaanymca.org

BBQ draws crowd, visits from Himes and Blumenthal



Photo 1: (L-R) Heather Russell (Town Council), Kate Brambilla (Board of Education), Josh Kaye (Board of Education), Lina Lee (Town Council), Erica Schwedel (Board of Education, incumbent), and Amy Murphy Carroll (Selectman) at the backyard BBQ.

Photo 2: Lina Lee (Town Council), Mike Rodgers (Town Council), Heather Russell (Town Council), and Erica Schwedel (Board of Education, incumbent) pause for a photo during the event.

Below: Congressman Jim Himes with DTC campaign manager Meredith Tobitsch, Town Council Candidate Lina Lee, Board of Education candidate Josh Kaye, Senator Richard Blumenthal with Heather Russell and her daughter.



More than 250 supporters turned out for a late-summer BBQ that doubled as a meet-and-greet for local candidates, with Congressman Jim Himes and U.S. Senator Richard Blumenthal dropping by to rally the crowd. Guests chatted under the trees over pulled pork, corn on the cob, and plenty of campaign talk about why local races matter, according to organizers.

Campaign manager Meredith Tobitsch said the “crowd was amazing,” with neighbors mingling and posing for photos with candidates for Town Council, the Board of Education, and the Board of Selectmen. Blumenthal offered a brief pep talk, telling attendees, “New Canaan can turn blue with a team like this one.”

The event also served as a quick introduction for first-time candidates and a chance for incumbents to outline priorities before the fall campaign season ramps up. Conversations ranged from schools and town finances to civility in public life, with supporters calling the gathering a friendly kickoff to the final stretch before Election Day.



New Canaan Crew Hosts Annual Ergathon

On Saturday, September 20th, from 8:00 to 11:00 a.m., the boys and girls of New Canaan Crew will take to the rowing machines for their annual Ergathon. The athletes will be logging thousands of meters in an all-out effort not only to showcase their dedication but also to raise the funds needed to keep their nationally recognized program competitive.

Unlike many school teams, New Canaan Crew (NCC), in partnership with Maritime Rowing Club (MRC), is entirely self-funded. The Ergathon serves as the team’s most important fundraiser of the year, ensuring rowers have access to the equipment required for high-level training and racing. That equipment comes at a steep price: a four-person racing shell can cost as much as \$35,000, and even a single Concept 2 rowing erg runs \$1,000.

“Every dollar makes a real difference,” said Roman Vengerovskiy, Maritime’s Director of Operations. “The better our athletes’ tools, the better prepared they are to perform on the regional, national, and even international stage.”

And perform they have. Since its founding in 1996, Maritime Rowing has captured 22 national championships in just 29 years, most recently with this year’s Women’s Youth U16 Coxed Quad team taking gold at the Youth National Championships in Sarasota. The program’s excellence has not only earned national titles but also developed multiple Olympians and sent dozens of athletes on to compete at the collegiate level across the country.

What began in 1997 with just 13 rowers from New Canaan High School has grown into a program with more than 100 athletes per season. NCC/ MRC crews regularly medal at regattas nationwide, and alumni compete at the highest levels, including the U.S. Junior National Team, World Championships and Olympic Games.

Community members are invited to stop by, cheer on the athletes, and support their efforts. Donations of any size are welcome, tax-deductible, and may also be matched through corporate giving programs.

“We row for each other, for our team, and for the town,” said Vengerovskiy. “This event is a chance for the community to row with us.”

To contribute or learn more, visit New Canaan Crew’s fundraising page through GoFundMe/PayPal.

“Every dollar makes a real difference. The better our athletes’ tools, the better prepared they are to perform on the regional, national, and even international stage.” -Roman Vengerovskiy, Maritime Rowing Club’s Director of Operations



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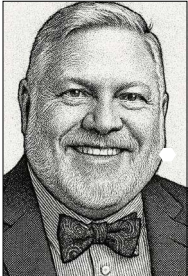
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COLUMN

Insuring Employees: Health Coverage Costs Surge



By Russell Barksdale, Ph.D.

By any measure, the cost of providing health insurance has become one of the most stubborn financial burdens for employers. Nationally, employer-sponsored coverage now averages more than \$24,000 a year for a family plan, with employees themselves shouldering nearly \$7,000 of that bill. These figures already outpace inflation and wage growth across most sectors—though not in health care itself, where a persistent shortage of nurses and allied professionals continues to drive salaries higher than the broader economy. That labor pressure adds another twist to the cost spiral. Higher wages in health care, combined with rising housing prices, utility bills, childcare costs, and longer commuter times, are locking in elevated costs that inevitably flow back into insurance premiums.

In Connecticut, the story is even sharper. For 2025, insurers requested premium hikes averaging 8% for individual plans and nearly 12% for small-group coverage. The state Insurance Department reduced those requests to 5.9% and 7.8%, respectively, but even those moderated increases still exceeded inflation in nearly every other category of living costs. Now the outlook for 2026 is even more sobering. Insurers have filed for double-digit premium increases ranging from 14% to as much as 26% for some individual plans. Small-group plans—which cover thousands of workers at mid-sized companies—face requests of roughly 13%. Regulators are expected to trim these filings, but most analysts still project real-world increases in the range of 8–10%. These annual hikes are the steepest in nearly 15 years. They will force employers to make difficult adjustments in plan design, shifting more financial risk to workers through higher deductibles, narrower networks, or increased co-pays. At the same time, cost drivers such as an aging workforce, rising pharmacy expenses, and the surging use of expensive new drugs like GLP-1s for weight loss and diabetes

By 2026, Connecticut employers will spend more than ever to insure their workers, while employees will face thinner paychecks, higher deductibles, and greater financial risk.

management show no sign of slowing. For employees, the immediate effect is unavoidable: higher paycheck deductions for premiums and steeper costs at the doctor's office. Analysts predict worker contributions will rise 6–7% in 2026, even after plan adjustments. Out-of-pocket expenses will also climb, particularly as more employers embrace high-deductible health plans to contain premiums. The consequences ripple through boardrooms and breakrooms alike. Smaller to mid-size businesses are likely to feel the sharpest pain—delaying hiring, freezing wages, or shelving investment plans to absorb benefit costs. For employees, the squeeze is just as real. A higher deduction for health coverage is money pulled from a paycheck already strained by rent or mortgage payments, escalating utility bills, and the rising cost of everyday

essentials. Policymakers and regulators can moderate some of the increases, but their tools are now blunt. The Insurance Department can scale back proposed rate hikes, yet it cannot stop the underlying forces driving medical inflation: hospital consolidation, labor shortages, breakthrough but costly therapies, and the growing demand for mental health and chronic disease care. Businesses are experimenting with solutions—joining purchasing alliances, steering workers into narrower provider networks, and expanding wellness initiatives to reduce claims over time. These steps may eventually pay dividends, but they do little to relieve the immediate financial pressure that will define 2026. Connecticut faces these challenges from an already high-cost baseline. Families here consistently pay more

than the national average for health coverage, and the state's Health Affordability Index warns that more households are becoming “cost-burdened”—spending unsustainable shares of their income on care. Unless systemic reforms emerge, the trend line is clear. By 2026, Connecticut employers will spend more than ever to insure their workers, while employees will face thinner paychecks, higher deductibles, and greater financial risk. What began decades ago as a workplace benefit has now become one of the defining sources of economic anxiety for families. The cost of health insurance is no longer just a line in the budget—it is a prevailing force shaping how businesses grow, how households manage their bills, and how communities across Connecticut confront the rising cost of simply getting by.

The Truth About Vitamin B12



By Dr. Katie Takayasu

Here's the truth: you need vitamin B12 in your diet to make healthy red blood cells and support your nervous system, and only a few plant foods, like seaweed, mushrooms, and nutritional yeast, naturally contain B12. Vitamin B12 is made by anaerobic bacteria in the gut, and animals naturally make it in their gastrointestinal tracts and absorb it. If you eat animal protein, then you naturally get some vitamin B12. So that means people who eat animal protein have sufficient B12 levels, right? Not so fast. Interestingly, I find deficient and insufficient vitamin B12 levels in lots of my patients, whether or not they eat meat. How can that

be? Just like many other processes in the body, vitamin B12 absorption is a complex process that only starts with consuming the vitamin. Absorption of B12 is dependent on age, strength of stomach acid, use of pharmaceutical medications like metformin or acid-blockers, history of prior bowel surgery, damage to the gut lining from autoimmune conditions like Crohn's, infections like Helicobacter pylori, and bacterial overgrowth, just to name a few. So you might wonder if you should supplement with vitamin B12 regardless of whether you eat plants. The answer is maybe. How do you know if you need to supplement? You can easily check your level with your doctor. Another vitamin that plant-forward eaters need to be knowledgeable about is vitamin D because it is naturally found almost exclusively in animal products, like the oily fish herring, mackerel, salmon, and sardines, as well as egg yolks, red meat, and liver, especially from lambs. (Porcini mushrooms are a plant-based source.) It's also added to a lot of foods, such as milk (this is why your milk carton says “vitamin A D fortified”) and breakfast

It's important to get vitamin D because it's crucial to the absorption of other important nutrients like calcium, iron, magnesium, phosphorus, and zinc through the gut.

cereal, to help the public get more of this essential nutrient. You may ask the same question about whether vitamin D deficiencies are more common in people who don't eat animal products. Just as with vitamin B12, I see a lot of patients with vitamin D deficiencies and insufficiencies. In fact, except in rare cases, I see lower-than-recommended vitamin D levels in almost every patient who is not taking a vitamin D supplement. Why are vitamin D levels almost universally a problem? It's not because people are not eating animal products. It's because the best way to get vitamin D is to step outside, and most of us live our lives without spending as much time in the sunshine as we need. Vitamin D is known as the sunshine vitamin because it's naturally created in our bodies upon exposure to sunlight, and the best way to increase vitamin

D levels is to expose a good amount of skin to the sun for at least twenty minutes every day. This presents a problem for many of us, including me. I live in Connecticut, where it's only comfortable to be outside in a tank top and shorts for about three months of the year. And of course, we are all concerned about skin cancer and wrinkles, so we tend to lather up with sunscreen (which is good for us!), but sunscreen doesn't allow our bodies the exposure to sunlight they need. It's important to get vitamin D because it's crucial to the absorption of other important nutrients like calcium, iron, magnesium, phosphorus, and zinc through the gut. Poor vitamin D levels are associated with all kinds of health problems, including heart disease, cognitive impairment, asthma, cancer, and the bone-softening condition called rickets. So get your bum in the sun

for ten to twenty minutes a day in the summer, take a vitamin D3 supplement in the fall, winter, and spring, and eat some yummy salmon once a week. Katie Takayasu, MD is an Integrative Medicine physician, author, and speaker in the holistic health space, bridging the gap between medical doctor, wellness coach, and spiritual guide. *This article does not provide medical advice. It is intended for general informational purposes only and does not address individual circumstances. It is not a substitute for professional medical advice, diagnosis or treatment and should not be relied on to make decisions about your health. Always check with your own healthcare provider before taking a new supplement and before making any significant diet, lifestyle, exercise or other changes. Never ignore professional medical advice in seeking treatment because of something you have read on this site. If you think you may have a medical emergency, immediately call your doctor or dial 911.

Gridiron Club Supports NCHS Scholarship Foundation

The Gridiron Club of New Canaan recently presented the New Canaan High School Scholarship Foundation (“NCHSSF”) with a generous donation of \$5,000, proceeds from Gridiron's annual show. This year's April 2025 event recognized Wendy Coleman Dixon Hilboldt for her outstanding example and many years of community service to New Canaan. Hilboldt selected NCHSSF as the beneficiary based on her long-time experience with and commitment to the group, which was founded in 1967 to provide need-based scholarships to deserving NCHS graduates who are pursuing higher education at the undergraduate level. In 2024, the foundation distributed \$180,000 to 54 deserving graduates and post-graduates of New Canaan High School.

Wendy Hilboldt has been an active volunteer over many years with multip Thunem le organizations in town, including the teen center, food pantry, May Fair, and New Canaan Community Foundation. Most notably, she is going strong in her 47th year as an EMT on the New Canaan Volunteer Ambulance Corps. The Gridiron Club of New Canaan is a 501c(3) nonprofit organization established to honor local citizens who have dedicated years of community service to the town of New Canaan. The annual Gridiron Show is a one-time event, open to the public, and net proceeds from ticket sales each year are donated to a charity of the honoree's choosing. For more information, visit gridironclubofnc.org



Left to Right: Leo Karl, Tom Stadler, Tucker Murphy, Bill Egan (NCHS Principal), Wendy Hilboldt, Scott Hobbs (Gridiron President), Eric Thunem, Dave Hunt, Robert Doran

New Canaan Legal Ads

LEGAL AD

Notice of Intent to Demolish

Notice is hereby given that an application for a permit to demolish has been filed in the office of the New Canaan Building Official and is currently pending and is available for public inspection.

Name and Address of Structure: Irwin House and Cottage – 848 Weed Street, New Canaan, CT 06840

Name and Address of Owners: Town of New Canaan – 77 Main Street, New Canaan, CT 06840

Age of Structures: 1963

Square Footage of Structures: 7,924 and 2,004

LEGAL AD

TOWN OF NEW CANAAN
INLAND WETLANDS COMMISSION

Notice is hereby given that the Inland Wetlands Agent has approved the following application:

Permit Number IW- 25-39 to Baywood LLC at 772 North Wilton Road, Map 47, Block 215, Lot 10. Prepare site for construction activities and install all soil and erosion controls. Re-grade a portion of rear yard. Add 130' retaining wall at 3.5' high and tie into existing wall. Add u.g. propane tanks and make connections. Re-configure pool patio, add hot tub, add pool equipment and amend fence location. Fine grade, topsoil, seed/sod, plant disturbed areas.

LEGAL AD

TOWN OF NEW CANAAN
PLANNING & ZONING COMMISSION
SPECIAL MEETING

Notice is hereby given that the Planning and Zoning Commission will hold a Special Public Hearing on Thursday, September 25, 2025 this hearing is scheduled as a hybrid meeting to be held in the Town Meeting Room at Town Hall, 77 Main Street. Access to this Public Hearing will be in person and via an on-line system at 7:00 p.m. to hear and decide the application(s) as follows:

1. Discussion and consideration of the request of Elliot Siderides, Windward Development, Inc. to amend the Zoning Regulations dated June 16, 2007, amended July 7, 2025 to amend Section(s) 4.6.D and 4.8.H to permit hotels and to provide various dimensional waivers for certain types of development in the Business C Zone. Complete copy of the proposed amendment on file in the office of the Town Clerk, the Planning & Zoning Department and on-line: https://www.newcanaan.info/departments/land_use/planning___zoning/p_z_commission_applications_2025.php#outer-12370
2. 39, 49-51 Locust Avenue – Upon application of Elliot Siderides, Windward Development, Inc., Authorized Agent for Two Corners, LLC, owner(s) for a Site Plan and Special Permit approval pursuant to Section(s) 4.6.D, 4.8.E and 4.8.H to allow the construction of a hotel with accessory uses such as retail, office, and below grade parking in the Business C Zone at 39 Locust Ave (Map T, Block 73, Lot 724) and 49-51 Locust Avenue Ave (Map T, Block 73, Lot 723).

Dated: September 11, 2025
New Canaan, Connecticut
Daniel Radman, Chairman

New Canaan Sentinel

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Publisher@NewCanaanSentinel.com

Elizabeth Barhydt

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Robert Williamson, Cordelia Webb

Lobsterfest at Forty

There are events in small towns that are more than events. They become traditions, and then, in time, part of the fabric of a place—woven in with its history, its rhythm, its identity. In New Canaan, that is Lobsterfest. It began in 1985, not as something grand but as a Rotary Club experiment—lobster and corn at Kiwanis Park. The pavilion was pressed into service, tables were laid, and a few hundred townspeople gathered for a Saturday meal. Three or four hundred lobsters, shucked corn, a lot of butter, and the fellowship of neighbors. It was not just about the food, though the food was very good. It was about being together—neighbors laughing, chatting, catching up, and, over steaming trays of lobster, saying to each other: “This is ours.”

“All the profit returns to the community through our annual grants program.”

The years rolled on. By the 1990s Lobsterfest had outgrown Kiwanis Park and moved to the grounds of the New Canaan Museum and Historical Society. The event blossomed, stretching from a single Saturday meal to an entire weekend of Friday dinners and Saturday lunches and dinners. The numbers grew—over a thousand lobsters prepared and served in the early 2000s. Parents brought children, who grew up and returned with parents in tow. Traditions repeat themselves that way, across generations. By 2019, in the last year before the pandemic pause, the Rotary volunteers had cooked more than 1,400 lobsters and as many ears of corn, with chicken for the holdouts who didn’t fancy seafood.

And then came Covid. What do you do with a tradition when the world says, “Stop”? New Canaan answered with ingenuity and a little stubbornness. The Rotary pivoted, as we say now. They created a contactless, drive-through Lobsterfest at the Steve Benko Pool. Commercial kitchens prepared the meals, volunteers shucked corn, boxed dinners were passed through car windows by neighbors in masks and gloves. It was different, but it was alive. In the hardest of times, the essence remained: generosity and community.

Now it is 2025. Forty years. A milestone worth pausing over. Co-chairs Amy Murphy Carroll and Kathleen Corbet are carrying the tradition forward with enthusiasm and some fresh ideas. The dates will be Thursday and Friday this year, to accommodate the families caught up in Saturday sports. The dine-in experience returns at Waveny, this time with live music, laughter rising with the steam of pots. The menu itself has grown—still the lobster and lobster rolls, but now filet, surf-and-turf, chicken, vegetarian choices, even children’s meals. There will be something for everyone, because everyone belongs at the table.

And there is this new touch: the chance to buy a meal for first responders. It is a small gesture, but one that says much—gratitude passed along in the form of a warm dinner. It reminds us that traditions endure not only by repetition but by widening their circle of care.

It is worth saying clearly that Lobsterfest is not simply about lobster. It is about Rotary’s mission. As Tom Ferguson, the club’s president, put it plainly: “This is the one we count on; there are many great sponsors and broad support. The best part is all the profit returns to the community through our annual grants program.” Every ear of corn buttered, every roll baked, every lobster cracked open translates into scholarships, support, and service.

Ralph Waldo Emerson once observed, “The creation of a thousand forests is in one acorn.” In New Canaan, the creation of countless grants, programs, and moments of help began with one lobster meal in 1985. Forty years later, the acorn is an oak.

Lobsterfest is a small-town story, which is to say a great American story. It is about constancy, generosity, and the sweet stubbornness of communities that want to remain communities. The Rotary invites us not only to eat but to belong, and in belonging, to give.



Statement on Death of Charlie Kirk

I’d like to take a moment first to acknowledge the tragic and shocking assassination of Charlie Kirk this past week, a public figure whose work reached many. This act of violence has left communities across the country, including our own, deeply saddened and concerned. No one should ever face such a senseless end.

Let me be clear: we unequivocally denounce all forms of political violence that has no place in our society, regardless of one’s beliefs or affiliations. Violence destroys the trust we need to build stronger communities.

At the same time, this moment reminds us of the importance of free speech. Charlie Kirk, as an educator and speaker, encouraged students to engage critically with ideas, even those that they disagreed with. As a district, we too champion intellectual diversity and understand that learning thrives when different perspectives are debated.

Respectfully, at times in our lives we are called to enter uncomfortable spaces and foster dialogue, pursuing truth through discussion and not division. Regardless of whether we agreed with Mr. Kirk, his approach challenges us all to engage peacefully with hard conversations.

Here in New Canaan, we must create spaces where diverse views are heard without fear — classrooms, clubs, and community forums that prioritize respect and critical thinking. And as a board, we are committed to this and to ensuring our students learn to bridge divides through thoughtful dialogue and civil discourse.

Let’s use this tragedy to recommit to unity and civility in this amazing town. Thank you.

Read by BOE Chair, Hugo Alves, at the September 15 Board of Education meeting.

A Message from Kimberly Norton

“I can’t imagine not running again for Town Council!”

New Canaan is one of the best places to live, work and raise a family. We’ve been grateful to live here for the past 17 years. I never planned to run for office when we arrived with our four children from New York City and now I can’t imagine not running again for re-election to Town Council. I’ve been honored to represent New Canaan residents for the past four years. In November, I will be running again as a Republican Endorsed Candidate. I invite you to learn more about the background, experience and energy I bring to the Town Council, which is both the legislative and budgetary branch of our town government.

As an incumbent, I have a stellar track record of showing up - attending all meetings in person, on time and prepared to work hard for New Canaan residents.

I was appointed Co-Chair of the Health and Human Services Commission four years ago and recently spearheaded the first public Narcan training at the New Canaan Library in conjunction with New Canaan Cares.

Legislation

As an active member of the Bylaws and Ordinances Committee, I worked to develop the first Affordable Housing Committee. As the only Republican Town Council candidate who lives in town not far from the New Canaan train station, I am especially committed to maintaining local zoning control and lower density in our downtown areas. As a result, I advocated against adopting provisions for Transit Oriented Development (TOD) and Zoning in our new Plan of Conservation and Development (POCD).

Responding to New Canaanites and finding ways to address their concerns is what I do best, and my track records shows it. I worked hard to develop an ordinance to reactivate the Utilities Commission so that residents could be involved in finding solutions to cell service challenges in town. In response to distressed and upset West School parents and neighbors, I led the efforts to block the building of a cell tower behind West School while advocating for new technology solutions that fit New Canaan.

I have also continued my keen interest in public safety and recently urged my colleagues on the Bylaws and Ordinances Committee to adopt an E-bike ordinance to protect our youngest riders and pedestrians. My commitment to public safety began several years ago when I led the “Slow Down in Our Town” awareness efforts focusing on pedestrian safety and texting and driving.

On noise issues, I remain committed to improving residents’ quality of life while maintaining an open-minded and flexible mindset that takes all residents into account.

Town Budget

Besides being the legislative body of the town, the Town Council is also the budgetary authority in New Canaan. We approve, reduce or reject all spending. I’ve participated in 4 budget cycles. I actively try to find ways to spend less, and lower taxes and debt. Keeping our mill rate down, in order to protect our property values, is always my goal. My four years of budget experience, coupled with fiscal conservatism, position me well to effectively navigate future budget cycles, including a pending BOE proposal totaling over 300 million dollars.

My Unique Background

My educational training and background is different from anyone on the Council now, and any candidates currently running for the seat this November. I bring the unique objectivity and analytical skills that I learned in my doctoral program many years ago at Fordham University. I learned to deeply research, analyze, evaluate, and verify sources before moving forward to decision making. My work as a forensic psychologist for the NYPD reinforced my training to look at issues from all sides and points of view before rendering an opinion. I use these skills and values when representing you on the Town Council.

Why I’m Running for Re-Election

My effectiveness and motivation to serve, along with my love for New Canaan, are the reasons I’m running for re-election to Town Council as a Republican Endorsed candidate. In order to run, I had to ask for signatures from 252 town Republicans in the first week of August! I ended up with 306 signatures because of teamwork. My team included my husband, 19-year-old son, 89-year-old father and many friends. We traveled around town at all hours of the day and night meeting fellow Republicans to sign my petition. Talking to New Canaanites about my desire to continue my work on the Council is an experience that I will never forget. Residents enthusiastically signed because they wanted to help me keep the job I love. The whole process became the natural beginning of my campaign.

I look forward to meeting more of you and making a personal connection that strengthens our community and town government, and I invite you to join me in enthusiastically supporting my candidacy, as did the 306 residents who signed my petition to run for New Canaan’s Town Council.

Reach out to me here kimberlynorton06840@gmail.com to meet for coffee, share your concerns, or join our campaign team.

Early Voting begins on October 20th from 10 am - 6 pm in our Town Hall Lobby, including two days with extended hours on October 28th and October 30th from 8 am - 8 pm.

You can follow my campaign on Facebook and Instagram. Learn more about me on my website (www.kimberlynortonfornewca-naan.com) and sign up for my newsletter there.

All my best,
Kim

Obituaries

The New Canaan Sentinel does not charge for obituaries. Every member of the community deserves to be remembered and honored without families facing added financial burdens. Obituaries may be sent to Caroll@GreenwichSentinel.com.

The cost of publishing obituaries is covered by The Sentinel Foundation, a nonprofit that supports the local Top 5 Things to Do Today daily email, obituaries, education and entertainment pages, worship pages, and sponsorship of charitable organizations and events.

Patricia Bock



Patricia Bock, a resident of New Canaan, CT for 4 years died at Stamford Hospital on September 12 after a valiant fight with several illnesses.

Patricia was born on April 17, 1947, in Freeport, NY to Frank and Alice Lynch. She attended Holy Redeemer Elementary School in Freeport and graduated from St. Agnes High School and Molloy College in Rockville Centre, New York. She was a member of the Dominican Sisters of Amityville, New York for four years after high school.

Patricia received master's degrees in library science from St. John's University and in reading from Hofstra University. She was also awarded a certificate of Educational Administration from Hofstra University.

Patricia started her professional life as a librarian at the Freeport Memorial Library in Freeport, NY. She went on to have a long, rewarding career in public school education on Long Island with positions in Brentwood, Patchogue, Sachem and North Merrick School Districts. She was the Principal of Riverside Elementary School in Rockville Centre, New York for over 30 years, a position she truly loved.

Patricia is survived by her husband of 51 years Joseph; daughter Julia Loudon and son in law Chris; granddaughter Sage Loudon; son Jordan Bock and daughter in law Lauren; and grandsons Grayson Joseph and Aus4n James.

Patricia was a kind and loving person who spent her life shaping others. Her warm heart and generosity knew no bounds. Patricia was so deeply loved by all and would be incredibly missed.

A mass of Christian burial will be held at St. Aloysuis Roman Catholic Church in New Canaan with internment at Calverton Na4onal Cemetery, Riverhead, NY.

Rita Molgano



Rita J. Molgano, 94, of Stamford, CT passed peacefully into Eternal Life on Monday, September 8, 2025 at the Stamford Care Center in Stamford, CT. Born Rita Jean Gabriele in Stamford on July 4, 1931, Rita attended school at Belltown, Burdick and Stamford High. Employment took her first to the Florence Dress Shop across from St. John's Park in Stamford. She then began her longstanding career in food services working for her brother Richard Gabriele at Richard's in New Canaan, CT. From there, Rita and her husband Louis went on to establish the well-renowned luncheonette in New Canaan, LOU'S KITCHEN. Rita and Lou served the great people of New Canaan for 38 years, closing their business in June, 2008.

Mom, Grandma, Great-Grandma epitomized the selfless act of always putting others first. When our maternal grandmother passed, Mom became the matriarch, hosting all the holidays, at which all were welcome. Even customers from Lou's Kitchen would be at our table for many of them. All the favorite Italian dishes our grandmother had made continued in Mom's kitchen for many years later.

Mom's selflessness did not stop at her home

and business. She, in complete partnership with her husband Lou, gave even more in service to our Lord and His Church, gifting time, talent and treasure to various events at St. Bridget of Ireland Church, among those that include Monday Night Bingo, Senior Citizen Dinners, dinner-dances at Belltown Firehouse, Parish picnics, pancake breakfasts and three St. Bridget Carnivals. Mom was a member of the Columbiettes of St. Augustine, Council #41, since its institution on May 1, 1994.

Mom's greatest love was her family, which was firmly rooted in nearly 68 years of marriage to Dad. As Eugene so beautifully wrote: "She loved her grandchildren and her great-grandchildren. A wonderful wife [and] mother." There is nothing she wouldn't do for us!

Rita was predeceased by her parents Luigi and Mary Gabriele, sister Pauline Valentine and husband Louis, sister Helen Montecalvo and husband Michael, and her brother Louis Gabriele, Jr. and wife Mary. She was also predeceased by her father-in-law James and wife Mary; her husband Lou's brothers Michael and wife Gaetina, Frank and wife Elvira, James and wife Theresa, Amedeo and wife Rita, Samy, Richard; her husband Lou's sisters Josephine Garufi and husband Michael, Katherine Billone and husband Joseph George and Mary Biondello and husband Frank. Rita was predeceased as well by her grandson Thomas Michael Molgano. Rita is survived by her husband Louis, her sons Michael and Eugene (AnnMarie Pellini), grandson Jeffrey (Nicole) and their children Thomas and Gianna, and her grandson Richard. She is also survived by her brother Richard Gabriele as well as her husband Lou's sisters-in-law Marie Molgano (Samy), Paula Molgano (Richard) and Judith Biondello (Frank). Rita is survived by numerous cousins, nieces and nephews.

Faith and hope in our Lord Jesus Christ is what Mom's life exemplified. It is no wonder her life was changed but not ended on the Feast of the Nativity of the Blessed Virgin Mary and she will be put to her final rest on the Memorial of Our Lady of Sorrows.

A special thank you to the professional staff at Stamford Hospital and Stamford Care Center for providing aid and comfort to Mom during her last eleven days of being a wonderful wife, wonderful mom, wonderful grandma and great-grandma, being a WONDERFUL LADY IN EVERY SENSE OF THE WORD.

A Mass of Christian Burial was celebrated Monday, September 15 at St. Bridget of Ireland Church, Stamford. There were no calling hours. Interment followed Mass at Fairfield Memorial Park in Stamford.

In lieu of flowers, Rita's family requests donations to St. Bridget of Ireland Church and/or Tunnel to Towers Foundation (<https://t2t.org/>).

Nancy Sarbo

It is with profound sadness that we announce the passing of Nancy Celeste Sarbo, who departed on September 6, 2025, at the age of 77.

Nancy lived a life richly devoted to service and compassion, touching many lives through her selfless acts of kindness. She had a love for knitting, generously donating her beautiful creations to those in need. Nancy was deeply devoted to her family and friends and found immense joy in her animal companions and loved traveling.

Nancy's career spanned various roles, beginning at the New Canaan Answering Service, followed by positions at Pitney Bowes and Omega Engineering.

Nancy was preceded in death by her parents, John Sarbo and Mary Moreno Sarbo. She is survived by her sisters, Johanna Bianco (Carl) and Rosemary Bianco (William); her brother, John Sarbo (Kathryn); her nephew, Louis Bianco; her niece, Mary Bergin (John); and her five great-nieces and nephews, Carl, Grace, and Reinna Bianco, and James and Frank Bergin - who were her greatest joys and whom she cherished above all else.

Nancy's journey on this earth was one marked by an endless love for her family and steadfast faith in God. Her memory will forever be a guiding star for all who had the privilege of knowing her.

Mike Joyce, III



John Michael Joyce III, a resident of New Canaan, CT, and known to all as "Mike," passed away peacefully on September 4, 2025, surrounded by his family. He had recently

celebrated his 90th birthday on August 18.

Mike was the beloved husband of Geraldine Dwyer Joyce, "Ger," sharing a loving marriage of 62 years before her passing in 2018. Mike was a devoted father to his five children: Catherine Joyce Wooters (Laurence S. Wooters) of New Canaan, CT; John Michael Joyce IV (Clare Reynolds Joyce, deceased) of Northfield, IL; Kevin P. Joyce (Susan Smith Joyce) of Ridgefield, CT; Dennis P. Joyce (Pamela Banks Joyce) of San Rafael, CA; and Timothy M. Joyce (Margaret Concannon Joyce) of Wilton, CT. Mike's legacy also lives on through his 18 cherished grandchildren-Ryan, Mark, Meaghan, Catherine, J.P., Suzanne, Julie, Jack, Bridget, Kate, Conor, Sandra, Maggie, Tommy, Colin, Dennis, Chris, and Mary-and 18 great-grandchildren-Brendan, Aedan, Anna, Lucy, Claire, Caitlin, Charlotte, Molly, Rowan, Naomi, Brooks, Hank, Meredith, Jack, Maeve, Penny, Cora, and John.

Born in St. Louis, MO, in 1935 to John M. Joyce, Jr., and Catherine Peet Joyce, Mike was the eldest of seven children. His brother predeceased him, Thomas P. Joyce (Mary McConville Joyce, deceased), and five siblings survive him: Patricia Figge (John K. Figge, deceased); Mary McCooley (Robert H. McCooley, deceased); Bonnie Grace (Thomas G. Grace); Timothy J. Joyce (Nancy DiFederico Joyce); and Cashie Egan (Thomas F. Egan).

Mike and Ger raised their family in New Rochelle, NY, where Mike was a dedicated pillar of the community, serving as a trustee for Iona University, New Rochelle Hospital, and the National Bank of Westchester. His dedication to education continued through his service as a trustee of Elizabeth Seton College and as a member of the Board of Directors at Georgetown University.

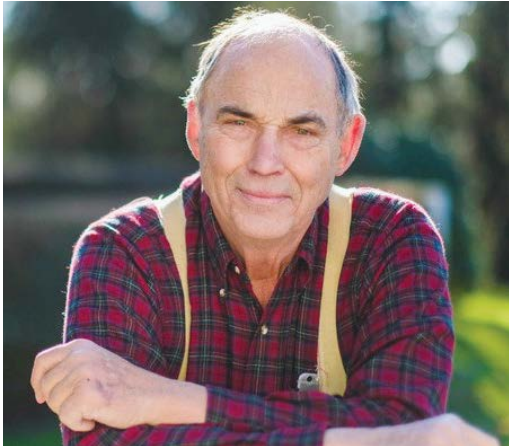
As former chairman of Joyce Beverages, Inc.-New York and Washington, D.C., Mike continued the family legacy of the soft drink bottling company founded by his grandfather, John M. Joyce, in 1935. The company operated in seven states with a strong presence in Chicago, New York, and Washington, D.C.

Following his retirement, Mike and Ger spent twenty years enjoying life in Sea Island, GA, and Stratton, VT. They eventually moved to New Canaan in 2006 to be closer to their children. Mike was a passionate sports fan and an avid golfer, enjoying the greens at Westchester Country Club, Ekwanok Country Club, and Ocean Forest Golf Club. He was also a member of the US Seniors Golf Association.

In New Canaan, he was a familiar figure on his daily walks to the YMCA. Mike loved the town and its residents. His faith brought him great comfort, and he was a dedicated parishioner of St. Aloysius Catholic Church, where he was especially welcomed at the 7 a.m. weekly Mass after Ger's passing. Funeral Information:

The family will receive visitors at St. Aloysius Catholic Church, 21 Cherry St., New Canaan, CT on Friday, October 3, 2025. Visitation will begin at 10 a.m., followed immediately by a Mass of Christian burial at 11 a.m. The interment will be private. Instead of flowers, charitable memorial donations can be made to St. Aloysius Parish, New Canaan, or the New Canaan YMCA.

Alfred Warden



Alfred "Al" Martin Warden of Bridgewater, CT, passed away peacefully on September 2, 2025, at the age of 82, after a courageous 25-year battle with multiple forms of cancer.

Born and raised in Fairfield, CT, Al proudly served in the U.S. Navy and was a Vietnam veteran. During his service aboard the USS Arlington, Al witnessed history firsthand as part of the team that retrieved Apollo 11. He is even credited with snapping the only photograph of the spacecraft's return to Earth-a fitting memory for a man who always had a camera in hand.

In 1966, Al married Ellen Smythe of Southport, CT and they had three children that they raised in New Canaan: Elizabeth ("Lisa") Warden, wife of Robert Dahlen, of Denver, CO; Robert ("Bob") Warden, husband of Margaret, of Greenwich, CT; and Sarah Warden, wife of Ismael Casado, of Brookline, MA.

To his family and many friends, he was "Big Al"-a larger-than-life presence with a quick wit, mischievous grin, and sometimes

a perfectly-timed scowl. He was fiercely opinionated, whether about shutter speed, lighting, or why you should never chew gum in public. He insisted on a proper handshake, direct eye contact, and believed it was always better to be overdressed than underdressed. Yet beneath his strong opinions was a man who cared deeply, laughed loudly, and loved unconditionally. Al had a gift for connecting with people, striking up conversations with anyone he met.

An artist at heart, Al expressed himself through woodworking, carpentry, and above all, photography. He carved intricate duck decoys, recreated antique furniture with painstaking craftsmanship, and mastered the art of the ball-and-claw foot. With a camera, he was natural at capturing life's best (and sometimes worst) moments with honesty and beauty.

Whether standing on the sidelines in the pouring rain or in the snow, he was happiest photographing his family's and friends' sporting events. Al's love of people and his compassion emerged in his portraits; if he photographed you, he always found a way to make you look amazing. He loved nature, especially birds, which were among his favorite subjects. Al freely shared his passion, teaching his grandson photography during summers, capturing sporting moments for fellow parents, or explaining to people why he was waiting for the perfect light.

Known by many names-Big Al, Big Owl, Grandpa Spider, Dad, or simply Al-he was genuine, strong-spirited, and unforgettable. His energy filled every room, his humor caught you off guard, and his love for family and friends was unwavering.

Al is survived by his older siblings, Maxwell Warden of Seattle, WA, and Barbara Jeffries of New Canaan, CT; his three children and their spouses; five nephews and their spouses; and his six beloved grandchildren: James and Katie Dahlen, Maxwell, Eloise, Nicholas, and Elizabeth ("Lily") Warden. He was predeceased by his parents, Maxwell and Margarite Warden, and by his ex-wife Ellen, the love of his life.

A Celebration of Life for family and close friends will be held soon. In lieu of flowers, donations may be made to the Donate - Henry L. Ferguson Museum, which is dedicated to the collection, preservation, and exhibition of all aspects of Fishers Island's history <https://fergusonmuseum.org/donate/>, or The Leukemia & Lymphoma Society Donate to Blood Cancer United.

Nancy Lewis



Nancy B. Lewis, 96, resident of Brightview on New Canaan, CT, formerly a longtime resident of Chapel Hill, NC passed away peacefully on September 1, 2025.

Nancy was born on April 9, 1929 in Wooster, OH to Myron and Marie Bachtell. Nancy grew up in Wooster and graduated from Wooster High School in 1947.

She received her bachelor's degree from the College of Wooster in 1951, where she met her husband, Wilbur "Web" Lewis and then went on to obtain her Bachelor of Science degree in Education at Ohio State University in 1952. Many years later she returned to school to obtain her Masters degree in 1984 from Butler University in Indianapolis, Indiana.

Nancy and Web moved often living in California, Ithaca, NY, Indianapolis, IN, Sydney, Australia, London, England, Darien, CT, before retiring in Chapel Hill, NC.

She spent many years researching and archiving the family history including tracing her lineage to the American Revolution after which she became a member of the Daughters of the American Revolution.

Nancy was predeceased by her husband Web and son Jim. She is survived his sons, David (Carolyn) of New Canaan, CT and Steve of Sunset Beach, NC, as well as her eight grandchildren, Mackenzie, Parker, Paige, Reid, and Campbell Lewis and Carolyn, Christopher, and Caleb Kussmaul and great-grandchild Hadley. Nancy will be dearly missed.

YOUR NEWS BRIEF
CONTINUED From Page 1

LOCAL BUSINESSES AND NONPROFITS
Weber Joins New Canaan Preservation Alliance
The New Canaan Preservation Alliance (newcanaanpreservationalliance.org/) today announced the election of Mark Weber to its Board of Directors.

Mr. Weber brings considerable preservation expertise to the NCPA's board. He held several positions at the New York Landmarks Conservancy retiring as director of the New York City Historic Properties Fund. Prior to that, he held positions at the World Monuments Fund and Preservation Society of Newport County. In addition he also founded and managed a preservation consultancy. Mr. Weber holds a Master of Arts in Historic Preservation from Boston University.

"I am thrilled with the election of Mark to our board," said NCPA president Neele Stichnoth. "His significant expertise will strengthen the board's ability to carry out its mission of advocating for preservation of New Canaan's historic architecture and natural environments. We welcome his involvement enthusiastically."

New Connections Breakfast
On September 10, Waveny LifeCare Network hosted the Annual Darien/New Canaan New Connections Breakfast. Around 70 people attended, with breakfast prepared by Waveny's food service staff. The event brought together business leaders from both towns.

Waveny Annual Village Family Picnic



On September 13, Waveny LifeCare Network held its annual Village Family Picnic in Claire's Garden. Residents and guests enjoyed pizza from Adini's Pizza Truck, live music, and entertainment by Gary Sirico, who performed magic tricks and balloon art. Photo credit: Waveny LifeCare Network.

FPCNC New Sunday School Director



Recently, the First Presbyterian Church of New Canaan named Leah Saulsberry as Sunday School Director. The program will include Bible lessons and community service activities. Saulsberry has prior experience in child and family support roles in Connecticut and New York. Photo credit: FPCNC.

SCHOOLS
Students Named Semifinalists



The National Merit Scholarship Corporation has named semifinalists for the 2026 program, including eight students from New Canaan High School and six from St. Luke's School. Photo credit: St. Luke's School.

NCCS Horizons New Board Members



Horizons at New Canaan Country School has added four new board members: Arlety Bowman, Peter Mobberley,

Luisa Osorio, and Ariane Triay. Photo credit: Horizons.

SLS '33 Explores Honor Code



Recently, the St. Luke's School Class of 2033 studied the four pillars of the SLS Honor Code: Respect, Kindness, Honesty, and Responsibility. They created artwork based on these themes, which is now displayed in the hallway. Photo credit: St. Luke's School.

SPORTS
Rams Football Wins First Game

Top-ranked New Canaan opened the 2025 season with a 30-10 win over Newtown. Andrew Esposito scored three touchdowns—two rushing and one receiving—while first-year quarterback Maddox Hoffman added a 44-yard touchdown pass.

NCSB 10U Red Takes Second



The New Canaan Softball 10U red travel team competed in the Fast Pitch Nation Autumn Rise Ball 2 tournament in Bridgeport, playing six games over two days. They advanced to the championship game and finished in second place. Photo credit: New Canaan Softball.

OUR NEIGHBORS
Giant Pumpkin Weigh-Off in Ridgefield

Ridgefield will hold its 13th Annual Giant Pumpkin Weigh-Off on September 28 at Ballard Park. Prizes are awarded in categories like squash, marrow, and tomato, in addition to the giant pumpkin contest (last year's winner was over 2,000 lbs).

Staying Put Annual Meeting - Oct., 2025, 4:30-6:30pm

Staying Put invites you to attend their Annual Meeting, Thursday, October 9th from 4:30 to 6:30pm at Lapham Community Center. Please join us to hear about Staying Put's successes over the past year and our plans for the future. The featured guest speaker will be Podiatric physician Dr. Jennifer Tauber. She will present "Step into Wellness: Foot Care Essentials" and will highlight the vital role that foot health plays in overall well-being, especially as we age. She will discuss some common foot issues, and offer practical solutions for prevention, proper footwear, and daily care. She will also emphasize that healthy feet are key to maintaining mobility, balance, and an active, independent lifestyle. Dr. Tauber is a Podiatric physician with more than two decades of clinical practice serving New Canaan and the surrounding Fairfield County community. She opened the doors of New Canaan Podiatry

LLC, located at 107 Cherry Street, in April of 2018. Dr. Tauber remains dedicated to integrating advanced technologies with compassionate care—working to keep her patients mobile, active, and comfortable. She specializes in the diagnosis and treatment of a wide range of conditions for patients of all ages. Refreshments will be served and the event is free and open to all. Please RSVP to Staying Put at 203-966-7762 by Friday, October 3rd. Staying Put in New Canaan is a member-based, volunteer-supported nonprofit organization whose mission is to help older New Canaan residents live confidently at home and stay engaged in the community by providing practical services and social connections. For more information visit www.stayingputnc.org



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COLUMN

What if the missing piece to better youth mental health is us?

By SARAH DUGAL

As someone who works closely with youth, it’s easy to get pulled into the downward-spiraling dialogue of all that is causing them harm, from screens to substances. Let’s be clear: worry is warranted when researchers are observing rates of anxiety & depression amongst students in high-achieving schools, like New Canaan, that are six to seven times the national average (Luthar, Kumar & Zillmer, 2020). Here’s the good news: researchers are also starting to identify what helps. And, surprise! It’s YOU.

Lisa Damour, PhD, a clinical psychologist specializing in teens and senior adviser to the Schubert Center for Child Studies at Case Western Reserve University, believes – along with many of her colleagues – that, “the single most powerful force for

adolescent mental health is strong relationships with caring adults.” (Weir, K. 2025)

Yes, parents are a life-line for their kids, and that doesn’t change during adolescence, despite their short answers to your questions about their day. While deep conversations and long hugs might be sparse, experts like Damour emphasize the importance of parents who remain present & available, and perhaps open to bonding over something like watching The Summer I Turned Pretty together. However, research indicates that highly connected teens – those with Supportive Non-Parental Adults (SNPAs) in their lives, too – are at the greatest advantage.

Did you know that adolescents with the benefit of relationships with multiple SNPAs – whether teachers, coaches, faith leaders, neighbors

“The single most powerful force for adolescent mental health is strong relationships with caring adults.”

or extended family – experience higher levels of confidence, more academic success, and a greater ability to bounce-back from life’s challenges? (American Journal of Community Psychology, Vol. 48, No. 3-4, 2011). I get it; the packs of students you see roving up and down Elm Street with their Strawberry Refreshers can look intimidating. But if we are serious about doing something to turn the tide on youth mental, social & emotional well-being, we must be open to the possibility that we – not something or someone else – are the solution.

All this begs the question: what does a Supportive Non-Parental Adult (SNPA) look like? Several British researchers

across the pond developed the acronym ‘On TAP’ to help summarise key elements of trusted adult support, which they identify as: “Trustworthy, Time-generous. Accessible, Approachable, Attentive, Authentic, Available Adult. Provides Persuasive, Protective, Positive example, and Promotes Positive development.” (Pringle et al., 2019, p. 39). Other studies point to an adult’s ability to be empathic, non-judgemental and an active listener (Lester et al., 2020).

Everyone seems to agree that adults who can make this kind of positive impact are those 1) who show up, 2) are curious and 3) encourage. We can do that, can’t we?

So, where do we go from here? First and foremost, what would it look like to re-evaluate our resources and recognize that the most precious thing we have to give is our presence? We are so lucky to live in a town bursting at the seams with youth programming, from lacrosse to church school: how could you, as a caring adult, get involved? In order for youth to be connected to supportive adults in their community, supportive adults in their community have to be connected to them.

Secondly, what would it look like to financially support organizations that are equipping and enabling more compassionate mentors to show

up in the lives of students? Whether it’s Young Life, the Boys & Girls Club, Live Girl, or another initiative of your choosing, let’s invest in what we know moves in the needle in incredible ways.

Connection is powerful. Your presence is powerful. Let’s use our power for good.

Sarah Dugal serves as the Area Director for Young Life in New Canaan. Young Life is a global, ecumenical non-profit that exists to reinforce that adolescents matter through relational youth ministry, create approachable spaces for students to explore faith, and model servant leadership in local communities. To learn more, visit NewCanaanYoungLife.Org.

Worship Directory and Services

UPDATE SERVICES AND ADD SPECIAL EVENTS TO THIS CALENDAR AT
www.NewCanaanSentinel.com/worship-calendar-updates

Church of Jesus Christ of Latter Day Saints
682 South Avenue 203.966.5849
www.ComeUntoChrist.org
Sunday Service: 9:00 AM

Congregational Church
23 Park Street 203.966.2651
office@godsacre.org
www.godsacre.org

Sunday Services: 8:00 AM and 10:00 AM. The 10:00 am service is also live streamed and recorded, the video replay will be available throughout the week. Church School is available on Sundays for children ages 3 through 7th grade each Sunday from September through mid-June.

Recurring Events:
Tuesdays at 9:30 AM: Women’s Bible Study
Wednesdays at 9:30 AM: Bible Study
Fourth Thursday from 12-2:30 PM: Meet at the Open Door Shelter in Norwalk to serve a meal.

Upcoming Events:
September 19 at 7-10 PM: Fellowship Fall Social at the Carriage Barn Arts Center

First Church of Christ, Scientist
49 Park Street 203.966.0293
christiansciencect.org/newcanaan

Sunday 10:30 AM, in person only. Sunday School is available during Sunday Service and is open to children and young people up to the age of 20. There is also childcare available for children too young for Sunday School.
Wednesday Testimony Meeting: 1st Wednesday of each month, join by zoom or by phone 646 558 8656. Reading Room Hours: Open Mondays 11-2, Call to confirm hours 203-966-0293. All are welcome to the Sunday and Wednesday services, Sunday School, and the reading room.

First Presbyterian Church
178 Oenoke Ridge Road 203.966.0002
fpcnc.org

Sunday Service: 10am in person or via LocalLive. All are welcome. Coffee Hour after the service is also available in person or via Zoom. Dedicated childcare is available for all children via Wee Care Nanny Agency from 8:45-11:30am in the Nursery School. Transcripts of previous sermons are also available via the First Presbyterian Church of New Canaan’s website. **Recurring Events:** Every Saturday 9:15am (closed) and 10:30am (open): Alcoholics Anonymous. Every Tuesday 8pm: Men’s A.A.
Third Wednesday from 6-7:30 PM: Wednesdays at the Well are intergenerational opportunities to learn and grow in faith together. Dinner will be served and all ages are invited.

Upcoming Events:
September 21 at 10 AM: Join guest preacher and adult forum speaker Chris Hays. He will be discussing the Widening of God’s Mercy: Sexuality Within the Biblical Story.

October 12 at 10 AM: Blessing of the Animals. Bring your furry, scaly or feathery friends for a blessing. All creatures great and small are welcome.

Saint Aloysius Roman Catholic Church
21 Cherry Street 203.966.0020
www.starcc.com

Service Schedule:
Saturday: Vigil for Sunday 5:00 p.m.
Sunday: 7:00 a.m., 8:30 a.m. 10:00 a.m., 11:30 a.m. and 5:00 p.m. The Sunday 8:30 a.m. mass is live-streamed and recorded. **Monday-Friday: 7:00 am and 5:30 pm**
Saturday: 7:00 am

Recurring Events:
Last Monday of every month 7pm: Women’s Praise & Worship Holy Hour
Fridays 7:30am-6pm: Eucharistic Adoration (September-June)
Saturday 8:30am: St. A’s Healing Rosary Prayer Group

St. Mark’s Episcopal Church
111 Oenoke Ridge 203.966.4515
churchoffice@stmarksnewcanaan.org
www.stmarksnewcanaan.org

Sunday Services: 8:00am: Indoor Holy Eucharist Rite I; **9:00am:** Outdoor Holy Eucharist Rite II; **10am:** Indoor Holy Eucharist Rite II (Live Stream also available on the St. Mark’s website). Coffee Hour follows the 10am service. Church School during the 10am service: Godly Play for children in kindergarten through second grade; Holy Moly for third and fourth grades; Meet in the Middle for fifth, sixth and seventh grades. Professional childcare is offered for children ages four and under. Families with children who are not yet ready to separate for childcare are invited to use the rocking chairs at the rear of the chapel.
Weekday Services: Monday-Friday, 8:30am: Morning Prayer Rite II by Zoom.
Wednesday at 12:05pm: Noonday Eucharist in the chapel.

Recurring Events:
First Wednesday at 1pm: Laundry Love volunteering opportunity to come alongside people who are struggling financially by assisting them with their laundry.
First & Third Wednesdays from 6-7:30pm: Youth Group

Upcoming Events:
October 4 at 6 PM: Morrill Hall will be a candle-lit and delicious venue for some of the most enduring and familiar works of the 20th century master of his genre, George Gershwin. Reserve seats by calling the St. Mark’s office.

St. Michael’s Lutheran Church
5 Oenoke Ridge 203.966.3913
office@stmichaelslutheran.org
www.stmichaelslutheran.org

Sunday Service at 10:00 am. Following the service there is coffee, cookies and conversation in the Fellowship Hall.
Recurring Events:
Thursday 12 PM: Alcoholics Anonymous

Trinity Church
New Canaan | Darien
1800 E. Putnam Ave, Old Greenwich
203.618.0808
info@trinitychurch.life
www.trinitychurch.life

Join us **Sundays at 10 a.m.** at Greenwich Hyatt Regency for lively worship, thoughtful and applicable teaching, weekly Communion, and an opportunity to make friends and grow in community. Trinity Kids (infants through fifth grade) and Trinity Youth (middle and high schoolers) take place during the service, and coffee and refreshments are served following worship. The service is also available on livestream via Youtube, Sundays at 10:00 a.m.; learn more at www.trinitychurch.life.

United Methodist Church
165 South Avenue 203.966.2666
frontdesk@umcofnewcanaan.org
www.umcofnewcanaan.org
Join us for Sunday Worship!
Sunday Service begins at 10:00 a.m.

Come for uplifting music and a relevant, inspiring message – and stay after for coffee and conversation during Fellowship Time.
Sunday School for ages 3 through high school resumes September 7. Child care is available for children from infancy through age 5.

Community Baptist Church
174 Cherry Street 203.966.0711
cbcnewcanaan@gmail.com
www.cbcnewcanaan.org
Youtube: https://www.youtube.com/channel/UCoZ2UNa8aHI3O_Syp_X0KdG
Facebook: <https://www.facebook.com/CBCNewCanaan/>
Sunday School at 10:00am
Worship Service at 11:00am
Live Facebook Broadcast 11:30 am

Upcoming Events:
September 21 at 3-5 PM: Women’s Day

September 24-26 at 7 PM Nightly: Fall Revival with Rev. Winton Hill.

Grace Community Church
9:30am Service @ New Canaan High School,
11 Farm Road, New Canaan
203-966-7600
info@gracecommunity.info
www.gracecommunity.info

Welcome to Grace Church, where we strive to build a church of action, founded on Biblical truth, characterized by faith, grace, community, service, authenticity, clear thinking, and cultural relevance. Grace Community Church is an exercise in knowing God, knowing truth, and building community that extends to our full lives, not just to our Sunday mornings. Join us **Sunday mornings at 9:30am** or via GCC’s Facebook page or YouTube page. Nursery care and Sunday school/teen programming is available for babies through 12th grade. Coffee and bagels available in the lobby after the service, all are welcome.

Talmadge Hill Community Church
870 Hollow Tree Ridge Road; Darien, CT
203.966.2314
talmadgehillchurch@gmail.com
www.talmadgehill.org

Ministers: Rev. Carter Via and Rev. Cheryl Bundy **Sunday worship service at 10:00am** in person. All are welcome! We encourage everyone to stay for coffee hour after the service. Sunday School is every Sunday during the service and uses the Godly Play curriculum. Please reach out with any questions utilizing information listed above!

Recurring Events:
Thursdays at 9:30am: Bible Study
First Saturday at 8am: Men’s Group
Second Saturday at 10am: Women’s Circle

Chabad New Canaan Jewish Center
137 Putnam Rd
info@chabadnewcanaan.org
www.newcanaanjewish.org

The Chabad New Canaan Jewish Center is dedicated to strengthening and building the New Canaan Jewish Community by offering local Jewish resources that bring more positivity, Jewish education, charitable activity, good deeds and blessing to our lovely town. We are about Judaism, not affiliation. Regardless of your background, and however you choose to define your level of Jewish observance or identity, the Chabad New Canaan Jewish Center can add spirituality, joy, study, community and connection for you and your family. The programs of the Chabad New Canaan Jewish Center are held in various locations, all located in New Canaan.

Upcoming Events:
September 22 after 7 PM service: Join for a delicious Rosh Hashanah Dinner with a warm and friendly community spirit. Sign up on their website.

Temple Sinai (Reform Synagogue)
458 Lakeside Drive; Stamford, CT 06903
203.322.1649
www.templesinaistamford.org

Service Schedule:
1st, 3rd & 5th Friday – 6pm in person and via zoom
2nd & 4th – 7:30pm

Recurring Events:
Fridays at 12 PM: Torah Study
Second Saturday at 10:30 AM: Mussar
First and Third Fridays at 5:30 PM: Shabbat Service for Families with Young Children
First Saturday at 8 AM: Avodat Halev Discussion Group

Temple Sholom
300 E. Putnam Ave. Greenwich, CT 06830
203-869-7191
www.templesholom.com

Services: In-person and virtual Friday night Shabbat services, 6:30pm & Saturday morning Shabbat services, 10:30am.

Recurring Events:
Saturdays at 9 AM: Shabbat Study via zoom at <https://zoom.us/j/94358392426?pwd=bFJQem9HWFcxU0EzZUM2VENEZmgYUT09#success>

COURAGE & FAITH

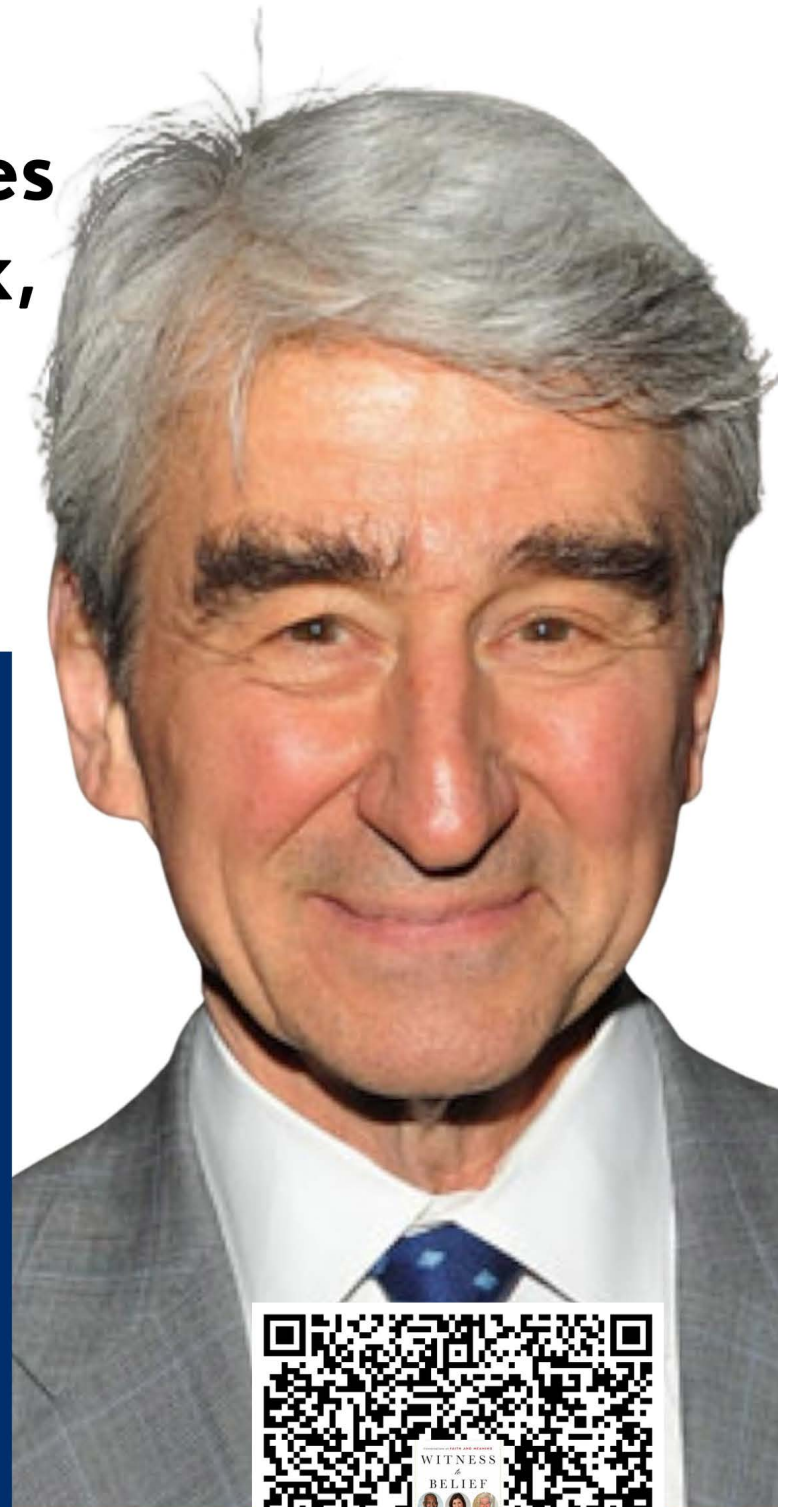
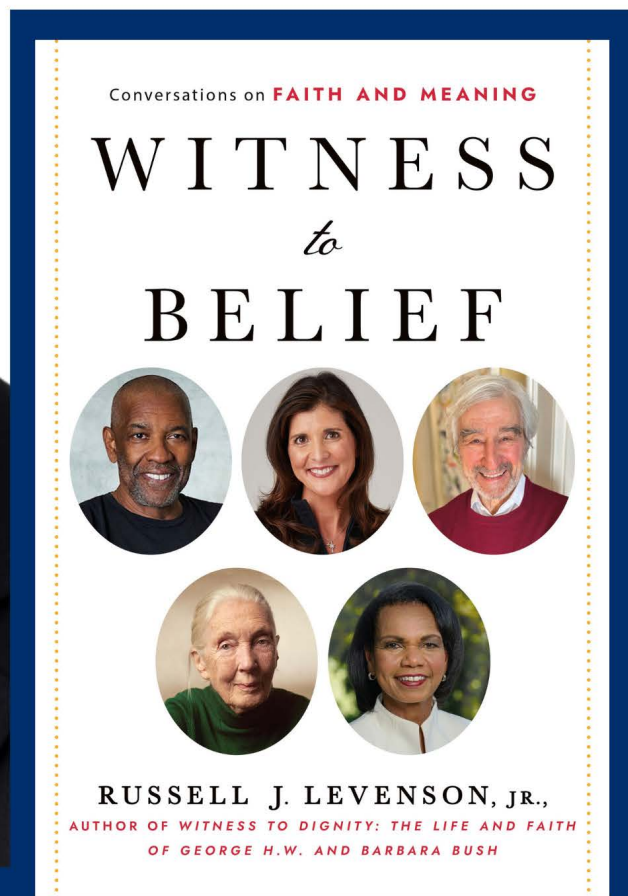
SPEAKER SERIES

“Witness To Belief”

**Author Talk in-person with
Rev. Dr. Russell J. Levenson
& Actor Sam Waterston**

**Saturday, Oct. 4
6:00 pm**

**\$35 ticket includes
the talk, the book,
Q&A
& wine/cheese
reception**



**Tickets online:
christchurchgreenwich.org**

**Event location:
Christ Church
254 East Putnam Ave.,
Greenwich, CT**



Silvermine’s A•ONE Exhibition Turns 75!



At left: Carolanna Parlatto, Steller's Jay II At Right: Robyn W. Fairclough, Dances with the Sea
Heide Follin – Norwalk, CT Ellen Soffer – Shreveport, LA



Adi Oren, Ripple
(Carol Eisner Sculpture Award) and ceramic pieces by Donna Namnoum, Tini Pinto and others inspire with their lyric interpretations of architectural, figurative, or natural forms. Stephanie Lanter, winner of the Mollie and Albert Jacobson Sculpture Award, navigates delicacy and rigor in complex ceramic sculptures that begin with the forms and elasticity of language. Mielle Park’s large textured “psychological landscape” in beads, fabric, thread and glitter, is a powerful, sparkling presence—intricate and oceanic.

The following artists garnered honorable mentions for their bodies of work: Noa Charuvi, whose paintings transform industrial architectural spaces into dream-like, light-filled interiors; Leslie Giuliani, whose gilded, hand-made frames become part of the composition with her textile and digital embroidery works; Adi Oren, whose transcendent paintings explore gesture and landscape; and Carolanna Parlatto, whose wildly colorful abstract elements evoke natural forms and bring a sense of movement and space.

Eleanor de Ropp Flatow, juror for the 75th A•ONE, is the Director of Sales at Hollis Taggart in New York City, a distinguished art gallery dedicated to presenting museum-quality works from both the primary and secondary markets. She is also a partner in Hollis Taggart Downtown, a new contemporary gallery on the Lower East Side, expanding the gallery’s presence and commitment to emerging

and mid-career artists. Prior to joining Hollis Taggart in 2019, Eleanor worked as an independent curator and art advisor, organizing and judging contemporary exhibitions throughout Fairfield County and New York City. She previously served as Co-Executive Director of the Carriage Barn Arts Center, a nonprofit arts organization in New Canaan, CT, where she played a key role in advancing its mission and programming. She remains dedicated to fostering artistic excellence in the art world.

A•ONE, which began in 1949, is Silvermine’s signature exhibition, known equally for compelling works of art and for the luminaries who have served as jurors. Throughout its history, A•ONE has featured the work of many prominent artists including Louise Nevelson, Elaine de Kooning, and Milton Avery, and jurors have included major critics, curators, and directors from influential art institutions.

75th A•ONE Artists

Valentina Benaglio – Brooklyn, NY

Yun Gee Bradley – Portland, OR

Eoin Burke – New Haven, CT

Noa Charuvi – Brooklyn, NY

Elizabeth Cooper – Brooklyn, NY

Rosemary Cotnoir – Westbrook, CT

Robyn W Fairclough – Concord, NH

Alissa Frazer – Babylon, NY

Leslie Giuliani – Weston, CT

Ed Hogan – West Hartford, CT

Elizabeth Johnson – Easton, PA

Brigid Kennedy – Wethersfield, CT

Stephanie Lanter – New Britain, CT

Liz Leggett – Westport, CT

Donna Namnoum – Canton, CT

Adi Oren – New York, NY

Bryan Osburn – Princeton, NJ

Mielle Park – Vernon Hills, IL

Carolanna Parlato – Brooklyn, NY

Tini Pinto – Stamford, CT

Cheryl Prisco – Boone, NC

Cecelia St. Clair Rembert – Brooklyn, NY

Susan Rollins – Guilford, CT

Sofie Swann – Norwalk, CT

Maria Vasconcelos – New York, NY

Michael Wolf – Murray Hill, NJ

Torrance York – New Canaan, CT

Silvermine Arts Center, one of the oldest artist communities in the United States, recently celebrated its centennial (1922–2022). Its five-acre campus in New Canaan, Connecticut, consists of a nationally renowned artist guild, an award-winning school of art offering classes for all ages, an arts and fine crafts shop, a permanent print collection, and a gallery offering over 20 contemporary and historic exhibitions annually. Silvermine is a nonprofit 501c3 organization that also offers an Outreach Education Program, Art Partners, and hosts lectures, film screenings, and special events. Silvermine Galleries are open 10am – 4pm, Tues. to Sat. and closed Sun. and Mon. For more information, visit www.silvermineart.org.



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NEW CANAAN

Open Mic Night

FPCNC Open Mic: Diverse Expressions
Featured Performance by Frank Critelli

You are invited to an evening to share
music and/or poetry (originals and
covers welcome)!

Wednesday,
September 17

7:00 to 9:00 p.m.
followed by an
open jam session

178 Oenoke Ridge,
New Canaan CT

Walk-ins Welcome

Contact Nick Depuy at
nickdepuysite@gmail.com
to sign up and for more information



New Canaan Schools Open with Energy, Resolve, and Some Transportation Hiccups

By Elizabeth Barhydt

The first week of school in New Canaan was marked by sunlit mornings, fresh paint on walls, and children's voices filling hallways that had stood silent through summer. The Board of Education meeting on September 2 brought the principals from every school to Town Hall, each one offering their report – not just numbers, but the sense of how the year has begun.

Superintendent Dr. Bryan Luizzi opened the session by acknowledging what many families had felt in the past ten days: bus routes had been late, confusing, or misaligned. The district has been shifting to a new transportation software, Traversa, intended to integrate with school dismissal systems and PowerSchool. “We are working around the clock to resolve those issues,” Luizzi told the board, adding that safety was the first priority. “I hope and think we’re going to hear some reports that we’ve had quite some marked improvement even today from last week.”

He noted that a full review of the rollout would come once operations had stabilized. “We will look back a bit and find out what happened with the implementation, why the data didn’t transfer the way we

anticipated. For now, we are marshalling all resources to resolve the issues,” Luizzi said.

Then came the principals’ reports – a ritual that is part celebration, part inventory.

East School: “Joyful and Successful”

Dr. Zoe Robinson, who last week successfully defended her dissertation and earned her doctorate, described an opening that was carefully prepared and warmly executed.

“East started off with a very successful opening of the year,” Robinson said. “The year begins before the students arrive.” On August 19, a group of student leaders hosted new families, leading scavenger hunts and tours to ease the transition. The traditional meet-and-greet on August 25 brought students together with their teachers before the first bell rang.

Robinson reported that East welcomed 565 students in grades K–4 this year, with six sections at each grade level. “The first few days of school were filled with enthusiastic smiles,” she said. “Teachers worked diligently to establish classroom expectations, build connections with their students, and create welcoming spaces for students to thrive and learn.”

A resurfaced playground and new recess materials funded by

the PTC added to the excitement. “Lots of requests for soccer balls – not the inflatable ones,” Robinson said, smiling.

South School: A Milestone Year

At South School, Principal Matt Kascak spoke of tradition and growth. “Overall, our first week of school was very smooth and successful and we want to thank Mother Nature for providing perfect weather all week,” he said.

This fall marks South’s 75th year serving New Canaan students. “We plan to have a variety of anniversary activities throughout the year to celebrate this milestone,” Kascak said. Enrollment stands at 489 students across 26 sections.

Transportation, he said, improved quickly. “Our last bus didn’t leave until 3:35 on Tuesday, but by Friday our last bus left at 3:20,” he reported. “We really had no missing children or people on the wrong buses. So, knock on wood, we had a really good week with transportation.”

Kascak described the delight of greeting 99 kindergarten students – 14 more than last year – and personally welcoming all 21 new students in grades 1–4. He praised the PTC for organizing playdates and continuing a composting program funded by Planet New

Canaan. “Our school garden continues to be a gem,” he said, producing more than 60 pounds of food this summer for local residents.

West School: A Theme of Kindness

Principal Jan Murphy spoke warmly about her staff’s readiness and her school’s theme. “It does sometimes feel that we never left over the summer,” she said. “Good to be back and great to start a new fresh year.”

West School has 423 students in grades K–4 and 56 in pre-K. Murphy said the school’s climate focus this year builds on its “KIND” framework – Kind, Independent, Neighborly, Determined. “We chose a book called A Thousand Nos,” Murphy explained. “It’s about a little girl who has a great idea, keeps hearing no after no, but with perseverance and innovation, she gets the biggest yes ever. It ties to the D in KIND – Determined.”

Infrastructure upgrades greeted students as well: nine classrooms received new SMART Boards, the front stone wall was refurbished, and a sensory pathway was installed between buildings for students needing movement breaks.

Murphy also announced a pilot program, Let Grow, aimed at building independence in

second graders. “The I in KIND is going to stand for independent,” she said. “We envision taking pictures of students being that I in KIND and celebrating the ways they’ve been independent.”

Saxe Intermediate: “Shine Bright”

Principal Sarah Granite began her report by welcoming 633 students, including 26 new to the district. The summer brought fresh paint to fifth-grade classrooms and new flooring in the cafeteria and stairwells.

Granite described a new “Rise and Shine” block – ten minutes at the start of the day to build relationships and ease students into learning. “We’ve gotten wonderful feedback from teachers,” she said. “They love the idea of starting with a welcome at the door and building in time for conversation.”

Saxe Middle: Inspiration as Theme

Principal Dave Gusitsch told the board that nearly 600 students in grades 7 and 8 had begun the year “with a genuine sense of excitement.” Seven new certified staff and ten support staff joined the team.

“This may be one of the best launches in recent memory,” Gusitsch said. The school’s theme this year is “Inspire,” a word posted in hallways and classrooms. “We want

our students to appreciate the process of learning, be resilient in the face of challenges, be innovative, and take pride in their school,” he said.

New Canaan High School: Tradition and Pride

High School Principal Bill Egan said the opening week was “filled with energy.” Freshman orientation was held in the morning for the first time, followed by a senior breakfast. “It was the first of many lasts they’ll experience this year,” Egan said. “It was a wonderful way to set the tone for both ends of our student community.”

Facilities upgrades include a refreshed Wagon Room and a new PA system coming online within weeks. “We should all be proud to represent such an amazing school community,” Egan told the board.

The reports painted a picture of a district that is bustling, near full capacity, and eager for the year ahead. There were challenges – buses arriving late, schedules shifting – but the mood in the boardroom was determined and optimistic. “It hasn’t defined us,” Luizzi said of the transportation troubles. “It hasn’t had a negative impact on what’s happening within the four walls of our buildings – the energy, the joy, and what’s happening with our kids.”

Men’s Club to hear from local mystery author

The New Canaan Men’s Club will hear from local author Elena Imbimbo Friday, September 19, about her debut mystery novel, Splendor for Nothing, which takes place largely in London against a backdrop of art and architecture and follows an archeologist as she teams up with an inspector from Scotland Yard to unravel a string of murders.

The Men’s Club meeting will be in Morrill

Hall at St. Mark’s Episcopal Church, 111 Oenoke Ridge, beginning at 10 a.m. Imbimbo will begin her presentation around 10:40 a.m.

Imbimbo, who grew up in Italy, combines her writing career with work as a researcher and analyst in conflict prevention and resolution. She will describe how she came to write an international thriller, the research that went into her setting the action within

an archeological background, and how she developed the intricate plot.

In town, Imbimbo is co-executive director of New Canaan CERT, the volunteer organization that supports the town’s emergency services.

Published by Cheek Press, the thriller is described as capturing the sights and senses of London’s historic areas as the main

character cracks a code that enables her to discover an international plot to destroy lives before the evidence disappears.

The Men’s Club has openings for new members, men 55-years old and above. For information about joining, email: ncmens@ncmens.info

CSI GREENWICH FALL FESTIVAL

At The Polo Grounds

GREENWICH POLO CLUB
1 Hurlingham Drive, Greenwich, CT
SEPTEMBER 27-28, 2025
11 AM – 5 PM

ENJOY A RELAXED, FAMILY-FRIENDLY ATMOSPHERE WITH SOMETHING FOR EVERYONE:

♦ Food Trucks
Local flavors & gourmet treats

♦ Craft Cocktails
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NEW LISTINGS

Address	List Price	SqFt	Price/SqFt	AC	BR	FB
101 Parade Hill Road	\$1,249,900	1,304	\$959	0.19	3	3
71 Jonathan Road	\$1,299,000	2,187	\$594	2.82	3	2
181 South Avenue #19	\$1,379,000	1,910	\$722		3	3
99 Wardwell Drive	\$1,699,000	2,344	\$725	1	4	3
16 Park Lane	\$2,495,000	3,764	\$663	0.22	4	4
49 Ludlowe Road	\$2,695,000	4,129	\$653	2	4	3
44 Benedict Hill Road	\$2,750,000	3,200	\$859	4.6	5	3
650 Laurel Road	\$2,850,000	5,169	\$551	4.13	5	4
63 Middle Ridge Road	\$3,895,000	7,822	\$498	2.29	5	5
25 Gower Street	\$4,600,000	5,155	\$892	0.25	5	6

FEATURED OPEN HOUSES

Get Your Open Houses Into the MLS by Wednesday at Noon for a Listing Here

Address	Price	Day	Time	Broker
181 South Ave #19	\$1,379,000	SAT	1:00-3:00PM	Compass
289 New Norwalk Rd. #22	\$1,325,000	SAT & SUN	1:00-3:00PM	Houlihan Lawrence
49 Ludlowe Road	\$2,695,000	SAT & SUN	2-4PM & 1-3PM	Houlihan Lawrence
317 Park Street	\$3,895,000	SAT & SUN	1:00-3:00PM	WPSIR
50 Harrison Avenue	\$2,200,000	SUN	1:00-2:30PM	William Raveis
71 Jonathan Road	\$1,299,000	SUN	1:00-3:00PM	William Raveis
160 Park Street #103	\$1,375,000	SUN	1:00-3:00PM	BHS
160 Park Street #104	\$2,895,000	SUN	1:00-3:00PM	BHS
145 River Street	\$2,695,000	SUN	2:00-4:00PM	Blue Anchor Realty
1580 Ponus Ridge	\$3,499,000	SUN	2:00-4:00PM	William Raveis

NEW SALES

Address	Original List	List Price	Sold Price	DOM	BR	FB	Acres
11 Old Kings Highway	\$1,299,000	\$1,299,000	\$1,245,000	27	4	2	0.57
48 Rural Drive	\$1,550,000	\$1,475,000	\$1,430,000	56	4	3	0.85
835 Ponus Ridge	\$2,299,000	\$2,299,000	\$2,675,000	10	4	2	3.43
19 Father Peters Lane	\$3,495,000	\$3,495,000	\$4,275,000	9	6	5	4.41

Affordable Housing Is NOT What I Want to Write About



BY JOHN ENGEL

Affordable housing is NOT what I want to write about, but New Canaan is undergoing an existential crisis because of House Bill 5022. It's like a meteor hurtling toward Earth, in that we are unaware of the implications or believe nothing can be done about it.

In 1989, Connecticut adopted Section 8-30g of the Connecticut General Statutes, the "Connecticut Affordable Housing Land Use Appeals Procedure." It is the sword of Damocles over our heads, permitting developers to propose high-density projects as long as they set aside 30% as affordable for 40 years.

One practical problem with the bill is that after 40 years, those units become market-rate. Towns must not only grow the number, we must replace what reverts to market rate. That's how New York City lost 49,000 affordable apartments since 1985 and expects to lose 58,000 more soon. It's called the "expiring use trap." Hartford could learn from a NYC where, like whack-a-mole, the government is scrambling to fund new deals (Stuyvesant Town, Co Op City) to prevent expiration.

A second problem with 8-30g is "affordable" rents or prices must be tied to the lesser of Area Median Income (AMI) or the State Median Income (SMI), so the affordability yardstick is capped for high-cost areas. Here, 80% AMI for a 4-person household is \$113,050, but the state 80% limit is \$99,700 – so New Canaan must use \$99,700 as the affordability ceiling. What this means, practically speaking, is that our teachers, firefighters, and police officers make too much to qualify to live here. New Canaan teachers at many mid-career steps and all top steps are \$100k+ (max step hits \$126,031 in 2024-25). NC patrol officers top out at \$104,389 base in 2024-25. CT median firefighter pay is about \$80–87k: One earner may fit; a two-earner firefighter/teacher household quickly exceeds the cap.

A third problem is that the law does not fairly value 1, 2 and 3-bedroom rentals, treating them equally in some cases.

The fix is simple: Keep hitting our 8-30g targets and add a local workforce lane so teachers, cops, and firefighters aren't priced out of the town they serve:

- Create a "workforce" lane (100–120% SMI).** Deed-restrict a slice of new units for teachers, police, and firefighters at 100–120% SMI. These won't count for 8-30g, but they should. It's why 8-30g was adopted in the first place.
- Fund the buy-down.** Use our Inclusionary Zoning fee (\$10 per \$1,000 of construction value) and the Affordable Housing Trust Fund to buy rents/prices down



Coming soon? An example of current affordable housing development.

New Canaan has 7,502 homes. The state counts 298 of them as affordable. That's 3.97%. The target is 10%.

into that workforce band; pair with density bonuses where design fits.

3. **Don't sacrifice moratorium math.** Keep producing 60–80% SMI deed-restricted units (the ones that do count) to secure 2028-2032 moratorium coverage, and add the workforce tier on top so our employees can actually live here.

New Canaan has 7,502 homes. The state counts 298 of them as affordable. That's 3.97%. The target is 10%. The gap is 452 homes. 8-30g lets a town earn a four-year pause by producing enough deed-restricted units. We earned a moratorium in August 2024 that runs to August 2028. That pause restores local control on density and design while we build more units that count. To secure the next moratorium, the town is studying three town lots: Richmond Hill, Locust Avenue, and the Lumberyard by the train. Target: about 70–80 affordable units under construction by 2032. The town hired an architect to size each site.

Canaan Parish is a big reason we got this moratorium.

The Vue doesn't count – market-rate, no income restrictions. It's an example of how developers are using 8-30g to threaten larger projects, only to negotiate them down to smaller, market-rate ones. That's what happened in this case. But without an affordable component, these projects actually take us further from our

affordable housing goal.

Avalon was purchased by the Housing Authority for around \$75 million, but units only count if they're deed-restricted/assisted under the state rules.

What's in House Bill 5002 (the meteor)?

- Fair Share** ("Towns Take the Lead") – the state would assign each town a number of homes to plan and zone for. Not just to write a plan but to *rewrite zoning* to hit the number.
- Transit-Oriented Development (TOD)** – denser housing near transportation stations, plus radical parking changes (lower the minimums).

The irony is that New Canaan already approves high-density projects (Husted, Burtis, Main), requires a portion be affordable, and considers fee-in-lieu on parking where appropriate. We are currently rewriting our zoning laws with experts who are helping us balance property owner's rights with safety, traffic, and environmental stewardship in mind.

Who pushed for 5022?

Majority Leader Jason Rojas (East Hartford), Senate Majority Leader Bob Duff (Norwalk), and Senate President Martin Looney (New Haven). Locally, Sen. Ryan Fazio and Rep. Tom O'Dea fought against the bill and for local

control. Tragically, two of our local representatives didn't get the memo and voted for HB 5002: Ceci Maher and Lucy Dathan. Please, I implore you, let our two local representatives know how you feel.

Gov. Lamont "reluctantly" vetoed the bill on June 23, 2025, but said he wanted to sign an amended version and suggested the legislature take it up again in October. More recently, he said he'd prefer towns take the lead. Follow-on reporting says leaders still want to move on the original bill. If talks are taking place, they aren't public, and they aren't bipartisan.

What 5002 means to New Canaan

Fair Share: New Canaan got its numeric target of 1,875 affordable units. We'd have to rezone on a clock, even while we're managing our moratorium cadence. That can collide with careful site work and bonding.

TOD: This means up-zoning near the train, fewer parking minimums, and more units on each parcel. It means as-of-right housing built over the shops on South Ave., Elm Street, and Main Street. It means multifamily homes. Good for walkability, tough on the environment, schools, traffic, fire safety, and looming when we don't set guardrails.

A simple, local plan (do this now)

Lock the 2032 moratorium. Move one town lot from study to schematics to funding this budget year.

Keep producing "counts-for-8-30g" units (60–80% incomes).

Add a small workforce lane (100–120% SMI) for teachers, cops, and firefighters so they can actually live here.

Use the Trust Fund to buy down those rents/prices. Workforce units don't count for 8-30g, but they should.

Ask the state for alignment, not ambush. If 5002 returns, tie any town targets to moratorium timelines, sewer/road capacity, and funding – so towns that plan and bond aren't punished mid-stream.

Focus on fixing 8-30g instead of undermining it. Darien, Wilton, and Greenwich all gave up any hope of a moratorium strategy like ours, proving that the unintended effect of an unachievable mandate will be that towns will spend more on litigation than solving the affordability problem. Rep. Dathan, Sen. Maher, and Gov. Lamont, whatever you do, don't move the goalposts while we're lining up the kick.

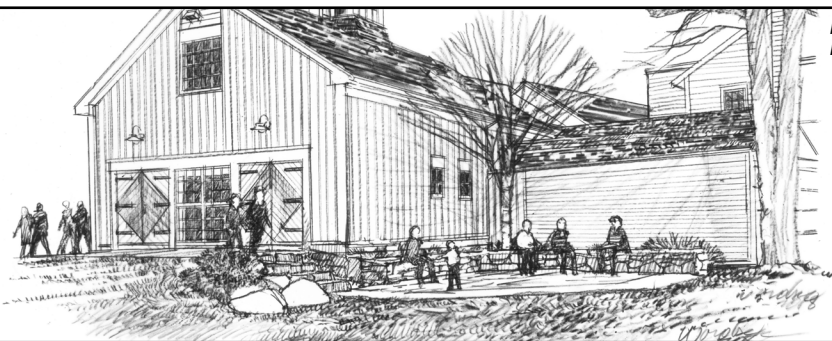
John Engel is a broker on The Engel Team at Douglas Elliman, and he is a member of the Planning & Zoning commission. He would much rather talk about luxury projects, like the cool car elevator we approved. While he can't talk about pending applications, he's proud of the progress New Canaan has made in the last ten years, more than any other Fairfield County town, and he sees first-hand the negative effect fear, litigation, and predatory applications have on our real estate market. He'd like to see the lawsuits settled, 8-30g reformed, and 5002 defeated, and he urges you to contact your representatives.

Submit questions and comments to John.Engel@Elliman.com



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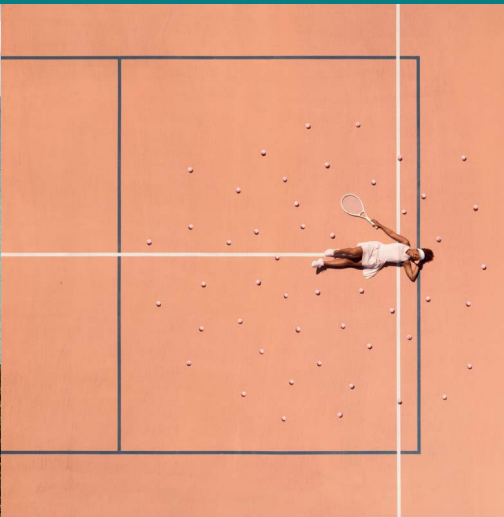
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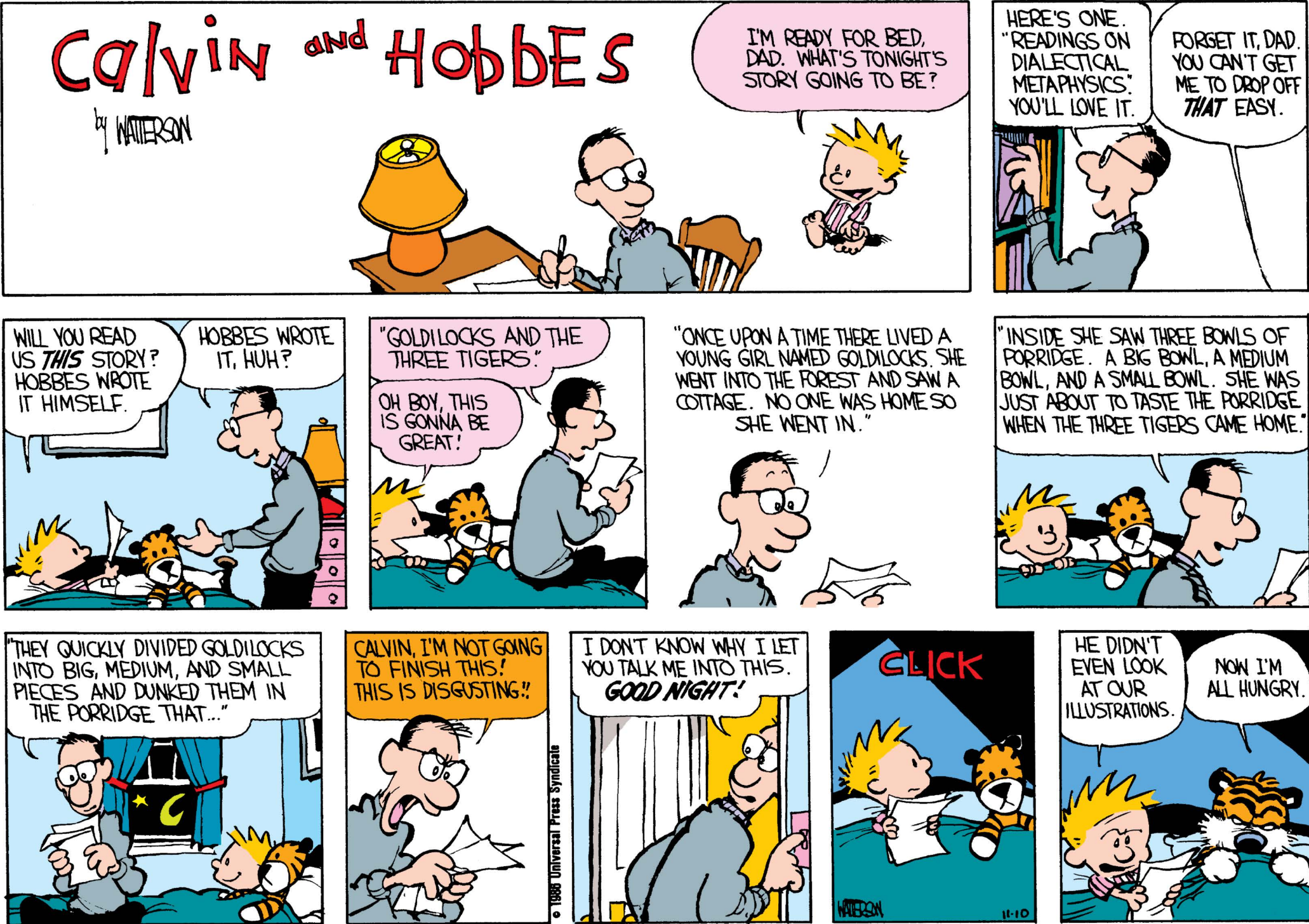


Your Island Golf Escape Awaits.

BERMUDAIR

EDUCATION

From the Sentinel Foundation: the educational page for our readers.



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WILDLY SUCCESSFUL

This Bird Can Chomp on a Scorpion



By Jim Knox

Our Land Rover swung out wide to the left and turned down the rutted bush track. Swift movement to my right drew my eye high above. The bright South African sun caught the flash of color, reflecting it down to me. The creature zipped to a large horizontal branch forty feet up, where I studied it minutely.

The Lilac-Breasted Roller (Coracias Caudatus), is an African icon and a bird of the true bush. Also known as the Fork-Tailed Roller, Lilac-Throated Roller, and Mosilikatze's Roller, this vivid bird is unmistakable. An inhabitant of Sub-Sahara Africa, and an occasional visitor to the Arabian Peninsula, it is a bird of tree-dotted savanna and open woodlands. One of nine species of its genus, these African birds are arguably the most well-known.

Possessing a modest 23-inch wingspan, 15-inch length, and 3.5-ounce mass, these birds don't draw our attention for their size. It is the roller's other attributes that grab our fleeting human attention. With an olive crown, gold over-the-eye band, white "chin," bright lilac breast, brilliant azure and indigo wings, turquoise underside and black-tipped forked tail, the bird visually proclaims its presence wherever it lands. Earning the name roller for its acrobatic rolling courtship flights in which the birds launch upwards, before diving with wings closed, then rolling swiftly from side to side. If the courtship is successful, these aerial breeders will mate in flight! Whether by appearance or movement, the roller's beauty and grace are undisputed.

While few of us may aspire to chomp down a scorpion, or swoop upon an intruding lioness, we can all take a lesson from the Lilac-Breasted Roller. There is beauty in appearance, and beauty in the strength of our actions.

Yet, although the roller is arresting, it earns my respect for more than its eye-catching plumage and agility in flight. Its characteristic robust build and large head and stout beak convey power within that little body. Far from another "pretty avian face," the roller is a creature of strategy, strength, and execution. Filling the role of its North American cousins, the shrikes, the Lilac-Breasted Roller is pint-sized—a fascinating combination of beauty and beast. Sporting the colors of a songbird and the predatory heart of a raptor, the roller is creature not to be underestimated. Holding their ground against many intruders—including humans—Lilac-Breasted Rollers will aggressively protect their nests, chicks, and even their hunting territory, chasing off trespassers. As a small creature whose call has been likened to the noise of a steam train, the roller owns, and projects, a larger-than-life reputation.

A fierce hunter to rival their larger kin, the roller succumbs to only the swiftest predators such as Peregrine falcons and Wahlberg's eagles. It is this swiftness and vigilance that serves the roller well when on the hunt. In addition to grasshoppers and other insect prey, these

aerial hunters are dauntless, capturing rodents, lizards, birds—and even venomous prey such as centipedes and scorpions! Renowned for their tactics, rollers frequently take a prominent position from which to scan for prey, while motionless. In fact, it is one of the few creatures of the African bush known to boldly dive into the advancing front of brush fires, picking off hapless prey fleeing the flames. Once targeted, the bright birds swoop down, grab the prey with their oversized beaks and batter their victims with their wings, as well as against rocks, trees, or hardened ground. Once subdued, the rollers frequently swallow their prey whole.

Nicknamed the "Rainbow roller" for its dazzling plumage, the roller is often called Africa's most beautiful bird. How can such a stunning creature possess the makeup of a relentless predator? It is this medley of the visual and physical—this melding of beauty and ferocity, that marks this little bird as a creature of unmatched attributes. I'm not the only one who thinks so. Long revered by people throughout the African continent, the Lilac Breasted-Roller is the National Bird of Kenya and figures prominently in many



cultures and traditions. A monogamous bird that mates for life, the roller earns our respect for its loyalty. Standing as a living symbol of love, marriage, and devotion, rollers share parental duties. The Afrikaans word for the roller is "troupan," which translates to wedding band. The Venda people of South Africa and Zimbabwe fashion wedding rings from the bird's many-colored feathers which have also adorned South African wedding dresses for generations. The Zulu culture embraces the roller as a test for a couple's readiness and

compatibility for marriage. A feather band is attached to the couple's wrists. If the couple can keep the feathered band sealed, they are ready to work together through roller life's trials and may enter into marriage.

In the Lilac-Breasted Roller we have a creature of enviable traits. A living thing of small stature yet larger-than-life abilities and presence. A creature of simultaneous beauty and boldness, a mate of devotion and teamwork and an unrivaled package of feather and grit. In short, a creature

worthy of emulation. While few of us may aspire to chomp down a scorpion, or swoop upon an intruding lioness, we can all take a lesson from the Lilac-Breasted Roller. There is beauty in appearance, and beauty in the strength of our actions. *Jim Knox serves as the Curator of Education for Connecticut's Beardsley Zoo and as a Science Adviser for The Bruce Museum. A member of The Explorers Club, Jim enjoys sharing his passion for wildlife conservation with audiences throughout Connecticut and beyond.*

Submit your events at:
newcanaansentinel.com/submit-an-event/

TOWN MEETINGS

Tuesday, September 23

Board of Selectmen

8:30-9:30 a.m., Town Hall Meeting Room & via Zoom

Wednesday, September 24

Audit Committee

8:30-9:30 a.m., Location not posted at time of publication.

Thursday, September 25

Planning & Zoning - Special Meeting

7-9 p.m., Location not posted at time of publication.

September 19
COFFEE AND CONVERSATION
8:30 – 9:30 AM at the Lapham Center
Sponsored by the New Canaan Sentinel
for a weekly community coffee and conversation.

Hope Rocks: A Community United Drop-in
3:30-5 PM at the New Canaan Library, Anderson Terrace
Together, paint rocks with uplifting messages and inspiring images—reminders that no one is ever alone. Once painted, these rocks will be placed throughout New Canaan and shared online, spreading hope and encouragement across our community. This is a family-friendly, drop-in event. All materials will be provided, and everyone of all ages is welcome to participate.

September 20
Chess Fest
10 AM- 2 PM at the New Canaan Library, Arlene H. Grushkin Children's Program Room
Chess Fest is a celebration where players of all ages and skill levels come together to watch, learn, play, and enjoy chess. More information is available at <https://www.32pieces.com/home>.

Autumn Stroll
11 AM at Grace Farms
Notice nature as seasons change with a guided fall walk among the trees at Grace Farms. Tickets are available at <https://shorturl.at/Nrs0F>.

Hope Rocks: A Community United Drop-in
1-3 PM at the New Canaan Library, Anderson Terrace
Together, paint rocks with uplifting messages and inspiring images—reminders that no one is ever alone. Once painted, these rocks will be placed throughout New Canaan and shared online, spreading hope and encouragement across our community. This is a family-friendly, drop-in event. All materials will be provided, and everyone of all ages is welcome to participate.

Stand-Up Magic
7-9 PM at The Powerhouse Theatre
Back by popular demand! See New Canaan's own comedian, Tess Tregellas, and magician Max Davidson on stage. Tess will have you laughing out loud and Max will have you mesmerized. Don't miss this night of great entertainment. One night only! (recommended for adult audiences) Tickets are available at <https://shorturl.at/QQuIn>.

September 21
41st Annual Honoree Ceremony of the New Canaan Old Timers Assn.
11 AM at Waveny
The 2025 Honorees are Frank Arcamone, Tori Fredericks, Keri Chaisson Harden, David Rucci, and Tom Towers. In memoriam: Keith MacBain. Visit <http://www.ncoldtimers.com> for more information.

Author Talk with local poet Adele Evershed
3 PM at the New Canaan Library, Craig B. Tate Conference Room
New Canaan Library is pleased to celebrate poet and essayist Adele Evershed, a long-time attendee of the Library’s writing classes, as she shares her newest book, A History of Hand-Thrown Walls. This captivating collection of flash fiction explores the beauty and history of stone walls—those timeless, scattered landmarks found across Connecticut. Register at <https://tinyurl.com/bdd6pt62>.

Spotlight on The Met
3 PM at the New Canaan Library, Jim & Dede Bartlett Auditorium
Art historian and Metropolitan Museum of

Art educator Page Knox presents everything you won’t want to miss showing now at The Met. Register at <https://tinyurl.com/yk476ey7>.

September 22
Chair Yoga
11:30 AM at the New Canaan Library, Jim & Dede Bartlett Auditorium
With the support of a chair, this gentle Chair Yoga class will help you improve postural alignment, maintain pelvic mobility, reduce muscle tension and gain strength through flowing movements and focused breathing. Register at <https://shorturl.at/ZaI5t>.

September 23
Open Tech
2-4 PM at the New Canaan Library, McLaughlin Meeting Room
If you need help with email, smartphones/tablets, social media, or accessing the digital library, stop by for one-on-one support from a tech librarian. All technology-related questions are welcome. Tech assistance is limited to 20 minutes per session and is provided on a first-come, first-served basis.

Checks and Balances and Private Enterprise: How Markets Shape—and Are Shaped by—Our Constitutional Order
7 PM at the New Canaan Library, Jim & Dede Bartlett Auditorium
To mark Constitution Week 2025, Minor Myers, Zephaniah Swift Professor of Law at UCONN, will explore how markets and corporations sometimes act as checks on political authority, how the Constitution itself shapes the boundary between public and private power, and why those boundaries are less fixed than we might think. Register at <https://shorturl.at/g64ep>.

September 24
Prospective Member Lunch | Staying Put
12 PM at Waveny
Join Staying Put for their prospective members lunch. To register, call (203) 966-7762.

The Art of Home Organizing and Downsizing | Lunch and Learn Program
12:30 PM at the Lapham Center
Join for an informative and engaging panel discussion featuring three local experts. Whether you’re decluttering, downsizing, or preparing your home for sale, this session will offer valuable insights and practical tips. To register, call (203) 594-3620. Free event.

Journey into the World of Tea | Oolong and Pu-erhs
3 PM at Grace Farms
Explore the fascinating world of oolongs and pu-erh, tasting samples of green oolongs, dark oolongs, and compare the stark differences between a raw and a cooked pu-erh. Tickets are available at <https://shorturl.at/Cokei>.

Glass House Presents Women, Modernism, and Philip Johnson
6:30 PM at the New Canaan Library, Jim & Dede Bartlett Auditorium
Learn about architect Philip Johnson's overlooked associations with some of the women who embraced and promoted modernism from the 1930s through the 1950s. Register at <https://shorturl.at/xLEiQ>.

September 25
Shorebirds—Sharing the Shoreline
1 PM at the Lapham Center
Which birds nest on Connecticut beaches? Several endangered species raise their chicks on the shoreline, and they face may threats. This program will teach you about shorebirds such as the Piping Plover, Least Tern, and American Oystercatcher. To register, call (203) 594-3620. Free event.

The Rotary Club of New Canaan’s 40th Annual Lobsterfest
4-8 PM at Waveny House
How would you like to enjoy your lobster and other meals? Dine in at the Waveny House veranda or order curb-side take away. The menu will include lobster, lobster rolls, beef tenderloin, chicken, vegetarian cheese lasagna and a kid’s meal. More information and tickets are available at <https://www.newcanaanrotarylobsterfest.org>.

Author Jane O’Connor and illustrator Robin Preiss Glasser: Fancy Nancy Besties for Eternity
4:15 PM at the New Canaan Library, Jim & Dede Bartlett Auditorium
Join to celebrate the launch of Fancy Nancy Besties for Eternity with author Jane O'Connor and illustrator Robin Preiss Glasser. More information and registration is available at <https://tinyurl.com/mr394y97>.

Backgammon Night
7-9 PM at the Playhouse, the Marquis Lounge
Go play and learn the classic game of backgammon. Featuring lessons for newbies from New Canaan’s Claudia Peterson. Entry is \$20/person, Playhouse Bravo members get in free. Register at <https://shorturl.at/OhRWm>.

September 26
COFFEE AND CONVERSATION
8:30 – 9:30 AM at the Lapham Center
Sponsored by the New Canaan Sentinel
for a weekly community coffee and conversation.

Lunch with a Purpose | Citizens of Humanity and west-bourne
11 AM- 2 PM at Grace Farms
Join for a lunch and conversation featuring Amy Williams, CEO of Citizens of Humanity Group and Camilla Marcus, chef and founder of west-bourne. They discuss how the essential pillars of food, clothing, and shelter are driving change toward a more sustainable and ethical future in a conversation moderated by Karen Kariuki. Lunch will be a 4-course vegetarian meal. Register at <https://shorturl.at/4tpYg>.

The Rotary Club of New Canaan’s 40th Annual Lobsterfest
4-8 PM at Waveny House
How would you like to enjoy your lobster and other meals? Dine in at the Waveny House veranda or order curb-side take away. The menu will include lobster, lobster rolls, beef tenderloin, chicken, vegetarian cheese lasagna and a kid’s meal. More information and tickets are available at <https://www.newcanaanrotarylobsterfest.org>.

September 27
Cider Saturday
10 AM- 2 PM at New Canaan Nature Center
Join Cider Saturday for cider press demonstrations, apple slingshots, a pumpkin scavenger hunt, baked apples, and more! Tickets are \$15/person and available at <https://newcanaannature.org/cider-saturday/>.

Birdwatching Walk
11 AM at Grace Farms
Birdwatchers of all ages and experience are invited to join for guided walks led by birding expert Brian O’Toole. Through guided walks, connect with the purpose of the ecosystems we inhabit, the vibrant life that’s a part of it, and our role in maintaining and adding to it. Register at <https://shorturl.at/GRqLL>.

September 28
Waveny Park Arts Festival
10 AM- 4 PM in Waveny Park
The Waveny Park Arts Festival will feature 50 artist & artisan vendors, live music & entertainment, food trucks, and more. For more information visit <https://carriagebarn.org/2025-artsfest-application/>.

September 29
Chair Yoga
11:30 AM at the New Canaan Library, Jim & Dede Bartlett Auditorium
With the support of a chair, this gentle Chair Yoga class will help you improve postural alignment, maintain pelvic mobility, reduce muscle tension and gain strength. Register at <https://shorturl.at/ZaI5t>.

A Visit to “The Dome” | New Canaan High School’s Planetarium and Theater
3 PM at the Lapham Center
This immersive and interactive learning theater will astound you. The Dome provides an educational experience you will not want to miss. Take the short drive or walk over to the high school to witness this spectacular venue. Call now to register: 203-594-3620.

September 30
Open Tech
2-4 PM at the New Canaan Library, McLaughlin Meeting Room
If you need help with email, smartphones/tablets, social media, or accessing the digital library, stop by for one-on-one support from a tech librarian. All technology-related questions are welcome. Tech assistance is limited to 20 minutes per session and is provided on a first-come, first-served basis.

October 1
Retirement by Design: Creating a Future You Can Count On
10 AM at the New Canaan Library, Craig B. Tate Conference Room
In this session, learn how to build wealth, create income, and adapt to the unexpected. Build or update a retirement plan that reflects your values, priorities, and lifestyle. Whether retirement is ten years away or already underway, this session will give you the tools

and confidence to shape your future—on your terms. Register at <https://shorturl.at/I6LdL>.

Guided Fairtrade Coffee Tasting | International Coffee Day
10 AM at Grace Farms
Start the day with purpose by experiencing a premium coffee tasting guided by Adam Thatcher. Thatcher will share tastes and stories of crafting and sourcing exceptional Fairtrade coffee. Registration includes a 12 oz. bag of Grace Farms coffee. Register at <https://shorturl.at/xCBlz>.

Movie Screening, Dinner and Conversation with Claire Ayoub
5 PM at the Lapham Center
Join for dinner, a screening of Empire Waist, and conversation with New Canaan’s own Claire Ayoub. Empire Waist is a heartfelt comedy about teens learning to love their bodies through fashion design and friendship. Claire will discuss the film after the viewing. Registration required, call 203-594-3620.

October 2
Navigating Medicare.gov: Your Guide to Medicare Options Presented by Dick Neville & Kathy Collins
11 AM at the Lapham Center
Join for a step-by-step presentation on how to use Medicare.gov to access, review and update your Medicare coverage. Learn to compare plans, check current benefits, and make changes during open enrollment using the official Medicare website. To register, call (203) 594-3620. Free event.

October 3
COFFEE AND CONVERSATION
8:30 – 9:30 AM at the Lapham Center
Sponsored by the New Canaan Sentinel
for a weekly community coffee and conversation.

October 4
“Unleash the Artist In You” Painting Workshop with Melissa Benedek
12 PM at the Carriage Barn Arts Center
Join this small group workshop to explore self-expression and a deeper connection with your creative side. Materials included, BYO lunch. Spaces are limited—sign up early to reserve your spot. Tickets are \$135/members, \$150/non-members, and available at <https://carriagebarn.org/event/unleash-the-artist-in-you/>.

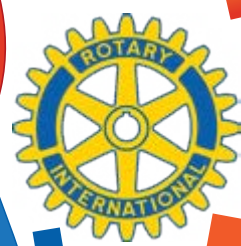
Harvest Festival | Nature on Tap
7-10 PM at the New Canaan Nature Center
The Harvest Festival is an adult only evening featuring live music and local microbreweries and wine. The festival is a fundraiser for the Nature Center. Tickets are available at <https://shorturl.at/wamgY>.

October 8
Fall Prevention Presented by Nicholas Rutigliano, DPT, ATC
10 AM at the Lapham Center
Join Nicholas Rutigliano to learn practical steps to stay safe, steady and independent. Falls are a leading cause of injury-related deaths among adults aged 65 and older. Rutigliano is a Doctor of Physical Therapy and Certified Athletic Trainers, affiliated with Yale New Haven Greenwich Hospital. To register, call (203) 594-3620.

Glass House Presents: Manresa Wilds and Beyond
6:30 PM at the New Canaan Library, Jim & Dede Bartlett Auditorium
Kate Orff, FASLA is the founder of SCAPE, a landscape architecture and urban design practice. Kate will share SCAPE’s ethos and working method and describe some of SCAPE’s signature work including Oyster-tecture and Living Breakwaters in New York Harbor, Tom Lee Park in Memphis, TN, and the new Manresa WILDS Park in Norwalk, CT. Register at <https://shorturl.at/RfZZZ>.

October 9
Staying Put Annual Meeting
4:30 PM at the Lapham Center
Join Staying Put for their annual meeting. Step Into Wellness: Foot Care Essentials with Dr. Tauber. To register, call (203) 966-7762.

Wine Tasting with Francos Wine Merchants
6-8 PM at the New Canaan Museum & Historical Society
Kick off October4design with wine tasting. Enjoy French, Italian and American wines and champagnes. There will be passed hors d’oeuvres to compliment the wines. Space is limited. Tickets are available at <https://shorturl.at/IL0gZ>.



ROTARY CLUB OF NEW CANAAN

40TH ANNIVERSARY CELEBRATION!

LOBSTERFEST

Thursday & Friday

September 25 & 26, 4:00pm-8:00pm



Indoor & Outdoor Seating at Waveny

Live Entertainment and Family Fun

Dine in or Take Away
Meals for Kids and Adults

Proceeds support
local non-profits



Tickets: Use QR code or
www.newcanaanrotarylobsterfest.org



Calendar of Events for Your Fridge

October 10

COFFEE AND CONVERSATION
8:30 - 9:30 AM at the Lapham Center
Sponsored by the New Canaan Sentinel for a weekly community coffee and conversation.

Opening Night of Witch
7:30 PM at the Powerhouse Theatre
A charming devil arrives in the quiet village of Edmonton to bargain for the souls of its residents in exchange for their darkest wishes. Elizabeth should be his easiest target, having been labeled a "witch" and cast out by the town, but her soul is not so readily bought. More information is available at https://tpnc.org.

October 11

10 Year Celebration of Grace Farms
2 PM at Grace Farms
Celebrate with music commemorating the moment from world-renowned musicians, and a can't-miss discussion . More information and tickets are available at https://shorturl.at/sxkRc.

10 Years of Grace Farms | Benefit Sunset Dinner
5-9 PM at Grace Farms
Join Grace Farms for their Benefit Dinner, curated by renowned culinary creator Peter Callahan. Acclaimed artists will guide you through a progression of discovery, transforming each course into a captivating moment that awakens your senses. Tickets are available at https://shorturl.at/nqAgm.

Faster Things – Allman Brothers Tribute
7 PM at the Carriage Barn Arts Center
If you love the music of the original Allman Brothers Band, you will love Faster Things – the Allman Brothers Tribute Band. Faster Things conjures the twin guitar harmonies and searing slide guitar sounds, hammond organ, harmony guitar and unusual time signatures of the original Allman Brothers band with passion. Advance tickets are \$25 and available at https://carriagebarn.org/event/faster-things/.

October 14

Medicare 2026: Understanding Changes and Coverage Options
1 PM at the New Canaan Library, Craig B. Tate Conference Room
Lou and Jessica Pelletier will help you navigate the complexities of Medicare in 2026, including the Parts and the important new changes to Medicare drug plans rolling out in 2026. Register at https://shorturl.at/rftLq.

The Sandwich Generation, presented by Waveny
6:45 PM at the New Canaan Library
Join a presentation by Waveny LifeCare Network and New Canaan CARES, "The Sandwich Generation". More information will be available at www.newcanaancares.org.

7 Ways to Support Your Student’s Studying &

Executive Functions
Online at 7 PM
In this webinar, you’ll discover proven strategies to help your child develop the study skills, organization, and focus they need to succeed, while keeping your own stress in check. Register at https://shorturl.at/bGYg0.

October 15

Lunch and Learn with Tiger Mann | State of the Streets and Future Public Work Projects 2025/26
12:30 PM at the Lapham Center
Tiger Mann, Director of Public Works, will present an update on the current condition of our streets and share details on upcoming infrastructure projects. To register, call (203) 594-3620.

Living Well Now & Later Series: Brain Health & Mental Fitness
1 PM at the New Canaan Library, Craig B. Tate Conference Room
Nurture your brain. Enhance your life. Discover science-backed tips to keep your brain healthy and engaged at every age. From memory-boosting habits to techniques for staying emotionally strong, you'll gain tools to support lifelong mental clarity and well-being. Register at https://shorturl.at/wZaMl.

Fall Candle Making workshop with Oh D’Luxe Candle Company
6:30 PM at the Carriage Barn Arts Center
Join for a fun and interactive Fall Candle Making Workshop. In this hands-on class, you'll create your own 9 oz pure soy wax candle—from picking the perfect wick and blending your signature scent, to swirling it into the wax and designing your custom label. Register at https://shorturl.at/NwNhK.

October 16

Sip and Paint with Clever and Crafty | Appetizers and Drinks
5-7 PM at the Lapham Center
Join for a fun evening of painting, appetizers and wine. Space limited, reserve early. \$10/person at the door. To register, call (203) 594-3620.

October 17

COFFEE AND CONVERSATION
8:30 - 9:30 AM at the Lapham Center
Sponsored by the New Canaan Sentinel for a weekly community coffee and conversation.

October 18

Modern House Day Tour + Symposium
9:15 AM- 4:30 PM at the New Canaan Museum & Historical Society
This year’s tour includes homes by Philip Johnson, John Johansen, Bimel Kehm, and a newly-built residence reflecting mid-century ideals through modern innovation, open plans, and nature integration. Attendees will tour in small buses, guided by knowledgeable architects. A catered boxed lunch will be provided. Tickets are available at https://shorturl.at/hDVcf.

“Exploring Your Vision

In Paint” Workshop With Landscape Artist Jonathan McPhillips
10 AM at the Carriage Barn Arts Center
Join renowned landscape artist Jonathan McPhillips for a one-day workshop that is open to artists of all levels working in any paint medium. Spaces are limited—sign up early to reserve your spot. Tickets are \$155/members, \$180/non-members, and available at https://carriagebarn.org/event/jonathanmcphillips/.

October 19

Caffeine & Carburetors
7 AM at Waveny
Caffeine & Carburetors is a gathering of automotive enthusiasts, meeting four times a year to enjoy our rides and share them with like-minded gear heads. More information is available at https://cbo.io/bidapp/index.php?slug=ccjune2025.

October 22

Breakfast with the New Canaan Sentinel
10:30 AM at the Lapham Center
Join for breakfast with the Sentinel! In an era where facts matter more than ever, the New Canaan Sentinel, is committed to delivering trust-worthy news, compelling stories, and diverse perspectives—more than just a publication—it's a platform built on the principles of integrity, transparency, and public service. To register, call (203) 594-3620.

October 29

Preserving Nature Close to Home: An Intro to the New Canaan Land Trust Presented by Robin Bates Mason, Executive Director
12 PM at the Lapham Center
Discover the New Canaan Land Trust: Past, Present, and Future. Join Executive Director Robin Bates-Mason for an insightful lunch and learn detailing the history of the NCLT and its strategic vision for the future. To register, call (203) 594-3620.

Mattering in the Modern World presented by New Canaan CARES
7 PM at Saxe Middle School
Join Jennifer Wallace in conversation with Kelly Corrigan. Open to ALL Community Members. More information will be available at www.newcanaancares.org.

October 30

Halloween Bingo
12-2 PM at the Lapham Center
Join for lunch, BINGO, and prizes for the best costume! Costumes encouraged. Free. To register, call (203) 594-3620.

Halloween Graveyard Tour with Dede Bartlett
3 PM at 352 Main St., New Canaan
Join for a guided walking tour at Lakeview. Learn about the history of the cemetery, and of the fascinating individuals whose lives impacted New Canaan and beyond. Meet in the parking area near the administrative building.

Treats will be served. All ages welcome. Tickets available at https://shorturl.at/WcW6Q.

SAVE THE DATE

November 4

Medicare: What’s New for 2026 | Presented by Southern Connecticut Agency of Aging
11 AM at the Lapham Center
Learn more about your Medicare options, including changes and updates for 2026. To register, call (203) 594-3620.

November 6

Fraud Prevention Tips with the New Canaan Police Department Presented by Officer Adams and Officer Coughlin
11 AM at the Lapham Center
Financial scams and identity theft are constantly evolving. Staying informed helps you recognize and avoid the latest schemes. Reduce your risk of becoming a victim by attending this presentation. To register, call (203) 594-3620.

November 22

Holiday Market
10 AM- 5 PM at the New Canaan Nature Center
The New Canaan Nature Center will kick off the holiday season by hosting our Holiday Market! There will be unique gifts items including jewelry, clothing, candles, and much more. School of Rock will also be playing some holiday cheer!

BLOOD DRIVES

Saturday, September 20

Union Baptist Church
805 Newfield Avenue
Stamford, CT 06905
8:00 AM – 1:30 PM

Greenwich Blood Donation Center
99 Indian Field Road
Greenwich, CT 06830
7:00 AM – 3:15 PM

Sunday, September 21

Greenwich Blood Donation Center
99 Indian Field Road
Greenwich, CT 06830
7:00 AM – 3:00 PM

Monday, September 22

Norwalk Hospital
34 Maple Street
Norwalk, CT 06856
12:00 PM – 5:00 PM

Tuesday, September 23

Stamford Church of Christ
1264 High Ridge Road
Stamford, CT 06903
1:00 PM – 6:00 PM

Wednesday, September 24

Greenwich Blood Donation Center
99 Indian Field Road
Greenwich, CT 06830
9:00 AM – 5:15 PM

Thursday, September 25

American Legion
60 County Road
Norwalk, CT 06851
11:00 AM – 4:00 PM

Greenwich Blood

Donation Center
99 Indian Field Road
Greenwich, CT 06830
7:00 AM – 3:00 PM

Friday, September 26

VFW
465 Riverside Avenue
Westport, CT 06880
10:00 AM – 3:00 PM

Support Services & Meetings

September 26

Suicide Prevention Training: QPR
11 AM at the New Canaan Library, Craig B. Tate Conference Room
QPR stands for Question, Persuade, and Refer – the 3 simple steps anyone can use to help prevent suicide. Those trained in QPR learn how to recognize the warning signs of a suicide crisis and how to question, persuade, and refer someone to help. Register at https://tinyurl.com/bdc2vasm.

October 1

Alzheimer’s Support Group with the Waveny LifeCare Network
2 PM at the New Canaan Library, McLaughlin Meeting Room
Family members, caregivers, and friends are invited to meet for informative and supportive group sessions to help navigate changes related to memory loss and cognitive decline. Register at https://shorturl.at/GJDIIn.

October 12

Library Orientation with Inclusive Together
11 AM at the New Canaan Library, Kontulis Family Storytime Room
New Canaan Library is partnering with Inclusive Together to offer an exclusive Library Orientation for parents/caregivers and their children. This event is designed for those who appreciate a quieter, less crowded environment. Register at https://shorturl.at/LNcky.

October 14

Legal Essentials for Caregivers with Michael Nedder from Nedder and Associates
12:30 PM at the Lapham Center
This presentation will cover the key legal documents every caregiver should understand—such as powers of attorney, advance directives, guardianship, will and HIPAA authorizations. You’ll also learn how to advocate for your loved one’s rights while protecting yourself legally. To register, call (203) 594-3620.

November 4

Medicare: What’s New for 2026 | Presented by Southern Connecticut Agency of Aging
11 AM at the Lapham Center
Join if you would like to learn more about your Medicare options, including changes and updates for 2026. To register, call (203) 594-3620.

Every Friday

AA Speaker Meeting
Wheelchair Access
Fridays at 7:30 AM
Congregational Church of

New Canaan
Every Saturday

AA Meeting-Sober Citizens Group
Saturdays at 9:15 AM
First Presbyterian Church of New Canaan

AA Meeting-Laundry and Dry Cleaning Group
Saturdays at 10:30 AM
First Presbyterian Church of New Canaan

Lost Then Found NA Meeting
Wheelchair Accessible
Saturdays at 7 PM
United Methodist Church (back entrance)

Every Monday

AA Meeting
Wheelchair Access
Mondays at 7:30 AM
Congregational Church of New Canaan

Adult Child Al-Anon Meeting
Mondays at 12 PM
St. Mark’s Church, Youth Room

Every Tuesday

Adult Child Alanon Meeting
Tuesdays at 12 PM
St. Mark’s Parish House, Conf. Room

Every Wednesday

AA Step Meeting
Wheelchair Access
Wednesdays at 7:30 AM
Congregational Church of New Canaan

Al-Anon Parent’s & Newcomer’s Mtg.
Wednesdays at 7:30 PM
Silver Hill, Jorgenson House
208 Valley Rd., New Canaan

Every Thursday

AA Big Book Meeting, Wheelchair Access
Thursdays at 7:30 AM
Congregational Church of New Canaan

New Canaan Parent Support Group
7-8:30 PM
St. Mark’s Episcopal Church
New Canaan

Our Neighbors

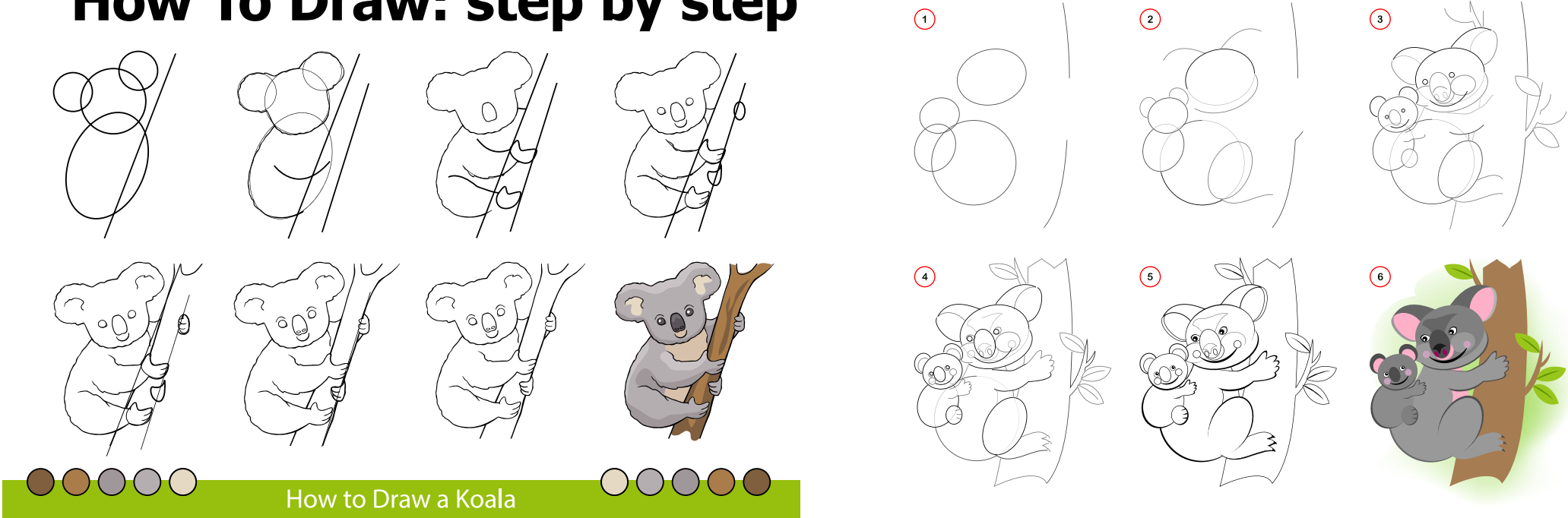
September 25

Art With A Purpose Fundraiser for the Alzheimer’s Association
5-7 PM at Atria Darien, 50 Ledge Road
Join a special art show and wine reception showcasing the talents of featured resident artists, partnering with the Alzheimer's Association. For more information, please contact monica.lynn@atriaseniorliving.com.

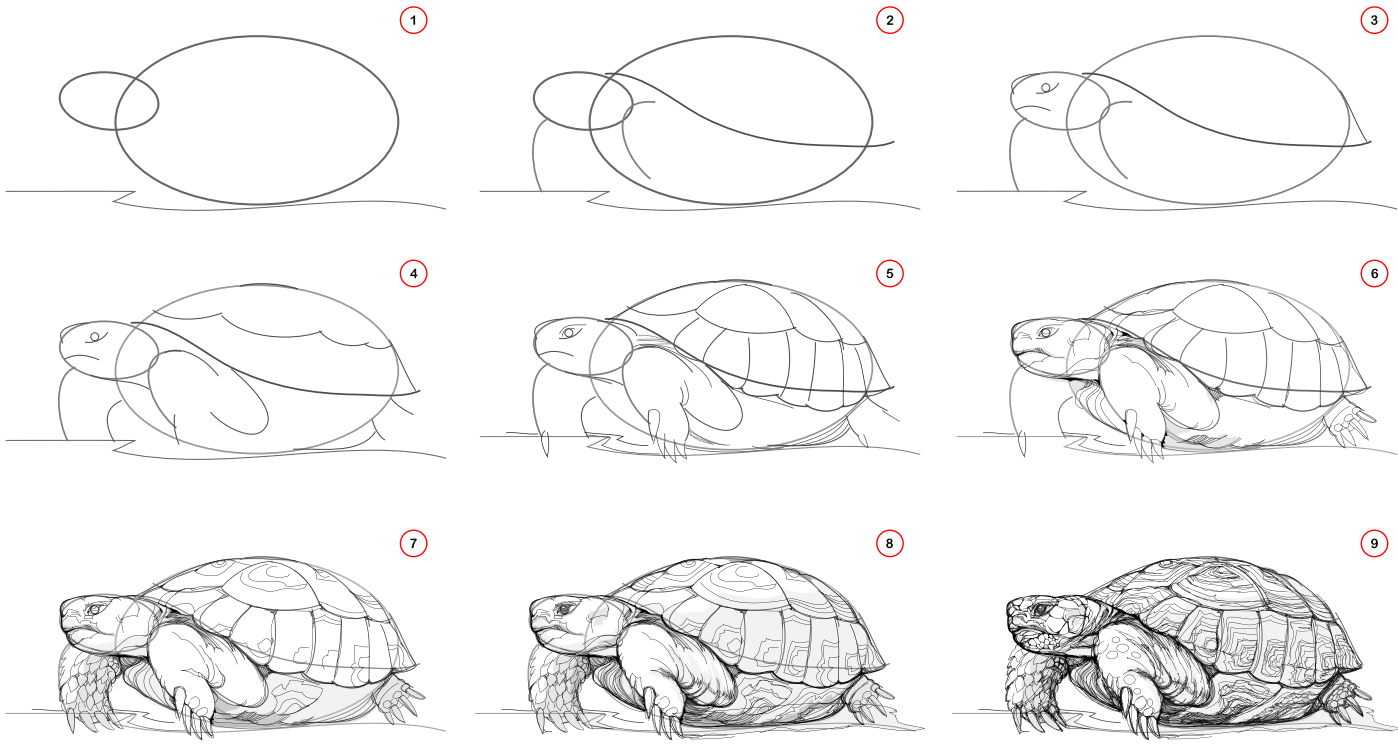
September 27

Plates with Purpose
5-7 PM at Serafresca at the IC, 1620 Newfield Ave. Stamford
Join Filling in the Blanks for food, fun, and festivities. Enjoy specialty cocktails, a silent auction, and celebrate their Philanthropist of the Year, Shonda Rhimes. The evening will help raise funds to support Filling in the Blanks’ mission to fight childhood hunger in local communities. Tickets are available at https://e.givesmart.com/events/Ji0/.

How To Draw: step by step



How To Draw: Turtle



Sudoku for Kids

	4		2
	2	3	
4		2	1
	1		

	1		
2	3	4	
			3
3		1	4

1	4		
2		4	1
	1	3	
			4

2		4	3
		2	
		3	2
	2		4

SUDOKU

Each row, column, nonet can contain each number only once. Answers below.

Easy								
						2	9	
9	6	8	3		2			
1				9	8		7	
		6			1			
8		5				3		1
			5			9		
	2		8	4				5
			7		3	8	1	2
	8	3						

Hard								
1					6	3		
							9	1
8				3		2		
		1	6					7
6	5						8	3
7					8	4		
		2		8				5
4	3							
		6	7					9

Very Hard								
6	7				3	5	2	8
2		5				9		
			2		7			
	2							
	9						4	
							5	
			9		5			
		2				1		4
1	8	9	7				6	5

Easy								
8	4							
	1		6	5				
5				9	8		6	
	6			7			5	
1			2		6			3
	3			8			2	
	5		1	6				4
			3	7		1		
							9	5

Hard								
		8		2				6
5			7	6				2
				3		9		
			1			8		
2	4						3	5
		5			9			
	6		3					
3			8		1			7
7				6		4		

Very Hard								
			5		8	9	3	6
			2					
3								
					4	5	2	1
			9					
4	6	2	1					
								5
					6			
2	9	4	8		7			

Sudoku answers

3	7	4	1	5	6	2	9	8	Top row – Easy
9	8	1	4	5	6	2	7	3	Top row – Hard
6	7	3	2	7	5	9	4	1	Top row – Very Hard
5	1	8	6	3	4	7	2	9	Bottom row – Easy
2	9	8	7	6	5	4	3	1	Bottom row – Hard
1	2	7	5	4	3	6	8	9	Bottom row – Very Hard

PUZZLES

Send us a picture of yours completed page at Cordelia@SentinelHometownNews.com

