The Sentinel |

Local News

THURSDAY, NOVEMBER 6, 2025

NewCanaanSentinel.com

LOCAL NEWS BRIEFING

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POLICE AND FIRE NCFD Annual Hydrant



The New Canaan Fire Department is currently conducting its annual hydrant testing to check operation, measure water flow, and identify maintenance needs. Residents may notice temporary water discoloration caused by sediment in the lines, which can be cleared by running cold water for a few minutes. The water remains safe, and service will not be affected. Photo credit: New Canaan Fire Co. #1.

New EMT in New Canaan



Recently, Denise Wartinbee was certified as the New Canaan EMS newest active EMT after completing training. Photo credit: New Canaan EMS.

Fire Chief Suspended

The New Canaan Fire Commission voted Tuesday night to suspend Fire Chief Albert Bassett for five days without pay, effective November 17, following an investigation into ethical concerns. The decision came after a closed-door session lasting about 20 minutes. Officials have not disclosed the investigation's findings or released the report.

TOWN HALL

Sanitarian Health Program **Planner Hired**

The New Canaan Board of Selectmen approved the hiring of Kelsi McCarthy as sanitarian health program planner for the Health Department. A Fairfield University graduate, McCarthy previously worked for the Monroe Health Department as a health program planner and community health educator. She was chosen from 22 applicants and is expected to

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Democrats Gain Ground Locally



Democratic candidates gather election night to celebrate. Contributed Photo from the Democratic Town Committee.

By Peter Barhydt

Election Day 2025 brought a shift in New Canaan's political landscape, as voters turned out under sunny late-fall skies to cast their ballots for local offices. Roughly 42% of the town's 14,766 registered voters—a total of 6,145 residents—participated in this year's election. That marks a slight decline from the 49% turnout in 2023, but still a strong showing for a local election year.

While many positions—including Selectmen, Town Clerk, Town Treasurer, Board of Assessment Appeals, and Constablewere uncontested, the Town Council and Board of Education races delivered change and renewed energy to New Canaan's government.

The most notable outcome came in the Town Council race, where Democrats made significant gains. Hilary Ormond (D) led all vote-getters with 3,284 votes, followed closely by Kim Norton (R) with 3,238, Penny Young (R) with 3,174, Mike Rodgers (D) with 3,143, Heather Russell (D) with 3,126, and Line Lee (D) completing the group of top vote recipients.

With those results, the Town Council's balance of power shifts from an 8-4 Republican majority to an even 6-6 split, setting the stage for a more bipartisan period of town governance.

"This was a great outcome for New Canaan and for the Democrats," said Tim Klimpl, Democratic Town Committee Chair. "I'm incredibly proud of our candidates for all the work they did. We have three incumbents returning to office who will continue the great work they've done, and our newly elected candidates will join them in working hard for New Canaan."

Klimpl added that the new Democratic members are 'committed to maintaining high standards, respecting taxpayer money, and supporting the institutions that make this town so great-our schools, our library, our parks, and open spaces." He emphasized that "adding balance to these boards has been a key priority," and called on members of both parties to "work together as a community to protect the institutions that are the town's greatest assets-and maintain our low taxes."

Melany Hearne, Chair of the Republican Town Committee, struck a tone of reflection and optimism following the results.

"While yesterday's results weren't what we hoped for, we're very proud of our Republican candidates and grateful to everyone who stepped up to serve," Hearne said. "We congratulate all who were elected or re-elected-including our Democratic neighborsand thank every candidate for their courage and commitment. Today is about coming together and getting to work on our boards and commissions for the betterment of New Canaan."

Hearne also offered praise for several Republican candidates who came up short in their bids for office: "Arvind Bajaj, Scott Gress, Pavla Levin, and Julie Toal—you ran exceptional campaigns how we keep New Canaan the great place it is."

grounded in integrity, substance, and service. By focusing on the important issues and key decisions that will shape New Canaan's future, you represented our party and our community with distinction."

Both party chairs underscored a shared message of collaboration and mutual respect, noting that local governance thrives when residents and officials work together for the good of the community.

Re-elected Council member Kim Norton expressed gratitude to voters and her campaign team. "I'd like to thank New Canaanites for having faith in me to represent them for another four years," she said. "I'd also like to thank my family, especially my husband Bill, for campaigning with me over the last two months, and a huge thanks to my team-'Team Kim'-for their hard work, fortitude, and guidance. To those who ran for elected office regardless of the outcome, thank you too, because putting your hat in the ring takes courage."

Norton also commended the town's election staff. "Our New Canaan Town Election Officials-Joan McLaughlin, Republican Registrar of Voters, and Republican Claudia Weber, Town Clerkand all the election workers facilitated 14 days of early voting with a smile, and a 14-hour Election Day. Thank you! You exceeded our

Longtime Council member Penny Young thanked voters for their continued confidence. "I am incredibly flattered by the trust and confidence the citizens have in my decisions which affect their needs and interests and look forward to continuing that commitment," she said in a statement. "However, I am crushed and disappointed the fine people with whom I campaigned will not be sharing their extraordinary knowledge of town government boards and committees-truly a great loss to the community."

The Board of Education race was another closely watched contest, with Democrats narrowing the existing Republican advantage. Erica Schwedel (D) led the field with 3,427 votes, followed by Kate Brambilla (D) with 3,324, Josh Kaye (D) with 3,317, Hugo Alves (R) with 3,296, and Paul Hogan (R) with 3,201.

The board's composition will now shift from a 6-3 Republican majority to a 5-4 split, reflecting the broader theme of political balance seen across this year's election results.

Election Day itself offered picture-perfect fall weather, with clear skies and temperatures in the upper 50s—a fitting backdrop for what many described as a positive and collegial election season.

Both parties' leaders, as well as individual candidates, expressed optimism that the renewed balance of representation would lead to productive collaboration in the coming years.

As Chair Hearne put it, "Today is about coming together."

And as Chair Klimpl said, "Working together as a community is

Swiss Cheese

Men's Club **Speaker**

Men's Club checks in with **Board of Health** director

New Canaan Director of Health Amy Lehaney will speak to the New Canaan Men's Club Friday about the various services her department offers to residents, from immunizing school children, to ensuring restaurants and hair salons are following sanitation standards, conducting free health screenings and conducting courses $% \left\{ 1,2,\ldots ,2,3,\ldots \right\}$ on suicide prevention, among other services.

The club's meeting in Morrill Hall at St. Mark's Episcopal Church, 111 Oenoke Ridge, will begin at 10 a.m. Lehaney's presentation will begin at about 10:40 a.m. and include a period for audience questions.

Lehaney has served as health director since June. Prior to that, she was health director in Monroe since 2022, and has worked in Bridgeport, Stamford, Redding and Fairfield. She has a masters in Public Health Southern Connecticut State University.

During the Covid pandemic, the town's health department made it possible for residents to efficiently access vaccines, marshalling a fleet of medical professionals to administer the vaccines and mitigating the extent of the disease's impact on the

Other services the department provides is to host Friday sessions at Lapham Community Center on various topics, such as heart and mental health, infectious diseases and other public health topics. It also runs a class aimed at seniors on maintaining balance to avoid falls, a leading cause of serious injury affecting the elderly. The free class runs for several weeks in the spring.

Ethics Investigation Fire Chief

Suspended **Following Ethics** Investigation

The New Canaan Fire Commission voted unanimously this week to suspend Fire Chief Albert Bassett for five days without pay following an executive session discussion regarding ethical concerns raised in an investigation report.

The meeting, chaired by Jack Horner, was called to order before commissioners voted to enter executive session. Those invited to participate included First Selectman Dionna Carlson, Town Attorney Chris Hodgson, Human Resources Director Cheryl Jones, and Administrative Officer Tucker Murphy.

The suspension will take effect November 17th.

New Senior Living Magazine in Sentinel

The Sentinel's Annual Senior Living Magazine is a resource for readers over 55 in Greenwich and New Canaan who are enjoying life's next chapters—from active adults to seasoned seniors. This trusted insert highlights local resources, residences, wellness programs, and lifestyle opportunities that inform and inspire. Whether your business offers health services, travel, finance, or home design, this special edition connects you with an engaged audience that values quality, independence, and community.

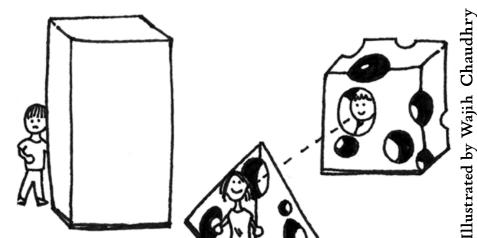
Space is limited-reserve your advertising today and reach readers at every stage of senior living. Contact Peter@ NewCanaanSentinel.com.

BY JILL S. WOOLWORTH, LMFT

We prefer to look like solid blocks of cheddar cheese perfection, but it is through the Swiss cheese holes of our humanity that we connect with each other. It is healthy to let others who have earned our trust see our vulnerabilities.

Cheddar cheeses are lonely. Swiss cheeses are relatable. Our closest friends are those we have invited to see through our "holes." They see us! This is true intimacy. Trust- worthy people celebrate our accomplishments and, more importantly, comfort, encourage, and challenge us during times of loss and discouragement. We do the same for them.

André avoided risk and strangers. He liked being a wall of cheddar. His solid wall felt like protection-armor developed during a difficult childhood. In professional



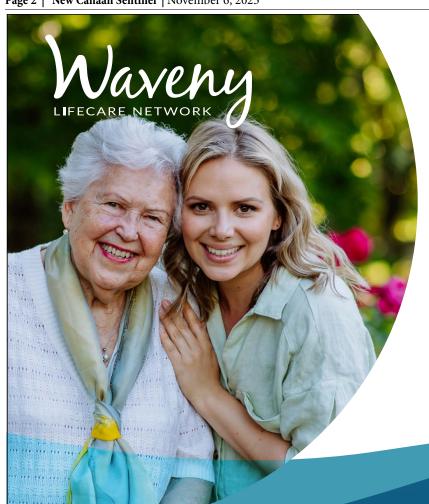
settings, his armor worked well, but André courage to reveal his true self through his was lonely. He wanted a life partner and human "holes," he grew closer to his friends closer friendships. As he developed the and found a partner.



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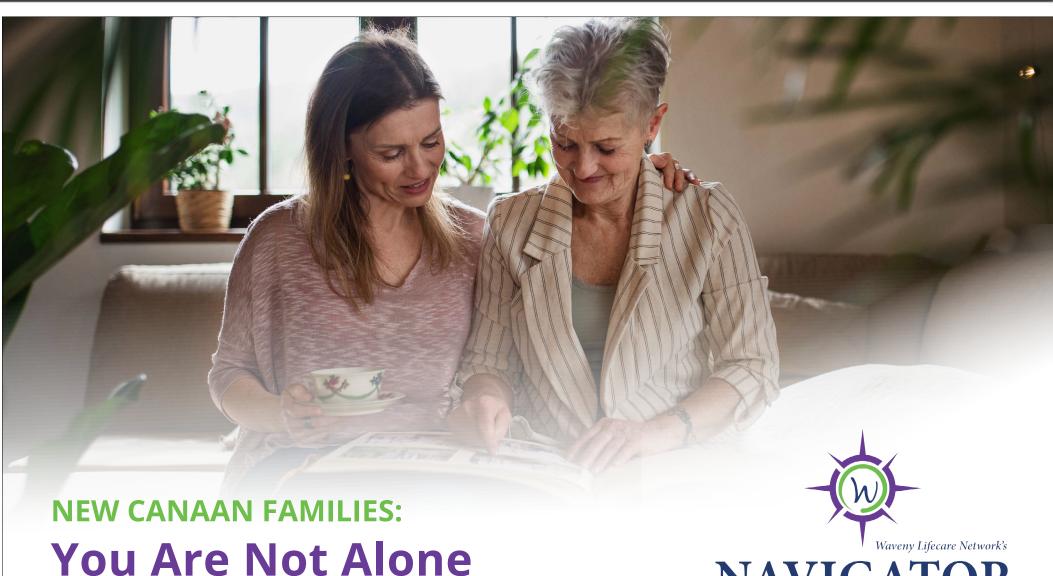
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CANDIDATE PARTY / NAME	VOTES	VOTES %
CANDIDATE PARTY / NAME	VOIES	VUIES 76
R Dionna Carlson	4,051	100.00%
SELECTMAN		
CANDIDATE PARTY / NAME	VOTES	VOTES %
D Amy Murphy Carroll	2,897	48.18%
R Steve Karl	3,116	51.82%
TOWN CLERK		
CANDIDATE PARTY / NAME	VOTES	VOTES %
R Claudia A. Weber	4,198	100.00%
TOWN TREASURER		
CANDIDATE PARTY / NAME	VOTES	VOTES %
R Andrew Brooks	4,002	100.00%
BOARD OF ASSESSMENT APPEAL	.s	
CANDIDATE PARTY / NAME	VOTES	VOTES %
John B. Matz	3,047	32.24%
R Kevin McIntosh	3,293	34.85%
R Tony Calanca	3,110	32.91%

COUNCILMEN		
CANDIDATE PARTY / NAME	VOTES	VOTES %
D Hilary Ormond	3,246	11.67%
D Michael J Rodgers	3,108	11.18%
D Lina Lee	3,056	10.99%
D Heather Russell	3,092	11.12%
R Arvind K. Bajaj	2,992	10.76%
R Pavia Levin	2,923	10.51%
R Scott Gress	3,018	10.85%
R Penny Young	3,158	11.36%
R Kimberly Norton	3,216	11.56%
BOARD OF EDUCATION		
CANDIDATE PARTY / NAME	VOTES	VOTES %
D Kate Brambilla	3,277	16.63%
D Erica Schwedel	3,393	17.22%
D Joshua Kaye	3,282	16.65%
R Hugo Alves	3,269	16.59%
R Phil Hogan	3,185	16.16%
R Julie Toal	3,149	15.98%
WI Giacomo Landi	154	0.78%



You Are Not Alone

When someone you love is living with Alzheimer's or another form of dementia, the journey can feel overwhelming. That's why we created **The Navigator Program** — an exclusive FREE service for New Canaan residents, offering personalized guidance, comfort and support every step of the way.



- 24/7 Assistance
- Resources and Services
- Adult Day Program Support Groups
- Respite Care

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New Canaan's VFW Post Will Celebrate Veterans Day At Town Hall

By Frances Wilson

At the 11th hour of the 11th day of the 11th month of 2025, New Canaan's VFW Post 653, officially known as Howard M. Bossa and Peter C. Langenus Post 653 of the Veterans of Foreign Wars of the United States, will lead the annual Veteran's Day ceremony to honor and commemorate the service of military veterans at New Canaan's Town Hall Front Plaza. Due to safety and other concerns the VFW and Town officials have decided to change the traditional location for this ceremony from God's Acre to Town Hall.

Veteran's Day is distinct from Memorial Day in May which honors those who died while serving in the military. The date and time of the commemoration of Veterans Day links back to Armistice Day, the date that marked the end of World War I. To honor those who served, New Canaan's VFW Post 653 placed 500 flags on God's Acre just above the Wayside Cross on Saturday, November 1st, with the assistance of Scouts BSA Troop 45.

In addition to the VFW,

Daughters' of the American and was commissioned through College, a Master of Law and participate in the ceremony. First Selectman Dionna Carlson will introduce the keynote speaker, Major General take place in Town Hall.

the Director of the National

Revolution (DAR) will the Reserve Officer Training Program at the University of Wisconsin-Madison in 1988. MG Bouchard completed the Army Special Forces Qualification (Retired) Thomas Bouchard. Course in 1993 and transitioned Please gather at the Town to service in the Rhode Island Hall Plaza by 10:45 am, as the Army National Guard in 1997. ceremony will commence at During most of his service, 10:55 am. Light refreshments MG Bouchard was assigned will be served in Town Hall to US Army Special Forces immediately after the ceremony, units. He has commanded at at approximately 11:30am. In the the Operational Detachment event of rain, the ceremony will and company levels in the 5th Major General Thomas and served as Commander of Bouchard retired in October Special Operations Detachment 2023 after completing over - Global. MG Bouchard's 39 years of service in both deployments include operations the Active and Reserve in Haiti, Kuwait, Kosovo, Components of the US Army. Iraq, and Afghanistan. MG His final assignment was Bouchard's awards include as the Special Assistant to the Defense Superior Service Medal, the Legion of Merit. Guard. He previously served and the Bronze Star. During as the Deputy Commander his service, MG Bouchard has for Mobilization and Reserve earned the Master Combat Affairs at the United States Infantryman Badge, the Special Special Operations Command. Forces Tab, the Ranger Tab, the MG Bouchard has also served Master Parachutist Badge, the as the Assistant Adjutant Pathfinder Badge and the Air General of the Rhode Island Assault Badge. MG Bouchard Army National Guard and as the holds a Bachelor of Science Deputy Commander, US Army degree from the University of South. MG Bouchard enlisted Wisconsin, a Master of Business various town officials and the in the Army Reserve in 1984 Administration from Boston

Diplomacy from the Fletcher School at Tufts University, and a Master of Strategic Studies from the US Army War College. In his civilian career, MG Bouchard works as an Economic Analyst for Systems Planning and Analysis. He was previously a Senior Fixed Income Portfolio Manager for DWS Investments. MG Bouchard and his family reside in Stamford, Connecticut.

Mike McGlinn, Commander and 19th Special Forces Groups of VFW Post 653, commented, "Veterans Day is a great day to celebrate and honor all the men and women who have served in the Armed Forces, living or deceased, through out the history of this great country. We come together as a community in New Canaan to pay tribute and thank all veterans for their years of service protecting the freedom we all enjoy."



Major General (Retired) Thomas R. Bouchard

The foundation's inaugural exhibition presents work by Jorge Otero-Pailos —"an artist and a preservation architect who also directs the preservation program at [Columbia] University," Lafforgue says-whose long engagement with the U.S. Embassy in Oslo led him to a preservation riddle.

New Canaan Land Trust Announces Preserving the Future Campaign

engagement.

With nearly 400 acres protected, the Preserving the Future campaign aims to expand the Land Trust's legacy by establishing a history, which will be restored Browne Preserve, provides a

The New Canaan Land to serve as a dedicated tranquil space for reflection approaching, NCLT invites Trust (NCLT) announced workspace for staff and a and connecting with nature. the launch of its Preserving strategic base for advancing the Future campaign, a the Land Trust's mission. The of our headquarters is a bold initiative aimed at property will also include a cornerstone of this effort, protecting New Canaan's newly constructed barn to the Preserving the Future natural landscapes for support land stewardship, campaign represents a broader the Preserving the generations to come. This the summer intern program, vision: one that strengthens Future campaign or to campaign underscores and hands-on educational Land Trust's conservation NCLT's commitment to land initiatives—creating a work, fosters environmental conservation, environmental vibrant hub for conservation, education, and protects the education, and community education, and community open spaces that define our involvement.

of woodlands, meadows, restoration, the site will NCLT. and wetlands already also include two signature gardens: the Barbara Johansen ambitious goal of \$3.5 million, Pollinator Garden and the including a \$500,000 fund John Williams Zen Garden. to acquire open space when a healthier, greener New The pollinator garden will it becomes available. Early permanent headquarters act as a living classroom, supporters' contributions caring for the area's natural and conservation center in inspiring visitors to create have raised over 80% of resources. Through programs, New Canaan. At the heart of pollinator-friendly habitats the campaign's goal-more workshops, and other this effort is a historic house on their own properties. The than \$2.9 million in gifts and events, NCLT encourages with deep roots in the town's Zen Garden, overlooking the pledges.

"While the restoration community," said Robin Bates-As part of the headquarters Mason, Executive Director of home page.

With the finish line strengthens the bond between

the wider community to help close the gap and ensure the success of this transformative initiative.

To learn more about make a donation, visit PreservingTheFuture. NewCanaanLandTrust.org or go to NewCanaanLandTrust. org and click the button on the

About the New Canaan The campaign has set an Land Trust Founded over 57 years ago, the New Canaan Land Trust works to create Canaan by protecting and



This house, with deep roots in the town's history, will be restored to serve as a dedicated workspace for staff and a strategic base for advancing the Land Trust's mission. The property will also include a newly constructed

barn to support land stewardship, the summer intern program, and hands-on educational initiatives—creating a vibrant hub for conservation, education, and community involvement. Contributed Photo.

community engagement and people and nature while ethic. For more, visit www. promoting a conservation newcanaanlandtrust.org.

The Great Sleep Reset: How to Fix Your Fall Sleep Schedule

By Teresa Alasio MD

Each autumn, the ritual of turning the clocks back for the end of Daylight-Saving Time offers the seemingly small reward of an extra hour of rest. Yet for many, that "bonus hour" comes with dark evenings, groggy mornings, and cranky kids or pets. The abrupt shift in daylight exposure can throw off our body's natural timing and leave us feeling off kilter for days. Fortunately, a few simple, science-backed changes can help you (and your household) make a smooth transition.

The Biological Impact of "Falling Back"

Our bodies run on circadian rhythms internal clocks guided by light that tell us when to feel awake and when to sleep. When daylight arrives earlier and fades sooner, these rhythms are disrupted, directly affecting the timing of melatonin, the hormone that signals sleepiness.

Even a single hour's difference can feel like mild jet lag. In the days after the time change, many people experience restless sleep, poor focus, or irritability. Research also shows that these short-term disruptions can momentarily raise risks for fatigue-related issues like traffic accidents and even cardiovascular events. For those already short on rest, the shift can make existing sleep debt more noticeable.

Five Strategies to Recalibrate Your Internal

Successfully navigating the time change comes down to managing light exposure, bedtime gradually by 15-minute increments resist the urge to let kids stay up "to tire them founder of Intentional Self Aesthetics.

The abrupt shift in daylight exposure can throw off our body's natural timing and leave us feeling off kilter for days. Fortunately, a few simple, science-backed changes can help you (and your household) make a smooth transition.

maintaining consistency, and sending your body until you're back on track. This small but steady clear signals about when to be alert and when to

1. Maximize Morning Light

Within an hour of waking, step outside for 10–15 minutes. Morning sunlight helps suppress melatonin and jump-starts alertness. This natural light exposure is the most effective way to reset your circadian rhythm and will make it easier to fall asleep at night.

2. Dim the Evening Glow

Artificial light—especially the blue light from phones and tablets-confuses your brain into thinking it's still daytime. Lower the brightness on screens or switch to "night mode" about an hour before bed, and favor warm, soft lighting in the evening to cue your body that it's time to wind down.

3. Keep a Consistent Schedule

Go to bed and wake up at the same time each

approach is easier on your body than a drastic overnight change.

4. Skip Late-Day Stimulants

Caffeine can linger in your system for up to eight hours, and while alcohol might make you sleepy at first, it disrupts deep sleep later in the cue to prioritize sleep, which in turn boosts night. Limit coffee, tea, soda, chocolate, and alcohol after mid-afternoon to preserve sleep

5. Create a Calming Wind-Down Routine

The hour before bed should be calm and predictable. Try reading, stretching, journaling, or taking a warm bath. These small rituals cue your body for rest and make it easier to fall asleep when you finally turn off the lights.

Helping Kids (and Parents) Adjust

Children are especially sensitive to time shifts. Start adjusting bedtime and wake time day, even on weekends. Consistency trains your days—leading up to the change. Keep routines internal clock. If you're out of sync, shift your consistent, avoid late-night screen time, and

out." Overtired children often have a harder time falling asleep and may wake earlier the next morning.

It can also help to expose children to bright light in the morning and keep evenings dim. Encouraging outdoor play during daylight hours reinforces healthy circadian patterns. A consistent evening routine-bath, book, bedremains the most effective way to signal that it's time for sleep.

Embrace the Season

Rather than fighting the earlier darkness, think of the fall time change as an invitation to slow down and rest. Shorter days are a natural immunity, mood, and focus as the holiday season approaches. Autumn's shift to standard time can feel disruptive, but it also offers an opportunity to realign with natural rhythms. A little intentionality-consistent schedules, mindful light exposure, and gentle routines-can make all the difference. This year, instead of dreading darker evenings, treat them as a reminder to rest, recharge, and restore balance. A well-timed "sleep reset" now can set the tone for a healthier, more energized winter ahead.

Dr. Teresa Alasio is a Board Certified physician, gradually—by about 10-15 minutes every few entrepreneur, and intentional healer who has dedicated her career to helping women reconnect with their inner and outer radiance. She is the

COVID School Closure Film Screened

By John Kriz

Last week New Canaan was treated to a special screening of the documentary "15 Days" at The Playhouse. Every seat was taken.

The film explores what it views as children's learning losses and mental health crises, and the inequalities that resulted from the extended school closures, plus how some groups worked to keep schools closed, and how various scientific analyses of the crisis were ignored.

The term 15 Days refers to the original time estimate needed to staunch the spread of COVID.

Last week New Canaan was treated to a special screening of the documentary "15 Days" at The Playhouse. Every seat was taken.

"I wanted to make sure that the stories of the children and the families who were so horribly impacted by the extended school closures were not forgotten. I thought it was my responsibility to preserve their stories forever and to make sure that the special interests -in particular, the teacher's unions -- would be held accountable and would not be allowed to rewrite history," said Natalya Murakhver, the film's director and one of its producers.

Ms. Murakhver, an immigrant from the Soviet Union and self-described 'Upper West Side Former Progressive Mom,' became increasingly concerned about what she saw as the growing harm to children from the extended school closures, and organized parents in New York City to get the schools, and extracurriculars such as sports, open, back up and running as usual. She also sued then-Mayor Bill de Blasio to reopen that city's schools. She is co-founder of notfor-profit Restore Childhood https://www. restorechildhood.com which was "founded to protect children from governmental overreach in health and education."

New Canaan's Alexandra (Alex) Sullivan, a parent of two young boys and who helped bring this film to town, said "I think we owe it to our nation's children to come to terms with exactly what was done to them and why it was done. And I think we haven't seen the last of the fallout from 2020 to 2022 with regard to our nation's mental health." Ms. Sullivan went on to say, "I brought this film [to New Canaan] because I am not willing to let history be rewritten and say that we did the best we could with the information we had at the time."

Ms. Sullivan is also the author of the book "She Didn't Start the Fire: The True Story of One Mother's Journey from Apolitical to Activist," which explores her own experience with COVID school closures, and especially her efforts to eliminate mask mandates for children.

"There is a real, continuous effort by bad actors who use certain issues to gain power and push ideological conformity," continued Ms. Sullivan. "And COVID was the purest example of that. And I think this film did a great job showing that. And I am trying to bring things to my community that really documents the difference between people who virtue signal versus people who are actually doing good. And I think in tandem with what my book explored was that the parents who fought against cancel culture and ad hominem attacks from not only their government but also their neighbors were the real heroes of this time."

Stephanie Edmonds of Stamford, a more than a million views.

THE *REAL* STORY OF AMERICA'S PANDEMIC SCHOOL CLOSURES

co-producer of "15 Days" as well as its cinematographer and editor, also helped bring the film to New Canaan. A tenured former New York City high school history teacher who was dismissed for declining to receive a COVID vaccine, Ms. Edmonds said film was a good medium for the topic because "we believe telling stories is how you change hearts." She further noted that, "it wasn't just documenting, but really investigating and figuring out 'why did this happen?"

Today Ms. Edmonds homeschools her son, tutors children and teach classes, often for other homeschooled children.

After the screening the three women gathered as a panel and responded to the many questions from attendees about the film and the topics it explores.

The film's website, https://www.15daysfilm. com has more information, and a link to view the film for free on X, where it has garnered



Alex Sullivan (left) and Stephanie Edmonds (right) listen as "15 Days" director Natalya Murakhver responds to an audience question during the film's post-screening discussion.

Rew Canaan Sentinel

PUBLISHER

Publisher@NewCanaanSentinel.com Elizabeth Barhydt

EDITORS & COPY EDITORS

Emma Barhydt, Peter Barhydt [editor-in-chief], Liz Leamy, Caroll Melgar, Anne W. Semmes, Robert Williamson, Cordelia Webb

Joy That Wags

There are few acts of domestic optimism more profound than bringing home a puppy. It is an unspoken declaration that, whatever else is happening in the world — elections, inflation, rain in the forecast — one still believes in joy. This week, some of us will be missing the New Canaan coffee gathering for the best of reasons: we are getting a puppy. And in that small, furry decision lies a universal truth — life is better when punctuated by paws.

A puppy is chaos with eyes. Shoes will be chewed, rugs baptized, sleep interrupted. And yet, even in those bleary dawn hours, when the whimper from the crate means one must stumble outside in slippers, the new owner is participating in one of civilization's oldest partnerships: the alliance between man and dog. It is, as Tennyson might have put it, a "contract of affection," unbroken since we first shared the warmth of a campfire.

So much of our communication is digital and ephemeral, a puppy offers something analog and absolute – a heartbeat that follows you from room to room, eyes that see you not as your résumé or your politics, but as the entire universe. The puppy doesn't care about your portfolio, your vote, or your calendar. He cares whether you'll throw the ball again.

There's also something moral in the raising of a dog. It requires consistency, patience, and a soft authority that translates well into parenting, leadership, and friendship. Puppies remind us that love, like training, is best offered through calm repetition. They make us better - less hurried, more present. As Samuel Butler wrote, "The great pleasure of a dog is that you may make a fool of yourself with her and not only will he not scold you, but he will make a fool of herself too."

In New Canaan, where lives can feel scheduled to the minute, the presence of a puppy has a democratizing effect. Strangers stop to chat, neighbors smile, and even the most hurried commuter slows down for a wagging tail. Dogs make communities visible to themselves again. A walk down Elm Street with a puppy is not just a walk; it's a procession of joy, a gentle reminder that belonging begins with a shared grin and a leash.

Some of us may miss coffee this week, but we won't be missing connection. We'll be busy naming a new friend, teaching her about his backyard kingdom, and marveling at the way he finds delight in a falling leaf. The puppy, after all, is a daily sermon in gratitude – each sniff an exploration, each nap a declaration that all is well for now.

So to those gathered over lattes and local news, forgive our absence. Somewhere nearby, a little dog is learning the sound of her name, and a family is discovering that their hearts, it turns out, had room for one more.

For all the headlines and all the coffee hours. there may be no greater headline than this one: Joy has entered the house, on four paws.

CLASSIFIED LEGAL ADS

LEGAL AD

TOWN OF NEW CANAAN **PLANNING & ZONING COMMISSION**

Notice is hereby given that the Planning and Zoning Commission at a regular meeting held via hybrid and in person on October 28, 2025 duly adopted the following resolution(s). Approved Applications become effective upon the filing of a copy thereof in the office of the Town Clerk.

- 1. RESOLVED, 208 and 143 Valley Road that the application of Daniel Chapple, Carmody, Torrance, Sandak, Hennessey, LLP, Authorized Agent for Silver Hill Hospital, Inc., owner(s) for a Site Plan and Special Permit approval pursuant to Section(s) 8.2.B.1.a and 3.2.C.18 to allow the construction of an 80 +/- sq. ft. visitor house and related site improvements on its property at 208 Valley Road (Map 44, Block 108, Lot 120) and the additional minor sidewalk modifications and a vehicular turnaround location on its property at 143 Valley Road (Map 44, Block 115, Lot 14) in the Two Acre Zone is approved.
- 2. RESOLVED, 564 South Avenue that the application of Margaret Riley, Authorized Agent for New Canaan Community Y.M.C.A., Inc., owner(s), for a Sign Site Plan approval pursuant to Section(s) 6.3.C. to allow banners on existing light posts in the One-Acre Zone at 564 South Avenue (Map 36, Block 232, Lot K62) is approved.
- 3. RESOLVED, 8-24 Review that the request from Dr. Bryan Luizzi, Superintendent of Schools, approval for the relocation of the Downtown Campus from 220 Elm Street to 212 Elm Street is consistent with the 2024 POCD.
- 4. RESOLVED, 212 Elm Street that the application of Bryan Luizzi, Authorized Agent for New Canaan Lumber Company, owner(s), for a Site Plan approval pursuant to Section(s) 4.4.C.1 to allow the Alternate High School (Downtown Campus) on the first floor of the existing commercial office building in the Business A Zone at 212 Elm Street (Map L, Block 17, Lot 93) is approved.

Krista Neilson, Secretary Dated October 28, 2025

LEGAL AD

TOWN OF NEW CANAAN PLANNING & ZONING COMMISSION **REGULAR MEETING**

Notice is hereby given that the Planning and Zoning Commission will hold a Public Hearing on Tuesday, November 18, 2025 this hearing is scheduled as a hybrid meeting to be held in the Town Meeting Room at Town Hall, 77 Main Street. Access to this Public Hearing will be in person and via an on-line system at 7:00 p.m. to hear and decide the application(s) as follows:

1. Discussion and consideration of the Planning and Zoning Commission to amend the Zoning Regulations dated June 16, 2007, amended July 7, 2025 to amend Section(s) 3.2.C.14 Permitted Principal Uses and Structures to further clarify where Religious Institutions are permitted in Residential Zones. Complete copy of the proposed amendment on file in the office of the Town Clerk and also the Planning and Zoning Department as well as on-line: https://cms3.revize.com/revize/ canaan/Departments/Land%20Use/Pending%20 P&Z%20Commission%20Applications/Religious_ Insitutions_in_Residential_Zones_Text_Change. pdf?t=202511040734180&t=202511040734180

> Dated: November 6, 2025 New Canaan, Connecticut Daniel Radman, Chairman

LEGAL AD

TOWN OF NEW CANAAN **INLAND WETLANDS** COMMISSION

Notice is hereby given that the Inland Wetlands Agent has approved the following application:

Permit Number (IW-25-47) issued to Frank Distasio and Gabia Baltis Distasio, 101 Juniper Road, Map 43 Block 217 Lot 54. Prepare site for construction activities and install soil and erosion controls. Perform construction activities to foundation area with the installation of footings off the rear of the structure and the front porch area. Renovate interior of structure. Fine grade, topsoil and seed disturbed areas upon completion.

LEGAL AD

TOWN OF NEW CANAAN **INLAND WETLANDS** COMMISSION

Notice is hereby given that the Inland Wetlands Agent has approved the following application:

Permit Number (IW-25-49) issued to Country Club of New Canaan, Inc., 624 Smith Ridge Road, Map 39 Block 34 Lot 190. Prepare site for construction activities and install all soil and erosion controls. Excavate for new single family structure. The existing driveway will remain and will be reconfigured to accommodate new house. Add cart path to connect the driveway to the adjacent golf course. Install new septic system and stormwater management system as designed. Grade, topsoil and landscape all disturbed areas upon completion.

LEGAL AD

TOWN OF NEW CANAAN

WATER POLLUTION CONTROL AUTHORITY

NOTICE OF PUBLIC HEARING ON NEW SEWER IMPACT FEE

NOTICE is hereby given that the Board of Finance, acting as the Water Pollution Control Authority of the Town of New Canaan, will hold a Public Hearing Tuesday, November 11, 2025 at 6:30 P.M. in the Town Hall Meeting Room or Virtual, to hear public comment on proposed new Sanitary Sewer Impact Fee for users who are connected to the New Canaan Sewer System who propose to add additional sewer flows to said System.

While regular maintenance of the existing infrastructure is included in the annual budget, it is prudent to consider an impact fee for applications before the Town that result in an increase in anticipated sanitary sewer flows conveyed by the New Canaan Sewer System and then treated by the Wastewater Pollution Control Facility (WPCF).

Public Works and Engineering Departments recommend that a Sanitary Sewer Impact Fee be created that applies to any non-municipal project that results in added projected sanitary sewer flows to the Town Sanitary Sewer System. The estimated projected sanitary sewer flows shall be based on methodology outlined in the Connecticut Public Health Code On-site Sewage Disposal Regulations and Technical Standards for Subsurface Sewage Disposal Systems, dated 2024, or most current version.

For the consideration of the Water Pollution Control Authority (WPCA), it is suggested that a Sanitary Sewer Impact Fee in the range of \$10 to \$50 per gallon of added estimated sewer flow be considered for approval. As this is a new fee, Public Works and Engineering Departments recommend considering \$10 per gallon of added estimated sewer flow, with the understanding that in the future this fee per gallon may change.

The proposed Sanitary Sewer Impact Fee is a one-time fee to be paid as part of the Building Permit process when filing building permit applications, should the proposed improvements add sanitary sewer flows to the system. If there is no projected increase, no Sanitary Sewer Impact Fee would be applied. Note that Sewer Use Fees are separate annual fees for all users of the New Canaan Sewer System, and not part of the proposed Sanitary Sewer Impact Fee.

Good Luck to the Winners

supporter of education, I am disappointed. Yet when a campaign is hard fought, it is right to congratulate the winners.

From my perspective, this election brought out some of the most unethical and immature behavior I have witnessed from my own party during my 28 years in New Canaan. Unfortunately, this is not new. When I ran for Town Council a decade ago, members of my own party spread a false rumor—featured on the front page of the New Canaan Advertiser—claiming I was not a CPA. I passed the CPA exam in 1974.

As a longtime fiscal conservative and Later, I was accused of not being a PCAOB member firm, though my firm has been inspected by the PCAOB for SEC audits.

> These incidents illustrate the ongoing negativity, falsehoods, and infighting within the Town Republican Party. This time, it finally cost them.

I am not suggesting that the successful candidates are undeserving of victory. But the public display of discord raises questions about leadership. New Canaan's voters are thoughtful and well informed-

In this election, Republicans publicly

fought among themselves while Democrats presented unity and mutual support. The voters saw the contrast and responded

My advice to Republicans: look inward. Reconsider your behavior and methods. Stop alienating longtime supporters.

Good luck to the winners. May our new leaders now deliver on their promises for the good of the entire town. Fingers crossed.

Roy A. Abramowitz, CPA

There can be something noble — almost radical — about sitting down and writing a letter to the editor. It is how a town speaks to itself. Your words don't have to be perfect; they just have to be yours. Share a thought, a gratitude, a concern, or a memory. Whether it's about a new puppy, a local hero, or a policy that matters, your voice adds depth to our common story. So take a moment, pick up the pen — or the keyboard — and write it down. New Canaan wants to hear from you.

YMCA Launches New Programs This Winter

something for everyone-with league for kids in kindergarten through schoolers in the community can Training, Y instructors are equipped programs for all ages and interests that bring people together to stay active, be healthy, and have fun this winter.

New Canaan YMCA Family Member priority registration for youth programs begins Monday, November 10. General registration for all programs begins on Wednesday, November 12. Registration will be available on the Y's website at www. newcanaanymca.org and Member Services Desk (203-966-4528). Winter classes begin on Monday, December 1. Several programs are open to both members and non-members of the Y, with members receiving a program discount as a benefit of their membership. Financial assistance is also available for membership and program fees, thanks to donations to the Y.

Youth Programs:

In addition to returning popular programs, the Y is excited to introduce new youth programs this winter, including Bouncing Bears classes, sports, and recreation classes.

This winter, the Y's beloved Bouncing Bears programming expands to offer gymnastics classes for preschoolers and school-aged kids, including Building Blocks, Jump Start, and Tumbling Stars. These new gymnastics classes are designed to introduce participants to fundamental developing strength, flexibility, balance, and coordination.

The Y will offer new youth sports programs this winter, including golf, floor hockey, and pickleball, all designed to help participants build confidence and sportsmanship while learning a new sport. Additional returning sports programs this winter include Backyard Sports for preschoolers, volleyball for middle

twelfth grade.

The Y expands its recreational offerings with new programs for a variety of ages and interests. New programs for toddlers and preschoolers include Gym & Swim, Music & Swim, Creative Connections, and Little Picasso's. Gym & Swim and Music & Swim are combination classes featuring time for tumbling or music, followed by free swim in the Y's Scooter Pool. Creative Connections is a parent-child art class, followed by a group lunch where toddlers and parents alike can connect and make friends. Little Picasso's features a new take on hands-on art projects for preschoolers, where each week participants utilize different art media. Returning preschool recreation programs include the popular Lego Legends, Space Explorers, and Storybook Art.

New this winter, the Y is also excited to launch beginner dance and karate classes, including Tiny Tots Dance Discovery for preschoolers, and Fundamentals of Dance and Karate for school-aged kids. The Y's dance classes introduce participants to the core elements of dance, including basic technique, coordination, flexibility, and musicality, where they can explore a variety of dance styles such as ballet, jazz, and hip-hop while building gymnastics movements while confidence and body awareness. The Y's Karate program helps kids build discipline, self-control, physical fitness, and confidence while learning real self-defense skills through proper technique.

The Y also introduces a new dropoff program for school-aged children, Parents' Night Out, where parents can drop off their child for a fun night at the Y while they enjoy a night on the town on select Friday nights. Returning schoolers, as well as the Y's popular this winter is the Y's Middle School

come together to take over the Y one Saturday night per month.

The popular Ski & Board club also returns for middle schoolers this winter. Whether participants are seasoned shredders or strapping on skis for the first time, this program is all about having fun, building confidence, and making memories on the mountain. Additional returning programs include the Red Cross Babysitting certification course for ages 11 and older, where participants learn specific techniques and skills to become a confident babysitter and be certified in First Aid.

Inclusion & Support Programs:

The Y offers a wide range of inclusion and support programs for kids, teens, and adults with varying abilities this winter. The organization recently expanded its offerings to provide classes for ages five and older, including Junior Cardio Dance, Junior Sensory Gym, and Junior Swim Instruction. These new programs join the broad offering of inclusion and support programs available at the Y, including swimming, drumming, a running club, theater, yoga, fitness, and recreational nights in the community.

Swim Lessons for All:

The Y continues to offer swim lessons for all ages and abilities, guided by the YMCA's national swim lessons program, designed to teach safety, confidence, and strength in the water. Swim lessons will be available for ages six months and older in a supportive a new program to its chronic disease and nurturing small-group or private support offerings this winter. In lesson environment.

The organization is also excited to announce that it will be offering adaptive private swim lessons, led by the Y's highly trained and compassionate staff, certified by Swim Angelfish. Through the Swim

The New Canaan YMCA offers recreational Youth Basketball (Y-Ball) Madness program, where middle Whisperers® Adaptive Aquatics American Heart Association, nearly to teach individuals with disabilities, confidently guiding swimmers of all abilities toward swim success. The program is designed to support swimmers with ADHD, Autism, Down Syndrome, or any type of emotional, physical, or sensory challenge.

Adult & Senior Programs:

This winter, the Y is offering a new pickleball doubles program for adults to stay active and healthy while playing one of the most popular sports in the country. Pickleball doubles is open to all playing levels and offers a great way to stay active, meet new players, and enjoy friendly competition. The Y will also offer an adult men's basketball league in the new year, with additional details to be announced. Basketball lessons are also available this winter for adults looking to improve their

The Y continues to offer a variety of programs for adults to stay active and healthy. The Y's wellness department continues to offer personal training for those looking for individualized training, as well as small group training with the Y's certified personal trainers. The Y continues to offer reformer Pilates this winter in a small-group or private class environment, with additional days and times available for members and the community. The Y's ballroom dancing program also returns this winter, where members and the community can connect and learn a variety of dance styles.

The New Canaan YMCA is adding addition to the LIVESTRONG at the YMCA cancer survivor program, Diabetes Prevention Program (DPP), and classes for individuals with Parkinson's Disease, the Y will be launching a blood pressure monitoring program this winter. According to the

half of all adults have high blood pressure in the U.S., which is a key and modifiable risk factor for both heart disease and stroke. Research shows that the process of recording blood pressure at least twice per month over a period of four months has been shown to lower blood pressure in many people with high blood pressure. Additional program information will be available this winter. Those interested in learning more about the program can contact Eva Saint, New Canaan YMCA Wellness Director, to learn more at 203-920-1623 or esaint@ newcanaanymca.org.

Registration:

A complete listing of winter programming is available at www. newcanaanymca.org. For additional information about winter programming or registration, call 203-966-4528. For additional information about membership at the Y and to schedule a tour, contact George Bennett, Membership Director, at 203-920-1630 or gbennett@newcanaanymca. org. Thanks to donations made to the New Canaan YMCA, financial assistance is available for both membership and program fees. To learn more about financial assistance at the Y, contact Diana Riolo, Assistant Director of Development & Community Impact, at 203-920-1653 or driolo@ newcanaanymca.org.

About the New Canaan YMCA:

Founded in 1954 by a group of community volunteers, the New Canaan YMCA is a 501(c)(3) nonprofit organization whose mission is to enrich all people in spirit, mind, and body. The New Canaan YMCA is dedicated to strengthening community through programs and services that promote youth development, healthy living, and social responsibility.

Obituaries

Herbert Taylor



Herbert Bruce Taylor of New Canaan, Connecticut, passed away peacefully on November 1, 2025. He was born on July 31, 1928, to the late Leroy Taylor and Evelyn Fiddner Taylor.

He was preceded in death by his brothers, George Taylor and Kenneth Taylor, and his sisters, Ethel Naslund and Joan Taylor. He is survived by his nieces, Cheryl Douglas, Pamela Solberg, and Kristen Proulx.

Herbert was educated in the Bethel, Connecticut, school system and at Danbury State Teachers College. He went on to earn additional degrees from the University of Connecticut, Yale University, and the University of Michoacán in Morelia, Mexico.

He devoted 38 years to teaching elementary school, beginning in Woodbury, Connecticut (1950–1955), continuing in Wilton (1955–1960), and concluding his career in New Canaan (1960-1989). He was a proud member of the National Education Association and the Connecticut State Teachers Retirement Association.

Throughout his teaching career, Herb spent his summers traveling the world. Following his retirement, he remained active in the Senior Centers of New Canaan and Norwalk, where he pursued his interests in oil painting, ink drawing, and stained-glass art. He also volunteered for several years at the Waveny Care Center.

A memorial service was held on Thursday, November 6, at Hoyt Funeral Home, New Canaan, CT. Private interment took place at Elmwood Cemetery in Bethel, CT.

In lieu of flowers, memorial contributions may be made to Waveny Care Center, New Canaan, CT.

The family wishes to express deep appreciation to his Connecticut family-Tom, Martha, Marcella, Gary, and many other special friends-together with Staying Put in New Canaan and the Waveny care team, for their dedicated care, love, and heartfelt devotion.

A friend of Bill W. since 1975.

For online condolences please visit www. hoytfuneralhome.com

Samuel Thorne

Samuel "Spike" Thorne, of Bedford, MA, passed away peacefully on October 19, 2025, at the age of 96.

Born in New York City in 1929, Spike lived a life marked by integrity, generosity, and an enduring curiosity about the world. He was educated at his beloved Westminster School, Class of 1946, served as a Midshipman in the U.S. Naval Reserve in 1946/47, and went on to earn his Bachelor of Arts degree from Yale University in 1950 – the foundation for a long and distinguished career in finance.

After beginning his professional life in bond sales with Shields & Company on Wall Street, Spike joined Scudder, Stevens & Clark in 1955, where he would remain for nearly four decades. Rising through the firm as a partner and later Managing Director, he helped shape investment policy with a particular focus on fixed income securities and portfolio management. Following his retirement from Scudder in 1994, he served as an Advisory Director until 1997 and later managed his family's private investment office.

Spike also devoted himself to organizations that were important to him. He served as Trustee and was a former President of the USS Constitution Museum in Charlestown, and as Trustee or Overseer for many institutions, including Westminster School, the Peabody Essex Museum, the Huntington Theatre, the Boston Symphony Orchestra, the New England Medical Center, and the New England Conservatory. His thoughtful leadership and quiet generosity left a lasting mark on the cultural and educational landscape of New England.

He married his second wife, Elizabeth, in 1971 and together they built a blended family that was his greatest joy. After raising his family in New Canaan, CT and, upon retirement, they settled in Manchester-by-the-Sea, MA and Spring Island, SC. and enjoyed traveling the world and spending time on the water. He is survived by his children, Samuel Thorne Jr. and Guyton Thorne (Pamela), and his stepchildren, Alva See (Alison) and Richard See. He was predeceased by his first wife, Suzanne Thorne, his wife Elizabeth, his daughter Susan Thorne, and his stepdaughter Elizabeth See. Spike was immensely proud of his grandchildren - Samuel Thorne III, Trischa Thorne(Ryan Davis), Phoebe Guerin (Alex), Heron Thorne, Alva See IV, and Nicholas See.

He balanced his professional and philanthropic life with a love of good company and outdoor pursuits. A past member of the Essex County Club, Myopia Hunt Club, Manchester Yacht Club, Singing Beach Club, Somerset Club, the Wharf Rats and the Union Club of New York, Spike was happiest when surrounded by friends and family and enjoying a game of golf, tennis or bridge.

Sailing and fly fishing were also among his

greatest passions. Whether navigating New England waters or casting for salmon in northern rivers, he found peace and joy in the rhythm of wind, water, and tide. Those closest to him will remember his quiet satisfaction at the helm and the sparkle in his eye whenever a fish rose to the

A celebration of his life will be held at 11:00 a.m. on Friday, November 14, at Emanuel Church, 24 Masconomo St., Manchester-by-the-Sea, MA.

In lieu of flowers, donations may be made in his memory to the USS Constitution Museum or a charity of one's choice.

Ronald Zitani



May 17, 1934 - October 16, 2025

Ronald J. Zitani, beloved husband, father, grandfather, brother and friend passed away peacefully at home on October 16, 2025, at the age

Born on May 17th, 1934, in Jersey City, New Jersey, Ron was the son of the late Dr. Alfred Zitani and Julia Giovanetti Zitani. He was preceded in death by his brother, Dr. Alfred Zitani, and his sister, Norma Burleson. He is survived by his sister, Laurel Pell, and many beloved nieces and nephews. Ron is also survived by his devoted wife, Marion, with whom he shared nearly 46 wonderful years of marriage. The two were wed on December 1, 1979, and built a life full of love, laughter, and shared adventures.

Ron was raised in Hoboken, NJ, where he spent the first twenty years of his life. He attended Xavier High School in New York City and earned his undergraduate degree from Seton Hall University. He went on to complete a Master's degree in Experimental Psychology at Fordham University. Following his studies, Ron was drafted into the U.S. Army, where he served for two years in a specialized scientific role. As part of a research team studying human psychological and physical reactions to simulated space travel-shortly after the launch of Sputnik-Ron contributed to pioneering government research in the early days of the space race. After his military service, Ron shifted from space research to consumer market research, working for major New York City firms including Pfizer, Coty Cosmetics, and leading advertising agencies Kenyon & Eckhardt and The William Esty Company. In the agency world, he rose to the position of Vice President and became well known for his insight, professionalism, and skillful client collaborations. His entrepreneurial spirit led him to founding his own marketing research firm, Final Analysis, Inc., in New York City. Under his leadership, the company served numerous major corporations and advertising

In later years, he worked as a marketing consultant and developed proprietary research techniques that were acquired by a large Midwestern marketing firm, where he continued to serve as a valued consultant. After his retirement, he devoted himself to volunteer work as a companion for residents of The Waveny Care Center in New Canaan, bringing joy and comfort through music and conversation. Ron often described this period as "a beautiful facet" of his life's contributions.

Ron and Marion made their home in New Canaan for more than thirty years. A devoted father and grandfather, Ron was deeply involved in his children's lives and school communities. He was also an active member of the Exchange Club of New Canaan for fifteen years, cherishing the camaraderie and friendships he built there.

Ron often said his greatest source of pride and joy were his children and grandchildren. He is survived by his five children: Christian Zitani (Virginia) of Tinton Falls, NJ; Brett Zitani (Renee) of San Francisco, CA; Kara Zitani of The Sea Ranch, CA; Jennifer Malone (Brendan) of Darien, CT; and Michael Zitani of Rowayton, CT. He will be forever remembered by his seven adoring grandchildren: Julian, Molly, Caroline, Katherine, Connor, Samantha, and Charlotte.

Ron often spoke of how magical his grandchildren were, and he truly adored the time he spent with them. Ron will be remembered for his warm heart, gentle spirit, love of family and tradition, passion for Italian food, sense of humor, and steadfast devotion to the New York Giants and Yankees. His legacy lives on in the love and laughter of all those who were fortunate enough to know him.

A Funeral Mass will be held at St. Aloysius Church in New Canaan, Connecticut, on November 21st at 11:00 a.m., for loved ones to come together and honor the tremendous life Ron lived. To sign Ron's online register book, please visit www.Hoytfuneralhome.com

The New Canaan Sentinel does not charge for obituaries. Every member of the community deserves to be remembered and honored without families facing added financial burdens. Obituaries may be sent to Caroll@GreenwichSentinel.com.

The cost of publishing obituaries is covered by The Sentinel Foundation, a nonprofit that supports the local Top 5 Things to Do Today daily email, obituaries, education and entertainment pages, worship pages, and sponsorship of charitable organizations and events.

Athlete of the Week: Henry Brauweiler

BY CHRISTOPHER DEMUTH

A stellar academic student at New Canaan High School, Henry Brauweiler has another great talent: rowing. Having started rowing just before high school, he has won regionals every year he competed in, as well as achieving 4th, 6th, and 6th placements in the nationals so far in his high school career. Looking ahead to next year about Columbia? and college, he will be proudly competing for Columbia University. I am excited to share an exclusive interview with this impressive student!

Q: Why did you start rowing?

A: My sister has been rowing for years, so I was aware of the sport. At the time, I was super into soccer, so I saw rowing as a chance to stay in shape during the off season. However, I ended up loving rowing sees. so much that it would really take over.

Q: What does practice look like for rowing?

with around 4 hours a day up to 5 days a week. While we do spend considerable time in boats, our practices mostly consist of a mix of cardio and weightlifting. We get Mondays and Thursdays off for recovery, which is much appreciated because of the strain this sport puts on our bodies

Q: What is your favorite part

A: Rowing is a team sport, and the connection you share with your fellow rowers is essential. Out of the different schools I was looking at, I really felt like I clicked with the team culture of Columbia the best. In general, I am looking forward to college as an opportunity to take myself to the next level, which will be possible because of the massive increase in competition that college

Q: What was your favorite memory from high school rowing?

A: Freshman year, when rowing A: It's a big commitment, memory that really stands out to made me love rowing.



Henry is at the far left.

me. After the Sandiego classics, which was my first nationally competitive race, I had a moment where I realized: hey, I can be really good at this, if I can put in the effort. was still new to me, there is one It was really that moment that

Q: Who have been your biggest supporters along the way?

A: I cannot be thankful enough to the other guys on the team. I spend a ton of time with them, and without those friendships rowing would never have worked for me.

Coach Yan has also been a huge support to me throughout my years of rowing and the college search process. Last, but not least, I really have to thank my parents for all they have done to help me along my journey.

Varsity Sports Roundup

By Christopher DeMuth

Girls Swim and Dive

The All-FCIAC 2025 selections were announced on November 3, with several New Canaan athletes earning recognition.

Emma Kelly was named to the First Team for diving, while Julie Frangione earned a Second Team spot. New Canaan's 200 Free Relay-featuring Cora Huang, Emma Bieliauskaite, and Theresa Kelly-was also named to the Second Team.

The honors reflect strong performances throughout the season from New Canaan's swimmers and divers as the team continues to make its mark in the conference.

Girls Volleyball

On Monday, October 27, the New Canaan Rams faced Fairfield Ludlowe in a neutral-site conference tournament match. Ludlowe came away with a 3-1 win.

Set scores were 17-25, 25-13, 19-25, 22-25. New Canaan showed solid play across all sets, keeping the match competitive before Ludlowe secured the victory.

Girls Soccer

The New Canaan girls soccer team earned a 4-0 home playoff win over Stamford on Friday,

The Rams' defense kept the Black Knights scoreless while the offense controlled play and capitalized on scoring chances. The win moves New Canaan forward in postseason competition.

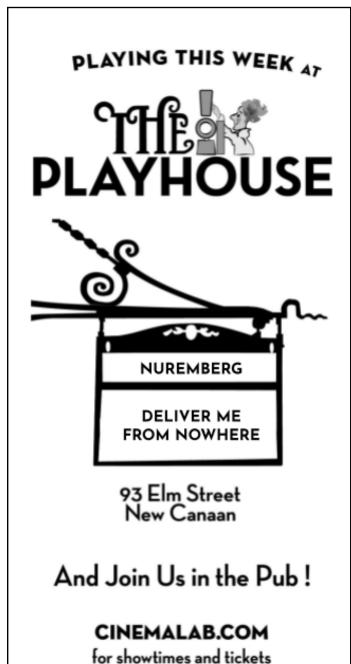
Boys Football

The New Canaan football team defeated Stamford 42-7 on November 1 in their Homecoming game, improving their record to an undefeated 7-0.

The Rams built an early lead with 14 points in the first quarter and 28 in the second, shutting down Stamford's offense for the rest of the game. It was a complete effort on both sides of the ball, marking another strong performance for the team.

School	Gender	Sport	Date	Matchup
New Canaan	Boys	Football	11/1	New Canaan 42 - Stamford 7
New Canaan	Girls	Field Hockey	10/22	New Canaan 1 - Fairfield Ludlowe 2
New Canaan	Girls	Volleyball	11/4	New Canaan 3 - Harding 0
New Canaan	Girls	Soccer	10/31	New Canaan 4 - Stamford 0
New Canaan	Girls	Soccer	11/4	New Canaan 1 - St. Joseph 0
St. Lukes	Boys	Soccer	10/29	St. Lukes 1 - Hopkins 3
St. Lukes	Boys	Football	10/25	St. Lukes 26 - Long Island Lutheran 21
St. Lukes	Girls	Field Hockey	10/27	St. Lukes 0 - Sacred Heart 7
St. Lukes	Girls	Field Hockey	10/29	St. Lukes 0 - King 5
St. Lukes	Girls	Soccer	10/24	St. Lukes 0 - Greenwich Academy 1
St. Lukes	St. Lukes Girls Soccer		10/28	St. Lukes 1 - Sacred Heart 5
St. Lukes	Girls	Vollevball	10/28	St. Lukes 0 - Sacred Heart 3

St. Lu	ıkes		Girls V	olleyball	10/28	St. Lukes 0 - Sacred Heart 3
7	NOV, FRI	0	4 – 6pm 4 – 5:45pm			e 785 Unquowa Rd, Fairfield CT 06824 ead Rd., Farmington CT 06032
			7 – 9pm	WATER STATE OF THE PARTY		70 North Ave, Westport CT 06880
8	NOV, SAT	0	10:30am - 12:30pm	Boys JV Football vs	Staples High School 11 F	Farm Rd, New Canaan Connecticut 06840
13	NOV, THU	•	6 – 8pm	Boys Freshman Foo	otball @ Trumbull 72 Strob	pel Rd, Trumbull Connecticut 06611-5597
14	NOV, FRI	•	7 – 9pm	Boys Varsity Footb	all @ Trumbull 72 Strobel	Rd, Trumbull Connecticut 06611-5597
15	NOV, SAT	•	10:30 - 11:30am	Boys JV Football v	Trumbull 11 Farm Rd, Ne	w Canaan Connecticut 06840
20	NOV, THU		5 – 7pm	Boys Freshman Foo	otball vs Darien High Scho	ol 11 Farm Rd, New Canaan Connecticut 06840
22	NOV, SAT		10am – 12pm	Boys JV Football @	Darien High School 80 H	ligh School Lane, Darien CT 06820
27	NOV, THU	•	10am – 1pm	Boys Varsity Footb	all vs Darien High School	11 Farm Rd, New Canaan Connecticut 06840
10	DEC, WED	•	5 – 6:30pm	Boys Varsity Baske	tball vs Masuk High Schoo	ol 11 Farm Rd, New Canaan Connecticut 06840
		0	7:10 - 8:55pm	Girls Varsity Hocke	y vs Greenwich High Scho	ool 55 Old Kings Highway North, Darien Connecticut 06820
12	DEC, FRI	•	4 – 5:30pm	Boys Varsity Baske	tball @ Notre Dame-West	Haven One Notre Dame Way, West Haven CT 06516
		•	7 – 8:30pm	Girls Varsity Baske	tball vs Daniel Hand 11 Fa	rm Rd, New Canaan Connecticut 06840
13	DEC, SAT		4:20 – 6:05pm	Girls Varsity Hocke	y vs Mercy High School 5	5 Old Kings Highway North, Darien Connecticut 06820
15	DEC, MON		6:40 – 8:25pm	Boys Varsity Hocke	y vs Northern Highlands I	Regional High School 55 Old Kings Highway North, Darien





Your child's eye health and vision quality play an essential role in physical, cognitive, and social development.

Our team is here to provide comprehensive care and support for all your family's eye health needs.



Robert J. Fucigna, M.D. 1445 East Putnam Ave., Old Greenwich (203) 348-7575 AOCT.CO





SWAPPING OUT YOUR SEASONAL WARDROBE?

BEFORE STORING WARM WEATHER CLOTHING & LINENS, HAVE THEM PROPERLY CLEANED!

ALWAYS FREE PICK UP & DELIVERY!



203-229-0001 I fabricarecleaners.net

found this reading:

I was whole,

I was broken,

• The shofar cries out:

I will be whole again.

Make shofars of us, God!

Make us resonating chambers

On that same day - as I was

being briefed on enhanced security

measures for Temple Sholom - I

received a news alert about another

school shooting, the 44th of the

surging antisemitism, murdered

broken; can we be whole again?"

• "We were whole, we are

How can we become whole

Judaism has the answer; the

Chazal (Talmudic Sages of Blessed

Memory) taught that when the

Romans destroyed the Second

loss of our most sacred place, and a

stark reminder of the need for love

• Senseless Hatred: the

Temple, the cause was:

and kindness in our lives.

children.

I thought to myself:

Two children murdered and 14

BY RABBI MITCHELL M. HURVITZ

Below is an abridged and amended excerpt from my Rosh Hashanah Day 1 Sermon.

When Germany invaded Poland in 1939, Gerda Weissmann was 15 years old.

In 1942, she was deported to a concentration camp with her

Her parents perished, but Gerda survived three horrific years alongside her childhood friend, Ilse.

Years later, Gerda wrote about one moment that captured the essence of love amidst unimaginable darkness:

• Ilse once found a raspberry in the concentration camp and carried it in her pocket all day to present to me that night on a leaf. Imagine a world in which your entire possession is one raspberry, and you give it to your friend.

In 1945, Gerda and Ilse were forced onto a 350-mile death

Of 4,000 women who began, only 120 survived, and Ilse died in Gerda's arms.

When the U.S. Army liberated Gerda, she weighed 68 pounds and was white-haired at 20 years old.

Lieutenant Kurt Klein asked Gerda to show him the abandoned Nazi camp. As they approached a building, he opened the door for

Gerda, who had survived the unthinkable, collapsed in tears. Through her sobs, Gerda

explained: • I am weeping because it is the first time in years that someone has done anything kind for me.

A door held open by a stranger The Talmud further taught:

• We are to be consistently reminded Gerda that a human world still existed, a world kind and compassionate because where kindness had not been the world is founded on three principles: Torah, Service of God, and Acts of Loving-Kindness.... In late August, I was preparing 'Love your neighbor as yourself' is vignette about the shofar and the essence of Torah, and we are to view each person as an entire world unto themselves.

> A thousand years later, and a thousand years ago, Moses Maimonides (Rambam) wrote:

> • Acts of love and kindness are greater than charity, as they can be performed for both the rich and the

Rambam then listed specific examples, such as:

• Visiting the sick, comforting mourners, offering hospitality, treating everyone with warmth, and providing aid to those in need.

injured. I felt like a passenger on Elie Wiesel, who understood a capsizing ship in an unrelenting Senseless Hatred firsthand, storm of violence: Israel's war,

> • The opposite of love is not hate, it's indifference!

How do we become whole

We don't give up.

We brighten others' days with words and deeds of love and kindness, and, as Rabbi Jonathan

· Our acts of kindness never die; they linger in the memory, giving life to other acts in return.

A story is told of a father who destructive force that led to the asked his 11-year-old son to help unload dirt for his mother's garden. After the usual resistance, they found themselves shoveling

together.

have to do this?"

Our troubled world needs our intentional response: words and deeds filled with love and kindness.

Neither loved gardening, but 18th birthday. the man's wife did.

The father said, "When you love someone, you are kind to them. I want you to grow up to be later. a man who is always kind, and this dirt and wheelbarrow is what love looks like."

The next day, his wife sent a picture. She'd picked up another load of dirt, and their son had started working voluntarily.

When she asked why, he said, "Because I love you."

His son had become God's

chamber of love. In "The Boy, the Mole, the Fox, and the Horse," the mole asks the

"What do you want to be when you grow up?"

The boy answers, "Kind."

"What do you think success is?" "To love."

These are the answers that enable us to be made whole again. The Hebrew word for love is

In our morning prayers, before proclaiming Shema Yisrael, we recite "Ahava Rabbah" (God is

On Rosh Hashanah and Yom Kippur, we emphasize that God is compassionate, gracious, and abundant in kindness. And, we, created in God's image, are to be chambers of God's love through compassion, grace, patience, and kindness.

Another story is told of a The son asked, "Why do we woman who once received a red cardigan from her bubbye for her

> She didn't like it but feigned appreciation.

Her grandmother died weeks

Years later, her daughter found the cardigan and discovered an envelope in the pocket with two Backstreet Boys concert tickets from 2005

The woman recalled how she had had told her bubbye how much she loved the band. And, her grandmother, with meager resources, wanted to give her a surprise gift of a unique experience.

The granddaughter sobbed; she had brushed aside her bubbye's

Still, the sweater now reminded her to be kind and appreciate people, especially family, even when she didn't feel like it; a precious lesson her bubbye had gifted her, reaching beyond the

Our troubled world needs our intentional response: words and deeds filled with love and kindness.

Every smile, gentle word, and loving action brings God's healing light into our world, making us

Our fear and anger may weigh on us, but we must discipline ourselves to manifest love through kind words and actions.

In a torn world, kindness is the unbreakable thread that weaves us back together.

It begins with family and friends, but does not stop there.

We are all responsible for striving to achieve the best for our community, nation, and world, thereby fostering a sense of global

The only way to cast away darkness is through daily acts of love and kindness, from small to

When one person receives kindness, they're inspired to pay it forward, creating a transformative ripple effect throughout the

May God help us embrace the mitzvah of love and kindness.

May we be God's outstretched loving arms, embracing family, friends, neighbors, and strangers.

With the New Year, may we foster kindness that wraps another in Divine light, and in this way, we will become whole and resonating chambers for God's love.

Temple Sholom's Senior Rabbi Mitchell M. Hurvitz is a scholar. teacher, community activist and preacher, and is recognized as one of the prominent religious leaders in the Greenwich area and beyond. A frequent guest speaker at synagogues and churches, study groups, community institutions and universities, he is a charismatic personality who engages individuals and stimulates hearts and minds. His teachings can be found in Greenwich Sentinel and in other local and national publications.

Worship Directory and Services

UPDATE SERVICES AND ADD SPECIAL EVENTS TO THIS CALENDAR AT www.NewCanaanSentinel.com/worship-calendar-updates

Church of Iesus Christ of Latter Day Saints

682 South Avenue 203.966.5849 www.ComeUntoChrist.org Sunday Service: 9:00 AM

Congregational Church

23 Park Street 203.966.2651 office@godsacre.org www.godsacre.org

Sunday Services: 8:00 AM and 10:00 AM. The 10:00 am service is also live streamed and recorded, the video replay will be available throughout the week. Church School is available on Sundays for children ages 3 through 7th grade each Sunday from September through mid-June.

Recurring Events: Fuesdays at 9:30 AM: Women's Bible Study Wednesdays at 9:30 AM: Bible Study Fourth Thursday from 12-2:30 PM: Meet at the Open Door Shelter in Norwalk to serve a meal.

> First Church of Christ, Scientist 49 Park Street 203.966.0293 christiansciencect.org/newcanaan

Sunday 10:30 AM, in person only. Sunday School is available during Sunday Service and is open to children and young people up to the age of 20. There is also childcare available for children too young for Sunday School.

Wednesday Testimony Meeting: 1st Wednesday of each month, join by zoom or by phone 646 558 8656. Reading Room Hours: Open Mondays 11-2, Call to confirm hours 203-966-0293. All are welcome to the Sunday and Wednesday services, Sunday School, and the reading room.

First Presbyterian Church

178 Oenoke Ridge Road 203.966.0002 fpcnc.org Sunday Service: 10am in person or via LocalLive. All are

welcome. Coffee Hour after the service is also available in person or via Zoom. Dedicated childcare is available for all children via Wee Care Nanny Agency from 8:45-11:30am in the Nursery School. Transcripts of previous sermons are also available via the First Presbyterian Church of New Canaan's website. Recurring Events:

Anonymous. Every Tuesday 8pm: Men's A.A. Third Wednesday from 6-7:30 PM: Wednesdays at the Well are intergenerational opportunities to learn and grow in faith together. Dinner will be served and all ages are invited.

Every Saturday 9:15am (closed) and 10:30am (open): Alcoholics

Saint Alovsius Roman Catholic Church 21 Cherry Street 203.966.0020

www.starcc.com

Service Schedule:

Saturday: Vigil for Sunday 5:00 p.m.

Sunday: 7:00 a.m., 8:30 a.m. 10:00 a.m., 11:30 a.m. and 5:00 p.m. The Sunday 8:30 a.m. mass is live-streamed and recorded. Monday-Friday: 7:00 am and 5:30 pm

Saturday: 7:00 am

Recurring Events:

Last Monday of every month 7pm: Women's Praise & Worship **Holy Hour**

Fridays 7:30am-6pm: Eucharistic Adoration (September-June) Saturday 8:30am: St. A's Healing Rosary Prayer Group

St. Mark's Episcopal Church

111 Oenoke Ridge 203.966.4515 churchoffice@stmarksnewcanaan.org

www.stmarksnewcanaan.org

Sunday Services: 8:00am: Indoor Holy Eucharist Rite I; 9:00am: Outdoor Holy Eucharist Rite II; 10am: Indoor Holy Eucharist Rite II (Live Stream also available on the St. Mark's website). Coffee Hour follows the 10am service.

Church School during the 10am service: Godly Play for children in kindergarten through second grade; Holy Moly for third and fourth grades; Meet in the Middle for fifth, sixth and seventh grades. Professional childcare is offered for children ages four and under. Families with children who are not yet ready to separate for childcare are invited to use the rocking chairs at the rear of the

Weekday Services: Monday-Friday, 8:30am: Morning

PrayerRite II by Zoom. Wednesday at 12:05pm: Noonday Eucharist in the chapel. **Recurring Events:**

First Wednesday at 1pm: Laundry Love volunteering opportunity to come alongside people who are struggling financially by assisting them with their laundry.

First & Third Wednesdays from 6-7:30pm: Youth Group **Upcoming Events:** December 14 at 5 PM: A Service of Nine Lessons & Carols.

Now a perennial favorite, uniting the St. Mark's Choir, Choristers, and Soloists, the story of our redemption is told both in word and song - from the story of Adam and Eve to the arrival of the Magi at the Manger. Carols and hymns are sung by the Choir and by all. Followed by a festive reception. No

ticket or registration required St. Michael's Lutheran Church

5 Oenoke Ridge 203.966.3913 office@stmichaelslutheran.org www.stmichaelslutheran.org

Sunday Service at 10:00 am. Following the service there is coffee, cookies and conversation' in the Fellowship Hall.

Recurring Events:

Thursday 12 PM: Alcoholics Anonymous **Upcoming Events:** November 26 at 7 PM: Thanksgiving Worship.

> **Trinity Church** New Canaan | Darien

1800 E. Putnam Ave, Old Greenwich 203.618.0808 info@trinitychurch.life www.trinitychurch.life

Join us Sundays at 10 a.m. at Greenwich Hyatt Regency for lively worship, thoughtful and applicable teaching, weekly Communion, and an opportunity to make friends and grow in community. Trinity Kids (infants through fifth grade) and Trinity Youth (middle and high schoolers) take place during the service, and coffee and refreshments are served following worship. The service is also available on livestream via Youtube, Sundays at 10:00 a.m.; learn more at www.trinitychurch.life.

United Methodist Church

Sunday Service begins at 10:00 a.m.

165 South Avenue 203.966.2666 frontdesk@umcofnewcanaan.org www.umcofnewcanaan.org Join us for Sunday Worship!

Come for uplifting music and a relevant, inspiring message and stay after for coffee and conversation during Fellowship Time. Sunday School for ages 3 through high school resumes

September 7. Child care is available for children from infancy through age 5.

Recurring Events:

Mens Breakfast at 8:45 AM: The United Methodist Church invites all men to our Men's Breakfast, held on the first Sunday of every month. Enjoy fellowship, good food, and meaningful conversation as we share time together in faith and friendship. **Upcoming Events:**

November 8 at 9:30 AM: The United Methodist Women Holy Hike in Irwin Park. More information is available online.

Community Baptist Church

174 Cherry Street 203.966.0711 cbcnewcanaan@gmail.com

www.cbcnewcanaan.org

Youtube: https://www.youtube.com/channel/ UCoZ2UNa8aHI3O_Syp_X0KDg Facebook: https://www.facebook.com/CBCNewCanaan/

> Sunday School at 10:00am Worship Service at 11:00am

Live Facebook Broadcast 11:30 am **Upcoming Events:** November 16 from 3-5 PM: Church Anniversary. **Grace Community Church**

9:30am Service @ New Canaan High School, 11 Farm Road, New Canaan 203-966-7600 info@gracecommunity.info www.gracecommunity.info

Welcome to Grace Church, where we strive to build a church of action, founded on Biblical truth, characterized by faith, grace, community, service, authenticity, clear thinking, and cultural relevance. Grace Community Church is an exercise in knowing God, knowing truth, and building community that extends to our full lives, not just to our Sunday mornings.

Join us Sunday mornings at 9:30am or via GCC's Facebook page or YouTube page. Nursery care and Sunday school/teen programming is available for babies through 12th grade. Coffee and bagels available in the lobby after the service, all are welcome.

> **Talmadge Hill Community Church** 870 Hollow Tree Ridge Road; Darien, CT 203.966.2314 talmadgehillchurch@gmail.com

www.talmadgehill.org Ministers: Rev. Carter Via and Rev. Cheryl Bundy Sunday worship service at 10:00am in person. All are welcome! We encourage everyone to stay for coffee hour after the service. Sunday School is every Sunday during the service and uses the Godly Play curriculum. Please reach out with any questions utilizing information listed above!

Recurring Events: Thursdays at 9:30am: Bible Study First Saturday at 8am: Men's Group Second Saturday at 10am: Women's Circle

Chabad New Canaan Jewish Center 137 Putnam Rd info@chabadnewcanaan.org www.newcanaanjewish.org

The Chabad New Canaan Jewish Center is dedicated to strengthening and building the New Canaan Jewish Community by offering local Jewish resources that bring more positivity, Jewish education, charitable activity, good deeds and blessing to our lovely town.

We are about Judaism, not affiliation. Regardless of your background, and however you choose to define your level of Jewish observance or identity, the Chabad New Canaan Jewish Center can add spirituality, joy, study, community and connection for you and your family. The programs of the Chabad New Canaan Jewish Center are held in various locations, all located in New Canaan.

> Temple Sinai (Reform Synagogue) 458 Lakeside Drive; Stamford, CT 06903 203.322.1649

www.templesinaistamford.org Service Schedule:

1st, 3rd & 5th Friday - 6pm in person and via zoom 2nd & 4th - 7:30pm

Recurring Events:

Fridays at 12 PM: Torah Study

Second Saturday at 10:30 AM: Mussar First and Third Fridays at 5:30 PM: Shabbat Service for

Families with Young Children First Saturday at 8 AM: Avodat Halev Discussion Group

Temple Sholom 300 E. Putnam Ave. Greenwich, CT 06830

> 203-869-7191 www.templesholom.com

Services: In-person and virtual Friday night Shabbat services.

6:30pm & Saturday morning Shabbat services, 10:30am. **Recurring Events:**

Saturdays at 9 AM: Shabbat Study via zoom at https://zoom. us/j/94358392426?pwd=bFJQem9HWFcxU0EzZUM2VENEZmgyU

T09#success

YOUR NEWS BRIEF CONTINUED From Page 1

transition smoothly into the role.

AROUND TOWN

Veterans Day Ceremony

New Canaan will hold its Veterans Day ceremony at 10:55 am on November 11 at Town Hall. General Thomas Bouchard will serve as guest speaker, with refreshments to follow inside. More information is available at https:// www.newcanaan.info/_T8_R643.php.

Donations Sought for SNAP Recipients

To assist residents affected by the suspension of SNAP benefits, New Canaan Human Services is collecting monetary and grocery store gift card donations. The funds will help residents purchase perishable foods not available at the Food Pantry, such as milk, eggs, meat, and cheese. For more information, please visit https://www.newcanaan.info/ departments/human_services/index.php.

LOCAL BUSINESSES AND NONPROFITS

NC Cares Attends Prevention Session



On November 4, CARES joined educators from across Fairfield County for a youth cannabis prevention session at Staples High School. Presenters discussed the risks of teen cannabis use, including addiction, reduced IQ, and mental health impacts. The session also explored how schools can address marketing tactics aimed at teens and strengthen prevention education. Photo credit: New Canaan Cares.

O'Sullivan Addresses Insurance Challenges



Gerard O'Sullivan of the Connecticut Insurance Department recently spoke to the New Canaan Rotary Club about the agency's six divisions and its role in addressing consumer complaints. He discussed key challenges, including policy coverage disputes, health insurance gaps, and rising long-term care costs. Photo credit: New Canaan Rotary

New Exhibit at the Inn



The Inn is currently featuring an art exhibit by Sergey Stepanenko, on display through the end of November. Born in the former USSR, Stepanenko has worked in murals, restoration, and fine art, with pieces held in private collections worldwide. His collection is open to the public for viewing at the Inn. Photo credit: Waveny LifeCare Network.

Waveny Hosts Dementia Care Talk



Waveny LifeCare Network hosted Dr. Peter McAllister for a presentation on emerging dementia treatments and clinical trials. He discussed current therapies, lifestyle factors, and opportunities for research participation. Photo credit: Waveny LifeCare Network.

NCHS SLOBs Help Staying Put



During a recent workshop, members of the New Canaan High School SLOBs helped Staying Put members with technology support. The students assisted with troubleshooting and resolving technical issues. Photo credit: Staying Put in New Canaan.

SCHOOLS

NCHS Spirit Week



Last week, New Canaan High School students created banners representing their graduating classes to display in the cafeteria during Spirit Week. The event began last Monday with Red and Black Day and continued throughout the week. Photo credit: New Canaan Public Schools.

Fire Department Visits South School



Recently, South School kindergarten

November 6, 2025 | New Canaan Sentinel | Page 9 and first-grade students participated in a fire safety program with the New Canaan Fire Department. They learned what to do if they smell smoke and watched a fire truck demonstration. The visit helped students better understand the role firefighters play in keeping the community safe. Photo credit: New Canaan Public Schools.

NCCS New Playground

New Canaan Country School recently celebrated the opening of its expanded Early Childhood playground, which features new equipment and play areas. Directors John Neill and Jeannie Bean led a ribbon-cutting ceremony before students had the chance to explore the space.

Nelson as Point Guard

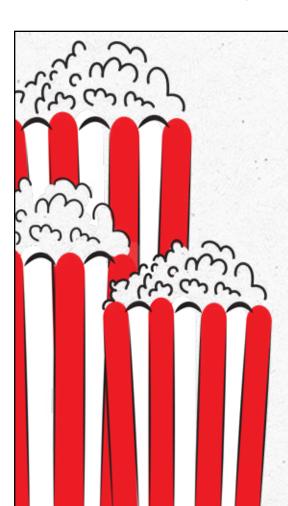


St. Luke's alum Camdyn Nelson '25 has stepped in as point guard for Syracuse University. The 2025 Gatorade Connecticut Player of the Year has quickly earned recognition for her leadership and work ethic. Photo credit: St. Luke's School.

Truwit Runs NYC Marathon



St. Luke's alum Ali Truwit completed the 2025 New York City Marathon two years after losing part of her leg in a shark attack. A Paralympic silver medalist and advocate for adaptive athletics, she continues to push forward in her athletic career. Photo creditSt. Luke's School.



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John Engel | John.Engel@Elliman.com

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Robyn Bonder | Robyn.Bonder@Elliman.com

	NEW LI	STINGS	S			
Address	List Price	SqFt	Price/SqFt	AC	BR	FB
331 Dans Highway	\$2,195,000	4,176		6.28	5	4
39 Running Brook Lane	\$3,249,000	6,392		2.67	5	4

Address	Price	Day	Time	Broker
176 Logan Road	\$2,795,000	SAT & SUN	1:00-4:00	Coldwell Banker
113 Skyview Lane	\$3,995,000	SUN	1:00-4:00	Compass
	NE	W SA	LES	

	NEW SALES												
Address	Original List	List Price	Sold Price	DOM	BR	FB	Acres						
232 Sleepy Hollow Road	\$1,649,000	\$1,649,000	\$1,575,000	76	4	4	2.01						
95 Heather Drive	\$1,895,000	\$1,895,000	\$2,170,000	12	4	4	2						
2 Mead Street #20	\$2,199,000	\$1,899,000	\$1,850,000	104	3	2							
39 Louises Lane	\$4,295,000	\$4,295,000	\$3,825,000	66	5	6	4.94						
17 Wardwell Drive	\$5,495,000	\$4,995,000	\$4,800,000	101	6	7	2.52						
585 Canoe Hill Road	\$7,100,000	\$7,100,000	\$7,100,000	88	5	6	3.76						

The Value of What We're Losing and a Roadmap for Responsible Preservation



By John Engel

New Canaan is rewriting its zoning code for the first time in decades, one year after the town adopted its updated Plan of Conservation and Development. Those two processes - zoning and planning — determine what kind of town we will leave to the next generation. We're finally asking the right questions: What are we trying to preserve, and how are we going to pay for it?

We talk often about "character," a word the state now bars P&Z from using to deny housing unless tied to explicit physical standards (Public Act 21-29, adopted June 2021). Fine. Let's fund the real thing instead: wooded lots, winding roads, mid-century gems beside antique streetscapes. Our rules still reward demolition. Every permit fattens town coffers; every teardown erases value no new build can replace.

A Town Built on Restraint

New Canaan's identity isn't defined by any single era. It's a combination of three braided legacies: the antique village core, the mid-century modern experiment, and the quiet, wooded landscapes that knit them together. Beauty here was never accidental. It was the product of restraint, of architecture responding to land.

But we're losing that balance. The 2008 Glass House Modern House Survey documented 91 significant modern homes, of which 26 had already been **demolished**. That was seventeen years ago. How many are left today? The same forces that threaten the moderns now threaten the village and its setting: speculative building, clear-cutting, and the steady replacement of modest houses with overscaled ones.

Our current "protections" are paperthin. The 90-day demolition delay buys time but doesn't change outcomes. The penalties are modest, and the incentives nonexistent. We say we cherish architecture, yet we've built a system where tearing down is faster, cheaper, and more profitable than adapting what

The Economics of Character

Preservation isn't nostalgia; it's smart money. Studies by PlaceEconomics and the National Trust show that **properties** in historic districts appreciate faster than comparable homes outside them. Buyers are paying for character, stability, and authenticity. Palm Springs is proof: By requiring review of any building constructed before 1980, the city not only protected its mid-century heritage, it turned that heritage into a brand. Modernism Week now generates over \$60 million annually for the local economy. New Canaan's October for Design could do the same.

Westport took a lighter-touch approach. Its **Historic Resources Inventory** lists every building worth a second look, paired with a 180-day demolition delay on homes over 50 years old. The list isn't punitive; it's educational. No handcuffs, just homework. Builders, architects, and real-estate agents all know which properties matter before plans are drawn. Awareness alone slows the rate

Pasadena went further, using economic incentives instead of penalties. Under California's Mills Act, owners of designated historic properties receive property-tax reductions of 40-60% in exchange for maintaining and restoring their homes. The city cashes in on higher resale prices, tourist traffic,

and lively streets.

Nantucket doubles down on reuse; its House Recycling Program, launched in 1994, snatches demo-bound homes via a 30-day ad period, then relocates them to town land for affordable year-round rentals. Backed by the Affordable Housing Trust Fund - no new taxes — the island's Historic District Commission just extended the move window from 60 to 180 days in 2024, saving over 32 structures (many 100+ years old) while creating stable housing for essential workers. Demolition waste down, community fabric up — proof that moving history funds the future.

These are different models, but they share a theme: Preservation pays. It stabilizes values, attracts investment, and strengthens community identity.

preservation. The more we build, the more we can afford to protect.

A Smarter Return on Character

The conversation must shift from regulation to reinvestment. Stop treating preservation like red tape. Treat it like an investment with compound interest.

A teardown replaces a one-of-a-kind home with a commodity. A restoration preserves uniqueness, and uniqueness is the essence of market value. Realtors know it. Appraisers know it. Our policies should reflect it.

We should also recognize that every act of preservation ripples outward. Maintaining the antique village supports downtown businesses. Protecting midcentury homes attracts architecture tourism. Saving mature trees reduces carries a surcharge of ten dollars for every thousand dollars of construction value. That one percent goes directly to the Affordable Housing Trust Fund. Last year, construction values totaled between \$130 million and \$153 million. Apply that same one-percent formula to preservation and we'd have a selffunding Preservation & Landscape Fund, raising roughly \$1.3 to \$1.5 million a year without raising a dime

Half could support a part-time Preservation Officer, surveys, and education; the rest could fund matching grants that reward owners who restore rather than demolish. Even at 1%, we could help roughly twenty-five homes a year. Add zoning flexibility and local tax

Every permit in New Canaan of permit revenue to it. Revive the dormant Land Acquisition Fund with a modest annual transfer so we can buy or conserve scenic parcels. Hire a parttime Preservation Officer, paid from the fund, not taxes. And adopt a local version of Pasadena's Mills Act, giving property-tax reductions to homeowners who record preservation easements. Every one of those actions strengthens the tax base by protecting what makes New Canaan premium.

What the Charter Commission Can Do

The Charter Revision Commission defines what endures. Amend P&Z's mandate to include protection of architectural and natural heritage. Create a permanent Conservation & Preservation Commission to integrate buildings, trees, and open space. Secure all dedicated funds — Affordable Housing, Land Acquisition, Preservation & Landscape — against diversion. Strong charters outlast shifting priorities.

And lock these dedicated funds -Affordable Housing, Land Acquisition, Preservation & Landscape – so they can't be raided for other uses. Good rules outlive good intentions.

What the Glass House Can Do

The Glass House already proved in 2008 that we can make a list. Ninety-one significant moderns, twenty-six already gone. It's time to finish that work. Lead with the 2025 Modern and Historic House Survey, publish it online, and show us exactly what's left. Invite students and volunteers to help. When residents see their homes on that map, they begin to take pride in keeping them.

What TEDAC Can Do

Tourism & Development Advisory Committee should make architecture part of our brand. Launch Modern & Timeless: The Architecture of New Canaan, modeled on Palm Springs' Modernism Week. Offer walking tours and design weekends that draw visitors to town and customers downtown. Preservation isn't charity; it's marketing that sustains our

economy. How We Pay for It

With permit values around \$150 million a year, a 1% preservation fee yields \$1.5 million annually — **\$7 million over five years**. Half goes to operations and surveys, half to homeowner grants and incentives. That saves about 25 homes per year, 125 over five years through direct funding alone. Add zoning bonuses and tax abatements, and we could protect 200 to 250 homes roughly half the architecturally significant houses in town — within a single decade.

That's not a fantasy. It's arithmetic.

Accountability and Vision

In five years: a complete inventory, a staffed Preservation Office funded by development, an active Land Acquisition Fund, and hundreds of homes preserved by reward, not restriction.

Palm Springs planned. Westport listed. Pasadena incentivized. Nantucket relocated. New Canaan can do it with structure and arithmetic.

Every town spends where it believes. We fund affordability. Now we must fund preservation.

John Engel is a broker on The Engel Team at Douglas Elliman in New Canaan. In 1973, the average home in America was 1,660 square feet, and by 2015, it had grown 62% to 2,687 square feet. In New Canaan, the average size of the last eight new homes sold was 6,315 square feet above grade. John's Stamford-based grandparents used to call New Canaan fancy" back in the 1970's. Wonder what they'd call it now?

Preservation Fund: Five-Year Scenarios

	111	sci valio	n i unu.	i ioc ica	i Scenar	103	
Scenario	Fee	Annual Permit Base	Year 1 Revenue	5-Year Total	Grant Size	Homes/ Year	5-Year Total
Conserva- tive	0.5%	\$130.9 M	\$654 k	\$3.27 M	\$50 k	13	65
Baseline	1.0%	\$130.9 M	\$1.31 M	\$6.55 M	\$50 k	26	130
Growth	1.0%	\$153.7 M	\$1.54 M	\$7.68 M	\$50 k	30	150
Ambitious	1.5%	\$153.7 M	\$2.31 M	\$11.55 M	\$50 k	46	230



The Aluminaire House (1931) has been moved three times to save it, most recently by the Palm Springs Museum of Art.



Measure J was enacted in 2012 to support projects that enhance livability in Palm Springs. The funding source is a 1% supplemental sales tax.

Where New Canaan Falls Short

We have the philosophy; our POCD says clearly that we should "preserve the historic and architectural character of the community." What we lack are the tools and the funding to match those words.

We already self-fund affordable housing with a tiny permit surcharge. Every building permit in town carries a small surcharge that goes into the Affordable Housing Fund. It's simple, fair, and invisible to taxpayers. We also have a Land Acquisition Fund, a smart concept meant to let the town buy or protect key parcels, but it mostly sits

If we can tap permits to build affordable units, why not tap them to save what makes New Canaan special?

A 1% "preservation fee" on building-permit revenue (roughly \$150 million a year) would yield \$1.5 million annually without raising taxes. That's enough to:

- Hire a part-time **Preservation** Officer;
- Update the *Modern House Survey* and create a public inventory of architecturally significant homes;
- Fund house moves to underused lots, Nantucket-style, turning teardowns into affordable rentals. • Offer small matching grants for
- façade restoration, tree preservation, or landscape rehabilitation; and • Seed the dormant **Land Acquisition Fund** to permanently protect scenic parcels and view corridors.

runoff, cools microclimates, and buffers property values. These are not aesthetic niceties; they're economic multipliers.

What Comes Next

This zoning rewrite is our chance to align policy with purpose. We can make New Canaan a Certified Local Government, eligible for state preservation grants. We can reinvest a fraction of our permit revenue into a fund that pays for the expertise, surveys, and incentives we've lacked. We can finally put money behind the values we've been quoting from the POCD for years.

Every town spends where it believes. Palm Springs funds its brand. Pasadena funds its past. Nantucket funds its future. New Canaan can fund its soul if we choose to.

Here's the **roadmap** for how each board, commission, and organization from the Town Council and P&Z to the HDC, the Glass House, and TEDAC can take responsibility for its part, and how we can pay for all of it without raising a single tax dollar.

A Roadmap for Responsible **Preservation**

We know what we value. We just don't fund it.

We collect a fee on every zoning permit to support affordable housing. We could do the same to protect what makes New Canaan desirable. The math is simple, the opportunity is right in front of us, and every board in town has a role to play.

Development would pay for The One-Percent Solution

Department, the stronger the fund. What P&Z Can Do

P&Z sets the rules. Extend demolition review to all pre-1980 homes the Palm Springs model. Bundle tree removal, grading, and demolition into one site-plan review. Offer a 10% floorarea bonus for retaining significant structures. Codify the 1% Preservation Fund in zoning regulations, mirroring affordable housing.

abatements, and that number doubles.

Development would pay

preservation. The busier the Building

Clear rules. Reliable revenue. An economic incentive to preserve, not

Predictable rules. Steady funding. A financial reason to save instead of

What the HDC Can Do

The Historic District Commission must lead the mapping of what matters. Partner with the **Glass House** to update the 2008 Modern House Survey and expand it to include downtown, antiques, and landscapes. Publish a searchable online inventory - New Canaan's version of Westport's Historic Resources Inventory. Use the Preservation Fund to offer \$50,000 matching grants and apply for state grants that match us dollarfor-dollar. Knowledge is protection. You can't save what you haven't listed.

What the Town Council Can Do

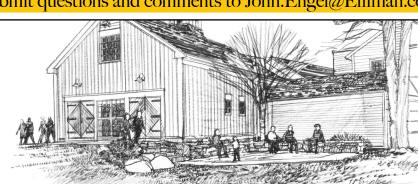
The Council controls the purse and the message. Authorize the Preservation Fund and dedicate 1%

Submit questions and comments to John. Engel@Elliman.com



Keith E. Simpson Associates

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GAMES AND

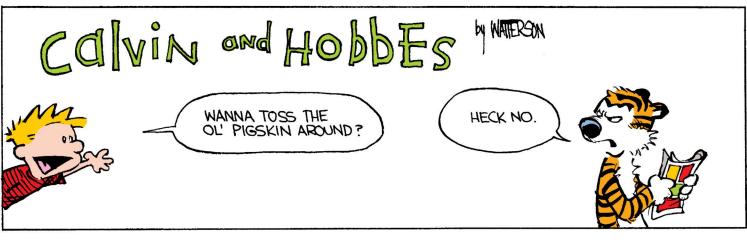


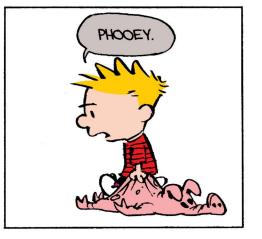
CROSSWORD PUZZLES



YOUR HOROSCOPE FOR NEXT WEEK

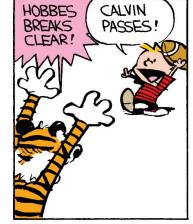


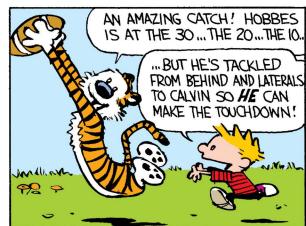


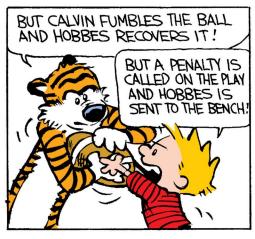


















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COLUMN | WILDLY SUCCESSFUL: HUMANS

Meet the Animal That is More Resourceful than All Others

BY JIM KNOX

I have a complicated relationship with tigers. More than 20 years ago I was drawn to work with them. I leapt at the opportunity! Upon caring for these greatest of the great cats, I came to appreciate the unmatched power they commanded and the visceral fear they could incite with the fix of their gaze and the wrinkle of their facial fur as they retracted their flanges over 3-inch canines.

Then, there was the roar—the terror-inducing voice of all things wild and unconquerable. It rooted me to the ground and let me know that there were beasts far greater than any single human. Yet for the terror the tiger inspired in me, there was another, even more powerful emotion it conjured—awe. The tiger was perhaps the most majestic creature I'd ever beheld. Infinitely powerful and beautiful, it roamed the forests of my mind without rival. Over time I came to appreciate the nuances of the cats; their distinct personalities and habits, and with them, a new perspective.

As a species, we've come to know the tiger's hallmark ferocity and, while it's truly at the core of the tiger's nature, what is often lost



Humans

roar. Aside from their first two years roar is a futile attempt to drown out

is the why behind the snarl and the solo act. To some perhaps, the tiger's spent at mom's side, a tiger's life is a the silence of a life unaccompanied.

The roar is the voice of an animal to protocols. On the literal and

who must proclaim territory and figurative surface, these small intimidate rivals without backup. It mammals appear stacked on top goes on the offensive because a tiger of each other. Yet the reality is that

colony for the appearance of threats to their health. These sentries give barking calls to warn the othershence the name prairie dogs. In the process these sentries save lives.

Prairie dog society isn't perfect. Like us humans, they are known to posture, squabble and on occasion, fight. Despite the flare ups which inevitably occur, the strength of the colony is derived from the strength of the individual, which is leveraged and amplified. These tough and admirable beasts rely heavily on the family unit to govern itself within the ward, just as the ward governs itself within the colony. All of this is predicated upon the individual observing the protocols of the society: giving her/his neighbors space, fulfilling specific roles at different times and working cohesively with those around them.

Us humans, we're quite a bit different than tigers. Much smaller, far slower and infinitely weaker, we couldn't possibly match this beast. How did we ever survive the forests of antiquity? For all of our physical limitations, we possess something the tiger does not. Specifically, we are social creatures. The detailed answer lies in our parallels to those adorable prairie dogs. Surviving and thriving in societies of hundreds of millions is no accident. Cooperation and teamwork is in our DNA. It's



Us humans, we're quite a bit different than tigers. Much smaller, far slower and infinitely weaker, we couldn't possibly match this beast. How did we ever survive the forests of antiquity?

has no companions to defend it.

a different strategy altogether. Black-tailed Prairie Dogs are large ground squirrels who give the word gregarious a new meaning. The

it absolutely relies upon it. Yet societal rules. it does so with very stringent

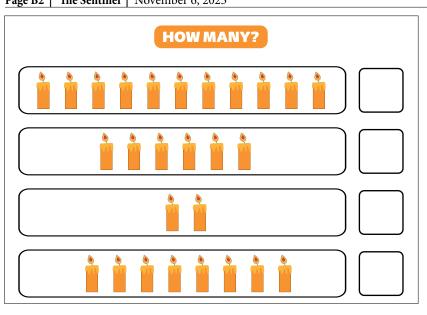
they maintain their own unique There are others who adopt and highly effective form of social distancing. Specifically, they are divided up into wards and coteries. Wards are prairie dog versions of neighborhoods and coteries largest known prairie dog town in are the family units within those Texas was larger than our home neighborhoods. These industrious state of Connecticut and held a little mammals excavate specialized population estimated at more than burrows for specific purposes; some 400 million animals! Yes, that's no for latrines, others for nurseries typo. So how do these creatures live for their young, still others for in such vast numbers to survive pantries designated strictly for food storage. In short, the prairie dogs' Prairie dog society doesn't just tremendous success and resilience value coexistence and cohabitation, is directly linked to adherence to its

They face dangers too—Blackrules. The only way for these footed Ferrets, Golden Eagles and creatures to share precious food badgers to name a few, and they and space resources is to adhere have sentries who monitor the

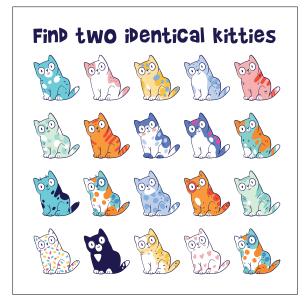
what we do and do so very well.

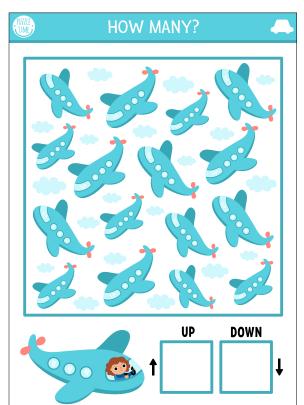
In these trying times, uncertainty can creep into our thoughts and cloud our resolve. In nature we find the answer to innumerable challenges that vex us. While the prairie dog has so much to share-so much it can teach us, there is yet another species that is even more resilient and worthy of emulation. These creatures are more resourceful than all others. As tenacious as they are inventive, they grow solutions from soil which is fertile with problems. And, these creatures have a name. We call them...humans.

Jim Knox is Curator of Education at Connecticut's Beardsley Zoo where he directs education and conservation initiatives to advance the protection of wildlife in Connecticut and beyond.

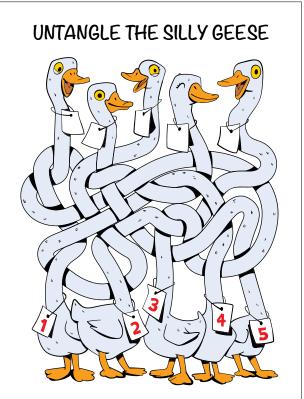












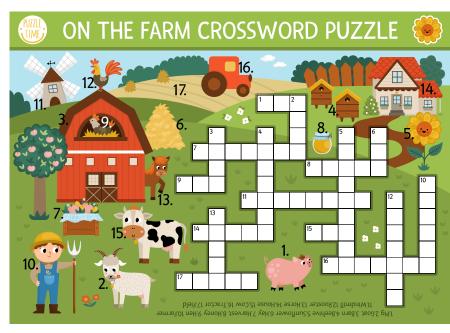


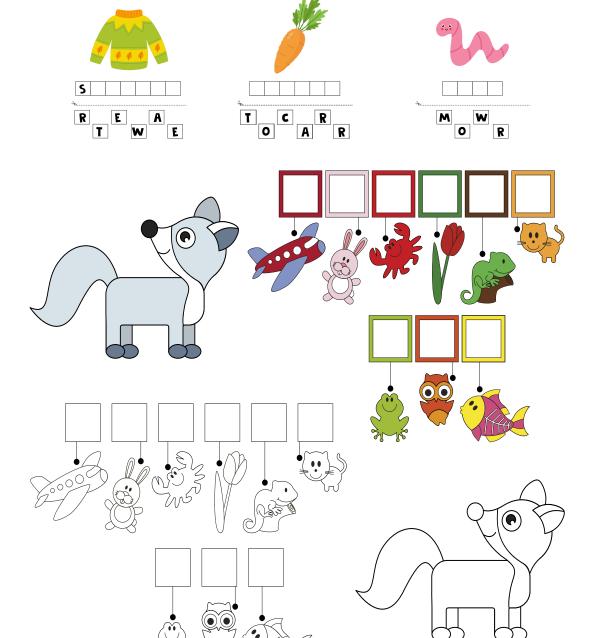


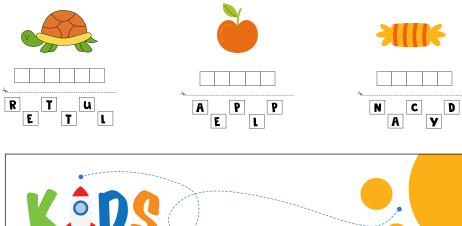


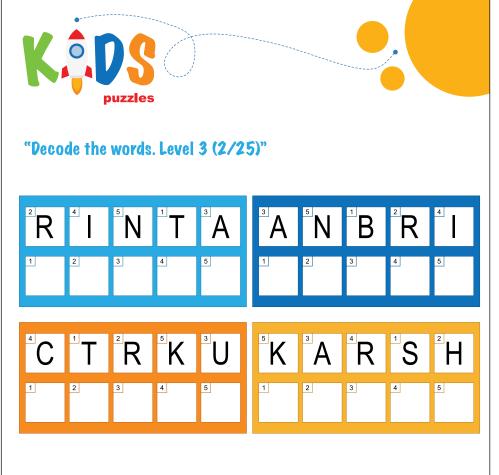












Submit your events at: newcanaansentinel.com/submit-anevent/

TOWN MEETINGS

Tuesday, November 11

Fire Commission 5-7 p.m., Fire Headquarters

WPCA Public Hearing

6-7 p.m., Town Hall Meeting Room & via Zoom

Board of Finance

7-8 p.m., Town Hall Meeting Room & via

Wednesday, November 12

Audit Committee 8:30-9:30 a.m., Location not posted at time of publication.

Parks and Recreation Commission 7-8 p.m., Lapham Community Center

Thursday, November 13

Police Department Building Committee 8-9 a.m., Location not posted at time of publication.

Conservation Commission 12-1 p.m., Town Hall Board Room

November 7

COFFEE AND CONVERSATION 8:30 - 9:30 AM at the Lapham Center **Sponsored by the New Canaan Sentinel** for a weekly community coffee and conversation.

Wine Tasting Party

6:30 PM at the Carriage Barn Arts Center Join this special evening, celebrating the best of Piedmont, Italy's premier wine region. Hosts Justin Miller of Craftbottlz, Rachel and Michelle of Culinary Wine Camps, will share stories and insider information about the region, and you'll taste several wines, each paired with delicious regional cuisine specialties. Tickets are \$85/person and available at https://carriagebarn.org/event/ a-night-in-piedmont-italy/.

Aladdin Jr. the Musical

7 PM at Saxe Intermediate

Join for an Arabian Night! Disney's Aladdin JR. is based on the 1992 Academy Award®winning film and the 2014 hit Broadway show about the "diamond in the rough" street rat who learns that his true worth lies deep within. More information is available at https://shorturl.at/SoTAg.

November 8

Nature Workshops by Kimberly Kelly | **Garlic Workshop**

11 AM at Grace Farms

Learn how to prepare, plant, and care for garlic. Leave with a hand-selected head of garlic to plant this autumn for summer harvest. Tickets are \$16/members, \$20/nonmembers, and available at https://shorturl.at/ ds9fZ.

Aladdin Jr. the Musical

1 & 4 PM at Saxe Intermediate

Join for an Arabian Night! Disney's Aladdin JR. is based on the 1992 Academy Award®winning film and the 2014 hit Broadway show about the "diamond in the rough" street rat who learns that his true worth lies deep within. More information is available at https://shorturl.at/SoTAg.

Opening Reception: Fairfield County Student Social Justice Art Showcase

1-3 PM at the Carriage Barn Arts Center This art showcase celebrates how art, design, and architecture can shine a light on social justice issues. Students of all ages from any Fairfield County town will share their art and the stories behind their art. Free.

Grateful Dead Night, with 'Take A Step Back'

7 PM at the Carriage Barn Arts Center Join an evening of live music featuring uplifting rhythms, unique song forms, organic harmonic progressions and the gorgeous and often cryptic storytelling in the lyrics that connects the listener to the inner fabric of the universe and the spiritual elements of humanity. Tickets are \$35 in advance, \$40 at the door, and available at https://carriagebarn.org/event/grateful-deadnight/.

New Canaan Community Foundation Fall Fête

7:30-10:30 PM at the Country Club of New Canaan

Celebrate the work of the New Canaan Community Foundation with an evening of live music, delicious food and drinks, and opportunities for giving. All proceeds from the event will benefit the Foundation's

grantees in New Canaan and our neighboring towns. Tickets are available at https://cbo.io/ app/public/bidapp/fallevent2025.

November 9

Treetops Chamber Music: American String Quartet at the Carriage Barn

4 PM at the Carriage Barn Arts Center Internationally recognized as one of the world's finest quartets, the American String Quartet has spent decades honing the luxurious sound for which it is famous. The program will include Beethoven Opus 95, Shostakovich 8, and Dvorak "American". Tickets are available at https://www. treetopscms.org.

November 10

Sit and Stitch with Aggie

2 PM at the Lapham Center Learn tips on the best ways to embellish your project and how to use decorative stitches. To register, call (203) 594-3620.

November 11

Crafty Tuesdays

9:30 AM at the Lapham Center

This group works on a variety of crafts, including Landmark Ornaments, to be sold to benefit local charities. To register, call (203) 594-3620.

Indian Cooking with Nita | Butter Chicken & Indian Classics

11 AM at the Lapham Center

A flavorful and fun cooking class where you'll learn to create one of India's most beloved dishes, Gain practical cooking skills, a better understanding of Indian spices, and the confidence to recreate this delicious meal at home. In this hands-on class, you'll learn how to cook butter chicken, make peas pulao, and more. To register, call (203) 594-3620.

Bottle Painting: Sip & Create with Ashley

6:30 PM at the Carriage Barn Arts Center Join for a fun and creative evening with friends and take home a unique keepsake. Unleash your creativity with artist Ashley McNeal, who will guide you through designing and painting a bottle of your choice-whether it's champagne, prosecco, wine, or another favorite. Registration is \$25/ members, \$30/non-members, and available at https://carriagebarn.org/event/bottlepainting-ashley-mcneal/.

November 12

Fall Early Morning Walks with Frank Gallo

8:30 AM at the New Canaan Nature Center Meet Senior Naturalist and expert birder, Frank Gallo, for bird walks around the Nature Center's Grounds. You'll be keeping track of the birds you see as they generate a database and new bird list for NCNC and Bristow. Bring binoculars! More information and registration is available at https:// newcanaannature.org/adult-birding/.

Drop in Holiday Calligraphy Series

12-2 PM at the Carriage Barn Arts Center Get holiday-ready with a festive, hands-on calligraphy course designed for adults of all levels. You can join the full series (November 12, 19, December 3 & 10) or drop in for individual sessions. More information is available at https://carriagebarn.org/holidaycalligraphy-series/.

Thanksgiving Lunch at Lapham

12 PM at the Lapham Center

Enjoy traditional Thanksgiving favorites from Walter Stewarts, followed by some great music and enter-

tainment from Tommy and Cuz. \$10/person. Call 203-594-3620 to reserve your spot.

Blood Sugar & Blood Pressure Clinic 12:30 PM at the Lapham Center

Ellen Samai from New Canaan's Department of Health provides in-person blood sugar and blood pressure testing. Walk-ins welcome. If you plan to have your blood sugar level tested, it is recommended you fast for four

call (203) 594-3620. **Billiards for Everyone with Mike Bacon** 2-4 PM at the Lapham Center

hours prior to testing. For more information.

Join Mike for a fun game of pool. No experience required. To register, call (203) 594-3620.

Rummikub Open Play

2 PM at the Lapham Center Stop by for a few rounds of Rummikub, an engaging and social game. To register, call (203) 594-3620.

The Power of Collaboration: Fostering **Family Support for Teen Success**

7 PM at the New Canaan Library, Jim & Dede Bartlett Auditorium

Calendar of Events for Your Fridge The Ram Council Foundation, Inc. will host their annual parent/teen town-wide forum. This free program will discuss parenting high school students in regard to positive health, academic, and social decisions for their teen years and their future. Panelists will also offer teens practical coping strategies for selfcare and stress management that can be applied during their high school experience. Register at https://shorturl.at/tVFmZ.

Public Showing at the NCHS Dome

7 PM at New Canaan High School Step inside The Dome for an all-new cosmic experience featuring the first images from the Vera C. Rubin Observatory. Captured with a groundbreaking telescope housing the largest digital camera ever built, this show celebrates the launch of the Legacy Survey of Space and Time (LSST); a decade-long journey to create the most detailed timelapse movie of our Universe. Tickets are \$20 on The Dome's Eventbrite with proceeds supporting ongoing student programming.

November 13

Fall Early Morning Walks with Frank Gallo

8:30 AM at Bristow Sanctuary

Meet Senior Naturalist and expert birder, Frank Gallo, for bird walks around the Nature Center's Grounds. You'll be keeping track of the birds you see as they generate a database and new bird list for NCNC and Bristow. Meet at the concession stand across from the ball fields at Mead Park. More information and registration is available at https://newcanaannature.org/adult-birding/.

Ask the Attorney with Nedder and **Associates**

2-4 PM at the Lapham Center An attorney from Nedder and Associates, LLC will be available for a free, private, fifteen-minute consultations to answer your legal or financial questions. Please call (203) 594-3620 to schedule your appointment.

Shop for a Cause at Claudette

6-8 PM at Claudette, 106 Main Street Join for a charity shopping event for Family & Children's Agency. Receive 10% off and 15% of ALL sales will be donated to Family & Children. Wine and lite bites will be served.

Be Aligned | Human Design Workshop with Brianne Cuttler

6:30 PM at the Carriage Barn Arts Center This three-part Human Design workshop series guides you through a journey of selfdiscovery, release, and renewal, in alignment with the natural rhythms of the seasons. Each two-hour session builds upon the last to create a powerful transformation. Registration for session one is \$30/member and \$35/non-member. Two additional sessions will be scheduled for January and April 2026. Register at https://carriagebarn. org/event/be-aligned-workshop/.

November 14

COFFEE AND CONVERSATION 8:30 - 9:30 AM at the Lapham Center Sponsored by the New Canaan Sentinel for a weekly community coffee and conversation.

Bluegrass Bash Fall Fundraiser

6:30-9 PM at the Waveny Carriage Barn Join New Canaan Young Life for a night of live bluegrass music, curtesy of Michael-Lewis Smith & the Bluegrass Ramblers, local pours & southern-inspired cuisine. Tickets are \$75/ person and available at https://shorturl.at/ sRKpY.

November 15

World Music Series: Indian Classical Performance with Tabla and Sarod

3 PM at the New Canaan Library, Jim & Dede Bartlett Auditorium

Master musicians Ranendra Das (tabla) and Satyaki Dutta (sarod) will take us on a musical journey that is millennia in the making. Prepare to be transported by their intricate, complex rhythms and deeply resonant sounds as we listen and learn about this rich musical tradition. Register at https:// shorturl.at/xh1rk.

November 16

Acclaimed Author Dorie Greenspan Presents 15th Cookbook, "Dorie's **Anytime CAKES**"

2 PM at the New Canaan Library, Jim & Dede Bartlett Auditorium

Five-time James Beard winner and New York Times bestselling author Dorie Greenspan will discuss her 15th cookbook, Dorie's Anytime CAKES with Anna Francese Gass. Register at https://shorturl.at/9Uays.

November 17

Online Scams and Phishing 101

2 PM at the New Canaan Library, Craig B. Tate Conference Room

Learn how to avoid common internet scams and protect your data. Focus on how to spot phishing attempts, online shopping scams, and many other tactics regularly used by scammers. Register at https://shorturl.at/ dZQEQ.

Sit and Stitch with Aggie

2 PM at the Lapham Center Learn tips on the best ways to embellish your project and how to use decorative stitches. To register, call (203) 594-3620.

November 18

Lunch & Learn | Dede Bartlett on her great Uncle Willie and the Yukon Gold **Rush of 1896**

12 PM at the New Canaan Museum & Historical Society

Among those who sought their fortune at the Klondike River was Dede Bartlett's mother's cousin, William Thomas Hearne. Dede will share photographs and stories of his adventures as a stampeder. Register at https://shorturl.at/UbPNi.

November 19

Drop in Holiday Calligraphy Series 12-2 PM at the Carriage Barn Arts Center

Get holiday-ready with a festive, hands-on calligraphy course designed for adults of all levels. You can join the full series (November 12, 19, December 3 & 10) or drop in for individual sessions. More information is available at https://carriagebarn.org/holidaycalligraphy-series/.

Rummikub Open Play

2 PM at the Lapham Center Stop by for a few rounds of Rummikub, an engaging and social game. To register, call (203) 594-3620.

Billiards for Everyone with Mike Bacon

2-4 PM at the Lapham Center

Join Mike for a fun game of pool. No experience required. To register, call (203) 594-3620.

Fall Flowers & Wine

6:30-8 PM at the Carriage Barn Arts Center Learn to create a stunning fall floral arrangement, while tasting and learning about exquisite wines. Tickets are available at https://carriagebarn.org/event/fall-flowerswine/.

Special Screening | The Right Track 6:30-8 PM at the Playhouse

General Admission: \$25 (Includes Toin Join the Partnership to End Human Trafficking (PEHT) for an engaging and educational evening featuring a special screening of The Right Track. Tickets are available at https:// playhouse.cinemalab.com/movie/the-righttrack/.

Developing Independence and Confidence in Our Kids

7 PM in the Saxe Auditorium

Lenore will share her powerful message about why fostering independence is essential for childhood growth and resilience. Skenazy will provide parents with insights and strategies to help children build confidence, self-reliance, and resilience in today's world. This event is free and open to the public.

November 20

Fall Floral Arranging Workshop with Juliet Howe

11 AM- 1 PM at the New Canaan Nature Center

Learn how you can create a one of a kind arrangement to display in your home. Juliet will also show you little tricks to make your arrangement last through the holiday. Feel free to bring your lunch and drinks will be provided. Tickets are \$90 (includes all materials required for class) and available at https://shorturl.at/JJLFN.

Life Reimagined

1 PM at the Lapham Center Hosts Marcy Rand and

Purposeful living promotes happiness, longevity, a healthier heart and reduces the risk of Alzheimer's and other diseases. Robin Rockafellow will lead an informal and friendly group discussion and explore our interests, abilities, knowledge, and activities in connection with the community around us. To register, call (203) 594-3620.

Legally Blonde the Musical

7 PM at New Canaan High School

Join for an unforgettable night of music, laughter, and girl-power energy as Elle Woods takes the stage on her journey from sorority queen to Harvard Law star. Tickets will be available at https://shorturl.at/ks5Uh.

November 21

COFFEE AND CONVERSATION 8:30 - 9:30 AM at the Lapham Center Sponsored by the New Canaan Sentinel for a weekly community coffee and conversation.

Blossom Hill Holiday Bazaar

5:30-9 PM at the Carriage Barn Arts Center This festive evening brings together the community for an evening of holiday shopping, seasonal refreshments, cocktails, and live music—all in support of Blossom Hill's work providing education to displaced and at-risk children around the world. Tickets are \$50 and available at https://blossomhillfoundation.org/bazaar.

Legally Blonde the Musical

7 PM at New Canaan High School Join for an unforgettable night of music, laughter, and girl-power energy as Elle Woods takes the stage on her journey from sorority queen to Harvard Law star. Tickets will be available at https://shorturl.at/ks5Uh.

November 22

Holiday Market

10 AM- 5 PM at the New Canaan Nature Center

The New Canaan Nature Center will kick off the holiday season by hosting their Holiday Market! There will be unique gifts items including jewelry, candles, and much more.

Legally Blonde the Musical

2 & 7 PM at New Canaan High School Join for an unforgettable night of music, laughter, and girl-power energy as Elle Woods takes the stage on her journey from sorority queen to Harvard Law star. Tickets will be available at https://shorturl.at/ks5Uh.

November 23

Drop in Holiday Calligraphy Series

4-6 PM at the Carriage Barn Arts Center Get holiday-ready with a festive, hands-on calligraphy course designed for adults of all levels. You can join the full series (November 23, 30, December 7 & 14) or drop in for individual sessions. More information is available at https://carriagebarn.org/holidaycalligraphy-series/.

November 24

Sit and Stitch with Aggie

2 PM at the Lapham Center

Learn tips on the best ways to embellish your project and how to use decorative stitches. To register, call (203) 594-3620.

Film Screening: The **Ice Storm**

6 PM at the New Canaan Library, Jim and Dede Bartlett Auditorium

Join for a screening of Ice Storm. Runtime: 1hr, 52 minutes. Rated R. Register at https:// shorturl.at/iuhn7.

November 28

THERE WILL BE NO COFFEE AND **CONVERSATION** 8:30 AM at the Lapham Center

November 29

Classical Piano Holiday Concert

7 PM at the Carriage Barn Arts Center Join a special evening of holiday and classical music. Pianist Joe Bush returns for an evening featuring Tchaikovsky, Beethoven and Rachmaninoff and holiday tunes. Tickets are \$35/adults and available at https:// carriagebarn.org/event/joe-bush-holiday/.

November 30

Drop in Holiday Calligraphy Series

4-6 PM at the Carriage Barn Arts Center Get holiday-ready with a festive, hands-on calligraphy course designed for adults of all levels. You can join the full series (November 23, 30, December 7 & 14) or drop in for individual sessions. More information is available at https://carriagebarn.org/holidaycalligraphy-series/.

SAVE THE DATE

December 1

Advanced Excel for Data Analysis: Pivot Charts and Tables

6 PM at the New Canaan Library, Craig B. **Drop in Holiday Calligraphy Series**

Calendar of Events for Your Fridge

Tate Conference Room

This advanced, hands-on session will show you how to organize large data sets, create dynamic summaries, and design clear visualizations using slicers, filters, and formatting tools to uncover key insights. Beginning Excel knowledge is required to participate fully in this class. Register at https://shorturl.at/3Lkl3.

December 2

Tom Freston presents Unplugged

7 PM at the New Canaan Library, Jim & Dede Bartlett Auditorium

Join for an evening with Tom Freston in conversation with Holly Parmelee. Unplugged: Adventures from MTV to Timbuktu is a freewheeling and riveting memoir from founder Tom Freston. Register at https://www.newcanaanlibrary.org/event/ tom-freston-hold-163478.

December 3

Drop in Holiday Calligraphy Series

12-2 PM at the Carriage Barn Arts Center Get holiday-ready with a festive, hands-on calligraphy course designed for adults of all levels. You can join the full series (November 12, 19, December 3 & 10) or drop in for individual sessions. More information is available at https://carriagebarn.org/holidaycalligraphy-series/.

December 4

Clever and Crafty Workshops | **Gingerbread Houses**

1 PM at the Lapham Center

Learn new skills while creating beautiful, handmade gingerbread houses with Tricia from Clever and Crafty. To register, call (203) 594-3620.

Opening Night of Charlotte's Web

7 PM at the Powerhouse Theatre

The Children's Literature Association named Charlotte's Web "the best American children's book of the past 200 years". Joseph Robinette, working with the advice of E.B. White, has created a play that captures this work in a thrilling and utterly practical theatrical presentation. This is a beautiful, knowing play about friendship. Tickets are available at https://tpnc.org.

Holiday Live Wreath Decorating Workshop

7-9 PM at the New Canaan Nature Center Join for a festive evening of wreath decorating! A live balsom wreath will be provided to create a unique, one-of-a-kind holiday treasure, using a delightful array of nature's bounty. Tickets are \$90 (includes all materials required for class) and available at https://shorturl.at/YuF0D.

December 5

COFFEE AND CONVERSATION 8:30 - 9:30 AM at the Lapham Center **Sponsored by the New Canaan Sentinel** for a weekly community coffee and conversation.

Gifting for Good

4 & 6 PM at Grace Farms

In the spirit of giving, gather with friends, family, and fellow community members to assemble care packages. This night offers festive music, warm tea, and engaging winter crafts for all ages to enjoy. Register at https:// shorturl.at/F6IMn.

The Little Plucky's 2 Year Anniversary

6 PM at the Little Plucky

Go stop by during the New Canaan Holiday Stroll for cocktails and delicious bites. Shoppers will receive a complimentary gift with purchase PLUS 10% off on all sales made.

December 7

Drop in Holiday Calligraphy Series

4-6 PM at the Carriage Barn Arts Center Get holiday-ready with a festive, hands-on calligraphy course designed for adults of all levels. You can join the full series (November 23, 30, December 7 & 14) or drop in for individual sessions. More information is available at https://carriagebarn.org/holidaycalligraphy-series/.

December 10

12-2 PM at the Carriage Barn Arts Center Get holiday-ready with a festive, hands-on calligraphy course designed for adults of all levels. You can join the full series (November 12, 19, December 3 & 10) or drop in for individual sessions. More information is available at https://carriagebarn.org/holiday-

Annual Holiday Party

calligraphy-series/.

Waveny House

Save the date for the Lapham Center's Holiday Party. To register, call (203) 594-3620.

December 11

Ask the Attorney with Nedder and **Associates**

2-4 PM at the Lapham Center

An attorney from Nedder and Associates, LLC will be available for a free, private, fifteen-minute consultations to answer your legal or financial questions. Please call (203) 594-3620 to schedule your appointment.

December 12-14

The New England Academy of Dance **Presents the Nutcracker Ballet**

Show times vary at the New Canaan High School Auditorium

Attend the New England Academy of Dance's Nutcracker Ballet, featuring the Norwalk Symphony Orchestra. Tickets are available at NEADance.com.

April 17, 2026

Breeches & Bowties Spring Gala

Time to be announced at the Wee Burn Country Club

Join the New Canaan Mounted Troup at their 2026 Spring Gala with guest speaker Drew Doggett. Tickets will be available at https:// newcanaanmountedtroop.org.

May 7, 2026

NCNC Annual Lecture & Luncheon

11:30 AM- 2 PM

Additional details will be provided as the event approaches.

BLOOD DRIVES

Friday, November 7

Stamford Church of Christ 1264 High Ridge Road Stamford, CT 06903 8:00 AM - 1:30 PM

Tuesday, November 11

Greenwich Academy 200 North Maple Avenue Greenwich, CT 06830 10:00 AM - 3:30 PM

Wednesday, November 12

First Congregational Church of Darien 14 Brookside Road Darien, CT 06820 1:00 PM - 6:00 PM

Thursday, November 13

Christ and Holy Trinity Episcopal Church of Westport 75 Church Lane Westport, CT 06880 1:00 PM - 6:00 PM

Support Services & Meetings

November 8

UNIQUE Series Concert: Noticing Notes 3 PM at the New Canaan Library, Jim & Dede

Bartlett Auditorium

Look, listen, and notice everything around you--when you walk, talk, or hear music. The UNIQUE team will use eyes, ears, hands, and noses to explore how noticing makes life more fun--and music more exciting. This interactive performance designed for neurodiverse individuals and their families. Register at https://shorturl.at/BiVNu.

December 1

First Aid Training by New Canaan EMS

6:30 PM at the New Canaan Library, Jim and Dede Bartlett Auditorium

First aid training is designed to teach people the basic principles and techniques for providing immediate help if and when they

witness a serious injury or illness. The goal of first aid is to preserve life and prevent the condition from worsening in the safest way possible until professional medical help is available. Register at https://shorturl.at/

December 3

Alzheimer and Dementia Support Group with the Waveny LifeCare Network

2 PM at the New Canaan Library, McLaughlin Meeting Room

Family members, caregivers, and friends are invited to meet for informative and supportive group sessions to help navigate changes related to memory loss and cognitive decline. Register at https://shorturl.at/Rsa5X.

Every Friday

AA Speaker Meeting Wheelchair Access Fridays at 7:30 AM Congregational Church of New Canaan

Every Saturday

AA Meeting-Sober Citizens Group

Saturdays at 9:15 AM

First Presbyterian Church of New Canaan

AA Meeting-Laundry and Dry Cleaning

Saturdays at 10:30 AM First Presbyterian Church of New Canaan

Lost Then Found NA Meeting

Wheelchair Accessible Saturdays at 7 PM

United Methodist Church (back entrance)

Every Monday

AA Meeting

Wheelchair Access Mondays at 7:30 AM Congregational Church of New Canaan

Adult Child Al-Anon Meeting Mondays at 12 PM

St. Mark's Church, Youth Room

Every Tuesday Adult Child Alanon Meeting

Tuesdays at 12 PM St. Mark's Parish House, Conf. Room

Every Wednesday

AA Step Meeting

Wheelchair Access Wednesdays at 7:30 AM Congregational Church of New Canaan

Al-Anon Parent's & Newcomer's Mtg. Wednesdays at 7:30 PM Silver Hill, Jorgenson House

Every Thursday

208 Valley Rd., New Canaan

AA Big Book Meeting, Wheelchair Access Thursdays at 7:30 AM

New Canaan Parent Support Group 7-8:30 PM St. Mark's Episcopal Church New Canaan

Congregational Church of New Canaan

Our **Neighbors**

November 7

Domestic Violence Crisis Center's 9th Annual Harvest Fest

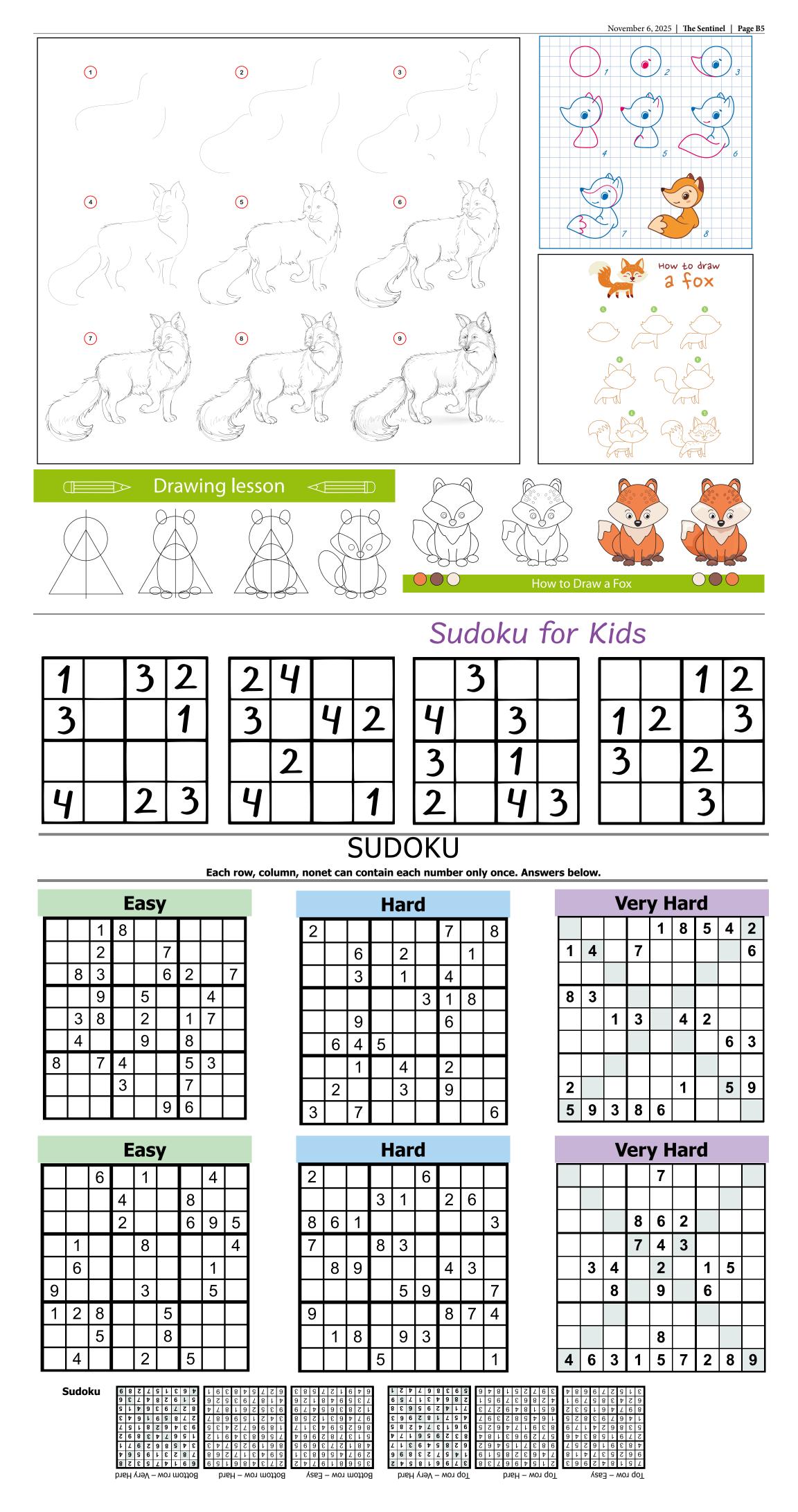
6:15-11 PM at the Shorehaven Golf Club, Norwalk

This year's theme is "Denim & Diamonds". Join for an unforgettable evening of celebration and impact. DVCC's Harvest Fest aims to create a memorable experience filled with joy, unity, and a shared commitment to breaking the cycle of violence. Tickets are available at https://shorturl.at/xNNTW.

November 8

6th Annual Silver Shield Foundation Walk

10 AM at Tod's Point Park, Old Greenwich Join this 2.5-mile walk followed by an outdoor reception. Proceeds from this event will support Silver Shield Foundation's mission to provide educational support and services to the children and surviving spouses of Police Officers, Firefighters, and EMS members killed in the line of duty. Register at https:// www.silvershieldfoundation.org/greenwichwalk.



Universal Crossword

Edited by David Steinberg

ACROSS

- **1** Too
- cooks Bones with
- teeth Lesser-known
- celebs Woodwind related to the heckelphone
- Postmortem bio
- 16 One of a dozen in a box, often
- 17 Musical
- ending Unavailable
- Roll from Poland 20 Colloquial
- hangover remedy
- 23 Circle segment
- Owns Snatching
- sound 28 Home to the Indira Gandhi Memorial Museum
- 30 Nickname hidden in 'archetype"
- Short sweet
- 34 Rearview mirror dangler, perhaps
- 37 Blotch "You've got
- mail" ISP Accomplishes Machine learning's
- field, informally 47 Blasting material
- 48 Jeopardize 49 They sniff

- 52 Classic camera
- brand **54** One in a line at the airport
- Tantrum **57** "That's your opinion'
- Words to learn for the SAT
- "Floor Is (Netflix show) **65** Rhyme for
- "snooze," in an idiom 66 Dried plum
- 67 PC maker
- 68 Ceramics and cartooning
- 69 Completely full
- **70** Request for seconds 71 Mom-and-
- pop orgs.?
- DOWN 1 Chocolaty cafe order
- 2 Alphabetically preposition, per most lists "Can't do it"
- Once around the sun
- **Employment** expo
- Is up
- against? Deep desire Reason to see the oph-
- thalmologist 9 Stand in the corner of a dance party?
- **10** Mario's brother **11** 403(b)
- alternative **12** Only three-letter scale note

- **13** Attempt **21** "Fancy meeting
- you here" **22** Colorants 26 Prefix smaller
- than micro-Joint below the hip
- 29 Like those seated after the opening number
- 30 Elbow crease
- 31 Place unlikely to freeze over 33 OB-GYNs,
- e.g. **35** Cheering people
- "Slow Churned" ice cream brand **37** Plopped
- down 38 Flamingo's color 39 Bart and
- driver 43 Kvetched

Lisa's bus

- 44 Steep increase
- 45 How some pranks are
- pulled 46 Desert in northern China
- 50 Attempt Snooze, in El Salvador
- 53 Designer von Furstenberg 54 Magazine's outer page
- **56** Ringlet **58** Glitzy rock
- genre Folded food 60 "Door" in
- a door 61 Kamala Harris and others: Abbr.
- "Your Song" singer Rita
- Salon job depicted by the starts of 20-, 34-, 42- and 57-Across?

PREVIOUS PUZZLE ANSWER

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W/Me(Grossyord The (K) Clues Are for Kids

Created by Timothy E. Parker

- **ACROSS**
- 1. "Fast!" 5. (K) Quick jokes 9. (K) How 39-day-
- old cabbage has turned
- 12. (K) Cinnamon 13. Quite an amount
- (2 words) 14. Easy card
- to identify
- 15. (K) Soda choice 16. Top of the head 17. (K) Title word,
- often
- 18. (K) Arranges in piles
- 20. Oohed and 22. Gift in Honolulu
- 23. Burial location for a pharaoh 25. (K) Ship traveling
- from a meteor to Earth
- 27. The Christmas season
- 29. Competitive
- leg up 33. Trying to get more on

an existing

Get from yesterday?

Previous riddle answer

Great way to take it? 36-A) EASY

contract

- 36. (K) Company
- that produces blocks
- **37.** (K) U-turn from cons 38. Type of nut that constantly
- 39. Astronauts'
- to have at a
- 43. Sudden body
- 46. Hid a card, as
- a magician 49. (K) Three,
- in Roman numerals
- 53. (K) Cannonballs and spitballs
- **54.** (K) Number many start a countdown from
- **55.** (K) Little babyish drink samples
- was jealous of David

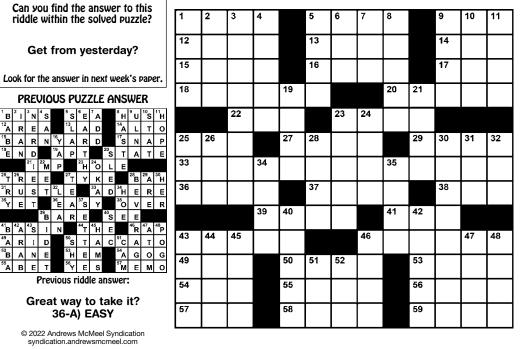
- rotates
- employer (org.)
- cookout
- movement

- 50. "Besides that ..."
- **56.** 19-Down who
- 57. (K) Suffix with 'smart'

- **58.** (K) Air traveler's purchase
- **59.** Sound you may hear in a library
- 1. (K) Circle pieces 2. (K) Coating in a chimney
- 3. Since day one (2 words)
- 4. (K) Set down in an exact spot 5. Mountain passes
- **6.** Pie _ mode (2 words)
- 7. (K) Found and purchased 8. (K) Boiling
- water output **9.** (K) Shower? No, the other
- 10. (K) Pain in the neck 11. Property title
- 19. (K) Crowned one 21. Act as an accomplice
- 23. Prefix meaning "four"
 - 24. Varied mixture or medley 25. Address bar

type-in

- 26. Invoice amount 28. (K) Dropper's shout
 - 30. Sticky, lose-lose
 - situations 31. (K) Bearded
 - animal with curved horns **32.** (K) Food item
 - you crack 34. Billions of years
 - **35.** (K) Home to billions
 - 40. Gather, as a crowd 42. (K) Fastener
 - part 43. Where builders have a ton
 - of bricks 44. (K) Pizza units **45.** "You seen
 - nothin' vet" 46. Blog entry 47. (K) Birds just
 - a bit smaller than ostriches 48. Blockhead **51.** (K) Story impossible
 - to prove 52. Health club with a jacuzzi



The answers to this week's puzzles can be found in next week's issue.

www.GreenwichSentinel.com/subscribe www.NewCanaanSentinel.com/subscribe

1/9 Barbershop Quartet by Rebecca Goldstein 14 15 16 18 19 20 21 23 24 25 28 29 33 34 35 36 38 40 47 48 50 52 53 54 62 64 65 68 66 67 69 70 71

Horoscopes

Astrological Overview During the week ahead:

November 7, renewing unpredictability in themes of

security and values. Mercury stations retrograde in Sagittarius on November 9, inviting review of beliefs, travel plans,

and communication. Jupiter turns retrograde in Cancer on November 11, shifting focus inward on family,

emotional foundations, and growth. The tone of this week: a blend of pause + preparation. Unexpected developments may ask for flexibility. Review rather than launch new ventures. Strength comes from quiet reflection and strategic

resets.

Aries (March 21 - April 19) This week invites you to revisit your values and long-term goals. With Uranus returning to Taurus, financial or material shifts could surprise yoube open to adjusting your strategy. The Mercury retrograde encourages you to re-examine how you communicate your ambitions. As Jupiter turns retrograde, consider what success truly means to

you beyond accolades.

Taurus (April 20 - May 20) Uranus re-enters your sign on November 7, stirring a need for freedom and authenticity. You may feel the urge to break from routine or experiment with your identity. Mercury retrograde suggests reviewing how you present yourself. When Jupiter retrogrades in Cancer, you'll benefit from nurturing

Gemini (May 21 - June 20)

Jupiter's retrograde reminds you to seek growth from aligning your routine with your soul purpose through connection rather than competition.

inner security rather than chasing external change.

Cancer (June 21 - July 22) spotlight is on emotional and personal growth. Use this week to reflect on your identity and how you nurture yourself. Mercury's retrograde encourages you to revisit beliefs about who you are and where you're going. Uranus reminds you that the only

constant is change-embrace it.

Leo (July 23 - August 22) Cancer hints that true leadership begins from a at internal growth—seek clarity in your immediate place of personal integrity, not just external success.

Virgo (August 23 - September 22)

Creative pursuits, romance, and self-expression Uranus retrogrades back into Taurus on are ripe for review this week. Unexpected ideas may surface thanks to Uranus. Mercury retrograde encourages you to revisit projects before pushing ahead. With Jupiter retrograde shifting your emotional base, consider what brings you lasting joy rather than temporary thrill.

Libra (September 23 - October 22)

This week calls you to focus on hidden resources and shared commitments. Uranus in Taurus may stir financial or emotional surprises. Mercury's retrograde invites re-talking debts-literal or symbolic. Jupiter turning retrograde reminds you that growth often comes through vulnerability and emotional openness rather than accumulation.

Scorpio (October 23 - November 21) Your solar season may feel subtly altered by these transits. Uranus in Taurus might ripple into your partnerships. Mercury retrograde in Sagittarius asks you to review how you connect and communicate with others. Jupiter backtracking encourages you to rebuild from inside out-what you truly value will guide the momentum ahead.

Sagittarius (November 22 - December 21) Mercury retrograde starting November 9 in your sign prompts you to rethink key beliefs, choices, and directions. Uranus' shift into Taurus can affect your daily routines or resources. Focus this week on refining your long-term vision, rather than racing ahead. Jupiter's turn into retrograde gently slows

expansion, giving you time to reassess.

Capricorn (December 22 - January 19) Partnerships and collaborations come under review Health, work habits, and daily routines may feel this week. Mercury's retrograde in your opposite unexpected changes thanks to Uranus. Mercury sign calls for reviewing obligations, contracts, retrograde invites you to revisit how you work and and shared projects. Uranus' shift may trigger communicate. Jupiter's retrograde points toward unexpected dynamics in one-on-one relationships. emotional grounding-true productivity will come

rather than sheer output.

Aquarius (January 20 - February 18) With Jupiter turning retrograde in your sign, the Home, family, and emotional roots come into focus this week. Uranus in Taurus may stir domestic surprises or shifts in your sense of belonging. Mercury retrograde encourages discussion and evaluation of your inner base. With Jupiter retrograde in Cancer, recognize that your outer

world thrives when your inner world is steady.

world before chasing far-off horizons.

Pisces (February 19 - March 20) Career and public life may experience subtle Communication, learning, and immediate disruption. Uranus in financial Taurus may affect environment are highlighted. Uranus' shift may resources tied to your work. Mercury retrograde spark new ideas or upheavals locally. Mercury invites you to re-evaluate your goals and how you retrograde asks you to rethink how you share and communicate your value. Jupiter's retrograde in absorb information. Jupiter turning retrograde hints

SOLUTIONS

7 LITTLE W©RDS

Find the 7 words to match the 7 clues. The numbers in parentheses $\frac{1}{8}$ represent the number of letters in each solution. Each letter combination can be used only once, but all letter combinations will be necessary to complete the puzzle.

CLUES

2 more like a bog (8) 3 tight grip (5)

4 in like manner (9)

5 leaning to one side (7)

6 making contact with (8)

1 hidden from general view (6)

7 pry into another's affairs (9) RET SEC SHI CL ING LI **ER** MIL RE ST **ERF** INT MAR AR **ASP** ING **ERE ACH** LY

Previous Answers: HEATHER 2. RELEGATING 3. DIMENSIONS 4. FLOOR 5. CLUNG 6. SATSUMA 7. PROVISORY

MANDALA

Coloring mandalas is good for your brain! Send us a picture of yours completed Cordelia@SentinelHometownNews.com

NOW LISTEN, MY FRIEND, TO A TALE IN THE GLEN,
OF FERN THE FOX, MOST CUNNING OF MENOR BEASTS, I SHOULD SAY, FOR HER FUR WAS FLAME,
AND HER EYES HELD SECRETS NO MAN COULD NAME.

SHE STOLE FROM THE FARMER (BUT ONLY A CRUMB),
SHE TRICKED THE HOUNDS TILL THEY HOWLED AND SPUN,
SHE DANCED THROUGH BRAMBLES AND LAUGHED THROUGH DEW,
WITH A TAIL THAT SWISHED AND A HEART THAT KNEW.

FOR FERN WAS SLY, AS ALL FOXES ARE,
HER WIT WAS SHARP AS A FALLEN STARYET SHE NEVER TOOK MORE THAN SHE COULD SPARE,
AND SHE NEVER LEFT MISCHIEF WITHOUT SOME CARE.

ONCE SHE MET A RABBIT, CAUGHT IN A SNARE, WHO BEGGED FOR HELP IN THE COLD

FERN GRINNED WIDE, HER TEETH
GLEAMED WHITE,
THEN SHE BIT THROUGH THE
WIRE AND VANISHED FROM

SIGHT.

read it out loud,

ind, color and

NIGHT AIR.

THE RABBIT SPREAD
WORD FROM WOOD TO
HILL:

"THE FOX IS CLEVER-BUT KINDER STILL." AND THOUGH SHE PROWLED WITH A THIEF'S DELIGHT, SHE GUARDED THE FOREST BY MOONLIGHT.

SO IF YOU WANDER THE
WOODS AT DAWN,
WHERE THE MIST LIES LOW
AND THE DEW IS DRAWN,
YOU MIGHT SEE FERN BY THE
RIVER'S BENDTHE SLY RED TRICKSTER, THE
FOREST'S FRIEND.

SHE'LL TIP HER HAT

(IF FOXES WORE HATS),

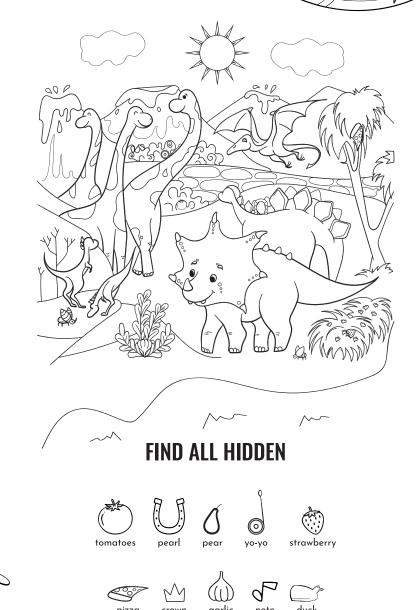
AND VANISH AGAIN AMONG

LEAVES AND TRACKS.

FOR CLEVERNESS, FRIEND,

IS NOT TO DECEIVE
BUT TO USE YOUR WITS FOR THE

WORLD IN WHICH YOU BELIEVE.



"Dino Day in the Valley with Pizza"

It was a sunny sort of morning in Dino Valley. The kind of morning that smelled faintly of sweet grass and sounded like distant splashes from the watering hole.

Trudy the Triceratops blinked in the sunshine and stretched her stubby legs. "Good morning, world," she said, mostly to herself, though a small bush waved back politely.

Behind her, Spike the Stegosaurus was humming a tune about breakfast. "Do you think," he said thoughtfully, "there's anything better than pancakes?"

"There's no such thing as pancakes," Trudy said. "We're dinosaurs."

Spike blinked. "Well," he said, "then I suppose I'll have to imagine them."

High in the sky, a pterosaur named Pip swooped down with a cheerful shriek. "Good news!" he called. "I've found something round, flat, and deliciouslooking!"

Spike's plates wiggled with excitement. "Pancakes?"

"Close," said Pip. "Pizza!"

And indeed, right beside the bubbling tar

i alicanes:

CODEBREAKER WORD PUZZLE

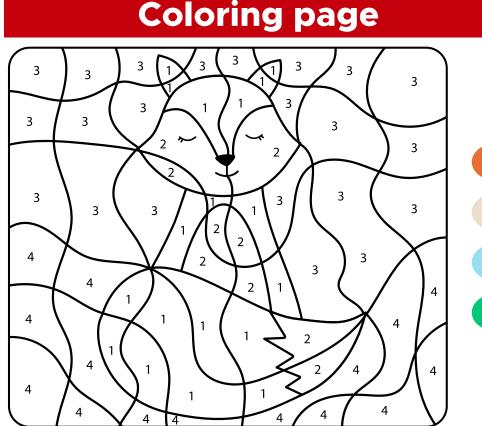
The same number represents the same letter. Crack the code and fill the grid.

To help you get started some words are already in place.

	1		2		3		4	3	5	6	3	7	8		9		2	
2	6	1	7	3	1	10		7		11		4		2	12	13	5	6
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3	5	16	17	2	5	9		3		13		6	12	18	12	6	12	12
	10		1		19	17	20	20	17	1	10		6		18		18	
21	17	10	7	4		10		12		13		1	9	20	17	22	7	12
	2		4	3	5	14	12		21	12	6	6	23		3		20	
2		18		6		1		14		10		13		5		14		1
20	12	5	14	7	12		11	5	10	13	15	12	6	2	11	17	12	18
1		7		13		12		4		6		6		3		5		18
2	1	10	24	12	6	4	5	3	17	1	10		8	6	17	10	2	12
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TY=I, 18=F, 19=Z, 20=L, 21=M, 22=Q, 23=Y, 24=V, 25=W, 26=N. 11=H, 12=E, 13=D, 14=G, 15=K, 16=X, 16=X,



pearl (though no one was brave enough to check).

"Maybe it's from the Olden Times," said

pit was a perfectly round, slightly melty pizza slice, topped with one tomato, one strawberry, and what might have been a

Trudy wisely. "Back when creatures had napkins."

They carried the pizza very carefully to the shade of a palm tree. Along the way, they found a shiny crown, a note stuck to a rock that said 'Yum,' and a tiny yo-yo tangled in the grass.

When they finally sat down, Pip tilted his beak. "We should share it," he said.

So they did. A bite for Trudy, a nibble for Spike, a peck for Pip, and one crumb dropped (quite on purpose) for the duck who lived by the stream.

When the sun began to dip behind the hills, Trudy sighed happily. "It's been a very fine Dino Day," she said.

"Yes," agreed Spike. "Even without pancakes."

And the three friends watched the golden light fade, dreaming of tomorrow—and maybe, if they were lucky, breakfast.

a Sentinel Original



CELEBRATE NSF-DOE VERA C. RUBIN OBSERVATORY'S FIRST IMAGES







Office of Science

SPACE WORD SEARCH

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