

Learning the Joy of Botanical Print Making with Mary Scott Himes



Mary Scott Himes begins the process of making a botanical print with rolling the paint across a gel plate. Photo by Anne W. Semmes.

By ANNE W. SEMMES

For the last two Wednesday afternoons Mary Scott Himes, the talented wife of our U. S. Congressman Jim Himes has opened the door to the art and beauty of creating botanical prints, and this writer was privileged to attend.

Upon arrival Mary had laid it all out for the eight of us, some botanical choices from her backyard “beloved weeds,” and an array of acrylic paint colors, and paint brushes. On two long tables she placed for each of us a rubbery, rectangular gel plate secured on paper we would paint with a dab of paint, then using a hand rolling brayer to spread the paint across the plate. “One of the most important things” she instructed, was “don’t put too much paint on the gel plate... because it’ll slide around and you won’t get a clean print...and this paint dries really fast.”

With our chosen “weed” we would arrange it on the painted plate, then place atop the weed a provided sheet of paper, “and the important thing is you do not want this paper to move because it’ll give you a mushy print. So, hold it down with one hand.” And “burnish it with your hand, and if that weed has a stem, use your fingers to press down around it...to get into the nooks and crannies of that stem.”

So, I chose a sage green paint and a stem of three large petals. I burnished that paper over that arranged weed on that sage green painted gel plate. And when I peeled off the imprinted paper, it was beautiful! But there came another choice. “This is called the ghost,” tells Mary, by removing the botanical, then placing a tissue-like paper over the now petals-imprinted gel plate, burnishing it, then a new print peeled back – a ghost print that

appeared even more beautiful. What a joy to see! As in the title of her class, I was experiencing “The Joy of Botanical Printmaking!”

This path to the sharing of joy had come to Mary at a tough moment in her life - she shared it with us. She is a breast cancer survivor as of four plus years ago. Having worked in restaurant design - she has a BA in history/Art History, and a BFA in Environmental Design from Parsons School of Design, she’d had to step away from “making stuff. I had to go through a lot of treatments.” But what came to her was “this incredible need to create,” with an inspiration. She’d met up with Amy Zabin “teaching music therapy at the Stamford Bennett Canter Center” who suggested she teach art to others undergoing treatment. “Why not” was Mary’s response. “Amy gave me the courage to reach out... I just do the printmaking. I don’t get paid - I just do it as a volunteer.” And she “loves doing this.”

Meanwhile, all eight of us are experimenting with different colors, different plants, with Mary moving amongst us with suggestions. Next to me is Wendy creating a number of winning prints with her chosen weeds and colors. Some women have brought their own botanicals to use.

Onto the next table, Mary brings a set of stencil designs we can also use on our gel plates, and she points to a purple print of hers attached on the wall. “So, this purple one is a ghost print. It really shows it’s the positive, not the negative of the stencil.” To demonstrate, she chooses yellow paint to make the botanical print. “I roll the yellow on; I put the plant on top and then I take away the print right?” She then places the print on the imprinted gel. “It’s hard to burnish it when there’s paint because there’s friction there. I’m holding it down



L to R a ghost printed botanical print followed by two first printings. Created and photographed by Anne W. Semmes.

“You can do these kinds of layers as many times as you want. It’s so cool.” Mary Scott Himes.

really, really, hard.” The result is a most colorful and evocative ghost print.

“You can do these kinds of layers as many times as you want,” she continues. “It’s so cool. So that’s called over-printing. You’re just layering... It dries really fast...You can use different colors, you can overlay with a different plant... And if you want to totally change your palette, you’re going to wipe off the gel plate.” She adds, “Some colors when they interact with other colors can shift. A pink

can look more blue depending on what it’s sitting next to.”

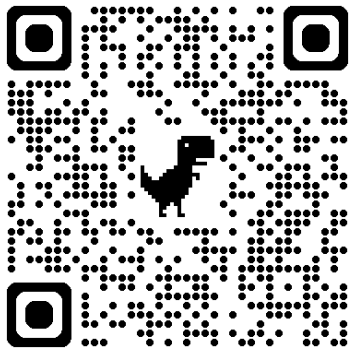
With her guidance each table would be filled with colorful botanical prints, some showing stenciled silver leaves, some with multiple color variations. But the two-hour session was coming to a close, and Wendy next to me was leaving, with her impressive spread of prints. “This has been wonderful and exciting,” she tells Mary, “Thank you so much.” Agreed! Thank you, Mary!



Mary Scott Himes peels back the imprinted paper from the plant atop the gel plate. Photo by Anne W. Semmes.

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Maureen P. McEvoy, MD

Breast Surgeon; Breast Surgery Fellowship Director, Montefiore Einstein and Assistant Professor, Albert Einstein College of Medicine

Raised in Connecticut and a resident of New Canaan, Maureen P. McEvoy, MD, provides comprehensive breast surgery care using minimally invasive and oncoplastic techniques to achieve cosmetically optimal outcomes. She focuses on minimizing surgery and maximizing patient care, offering surveillance for those with a high risk of breast cancer, performing lumpectomies, mastectomies and nipple-sparing mastectomies, and practicing de-escalation of axillary surgery.

A graduate of Albert Einstein College of Medicine, Dr. McEvoy completed a two-year clinical research

fellowship at Memorial Sloan Kettering Cancer Center followed by a breast surgical oncology fellowship at Massachusetts General Hospital, Harvard’s teaching hospital.

Dr. McEvoy has served on national committees and written national guidelines on ways to decrease lymphedema through smarter axillary surgery. She has presented her work on breast cancer nationally and has received awards at national conferences.



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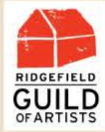
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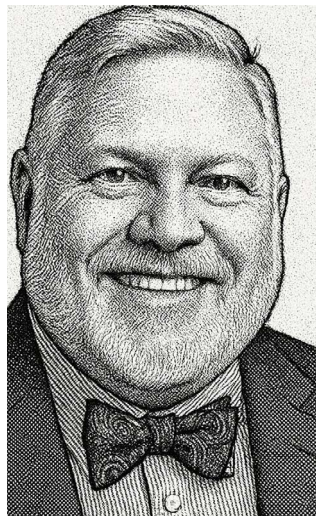
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COLUMN

Neurotoxicity in the Developing Brain



By RUSSELL BARKSDALE, PH.D & ANDREW J. GERBER, MD, PH.D.

Much attention has been directed toward involuntary health risks—microplastics in drinking water, fluoride level disputes, preservative debates, and the ongoing opioid epidemic. These concerns are warranted: exposures can lead to outcomes ranging from undetectable to life-threatening. In recent years, synthetic opioids such as nitazenes, more potent than heroin and in some cases even fentanyl, have emerged in Europe. Their concealability highlights a broader public health dilemma: the risks of increasing potency for

substances in circulation. Cannabis now belongs in that conversation. While fentanyl and nitazenes represent immediate lethality, cannabis poses a slower but no less consequential threat particularly to adolescents and young adults. The drug itself has fundamentally changed. In the 1970s, marijuana contained 2–4% THC, its psychoactive compound. Today, standard cannabis products average 15–20% THC, with concentrated forms such as waxes, oils, and edibles reaching 60–90%. What many historically recall as a mild social drug is now a highly engineered, far more potent substance. This shift matters most during adolescence, a critical window for brain development. While the brain stops growing in size by early adolescence, it continues to undergo essential fine-tuning through the mid-20s. The prefrontal cortex responsible for judgment, impulse control, planning, and prioritization is one of the last regions to fully mature. Cannabis exposure during this time disrupts pruning, white-matter development, and synaptic connectivity, potentially altering the trajectory of cognitive and emotional health for life. Neuroscience is sounding alarms. A major longitudinal neuroimaging study found that cannabis use from mid- to late adolescence accelerated cortical thinning in the prefrontal cortex, even after adjusting for alcohol and nicotine. Additional human and animal studies link high-potency THC exposure in adolescence to impaired synaptic pruning, altered neurotransmitter function, neuroinflammation, and long-lasting changes in brain connectivity. Noteworthy, these effects are not replicated when exposure occurs in adulthood, underscoring the vulnerability of the adolescent brain. Clinical and epidemiological findings are consistent. Decades of imaging reveal that young cannabis users experience reduced cerebral blood flow, delayed maturation, and increased risks of anxiety, depression, and psychosis. Adolescents who use cannabis may be more

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than eleven times more likely to be diagnosed with a psychotic disorder than their non-using peers. Academic decline, diminished IQ, impaired memory, and heightened susceptibility to other addictions are not rare outcomes but increasingly documented consequences. And yet, amid dispensaries, billboards, and social media influencers, cannabis has been normalized as harmless or even therapeutic. The cultural familiarity over the decades of a “mild joint” obscures the reality; today’s cannabis is not the same drug. What was once a relatively low-potency experiment of the 1970s has become a high-intensity neuroactive exposure in 2025. This is not a call for prohibition or moral character, but for open discussion, and honest research. Parents, educators, pediatricians, and policymakers owe young people evidence-based clarity, not complacency due to historical perspectives. Longitudinal studies that track brain health across the lifespan are urgently required. Education campaigns should make clear that while cannabis may have a place in adult life, adolescent exposure to high-potency products carries real and lasting risks. We are at a crossroads. On one side rests the narrative of cannabis as benign, medicinal, and socially accepted. On the other is the growing body of science that reveals its neurotoxic potential, magnified by unprecedented potency, and its gateway to increasingly addictive substances. Which story we elevate will shape public health for decades to come. If we demand water

free of microplastics and food uncontaminated by endocrine disruptors, consistency and a fair and balanced perspective demands we also confront the neurodevelopmental risks of high-potency cannabis. Protecting young brains requires vigilance, transparency, and the courage to prioritize science over cultural convenience. Our responsibility should be clear. It is to ensure that a generation navigating adolescence and early adulthood does so with their futures intact, not compromised by a drug that has quietly, but profoundly, transformed. *Russell R. Barksdale, Jr., PHD, MPA/MHA, FACHE, President and CEO, Waveny LifeCare Network & Andrew J. Gerber, MD, PH.D., President and Medical Director, Silver Hill Hospital*

Understanding Healthy Hair: What You Can Do

By TERESA ALASIO

Few things are more distressing than noticing hair thinning or extra shedding. It happens to both women and men, and, in most cases, is largely temporary. The causes of hair loss can be multifactorial and range from hormonal shifts, nutritional deficiencies, and medication effects to physical or emotional stress, rapid weight loss, and underlying medical conditions such as thyroid or autoimmune disorders. Because of this wide range, identifying the cause of hair loss is key to recovery.

The Hair Growth Cycle — and Why It Matters

Hair doesn’t grow continuously. Each strand cycles through three main phases: growth (anagen), rest (telogen), and shedding (exogen). When a stressor disrupts this rhythm, more hairs than usual enter the shedding phase at once — a condition called telogen effluvium. This can lead to diffuse thinning over the scalp, often noticed a few months after the triggering event. While it can feel alarming, this type of hair loss is usually reversible once the underlying cause resolves.

Common Triggers for Temporary Hair Loss

Stress and Illness

Physical or emotional stress — including surgery, illness, or even a difficult life event — can shock the hair follicles into dormancy. As your body and mind recover, your hair cycle resets, with regrowth typically beginning within 3–6 months.

Patients experiencing temporary hair loss need to understand that the most effective treatments are as much about healing the body as they are about treating the scalp.

Postpartum Hair Loss

Many women shed hair after pregnancy due to shifting hormone levels. Thick, full hair during pregnancy is linked to increased estrogen, but after delivery, estrogen drops sharply, causing a wave of shedding. This resolves naturally over time. **GLP-1 Medications** (Ozempic, Wegovy, Zepbound, etc.) Increasingly, patients report hair thinning after starting GLP-1 receptor agonists for weight loss — often related to rapid weight loss and nutrient depletion. Adequate protein, vitamins, and hydration can help. **Nutritional Deficiencies** Low iron, vitamin D, or protein may contribute to shedding. Blood tests can pinpoint deficiencies, and supplementation may restore growth. **Thyroid and Hormonal Imbalances** Both overactive and underactive thyroid function can cause hair loss, as can changes in estrogen, progesterone, and testosterone. Hair often recovers once hormones are corrected.

Both overactive and underactive thyroid function can cause hair loss, as can changes in estrogen, progesterone, and testosterone. Hair often recovers once hormones are corrected.

Hair Loss in Women vs. Men

While many causes of hair loss are shared between women and men, the patterns

and underlying influences often differ. **In Women:** Hormonal changes play a major role. Postpartum shifts, perimenopause, thyroid imbalance, or changes in birth control can all disrupt the hair growth cycle. Women are also more susceptible to nutritional deficiencies (especially iron and vitamin D) and to diffuse shedding patterns rather than distinct bald spots. **In Men:** Hair loss is more commonly driven by genetics and hormones — specifically androgenetic alopecia, or male-pattern baldness. This type of thinning follows a predictable pattern (receding hairline or crown thinning) and tends to be gradual and progressive over time. Stress or illness can still trigger temporary shedding, but hereditary factors are often the main driver. Regardless of gender, a thorough evaluation is key. Understanding whether the loss is temporary and reactive or patterned and genetic determines the most effective treatment plan.

Treatment Approaches for Temporary Hair Loss (Telogen Effluvium)

Effective care for telogen effluvium focuses on root cause resolution and gentle, localized therapies rather

than systemic hormonal medication: **Nutrition and Supplementation:** Addressing iron, vitamin D, and protein deficiencies is fundamental, since low levels directly contribute to shedding and poor regrowth. Protein-rich foods, green vegetables, and targeted supplements (when deficiencies are documented) can restore follicle health. **Topical and Low-Dose Oral Minoxidil:** Minoxidil remains a leading option for stimulating new growth in temporary hair loss. Topical minoxidil (2–5%) is fully FDA-approved and consistently increases hair counts and thickness after several months of use. Low-dose oral minoxidil (0.25–5 mg/day) is emerging as an alternative for patients intolerant of topical forms; studies now show similar efficacy and safety, with 35–47% of patients seeing significant improvement and nearly a quarter stabilizing their hair loss. Most side effects are mild, with oral minoxidil causing more generalized hair growth (hypertrichosis) and occasional pedal edema, while topical use is more likely to cause scalp irritation. **Non-Hormonal Topical Biologic Therapies (e.g.,**

DERIVE):

Plant-based exosomes and active peptides target scalp health and follicle turnover without hormonal side effects. These treatments are hormone-free and locally active, increasingly popular among women seeking nontoxic support. **Regenerative Treatments:** Platelet-rich plasma (PRP) and microneedling enhance scalp healing and follicle activation, as clinical results show improved density and faster recovery for certain hair loss types. **Lifestyle and Scalp Care:** Stress reduction, gentle cleansing, avoiding tight hairstyles and heat, and mindfulness practices all help shorten the duration of shedding and support regrowth. **Low-Level Laser Therapy:** Laser devices promote follicle metabolism and scalp circulation, supplementing other therapies for chronic shedding or slow recovery. These treatments are best tailored to each patient’s needs, often combined for the greatest benefit, and avoid the risks associated with systemic hormone-altering drugs. **Why Finasteride (Propecia) Is Not Recommended for Temporary Hair Loss** Finasteride, a DHT-blocking drug approved for male pattern baldness, is not helpful in stress related hair loss (telogen effluvium), which is triggered by temporary disruptions in the hair growth cycle rather than excess dihydrotestosterone (DHT).

Clinical studies show that finasteride had little to no benefit for women unless androgenetic alopecia is present, and topical forms can still cause systemic side effects: mood changes, sexual dysfunction, menstrual irregularity, and possible breast tissue effects. Telogen effluvium is fundamentally different from male pattern hair loss, and using finasteride exposes patients—especially women—to unnecessary risks without added benefit.

The Outlook

Most forms of temporary hair loss resolve naturally within several months after the trigger passes. While waiting can be frustrating, it’s important to remember your follicles remain alive — and the right local treatments can speed recovery, strengthen growth, and preserve fullness. Most importantly, patients experiencing temporary hair loss need to understand that the most effective treatments are as much about healing the body as they are about treating the scalp. The information presented is meant for educational purposes and not meant as a substitute for medical advice. If you have a specific medical concern, please consult with your medical provider.

Dr. Teresa Alasio is the Owner and Medical Director of Intentional Self Aesthetics, located in Downtown New Canaan. She lives in New Canaan with her family and is recovering from telogen effluvium caused by stress from raising two teenage boys, among other things.

DIONNA CARLSON COLUMN CONTINUED From Page 1

zoning districts of one acre or less, the annual leaf pickup program will run from November 3rd through November 30th. Please be sure to have your leaves curbside before the end of the month. Residents and yard maintenance contractors who are picking up leaves from New Canaan properties may deposit leaves in the Town’s Composting Area located on Lapham Road near the entrance to Waveny Park. Contractors must have a proper Permission Form signed by the property owner. Composted material is typically made available to local residents the following spring to enrich the soil in their gardens. Election Season: Fall also means it’s election season. This year’s Municipal Election will take place on Tuesday, November 4th, with early

voting available from October 20th through November 2nd. There are contested races for both Town Council and the Board of Education. I encourage all residents to make their voices heard and VOTE. For more information about Registration, Early Voting, Election Day Voting, Where to Vote, and more, visit the Registrars of Voters Office at newcanaan.info / government / registrar of voters or call 203-594-3060 or 203-594-3096. For information on Absentee Voting and the sample New Canaan Ballot, visit newcanaan.info / government / town clerk or call 203-594-3070. Planning & Zoning Regulation Review: The Planning and Zoning Commission has begun a comprehensive review of its regulations. This important process will include public engagement sessions which are a perfect place to voice your views. The first such meeting will be held on October 23rd at 7:00 p.m. in Town Hall. The Preamble of the current Regulations states: “These Zoning Regulations are intended

to guide land use activities in New Canaan in ways that will maintain and enhance community character and protect the public health, safety, and welfare It is the general purpose and intent of these Regulations to foster the use and development of land in an orderly manner by both private and public interests with special consideration given to the appearance of the community as a result of such development.” Get Involved in Town Service: We are always looking for residents to serve on boards and commissions. I work with both the Republican and Democratic Town Committees to fill these roles. Registered Republicans can reach the RTC at chairman@newcanaanrepublicans.org. Registered Democrats, please contact NewCanaandems@gmail.com. Unaffiliated voters should contact my office directly at firstselectman@newcanaanct.gov On a final note for this month, I am pleased to recognize and thank, once again, our Fire and Police departments for the work they do

throughout the year to prevent fires and crimes and protect our community from loss. The value of this work is immeasurable, and it is on top of their work in responding to fires and crimes. Fire Prevention Week last week and the Fraud Prevention event to be conducted for the public by our Police officers on Nov. 6 at Lapham Community Center are just the latest examples of their work that keeps us safe. *Dionna Carlson is the New Canaan First Selectman. Her leadership is guided by a respect for local decision-making and a commitment to keeping residents informed and engaged. Read more from Dionna each month by subscribing to her email newsletter, News From Town Hall. To sign up to receive the newsletter visit newcanaan.info and click on the red bar at top, Sign Up For Alerts. To read the latest issue of the newsletter, visit newcanaan.info and click on the yellow bar at top, News From Town Hall.*

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TICKETS



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OCTOBER 18-19

Varsity Sports Roundup

By Christopher DeMuth

Boys Varsity Soccer

The boys soccer team had mixed results last week on the road. On October 6th, New Canaan traveled to St. Joseph and secured a tight 1-0 victory. However, the team faced a setback against Trumbull on October 9th, losing 3-0.

Girls Varsity Volleyball

The volleyball team continues to impress this season with a record of 12 wins and 2 losses. New Canaan swept three home matches last week: a 3-0 win over Darien on October 6th, another 3-0 victory against McMahon on October 8th, and a 3-0 win over

Westhill on October 10th.

Boys Cross Country

New Canaan competed at Trumbull on October 7th, finishing second as a team with 52 points. Trumbull won with 19 points. Leading the way for New Canaan were Boyd Cousley (4th place, 16:07.55), Ryan Monohan (5th, 16:26.87), and Peter Tsapralis (10th, 17:23.49), all setting personal records. Other contributors included Conor Harding, Cormac Kilkenny, David Cuenca Goddard, and Blake DiCapua.

Girls Cross Country

The girls team dominated at Trumbull on October 7th, winning the meet with 22 points. Sienna De Kanter led the team with a first-place finish in

17:42.57, followed closely by Georgina Harrington in second and Mairead Greiner in fourth, all achieving personal records. Other strong performances came from Bridget de Kanter, Margaret Hanson, Mary Jordan, and several others, contributing to a decisive team win.

Girls Varsity Soccer

The girls soccer team earned two clean-sheet victories last week. On October 7th, they defeated St. Joseph 2-0 at home. The team followed that up with another 2-0 win against Trumbull on October 10th.

Boys Varsity Golf

The boys golf team defeated Fairfield Ludlowe 163-168 at Smith

Richardson Golf Course on October 8th. New Canaan was led by Quinn Susanin and Wyatt Rotchford, who both shot 39, followed by George Ives with 41, and Henry King and Will Morawa each with 44.

Boys Football

New Canaan's football team dominated Danbury on October 10th, winning 43-10. Maddox Hoffman was nearly perfect in the passing game, completing all 12 of his throws for 165 yards and two touchdowns, while Quinn Jens added three completions for 12 yards.

On the ground, Henry Stein led the team with 157 rushing yards and two touchdowns, while Charlie Koch and

Blake Schwartz each added a rushing score. James McInerney, Andrew Esposito, and Finn Mocco contributed key rushing and receiving yards.

The team totaled 471 all-purpose yards, including rushing, receiving, and return yards. Henry Stein led in total yards with 197, and James McInerney added 99 all-purpose yards. New Canaan scored six touchdowns in all, converting two extra points and five kicks to reach 43 points.

With strong performances across passing, rushing, and receiving, the football team showed balanced offense and controlled the game from start to finish.

Weekly Scores Roundup

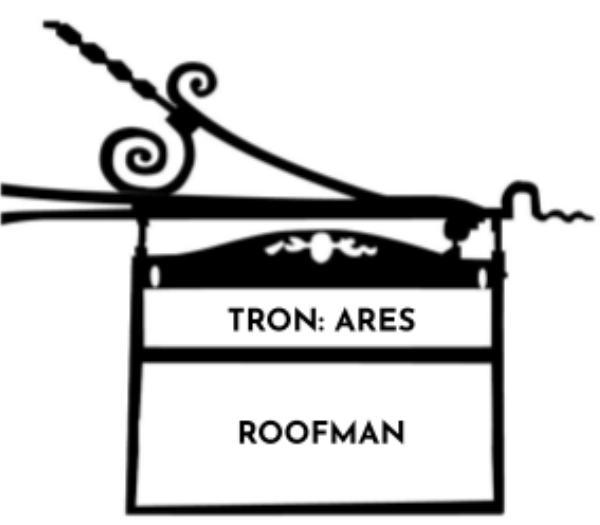
Date	Team (School – Gender – Sport)	Opponent	Score
10/10	New Canaan – Boys – Football	Bunnell	New Canaan 27 - Bunnell 7
10/8	New Canaan – Boys – Golf	Fairfield Ludlowe	New Canaan 163 - Fairfield Ludlowe 168
10/6	New Canaan – Boys – Soccer	St. Joseph	New Canaan 1 - St. Joseph 0
10/9	New Canaan – Boys – Soccer	Trumbull	New Canaan 0 - Trumbull 3
10/14	New Canaan – Boys – Soccer	Ridgefield	New Canaan 0 - Ridgefield 2
10/8	New Canaan – Girls – Field Hockey	Greenwich	New Canaan 2 - Greenwich 1
10/10	New Canaan – Girls – Field Hockey	Fairfield Warde	New Canaan 3 - Fairfield Warde 0
10/8	New Canaan – Girls – Volleyball	Darien	New Canaan 3 - Darien 0
10/10	New Canaan – Girls – Volleyball	Westhill	New Canaan 3 - Westhill 0
10/7	New Canaan – Girls – Soccer	St. Joseph	New Canaan 2 - St. Joseph 0
10/10	New Canaan – Girls – Soccer	Trumbull	New Canaan 2 - Trumbull 0
10/14	New Canaan – Girls – Soccer	Ridgefield	New Canaan 3 - Ridgefield 0
10/9	St. Lukes – Boys – Soccer	Rye Country Day	St. Lukes 3 - Rye Country Day 3
10/11	St. Lukes – Boys – Soccer	Brunswick	St. Lukes 1 - Brunswick 0
10/11	St. Lukes – Boys – Football	Kingswood Oxford	St. Lukes 21 - Kingswood Oxford 42
10/7	St. Lukes – Girls – Field Hockey	New Canaan Country	St. Lukes 2 - New Canaan Country 8
10/9	St. Lukes – Girls – Field Hockey	King	St. Lukes 0 - King 7
10/8	St. Lukes – Girls – Soccer	Hamden Hall	St. Lukes 1 - Hamden Hall 0
10/11	St. Lukes – Girls – Soccer	Holy Child	St. Lukes 3 - Holy Child 1
10/9	St. Lukes – Girls – Volleyball	Holy Child	St. Lukes 0 - Holy Child 3
10/11	St. Lukes – Girls – Volleyball	Frederick Gunn	St. Lukes 3 - Frederick Gunn 0

Upcoming Schedule

17	OCT, FRI	3:30 – 5:15pm 4 – 5:30pm 4 – 5:30pm 4 – 5:30pm 4 – 5pm 4 – 5pm 5:30 – 6:30pm	Girls Varsity Swimming vs Staples High School 564 South Avenue, New Canaan CT 06840 Girls Freshman Soccer @ Danbury High School 43 Clapboard Ridge Rd, Danbury CT 06811 Girls JV Soccer vs Danbury High School 468 South Avenue, New Canaan CT 06840 Girls Varsity Soccer vs Danbury High School 11 Farm Rd, New Canaan Connecticut 06840 Girls Freshman Volleyball vs Trumbull 11 Farm Rd, New Canaan Connecticut 06840 Girls JV Volleyball @ Trumbull 72 Strobel Rd, Trumbull Connecticut 06611-5597 Girls Varsity Volleyball @ Trumbull 72 Strobel Rd, Trumbull Connecticut 06611-5597
18	OCT, SAT	10 – 11:30am 11:30am – 1pm	Girls JV Volleyball @ Bridgeport Central High School 1 Lincoln Boulevard, Bridgeport Connecticut 06606 Girls Varsity Volleyball @ Bridgeport Central High School 1 Lincoln Boulevard, Bridgeport Connecticut 06606
20	OCT, MON	4 – 6:30pm 4 – 5:15pm 4 – 5pm 4:30 – 5:30pm 5:30 – 7pm 6:15 – 7:30pm	Girls Freshman Volleyball @ Ridgefield High School 700 N Salem Rd, Ridgefield CT 06877 Girls Freshman Field Hockey vs Stamford High School 11 Farm Rd, New Canaan Connecticut 06840 Girls JV Volleyball vs Ridgefield High School 11 Farm Rd, New Canaan Connecticut 06840 Girls JV Field Hockey @ Wilton High School 395 Danbury Road, Wilton Connecticut 06897 Girls Varsity Volleyball vs Ridgefield High School 11 Farm Rd, New Canaan Connecticut 06840 Girls Varsity Field Hockey @ Wilton High School 395 Danbury Road, Wilton Connecticut 06897
22	OCT, WED	3:30 – 5:30pm 4 – 5pm 4 – 5pm 5:30 – 6:30pm	Girls Varsity Swimming vs Fairfield Ludlowe 564 South Avenue, New Canaan CT 06840 Girls Freshman Volleyball vs Danbury High School 11 Farm Rd, New Canaan Connecticut 06840 Girls JV Volleyball @ Danbury High School 43 Clapboard Ridge Rd, Danbury CT 06811 Girls Varsity Volleyball @ Danbury High School 43 Clapboard Ridge Rd, Danbury CT 06811
23	OCT, THU	5 – 7pm	Boys Freshman Football vs Greenwich High School 11 Farm Rd, New Canaan Connecticut 06840
24	OCT, FRI	7 – 10pm	Boys Varsity Football vs Greenwich High School 11 Farm Rd, New Canaan Connecticut 06840
25	OCT, SAT	9 – 11am 10am – 12pm	Girls JV Swimming @ Greenwich High School 10 Hillside Road, Greenwich CT 06830 Boys JV Football @ Greenwich High School 10 Hillside Road, Greenwich CT 06830
29	OCT, WED	5 – 7pm	Girls Varsity Swimming @ Greenwich High School 10 Hillside Road, Greenwich CT 06830

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LETTERS TO THE EDITOR

Democratic candidates have history of public service

Every New Canaan election is important. There are the issues we know that need to be addressed, and the unforeseen issues that emerge as the years play out. And while New Canaan elections center on local concerns, the town is not an island. It's affected by decisions at the state level, which, in turn, are instigated by federal policies.

For that reason, the slate of Democratic candidates on the ballot's Row A for Town Council and Board of Education, offers the range of professional experience and know-how New Canaan needs to steer through the coming years. Along with their professional experience, each of the candidates has demonstrated a longstanding commitment to public service. To them, it's not about asking what New Canaan can do for them; it's asking what they can do for New Canaan – and setting out to achieve those positive outcomes.

For Town Council, incumbent Hilary Ormond, a Fordham Law School graduate, serves as vice chair, and is recognized for her deep knowledge of town government, the issues that come before the council and for her committed accessibility to voters. She is focused on budget transparency and is an advocate for the town's public schools, library and other institutions that make New Canaan a draw for residents and their families.

Lina Lee, executive director of the Connecticut Bar Association, was the founder and executive director of a legal services organization in New York City with a focus on civil rights. Now, as a New Canaan resident, she is committed to preserving the town's innate charm, its civic values and its strong sense of community. Since moving to town, Lina has focused on the issues related to workforce housing, and preserving the town's character, not just for the present, but for the next generations. She also believes in preserving the town's reputation for educational leadership based on a strong curriculum guided by experienced school administrators and teachers.

Before coming to New Canaan seven years ago, Heather Russell demonstrated her early commitment to community by founding Houston Young People for the Arts, advocating cultural enrichment and civic participation programs for young people. She seeks to apply her background as a community advocate and in her career as a communications professional on behalf of New Canaan, preparing it for a “vibrant, inclusive and future-ready tomorrow.” On the council, Heather's vision centers on proactive planning to ensure the town thrives for generations to come, built on a foundation of excellent schools, sustainable development, vibrant local businesses and transparent government.

By serving on the Town Council, Mike Rodgers, a successful entrepreneur, would be carrying on a family tradition of public service, as his father served as first selectman in his Pennsylvania town. In New Canaan since 2002, Mike has served as a deacon in the Congregational Church of New Canaan and is involved in STAR, Stand Against Racism. He believes in preserving what makes New Canaan special while planning smartly for the future.

Turning to Board of Education, incumbent member Erica Schwedel serves as the board's secretary and also serves on its Executive, Communications and Facilities committees. She is known for always being deeply prepared for the meetings' agenda items, asks questions aimed at deepening the Board's collective thinking and bolstering transparency for parents and the broader community. She and her husband have two children in Saxe Middle School, and before that, Erica served on the Parent Teacher Council at West School for three years, including a stint as co-president. Erica has a B.S.E. in Operations Research Engineering from Princeton University and an M.B.A. from the University of Pennsylvania's Wharton School.

Josh Kaye, an attorney for nearly 20 years with a law degree from Duke University, describes himself as passionate about public education and believes the town's schools are best served by a board that is balanced, practical, collaborative and focused on driving excellence in our schools free of political agendas. Josh coaches several children's sports programs, most recently, hi daughter's kindergarten softball team. Echoing a theme among the Democratic candidates, he emphasizes the importance of being prepared for meetings, ready to address the issues. As a litigator for a major New York law firm, he made a point of making the time to represent victims of domestic violence in family and criminal court proceedings. In New Canaan, Josh is chair of the New Canaan Board of Ethics and is chair of New Canaan Chamber Music, celebrating its fifth year for bringing highly-praised musical performances to town.

The third Democrat running for Board of Education, Kate Brambilla, has also forged a record of public service in town, serving as manager of Member Services for Staying Put in New Canaan, the organization devoted to making it possible for senior residents to remain in their homes. In that role, she works with various town organizations and services to ensure seniors have access to groceries, can make doctors' appointments and attend to their needs to afford them with the support they need. She has been a room parent for her daughter's first and second grade classes and is co-chair of the Community Outreach arm of the PTC for East Elementary School. Prior to moving to New Canaan, Kate volunteered as a court-appointed Special Advocate for the Brooklyn Family Court, acting as liaison between judges, attorneys, youths in foster care, parents, teachers and social workers.

I urge other New Canaan voters to join in supporting these candidates on Row A for Town Council and Board of Education. With their record of achievement, demonstrated commitment to public service, thoughtful leadership skills and understanding of the issues likely to arise over the next two years, they will represent New Canaan with skill and wisdom guided by a desire to serve the best interests of the town as a whole.

Dorfsmann

LEGAL AD

TOWN OF NEW CANAAN

PLANNING & ZONING COMMISSION

REGULAR MEETING

Notice is hereby given that the Planning and Zoning Commission will hold a Public Hearing on Tuesday, October 28, 2025 this hearing is scheduled as a hybrid meeting to be held in the Town Meeting Room at Town Hall, 77 Main Street. Access to this Public Hearing will be in person and via an on-line system at 7:00 p.m. to hear and decide the application(s) as follows:

1. 208 Valley Road and 143 Valley Road – Upon application of Daniel Chapple, Carmody, Torrance, Sandak, Hennessey, LLP, Authorized Agent for Silver Hill Hospital, Inc., owner(s) for a Site Plan and Special Permit approval pursuant to Section(s) 8.2.B.1.a and 3.2.C.18 to allow the construction of an 80 +/- sq. ft. visitor house and related site improvements on its property at 208 Valley Road (Map 44, Block 108, Lot 120) and the additional minor sidewalk modifications and a vehicular turnaround location on its property at 143 Valley Road (Map 44, Block 115, Lot 14) in the Two Acre Zone.

Dated: October 16, 2025

New Canaan, Connecticut

Daniel Radman, Chairman

Letters to the Editor may be sent to cordelia@sentinelhometownnews.com or submitted through the website at NewCanaanSentinel.com

Vote Row A for Kate Brambilla for Board of Education

Kate's experience highlights her commitment to supporting youth. Kate is a Phi Beta Kappa English and Philosophy graduate from the University of Vermont and has valuable experience supporting youth through her role as a special advocate in the Brooklyn Family Courts.

Kate will be a strong asset to our Board of Education and uphold the standards we have come to expect.

I'm voting for Kate and recommend you do the same.
Ed Vollmer New Canaan, CT

Support the Democratic Slate in November

Dear Sir or Madam,

As a member of the New Canaan Democratic Town Committee, I urge your readers to support our Democratic slate this fall. Amy Murphy Carroll, candidate for First Selectman, has more than 30 years' experience in municipal finance, served nearly a decade on the Board of Finance, and has delivered major capital projects on time and under budget while volunteering across town.

On the Town Council, Hilary Ormond brings an emphasis on good governance and transparency. Lina Lee, the Executive Director of the Connecticut Bar Association, combines legal expertise with a commitment to responsible growth. Long-time resident Mike Rodgers offers business acumen and a history of community service. Heather Russell, a seasoned communications professional, champions strong

We hope you'll find your own values in Row A.

Within nine months of moving to New Canaan, I quickly found people who shared my values of community, family, and volunteerism. Wanting to give back, I joined the New Canaan Community Foundation's grant review team and was lucky to serve under Erica Schwedel on the early childhood education committee. Erica led with poise, asked thoughtful questions, and fostered meaningful discussion. When I learned she served on the Board of Education, I knew I wanted to help ensure she's re-elected.

Soon after, I met Hilary Ormond, who invited me to join the Friends of Waveny Playground Committee. Hilary is not only generous with her time and resources—she rolls up her sleeves and leads by example, organizing spreadsheets, coordinating with Parks & Rec, and motivating those around her. She brings that same energy and diligence to Town Council, and New Canaan will continue to benefit from her leadership for another four years.

As campaign manager, I've had the chance to work closely with Josh Kaye, candidate for the Board of Education. Josh is a dedicated dad, active community volunteer, and would bring a valuable legal perspective to the Board with Penny Rashin stepping down. Kate Brambilla, a former court-appointed child advocate in Brooklyn, brings a rare and vital skill set to understanding where New Canaan's students need the most support. Together, Erica, Josh, and Kate

Rich Townsend Endorsement of Pavla Levin for Town Council

I am endorsing Pavla Levin for a seat on the New Canaan Town Council. My experience on the Town Council taught me that an effective town councilor needs 2 characteristics: the ability to work on a team and the willingness to spend your time studying issues and bringing your experience and skills to bear. Simply showing up at the meetings, listening to presentations, and voting is not acceptable. Pavla has demonstrated these characteristics in all of the positions that she has taken on for the town since she arrived 13 years ago.

Pavla filled a vacancy on the Utilities Commission earlier this year when I was chairman. She rapidly attacked the cellular coverage problem. With her analytical and programming skills, she has been able to transform the coverage data for the town that we gathered last year, into information that will soon be available to each resident in town. The external resource that we had found was making little progress. She stepped in and identified what resources were required, found them, and will soon be rolling out a web app that will be

Vote for Schwedel, Kaye & Brambilla to support New Canaan’s kids

Please join me in voting for Board of Education candidates Erica Schwedel, Josh Kaye and Kate Brambilla by Nov 4. I have served on New Canaan's Board of Education for 18 years and write this letter in my personal capacity. I have learned that providing a world class education for our students requires dedicated BOE members who will work collaboratively with our talented administration and teachers. Erica, Josh and Kate will do so. They will prioritize students, not politics. They support leaving the curriculum development process as is, in the hands of our capable Curriculum Leadership Council with oversight by the Superintendent and Board of Education.

In her first BOE term, Erica worked tirelessly to help craft and pass budgets that meet today's challenges and keep parents informed and involved. She served on the BOE communications and facilities committees and as Secretary and Vice Chair of the BOE. Parents

Josh Kaye for Board of Education

Please join me in supporting Josh Kaye for election to New Canaan's Board of Education. With his legal training, Josh will provide the Board with this essential skill, which it is losing as lawyer Penny Rashin rolls off after 18 years of service. Josh is dedicated to working with our exceptional administration, and his legal training will be critical as NCPSs face the challenges the future of education will necessarily present. Josh is laser-focused on New Canaan and will not allow the Board to be distracted by irrelevant issues. With two young kids at East School, he is in this for the long run. Josh has already demonstrated his commitment to town government, currently serving as the Chair of our Ethics Board. Importantly, Josh will do the work, he will be at the meetings, he will be prepared, he will go the extra mile -

New Canaan Voters and Candidates are inextricably linked

The US Supreme Court has determined that ballot access for candidates and voter rights are “inextricably intertwined”. Recent letters have referred to candidates, such as me, legally gaining ballot access as “undermining” the process and exploiting a “technical loophole”

A 2025 legal brief about the dynamics between political parties, candidates, voters, and elections states the following:

Political parties likewise retain a First Amendment association right. A party may “limit its membership as it wishes” and “choose a candidate-selection process that will in its view produce the nominee who best represents its political platform.” These rights, however, have limits. When the state allows a political party to have a role in the election process, “the State acquires a legitimate governmental interest in ensuring the fairness of the party’s nominating process, enabling it to prescribe what that process must be.” As the Supreme Court has made clear, there are many instances where a state's interest outweighs the party’s right to have a say in the candidate selection process.

CT state law allows candidates to file a primary petition to gain ballot access with the intent of providing voters with

schools, sustainable development and transparent governance.

For Board of Education, incumbent Erica Schwedel has 15+ years of volunteer service and a term as board secretary. Attorney Josh Kaye brings two decades of legal experience and a passion for public education. Kate Brambilla supports seniors through her work at Staying Put and leads school-based sustainability efforts.

These candidates embody experience, transparency and service. Please join me in voting for Amy Murphy Carroll for First Selectman; Hilary Ormond, Lina Lee, Mike Rodgers and Heather Russell for Town Council; and Erica Schwedel, Josh Kaye and Kate Brambilla for Board of Education.

Best,
Luke Cohler

combine experience, professionalism, and a deep commitment to our schools. Great schools don't just happen—they're built by people willing to show up on time, work hard, and put students first.

Our Town Council candidates represent the same strength of purpose. Mike Rodgers, a 23-year resident and small business owner with a recent NCHS graduate, brings financial insight and deep community roots. Lina Lee, executive director of the Connecticut Bar Association, has spent her career protecting communities from predatory development. Heather Russell, a finance communications professional and working mom of two public school students, understands firsthand New Canaan families' priorities and will be a strong voice in budget discussions. And of course, Hilary Ormond continues to champion what makes New Canaan so special—our schools, our library, and our sense of community. Our slate brings differing perspectives from different phases of life, and we hope you'll find your own values in Row A.

The 2025 Row A slate reflects the very best of New Canaan: professional excellence, volunteer spirit, and deep community roots. To protect what we value most—our schools, our library, and our shared sense of belonging—Row A is the clear choice this election.

Meredith Tobitsch

available to all of our residents to see the coverage available to them by each provider of the 4 cellular providers in our town. It will be at the individual building level of detail for each building and road in the town. This web app will also be used to improve cell coverage for our first responders. Her willingness to spend her time has enabled us to not use costly external system and programming resources. She has accelerated the availability and saved the town thousands of dollars.

The Utilities Commission is simply one example of her willingness to provide not just judgement and experience, but value add to the positions she has held. Those positions include: Assessment Appeals, Board of Directors of the New Canaan Ice Rink, Founding Member of Ct 169 Strong, and the Republican Town Committee.

I recommend you join me in voting for Pavla Levin in this year's election for New Canaan Town Council

Rich Townsend

of NCPS students, Josh and Kate will be equally committed to our schools. An accomplished lawyer, Josh will use his talents to advocate for students and help create well-rounded, thoughtful BOE policies. With her background as a court-appointed advocate for children, PTC volunteer and Staying Put staff member, Kate understands the New Canaan community and has the skills and knowledge to support NCPS.

Erica, Josh and Kate will be active and well-prepared BOE members, listen to all points of views, enhance communication with parents and work with the teachers and administration to insure NCPS students thrive in their lives by becoming effective communicators, thoughtful collaborators, critical thinkers and resilient problem solvers.

Penny Rashin

all to the benefit of our schools.

In my 12 years of involvement in town government, I have witnessed all levels of participation on boards and commissions, from people who just like the title, and are marginally involved - to the individuals who step up, take on the extra work, and don't duck when a proposal is put forth that “we” should do XYZ. Josh will be the board member who puts the “me” in that “we.”

Please vote for Josh Kaye, along with Erica Schwedel and Kate Brambilla for BOE by November 4th.

Sincerely,
Amy Murphy Carroll

LETTER FROM KIM NORTON
CONTINUED From Page 7

to select six rather than four candidates, no primary occurred.

The Secretary of State and our local town election officials certified my candidacy in early August and deemed me to be both nominated and endorsed by the Republican Party.

Given the low Republican caucus turnout in mid-July, seen by the chart below and 9-point difference in voter choice in the Town Council race, I am proud that I, along with my team, were able to qualify with 311 Republican signatures supporting me to run. My signatories did not view my actions as “undermining democracy” nor as exploiting a

“technical loophole.”

Remember what the Supreme Court has said: Voters and candidates are “inextricably linked.”

The Republican Caucus: Town Council was the only Contested Race in July 2025

Republican Caucus by Year	Republicans attending*	Percentage of Republicans*
2025	311	6 %
2023	1,207	24 %
2021	998	20 %
2017	1283	25 %
2013	742	15 %

*Confirmed by local news articles
*percentage estimate based on current number of Republicans however, this number has fluctuated between 2013-present

Following the certification of my primary petition in late August, I extended an offer

The US Supreme Court has determined that ballot access for candidates and voter rights are “inextricably intertwined”

to collaborate with the Republican Town Committee and expressed my willingness to support the slate, contingent upon their dissolution and my inclusion. They voted against including me, stating allegiance to their bylaws that only recognizes caucus endorsed candidates. In summary, I offered to support my party and gave them every opportunity to unite behind five candidates.

I respect the laws of our town, state, and country, and followed them meticulously to get to where I am today: A Republican Endorsed Candidate for re-election to Town Council as

recognized by our Secretary of State and local town election officials. Respecting the laws for ballot access, respects the resident voters of our town and the two, candidate and voter, are “inextricably intertwined”.

I respectfully and humbly ask New Canaan voters from all parties, to cast a vote for me in this general election: Kim Norton, Town Council incumbent. I will work as hard for you as I did to get on the ballot – that is how much I love representing you on the Council and our town.

Kim Norton

‘Carnegie Hall to New Canaan’
Concerts with James Ehnes and Andrew Armstrong

By JANE FOX

One of the most sought-after violinists on the international stage, James Ehnes, will come straight from Carnegie Hall to join New Canaan Chamber Music's stunning new season on Tuesday, October 28 at 3 pm and Wednesday, October 29 at 7 pm with Andrew Armstrong, Virtuoso Pianist and Artistic Director.

The concerts will be held at the First Presbyterian Church in New Canaan at 178 Oenoke Ridge. Tickets are available at www.newcanaanchambermusic.org.

Gifted with a rare combination of stunning virtuosity, serene lyricism and an unfaltering musicality, Ehnes is a favorite on the world's most famous concert halls. He thrilled the audience here in October 2021, when he opened New Canaan Chamber Music's very first concert and now returns

to celebrate their 5th anniversary season. Ehnes and Armstrong have a long history as friends and musical duo partners.

The program will delight both the classical music connoisseur and the curious with favorite violin sonatas by Wolfgang Amadeus Mozart, J.S. Bach, and Maurice Ravel performed solo by Ehnes and duo with Armstrong. Some “short” and beloved pieces include Three Preludes for Piano Solo” by George Gershwin.

Ehnes’ recent and upcoming orchestral highlights include the Royal Concertgebouw Orchestra, Tonhalle-Orchester Zürich, NDR Elbphilharmonie Orchestra, London Philharmonic Orchestra, NHK Symphony, LA Philharmonic, Boston Symphony, Chicago Symphony Orchestra, and Cleveland Orchestra. During the 2025-26 season, Ehnes will also embark on his 50th birthday

recital tour in his native Canada, with performances in every province and territory. A devoted chamber musician, Ehnes is the Artistic Director of the Seattle Chamber Music Society and the leader of the Ehnes Quartet. As a recitalist, he performs regularly at Wigmore Hall, Carnegie Hall, Symphony Center Chicago, Amsterdam Concertgebouw, Verbier Festival, Dresden Music Festival and Festival de Pâques in Aix.

Armstrong has been praised by critics for his passionate expression and dazzling technique, and his orchestral engagements across the globe have encompassed a vast repertoire of more than 60 concertos with orchestra. Throughout the year, in addition to New Canaan Chamber Music, Armstrong directs and hosts six thriving chamber music series,

three of which are in South Carolina. In October 2025, he launched a new chamber music festival in Tuscany, Italy, featuring a selection of the world's great instrumentalists. He also conducts Fabbri Chamber Concerts in New York City at Fabbri Mansion's 1609 Italian Renaissance Library, and A Little Night Music at Tuckerman Hall in Worcester, MA.

In just five years, New Canaan Chamber Music has become a thriving new addition to the concert scene. It also provides growing and inclusive programs of outreach with the Children's Concerts and programs during the year that bring great music to seniors, youth orchestras, and local schools in New Canaan, Stamford, and Norwalk. NCCM is a 501c3 non-profit organization. Tickets to all concerts are available at www.newcanaanchambermusic.org

and include the opportunity to purchase a Season Pass for a 10% discount.

“Carnegie Hall to New Canaan”
Tuesday, Oct. 28, 2025, 3pm
Wednesday Oct. 29, 7pm
“Violin Sonata No. 32 in B-flat Major, K. 454” by Wolfgang Amadeus Mozart
“Violin Sonata No. 2” by Maurice Ravel
“From Sonata for Violin Solo No. 3 in C Major” by J.S. Bach
“Three Preludes for Piano Solo” by George Gershwin
“Romance for Violin and Piano, Opus 23” by Amy Beach
“Scherzo Tarantelle for Violin and Piano, Opus” 16 by Henri Wieniawski
“The Magnificent Mendelssohn Octet”
Thurs., Dec. 11 at 3pm and Fri., Dec. 12 at 7pm
Nathan Meltzer, Simone Porter,

Virgil Moore II, Choi, violins
Melissa Reardon and Carlos Walker, violas
Alice Yoo and Sara Scanlon, cellos
Andrew Armstrong, piano

Thurs., Feb. 5 at 3pm and Fri., Feb. 6 at 7pm
“Schubert's Trout Quintet”
Kevin Zhu, violin; Gabriela Diaz, viola; Sterling Elliott, cello; Marguerite Cox, double bass; Andrew Armstrong, piano

Thurs., April 16 at 3pm and Fri., April 17 at 7pm
“Clarinet Meets Classical Accordion!”
Yoonah Kim, clarinet, Ryan Corbett, accordion; Andrew Armstrong, piano

COLUMN

Two Minutes to Safety: Fire Prevention Starts at Home

If a fire starts, you may only have two minutes to get out of the home. That's why it's so important to think about what you would do ahead of time.



By STEPHANIE DUNN ASHLEY

The air is getting crisper and if you look closely, the leaves are starting to turn. Fall is here, and with it comes Fire Prevention Month. This October, we should all take some simple – but potentially lifesaving – steps to protect ourselves and our families against the risk of home fires.

As a proud volunteer member of the Cos Cob Fire Police Patrol, as well as during my time with the American Red Cross, I have seen first-hand how devastating a home fire can be for families. In less than two minutes, a normal day can take a life-altering turn – displacing families, destroying lifetimes of memories and

wounding a community.

Home fires claim an average of seven lives every single day in the United States – more than all natural disasters combined. But having a working smoke alarm in your home can reduce the risk of death during a home fire by half. Be sure to test your smoke alarms each month and, if your alarm has replaceable batteries, change the batteries once per year. If you have an alarm that is more than ten years old, it's time to replace it!

To help protect your family against home fires, you want to think about two main things: what you would do if a fire broke out, and what you can do to prevent a fire from starting in the first place.

If a fire starts, you may only have two minutes to get out of the home. That's why it's so important to think about what you would do ahead of time. Make sure everyone in your family recognizes the sound of a smoke alarm and knows what to do if they hear it go off, especially children.

You should know two ways to exit every room. If you need to use a window to escape from a bedroom on the second or third floor, consider an escape ladder

and be sure to learn how to use it before a fire starts. Time your fire drill and find out – how long does it take to escape?

It is also helpful to identify two places where your family will gather if you have to suddenly evacuate. Identify a primary meeting spot a safe distance away from the home, like a neighbor's house or a landmark such as a specific tree in your front yard. You might also want to think about a backup location in case your primary location is not accessible during the emergency.

Each member of your family should have an emergency go-bag, including children and pets. Think about what you would need if you had to quickly evacuate your home. You should make copies of important documents like deeds, leases, insurance documents, identification, and other vital information that you will need to begin recovering after the fire. You also should write down a list of medications and phone numbers for your pharmacies and doctors, as well emergency contact phone numbers that you may not be able to remember without your cell phone. Consider what you



Red Cross members ready to install free smoke alarms as part of the Metro NY North Sound the Alarm event.

will need in the first 24-48 hours after a fire – chargers, medicine, a change of clothes, pet supplies, comforting items for kids, and other things that can fit in a backpack or small duffel bag.

You should also think about how to mitigate home fire risk in your own homes. The leading cause of home fires is leaving the kitchen while cooking – something I think many of us have probably done at some point in our

lives, even just for a moment. Keep an eye on what you fry, and if you must leave the kitchen – turn off the stove, no matter how quickly you will be back.

Pay attention to flammable items near the stove, such as dishtowels, bags, packaging and loose clothing. If you are frying food, turn off the burner if you see smoke or if the grease starts to boil – then carefully remove the pan from the burner. Keep a pan

lid or cookie sheet nearby and use it to cover the pan if a fire breaks out. This works by preventing oxygen from continuing to fuel the fire, so leave the pan covered until it is completely cooled.

This fire safety month, take the time to think about how you can keep your family safe from home fires. If you don't have a working smoke alarm and can't install one yourself, the Red Cross Home Fire Campaign can help – our volunteers have worked to install more than 3.1 million free smoke alarms across the nation over the past decade. And we do it for FREE!

If you want to help keep others safe from home fires, there are many ways to volunteer to help. Whether you want to join the Cos Cob Fire Police Patrol as a volunteer firefighter or if you just want to spend a day helping install free smoke alarms with the Red Cross – your time and energy can make a big difference in helping save lives.

Stephanie Dunn Ashley, Chief Executive Officer, American Red Cross, Metro New York North Chapter.

Obituaries

Joan Behre

Joan Behre, loving and beloved daughter, sister, aunt and friend, passed away Oct. 1, after a long, full and graceful life. She was 93.

Born in Weymouth, Mass., to Karl Harold and Dorothy Hall Behre, Joan was baptized at the Congregational Church in New Canaan and attended local schools before leaving to study at Abbot Academy in Andover, Mass. She graduated from Smith College in 1953, with a degree in government.

A paralegal by trade, she spent most of her career working with Arthur D. Little in Boston and helping steer the company's philanthropy. She opted to retire early and return to New Canaan to help her mother enjoy her final years in the comfort of their longtime home on Woods End Road.

She never married, but served as a loyal and doting aunt to her brother, Merrill's two children and their seven children.

Joan also loved traveling, reading, playing bridge, visiting tag sales, solving crossword and Sudoku puzzles, engaging in charitable work, particularly volunteering with the New Canaan/ Darien Smith Club's annual book sale, and enjoying the occasional martini.

Joan was predeceased by her parents, as well as her older brothers, Robert Hall and Merrill Clifford Behre and his wife, Joan Butler Behre (the similarity of whose name provided the family with long-running amusement).

She is survived by nephew, Robert Fuller Behre of Charleston, SC, husband of Laura Behre and father of Dorothy, Henry, Joseph, Fuller and Hall Behre, and niece, Jennifer Behre Moccia, wife of Daryl Moccia and mother of Merrill and Celia Moccia.

In lieu of flowers, donations may be made to the New Canaan Museum & Historical Society.

The family wishes to extend its sincere thanks and appreciation to Joan's many caregivers, including those at Norwalk Hospital, Waveny LifeCare Network, The Residence at Westport, and Solace Care, all of whom helped make her final years comfortable, peaceful and dignified.

A memorial service will be held at a future date; interment at Lakeview Cemetery will be private.

Susan Smith



Susan Leighton Smith, of New Canaan, CT, passed away peacefully while in the loving company of her family on September 5, following a courageous 15-month battle with Glioblastoma. She retired in 2022 after nearly 20 years of service as a language arts and ESL teacher in the Stamford School District.

Born on January 12, 1949, Sue was raised in

Shaker Heights, Ohio, the daughter of Robert and Barbara Dyke. A graduate of Shaker Heights High School, Sue attended Cornell University, where she earned her B.A. and M.A.T. degrees, and met her future husband, Don. After working for a year as a middle school teacher in Rochester, N.Y., she and Don moved to Mill Valley, California, where they lived for seven years. While there, Sue resumed ice dancing, a sport she had enjoyed as a child at the Cleveland Skating Club, and pursued her growing interest in business and law, taking several courses at Dominican College and San Francisco State University.

This ultimately led her and Don to attend the University of Chicago Law School. While there, they were Resident Heads of an undergraduate dormitory. Their daughter was born one week after final exams during their second year, and the following year, they each earned their J.D. degree and passed the New York Bar Exam.

After settling with her family in New Canaan, Sue spent several years practicing real estate, corporate, and banking law in New York City and Connecticut. Following the birth of her son, she became an adjunct law professor at the University of Bridgeport, now Quinnipiac University School of Law, where she taught corporate and banking law for a number of years. Over time, she came to believe that helping educate younger children would be more satisfying and impactful, and she accepted a teaching position in Stamford. Sue found her true calling in this work and came to view teaching as her “dream job.”

Sue was also an active participant in her New Canaan community, serving as the PTA President of South School for two years. She introduced New Canaan's first Odyssey of the Mind team, which she coached for several years; as eighth graders,

that team was awarded the Ranatra Fusca Creativity Award at the CT Odyssey of the Mind State Finals. Over the years, she volunteered to mentor or coach many of her children's activities, including recreational basketball and soccer, and serving as the head of the Sunday School program at the First Presbyterian Church.

Sue was predeceased by her beloved brother, Charlie; her mother, Barbara; and her father and stepmother, Robert and Mary Dyke. Her immediate survivors include her husband, Don; her dearly loved daughter, Courtney (Martin Grzyb), and cherished son, Thomas (Julia Sick); and her adored grandchildren, Christopher, Nicholas, and Emma. She is also survived by her stepbrothers, John, William, and Christopher O'Neill, and her stepsister, Mary Katherine Setterbo.

A Memorial Service will be held on November 8, 11:00am, at St. Mark's Episcopal Church, 111 Oenoke Ridge, New Canaan, CT, with reception to follow. In lieu of flowers, please consider a small donation in Sue's memory to Building One Community (blc.org), or Center for Children's Advocacy (cca-ct.org).

The New Canaan Sentinel does not charge for obituaries. Every member of the community deserves to be remembered and honored without families facing added financial burdens. Obituaries may be sent to Caroll@GreenwichSentinel.com. The cost of publishing obituaries is covered by The Sentinel Foundation, a nonprofit that supports the local [Top 5 Things to Do Today](#) daily email, obituaries, education and entertainment pages, worship pages, and sponsorship of charitable organizations and events.

COLUMN

What We Might Learn from the Leaves in Our Yard



By
SARAH
DUGAL

This week, as evening lows dipped down to the 40s, more and more leaves turned the radiant shades of a classic New England Fall. From God's acre to Waveny, New Canaan has begun to brim with crimson and copper. And while our trees' transformation is beautiful – it's also wise.

Trees lose their leaves in Autumn for a number of reasons; however, there are two parallels to our lives of faith that feel particularly profound this season.

First, trees lose their leaves in the necessary pursuit of conserving energy. Rather than

For a season, trees forsake what can be seen on the outside to tend to what lies under the surface. When the world is most dark and barren, trees focus on their foundation.

funneling water and resources to their many leaves, in their dormant state, trees are given the time and space to slow their metabolic process and redirect their valuable energy to expanding their roots. In other words, for a season, trees forsake what can be seen on the outside to tend to what lies under the surface. When the world is most dark & barren, trees focus on their foundation.

In a society that values our productivity and rewards busyness, as evident by my own color-coded calendars and

overcommitments, it's hard to let go of all the things we're juggling externally to invest in our internal health – mental, emotional & spiritual. We tend to value our leaves over our roots, prioritizing what we're doing over who we're becoming. What might it look like this season to give ourselves permission to redirect more energy to the foundations of our lives – to our relationship with God, with our families, and with ourselves, knowing that's what really supports us?

It's no secret that, already, this Fall has been difficult for

our country & our communities. Many of us feel that our socio-political climate is very dark & barren indeed. What better time to return our focus to the foundation of our faith – which is the pursuit of loving God and loving others as ourselves – than right now? And even more, what would it look like to refuse to see others as any less than the root of who they are: a beloved child made in God's image?

Secondly, trees lose their leaves in an act of letting go and making room. As colder months approach, trees release the weight of their leaves in

order to bear the weight of ice and snow to come. If they didn't, the combination of both would be too much to carry, and their branches would break. Trees have this stunning way of knowing their limits.

This Fall, what might it look like to let go of something weighty? Maybe there is a burden that we're ready to share with someone, whether with a friend, mentor, pastor or counselor. Maybe we're ready to extend forgiveness for a wrong that we've long carried with us. Maybe we are ready to release ourselves from the heavy

expectations of others, and instead embrace the truth that God sees us, knows us, and loves us, just as we are.

As our trees focus on their foundation and release the weight of having to hold everything up, may we follow suit, knowing the same God who made the trees made us, and is there to help us, embrace us, and walk with us through it all.

Sarah Dugal serves as the Area Director for Young Life in New Canaan. Young Life is a global, Christian non-profit that exists to reinforce that adolescents matter through relational youth ministry, create approachable spaces for students to explore faith, and model servant leadership in local communities. To learn more, visit NewCanaanYoungLife.Org.

Worship Directory and Services

UPDATE SERVICES AND ADD SPECIAL EVENTS TO THIS CALENDAR AT
www.NewCanaanSentinel.com/worship-calendar-updates

Church of Jesus Christ of Latter Day Saints
682 South Avenue 203.966.5849
www.ComeUntoChrist.org
Sunday Service: 9:00 AM

Congregational Church
23 Park Street 203.966.2651
office@godsacre.org
www.godsacre.org
Sunday Services: 8:00 AM and 10:00 AM. The 10:00 am service is also live streamed and recorded, the video replay will be available throughout the week. Church School is available on Sundays for children ages 3 through 7th grade each Sunday from September through mid-June.

Recurring Events:
Tuesdays at 9:30 AM: Women's Bible Study
Wednesdays at 9:30 AM: Bible Study
Fourth Thursday from 12-2:30 PM: Meet at the Open Door Shelter in Norwalk to serve a meal.

Upcoming Events:
October 18 from 4-7 PM: Come Bake, Pray, and Be Fed. A Workshop with Kendall Vanderslice. \$20/person. Register online.

November 2 at 4 PM: Fall Family Harvest Meal. Share a meal together and participate in fall-themed activities for all ages. RSVP to churchschool@godsacre.org.

St. Mark's Episcopal Church
111 Oenoke Ridge 203.966.4515
churchoffice@stmarksnewcanaan.org
www.stmarksnewcanaan.org
Sunday Services: 8:00am: Indoor Holy Eucharist Rite I; 9:00am: Outdoor Holy Eucharist Rite II; 10am: Indoor Holy Eucharist Rite II (Live Stream also available on the St. Mark's website). Coffee Hour follows the 10am service. Church School during the 10am service: Godly Play for children in kindergarten through second grade; Holy Moly for third and fourth grades; Meet in the Middle for fifth, sixth and seventh grades. Professional childcare is offered for children ages four and under. Families with children who are not yet ready to separate for childcare are invited to use the rocking chairs at the rear of the chapel.
Weekday Services: Monday-Friday, 8:30am: Morning Prayer/Rite II by Zoom.
Wednesday at 12:05pm: Noonday Eucharist in the chapel.

Recurring Events:
First Wednesday at 1pm: Laundry Love volunteering opportunity to come alongside people who are struggling financially by assisting them with their laundry.
First & Third Wednesdays from 6-7:30pm: Youth Group

Upcoming Events:
November 2 at 5 PM: A Service of Evensong for All Saints & All Souls. The service will include music specifically written for those two feasts by Franz Schubert, and T. Tertius Noble, all sung by the St.Mark's Choir and Soloists and accompanied by Dr. Michael Burnette at the organ.

Grace Community Church
9:30am Service @ New Canaan High School, 11 Farm Road, New Canaan 203-966-7600
info@gracecommunity.info
www.gracecommunity.info
Welcome to Grace Church, where we strive to build a church of action, founded on Biblical truth, characterized by faith, grace, community, service, authenticity, clear thinking, and cultural relevance. Grace Community Church is an exercise in knowing God, knowing truth, and building community that extends to our full lives, not just to our Sunday mornings.
Join us **Sunday mornings at 9:30am** or via GCC's Facebook page or YouTube page. Nursery care and Sunday school/teen programming is available for babies through 12th grade. Coffee and bagels available in the lobby after the service, all are welcome.

Upcoming Events:
October 25 at 3 PM: Trunk or Treat. Call for more information.

Talmadge Hill Community Church
870 Hollow Tree Ridge Road; Darien, CT 203.966.2314
talmadgehillchurch@gmail.com
www.talmadgehill.org
Ministers: Rev. Carter Via and Rev. Cheryl Bundy **Sunday worship service at 10:00am** in person. All are welcome! We encourage everyone to stay for coffee hour after the service. Sunday School is every Sunday during the service and uses the Godly Play curriculum. Please reach out with any questions utilizing information listed above!

First Church of Christ, Scientist
49 Park Street 203.966.0293
christiansciencect.org/newcanaan
Sunday 10:30 AM, in person only. Sunday School is available during Sunday Service and is open to children and young people up to the age of 20. There is also childcare available for children too young for Sunday School.
Wednesday Testimony Meeting: 1st Wednesday of each month, join by zoom or by phone 646 558 8656. Reading Room Hours: Open Mondays 11-2, Call to confirm hours 203-966-0293. All are welcome to the Sunday and Wednesday services, Sunday School, and the reading room.

First Presbyterian Church
178 Oenoke Ridge Road 203.966.0002
fpcnc.org
Sunday Service: 10am in person or via LocalLive. All are welcome. Coffee Hour after the service is also available in person or via Zoom. Dedicated childcare is available for all children via Wee Care Nanny Agency from 8:45-11:30am in the Nursery School. Transcripts of previous sermons are also available via the First Presbyterian Church of New Canaan's website. Recurring Events: Every Saturday 9:15am (closed) and 10:30am (open): Alcoholics Anonymous. Every Tuesday 8pm: Men's A.A. Third Wednesday from 6-7:30 PM: Wednesdays at the Well are intergenerational opportunities to learn and grow in faith together. Dinner will be served and all ages are invited.
Upcoming Events:
October 19 at 11:30 AM: Adult Forum Speaker. Kathleen Benevento, will be discussing Waveny LifeCare Network Alzheimer's and Dementia Navigator Program.

October 22 at 7 PM: Open Mic Night. You are invited to an evening to share music and/or poetry. Walk-ins welcome. For more info and to sign up, contact nickdepuysite@gmail.com.

St. Michael's Lutheran Church
5 Oenoke Ridge 203.966.3913
office@stmichaelslutheran.org
www.stmichaelslutheran.org
Sunday Service at 10:00 am. Following the service there is coffee, cookies and conversation' in the Fellowship Hall.
Recurring Events:
Thursday 12 PM: Alcoholics Anonymous

Trinity Church New Canaan | Darien
1800 E. Putnam Ave, Old Greenwich 203.618.0808
info@trinitychurch.life
www.trinitychurch.life
Join us **Sundays at 10 a.m.** at Greenwich Hyatt Regency for lively worship, thoughtful and applicable teaching, weekly Communion, and an opportunity to make friends and grow in community. Trinity Kids (infants through fifth grade) and Trinity Youth (middle and high schoolers) take place during the service, and coffee and refreshments are served following worship. The service is also available on livestream via Youtube, Sundays at 10:00 a.m.; learn more at www.trinitychurch.life.

United Methodist Church
165 South Avenue 203.966.2666
frontdesk@umcofnewcanaan.org
www.umcofnewcanaan.org
Join us for Sunday Worship!
Sunday Service begins at 10:00 a.m.

Come for uplifting music and a relevant, inspiring message – and stay after for coffee and conversation during Fellowship Time.
Sunday School for ages 3 through high school resumes September 7. Child care is available for children from infancy through age 5.

Recurring Events:
Thursdays at 9:30am: Bible Study
First Saturday at 8am: Men's Group
Second Saturday at 10am: Women's Circle

Chabad New Canaan Jewish Center
137 Putnam Rd
info@chabadnewcanaan.org
www.newcanaanjewish.org
The Chabad New Canaan Jewish Center is dedicated to strengthening and building the New Canaan Jewish Community by offering local Jewish resources that bring more positivity, Jewish education, charitable activity, good deeds and blessing to our lovely town.
We are about Judaism, not affiliation. Regardless of your background, and however you choose to define your level of Jewish observance or identity, the Chabad New Canaan Jewish Center can add spirituality, joy, study, community and connection for you and your family. The programs of the Chabad New Canaan Jewish Center are held in various locations, all located in New Canaan.

Temple Sinai (Reform Synagogue)
458 Lakeside Drive; Stamford, CT 06903 203.322.1649
www.templesinaistamford.org
Service Schedule:
1st, 3rd & 5th Friday – 6pm in person and via zoom
2nd & 4th – 7:30pm
Recurring Events:
Fridays at 12 PM: Torah Study
Second Saturday at 10:30 AM: Mussar
First and Third Fridays at 5:30 PM: Shabbat Service for Families with Young Children
First Saturday at 8 AM: Avodat Halev Discussion Group

Saint Aloysius Roman Catholic Church
21 Cherry Street 203.966.0020
www.starcc.com
Service Schedule:
Saturday: Vigil for Sunday 5:00 p.m.
Sunday: 7:00 a.m., 8:30 a.m. 10:00 a.m., 11:30 a.m. and 5:00 p.m. The Sunday 8:30 a.m. mass is live-streamed and recorded.
Monday-Friday: 7:00 am and 5:30 pm
Saturday: 7:00 am

Recurring Events:
Last Monday of every month 7pm: Women's Praise & Worship Holy Hour
Fridays 7:30am-6pm: Eucharistic Adoration (September-June)
Saturday 8:30am: St. A's Healing Rosary Prayer Group

Upcoming Events:
November 2 at 11:30 AM: This year's Mass of Remembrance will be held on All Souls' Day. The names of all those parishioners who passed away between 11/3/2024 and today will be read.

Recurring Events:
Mens Breakfast at 8:45 AM: The United Methodist Church invites all men to our Men's Breakfast, held on the first Sunday of every month. Enjoy fellowship, good food, and meaningful conversation as we share time together in faith and friendship.

Upcoming Events:
November 8: The United Methodist Women Holy Hike. Please stay tuned for more details and updates!

Community Baptist Church
174 Cherry Street 203.966.0711
cbcnnewcanaan@gmail.com
www.cbcnewcanaan.org
Youtube: https://www.youtube.com/channel/UCoZ2UNa8aHI30_Syp_X0KDg
Facebook: <https://www.facebook.com/CBCNewCanaan/>
Sunday School at 10:00am
Worship Service at 11:00am
Live Facebook Broadcast 11:30 am

Upcoming Events:
October 19 from 3-5 PM: Men's Day.
November 16 from 3-5 PM: Church Anniversary.

Temple Sholom
300 E. Putnam Ave. Greenwich, CT 06830 203-869-7191
www.templesholom.com
Services: In-person and virtual Friday night Shabbat services, 6:30pm & Saturday morning Shabbat services, 10:30am.

Recurring Events:
Saturdays at 9 AM: Shabbat Study via zoom at <https://zoom.us/j/94358392426?pwd=bFJQem9HWFcxU0EzZUM2VENEZmgYUT09#success>

GRIDIRON
CONTINUED From Page 1

director, actor, and designer and served five years as President. He co-founded New Canaan Chamber Music, spent 20 years as the Gridiron Club's Emcee, and has helped raise millions of dollars for area non-profit organizations. His community contributions have been recognized by Norwalk Hospital, New Canaan Health and Human Services, the New Canaan Community Foundation, and Moffly Media - Light a Fire.

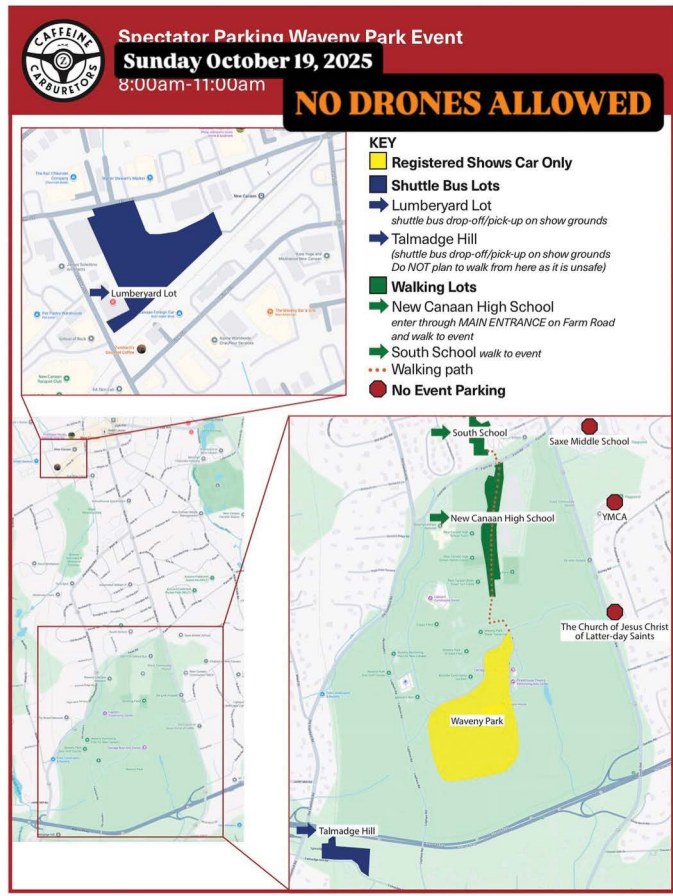
"I'm honored—and a little nervous—to be named the Gridiron Fall Guy," said Bob Doran. "New Canaan has given so much to my family, and I look forward to an evening of laughter

and community spirit." Each year, the Gridiron Club celebrates local leaders with an evening of entertainment, humor, and community spirit. The honoree—known as the "Fall Guy (or Gal)"—is playfully roasted as his or her life story is told in an original musical production performed by a cast of New Canaanites. Proceeds from the event benefit a charity of the Fall Guy's choice. For 2026, Bob has selected the New Canaan Museum and Historical Society. Tickets for the Gridiron Dinner will be available in February or March, and early reservations are encouraged as space is limited. For more information, visit www.gridironclubofnc.org, follow the Gridiron Club of New Canaan on Facebook, or email gridironclubofnc@gmail.com.



Robert Doran. Photo by Andrea Carson

YOUR NEWS BRIEF
CONTINUED From Page 1



LOCAL BUSINESSES AND NONPROFITS

2025-26 Holiday Lights



The New Canaan Chamber Charitable Foundation is raising funds for the 2025–26 Holiday Lights in downtown New Canaan. The display will run from Thanksgiving through New Year's and is funded entirely by local donations. Photo credit: New Canaan Chamber of Commerce.

Chief Bassett Spoke to Rotary Club



Recently, Fire Chief Albe Bassett spoke to the New Canaan Rotary Club about the operations of the Fire Department, which handles about 1,200 calls each year, including around 24 fires and two to three major incidents. The department has 24 firefighters, with six on duty at all times, and an average response time of 10 minutes. Residents are encouraged to register with Community Connect to help first responders during emergencies. Pictured L-R: Tom Ferguson and Fire Chief Albe Bassett. Photo credit: New Canaan Rotary Club.

Grace Fall Picnic



On October 4, Grace Community Church held its annual Grace Fall Picnic at Compo Beach, bringing attendees together for food and activities. The event offered time for community connection and recreation. Photo credit: Grace Community Church.

SCHOOLS

Walk to School Day



South School held its annual Walk to School Day 2025, encouraging walking and biking in place of driving. The event also marked the school's 75th anniversary. Photo credit: New Canaan Public Schools.

NC Fire Company Visits NCCS

The New Canaan Fire Company visited New Canaan Country School's Beginners and Kindergarten students to teach fire safety and prevention. Firefighters demonstrated when and how to call 9-1-1 and discussed their role in emergency response. The visit gave students an early understanding of important safety practices.

SLS 5th Grade Trip



St. Luke's fifth-grade students attended an overnight Nature's Classroom program on the Hilltop. They participated in science and team-building activities, including tracking animals and completing group challenges. Photo credit: St. Luke's School.

SPORTS

New Scoreboard at Dunning Stadium

A new scoreboard was installed at Dunning Stadium this summer, which debuted during the September 19 football game against Ridgefield. The system can display live footage, stats, and graphics for multiple sports. Funded by the Board of Education, it replaces a 13-year-old model.

Tall Versus Small Game



On October 5, the New Canaan Youth Field Hockey program held its annual Tall vs. Small game, bringing players and families together for the event. Photo credit: New Canaan Youth Field Hockey.



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SMALL BITES
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tantalize your taste buds

1 COMPLIMENTARY DRINK
enjoy a free signature drink on us

TONY'S AT THE J HOUSE

1114 E PUTNAM AVE, GREENWICH, CT 06878

Fall Fair Popular As Ever



Members of the Old Faithful Antique Fire Engine Assn. L-R George Benington, Sven Englund, Jon Old and Alexander Pitt before taking fair-goers out for a ride. Photo by John Kriz.

By JOHN KRIZ

“A wonderful couple of days.” So said Bill Flynn, Executive Director of the New Canaan Nature Center <https://www.newcanaannature.org> about its Fall Fair last weekend. Though Sunday’s festivities were regrettably cancelled due to an incoming Nor’Easter, the heavy attendance on Friday night and Saturday helped to compensate. Friday night was “kids’ night under the lights,” said Mr. Flynn, and Saturday was the “full family experience.” The packed midway

had numerous amusement rides, plus arcade games, food treats, pumpkin painting, music, a zip line and rides on the Old Faithful antique fire engine. There was much to keep children, and parents, entertained. Mr. Flynn was pleased that the Nature Center could provide a “safe, fun thing for the community” and raise some funds to help support the center’s mission of environmental education, and inspiring people of all ages to respect, protect and enjoy the world of nature.



Katie Owsley of Planet New Canaan helping to educate fairgoers about the value of recycling and composting. Photo by John Kriz.



Old Faithful returning to the Fall Fair after giving some families a ride on the antique fire engine. Photo by John Kriz.



Food, games, rides and family fun at the Nature Center's Fall Fair. Photo by John Kriz.



New Canaan Chamber Music
Andrew Armstrong, Artistic Director

Carnegie Hall to New Canaan



James Ehnes
violin



Andrew Armstrong
piano

Tuesday, October 28, 3:00 PM
Wednesday, October 29, 7:00 PM

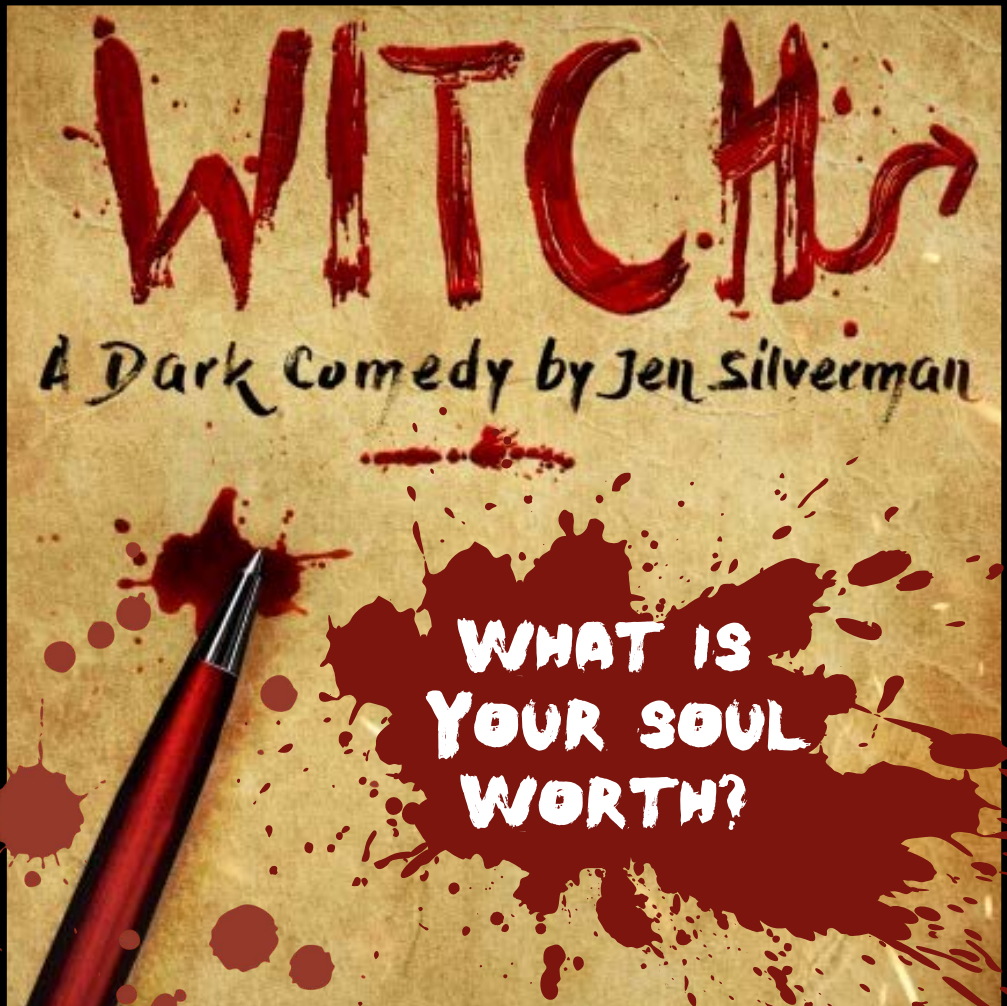
First Presbyterian Church of New Canaan



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newcanaanchambermusic.org

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FEATURED OPEN HOUSES

Get Your Open Houses Into the MLS by Wednesday at Noon for a Listing Here

Address	Price	Day	Time	Broker
26 Pequot Lane	\$5,495,000	SUN	1:00-3:00PM	Coldwell Banker
213 Marvin Ridge	\$2,199,000	SUN	1:00-3:00PM	William Raveis

NEW LISTINGS

Address	List Price	SqFt	Price/SqFt	AC	BR	FB
85 Locust Avenue Unit #516	\$434,000	743	\$584		1	1
79 Locust Ave #212	\$450,000	743	\$606		1	1
122 Summer Street	\$1,280,000	1,370	\$934		3	2
51 Reeder Lane	\$2,495,000	3,382	\$738	2.06	5	3
114 Ferris Hill Road	\$4,995,000	6,798	\$735	4.19	6	6

NEW SALES

Address	Original List	List Price	Sold Price	DOM	BR	FB	Acres
181 South Avenue #19	\$1,379,000	\$1,379,000	\$1,662,500	4	3	3	
144 Hawks Hill	\$1,195,000	\$1,415,000	\$1,415,000	67	4	2	1.1
1 Maple Street	\$1,695,000	\$1,525,000	\$1,525,000	68	2	2	

If ‘Dear Abby’ Sold Houses

“Writing is only work if you’d rather be doing something else.” – Abigail Van Buren

“I’d rather be selling houses, but instead I write about selling houses.” – John Engel



BY JOHN ENGEL

Dear Abby’s advice column is now 70 years old and still read by 110 million people in 1,400 newspapers. My column this week is inspired by the letters she might be getting lately.

DEAR JOHN E: My good friend is a Realtor, but I don’t want to use her to sell my house. Am I being a bad friend?

Dear BAD FRIEND: Your decision should focus on selecting the agent with the best expertise or local market knowledge to meet your needs. Be straightforward with your realtor friend: Tell her you’re seeking the most suitable professional for this sale, not doubting her capabilities. However, bypassing her without a valid reason could imply distrust in her skills, potentially making you a poor friend. If you opt for someone else, communicate your choice clearly and recognize her value as a local resource. Also, consider the impact on your friendship if expectations aren’t fulfilled.

DEAR JOHN E: My neighbor is letting his yard go to seed. The paint is peeling. Don’t we have an ordinance against that? It’s really a poor reflection on the neighborhood. I’ve called the police and the building dept., and they say there isn’t anything they can do. Help!

DEAR DISTRESSED NEIGHBOR: New Canaan enforces property maintenance under the Connecticut State Building Code but peeling paint and an overgrown yard aren’t violations unless they pose health or safety risks (e.g., lead or pests). Since police and building officials found no issue, start with a compassionate approach: Send a friendly note highlighting the concern – perhaps they don’t see it, can’t afford fixes, or don’t know where to begin. Offer solutions like local resources (e.g., town beautification grants or contractor referrals) to help them get started. If that doesn’t work, gently involve a neighborhood association for support, not pressure, to maintain community harmony.

DEAR JOHN E: My adult son wants to move back home to New Canaan after college, but with housing costs skyrocketing, we can’t afford a separate place for him. I’ve heard about converting our garage into an apartment, but my husband worries it will devalue our property. Is this a good idea?

DEAR ABBY: About four months ago, the house across the street was sold to a “father and son”—or so we thought. We later learned it was an older man about 50 and a young fellow about 24. This was a respectable neighborhood before this “odd couple” moved in. They have all sorts of strange-looking company. Men who look like women, women who look like men, blacks, whites, Indians. Yesterday I even saw two nuns go in there! They must be running some sort of business, or a club. There are motorcycles, expensive sports cars and even bicycles parked in front and on the lawn. They keep their shades drawn so you can’t see what’s going on inside but they must be up to no good, or why the secrecy? We called the police department and they asked if we wanted to press charges! They said unless the neighbors were breaking some law there was nothing they could do. Abby, these weirdos are wrecking our property values! How can we improve the quality of this once-respectable neighborhood?

UP IN ARMS

DEAR UP: You could move.

DEAR WORRIED PARENT: Converting your garage into an accessory dwelling unit (ADU) for your son is a sensible idea and fully permitted under New Canaan’s regulations, which allow both attached and detached units up to 1,000 square feet with owner occupancy required in one unit. With starter home prices in New Canaan averaging around \$1.5 million to \$2 million, an ADU could cost less than half that – expect construction at under \$500 per square foot for a total of \$200,000 to \$500,000, plus permit fees of \$5,000 to \$10,000, depending on specifics like utilities and zoning approvals. Your husband’s worry about devaluation is common but often misplaced; ADUs typically boost property values by 20-30 percent through added utility. Consult the Planning and Zoning office and a contractor for exact details and get an appraisal to put his mind at ease – it’s a practical step for your family’s needs in this pricey market.

DEAR JOHN E: With rates dipping, I am tempted to buy now. Is this the last chance before prices get away from me?

DEAR TEMPTED BUYER: Buying a house isn’t like picking a stock; trying to time the market based on dipping rates can lead to regret if life’s circumstances change. Instead, buy a home because you

truly love it and your financial picture gives you confidence beyond just year-to-year rentals. Many get swept up in the fear of missing out on building equity like our parents and grandparents had, but homeownership isn’t for everyone; there are plenty of other paths to a solid nest egg, such as investing in stocks, retirement accounts, or even starting a side business. Consider this: The average U.S. homeowner now stays in their home about 11.9 years, roughly twice as long as in the 1980s when it hovered around 6-8 years. At the same time, job

tenure has halved from about 8-10 years back then to around 4 years today, making careers more mobile than ever and houses a bigger commitment. Weigh your long-term plans carefully before jumping in.

Notes from the Monday Meeting: With Columbus Day sidelining our usual Monday huddle, let’s pivot to something that’s been a steady drumbeat for five years: the *Boroughs & Burbs* podcast. Hosted by Roberto Cabrera and me, it airs live every Thursday at 3 p.m. ET. We have a national conversation on real estate that dives deep into market dynamics, policy quirks, and the human side of buying, selling, and living. If you’ve missed it amid the weekly grind, now’s the time to catch up: All 200+ episodes are archived at [BoroughsAndBurbs.com](#), and the videos are on YouTube. Whether you’re prepping a move or just curious about where New Canaan fits in the bigger picture, these episodes unpack the trends shaping our world.



To whet your appetite, here are recent moments from the back catalog, zeroing in on local Fairfield County insights. Each runs 45-60 minutes, packed with unfiltered takes: **Retiring Quietly? Not Anymore. (#198)** Russell Barksdale and Senator Ryan Fazio talk about aging,

healthcare pressure, migration out of Connecticut, and why a growing senior population is about to reshape policy and housing in Fairfield County.

Home Organizing & Auctions (#197) Stephanie Radman of Mayflower Organizing and Grant Panarese of Auction Ninja get into the emotional and financial process of clearing a lifetime of belongings and why more local families are using auctions as a practical step before listing.

Real Estate Insurance & Risk in 2025 (#194) With premiums rising and underwriting tightening, Meredith Bach’s team at Howard & Gay explain how insurance has moved from a formality to a deciding factor in whether high-value deals close at all.

Home Inspections in New York & Connecticut (#192) Stephen Gladstone and Jacqueline Gathers reveal the real inspection issues appearing in our market right now, from moisture and drainage failures to structural surprises that can derail closings.

Outdoor Living & Entertaining Spaces (#188) Amy Andrews talks about how outdoor kitchens, fire seating, lighting, and landscaped gathering areas are now designed with the same level of detail as indoor rooms, changing how Fairfield County families use their properties.

Unlocking the Mysteries of Westport, CT (#96) First Selectman Jennifer Tooker and Dan Woog of The 06880 unpack how Westport’s shoreline identity, zoning battles, arts culture, and migration from New York have shaped the town’s reputation and what residents are trying to preserve.

Zoom with us every Thursday at 3 p.m. for fresh takes on dipping rates and inventory upticks, or binge the archive of shows at [BoroughsAndBurbs.com](#). It’s the conversation New Canaan needs: raw, real, and right here. What’s your favorite episode topic? Hit reply.

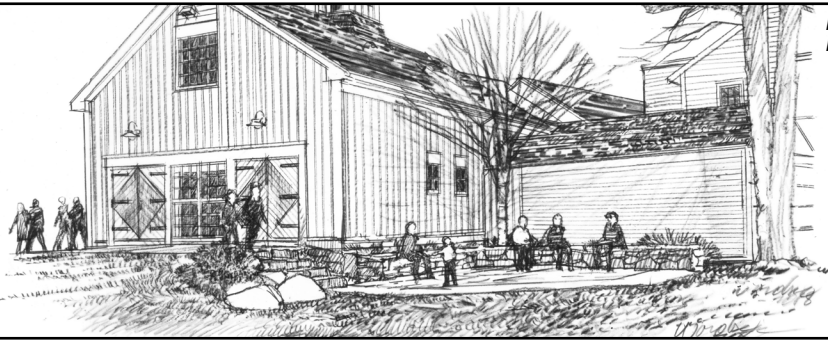
John Engel is a broker on The Engel Team at Douglas Elliman, and he’s going to Las Vegas next week. Vegas is the opposite of New Canaan. We have God’s Acre, they have drive-thru weddings. We have the Playhouse, they have the Sphere. We put up tasteful Christmas lights on Elm Street and then we take them down because we celebrate the seasons, and change. John is looking forward to new seasons.

Submit questions and comments to John.Engel@Elliman.com



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AFTER THE
APPLAUSE:
iCREATE 2025
YOUNG ARTISTS



LATRY'S
SPIRIT OF
NOTRE-DAME



REVIVING
THE SPIRIT OF
THE COS COB
MASTERS



HAMLET
IN THE
BLACKBOX

Where Sea Meets Canvas: Arguimbau's Marine Mastery Shines at Indian Harbor



A painting of the legendary Ticonderoga by Peter Arguimbau on display at the Indian Harbor Yacht Club last week. Photo by Emma Barhydt.

BY EMMA BARHYDT &
ANNE W. SEMMES

Earlier this month, the Indian Harbor Yacht Club opened its East Room to an exhibition that felt both painterly and personal—a tribute to sea, sky, and the craftsmanship that unites Greenwich's artistic and maritime traditions. The show, Marine Paintings by Peter Layne Arguimbau, ran from October 9 through October 12, presenting a suite of luminous seascapes in a setting that could not have been more fitting.

Organized by the club's History & Collections Committee, the exhibition celebrated not only an artist but a shared heritage. Members and guests filled the East Room for an evening of conversation and admiration, the glow of Arguimbau's canvases reflecting softly across polished wood and brass. The evening felt in step with a larger Greenwich story—of artistry shaped by place, of community traditions sustained through participation, and of gratitude toward those who

have tended them over time.

Commodore Sarah Stearns Fey welcomed guests with an introduction that set both tone and spirit. "It's my absolute delight to welcome you and to introduce Peter," she said, "sailor, Indian Harbor member, and one of America's most accomplished marine painters." She reminded the audience that "at just eight years old, Peter was grinding pigments for his father, who was a portrait painter and trained under Frank Mason at the Art Students League."

Fey described how the young artist "became captivated by the Old Masters, beginning what would become a lifelong quest to rediscover the lost alchemy of oil painting—experimenting with centuries-old varnishes and pigments, traveling to Europe to examine works by Rembrandt and Rubens." Painting, she said, for Arguimbau is "a technical and spiritual pursuit where rhythm, motion, and light merge into something timeless." Working from his red barn studio on the



Peter Arguimbau poses in his studio at his December 4 Art Holiday Show, next to a luminist portrait of his younger self. Photo by Bob Capazzo.

Greenwich-Stamford line, he continues to refine "those techniques that connect today's art to the golden age of painting."

Her remarks framed the evening not only as a celebration of an artist's achievement but as a reminder of how deeply

the arts are woven into the civic life of Greenwich—how individual craft and community heritage sustain one another.

Among the eleven paintings displayed were Brooklyn Bridge Moonlight, New York Harbor Sunset,

Continued on Page 2

ARGUIMBAU From Page 1

Gallant off Bear Mountain Light, and Gloucester Fishing Schooners. Two commanding scenes of classic racing yachts drew particular attention: one viewed from the deck of a vessel cutting through the waves, the other depicting twin boats under a tranquil morning sky. Arguimbau captures not only the geometry of rigging and sail but also the vitality of motion—the exhilaration of wind and water meeting in perfect rhythm.

Born in Darien, Connecticut, in 1951, Arguimbau was steeped in art from childhood. His father, Vincent Arguimbau, was a portrait painter who began teaching him early. In 1958, family friend and Art Students League instructor Frank Mason introduced young Peter to the Maroger Medium, a resinous gel derived from centuries-old recipes believed to replicate the lost varnishes of the Old Masters. That discovery would define his artistic life.

At the reception, Arguimbau spoke warmly and with humor about that early determination. “I did have a face-off with my dad at 14,” he recalled. “I won a prize exhibiting in the Westchester Art Show, and they gave a purchase prize and I won both the purchase and the Best in Show. So that left me with \$600 in my pocket. My father just said, you can’t have it—you’ve got to go to college and then you can think about art. So I said, I’ve thought about it. I’m going to change my name and sign with Ains Lane, Morocco Lane, which was my pen-pal name. My dad was furious, but I just kept that a secret to myself until I left home at 19.”

He laughed, then turned to the subject that has long fueled his work: the science behind paint itself. “I was sitting on my stoop in my studio in 1987,” he recalled, “and an acquaintance came to my studio and said, ‘I want to learn how to paint on a viola ... because I make these instruments and I want to dress them up.’ So he gave me a folio of antique fiddle recipes.”

That folio, Arguimbau explained, contained formulas for varnishes once used by violin makers—and by painters centuries earlier. “It’s very easy to make,” he said. “You just make a soap out of linseed oil and resin, and there’s a trick that you have to dry the composition. When you get the soap exactly with no moisture at all—if you have any moisture of any kind, even from the spoon that you’re mixing it with—it will flatten out what would be a gel formula. It would not gel.”

That elusive chemistry, he said, is what gave the Old Masters their speed and radiance. “These great masters like Rubens could paint a 24-by-30 painting in a day. It’s incredible,” he said. “So what you have to bring to the table is you have to know how to draw really well. You have to know how to take the steps of painting

a plein-air painting and bring it to your studio.”

That same blend of discipline and inspiration would later define his own work. Arguimbau traced his devotion to the sea back to one defining moment. “My aunt took me to the tall ships in ’86 when she got me up at five in the morning,” he said. “It was a blue day that was just perfect, and I filled up two or three books of drawings of two boats that day, and I started my history of marine painting.”

Since then, that history has become a life’s work. Arguimbau continues to grind his own pigments and cook his own mediums, carrying forward the layered traditions of Rembrandt, Rubens, and the Hudson River School. His forthcoming book, Rembrandt’s Lost Secret, delves into how those centuries-old glazing methods capture the prismatic play of light that defines his art.

For Greenwich, the exhibition offered something larger than an evening of fine art. It reflected the strength of local institutions that continue to give artists, audiences, and traditions a home. The History & Collections Committee described Arguimbau’s work as “a mastery of Old Masters’ techniques applied to a lifetime on the water.” That spirit of mastery and continuity mirrored the club’s own: a commitment to craftsmanship, seamanship, and care for what endures.

Arguimbau’s paintings speak through patience. Every layer of glaze, every reflection, every controlled shimmer of sky reveals a deep attentiveness to time and craft. The result is not only a view of the sea but an understanding of it—its restlessness, its calm, and its quiet power to hold and reflect the light within.

In the same way, the community that gathered at Indian Harbor reflected a shared understanding of



A Peter Arguimbau painting on display at the Indian Harbor Yacht Club last week. Photo by Emma Barhydt.



A Peter Arguimbau painting on display last week at the Indian Harbor Yacht Club — the ideal venue for showcasing timeless marine art. With its storied seafaring heritage, sweeping harbor views, and stately clubhouse steeped in yachting tradition, IHYC creates a natural harmony between the subject and its surroundings. Photo by Emma Barhydt.



“These are all the colors, the pigments – it’s a powdered pigment,” Peter Arguimbau showed of his paint mix. Photo by Bob Capazzo.

what sustains Greenwich’s cultural life: respect for history, support for working artists, and an instinct to keep art close to where it

belongs—within the life of the town itself.

Those who wish to see more of Arguimbau’s

work or learn about his ongoing projects can visit his studio and gallery at Arguimbau Art, located on

the Greenwich waterfront, or explore his portfolio online at www.arguimbauart.com where his marine paintings,

portraits, and restorations continue to honor the classical traditions that shaped them.

- noted -

Who: Greenwich Historical Society — “History in the Making” Gala
What: Annual benefit honoring Debra L. Mecky; featured speaker: historian Nathaniel Philbrick
When: Wed., Oct. 29, 2025, 6:00 p.m.
Where: Belle Haven Club, Greenwich
Tickets/Info: greenwichhistory.org (Events → History in the Making) | 203-869-6899

visual arts

Who: Greenwich Art Society
What: “Holding Space” — Juried Members Exhibition
When: Oct. 23–Nov. 20, 2025; gallery hours: Mon–Fri 10:00 a.m.–4:00 p.m.; Sat–Sun 12:00–4:00 p.m.
Where: Bendheim Gallery, 299 Greenwich Ave., Greenwich
Tickets/Info: greenwichartsociety.org/members-juried-exhibit | greenwichartscouncil.org | 203-862-6750

Who: Flinn Gallery at Greenwich Library
What: “Vietnam: Tradition Upended” (through Nov. 12, 2025) and “Precisely.” (Nov. 20, 2025–Jan. 7, 2026)
When: Gallery hours follow library hours (check website for holiday closures); opening reception for “Precisely.” on Nov. 20, 6:00–8:00 p.m.
Where: Flinn Gallery, 2nd floor, Greenwich Library, 101 W. Putnam Ave., Greenwich
Tickets/Info: flinngallery.org/current-season | 203-622-7947

Who: Bruce Museum
What: Exhibitions on view and into year-end: “Jeremy Frey: Woven” (through Oct. 26), “The Art of Work: Painting Labor in Nineteenth-Century Denmark” (through Nov. 30), “Moses Ros: HUMAN/NATURE” (through Jan. 4, 2026); weekly highlights tours Tue 1:00–2:00 p.m. and Sat 2:00–3:00 p.m.
When: Museum hours Tue–Sun 10:00 a.m.–5:00 p.m.
Where: 1 Museum Dr., Greenwich
Tickets/Info: brucemuseum.org | 203-869-0376

Who: Greenwich Historical Society
What: Bush-Holley House closed for environmental upgrades through April 2026; campus galleries and programs continue.
When: Ongoing programs; see calendar.
Where: 47 Strickland Rd., Cos Cob
Tickets/Info: greenwichhistory.org | 203-869-6899

theater & performance / film

Who: The Cinema at Townsend
What: First-run films in a 40-seat boutique theater with in-seat food and beverage service; programming through fall includes current studio releases and special showings
When: Daily showtimes; check “Movies & Showtimes”
Where: Hyatt Regency Greenwich, 1800 E. Putnam Ave., Old Greenwich
Tickets/Info: townsendbarandcinema.com/cinema/movies-showtimes | 203-637-1234

Who: Friends Friday Films (Greenwich Library)
What: Weekly feature screenings; Oct. 17: “Sing Sing”; Oct. 31: “Shadow of a Doubt” with talkback
When: Fridays at 7:00 p.m.
Where: Berkley Theater, Greenwich Library, 101 W. Putnam Ave., Greenwich
Tickets/Info: greenwichlibrary.org (Events) | 203-622-7900

Who: Byram Shubert Library – Ashforth Concert Series
What: “Tango Night with Darwin and Friends”
When: Thu., Oct. 23, 2025, 7:00 p.m.
Where: 21 Mead Ave., Greenwich
Tickets/Info: greenwichlibrary.org/byram-shubert (Events) | 203-531-0426

Who: Avon Theatre Film Center (neighboring venue)
What: Coming-soon and special screenings including “Springsteen: Deliver Me from Nowhere” (opens Oct. 23), “Bugonia” (opens Oct. 30), Exhibition on Screen: “Caravaggio” (Nov. 12), “Wicked: For Good” (opens Nov. 21), “Hamnet” (opens Nov. 26)
When: Dates as listed; daily showtimes
Where: 272 Bedford St., Stamford
Tickets/Info: avontheatre.org | 203-967-3660

Who: The Capitol Theatre (neighboring venue)
What: Fall concert lineup continues through late fall/early winter (multiple national touring artists)
When: Check calendar for October–December dates
Where: 149 Westchester Ave., Port Chester, N.Y.

Greenwich High Brings Shakespeare Home with Hamlet in the Blackbox

Greenwich High School’s Theater Department will present Hamlet in its Blackbox Theater this month, with performances beginning today, October 17, and continuing on October 18, 23, 24, and 25. Tickets are \$10 and available through ghs.greenwichschools.org

A highlight of the school’s 2025–2026 theater season, Hamlet continues GHS’s long-running tradition of performing Shakespeare. The department’s annual slate includes a range of productions—from contemporary hits like Mean Girls to courtroom drama (12 Angry Men) and classic musical theater (Grease). The mix showcases the range and depth of Greenwich’s young performers and the comprehensive training offered in the school’s Theater Arts program.

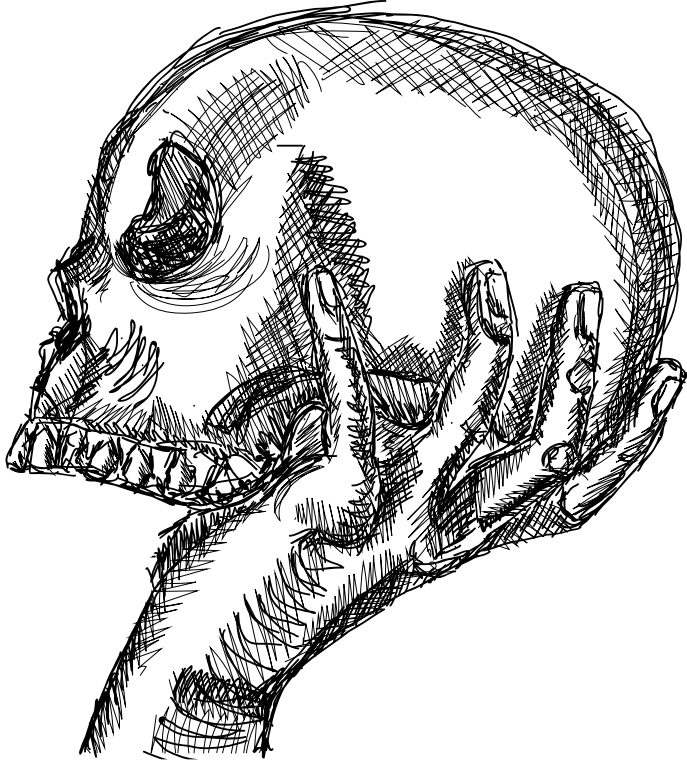
Performances will be held in the school’s Blackbox Theater, an intimate venue that encourages audience connection and creative staging. The space’s closeness to the performers makes it ideal for a play like Hamlet, where emotion, rhythm, and interpretation carry the story.

The GHS Theater Arts program, part of the academic curriculum, includes courses in performance, directing, technical theater, and design. Students learn every aspect of production—from lighting and sound to stagecraft and scenic design—then apply those lessons in fully realized performances. Each year, the department produces roughly ten shows, giving students both artistic and technical experience in live theater.

The choice of Hamlet reflects the program’s commitment to the classics and to the enduring value of live performance. The production joins a tradition at Greenwich High of tackling Shakespeare each fall, a hallmark of the school’s theater education for more than four decades.

While details of this year’s creative concept and casting have not been released publicly, the performance calendar points to a robust and well-organized season ahead. Shows will begin at 7:30pm, with a 4:00pm matinee on October 23 and two performances (5:00pm and 8:00pm) on October 25. Seating is limited, underscoring the value of early reservations for what is often one of the department’s most anticipated productions of the year.

Theater faculty Patricia Cirigliano and Richard Kohn, along with Technical Director Scott Borowka, oversee the program, guiding students in performance and backstage disciplines alike.



Together, they carry forward a vision of theater education that blends creativity, discipline, and collaboration—qualities that resonate well beyond the stage.

For Greenwich families, alumni, and neighbors, Hamlet is both an exploration in the arts and a shared community experience. The Blackbox Theater, nestled within the GHS Performing Arts Center, serves as both classroom and civic space—a place where young talent meets local support.

This month’s production offers the town another reason to celebrate its students’ artistic ambition and the enduring presence of theater in Greenwich’s cultural life.

Don’t Miss:
Hamlet – Greenwich High School Blackbox Theater
Dates: October 18, 23, 24, 25
Tickets: \$10, ghs.greenwichschools.org
Contact: GHS Theater Office, 203-863-8808

Bellehumeur Opens Greenwich Art + Design with David Dunlop Exhibition

A new destination for art and design has arrived in the heart of Greenwich. Greenwich Art + Design, a two-level boutique and gallery at 7 East Putnam Avenue, celebrated its grand opening on September 25 with the debut of a solo exhibition by renowned painter David Dunlop, on view through November 4.

Founded by Suzanne Bellehumeur, a celebrated muralist and decorative painter whose work has been featured in Vogue, HGTV, The New York Times, and Connecticut Cottages & Gardens, the space blends fine art, home décor, jewelry, fashion, furniture, and design into a single immersive experience.

“Greenwich Art + Design is a living canvas where fine art, distinctive home décor, fashion and design come together,” said Bellehumeur. “Each piece is carefully curated to inspire — from one-of-a-kind fine art, home décor and luxury textiles, to furniture, jewelry and clothing that transform interiors and lives into something extraordinary — items that spark conversation, elevate interiors and celebrate artistry from around the world.”

The boutique reflects Bellehumeur’s lifelong passion for transforming interiors into artistic environments. After decades creating large-scale murals and custom finishes for private residences and design firms, she now brings her vision to a permanent public space. Her own mural work and wall finishes appear throughout the gallery, complemented by clothing displays she designed herself — sculptural pieces suspended from the ceiling and constructed by a female

welder on a Native American reservation in Canada.

The opening exhibition features Dunlop’s luminous paintings of nature, displayed in the lower-level gallery toward the rear of the store. Known for his innovative landscapes and brilliant use of color and light, Dunlop’s work explores the relationship between nature and perception. “Greenwich welcomes a stunningly-imaginative experience with Greenwich Art + Design,” Dunlop said. “As an accomplished artist herself, Suzanne Belhumeur has created an imaginative combination of fine-art gallery with a curated feast of eclectic home furnishings, fixtures, clothing, jewelry and art, which mingle excitedly here. The lower-level gallery offers an aesthetically-charged environment dedicated to painting and the visual arts.”

Bellehumeur describes the gallery as “a hidden sanctuary on the lower level of the store — an intimate space of discovery and delight.” Future exhibitions will highlight both local and global artists, “offering ever-changing dialogues in art and design.”

From handcrafted décor and luxury textiles to fine art and fashion, Greenwich Art + Design invites visitors to explore the belief that art belongs in every part of life — an idea perfectly at home in a town that continues to honor beauty, craftsmanship, and creative stewardship.

Greenwich Art + Design is located at 7 East Putnam Avenue. The David Dunlop exhibition runs through November 4, 2025. For more information, visit greenwichartanddesign.com

Tickets/Info: thecapitoltheatre.com/calendar | 914-937-4126

music & dance

Who: Christ Church Greenwich — Special Organ Recital
What: Olivier Latry, titular organist of Notre-Dame de Paris
When: Sun., Oct. 19, 2025, 5:00 p.m.
Where: 254 E. Putnam Ave., Greenwich
Tickets/Info: christchurchgreenwich.org/music-events | Eventbrite listing; general admission (check site for pricing) | 203-869-6600

Who: Greenwich Symphony Orchestra
What: 2025–26 season concert featuring Chee-Yun, violin; Stuart Malina, conductor — Piazzolla “The Four Seasons of Buenos Aires,” Theofanidis “Rainbow Body,” Rachmaninoff Symphony No. 3
When: Sat., Nov. 15, 7:30 p.m.; Sun., Nov. 16, 3:00 p.m.
Where: Greenwich High School Performing Arts Center, 10 Hillside Rd., Greenwich
Tickets/Info: greenwichsymphony.org/tickets | 203-869-2664

Who: The Chamber Players of the Greenwich Symphony
What: 54th season continues; next pair of concerts Nov.

9–10 with works by Heinichen, Britten, Beach, Beethoven
When: Sun., Nov. 9, 3:00 p.m. (venue typically Round Hill Community Church); Mon., Nov. 10, 7:30 p.m. (venue typically Greenwich Historical Society)
Where: Check website for confirmed venues
Tickets/Info: chamberplayersofthegso.org | Adult admission generally \$35

Who: Greenwich Choral Society — Centennial Season
What: “GCS Family Holiday Concert: A Christmas Tapestry” (Bach, Britten, Margaret Bonds; interactive family program)
When: Sat., Dec. 6, 2025, 2:30 p.m.
Where: Christ Church Greenwich, 254 E. Putnam Ave., Greenwich
Tickets/Info: gcs-ct.org (Season Tickets / Events) | 203-622-5136

Who: Greenwich Ballet Academy
What: Fall 2025 classes in session; Nutcracker production period scheduled at Greenwich High School later in the season (production week details posted to calendar; performance dates to be announced)
When: Fall term ongoing; Nutcracker production week TBA
Where: Rehearsals: GBA studios; performances at GHS Performing Arts Center
Tickets/Info: greenwichballetacademy.org (Calendar/Schedule) | 914-305-4377

Editor's Note: SHOW THEM IT MATTERED

It's a joy, really, to lift the curtain week after week on the vibrancy of youth arts in our community. In every corner—school stages, gallery walls, rehearsal rooms—you can feel a living web of imagination, mentorship, camaraderie, and creative daring. This week's Arts Section celebrates that spirit, especially as we highlight two of its brightest expressions: the upcoming Greenwich High School production of *Hamlet* and the Bruce Museum's annual iCreate exhibition of high school art.

One of the great privileges of covering the arts locally is watching student theater programs reach for new heights. Greenwich High's decision to take on *Hamlet* this fall says everything about the ambition and imagination of its young performers. Tackling Shakespeare's tragedy is no small feat; even seasoned actors approach it with awe. Yet there's something profoundly moving about seeing students bring this play to life—finding in its grief, its madness, and its questions of conscience something that speaks to their own generation. Youth theater, at its best, doesn't simplify the classics; it renews them.

Other schools are carrying that same torch. Greenwich

Country Day School is preparing *The Crucible*, Arthur Miller's searing exploration of fear and integrity, which we'll feature in next week's issue. At Sacred Heart Greenwich, students are stepping into their fall theater season with characteristic energy and care, supported by a school community that treats the arts as essential to education. Brunswick School's theater program continues to grow, encouraging students to take on both classic and contemporary work with imagination and focus. And at Greenwich Academy, rehearsals are already in motion for this year's Upper School production, another opportunity for students to stretch creatively and bring their ideas to life.

Taken together, these productions show a full spectrum of artistic engagement—from Shakespearean tragedy to modern ensemble storytelling. Each one represents hours of rehearsal, set building, and collaboration, all powered by the belief that art thrives when a community stands behind it.

That same shared investment is what makes the Bruce Museum's iCreate initiative so meaningful. The exhibition, which closed last month, brought together

Each one represents hours of rehearsal, set building, and collaboration, all powered by the belief that art thrives when a community stands behind it.

hundreds of high school artists from across the tri-state region and left a lasting impression on everyone who saw it. As covered elsewhere in this week's Arts Section, iCreate 2025 became both a celebration of youthful imagination and a testament to how civic institutions sustain it—offering mentorship, visibility, and a public space for young artists to be taken seriously.

The impact of this year's show lingers—in the art that was made, in the confidence it inspired, and in the growing understanding that creative expression belongs to everyone, that a young artist's voice can shape the life of a community.

When we at the *Sentinel* think about what gives youth arts their power, three themes rise to the surface: joy, inspiration, and community. Joy is the spark—the laughter in rehearsal, the shared nerves before a curtain opens, the quiet satisfaction of seeing one's work fully realized. Inspiration follows close behind: that

thrilling recognition that art can be inquiry, connection, and possibility all at once. And then there's community—the teachers, mentors, parents, technicians, and friends whose collective effort makes every production and exhibition possible. Every standing ovation, every gallery opening, is the visible crest of that deeper current of care.

That current is what gives local arts their civic weight. When a school fills a theater or a museum opens its doors to student work, the whole town is reminded that culture doesn't arrive from elsewhere—it's made right here, through generosity and collaboration. These performances and exhibitions aren't side projects or afterthoughts.

Students who take part in programs like iCreate often talk about how the experience changes them—how it teaches them to share ideas, welcome critique, and work together toward something larger than themselves. The same is true

in the theater: the lessons of ensemble work reach far beyond the stage. What begins as memorizing lines or mixing paint often becomes a lifelong sense of belonging and purpose.

As this season unfolds, there will be countless moments of grace to witness—a line delivered with new depth, a painting that stops you in your tracks, a student realizing that they are, in fact, an artist. Go to a show. Ask a young person what they're working on. Each act of attention deepens our connection to one another and strengthens the creative life of this town.

And above all, show up. Sit in the seats. Fill the galleries.

Cheer at the curtain call and linger in the lobby. These small gestures—your presence, your applause, your attention—are what transform effort into meaning. When the house lights rise and students see the faces of their town before them, they feel the truth that every artist longs to know: that what they've made has reached someone. That it mattered. Every ticket, every moment spent watching, every word of encouragement keeps this creative ecosystem alive. To show up is to take part—to say, in the simplest and most powerful way, that Greenwich believes in its young artists and the future they are already building.

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Curated with Anne W. Semmes

& CONTRIBUTORS

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ARTS & THEATER CALENDAR

FRIDAY, OCT. 17

4 - 8 p.m.
GEMS (Greenwich Emergency Medical Service) annual Halloween Haunt. Sign up to have a decorated GEMS ambulance deliver Halloween treats to kids. Oct. 17, 18, 24 & 25. \$25 p/child. greenwichems.org/events/halloween-haunt

6 p.m.
French “Le Club Chapelle” Dinner Party with singer, Antoine Bleck. Christ Church Greenwich, 254 E. Putnam Ave. 203-869-6600. christchurchgreenwich.org/upcoming-events [SOLD OUT]

7 p.m.
Friends Friday Films: “Sing Sing.” Greenwich Library’s Berkley Theater. cgibbs@greenwichlibrary.org.

SATURDAY, OCT. 18

11 a.m. - 4 p.m.
Old Greenwich School Pumpkin Patch 55th Anniversary. 285 Sound Beach Ave. ogs.greenwichschools.org/pta/whatwedo/fundraising/pumpkin-patch

2 p.m.
Friends Children's Series: The Very Hungry Caterpillar Interactive Show. Berkley Theater. greenwichlibrary.libcal.com/event/13840259

2 p.m.
Jerry's Movies: Leave Her to Heaven. Byram Shubert Library Community Room. 203-531-0426.

6 p.m.
“A Night to Remember” – a night of music & joy. The First Congregational Church of Greenwich – Meetinghouse, 108 Sound Beach Ave. 203-637-1791. fccog.org

6 p.m.
India Cultural Center - ICC’s 13th Annual Celebration of Light. 1800 E Putnam Ave, Old Greenwich. iccgreenwich.org

SUNDAY, OCT. 19

10 a.m. - 3 p.m.
Echoes of Impressionism: Painting in the Footsteps of the Cos Cob Masters. Greenwich Historical Society, 47 Strickland Road. greenwichhistory.org/events

1 - 4 p.m.
Model Sailboat Regatta, hosted by the OGRCC (Old Greenwich Riverside Community Center). Binney Park. \$10 p/entry with a \$25 family max. myogrcc.org/programs/special-events/set-sail/

2 p.m.
Greenwich Land Trust’s 26th Annual Go Wild! Family Field Day. Greenwich Polo Club. gltrust.org/special-event/go-wild-family-field-day

5 p.m.
Olivier Latry in Concert. Christ Church Greenwich, 254 E. Putnam Ave. \$20. christchurchgreenwich.org/courage-faith-speaker-series

MONDAY, OCT. 20

7 p.m.
Book Launch: Chocolat: Parisian Desserts and Other Delights, by Aleksandra Crapanzano. Perrot Memorial Library. Free. Register. 203-637-1066 x15. judys@perrotlibrary.org. perrotlibrary.org

7 p.m.
Writers Open-Mic Night with Greenwich Pen Women. Marx Family Black Box Theater. greenwichlibrary.org

WEDNESDAY, OCT. 22

7 p.m.
A Musical Tribute to Carole King, with Kala Farnham, CT State Troubadour. Perrot Memorial Library. Free. Register. lending@perrotlibrary.org. 203-637-1066. perrotlibrary.org

THURSDAY, OCT. 23

6:30 p.m.
Greenwich Art Society’s annual Members Juried Exhibition Opening Reception. G.A.S. Gallery, 299 Greenwich Ave. 203-629-1533. greenwichartsociety.org

7 p.m.
Book Discussion: Nitro: A Novel of Creation and Destruction, by Heidi Matonis. Perrot Memorial Library, 90 Sound Beach Ave. Free. Register. lending@perrotlibrary.org. 203-637-1066. perrotlibrary.org

7 p.m.
Ashforth Concert: Tango Night with Darwin and Friends. Byram Shubert Library Community Room. 203-531-0426.

FRIDAY, OCT. 24

10 a.m.
Goldbas Musical Story Hour. Marx Family Black Box Theater. 203-622-7940. children@greenwichlibrary.org

7 p.m.
Friends Friday Films: “How to Train Your Dragon.” Berkley Theater. cgibbs@greenwichlibrary.org.

7 p.m.
Round Hill Volunteer Fire Company's annual Oktoberfest. Round Hill Community House, 395 Round Hill Rd. eventbrite.com/e/1671938696649

SATURDAY, OCT. 25

10:30 a.m.
Music with Tom Weber. Marx Family Black Box Theater. 203-622-7940. children@greenwichlibrary.org

4:30 p.m.
Maddie’s Dance Studio Movie Night & Re-

cital Theme Reveal. Old Greenwich School Gym, 285 Sound Beach Ave. \$25. Open to the public. maddiesdancestudio.com/special-events

SUNDAY, OCT. 26

2 p.m.
Bruce Experiences: Labor in Opera. Bruce Museum. Free with admission. brucemuseum.org

3 p.m.
Requiem: Brahms & Mahler. St. Barnabas Greenwich, 954 Lake Avenue. \$35. eventbrite.com/e/1527497348689

SACRED FRANCE:

NOTRE-DAME DE PARIS

A month-long series at Christ Church Greenwich honoring the unyielding faith and the cultural and artistic legacy of one of the world’s most beloved cathedrals.

Christ Church
254 East Putnam Ave.
Greenwich, CT

NEXT

Friday, Oct. 17, 6:30 pm
Dinner Party "Le Club Chapelle"
with singer Antoine Bleck (Sold out)

Sunday, Oct. 19, Free Talk, 11:15 am
Olivier Latry, Notre Dame Organist,
in conversation with Rev. Zabriskie

5:00 pm Courage & Faith Presents:
Organ Concert by Olivier Latry

Sunday, Oct. 26, Free Talk, 11:15 am
"Our Lady of All Dangers:
Saving Notre Dame de Paris"
Prof. Barry Bergdoll, Columbia University

More info:
christchurchgreenwich.org

After the Applause: How iCreate 2025 United Young Artists and Their Community

By Emma Barhydt

Now that the lights have dimmed in the Bruce Museum's Vicki Netter Fitzgerald Gallery and the iCreate 2025 artworks have come down, the impression left on the community endures—a season defined by the vision and confidence of young artists. For seventeen years, the Bruce has invited high school students from across Connecticut, New York, and New Jersey to submit their work for this juried exhibition. Each new edition shows how strongly the museum's mission connects with the community's belief in cultivating creativity from an early age. This year's show—on view from June through September—made that relationship especially clear, pairing youthful imagination with professional mentorship and public engagement.

The 2025 exhibition drew hundreds of submissions across painting, drawing, photography, and digital media. Sixty finalists were chosen for their originality, command of technique, and clarity of thought. Together, their works formed a portrait of a generation attentive to identity, memory, and place.

First Place was awarded to Ana Topirceanu, an 11th-grade homeschooled artist, for Self-Portrait, a graphite and pencil drawing that immediately drew viewers in with its composure and precision. A single red flower on the subject's checkered hat offered the only color in an otherwise tonal composition. Its direct gaze and careful shading revealed both discipline and vulnerability—qualities that resonated throughout the exhibition.

Second Place went to Rainer Kusama-Hinte, an 11th grader from the High School of Art and Design, for A Portrait of Layla, an oil painting of a young woman in a gray scarf and deep red coat. With confident brushwork and subtle lighting, Kusama-Hinte created a portrait that conveyed quiet determination.

Third Place went to Matthew Carrea of Harrison High School for Rolling Meadows, an oil landscape of open fields and layered skies. Its measured brushstrokes and soft palette captured the stillness of rural light and the balance between human presence and nature.

A defining feature of iCreate is that it engages students not only as artists but as collaborators. The

Bruce Museum's six-week high school internship program gives students hands-on experience in curation, exhibition design, and art handling. The interns also select one piece for the Youth@Bruce Award, which this year went to Caitlin Yoon of Northern Valley Regional High School at Demarest for Fragile Sanctuary.

Yoon's acrylic painting depicted a vivid underwater landscape filled with coral, fish, and parachuting figures descending into the light. The piece was imaginative and meticulous, balancing color and scale with a sense of ecological awareness. Her selection by the interns underscored iCreate's unique model of peer leadership—a reminder that cultivating future artists begins with giving young people agency in how art is presented and discussed.

Three students earned Honorable Mentions for works that reflected both technical range and emotional clarity. Haily Park, an 11th grader at the Academy of the Holy Angels, was recognized for Woven Moments of Love, an acrylic painting of a mother and child framed by patterned textiles. Aryn Ryu, a 10th grader at Bergen County High School, was honored for Flight Paths, a layered acrylic composition that explored motion and connection through bursts of color and shifting light. Brody Park, a ninth grader at the Academy of the Holy Angels, received recognition for Together in Harmony, a still life in which flowers made from fruits and vegetables conveyed wit and imagination.

As the exhibition closes, its legacy continues. For the students, iCreate 2025 provided a chance to see their work treated with professional respect and shared with a wide audience. For the community, it reaffirmed the role of art in civic life—how creativity builds empathy, curiosity, and appreciation for different ways of seeing.

The Bruce Museum's commitment to youth arts, supported this year by the CT Department of Economic and Community Development, CT Humanities, the Charles M. and Deborah G. Royce Exhibition Fund, Debbie Simon, Lily deJongh Downing, and David Yudain, continues to strengthen that connection. The museum provides not only exhibition space but



Second Place Award; 2nd Place iCreate 2025 Award; Rainer Kusama-Hinte; High School of Art and Design, Grade 11; A Portrait of Layla; Oil on canvas; 22 x 28 inches

mentorship and a framework through which young people learn how art functions in public dialogue.

iCreate 2025 remains a testament to what happens when a community makes room for its youngest artists. Their work is not a glimpse of what's to come—it is a vital expression of where we are now. In Greenwich, where the arts are woven into the rhythm of civic life, that message feels especially at home.

The Bruce Museum's iCreate exhibition will return in summer 2026. For more information about youth arts programs and upcoming exhibitions, visit brucemuseum.org



Honorable Mention: Aryn Ryu; Bergen County High School, Grade 10; Flight Paths; Acrylic on canvas; 26 x 24 inches



First Place Award; 1st place iCreate 2025 award winner.; Ana Topirceanu; Homeschooled, Grade 11; Self-Portrait; Graphite and pencil on paper; 20 x 12 inches



Youth at Bruce Award; Youth at Bruce iCreate Award; Caitlin Yoon Northern Valley Regional High School at Demarest; Grade 10; Fragile Sanctuary; Acrylic on canvas; 18 x 24 inches

Reviving the Spirit of the Cos Cob Masters



By Emma Barhydt

This fall, the landscape of Greenwich once again becomes a canvas—alive with color, light, and history. On Saturday, October 19, Greenwich resident and Master Artist Dmitri Wright will lead Echoes of Impressionism: Painting in the Footsteps of the Cos Cob Masters, an outdoor painting workshop presented by the Greenwich Historical Society. The program invites artists and art enthusiasts alike to immerse themselves in the legacy of the Cos Cob art colony, one of the most influential centers of American Impressionism.

While Impressionism first emerged in France under the brushes of Claude Monet and Pierre-Auguste Renoir, the movement took on a distinctly American character in places like Greenwich, where artists gathered to interpret the

changing light and landscape of New England. In the late 19th and early 20th centuries, painters such as Childe Hassam, John Henry Twachtman, Elmer Livingston MacRae, and J. Alden Weir found inspiration in the tidal inlets, gardens, and rivers of Cos Cob. What they discovered here wasn't simply a picturesque setting—it was a way of seeing.

Wright's workshop aims to bring that history to life—not through lecture or replication, but through experience. Participants will work en plein air, the open-air method favored by the Impressionists. Painting outdoors, Wright explains, offers the opportunity to capture the “spontaneous impressions” that define the style. “Impressionism was inspired more by the heart and the moment,” he notes. “Impressionists broke from established norms which enabled them to be freer to

Painting in the Footsteps of the Cos Cob Masters

experiment with light and color. They used short, bold and typically colorful brush strokes. Scenes did not have to be perfect, but rather subjective and imaginative.”

Those principles—freedom, immediacy, and emotion—are central to the Impressionist spirit and to Wright's teaching. For him, painting outdoors in Greenwich is a continuation of an artistic lineage. Just as the Cos Cob painters sought to capture the shimmer of the Mianus River or the glow of afternoon light across the

harbor, modern artists can find beauty in the same vistas, transformed by season and time yet still deeply familiar.

The workshop is being held in connection with the Greenwich Historical Society's new exhibition, The Holley Boarding House: Inspiring American Impressionism, which opened earlier this month. Building on the themes introduced in that show, the program extends the story beyond the gallery walls—inviting participants to learn by doing. Through Wright's

guidance, artists can experience firsthand the methods that shaped the Cos Cob colony, translating history into practice with brush in hand.

For the Greenwich Historical Society, programs like this are as much educational as they are acts of preservation. By inviting contemporary artists to paint the same meadows and waterways that inspired the Cos Cob masters, the Society keeps local heritage vibrant and visible. It's a reminder that Greenwich's artistic past is not confined to galleries or archives; it lives on in the creative work unfolding every day.

Wright, who has dedicated much of his career to studying and teaching the lineage of Impressionism, embodies that continuity. His own work blends classical training with modern expression, bridging centuries of technique and philosophy. Through his teaching, he helps

others rediscover what the early Impressionists understood so well: that art begins with observation, but comes alive through feeling.

As autumn colors reach their peak and the air turns crisp, the workshop promises not only a lesson in painting but an invitation to see Greenwich anew. In the shifting light of October, the same hills, rivers, and trees that once inspired the Cos Cob masters await a new generation of artists—each ready to find their own impression.

Echoes of Impressionism: Painting in the Footsteps of the Cos Cob Masters will take place on Sunday, October 19, at the Greenwich Historical Society. Participants are asked to bring their own materials and refreshments. For details and registration, visit greenwichhistory.org

Photo courtesy of Greenwich Historical Society

Olivier Latry's Spirit of Notre-Dame

By Emma Barhydt

This Sunday evening, October 19, the vaulted sanctuary of Christ Church Greenwich will resound with the power and poetry of one of the world's great musical voices. Olivier Latry—organist of the Cathedral of Notre-Dame in Paris and Organist Emeritus with the Montreal Symphony Orchestra—will perform a special concert on Christ Church's landmark Harrison & Harrison organ, beginning at 5:00 p.m. A reception with the artist will follow.

The concert marks the centerpiece of a month-long celebration of Notre-Dame at Christ Church Greenwich, inviting the community to experience both the majesty of sacred music and the continuing vitality of one of the world's most revered artistic traditions. It is a rare opportunity to hear a musician who not only represents the pinnacle of technical mastery, but who has also served for over three decades as a living link to one of history's most storied instruments—the great organ of Notre-Dame Cathedral.

Latry's name has long been synonymous with musical excellence. Appointed one of the titular organists of Notre-Dame in 1985 at just twenty-three years old, he quickly became known for a style that balances intellectual precision with emotional depth. His repertoire ranges from the Baroque masters to contemporary composers, but his improvisations—spontaneous works created in the moment—are what have made him legendary among

audiences and critics alike. Each performance becomes an act of translation: the history of the instrument, the space of the church, and the spirit of the moment all find voice in sound.

At Christ Church Greenwich, that voice will be carried through the pipes of the Harrison & Harrison organ, a masterpiece of craftsmanship installed in 2018. Designed to complement the church's English Gothic architecture, the organ combines traditional mechanical action with modern engineering to produce a sound at once warm, commanding, and deeply human. It is an instrument that invites both grandeur and intimacy—qualities perfectly suited to Latry's artistry.

For Greenwich audiences, this concert offers a rare chance to experience two great musical traditions meeting across time and place. The sound of Notre-Dame—refined over centuries of French organ craftsmanship—will fill the English Gothic sanctuary of Christ Church, whose own music program and architecture embody the town's longstanding commitment to the arts. Together, they remind us that while art may be born in particular places, its resonance belongs to everyone.

Latry's career embodies that universality. He has performed in the world's leading concert halls—the Berlin Philharmonie, Vienna's Musikverein, Royal Albert Hall—and with orchestras of international renown, including the Philadelphia Orchestra and the Berliner Philharmoniker. His recordings, particularly those for Deutsche Grammophon, are



the history of the instrument, the space of the church, and the spirit of the moment all find voice in sound

considered essential listening for organ enthusiasts. Among them is the final recording made on the Notre-Dame organ before the 2019 fire, a document that captures the instrument's voice at its peak and preserves it for future generations.

Beyond performance, Latry is also a distinguished educator. Until his recent retirement, he served for thirty-five years as Professor of Organ at the Paris Conservatory, mentoring students who now carry forward the same tradition he inherited from his own teachers. His approach emphasizes not only technique but imagination—an understanding of music as both craft and calling. In this, his influence

extends far beyond the concert stage.

The program at Christ Church Greenwich promises to highlight both the breadth and brilliance of his musicianship. Though specific selections have not been announced, audiences can expect works that showcase the organ's expressive range—from the whisper of a single flute stop to the thundering full ensemble that fills the nave with sound. Latry's performances are known for their architectural precision: each phrase builds upon the last until the listener feels enveloped by something larger than sound alone.

Following the concert, attendees are invited to a reception with the artist—

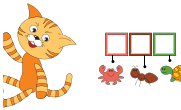
an opportunity to meet the man behind the music and to share in the fellowship that is at the heart of Christ Church's mission. In a town that has long valued both tradition and innovation in the arts, such gatherings reaffirm the role of music as a bridge between past and present, between individual and community.

Events like this one also underscore how profoundly the arts depend on stewardship—of buildings, instruments, and the cultural memory they embody. The Harrison & Harrison organ is not merely a possession but a trust: a living instrument that connects generations through sound. By welcoming an artist like Olivier Latry, Christ

Church Greenwich honors that trust, ensuring that its music continues to inspire and that its walls continue to speak through song.

On Sunday evening, as the first chords rise beneath the church's soaring arches, Greenwich will, for a moment, share in the echo of Notre-Dame itself—a reminder that beauty knows no borders and that faith, like art, finds its highest expression when shared.

*Olivier Latry in Concert
Sunday, October 19 | 5:00 p.m.
| Christ Church Greenwich, 254 East Putnam Avenue
Tickets: \$20 | Reception to follow
More information:
christchurchgreenwich.org*



CHILDREN'S
GAMES AND
PUZZLES



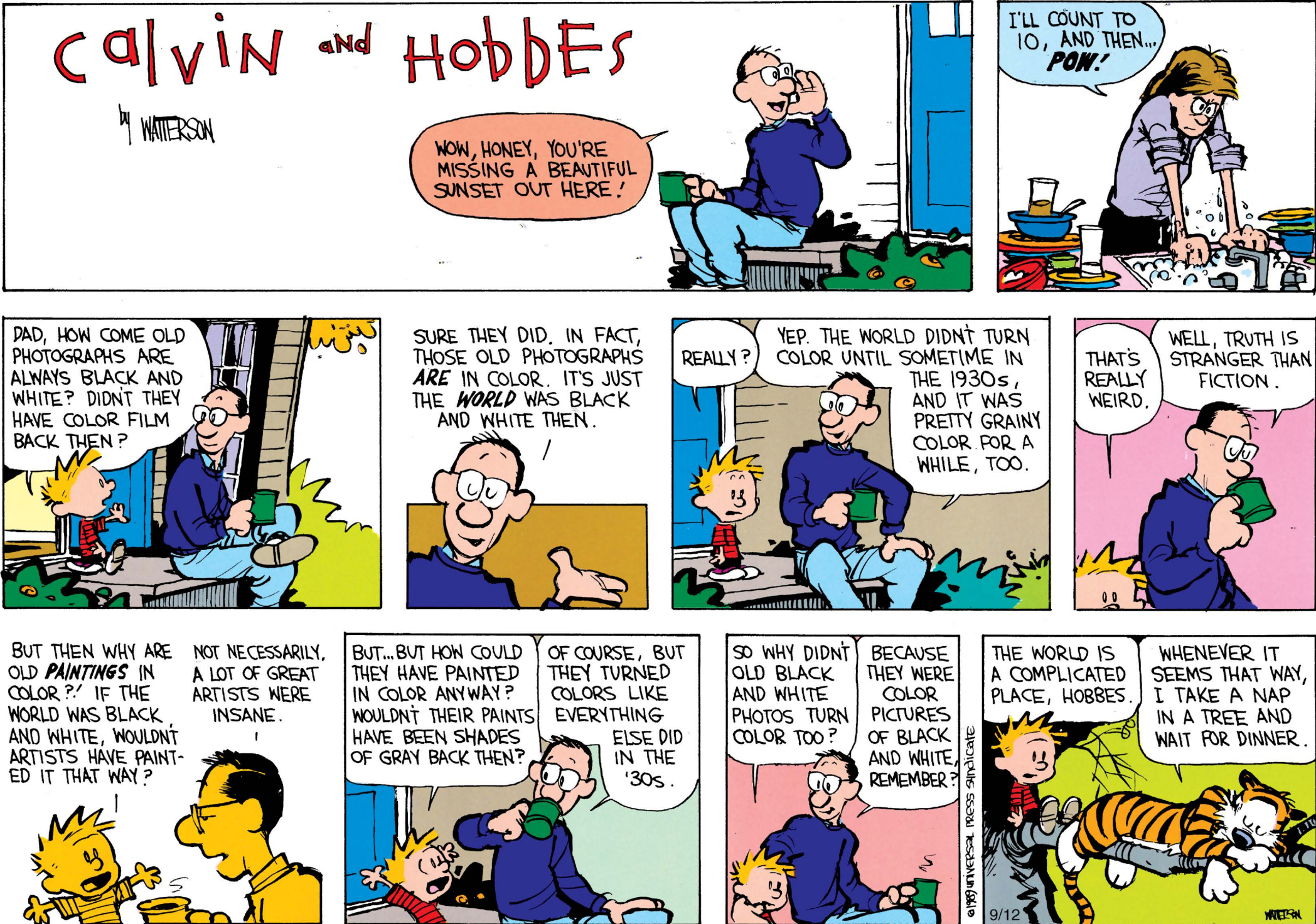
CROSSWORD
PUZZLES



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WHAT TO DO:
COMPREHENSIVE
COMMUNITY
CALENDAR



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Wildly Successful: Bobcat

Often Rumored, Rarely Seen



By JIM KNOX

I'll always remember the first night my parents gave me the car keys. I had received my license and I was finally permitted to drive my family and friends. To celebrate, we went out to Friendly's for some ice cream. Yet, one thing made that night especially memorable. On the way home, a tawny creature streaked across my high beams with blurring speed. The animal covered Whippoorwill Road in just two bounds. If it weren't for the fact it paused at the hedgerow on the shoulder, or that my brother and our friend screamed out with excitement, I might have doubted my eyes. There, paused for a fraction of a second, was a ghost of an animal—often rumored, yet rarely seen.

Lynx rufus, or the Bobcat, is an American original. From the Mojave Desert to the Rocky Mountains and from Maine's north woods to the Florida Everglades,

Their hallmark adaptability has served bobcats well.

this compact predator thrives. Sporting versatile camouflage, shielding them from the eyes of predator and prey alike, bobcats are masters of stealth and ambush. Marked with a cream-colored belly, brown-gray flanks and back, the bobcat is flecked with cryptic black spots and bars overlaid with a reddish tinge. This reddish cast is what gives the bobcat the common name of Bay lynx, distinguishing it from its silvery-furred cousin, the Canada lynx of the far northern United States, Canada, and Alaska. Both cats possess a short, 4-7-inch bobbed tail and tufted ears. With an average height of two feet, an average length of three feet and weight ranging from 12 to 40 pounds, these small to mid-sized cats command a larger-than-life reputation.

In fact, the bobcat's ferocity

and tenacity are legendary. A frontiersman who could "lick his weight in wildcats" could be held in no higher esteem by his rugged peers. Possessing a rare blend of adaptability, speed and disproportionate power, the bobcat is equally capable of dining on grasshoppers or taking down full-grown deer. We must look no further for the secret of the bobcat's success than its adaptability. As a generalist, equally at home hunting rabbits on the ground, squirrels in trees, or frogs in streams, bobcats carve out a living by shifting gears when the prey is scarce. This accounts for the bobcat's ecological role as a creature of both untouched wilderness and suburbia.

It is the bobcat's tenacity and sheer toughness that deserve a second look. Unlike its larger



cousin, the Amur tiger which targets smaller prey when the hunting gets lean, the bobcat takes the opposite tact, focusing on the largest prey—such as Whitetail deer—during the leanest times. And it is during those lean times when the bobcat proves its mettle. While its close kin the Canada lynx can endure a deadly 55 degrees below zero, the bobcat can match that lethal mercury plummet and raise the bar, and the mercury, to withstand 125 degrees Fahrenheit as a resident predator in aptly named Death Valley National monument. Fully capable of a 180-degree temperature range—that's one tough cat!

This Bobcat was photographed on New Norwalk Road in New Canaan at 3:15 pm on Saturday Sept. 2 by Karen Steele.

It is not just the bobcat's physical traits that mark it as a predator with few rivals. It is the behavioral bobcat that gains the advantage over competitors and prey alike. Placing its rear paw pads deftly within its front paw pads when stalking, the bobcat can approach prey with phantom-like stealth. These solitary predators also shift their hunting from crepuscular (dawn and dusk periods) to nocturnal, or even diurnal periods to capitalize on prey abundance, avoid competition, or remain hidden from their human neighbors.

With so many Connecticut residents embracing nature, we could ask for no better wild neighbor than the Bay lynx. This wild neighbor regulates small mammal populations—mitigating the spread of tick-

borne diseases. Yet few of us know of its existence among the mosaic of woods, streams, golf courses and reservoirs around us. Found in every town in Fairfield County, the bobcat flies under our collective radar, often mistaken as a housecat, fox, or small dog. With a natural aversion to humans, yet a demonstrated ability to thrive in our midst—without us being the wiser—the bobcat has the best of both worlds.

Their hallmark adaptability has served bobcats well. While other predators diminish due to human expansion and habitat conversion, bobcat populations have remained remarkably stable in the U.S. and on the extremes of its range in northern Mexico

and Southern Canada, despite hunting and trapping practices for this furbearer throughout North America.

In the bobcat we have a species and symbol of New England's wild heritage residing within our own zip codes. Imbuing our backyards with a hint of true wilderness, this speckled carnivore reminds us that it is possible to strike a balance between a wild that was once feared and can now be revered.

Jim Knox serves as the Curator of Education for Connecticut's Beardsley Zoo and the Connecticut Zoological Society. A Member of The Explorers Club, Jim loves sharing his passion for wildlife with audiences in Connecticut and beyond.

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TOWN MEETINGS

Monday, October 20
[Affordable Housing Committee](#)
7-8 p.m., Town Hall Board Room

[Inland Wetlands Commission](#)
7-8 p.m., Location not posted at time of publication.

Tuesday, October 21
[Board of Selectmen](#)
8:30-9:30 a.m., Town Hall Meeting Room & via Zoom

[Tourism and Economic Development Advisory Committee TEDAC](#)
7-8 p.m., Location not posted at time of publication.

October 17

COFFEE AND CONVERSATION
8:30 – 9:30 AM at the Lapham Center
Sponsored by the New Canaan Sentinel
for a weekly community coffee and conversation.

Health Talks with Shannon and Ellen
11 AM at the Lapham Center
Meet up with Shannon and Ellen from the Health Department for coffee, conversation and snacks. To register, call (203) 594-3620.

Introduction to LinkedIn Learning
3 PM at the New Canaan Library, Craig B. Tate Conference Room
In this class, learn how to get started with LinkedIn Learning, a resource that you can use to learn new skills at your own pace, with over 16,000 professionally designed courses available for free. Register at <https://shorturl.at/wjxUA>.

Witch
7:30 PM at the Powerhouse Theatre
Witch is a dark comedy by Jen Silverman. A charming devil arrives in the quiet village of Edmonton to bargain for the souls of its residents in exchange for their darkest wishes. Elizabeth should be his easiest target, having been labeled a "witch" and cast out by the town, but her soul is not so readily bought. Tickets are available at <https://tpnc.org>.

October 18

Modern House Day Tour + Symposium
9:15 AM- 4:30 PM at the New Canaan Museum & Historical Society
This year’s tour includes homes by Philip Johnson, John Johansen, Bimel Kehm, and a newly-built residence reflecting mid-century ideals through modern innovation, open plans, and nature integration. Attendees will tour in small buses, guided by knowledgeable architects. A catered boxed lunch will be provided. Tickets are available at <https://shorturl.at/hDVcf>.

CT Breast Imaging Screen Queens Day & Open House
10 AM- 3 PM at 23 Vitti Street
Bring family and friends to learn more about Connecticut Breast Imaging. Enjoy mocktails, hors d’oeuvres, and sweets.

“Exploring Your Vision In Paint” Workshop With Landscape Artist Jonathan McPhillips
10 AM at the Carriage Barn Arts Center
Join Jonathan McPhillips for a one-day workshop that is open to artists of all levels working in any paint medium. Spaces are limited—sign up early to reserve your spot. Tickets are \$155/members, \$180/non-members, and available at <https://carriagebarn.org/event/jonathanmcphillips/>.

The New Findings of the James Webb Telescope
2 PM at the Lapham Center
The James Webb Space Telescope's infrared camera has captured images of a galaxy deep in space 330 million years after the Big Bang. With the James Webb Space Telescope, astronomers are looking back even farther, to the formation of the universe’s first galaxies, and the mapping of 98% of the Universe which spans about 13.5 billion light years. To register, call (203) 594-3620.

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October 19

Caffeine & Carburetors
7 AM at Waveny
Caffeine & Carburetors is a gathering of automotive enthusiasts, meeting four times a year to enjoy our rides and share them with like-minded gear heads. More information is available at <https://cbo.io/bidapp/index.php?slug=ccjune2025>.

Free Family Drop-In Series: Kids, Cars and Crafts
11 AM- 12 PM at the Carriage Barn Arts Center
Join for Kids, Cars & Crafts—a creative, car-themed event featuring crafts, stories, and fun for all ages! Register at <https://carriagebarn.org/event/family-cars/>.

USModernist JazzBrunch at the 1954 Ford House and Gardens
11 AM at the 1954 Ford House
Join George Smart of US Modernist for a fabulous brunch in the 1954 Ford House. On the National Register, this house has never before been open to the public. Come explore the house and grounds and share conversation with other modernist enthusiasts. Register at <https://shorturl.at/Nkybj>.

Witch
2 PM at the Powerhouse Theatre
Witch is a dark comedy by Jen Silverman. A charming devil arrives in the quiet village of Edmonton to bargain for the souls of its residents in exchange for their darkest wishes. Elizabeth should be his easiest target, having been labeled a "witch" and cast out by the town, but her soul is not so readily bought. Tickets are available at <https://tpnc.org>.

New Canaan Opener Squash Tournament
2-6 PM at New Canaan Country School Courts
Open to adult and junior players who live, play, or go to school in New Canaan.Must be able to serve and keep score. This not a US Squash sanctioned event. Register at: <https://forms.gle/dxH3ZHsHVqWBtomL6>.

October 20

Chair Yoga
11:30 AM at the New Canaan Library, Jim & Dede Bartlett Auditorium
With the support of a chair, this gentle Chair Yoga class will help you improve postural alignment, maintain pelvic mobility, reduce muscle tension and gain strength. Register at <https://shorturl.at/YhhGf>.

October 21

Lunch & Learn with Mark Markiewicz on Eero Saarinen
12 PM at the New Canaan Museum & Historical Society
Bring your sandwich, soup or snack and join architect and former President of the NCM&HS, Mark Markiewicz, AIA, in presentation on the life and work of Eero Saarinen in which he explores Saarinen's vision to capture the spirit of American optimism in the 1950s. Register at <https://shorturl.at/UH8b>.

Open Tech
2-4 PM at the New Canaan Library, McLaughlin Meeting Room
If you need help with email, smartphones/tablets, social media, or accessing the digital library, stop by for one-on-one support from a tech librarian. All technology-related questions are welcome. Tech assistance is limited to 20 minutes per session and is provided on a first-come, first-served basis.

The Harvard Five Legacy: From Modern Homes to Diplomatic Landmarks
5:30 PM at the Onera Foundation
63 Park St, New Canaan
The evening’s conversation will explore the profound influence of the Harvard Five—particularly Marcel Breuer and John Johansen—tracing their evolution from designing experimental modern homes in New Canaan to creating visionary U.S. embassies during the Cold War. Tickets are available at <https://www.onerafoundation.org/events/harvard-five>.

Needlepoint at Night with Aggie
7-9 PM at the Lapham Center
Learn basic stitches while creating your own 06840 key fob! \$45 for materials, pay at the door. To register, call (203) 594-3620.

October 22

Breakfast with the New Canaan Sentinel
10:30 AM at the Lapham Center
Join for breakfast with the Sentinel! In an era where facts matter more than ever, the New Canaan Sentinel, is committed to

delivering trust-worthy news, compelling stories, and diverse perspectives—more than just a publication—it's a platform built on the principles of integrity, transparency, and public service. To register, call (203) 594-3620.

Blood Sugar & Blood Pressure Clinic
12:30 PM at the Lapham Center
Ellen Samai from New Canaan’s Department of Health provides in-person blood sugar and blood pressure testing. Walk-ins welcome. If you plan to have your blood sugar level tested, it is recommended you fast for four hours prior to testing. For more information, call (203) 594-3620.

Safe and Sound: Home Modifications for Aging in Place Presented by Kevin Finn
12:30 PM at the Lapham Center
This presentation explores practical, affordable and effective modifications and assistive devices that can make our homes safer and more comfortable as we age. Lunch sponsored by Staying Put in New Canaan. Free. To register, call (203) 594-3620.

Dikra Gems Sale – Semi-precious stones
12:30-5:30 PM at Silvermine Galleries back campus, Simon-Hicks building
At wholesale prices you will find designer shaped Bevel Buff Tops (SBBT) , cabochons, carvings, faceted stones, druzy, cz’s and more. More information is available at <https://shorturl.at/rqjbW>.

Investing with Intention: How to Build a Smarter, More Strategic Portfolio
6:30 PM at the New Canaan Library, Craig B. Tate Conference Room
In this session, break down what asset allocation really means and how to use it to reduce risk, grow your wealth, and avoid emotional decision-making. Whether you're just getting started or refining your strategy, this session will help you invest with more confidence. Register at <https://shorturl.at/yMNF9>.

Pumpkin Paint & Sip
6:30-8:30 PM at the Carriage Barn Arts Center
Meet friends for a creative and social evening and catch the Halloween spirit! Ashely will teach you how to paint your pumpkin with a custom design. BYO pumpkin & beverage of choice. Tickets are \$25/members, \$30/non-members, and available at <https://carriagebarn.org/event/fall-pumpkin-paint-sip-2/>.

October 23

New Canaan Land Trust Annual Meeting Followed by Presentation with Jim Levitt
5:30 PM at the New Canaan Library, Jim & Dede Bartlett Auditorium
Join for hors d’oeuvres, refreshments, and brief updates on the Land Trust’s work and impact. After, a nationally recognized expert in land conservation and finance, Jim, will share bold strategies and global insights for protecting natural landscapes. Register at <https://shorturl.at/zCeI2>.

October 24

COFFEE AND CONVERSATION
8:30 – 9:30 AM at the Lapham Center
Sponsored by the New Canaan Sentinel
for a weekly community coffee and conversation.

Witch
7:30 PM at the Powerhouse Theatre
Witch is a dark comedy by Jen Silverman. A charming devil arrives in the quiet village of Edmonton to bargain for the souls of its residents in exchange for their darkest wishes. Elizabeth should be his easiest target, having been labeled a "witch" and cast out by the town, but her soul is not so readily bought. Tickets are available at <https://tpnc.org>.

October 25

In the Heights | A staged concert
7 PM at the New Canaan Library
In the Heights tells the universal story of a vibrant community in New York’s Washington Heights neighborhood – a place where the coffee from the corner bodega is light and sweet, the windows are always open, and the breeze carries the rhythm of three generations of music. Tickets are available at <https://www.connecticutstagecompany.org>.

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October 26

In the Heights | A staged concert
2 PM at the New Canaan Library
In the Heights tells the universal story of a vibrant community in New York’s Washington Heights neighborhood – a place where the coffee from the corner bodega is light and sweet, the windows are always open, and the breeze carries the rhythm of three generations of music. Tickets are available at <https://www.connecticutstagecompany.org>.

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October 28

Night Driving Tips for Safety and Confidence | A Virtual AARP Driver Safety Workshop
11 AM at the Lapham Center
This AARP Driver Safety workshop offers practical tips for safe, more confident nighttime driving, along with insights on age-related vision changes, updated headlight technology and helpful driver-assist tools. Free. To register, call (203) 594-3620.

Open Tech
2-4 PM at the New Canaan Library, McLaughlin Meeting Room
If you need help with email, smartphones/tablets, social media, or accessing the digital library, stop by for one-on-one support from a tech librarian. All technology-related questions are welcome. Tech assistance is limited to 20 minutes per session and is provided on a first-come, first-served basis.

Carnegie Hall to New Canaan
3 PM at the First Presbyterian Church of New Canaan
The season opening concert, Carnegie Hall to New Canaan” will feature internationally acclaimed violinist James Ehnes with New Canaan Chamber Music Artistic Director and Founder, pianist Andrew Armstrong. Tickets are available at <https://newcanaanchambermusic.org>.

United Nations Lecture: The Global Children’s Health Crisis: Bringing Surgical Access to the Front Lines
7 PM at the New Canaan Library, Jim & Dede Bartlett Auditorium
Dr. Maija Cheung, Assistant Professor of Surgery at Yale University and Chief Medical Officer for KidsOR, will shed light on the extent and consequences of healthcare disparities, and share solutions for even the most challenging, underserved areas. Register at <https://shorturl.at/erT54>.

October 29

Preserving Nature Close to Home: An Intro to the New Canaan Land Trust Presented by Robin Bates Mason, Executive Director
12 PM at the Lapham Center
Discover the New Canaan Land Trust: Past, Present, and Future. Join Executive Director Robin Bates-Mason for an insightful lunch and learn detailing the history of the NCLT and its strategic vision for the future. To register, call (203) 594-3620.

Carnegie Hall to New Canaan
7 PM at the First Presbyterian Church of New Canaan
The season opening concert, Carnegie Hall to New Canaan” will feature internationally acclaimed violinist James Ehnes with New Canaan Chamber Music Artistic Director and Founder, pianist Andrew Armstrong. Tickets are available at <https://newcanaanchambermusic.org>.

Mattering in the Modern World presented by New Canaan CARES
7 PM at Saxe Middle School Auditorium
Join for an inspiring conversation as Jennifer Wallace shares insights from six years of research on how mattering fuels well-being, resilience, and connection. Guided by Kelly, the discussion will explore how to practice mattering in everyday life—helping others feel seen, valued, and essential, while also navigating your own challenges during times of stress, burnout, and transition. Register at <https://shorturl.at/ztY2U>.

Calendar of Events for Your Fridge

October 30

Auction Preview & Director’s Talk

10 AM at the Carriage Barn Arts Center
Join Executive Director Kimberly Henrikson for an exclusive preview of the extraordinary fine art prints featured in the Center for Contemporary Printmaking’s 26th Annual Benefit Auction & Party, taking place just two days later on November 1. This event offers art lovers a chance to enjoy a relaxed conversation about the Live Auction works. More information is available at <https://shorturl.at/hUvxd>.

Halloween Bingo

12-2 PM at the Lapham Center
Join for lunch, BINGO, and prizes for the best costume! Costumes encouraged. Free. To register, call (203) 594-3620.

Halloween Graveyard Tour with Dede Bartlett

3 PM at 352 Main St., New Canaan
Join for a guided walking tour at Lakeview. Learn about the history of the cemetery, and of the fascinating individuals whose lives impacted New Canaan and beyond. Meet in the parking area near the administrative building. Treats will be served. Tickets available at <https://shorturl.at/WcW6Q>.

The Structure of Light

6:30 PM at the New Canaan Library, Jim & Dede Bartlett Auditorium
On the occasion of the re-issue of the iconic floor lamp that Richard Kelly and Philip Johnson designed in 1953 for The Glass House, architectural historian Dietrich Neumann will explore Richard Kelly’s design philosophy and his collaborations with Philip Johnson and Mies van der Rohe at the Glass House, the Lake Shore Drive Apartments, and the Seagram Building. Register at <https://shorturl.at/Lqz79>.

November 1

The Way of an Athlete | A Workshop with Kerri Walsh Jennings
3 PM at Grace Farms
Join for The Way of an Athlete with three-time Olympic Gold Medalist and five-time Olympian Kerri Walsh Jennings/ This three-part experience is designed for student athletes in every sport, ages 12+. Tickets are available at <https://shorturl.at/soPc0>.

Platon and the Power of Human Connection in the Digital Age
3 PM at the New Canaan Library, Jim & Dede Bartlett Auditorium
Platon will share rare and unique insight into the U.S. President’s current mindset and character, and also reflect on his personal encounters with Vladimir Putin, Benjamin Netanyahu, and tech titans Elon Musk and Mark Zuckerberg. Register at <https://shorturl.at/PsS5r>.

at/PsS5r.

November 2

The Perfect Pause – Half Day Retreat with Grounded Meditation
9 AM- 1 PM at the Carriage Barn Arts Center
The Perfect Pause is a half-day wellness retreat designed to help you reset, realign, and reconnect your body, mind, and spirit. Tickets are available at <https://shorturl.at/sflru>.

November 4

Medicare: What’s New for 2026 | Presented by Southern Connecticut Agency of Aging
11 AM at the Lapham Center
Learn more about your Medicare options, including changes and updates for 2026. To register, call (203) 594-3620.

November 6

Fraud Prevention Tips with the New Canaan Police Department Presented by Officer Adams and Officer Coughlin
11 AM at the Lapham Center
Financial scams and identity theft are constantly evolving. Staying informed helps you recognize and avoid the latest schemes. Reduce your risk of becoming a victim by attending this presentation. To register, call (203) 594-3620.

Mocktails

6:30 PM at Grace Farms
Enjoy an evening of crafting and sipping mocktails. Follow Chef Leah’s recipes to create three seasonal beverages, while discovering connections between food, culture, and community. Tickets are \$22/members, \$28/non-members, and available at <https://shorturl.at/FAOmK>.

November 7

Aladdin Jr. the Musical
7 PM at Saxe Intermediate
Join for an Arabian Night! Disney’s Aladdin JR. is based on the 1992 Academy Award®-winning film and the 2014 hit Broadway show about the “diamond in the rough” street rat who learns that his true worth lies deep within. More information is available at <https://shorturl.at/SoTAg>.

November 8

Nature Workshops by Kimberly Kelly | Garlic Workshop
11 AM at Grace Farms
Learn how to prepare, plant, and care for garlic. Leave with a hand-selected head of garlic to plant this autumn for summer harvest. Tickets are \$16/members, \$20/non-members, and available at <https://shorturl.at/ds9fZ>.

Aladdin Jr. the Musical
1 & 4 P M at Saxe Intermediate
Join for an Arabian Night! Disney’s Aladdin JR. is based on the 1992 Academy Award®-winning film and

the 2014 hit Broadway show about the “diamond in the rough” street rat who learns that his true worth lies deep within. More information is available at <https://shorturl.at/SoTAg>.

Opening Reception: Fairfield County Student Social Justice Art Showcase
1-3 PM at the Carriage Barn Arts Center
This art showcase celebrates how art, design, and architecture can shine a light on social justice issues. Students of all ages from any Fairfield County town will share their art and the stories behind their art. Free.

November 12

Thanksgiving Lunch at Lapham
12 PM at the Lapham Center
Enjoy traditional Thanksgiving favorites from Walter Stewarts, followed by some great music and entertainment from Tommy and Cuz. \$10/person. Call 203-594-3620 to reserve your spot.

Blood Sugar & Blood Pressure Clinic
12:30 PM at the Lapham Center
Ellen Samai from New Canaan’s Department of Health provides in-person blood sugar and blood pressure testing. Walk-ins welcome. If you plan to have your blood sugar level tested, it is recommended you fast for four hours prior to testing. For more information, call (203) 594-3620.

November 13

Ask the Attorney with Nedder and Associates
2-4 PM at the Lapham Center
An attorney from Nedder and Associates, LLC will be available for a free, private, fifteen-minute consultations to answer your legal or financial questions. Please call (203) 594-3620 to schedule your appointment.

Shop for a Cause at Claudette
6-8 PM at Claudette, 106 Main Street
Join for a charity shopping event for Family & Children’s Agency. Receive 10% off and 15% of ALL sales will be donated to Family & Children. Wine and lite bites will be served.

November 16

Acclaimed Author Dorie Greenspan Presents 15th Cookbook, "Dorie’s Anytime CAKES"
2 PM at the New Canaan Library, Jim & Dede Bartlett Auditorium
Five-time James Beard winner and New York Times bestselling author Dorie Greenspan will discuss her 15th cookbook, Dorie's Anytime CAKES with Anna Francese Gass. Register at <https://shorturl.at/9Uays>.

November 19

Fall Flowers & Wine
6:30-8 PM at the Carriage

Barn Arts Center
Learn to create a stunning fall floral arrangement, while tasting and learning about exquisite wines. Tickets are available at <https://carriagebarn.org/event/fall-flowers-wine/>.

November 20-22

Legally Blonde the Musical
Times Vary at New Canaan High School
Join for an unforgettable night of music, laughter, and girl-power energy as Elle Woods takes the stage on her journey from sorority queen to Harvard Law star. Tickets will be available at <https://shorturl.at/ks5Uh>.

November 22

Holiday Market
10 AM- 5 PM at the New Canaan Nature Center
The New Canaan Nature Center will kick off the holiday season by hosting their Holiday Market! There will be unique gifts items including jewelry, candles, and much more. School of Rock will also be playing some holiday cheer!

SAVE THE DATE

December 4

Opening Night of Charlotte’s Web
7 PM at the Powerhouse Theatre
The Children's Literature Association named Charlotte's Web "the best American children's book of the past 200 years". Joseph Robinette, working with the advice of E.B. White, has created a play that captures this work in a thrilling and utterly practical theatrical presentation. This is a beautiful, knowing play about friendship. Tickets are available at <https://tpnc.org>.

December 5

Holiday Market
4 & 6 PM at Grace Farms
In the spirit of giving, gather with friends, family, and fellow community members to assemble care packages. This night offers festive music, warm tea, and engaging winter crafts for all ages to enjoy. Register at <https://shorturl.at/F6IMn>.

December 10

Annual Holiday Party
Waveny House
Save the date for the Lapham Center's Holiday Party. To register, call (203) 594-3620.

December 11

Ask the Attorney with Nedder and Associates
2-4 PM at the Lapham Center
An attorney from Nedder and Associates, LLC will be available for a free, private, fifteen-minute consultations to answer your legal or financial questions. Please call (203) 594-3620 to schedule your appointment.

BLOOD DRIVES

Friday, October 17

John Jay High School
60 N Salem Rd
Cross River, NY 10518
8:00 AM – 2:00 PM

Saturday, October 18

Greenwich Blood Donation Center
99 Indian Field Road
Greenwich, CT 06830
7:00 AM – 3:15 PM

Sunday, October 19

South Norwalk Boat Club
17 Mack St
Norwalk, CT 06854
8:30 AM – 1:30 PM

Monday, October 20

First Presbyterian Church Stamford
1101 Bedford St
Stamford, CT 06905
11:00 AM – 4:00 PM

Tuesday, October 21

American Legion
60 County Road
Norwalk, CT 06851
8:00 AM – 1:00 PM

Wednesday, October 22

Greenwich Country Day
401 Old Church Road
Greenwich, CT 06830
7:00 AM – 12:30 PM

Greenwich Blood Donation Center
99 Indian Field Road
Greenwich, CT 06830
9:00 AM – 5:15 PM

Support Services & Meetings

October 24

Suicide Prevention Training: Question, Persuade and Refer
11 AM at the New Canaan Library, Craig B. Tate Conference Room
Attend a suicide prevention QPR class. QPR stands for Question, Persuade, and Refer — the 3 simple steps anyone can use to help prevent suicide. Those trained in QPR learn how to recognize the warning signs of a suicide crisis and how to question, persuade, and refer someone to help. Register at <https://shorturl.at/OYQ4o>.

November 4

Medicare: What’s New for 2026 | Presented by Southern Connecticut Agency of Aging
11 AM at the Lapham Center
Join if you would like to learn more about your Medicare options, including changes and updates for 2026. To register, call (203) 594-3620.

Every Friday

AA Speaker Meeting
Wheelchair Access
Fridays at 7:30 AM
Congregational Church of New Canaan

Every Saturday

AA Meeting-Sober Citizens Group
Saturdays at 9:15 AM
First Presbyterian Church of New Canaan

AA Meeting-Laundry and Dry Cleaning Group
Saturdays at 10:30 AM

First Presbyterian Church of New Canaan

Lost Then Found NA Meeting
Wheelchair Accessible
Saturdays at 7 PM
United Methodist Church (back entrance)

Every Monday

AA Meeting
Wheelchair Access
Mondays at 7:30 AM
Congregational Church of New Canaan

Adult Child Al-Anon Meeting
Mondays at 12 PM
St. Mark’s Church, Youth Room

Every Tuesday

Adult Child Alanon Meeting
Tuesdays at 12 PM
St. Mark’s Parish House, Conf. Room

Every Wednesday

AA Step Meeting
Wheelchair Access
Wednesdays at 7:30 AM
Congregational Church of New Canaan

Al-Anon Parent’s & Newcomer’s Mtg.
Wednesdays at 7:30 PM
Silver Hill, Jorgenson House
208 Valley Rd., New Canaan

Every Thursday

AA Big Book Meeting.
Wheelchair Access
Thursdays at 7:30 AM
Congregational Church of New Canaan

New Canaan Parent Support Group
7- 8:30 PM
St. Mark’s Episcopal Church
New Canaan

Our Neighbors

October 23

Housatonic Habitat for Humanity’s Blueprints & Denim Dreams Gala
6 PM at Silver Spring Country Club, Ridgefield
Join for a night of craft cocktails, a seated dinner, live and silent auctions, and a celebration of community spirit. Guests are encouraged to come in their denim best for an unforgettable evening. Tickets are available at <https://shorturl.at/Giu6V>.

October 25

Concert in a Landmark: American Modern Opera Company
4 PM at the Unitarian Church Westport, 10 Lyons Plain Rd, Westport
The Glass House invites you to the second annual Concert in a Landmark — an immersive evening of contemporary music set within one of our region’s architectural treasures. This fall, we gather in the remarkable sanctuary of the Universalist Unitarian Church in Westport, Connecticut, a 1965 masterwork by architect Victor Lundy (1923–2024). Tickets are available at <https://shorturl.at/iSS7q>.

Universal Crossword

Edited by David Steinberg January 6, 2022

- ACROSS**
1 It's made in the morning
4 Threaded fastener
9 The “Star Wars” movies, for one
13 A super long time
15 Samuel of the court
16 Pony’s gait
17 Not wear boxers, say (In this clue’s answer, note letters 5, 7 & 9)
19 Baptism or marriage
20 Defendants’ outs
21 Where the Mekong River flows
22 Palindromic songbird
24 Existed temporarily (... letters 3, 5 & 7)
28 Feels it after CrossFit
30 Jeers for the other team
31 Cider season
32 Theresa of “Long Island Medium”
35 John Grisham’s subject
38 How the needy live (... letters 4, 6 & 8)
41 Kyoto cash
42 Getting the job done
43 If not
44 ___ gel (soothing stuff)
- 45** Cold-blooded
46 Meaty lunch option (... letters 3, 5 & 7)
52 Once around a track
53 Historic times
54 Get some air
56 “Let’s chat privately,” on Insta
57 Furious, or a theme hint
61 Bunches
62 Extra life, in video games
63 Mixer with whiskey
64 Greek god with a bow
65 35-Across school subjects
66 Gesture of comprehension
DOWN
1 Pretzels’ package
2 Praise may boost it
3 Literally, “ten contests”
4 Dance that originated in Rio
5 Insurance request
6 Lather, ___, repeat
7 Takeoff guess, for short
8 Try to win over
9 They’re stuck in juice boxes
10 Become evident
11 Was accepted
- 12** (peace to watching, say)
14 Sun, in Spanish
18 Rap battle devices
22 Saltwater treat
23 “It matters to me”
25 Is adjacent to
26 “That’s so uncool!”
27 Modern prefix with “scrolling”
29 Street of horror
32 Camera brand whose name sounds like something that takes shots
33 Started a poker pot
34 Smooching on the subway, e.g.
35 Athleisure company
- 37** Puppy
39 “Hey,” in Honduras
40 “___ the fields we go ...”
44 Take stock of
45 “Eternals” star Gemma
46 Wall of some mazes
47 Set of plates?
48 Dance in a Lou Bega hit’s title
49 Car part that moves in arcs
50 Two cents, idiomatically
51 Fish and ___
55 Some TVs
57 Trending
58 Plastic ___ Band
59 Commotion
60 “Pops”

PREVIOUS PUZZLE ANSWER

A	D	A	M	S		B	U	T		M	O	D	E	L
B	E	S	E	T		U	S	A		A	R	I	S	E
H	E	A	T	I	N	D	E	X		D	A	R	T	S
O	R	D	E	R	E	D		M	E	N	T	O	S	
R	E	A	R		A	H	A		E	D	G	Y		
				C	R	A	S	H	C	O	U	R	S	E
C	L	A	R	A			P	I	C		T	I	L	T
R	E	F	E	R	E	E		M	A	R	A	C	A	S
O	A	F	S		V	I	E		E	N	E	M	Y	
C	H	I	C	K	E	N	P	A	R	M				
		R	U	I	N		A	C	E		L	A	M	P
T	A	M	E	S	T			C	E	C	I	L	I	A
A	C	I	D	S		S	P	E	L	L	B	I	N	D
C	A	N	O	E		K	I	N		U	R	G	E	D
H	I	G	G	S		Y	E	T		B	E	N	D	Y

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 www.upuzzles.com

Family Time Crossword

The (K) Clues Are for Kids

Created by Timothy E. Parker

- ACROSS**
1. (K) “Funny!”
5. 33 for one of Grandpa’s albums
8. Great challenges for mountaineers
12. (K) Like an inviting door
13. Suffix for “infant” or “percent”
14. Make water muddy
15. (K) Fail to stand up straight
16. (K) Veggie with a black eye, sometimes
17. (K) Soda choice
18. (K) Like a mom soon to give birth
21. (K) Make your own pants
22. Easily bent out of shape?
24. (K) Do worse than just rust
28. Exert, as influence or power
- 31.** Form in the mind
32. (K) Person intentionally lying in the sun
33. (K) U-turn from life
34. 9 to 5, for many
35. On the safe side, nautically
37. Little salamander
39. Ready for inspection
44. Lacking sufficient rainfall
46. (K) Not a blvd. or st.
47. (K) Like some doughnuts
48. (K) Gentle, as a horse
49. (K) Common color
50. Rug variety
51. (K) Soup relative
52. Move about to and ___
53. Dry and withered from the heat
- DOWN**
1. Thing to pull your golf ball out of
2. The highest point
3. 10-Down or jalopy
4. Last Stuart queen of England
5. Dangerous water occurrence
6. (K) Polite word
7. (K) Is defined as
8. (K) Curved path
9. Something for a detective to tie up (2 words)
10. (K) Column of stacked things
11. (K) Cole ___
19. (K) Garments
20. In the direction of
23. (K) Otter relative
24. Spanish hero, El ___
25. Poem form
26. Minutes actually elapsed (2 words)
- 27.** (K) 40 mph is one
29. (K) Large pasture for sheep
30. (K) Like an unused towel
32. Missile for a submarine
34. Written exemption
36. Fisherman’s hangout
37. (K) Has filet mignon and french fries
38. Where some brothers live in college?
40. (K) Sound from an angry snake or cat
41. Painful reminder
42. (K) Certain type of fruit
43. (K) Razor’s cutting part
45. (K) Wetness on the grass

Can you find the answer to this riddle within the solved puzzle?

 Stand off?

 Look for the answer in next week’s paper.

PREVIOUS PUZZLE ANSWER

1	2	3	4	5	6	7	8	9	10	11	
12					13			14			
15					16			17			
18				19			20		21		
				22			23				
24	25	26	27			28			29	30	
31						32					
33						34					
						36					
37	38			39				40	41	42	43
44			45		46			47			
48					49			50			
51					52			53			

 Previous riddle answer:
 Underwater vessel’s secret plan?
 37-A) SUBPLOT

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 syndication.andrewsmcmeel.com

1/6

Widespread Outrage by Julian Lim

1	2	3		4	5	6	7	8		9	10	11	12
13			14		15					16			
17				18						19			
		20								21			
22	23			24				25	26	27			
28			29					30					
31					32	33	34				35	36	37
38				39							40		
41				42							43		
			44						45				
46	47	48					49	50	51			52	
53							54				55		
56					57	58						59	60
61					62						63		
64					65							66	

Horoscopes

Horoscope: October 17–23, 2025

This week ushers in a wave of clarity and transformation. Pluto has just stationed direct in Aquarius, encouraging us to reclaim personal power and release what no longer serves. On October 17, the Sun enters Libra, shifting the cosmic spotlight to balance, beauty, and partnership. The New Moon in Libra on October 21 invites fresh starts in our relationships, as Mercury continues its deep dive through Scorpio, uncovering truths and helping us communicate with insight and precision.

Aries

This is a powerful time for healing around partnerships. You’re encouraged to soften into mutual understanding rather than force. The New Moon on October 21 is ideal for planting seeds of cooperation—a fresh approach to give-and-take is possible. Speak your truth gently, listen as much as you share, and allow partnerships to evolve rather than be forced.

Taurus

Shared resources and trust take center stage. Hidden dynamics around finances or emotional investments may emerge. The New Moon invites you to renegotiate expectations and build stability in your closest bonds. Rebalance the scales in your major connections. It’s better to negotiate than to default into old patterns.

Gemini

Emotional clarity arrives, particularly in close relationships. Old fears may surface, but they offer the chance for renewal. The New Moon encourages you to rethink how you relate and open yourself to more equality in dialogue and affection. Let insight emerge without forcing it. Reach out responsibly, with care, and expect mutual respect.

Cancer

Your inner world is active, and you’re called to balance emotional needs with relational harmony. Past tensions may arise in partnerships. The New Moon offers a fresh chapter—set intentions for fairness, peace, and mutual care. Hold compassion—for yourself and others—as you move through intense emotional terrain. Let balance guide your steps.

Leo

Your social and professional connections evolve. You’re most magnetic when you choose diplomacy over dominance. The New Moon supports fresh perspectives on teamwork, shared goals, and who belongs in your orbit going forward. Choose alliances that respect your essence, and step gently into new group roles rather than charging ahead.

Virgo

Ambitions are reawakening. As power dynamics shift, you’re asked to balance career pursuits with emotional well-being. The New Moon is a chance to reset commitments—especially in work

relationships or projects that require fairness and collaboration. As you heal within, let your relationships reflect that growth. Don’t settle for inequity.

Libra

Your season begins with potent energy. The spotlight is on your relationships, self-image, and vision for the year ahead. The New Moon in your sign offers a rare opportunity to begin again—refining who you are and how you connect. Be intentional about what (and who) you invite into your life. Let your authenticity guide your connections.

Scorpio

Deep transformation continues. You’re letting go of old control patterns, especially in love and family dynamics. The Sun in Libra highlights vulnerability and quiet reflection. The New Moon invites new emotional agreements grounded in honesty and trust. Let go of relational control where possible. Trust that healthier dynamics are emerging even if the path feels unfamiliar.

Sagittarius

Connections in your community, peer groups, or belief systems may shift. The New Moon encourages open-mindedness and renewed purpose in how you relate to others. It’s a good time to reconnect with people who share your values. Stay open to exchanging ideas. You don’t have to give up exploration—just allow your relationships to evolve too.

Capricorn

You’re called to address imbalances in your partnerships, especially in collaborative or professional settings. The New Moon helps you clarify commitments, build mutual respect, and refine the structures that support your long-term goals. Reframe your sense of responsibility. Cooperation doesn’t mean sacrifice of self. Choose partnerships that uplift.

Aquarius

With Pluto moving forward in your sign, you’re regaining your sense of direction and power. The Sun in Libra invites you to reorient how you share your knowledge and ideals. The New Moon brings clarity and a chance to initiate lasting change. Step into your authenticity. Release what has held you captive and commit to partnerships that reflect your self.

Pisces

Subtle revelations may arise this week, especially about how you relate to intimacy, vulnerability, and security. The New Moon brings the opportunity to set new emotional boundaries—choosing tenderness without losing self-respect. Listen to your gut. Love is wise when it’s kind and honest. Allow renewal in bonds that mirror your growth.

7 LITTLE WORDS

Find the 7 words to match the 7 clues. The numbers in parentheses represent the number of letters in each solution. Each letter combination can be used only once, but all letter combinations will be necessary to complete the puzzle.

CLUES

1 buy in advance (8)

2 stretchy bottoms (8)

3 standardized text (11)

4 more submissive (6)

5 government agents (4)

6 in a nondominant manner (9)

7 making conjectures (9)

SOLUTIONS

MIS	PRE	ER	FE	LE
ATE	PAS	BOI	SUR	LEG
ELY	GI	DS	ORD	KER
NGS	ING	MEE	RPL	SIV

Previous Answers: 1. CHAOS 2. SHORTCUT 3. INSTRUCTING
 4. PROCLAIMS 5. PROTRACTOR 6. PLOW 7. ESCALATING 8/17

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The answers to this week’s puzzles can be found in next week’s issue.

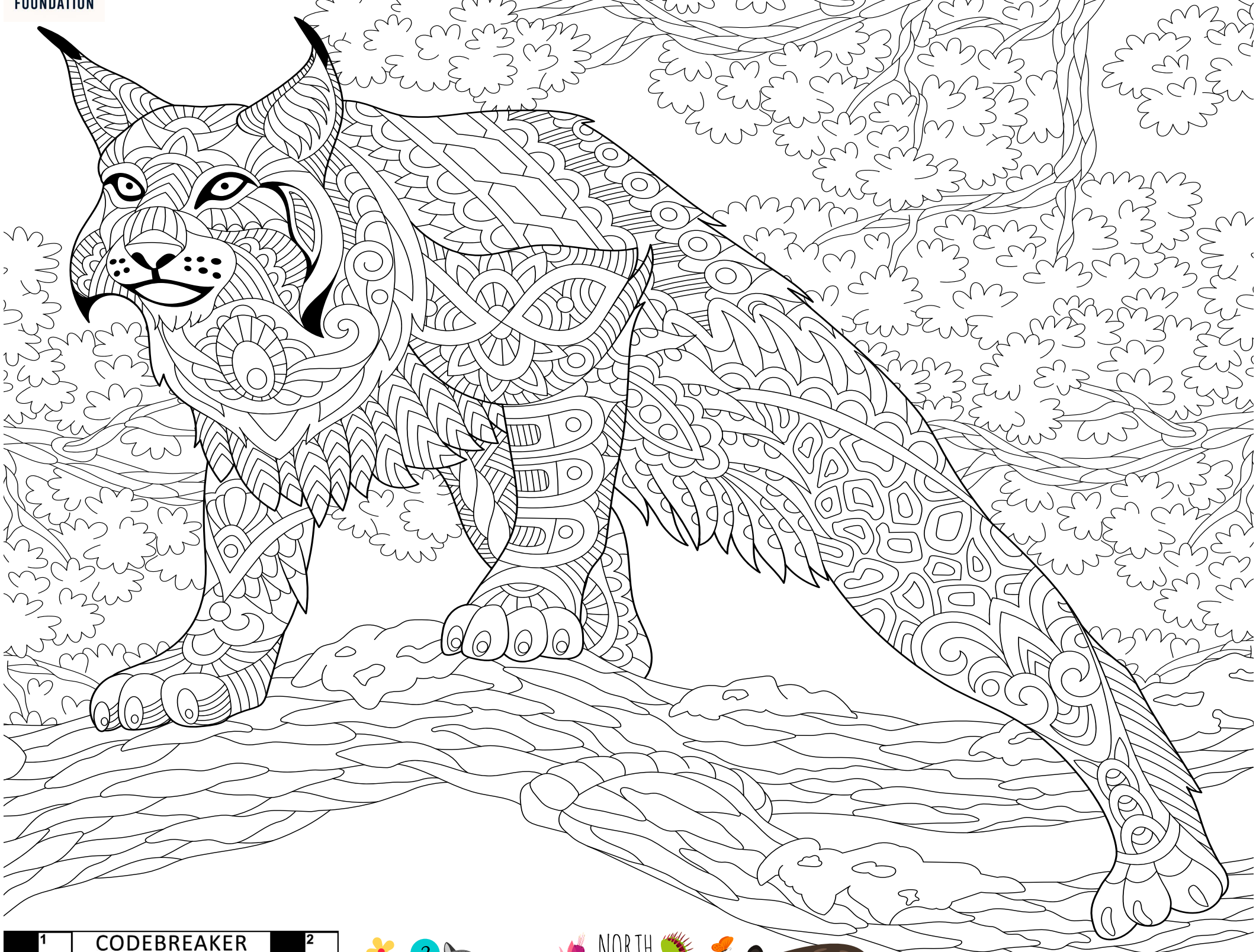
www.GreenwichSentinel.com/subscribe

www.NewCanaanSentinel.com/subscribe

MANDALA



Coloring mandalas is good for your brain! Send us a picture of yours completed Cordelia@SentinelHometownNews.com



1	CODEBREAKER										2	
3	4	1	5	6	7	8	R	9	10	M	11	E
12		10		8		3					8	
13	9	14	4	2	15	1	4	8	12			
	13		16		10		1			1		
17	11	18	11	1		19			20			
	8		19	4	21	22	9	8	6			
20		5		19		4		4				
8	11	19	23	4	15	8	4	6	23			
11		1		16		24		24				
25	15	4	5	6	23		3		26			
15		6		4	8	8	5	13	11			
11	6	7	19		4		4		2			
6		11		7	5	6	6	11	8			
23	11	8	10		6		9		4			

1	2	3	4	5	6	7	8	9	10	11	12	13
14	15	16	17	18	19	20	21	22	23	24	25	26

1	2	3	4	5	6	7	8	9	10	11	12	13
							R	O	M	E		

NORTH AMERICA ANIMALS

1. SWPA
2. LIAT
3. WMOE
4. SRSHKIEW
5. NTKETI
6. RUFFLY
7. RRPV
8. WALC
9. URF
10. APN
11. ETCU

Unscramble the Cat Words!

1. SWPA _____

2. LIAT _____

3. WMOE _____

4. SRSHKIEW _____

5. NTKETI _____

6. RUFFLY _____

7. RRPV _____

8. WALC _____

9. URF _____

10. APN _____

11. ETCU _____

ANIMALS I SPY

Find and count

HOW MANY

LEFT | RIGHT

ANSWER: 18 LEFT, 19 RIGHT

1. B
2. M
3. C
4. P
5. Y
6. S
7. H
8. T
9. S
10. B
11. L
12. R
13. S
14. R
15. B

FIND 10 HIDDEN OBJECTS IN THE PICTURE



1.
2.
3.
4.
5.
6.
7.
8.
9.
10.

ANSWER



Read it Outloud:
Goodnight, Purring Room

In the warm, quiet room with a soft orange chair,
Sat a kind, gentle grandma with silver-white hair.
Her needles clicked softly, knit one and knit two,
While ten little kittens knew just what to do.

“Goodnight, warm teapot. Goodnight, tea cup.
Goodnight, soft slippers curled cozily up.
Goodnight New Canaan, our wonderful home.

Goodnight, gray kitty curled up on the chair.
Goodnight, striped kitten chasing balls through the air.
Goodnight, bright feather and the ribboned red bow.

Goodnight, soft yarn balls that tumble and spin.
Goodnight to the giggles and whiskers within.
Goodnight, lost butterfly fluttering so.

Goodnight, fish bone — a snack from the past.
Goodnight, old dog bone tucked where it was cast.
Goodnight, dear grandma, so patient, so wise.
Goodnight, soft light in the lamp’s sleepy eyes.

Goodnight, to the meows and the purrs all around.
Goodnight, to the patter — that sweet, sleepy sound.
Goodnight, dear kittens — you’ve played all day long.
Now curl into dreams with a soft bedtime song.

Goodnight, small bookshelf with more stories to share.
For in this warm room, where love fills the air,
Lives a story of cats — and they’re all sleeping there.

C

WORD SEARCH PUZZLE

MINI GAME
FOR KIDS

letter C

P	S	A	N	A	N	C	H	O	R	P
C	H	E	R	R	Y	P	R	A	U	C
A	B	U	C	A	S	P	L	E	B	H
X	E	C	L	J	C	J	L	Y	M	E
E	H	R	O	B	L	T	K	T	A	E
C	O	A	C	S	K	C	E	R	I	S
U	J	B	K	K	C	R	A	B	N	E
P	N	M	R	I	K	R	U	C	E	S
L	C	U	P	B	O	A	R	D	E	H
J	I	S	E	E	N	G	I	D	E	I
E	A	S	C	O	M	P	A	S	S	P

Cheese

Cup

Cherry

Cupboard

Crab

Clock

Car

Compass

A

WORD SEARCH PUZZLE

MINI GAME
FOR KIDS

letter A

P	S	A	N	A	N	C	H	O	R	P
L	P	Q	L	E	A	P	R	A	U	Y
A	B	U	L	A	P	P	L	E	B	R
X	E	A	A	C	I	J	C	Y	M	A
E	H	R	O	B	C	T	K	T	A	N
P	O	I	S	C	Y	C	E	R	I	T
Z	J	U	M	K	A	P	R	O	N	D
Z	N	M	R	I	L	R	U	C	E	S
L	A	M	B	U	L	A	N	C	E	H
J	I	S	E	E	N	G	I	D	E	I
E	A	C	C	O	R	D	I	O	N	P

Acorn

Accordion

Anchor

Apple

Aquarium

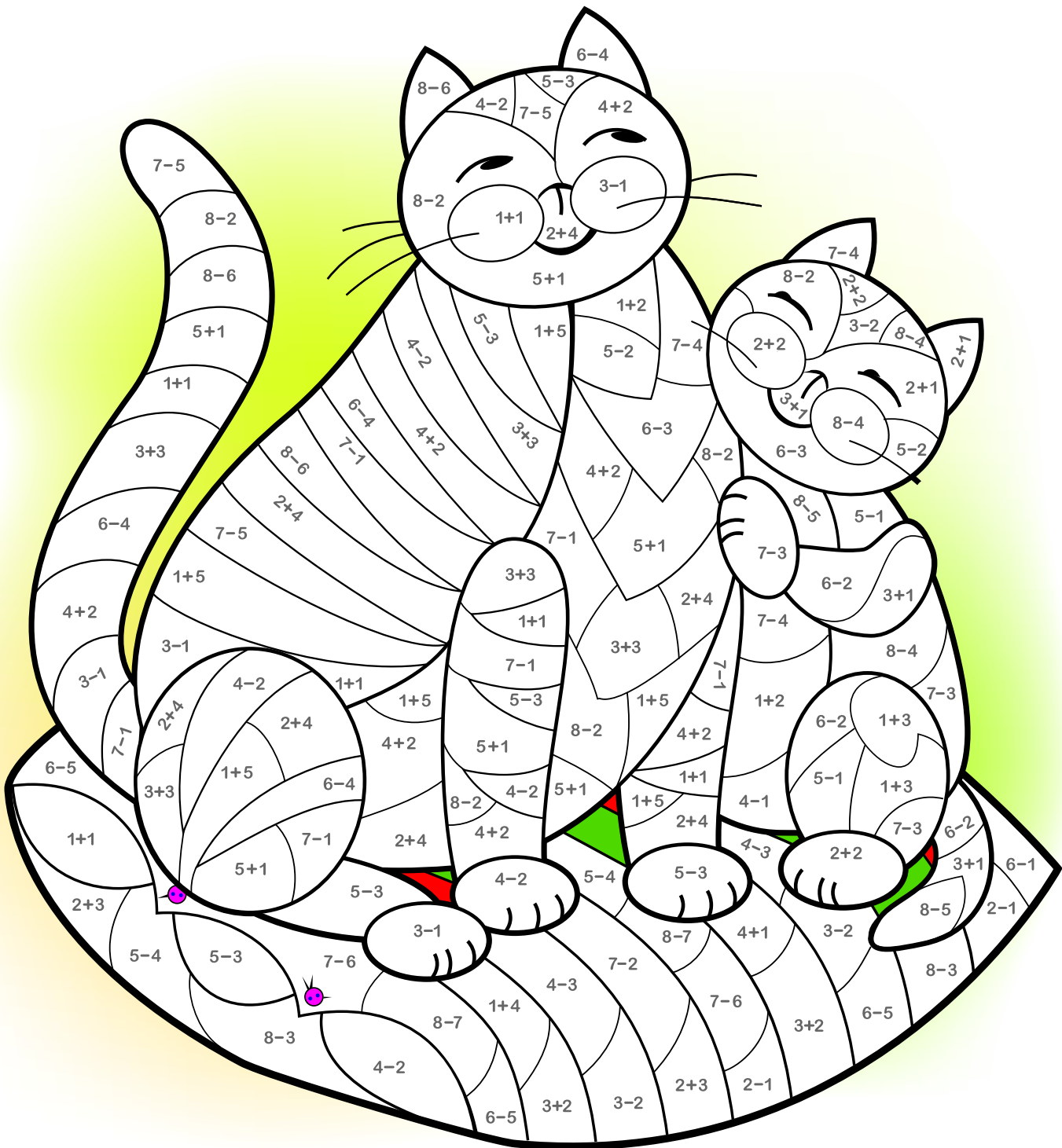
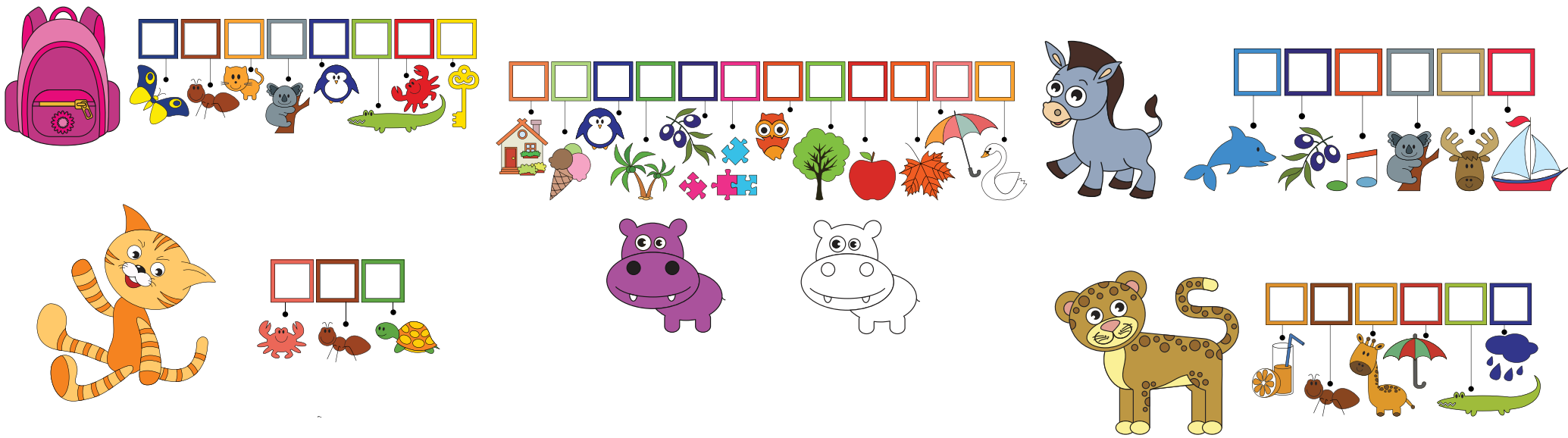
Ax

Apron

Ant

Ambulance

Write in the first letter of each image in the attached square to solve the puzzle. Then color them!



- 1
- 2
- 3
- 4
- 5
- 6

