The Sentinel |

Local News

THURSDAY, NOVEMBER 13, 2025

NewCanaanSentinel.com

PRSRT STD

#### Publisher@NewCanaanSentinel.com

**LOCAL NEWS** 

**BRIEFING** 

#### **POLICE AND FIRE**

#### **Louises Lane Fire**

On November 6, a fire broke out in a hidden space between the ceiling and roof of a Louises Lane home and was under control in about two and a half hours, with no injuries reported. Investigators believe embers from a chimney fire likely ignited the roof, and officials are urging residents to clean chimneys annually, store ashes in metal containers away from buildings, and consider scheduling free home safety inspections at (203) 594-3030.

#### **TOWN HALL Gift Baskets for Seniors**

The New Canaan Human Services Department is asking residents to assemble small, personalized gift baskets for local seniors. For more information, visit www.newcanaan. info and select the Human Services page.

#### LOCAL BUSINESSES AND NONPROFITS

#### **New YMCA Programs**

The New Canaan YMCA is offering an expanded slate of winter programs for children, teens, adults, and seniors, including new gymnastics, sports, arts, and adaptive swim options. Adult offerings include pickleball, basketball, wellness and Pilates training, ballroom dance, and chronic disease support programs. More information is available at www. newcanaanymca.org.

#### **Lobsterfest Meals Delivered**



More than 160 Lobsterfest meals were recently delivered to New Canaan first responders and town employees, thanks to donations from community members during the annual event. Photo credit: New **CONTINUED ON PAGE 9** 

For Print Subscription Delivery Questions or Holds thomas@maninmotionllc.com For Advertising Questions Peter@NewCanaanSentinel.com For Letters to the Editor https://www.newcanaansentinel For Announcements

https://www.newcanaansentinel

# Massive Zoning Bill Passes, Again

By Elizabeth Barhydt

In a special session called shortly after the elections were over, HB 8002 passed the House 90-56 after nearly seven hours of debate, prompting immediate concern from local officials who examined the final language after the vote.

The 104-page bill was expected to clear the Connecticut Senate late Thursday, positioning the wide-ranging housing bill for the governor's signature and setting in motion a series of changes that take effect Jan. 1. Opponents reviewing the legislation said the new framework is more farreaching than the earlier version the governor vetoed.

voted for the bill. Representative Tom O'Dea, a vocal opponent, voted against the bill.

HB 8002 establishes a new statewide system of municipal and permitted parking is the lesser of regional housing growth plans one space for studio/one-bedroom fair shares will not be due until Dec. to veto."

overseen by the Office of Policy and units and two spaces for two- 1, 2026, after the next gubernatorial Management (OPM). Municipalities must either opt into a regional plan or submit their own plan for OPM approval. If OPM does not act within 120 days, the plan right conversion of commercially is automatically forwarded to a newly formed Council on Housing Development for review.

Who the members of this Council will be is not yet public.

During Wednesday's post-vote discussion, municipal advocates questioned how OPM will determine the statewide housing number and how discrepancies between state allocations and locally prepared build-out analyses will be addressed. There were no

Several provisions take Representative Lucy Dathan effect Jan. 1. With few exceptions, municipalities may no longer require onsite parking for new projects of 16 units or less. For developments over 16 units,

number set through a developerfunded study.

The bill also authorizes as-ofzoned property into residential developments of up to nine units under "summary review," eliminating public hearings and other discretionary approvals.

A major consequence for municipalities, particularly New Canaan which has spent a great deal of time and money to obtain a moratorium, is the link between compliance and eligibility for future 8-30g moratoria. Towns without an approved housing growth plan will be ineligible for a moratorium.

Municipalities now face limited time to prepare for the first statutory changes, with an It purported to be bipartisan but effective date for many provisions it was not. It is an assault on local starting Jan. 1, 2026. The statedetermined housing need and regional allocations of affordable

bedroom and larger units, or the elections. Expanded coverage will appear in next week's Sentinel.

> Rep. Tina Courpas provided a statement to the Sentinel immediately following the vote in the House, noting the scope of the package and her opposition. "The debate went on for over 6 hours, and I opposed the Bill in the strongest possible terms and voted no. But, unfortunately it passed largely along party lines. The Bill purported to be revised and improved, but it was not. It contained a version of Fair Share, Work Live Ride, prohibition on parking requirements, conversion of commercial to residential real estate, and significant unfunded mandates on our towns and cities. control, and the Governor is likely to sign it. But, we must keep the pressure on and ask the Governor

#### Men's Club **Speaker**

#### **Hong Kong** since the China handover

Robert Grieves, chairman of the strategic communications firm Hamilton Advisors Ltd., will discuss how the Hong Kong population has been impacted by Mainland China control since it was handed over by the United Kingdom in 1997 in a presentation Friday to the New Canaan Men's

During his time in Hong Kong, Grieves served as chairman of the American Chamber of Commerce and chaired the Chamber's Charitable Foundation. He previously served as chair of the Council of Public Relations firms of Hong Kong.

The Men's Club will meet at 10 a.m. in Morrill Hall at St. Mark's Episcopal Church, 111 Oenoke Ridge. Grieves will begin his remarks around 10:40 a.m., following the business portion of the meeting.

Grieves previously held positions at global public relations firms Burson-Marstellar and Edelman. He also had positions in financial industry firms Merrill Lynch and The Bank of New York. In his earlier journalism career, Grieves reported for The Times, an influential British newspaper, and The Economist.

When Hong Kong was returned to China under its agreement with Britain, its autonomy was to be preserved under system dubbed "one country, two systems." In time, that approach has been eroded, as described by the Council on Foreign Relations, as China has taken steps to silence dissent.

The Men's Club has openings for new members, men 55-years old and above. For information about joining, email ncmens@ ncmens.org

#### Dear Readers,

We received a call on Tuesday with the sad news that Betsi Shays has passed away. Betsi and her husband, former U.S. **Congressman Christopher** Shays, began their life together in high school in **Darien before marrying** in 1968. Betsi taught in the New Canaan Schools, where she was known for her steady presence and commitment to her students. We will have more about her remarkable life in the weeks to come. Chris and their daughter Jeramy and write this week about Betsi in our editorial on page 8.

Sincerely,

Illustrated by Wajih Chaudhry

# **Finance Committee Meeting**

#### FINANCE COMMITTEE EXAMINES PENSION GAINS, SCHOOL FACILITIES PRESSURES, AND BUDGET OUTLOOK

BY NEW CANAAN SENTINEL STAFF voted to approve minutes from smaller allocations to emerging 70% range a decade ago. The

The New Canaan Board of Finance moved through a full agenda Tuesday night, receiving strong investment news, a sobering overview of projected school enrollment growth, and an October financial update that continues to trend positively. The wide-ranging meeting—held November 11 with a full board present—also marked the first public discussion of what may evolve into one of the town's most consequential capital decisions in decades: how to manage anticipated pressure on elementary school capacity.

#### **Pension Plan Delivers** \$191.6 million, up from \$183.6 Strong Returns; **Diversification Paying Off**

Representatives from

Marcely Memorial Scholarship Fund showed continued strong performance following assetallocation changes adopted earlier this year.

#### Through September 30,

Pension Plan return (Q3, net): 5.23% vs. 5.33% benchmark

Since inception with Russell (annualized): 14.49%, slightly above benchmark

One-year return: 12.1% million despite \$1.6 million in

net outflows.

October 14. Their review of markets, global equities, REITs, board also recently reduced the Funded Retirement Plan, and listed infrastructure. the discount rate to 6.625%, OPEB Trust, and Myledred F. International equities-long a conservative assumption laggards—are up 25.1% year- that Russell said remains fully to-date, boosted by both local performance and a weakening U.S. dollar.

> Board members questioned exposure to AI-driven megacap stocks such as Nvidia and Microsoft. Russell noted that the plan's U.S. large-cap exposure is passive and now represents a smaller share of total assets than before the May reallocation.

Perhaps most notable: The plan ended Q3 with both the pension plan and OPEB trust are now among the healthiest in the state. The pension remains overfunded. Russell highlighted the and OPEB has reached 90% Russell Investments led off the benefits of diversification funded status, a striking meeting after the committee steps taken in May, including improvement from the 60-

"justifiable and prudent." Superintendent Warns

#### of Possible Elementary **Enrollment Surge:**

"We Need to Plan for Uncertainty"

Superintendent Dr. Bryan Luizzi delivered what Finance Chair Todd Lavieri called the first of many needed conversations about district facilities. His early briefing centered on a single question with far-reaching consequences: How should New Canaan respond if elementary enrollment rises sharply beginning next year?

**CONTINUED ON PAGE 2** 

# **November Theater Notes**

BY TOM NISSLEY

Nearby but closing (very) soon — Curtain Call's "MISERY" in the Dressing Room Theatre, a carefully and beautifully performed production of this wicked High School. thriller. No intermission: runs about 95 minutes, bring your own snacks and beverages.

Do not even *think* of bringing young children!!! Call 203-461-6358 for tickets.

New Canaan High School Theatre presents "LEGALLY directed (Kevin McNair) BLONDE - the MUSICAL," in the main auditorium at the

> Thursday, Nov. 20 at 7 pm. Friday, November 21 at 7:00



Saturday, November 22 at 1:00 pm & 7:00 pm.

It's a fun show with lots of pomp, highly recommended. Yes, do bring your children. Call the High School to get tickets.

Still playing at ACT of Connecticut in Ridgefield: a brand-new production of "ALMOST FAMOUS," about a 15-year-old student who becomes a reporter for Rolling Stone. Beautifully directed by Dan Levine and Bryan Perri. Runs through November 23. Call 475-215-5497 for tickets.

And coming on November 461-6358 for tickets. 21 at Curtain Call's KWESKIN THEATRE, a handsome Ridglea Reports on Theatre.



production of Irving Berlin's WHITE CHRISTMAS – the MUSICAL." This will play through December 13, and it's easy to imagine that you will want to see it twice!!! Call 203-

Tom Nissley writes for the

**Vulnerability Drops** 

# For now, we send our sincere condolences to

Elizabeth Barhydt

# New Senior Living Magazine in Sentinel

The Sentinel's Annual Senior Living Magazine is a resource for readers over 55 in Greenwich and New Canaan who are enjoying life's next chapters—from active adults to seasoned seniors. This trusted insert highlights local resources, residences, wellness programs, and lifestyle opportunities that inform and inspire. Whether your business offers health services, travel, finance, or home design, this special edition connects you with an engaged audience that values quality, independence, and community.

Space is limited-reserve your advertising today and reach readers at every stage of senior living. Contact Peter@ NewCanaanSentinel.com.

#### By JILL S. Woolworth, LMFT

Titration is the chemical process of slowly adding drops of one substance into a test tube bite. containing another substance vulnerability at a time-and wait to see if our gesture is well received and reciprocated.

Another way to imagine this process is as a fisherman baiting a hook, hoping a fish will

Think of intimacy as "intountil a certain reaction occurs. me-see." In order to develop Sharing our personal stories healthy intimacy, it helps to deserves a similar careful choose our friends thoughtfully process. People haven't and test them as we go. We earned the right to know our can become more sensitive to whole story when they first our own level of willingness meet us. What works best is to share, and let others see when we share a few drops of into us gradually. Sharing our vulnerability is the key to results, it happens slowly.



whole- hearted living. For best to share a dream, a goal, a was a vulnerability drop. As a disappointment, and a fear with result, their friendship deepened.

David and Eric decided each other. Each of these things



IT'S NOT JUST A HOUSE. It's a lifestyle.



AT DOUGLAS ELLIMAN REAL ESTATE theengelteam.com (203) 858-0266

#### FINANCE COMMITTEE **CONTINUED From Page 1**

The catalyst is a spike in 2021-2024 birth counts, which are substantially higher than any single year over the past decade. Births in 2021—whose cohort will enter kindergarten in fall 2026—jumped to 215, well above the previous high around 175.

Using the district's traditional "birth-to-kindergarten ratio," which has averaged roughly 1.98, demographers project up to 417 kindergarteners for the 2026-27 school year. This year's kindergarten class was 288.

"That's a number we've never seen before," Luizzi said, while cautioning that the projection carries significant uncertainty. The district opened kindergarten registration early to get better real-time insight into trends.

Board members questioned whether pandemic-era migration patterns distort the usual birth-to-enrollment multiplier. Multiple members—some referencing real estate activity suggested that many families who moved to town during COVID did so before having children, lowering the traditional in-migration effect.

Still, Luizzi emphasized the risk: "We are entering a period of uncertainty. If we're wrong, the impact is manageable. If we ignore it and 417 kindergarteners walk through the door in August, we will not be prepared."

All three elementary schools (East, South, West) operate at or near their effective limit of 28 sections. East School is currently at 30. Some specialized spaces-science rooms, music rooms, resource rooms—have already been converted to general classrooms.

West additionally houses the district's five pre-K classrooms, tightening capacity.

The middle school and high school, by contrast, have room to flex due to their larger footprints and scheduling structures.

#### **Four Emerging Scenarios**

Luizzi outlined preliminary scenarios without cost estimates, which arrive next Monday with the new Facilities Condition Assessment:

1. Status Quo + Short-Term Relief

Add modular classrooms as needed

Continue to operate pre-K at West

Redistrict only if necessary to rebalance enrollment

Consider temporary off-site pre-K space (though none identified yet)

2. Expand and Renovate Existing Elementary Schools

Add classroom wings or capacity at South, East, and West

Move to a K-5 model (returning 5th grade to elementary)

Convert part of Saxe Lower Division into pre-K and district offices

Free 220 Elm for the alternative and LAUNCH programs

3. Build a Fourth Elementary School

Add a new K-5 school north of town (the only feasible area)

Renovate existing three schools

Reconfigure district to K-5/6-8/9-12

Ease busing and balance enrollment, but at the highest long-term cost

4. Scenario 1A / 2B Hybrids

Several board members suggested blending approaches—e.g. temporary staffing increases, modulars, or partial expansions—until enrollment trends clarify.

Finance members repeatedly emphasized the need for data-driven, incremental decisionmaking, particularly given the scale of potential capital spending, which some early estimates place between \$150-\$300 million over a decade.

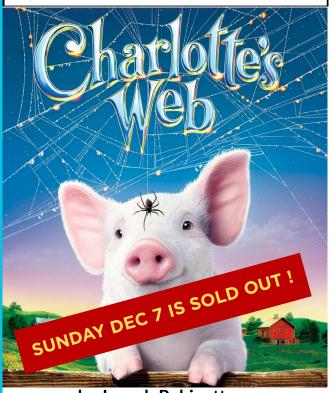
"It has to be iterative," Vice Chair Victor Alvarez said. "We can't have a single fully baked plan dropped on us. We need to move step by step."

The Board of Education is expected to review the full Facilities Condition Assessment on Monday, November 17, after which both boards will continue joint discussions into early 2026.

The Board of Finance is expected to resume discussion of school facility planning in February, once the Board of Education brings forward cost models and a recommended direction.

# POWERHOUSE THEATRE IN WAVENY PARK

DIRECTED BY NOVA HALL AND AMY SIMMONS PRODUCED BY SARA LANGRICK



by Joseph Robinette, based on E.B. White's family classic

**BRING THE WHOLE FAMILY** 

THURS - SAT @ 7PM

**SUN @ 2PM** 

#### FEATURING A **STELLAR CAST:**

#### YOUTH ENSEMBLE

**Wes Benenson Isabel Brookes Adalin Coale Penelope Dulmaine Elise Forsland Paige Forsland Conrad Forsland James Gutelius Matthew Gutelius George Gutelius Sophie Hernandez Izzy Langrick** Miles Langrick Sydney McCaughey **Dariana Olivas Charlotte Roberts Zachary Runestad Dæce Vasseur-Sutton** 

#### **ADULT ENSEMBLE**

**Lenny Carlucci Chris Cluett Adam Coale** Ana De la Pava Joe Niola **Jennifer Prescott Erin Sullivan** Kim Wood **Mathew Young** 

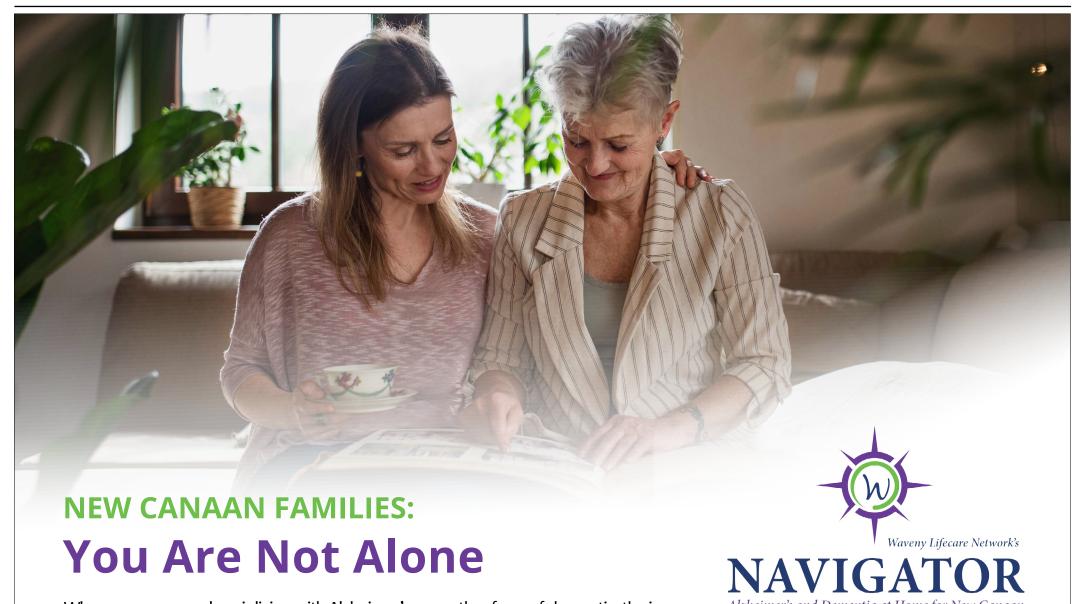
DECEMBER 4 - 14

TOWN PLAYERS TPNC.ORG





THE EFFECT is presented by special arrangement with Broadway Licensing, LLC, servicing the Dramatists Play Service colle



When someone you love is living with Alzheimer's or another form of dementia, the journey can feel overwhelming. That's why we created **The Navigator Program** — an exclusive FREE service for New Canaan residents, offering personalized guidance, comfort and support every step of the way.

Through the Navigator program, families have PRIORITY access to:

- 24/7 Assistance
- Resources and Services
- Adult Day Program Support Groups
- Respite Care

SCAN TO LEARN MORE

Waveny Hifecare NETWORK

Call: (203) 594-5289 Email: navigator@waveny.org



3 Farm Road, New Canaan, CT | www.waveny.org



Available Thursdays, Fridays, Saturdays & Sundays now thru 12/30/25

🔾 1114 E Putnam Ave, Greenwich CT 06878 🚯 jhousegreenwich.com 📞 (203) 698 - 6980

(Redeemed toward this stay & not

applied to room rate.)





# Wedding Announcement

Sophia Dong and Walter Norman were married Saturday August 30th, 2025 at their home in New Canaan. The Reverend Scott Herr from the First Presbyterian Church of New Canaan officiated the ceremony.

The bride 43, works as an Esthetician in Queens, NY. She was born in Fuqing City, China, and spent much of her childhood in the Sichuan Province of China. After coming to the United States in 2009, she settled in Queens, NY.

The groom 51, was born in Greenwich, CT, and raised in Darien. He attended Lehigh University before starting his career as a Commodities Trader at AIG Trading in Greenwich. After stints in Boston and NYC working for American National Power and Sempra Energy Trading, the groom returned to Darien in 2007. He currently works for Monadnock Trading and has been there since 2013.

The couple began dating in 2022. It was love at first sight for the groom. Early on, dates consisted of the groom driving to Long Island to help the bride with projects on her new house. Daytime projects, evening talks about life and family, and soon both bride and groom were in love. Today they are still helping each other with projects, raising their 4 kids and enjoying every moment of their life together.

# Silver Hill Names Gardner Director of Psychotic Disorders Program

Silver Hill Hospital, a nationally recognized leader in mental health care for adults and adolescents, has appointed Laura Gardner, MD, as Attending Psychiatrist and Director of its Psychotic Disorders Program. In this role, Gardner will oversee The Lodge Program, which provides specialized care for patients with psychotic disorders, which may include schizophrenia, schizoaffective disorder, bipolar disorder with psychotic features, and substance psychosis. She will lead efforts to deliver highly personalized, intensive treatment plans tailored to each individual's unique needs.

Gardner has more than a decade of experience providing evidence-based, personcentered psychiatric care for individuals with mental illness. She joins Silver Hill from Northern Westchester Hospital, where she served as Associate Director of Behavioral Health. Previously, she held multiple leadership Medical Director of the Inpatient Psychiatric and ECT (electroconvulsive therapy) Service, and Assistant Professor of Psychiatry at Albert Einstein College of Medicine.

"Silver Hill brings together clinical rigor, interdisciplinary expertise, and a sustained commitment to individualized care," said Gardner. "This program is well positioned to deliver comprehensive treatment for patients with complex psychiatric conditions, and I look forward to contributing to its continued growth."

Her appointment marks a continued investment in Silver Hill's specialized treatment programs for patients living with psychotic disorders, building on the hospital's long-standing commitment to evidence-based, person-centered

"Dr. Gardner has led high-acuity services in major academic hospitals and has consistently advanced standards of care and training programs," said Andrew Gerber, MD, PhD, Silver Hill President and Medical Director. "She understands how to build systems of care that are clinically sound, scalable, and aligned with patient needs. Her leadership will enhance our capacity to treat individuals whose disorders are unresponsive to conventional care, helping them reclaim meaningful and productive lives."

Gardner earned her medical degree from the University of Texas Health Science Center at Houston. She completed her adult psychiatry residency at Montefiore Medical at Austin. In 2017, she completed a visiting visit silverhillhospital.org and our social media fellowship in electroconvulsive therapy at channels.



Columbia University.

On November 18, Gardner will co-lead a positions at Montefiore Medical Center, including virtual discussion, Program Spotlight: The Lodge Program, from 12:00 to 1:00 p.m. ET. The event will provide an overview of Silver Hill's residential treatment program for individuals with psychotic disorders. Attendees will hear from Gardner and Katie Cervone, LCSW, Clinician and Assistant Team Lead, about clinical approach, treatment structure, and how the team helps patients work toward stability and independence.

#### About Silver Hill Hospital

Founded in 1931, Silver Hill Hospital is one of the nation's leading independent, nonprofit psychiatric hospitals dedicated to diagnosing and treating adolescents and adults with a broad range of psychiatric and addiction disorders. Located on an idyllic 44-acre campus in New Canaan, CT, Silver Hill provides inpatient, residential and intensive outpatient treatment with plans tailored to each patient's needs. At Silver Hill, board certified psychiatrists work closely with licensed nurses, social workers, counselors, therapists, and other staff to deliver expert care with commitment and compassion. Through the Silver Hill Academy for Research and Education (SHARE), leading clinicians share best practices through Virtual Grand Rounds, blogs, videos, webinars, conferences and publications to reach thousands of practitioners across the country each year. A second location, Silver Hill New York, provides intensive outpatient treatment in the heart of Center and served as Chief Resident of Inpatient Midtown Manhattan, and is piloting the only Psychiatry. She also holds a bachelor's degree data-first mental health and addiction treatment in biochemistry from the University of Texas program in the country. For more information,

# Home Care

# Private Skilled Nursing Providing skilled, hands-on care by RNs & LPNs. Including, but not limited to:

- **Wound Care**
- **⊘** Infusion Care
- **⊘** Feeding Tubes
- **⊘** Post-Surgical Care
- **⊘** Trach & Vent Care
- Medication Management
- **⊘** RN WellCare Checks at Home

# Certified HHA & CNA

- **Bathing, Dressing, and Grooming**
- **⊘** Meal Preparation
- **⊘** Housekeeping
- Medication Reminders
- **⊘** Appointments
- **⊘** Errands



(475) 766-5575



Home Healthcare license with the state of CT www.AFFIRMEDHOMECARE.com Serving New York, New Jersey & Connecticut

# Congratulations! New Canaan High **School Q1 Honor Roll**

Grade 12 High Honors

Luke Adamczyk, Sophie Adamczyk, Emma Prior, Kian Andrei Ragaza, Riyaan Zimmerman, Raghavan, Emma Ridolfi, Anne-Eva Ritter, Claire-Helene Ritter, Carson Roeder, Lily Roen, Tyler Santiago, Serra Savasoglu, Eliana Savelli, Molly Schimmeck, Lorelei Wood, William Wunderlich, Peter Zwick,

Grade 11 High Honors

Samaira Ahuja, Jordan Alexander, Isabella Ancker, Peter Belov, Lucy Bench, Emilia Driscoll, William Duffee, Abigail Dunlap, Altier, Jude Antoniou, Juliet Axtell, Theodore Bieliauskaite, Kirsten Borner, Sadie Boroff, Sophia Dunlap, Christopher Emeagwali, Bach, Brendan Bailey, Delia Bakal, James Sofia Brooks, Maxwell Brown, Hayden Jamie Farrell, Joseph Felice, Ella Ferrer, Bakal, Valentina Baldini, Elijah Barlow, Burke, John Burke, Jack Busby, Isabella Sheila Finn, Olivia Finnerty, Charles Firneno, Emma Barnard, Allegra Barnes, Emily Caamano, Isabella Calaba, Isla Campbell, Rocco Fittipaldi, Bracelen Flood, Madeleine Barnes, Ryan Bell, Analiese Bergmans, Nathaniel Carr, Benjamin Chen, Claire Chen, Frisch, Shun Fu, Alexa Gencarelli, Dallas Theodore Blanc, Tyler Bleil, Maxwell Carolina Chimera, Henry Choi, Allison Cicia, George, Sofia Giammarco, Robert Gilliam, Boccaccio, Alexander Booth, James Bossin, Boyd Cousley, Colin Cronk, Jackson Crowell, Jaden Gjokazaj, George Gjuraj, Brooke Glazar, Henry Brauweiler, Soraya Breed, Abigail Jack Dalipi, Margaret Dayton, Sienna de Colin Goldman, Victoria Gorzkowicz, Leo Brown, Summer Campo, Emma Carlon, Kanter, Zoe de Munnink, Luciana Di Dodo, Grady, Campbell Greiner, Corinna Gustafson, Carina Carpi, Nico Caruso, Larkin Celiberti, Victor Ding, Matilda Doak, Nola Dockwell, Brooke Hanlon, Margaret Hanson, Stella Joseph Cerami, Julia Cereghino, Henry Evangeline Dolger, Julia Dolinak, Kane Heijens, Claire Hellmann, Bree Hickey, Claire Chandra, Ahaan Chawla, Nicolas Chesnais, Duggar, Henry Durfee, Mitchell Ericsson, Hickey, Andrew Hojnacki, Jessamyn Hole, Clemens Clasby, Lyla Cody, Colleen Conron, Michael Ettinger, Christopher Feliz, Cooper Lucy Horowitz, Kiki Horsburgh, Charlotte Ava Cook, Dylann Cook, Jack Cooley, Emma Fox, Posey Fox, Julie Frangione, Kate Huetter, Oscar Humphreys, Elizabeth Ikard, Coristine, Anthony Costanzo, Natalia Cota, Frangione, Valentina Fuentes Jimenez, Arshia Iyer, Yuqing Jiang, Abigail Johnsen, William Cox, Nicole Cuda, David Cuenca Connor Furman, Augustus Gardiner, Caroline Kelly, Natalie Kenin, Alexander Goddard, Ayush Dave, Antonia de Guzman, Meghan Garvey, Jason Generalis, Liam Kerko, Nicholas Kerko, Thomas Kim, Elijah Conor Deasy, Anthony DelCarmine, Adrian Gonzalez, Lola Gonzalez, Leah Granskog, Kremer, Eva La Magna, Chloe Lee, Milena Delicata, Parker Della Bitta, Isabella Emma Greenhut, Mairead Greiner, Oskar Lencyk, Jason Lin, Maya Lundberg, Sachi DeVito, Blake DiCapua, Magdalena Dinger, Guldager, Aarna Gupta, Caroline Haddad, Malhotra, Connor Mallin, Sofia Mallozzi, Gavin Dinning, Nathan Dinning, Owen Andrew Harmon, Michael Harold, Jonah Emily Marciano, Freya Matchavanit, Pari Ditlevsen, Jackson Dooley, James Dunkin, Heirshberg, Annaliese Hering, Whitney Mathur, Priti Mathur, Nora McDonough, Aya Elmernissi, Marlena Ericsson, Andrew Hoegstedt, Cora Huang, Morgan Hull, Emery McIntosh, Andrew McKee, Melanie Esposito, Sophia Fallon, Lauren Fico, Graham Jackson, Aksh Juneja, Mina McMurry, Emma McPartland, Anna Julia Fittipaldi, Cormac Flaherty-Lovy, Karimnejad, Alanna Kell, Isabelle Kim, Mercede, Frank Mercede, Molly Monohan, Olive Gallagher, Brooke Garcia, Elizabeth Madelyn Kinsley, Kaitlyn Knowles, Charles Julianna Moore, Xi Nan, Mariia Nestertseva, Gearhart, Liam Gelvin, Matthew George, Kropf, Madeline Kupchak, Gabriella La Braxton Niedermeier, Alyssa O'Connor, Giuliana Gianatasio, Peter Goodyear, Magna, Henrik Lang, Kathleen Langford, Sophie Olesen, Anabelle Otto, Caroline Nicholas Grubelic, Wajid Habib, Liam Hall, John Larkin, Gus Leffers, Cole Lehman, Palmer, Charlotte Parker, Olivia Parker, Archie Hancock, Graysen Handler, Emma Haoran Li, Eliza Lorenz, Tessa Madden, Nicholas Passios, Zachary Pavlowsky, Luca Hassan, Grant Hickey, Michael Hiraman, Reid Maggio, Ava Magliacano, Anna Makar, Pisant, Vivaan Powari, Blake Pozatek, Cailin Dylan Ho, Alma Hsu, Saira Isfahani, Eleni Dante Marsili, Juliette Martinez, David Prostor, Patrick Quill, Ethan Ready, Amalie Ivanov, Niyathi Iyengar, Avery Jakovic, Marz, Andres McMahon, Beatrice Merritt, Reis, Brendon Retana, Leila Ridolfi, Finn Helena Jan, Miraclyn John Yesudian, Zak Emerson Miller, Finn Mocco, Susanna Robertson, Roger Rosales, Mia Ross, Charles Joslin, Isabelle Kelly, Katharine Kerko, Moor, William Morawa, Hayden Murray- Rotchford, Walker Sapione, Gabrielle Savelli, Cormac Kilkenny, Quinn Kilkenny, Andrew Smith, Nickoloz Natsvlishvili, Caitlin Neville, Riley Scherer, Eleanor Schilpp, Haley Kim, Tucker Kosofsky, Sophia La Magna, Pruthvi Nukala, Vishnu Nukala, Marjorie Schlafman, Riley Schlafman, Katherine Grayson Ladley, Preston Lambeth, Lia Lavin, Nurzia, Michael O'Malley, Charles O'Neil, Scholtz, Rebecca Schubert, Madison Camryn Lee, Selena Lee, Caden Leslie, Jake John O'Neill, Addison O'Reilly, Charles Schulte, Raina Shah, Colin Sharma, Nishant Lettera, Francesca Limone, Mia Lockyer, O'Shea, Henry Oak, Dariel Ortiz, Elisabeth Shenoy, Spencer Skyrm, Cooper Smith, Rogan Lowe, Natalia Lundberg, Cameron Panagrossi, Pierce Parkhill, Owen Pesaturo, Amelia Stainer, Cyrus Stevenson, William Lyden, Tristan MacAllister, Aleksander Cambree Plater, Isabelle Pound, Hadley Stimpson, Charles Sullivan, Kaleb Tan, Jake MacIver, Zara Maggard, Ananya Malhotra, Rattigan, Alexia Rees, Anika Rizvi, Owen Tirana, Gabriel Treloar, Peter Tsapralis, Wellington Mara, Braydan Mazabras, Colin Robie, Isla Roen, Michael Sargis, Charlotte Eloise Tuff, Isabel Vaccaro, Eliza Van McKiernan, Nolan McLaughlin, Carson Sawyer, Samantha Schaufler, Julia Scripps, Amburg, Alexander Vetterli, Jack Vincent, McNichol, Andrew Meli, Jack Mitchell, Arya Gia Servidio, Aryana Shah, Alessandra Chandler Wagner, Elliot Walls, Anthony Mitra, Ryan Monohan, Evelyn Morales, Shaw, Sophia Sibilia, Isabella Sieckhaus, Westhead, Eleanor Whinery, Grey Wildman, Jackson Mountford, Christopher Muller, Noah Sieckhaus, Alexander Sillo, Jackson Luke Williams, Matthias Yoo, Dean Yurista, Colleen Murphy, Miles Nam-Hardie, Patrick Singer, Matthew Sisser, Nancy Skidmore, Nathan Zhan, Milo Zinser-Trudel, Sophia Neville, Whitaker O'Reilly, Clare O'Shea, Rial Smedley, Allison Stiles, Skylar Strupp, Zoog, Spencer Osborne, Ava Pagano, Kashvi William Tamasco, Thomas Tchakarov, Parashar, Paiton Pascarella, Cara Passios, Magdalina Tereha, Nilasha Thirumalai, Elle Emily Pastushan, Matthew Peloso, Chloe Thompson, Henyerson Tolentino, Victoria Perkins, Bennett Pertusiello, Madeleine Tremblay, Emilia Veroude, Matthew Vertin, Peterson, Serena Peterson, Ashton Jenna Vigano, Kieran Wartinbee, Willem Alexander, Jules Alexander, James Pinkernell, Morgan Pitts, Naomi Pitts, Wrede, Mariana Zepeda, Leah Zheng, Tessa Amundsen, Ian Angeles, Anaya Ansh,

Grade 10 High Honors

Desrosiers, James Detmer, Lucy Detmer, George Diamantis, Julia DiGiacomo, Elena Eva Alexander, Emma Amaya, Krista Dillon, Karlee Doscher, Reece Doyle, Maeve

Grade 9 High Honors

Amaya Ahuja, Lucas Alberga, Arden Emmanuel Arizpe, Chase Armstrong, Caroline Baker, Trent Barry, Ayat Belmokadem, Alexandra Belov, Avery Boyce, Louise Bretschger, Abigail Brown, Jayke Aedo, Maya Aquino, Teagan Arnold, Dylan Brown, Gavin Bruestle, Justin Bruno, Schletter, Samuel Schoonmaker, Jeremy Neel Arora, Aria Babayev, Christian Baker, Reeve Burley, Alexa Burroughs, Lucas Schubert, Phoebe Schuh, Blake Schwartz, Leo Baroni, Austin Barr, Hannah Barr, Busby, Tyler Buschmann, Luke Cannon, Aurora Shala, Sadie Sharma, Thomas Heath Barry, Brandon Barua, Cole Bleil, Fiona Cardillo, Owen Carles, Jackson Cash, Shullman, Graydon Sieghart, Lily Sommers, Sofia Boccaccio, Grace Bomann, Devin Ella Catherwood, Reagan Celiberti, Sadie Aaciya Sonthonnax, Lylah Spring, Henry Boulanger, Sabrina Bourlatskii, William Chaisson, Alexander Cheng, Emma Cheuk, Stein, Aubrey Stevenson, Siya Sukhani, Breen, Emery Brown, Katherine Caamano, Connor Ciavarelli, John Clarke, Lucas Clasby, William Teles, Emily Telesco, Michael Sophia Cain, Sophia Cantu, Elizabeth Carlon, Hadley Clough, Arlo Cohen, Madeline Telesco, Reagan Thom, Zane Tickoo, Marco Mackenzie Carriero, Lauren Casey, Luciana Conron, Lauren Crisafulli, Anushka Dave, Tignanelli, Luke Ungaro, Bennett Uzpen, Casey, Kendall Ciccotelli, Eleanor Clarke, Sean Delaney, Lila Delany, Payce deMarco, James Vaccaro, Victoria Vaccaro, Kelly Chloe Coleman, Adele Cousley, Charlotte Nicholas Demirjian, Joseph Diamantis, Vance, Skyla Warren, Shane Wartinbee, Crehan, Grace Culbertson, Sophia D'Elisa, Gabriel Diaz, Fiona Dilday, Gemma Diotte, Isabelle White, Linkin Wong, Caroline Charles Daniels, Luke Dart-Miller, Marco Zoe Diotte, Alexander Dunkin, Kathleen de Guzman, Bridget de Kanter, Sean Deasy, Dunne, Peter Duval, Charlotte Edwards, Gavin DeGaetano, Emmeline DeMuth, Emily Hayley Edwards, David Emeagwali, Joseph

Federici, Sally Ferris, Charlotte Fico, Lindsay Hanlon, Michael Harris, Bennett Alexandra Bliss, Sydney Bonheur, Stefania Declan Flaherty-Lovy, Sophie Flanders, Heagle, Molly Holmstead, Tessa Helen Bragason, Henry Buczkiewicz, Ellewillow Jameson Flynn, William Frieders, Luis Howarth, Daniel Hull, George Ives, Parker Campagna, Cole Candee, Jane Carroll, Fuentes Jimenez, Russell Gaudreau, Paloma Ivezaj, Isabelle Janiga, Lucas Jetnil, Ryan Jonathan Case, Nicholas Cerami, Tatum Gonzalez, Cooper Goodwin, Roxi Goodwin, Jordan, Tatum Kazlauskas, Theresa Kelly, Colthup, Brady Coyne, Michael Cuesta, Jacqueline Gordon, Austin Gould, Abigail Lanford Kenny, Henry King, Gabriella Poppy Cullen, Chris Cunningham, Brett Greenhut, Abigail Griffiths, John Grohsgal, Konspore, Chloe Laska, Sophia Lee, Curran, Anasophia D'Andrea, Roman Arjun Gupta, Conor Harding, Georgina Benjamin Leibowitz, Andrew Liebau, D'Andrea, Felix Dinger, Samuel Dunn, Harrington, Samantha Hart, James Hearle, Nestor Makar, Lisa Mallozzi, Yanfer Benjamin Dymond, Jack Ericson, Cole Elizabeth Herman, Brady Hibbert, John Martinez, Gray Matthews, Mason McClave, Hiraman, Chloe Hoegstedt, Holly Hogan, James McInerney, Grace McIntosh, Timothy Charles Holmstead, Matthew Houle, Alina Hsu, Jules Huang, Anna Israelov, Lyla Ives, Claire Jan, Charlotte Jones, Cody Jones, Madeline Jones, Anca Jordan, Mary Jordan, Aarav Kamboj, Tanishi Kansal, Hugo Kelly, Brooks Kerchoff, Musfira Khan, Lina Kivikko, Alexandra Knowles, William Kollitides, Caroline Koo, Sagesse Kosche, Stefanos Kromidas, Caroline Kupchak, Theodore L'Henaff, Laura Lang, Evelyn Langworthy, Charles Lavyne, Nicholas Leahy, Max Leffers, Addison Leibowitz, Olivia Leslie, Sofia Lorenz, Francisco Luchetti, Stephen Magyera, Bennett, Edward Bliss, Clementine Bo, Andrew Maissen, Catherine Maissen, Adam Edward Bradley, Joshua Brown, Finn Maklad, Eric Materna, Charlie McGuire, Bumbulis, Charles Burges, Leighton Liam McGuire, John McInerney, Kieran Busby, Lilly Butler, Isabella Buttine, Mehta, Emily Meng, India Mitchell, Cooper Macyn Callahan, Jane Morgan Cantor, Mobile, John Morawa, Maria Morley, Brooke Murphy, Lauren Murphy, Lauren Ciavarelli, Isabella Coca, Claire Coleman, Myer, Josephine Natale, Eli Nikas, Twila Norton, Thomas Novothny, Tucker O'Reilly, Connor Oak, Emma Oliveira, Anthony Osadchy, Harrison Osborne, Julia Owsiany, Ben Pagano, Parnika Palai, Ava Palladino, Ella Park, Elizaveta Paschalidis, Edward Fields, Stanley Fillingham, Colin Finnerty, Pescatello, Hudson Plater, Ethan Pound, Anna Fiorito, Cruz Formoso, Sophie Jack Pound, Silas Powell, Aarna Prakash, Fulton, James Gaal, Wes Gallo, Veronica Samuel Pugh, Theodore Radoul, Rishaan Gass, William Gerritsen, Oliver Gershey, Raghavan, Mateo Rodriguez, Katherine Phoebe Glynn, Clare Greisen, Evelyne Rosales, Caroline Russell, Norah Salami, Han, Isabella Hanna, John Harold, Liam Tate Salerno, Carly Santiago, Julia Savelli, Hibbert, Fearghus Hillmann, Maddox Ryan Schimmeck, Tyler Schimmeck, Jordyn Hoffman, Emily Houle, Anabel James, Mya Schroeder, Isabella Seo, Olivia Seo, Amanda James, Tania Jamison, Quinn Jens, Jack Shala, Zachary Shaw, Emma Sillo, Lara Karczmit, Charlie Koch, Ethan Kremer, Simpson, Medha Singhania, Zoe Skrelunas, Maya Liu, Erica Ma, Andrew Mastronardi, Delaney Smith, Katarine Sorensen, Katherine Spilker, Maya Srivastava, Jackson McGurk, Stone Milligan, Matias Miranda, Stainer, Maximus Stevenson, Margaret Anais Moutran, Thomas Noone, Marina Stimpson, Daniela Studzinski, Davis Notari Fontes, Adrian Novothny, Madeline Swierz, Olivia Takach, Charles Tate, Kinley Thackray, Casey Tobin, Adam Tomsky, Adele Treuhaft, Cullen Urgo, Alexa Vallejo, Eloise Van Dussen, Brooke Walsh, Junwen Wang, Eva Warner, Evo Weigel, Henry Wexler, Kellen Wong, Amanda Woodie, David Zwick,

#### Grade 12 Honors

Leticya Abdala, Samantha Aliapoulios, Anna Armijo, Tristan Bardales, Tae Bazata, Bradford Benton, Samantha Bevacqua, Lucas Breed, Ryan Brooks, Thaddeus Burley, Owen Burns, Cole Campisi, Baker Cantor, Olivia Carofano, Oliver Carr, Nicolo D'Andrea, Savannah Delany, Marissa DelCarmine, Christopher DeMuth, Julian Doshi, Connor Flood, Ellis Frey, Timothy Galarreta, Victoria Greer, Avery Griffiths,

McManus, Antoniette Monaghan, Harlow Munoz, John Murphy, Madison Norton, Joel Ramos, Jack Regan, Apurv Sahay, William Sapione, Robert Seelert, Ryan Shih, Sanjay Sivakumar, Elizabeth Smock, Leni So, Olivia Spain, Harrison Stainer, Megan Stewart, Christopher Studzinski, William Taylor, Juan Torres, Jake Valente, Anna Vertin, Brooks Walker, Blake Wheeler, Mason Wheeler,

#### Grade 11 Honors

Chloe Armstrong, David Asare, Phoenix Charles Cavanagh, Ethan Cheuk, Madison Tully Coogan, Calleigh Cruger, Charles Cuesta, Liam Danaher, Sophia Davis-Eleck, Andra Doneit, Olivia Edwards, Rayan El Hattab, Mahdi Elmernissi, Eric Encinger, William Ericson, Katarina Fejtlova, Clare Stella Maxey, Milo McCaughey, Griffin O'Hara, Danny O'Shea, Lucy Paine, Yeva Pankova, Sofia Patterson, Grace Pellicci, Ava Pils, Audrey Pittaro, Nicholas Plasencia, Giuliana Pozzolini, Liliana Racioppi, Henry Reagan, Matthew Reed, Layne Resnick, Ava Reynolds, Sebasthian Rosario Mejia, Lucille Roscoe, Blake Rossouw, John Ryan, Daniel Sabo, Liv Saedal, Sheila Savage, Gabriella Scofield, Vlera Sejdaj, Jacob Silver, Sophia Simpson, Scarlett Stewart, Saras Sukhani, Brooks Tamasco, Anna Trofimova, Sydney Tunney, Olivia Vellante, Ava Welch, Peyton Woerz, Molly Wolter, Tatum Woodie, Daniel Yang, Sofia Yang, Charles Zaffino, Vivienne Zuwiyya,

#### Grade 10 Honors

Asllani, Lucas Azzopardi, Raeana Baker,

Esposito, Desmond Fitzpatrick, William Flynn, Margot Frey, Evelyn Garcia, Liam Goodhart, Malicah Hatten, Conor Heron, Tulah Imbruce, Christian Ivanov, Jack-Oliver Jamin, Abriel Jimenez, Alexander Jimenez, Serena Johnson, Lucca Jones, Kelly Klintworth, Benjamin Konigsberg, Ryder Kutney, Jacob Lee, George Lilley, Scarlett MacAllister, Caleb May, Abigail McClure, Madison McDougall, Madeleine McLean, Michael Mocco, Paige Monohan, Jack Nicolet, Nora Nussbaum, Jackson O'Hara, Julia Olesnevich, Hunter Oliva, Sarthak Parikh, Luke Perretta, Maryn Plumb, Samuel Quimbaya-Torres, Lillian Quinn, Samantha Ramirez, Edward Regan, Keira Robertson, Finley Rosen, Beatrice Row, Aidan Salas, Rehan Sanish, Spencer Schaefer, Sophie Schettino, Benjamin Scott, Beatrice Sexton, Cayden Shih, Jack Smith, Gavin Stannard, Tyler Suh, Sean Sullivan, Thomas Sullivan, Gregory Susanin, Archie Sutton, Petra Tessitore, Hemming Thackray, Hailey Tobin, Omea Tuga, Katherine Ulrich, Helena Ungaro, Lucia Valente, Dean Vinca,

#### Grade 9 Honors

Joseph Albrecht, Adam Balogh, Leandro Bardales, Benjamin Bomann, Juliana Bova, Cecilia Carr, Edward Carr, Hadley Catalano-Israel, Sebastian Chesnais, Mack Coogan, Luke Coppola, Phoebe Corwin, Tyler Cruger, Luca D'Onofrio, Alessio DiCamillo, Luke Ditlevsen, Charlotte Dluzyn, Evan Duan, Yume Duncan, Grace Falsetta, Isabella Falsetta, Luke Frattaroli, Thomas Frawley, Brian Gallagher, Owen Gershey, Anna Haagen, Braden Haggerty, Timothy Hanna, Lachlan Harrington, James Hayes, Berkeley Holland, Maeve Jackson, Avery Kerchoff, Sebastian Kerr, Ariston Khachane, Siena Kolich, Scotty Leslie, Emilee Maguire, Antonios Manos, Giana Mazotas, Ryan McGloin, Cain Meaden, Amelie Mitra, Mason Morgan, Sienna Murray, Cannon Nardini, Catherine Neilson, Saskia Norton, Julian Ovares, Cate Panagrossi, Lucas Parker, Uma Parmar, Joshua Patterson, Charles Reid, Sadie Roddy, Conor Ryan, Alexa Santos, Logan Scherr, Avery Scholz, Sloan Schwartz, Niam Shah, Skandar Sidani, Alexandra Sieghart, Mara Simatic, Charlotte Skidmore, May Small, James Smith, Oliver Solop, John Spilker, Olivia Sprosta, Audrey Stewart, Zachary Symons, Magnolia Teymourian, Tyler Thomas, Amelia Tribelli, Samuel Vandall, Theodore Volanakis, Joshua Wachsman, Tessa Warner, Zachary Weiss, Tyler Anderson, Olivia Aronson, Noar Adrienne Wells, Kaz Winiarski, Carter Woerz, Amelia Youngman.

#### New Canaan Sentinel

**PUBLISHER** 

**Publisher@NewCanaanSentinel.com**Elizabeth Barhydt

#### **EDITORS & COPY EDITORS**

Emma Barhydt, Peter Barhydt [editor-in-chief], Liz Leamy, Caroll Melgar, Anne W. Semmes, Robert Williamson, Cordelia Webb

#### **Remembering Betsi Shays**

Every now and then, someone leaves this world whose decency feels almost old-fashioned, as if borrowed from an earlier, kinder America.

#### Betsi Shays was one of those people.

For decades in Greenwich, in New Canaan, and through the winding towns of Connecticut's Fourth Congressional District, she stood—not in the spotlight, but just beyond it—holding things together. She had no appetite for self-display. Her gift was steadiness, gratitude, and a particular kind of kindness that asked nothing in return.

#### The best people leave behind a tone, a way of being that quietly alters everyone who knew them. Betsi's tone was one of grace.

Those who worked in or around the Shays offices know the ritual well: a letter in the mail, raspberry ink, signed "betsi," lowercase b. "Thank you for cheering us on," it often said. Not a slogan, not a line tested by consultants, but an expression of the way she lived—believing that service was a shared act, not a solo performance.

She wrote those letters herself.

Her optimism was relentless. Maddening, sometimes. If the room was gloomy, she opened a window. If the numbers were bad, she found something good in the trying. You couldn't be a cynic around Betsi; she made it impossible to stay that way. She believed in the good, and if she couldn't quite see it, she looked harder. She never used another's failure as conversation, never joined in complaint. That refusal to wound was its own quiet strength.

Betsi and Chris Shays were high-school sweethearts, Peace Corps volunteers in Fiji, partners in life and vocation. When Chris served in Congress, she became, by choice and by instinct, the connective tissue—calling, writing, listening. Her way of being said you can't just hold an office, you have to hold people. In campaign offices and classrooms alike, that was her way.

Before politics, there was teaching—in New Canaan, where she loved her students and they loved her back. She brought the same habits there that she brought everywhere: seeing potential where others saw limits, speaking encouragement where others spoke correction. Teaching and politics aren't so different at their best; both require faith in the human creature. Betsi had that faith in abundance.

Later, when the campaigns quieted, she continued to serve, directing educational initiatives for the Peace Corps—helping teachers connect their classrooms with the larger world. Even in that role, her ethos stayed the same: lead gently, listen first, thank often. Her life never drifted far from the basic lesson—that every person wants to be seen, and deserves to be.

What I remember: she favored Jessica McClintock perfume—soft, floral, unmistakable—and a raspberry-colored pen that left a little flourish at the end of every note. When Chris was weary, she'd smile and tell us not to worry, "He just needs a run and some Aaron Copland," whose music could lift a spirit from discouragement to resolve. When my daughter was born we received ten children's books and a suggestion to read them until pages were worn. That advice, well received and executed, likely helped produce the *Sentinel's* own Emma Barhydt: book reviewer, writer, editor, and teacher.

After Chris left office, Betsi and Chris eventually moved to Maryland, but Betsi's impact in Connecticut remains. The friends, the volunteers, the students, the neighbors: will remember the small gestures that came to define her. A call. A note. A prayer. A presence.

What she gave us, really, was an argument—not political, but moral. That kindness is not weakness. That optimism is not evasion. That gratitude is a force multiplier in human affairs. She lived that truth every day, and it changed the texture of the communities she touched.

The best people leave behind a tone, a way of being that quietly alters everyone who knew them. Betsi's tone was one of grace.

And the way we honor that now is simple: pick up the pen, write the note, look for the good. Cheer someone on.

. Because that's what she did. And she was right.

# Editorial Page



LETTER

#### A Little Wisdom After 26 Years of Sobriety

11/3/25 marked my 26th year of sobriety. Twenty-six years. Over a quarter-century, which makes me sound like I should be wondering where I put my AARP card and complaining about my back, but here we are.

Here's what I know for sure after all this time: the basics always work. I know, I know—how boring and unhelpful, right? You want the hack. The quick link. The thing nobody's telling you. But I'm telling you: it's the basics. It's always been the basics

Whether you're struggling with alcohol, white knuckling your way through an eating disorder, or just sober curious (which

is a beautiful, brave place to be), you'll find freedom in simplicity. One day at a time. Sometimes one hour at a time. Sometimes one breath at a time when things get really squirrelly. That's not a cliché—it's a lifeline someone threw me when I was caught in the crosscurrents of alcoholism and bulimia.

The basics work because they're doable. They're accessible right now, in this moment, even when your brain is screaming that everything is terrible and will always be terrible. Don't drink. Reach out for help, even when you don't want to. Show up for yourself and others, even in your sweatpants.

Year 26 hasn't taught me anything radically different from year 25, or year 5, or year 1. It's reminded me that recovery isn't about achieving some final enlightenment where you float around in white linen being serene. It's about returning to what works, again and again, like a slightly exasperated but deeply grateful homing pigeon.

You don't need to figure it out forever.

You just need to stay the course today.

Keep it simple—that's enough. It's always been enough.

ys been enough. Stephanie Hazard, SPRS, CCIEDC, RCP Recovery Coach www.pathtowardrecovery.com

There can be something noble — almost radical — about sitting down and writing a letter to the editor. It is how a town speaks to itself. Your words don't have to be perfect; they just have to be yours. Share a thought, a gratitude, a concern, or a memory. Whether it's about a new puppy, a local hero, or a policy that matters, your voice adds depth to our common story. So take a moment, pick up the pen — or the keyboard — and write it down. New Canaan wants to hear from you.

# **CLASSIFIED**

**LEGAL** 

**ADS** 

#### LEGAL AD

TOWN OF NEW
CANAAN
INLAND WETLANDS
COMMISSION

Notice is hereby given that the Inland Wetlands Agent has approved the following application:

Permit Number (IW-25-51) issued to 24 Oak Grove, LLC, 24 Oak Grove, LLC, Map J Block 137 Lot H42. Prepare site for construction activities and install all soil and erosion controls as indicated. Construct new single family dwelling, approx. 4300sf with rear patio and associated drainage system. Construct swimming pool with patio and install associated pool equipment. Fine grade, landscape and seed all disturbed areas upon completion.

#### LEGAL AD

THE TOWN OF NEW CANAAN, CONNECTICUT DEPARTMENT OF PUBLIC WORKS WPCF

#### ADVERTISEMENT FOR BIDS

The Public Works Department of the Town of New Canaan, Connecticut, will receive sealed bids for: Procure, remove and install a replacement for (1) Acrison 515 Dry Polymer System at the New Canaan

The Town is requesting a "drop in" replacement manufactured by Acrison.

Bids will be received until 10:00 AM Local Time on Thursdays December 4th ,2025 at the Department of Public Works Office, located at the Town of New Canaan Town Hall 77 Main Street, New Canaan, CT 06840, at which time and place all bids will be publicly opened and read aloud.

Specification documents are available at the Town of New Canaan Wastewater Plant, 394 Main Street, New Canaan, Connecticut 06840 or by calling Nick Colabella, Facilities Superintendent at 203-594-3700. Specifications may also be obtained by e-mailing to (nick.colabella@newcanaanct.gov).

The Owner may waive any informalities or minor defects, or reject any or all bids if it is in the best interest of the Town of New Canaan to do so.

Nick Colabella Superintendent, Town of New Canaan Water Pollution Control Facility New Canaan, CT

#### LEGAL AD

# TOWN OF NEW CANAAN PLANNING & ZONING COMMISSION REGULAR MEETING

Notice is hereby given that the Planning and Zoning Commission will hold a Public Hearing on Tuesday, November 18, 2025 this hearing is scheduled as a hybrid meeting to be held in the Town Meeting Room at Town Hall, 77 Main Street. Access to this Public Hearing will be in person and via an on-line system at 7:00 p.m. to hear and decide the application(s) as follows:

1. Discussion and consideration of the Planning and Zoning Commission to amend the Zoning Regulations dated June 16, 2007, amended July 7, 2025 to amend Section(s) 3.2.C.14 Permitted Principal Uses and Structures to further clarify where Religious Institutions are permitted in Residential Zones. Complete copy of the proposed amendment on file in the office of the Town Clerk and also the Planning and Zoning Department as well as on-line: https://cms3.revize.com/revize/canaan/Departments/Land%20Use/Pending%20 P&Z%20Commission%20Applications/Religious\_Insitutions\_in\_Residential\_Zones\_Text\_Change.pdf?t=202511040734180

Dated: November 6, 2025 New Canaan, Connecticut Daniel Radman, Chairman

#### Pamela Dekker

Pamela Hines Briggs Dekker, 82, of New Canaan, CT, passed away peacefully on November 7, 2025 surrounded by her loving children.

Pam was born in New York City, on October 7, 1943 to Priscilla and Gordon Hines. Pam lived her early life in Glen Cove, NY, where she attended Friends Academy. After moving to Darien, CT in 1952, Pam graduated from Darien High School in 1961, and attended Skidmore College where she earned a Bachelor of Science degree in nursing.

Pam started her 40 year nursing career as a night supervisor at a psychiatric nursing hospital in Hanover, MA. Upon moving to Connecticut, she joined Visiting Nurse and Hospice in Wilton, and attended Fairfield University for a specialization in Hospice. Pam worked as a Hospice nurse for 19 years, while acting as the director of the paraprofessional staff. She went on to attend Western Connecticut University earning a MHA/MBA, and in 1999 she joined the staff of New England Home Care as nursing supervisor and director of the lower Fairfield county office. Pam took great pride in her career and was an ever faithful and devoted nurse. She skillfully cared for, comforted, and ministered to countless patients and their families.

In 1965 Pam married her high school sweetheart, Ben Briggs, at Noroton Presbyterian Church. They had three children whom Pam referred to as their greatest achievement. They lived in Hanson, MA, New Rochelle, NY and Ridgefield, CT, divorced in 1984, and remained lifelong friends.

In 2001 Pam remet a former high school friend, Thomas Dekker, attending her 40th High School reunion. In 2003, Pam retired and moved to Boothbay Harbor, ME to be with Tom, where they enjoyed twenty wonderful years together. They spent time with their cherished family and friends, sailed, enjoyed lobster dinners, traveled, spent winters in Florida, and built and cultivated their beautiful gardens at their home. After Tom's death, Pam relocated to New Canaan, CT where she spent her last years enjoying time with family and friends.

Beyond being an avid gardener, Pam was a gifted pianist and adored music. She loved travel, reading (2-3 books a week!), sunsets, her NYT crossword puzzles and words with friends, a good conversation with a glass of wine or cup of tea (accompanied by anything sweet!), and had a wonderful talent for interior decorating and design. Her greatest love was her family and dear friends. Pam was adored by all who knew her, and will be forever cherished in memory.

her granddaughter Kelly Elizabeth Briggs, her brother Clay, and her beloved Tom. She is survived by her sister Nancy (Rick) Senftleben, and brothers Gordon (Liz), and Blaikie (Judy) Hines, her sister in law Ellen Hines, daughters Lauren (Gary) Paxton and Sara (James) Newman, son Benson (Lisa) Briggs, grandsons Andrew (Katarina), Bryan (Megan), and Sean, granddaughters Meghan and Ellie and great grandson Archie, former spouse Ben Briggs, nieces, nephews, great nieces and nephews, and further survived by other relatives and friends.

A celebration of life service was held Thursday, November 13 at Noroton Presbyterian Church, Darien, CT. In lieu of flowers, please make donations to Regional Hospice, 30 Milestone Road, Danbury, CT

The family is being compassionately cared for by the staff at Hoyt Funeral Home, 199 Main Street, New Canaan CT 06840. www.hoytfuneralhome.com

#### Rita Englund

Rita Szanto Englund passed away at

peace in hospice on November 5, 2025. Rita was born on the banks of the Danube River in Budapest, Hungary, on July 30, 1952, the only child of Ivan Z. and Marianne B. Szanto. After the Russian invasion of Hungary in 1956, the family escaped at night through the barbed wire and guarded border into Austria. Deemed political refugees, the U.S. government flew the family to Camp Kilmer, N.J., where, speaking no English, they began to build their American Dream in New York City. Ivan worked as executive at various import-export companies and Mimi at I.M. Pei. They lived for many years at 530 E. 90th Street by the East River. Rita attended the Brearley School for grades 1 through 12, graduating in the Class of 1970. She was accepted in the last class of women at Pembroke College that became the Brown University Class of 1974.

In February 1973, Rita and Sven R. Englund met on campus. After Brown, Rita held a variety of jobs, including a stint teaching at Brearley. Rita and Sven finally married, to everyone's relief, in August 1980, at Christ Church Quaker Hill. They rented servant's quarters on Rosebrook Road in New Canaan before purchasing their forever home on Fairty Drive. Their daughter, Kristen Marianne, was born in May 1985 and son, Sven Alexander, in May

1988.

Rita was passionate photographer, who did not like to be photographed, an avid organic gardener of flowers, an artist, and a voracious reader of the "upstairs books" and "downstairs books" type. She instilled the love of books and reading in her children as well as the love of her dogs and cats. As the children grew up, she took part-time jobs in New Canaan, including children's books at Elm Street Books and many years at Bärbel Jewelry. Rita taught a class in writing at the Lapham Community Center for several years. She remained a loving and supportive mother, wife and daughter.

Rita is survived by her father, Ivan of New Canaan, husband, Sven R. Englund of New Canaan, daughter, Kristen E. Katz (Daniel) of Fairfield, and son, Sven A. Englund (Courtney) of Providence, R.I., and beloved members of the extended

The family thanks all the caring and supportive friends, neighbors, classmates, and her medical team for their help in this time. The family will greet visitors on November 20, at the Hoyt Funeral Home, 199 Main Street in New Canaan, from 4 to 7 PM. In lieu of flowers, a donation to the Maritime Aquarium at Norwalk in her name would be appreciated, www.maritimeaquarium.org/donate. A memorial service will be held in the new

#### Carroll McCaffrey



December 15, 1938 - November 1, 2025

Mrs. Carroll "Mitzi" (Donahue) McCaffrey, 86, affectionately known as "Mitzi", beloved wife of the late John Francis McCaffrey Sr., died peacefully, November 1, 2025 at the Herrick House in Beverly, Mass.

Mitzi was born in Detroit, Michigan, Pam was predeceased by her parents, the daughter of the late John R. and Mary Carroll Donahue. Raised and educated in Detroit, she graduated from Marygrove University, a private Roman Catholic college founded and run by the sisters. Servants of the Immaculate Heart of Mary. It was there that her deep faith and spirit of generosity were nurtured-values that guided her throughout her life. This foundation of faith shaped her character from an early age, and it remained her compass until her final days.

Mitzi began her career as an educator, teaching in both Milwaukee, Wisconsin, and Detroit, Michigan. She and her soonto-be lifelong partner and husband of 56 years, John, shared a belief that the greatest gift one could give or receive was the gift of education. As they began their family, Mitzi devoted her time and love to creating a warm, welcoming home, while supporting her four children in all of their pursuits. The McCaffrey home was always lively - filled with laughter, sports, music, competition, and love.

John's career took the family from Grosse Pointe, Michigan, to New Canaan, Connecticut, and later to Winnetka, Illinois, before they eventually returned full circle to Connecticut. There, Mitzi rediscovered her passion for education and volunteering which became her vocation, as she devoted countless hours to the St. Aloysius Parish and School for

Mitzi was happiest when surrounded by her ever-growing family - at home, with family dinners and traditions, and time together. She was a passionate supporter of her children's athletic and artistic endeavors and took immense joy in cheering on the next generation, her grandchildren, as they followed in those footsteps. Whether watching footballs, hockey pucks, basketballs, or lacrosse balls fly, or standing by the door with the family dog waiting for the next "adventure," she took it all in with a smile and love in her heart. Through every chapter of family life, Mitzi remained the gentle, steady presence who anchored them all. Her legacy of kindness, faith, and family will forever live on in all who loved

Mitzi is survived by her sons, John F. McCaffrey Jr. and his wife, Bree of Southlake, TX; Timothy McCaffrey Sr. and his wife, Alyson of Houston, TX, Robert McCaffrey Sr. and his wife,

# Obituaries

Ashley of Milton, MA; and her daughter, Carroll Willa and her husband, Keith of Topsfield, MA. "Mitzi" leaves behind her beloved grandchildren, Macyn and Miller McCaffrey, Mary and Timothy McCaffrey Jr., Kailyn and Hunter Willa, and Betsy, Bert and Teddy McCaffrey. She was the sister of the late Mary Kay Gersuk and Jack Donahue Jr. and leaves behind many nieces and nephews.

A Funeral Mass was held at St. Rose of Lima Church, Topsfield, MA, on Saturday, Nov. 8. A celebration of life followed at The 1640 Hart House, Ipswich, MA. Assisting the family with arrangements is O'Donnell Cremations - Funerals - Celebrations, 167 Maple St., DANVERS.

Donations may be made to Catholic Charities North, 117 North Common St., Lynn, MA 01902. To share a memory, visit www.odonnell funeral service.com

#### **Hsuan Chang**

Hsuan Ching Chang, a 40 year resident of New Canaan, CT, passed away peacefully on Wednesday, October 29,

Hsuan was born on October 10th, 1946 in Nanjing, China to the late Tseyao Chang and Chaoying Fu and grew up in Taipei, Taiwan. He attended Soochow University in Taipei, Taiwan where he earned his Bachelor's degree and then immigrated to the U.S. to earn his Masters of Professional Accounting at University of Texas at Arlington in 1973.

Hsuan started his professional life as a Certified Public Accountant at one of the Big Eight accounting firms and then joined Ehrlich David & Company in New York City. Later he went on to open his own practice in Stamford and New Canaan, CT and had a long career in accounting for over 40 years.

Hsuan was a devoted husband and father, who enjoyed sharing the world, especially National Parks, with his family and having bagels at the former Bruegger's Bagels in New Canaan. Hsuan is survived by his wife Li-shiueh and his daughter Katarina. He is also survived by his two sisters and three brothers and their children. We will always carry his love, kindness, and generosity in our hearts.

Psalm 23 For online condolences please visit

www.hoytfuneralhome.com

#### Ben Guerrero



Arthur Ben Guerrero, 69, of Stamford, CT, died from complications of cancer on Oct. 25, 2025.

Known as Ben, Benny, or Arthur, he was a son of the late Barbara Haley Smith and Pedro E. Guerrero. He grew up in a family shaped by creativity and imagination, and lived for many years in New Canaan.

Ben had a huge heart and many talents. His children say he was born with a superpower: the ability to make anything. He painted, illustrated, and sculpted with ease. He won several awards, but the acknowledgement he most treasured was a postcard from his idol, controversial cartoonist R. Crumb, who wrote to a young Ben, "I like yr gurls."

His work included lampoons of Americana and popular advertising, paintings based on his father's New York City photographs, and the experience of growing up Mexican American in New England. When his irreverent painting "Miracle of the Latte' was rejected from an exhibition sponsored by the New Canaan Society for the Arts in 1998, it was shown instead at Tequila Mockingbird, a local

Ben's creativity had no bounds. He was a writer, local historian, builder, remodeler, five-string banjo player, selfdescribed collector, public speaker, music lover, classic-car enthusiast, harmonizer, and a smart dresser. He was a baker of birthday cakes and bread, and a maker of clothes, dolls, and furniture. For many years, he wrote and illustrated The Home Moaner, a monthly column in The New Canaan Advertiser and other local papers, chronicling, in his wry and clever style, the joys and frustrations of owning a formidable fixer-upper in South Norwalk.

Ben held many jobs. He had been a cabinet maker, ATM repair technician, grill man, videographer, and real estate agent. He worked for NewsBank in New Canaan for 14 years in many roles, finishing as manager of marketing communications. For a time, he and his first wife, Marianne, ran a small Mexican restaurant in town.

After helping his father recover from

major surgery, Ben found his true north in nursing: a place where his compassion, creativity, and clarity aligned. He earned an associate's degree in nursing from Norwalk Community College in 2008. A natural leader, he was regarded as the "mayor" of his class, chosen to speak at graduation, and honored as a "Man of Promise and Distinction." He went on to complete his B.S. in Nursing in 2019. His commitment to patient care was matched by his ability to lead and inspire his team as an Assistant Director of Nursing at Silver Hill Hospital in New Canaan. His colleagues described him as a man whose "kindness, professionalism, and genuine compassion made him a beloved figure among colleagues and patients alike."

Ben gave generously to his community. In New Canaan, he served as president of the board of directors of the Carriage Barn Art Center; was the lone "room dad" among a sea of room mothers at East School; and was an entertaining museum chaperone. He was also a Justice of the Peace, joining dozens of couples in marriage. The final wedding he officiated was that of his son, Alexander West Guerrero, to Virginia Reid Mueller in Mill Valley, Calif., on Aug. 23.

Ben blended hilarity with an inner depth and sweetness. He raised Alexander and his sister, Hannah Maria Guerrero, with the joyful company of Pee-Wee Herman. Christmas meant Pee-Wee's Playhouse Christmas Special and It's a Wonderful Life. The final line of the latter "Here's to my brother George, the richest man in Bedford Falls!" never failed to bring him to tears. He and the kids loved singing show tunes as they tooled around in the car. He was a lover of breakfast, especially with Hannah; together they surveyed rye toast and corned beef hash in diners across Fairfield County. Both children inherited his creativity and sense

One of the most consequential decisions of Ben's life began with skipping a full year of gym at New Canaan High School. Rather than have him make-up P.E., his parents sent him to the more forgiving Putney School in Vermont. There he found deeply held friendships that lasted a lifetime. Later in life, after a brain operation, he developed a surprising devotion to baseball and became a passionate Yankees fan.

Ben's home with Bridget at "Little Dog Farm" in North Stamford, named for their misbehaving miniature dachshunds, Silda and Leopold, became the gathering place for holidays and dinners. Their shared vision for the property, many pieces completed and many still evolving,

Ben is survived by his partner, Bridget Howe; his children, Alexander West Guerrero and Hannah Maria Guerrero; his daughter-in-law, Virginia Reid Mueller; his son-in-law, Justin Joffe; his sisters, Susan Smith Guerrero and Barbara Smith Guerrero II, and their partners, Mark Demmerle and Charles Marchant; his sister-in-law, Carmen Guerrero; and his father's widow, Dixie Guerrero. He is also survived by Marianne Perry, the mother of his children; and Melissa Slattery, his second wife. His older brother, Peter Marc, died in 1998.

The family is grateful to the helpful and kind team at Stamford Hospital, and to Ben's exceptional doctors, Christopher Del Prete and Sherry Ng.

A celebratory art show will be held in the new year. In lieu of flowers, donations may be made to the Lauren Fund at the Bennet Cancer Center at Stamford Hospital, Silver Hill Hospital or a charity of your choice.

#### **Craig Wright**



C. Craig Wright, M.D., passed away at 96 in the north Atlantic on May 6, 2025. Known to his five grandchildren as "Grancraig", he was born in Cambridge, Ohio on November 23, 1928. to Kathleen Vivian Craig (Anderson) and Charles Thomas Wright. While he was in elementary school his family moved to a dairy farm in southeast Ohio where his mother also taught school. During his four years at Madison High School, he won six varsity letters in basketball and track and played trumpet in the school band. He graduated as class president and valedictorian.

He attended The Ohio State University in Columbus, Ohio on numerous scholastic

scholarships earning B.A., M.S. and M.D. degrees and being awarded membership in undergraduate and medical scholastic honorary societies. During his time at the university, he was a four-year member of the Symphonic Choir, active in multiple campus activities, salaried Secretary of the Fraternity Affairs Office, and President of his undergraduate and medical

He married his beloved Barbara Ann Guy, a student and artist in commercial art, on September 14, 1952, at the start of his senior year in Medical School.

Following graduation, Dr. Wright completed a Medical-Surgical Internship at Bellevue Hospital in New York City. He then entered the United States Air Force (Medical Corps) where he served as Base Flight Surgeon, Shaw Air Force Base, Tactical Air Command. His duties also included command of an airborne field tactical infirmary and direction of an altitude chamber unit engaged in training TAC and SAC pilots in the use of partial pressure and full pressure suits.

Leaving active duty with the rank of Captain, he returned to The Ohio State University for a three-year residency in Aviation Medicine. The final year of this program was spent with Pan Am World Airways at what was then Idlewild (now JFK) Airport in New York City where he developed the training program for emergency procedures to be followed if a decompression event occurred in one of the newly introduced fleets of Boeing 707 aircraft.

Following the residency, Craig and Barbara moved several times through a series of employment with the Reynolds Metals Company in Muscle Shoals, Alabama; the United States Steel Corporation in Pittsburgh and Hempstead, Pennsylvania and the Xerox

Corporation in Rochester, New York and Stamford, CT. At his retirement, as Medical Director of Xerox in 1987, he served as a medical consultant for the Perkin-Elmer Corporation and the Southern New England Telephone Company.

During his professional career, Dr. Wright was certified by the American Board of Preventive Medicine as a diplomat in Aviation Medicine and Occupational Medicine and was the author of twentythree published scientific articles. He was active in numerous medical associations and served as President of the American Academy of Occupational Medicine and of, what later became, the American College of Occupational and Environmental Medical Association. In 1997, this latter association gave Dr. Wright the William S. Knudsen Award, its highest honor, for his distinguished career in occupational

Of all his activities while a local resident, Craig derived great enjoyment in serving as President of the United Way of New Canaan and in his involvement with the New Canaan Men's Club. While he enjoyed watching amateur club and high school athletic teams, he was almost a zealot for the UConn Huskies women's basketball team, the New York Yankees and The Ohio State University 'Buckeye' football team. His other hobbies included skiing, tennis, paddle tennis and. photography.

Love of travel and color slide photography began with a round-the world trip while with Pan American, Dr. Wright and his wife Barbara visited all seven continents and over eighty countries. Dr. Wright passed away doing what he loved, traveling the globe with his best girl, Barbie.

He is survived by his beloved wife of 72 years; twin daughters Cynthia Arpag and spouse Dean of Middlesex, NY, Cristina Kords and spouse Donald of Fairport, NY; son Dr. David Wright and spouse Holley of New Canaan; and grandchildren Alexander Arpag and spouse Julia, great grandsons; Wylder and Atlas, Lauren Arpag, Michael Kords and Bailey Wright and partner Justin and MacLean Wright and spouse Elena.

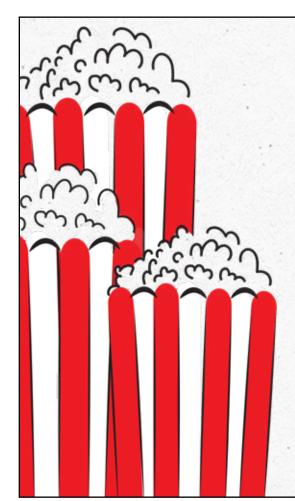
Dr. Wright donated his body to the Yale University School of Medicine Anatomy Department for medical student education.

Plans for a family memorial celebration are pending

Memorial donations may be made to the Whittingham Cancer Center at Norwalk Hospital, Norwalk, Connecticut or the New Canaan Volunteer Ambulance Corps, P.O. Box 598, New Canaan, Connecticut 06840-0083.

The New Canaan Sentinel does not charge for obituaries. Every member of the community deserves to be remembered and honored without families facing added financial burdens. Obituaries may be sent to Caroll@GreenwichSentinel.com.

The cost of publishing obituaries is covered by The Sentinel Foundation, a nonprofit that supports the local <u>Top 5</u> Things to Do Today daily email, obituaries, education and entertainment pages, worship pages, and sponsorship of charitable organizations and events.



# **PLAYHOUSE** PRESENTS ENCORE

#### SEE A MOVIE • ENJOY A DRINK • GRAB A BITE • MEET A FRIEND

- Unlimited Movies
- No Online Booking Fees
- 20% off Concessions (excluding alcoholic beverages)
- Plus More!

**JOIN NOW** 

A CINEMA LAB Experience

CinemaLab.com

# **Girls Volleyball Crushes Harding**

BY CHRISTOPHER DEMUTH

The New Canaan Rams opened their playoff run Tuesday with a 3-0 win over Harding High School at a neutral site. Set scores of 25-14, 25-12, 25-7 showed a clear night of control, clean execution, and sharp communication for New Canaan. From the opening serve right to the final point, the Rams set the pace, protected long service runs, and limited mistakes.

The numbers reflected a team playing in sync. New Canaan posted 36 total kills while holding a .370 hitting percentage as a group. Offense came from multiple directions. Senior Anna Vertin delivered 11 kills, hitting .647 for the night, one of the most efficient performances on the court. Close behind, senior Sophia Fallon tallied 9 kills with an even higher .667 hitting percentage. Sophomore J. Olesnevich matched Fallon with 9 kills of her own, giving New Canaan three strong, reliable attackers who kept Harding from settling into any defensive rhythm.

Playmaking began at the setter position, where senior Helena Jan led with 21 total assists, averaging 10.5 assists per set. Freshman Claire Jan added 6 assists, while freshman Yume Duncan contributed 5 more. The setting distribution kept Harding adjusting, opening clean lanes for hitters and preventing pressure from shifting onto any one player for too long. The rotation flowed cleanly, rarely allowing rallies to stall.

Serving became one of the strongest weapons of the night. New Canaan recorded 24 aces as a team

committing only five service errors. Fallon led the team with 7 aces. Helena Jan followed with 6, while both Claire Jan and Olesnevich added 4 each. The serve repeatedly forced Harding out of the system, creating short possessions and easy scoring windows for New Canaan. Many of the Rams' longest point runs began from the service line rather than extended rallies.

The team tallied 26 total digs on defense through three sets. Helena Jan topped with 8 digs, while Claire Jan and senior Mia Lockyer added 4 each. The back row managed to stay in control, handling deflections and tipped balls well, while reading the hitters across from them. Serve receiving also went smoothly, yielding 27 receptions and just 2 errors, helping the offense to maintain composure and efficiency.

At the net, there wasn't much blocking, but it was effective when deployed as Fallon recorded the team's single block. New Canaan didn't rely on block points, but consistently pressured Harding attackers in the front row, forcing changes of angle and hurried swings.

The first set, ending 25–14, opened with strong serving runs that Harding struggled to answer. New Canaan mixed attack angles early, pushing the ball through the middle, off the pins, and into open floor. By the midpoint of the set, the Rams had already separated themselves, holding a lead large enough to play assertive while staying controlled. The second set expanded on that formula, ending 25–12, as the serve continued to tilt the game. The final set closed quickly at



Girls volleyball team celebrating their win

25–7, the largest margin of the night, from teammates up front. driven by pressure at the line and a steady, low-error tempo.

Senior captain Helena Jan spoke after the win about what made the group effective from the first whistle.

"I think the key to our victory was that we were really able to focus beginning of the season." and work cohesively as a team," Jan said. "Everyone did their job. our we're capable of when we're playing as

"Some key players that game were Anna Vertin and Anna Fiorito as their offensive attacks played a key role in gaining a lot of our points," she said.

Jan also pointed to the production ever had a chance to build rhythm, enough to change the direction of play.

pushing pressure with the serve, finishing efficiently at the net, and keeping the defensive touches clean. Three players finished with 9 or more kills. Three players posted 4 or more "Overall I'm really proud of the team aces. Three players had 4 or more and how we've progressed since the digs. Two setters split distribution comfortably. The attack did not narrow, Like Helena said, the win wasn't the serve did not drop off late, and the built on one moment but on a court balance remained intact from communication was strong, we played consistent plan carried out by every first set to last. That variety posed a clean, and we really showcased what player in the rotation. At any point, the constant problem for Harding, who Rams did not chase this game. They never found an offensive or defensive controlled sequences before Harding pattern that stayed functional long

## **Sports Roundup**

# **Weekly Scores**

	Date	Team (School – Gender – Sport)	Opponent	Score
1	11/7	New Canaan – Boys – Football	Staples	New Canaan 28 – Staples 0
1	11/5	New Canaan – Girls – Field Hockey	Trumbull	New Canaan 2 – Trumbull 1
1	11/7	New Canaan – Girls – Field Hockey	Fairfield Ludlowe	New Canaan 1 – Fairfield Ludlowe 3
1	11/6	New Canaan – Girls – Volleyball	Harding	New Canaan 3 – Harding 0
1	11/6	New Canaan – Girls – Volleyball	Trumbull	New Canaan 2 – Trumbull 3
1	11/7	New Canaan – Girls – Soccer	Farmington	New Canaan 2 – Farmington 0
1	10/29	St. Lukes – Boys – Soccer	Hopkins	St. Lukes 1 – Hopkins 3
1	10/29	St. Lukes – Boys – Soccer	Millbrook	St. Lukes 0 – Millbrook 2
1	11/4	St. Lukes – Boys – Soccer	Rye Country Day	St. Lukes 5 – Rye Country Day 3
1	11/1	St. Lukes – Boys – Football	Peddie School	St. Lukes 21 – Peddie School 53

17 DEC, WED

12 - 1:30am

14	NOV, FRI		11pm – 1am	Boys Freshman Football @ Trumbull (Day 2/2) 72 Strobel Rd, Trumbull Connecticut 06611-5597
		•	11pm – 1am	Boys Varsity Football @ Trumbull (Day 1/2) 72 Strobel Rd, Trumbull Connecticut 06611-5597
15	NOV, SAT		11pm – 1am	Boys Varsity Football @ Trumbull (Day 2/2) 72 Strobel Rd, Trumbull Connecticut 06611-5597
			3:30 - 4:30pm	Boys JV Football vs Trumbull 11 Farm Rd, New Canaan Connecticut 06840
18	NOV, TUE	•	10pm – 12am	Boys Freshman Football vs Darien High School 11 Farm Rd, New Canaan Connecticut 06840
22	NOV, SAT	0	3 – 5pm	Boys JV Football @ Darien High School 80 High School Lane, Darien CT 06820
27	NOV, THU	•	3 – 6pm	Boys Varsity Football vs Darien High School 11 Farm Rd, New Canaan Connecticut 06840
10	DEC, WED	•	10 – 11:30pm	Boys Varsity Basketball vs Masuk High School 11 Farm Rd, New Canaan Connecticut 06840
11	DEC, THU	•	12:10 – 1:55am	Girls Varsity Hockey vs Greenwich High School 55 Old Kings Highway North, Darien Connecticut 06820
12	DEC, FRI	0	9 – 10:30pm	Boys Varsity Basketball @ Notre Dame-West Haven One Notre Dame Way, West Haven CT 06516
13	DEC, SAT	•	12 – 1:30am	Girls Varsity Basketball vs Daniel Hand 11 Farm Rd, New Canaan Connecticut 06840
		•	9:20 – 11:05pm	Girls Varsity Hockey vs Mercy High School 55 Old Kings Highway North, Darien Connecticut 06820
15	DEC, MON	0	11:40pm – 1:25am	Boys Varsity Hockey vs Northern Highlands Regional High School (Day 1/2) 55 Old Kings Highway North, Dari
16	DEC, TUE	•	11:40pm – 1:25am	Boys Varsity Hockey vs Northern Highlands Regional High School (Day 2/2) 55 Old Kings Highway North, Dar
			8:45 - 10:15pm	Boys Freshman Basketball @ Fairfield Prep 1073 North Benson Road, Fairfield CT 06824
			10:15 - 11:45pm	Boys JV Basketball @ Fairfield Prep 1073 North Benson Road, Fairfield CT 06824

Boys Varsity Basketball @ Fairfield Prep 1073 North Benson Road, Fairfield CT 06824

#### By Christopher DeMuth Girls Soccer

New Canaan girls soccer turned in a pair of clean-sheet wins to keep the Rams rolling.

On November 4, New Canaan beat St. Joseph 1–0 in a playoff match. The Rams defense held firm from start to finish and limited scoring chances in a tight, fast-paced game. On November 7, the team followed up with a 2-0 road win at Farmington, controlling the run of play and keeping the River Hawks off the board.

#### Girls Field Hockey

The Rams split a pair of playoff contests in a competitive week.

On November 5, New Canaan earned a 2-1 victory over Trumbull. The Rams struck twice and protected their lead late in the game, holding off a

strong Eagles offense. On November 7, New Canaan matched up with Ludlowe and fell 3-1. The Falcons built a multi-goal lead, and while the Rams found the back of the net, they were unable to close the gap.

#### Girls Volleyball

New Canaan volleyball opened the postseason with confidence, then finished with one of the tightest matches of the week.

On November 4, the Rams swept Harding 3–0 with set scores of 25-14, 25-12, 25-7. New Canaan controlled the tempo, forcing pressure at the net and limiting Harding's runs.

Two days later, on November 6, the Rams faced Trumbull in a five-set playoff battle, falling 3–2 (25-15, 25-14, 16-25, 20-25, 14-16). New Canaan took the first two sets before Trumbull responded. The final set went beyond 15 points, but the Eagles held on to close it out.

#### Football

The Rams put together one of their strongest defensive outings of the season on November 8, shutting out Staples 28–0 on the road.

New Canaan took the lead early, going up 7-0 after one quarter, and extended it to 14-0 by halftime. The offense added two more scores in the third, and the defense did the rest, holding Staples scoreless across all four guarters. With this victory, New Canaan continues their undefeated season with a record of 8-0.

# Thanksgiving: A Neurological Pathway to Peace



By Sarah Dugal

With Thanksgiving quickly approaching, I've been reflecting on Paul's words in 1 Thessalonians 5:18, where he writes, "give thanks in all circumstances." (NIV)

For years, I wrestled with this verse, which came off to me like a suggestion to plaster a neurological shift is to, as Paul smile over whatever was really going on: "fake it till you make it" style. It felt disingenuous to ignore feelings of lament - of anxiety, of stress, of sorrow in favor of just pretending to be grateful.

But what if Paul isn't advising that we ignore all that's weighing giving us a neurological roadmap back to peace?

amygdala (our "fear" center) in our brain communicates distress to our hypothalamus, activating our sympathetic nervous system (SNS). All of a sudden, we're flooded with adrenaline and cortisol. More times than not, all of this feels so very out of our control; so in a world full of anxiety-inducing news, how do we find our way back to peace?

One real way to cause a puts it, "give thanks."

Practicing gratitude whether through prayer, journaling, or simply recounting what we're thankful for at the dinner table - activates our parasympathetic nervous system (PNS). While we often think of our SNS triggering a "fight or on us? What if, instead, he's flight" reaction in our bodies, our PNS tells our body that we're safe, creating a "rest & digest" When we're stressed, the response in our bodies. Here's

How might our brains - and our lives - change if the conversation around our kitchen tables mirrored the conversation around our Thanksgiving tables

all year long?

powerful way towards peace, calm and rest. Gratitude is an incredible neurological antidote

the beautiful reality: our brains consistent gratitude can actually can't do both at once. When we create a positive-feedback loop practice gratitude, we actively in our brains. When we give shift our brain chemistry in a thanks, our brains release dopamine – often referred to as our "feel good" neurotransmitter - which encourages us to repeat the behavior. The same a family, which you can fill with What's more is that neurological response that tech

scrolling – and we all know how celebrate when it's full. strong THAT impulse is - can be used to keep us constantly expressing gratitude. The more we give thanks, the more we want to give thanks.

How might our brains and our lives - change if the conversation around our kitchen tables mirrored the conversation around our Thanksgiving table all year long?

If you – like me – are looking for ways to include more gratitude in your day-to-day life (that don't all rest on a seated dinner), others methods might include:

1. Writing a short entry each day in a gratitude journal, even if it's just three things that are top of mind at that moment.

2. Starting a gratitude jar as small things you're thankful for

companies leverage to keep us written on slips of paper and

3. Going on a gratitude walk, which may open your eyes to easily overlooked reasons to be thankful, such as for the ability to breathe, the warmth of sunshine, or the colors of Fall.

4. Writing a "Thank You" note, which will not only benefit you in the course of writing, but will spread joy to the recipient.

I've come to realize that giving thanks in all circumstances isn't about minimizing all that is heartbreaking & hard; it's about paving a road back to peace first in our minds, then hopefully in our communities. Peace is home-grown, and if we want to see it in our world, we have to cultivate it in our lives. Happy Thanksgiving, dear friends!

# Worship Directory and Services

UPDATE SERVICES AND ADD SPECIAL EVENTS TO THIS CALENDAR AT

www.NewCanaanSentinel.com/worship-calendar-updates

#### **Church of Jesus Christ of Latter Day Saints**

682 South Avenue 203.966.5849 www.ComeUntoChrist.org Sunday Service: 9:00 AM

#### **Congregational Church**

23 Park Street 203.966.2651 office@godsacre.org www.godsacre.org

Sunday Services: 8:00 AM and 10:00 AM. The 10:00 am service is also live streamed and recorded, the video replay will be available throughout the week. Church School is available on Sundays for children ages 3 through 7th grade each Sunday from September through mid-June.

#### **Recurring Events:**

Tuesdays at 9:30 AM: Women's Bible Study Wednesdays at 9:30 AM: Bible Study Fourth Thursday from 12-2:30 PM: Meet at the Open Door Shelter in Norwalk to serve a meal.

#### **Upcoming Events:**

November at 11 AM: Thanksgiving Service Project. Pack boxes for our neighbors in need this Thanksgiving season.

#### First Church of Christ, Scientist

49 Park Street 203.966.0293

christiansciencect.org/newcanaan Sunday 10:30 AM, in person only. Sunday School is

available during Sunday Service and is open to children and young people up to the age of 20. There is also childcare available for children too young for Sunday School. Wednesday Testimony Meeting: 1st Wednesday of each month, join by zoom or by phone 646 558 8656. Reading

Room Hours: Open Mondays 11-2, Call to confirm hours 203-966-0293. All are welcome to the Sunday and Wednesday services, Sunday School, and the reading room.

#### First Presbyterian Church

178 Oenoke Ridge Road 203.966.0002 fpcnc.org

Sunday Service: 10am in person or via LocalLive. All are welcome. Coffee Hour after the service is also available in person or via Zoom. Dedicated childcare is available for all children via Wee Care Nanny Agency from 8:45-11:30am in the Nursery School. Transcripts of previous sermons are also available via the First Presbyterian Church of New Canaan's website. Recurring Events: Every Saturday 9:15am (closed) and 10:30am (open): Alcoholics Anonymous. Every Tuesday 8pm: Men's A.A.

Third Wednesday from 6-7:30 PM: Wednesdays at the Well are intergenerational opportunities to learn and grow in faith together. Dinner will be served and all ages are invited.

#### **Upcoming Events:**

November 19 from 7-9 PM: FPCNC Open Mic Night. Featured Performance by singer-songwriter guitarist Luke Molina. You are invited to an evening to share music and/or poetry. Walk-ins Welcome. Email nickdepuysite@gmail.com to sign up.

#### Saint Aloysius Roman Catholic Church

21 Cherry Street 203.966.0020 www.starcc.com

**Service Schedule:** 

Saturday: Vigil for Sunday 5:00 p.m. Sunday: 7:00 a.m., 8:30 a.m. 10:00 a.m., 11:30 a.m. and 5:00 p.m. The Sunday 8:30 a.m. mass is live-streamed and recorded. Monday-Friday: 7:00 am and 5:30 pm Saturday: 7:00 am

#### **Recurring Events:**

Last Monday of every month 7pm: Women's Praise & Worship Holy Hour

Fridays 7:30am-6pm: Eucharistic Adoration (September-June)

Saturday 8:30am: St. A's Healing Rosary Prayer Group

#### St. Mark's Episcopal Church

111 Oenoke Ridge 203.966.4515 churchoffice@stmarksnewcanaan.org www.stmarksnewcanaan.org

**Sunday Services: 8:00am:** Indoor Holy Eucharist Rite I; 9:00am: Outdoor Holy Eucharist Rite II; 10am: Indoor Holy Eucharist Rite II (Live Stream also available on the St. Mark's website). Coffee Hour follows the 10am service. Church School during the 10am service: Godly Play for children in kindergarten through second grade; Holy Moly for third and fourth grades; Meet in the Middle for fifth, sixth and seventh grades. Professional childcare is offered for children ages four and under. Families with children who are not yet ready to separate for childcare are invited to use the rocking chairs at the rear of the chapel.

Weekday Services: Monday-Friday, 8:30am: Morning PrayerRite II by Zoom.

Wednesday at 12:05pm: Noonday Eucharist in the chapel.

#### **Recurring Events:**

First Wednesday at 1pm: Laundry Love volunteering opportunity to come alongside people who are struggling financially by assisting them with their laundry. First & Third Wednesdays from 6-7:30pm: Youth Group

#### **Upcoming Events:**

December 14 at 5 PM: A Service of Nine Lessons & Carols. Carols and hymns are sung by the Choir and by all. Followed by a festive reception. No ticket or registration required.

#### St. Michael's Lutheran Church

5 Oenoke Ridge 203.966.3913 office@stmichaelslutheran.org www.stmichaelslutheran.org

Sunday Service at 10:00 am. Following the service there is coffee, cookies and conversation' in the Fellowship Hall.

**Recurring Events:** 

Thursday 12 PM: Alcoholics Anonymous

**Upcoming Events:** November 26 at 7 PM: Thanksgiving Eve Worship.

#### <u>Trinity Church</u> <u>New Canaan | Darien</u>

1800 E. Putnam Ave, Old Greenwich 203.618.0808 info@trinitychurch.life

www.trinitychurch.life

Join us Sundays at 10 a.m. at Greenwich Hyatt Regency for lively worship, thoughtful and applicable teaching, weekly Communion, and an opportunity to make friends and grow in community. Trinity Kids (infants through fifth grade) and Trinity Youth (middle and high schoolers) take place during the service, and coffee and refreshments are served following worship. The service is also available on livestream via Youtube, Sundays at 10:00 a.m.; learn more at www. trinitychurch.life.

#### **United Methodist Church**

165 South Avenue 203.966.2666 frontdesk@umcofnewcanaan.org www.umcofnewcanaan.org Join us for Sunday Worship! Sunday Service begins at 10:00 a.m.

Come for uplifting music and a relevant, inspiring message and stay after for coffee and conversation during Fellowship Time.

Sunday School for ages 3 through high school resumes September 7. Child care is available for children from infancy through age 5.

#### **Recurring Events:**

Mens Breakfast at 8:45 AM: The United Methodist Church invites all men to our Men's Breakfast, held on the first Sunday of every month. Enjoy fellowship, good food, and meaningful conversation as we share time together in faith and friendship.

#### **Community Baptist Church**

174 Cherry Street 203.966.0711 cbcnewcanaan@gmail.com www.cbcnewcanaan.org

Youtube: https://www.youtube.com/channel/

UCoZ2UNa8aHI3O\_Syp\_X0KDg Facebook: https://www.facebook.com/CBCNewCanaan/ Sunday School at 10:00am Worship Service at 11:00am Live Facebook Broadcast 11:30 am

**Upcoming Events:** November 16 from 3-5 PM: Church Anniversary.

#### **Grace Community Church**

9:30am Service @ New Canaan High School, 11 Farm Road, New Canaan 203-966-7600

#### info@gracecommunity.info www.gracecommunity.info

Welcome to Grace Church, where we strive to build a church of action, founded on Biblical truth, characterized by faith, grace, community, service, authenticity, clear thinking, and cultural relevance. Grace Community Church is an exercise in knowing God, knowing truth, and building community that extends to our full lives, not just to our Sunday mornings.

Join us Sunday mornings at 9:30am or via GCC's Facebook page or YouTube page. Nursery care and Sunday school/ teen programming is available for babies through 12th grade. Coffee and bagels available in the lobby after the service, all are welcome.

#### **Talmadge Hill Community Church** 870 Hollow Tree Ridge Road; Darien, CT 203.966.2314

talmadgehillchurch@gmail.com www.talmadgehill.org

Ministers: Rev. Carter Via and Rev. Cheryl Bundy Sunday worship service at 10:00am in person. All are welcome! We encourage everyone to stay for coffee hour after the service. Sunday School is every Sunday during the service and uses the Godly Play curriculum. Please reach out with any questions utilizing information listed above!

#### **Recurring Events:**

Thursdays at 9:30am: Bible Study First Saturday at 8am: Men's Group Second Saturday at 10am: Women's Circle

#### **Chabad New Canaan Jewish Center** 137 Putnam Rd

info@chabadnewcanaan.org www.newcanaanjewish.org

The Chabad New Canaan Jewish Center is dedicated to strengthening and building the New Canaan Jewish Community by offering local Jewish resources that bring more positivity, Jewish education, charitable activity, good deeds and blessing to our lovely town.

We are about Judaism, not affiliation. Regardless of your background, and however you choose to define your level of Jewish observance or identity, the Chabad New Canaan Jewish Center can add spirituality, joy, study, community and connection for you and your family. The programs of the Chabad New Canaan Jewish Center are held in various locations, all located in New Canaan.

#### Temple Sinai (Reform Synagogue) 458 Lakeside Drive; Stamford, CT 06903 203.322.1649

www.templesinaistamford.org **Service Schedule:** 

1st, 3rd & 5th Friday – 6pm in person and via zoom 2nd & 4th - 7:30pm

> **Recurring Events:** Fridays at 12 PM: Torah Study Second Saturday at 10:30 AM: Mussar

First and Third Fridays at 5:30 PM: Shabbat Service for Families with Young Children

First Saturday at 8 AM: Avodat Halev Discussion Group

#### Temple Sholom 300 E. Putnam Ave. Greenwich, CT 06830

#### 203-869-7191 www.templesholom.com

Services: In-person and virtual Friday night Shabbat services, 6:30pm & Saturday morning Shabbat services, 10:30am.

#### **Recurring Events:**

Saturdays at 9 AM: Shabbat Study via zoom at https://zoom. us/j/94358392426?pwd=bFJQem9HWFcxU0EzZUM2VENEZ mgyUT09#success

#### YOUR NEWS BRIEF CONTINUED From Page 1

Canaan Rotary Club. **Staying Put Series** 



On November 5, the final session of the three-part Living Well Now-and Later series by Staying Put focused on decluttering and organization. Speaker Chris Palmer discussed methods for reducing household items and simplifying living spaces. The event was held in partnership with the New Canaan Library. Photo credit: Staying Put in New Canaan.

#### **SCHOOLS NCHS Seniors First Quarter**



Recently, New Canaan High School counselors Anthony Doerr Talks with SLS marked the end of the first quarter for the Class of 2025, a key period for early college applications. After class meetings, seniors gathered in the lobby for snacks and a short break with classmates. Photo credit: New Canaan Public Schools.

#### **Veterans Day at NCPS**



On November 11, New Canaan Public Schools held events with students to recognize U.S. military veterans. District assemblies featured student songs, artwork, and prepared messages. Many of the veterans honored were family members of students, including grandparents. Photo credit: New Canaan Public Schools.

#### **Sung Lee Visits NCCS**

Last week, beatboxing artist Sung Lee visited New Canaan Country School to perform for Middle and Upper School students. The interactive program featured rhythm and vocal percussion exercises. Several students also took the microphone to join in the performance.



Recently, author Anthony Doerr spoke by phone with St. Luke's School students in Mr. Duennebier's Historical Fiction class about his novel All the Light We Cannot See. He discussed how he became a writer and answered students' questions about the book and his career. Photo credit: St. Luke's School.

#### **SLS French Week**



St. Luke's School recently celebrated National French Week with trivia games, carnival activities, and a francophone-themed menu. The theme, "Le français près de chez nous" ("French close to home"), highlighted regions in and near the U.S. where French is spoken. Photo credit: St. Luke's School.

A Distinctive Lifecare Community



sourced cuisine and a holistic approach to wellness.

To learn more or schedule a tour, call 203-456-8868 or visit LifeAtMeadowRidge.com

Editor's Note: John Engel's column from last week got inexplicably truncated in the print edition during the production process. It is an excellent, constructive analysis of an important local issue, and we are therefore reprinting it in its entirety in this week's edition.

# The Value of What We're Losing and a Roadmap for Responsible Preservation



By John Engel

New Canaan is rewriting its zoning code for the first time in decades, one year after the town adopted its updated Plan of Conservation and Development. Those two processes - zoning and planning – determine what kind of town we will leave to the next generation. We're finally asking the right questions: What are we trying to preserve, and how are we going to pay for it?

We talk often about "character," a word the state now bars P&Z from using to deny housing unless tied to explicit physical standards (Public Act 21-29, adopted June 2021). Fine. Let's fund the real thing instead: wooded lots, winding roads, mid-century gems beside antique streetscapes. Our rules still reward demolition. Every permit fattens town coffers; every teardown erases value no new build can replace.

#### A Town Built on Restraint

New Canaan's identity isn't defined by any single era. It's a combination of three braided legacies: the antique village core, the mid-century modern experiment, and the quiet, wooded landscapes that knit them together. Beauty here was never accidental. It was the product of restraint, of architecture responding to land.

But we're losing that balance. The 2008 Glass House Modern House Survey documented 91 significant modern homes, of which 26 had already been **demolished**. That was seventeen years ago. How many are left today? The same forces that threaten the moderns now threaten the village and its setting: speculative building, clear-cutting, and the steady replacement of modest houses with overscaled ones.

Our current "protections" are paperthin. The 90-day demolition delay buys time but doesn't change outcomes. The penalties are modest, and the incentives nonexistent. We say we cherish architecture, yet we've built a system where tearing down is faster, cheaper, and more profitable than adapting what exists.

#### The Economics of Character

Preservation isn't nostalgia; it's smart money. Studies by PlaceEconomics and the National Trust show that **properties** historic districts appreciate faster than comparable homes outside them. Buyers are paying for character, stability, and authenticity. Palm Springs is proof: By requiring review of any building constructed before 1980, the city not only protected its mid-century heritage, it turned that heritage into a brand. Modernism Week now generates over \$60 million annually for the local economy. New Canaan's October for Design could do the same.

Westport took a lighter-touch approach. Its Historic Resources **Inventory** lists every building worth a second look, paired with a 180-day demolition delay on homes over 50 years old. The list isn't punitive; it's educational. No handcuffs, just homework. Builders, architects, and real-estate agents all know which properties matter before plans are drawn. Awareness alone slows the rate

Pasadena went further, using economic incentives instead of penalties. Under California's Mills Act, owners of designated historic properties receive property-tax reductions of 40-60% in exchange for maintaining and restoring their homes. The city cashes in on higher resale prices, tourist traffic, and lively streets.

Nantucket doubles down on reuse; its House Recycling Program, launched in 1994, snatches demo-bound homes via a 30-day ad period, then relocates them to town land for affordable year-round rentals. Backed by the Affordable Housing Trust Fund - no new taxes — the island's Historic District Commission just extended the move window from 60 to 180 days in 2024, saving over 32 structures (many 100+ years old) while creating stable housing for essential workers. Demolition waste down, community fabric up — proof that moving history funds the future.

These are different models, but they share a theme: Preservation pays. It stabilizes values, attracts investment, and strengthens community identity.

#### Where New Canaan Falls Short

We have the philosophy; our POCD says clearly that we should "preserve the historic and architectural character of the community." What we lack are the tools and the funding to match those

We already self-fund affordable housing with a tiny permit surcharge. Every building permit in town carries a small surcharge that goes into the Affordable Housing Fund. It's simple, have a Land Acquisition Fund, a smart concept meant to let the town buy or protect key parcels, but it mostly sits

If we can tap permits to build affordable units, why not tap them to save what makes New Canaan special?

A 1% "preservation fee" on building-permit revenue (roughly \$150 million a year) would yield \$1.5 million annually without raising taxes. That's

Fee

0.5%

1.0%

Scenario

Conserva-

tive

Baseline

home with a commodity. A restoration preserves uniqueness, and uniqueness is the essence of market value. Realtors know it. Appraisers know it. Our policies should reflect it.

We should also recognize that every fair, and invisible to taxpayers. We also act of preservation ripples outward. Maintaining the antique village supports downtown businesses. Protecting midcentury homes attracts architecture tourism. Saving mature trees reduces runoff, cools microclimates, and buffers property values. These are not aesthetic niceties; they're economic multipliers.

#### **What Comes Next**

Year 1

Revenue

\$654 k

\$1.31 M

\$1.54 M

Annual

**Permit** 

**Base** 

\$130.9 M

\$130.9 M

This zoning rewrite is our chance to align policy with purpose. We to preservation and we'd have a self-

Preservation Fund: Five-Year Scenarios

5-Year

Total

\$3.27 M

\$6.55 M

We collect a fee on every zoning affordable housing. permit to support affordable housing. makes New Canaan desirable. The math demolish. is simple, the opportunity is right in front of us, and every board in town has A financial reason to save instead of a role to play.

#### **The One-Percent Solution**

Homes/

Year

13

26

**Grant Size** 

\$50 k

\$50 k

Every permit in New Canaan every thousand dollars of construction value. That one percent goes directly to the Affordable Housing Trust Fund. Last year, construction values totaled between \$130 million and \$153 million. Apply that same one-percent formula

5-Year

Total

65

130

Clear rules. Reliable revenue. An We could do the same to protect what economic incentive to preserve, not

Predictable rules. Steady funding.

#### What the HDC Can Do

The Historic District Commission carries a surcharge of ten dollars for must lead the mapping of what matters. Partner with the **Glass House** to update the 2008 Modern House Survey and expand it to include downtown, antiques, and landscapes. Publish a searchable online inventory - New Canaan's version of Westport's Historic Resources Inventory. Use the Preservation Fund to offer \$50,000 matching grants and apply for state grants that match us dollarfor-dollar. Knowledge is protection. You can't save what you haven't listed.

#### What the Town Council Can Do

The Council controls the purse and the message. Authorize the Preservation Fund and dedicate 1% of permit revenue to it. Revive the dormant Land Acquisition Fund with a modest annual transfer so we can buy or conserve scenic parcels. Hire a parttime Preservation Officer, paid from the fund, not taxes. And adopt a local version of Pasadena's Mills Act, giving property-tax reductions to homeowners who record preservation easements. Every one of those actions strengthens the tax base by protecting what makes New Canaan premium.

#### What the Charter Commission Can Do

The Charter Revision Commission defines what endures. Amend P&Z's mandate to include protection of architectural and natural heritage. Create a permanent Conservation & Preservation Commission to integrate buildings, trees, and open space. Secure all dedicated funds — Affordable Housing, Land Acquisition, Preservation & Landscape — against diversion. Strong charters outlast shifting priorities.

And lock these dedicated funds – Affordable Housing, Land Acquisition, Preservation & Landscape – so they can't be raided for other uses. Good rules outlive good intentions.

#### What the Glass House Can Do

The Glass House already proved in 2008 that we can make a list. Ninety-one significant moderns, twenty-six already gone. It's time to finish that work. Lead with the 2025 Modern and Historic House Survey, publish it online, and show us exactly what's left. Invite students and volunteers to help. When residents see their homes on that map, they begin to take pride in keeping them.

#### What TEDAC Can Do

Tourism & Economic Development Advisory Committee should make architecture part of our brand. Launch Modern & Timeless: The Architecture of New Canaan, modeled on Palm Springs' Modernism Week. Offer walking tours and design weekends that draw visitors to town and customers downtown. Preservation isn't charity; it's marketing that sustains our economy.

#### How We Pay for It

With permit values around \$150 million a year, a 1% preservation fee yields \$1.5 million annually - \$7 million over five years. Half goes to operations and surveys, half to homeowner grants and incentives. That saves about 25 homes per year, 125 over five years through direct funding alone. Add zoning bonuses and tax abatements, and we could protect 200 to 250 homes roughly half the architecturally significant houses in town - within a single decade.

That's not a fantasy. It's arithmetic.

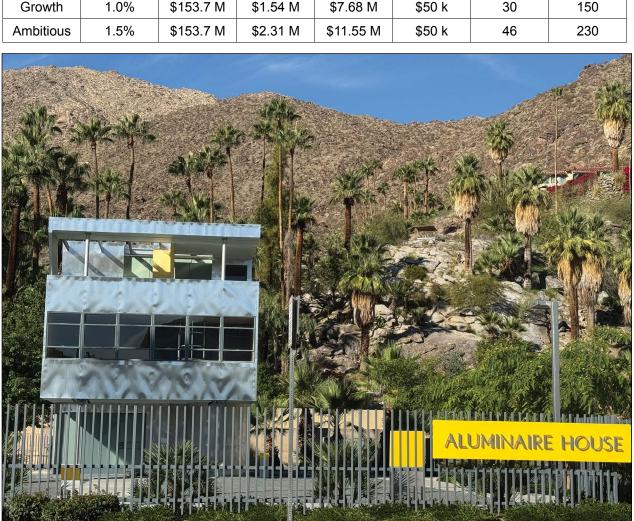
#### **Accountability and Vision**

In five years: a complete inventory, a staffed Preservation Office funded by development, an active Land Acquisition Fund, and hundreds of homes preserved by reward, not restriction.

Palm Springs planned. Westport listed. Pasadena incentivized. Nantucket relocated. New Canaan can do it with structure and arithmetic.

Every town spends where it believes. We fund affordability. Now we must fund preservation.

John Engel is a broker on The Engel Team at Douglas Elliman in New Canaan. In 1973, the average home in America was 1,660 square feet, and by 2015, it had grown 62% to 2,687 square feet. In New Canaan, the average size of the last eight new homes sold was 6,315 square one site-plan review. Offer a 10% floor- feet above grade. John's Stamford-based area bonus for retaining significant grandparents used to call New Canaan "fancy" back in the 1970's. Wonder what



The Aluminaire House (1931) has been moved three times to save it, most recently by the Palm Springs Museum of Art



Measure J was enacted in 2012 to support projects that enhance livability in Palm Springs. The funding source is a 1% supplemental sales tax.

enough to:

- Hire a part-time Preservation
- Update the *Modern House Survey* and create a public inventory of architecturally significant homes;

• Fund house moves to underused lots,

- Nantucket-style, turning teardowns into affordable rentals. • Offer small matching grants for
- façade restoration, tree preservation, or landscape rehabilitation; and • Seed the dormant Land Acquisition

parcels and view corridors. Development would pay for preservation. The more we build, the

**Fund** to permanently protect scenic

#### more we can afford to protect. A Smarter Return on Character

The conversation must shift from regulation to reinvestment. Stop treating preservation like red tape. Treat it like an investment with compound interest.

A teardown replaces a one-of-a-kind

**Local Government**, eligible for state preservation grants. We can reinvest a fraction of our permit revenue into a fund that pays for the expertise, surveys, and incentives we've lacked. We can finally put money behind the values we've been quoting from the POCD for years.

Every town spends where it believes. Palm Springs funds its brand. Pasadena funds its past. Nantucket funds its future. New Canaan can fund its soul if we choose to.

Here's the **roadmap** for how each board, commission, and organization  $-% \left( -\right) =\left( -\right) \left( -\right) =\left( -\right) \left( -\right) \left($ the HDC, the Glass House, and TEDAC - can take responsibility for its part, and how we can pay for all of it without raising a single tax dollar.

#### A Roadmap for Responsible Preservation

We know what we value. We just don't fund it.

can make New Canaan a Certified funding Preservation & Landscape Fund, raising roughly \$1.3 to \$1.5 million a year without raising a dime

Half could support a part-time Preservation Officer, surveys, and education; the rest could fund matching grants that reward owners who restore rather than demolish. Even at 1%, we could help roughly twenty-five homes a year. Add zoning flexibility and local tax abatements, and that number doubles.

Development would pay for preservation. The busier the Building Department, the stronger the fund.

#### What P&Z Can Do

P&Z sets the rules. Extend demolition review to all pre-1980 homes – the Palm Springs model. Bundle tree removal, grading, and demolition into structures. Codify the 1% Preservation Fund in zoning regulations, mirroring they'd call it now?

# REAL ESTATE DASH

#### REAL ESTATE DASHBOARD EDITOR

John Engel | John.Engel@Elliman.com

#### REAL ESTATE DASHBOARD CONTRIBUTOR

Robyn Bonder | Robyn.Bonder@Elliman.com

NEW LISTINGS											
Address	List Price	SqFt	Price/SqFt	AC	BR	FB					
44 Putnam Road	\$1,495,000	3,220	\$464	1	5	3					
139 Jelliff Mill Road	\$2,375,000	6,072	\$391	1.16	5	5					
760 Valley Road	\$4,200,000	9,000	\$467	2.28	6	7					
515 Carter Street	\$5,750,000	6,656	\$834	2	5	5					
561 Smith Ridge Road	\$8,750,000	11,574	\$756	4	5	5					

FEATURED OPEN HOUSES  Get Your Open Houses Into the MLS by Wednesday at Noon for a Listing Here											
Address	Price	Day	Time	Broker							
176 Logan Road	\$2,795,000	SAT	1:00-4:00	Coldwell Banker							
317 Park Street	\$3,750,000	SAT & SUN	1:00-3:00	William Pitt SIR							
44 Putnam Road	\$1,495,000	SUN	1:00-3:00	Houlihan Lawrence							
139 Jelliff Mill Road	\$2,375,000	SUN	1:00-3:00	Keller Williams							
26 Pequot Lane	\$5,495,000	SUN	1:00-3:00	Coldwell Banker							
113 Skyview Lane	\$3,849,000	SUN	1:00-4:00	Compass							

NEW SALES												
Address	Original List	List Price	Sold Price	DOM	BR	FB	Acres					
23 Mead Street	\$1,525,000	\$1,525,000	\$1,930,000	9	3	2						
99 Wardwell Drive	\$1,699,000	\$1,699,000	\$1,750,000	4	4	3	1					
544 Oenoke Ridge	\$13,900,000	\$12,400,000	\$10,025,000	209	12	12	6.26					



Allan Gelbin's composition of glass and green roof terraces rises above a man-made lake that appears entirely natural. In Guerrero's photograph, the apprentice's vision feels lighter, freer-modernism released into open air.

## When the Apprentice Surpassed the Master: The Leuthold House and the Maturity of Modernism in New Canaan



By John Engel

Walk through New Canaan's wooded back roads and you can read the history of modern architecture written in glass, stone, and timber. The Glass House (1949, Philip Johnson), Noyes House (1955, Eliot Noves), Boissonnas House (1956, Philip Johnson), Hodgson House (1951, Philip Johnson), and Tirranna House (1955, Frank Lloyd Wright) form the opening chapter. They are the canonical five that made this small Connecticut town one of the world capitals of mid-century design. Each is a declaration: Philip Johnson's Glass House, a manifesto of transparency; Eliot Noyes' own home, a humane refinement; the Boissonnas and Hodgson Houses, mature expansions of Johnson's vision; and Frank Lloyd Wright's Tirranna, the late master wrapping his Usonian poetry (his uniquely American language of low roofs, native stone, and open plans) around a waterfall.

By the 1960s, the modernist experiment had matured. The first wave of New Canaan's modern houses had been conceived in the optimistic austerity of the postwar years; it was minimalist, abstract, and experimental. These houses were architectural manifestos built for architects and art collectors, not for growing families or New England winters.

But the world changed. The Baby Boom brought larger families; prosperity encouraged comfort and privacy; energy costs and New England's climate demanded shade, insulation, and shelter. The revolution that had started as pure geometry learned to live comfortably with the messy demands of family, climate, and

Into that new world stepped Allan Gelbin, a former apprentice of Frank Lloyd Wright. He brought with him the master's philosophy of organic architecture buildings that grow from their sites yet he adapted it to modern life. In 1955, he supervised the building of Tirranna for Wright. By 1957, he had established his own practice in Connecticut. In the Leuthold House (1966), Gelbin achieved what Wright had only hinted at: a house that was not merely poetic, but practical; not just expressive of nature, but truly livable within it. It was the moment when the student refined, and in some ways surpassed, the master.

Set high above West Road on five acres, the Leuthold House commands its own landscape the way Tirranna nestles into its ravine. Wright's Tirranna is a masterpiece of enclosure - a curved composition of concrete block and water, heavy with shadow and gravity. Gelbin's Leuthold, by contrast, rises into light. Its broad overhangs shade glass walls; its terraces invite you outdoors. The roofs are green and alive, blending the architecture into its surroundings. The lake below is man-made but looks ancient, the reflection of the house rippling like a mirage. Where Wright's architecture clings to the earth, Gelbin's seems to hover just above it.

By mid-century, many of the purest modern houses – Johnson's Glass House (1,800 sq. ft., one bedroom),



Frank Lloyd Wright's hemicycle masterpiece curves along the Noroton River in perfect harmony with the landscape. Pedro Guerrero captures the interplay of water, glass, and shadow—architecture as an extension of nature's own geometry.

Noyes' compact 2,000 sq. ft. family home, so vast, it feels ready for a naval battle (and Breuer's and Wiley's small pavilions — had already outgrown their original purpose. turns recreation into landscape art. Families expanded, lifestyles changed, enlarged or altered.

The Leuthold House needed no such apology. At over 6,000 sq. ft., with separate guest quarters, open living spaces, and terraces that extend the interior outward, it was modernism built for how people actually live. The glass walls capture the Luke

occasionally hosts one, in miniature) -

If The Glass House was a laboratory and most of those icons have since been for ideas, Leuthold was the prototype for living. It retains the intellectual clarity of its predecessors but adds generosity, comfort, and joy.

Culture loves a story where the student refines what the teacher began - Michelangelo completing Brunelleschi, surpassing Obi-Wan, Jobs view; the deep eaves shade the rooms and transcending his mentors. Architecture invite you outside. The enormous pool – has its own moments of succession. The they inspire.

He brought with him the master's philosophy of organic architecture - buildings that grow from their sites – yet he adapted it to modern life.

Glass House was a purer realization of Mies van der Rohe's Farnsworth House - same idea, better executed, on friendlier ground. The Leuthold House performs a similar feat with Wright's legacy: it's a more livable evolution of the master's organic ideals.

Wright's Tirranna is a masterpiece, but it is a difficult house; with of stacked cinderblocks, it is heavy and intimate, its curves beautiful yet confining. Gelbin took those lessons and opened them to the sky. He traded the master's gravity for lightness, enclosure for expansion. His curving glass wall is not merely decorative; it is a panoramic embrace of the landscape, as if the house itself were turning its head to admire the view.

By the time Gelbin was building in New Canaan, the Harvard Five had already secured the town's place in architectural history. What followed - architects like John Black Lee, Hugh Smallen, Victor Christ-Janer, James Evans, and Allan Gelbin — was not imitation but maturation.

These architects proved modernism could adapt, that glass and concrete could coexist with stone walls and woodlands, that elegance and warmth were not opposites. Among these, the Leuthold House stands tallest - literally, on its rise above West Road, and metaphorically, as the moment when modernism learned to breathe.

Of the roughly eighty moderns remaining in New Canaan, perhaps five define the first generation, and perhaps one defines what came after. Leuthold belongs to that second wave: confident, comfortable, utterly at home in its setting.

Today, as preservationists and collectors rediscover New Canaan's moderns, the Leuthold House deserves its place alongside the legends. It represents not just an architectural style but a philosophical achievement: the reconciliation of art and life.

Standing on its terrace, watching the light change across that vast, reflecting pool, you understand why these houses endure. They are not relics of the 20th century; they are blueprints for how to live gracefully in any century.

In a town blessed with masterpieces, the Leuthold House may be the most complete, the point where the modern movement, and perhaps Allan Gelbin himself, finally arrived.

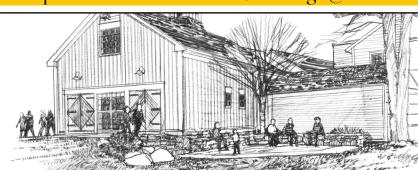
John Engel is a broker with the Engel Team at Douglas Elliman in New Canaan. His mother, Susan Engel, sold Tirranna in the 1980s, and her brothers, Franc and Brian Casey, restored its woodwork at that time. As a teenager, John had the rare chance to see the house up close - to walk those curves, touch the mahogany panels, and witness the architecture that defined a generation. Decades later, as a broker and student of design, he recognizes how Gelbin's Leuthold House carried that legacy forward - proof that great architecture does not end with the masters, but continues with those

#### Submit questions and comments to John.Engel@Elliman.com



# Keith E. Simpson Associates

LANDSCAPE ARCHITECTURE **ENVIRONMENTAL PLANNING RESIDENTIAL DESIGN** PROJECT COORDINATION LAND PLANNING







203.966.7071

40+ Years of Civic, Residential, and Commercial Landscape Architecture in Fairfield County

\*Offer valid for new bookings only. Airfare is 100% off from base fare. Promotional airfare is applicable on a 3 night stay minimum. Taxes and fees are the responsibility of the purchaser and are included in the total package price. This offer is only valid and applicable with the purchase of roundtrip airfare and one of the participating hotels. Valid on Economy Classic Fare. Routes include BDA-LGA, BDA-EWR, BDA-HPN, Offer valid for travel between December 1, 2025 - March 31, 2026. Book by December 6, 2025 11:59 PM AT. Subject to availability. Offer may be changed or withdrawn at any time.

READ OUT LOUD ORIGINAL STORIES **GAMES AND** 



**CROSSWORD PUZZLES** 



YOUR **HOROSCOPE** FOR NEXT WEEK



























CALVIN AND HOBBES © 1992 Watterson. Reprinted with permission of ANDREWS MCMEEL SYNDICATION. All rights reserved.

**COLUMN WILDLY SUCCESSFUL: LOGGERHEAD SHRIKE** 

# Sheer Ferocity, Believe it or Not



BY JIM KNOX

Would you believe me if I told you there is a pretty little songbird--an occasional visitor to Connecticut--which preys upon snakes (more than twice its size) and fellow songbirds alike? I know...it sounds like a bad scifi movie. As outlandish as it may sound, it's absolutely true. This animal causes us to rethink everything we thought we knew about wild creatures. Overlooked due its small size, and similar in appearance to a common native species, it is simultaneously baffling and amazing.

It would be hard to imagine a more incongruous pairing in nature than the fierce and bloodied reputation of raptors with the melodious song and beautiful plumage of songbirds. Yet, The Loggerhead Shrike (Lanius ludovicianus) is nature's chimera, cunning of a true ambush hunter revealing a creature with a very



with the innocuous appearance of an attractive little perching bird. Upon closer inspection, some of a common Mockingbird. It the shrike's highly-specialized even "mocks" or mimics other incorporating the aggressive adaptations come into focus,

specific and highly effective design.

At a quick glance, it resembles songbirds, but that's where the similarities abruptly end. With a

signature black "bandit's mask", gray cap and shoulders, black wings with a white "handkerchief spot" and a bright white chin and underside, the Loggerhead Shrike is a striking bird. Along with its slightly larger cousin, The Northern Shrike, which ranges to Canada and Alaska, this North American duo comprises 2 of the world's 30 shrike species. Wherever they are found, shrikes distinguish themselves as surprising yet exceptional predators. What defines them as hunters without

Lacking the powerful killing feet and razor talons of its larger raptor cousins, the shrike boasts other adaptations which makes it every bit a predatory beast as far larger eagles, hawks, owls and falcons. Though topping out at just 9 inches in length and a mere 2 ounces in weight, the shrike is compact and muscular with a proportionately larger head (Loggerhead) and beak than its songbird kin. It is the bird's beak which confers a tremendous advantage in subduing prey. Possessing a pair of pointy projections known as "tomial teeth", the bird puts them to use by seizing small vertebrates by the nape of the neck and crimping or severing the prey's spinal cord,

According to zoologist and educator, Samuel Ansaldi, an

this fierce little beast to the top. fight to intruders to their nest sites regardless of size, a shrike pair is a force to avoid. The shrike's Latin name, Lanius ludovicianus translates to "Louisiana Butcher", referring to the bird's behavior of impaling its prey conspicuously on thorns, spines and barbed wire, where it is voraciously consumed. And this prey is not confined to the occasional cricket. Described by Ansaldi as "calculating and bold", the shrike's ambush attacks and terrier-like shaking quickly overwhelm larger insects such as grasshoppers and mantids, as well as a long list of vertebrates including: salamanders, toads, frogs, lizards, snakes, shrews, voles, mice and even ground squirrels. Ounce for ounce, shrikes have few rivals and have been themselves.

Even within their strategy of ferocity, the shrike's employ sub themes which speak to intelligence and innovation. They have been recorded: flashing their "handkerchief spots" to flush hiding prey into the open and hunting on cold mornings when low temperatures slow their insect prey. Even more calculating, they have been recorded impaling poisonous prey for up to three days--allowing the toxins to break down--before consuming them, and mimicking the songs of fellow songbirds, to lure them into range for a lightning ambush strike!

Yet, shrikes are more complex and readers of all ages.

regionally endangered songbirds, than their ruthless tactics may the origin of the Loggerhead hint. They are protective parents Shrike's success as a peerless which tend to their large broods of predator can be found in its up to 6 young with great diligence. physical adaptations, yet its Males will often present their behavioral strategy is what propels mates with a variety of prey items, offering them both sustenance This behavioral strategy is and choice. They also store what one of sheer ferocity. Taking the their high metabolisms don't immediately demand, for future

use in cache larders or "pantries". Yet, for reasons which are still unclear, this creature--an environmental indicator species-is suffering a population loss of 3% each year. With their preference for open habitat across the American south, it's suspected that conversion of agricultural lands and the decades-long buildup of pesticides in the food chain may be

With the Loggerhead Shrike's skill in balancing insect populations and culling sick and injured prey, their role in halting the spread of disease and parasites is an invaluable function which confers health to the ecosystems and species around them.

With unapologetic might and known to carry off prey larger than a seamless marriage of physical and behavioral adaptations, the Loggerhead Shrike fulfills its role as an agent of balance and health to the world around it. With gifts they confer to our planet, some bold and some discrete, each creature offers something magnificent. With no finer teacher than the shrike, our challenge, and our treasure, is to discover what lies hidden between the bat of an eye and the beat of a

> Jim Knox serves as the Curator of Education for Connecticut's Beardsley Zoo and as a Science Adviser for The Bruce Museum. Jim shares his passion for working with the world's wildlife with audiences

HOYT'S HERE® (203) 966-LIMO (5466) Book our world class limosines, car services, and airport transportation. Reserve online at HoytLivery.com Or call our client management team 24/7 inducing paralysis. (800) 342-0343 expert who has reared these

With unapologetic might and a seamless marriage of physical and behavioral adaptations, the Loggerhead Shrike fulfills its role as an agent of balance and health to the world around it.

**Submit your events at:** newcanaansentinel.com/submit-anevent/

#### TOWN MEETINGS

#### Monday, November 17

**Inland Wetlands Commission** 7-8 p.m., Town Hall Meeting Room

#### Tuesday, November 18

Board of Selectmen 8:30 a.m., Town Hall Meeting Room

Police Commission 6-7 p.m., NCPD Training Classroom

Planning & Zoning Commission 7-8 p.m., Town Hall Meeting Room

#### Wednesday, November 19

Pension Committee - Special Meeting 11 a.m- 12:30 p.m., Location not posted at time of publication.

**Housing Authority** 

5:30 p.m., Location not posted at time of publication.

7-8 p.m., Town Hall Meeting Room

#### November 14

Town Council

**COFFEE AND CONVERSATION** 8:30 - 9:30 AM at the Lapham Center Sponsored by the New Canaan Sentinel for a

weekly community coffee and conversation.

#### Open Bridge with the Men's Club

11:30 AM at the Lapham Center

Join for fun and friendly bridge games. Les Kurian and Phil Evensen will provide supervision and guidance for all skill levels. Whether you're an experienced player or completely new to the game, you are welcome to join. You do not have to be a member of the Men's Club to play. Free. To register, call (203) 594-3620.

#### Opening Reception $\mid$ The Year's End

3-5 PM at the New Canaan Museum & Historical

Join for the opening reception of The Year's End Exhibition, featuring seasonal paintings by the Silvermine Group of Artists. The exhibition will be on view from November 14 through March 14.

#### Bluegrass Bash Fall Fundraiser

6:30-9 PM at the Waveny Carriage Barn Join New Canaan Young Life for a night of live bluegrass music, curtesy of Michael-Lewis Smith & the Bluegrass Ramblers, local pours & southern-

inspired cuisine. Tickets are \$75/person and

Calendar of Events for Your Fridge available at https://shorturl.at/sRKpY.

#### November 15

**World Music Series: Indian Classical** Performance with Tabla and Sarod 3 PM at the New Canaan Library, Jim & Dede

Bartlett Auditorium Master musicians Ranendra Das (tabla) and Satyaki Dutta (sarod) will take us on a musical journey that is millennia in the making. Prepare to be transported by their intricate, complex rhythms and deeply resonant sounds as we listen and learn about this rich musical tradition. Register at https://

#### November 16

shorturl.at/xh1rk.

#### **Acclaimed Author Dorie Greenspan Presents** 15th Cookbook, "Dorie's Anytime CAKES"

2 PM at the New Canaan Library, Jim & Dede Bartlett Auditorium

Five-time James Beard winner and New York Times bestselling author Dorie Greenspan will discuss her 15th cookbook, Dorie's Anytime CAKES with Anna Francese Gass. Register at https:// shorturl.at/9Uays.

#### November 17

#### Fall Yoga Session II

9:15 AM at the New Canaan Nature Center Designed to connect movement with breath, her teaching fosters strength, flexibility, and

mindfulness. Whether you're a beginner or seasoned yogi, her class offers a rejuvenating journey for the body and mind, leaving you feeling grounded, energized, and centered. Join to connect, release tension, enhance focus, and leave feeling empowered and refreshed. Register at https:// shorturl.at/ypLKd.

#### Open Bridge with the New Canaan Men's Club 10 AM at the Lapham Center

Join for fun and friendly bridge games. Les Kurian and Phil Evensen will provide supervision and guidance for all skill levels. Whether you're an experienced player or completely new to the game, vou are welcome to join. You do not have to be a member of the Men's Club to play. Free. To register, call (203) 594-3620.

#### Chair Yoga

11:30 AM at the New Canaan Library, Jim & Dede

With the support of a chair, this gentle Chair Yoga class will help you improve postural alignment, maintain pelvic mobility, reduce muscle tension and gain strength through flowing movements and focused breathing. Register at https://www. newcanaanlibrary.org/event/chair-yoga-166684.

#### Woodcarving

FABRICARE

**SWAPPING OUT YOUR** 

**SEASONAL WARDROBE?** 

**BEFORE STORING WARM WEATHER** 

**CLOTHING & LINENS, HAVE THEM** 

**PROPERLY CLEANED!** 

ALWAYS FREE PICK UP & DELIVERY!

12:30 PM at the Lapham Center

Join Dennis Taylor to explore this time-honored craft. Dennis will help you learn to carve actual

projects, explain basic wood cuts, tools and safety tips. Free. To register, call (203) 594-3620.

#### Online Scams and Phishing 101

2 PM at the New Canaan Library, Craig B. Tate Conference Room

Learn how to avoid common internet scams and protect your data. Focus on how to spot phishing attempts, online shopping scams, and many other tactics regularly used by scammers. Register at https://shorturl.at/dZQEQ.

#### Sit and Stitch with Aggie

2 PM at the Lapham Center

Learn tips on the best ways to embellish your project and how to use decorative stitches. To register, call (203) 594-3620.

#### November 18

#### Lunch & Learn | Dede Bartlett on her great

Uncle Willie and the Yukon Gold Rush of 1896 12 PM at the New Canaan Museum & Historical Society

Among those who sought their fortune at the Klondike River was Dede Bartlett's mother's cousin, William Thomas Hearne. Dede will share photographs and stories of his adventures as a stampeder. Register at https://shorturl.at/UbPNi.

#### November 19

#### **Drop in Holiday Calligraphy Series**

12-2 PM at the Carriage Barn Arts Center Get holiday-ready with a festive, hands-on calligraphy course designed for adults of all levels. You can join the full series (November 12, 19, December 3 & 10) or drop in for individual sessions. More information is available at https:// carriagebarn.org/holiday-calligraphy-series/.

#### Rummikub Open Play

2 PM at the Lapham Center

Stop by for a few rounds of Rummikub, an engaging and social game. To register, call (203) 594-3620.

#### Billiards for Everyone with Mike Bacon

2-4 PM at the Lapham Center

Join Mike for a fun game of pool. No experience required. To register, call (203) 594-3620.

#### Journey into the World of Tea | Black Teas

3 PM at Grace Farms

Explore the distinctions between major black teas and taste notable varietals, including examples of Darjeeling, Assam, Ceylon, Keemun, and Yunnan teas. This tranquil and in-depth exploration of tea offers guests a taste of notable varietals from cultures around the world, with demonstrations and more. Tickets are \$20/members, \$25/nonmembers, and available at https://shorturl.at/Iulio.

#### Fall Flowers & Wine

6:30-8 PM at the Carriage Barn Arts Center Learn to create a stunning fall floral arrangement,

while tasting and learning about exquisite wines. Tickets are available at https://carriagebarn.org/ event/fall-flowers-wine/.

#### Special Screening | The Right Track 6:30-8 PM at the Playhouse

for an engaging and educational evening featuring a special screening of The Right Track. Tickets are available at https://playhouse.cinemalab.com/ movie/the-right-track/.

#### **Developing Independence and Confidence in**

**Our Kids** 

7 PM in the Saxe Auditorium

Lenore will share her message about why fostering independence is essential for childhood growth and resilience. Skenazy will provide parents with insights and strategies to help children build confidence, self-reliance, and resilience in today's world. This event is free and open to the public.

#### November 20

#### **Fall Floral Arranging Workshop** with Iuliet Howe

11 AM-1 PM at the New Canaan Nature Center Learn how you can create a one of a kind arrangement to display in your home. Juliet will also show you little tricks to make your arrangement last through the holiday. Feel free to bring your lunch and drinks will be provided. Tickets are \$90 (includes all materials required for class) and available at https://shorturl.at/JJLFN.

#### Life Reimagined

1 PM at the Lapham Center

Purposeful living promotes happiness, longevity, a healthier heart and reduces the risk of Alzheimer's and other diseases. There will be an informal and friendly group discussion. Explore our interests, abilities, knowledge, and activities in connection with the community around us. To register, call (203) 594-3620.

#### **Mahjongg Open Play**

2-4 PM at the Lapham Center

Whether you're a seasoned player looking for a regular game, or you've just learned the basics and want to get more practice, all levels are welcome. Kathy and Aggie can supervise and Lapham has everything ready to play. Just drop in when you can, find a spot, and enjoy.

#### **Legally Blonde the Musical**

7 PM at New Canaan High School

Join for an unforgettable night of music, laughter, and girl-power energy as Elle Woods takes the stage on her journey from sorority queen to Harvard Law star. Tickets will be available at https://shorturl.at/ks5Uh.

#### November 21

COFFEE AND CONVERSATION 8:30 - 9:30 AM at the Lapham Center Sponsored by the New Canaan Sentinel for a weekly community coffee and conversation.

#### Open Bridge with the Men's Club

11:30 AM at the Lapham Center

Join for fun and friendly bridge games. Les Kurian and Phil Evensen will provide supervision and guidance for all skill levels. Whether you're an experienced player or completely new to the game, you are welcome to join. You do not have to be a member of the Men's Club to play. Free. To register, call (203) 594-3620.

#### Blossom Hill Holiday Bazaar

5:30-9 PM at the Carriage Barn Arts Center

This festive evening brings together the community for an evening of holiday shopping, seasonal refreshments, cocktails, and live music-all in support of Blossom Hill's work providing education to displaced and at-risk children around the world. Tickets are \$50 and available at https://blossomhillfoundation.org/bazaar.

#### **Legally Blonde the Musical**

7 PM at New Canaan High School

Join for an unforgettable night of music, laughter, and girl-power energy as Elle Woods takes the stage on her journey from sorority queen to Harvard Law star. Tickets will be available at https://shorturl.at/ks5Uh.

#### November 22

#### **Holiday Market**

10 AM- 5 PM at the New Canaan Nature Center The New Canaan Nature Center will kick off the holiday season by hosting their Holiday Market! There will be unique gifts items including jewelry, candles, and much more.

#### **Legally Blonde the Musical**

2 & 7 PM at New Canaan High School

Join for an unforgettable night of music, laughter, and girl-power energy as Elle Woods takes the stage on her journey from sorority queen to Harvard Law star. Tickets will be available at https://shorturl.at/ks5Uh.

#### November 23

#### **Drop in Holiday Calligraphy Series**

4-6 PM at the Carriage Barn Arts Center Get holiday-ready with a festive, hands-on calligraphy course designed for adults of all levels. You can join the full series (November 23, 30, December 7 & 14) or drop in for individual sessions. More information is available at https:// carriagebarn.org/holiday-calligraphy-series/.

#### November 24

#### Fall Yoga Session II

9:15 AM at the New Canaan Nature Center

Designed to connect movement with breath, her teaching fosters strength, flexibility, and mindfulness. Whether you're a beginner or seasoned yogi, her class offers a rejuvenating journey for the body and mind, leaving you feeling grounded, energized, and centered. Join to connect, release tension, enhance focus, and leave feeling empowered and refreshed. Register at https:// shorturl.at/ypLKd.

#### Open Bridge with the Men's Club

10 AM at the Lapham Center

General Admission: \$25 (Includes Toin Join the Join for fun and friendly bridge games. Les Kurian Partnership to End Human Trafficking (PEHT) and Phil Evensen will provide supervision and guidance for all skill levels. Whether you're an experienced player or completely new to the game, you are welcome to join. You do not have to be a member of the Men's Club to play. Free. To register, call (203) 594-3620.

#### **Chair Yoga**

11:30 AM at the New Canaan Library, Jim & Dede Bartlett Auditorium

With the support of a chair, this gentle Chair Yoga class will help you improve postural alignment, maintain pelvic mobility, reduce muscle tension and gain strength through flowing movements and focused breathing. Register at https://www.

newcanaanlibrary.org/event/chair-yoga-166685.

#### Woodcarving

12:30 PM at the Lapham Center

Join Dennis Taylor to explore this time-honored craft. Dennis will help you learn to carve actual projects, explain basic wood cuts, tools and safety tips. Free. To register, call (203) 594-3620.

#### Sit and Stitch with Aggie

2 PM at the Lapham Center

Learn tips on the best ways to embellish your project and how to use decorative stitches. To register, call (203) 594-3620.

#### Film Screening: The **Ice Storm**

6 PM at the New Canaan Library, Jim and Dede Bartlett Auditorium

Join for a screening of Ice Storm. Runtime: 1hr, 52 minutes. Rated R. Register at https://shorturl.at/

#### November 25

#### **Cooking & Crafting: Thanksgiving Edition** 4 PM at the Carriage Barn Arts Center

Prepare for the Thanksgiving holiday at this special afternoon cooking class with Jane Mossa of The Pink Rhubarb. Kids ages 7 & up will make 6" apple crumb pies from scratch to take home and bake. Guided by Jane, this fun and educational experience goes beyond just following a recipe - kids will explore creativity and learn the balance of flavors and textures. Tickets are \$55/members, \$60/nonmembers, and available at https://shorturl.at/xriBa.

#### November 28

THERE WILL BE NO COFFEE AND **CONVERSATION** 8:30 AM at the Lapham Center

#### **Seasonal Music**

2 PM at Grace Farms

Drop into the Sanctuary during your visit to enjoy improvisational performances of seasonal music from local artists, suited for the whole family.

## 203-229-0001 I fabricarecleaners.net

#### Calendar of Events for Your Fridge

Registration is not required.

#### November 29

#### Weekend Waddle| Last Saturdays on the Trail

10 AM at the New Canaan Nature Center, Visitor Center Join the NCNC and NCLT for a

brisk, post-holiday walk through the NCNC trails and the scenic Greenlink Trail. Enjoy light refreshments after the walk. This is a free program and registration is required at https:// shorturl.at/sgToL.

#### **Seasonal Music**

#### 2 PM at Grace Farms

Drop into the Sanctuary during your visit to enjoy improvisational performances of seasonal music from local artists, suited for the whole family. Registration is not required.

#### **Classical Piano Holiday** Concert

7 PM at the Carriage Barn Arts

Join a special evening of holiday and classical music. Pianist Joe Bush returns for an evening featuring Tchaikovsky, Beethoven and Rachmaninoff and holiday tunes. Tickets are \$35/adults and available at https://carriagebarn.org/event/ joe-bush-holiday/.

#### November 30

#### The Silhouette Lady 11 AM- 3 PM at the Carriage Barn

Arts Center

Deborah O'Connor crafts exquisite, heirloom-quality silhouette portraits with breathtaking detail-all in just minutes. Each intricately cut profile captures the essence of its subject, creating a timeless piece of art that will be treasured for generations. Make an appointment to have beautiful hand-cut silhouette portraits created for your family. Register at https://carriagebarn.org/event/ silhouette/.

#### **Drop in Holiday Calligraphy** Series

4-6 PM at the Carriage Barn Arts Center

Get holiday-ready with a festive, hands-on calligraphy course designed for adults of all levels. You can join the full series (November 23, 30, December 7 & 14) or drop in for individual sessions. More information is available at https://carriagebarn. org/holiday-calligraphy-series/.

#### SAVE THE DATE

#### December 1

#### Fall Yoga Session II

9:15 AM at the New Canaan Nature Center

Designed to connect movement with breath, her teaching fosters strength, flexibility, and mindfulness. Whether you're a beginner or seasoned yogi, her class offers a rejuvenating journey for the body and mind, leaving you feeling grounded, energized, and centered. Join to connect, release tension, enhance focus, and leave feeling empowered and refreshed. Register at https://shorturl.at/ ypLKd.

#### Open Bridge with the New Canaan Men's Club

10 AM at the Lapham Center Join for fun and friendly bridge games. Les Kurian and Phil Evensen will provide supervision and guidance for all skill levels. Whether you're an experienced player or completely new to the game, you are welcome to join. You do not have to be a member of the Men's Club to play. Free. To register, call (203) 594-3620.

#### Chair Yoga

11:30 AM at the New Canaan Library, Jim & Dede Bartlett Auditorium

With the support of a chair, this gentle Chair Yoga class will help you improve postural alignment, maintain pelvic mobility, reduce muscle tension and gain strength through flowing movements and focused breathing. Register at https://www.newcanaanlibrary. org/event/chair-yoga-166686.

#### **Advanced Excel for Data Analysis: Pivot Charts and Tables**

6 PM at the New Canaan Library, Craig B. Tate Conference Room This advanced, hands-on session

will show you how to organize large data sets, create dynamic summaries, and design clear visualizations using slicers, filters, and formatting tools to uncover key insights. Beginning Excel knowledge is required to participate fully in this class. Register at https://shorturl. at/3Lkl3.

#### December 2

#### **Tom Freston presents** Unplugged

7 PM at the New Canaan Library, Jim & Dede Bartlett Auditorium Join for an evening with Tom Freston in conversation with Holly Parmelee. Unplugged: Adventures from MTV to Timbuktu is a freewheeling and riveting memoir from founder Tom Freston. Register at https:// www.newcanaanlibrary.org/ event/tom-freston-hold-163478.

#### December 3

#### **Drop in Holiday Calligraphy** Series

12-2 PM at the Carriage Barn Arts Center

Get holiday-ready with a festive, hands-on calligraphy course designed for adults of all levels. You can join the full series (November 12, 19, December 3 & 10) or drop in for individual sessions. More information is available at https://carriagebarn. org/holiday-calligraphy-series/.

#### Candlelight Yoga and **Movement with Pilin Anice**

3:30 PM at Grace Farms This special candlelight class aims to inspire tranquility and provide a moment of reflection through a breath-centered yoga practice that incorporates live music. Accessible for all levels, no prior yoga or meditation experience is required. Participants may bring their own mats, towels, props, and water. Tickets are \$20/members, \$25/ non-members, and available at https://shorturl.at/fh9tv.

#### December 4

#### **Clever and Crafty Workshops** | Gingerbread Houses

1 PM at the Lapham Center Learn new skills while creating beautiful, handmade gingerbread houses with Tricia from Clever and Crafty. To register, call (203) 594-3620.

#### Paint & Sip | Holiday **Ornaments Workshop**

6:30 PM at the Carriage Barn

Arts Center Craft 2-3 unique ornaments using vibrant paints, sparkling glitter, colorful ribbons, and other decorative materials. All supplies provided, BYO beverage of choice. Tickets are \$35 and available at https://shorturl.at/ nTh8V.

#### **Opening Night of Charlotte's**

7 PM at the Powerhouse Theatre The Children's Literature Association named Charlotte's Web "the best American children's book of the past 200 years". Joseph Robinette, working with the advice of E.B. White, has created a play that captures this work in a thrilling and utterly practical theatrical presentation. This is a beautiful, knowing play about friendship. Tickets are available at https:// tpnc.org.

#### **Holiday Live Wreath Decorating Workshop**

7-9 PM at the New Canaan Nature Center

Join for a festive evening of wreath decorating! A live balsom wreath will be provided to create a unique, one-of-a-kind holiday treasure, using a delightful array of nature's bounty. Tickets are \$90 (includes all materials required for class) and available at https://shorturl.at/YuF0D.

#### December 5

#### **COFFEE AND CONVERSATION**

8:30 - 9:30 AM at the Lapham Center

Sponsored by the New **Canaan Sentinel for a weekly** community coffee and conversation.

#### Open Bridge with the Men's Club

11:30 AM at the Lapham Center Join for fun and friendly bridge games. Les Kurian and Phil Evensen will provide supervision and guidance for all skill levels. Whether you're an experienced player or completely new to the game, you are welcome to join. You do not have to be a member of the Men's Club to play. Free. To register, call (203) 594-3620.

#### **Gifting for Good**

4 & 6 PM at Grace Farms In the spirit of giving, gather with friends, family, and fellow community members to assemble care packages. This

night offers festive music, warm tea, and engaging winter crafts for all ages to enjoy. Register at https://shorturl.at/F6IMn.

#### **Holiday Stroll**

5:30-8:30 PM in Downtown New Canaan

The Stroll functions as New Canaan's answer to "Small Business Saturday". Walk under the lights, browse in the stores, watch a show performed by young local talent, eat delicious food, and take a selfie with Santa and Mrs. Claus.

#### The Little Plucky's 2 Year **Anniversary**

6 PM at the Little Plucky Go stop by during the New Canaan Holiday Stroll for cocktails and delicious bites. Shoppers will receive a complimentary gift with purchase PLUS 10% off on all

#### December 6

sales made.

#### **Holiday Stroll**

10 AM- 3 PM in Downtown New

Catch up with Santa who will be at Houlihan Lawrence. While the children wait to share their wish list with Santa, they will be entertained by a magician making balloon animals.

#### December 7

#### **Cookie Decorating** 1 PM at Grace Farms

Decorate winter-inspired cookies with the entire family. Cookies will be provided. Tickets are \$12/ members, \$15/non-members, and available at https://shorturl. at/8nt2L.

#### **Drop in Holiday Calligraphy** Series

4-6 PM at the Carriage Barn Arts Center

Get holiday-ready with a festive, hands-on calligraphy course designed for adults of all levels. You can join the full series (November 23, 30, December 7 & 14) or drop in for individual sessions. More information is available at https://carriagebarn. org/holiday-calligraphy-series/.

#### December 10

#### **Drop in Holiday Calligraphy**

12-2 PM at the Carriage Barn Arts Center

Get holiday-ready with a festive, hands-on calligraphy course designed for adults of all levels. You can join the full series (November 12, 19, December 3 & 10) or drop in for individual sessions. More information is available at https://carriagebarn. org/holiday-calligraphy-series/.

#### **Annual Holiday Party** Waveny House

Save the date for the Lapham Center's Holiday Party. To register, call (203) 594-3620.

#### December 11

#### Ask the Attorney with Nedder and Associates

2-4 PM at the Lapham Center An attorney from Nedder and Associates, LLC will be available for a free, private, fifteen-minute consultations to answer your legal or financial questions. Please call (203) 594-3620 to schedule your appointment.

#### December 12

conversation.

**COFFEE AND CONVERSATION** 8:30 - 9:30 AM at the Lapham

Sponsored by the New **Canaan Sentinel for a weekly** community coffee and

#### The New England Academy of Dance Presents the **Nutcracker Ballet** 7 PM at the New Canaan High

School Auditorium

Attend the New England Academy of Dance's Nutcracker Ballet, featuring the Norwalk Symphony Orchestra. Tickets are available at NEADance.com.

#### December 13

#### Winter Wonderland 2025

10 AM - 1 PM at the New Canaan Nature Center

Join and be transported into a whole new world as the New Canaan Nature Center transforms into a Winter Wonderland filled with fun and exciting winter holiday activities for the entire family. Registration will be available at https:// newcanaannature.org/winterwonderland/.

#### **Grace Farms Holiday Market**

10 AM & 5 PM at Grace Farms Enjoy a festive day of shopping with a curated selection of gifts. Register at https://gracefarms. org/event/grace-farms-holiday-

#### The New England Academy of Dance Presents the **Nutcracker Ballet**

 $11\,\mathrm{AM}~\&~4~\mathrm{PM}$  at the New Canaan High School Auditorium Attend the New England Academy of Dance's Nutcracker Ballet, featuring the Norwalk Symphony Orchestra. Tickets are

#### December 14

#### The New England Academy of Dance Presents the **Nutcracker Ballet**

available at NEADance.com.

1 & 4 PM at the New Canaan High School Auditorium

Attend the New England Academy of Dance's Nutcracker Ballet, featuring the Norwalk Symphony Orchestra. Tickets are available at NEADance.com.

#### April 17, 2026 **Breeches & Bowties Spring**

Time to be announced at the Wee Burn Country Club Join the New Canaan Mounted

Troup at their 2026 Spring Gala with guest speaker Drew Doggett. Tickets https://shorturl.at/Rsa5X.

will be available at https:// newcanaanmountedtroop.org.

#### May 7, 2026 **NCNC Annual Lecture &**

Luncheon 11:30 AM-2 PM Additional details will be provided as the event approaches.

**BLOOD DRIVES** 

#### Monday, November 17 & Tuesday, November 18

Greenwich Blood **Donation Center** 99 Indian Field Road Greenwich, CT 06830 11:00 AM - 7:00 PM

#### Wed, November 19 VFW

465 Riverside Avenue Westport, CT 06880 11:00 AM - 4:00 PM Thursday, November 20

#### Greenwich Blood **Donation Center**

99 Indian Field Road Greenwich, CT 06830 7:00 AM - 3:00 PM **Support Services& Meetings** 

#### December 1 First Aid Training by New **Canaan EMS**

6:30 PM at the New Canaan Library, Jim and Dede Bartlett Auditorium

First aid training is designed to teach people the basic principles and techniques for providing immediate help if and when they witness a serious injury or illness. The goal of first aid is to preserve life and prevent the condition from worsening in the safest way possible until professional medical help is available. Register at https:// shorturl.at/CrnsH.

#### December 3 **Alzheimer and Dementia Support Group with the Waveny LifeCare Network**

2 PM at the New Canaan Library, McLaughlin Meeting Room Family members, caregivers, and friends are invited to meet for informative and supportive group sessions to help navigate changes related to memory loss and cognitive decline. Register at

#### **Every Friday**

**AA Speaker Meeting** Wheelchair Access Fridays at 7:30 AM Congregational Church of New Canaan

#### **Every Saturday**

Saturdays at 9:15 AM

**AA Meeting-Sober Citizens** Group

First Presbyterian Church of New Canaan AA Meeting-Laundry and Dry

#### **Cleaning Group** Saturdays at 10:30 AM

First Presbyterian Church of New Canaan

#### **Lost Then Found NA Meeting** Wheelchair Accessible

Saturdays at 7 PM United Methodist Church (back

#### **Every Monday**

Canaan

**AA Meeting** Wheelchair Access Mondays at 7:30 AM Congregational Church of New

**Adult Child Al-Anon Meeting** Mondays at 12 PM

#### St. Mark's Church, Youth Room **Every Tuesday Adult Child Alanon Meeting**

Tuesdays at 12 PM St. Mark's Parish House, Conf.

#### **Every Wednesday AA Step Meeting**

Wheelchair Access Wednesdays at 7:30 AM Congregational Church of New Canaan

#### Newcomer's Mtg. Wednesdays at 7:30 PM Silver Hill, Jorgenson House 208 Valley Rd., New Canaan

**Every Thursday** 

Canaan

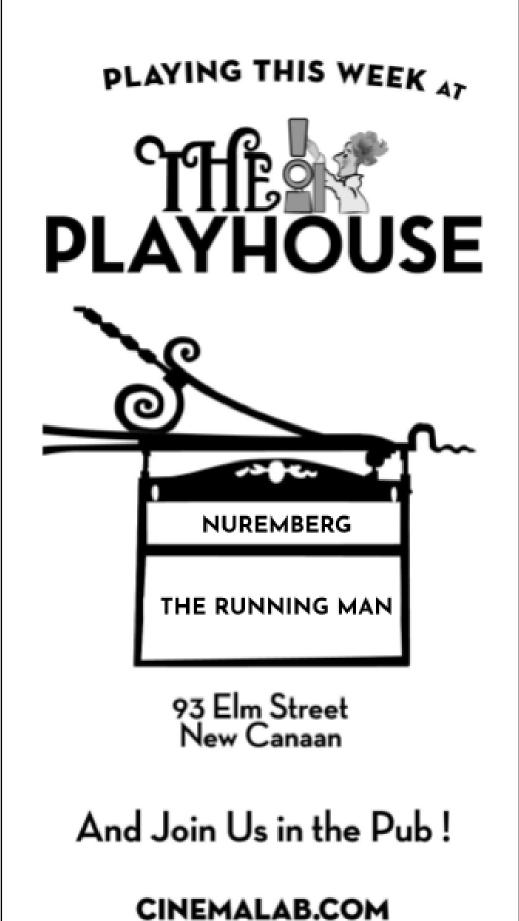
New Canaan

Al-Anon Parent's &

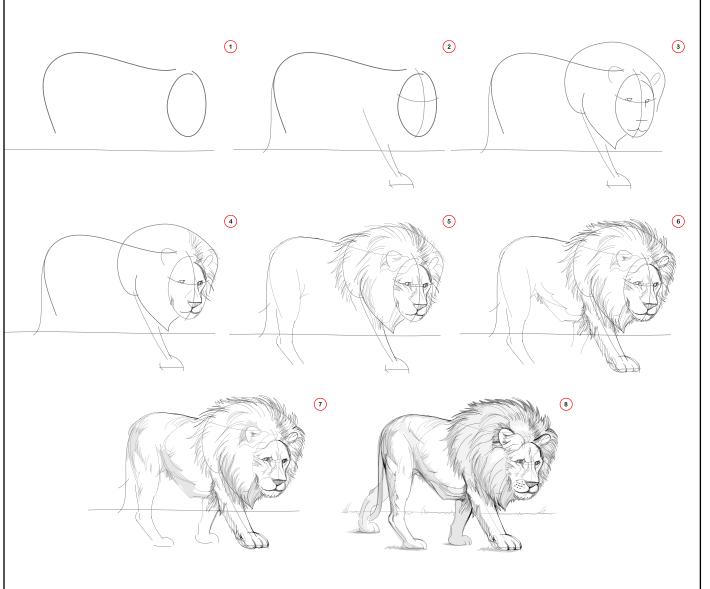
AA Big Book Meeting, Wheelchair Access Thursdays at 7:30 AM Congregational Church of New

#### **New Canaan Parent Support**

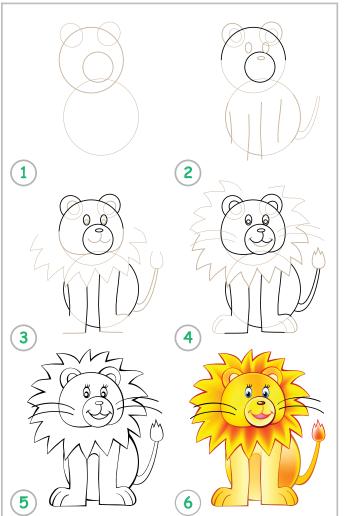
Group 7-8:30 PM St. Mark's Episcopal Church



for showtimes and tickets



# DRAW!

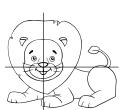




## Drawing lesson









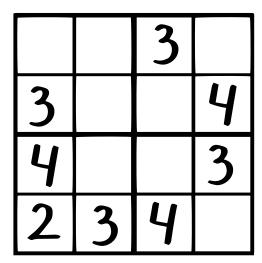


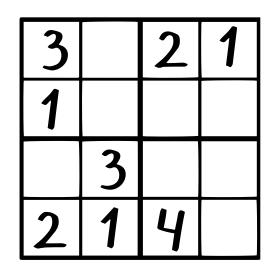


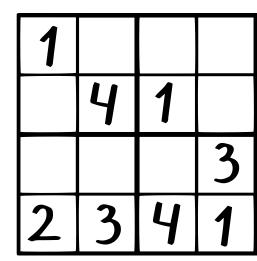
How to Draw a Lion



# Sudoku for Kids







			2
4			3
			1
3	1	2	4

Each row, column, nonet can contain each number only once. Answers below.

	Easy												
		5			2	4							
8				1		6							
			7					1					
	3	2	9			1		4					
	4						5						
9		8			4	3	2						
3					1								
		9		2				7					
		6	4			2							

	Hard												
2				7									
		5			1			7					
			6		3	9							
		2		1	7		4						
	6	1		8		5	7						
	9		3	5		2							
		3	2		8								
7			1			6							
				3				4					

	very Hard												
8			7	1		3	2	6					
6	1		5				7						
3													
							8	7					
4				2				3					
1	3												
								8					
	4				5		9	1					
9	6	1		7	8			5					
9	6	1		7	8			5					

	Easy													
							6	8						
	5		1											
	3			7	5	2								
	6				1	8		5						
9			8		7			4						
8		4	5				2							
		3	4	8			7							
					3		5							
7	4													

	Hard												
1	2		9			5							
		9											
3		7	8	1	2								
4		3					2						
	7			9			8						
	9					6		7					
			5	6	3	8		1					
						7							
		6			4		5	3					

	Very Hard											
	6				9	7						
				3				6				
5					4							
4		8		9								
	3		4	5	1		2					
				6		4		1				
			5					9				
7				1								
		5	3				8					

Sudoku answers

7	8	7	9	Þ	ω	S	6	ı		3	g	7	Þ	8	7	9	l	6	7	8	3	6	G	9	l	ħ	7
3	9	S	8	ı	6	Þ	7	L		9	7	7	6	7	ı	8	ε	9	6	G	ħ	ε	l	Z	9	8	7
6	Þ	ı	7	L	G	9	8	3		L	6	8	ω	9	G	7	7	7	თ	L	l	7	8	7	ω	6	G
ı	L	Þ	ω	9	œ	7	9	6		7	l	9	8	Þ	ε	G	6	2	ε	7	L	9	6	G	Þ	ı	8
8	7	6	4	9	4	Z	3	9		Þ	8	3	G	6	7	L	7	9	Þ	١	9	7	ω	8	G	7	6
g	ε	9	۷	6	٦	8	ı	Þ		G	7	6	۲	L	9	ω	8	Þ	G	6	8	_	ħ	7	L	9	ε
7	L	ε	Þ	8	9	6	Z	g		6	9	Þ	2	l	8	7	G	3	1	7	7	G	7	6	8	3	9
9	6	8	ç	ε	7	L	Þ	7		7	ε	7	7	G	7	6	9	8	7	3	6	8	9	$\leftarrow$	7	G	Þ
Þ	ç	L	6	7	ļ	3	9	8		8	Z	g	9	3	6	Þ	7	l	8	9	G	7	7	3	6	L	l
par	Bottom row – Easy Bottom row – Hard Bottom row – Very Hard																										

6	8	G	ε	Z	ı	Þ	2	7	3	l	7	G	Þ	6	9	8	П	7	ε	6	8	9	L	7	
g	L	6	7	ı	3	9	8	8	7	G	9	3	6	7	7	l	П	8	9	G	7	7	3	6	
Н	sιλ	γ -	- N	ro/	ш	ττο	go		р	lar	H -	- M	ro	ш	ττο	go			λ	se	M row – E 9 3 2 4 8 8 1 2				

7	9	ε	7	8	L	7	١	9	6	Þ	
7	4	6	9	g	3	7	8	7	L	7	-
G	8	Þ	L	6	9	L	ε	7	g	G	~
8	7	9	6	9	7	8	L	ω	-	8	
6	ω	9	ı	Z	7	6	G	œ	Þ	6	
ε	L	8	Þ	ı	9	3	ø	6	7	9	·
9	6	ı	9	2	8	9	Þ	7	3	l	٠.
4	Þ	7	8	3	6	9	2	ı	9	7	. •
l	9	7	3	7	ı	L	6	G	8	ε	•

6	4	9	6	8	7	L	9	ε	6	9	7	ε	8	८	L	7	l
9	Þ	3	L	ı	6	2	8	G	Þ	8	l	9	G	6	7	ω	I
l	G	6	3	7	9	abla	Z	8	l	6	G	8	Þ	7	3	9	ſ
Z	7	Þ	1	6	8	G	ε	9	7	3	9	6	_	G	Þ	L	
3	9	8	$\overline{\nu}$	L	G	6	1	7	8	L	7	7	3	9	G	6	
			ırq	3H	- /	ΜO	J d	οT				λs	е3	_ ,	ΜO	ı d	Ī

Top row – Very Hard

#### Universal Crossword

#### **ACROSS**

- 1 Angel hair topper?
- "The Little Mermaid" prince
- Divvy up **14** Like a desert
- **15** Govt. agents 16 Snap, crackle
- or pop 17 It's good news in a tight U.K.
- housing market to \_/lt's bad news for a motorist
- to 19 Church instrument
- 20 Midge Maisel's dad
- Rachel's biblical sister
- 22 Not this 23 It's good news in the dating scene to /lt's bad news in a competition
- to 28 Ties up tightly 30 Golf ballsized precipitation, sometimes
- 31 Opposite of difficulty Says "Aye"
- to, like a bill Shapiro of NPR
- "Company" composer
- Sondheim 40 Kerfuffle Piano students'
- performances 43 Boast

- Edited by Amanda Rafkin
  - **44** Salt, to a chemist
  - 45 Roof beams 48 It's good news on a deep-sea mission to /lt's bad news for an
  - unethical person to \_ **52** Turning
  - point? 53 Other, in Spanish
  - **54** End of an **57** Admired
  - people 59 It's good news for an actor to hear /lt's bad news for an athlete to
  - 61 Opposite of major
  - **62** No. 2 **63** Swiss painter Paul
  - **64** Take care of **65** Understands **66** Doesn't just
  - assume **DOWN**
  - **1** "Lol good one!
  - 2 The "A" of UAE
  - 3 Entertainment at a jazz club Tribute
  - poem Like a snob 6 Track events
  - with batons 7 State known for its potatoes
  - 8 Chicago winter hrs. -Caps
  - 10 Some sci-fi entryways

- 11 Unlike a tome, in two ways
- Actor Oscar
- **13** J's position in the alphabet
- 18 Pub drinks **24** Opposite of WNW
- "Here comes trouble!"
- 26 Give the star treatment?
- 27 Appearance 28 One of two on the cryingwith-laughter
- emoji 29 Seldom-seen **32** They might report to
- CÉOS **33** Goodbyes **34** Litter box
- emanation **35** Column counterparts
- "Now!" 38 Food with an edible shell

- 39 " Enchanted" (2004 film)
- 42 Rorschach image
- **43** IT VIP 45 Assess again
- 46 "Dagnabbit!" 47 Harsh
- criticism 48 Quickly reads 49 Like
- Sundance films 50 Everybody's
- opposite 51 Like Odin and Thor
- 55 Need a bath badly **56** A long,
- long time **58** Sold-out show sign
- **59** Tote, e.g. 60 Letters before a stage name

#### PREVIOUS PUZZLE ANSWER MANY JAWS DLIST

0	В	0	E		0	В	ı	Т		J	U	R	0	R
С	0	D	Α		В	U	S	Υ		В	Т	Α	L	Υ
Н	Α	[	R	0	F	Т	Η	Е	D	0	G			
Α	R	С		Н	Α	S			Υ	0	П	N	Κ	
	D	Ε	L	Н	]		С	Н	Е	Т		Α	N	D
			Α	I	R	F	R	Е	s	Н	E	N	E	R
S	Р	0	Т			Α	0	L			D	0	E	S
Α	1	Т	Ε	С	Н	N	0	L	0	G	Y			
T	N	Τ		R	1	S	Κ		N	0	S	Ε	S	
	Κ	0	D	Α	Κ			С	Α	В		F	1	Т
			1	В	Ε	G	Ţ	0	D	I	F	F	Ε	R
V	0	С	Α	В		L	Α	٧	Α		L	0	S	Е
Р	R	υ	N	Ε		Α	С	Ε	R		Α	R	Т	S
S	Α	Т	Ε	D		М	0	R	Е		Р	Т	Α	S

© 2022 Andrews McMeel Universal www.upuzzles.com

## W Mac Crossyord The (K) Clues Are for Kids Created by Timothy E. Parker

1/9

#### **ACROSS**

- 1. (K) Talk to each other
- 5. Sharpen an ax blade
- 9. Place for Hemingway's Old Man
- 12. Feeling fit and healthy
- I**3.** (K) "What \_ there?" you
- 14. (K) Simple grain **15.** (K) One thing
- to sail to
- 16. One of several on a bulleted list 17. Not "to," but
- 18. Printed and glazed cotton fabric
- 20. A sacred hymn
- **22.** (K) Bonfire residue
- 23. (K) One way to be seen in the dark

- do it!" is **36.** (K) Root \_ float
- 25. (K) Came in first
- warm regions 33. What "You can
- **27.** (K) Shrek is one 29. Wading bird of

Can you find the answer to this riddle within the solved puzzle?

You, long ago

Look for the answer in next week's paper.

PREVIOUS PUZZLE ANSWER

Previous riddle answer:

Get from yesterday? 7-D) GOT

© 2022 Andrews McMeel Syndication

- **58.** Boat's central structure
- 1. "That dress is tres 2. Corn beef dish

- 3. Coalition
- \_ day now!" **39.** (K) Facial
- blemishes 41. (K) Biggest

**37.** "American \_\_\_\_"

(TV show)

- heater you'll ever need
- 43. Swindler's cohort 46. Friendship by
- mail (2 words) 49. Tween age
- **50.** (K) Flow
- sluggishly 53. (K) Worst part of an apple to eat, you'd think
- **54.** "Are," way old 55. (K) Geometry class answer,
- sometimes 56. Collected charity 57. (K) "The Tigger
- Movie" character
- 59. (K) An annoying bug is one
- **DOWN**

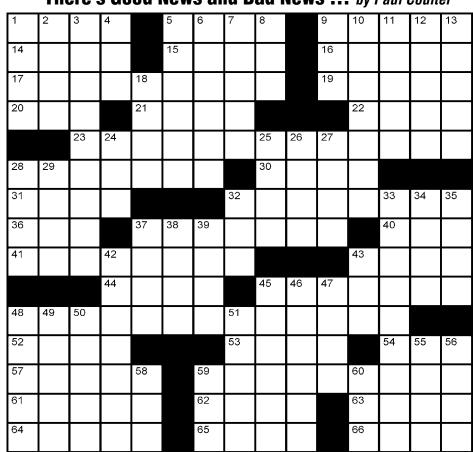
- 4. (K) Young adults 5. Someone
- dazzlingly skilled in a field
- 6. (K) Thing blown off in the wind, sometimes
- 7. (K) Adam and 8. (K) Something
- responsible for 9. (K) Thing to lie
- or sit on 10. Marquis subordinate
- 11. (K) Smallest component of an element
- 19. Commandment word 21. (K) Type of suit
- that gets wet 23. (K) Elementary school division
- 24. (K) Toy company that's all blocked up?
- **25.** (K) What a spider makes
- **26.** (K) Single number 28. Beam with your face

- 30. Old descriptor for a tall, skinny guy
- 31. Place with room service, maybe
- 32. (K) Pig's home with a mud floor 34. Type of exam
- with no writing **35.** (K) "Anybody
- coming to the worm race?"
- 40. Robe relative 42. (K) Open, as a toothpaste tube
- 43. (K) One of trillions in
- the sky 44. (K) Last person standing in an
- action film 45. (K) "Spider-Man: the
- Spider-Verse" **46.** Sound, as big bells
- 47. (K) Muscular items, for many 48. "
- we forget ..." 51. Rock in stores? 52. Last letter
- 12 13 15 16 30 31 51 52 56 55

The answers to this week's puzzles can be found in next week's issue.

www.GreenwichSentinel.com/subscribe www.NewCanaanSentinel.com/subscribe

#### There's Good News and Bad News ... by Paul Coulter



Toroscopes

Astrological Overview

During the week ahead: This week continues the Sagittarius, plant seeds now for how you want deep-scorpio season effects while the Sun moves into Sagittarius on November 21. During the week you'll feel the weight of inner review under the influence of retrogrades (Mercury in Sagittarius, Jupiter in Cancer) and incoming shifts (Sun into Sagittarius, Libra (September 23-October 22) Uranus sextile Neptune). Key themes: reflection, value-clarification, letting go of what's finished and preparing for what's next.

Aries (March 21-April 19)

You may feel compelled to tie up loose ends this week, especially in areas of shared resources, debts or past commitments. Use the weekend (Sun entering Sagittarius) to shift into a more forward-looking mode, but not before you've done the work to free up emotional or financial

Tip: avoid launching major new contracts under Mercury retrograde; instead refine and

Taurus (April 20-May 20) This is your closing moment in Scorpio season. You're gaining clarity about your identity and personal direction. The Sun's move into Sagittarius on Friday signals a fresh start. Prepare for the transition by letting go of old

roles or images that no longer serve you. Tip: journal what you're ready to leave behind so you enter the new cycle with more freedom.

Gemini (May 21-June 20) Partnerships and collaborations are under review. What you've built together may need a gentle reshape. The Sun's shift into Sagittarius encourages you to think long-term about

alignment rather than just present comfort. Tip: hold conversations this week, but wait until clarity emerges to make firm commitments.

Cancer (June 21-July 22) Your routines, wellness and daily habits might feel unsettled. Retrogrades invite you to revisit how you work, rest and recharge. By the weekend, Sun in Sagittarius invites you to learn

or travel for renewed energy. Tip: small changes now matter more than big

launches.

Leo (July 23-August 22) Creative, romantic or recreational life seeks refreshment. Something may have felt stuck; now you're asked to re-imagine rather than restart. Watch for old patterns repeating—this week you have the chance to rewrite them before the Sun's shift opens a new chapter.

performance phase. Virgo (August 23-September 22) Home, family and emotional foundations come Tip: slow down the finish line celebration;

into focus. A project at home may conclude or

reach an endpoint. As the Sun prepares to enter vour domestic life to feel in the coming months. Tip: review rather than redecorate-clarity will guide next steps.

Scorpio (October 23-November 21)

November 21.

Communications, learning and your immediate environment are active. With Mercury retrograde in your sector, resist launching new tech, courses or major messages-update, refine or clarify instead. By the weekend, the Sun's move offers a lighter tone and new ideas.

Tip: hold off on signing big offers until after

Happy solar season closing. You're entering a phase of transformation. This week asks: what parts of "you" are ready to evolve? The incoming Sagittarius Sun fires your zone of expansion-take time to look up from the detail and envision what's next.

Tip: embrace the mystery, and don't force the reveal-clarity comes in its own time.

Sagittarius (November 22-December 21) Your season hasn't quite begun, but this week marks your threshold. The Sun enters your sign on the 21st, and this week builds the bridge. Finish what's required so you can enter your cycle with intention. Mercury retrograde invites you to rethink messaging and personal brand. Tip: focus on authenticity over amplification.

Capricorn (December 22-January 19)

Shared finances, deep commitments and emotional investments are under the microscope. You may feel a need to release what's long weighed on you. The Sun's shift into Sagittarius motivates vou to move toward freedom and expression beyond the bonds

you've held. Tip: have a candid conversation about what

needs to be redeemed or released.

Aquarius (January 20-February 18) Friendships, social networks and causes gain nuance this week. A connection may shift form. With the weekend's Sun move you're invited to explore what fresh community or vision you

want to step into. Tip: listen twice as much as you speak-

disruption may bring clarity.

Pisces (February 19-March 20) Career, public image or long-term goals undergo revision. What you've built may feel Tip: treat this week as a planning phase, not a stable or stagnant. By the weekend you'll be ready to adopt a new horizon view. Reflect now so that when your next cycle begins, you've

**SOLUTIONS** 

# 7 LITTLE W©RDS

cleared space.

polish the foundation first.

Find the 7 words to match the 7 clues. The numbers in parentheses  $\frac{1}{8}$ represent the number of letters in each solution. Each letter combination can be used only once, but all letter combinations will be necessary to complete the puzzle.

**CLUES** 1 one who speaks (6) 2 it locks in locks (9) 3 unmapped (9) 4 not tied up (10)

5 dining linen (10)

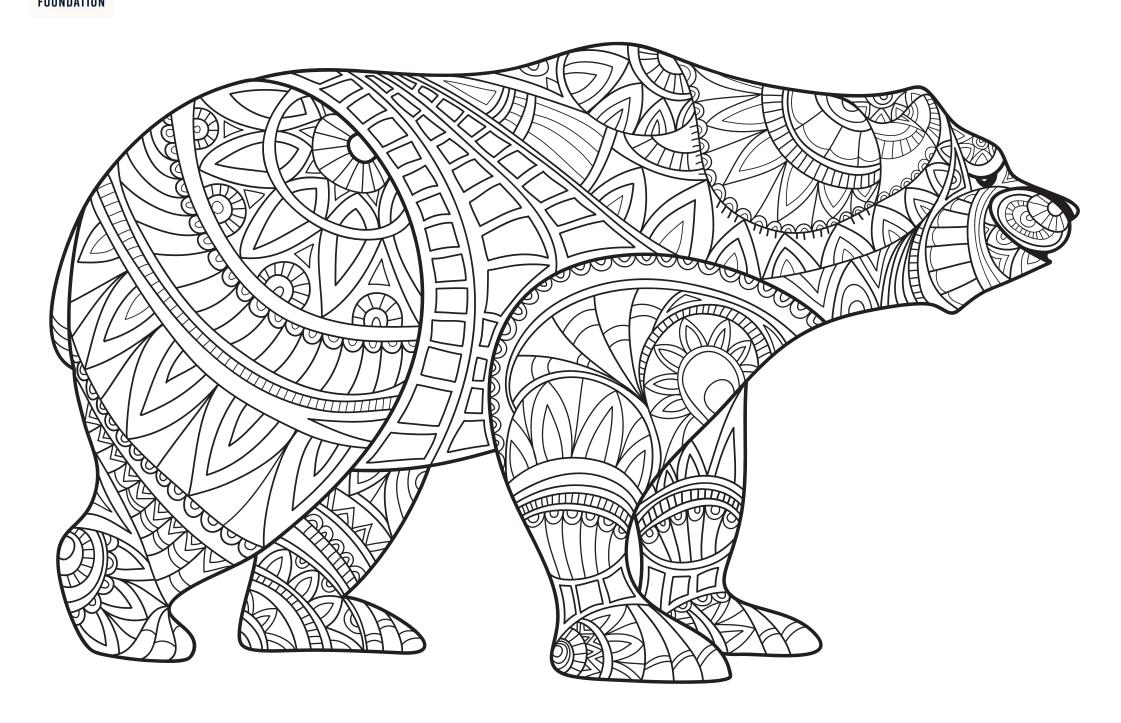
6 it pivots on a fulcrum (5) 7 things on a to-do list (7) LE RAY TAL **ESS** HAI

**TABL RSP ECL** CHA TET AN RTL VER HER **KER ERR** DS OTH ED UN

Previous Answers: 1. SECRET 2. MARSHIER 3. CLASP 4. SIMILARLY 5. LISTING 6. REACHING 7. INTERFERE

#### **MANDALA**

Coloring mandalas is good for your brain! Send us a picture of yours completed <a href="mailto:Cordelia@SentinelHometownNews.com">Cordelia@SentinelHometownNews.com</a>

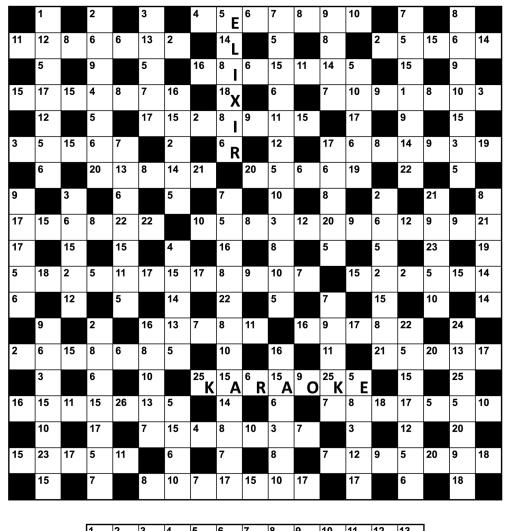


# FIND ALL HIDDEN

#### CODEBREAKER WORD PUZZLE

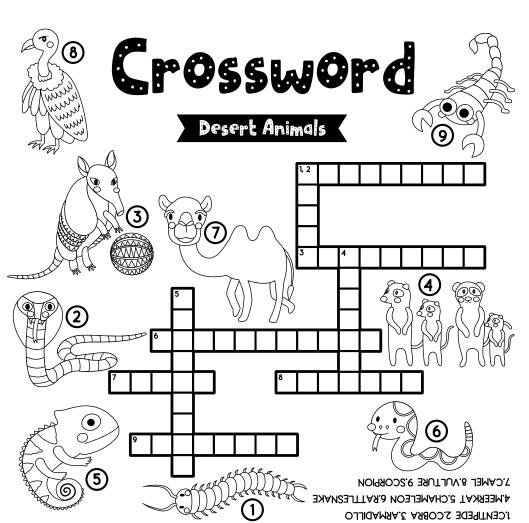
The same number represents the same letter. Crack the code and fill the grid.

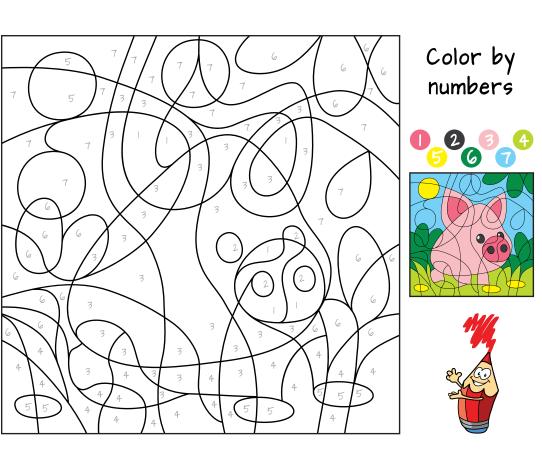
To help you get started some words are already in place.



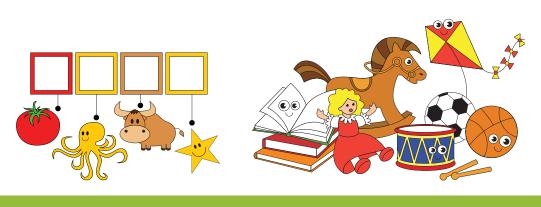


TY=T, 18=X, 19=Y, 20=B, 21=D, 22=F, 23=Z, 24=J, 25=K, 26=Q.

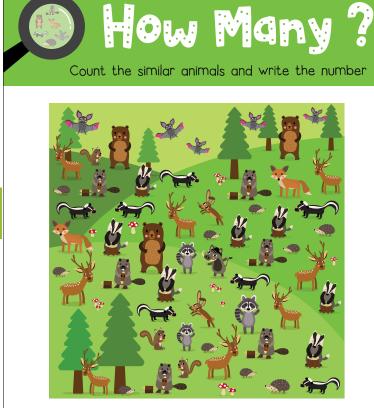




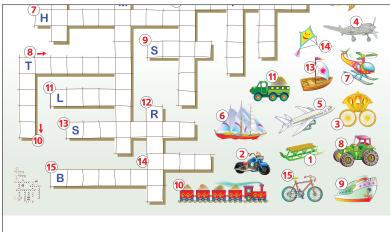
# Puzzles and Coloring for the Weekend: Have Fun!



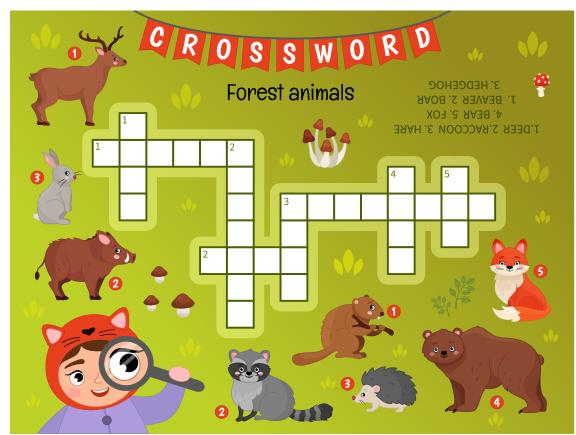


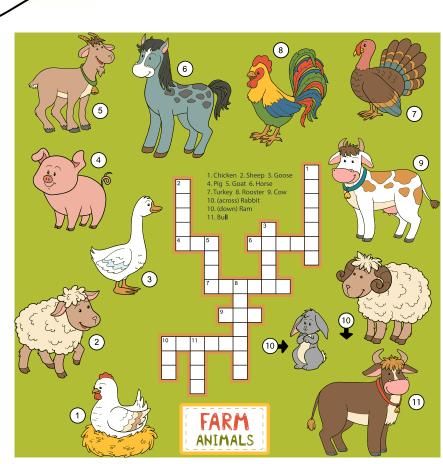


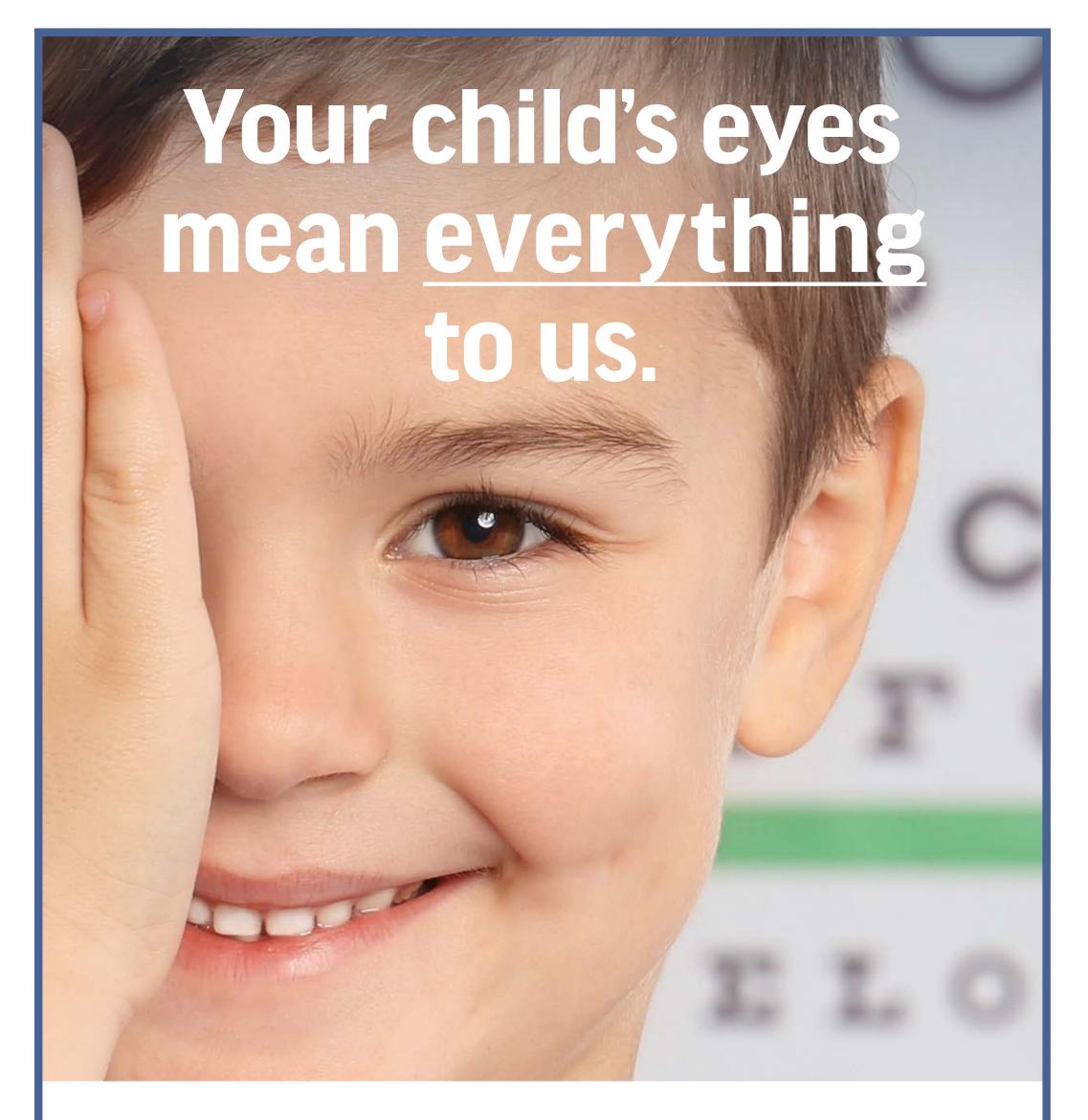












Your child's eye health and vision quality play an essential role in physical, cognitive, and social development.

Our team is here to provide comprehensive care and support for all your family's eye health needs.



Robert J. Fucigna, M.D.

1445 East Putnam Ave., Old Greenwich

(203) 348-7575 AOCT.CO