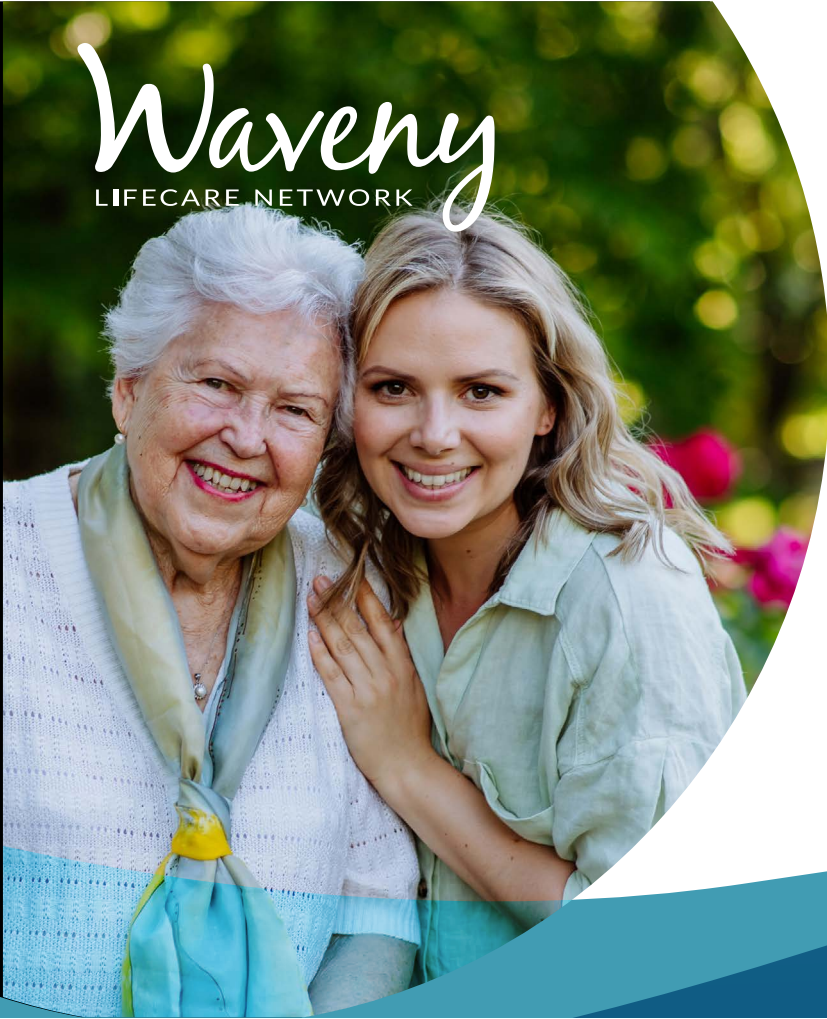




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New Canaan Exchange Club Supports Land Trust, Pays Tribute to Keith Richey



Several Exchange Club volunteers take a break from their labors at the New Canaan Land Trust's Grupes House during their Day of Service, showing the new pollinator garden they helped build, with its fieldstone border, behind them. Photo Credit: NCLT

By JOHN KRIZ

The New Canaan Exchange Club <https://newcanaanexchangeclub.com> held a 'Day of Service' on Saturday, the project being to support the New Canaan Land Trust <https://newcanaanlandtrust.org> by performing some heavy lifting at the NCLT's Grupes House, its headquarters building on Valley Road, adjacent to its Browne Preserve.

"The Exchange Club was absolutely amazing – how hard the guys worked," said Robin Bates-Mason, NCLT's executive director.

NCLT is developing a pollinator garden at the site, and Exchange Club volunteers helped build up the soil for the garden, as well as haul large stones and construct a garden perimeter. Other tasks included moving equipment from

the nearby barn to the house in preparation for the barn's renovation, installing solar lights on walkways and building a coffee table.

"It was great to lend a helping hand to such an important organization in New Canaan as the Land Trust," said Patrick Edmonds, one of the Exchange Club's volunteers.

The Exchange Club is one of New Canaan's largest civic groups, and in addition to various volunteer activities, it raises funds which are donated to local charities.

Keith Richey Bench

In addition, a wooden bench was dedicated to the late Keith Richey on Saturday at the Browne Preserve.

Mr. Richey, an attorney, passed away suddenly in May. A 30+ year New Canaan



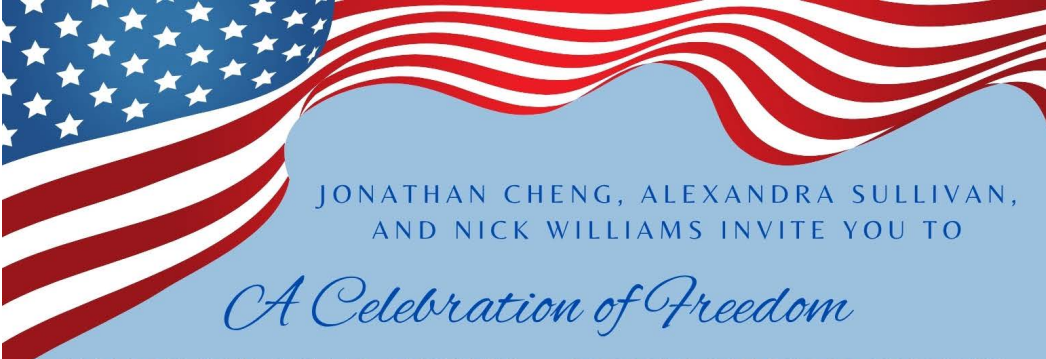
Standing L-R: Rob Fryer, New Canaan Land Trust President; Robin Bates-Mason, NCLT Executive Director; First Selectman Dionna Carlson; George Benington, New Canaan Exchange Club and Chairman of the Parks & Recreation Commission on which Mr. Richey most recently served. Seated L-R: Marina Richey, widow of Keith Richey, and daughter Veronica. Photo Credit: NCLT

Donations to New Canaan Land Trust were requested in lieu of flowers. Those donations more than covered the cost of the bench, which was placed where Mr. Richey would sit with his dogs during regular walks.

resident, he was an enthusiastic community volunteer, having been president of the New Canaan Exchange Club and of the Men's Club, among other civic activities. In addition, Mr. Richey was chairman of the town's Parking Commission for more than twenty years, and served on the Parks & Recreation Commission at the time of his passing.

Donations to New Canaan Land Trust were requested in lieu of flowers. Those donations more than covered the cost of the bench, which was placed where Mr. Richey would sit with his dogs during regular walks.

"He was a friend of the Land Trust, and did much for the town," noted NCLT executive director Robin Bates-Mason.



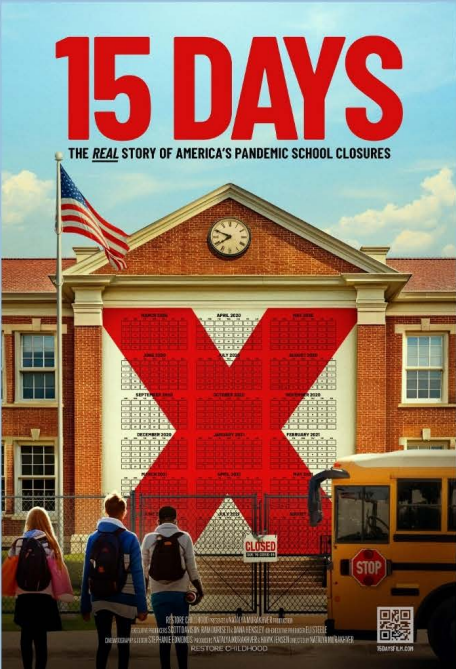
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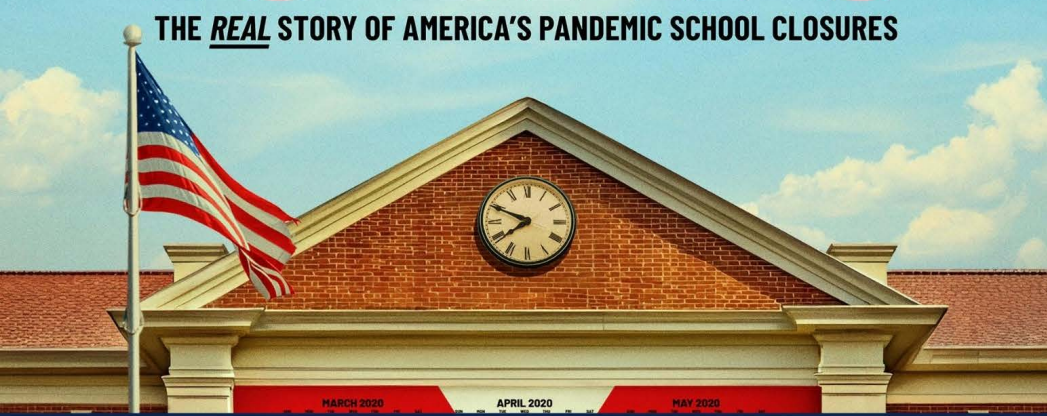
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October 29th, 2025 New Canaan Playhouse Theater, 6pm
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Support the movement to restore childhood by donating or hosting a community screening at 15DaysFilm.com



From Slugs to Herons: NCNC Invites Community to Map Our Wildlife



Photos from the projects: Many are available as greeting cards at the NCNC giftshop.

By FRANK GALLO

New Canaan Nature Center (NCNC) has embarked on two biodiversity projects with support from the New Canaan Community Foundation. As the Nature Center’s Senior Naturalist, I am conducting ongoing natural history surveys at NCNC, and at New Canaan Land Trust’s Browne Preserve on Valley Road. I am using iNaturalist and eBird apps to record sightings to create a baseline database from which informed management decisions can be made. And you can help by visiting these sites and recording what you find.

iNaturalist is a social network of citizen scientists, naturalists, and biologists designed to map and share biological observations and information worldwide. According to Wikipedia, as of 5 August 2025, iNaturalist had 400,000 users who had contributed nearly 300 million observations of organisms from across the globe. Most of its software and data are open source, providing valuable information for biodiversity and biological research, conservation, and education. iNaturalist data has contributed to more than 4000 research papers and is utilized worldwide by scientists, conservation organizations, and land managers.

Founded in 2008 as the Master’s Final Project of Nathan Agrim, Jessica Kine, and Kenichi Ueda at UC Berkeley’s School of Information, it was expanded into a joint initiative between the California Academy of Sciences and the National Geographic Society in 2017. In July 2023, it became an independent 501(c)3 nonprofit that now employs 74 people as of August 2025.

One of iNaturalist’s stated goals is to “create extensive community awareness of local biodiversity and promote further exploration of local environments.” Its aim is to bring together people from all walks of life with different experiences, perspectives, and expertise who share an appreciation of nature and can learn together about the biodiversity of our world. It provides the community with a means to record and organize sightings worldwide, and makes them available to researchers, conservationists,

and educators across the globe.

How can you contribute directly to our knowledge of biodiversity at NCNC and Browne Preserve? First, download the iNaturalist app onto your phone and set up an account. Then, whenever you see something interesting at either NCNC or Browne Preserve, whether a slug, an ant, or a Great Blue Heron, open the app and use it to photograph (using your phone’s camera) and to help identify what you have found. You can also use a separate camera and upload the images to iNaturalist at home. Nothing is too small or insignificant. Once saved, your sightings will be added directly to our Biodiversity Project database for that specific site. More than 550 species have been recorded on iNaturalist at NCNC so far with the help of 52 participants. Although the Browne Preserve project just began this fall, 11 participants have already amassed a list of 115 species on iNaturalist.

An Important Note: Please only identify to the species level if you are certain of the identification, but don’t worry if you can’t identify a species. iNaturalist has expert reviewers who help classify something if you are uncertain. If you are unsure of an ID, it’s best to record your observation in a more general category for others to review. If all you can say is that it’s a plant, then put “plant.” This tells plant reviewers to have a look. There’s no need to guess. As iNaturalist is a worldwide database, it can be used anywhere to record sighting and contribute to our overall knowledge of what lives around us.

Although birds can be recorded using iNaturalist (and please do so if you can), I record bird sightings using eBird, a global citizen science database created in 2002 by Cornell University and the National Audubon Society. When I record a bird in iNaturalist, I also record it in eBird as it’s the master database we use for birds. As with iNaturalist, sightings are reviewed by area experts. iNaturalist requires photographs or recordings, however, eBird does not, although they are encouraged. Unlike iNaturalist, eBird works best if the user has a working knowledge of bird life in our area before recording sightings. More than a 2 billion bird sightings and 3 million

First, download the iNaturalist app onto your phone and set up an account. Then, whenever you see something interesting at either NCNC or Browne Preserve, whether a slug, an ant, or a Great Blue Heron, open the app and use it to photograph (using your phone’s camera) and to help identify what you have found.

audio recordings of bird songs and calls have been entered into eBird worldwide as of 2025.

A sister app to eBird, called Merlin, can help one to identify the birds heard or seen using AI, but it is only 70-80% accurate. Please do not submit lists based solely on Merlin, or with species of which you are uncertain, unless you recorded it as such and there are photos that can be reviewed.

The eBird app can be downloaded from the app store, google play, and from the eBird home page. Once you create an account, just visit the sites and record what you see. eBird is most useful when you add your sightings, to a “hot spot”, rather than using a personal location. “Hot spots” compile everyone’s sightings for a given site. When you submit your list, you’ll be able to choose the closest “hot spot” from a drop-down menu on eBird. To contribute to our databases, choose the “New Canaan Nature Center” or “Browne Wildlife Sanctuary” “hot spots.” That way, your sightings are added to the overall site lists and can be seen by others. The NCNC eBird list has 179 species, and the eBird list for Browne Preserve stands at 116 species.

Thank you for adding to our knowledge! Your contributions make a huge difference to our overall understanding of what’s living at NCNC and Browne Preserve. The more participants, the more we find! Come join the fun.

If you have questions about either project or on how you can contribute, contact Frank Gallo at fgallo@newcanaannature.org.

If you would like to track either project’s progress, you can join a project (not required to enter sightings) by going to www.iNaturalist.org. At the top of the page, click on Community. Click on Projects. Type in the name of the project you want to join. Click on Join this Project above the Add Observations box.

Links to both projects: NCNC: <https://www.inaturalist.org/projects/new-canaan-nature-center-s-biodiversity-project>. Browne: <https://www.inaturalist.org/projects/browne-preserve-biodiversity-project>.

Frank Gallo is the Senior Naturalist at the New Canaan Nature Center, where he leads environmental education programs, wildlife research, and citizen science initiatives that connect the community to the natural world. A seasoned birder, field biologist, and educator, Frank brings decades of experience in conservation and environmental outreach across Connecticut. Whether guiding early-morning bird walks, leading biodiversity surveys, or inspiring students to look more closely at the world around them, he’s dedicated to helping people discover the wonder just outside their doors.

Reach Frank at fgallo@newcanaannature.org or visit www.newcanaannature.org to learn more about his ongoing work at the Nature Center.



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Peak: What & When to Take It

By DR. KATIE TAKAYSU

wellness insights
INTEGRATIVE MEDICINE

ARTICLE

The Best Time
to Take Your
Supplements



lowering risk of select chronic disease, like advanced cancer and autoimmune conditions.

Iron: Best taken with vitamin C to enhance absorption. Avoid pairing with calcium-rich foods.

Probiotics: Take 30 minutes before or with breakfast to help seed your gut with beneficial bacteria.

Midday: Support Heart, Brain, and Cellular Health

Omega-3s & CoQ10: These fat-soluble nutrients are best absorbed with lunch containing healthy fats. The VITAL trial mentioned above found a significant 28% reduction in risk of heart attack in those taking omega-3 fatty acid supplements.

Zinc: Important for immunity and metabolism. Take away from calcium or iron to optimize absorption.

Evening: Relax, Restore, and Support Sleep

Magnesium: Supports relaxation and restorative sleep. A recent study showed that supplementation with magnesium glycinate improves insomnia by affecting sleep efficiency, sleep onset time, and reduces early morning awakening as well as improves serum cortisol in older adults.

Calcium: Helps maintain bone health and may aid in winding down for the evening.

Melatonin: Supports sleep quality if traveling or doing shift work; best used as part of a

bedtime routine about 2 hours before bedtime.

Calming Adaptogens (Ashwagandha, L-theanine, Phosphatidylserine): Can help manage stress and prepare your body for restorative sleep.

Why Timing Matters
Integrative medicine isn't just about what supplements you take—it's about when and how you take them. By aligning supplements with your natural rhythms, you support your body's innate healing processes. This approach maximizes the benefits of each nutrient while honoring the holistic connection between lifestyle, nutrition, and wellness.
Ultimately, supplements are most effective when paired with consistent sleep, balanced meals, and mindful routines. Remember, you can't supplement your way into good health. By approaching supplementation with intention, you can help your body thrive from morning energy to evening restoration.
Dr. Katie practices Integrative Medicine, combining traditional Western medicine with evidence-based complementary modalities. She helps patients heal naturally with acupuncture, mind-body medicine, botanical medicine, nutrition, and lifestyle optimization. Her practice is at Wellness Insights in Darien, Connecticut. Visit <https://wellnessinsights.com/aboutfor more information>.

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BWV 79

Gott der Herr ist Sonn und Schild



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NEW CANAAN

Garden Club Launches ‘Friends of Irwin Park’ to Restore Cherished Landmark

By Anne White

As New Canaan Garden Club celebrates a landmark anniversary of stewardship, the community is invited to help safeguard one of New Canaan’s most beloved green spaces. On Friday the club formally unveiled its new initiative, Friends of Irwin Park, aimed at restoring and enhancing Irwin Park on the occasion of the park’s 20th year under town ownership.

Located at the cusp of downtown, Irwin Park spans roughly 36 acres of lawns, orchard, and native woodland. Since the town purchased the property from the Irwin family in 2005, the Garden Club has served as its official steward, managing projects such as the daffodil plantings, specimen-tree installations, and the popular 1.2-mile Flexi-Pave walking loop.

“The Irwin Park leadership team has worked tirelessly to develop Friends of Irwin Park and the Irwin Park Restoration Project,” said Olivia English, co-president of the Garden Club. Co-president Dao Engle added, “The Garden Club is thrilled to launch these initiatives ... which will benefit New Canaan for years to come.”

The first phase of the campaign – the Irwin Park Restoration Project – will begin with the removal of invasive, non-native

plant species that have spread through large sections of the park, crowding out native flora, disrupting ecological balance, and detracting from the park’s visual appeal. Once cleared, the site will be replanted with meadows, trees and pollinator gardens composed of native, sustainable species. Future plans include expanding the trail system by 21 percent, enhancing the apple orchard, and reinforcing the park’s ecological resilience through native plantings.

“Irwin Park’s 20th anniversary is the perfect time to invite the community to become a Friend of Irwin Park,” said Tori Frazer, co-chair of the effort. “We know the restoration project goes beyond what the town and the Garden Club can do alone – community involvement and funding are critical to its success.”

Over the past two decades, the Garden Club has used an endowment established by the Irwin family to fund projects that would have once seemed ambitious: the planting of more than 50,000 daffodil bulbs, nearly 100 specimen trees, the restoration of the historic apple orchard, and the installation of the Flexi-Pave loop among them. Yet the scale of the current restoration effort exceeds the annual funding the endowment can support, which is why the club is turning to the wider community.



A flower flash created at Irwin as part of the club's Gardens in Bloom fundraiser in June.

“As we celebrate Irwin Park’s 20th anniversary, we’re excited to invite the community to become a Friend of Irwin Park and be an important part of its future.”

– Tori Frazer, Irwin Park Co-Chair

Residents wishing to help may donate online via the Garden Club’s website, and follow the campaign on Instagram at @friends_of_irwinpark. According to the club, all proceeds will flow directly to the restoration project, ensuring the park remains a vibrant, welcoming, and ecologically healthy space for generations.

Founded in 1909, the Garden Club is the third-oldest such organization in the country and is dedicated to horticulture, conservation and civic beautification. In New Canaan it also maintains the Walled Garden and Peony Walk in Waveny Park and leads monthly horticultural-therapy programs at Waveny Care Center.

PLANNING & ZONING CONTINUED From Page 1

housing diversity, and neighborhood preservation.

Background and Project Development

The zoning regulation rewrite began earlier this year when the subcommittee, chaired by Dan Radman, selected BFJ Planning for the project following consultant presentations in June. BFJ was chosen for its extensive experience with zoning updates in comparable Connecticut towns and its emphasis on community engagement. “We want this process to be as transparent as possible,” Town Planner Sarah Carey said during an earlier subcommittee meeting. “The goal is to create predictability and clarity for both applicants and residents.”

At an August 26 meeting, BFJ met with subcommittee members to review the overall project timeline, the public engagement plan, and the structure of upcoming meetings. That discussion established both the October 8 and October 23 meeting dates, setting the stage for the first major public session.

It also introduced a phased process that includes focus groups, stakeholder interviews, and two large public workshops leading up to the draft regulation’s release in 2026.

During the October 8 meeting, BFJ provided draft materials for review, including a diagnostic report comparing the current zoning regulations to POCD goals, and an annotated version of the existing code with notes highlighting inconsistencies and areas for revision. Consultants also distributed a summary of comments gathered from town staff and subcommittee members. Chairman Radman thanked the consultants for “creating a clear roadmap” and noted that “the next few meetings will be where the real structural work begins.”

Next Steps and Upcoming Meetings

Following the October 23 workshop, the subcommittee will host a virtual focus group in early November with local zoning practitioners—attorneys, architects, engineers, and developers—who regularly file land use applications. Carey is coordinating the invitations to ensure a broad cross-section of professional input.

The next official subcommittee meeting is scheduled for December. The Planning & Zoning Commission will receive a project update from BFJ Planning during its December 16 meeting.

Subsequent subcommittee sessions will be organized by topic:

December: Business zones and basic standards

January: Residential and special zones, including affordable housing

February: Definitions, procedures, and appendices

BFJ anticipates releasing a working draft of the new zoning regulations by June 2026, with public hearings and formal adoption targeted for September 2026.

How to Participate

Residents may attend the October 23 workshop at Town Hall or join virtually via Zoom using Meeting ID 880 2656 2824 and Passcode 528509. Each participant will have up to three minutes to speak during the public comment portion of the meeting. Written feedback can also be submitted to the Planning & Zoning Department for consideration as the process continues.

The zoning regulation update represents one of the town’s most significant planning efforts in recent years. As Carey noted, “This is a once-in-a-generation opportunity to make our zoning regulations work better for everyone.”



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Anna Jacobson

**Sunday
November 23**

**5:00 pm
in the Chapel**

Rob Mathes

**Sundays
October 26
November 9**

**5:00 pm
Main Sanctuary**

christchurchgreenwich.org

New Canaan Closes Out Season of Running Strong

By Christopher DeMuth

This Wednesday, teams from around Fairfield county gathered in Waveny park for the annual FCIAC cross country championship. Coming to a nail-biting finish, let's see how our athletes did!

Despite star athletes Ryan Boulanger and Spencer Paine graduating last year, our program at New Canaan High School has remained a powerhouse. Like many other town sports at New Canaan, our running teams benefit from flourishing youth sport programs, which keep a steady flow of star athletes in our rosters. This year, Boys Varsity has seen standouts in the senior class, most notably Ryan Monohan and Quinn Quilkenny.

Ryan Monohan recently made news when he announced his commitment to Amherst Running for fall of 2026, with friends and family eagerly waiting for his performance. On Wednesday, he took 41st place overall with a time of 17:21, 4th for New Canaan. Along with other runners on the team, he is looking forward to state championships this weekend on the 25th.

Taking 4th overall and 1st for New Canaan, Quinn Quilkenny had a fantastic performance. With a time of 15:52, and within 4 seconds of 1st place, it was a battle throughout the entire race. Quinn has proven an upset this year, as despite his incredible performance this season, it is actually his first year running cross

country. In this short time, Quinn broke the school record for the boys 5k with a time of 15:35.8 at the Great American XC festival, a record that had stood since 2018 under Andrew Malling.

An unfortunate turn on an otherwise happy day, Greenwich runner Ryan Newcomb, the 1st place finisher, made several comments on his post-race interview alleging certain misconduct among New Canaan runners. Specifically, he claimed that certain FCIAC runners were claiming fake PRs from the Great American XC festival, calling it a "short course". In reality, a large majority of FCIAC runners ran much faster at the FCIAC championships in Waveny than they did in North Carolina. This is highly indicative that the Great American course down south is actually significantly harder than Waveny park's FCIAC course. Other than these comments, Newcomb represented his team well, taking 1st place with a time of 15:48.

Coming back to New Canaan, the juniors of the team saw a splendid performance. Coming in close together, junior runners Boyd Cousley and Charlie Cavanagh took 29th and 31st places, with times of 16:50 and 16:59 respectively. Liam Gonzalez, took a season record for himself with a time of 18:30.

Though dominated by upperclassmen, both sophomore varsity runners had successful race days at this FCIAC



In the opening kilometer of the race, New Canaan runner Quinn Quilkenny (red headband) positions himself central to front group. Photo taken by Christopher DeMuth

championship. Oscar Humphreys had a standout performance with his placement of 5th overall for New Canaan, a 17:55 run that earned 58th place and a PR. The second sophomore, Peter Tsapralis, had a successful day in his own right when he took 85th place with a time of 19:07, a PR.

Towards the start of the race, New Canaan runners formed a running line, a common racing tactic among teams. By doing this, runners benefit from help pacing themselves, preventing competing teams from taking placements, and demoralizing opponents. These lines typically die out naturally, stemming from different runners holding their own race

pacing. Although this was largely true on Wednesday, remnants of the line could be seen with runners Cormac Quilkenny and Cooper Smith. Finishing within a second of each other, these runners not only took 70 and 71st places, but also took home dual PRs. Cormac Quilkenny was the faster of the two, taking 18:17, with Cooper Smith nipping at his heels for a time of 18:17.6.

Throughout the race, top NC runners Ryan Monohan and Quinn Quilkenny fought hard in the top pack of runners. Quinn, after the race, attributed his success in part to his luck in placement. Because of where the pack formed, he was largely protected from aggressive runners easily passing him, and found himself free to concentrate more on the race. Looking forward to the next race, runner Ryan Monohan hopes to position himself more actively in the first kilometer of the race, which would set him up in a stronger position for the race as a whole.

Moving away from Varsity, New Canaan saw Boys JV take 7th overall. While a slightly lower team placement then compared to Varsity, the JV team saw incredible individual success.

Standing out in this race was Sean Deasy and Jake Triana. Both took home PRs with a time of 19:27, scoring places 35 & 36. Senior Blake DiCapua also saw a strong performance with a time of 19:36 and 39th place. Runners Owen Edmonds and Niko Nikeas had great races, with both

athletes achieving PRs, timed 20:42 and 21:12 respectively.

The Freshman team had the best performance out of the 3 boys teams, taking 2nd place overall. This included a 1st place finish from Conor Harding, closely followed by a 4th place spot from Edward Carr. Rounding out the top 10, runner John Spilker took 9th place. Micheal Cantu, another strong New Canaan freshman, saw a 15th place finish with friends Ethan Pound and Teddy L'Henaff closely following. Ryan McGloin took 71st place, notably breaking through a Greenwich line on the last turn. Breaking from the patterns of the JV and Varsity races, a group of freshmen including Kellen Wong, Everett Wingate, Arav Kamboj and Ryan Schimmeck stayed close together throughout most of the race. For the NCHS freshman, this was a very successful race.

Overall, Boys Varsity saw a very successful day. Out of 9 athletes, 5 of them saw PRs on this race, with 1 more taking a season record. With a 2:03 spread between 1st and 5th place, New Canaan took home 5th place overall as a team in the Varsity race. Looking ahead to this week, New Canaan runners will be competing in the CIAC state championships, with coaches and players hopeful of a strong performance. Following this race, runners will get a short break before starting their winter track season.

Varsity Sports Roundup

By Christopher DeMuth

Boys Soccer

The New Canaan boys soccer team faced another challenging stretch of competition this past week, dropping two conference matches against Ridgefield and Danbury.

The Rams hosted Ridgefield on October 14, and after a tight, defensive first half, the Tigers broke through in the second to secure a 2-0 victory. New Canaan's back line played with energy early, keeping the Ridgefield offense quiet for much of the first 40 minutes, but the visitors capitalized on a pair of chances after the break. Despite the result, the Rams continued to show improvement in their passing game and team communication, particularly through the midfield.

Two days later, New Canaan traveled to face a strong Danbury squad on October 16. The Hatters jumped out to an early lead, but the Rams kept themselves in the match, battling hard until the end in what became a 3-1 loss. The lone New Canaan goal came in the second half as the Rams pushed forward on a counterattack, showing persistence even against one of the league's most physical teams.

Girls Soccer

The New Canaan girls soccer team demonstrated both poise and grit this week, splitting a pair of games that showcased the team's balanced attack and defensive strength.

On October 14, the Rams earned an impressive 3-0 win over Ridgefield at home. From the opening whistle, New Canaan dictated tempo and played with confidence, controlling possession through the midfield and creating multiple scoring chances. The defense, led by steady play in the

back line, limited Ridgefield's looks on goal, while the offense converted three solid finishes to put the game out of reach. It was a complete team performance that underscored the group's chemistry and communication on the field.

Later in the week, on October 17, the Rams traveled to face Danbury and came up just short in a 3-2 loss. The match was competitive throughout, with New Canaan fighting back from a first-

half deficit and scoring twice in the second to stay within reach. The Rams nearly found an equalizer in the final minutes, but Danbury's late push secured the win.

Girls Volleyball

The New Canaan girls volleyball team delivered one of its best stretches of play all season, stringing together three straight victories in four days to solidify its position in the conference standings.

The winning streak began on October 15 with a road win over St. Joseph, where the Rams earned a 3-1 victory. Senior Anna Vertin and sophomore J. Olesnech powered the offense with strong hitting, combining for several key kills that swung the momentum in New Canaan's favor. Senior Mia Lockyer anchored the defense with 22 digs, keeping rallies alive and frustrating the Cadets' hitters.

New Canaan followed that

performance with a thrilling 3-2 win over Trumbull on October 17. The match went back and forth, with each team trading sets until the Rams took control in the fifth and deciding frame. Olesnech led the way with 20 kills, while Vertin added 14, both showing consistency and confidence under pressure. The victory over a tough Trumbull team highlighted the Rams' composure and teamwork in clutch moments.

The Rams capped their week on October 18 by sweeping Bridgeport Central in straight sets, 3-0. The offense was efficient from start to finish, led by junior Anna Fiorito, who tallied 14 kills. Freshman Yume Duncan also made her mark in her varsity appearance, contributing solid play at the net and serving line.

Weekly Scores	Date	Team (School – Gender – Sport)		Opponent	Score
	10/16	New Canaan – Boys – Soccer		Danbury	New Canaan 1 - Danbury 3
	10/16	New Canaan – Girls – Field Hockey		Stamford	New Canaan 4 - Stamford 0
	10/20	New Canaan – Girls – Field Hockey		Wilton	New Canaan 0 - Wilton 4
	10/15	New Canaan – Girls – Volleyball		St. Joseph	New Canaan 3 - St. Joseph 1
	10/17	New Canaan – Girls – Volleyball		Trumbull	New Canaan 3 - Trumbull 2
	10/18	New Canaan – Girls – Volleyball		Bridgeport Central	New Canaan 3 - Bridgeport Central 0
	10/20	New Canaan – Girls – Volleyball		Ridgefield	New Canaan 3 - Ridgefield 0
	10/17	New Canaan – Girls – Soccer		Danbury	New Canaan 2 - Danbury 3
	10/14	St. Lukes – Boys – Soccer		Greens Farms	St. Lukes 2 - Greens Farms 7
	10/20	St. Lukes – Girls – Volleyball		Frederick Gunn	St. Lukes 3 - Frederick Gunn 0

Upcoming Schedule	23	OCT, THU	4 – 5:30pm 5 – 7pm	Boys Varsity Soccer @ Wilton High School 395 Danbury Road, Wilton Connecticut 06897
				Boys Freshman Football vs Greenwich High School 11 Farm Rd, New Canaan Connecticut 06840
	24	OCT, FRI	7 – 10pm	Boys Varsity Football vs Greenwich High School 11 Farm Rd, New Canaan Connecticut 06840
	25	OCT, SAT	9 – 11am 10am – 12pm	Girls JV Swimming @ Greenwich High School 10 Hillside Road, Greenwich CT 06830
				Boys JV Football @ Greenwich High School 10 Hillside Road, Greenwich CT 06830
	29	OCT, WED	5 – 7pm	Girls Varsity Swimming @ Greenwich High School 10 Hillside Road, Greenwich CT 06830
	30	OCT, THU	4:30 – 6:30pm 5 – 7pm	Girls Varsity Diving @ Westhill 125 Roxbury Rd, Stamford CT 06902
				Boys Freshman Football vs Stamford High School 11 Farm Rd, New Canaan Connecticut 06840
	1	NOV, SAT	2 – 5pm 2:30 – 4:30pm	Boys Varsity Football vs Stamford High School 11 Farm Rd, New Canaan Connecticut 06840
				Girls Varsity Swimming @ Greenwich High School 10 Hillside Road, Greenwich CT 06830

PLAYING THIS WEEK 47

THE PLAYHOUSE

93 Elm Street
New Canaan

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Senator Ryan Fazio Backs Arvind Bajaj for Town Council, Citing Leadership and Local Values

I am very excited to endorse my friend Arvind Bajaj for Town Council and encourage all my friends in New Canaan to give him their vote. I have known Arvind for five years and my fiancé’s family has known him for longer. He is a great neighbor and person and will bring positive and energetic leadership to the Town Council.

Arvind will focus on the issues important to the entire town on the Council. He is a listener who prides himself on bringing people together. On the trail he has heard from the community clearly that they care

“Arvind will focus on the issues important to the entire town. He is a listener who prides himself on bringing people together.”

about keeping property taxes low, keeping New Canaan schools best-in-state, and defending smart local zoning—all the more important with Hartford Democrats trying to take away local control. He will prioritize exactly

those issues on the Council along with other great local Republican candidates.

Arvind will make exactly the type of Town Council member that New Canaan needs. Practical, sensible, and most of all, a good person. He will protect the town and make an excellent new leader to make it even better.

I hope you will vote for Arvind Bajaj and other great local Republican candidates to keep New Canaan the wonderful town it is.

State Senator Ryan Fazio

Musicologie Strikes a Chord: New Hub for Creativity

By Peter Barhydt

Musicologie, the national music education franchise founded in 2014, has opened its first Connecticut location in New Canaan, marking a new chapter in the town’s cultural and educational landscape. The new studio, which officially opened its doors on September 27, already serves more than 100 students—ranging in age from six months to 86 years—and offers lessons in 16 instruments.

Inside the newly built space, Community Manager John Siragusa described a facility designed for every kind of learner. “We have nine rooms, including a grand piano room and dedicated spaces for drums, bass, guitar, and voice,” he said during a recent tour. “We’re especially proud of our ‘Junior Room,’ where our youngest students—ages six months to five years—start their musical journeys. That’s also where our ‘Rockstar Program’ happens, where kids form real bands.”

Musicologie’s approach emphasizes individualized instruction and a flexible curriculum. “Each lesson is student-driven,” John explained. “If a student comes in and says, ‘I want to learn this song,’ we make that happen. If someone wants to prepare for a theater role or learn alongside their child, we tailor everything to their goals.”

The studio’s philosophy, he said, extends beyond individual lessons. “We’re trying to serve every part of the community—children, adults, seniors, and anyone who wants to make music part of their life,” John said. “We’re starting outreach programs, including partnerships with seniors and groups that often get overlooked.”

Musicologie’s owner, Peter Yu, a New Canaan resident, brings a background in finance to the venture. “Peter’s whole idea was that music education needed more support,” John said. “He looked at the community and said, ‘There are so many programs for sports—but what about music?’ He wanted to create a place that builds

confidence, connection, and creativity.”

The company’s national model offers a mix of one-on-one lessons and group programming, including the parent-child “Junior Program” and performance opportunities for student bands. While the New Canaan location has yet to host its first concert, plans are underway. “All Musicologie schools hold two to three performances per year,” John said. “We’re looking at venues now for open mics or a holiday concert. We want every student to have a chance to shine—but also to feel comfortable if they’d rather not perform.”

Musicologie operates seven days a week, though Sundays remain optional for now. The New Canaan team hopes to expand further into neighboring towns such as Norwalk and Stamford but is focused on grounding itself locally first. “We know about 90 percent of our students are from New Canaan,” John said. “So everything we do—our classes, our events, even our outreach—has to make sense for this

“We’re here for everyone—if you’re six months or 86 years old, if you want to sing, play guitar, or just be around music—this is your place.” – John, Community Manager at Musicologie



community.”

During the visit, we also discussed ways for Musicologie to share its story and events with the broader community through the New Canaan Sentinel. “We want to support the paper and work together,” John said. “Peter’s big on relationships—he’s worked with many local businesses before—and he understands that partnership is what makes a town thrive.”

The New Canaan studio reflects that philosophy: it’s more than a place for music lessons. It’s an environment designed to bring people together—through rhythm, melody, and connection. “We’re here for everyone,” John said, standing near the grand piano in the entrance. “If you’re six months or 86 years old, if you want to sing, play guitar, or just be around music—this is your place.”

New Canaan Men’s Club Speakers

By Anne White

Elm Street Books Manager Details Strong Sales, Event Growth, and Reading Trends at Men’s Club Talk

At the most recent Men’s Club meeting, Elm Street Books manager Manda Riggs spoke, saying the independent bookstore “is thriving,” crediting community support, a sharpened business model, and an expanded slate of author events. “This is a town that loves its bookstore,” she said.

Riggs traced her path to Elm Street Books and the store’s evolution. After moving to New Canaan in 2006 and a five-year stint in Hong Kong, she joined the shop and eventually took on buying and management responsibilities. She described early operational challenges—too many back-office roles that did not communicate—saying the store “was never losing money, but we were never making any money.” That changed as leadership consolidated and events scaled. “We are in a prime position for events because of our proximity” to New York along the I-95 corridor, she said.

Riggs outlined the store’s history: the current incarnation launched in 2003 in the Citibank building near the train station but the space was oversized and off the core retail path. The store reopened on Elm Street in 2006 in a former jewelry shop. In 2017, partners bought the building, keeping overhead low with a tenant restaurant downstairs. “In 2019, I became one of the owners. So I have a little bit of skin in the game,” she said, adding that the incentive “helped” drive growth.

Programming has expanded with regional partners. With the opening of the new New Canaan Library, event capacity rose from about 180 to 400. “We have kind of resurrected that relationship and they’re very happy to have us be booksellers there,” Riggs said, noting that when events are bundled the store shares revenue: “We give them 10% of the profits that we make off anything we sell.” Elm Street Books also supplies books for events at the Stamford and Wilton libraries.

On sales and operations, Riggs said the 1,800-square-foot shop currently carries about 28,000 titles

and has nearly grown revenue “by 50% since ‘17,” driven largely by events. Fourth quarter is pivotal. Black Friday weekend is strong, but “Christmas Eve day is unbelievable,” she said. Open only 9 a.m. to 2 p.m. that day, the store posted “\$26,000” in sales last year, and demand routinely exceeds hours: “We get a lot of angry people at two o’clock pounding on the door.”

Riggs contrasted the store’s independently reported bestseller rankings with the lists customers expect. “Because we’re an independent bookstore, we do have our own bestseller list... It is not the New York Times bestseller list,” she said, adding that predicting holiday hits months ahead remains a “crapshoot.” Some heavily promoted titles underperform. “Jerry Seinfeld was one of my bigger duds,” she said of a past biography push, while a locally resonant release by James Frey sold “700 copies.”

She described industry pressures that complicate curation and pricing. Publishers are releasing far more titles with less selectivity: where she used to review 6,000 titles a year, “now I’m looking at 18,000.” Prices continue to climb. “This was the first time I ever bought a book that will retail for \$55... We will sell it,” she said, but warned that at some point “they’re going to have to figure it out.”

Competition for attention is escalating across formats and screens. “People are really just not reading as much as they used to,” Riggs said, citing declines among readers in their 20s and 30s and a “very soft” market for ages 15 to 19. She noted content skew in young-adult publishing—“you could have a lot of violence... but you could not have a lot of sex”—and said staff often guides grandparents to suitable choices.

Asked about local demand, Riggs said Elm Street Books ranks “in the top 10% in the nation for hardcover sales” relative to its size. The strongest adult categories are “current events, political books,” followed by mystery. Women comprise the “vast majority” of customers, with a seasonal uptick in male shoppers during the holidays. Nonfiction’s share is rising in publishing output, but at the store

“nonfiction is about 28%” of adult sales.

Riggs said technology already undergirds buying decisions. Title catalogs, order histories, and comparable-title algorithms are integrated into the store’s online ordering system. “In many ways, AI... has been around in this part of the industry for a very long time,” she said. Even so, personal reading remains decisive: “I’m still reading about 270 books a year... because nothing is as good as if I read it.”

She described persistent constraints in the business section—“I bought seven titles” for the fourth quarter from major houses—and a flood of unsolicited self-published pitches the store generally declines unless the author is local. On school reading lists, she said elementary and middle-school selections “have not changed,” and the store helps districts secure authors. On book challenges, Riggs stated, “I don’t believe that any book isn’t worth having,” framing choices about appropriateness as a parental responsibility.

Riggs closed with a plea for literacy at home. “Read to your children and your grandchildren because that is the number one thing that instills... a love of reading,” she said. “Thank you for supporting us. Truly.”

What’s Coming Up for the Men’s Club Speaker Series

Laura Budd, executive director of the New Canaan Chamber of Commerce, will speak to the New Canaan Men’s Club tomorrow Friday, October 24, outlining how the Chamber advocates for local businesses and serves as a vital connector among merchants, nonprofits, residents, and town government. The meeting will be held in Morrill Hall at St. Mark’s Episcopal Church.

The Men’s Club meeting will begin at 10 a.m., with Budd’s presentation scheduled to start around 10:40 a.m.

Budd joined the Chamber in 2012 as a marketing associate and was named executive director in 2020. Before her tenure with the Chamber, she worked in marketing and advertising for several firms, bringing experience

“This is a town that loves its bookstore,” she said.



At the most recent Men’s Club meeting, Elm Street Books Manager Manda Riggs spoke.

in brand strategy and community engagement.

Under Budd’s leadership, the Chamber has grown to include 380 members representing a cross-section of New Canaan’s business and nonprofit sectors. The membership includes retailers, restaurants, professional service firms such as law and medical offices, and local service organizations.

According to the Chamber, its primary mission is to strengthen the local economy by helping businesses “increase their visibility, and ultimately sales.” The organization provides a central platform for collaboration among its members, the municipality, and community groups.

In addition to its advocacy role, the Chamber promotes community

events that draw residents and visitors into town. Among upcoming activities are Saturday’s Autumn Stroll at Grace Farms and performances of *In the Heights* by Lin-Manuel Miranda, produced by the Connecticut Stage Company and staged this weekend at the New Canaan Library.

The Men’s Club will continue its speaker series the following week. On October 31, Jay Helmer, Development Manager, and Matt Slattery, Director of Construction for Habitat for Humanity, will present an overview of the organization and discuss how it helps families in Fairfield County.

The Men’s Club, open to men age 55 and older, offers weekly programs featuring local speakers and community leaders. Those interested in joining can contact the club at ncmens@ncmens.org

SERMON

A Sermon preached on Sunday, September 14, 2025, the Fourteenth Sunday after the Epiphany, submitted from the Reverend Terence L. Elsberry.

Let us pray.
 Lord, we come to You this morning heavy with sadness. We pray for the departed—for the victims of 9/11, for Charlie Kirk, and for all the innocent Americans whose lives have been taken by other Americans. We pray, Lord, that You would stem this awful tide. Please turn our nation around. Make it safe again we beg of you. In Jesus name—AMEN
 Enough. Enough. How much anger and discord and how many unexpected outbreaks of horrific violence do we have to endure?
 What’s happened to our country? This is not America. This is not the city on a hill, a light to enlighten the nations. This is not the country so many of our brave soldiers through all the years have given their lives to save.
 We’re commemorating the 80-year anniversary of the end of the Second World War. President

Franklin Roosevelt told the nation in a radio talk the night before Day D: “Our sons,” Roosevelt said, “pride of this nation, this day have set upon a mighty endeavor, a struggle to preserve our Republic, our religion, and our civilization.”
 And so they did, all too many young men of our country and our allies giving their lives for that purpose: to preserve democracy, and ensure for their and succeeding generations freedom, including freedom to worship God as they choose—to save civilization.
 And now this. It shouldn’t matter what his politics were. This assassination of a 31-year-old man leaving his young wife and tiny children, his killing by another American, is unconscionable.
 As Americans we all have a right to express our beliefs—in private or public without fear of being killed. Freedom of speech implies safety of speech. We need to move above and beyond politics and beyond individual political beliefs and opinions (which we naturally all have); we need to move beyond to rediscover our

God Save America

unity as Americans. I keep coming back to Abraham Lincoln’s “United we stand; divided we fall.”
 We and we need to pray. As Christians, as the people of God, we find our strength, our understanding, our guidance in prayer—our communication with the Lord.
 Never have we as Americans needed His guidance more. If we are to move out of this quagmire of animosity and anger, leading now to violence, we need the Lord to move in and show us the way.
 We need to fall to our knees. We need a national call to prayer. This violence, these killings that keep happening across our country, have got to stop.
 Think of our children. Think of our grandchildren. We need to imagine the kind of America we want to give them. Then we need to pray the Lord will make it happen.
 Last Sunday Marek preached on the importance of hope. As Christians, our hope is based on our knowledge that God has the answer, that He knows the way we need to walk, the decisions we

need to make--as Americans and as His people to save our country.
 I have this picture of George Washington. I see the father of our country standing on the front porch of Mount Vernon above our nation’s capital. He’s seeing further. He’s looking beyond the capital city, out across our country as it is today. He sees the anger, the animosity, the cruelty. Seeing this, he bows his head and weeps. Then he dries his tears. He sees more than the darkness. He also sees light.
 A father of the Church, the Apostle Paul, wrote to the new Christians in Philippi: “Do all things without grumbling or disputing; that you may prove yourselves to be blameless and innocent, children of God without reproach in the midst of a crooked and perverse generation, among whom you appear as lights in the world.” (Philippians 2:12-15)
 There was a whole lot of darkness in those ancient Roman territories. But the Lord brought His people to show the world a better way—a way lit with the love of God in Jesus and His followers.

To support his words, Paul could go back to Old Testament times when God said: “If my people, who are called by my name, will humble themselves and pray . . . I will hear from heaven and will forgive their sin and heal their land.” (II Chronicles 7:14-15)
 Now it’s our turn, it’s our responsibility as Christians to pray and shine the light of Christ on a better way—a way free of rage and violence.
 There are so many good Americans, so many fine, caring, upstanding people. The majority of people are good. Look around you here this morning.
 I believe with all my heart that God will ultimately bring our country through to a better place, that good will prevail. But we can’t give up. We need to turn to the Lord and pray—intercede—that He will save our country. We won’t give up. We’re going to keep praying. With God’s help we can do it. The joy of the Lord is our strength.
 Together remaining seated, please sing together Sing Hymn 719
 America The Beautiful
 O beautiful for spacious skies,
 For amber waves of grain,
 For purple mountain majesties
 Above the fruited plain!
 America! America!
 God shed his grace on thee
 And crown thy good with
 brotherhood
 From sea to shining sea!
 O beautiful for heroes proved
 In liberating strife,
 Who more than self their country
 loved
 And mercy more than life!
 America! America!
 May God thy gold refine
 Till all success be nobleness
 And every gain divine!
 O beautiful for patriot dream
 That sees beyond the years
 Thine alabaster cities gleam
 Undimmed by human tears!
 America! America!
 God shed his grace on thee
 And crown thy good with
 brotherhood
 From sea to shining sea!
 Amen

Worship Directory and Services

UPDATE SERVICES AND ADD SPECIAL EVENTS TO THIS CALENDAR AT
www.NewCanaanSentinel.com/worship-calendar-updates

Church of Jesus Christ of Latter Day Saints
 682 South Avenue 203.966.5849
www.ComeUntoChrist.org
 Sunday Service: 9:00 AM
Congregational Church
 23 Park Street 203.966.2651
office@godsacre.org
www.godsacre.org
 Sunday Services: 8:00 AM and 10:00 AM. The 10:00 am service is also live streamed and recorded, the video replay will be available throughout the week. Church School is available on Sundays for children ages 3 through 7th grade each Sunday from September through mid-June.
 Recurring Events:
 Tuesdays at 9:30 AM: Women’s Bible Study
 Wednesdays at 9:30 AM: Bible Study
 Fourth Thursday from 12-2:30 PM: Meet at the Open Door Shelter in Norwalk to serve a meal.
 Upcoming Events:
 November 2 at 4 PM: Fall Family Harvest Meal. Share a meal together and participate in fall-themed activities for all ages. RSVP to churchschool@godsacre.org.
First Church of Christ, Scientist
 49 Park Street 203.966.0293
christiansciencect.org/newcanaan
 Sunday 10:30 AM, in person only. Sunday School is available during Sunday Service and is open to children and young people up to the age of 20. There is also childcare available for children too young for Sunday School.
 Wednesday Testimony Meeting: 1st Wednesday of each month, join by zoom or by phone 646 558 8656. Reading Room Hours: Open Mondays 11-2, Call to confirm hours 203-966-0293. All are welcome to the Sunday and Wednesday services, Sunday School, and the reading room.
First Presbyterian Church
 178 Oenoke Ridge Road 203.966.0002
fpcnc.org
 Sunday Service: 10am in person or via LocalLive. All are welcome. Coffee Hour after the service is also available in person or via Zoom. Dedicated childcare is available for all children via Wee Care Nanny Agency from 8:45-11:30am in the Nursery School. Transcripts of previous sermons are also available via the First Presbyterian Church of New Canaan’s website. Recurring Events: Every Saturday 9:15am (closed) and 10:30am (open): Alcoholics Anonymous. Every Tuesday 8pm: Men’s A.A.
 Third Wednesday from 6-7:30 PM: Wednesdays at the Well are intergenerational opportunities to learn and grow in faith together. Dinner will be served and all ages are invited.
 Upcoming Events:
 October 26 at 10 AM: Join for Cantata 79 Accompanied by Baroque Orchestra (300th Anniversary of Premiere Performance).
Saint Aloysius Roman Catholic Church
 21 Cherry Street 203.966.0020
www.starcc.com
 Service Schedule:

Saturday: Vigil for Sunday 5:00 p.m.
 Sunday: 7:00 a.m., 8:30 a.m. 10:00 a.m., 11:30 a.m. and 5:00 p.m. The Sunday 8:30 a.m. mass is live-streamed and recorded.
 Monday-Friday: 7:00 am and 5:30 pm
 Saturday: 7:00 am
 Recurring Events:
 Last Monday of every month 7pm: Women’s Praise & Worship Holy Hour
 Fridays 7:30am-6pm: Eucharistic Adoration (September-June)
 Saturday 8:30am: St. A’s Healing Rosary Prayer Group
 Upcoming Events:
 November 2 at 11:30 AM: This year’s Mass of Remembrance will be held on All Souls’ Day. The names of all those parishioners who passed away between 11/3/2024 and today will be read.
St. Mark’s Episcopal Church
 111 Oenoke Ridge 203.966.4515
churchoffice@stmarksnewcanaan.org
www.stmarksnewcanaan.org
 Sunday Services: 8:00am: Indoor Holy Eucharist Rite I; 9:00am: Outdoor Holy Eucharist Rite II; 10am: Indoor Holy Eucharist Rite II (Live Stream also available on the St. Mark’s website). Coffee Hour follows the 10am service. Church School during the 10am service: Godly Play for children in kindergarten through second grade; Holy Moly for third and fourth grades; Meet in the Middle for fifth, sixth and seventh grades. Professional childcare is offered for children ages four and under. Families with children who are not yet ready to separate for childcare are invited to use the rocking chairs at the rear of the chapel.
 Weekday Services: Monday-Friday, 8:30am: Morning Prayer Rite II by Zoom.
 Wednesday at 12:05pm: Noonday Eucharist in the chapel.
 Recurring Events:
 First Wednesday at 1pm: Laundry Love volunteering opportunity to come alongside people who are struggling financially by assisting them with their laundry.
 First & Third Wednesdays from 6-7:30pm: Youth Group
 Upcoming Events:
 November 2 at 5 PM: A Service of Evensong for All Saints & All Souls. The service will include music specifically written for those two feasts by Franz Schubert, and T. Tertius Noble, all sung by the St.Mark’s Choir and Soloists and accompanied by Dr. Michael Burnette at the organ.
St. Michael’s Lutheran Church
 5 Oenoke Ridge 203.966.3913
office@stmichaelslutheran.org
www.stmichaelslutheran.org
 Sunday Service at 10:00 am. Following the service there is coffee, cookies and conversation’ in the Fellowship Hall.
 Recurring Events:
 Thursday 12 PM: Alcoholics Anonymous
 Upcoming Events:
 November 26 at 7 PM: Thanksgiving Worship.
Trinity Church
New Canaan | Darien
 1800 E. Putnam Ave, Old Greenwich

203.618.0808
info@trinitychurch.life
www.trinitychurch.life
 Join us Sundays at 10 a.m. at Greenwich Hyatt Regency for lively worship, thoughtful and applicable teaching, weekly Communion, and an opportunity to make friends and grow in community. Trinity Kids (infants through fifth grade) and Trinity Youth (middle and high schoolers) take place during the service, and coffee and refreshments are served following worship. The service is also available on livestream via Youtube, Sundays at 10:00 a.m.; learn more at www.trinitychurch.life.
United Methodist Church
 165 South Avenue 203.966.2666
frontdesk@umcofnewcanaan.org
www.umcofnewcanaan.org
 Join us for Sunday Worship!
 Sunday Service begins at 10:00 a.m. Come for uplifting music and a relevant, inspiring message — and stay after for coffee and conversation during Fellowship Time.
 Sunday School for ages 3 through high school resumes September 7. Child care is available for children from infancy through age 5.
 Recurring Events:
 Mens Breakfast at 8:45 AM: The United Methodist Church invites all men to our Men’s Breakfast, held on the first Sunday of every month. Enjoy fellowship, good food, and meaningful conversation as we share time together in faith and friendship.
 Upcoming Events:
 November 8: The United Methodist Women Holy Hike. Please stay tuned for more details and updates!
Community Baptist Church
 174 Cherry Street 203.966.0711
cbcnewcanaan@gmail.com
www.cbcnewcanaan.org
 Youtube: https://www.youtube.com/channel/UCoZ2UNa8aH130_Syp_X0KDg
 Facebook: <https://www.facebook.com/CBCNewCanaan/>
 Sunday School at 10:00am
 Worship Service at 11:00am
 Live Facebook Broadcast 11:30 am
 Upcoming Events:
 November 16 from 3-5 PM: Church Anniversary.
Grace Community Church
 9:30am Service @ New Canaan High School,
 11 Farm Road, New Canaan
 203-966-7600
info@gracecommunity.info
www.gracecommunity.info
 Welcome to Grace Church, where we strive to build a church of action, founded on Biblical truth, characterized by faith, grace, community, service, authenticity, clear thinking, and cultural relevance. Grace Community Church is an exercise in knowing God, knowing truth, and building community that extends to our full lives, not just to our Sunday mornings. Join us Sunday mornings at 9:30am or via GCC’s Facebook page or YouTube page. Nursery care and Sunday school/teen programming is available for babies through 12th grade. Coffee and bagels

available in the lobby after the service, all are welcome.
 Upcoming Events:
 October 25 at 3 PM: Trunk or Treat. Call for more information.
Talmadge Hill Community Church
 870 Hollow Tree Ridge Road; Darien, CT 203.966.2314
talmadgehillchurch@gmail.com
www.talmadgehill.org
 Ministers: Rev. Carter Via and Rev. Cheryl Bundy Sunday worship service at 10:00am in person. All are welcome! We encourage everyone to stay for coffee hour after the service. Sunday School is every Sunday during the service and uses the Godly Play curriculum. Please reach out with any questions utilizing information listed above!
 Recurring Events:
 Thursdays at 9:30am: Bible Study
 First Saturday at 8am: Men’s Group
 Second Saturday at 10am: Women’s Circle
Chabad New Canaan Jewish Center
 137 Putnam Rd
info@chabadnewcanaan.org
www.newcanaanjewish.org
 The Chabad New Canaan Jewish Center is dedicated to strengthening and building the New Canaan Jewish Community by offering local Jewish resources that bring more positivity, Jewish education, charitable activity, good deeds and blessing to our lovely town.
 We are about Judaism, not affiliation. Regardless of your background, and however you choose to define your level of Jewish observance or identity, the Chabad New Canaan Jewish Center can add spirituality, joy, study, community and connection for you and your family. The programs of the Chabad New Canaan Jewish Center are held in various locations, all located in New Canaan.
Temple Sinai (Reform Synagogue)
 458 Lakeside Drive; Stamford, CT 06903
 203.322.1649
www.templesinaistamford.org
 Service Schedule:
 1st, 3rd & 5th Friday – 6pm in person and via zoom
 2nd & 4th – 7:30pm
 Recurring Events:
 Fridays at 12 PM: Torah Study
 Second Saturday at 10:30 AM: Mussar
 First and Third Fridays at 5:30 PM: Shabbat Service for Families with Young Children
 First Saturday at 8 AM: Avodat Halev Discussion Group
Temple Sholom
 300 E. Putnam Ave. Greenwich, CT 06830
 203-869-7191
www.templesholom.com
 Services: In-person and virtual Friday night Shabbat services, 6:30pm & Saturday morning Shabbat services, 10:30am.
 Recurring Events:
 Saturdays at 9 AM: Shabbat Study via zoom at <https://zoom.us/j/94358392426?pwd=bFJQem9HWFcxU0EzZUM2VENEZmgYUT09#success>

YOUR NEWS BRIEF
CONTINUED From Page 1

NCNC Hiking Group



Last week, the New Canaan Nature Center Hiking Group visited Ward Pound Ridge Reservation for a group hike. Participants walked the trails and spent time together outdoors. The next hike is scheduled for November 5, with registration available on the Nature Center’s website. Photo credit: New Canaan Nature Center.

Spice & Tea Exchange Visits Inn



Last week, members of the Spice and Tea Exchange joined a tea gathering at the Inn. The weekly tea features refreshments, conversation, and guest speakers from the community.

Waveny LifeCare Network’s Beverly James-Allen, RN Wins LeadingAge Connecticut’s Humanitarian Award

The LeadingAge Connecticut Humanitarian Award is presented to an individual whose personal integrity and contributions to older adults best exemplify the ideals of LeadingAge member organizations. This honor recognizes those who serve as a constant inspiration within their organization, and embody its mission and values through compassion, service, and dedication.

On behalf of the residents, families, and staff of Waveny LifeCare Network, we proudly congratulate Beverly James-Allen, RN, on receiving this well-deserved recognition last week at the 65th Annual Meeting of LeadingAge Connecticut.

Waveny LifeCare Network staff and administration were on hand at the award ceremony to share this special moment with Beverly. From left: Ben Schiano, Nursing Home Administrator; Stephanie Schott, RN, Infection Control Nurse; Claudia Katz, RN, Director of Nursing; Beverly James-Allen, RN, award recipient; Russ Barksdale, Ph.D., President & CEO; James Coyle, Administrator, VNS;

and Rebecca Albrecht, Chief Human Resources Officer.

Fall Flower Arranging at the Inn

This week, residents at the Inn participated in a fall flower arranging class led by Sarah Magrino. The session focused on creating seasonal designs using autumn colors and textures.

SCHOOLS

NCPS Students Preview Ken Burns Series



Film students from Saxe Middle School and New Canaan High School previewed Ken Burns’ upcoming PBS series The American Revolution. Producer Sarah Botstein discussed the filmmaking process and answered students’ questions. Photo credit: New Canaan Public Schools.

Hendry Joins NCHS

After 18 years at Saxe Middle School, Anna Hendry joined New Canaan High School’s Physical Education department. She plans to make her classes about more than sports, focusing on teamwork, communication, and life skills. Hendry hopes PE will give students time to recharge while staying active and learning practical skills.

NCCS CougarFest



Recently, New Canaan Country School hosted its annual CougarFest, bringing students and families together for races and fall activities. The day included the Junior Cougar Dash, the Cougar Run 5K, and a variety of seasonal crafts and games. Photo credit: New Canaan Country School.

SPORTS

NCHS Girls Cross Country Wins FCIAC

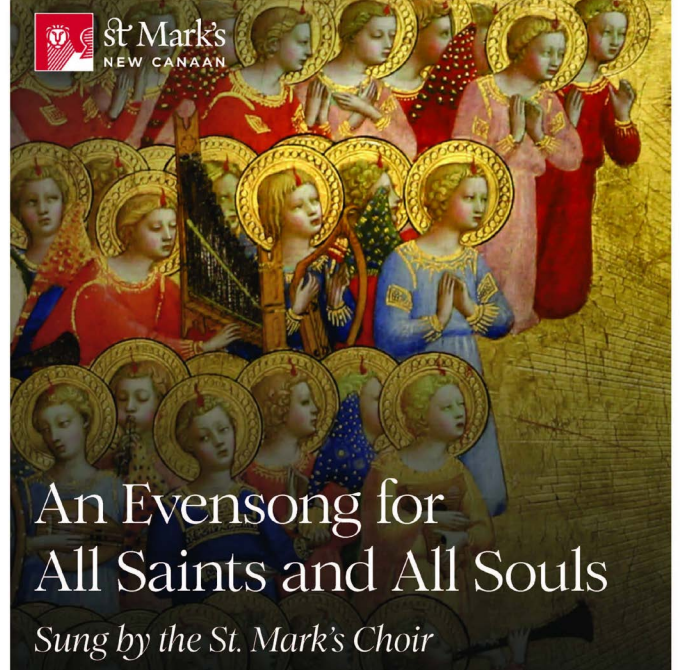


The New Canaan High School Girls Cross Country Team earned its first FCIAC Championship in nearly three decades. Freshman Brooke Murphy won the Freshman Race with the second-fastest time in course history. The Varsity Team clinched the overall title by just one point. Photo credit: New Canaan Public Schools.

Reed Commits to Holy Cross

Matt Reed announced his commitment to the College of the Holy Cross, where he will play Division I lacrosse. The decision marks the next step in his athletic career.

An Evensong for All Saints’ and All Souls’ Day



An Evensong for All Saints’ and All Souls’ Day
Sunday, November 2 at 5PM
St. Mark’s Episcopal Church 111 Oenoke Ridge, New Canaan CT.

Choral Evensong (sung Evening Prayer) is one of the most beautiful services of the Anglican/Episcopal tradition. Most of Evensong is sung by the choir, freeing the congregation to attend prayerfully to the “holiness of beauty.” The St. Mark’s Choir & Soloists offer a service of Evensong for the Feasts of All Saints & All Souls. During the service, Mary Petro Noonan will sing Maurice Ravel’s extraordinary setting of the Kaddish, chanted during Jewish prayer services in mourning for the dead. The service will also feature music of composer Franz Schubert’s Litanei auf das Feste, Allerseelen, T Tertius Noble’s Souls of the Righteous, as well as a setting of the Preces & Responses, all composed for the occasion by our Director of Music Ministries Edward J. Tipton. The service will be accompanied by Michael Burnette.

The congregation is invited to bring framed photographs or other mementos of those whom they love and who have died. Those mementos will be blessed during the singing of the “Kaddish.”

Please join us for this beautiful, candle-lit service. A reception will follow.



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Need a Lift? Cars as Far as the Eye Could See



Show cars arrived early, with a line stretching to the main entrance of Waveny Park and beyond. Photo by John Kriz.

By JOHN KRIZ

Waveny Park was bursting at the seams on Sunday with more than 1300 sports and antique cars, and other vehicles, plus thousands of enthusiasts, filling the park’s roads and lawns.

The reason: Caffeine & Carburetors (C&C), the brainchild of local coffee impresario Doug Zumbach, was holding its second of two events in 2025, this time in Waveny Park.

On a spectacular, sunshine-filled autumn day, C&C lived up to its reputation as one of the major automobile enthusiast events on the East Coast, and a New Canaan cultural staple.

“The whole event is a fundraiser,” said Doug Zumbach about Sunday’s show. People seeking to display their cars were asked for a \$20 donation, with 100% of those donations devoted to the Waveny Park Conservancy

<https://wavenyparkconservancy.org>. Last October’s C&C raised about \$24,000 for the Conservancy, recalled Mr. Zumbach, and he think that might be surpassed this year.

“I want to thank everyone who attended,” continued Mr. Zumbach. “We had individuals from Maryland. We had individuals from Pennsylvania, New Hampshire, Massachusetts, as well as Westchester County, Fairfield County.” Furthermore, “I hope the residents [of New Canaan] love the event. It seems that they do. They attend it with grandma, grandpa, kids, dogs. It seems to be an automotive/family kind of style event.”

Mr. Zumbach also thanked all the public safety and municipal groups in town who made Caffeine & Carburetors possible: Police, fire, EMS, CERT, Public Works. “All had their contribution to the event’s success.”



Spilling out on to Waveny Park’s Great Lawn were cars both lovingly restored and in need of a little love (that VW Beetle).



New Canaan Fire Department Engine 1 was on hand to support public safety at Caffeine & Carburetors, with the New Canaan Police Department next door selling raffle tickets to support Special Olympics, and New Canaan Scout Troop 70 selling coffee and pastries to a long line of hungry and thirsty car enthusiasts. Various other police officers were also on scene to support public safety, including a police drone, as were many volunteer members of New Canaan’s Community Emergency Response Team (CERT). Photo by John Kriz.



With New Canaan’s iconic Waveny House in the background on a perfect autumn day, the mansion’s forecourt was bursting with fabulous cars and their enthusiasts during Sunday’s Caffeine & Carburetors.



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Address	Price	Day	Time	Broker
1247 Oenoke Ridge	\$4,295,000	SAT	1:00-3:00PM	William Raveis
148 W Hills Road	\$3,195,000	SAT & SUN	12:00-4:00	William Raveis
176 Logan Road	\$2,795,000	SUN	1:00-4:00PM	Coldwell Banker
113 Skyview Lane	\$3,995,000	SUN	1:00-4:00PM	Compass

NEW LISTINGS

Address	List Price	SqFt	Price/SqFt	AC	BR	FB
331 Dans Highway	\$2,195,000	4,243	\$517	6.28	5	4

NEW SALES

Address	Original List	List Price	Sold Price	DOM	BR	FB	Acres
91 Fox Run Road	\$1,749,000	\$1,649,000	\$1,625,000	72	6	3	2.01
312 Elm Street #23	\$1,750,000	\$1,750,000	\$1,750,000	24	3	2	
217 Park Street	\$2,399,000	\$2,399,000	\$2,420,000	11	3	3	
105 White Oak Shade	\$2,495,000	\$2,495,000	\$2,760,000	3	4	3	1.26
513 Main Street	\$3,795,000	\$3,795,000	\$3,695,000	37	5	5	0.75
1129 Oenoke Ridge	\$3,950,000	\$4,050,000	\$4,025,000	93	5	6	0.94

Cathie Wood Says Your House Is Going to the Moon

If she's even half right, \$40 trillion in new wealth could rewrite the rules of real estate, where productivity rises but not all homes rise equally.



BY JOHN ENGEL

Cathie Wood says your house is going to the moon.

Not literally, but bear with me as I connect a few dots.

We're all trying to make sense of this economy. How can we reconcile a record-high stock market, soaring home equity, and strong consumer spending with our constant anxiety that it's all about to pop? Self-driving cars and gene editing are thrilling, but sometimes it feels like innovation is just a shiny distraction from the rising price of eggs and coffee.

What does the future really look like — and how can we use that insight to make smarter housing decisions?

Cathie Wood, the chief investment officer of ARK Invest, has built her reputation (and her critics) by betting big on “**disruptive innovation.**” Her flagship ETF was the top performer in 2020 — and the most punished in 2021. But what makes her interesting isn't the scoreboard. It's her data-driven conviction that a **convergence of technologies** — AI, robotics, genomics, energy storage, and blockchain — will multiply productivity across every sector of the economy.

She may be early or wrong on a few stocks, but if she's even half-right about the *compound* innovation effect, then trillions in new wealth are about to be created. And that raises the question I care about most: **How will that wealth and innovation reshape real estate here in Fairfield County over the next decade?**

After all, that's why people buy real estate: **long-term potential.**

Warren Buffett bought his home in 1958 and still lives there. He famously says you should buy a house because you *want* to live in it, not because someone tells you it will appreciate.

He calls his \$31,500 Omaha home “the third-best investment I ever made — but the intangible return has been priceless.” For Buffett, a home's value isn't measured in dollars but in *stability, memory, and meaning.*

Americans seem to agree. We favor 30-year mortgages and now stay in our homes about 12 years on average — nearly 50% longer than a decade ago. Ironically, we change jobs more often than ever, proof that we're a mobile society craving permanence somewhere.

Real estate, after all, was the original *fire-and-forget investment* — the one our grandparents held for decades, not something suited to day-trading or momentum plays. So, what can a woman who spends her life modeling the future of innovation teach us about a market built on patience and permanence?

Cathie Wood spoke recently on the “All-In” podcast, presenting a chart that tracks 250 years of innovation, from the steam engine to AI. Each wave of technology, she explained, added between three and eight percentage points to global economic growth. The real takeaway, though, isn't any single invention; it's what happens when they *converge.*

When multiple technologies combine, their impact compounds. The internal combustion engine, electricity, and the telephone — working together — powered America's explosive growth from 1890 to 1920. Add radio, refrigeration, and air conditioning, and you've got the infrastructure that fueled the Florida real estate boom of the 1920s.

The second half of the 20th century was driven by the computer age — from the integrated circuit to the PC, cell phone, and internet — each layering productivity upon the last.

Wood argues we're entering a similar phase now, but on a much larger scale: fourteen technologies, all accelerating simultaneously. The question isn't *which one* will change everything, but *how their overlap will*

reshape every industry, including real estate.

Cathie Wood's team tracks fourteen technologies moving up their S-curves right now — each powerful alone, but world-changing in combination. Here's what that could mean for real estate:

1. 3D Printing

Homes printed on-site in days, not months. Fewer workers, less waste, and construction that finally catches up to demand.

2. Reusable Rockets

Lower launch costs mean satellite internet everywhere. Remote towns and islands suddenly become connected, livable, and valuable.

3. Adaptive Robots

Machines that learn on the job will reshape construction. They'll pour foundations, hang drywall, even maintain properties, cutting costs and risk.

4. Advanced Batteries

Energy independence goes mainstream. Homes that store their own power won't just be sustainable — they'll be status symbols.

5. Autonomous Mobility

The 60-minute commute becomes productive time. Suburbs stretch outward as self-driving cars erase the distance penalty.

6. Cloud Computing

Homes become data hubs, with systems that monitor maintenance, schedule repairs, and update value in real time.

7. Artificial Intelligence

AI already matches buyers to homes better than agents ever could. The best Realtors will act more like wealth advisors than salespeople.

8. Intelligent Devices

Every system reports in: HVAC, lighting, water, insurance. A home without smart infrastructure will soon feel as outdated as one without Wi-Fi.

9. Multiomic Technology

Health data meets home data. Buyers will demand “bio-certified” living: clean air, balanced light, and materials proven to boost wellness.

10. Precision Therapies

Healthcare moves home. Medical suites, air purification, and recovery pods make rural estates newly desirable.

11. Programmable Biology

Landscaping evolves from ornamental to functional: living systems that clean air, repel mosquitoes, and feed pollinators.

12. Digital Wallets

Earnest money transfers in seconds, not days. Global buyers purchase properties instantly, without a bank in sight.

13. Smart Contracts

Closings on the blockchain: 24-hour title transfers, fractional ownership, and automated rule enforcement.

14. Cryptocurrencies

Global wealth flows faster than ever. Bitcoin-standard communities and tokenized real estate exchanges turn homes into liquid assets.

If she's right, Bitcoin hits \$1.5 million by 2030, Tesla hits \$2,000, and the S&P 500 triples as AI drives an additional \$40 trillion in market value — with little or no inflation.

The productivity gains from converging technologies act like a massive supply shock, boosting output per worker and driving down unit costs — more goods, more services, and yes, more housing at lower effective prices. Imagine if we could build homes faster and cheaper; the housing shortage that drives prices higher every year would start to ease. In other words, even as the economy grows by tens of trillions, prices don't have to rise, because that growth comes from producing things — including homes — cheaper, faster, and better, and not from printing more money.

That's not just a stock story; it's a

wealth story. What happens to real estate when the economy adds \$40 trillion in capital and productivity explodes? Your beach house, your starter condo, your family compound — all of it re-prices in a world awash with new money and new ways to live.

But not all real estate will rise at the same rate. In a world flooded with new wealth and falling construction costs, *the middle of the market may normalize while the extraordinary becomes priceless.*

Your New Canaan home — if it's well located, well designed, and unique — is not a commodity.

When everything else gets easier to build, it's the irreplaceable that holds value: the ocean view, the Manhattan skyline, the antique with a story. Productivity might lower costs, but it also amplifies the premium on **location, location, location.**

That's the bridge between Buffett and Cathie Wood.

Buffett built his fortune by betting on permanence. Wood builds hers by betting on acceleration. Real estate sits exactly between the two: a tangible asset in an age of abstraction, a stable store of value in a world about to speed up again.

So, is your house going to the moon?

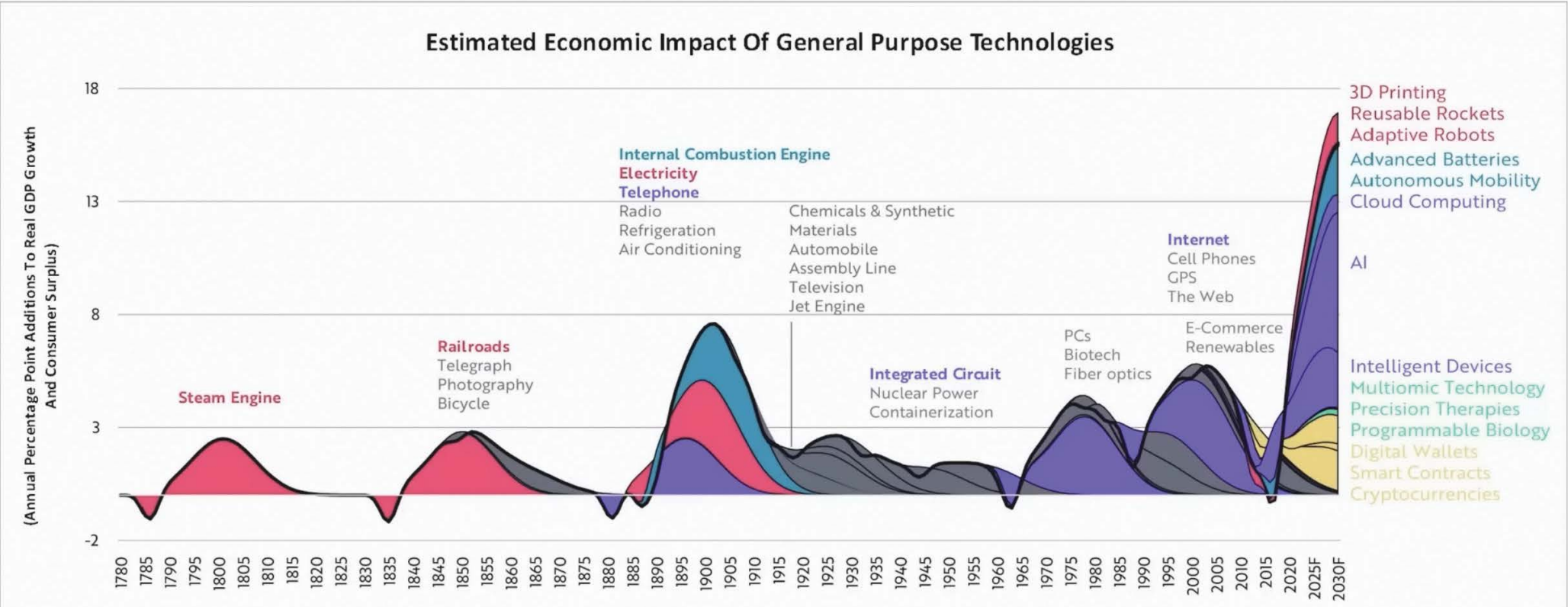
Maybe not literally. But if Cathie Wood is even half-right, it's going to be part of a far bigger orbit than you imagined.

You can watch Cathie Wood's talk from the *All-In Summit* at www.youtube.com/watch?v=majPvUyxP6I

John Engel is a broker on The Engel Team at Douglas Elliman, and he attended his 40th New Canaan High School reunion last weekend. While some classmates flew in on private jets, what everyone really wanted to talk about was what endures: relationships, purpose, and where they call home. It reminded him that even in a world moving at Cathie Wood speed, the most important investments we make are still the ones that ground us.

Innovation: A Historical Perspective And The Present Opportunity

According to ARK's research, the global economy is undergoing the largest technological transformation in history.

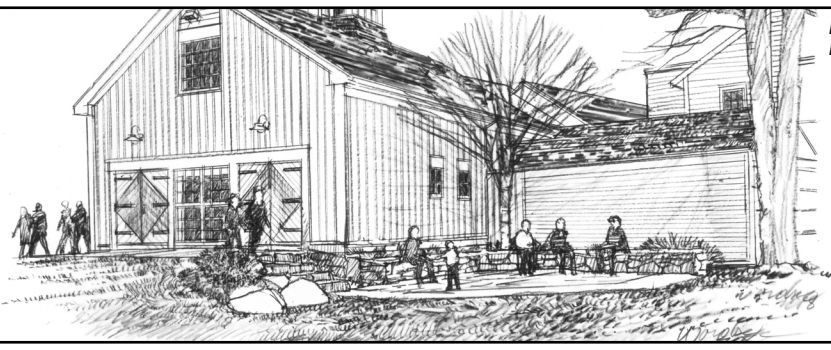


Submit questions and comments to John.Engel@Elliman.com



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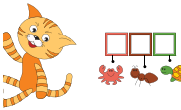
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COLUMN: Bats, Owls, Crows, and Ravens

Creatures of the Night: Our Spooky Wildlife Deserves Some Love

By JOSEY GARDNER

Spooky season is upon us, and Halloween draws near. There are many “spooky” creatures that haunt the Connecticut skies, and all are much more important to local ecology than their scary reputations seem to suggest. Connecticut is home to a variety of creatures that get a bad wrap or can be seen as a little bit scary, namely bats, crows and ravens, and owls.

Bats are local residents here in Connecticut. There are nine species of bat in Connecticut, the most common among them being the Big Brown Bat. Bats often have a bad reputation for being rabies infested pests, but they are deeply important to the health of every ecosystem in which they live by being very important pollinators, and even to human culture by controlling pest populations in agricultural fields. According to the USFWS, bats save agricultural industries in the US at least \$3 billion a year due to how many pests they eat, and fruit-eating bats are responsible for up to 95% of seed dispersal in newly cleared rainforests. Put that together

Bats save agricultural industries in the US at least \$3 billion a year due to how many pests they eat

with their impact on culture as inspiration Dracula and other vampires, and we seem to owe bats quite a bit!

Bats aren't just important for what they give us, but also for what they tell us. They are used as an “indicator species,” meaning the health of bat populations is used as a metric to determine the health of an ecosystem overall. When bat populations are healthy and thriving, it indicates a healthy ecosystem. When bat populations are dwindling, it indicates an unhealthy and threatened ecosystem. Unfortunately, estimates from experts determine that approximately 52% of the bat population in North America are at risk of severe decline over the next 15 years—this is alarming for the health of our environment.

In addition to urbanization and development, and climate change, bats are facing an epidemic of their own—white-nose syndrome (WNS). WNS is a fungal disease with an incredibly high mortality rate, killing 99% of bats who become infected, and it is unfortunately highly contagious. Entire bat colonies have been decimated by WNS alone. The Little Brown Bat population that was once thriving has been damaged by WNS, and is now an endangered species in the state of Connecticut. There are a number of actions you can take to help bats, such as looking for signs of WNS in any bats you see by looking for white, fuzzy growth on their nose, and unusual behavior such as flying during the day or being found outside during winter



Northern-Saw-whet-Owl, Quebec. Photo: David Bennett/Audubon Photography Awards

and reporting your findings to CT DEEP. Other actions that help bats are things such as turning off outside lights at night, creating bat boxes, and planting native plants.

Other animals that get spooky vibes and a bad wrap are our corvid friends—crows and ravens. Crows and ravens are often seen as pesky scavengers, digging through garbage and causing a ruckus in parking lots. Though they are scavengers, and they do like garbage, and they do sometimes gather in parking lots, there is a lot more to them than that. Crows and ravens are some of the smartest bird species in the world, and are known to create and use tools to get what they want. Researchers have determined that the average raven has the same problem solving capabilities as the average seven year old child! Ravens can also recognize faces, and have been known to hold grudges against people who do them wrong. These birds are indeed smart, and they are opportunists—they will eat food where they can get it. One of the best ways we can help preserve the raven and crow population and

allow them to interact with their environment in a healthy manner is by properly disposing of, bagging, and containing our trash so that birds and other animals can't get into it. This encourages them to scavenge for their natural food, as opposed to eating waste from humans.

And no spooky Halloween creature feature is complete without the mention of owls—owls, with their giant eyes and heads that swivel around, their eerie hooting and silent flying. There are several incredible species of owl native to Connecticut, such as the Barred Owl, Screech Owl, Barn Owl, and the Northern Saw-whet Owl (one of the smallest—and possibly cutest—owl species in North America). No evening, either in summer or in the chill of autumn, is complete without the gentle hooting of an owl. But owl populations are also threatened. Development and climate change are destroying the forests they call home, and when they are pushed into the city, they are being further threatened by human activity. One thing we can do to protect them is to stop using rodenticide. One of owls main food sources is

rats—when an owl eats a poisoned rat, that poison enters the owls system as well. Many owls die from rodenticides. There are many different ways to get rid of pests such as rats that don't involve poison. Rat traps, and fixing holes in infrastructure that allow for pests to enter buildings in the first place are chief among them. And speaking of owls, come celebrate owls and spooky season at the Greenwich Audubon Center's annual Owl-o-ween celebration! There will be live birds (especially owls), owl pellet dissections, other live animals, scavenger hunts, and other fun games for the entire family to enjoy. Come celebrate nature on Saturday, October 25th at 3:00 pm at the Greenwich Audubon Center, and learn to love the “scary” animals of the spooky season. Bats, crows, ravens, owls, even snakes and spiders—all scary animals have their place in our local ecosystem, and deserve protection.

Josey Gardner is the Sr. Center Assistant at the Greenwich Audubon Center and an outdoor enthusiast. She has worked in various outdoor fields, from nonprofit conservation to parks and recreation.



Straight A's in the pickup line!

2025 TAHOE

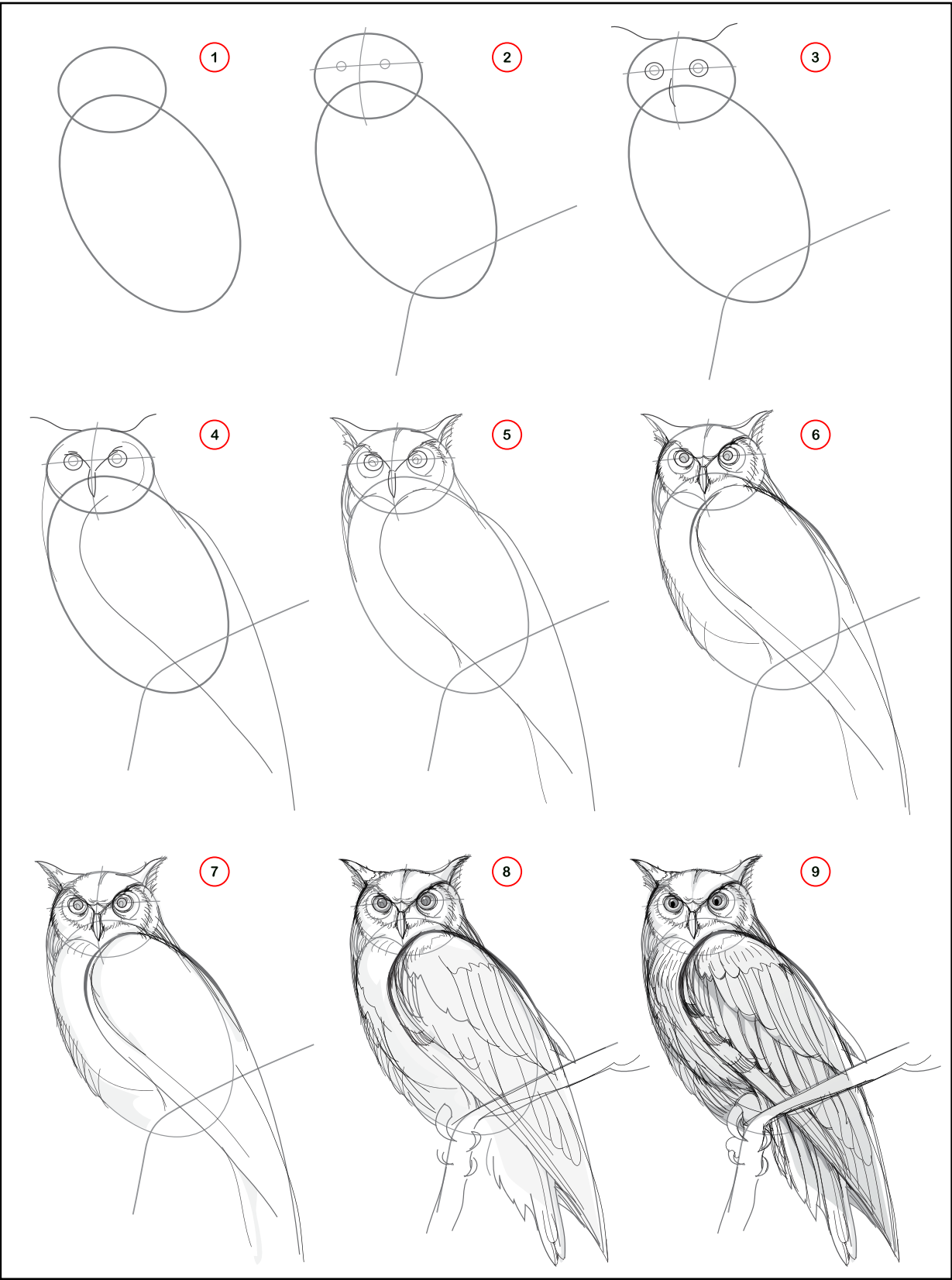
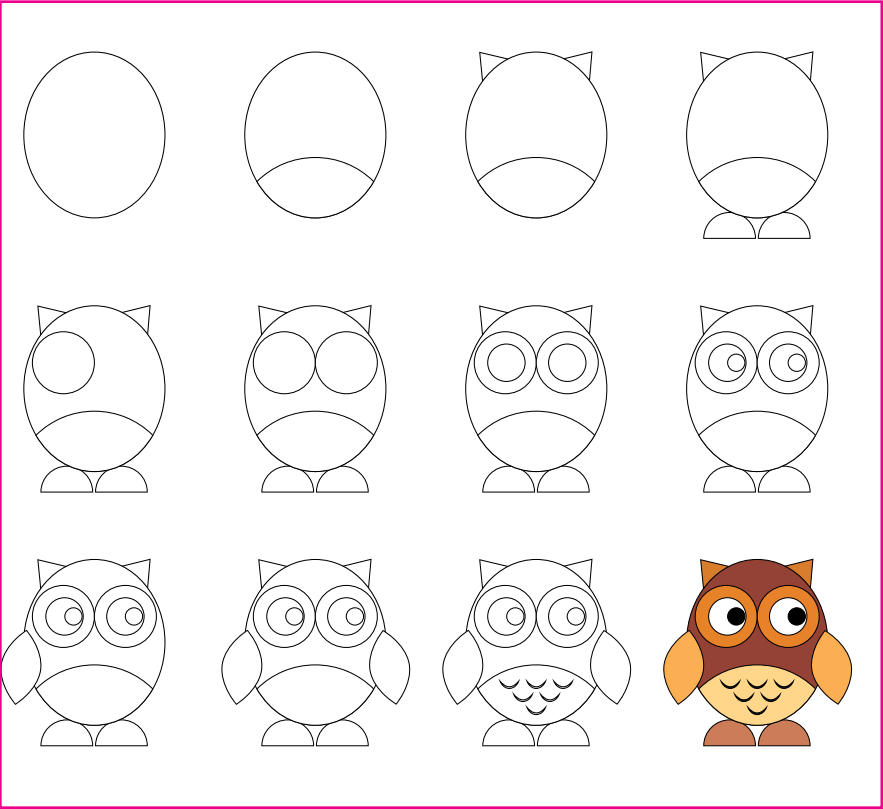


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Sudoku for Kids

			2
3	2		1
	3	1	4
	1		

2		1	
3			2
			4
4	3	2	

	3		
4		3	1
3		1	
2			3

4		1	
	2		3
3			
2		3	4

SUDOKU

Each row, column, nonet can contain each number only once. Answers below.

Easy								
	3				6			
4					2			
	7		4	5	9		1	
		8			3			
1	6						9	3
			1			7		
	8		9	6	1		7	
			7					1
			5				4	

Hard								
	5			3	1	6		8
		3	7			5	4	
9	6							1
2		4						
			5		2			
						2		7
6						7		4
	9	5			6	8		
3		8	1	2			6	

Very Hard								
	6			5	8	1	2	3
3			4		2	7		
		7			1			
		2		1		3		
			1			8		
		5	3		4			7
2	3	6	8	7			1	

Easy								
		5			4		6	
6		1		8				
7				2				
	7		1			5		
	1	8				6	2	
		9			8		7	
				4				5
				7		9		4
	2		3			7		

Hard								
		2			7		9	
			1		5	7		
		6			4		1	5
			5				4	
	6		4	1	3		5	
	8				6			
3	4		7			9		
		8	9		2			
	2		3			5		

Very Hard								
		6		9				
	4		8					
							3	
					5		6	
7	1	4	6	3	8	2	5	9
					9		1	
							9	
	2		9					
		7		4				

Sudoku

9	8	7	3	4	1	5	2	6
3	2	5	9	6	7	4	8	1
4	6	1	5	8	2	7	4	3
6	5	8	4	2	6	3	1	7
7	1	4	6	3	8	2	5	9
2	3	9	1	7	5	8	6	4
8	9	2	7	1	4	6	3	5
1	4	3	8	5	9	7	2	6
5	7	6	2	9	3	1	4	8

Bottom row – Very Hard

9	8	7	3	4	1	5	2	6
3	2	5	9	6	7	4	8	1
4	6	1	5	8	2	7	4	3
6	5	8	4	2	6	3	1	7
7	1	4	6	3	8	2	5	9
2	3	9	1	7	5	8	6	4
8	9	2	7	1	4	6	3	5
1	4	3	8	5	9	7	2	6
5	7	6	2	9	3	1	4	8

Bottom row – Hard

8	2	4	3	3	9	5	7	1	6
1	5	6	8	7	2	1	3	4	5
9	3	7	6	4	1	2	8	5	3
4	8	5	2	5	8	1	7	3	6
5	1	8	4	3	7	6	9	5	2
3	7	2	1	6	9	5	4	8	1
7	4	3	5	2	8	3	4	5	2
6	9	1	7	8	3	4	5	2	8
2	8	5	9	1	4	3	6	7	1

Bottom row – Easy

2	3	6	8	7	5	4	1	9
1	8	5	3	9	4	2	6	7
7	9	4	1	2	6	8	3	5
5	1	8	6	4	3	9	7	2
6	7	2	5	1	9	3	8	4
9	4	3	2	8	7	6	5	1
8	2	7	6	3	1	5	4	9
3	5	1	4	6	2	7	9	8
4	6	9	7	5	8	1	2	3

Top row – Very Hard

5	9	6	1	2	7	9	6	5
7	9	6	1	2	7	9	6	5
6	1	2	7	9	6	5	4	3
5	9	6	1	2	7	9	6	5
8	3	1	5	7	2	4	6	9
2	7	4	6	8	9	1	5	3
9	4	3	7	6	8	5	2	1
3	5	1	4	6	2	7	9	8
4	6	9	7	5	8	1	2	3

Top row – Hard

2	1	7	5	3	8	6	4	9
6	9	7	2	4	8	3	1	5
3	8	4	6	1	2	7	5	9
5	9	6	1	2	7	9	6	5
8	3	1	5	7	2	4	6	9
2	7	4	6	8	9	1	5	3
9	4	3	7	6	8	5	2	1
1	2	3	7	6	8	5	4	9
4	5	7	9	3	1	6	2	8

Top row – Easy

Submit your events at:
newcanaasentinel.com/submit-an-event/

TOWN MEETINGS

Tuesday, October 28
 Planning & Zoning Commission
 7-8 p.m., Town Hall Meeting Room

October 24

COFFEE AND CONVERSATION
8:30 – 9:30 AM at the Lapham Center
Sponsored by the New Canaan Sentinel
for a weekly community coffee and conversation.

Witch
 7:30 PM at the Powerhouse Theatre
 Witch is a dark comedy by Jen Silverman. A charming devil arrives in the quiet village of Edmonton to bargain for the souls of its residents in exchange for their darkest wishes. Elizabeth should be his easiest target, having been labeled a "witch" and cast out by the town, but her soul is not so readily bought. Tickets are available at <https://tpnc.org>.

October 25

Touch-a-Truck, Trunk-or-Treat, & Safe Medication Disposal
 10 AM- 1 PM at the New Canaan High School Parking Lot
 There will be live demonstrations and costumes are highly encouraged. Also, bring expired & unused medication for safe disposal.

In the Heights | A staged concert
 7 PM at the New Canaan Library
 In the Heights tells the universal story of a vibrant community in New York’s Washington Heights neighborhood – a place where the coffee from the corner bodega is light and sweet, the windows are always open, and the breeze carries the rhythm of three generations of music. Tickets are available at <https://www.connecticutstagecompany.org>.

Witch
 7:30 PM at the Powerhouse Theatre
 Witch is a dark comedy by Jen Silverman. A charming devil arrives in the quiet village of Edmonton to bargain for the souls of its residents in exchange for their darkest wishes. Elizabeth should be his easiest target, having been labeled a "witch" and cast out by the town, but her soul is not so readily bought. Tickets are available at <https://tpnc.org>.

Halloween Spooktakular
 5:30 or 7:30 PM at the New Canaan Nature Center
 Join the New Canaan Nature Center for a meet & greet with spiders, snakes, & owls, a jack-o-lantern walk, creepy crafts, roasting marshmallows, and more. Register at newcanaannature.org.

October 26

Howl-o-ween Dog Parade
 11:30 AM at Pop Up Park, 7 South Ave
 Enter your dog now for the Howl-O-Ween parade. Prizes will be given for best costumes. Register at <https://shorturl.at/kyT8J>.

Halloween Block Party
 12-2 PM on Elm Street
 Come for the candy and stay for the music, courtesy of New Canaan’s own School of Rock.

Rise & Reimagine Workshop:
Women’s Health, Resilience & Growth
 2-4 PM at the Carriage Barn Arts Center

Calendar of Events for Your Fridge

This in-person workshop with Dr. Alicia Robbins and Kate Doerge, will help you find strength, resilience, and inspiration in the face of life’s challenges—physical, emotional, and professional. Tickets are available at <https://shorturl.at/APgDF>.

In the Heights | A staged concert
 2 PM at the New Canaan Library
 In the Heights tells the universal story of a vibrant community in New York’s Washington Heights neighborhood – a place where the coffee from the corner bodega is light and sweet, the windows are always open, and the breeze carries the rhythm of three generations of music. Tickets are available at <https://www.connecticutstagecompany.org>.

Witch
 2 PM at the Powerhouse Theatre
 Witch is a dark comedy by Jen Silverman. A charming devil arrives in the quiet village of Edmonton to bargain for the souls of its residents in exchange for their darkest wishes. Elizabeth should be his easiest target, having been labeled a "witch" and cast out by the town, but her soul is not so readily bought. Tickets are available at <https://tpnc.org>.

October 28

Night Driving Tips for Safety and Confidence | A Virtual AARP Driver Safety Workshop
 11 AM at the Lapham Center
 This AARP Driver Safety workshop offers practical tips for safe, more confident nighttime driving, along with insights on age-related vision changes, updated headlight technology and helpful driver-assist tools. Free. To register, call (203) 594-3620.

Open Tech
 2-4 PM at the New Canaan Library, McLaughlin Meeting Room
 If you need help with email, smartphones/tablets, social media, or accessing the digital library, stop by for one-on-one support from a tech librarian. All technology-related questions are welcome. Tech assistance is limited to 20 minutes per session and is provided on a first-come, first-served basis.

Carnegie Hall to New Canaan
 3 PM at the First Presbyterian Church of New Canaan
 The season opening concert, Carnegie Hall to New Canaan” will feature internationally acclaimed violinist James Ehnes with New Canaan Chamber Music Artistic Director and Founder, pianist Andrew Armstrong. Tickets are available at <https://newcanaanchambermusic.org>.

United Nations Lecture: The Global Children’s Health Crisis: Bringing Surgical Access to the Front Lines
 7 PM at the New Canaan Library, Jim & Dede Bartlett Auditorium
 Dr. Maija Cheung, Assistant Professor of Surgery at Yale University and Chief Medical Officer for KidsOR, will shed light on the extent and consequences of healthcare disparities, and share solutions for even the most challenging, underserved areas. Register at <https://shorturl.at/erT54>.

October 29

Preserving Nature Close to Home: An Intro to the New Canaan Land Trust Presented by Robin Bates Mason, Executive Director
 12 PM at the Lapham Center
 Discover the New Canaan Land Trust: Past, Present, and Future. Join Executive Director Robin Bates-Mason for an insightful lunch and learn detailing the history of the NCLT and its strategic vision for the future. To register, call (203) 594-3620.

Candlelight Storytelling of a Halloween Classic
 7 PM at the Powerhouse Theatre
 Join a spooky evening of storytelling with David Neilsen. This event is family-friendly for 8+. Tickets are available at <https://shorturl.at/tkz4J>.

Carnegie Hall to New Canaan
 7 PM at the First Presbyterian Church of New Canaan
 The season opening concert, Carnegie Hall to New Canaan” will feature internationally acclaimed violinist James Ehnes with New Canaan Chamber Music Artistic Director and Founder, pianist Andrew Armstrong. Tickets are available at <https://newcanaanchambermusic.org>.

Mattering in the Modern World presented by New Canaan CARES
 7 PM at Saxe Middle School Auditorium
 Join for an inspiring conversation as Jennifer Wallace shares insights from six years of research on how matting fuels well-being, resilience, and connection. Guided by Kelly, the discussion will explore how to practice matting in everyday life—helping others feel seen, valued, and essential, while also navigating your own challenges during times of stress, burnout, and transition. Register at <https://shorturl.at/zY2U>.

October 30

Auction Preview & Director’s Talk
 10 AM at the Carriage Barn Arts Center
 Join Executive Director Kimberly Henrikson for an exclusive preview of the extraordinary fine art prints featured in the Center for Contemporary Printmaking’s 26th Annual Benefit Auction & Party, taking place just two days later on November 1. This event offers art lovers a chance to enjoy a relaxed conversation about the Live Auction works. More information is available at <https://shorturl.at/hUVxd>.

Halloween Bingo
 12-2 PM at the Lapham Center
 Join for lunch, BINGO, and prizes for the best costume! Costumes encouraged. Free. To register, call (203) 594-3620.

Halloween Graveyard Tour with Dede Bartlett
 3 PM at 352 Main St., New Canaan
 Join for a guided walking tour at Lakeview. Learn about the history of the cemetery, and of the fascinating individuals whose lives impacted New Canaan and beyond. Meet in the parking area near the administrative building. Treats will be served. Tickets available at <https://shorturl.at/WcW6Q>.

The Structure of Light
 6:30 PM at the New Canaan Library, Jim & Dede Bartlett Auditorium
 On the occasion of the re-issue of the iconic floor lamp that Richard Kelly and Philip Johnson designed in 1953 for The Glass House, architectural historian Dietrich Neumann will explore Richard Kelly’s design philosophy and his collaborations with Philip Johnson and Mies van der Rohe at the Glass House, the Lake Shore Drive Apartments, and the Seagram Building. Register at <https://shorturl.at/Lqz79>.

October 31

COFFEE AND CONVERSATION
8:30 – 9:30 AM at the Lapham Center
Sponsored by the New Canaan Sentinel
for a weekly community coffee and conversation.

Playhouse Halloween Party
 7-10 PM at the Playhouse, Marquis Lounge
 Join the Playhouse for cocktails, special giveaways, and prizes for the best dressed.

November 1

The Way of an Athlete | A Workshop with Kerri Walsh Jennings
 3 PM at Grace Farms
 Join for The Way of an Athlete with three-time Olympic Gold Medalist and five-time Olympian Kerri Walsh Jennings/ This three-part experience is designed for student athletes in every sport, ages 12+. Tickets are available at <https://shorturl.at/soPc0>.

Celebrated Photographer Platon Shares Insights from Behind the Lens
 3 PM at the New Canaan Library, Jim & Dede Bartlett Auditorium
 Platon will share rare and unique insight into the U.S. President’s current mindset and character, and also reflect on his personal encounters with Vladimir Putin, Benjamin Netanyahu, and tech titans Elon Musk and Mark Zuckerberg. Register at <https://shorturl.at/PsS5r>.

November 2

The Perfect Pause – Half Day Retreat with Grounded Meditation
 9 AM- 1 PM at the Carriage Barn Arts Center
 The Perfect Pause is a half-day wellness retreat designed to help you reset, realign, and reconnect your body, mind, and spirit. Tickets are available at <https://shorturl.at/sf1ru>.

November 4

Election Day
 6 AM- 8 PM at varied locations
 New Canaan voters will cast ballots for contested seats on the Board of Education and Town Council, and for uncontested seats – First Selectman, Board of Selectmen, Town Clerk, Town Treasurer, Board of Assessment Appeals, and Constables. A New Canaan Voter District Map is available at <https://shorturl.at/YKUni>.

Medicare: What’s New for 2026 | Presented by Southern Connecticut Agency of Aging
 11 AM at the Lapham Center
 Learn more about your Medicare options, including changes and updates for 2026. To register, call (203) 594-3620.

Election Day Family Fun

11 AM- 1:30 PM at the New Canaan Museum & Historial Society
 Join for a bounce castle, a trivia contest for adults, crafts, food, touch a truck & more. Tickets are \$20/person for members, \$25/person for non-members, and available at <https://shorturl.at/GcrdJ>.

November 5

The Secrets to Building a Financial Plan That Works
 11:30 AM at the New Canaan Library, Craig B. Tate Conference Room
 Explore the core building blocks of a strong financial plan, how to align your assets with your values and goals, and why timing and intentionality are key. You’ll walk away with clarity, confidence, and a renewed sense of purpose behind every financial decision. Register at <https://shorturl.at/WDfuT>.

November 6

Fraud Prevention Tips with the New Canaan Police Department Presented by Officer Adams and Officer Coughlin
 11 AM at the Lapham Center
 Financial scams and identity theft are constantly evolving. Staying informed helps you recognize and avoid the latest schemes. Reduce your risk of becoming a victim by attending this presentation. To register, call (203) 594-3620.

Medicare 2026: Understanding Changes and Coverage Options
 6 PM at the New Canaan Library, Arlene H. Grushkin Children’s Program Room
 Lou and Jessica Pelletier will help you navigate the complexities of Medicare in 2026, and the important new changes to Medicare drug plans rolling out in 2026. Register at <https://www.newcanaanlibrary.org/event/hold-medicare-163515>.

Mocktails
 6:30 PM at Grace Farms
 Enjoy an evening of crafting and sipping mocktails. Follow Chef Leah’s recipes to create three seasonal beverages, while discovering connections between food, culture, and community. Tickets are \$22/members, \$28/non-members, and available at <https://shorturl.at/FAOmK>.

November 7

COFFEE AND CONVERSATION
8:30 – 9:30 AM at the Lapham Center
Sponsored by the New Canaan Sentinel
for a weekly community coffee and conversation.

Wine Tasting Party
 6:30 PM at the Carriage Barn Arts Center
 Join this special evening, celebrating the best of Piedmont, Italy’s premier wine region. Hosts Justin Miller of Craftbottlz, Rachel and Michelle of Culinary Wine Camps, will share stories and insider information about the region, and you’ll taste several wines, each paired with delicious regional cuisine specialties. Tickets are \$85/person and available at <https://carriagebarn.org/event/a-night-in-piedmont-italy/>.

Aladdin Jr. the Musical
 7 PM at Saxe Intermediate
 Join for an Arabian Night! Disney’s Aladdin JR. is based on the 1992 Academy Award®-winning film and the 2014 hit Broadway show about the “diamond in the rough” street rat who learns that his true worth lies deep within. More information is available at



Calendar of Events for Your Fridge

<https://shorturl.at/SoTAg>.

November 8

Nature Workshops by Kimberly Kelly | Garlic Workshop

11 AM at Grace Farms
Learn how to prepare, plant, and care for garlic. Leave with a hand-selected head of garlic to plant this autumn for summer harvest. Tickets are \$16/members, \$20/non-members, and available at <https://shorturl.at/ds9fZ>.

Aladdin Jr. the Musical

1 & 4 PM at Saxe Intermediate
Join for an Arabian Night! Disney’s Aladdin JR. is based on the 1992 Academy Award®-winning film and the 2014 hit Broadway show about the “diamond in the rough” street rat who learns that his true worth lies deep within. More information is available at <https://shorturl.at/SoTAg>.

Opening Reception: Fairfield County Student Social Justice Art Showcase

1-3 PM at the Carriage Barn Arts Center
This art showcase celebrates how art, design, and architecture can shine a light on social justice issues. Students of all ages from any Fairfield County town will share their art and the stories behind their art. Free.

Grateful Dead Night, with ‘Take A Step Back’

7 PM at the Carriage Barn Arts Center
Join an evening of live music featuring uplifting rhythms, unique song forms, organic harmonic progressions and the gorgeous and often cryptic storytelling in the lyrics that connects the listener to the inner fabric of the universe and the spiritual elements of humanity. Tickets are \$35 in advance, \$40 at the door, and available at <https://carriagebarn.org/event/grateful-dead-night/>.

New Canaan Community Foundation Fall Fête

7:30-10:30 PM at the Country Club of New Canaan
Celebrate the work of the New Canaan Community Foundation with an evening of live music, delicious food and drinks, and opportunities for giving. All proceeds from the event will benefit the Foundation's grantees in New Canaan and our neighboring towns. Tickets are available at <https://cbo.io/app/public/bidapp/fallevent2025>.

November 9

Treetops Chamber Music: American String Quartet at the Carriage Barn

4 PM at the Carriage Barn Arts Center
Internationally recognized as one of the world's finest quartets, the American String Quartet has spent decades honing the luxurious sound for which it is famous. The program will include Beethoven Opus 95, Shostakovich 8, and Dvorak “American”. Tickets are available at <https://www.treetopscms.org>.

November 12

Thanksgiving Lunch at Lapham

12 PM at the Lapham Center
Enjoy traditional Thanksgiving favorites from Walter Stewarts, followed by some great music and entertainment from Tommy and Cuz. \$10/person. Call 203-594-3620 to reserve your

spot.

Blood Sugar & Blood Pressure Clinic

12:30 PM at the Lapham Center
Ellen Samai from New Canaan’s Department of Health provides in-person blood sugar and blood pressure testing. Walk-ins welcome. If you plan to have your blood sugar level tested, it is recommended you fast for four hours prior to testing. For more information, call (203) 594-3620.

November 13

Ask the Attorney with Nedder and Associates

2-4 PM at the Lapham Center
An attorney from Nedder and Associates, LLC will be available for a free, private, fifteen-minute consultations to answer your legal or financial questions. Please call (203) 594-3620 to schedule your appointment.

Shop for a Cause at Claudette

6-8 PM at Claudette, 106 Main Street
Join for a charity shopping event for Family & Children's Agency. Receive 10% off and 15% of ALL sales will be donated to Family & Children. Wine and lite bites will be served.

November 14

COFFEE AND CONVERSATION 8:30 - 9:30 AM at the Lapham Center Sponsored by the New Canaan Sentinel for a weekly community coffee and conversation.

Bluegrass Bash Fall Fundraiser

6:30-9 PM at the Waveny Carriage Barn
Join New Canaan Young Life for a night of live bluegrass music, curtesy of Michael-Lewis Smith & the Bluegrass Ramblers, local pours & southern-inspired cuisine. Tickets are \$75/person and available at <https://shorturl.at/sRKpY>.

November 16

Acclaimed Author Dorie Greenspan Presents 15th Cookbook, "Dorie's Anytime CAKES"

2 PM at the New Canaan Library, Jim & Dede Bartlett Auditorium
Five-time James Beard winner and New York Times bestselling author Dorie Greenspan will discuss her 15th cookbook, Dorie's Anytime CAKES with Anna Francese Gass. Register at <https://shorturl.at/9Uays>.

November 19

Fall Flowers & Wine

6:30-8 PM at the Carriage Barn Arts Center
Learn to create a stunning fall floral arrangement, while tasting and learning about exquisite wines. Tickets are available at <https://carriagebarn.org/event/fall-flowers-wine/>.

Developing Independence and Confidence in Our Kids

7 PM in the Saxe Auditorium
Lenore will share her powerful message about why fostering independence is essential for childhood growth and resilience. Skenazy will provide parents with insights and strategies to help children build confidence, self-reliance, and resilience in today's world. This event is free and open to the public.

November 20

Fall Floral Arranging Workshop with Juliet Howe

11 AM- 1 PM at the New Canaan Nature Center
Learn how you can create a one of a kind arrangement to display in your home. Juliet will also show you little tricks to make your arrangement last through the holiday. Feel free to bring your lunch and drinks will be provided. Tickets are \$90 (includes all materials required for class) and available at <https://shorturl.at/JJLFN>.

Legally Blonde the Musical

7 PM at New Canaan High School
Join for an unforgettable night of music, laughter, and girl-power energy as Elle Woods takes the stage on her journey from sorority queen to Harvard Law star. Tickets will be available at <https://shorturl.at/ks5Uh>.

November 21

COFFEE AND CONVERSATION 8:30 - 9:30 AM at the Lapham Center Sponsored by the New Canaan Sentinel for a weekly community coffee and conversation.

Blossom Hill Holiday Bazaar

5:30-9 PM at the Carriage Barn Arts Center
This festive evening brings together the community for an evening of holiday shopping, seasonal refreshments, cocktails, and live music—all in support of Blossom Hill’s work providing education to displaced and at-risk children around the world. Tickets are \$50 and available at <https://blossomhill-foundation.org/bazaar>.

Legally Blonde the Musical

7 PM at New Canaan High School
Join for an unforgettable night of music, laughter, and girl-power energy as Elle Woods takes the stage on her journey from sorority queen to Harvard Law star. Tickets will be available at <https://shorturl.at/ks5Uh>.

November 22

Holiday Market

10 AM- 5 PM at the New Canaan Nature Center
The New Canaan Nature Center will kick off the holiday season by hosting their Holiday Market! There will be unique gifts items including jewelry, candles, and much more. School of Rock will also be playing some holiday cheer!

Legally Blonde the Musical

2 & 7 PM at New Canaan High School
Join for an unforgettable night of music, laughter, and girl-power energy as Elle Woods takes the stage on her journey from sorority queen to Harvard Law star. Tickets will be available at <https://shorturl.at/ks5Uh>.

November 28

THERE WILL BE NO COFFEE AND CONVERSATION 8:30 AM at the Lapham Center

December 4

Opening Night of Charlotte's Web

7 PM at the Powerhouse Theatre
The Children's Literature Association named Charlotte's Web "the best American children's book of the past 200 years". Joseph Robinette, working with the advice of E.B. White, has created a play that captures this work in a thrilling and utterly practical theatrical presentation. This is a beautiful, knowing play about friendship. Tickets are available at <https://tpnc.org>.

Holiday LiveWreath Decorating Workshop

7-9 PM at the New Canaan Nature Center
Join for a festive evening of wreath decorating! A live balsom wreath will be provided to create a unique, one-of-a-kind holiday treasure, using a delightful array of nature's bounty. Tickets are \$90 (includes all materials required for class) and available at <https://shorturl.at/YuF0D>.

December 5

COFFEE AND CONVERSATION 8:30 - 9:30 AM at the Lapham Center Sponsored by the New Canaan Sentinel for a weekly community coffee and conversation.

Holiday Market

4 & 6 PM at Grace Farms
In the spirit of giving, gather with friends, family, and fellow community members to assemble care packages. This night offers festive music, warm tea, and engaging winter crafts for all ages to enjoy. Register at <https://shorturl.at/F6lMn>.

December 10

Annual Holiday Party

Waveny House
Save the date for the Lapham Center's Holiday Party. To register, call (203) 594-3620.

December 11

Ask the Attorney with Nedder and Associates

2-4 PM at the Lapham Center
An attorney from Nedder and Associates, LLC will be available for a free, private, fifteen-minute consultations to answer your legal or financial questions. Please call (203) 594-3620 to schedule your appointment.

December 12-14

The New England Academy of Dance Presents the Nutcracker Ballet

Show times vary at the New Canaan High School Auditorium
Attend the New England Academy of Dance's Nutcracker Ballet, featuring the Norwalk Symphony Orchestra. Tickets are available at NEADance.com.

April 17, 2026

Breeches & Bowties Spring Gala

Time to be announced at the Wee Burn Country Club
Join the New Canaan Mounted Troup at their 2026 Spring Gala with guest speaker Drew Doggett. Tickets will be available at <https://newcanaanmountedtroup.org>.

BLOOD DRIVES

Monday, October 27

Norwalk Hospital
34 Maple Street
Norwalk, CT 06856
1:30 PM – 6:30 PM

Wednesday, October 29

United Church of Rowayton

210 Rowayton Ave
Norwalk, CT 06853
8:00 AM – 5:00 PM

UCONN
One University Place
Stamford, CT 06901
11:00 AM – 4:45 PM

VFW
465 Riverside Avenue
Westport, CT 06880
11:00 AM – 4:00 PM

Thursday, October 30

Norfield Church
64 Norfield Road
Weston, CT 06883
9:00 AM – 2:00 PM

Support Services & Meetings

October 24

Suicide Prevention Training: Question, Persuade and Refer

11 AM at the New Canaan Library, Craig B. Tate Conference Room
Attend a suicide prevention QPR class. QPR stands for Question, Persuade, and Refer — the 3 simple steps anyone can use to help prevent suicide. Those trained in QPR learn how to recognize the warning signs of a suicide crisis and how to question, persuade, and refer someone to help. Register at <https://shorturl.at/OYQ4o>.

October 29

Beyond Symptom Management: New Treatments and Clinical Trials Shaping the Future of Dementia Care

7 PM at Waveny LifeCare Network
Join for an informative lecture with Dr. Peter McAllister, who will review these important advancements in dementia treatment and share his valuable insights and expertise as a principle investigator of clinical research. Register at <https://shorturl.at/00hCs> or call (203) 594-5289.

November 4

Medicare: What's New for 2026 | Presented by Southern Connecticut Agency of Aging

11 AM at the Lapham Center
Join if you would like to learn more about your Medicare options, including changes and updates for 2026. To register, call (203) 594-3620.

November 5

Recovering from Tech Addiction

11 AM at the Lapham Center
Join for a Zoom session with John Markette, LPC and Michael Shelby, LPC who will dicuss pathways to recovery from tech addiction and disorders. Register at <https://shorturl.at/YnlVG>.

Every Friday

AA Speaker Meeting
Wheelchair Access
Fridays at 7:30 AM
Congregational Church of New Canaan

Every Saturday

AA Meeting-Sober Citizens Group
Saturdays at 9:15 AM
First Presbyterian Church of New Canaan

AA Meeting-Laundry and Dry Cleaning Group
Saturdays at 10:30 AM
First Presbyterian Church of New Canaan

Lost Then Found NA Meeting
Wheelchair Accessible

Saturdays at 7 PM
United Methodist Church (back entrance)

Every Monday

AA Meeting
Wheelchair Access
Mondays at 7:30 AM
Congregational Church of New Canaan

Adult Child Al-Anon Meeting
Mondays at 12 PM
St. Mark’s Church, Youth Room

Every Tuesday

Adult Child Alanon Meeting
Tuesdays at 12 PM
St. Mark’s Parish House, Conf. Room

Every Wednesday

AA Step Meeting
Wheelchair Access
Wednesdays at 7:30 AM
Congregational Church of New Canaan

Al-Anon Parent’s & Newcomer’s Mtg.
Wednesdays at 7:30 PM
Silver Hill, Jorgenson House
208 Valley Rd., New Canaan

Every Thursday

AA Big Book Meeting.
Wheelchair Access
Thursdays at 7:30 AM
Congregational Church of New Canaan

New Canaan Parent Support Group
7- 8:30 PM
St. Mark’s Episcopal Church
New Canaan

Our Neighbors

October 25

Concert in a Landmark: American Modern Opera Company

4 PM at the Unitarian Church Westport, 10 Lyons Plain Rd, Westport
The Glass House invites you to the second annual Concert in a Landmark — an immersive evening of contemporary music set within one of our region’s architectural treasures. This fall, we gather in the remarkable sanctuary of the Universalist Unitarian Church in Westport, Connecticut, a 1965 masterwork by architect Victor Lundy (1923–2024). Tickets are available at <https://shorturl.at/iSS7q>.

November 7

Domestic Violence Crisis Center’s 9th Annual Harvest Fest

6:15-11 PM at the Shorehaven Golf Club, Norwalk
This year’s theme is “Denim & Diamonds”. Join for an unforgettable evening of celebration and impact. DVCC’s Harvest Fest aims to create a memorable experience filled with joy, unity, and a shared commitment to breaking the cycle of violence. Tickets are available at <https://shorturl.at/xNNTW>.

November 8

6th Annual Silver Shield Foundation Walk

10 AM at Tod’s Point Park, Old Greenwich
Join this 2.5-mile walk followed by an outdoor reception. Proceeds from this event will support Silver Shield Foundation’s mission to provide educational support and services to the children and surviving spouses of Police Officers, Firefighters, and EMS members killed in the line of duty. Register at <https://www.silvershieldfoundation.org>.

Universal Crossword

Edited by David Steinberg

ACROSS

- Soak (up)
- Bottle lid
- It cuts with the grain
- One might be fraternal
- National bird of Australia
- Pop star Grande
- Place that accepts plastic
- Yearly
- Colorful fish in a pond
- Stitches
- Last letter in the Greek spelling of “Cyclops”
- Sch. in Cambridge
- “___ Week” (Barenaked Ladies hit)
- Worker with a stop sign
- Peter Hernandez, Bruno Mars
- Catch some rays
- “Wowzers!”
- What a bloodhound tracks
- Toupee, slangily
- Astronomer Carl
- Dehydrate
- Org. with many return envelopes?
- Web destination
- Hook, line, sinker, etc.

- Keanu’s role in “The Matrix”
- Arid
- Chatterbox’s “gift”
- SIMPLE savings plans, e.g.
- Graffiti, to some
- Llama’s smaller relative
- Stereotypical nerd accessory, or a punny hint to the football positions at the ends of 17-, 28- and 47-Across
- Look up to
- Curve
- Like feet after a long hike
- Less shallow
- “I’m not impressed”
- ICU workers
- DOWN
- Helmet fastener
- Olympic legend Jesse
- Folks with a blanket and basket, say
- Musician such as Yo-Yo Ma
- Buddy, in Bordeaux
- Trick, slangily
- Competing on a track
- Wrath
- Strikes
- topple them
- Make full
- Once more

- Armed conflicts
- Sch. in Greenwich Village
- Clothing for hunting, briefly
- Hoodlum
- Pre-Soviet ruler
- They often clash in Hollywood
- Dude ___ (vacation spot)
- Arctic native
- Option if one wants to make a move?
- Site with content from many sites
- Genuine
- Locale for thieves
- Inch-long berry
- Coppertone letters

- Like insubstantial evidence
- June honoree, familiarly
- Hit the cue ball into a pocket
- More tidy
- Trail mix
- Actor Chandler
- Part of a squirrel’s hoard
- Uncovers
- Tablet with a mini variety
- Traveled on a Harley
- Peak
- Ditch, as a class
- Airport conveyance
- Alternatives to Macs
- Before, in a sonnet
- Mineral deposit

PREVIOUS PUZZLE ANSWER

B	E	D			S	C	R	E	W		S	A	G	A	
A	G	E	S		A	L	I	T	O		T	R	O	T	
G	O	C	O	M	M	A	N	D	O		R	I	T	E	
			A	L	I	B	I	S			A	S	I	A	
T	I	T		C	A	M	E	A	N	D	W	E	N	T	
A	C	H	E	S				B	O	O	S				
F	A	L	L		C	A	P	U	T	O		L	A	W	
F	R	O	M	H	A	N	D	T	O	M	O	U	T	H	
Y	E	N		O	N	T	A	S	K		E	L	S	E	
			A	L	O	E					C	R	U	E	L
H	A	M	S	A	N	D	W	I	C	H		L	A	P	
E	R	A	S					I	N	H	A	L	E		
D	M	M	E		H	O	P	P	I	N	G	M	A	D	
G	O	B	S		O	N	E	U	P		S	O	D	A	
E	R	O	S		T	O	R	T	S		N	O	D		

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Family Time Crossword

The (K) Clues Are for Kids

Created by Timothy E. Parker

ACROSS

- (K) Dispatched
- Drain, as one’s energy
- (K) Operate wings, like a bird
- Party times before big events
- (K) Sci-fi alien transporter
- (K) Fun thing to kick
- Arizona city
- ___ de plume (pen name)
- (K) “What’s gotten ___ you?!”
- Very eager to know more
- (K) Great place to climb to
- Something an office copier might do
- (K) Tried a little sauteed spinach
- (K) Shows with lots and lots of singing
- (K) Part of the human eye

- (K) Negative prefix
- (K) Chin hidere
- (K) Low voices
- Husband- and wife-related
- Musical twosome
- (K) Fly catcher
- “Black Beauty” author Sewell
- (K) Dir. to the right of north
- What some call Ireland
- (K) The sun is one
- (K) Car-cleaning object
- (K) Math branch
- (K) Result of using a spade
- (K) Colossal or gigantic
- (K) Places for some hillside creatures
- DOWN
- (K) Most have 18 wheels
- (K) What tying the score makes you

- (K) Place for a new bird
- Russian monarch prior to 1917
- Ra, to ancient Egyptians (2 words)
- Run ___ of the law (get in legal trouble)
- Large citrus fruit
- (K) U.S. crime-fighting agcy.
- (K) Lamps of old
- Palo ___, Calif.
- (K) Sit down with a lazy jump
- (K) Drink cooler
- High-five alternative
- Darjeeling and others
- (K) Where dirt goes down the drain
- (K) GPS abbreviation in the city
- (K) Like extra workers hired at Christmas time

- (K) Infield cover
- (K) Had roasted chestnuts
- Family member, informally
- (K) Two, in Mexico
- (K) Terrific
- Scoundrel in a dozen? (2 words)
- Amber beverage
- Moses’ mountain
- (K) 40-yard event
- (K) “Do ___ others as ...”
- Having finished one’s career, briefly
- (K) Type of coat hanger
- What some call Ireland
- (K) Does a doggy trick
- (K) “How ___ you doing that?”

Can you find the answer to this riddle within the solved puzzle?

Letter opener?

Look for the answer in next week’s paper.

PREVIOUS PUZZLE ANSWER

H

A

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H

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R

E

Previous riddle answer:

Stand off?

15-A) LEAN

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The answers to this week’s puzzles can be found in next week’s issue.

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1/6

Widespread Outrage *by Julian Lim*

1	2	3		4	5	6	7	8		9	10	11	12
13			14		15					16			
17				18						19			
		20								21			
22	23			24				25	26	27			
28			29					30					
31					32	33	34				35	36	37
38				39							40		
41				42							43		
			44							45			
46	47	48					49	50	51			52	
53							54				55		
56					57	58						59	60
61					62						63		
64					65							66	

Horoscopes

Here’s your horoscope for the week October 24 – 31, 2025, with each sign receiving tailored advice grounded in the month’s ongoing cosmic themes. November approaches with promise, so this week is about making transitions smoother.

alignments will grow, others may fade. Be alert to messages—not just what’s said, but what’s left unsaid. Offer your support where needed, but reserve your energy for those who genuinely match your values.

Aries (March 21 – April 19)

This is a week of recalibration, Aries. Relationships and responsibilities both demand your attention—particularly where you’ve resisted change. With the Sun now in Scorpio (entering your shared zone of resources) and broader October trends urging confrontations of control and truth, examine how you deploy power in partnerships. By week’s end, you’ll gain clarity on what boundaries need re-setting. Trust measured responses rather than impulsive reactions.

Taurus (April 20 – May 20)

Taurus, your challenge lies in managing emotional fatigue and unspoken tensions. October’s undercurrent of confronting what’s been suppressed is pulsing under the surface this week. Use the slower pace of the final days of October to rest and review your commitments. Financial or shared-resource discussions may surface—approach them with patience and honesty. You may emerge from this week with a quieter but stronger resolve.

Gemini (May 21 – June 20)

Your focus shifts to duty versus desire, Gemini. The stars are nudging you to align what you want with what you’re asked to do. Midweek may bring pressure from multiple fronts—career, family, or creative outlets. Rather than spread yourself thin, choose one meaningful direction and nurture it. By October 31 your mindset will begin to shift from “how do I keep up?” to “how do I lead from here?”

Cancer (June 21 – July 22)

Feelings are amplified, Cancer, and they want your full attention. With the Sun in Scorpio warming your domestic sector, family dynamics and private life come into sharper relief. Courses of action that you may have delayed now demand closure. A key conversation or decision related to home or roots may land this week. Allow yourself quiet reflection—and act from clarity, not anxiety.

Leo (July 23 – August 22)

Leo, this week puts your goals in spotlight. Professional ambitions and public persona are under scrutiny. If things felt off-kilter earlier in October, you’re getting a clearer look at what needs adjustment. Instead of pushing harder, step back and assess your direction. Use the weekend to reconnect with what originally inspired you—not just the metrics. Your strength lies as much in your vision as in your execution.

Virgo (August 23 – September 22)

Communication and social connections ripple through your week, Virgo. With Scorpio solar energy activating your friendships and networks, you may uncover shifts in group dynamics. Some

7 LITTLE WORDS

Find the 7 words to match the 7 clues. The numbers in parentheses represent the number of letters in each solution. Each letter combination can be used only once, but all letter combinations will be necessary to complete the puzzle.

CLUES

- it’s shown at a county fair (5)
- small sardine containers (4)
- abated (10)
- a real bargain (5)
- the “G” in GIF (8)
- full of praise (9)
- it’s fired at a pizza parlor (4)

SOLUTIONS

- _____
- _____
- _____
- _____
- _____
- _____
- _____

ST	GRA	MI	TI	SH
DI	LAU	EN	PH	RY
ICS	TO	ST	NI	NS
ED	OV	EER	DA	EAL

Previous Answers: PREORDER 2. LEGGINGS 3. BOILERPLATE
 4. MEEKER 5. FEDS 6. PASSIVELY 7. SURMISING

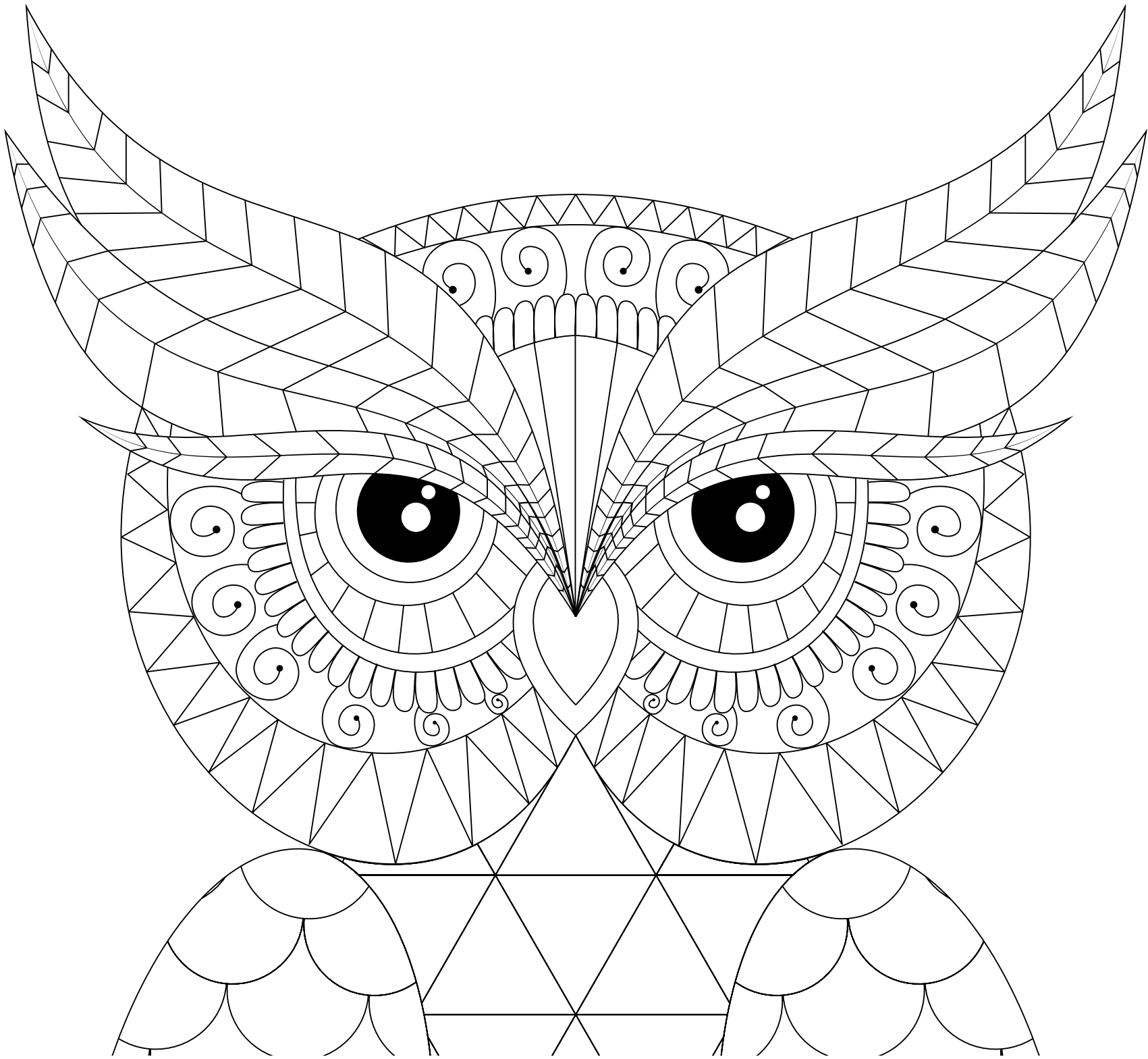
8/18

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MANDALA

Coloring mandalas is good for your brain! Send us a picture of yours completed Cordelia@SentinelHometownNews.com



1CODEBREAKER2

3	4	5	6	7	8	9	10	11	3	
	9		3		4		7		12	
11	9	L	12	10	8	6	7	13	14	15
	4	I		16		9		6		5
17	7	O	16	3	2		3		16	
	14	N		17	4	14	5	6	12	9
12			5		18		6		18	
19	5	8	5	16	12	20	9	5	2	
4			8		5		2		2	
12	14	2	21	5	6			22		23
16		3		14	5	20	13	9	12	
4	15	5	12		24		4		13	
7		9		20	5	12	25	7	14	
14	13	9	9		6		26		16	

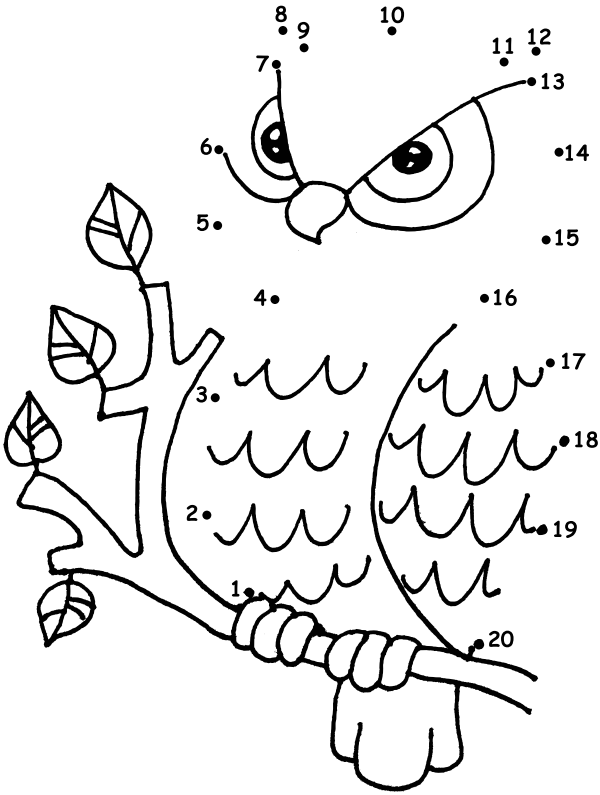
1	2	3	4	5	6	7	8	9	10	11	12	13
			I			O		L				

14	N	15	16	17	18	19	20	21	22	23	24	25	26
----	---	----	----	----	----	----	----	----	----	----	----	----	----

Crossword

Forest Animals

10.FOX 11.SKUNK 12.RACCOON 13.SQUIRREL
6.BEAR 7.BEAVER 8.HEDGEHOG 9.MONKEY
10.W. 2.WARTHOG 3.DEER 4.BAT 5.BADGER



PUZZLE TIME

HOW MANY?

40

25

16

13

?

?

?

?

?

?

?

?

?

?

?

?

HOW MANY TO THE LEFT, HOW MANY TO THE RIGHT?

←

left

→

right

1

2

3

4

5

6

7

8

9

10

11

12

13

14

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16

17

18

19

20

4

3

7

?

18

14

18

?

4

3

7

?

18

14

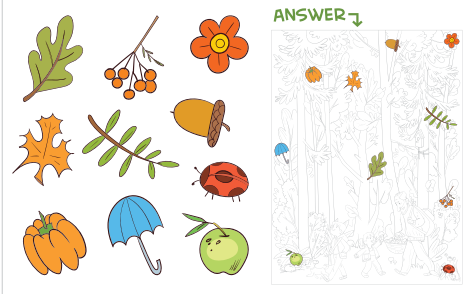
18

?

FIND FOREST DWELLERS



FIND 10 HIDDEN OBJECTS



Where Pine Cones Whisper and Owls Watch

The morning air is cool and sweet,
Beneath the tress the pine cones meet,
And whisper secrets, old and slow,
Of roots below and leaves that grow.

We wander where the tall trees lean,
Through painted gold and autumn green,
Where owl blinks down from shadowed height
And crow sails low in looping flight.

A bunny darts quick — a silver thread,
While squirrel bounds from branch to bed,
And fox slips by with watchful eyes,
As sunlight filters soft and wise.

The moose stands still by fern and brook,
A gentle, patient, thoughtful look.
The woodpecker taps a tapping song,
The bear hums low and lumbers along.

We walk — a grandpa, dog, and two —
With baskets brimming, hearts anew,
For every pinecone, mushroom, and seed
Feels like a gift the woods decreed.

The hive hums faintly in the breeze,
A nest rocks gently in the trees,
And somewhere deep where mushrooms hide,
The piglet snores — all satisfied.

We'll carry home the forest's cheer,
Its echoes bright, its voices near,
And when the dusk folds day away,
We'll dream of where the wild things play.

For woods are not just trees and ground,
But living stories all around —
A whispered tale, a secret call,
A walk that fixes one and all.

Read it Outloud: A Poem Written Just for You, Sentinel Readers, *Where Pine Cones Whisper and Owls Watch*

O

WORD SEARCH PUZZLE

MINI GAME FOR KIDS

G	S	A	O	L	I	V	E	S	R	P
L	O	E	R	R	G	L	O	V	E	S
A	C	U	O	R	A	N	G	E	E	R
S	T	C	N	J	C	J	L	Y	O	E
S	O	S	A	B	L	T	K	N	R	E
E	P	E	R	O	W	L	E	E	C	S
S	U	B	W	K	C	R	A	E	H	N
P	S	M	H	I	K	R	U	D	I	O
G	I	N	O	N	I	O	N	L	D	T
J	I	S	L	E	N	G	I	E	H	E
P	E	T	E	O	I	L	A	S	V	S

letter O

Octopus

Orange

Onion

Owl

Oil

Orchid

Olives

B

WORD SEARCH PUZZLE

MINI GAME FOR KIDS

P	S	A	N	A	N	C	H	O	B	P
L	P	B	L	E	A	P	R	A	L	Y
B	B	I	L	A	K	P	L	Y	A	R
A	E	C	B	U	T	T	O	N	C	A
G	H	Y	O	D	C	T	K	T	K	N
P	O	C	S	C	B	C	E	R	B	T
Z	J	L	M	K	O	P	R	O	E	D
S	N	E	R	I	O	R	U	C	R	S
L	A	M	B	U	K	A	N	C	R	H
B	E	E	T	E	N	G	I	D	Y	I
E	A	S	C	O	B	R	E	A	D	P

letter B

Bag

Blackberry

Bread

Button

Bicycle

Book

Beet

Bus

Write in the first letter of each image in the attached square to solve the puzzle. Then color them!

