

LOCAL NEWS BRIEFING

POLICE & FIRE

New Canaan Promotes Safer Driving

New Canaan Police will participate in a distracted driving enforcement campaign from April 1-30, 2026. The effort is conducted with state, local, and federal partners to increase enforcement of distracted-driving laws. The department states that distracted driving leads to preventable crashes and urges drivers to avoid phone use while driving.

FROM TOWN HALL

New Canaan Advances Zoning Updates

The New Canaan Planning & Zoning Commission will hold a public workshop on April 21 at 7:00 p.m. at Lapham Community Center to review proposed updates to commercial zoning regulations. The session will include a presentation on topics such as parking, housing in commercial areas, and business permitting, followed by small-group discussions for public input. Feedback will be used to revise the draft, with adoption targeted by July 1, 2026.

New Canaan Advances Affordable Housing Plans

New Canaan is considering building affordable housing on three municipal parking lots downtown, based on preliminary concepts that include multiple design options for each site. The effort is part of a broader push to increase affordable housing, as the town currently falls well below the state's 10% requirement. Officials plan to gather public input before advancing any proposals, with the smaller Richmond Hill site likely to be considered first.

New Canaan Budget Process Advances

The New Canaan Town Council held a public hearing on April 2, 2026, at 5:30 p.m. at Town Hall on the proposed 2026-2027 budget for the town and sewer utility. A Town Council meeting is scheduled for April 14, 2026, at 7:00 p.m. to review and act on the Board of Finance's March 5, 2026 recommendations for that budget. The full report was made available on the town's website.

AROUND TOWN

Weekend Rail Upgrades Improve Service Reliability

Weekend train service on the New Canaan Line will be replaced by buses on April 10, 17, 24; May 1, 8, 15, 29; and June 5 due to upgrades at the Stamford rail facility. In New Canaan, riders will board buses that connect to New Haven Line trains at Stamford Station, with additional travel time expected. The schedule is preliminary and may change.

CONTINUED ON PAGE 2

Your Charter Your Survey

The Charter Commission has opened a public questionnaire, and residents should take the time to complete it.

The survey is at <https://www.surveymonkey.com/r/8QXBNNK>

Carlson Outlines Parking Overhaul, Downtown Changes at Chamber Event



First Selectman Dionna Carlson discusses construction timeline, outdoor dining policy and mixed feedback from merchants at the Chamber of Commerce breakfast earlier this week.

At a recent appearance before the New Canaan Chamber of Commerce, First Selectman Dionna Carlson offered a detailed progress report on the town's ongoing downtown parking overhaul, while acknowledging both disruption and divided public opinion.

The effort, which has unfolded over several months, is entering what Carlson described as its final phase. Work is expected to begin in mid-April on repaving key municipal lots and completing a redesigned loading zone intended to shift delivery traffic away

from Elm Street.

"We're pushing for April 15th, but sometime between April 15th and May 1st to have both of those lots repaved and also the loading zone area," Carlson said.

The project, she said, will likely take about two weeks and will temporarily affect parking availability in the town center. To offset the disruption, the town plans to suspend parking meter fees in certain areas and relocate employee parking.

"We will be bagging the pay meters on Elm and South so that people can park

for free during the construction because that is going to be super disruptive," Carlson said.

The broader goal of the initiative is to improve circulation, increase turnover in prime retail spaces and reduce congestion caused by delivery vehicles. Carlson said the new loading zone and ramp will allow smaller delivery trucks — including Amazon, UPS and FedEx — to operate off Elm Street.

Once construction is complete, she described the work as "the final piece to the overall parking redo in town."

Still, the transition has not been seamless. Local merchants raised concerns about declining foot traffic and the challenges faced by customers making quick stops.

One business owner reported an 8% drop in foot traffic during the early months of the new system and described customer frustration with paid parking and limited short-term options.

Carlson acknowledged the concerns but emphasized that feedback has been mixed.

CONTINUED ON PAGE 8

Charter Panel Keeps Status Quo on Key Town Offices, Defers Bigger Changes

By PETER BARHYDT

Votes preserve Board of Finance, minority rules, and elected clerk as deadline nears

The New Canaan Charter Revision Commission (CRC) voted Tuesday night to keep several core elements of town government unchanged, while postponing decisions on broader shifts to appointments and term limits.

Facing a May deadline, the CRC decided to retain the current structure of the Board of Finance, minority representation rules and the elected town clerk — three of the more consequential issues under review — even as some members cited concerns about transparency and public access.

The votes signal a more pragmatic shift as the CRC moves from broad policy debates toward final recommendations.

Major votes favor continuity

In a series of decisions late in the

meeting, the commission:

- Voted 8-3 to keep the Board of Finance appointed
- Voted 8-3 to retain current minority representation rules
- Voted 10-1 to keep the town clerk elected

The Board of Finance decision followed debate over accountability and structure, with some members questioning whom the Board of Finance ultimately answers to.

"If they're elected...they report to the people," one commissioner said, raising concerns about oversight.

Others pushed back, arguing the Board of Finance's role is procedural within the budget process.

"We're a process board," one member said, describing its role as reviewing and forwarding budgets to the Town Council.

A majority concluded the existing

CONTINUED ON PAGE 8

Residents Raise Traffic, Safety Concerns Over Proposed Parade Hill Housing Development

Planning & Zoning Commission hears mixed views on 14-unit affordable housing proposal

By PETER BARHYDT

A proposal to construct a 14-unit affordable housing development at 30 Parade Hill Road drew extensive public comment during a recent Planning & Zoning Commission hearing, with residents raising concerns about traffic, safety and neighborhood compatibility.

The application, submitted by GHF Parade Hill Road LLC, seeks site plan approval under Connecticut General Statutes 8-30g to build a three-story residential structure on a property located in the B Residence and Half Acre zones.

According to the applicant's attorney, Amy Souchuns, the development would include a mix of two- and three-bedroom units, with some reserved for tenants using housing vouchers. The project qualifies as assisted housing due to both the voucher component and a sales and use tax exemption.

Project engineers and consultants presented details on site design, drainage,

traffic and building features.

The plan calls for demolition of an existing single-family home and construction of a 14-unit building with 16 parking spaces, including one ADA-compliant space. The development would also include a playground area, refuse enclosure and new utilities.

The applicant's engineer said stormwater systems are designed to reduce runoff compared to existing conditions and meet state and local requirements. The site has no inland wetlands and is outside flood hazard areas, though runoff ultimately flows toward the Five Mile River.

A traffic study projected limited impact, estimating five vehicle trips during the morning peak hour and six in the afternoon peak hour. The study concluded that nearby intersections would continue to operate at Level of Service A, with minimal delays.

The plan also includes a right-turn-only exit from the driveway due to limited

CONTINUED ON PAGE 8

Stars in a Dark Sky

By JILL S. WOOLWORTH, LMFT

When losses happen, it is natural to feel that nothing will ever be the same. It won't. The world seems a dark, endless black space. At some point, after the initial shock, it helps to schedule a few things on our calendar that will not replace the loss, but that could offer us comfort, companionship, or distraction, nevertheless. A date with a friend, a trip, or a cultural experience are all good choices. These are stars in our dark skies.

Depression after loss is normal and hits everyone between the "i's" of isolation and immobility. Putting stars in our skies pushes gently back on both. Even one star is a step toward our new life.



Illustrated by Wajih Chaudhry

Ashley was a widow in a wheelchair. She saw no stars in her sky. With encouragement, she planned a birthday trip with a friend to a concert that she had dreamed of attending in a city an hour away. She hired a driver and a special car to accommodate her wheelchair. Planning for the occasion brought her joy. She described being there as the best experience of her life. Remembering the event lifted her spirits every time she told the story.

Developer Signals Willingness to Modify Weed Street Project

By SENTINEL STAFF

The developer behind the proposed Weed and Elm Street project has been engaged in discussions with neighbors in an effort to reach a compromise, according to comments made during a recent Planning & Zoning Commission meeting.

Commission Chairman Daniel Radman said Arnold Karp and his team have been in active talks with nearby residents and town officials as they explore potential changes to the approved plan.

"They have been having discussions with the neighbors... trying to find a

happy compromise," Radman said at the meeting. "I hope we're close. I don't know that for sure."

The discussions come despite the project already holding significant approvals. Radman noted that the applicant retains the right to proceed with the originally approved development, which includes a 102-unit, five-story building.

"He's been fully approved for 102 units... all appeals have been overturned," Radman said. "He can build it exactly the way it's been submitted. Or he can sell it to someone who can do that."

According to those same

comments, because of those existing approvals, any revisions under discussion would be voluntary rather than required.

The commission is considering holding an executive session to review the potential compromise in detail before any formal public presentation. A future special meeting could include a full presentation by the applicant, public comment, and possible commission action in a single evening.

Officials emphasized that discussions are ongoing and that no final proposal has yet been presented to the commission or the public.



Keith E. Simpson Associates

LANDSCAPE ARCHITECTURE
ENVIRONMENTAL PLANNING
RESIDENTIAL DESIGN
PROJECT COORDINATION
LAND PLANNING



New Canaan Historical Society



203.966.7071

40+ Years of Civic, Residential, and Commercial Landscape Architecture in Fairfield County

Irwin Park Welcomes Spring Bloom



Hellebores have begun blooming in Irwin Park. About 50,000 daffodils are expected to bloom next. The planting was organized by the New Canaan Garden Club. Photo credit: New Canaan Garden Club

LOCAL BUSINESSES & NON PROFITS

Cold War Embassies Inspire Renewed Interest



At a New Canaan Rotary Club event, President Tom introduced David Peterson, founder of the Onera Foundation, who previously worked in investment banking and later studied historic preservation at Columbia. Peterson examined U.S. embassies built during the Cold War as modern, open structures intended to reflect democratic values, highlighting examples across several global cities and notable mid-century architects. Many of these buildings have since been repurposed, raising questions about preservation and reuse. Photo credit: New Canaan Rotary Club

Foundation Rebuilds School After Hurricane

Mystic Bowie, whose band Talking Dreads regularly performs in New Canaan and across the Northeast, founded a school and library in his home community of Accompong, Jamaica. Both were destroyed by Hurricane Melissa, along with many nearby homes. His foundation is now raising funds to rebuild and continue supporting children in the village.

New Canaan Library Seeks Support

On National Library Giving Day, the New Canaan Library is seeking donations to support its Annual Fund, which helps cover programs, collections, and services. Over 25% of its operating budget comes from private funding. Donations will be matched dollar for dollar by the Board of Trustees up to \$100,000.

New Canaan Gardeners Prepare Competition



Members of the New Canaan Garden Club held a seed-sowing workshop focused on planting Smooth Blue Aster seeds for the Garden Club of America's Zone II "Gavel Challenge." Each Zone II club will grow one plant to be judged at the annual meeting in September, hosted by the Garden Club of Darien. The winning club will hold the Zone II Gavel for one year. Photo credit: New Canaan Garden Club

Connecticut Stage Company Brings Spelling Bee

Connecticut Stage Company will present The 25th Annual Putnam County Spelling Bee at New Canaan Library on April 5 at 7 p.m. and April 6 at 2 p.m., with tickets priced at \$40 and \$60. The musical follows six students competing in a spelling bee, featuring humor, audience participation, and personal backstories. One winner is declared while the others receive consolation prizes.

Horizons Benefit Supports Student Opportunity

Horizons at New Canaan Country School will hold its biennial fundraising benefit on April 24, 2026, at The Loading Dock in Stamford starting at 6:00 p.m. The event raises funds to support tuition-free academic and enrichment programs for about 400 students from Norwalk and Stamford each year. The evening includes dinner, fundraising activities, and entertainment, supported by local and corporate sponsors. More information is available at <https://one.bidpal.net/horizonsbenefit2026/welcome>

THE ENVIRONMENT

New Canaan Expands Composting Efforts

The New Canaan transfer station compost program accepts food waste such as meat, bones, dairy, fruits and vegetables (with stickers removed), eggshells, coffee grounds (no pods), tea bags, vegetable oils, shellfish, and certified compostable liner bags. Some of these materials are only suitable for industrial composting, not home systems. It does not accept plastics, produce stickers, pet waste, disposable utensils, paper towels, or most containers labeled compostable.

SCHOOLS

Apprentice Teachers Bring April Fools Fun



On April 1, Apprentice Teachers at New Canaan Country Day School carried out a series of pranks during the school day. Students gradually realized that normal routines had been altered. The activity was visible at lunch and bus dismissal. Photo credit: New Canaan Country Day School

Students Explore Careers In Sports Business

Thomas Dale of Eldridge Capital Management spoke to the SLS Sports Business Club about careers in private equity and the business side of sports and entertainment. Students learned how investment and strategy influence areas such as franchises, media, and sponsorships. The event supported SLS's goal of preparing students for roles across the broader sports industry.

Students Explore Immigration Through Hands-On Learning

At New Canaan Country Day School, third graders participated in a simulation of Ellis Island as part of a unit on immigration and the "Peopling of America." They studied how different groups came to the United States through literature, interviews, artifact analysis, and field trips, including an upcoming visit to the Ellis Island Museum. The yearlong unit focuses on cultural identity and themes of resilience, courage, respect, and empathy.

SLS Robotics Team Achieves Historic Milestone



The St. Luke's School Combat Robotics team entered three robots in the National Havoc Robot League competition in Norwalk. The team placed third and fifth overall. It also advanced to the open tournament bracket for the first time in its history. Photo credit: St. Luke's School

South Students Celebrate Math Night



South Elementary held its annual Family Math Night last Thursday with a Winter Olympics theme. Math specialist Sue Hatzis organized more than a dozen activities designed for kindergarten through first grade and adaptable for all grade levels. Students earned colored bracelets for completed activities and received a "Gold Medal" after collecting five different colors. Photo credit: New Canaan Public Schools

NCHS Theatre Presents Striking Macbeth Production

NCHS Theatre staged a 90-minute production of Macbeth using a minimal set and muted design, with a strong emphasis on supernatural elements and characters often cut from the script. The show reduced political scenes and highlighted the witches and Hecate, with staging that relied on simple props and actor movement rather than set changes. Despite limited rehearsal time due to scheduling disruptions, the cast delivered a cohesive performance.

Ram Jam Celebrates Seniors And Tradition

Ram Jam was held March 27 at 7:00 p.m. in the Saxe Auditorium, where New Canaan High School seniors participated in a runway-style event to raise money for the Post-Prom afterparty. The afterparty, which began in 1959 and is now held at Waveny House, is funded through donations and events like Ram Jam, which typically raises about \$14,000.

New Canaan Science Team Excels

The New Canaan High School Science Team competed in the inaugural Yale Science Bowl and later in the National Science Bowl regional at UConn, where two teams reached the double-elimination rounds. The team practices weekly, focusing on competition strategy, buzzer rules, and subject specialization across science disciplines. Participation is open to all students, with preparation involving both group practice and independent study.

SPORTS

New Canaan Hockey Wins State Title



New Canaan High School's varsity boys ice hockey team won the state championship on Monday with a 3-1 victory over Fairfield Prep at Quinnipiac University. It is the program's first state title since 1972. Photo credit: New Canaan Hockey

New Canaan Tennis Names Captains

Camryn Lee, Leah Zheng, and Sophie Adamczyk are named captains of the 2026 New Canaan tennis team. They are shown standing together in uniform on a tennis court. The announcement highlights their leadership role for the upcoming season.

Eat This, Drink That: Spring into Action

Recipes, Wines, and a Few Thoughts In Between

By Carl Franco

April has arrived, and whether you're celebrating Easter, Passover, Earth Day, or just the fact that you finally stored your winter coat for the season, there's a wine for that.

The good news is that spring brings some of the best ingredients of the year. After a long winter of root vegetables and hearty stews, markets begin to fill with the first fresh flavors of the season. These vegetables are bright and cheerful and taste like they just woke up from a long winter nap. And when it comes to the main event, spring lamb and ham step confidently into the spotlight, pairing beautifully with those vibrant, just-picked vegetables. What brings it all together? Well, wine, of course. So let's take a quick look at bottles that are perfect for welcoming the warmer days and spring celebrations ahead.

Spring Fling

Nothing ushers in the season quite like a traditional pasta primavera, made with fresh peas, whether spring peas, English peas, or snap peas in their tender pods. This classic dish, with its medley of peas along with other seasonal vegetables in a simple combination of olive oil, butter, garlic, and Parmesan, works beautifully as both a main course or as a pasta course for a larger meal. You could also try something a little off the beaten path, like pasta with peas and brown butter which is another example of a recipe that lets the vegetable be the star of the show. So what wine would you turn to? I have a couple of suggestions.

Gavi di Gavi - This northern Italian white wine is a vibrant, dry white from Piedmont made exclusively from Cortese grapes grown within the Gavi commune. While I carry several in my shop, one of my favorites is the **Tenuta Il Bergo Gavi**. This wine has a straw-yellow hue with subtle golden highlights and offers an inviting bouquet of citrus zest, delicate white flowers, and hints of apricot layered with a subtle hint of mineral.

Ribolla Gialla - Staying in Northern Italy, you will find the indigenous Ribolla Gialla grape and one standout in the group is the **I Clivi A Tessa Ribolla Gialla**. Grown in marl and sandstone soil, this wine presents light golden with a slight note of lemon peel on the nose. Nuances of white flower a crisp acidity and a soft saline finish sets this wine apart from other white wines in the region. The stainless steel fermentation preserves the freshness of this wine and keeps it clean and elegant.

If you lean toward more savory vegetables in the spring, you'll notice that garlic ramps, fiddleheads, and spring onions have become increasingly popular in recent years, finding their way into dishes like risotto, quiche, and a variety of pastas. Their appeal lies in the bold, fresh flavors these early sprouts bring to the table. Once again, though, it's the choice of wine that plays a key role in helping those flavors truly blossom. Here are a couple of options to consider.

Pinot Grigio - I know what you're saying, ho-hum pinot grigio. Well like many grapes they become ho-hum because once Madison Avenue find something they know the public likes, they hit you over the head with it ad nauseum until it has all the cache of a fake Rolex. So if you can tear yourself away from the mass-marketed Pinot Grigio's, my suggestion would be the **Pighin Pinot Grigio, Collio**. This estate-grown pinot grigio hails from the hillside vineyards in Friuli's prestigious Collio region. This wine not only has depth of flavor, but the notes of banana, pineapple and acacia

The good news is that spring brings some of the best ingredients of the year.

blossoms provide a mouthful of flavors that enhance, rather than steal from the food with which it is being served. Pick up a bottle of well-produced Pinot Grigio and see what you have been missing.

The Problem Child

Now we move on to the problem child, asparagus. Populating the produce and farmer's markets in the spring, it has a reputation of being very wine unfriendly. One way to tame the taste of this vegetable is with egg, and most people do so with a hollandaise sauce. But if you have never made Pasta con Asparagi, this is where you want to go. This recipe developed by Craig Clairborne pairs asparagus with tomato and eggs. While the egg does make this wine more palatable you will still get many opinions as to what wine works best. What grape am I choosing this season? Vermentino.

Agricola Punica Samas - This wine from Sardinia is 80% Vermentino and 20% Chardonnay. It's well-balanced with bright tropical fruit notes and Mediterranean herb notes such as sage all leading into a mineral-saline finish. This wine is one of many Vermentino on the market so if you can't find this one, listen to your trusted wine merchant about which one to select.

Mary Had a Little Lamb Chop

For those of you hosting holidays gatherings this spring, please don't serve turkey. I know it's a popular choice because it's familiar and fairly foolproof, but turkey already had its moment at Thanksgiving and Christmas. Spring deserves something more fitting, namely, ham or lamb.

When it comes to lamb, the options are plentiful, whether it be a leg of lamb, a plump lamb roast, an elegant crown roast, or even straightforward lamb chops. Its rich, distinctive flavor is beautifully complemented by the first fresh herbs of the season such as thyme, sage, rosemary, and of course, the classic pairing, mint.

So where do we turn for wine? There's really one natural destination, the Rhône Valley. With its warm climate and grape varieties like Grenache, Mourvèdre, Cinsault, and Syrah, the wines from this region are tailor-made for the savory depth of lamb and the aromatic lift of spring herbs. What wines come to mind? Let's take a look.

Châteauneuf-du-Pape - This is one of the most iconic appellations in the Rhône Valley, known for producing rich, powerful red wines. These wines are full-bodied and expressive, offering flavors of ripe red and dark fruit, spice, herbs, and a signature earthy note. If I were serving lamb this season, I would definitely consider the **Château La Nerthe Les Granieres**. This Châteauneuf-du-Pape with its depth and structure is a natural match lamb, especially when seasoned with classic Mediterranean herbs.

Côtes du Rhône - Are relatives descending on our house like the plague of locusts in Exodus Chapter 10 of the Bible? Well unless you have Judas's 30 pieces of silver laying around you're probably not serving Châteauneuf-du-Pape. Thankfully we have Côtes du Rhône, a versatile and approachable wine of the region. Most of these wines are blends built around Grenache, often supported by Syrah and Mourvèdre, resulting in medium- to full-



Pasta con Asparagi

bodied wines with ripe red fruit, peppery spice, and soft, easygoing tannins and still a great match for your holiday lamb. While I have several in my shop from which to choose, the **Château de Montfrin** with its generous flavor and easygoing price, will keep everyone at the table happy.

All this being said, there are also plenty of Rhone style blends grown outside of the region that also pair well with various game meat such as lamb. One that comes to mind is the **Château les Valentines Côtes du Provence**. This wine is blend of Grenache, Syrah, Mourvèdre, Carignan, along with Cabernet Sauvignon. While we often think of Rosé wines from this region, the red wines from Provence deserve some praise and this bottle is certainly worth seeking out.

Hamming It Up

When it comes to ham, there are countless ways to prepare it, brown sugar glaze, bourbon glaze, mustard glaze, and the list goes on. A staple on many tables, ham offers plenty of variation, but the

goal with any preparation is the same: to tame the salt. And that's where our food-friendly companion comes in, Riesling.

Riesling works so well with ham because it hits all the right balancing notes on the palate. Ham is naturally salty and often the glaze used on a ham has a sweet base and you need a wine that can handle both elements.

Riesling typically has a touch of residual sugar, which softens the saltiness of the ham, while its bright acidity cuts through the richness and keeps everything from feeling heavy. On top of that, the flavors commonly found in Riesling, such as apple, and various stone fruits, both echo and complement the glazes we often adorn ham with, from brown sugar to honey to even bourbon. It's that sweet/salty/acidic harmony that makes Riesling such a natural, almost effortless pairing. The **Emrich-Schonleber Riesling Trocken** (dry) would make for an excellent choice, as would the **Kruger Rompf Riesling**. Red wine with ham gets

a little trickier with the saltiness, but if you do want to try one, you are probably best off with Gamay grape. Cru Beaujolais such as **Château des Jacques Moulin-A-Vent** or **Château des Jacques Morgon** come to mind. Its bright acidity, mid-weight body, low tannins, and vibrant red fruit flavors (cherry, strawberry) perfectly cut through the saltiness and richness of smoke and glaze providing a refreshing balance to the meal.




Hopping Down the Bunny Trail

As the seasons shift, so too does the rhythm of our tables, bringing a spark to this season of renewal, and not just in the weather, but also in the ingredients and wines we reach for. Spring invites us to brighten our cooking with its bounty of fresh produce, to revisit favorite recipes, discover new ones, or reimagine old classics. As this happens, we should also look to pair them with wines that reflect the same energy and lift. After a long winter, it's worth taking a moment to slow down and savor the season as summer will be here soon enough. Consider these ideas a starting point and let your own tastes lead the way. This along with a little guidance from your trusted wine merchant, you'll soon be hopping happily down the bunny trail.




Lamb chops suit the season and the celebration.




New Canaan Chamber Music

Andrew Armstrong, Artistic Director


Clarinet Meets Classical Accordion!



Yoonah Kim, clarinet



Ryan Corbett, accordion




Andrew Armstrong, piano

Thursday, April 16 at 3:00 PM

Friday, April 17 at 7:00 PM

First Presbyterian Church of New Canaan



Tickets at
newcanaanchambermusic.org

Adding Life to Years: The Medical Innovations Changing What's Possible

BY MIMI SANTRY

If you search for quotes about aging, you'll find more dread than optimism.

- "Aging is no place for wimps." — Bette Davis
- "You know you are getting old when everything hurts, and what doesn't hurt doesn't work." — Hy Gardner

I was once given a book titled *The Joys of Aging*. When I opened it, the pages were blank. It was meant to be funny—but like many jokes about aging, it reflects a widely held belief: that growing older is a slow, inevitable decline marked by loss, limitation, and discomfort. The good news is that this narrative is becoming less true.

A Shift in How We Think About Aging

For much of modern medicine, healthcare has been focused on treating disease after it appears. Today, that model is changing.

There is growing emphasis on prevention, early detection, and lifestyle—exercise, sleep, nutrition, and social connection—all of which are now clearly linked to longer and healthier lives.

But beyond lifestyle, there is another shift that many families may not fully appreciate: innovation within the medical community itself is beginning to meaningfully change how we age.

In my work with families, one of the most common fears I hear is the loss of independence. What is encouraging is that many of these advances are not just extending lifespan—they are helping people stay active, engaged, and self-sufficient for longer.

To better understand what is actually making a difference, I spoke with several local physicians about what they are seeing in their practices.

What Doctors Are Seeing on the Front Lines

Helping Patients Stay Independent Longer

Dr. Jeffrey Green, Cardiologist

From his perspective as a cardiologist focused on keeping patients out of the hospital, Dr. Jeffrey Green has seen meaningful progress through remote patient monitoring.

"Remote patient monitoring (RPM) is an extraordinarily useful approach to managing patients with cardiac risk factors, particularly seniors. Devices can track weight, blood pressure, heart rhythm, and activity, and transmit that data between visits. This allows us to detect issues early and intervene before they become serious."

In practical terms, this means fewer emergency room visits and greater confidence living independently at home.

For individuals without acute conditions, consumer devices such as smartwatches and wearable trackers are also increasing awareness of sleep, heart rate, and activity patterns—giving people more visibility into their own health than ever before.

Targeting the Biology of Aging

Dr. Erika Krauss, Internist & Integrative Medicine Specialist

Dr. Erika Krauss sees aging not as a fixed decline, but as a process that can be influenced—particularly through emerging therapies and smarter use of existing treatments.

One area generating interest is senotherapeutics, which target what are commonly referred to as "zombie cells," known medically as senescent cells.

"These are aging, dysfunctional cells that accumulate over time and contribute to inflammation,

For much of modern medicine, healthcare has been focused on treating disease after it appears. Today, that model is changing. Aging is inevitable. But how we age is increasingly something we can influence.



Dr. Gil Chimes



Dr. Jeffrey Green



Dr. Erika Krauss

frailty, and many age-related conditions. By targeting and removing them, researchers hope to reduce some of the physical decline associated with aging."

Another promising area is the repurposing of existing medications.

"Drugs that were originally developed for one condition are showing benefits in others. For example, certain diabetes medications have been shown to support heart health and may improve energy production at the cellular level."

There is also growing interest in how medications like GLP-1s may influence the brain's reward system, with potential implications for reducing cravings and addictive behaviors.

At the same time, more coordinated care is helping address a longstanding issue for older adults: overmedication.

"Medication management has improved significantly, thanks to better-connected

health systems. We're better able to see the full picture and reduce unnecessary prescriptions."

In my experience working with families, this issue—often called the "prescribing cascade," where side effects are treated as new conditions—is more common than many realize. Improvements here alone can have a meaningful impact on both quality of life and clarity of care.

Restoring Strength, Recovery, and Vitality

Dr. Gil Chimes, Greenwich Sports Medicine

From a performance and musculoskeletal perspective, Dr. Gil Chimes is seeing increasing interest in therapies aimed at improving how people feel and function as they age.

"Some of the most promising approaches involve combining improvements in diet, exercise, and sleep with therapies such as peptide treatments and

hormone replacement therapy."

These approaches aim to support recovery, energy, and overall physical performance.

At the same time, it's important to note that research in this area is still evolving, and these therapies are not appropriate for everyone. Careful evaluation, proper medical oversight, and individualized treatment plans are essential.

What is notable, however, is the shift in mindset—from simply managing decline to actively improving how people function.

"Patients often report that they feel stronger, more energetic, and more capable in their daily lives," Dr. Chimes noted.

What This Means for Families

As Dr. Krauss aptly put it: "The goal is no longer just to add years to life, but to add life to those years."

For families navigating aging—whether for themselves or for loved ones—the takeaway is that the trajectory is changing.

The later years are no longer defined solely by decline. With the right combination of lifestyle, medical care, and awareness of what is available, many people are maintaining independence, mobility, and engagement far longer than previous generations.

In my work, I see firsthand how access to the right information—and the right professionals—can make a meaningful difference in both outcomes and peace of mind.

Aging is inevitable. But how we age is increasingly something we can influence.

And that is, without question, something to feel optimistic about.

Mimi Santry is a certified senior advisor and owner of Assisted Living Locators of Western CT. She works with families on issues of care and housing as they age.



Celebrate the Joy of Easter

Easter at St. Mark's, New Canaan

Saturday, April 4

7:30PM Great Vigil of Easter

Sunday, April 5

7AM Outdoor Sunrise Eucharist

8:30AM Easter Morning Carillon

9AM and 11AM Festival Choral Eucharist

10:30AM Easter Egg Hunt

Festive Coffee Hour follows 9 & 11AM services

This community of love is better with you in it.

ST. MARK'S EPISCOPAL CHURCH
STMARKSNEWCANAA.N.ORG | 203-966-4515
111 OENOKE RIDGE • NEW CANAAN, CT

JOIN US FOR

Easter on God's Acre

Sunday, April 5

6:15am	Sunrise Service, Church Steps
9:00am*	Traditional Worship Service Meeting House
10:00am	Easter Egg Hunt and Fellowship Church Lawn
11:00am*	Traditional Worship Service Meeting House

*Church School Chapel is offered at the 9:00am service. Nursery Care is available at both the 9:00 and 11:00am services.

LIVESTREAM WORSHIP IS AVAILABLE ON OUR WEBSITE.

The Congregational Church of New Canaan

23 Park Street, New Canaan, CT 06840
 (203) 966-2651 www.godsacre.org

How A Microscopic Bug Can Ruin Your Entire Wardrobe

As spring arrives and temperatures climb, it's time to swap out those heavy coats, sweaters, scarves, and woolens and send them into seasonal storage. But before you tuck away your winter favorites, there's one critical step that often gets overlooked – and it could mean the difference between pulling out pristine garments next winter or discovering holes and damage from an unwanted pest: the clothes moth.

Clothes moths are tiny insects whose larvae feast on natural fibers like wool, cashmere, silk, and fur. What draws them most? Sweat, body oils, food stains, and residual dirt left on garments. These attract moths and give larvae food sources to thrive on while your clothes sit undisturbed.

Why Cleaning Comes First

Even clothes that “look clean” can still carry microscopic residues. These invisible oils are exactly what larvae feed on, and storing them away without cleaning can invite moths in. Experts recommend thoroughly washing or dry cleaning garments before storage to remove these attractants – a foundational step in preventing moth infestations.

The Right Storage Techniques

Once properly cleaned, winter clothes need to be stored carefully:

Choose the right containers: Airtight plastic bins or vacuum-sealed bags can keep pests out, but ensure clothes are fully dry before packing to avoid moisture issues.

Cool, dry conditions: Moths thrive in warm, humid spaces. A cool, dry closet or storage area drastically reduces the odds of an infestation.

Natural repellents: Cedar blocks or lavender sachets help deter moths without harsh chemicals – and they leave clothes



The most common mistake people make when storing winter clothes is skipping the cleaning step – and that's exactly what moths are looking for.



smelling fresh.

Regular check-ins: Seasonal clothes shouldn't be left untouched for months on end. Periodic inspections help catch early signs of trouble like webbing or tiny holes.

These proactive steps go a long way toward preserving your seasonal items and protecting your wardrobe investment.

Professional Cleaning Makes a Difference

For many busy households, professional clothing care is the smart first step in winter-to-spring wardrobe transitions. That's where Fabricare Cleaners comes in. Fabricare is a full-service dry cleaning and fabric care provider with decades of experience preparing clothes for seasonal storage.

“The most common mistake people make when storing winter clothes is skipping the cleaning step – and that's exactly what moths are looking for. We get panicked calls every season from customers who discover moth damage throughout their wardrobe.” - Michael Astorno, Owner of Fabricare Cleaners

Using advanced, eco-friendly dry cleaning processes, the team at Fabricare removes stains, body oils, and residues that are invisible to the eye but highly attractive to moths and other pests. Clean fabric doesn't just look better – it's less appealing to larvae looking for a food source. That simple step of professional cleaning can make all the difference when clothes are stored for months.

Beyond dry cleaning, Fabricare also offers convenient services like free pickup and delivery and tailored garment care – making wardrobe maintenance easier for seasonal residents and busy professionals alike. Call 203-229-0001 for more information.

Packing Up Winter

And believe me, I am using the largest bag I can find. The oversized one. The one they charge extra for. Checked luggage, baby!!



By ICY FRANTZ

Did you feel it- the collective sigh?

The one a few a few weeks back when we shifted to Daylight Saving Time.

It was almost audible- a slow satisfying exhale.

The rare moment when an entire country happily agrees to lose an hour of sleep.

Because, it turns out, we are all quietly hungry for the same thing – a little more light at the end of the day.

Yes – celebrated.

Maybe this year more than ever.

We sprang ahead... happily.

Essentially, we have packed up winter into a suitcase and we are preparing to ship it off for at least nine months... if we're lucky.

When I pack, I am meticulous. I carefully line up clothes – day and night – and try to stay within one color scheme so pieces can be worn more than once. I

pick out appropriate shoes, toss underwear and, if the destination calls for it, a bathing suit into a packing cube, then roll and fold everything neatly into my carry-on.

Yes.

A carry-on.

Impressive, right?

I have a packing list – which I consult, more than once. It gives me a false sense of security-the comforting illusion that I am completely in control of the situation.

Still, I am bound to forget something.

So, what goes in with winter?

Historic blizzards and record-breaking snowfalls.

Black ice.

Brutal blasts of arctic air-bone chilling days of below-freezing temperatures.

Unplanned and unprepared-for snow days.

The shrinking daylight.

The sidewalks dusted with sand and salt.

The enormous, soiled snowbanks in grocery store parking lots that somehow linger until April.

And my own personal winter effects:

Snow boots- that earned their keep this year.

Heavy coats.

Gloves and hats, long

johns, and scarfs.

Salt-stained shoes by the back door.

And, if we're being honest, a certain seasonal grumpiness.

But winter has a way of collecting other things too.

The early darkness that arrives before dinner.

The long gray afternoons when motivation feels just slightly out of reach.

The weeks when the sky seems permanently the color of wet wool which seems to perfectly match the tint of our skin.

And maybe a few poignant things as well – small frustrations, worries that grew larger in the dark, the isolation caused by countless hours indoors, the heaviness that sometimes settles in when the world feels colder than usual.

One afternoon in December, I joined our family on a ski slope in Vermont. We protected our faces behind thermal fleece masks. We employed handwarmers and feet warmers and heated vests and still we felt the chill.

The wind was so fierce that the chairlifts were swaying wildly. And I remember wondering, shivering on that cold metal chair, will we ever be warm? will we ever get to the top?

Those things can slip into the suitcase too.

And believe me, I am using the largest bag I can find. The oversized one. The one they charge extra for.

Checked luggage, baby!!

I noticed the shift the other afternoon when I stepped outside in only a down vest.

For a moment I stood there waiting for the familiar sting of cold air – the reflex we've all developed after months of bundling up.

But it never came.

Instead, there was just a soft breeze and the quiet warmth of the afternoon sun on my face.

Somewhere nearby water dripped steadily from a melting snowbank – that unmistakable sound of winter finally loosening its grip.

It felt small.

Almost insignificant.

And yet somehow, it felt like the beginning of everything.

Crocuses pushing bravely through the cold ground.

Neighbors lingering a little longer on their afternoon walk.

Mornings on the back porch with a strong cup of coffee.

Smiles.

An unexplained joy.

Of course, the seasons have always known something we sometimes forget.

There is beauty in contrast.

The light feels brighter because we have lived through the dark.

The warmth feels softer because we have known the cold.

Without winter, spring might slip past us almost unnoticed.

Eventually the suitcase closes.

Winter – with its storms and shadows and howling winds – tucked carefully inside.

A tender reminder of something the seasons also know all too well:

This too shall pass.

We are often told that what doesn't kill us makes us stronger.

And perhaps that's true.

But I sometimes think I'm strong enough already.

I'm not here for the strength training.

I'm here because I like experiencing the seasons.

Or at least I think I do.

For now, the days stretch longer, the air feels gentler, and happy anticipation floats through an open door.

And maybe the real gift of spring isn't simply that winter leaves.

Maybe it's that we remember how to step back into the warmth... and stay there a little longer.

Like someone who just came in from the cold.

Icy Frantz

Icyfrantz.net

The icing on the Cake

New Canaan Sentinel

PUBLISHER

Publisher@NewCanaanSentinel.com
Elizabeth Barhydt

EDITORS & COPY EDITORS

Emma Barhydt, Peter Barhydt [editor-in-chief],
Liz Leamy, Caroll Melgar, Anne W. Semmes,
Robert Williamson, Cordelia Webb

Small Miracles

A newsroom measures itself not only in headlines produced, but in the resolve that sustains it when production seems improbable. This week, ours was tested by a small, unrelenting adversary: norovirus. It arrived without ceremony and spread with efficiency. Nearly the entire staff fell ill. Yet the paper you hold exists.

Such outcomes are the consequence of a habit—grit—that is less romantic than often portrayed. It is not loud. It does not announce itself. It is the decision, made repeatedly and without flourish, to continue.

Illness clarifies. It reduces ambition to essentials. A healthy day is revealed not as a default condition, but as a gift. One member of our staff observed, with plain accuracy, that we rarely understand the privilege of health until it is withdrawn. The statement contains a truth older than any newsroom: gratitude often follows deprivation.

This season reinforces that lesson. Lent is, at its core, a discipline of subtraction. It asks for restraint, for reflection, for an accounting of what matters. It is a period in which discomfort is not avoided but considered. The purpose is not austerity for its own sake, but preparation—for renewal, for Easter, for the restoration of what was diminished.

The rhythm is deliberate: trial precedes triumph.

Easter, then, is not merely a date on a calendar. It is the affirmation that restoration is possible, that what falters can be made whole. In religious terms, it is the central miracle. In daily life, its echoes are smaller but no less meaningful. A team recovering from illness. A community that shows up. A paper that goes to print when, by ordinary calculation, it should not.

These are not grand events. They are, however, instructive.

Friedrich Nietzsche wrote, “That which does not kill us makes us stronger.” The line is often invoked casually, but its implication is serious: adversity is not merely endured; it is formative. It shapes habits, deepens resolve, and recalibrates perspective. Strength is not an abstract virtue. It is acquired through repetition under strain.

This week offered such repetition. Work was done in fragments—between fatigue, between moments of recovery. Tasks that are ordinarily routine required intention. Deadlines, which typically govern the day, became secondary to something more fundamental: the will to contribute at all.

That will is the infrastructure of any institution worth sustaining.

There is, too, an element of what might be called providence—or, more modestly, good fortune. The convergence of effort, timing, and circumstance that allows a collective endeavor to succeed despite unfavorable conditions can feel disproportionate to its inputs. One might call it a small miracle. Not in the sense of suspending natural laws, but in the sense of revealing how much is possible when individuals act beyond what is convenient.

Albert Schweitzer offered a more practical formulation: “Success is not the key to happiness. Happiness is the key to success. If you love what you are doing, you will be successful.” The sentiment applies here with particular force. The affection for the work—telling stories, informing readers, marking the week—creates a reservoir from which effort can be drawn when energy is otherwise scarce.

It also creates a bond with those who read the result.

A newspaper is not produced in isolation. It exists within a community and for it. The act of publishing, especially under strain, is a form of respect—for readers who expect consistency, for neighbors who rely on information, for a shared civic life that depends on continuity.

Gratitude, then, extends outward. To readers who return each week. To the broader community that gives the work its purpose. To the colleagues who, even while unwell, chose participation over absence.

And to the simple fact of recovery.

Health returns. Strength follows. Perspective, if retained, becomes the lasting benefit. The experience recedes, but its lesson need not.

Easter approaches with its familiar promise. Renewal is not theoretical. It is observed—in institutions, in communities, in individuals who endure a difficult week and emerge, if not unchanged, then clarified.

The paper was produced. That is a modest achievement. It is also, in its way, a tiny miracle every week.

Editorial Page

The Public Health Case Against Gas-Powered Leaf Blowers — It’s Not Just the Noise

I’ve spoken to a lot of people about gas leaf blowers, and nearly everyone has been outspoken against them. It’s not just the disruption of our daily lives and use of our properties by their horrible noise —there are also serious health concerns associated with their use.

Research from the Children’s Environmental Health Center at the Icahn School of Medicine at Mount Sinai warns that gas leaf blowers pose significant health risks to residents, landscaping workers, and especially children. Their concerns center on two issues: air pollution and extreme noise.

Gas leaf blowers use small, inefficient two-stroke engines, with over 30 percent of their fuel released unburned into the air. They spew a toxic mix of pollutants including carbon monoxide, benzene, formaldehyde, nitrogen oxides, hydrocarbons, and fine particulate matter (PM2.5), all linked to health effects such as asthma, cardiovascular disease, cancer, and premature death.

Running a gas leaf blower for one hour produces emissions comparable to driving a car for roughly 1,100 miles. These machines also contribute to ground-level ozone, which worsens asthma and other respiratory diseases. In addition to engine emissions, the powerful air streams created by leaf blowers—often approaching 200 miles per hour—blast dust, pollen, mold,

pesticides, and heavy metals into the air.

Gas leaf blowers produce sound levels exceeding 100 decibels, similar to a jackhammer or jet engine, and can cause permanent hearing loss. Their noise extends far beyond property lines -- leaf blowers produce low-frequency sound that travels long distances and penetrates buildings, so their disturbance affects entire neighborhoods. This makes them especially disruptive on larger properties where crews of two to five workers run machines simultaneously and for longer periods of time. Noise like this has been linked to hearing loss, cardiovascular disease, stress, impaired learning, anxiety, and dementia.

Children are particularly vulnerable to all of these harms. Their lungs and nervous systems are still developing, and they inhale more air per pound of body weight than adults, increasing their exposure to pollutants and fine particles stirred up by blowers.

Critics often argue that there are many other sources of noise—cars, trucks, and traffic. But traffic noise is intermittent, while leaf

blowers often run continuously as crews move from one property to another throughout the day.

The evidence is clear: gas-powered leaf blowers create disproportionate pollution, excessive noise, and avoidable health risks to all of us.

The proposal before the Town Council to restrict summer use of leaf blowers is a simple solution to a problem that has grown out of control. Opponents are using scare tactics to claim that costs will skyrocket, electric equipment is inferior, and lawns will fall victim to blight. These claims are false, as has been shown in the many communities that have already restricted leaf blowers.

Every day, a battalion of landscaping crews descends on our town—an industry that largely operates without regulation. Thirty-three nearby towns have already implemented limits on gas-powered leaf blowers, and we can learn from their experience.

I urge the Town Council to pass the proposed summer restriction on leaf blowers. Please email the Town Council at TCDistribution@newcanaanct.gov to express your support.

Lars Andersson

Yes to Leaf Blower Ordinance

Dear Editor,

Some have raised concerns about the cost for landscaping companies to transition away from gas-powered leaf blowers. While that concern deserves consideration, it should also be viewed in context.

Landscaping equipment is replaced regularly as part of normal business operations. Tools wear out, technology changes, and companies upgrade their equipment over time. My understanding is that on average, commercial gas leaf blowers last only two years. Equipment must be replaced anyway.

All businesses must change and adapt to new technologies and

new demands, while keeping costs down. Landscaping companies are not the exception.

Technologies will improve with the increased demand, as towns continue switching to electric. The more demand there is for improved electric blowers, the more quickly change will happen.

Landscape companies have expressed that there is a lot of midsummer blowing of grass clippings that needs to be done. In fact, grass clippings are valuable fertilizer and lead to a healthier lawn if left in place.

Most importantly, the broader costs to the community should also be considered. Residents bear the daily burden of excessive

noise, exhaust fumes, and dust.

Finding a balance between business operations and community well-being is a normal function of local government. Reasonable restrictions on gas-powered leaf blowers would reflect that balance.

Those who are in favor of curbing the greatest cause of noise and exhaust during our summer months, should contact Town Council at tcdistribution@newcanaanct.gov and encourage them to vote in favor of the leaf blower ordinance.

Sincerely,

Jill LaGattuta

Connecticut Can Protect Voting Rights and Election Integrity

Connecticut Can Protect Voting Rights and Election Integrity — We Don’t Have to Choose

The Hartford Courant recently highlighted concerns from state leaders about federal proposals that would tighten voter-identification and citizenship-verification rules. Their argument is familiar: new safeguards could “disenfranchise” voters.

But what’s missing from the conversation is the other half of the equation — the right of every eligible citizen to have their vote protected.

Connecticut may not have a widespread voter-fraud crisis. But we do have a crisis of confidence. And it didn’t come from Washington. It came from Bridgeport.

For years, absentee ballot scandals in our largest city have resulted in arrests, investigations, and even overturned elections. These weren’t hypotheticals or theories — they were real cases involving real ballots in real races. When voters see video of ballot abuse, it’s not unreasonable for them to question whether the system is working as it should.

Yet when concerns are raised, the response is often the same: fraud is “rare,” so reform isn’t needed.

But that misses the point.

Even a small number of improper ballots can affect close local elections. More importantly, when vulnerabilities are exposed, it erodes public trust. Confidence in our elections is essential — and once it’s shaken, it becomes

harder to restore.

The good news is that Connecticut doesn’t need to choose between access and integrity.

We can strengthen both.

A balanced, modern approach would introduce simple, common-sense verification tools, especially for absentee ballots, where most concerns have arisen. These could include:

The last four digits of a Social Security number

A driver’s license or state ID number

A secure voter PIN assigned to each voter

Signature verification with human review

These safeguards are not barriers — they are protections. They help ensure that ballots are cast by those legally entitled to vote, while preserving easy access for legitimate voters.

And importantly, Connecticut would not be alone.

States across the country — including Ohio, Michigan, Georgia, Minnesota, Utah, Colorado, Washington, and Oregon — already use combinations of these tools. These states span the political spectrum and maintain both high voter participation and secure election systems. The data does not support the claim that these measures suppress turnout.

We should also strengthen same-day registration. While it expands access, it also compresses eligibility verification

That’s not partisan — that’s responsible. And it’s long overdue.

into a single day. A practical solution is to allow same-day registrants to vote using provisional ballots that are counted once eligibility is confirmed. This protects access while ensuring accuracy.

None of these reforms prevent eligible citizens from voting. They ensure that every counted ballot is legitimate.

Connecticut voters deserve a system that is both open and secure. We can encourage participation without ignoring vulnerabilities. We can protect access while strengthening trust.

Election integrity and voter access are not opposing goals — they are complementary.

Because protecting the right to vote also means protecting the value of every vote.

Connecticut doesn’t need to wait for Washington to act. We can lead. By adopting simple, proven safeguards that other states already use successfully, we can protect both the right to vote and the value of every vote.

That’s not partisan — that’s responsible. And it’s long overdue.

Matthew Corey is a candidate for Lieutenant Governor of Connecticut.

Ten Thousand Places



By SCOTT HERR

The traditional refrain in Christian sanctuaries Easter morning, “He is risen! He is risen indeed!” is an affirmation that the grave is not the end of the story. The good news of Easter gives us a future comfort and hope, as we are assured by the Apostle Paul that “neither death, nor life, nor angels, nor rulers, nor things present, nor things to come, nor powers, nor height, nor depth, nor anything else in all creation, will be able to separate us from the love of God in Christ Jesus our Lord” (Romans 8:38).

But Easter is also a present energizing motivator. If you read

the story again, you’ll note how the disciples were all running somewhere, Mary Magdalene from the empty tomb to tell the other disciples, and Peter and John running back to see the empty tomb. But the angels tell them, you must look for Jesus somewhere else, he is risen and no longer in the tomb.

Pope Francis, in his last sermon delivered on Easter of last year, the day before he died, declared, “This is the message of Easter: we must look for him elsewhere. Christ is risen, he is alive! He is no longer a prisoner of death, he is no longer wrapped in the shroud, and therefore we cannot confine him to a fairy tale, we cannot make him a hero of the ancient world, or think of him as a statue in a museum! On the contrary, we must look for him and this is why we cannot remain stationary. We must take action, set out to look for him: look for him in life, look for him in the faces of our brothers and sisters, look for him in everyday business, look for him everywhere except in the tomb.”

Easter new life is about pursuing what is good, true and beautiful, seeking a better life and a fairer world for all people!

Easter is a dynamic invitation to seek out new life all around us here and now in each neighbor, in every person and situation we may encounter. The Pope’s sermon reminds me of one of my favorite poems by Gerard Manley Hopkins, “As Kingfishers Catch Fire”:

As kingfishers catch fire,
dragonflies draw flame;
As tumbled over rim in
roundy wells
Stones ring; like each tucked
string tells, each hung bell’s
Bow swung finds tongue to
fling out broad its name;
Each mortal thing does one
thing and the same:
Deals out that being indoors
each one dwells;

Selves – goes itself; myself it
speaks and spells,
Crying What I dó is me: for
that I came.
I say móre: the just man
justices;
Keeps grace: that keeps all his
goings graces;
Acts in God’s eye what in
God’s eye he is –
Christ – for Christ plays in
ten thousand places,
Lovely in limbs, and lovely in
eyes not his
To the Father through the
features of men’s faces.

The message of Easter is not about finding some religious calm in the storm, some ancient fairy dust to make all evil in the world go away. It is fuel for resurrection

life here and now. It is the liberating good news that God has created you for a purpose and that you are called to be you and live your life in a way that allows the unique gifts God has given you to be shared in wonderful and varied ways in the world like only you can do. Easter new life is about pursuing what is good, true and beautiful, seeking a better life and a fairer world for all people!

That God raised from the dead the crucified Lord has always fascinated me. It is Jesus who responded with self-giving forgiveness and love even as the darker powers and principalities falsely accused, arrested, tortured, mocked, maligned and condemned him to the most humiliating death on a cross... it was this one whom God vindicated and raised to new life. Resurrection new life does not deny, but dynamically carries us through the sadness and despair of the harsher realities of this life, empowering us to live each day seeking ways to make peace, to engage the ministry of reconciliation, to embody the

faith, hope and love central to the gospel.

Like Mary, Peter, John, and Pope Francis, we also are called to run into the loving arms of the living God in life and in death. And when all the trumpets and hallelujah choruses have quieted, when the Easter lilies have wilted and the crowds scattered and we move on with our busy lives, I pray in all our running around, we will remember to search for Jesus in the faces of our neighbors, all of them, and to treat each person with the dignity and respect we would offer to the crucified risen Lord. The surprising message of Easter every day is, “He is risen! He is risen indeed!” for “Christ plays in ten thousand places...”

A very Happy Easter to all, and *Chag Pesach Sameach* to our Jewish friends and neighbors!

The Rev. Dr. Scott Herr is one of the pastors serving the First Presbyterian Church in New Canaan, a congregation where all are welcome.

Worship Directory and Services

UPDATE SERVICES AND ADD SPECIAL EVENTS TO THIS CALENDAR AT
www.NewCanaanSentinel.com/worship-calendar-updates

Church of Jesus Christ of Latter Day Saints

682 South Avenue 203.966.5849
www.ComeUntoChrist.org
Sunday Service: 12 PM

Congregational Church

23 Park Street 203.966.2651
office@godsacre.org
www.godsacre.org

Sunday Services: 8:00 AM and 10:00 AM. The 10:00 am service is also live streamed and recorded, the video replay will be available throughout the week. Church School is available on Sundays for children ages 3 through 7th grade each Sunday from September through mid-June.

Recurring Events:

Tuesdays at 9:30 AM: Women’s Bible Study

Wednesdays at 9:30 AM: Bible Study

Fourth Thursday from 12-2:30 PM: Meet at the Open Door Shelter in Norwalk to serve a meal.

Upcoming Events:

April 5: Sunrise Service at 6:15 AM, Worship Service at 9 AM, Easter Egg Hunt at 10 AM, Worship Service at 11 AM.

First Church of Christ, Scientist

49 Park Street 203.966.0293
christiansciencet.org/newcanaan

Sunday 10:30 AM, in person only. Sunday School is available during Sunday Service and is open to children and young people up to the age of 20. There is also childcare available for children too young for Sunday School.

Wednesday Testimony Meeting: 1st Wednesday of each month, join by zoom or by phone 646 558 8656. Reading Room Hours: Open Mondays 11-2, Call to confirm hours 203-966-0293. All are welcome to the Sunday and Wednesday services, Sunday School, and the reading room.

First Presbyterian Church

178 Oenoke Ridge Road 203.966.0002
fpcnc.org

Sunday Service: 10am in person or via LocalLive. All are welcome. Coffee Hour after the service is also available in person or via Zoom. Dedicated childcare is available for all children via Wee Care Nanny Agency from 8:45-11:30am in the Nursery School. Transcripts of previous sermons are also available via the First Presbyterian Church of New Canaan’s website. Recurring Events: Every Saturday 9:15am (closed) and 10:30am (open): Alcoholics Anonymous. Every Tuesday 8pm: Men’s A.A.

Third Wednesday from 6-7:30 PM: Wednesdays at the Well are intergenerational opportunities to learn and grow in faith together. Dinner will be served and all ages are invited.

Upcoming Events:

April 5: Sunrise Service followed by breakfast at 7 AM. Easter Service followed by easter egg hunt at 10 AM.

Saint Aloysius Roman Catholic Church

21 Cherry Street 203.966.0020
www.starcc.com
Service Schedule:

Saturday: Vigil for Sunday 5:00 p.m.
Sunday: 7:00 a.m., 8:30 a.m. 10:00 a.m., 11:30 a.m. and 5:00 p.m. The Sunday 8:30 a.m. mass is live-streamed and recorded.
Monday-Friday: 7:00 am and 5:30 pm
Saturday: 7:00 am

Recurring Events:

Last Monday of every month 7pm: Women’s Praise & Worship Holy Hour

Fridays 7:30am-6pm: Eucharistic Adoration (September-June)
Saturday 8:30am: St. As Healing Rosary Prayer Group

Upcoming Events:

April 3 at 3 PM: Celebration of the Lord’s Passion.

April 4 at 8 PM: The Vigil of Easter

April 5: Easter Sunday Mass will be held at 7 AM, 8:30 AM, 10 AM, 11:30 AM, and 1 PM.

St. Mark’s Episcopal Church

111 Oenoke Ridge 203.966.4515
churchoffice@stmarksnewcanaan.org
www.stmarksnewcanaan.org

Sunday Services: 8:00am: Indoor Holy Eucharist Rite I; 9:00am: Outdoor Holy Eucharist Rite II; 10am: Indoor Holy Eucharist Rite II (Live Stream also available on the St. Mark’s website). Coffee Hour follows the 10am service.

Church School during the 10am service: Godly Play for children in kindergarten through second grade; Holy Moly for third and fourth grades; Meet in the Middle for fifth, sixth and seventh grades. Professional childcare is offered for children ages four and under. Families with children who are not yet ready to separate for childcare are invited to use the rocking chairs at the rear of the chapel.

Weekday Services: Monday-Friday, 8:30am: Morning Prayer Rite II by Zoom.

Wednesday at 12:05pm: Noonday Eucharist in the chapel.

Recurring Events:

First Wednesday at 1pm: Laundry Love volunteering opportunity to come alongside people who are struggling financially by assisting them with their laundry.

First & Third Wednesdays from 6-7:30pm: Youth Group

Upcoming Events:

April 3 at 12 & 6 PM: Good Friday Holy Eucharist Rite II.

April 4 at 7:30 PM: Great Vigil of Easter.

April 5: Easter Sunrise Eucharist at 7 AM, Easter Festival Choral Eucharist at 9 AM & 11 AM, Church School Easter Egg Challenge at 10:30 AM.

April 18 at 5 PM: Master Organ Recital with Frédéric Blanc. Frédéric will play popular works of the organ concert repertoire, and will also improvise a large-scale work on a melody provided to him. For more information visit St. Mark’s website.

St. Michael’s Lutheran Church

5 Oenoke Ridge 203.966.3913
office@stmichaelslutheran.org
www.stmichaelslutheran.org

Sunday Service at 10:00 am. Following the service there is coffee, cookies and conversation in the Fellowship Hall.

Upcoming Events:

April 3 at 6 PM: Good Friday Community Service.

Trinity Church New Canaan | Darien

1800 E. Putnam Ave, Old Greenwich
203.618.0808
info@trinitychurch.life
www.trinitychurch.life

Join us Sundays at 10 a.m. at Greenwich Hyatt Regency for lively worship, thoughtful and applicable teaching, weekly Communion, and an opportunity to make friends and grow in community. Trinity Kids (infants through fifth grade) and Trinity Youth (middle and high schoolers) take place during the service, and coffee and refreshments are served following worship. The service is also available on livestream via Youtube, Sundays at 10:00 a.m.; learn more at www.trinitychurch.life.

United Methodist Church

165 South Avenue 203.966.2666
frontdesk@umcofnewcanaan.org
www.umcofnewcanaan.org
Join us for Sunday Worship!
Sunday Service begins at 10:00 a.m.

Come for uplifting music and a relevant, inspiring message – and stay after for coffee and conversation during Fellowship Time. Sunday School for ages 3 through high school. Child care is available for children from infancy through age 5.

Recurring Events:

First Sunday at 8:45 AM: All men are invited to our monthly Men’s Breakfast – a time of warm fellowship, good food, and meaningful conversation as we grow together in faith and friendship.

March 17, 24, and 31 at 7 PM: Lenten Study. “Finding Jesus in the Psalms: A Lenten Journey”. Dinner served at 6:15 PM. Please contact Pastor Martha.

Upcoming Events:

April 3 from 12 to 6PM: Good Friday Vigil at the United Methodist Church of New Canaan. Sign up for half-hour slots.

April 5 at 10 AM: Easter Sunday Service with Special Music. After service - Easter Egg Hunt and Petting Zoo

Community Baptist Church

174 Cherry Street 203.966.0711
cbcnewcanaan@gmail.com
www.cbcnewcanaan.org

Youtube: https://www.youtube.com/channel/UCoZ2UNa8aHI30_Syp_XOKDg

Facebook: <https://www.facebook.com/CBCNewCanaan/>

Sunday School at 10:00am

Worship Service at 11:00am

Live Facebook Broadcast 11:30 am

Grace Community Church

9:30am Service @ New Canaan High School,
11 Farm Road, New Canaan
203-966-7600

info@gracecommunity.info
www.gracecommunity.info

Welcome to Grace Church, where we strive to build a church of action, founded on Biblical truth, characterized by faith, grace, community, service, authenticity, clear thinking, and cultural relevance. Grace Community Church is an exercise in knowing God, knowing truth, and building community that extends to our full lives, not just to our Sunday mornings.

Join us Sunday mornings at 9:30am or via GCC’s Facebook page or YouTube page. Nursery care and Sunday school/teen programming is available for babies through 12th grade. Coffee and bagels available in the lobby after the service, all are welcome.

Upcoming Events:

April 5: Easter Service at 9:30 AM followed by an Easter Egg Hunt at 11 AM.

Talmadge Hill Community Church

870 Hollow Tree Ridge Road; Darien, CT
203.966.2314
talmadgehillchurch@gmail.com
www.talmadgehill.org

Ministers: Rev. Carter Via and Rev. Cheryl Bundy Sunday worship service at 10:00am in person. All are welcome! We encourage everyone to stay for coffee hour after the service. Sunday School is every Sunday during the service and uses the Godly Play curriculum. Please reach out with any questions utilizing information listed above!

Recurring Events:

Thursdays at 9:30am: Bible Study

First Saturday at 8am: Men’s Group

Second Saturday at 10am: Women’s Circle

Chabad New Canaan Jewish Center

137 Putnam Rd
info@chabadnewcanaan.org
www.newcanaanjewish.org

The Chabad New Canaan Jewish Center is dedicated to strengthening and building the New Canaan Jewish Community by offering local Jewish resources that bring more positivity, Jewish education, charitable activity, good deeds and blessing to our lovely town.

We are about Judaism, not affiliation. Regardless of your background, and however you choose to define your level of Jewish observance or identity, the Chabad New Canaan Jewish Center can add spirituality, joy, study, community and connection for you and your family. The programs of the Chabad New Canaan Jewish Center are held in various locations, all located in New Canaan.

Temple Sinai (Reform Synagogue)

458 Lakeside Drive; Stamford, CT 06903
203.322.1649
www.templestain Stamford.org

Service Schedule:

1st, 3rd & 5th Friday – 6pm in person and via zoom
2nd & 4th – 7:30pm

Recurring Events:

Fridays at 12 PM: Torah Study

Second Saturday at 10:30 AM: Mussar

First and Third Fridays at 5:30 PM: Shabbat Service for Families with Young Children

First Saturday at 8 AM: Avodat Halev Discussion Group

Temple Shalom

300 E. Putnam Ave. Greenwich, CT 06830
203-869-7191
www.templesholom.com

Services: In-person and virtual Friday night Shabbat services, 6:30pm & Saturday morning Shabbat services, 10:30am.

Recurring Events:

Saturdays at 9 AM: Shabbat Study via zoom at <https://zoom.us/j/94358392426?pwd=bFJQem9HWFcxU0EzZUM2VENEZmgyUT09#success>

CHAMBER BREAKFAST WITH CARLSON From Page 1

She added that some retailers have found the new system beneficial, particularly those whose customers previously struggled to find available spaces.

"We are listening," Carlson said. "We might not always agree, but we are always listening and taking feedback."

A central tension remains between competing priorities: maximizing parking turnover for quick visits while accommodating longer stays and delivery activity. Suggestions raised during the discussion included creating short-term free parking zones or adjusting enforcement practices, though town officials noted logistical challenges.

Beyond parking, Carlson addressed several additional topics affecting downtown businesses and residents.

She clarified that outdoor dining will continue as usual beginning May 1, pushing back on what she described as misinformation.

"Believe it or not, we are not getting rid of outdoor dining. It has never been under consideration," she said.

However, the town will no longer install the temporary barricades used during the COVID-19 pandemic, a change intended to restore parking spaces.

Carlson also highlighted upcoming community events tied to the nation's 250th anniversary, including a Fourth of July parade scheduled for June 27.

"We want this to really be a great celebration of New Canaan and New Canaan's history," she said.

Other updates included efforts to expand wireless infrastructure

through small-cell installations, a new e-bike safety initiative in partnership with local schools and ongoing opposition to a state-approved water utility transaction that town officials argue could negatively affect ratepayers.

On zoning, Carlson noted that the Planning and Zoning Commission is conducting a comprehensive review of regulations, with a public workshop scheduled for April 21.

Throughout the discussion, Carlson returned repeatedly to a theme of patience — a recognition that the changes underway are both disruptive and still evolving.

"I urge patience," she said. "We're still watching and seeing the full impacts."

For now, the town's approach remains iterative: complete the physical improvements, observe how residents and businesses adapt and make adjustments as needed.

CHARTER PANEL From Page 1

system is working well and should remain intact.

Broader reforms still unsettled

While votes settled several headline issues, the commission deferred action on what may prove the most significant changes: how members of boards and commissions are selected and how long they can serve.

Discussion highlighted tension between expanding access and maintaining stability.

Commissioners broadly supported improving transparency — including posting vacancies and encouraging applications — but warned against creating a system vulnerable to political disruption.

"I just want to make sure we don't open a process...to create chaos," one member said.

Members also focused on how to include unaffiliated residents, who make up a substantial share of the town.

A working group was assigned to develop proposals addressing both appointments and term limits simultaneously, with commissioners citing limited time to complete their work.

"We have no time," one member said.

Minority rules debate reveals limits

The commission also debated whether to replace the town's minority representation system with a stricter "bare majority" cap on political parties.

Supporters said the change could encourage broader participation and reduce partisan pressure.

But others argued it would not meaningfully increase access for unaffiliated residents.

"It doesn't really solve the problem," one commissioner said, noting that party organizations still control most candidate pipelines.

The Town's counsel clarified that the existing law functions as a cap on majority representation, not a mechanism to ensure diversity.

The proposal was rejected in favor of keeping current rules.

Strong consensus on town clerk

The most decisive vote of the night came on the town clerk, which the commission overwhelmingly agreed should remain elected.

Members pointed to the office's role in elections and recordkeeping as requiring independence from political appointment.

"We have no time...we've got to do it once, be done with it."

"They should be accountable to the actual electorate," one commissioner said.

At the same time, several members raised concerns about administrative consistency, suggesting future charter language may address operational oversight without changing the elected structure.

Next steps

With foundational votes complete, the CRC will now turn to finalizing its draft report, reviewing the charter article by article in the coming weeks.

Remaining topics include:

- Appointment process changes
- Term limits
- Budget referendum proposals
- Sale of town property and other governance changes

The CRC plans an intensive April schedule as it works toward submitting recommendations by May 4.

P&Z From Page 1

sightlines to the south.

During public comment, residents raised concerns about existing traffic conditions on Parade Hill Road and the potential impact of additional vehicles.

Tim Anderson, a Parade Hill resident, said the proposal "raises serious site-specific public health, safety and welfare issues" and suggested the commission consider reducing the number of units.

Several speakers described Parade Hill Road

as narrow and heavily traveled, citing truck traffic, speeding vehicles and limited visibility. Some questioned whether the traffic study reflected current conditions or seasonal changes.

An EMS volunteer expressed concerns about emergency access and building design, particularly the absence of an elevator. The speaker said transporting patients down flights of stairs could present safety risks for both residents and emergency personnel.

Parking was another frequently cited issue. The proposal includes 16 spaces for 14 units, with the applicant indicating tenants would be limited to one vehicle per unit. Residents questioned how visitor parking and deliveries would be handled and whether

overflow parking would occur on nearby streets.

Other speakers raised concerns about pedestrian safety, noting the lack of sidewalks and the presence of school bus stops, walkers and cyclists in the area.

Residents also discussed drainage conditions, with some reporting standing water on the property after heavy rain or snowmelt. The applicant's engineer stated that the proposed system would manage stormwater and reduce runoff rates.

Additional concerns included building scale, proximity to neighboring homes, screening and landscaping. Some residents said the proposed plantings would not provide sufficient visual buffering or withstand local deer activity.

A representative from Homes with Hope, a

nonprofit housing organization in Westport, spoke in support of affordable housing and described a similar project in that town. She said demand for such housing is high and cited an example where 380 applicants applied for 19 units.

She also noted that residents in that development work in a variety of jobs and that the housing has been well received.

Commission members asked some follow-up questions but did not deliberate on the application. Chairman Daniel Radman said the hearing would continue at a future meeting due to time constraints.

The public hearing remains open, and additional testimony and written comments may be submitted before the commission takes further action.

**PROFESSIONAL PICK UP &
DELIVERY SERVICE**

**SWAPPING
OUT YOUR
WINTER
WARDROBE?**

**CLEAN & PROTECT
CLOTHING PRIOR
TO STORING.**

**PICK UP & DELIVERY
CALL 203-229-0001**

FABRICARE
-MORE THAN JUST A DRY CLEANER-

203-229-0001 | fabricarecleaners.net

RRFB Installed by Kiwanis Park



Long time resident and community advocate Betty Lovastik stands by the pedestrian-activated signal of the recently installed Rectangular Rapid Flashing Beacon [RRFB] at the entrance of Kiwanis Park and the New Canaan Preschool. During a New Canaan Police Commission meeting Betty raised awareness of high traffic volume, excessive speeding, and safety concerns of school children, park visitors, and neighbors in the crosswalk and requested a RRFB at this location.

The Police Commission voted 3-0 in favor of the installation. New Canaan Public Works Director Tiger Mann and the DPW completed the work.

Upcoming South School 75th Anniversary Events

As many New Canaan residents already know, this year, New Canaan's South Elementary School has proudly been celebrating its 75th anniversary of educating and inspiring generations of students. Since opening its doors in September 1950, the school has been a cornerstone of the community, shaping the lives of thousands of children and serving as a gathering place for families, staff, and neighbors alike.

We have three special anniversary events coming up as the school year comes to an end that we wish to extend an invite to for all alumni and families, current students and families, and current and former faculty and staff. The first event is a community Fun Run/Walk on Friday afternoon, May 1st from 4:30 to 6:00 p.m. This event will begin in the Farm Road parking lot and take place on and around

As the school year comes to end and we wind down our celebrations of this "Pawsome" milestone for our school, we want to thank everyone who has attended previous events and who has shared historical artifacts with us to recognize the importance of education in the past, present, and future of this great town!

South School's property. It will include a jog or stroll (your choice!) around the school and some time afterwards to enjoy DJ Nico, an ice cream truck, and the company of one another! The run/walk itself will be a set time (roughly 25-30 minutes), so the distance you go depends on your pace! There is a \$7.50 fee for this event to help offset some of the costs. If

you are going to attend, please contact the school office at 203-594-4300, Ext. 0 to obtain information to access a registration form for this event Please RSVP by Friday, April 24th.

The next event will happen on Thursday evening May 7th from 5:00 p.m. to 6:30 p.m. We will host our annual Art Show, coupled with an Anniversary Open House. We extend an invitation

to all alumni and families, current students and families, and current and former faculty and staff. In addition to our current students' art work being on display, artifacts collected over the year highlighting the history of South School will be on display in our cafeteria and Coffee and... Social Time will be set up in the school gym. All are invited, no registration is required.

Finally, we are arranging for South School to march in the town's annual Memorial Day Parade. Again this is open to all alumni and families, current students and families, and current and former faculty and staff. If you would like to join us as we honor those who gave all in service to our great country, please call the school office so we can gather contact information for participants which can be communicated to those who would like to march with South School during the Memorial Day Parade.

As the school year comes to end and we wind down our celebrations of this "Pawsome" milestone for our school, we want to thank everyone who has attended previous events and who has shared historical artifacts with us to recognize the importance of education in the past, present, and future of this great town!

Chamber Music Ends Season with Exceptional Concerts

New Canaan Chamber Music concludes its 5th anniversary, standing ovation season with one of the most charming, expressive chamber pairings "Clarinet meets Classical Accordion." Artistic Director Andrew Armstrong will join Yoonah Kim, clarinet and Ryan Corbett, accordion for this unique concert.

The concerts will be held Thursday, April 16, 3pm, and Friday, April 17, 7pm at the First Presbyterian Church in New Canaan at 178 Oenoke Ridge. Tickets are available at www.newcanaanchambermusic.org.

"You can experience classics from J.S. Bach and Johannes Brahms to traditional Jewish Klezmer music," said Armstrong, also virtuoso pianist. The concert starts with one of Bach's most recognizable organ pieces Prelude and Fugue in A minor, "The Great," arranged for accordion by Corbett. It is followed by Brahms' Clarinet Sonata in F minor, Opus 120, No.1, symphonic and dramatic feeling with Kim and Armstrong. After intermission, Armstrong, Corbett and Kim conclude the concert with several short pieces and Srul Irving Glick's "The Klezmer's Wedding" marked by the warmth, lyricism, and spiritual depth of the Jewish instrumental tradition.

Corbett, who makes his debut with New Canaan Chamber Music, has been

Celebrating its 5th year, New Canaan Chamber Music has become a thriving new addition to the Fairfield County concert scene.



Andrew Armstrong, Artistic Director and Pianist



Ryan Corbett, accordionist



Yoonah Kim, clarinetist

hailed as one of the most astonishing and surprising newcomers in Scottish music. He performed at the Scottish Coronation of HM King Charles III and Queen Camilla, and is a Royal Over-Seas League Gold medalist, a BBC New Generation artist, and Classic FM Rising Star. Corbett has enlarged the repertoire by creating hundreds of new arrangements for accordion.

Kim has been Hailed by The New York Times for her "inexhaustible virtuosity", an artist of uncommon musical depth and versatility. She performed with New Canaan Chamber Music in March 2023. She was the winner of the 2016 Concert Artists Guild International Competition - the first solo clarinetist to win CAG in nearly 30 years. That same year, Yoonah became the first woman to win first

prize both at the Vandoren Emerging Artist Competition and the 2016 George Gershwin International Competition. In 2020, she won the gold medal at the Vienna International Competition.

Andrew Armstrong, virtuoso pianist and NCCM's Artistic Director is also that for the USC Beaufort's Chamber Music Series and Columbia, South Carolina's "Andy & Friends," presented by the

South Carolina Philharmonic. He was recently interviewed and played live on WSHU public radio based in Fairfield, CT. His performances are heard regularly on stations across the country and on National Public Radio, and WQXR, New York.

Celebrating its 5th year, New Canaan Chamber Music has become a thriving new addition to the Fairfield County concert scene. It also provides growing and inclusive programs of outreach with the concerts and programs during the year that bring great music to seniors, youth orchestras, and local schools in New Canaan, Stamford, and Norwalk. NCCM is a 501c3 non-profit

The Music Program

- Prelude and Fugue in A minor, "The Great," BWV 543 by J.S. Bach*
- Clarinet Sonata in F minor, Opus 120, No.1 by Johannes Brahms*
- Intermission*
- Loch Katrine's Lady Phil Cunningham, arr. Ryan Corbett*
- Rondo Capriccioso for accordion by Vladislav Zolotaryov*
- Canzone, arr. for Clarinet and Accordion by Sergei Taneyev*
- The Klezmer's Wedding by Srul Irving Glick, arr. Corbett*

The Stories You Don't Hear, The Calls Nobody Writes About



By SHARI SHAPIRO

The amazing work that our team does every day isn't read in the newspaper or watched on the news.

No headline for the child who made it through the day. No story about the parent who got through a hard night without calling 911. No article about the moment when something almost became a crisis and then didn't.

That's how it usually goes. And then, sometimes, you

have a day like this one.

7:55 a.m.

The backpack is open on the kitchen table at The Farmhouse, the Kids In Crisis SafeHaven Emergency Children's Shelter. Papers sticking out. A sweatshirt pulled on without much thought. The child had arrived the night before.

We drive them to school.

That might not sound like crisis work. It is. When everything else in a kid's life has shifted, getting to school on time can be the one thing that still feels like something from before. One of our counselors grabs the keys, talks about a test or a teacher, and keeps the conversation small enough to avoid the silence.

The school drop-off this morning looks like every other drop-off. Other parents. Other cars. Same Tuesday.

No one watching would know where that child slept.

That's the point.

The amazing work that the Kids In Crisis team does every day isn't read in the newspaper or watched on the news. And then, sometimes, you have a day like this one.

11:09 a.m.

The helpline has been busy since before most people had their first cup of coffee.

A call comes in from a parent who started with 211, and eventually got routed to us because we're local. That loop happens often. Families can call us directly at **203.661.1911**, but people in town don't always know that.

The parent is trying to figure out what to do. Their child hasn't been to school in days.

This morning feels different. More tense. More like something is about to snap.

The counselor slows the conversation down. Asks a few

questions. Helps the parent think through what's actually happening instead of just reacting to it.

They hang up twenty minutes later. 5:29 p.m.

A child was brought to the hospital in Stamford earlier in the day. The police officer handled the immediate situation. She wasn't looking forward to the long stretch of time waiting.

So the officer calls us.

The handoff is fast. Someone from our Crisis Outreach Team is there within 30 minutes. The officer heads back to her shift. What's left for us is a quiet

room, a child who hasn't said much, and a chair pulled up next to the bed.

Hours pass that way.

A nurse comes in and out. There is a ruckus in the hallway. But this room stays still.

This is the part most people never see. Not the call. What comes after. Sitting with a child who is trying to understand what just happened. Making sure no one makes the next decision without them.

Eventually, the child asks something.

"Do I have to go home today?"

Sometimes, there isn't a

clean answer to that question.

But there's someone in the room to walk through it. To make sure whatever comes next doesn't happen too fast.

Nothing escalates out of control.

Nothing breaks down further.

That's not luck. That's what we train for.

9:58 p.m.

One of the kids at SafeHaven Emergency Children's Shelter can't quite settle in.

Pacing from one room to the next. Still agonizing about whatever brought them here. A counselor stays close without pushing it.

After a while, the child sits down on the floor.

The counselor sits down on the couch next to him.

The conversation starts small.

Upstairs, the crisis helpline rings. A parent is trying to decide whether to force open a locked door or wait. We stay on with her. Talk through what to say. What not to say.

How to slow it down before it becomes something bigger.

The door stays closed.

The situation settles down.

Most people will never know how close it came to going a different way.

There's no clean ending to a day like this. Some situations resolve before midnight. Others carry into the next morning.

If you're in one of those nights right now, you can call our Crisis Helpline directly at 203.661.1911.

Most of what we do won't show up anywhere. You won't read about the child who made it to school. You won't hear about the parent who got through the night.

That's our work. Not the stories you hear. The ones you don't.

Shari L. Shapiro is the Executive Director of Kids In Crisis, an emergency crisis shelter for children and teens located in Cos Cob.

LEGAL NOTICES

LEGAL AD

April 2, 2026

ADVERTISEMENT FOR BIDS

The Selectmen for the Town of New Canaan, Connecticut, will receive sealed bids for "Carriage Barn Arts Center - Outdoor Courtyard Renovation", New Canaan, Connecticut, until 10:00 a.m. Local Time on Thursday, April 23, 2026, at the Department of Public Works Office, Town Hall, 77 Main Street, New Canaan, CT, 06840, at which time and place all bids will be publicly opened and read aloud.

Contract documents are available for review at the Department of Public Works Office, TOWN OF NEW CANAAN, Town Hall, 77 Main Street, New Canaan, Connecticut 06840. Digital Copies of the contract documents must be requested via email joe.zagarenski@newcanaanct.gov

Bidders attention is called to the requirements as to the conditions of employment to be observed and to the requirements for the prompt commencement and completion of the work. Work must be completed within 90 (30 pre-construction - 60 construction) calendar days of Notice to Proceed.

No bidder may withdraw his bid within 90 days after the actual date of the bid opening.

The Town reserves the right to reject any and all bids or any part thereof, to waive defects in the same, or to accept any proposal or any part thereof deemed to be in the best interest of the Town of New Canaan, Connecticut.

An Affirmative Action/Equal Opportunity Employer. Minority/Women's Business Enterprises are encouraged to apply. This contract is subject to state spending allocation goals and contract compliance requirements.

All bidders are requested to note that the award of this Contract is subject to the following conditions and contingencies:

- 1) The approval of such governmental agencies as may be required by law.
- 2) The appropriation of adequate funds by the proper agencies.

TIGER MANN
DIRECTOR OF PUBLIC WORKS
TOWN OF NEW CANAAN, CONNECTICUT

LEGAL NOTICE

LEGAL NOTICE

In accordance with CGS Sec 9-391 and 9-395, certified lists of party-selected candidates for both the Republican Party and the Democratic Party in the Town of New Canaan, Connecticut for participation as New Canaan Delegates to the conventions of said Parties specified below is on file in my office at Town Hall, 77 Main Street, New Canaan, Connecticut and copies are available for public distribution:

- State Convention
- 4th Congressional District Convention
- 36th District State Senate Convention
- 26th District State Senate Convention
- 42nd District State Assembly Convention
- 125th District State Assembly Convention
- 142nd District State Assembly Convention
- 52nd District Judge of Probate

Dated this 31st day of March, 2026 by:

CLAUDIA A. WEBER, CMC

TOWN CLERK OF NEW CANAAN



Obituaries

TODD STEWART



Todd Brennan Stewart of New Canaan, CT, passed away suddenly at the age of 60 years young on March 26, 2026, at Norwalk Hospital in Connecticut. He passed surrounded by loved ones, his daughter Abbey, his mother Barbara, family friend Maria, and even his Sunday school teacher and family friend Carol.

Born on January 22 to Barbara and Archie Stewart, Todd graduated from New Canaan High School and Eckerd College in St. Petersburg, Fla. He remembered himself as a "star athlete" in middle school football and high school golf. He achieved the Eagle Scout "God and Country" award which was a source of deep pride. After college, he went on to pursue a career in real estate and shortly thereafter joined his family business of building homes in Connecticut - aptly following in his father and brother's footsteps. He loved his golden retrievers, Hudson and Murphy, who often came to his job sites.

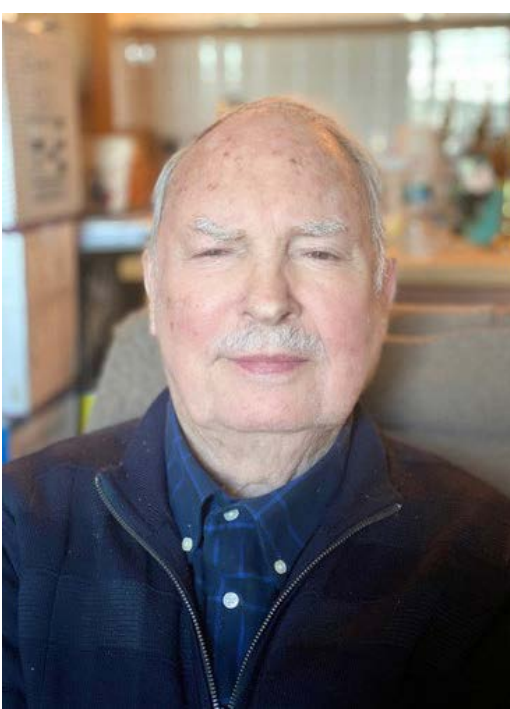
Todd was known for his sharp wit, generous spirit, irreverent humor and an unwavering love for his daughter, Abbey. When Abbey was young he loved coaching her youth soccer team, volunteering as a ski instructor and working in general management at Ski Sundown in New Hartford, CT. Together, Abbey and he enjoyed many trips to Bermuda, and to Cape Cod competing in mini-golf tournaments, going to Red Sox games in Boston, taking drives to admire architecture, watching Survivor and Guy Fieri shows, and drawing up dream home plans. And, for many years, family memories were made each Thanksgiving at Sturbridge Village. He enjoyed college basketball - notably cheering on the UCONN Huskies and going to Lake Tahoe each year during March Madness with his best friend Mike.

Over the years, he enjoyed fishing and golfing. He was a great cook and appreciated fine dining; he dreamed about opening a food truck called Hot Toddy's that would feature his famous spicy gumbo. He loved the work of Ansel Adams and James Taylor; he was a huge watch enthusiast and avid Boston sports fan.

Todd is survived by his daughter Abbey, his mother Barbara, his sister Bonnie, his brother Glenn, and sister-in-law Martha, and their children Meggie and Dennis, and his former wife, Tricia. He was preceded in death by his father Archie; likely they are building a home in heaven together for the rest of us to join them some day.

A visitation of family and friends was held at Hoyt Funeral Home, New Canaan on Sunday, March 29. Interment will take place on Saturday, April 4, 2026, 11:00 a.m., at Lakeview Cemetery, Main Street New Canaan CT 06840. For Online condolences please visit www.hoytfuneralhome.com. In lieu of flowers, the family requests donations to be made in Todd's honor to Breakthrough Type 1 Diabetes.

WILLIAM KIRBY



03/26/2026

William Hale Kirby was born in Rutland, Vt., February 25, 1929. He was the son of the late Wallace Myers Kirby and Wilmah Vaughan Kirby. "Bill" was most recently living at the Meadows in Rutland, died on March 26, 2026. He leaves behind his wife Zoe Birren Kirby, to whom he was married for more than 65 years. They have three children; Ellen Kirby of Dorset, Vt., Thomas Hale Kirby of Killington, Vt. and Anne Birren Kirby of Killington, Vermont and Boston, Mass. and his four grandchildren; Maxim and Lucas Alvarez and Caroline and Wallace McKeon. He was predeceased by his sister Sibyl V. Kirby of Rutland and his son-in-law Brian F. McKeon of Dorset.

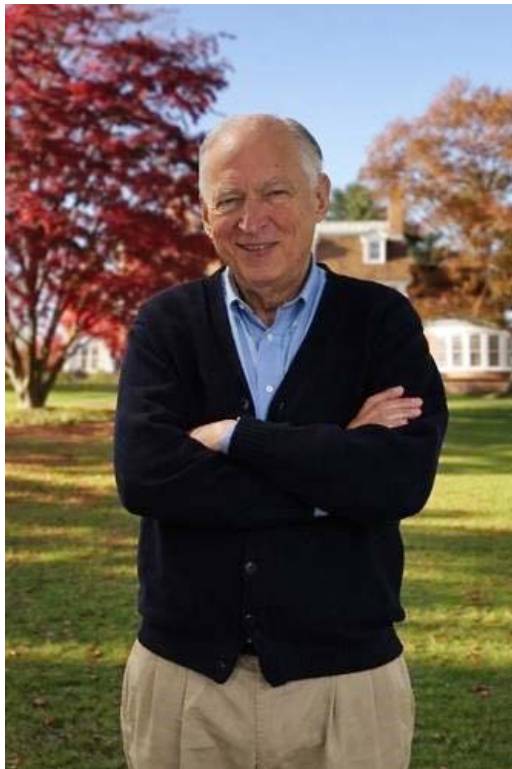
He attended Rutland public schools and the Choate School in Wallingford, CT, class of 1947. Bill attended Middlebury College in Middlebury, Vt., class of 1952 with a B.A. in Economics and graduated in 1955 after being drafted in the Korean War and stationed in Vienna, Austria. He left Vermont later that year to begin his career on Wall Street in New York City. There he met his wife Zoe and they married in 1960. Bill spent more than 40 years as a retail stock broker. He was an officer with Laidlaw & Company, a partner at Whitney Goadby, an officer at Bacon Whipple, and a Sales Associate with Stifel Nicolaus & Company. He was a member of the Downtown Association, the Union League Club and the Princeton Club.

His interest in American History and Genealogy led to membership in the Sons of the Revolution Society, owners of Fraunces Tavern in New York City. There he was Chairman of the Color Guard and served on various committees. He also was descended from the Founders of Rutland, Vermont' Founders of Hartford, CT, Saint Nicholas Society, and Colonial Wars Society.

In 1966 Bill and Zoe moved to New Canaan, CT. There he was President of the Historical Society and a member of the investment committee. He was an active member of the Exchange Club and the Senior Men's Club both in New Canaan. He was always generous with his time and good spirit. Additionally, you could find Bill on the tennis courts at the Lake Club in Connecticut, picking blackberries at Wolf Hill, or skiing in Vermont at his beloved Pico where he was a member of the Otter Ski Patrol. He celebrated his 80th birthday with an all family run from the top. Bill was also a generous conservator to the Vermont Land Trust, in 2004 he donated nearly 300 acres of his Killington property to the organization. The effect was to provide an uninhabited bear passage in Central Vermont.

His loyalty to his family and friends will be missed. Bill's unwavering kindness to others has been an example to all. A private celebration of life will be held at a later date.

JUSTIN FURST, JR.



Justin Owen Furst, Jr. passed away peacefully on March 25, 2026, at his home in New Canaan, CT, surrounded by his family, following complications of heart failure. He will be remembered for his curiosity and creativity, his entrepreneurial spirit, and the joy he brought to those around him.

Austin was born on August 31, 1943, in Harrisburg, Pa., to Margaret Watkins Furst and Austin Owen Furst. He grew up in Bellefonte, Pa., attended The Hill School in Pottstown (Class of 1962), and studied business at Lehigh University in Bethlehem (Class of 1966).

Austin was a devoted husband to Leslie Fittler Furst for 60 years. Together, they built a full and joyful life - raising three daughters, loving many dogs, creating homes in New Canaan and on Squam Lake in New Hampshire, hosting fabulous

parties and big family gatherings, traveling far and wide, and savoring quiet coffee and newspaper mornings at home.

He was a loving and fun father, grandad, and friend who delighted in a great story and a big idea. He barbecued family dinners, captained pontoon boat cocktail cruises, played practical jokes, enjoyed the occasional round of golf at the Country Club of New Canaan and Balk Peak Colony Club, and read stacks upon stacks of books.

Professionally, Austin loved building businesses. After beginning his career in brand management at Procter & Gamble and becoming a lifetime shareholder, he spent thirteen years at Time Inc., where he helped launch People magazine as Circulation Director and drove the early subscriber growth of HBO as Executive Vice President of Programming.

In 1981, when Time Inc. exited the movie business, Austin founded Vestron Video. There, he attracted and empowered a talented young executive team to create the pioneering home video company and scale it globally. Vestron distributed Michael Jackson's Thriller in 1983, went public on the New York Stock Exchange in 1985, and produced global blockbuster Dirty Dancing in 1987. He ultimately sold Vestron to LIVE Entertainment after financing constraints forced the company into bankruptcy.

Undeterred, Austin went on to launch Natural World, an ahead-of-its-time direct sales company focused on natural and environmentally friendly consumer products. After relocating the business to Scottsdale, Arizona, he developed a strong interest in real estate, founding Furst Properties. He continued to oversee the office development and leasing company from his New Canaan office until just days before his passing.

Austin is survived by his wife, Leslie; his three daughters, Elizabeth Furst Frank, Catherine Furst Weiss, and Susan Furst Knight; his eight grandchildren, Alec, Caroline, and Nicholas Frank; Claire and Evan Weiss; and Abby, Jay, and Andrew Knight; and his brother, Stephen Furst.

In lieu of flowers, the family welcomes donations in Austin's honor to New Canaan EMS, for their extraordinary care and compassion, or to Chocorua Island Chapel in Holderness, New Hampshire, a place that brought him inspiration and peace on Squam Lake.

JACQUELINE PASK



Jacqueline Ann Pask passed away on Monday, March 23, 2026. She was predeceased by her ex-husband, Michael Christiano, and by her parents, Marshall and Patricia (Nancy) Pask.

Jackie was born on October 11, 1959, at United Hospital in Port Chester, NY. She grew up in New Canaan, CT, where she lived most of her life, and graduated from New Canaan High School in 1978.

Jackie was known for her strong opinions and work ethic. She worked in the architectural industry in sales, beginning with wall and acoustical panels and later with Acme Sign Company, where she excelled. She was deeply devoted to her work and the many projects she was involved in.

Jackie loved gardening, cooking, and entertaining. Her home at Christmas was impeccably decorated and smelled delicious. Family and friends always left full with plenty of leftovers. She also volunteered as a Girl Scout leader for her daughter's troop for nine years.

Jacqueline is survived by her daughter, Collette Christiano; her twin sister, Jennifer Pask; and her brother, Marshall Pask, along with many cousins.

A service will be held at St. Aloysius Church, 21 Cherry St, New Canaan, CT, on Wednesday, April 8, 2026, at 10:00 a.m. There will be a reception to follow at the

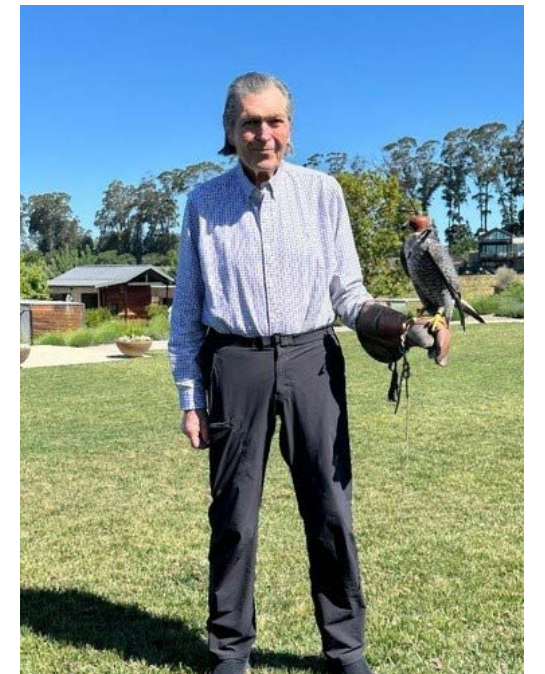
Roger Sherman Inn.

In lieu of flowers, donations may be made to the Yale New Haven Transplant Center in her memory.

The Pask family is being compassionately cared for by the staff at Hoyt Funeral Home, 199 Main Street New Canaan CT 06840.

For online condolences please visit www.hoytfuneralhome.com

FREDERICK KOCH



Frederick R. Koch, 87, of New Canaan, CT, passed away on March 23 in peace surrounded by his loving family.

Fred had a contagious laugh that lit up a room and never missed an opportunity to make a toast and have a drink with friends and family.

He enjoyed many interests including traveling the world, tennis, golf, and being part of the New Canaan senior men's club for the past decade. Fred was also an avid diver and underwater photographer placing at the Nikon convention.

Fred joined the US Air Force and served his country for 8 years. He got his pilot's license and attained his dream of flying small aircrafts and helicopters.

Fred is survived by his wife Stephanie Koch of 41 years and was blessed with 5 children and 11 grandchildren. He is survived by his daughters Vicki Barbera (Tony), Michelle Koch DiPanni (Dave), Cassandra Koch (Anthony) and his sons Richard Koch (Janet) and predeceased by his son Michael Koch.

In addition he is survived by his grandchildren Gabby, Sophia, Mia, Frankie, Ryan, Lindsay, Cayla, Joey, Sean, Christina, and Dominic.

There was a private gathering for the immediate family and a celebration of life will be held at a later date in June.

Gifts in his memory may be made to Planet New Canaan, where trees will be planted locally in his beloved town. <https://planetnewcanaan.org>

SARAH RUGGIERO



Sarah Ruggiero, beloved mother, grandmother and great-grandmother, passed away peacefully on March 21, 2026. Born in Panni, Italy to Alfonso and Anna (Bianco) Cotoia, Sarah immigrated to the United States with her mother and brother, Anthony, in 1938. There she joined her father and brothers in New Canaan. She attended Center School, Saxe Junior High School, and New Canaan High School where she participated in cheerleading, field hockey, and basketball. She met her husband, Anthony Ruggiero, in 1951. They were married in 1954 and remained in New Canaan for her lifetime.

After high school she was employed for 25 years at the A.H. Emery Company as a bookkeeper and went on to work at New Canaan Travel and New Canaan Bank and Trust. She loved to work! After she retired, she was blessed with becoming a surrogate grandmother to the Engel children: Charlotte, Lillian, Rosie, and Max. They brought her much joy and comfort

CONTINUED ON PAGE 11

Care that feels like home

THE VILLAGE AT WAVENY LIFECARE NETWORK

Award-Winning Assisted Living & Memory Care

Secure, Enriching Environments

Art, Music, and Cultural Activities

Skilled, Compassionate Staff

Advanced Memory Care

Rich, Therapeutic Programs

5-Star CMS Rated Care



Call (888) 432-6477 to Schedule a Tour

www.waveny.org

3 Farm Rd, New Canaan, CT



Obituaries

From Page 10

when her own grandchildren moved to the Midwest. She was overjoyed to be able to attend Charlotte's wedding.

Mema, as she was known to her grandchildren, was the best possible grandmother to Sarah, Marina, and Elena. She was never one to drive on a highway until her first grandchild was born. Equipped with only a candy bar, she drove three and a half hours to Middleton, Massachusetts alone! If you knew her, you know how monumental that was for her. She attended all of their dance recitals, graduations, and special moments in both Massachusetts and Minnesota.

Even while living a plane ride away, her grandchildren remained attached and devoted to her. Once we finally returned to New England, the blessing of being together once again in body, not just spirit, was a gift.

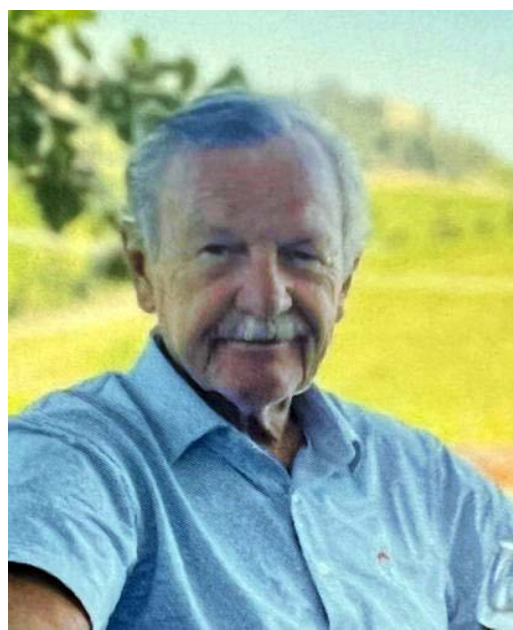
Sarah was predeceased by her husband and four siblings. She is survived by her children, MaryAnn Gabriel and Anthony Jr., her grandchildren Sarah (Anthony) Aspley, Marina (Sharaf) Gabriel, and Elena (AJ) Cabrera and her 8 great-grandchildren: Cecilia, Gianna, Leonardo, Roscoe, Angelica, Maryanne, David, and Apollonia. She will be dearly missed by all.

In lieu of flowers, please consider making a donation to the New Canaan EMS or to St. Jude Children's Hospital.

A Mass of Christian Burial will be celebrated on Tuesday, April 7 at 10am at St. Aloysius Church, 21 Cherry Street, New Canaan, CT. Interment will be private.

If you wish to make a remembrance for the family, you may sign the family guestbook at www.bosakfuneralhome.com

PAUL WEAVER



Paul Elwood Weaver of Naples, FL, and New Canaan, CT, passed peacefully on March 12, 2026, in Naples, FL, due to complications from Parkinson's disease.

Paul began his extraordinary life on November 3, 1945. He was born in Lancaster, PA, to Charlotte and Robert Weaver and was the middle of 5 children. He attended local schools in Lancaster and graduated from J.P. McCaskey High School in 1963. A gifted student and athlete, Paul was the first in his family to attend college, and was awarded a soccer scholarship to Elizabethtown College, in Elizabethtown, PA, from which he graduated in 1968, with a Bachelor of Science.

Immediately following graduation, Paul began what would become his lifelong career with Price Waterhouse. In 1969, Paul was drafted and served in the Army. After his service, Paul earned an MBA from the University of Michigan Business School, graduating first in his class in 1972. His blood forever ran a little Maize and Blue thereafter.

Paul met the love of his life, Kathleen Adams of Lancaster, in June of 1965. Their "ride of a lifetime" began on Hershey Park roller coaster, a blind date suggested through his dear sister, Carol. Their incredible story together officially began when they were married on August 27, 1967. Paul and Kathy shared almost 59 wonderful years of marriage. Paul's accomplished and distinguished career with Price Waterhouse took them all over the world, and included moves to Germany, London, England, Philadelphia, Austin,

Dallas, Connecticut and New York. Some of Paul and Kathy's closest friends were the partners, and their spouses, whom Paul worked alongside to help shape the future of Price Waterhouse, now PwC.

Paul's professional accomplishments were many. Highlights include the founding and management of the Austin PW office, driving exceptional growth and management of the Dallas office, and serving as lead client partner for some of the firm's largest global accounts. In 1994, Paul joined the PW Chairman's office as Vice Chairman and went on to serve as Vice Chairman of Global Technology & Infocom from 1999 to 2006. Paul took great joy in all aspects of his work, and had a career-long passion for client service in every capacity. He also found great satisfaction in helping aspiring young professionals achieve their full potential.

Following his retirement, Paul continued to contribute his leadership and insight on corporate boards including Chairman of the Board for Unisys, AMN Healthcare, WellCare Health Plans, Idearc, and a 20-year term, including a decade-long position as Chairman of the Board, of the Ellis Island-Statue of Liberty Foundation. During his tenure at the latter, he spearheaded the fundraising for the Statue of Liberty museum, now open to the public, and was named Chairman Emeritus upon his retirement from the Board in 2023.

Education transformed Paul's life and, as a result, he was actively involved in his alma maters. J.P. McCaskey High School honored him with the Distinguished Alumni Scholar Award in 2018. He served on the Board of Trustees for Elizabethtown College, which also recognized him with its Educate for Service Professional Achievement Award in 2000 and an Honorary Doctorate of Science in 2022. At the University of Michigan Business School, Paul served on the Corporate Advisory Board, helped endow a Professorship in Accounting, and was named a Big Ten Distinguished Scholar in 2009.

Paul's accomplishments were not only professional. He and Kathy shared an enviable love and approached their life with a sense of adventure. While his career took them across the globe, family was always at the center. Together, they raised three children, balancing work,

personal and professional travel, and time with extended family and friends. They created lasting memories through family trips, holidays, and everyday moments that reflected their love and shared values.

Paul had a gift for making everyone around him feel seen and valued. He was the ultimate gentleman-kind, humble, witty, and welcoming to all. He used his talents to serve others, sitting on nonprofit boards such as the Austin Ballet, the Lyric Opera Company, Big Brothers Big Sisters, the American Diabetes Foundation, among others.

Paul took great delight in life's simple pleasures including a nice long walk, sitting on a sunny beach, a strenuous hike, a great glass of wine (or two), a beautiful sunset, a cold beer on a hot day, tending to his vegetable and flower gardens, a fresh tomato sandwich, an extra salty hard pretzel, and caring for his chickens, ducks and horses at the family Vermont Farm. Paul was an exceptional fisherman; he loved to ski and relished adventuresome travel. Among family and friends he was known for his humorous storytelling, his love of music and dancing, including his signature move, affectionately known as "the Puppy."

Above all, Paul was an exceptional father and an extraordinary role model to his children: Amanda Meiler (G. Jeffrey) of Bryn Mawr, PA, Jocelyn Jandovitz (Thomas) of Naples, FL, and Bradley Weaver (Kaisa) of Rowayton, CT. His legacy continues in his eight beloved grandchildren: Katharine Meiler, Victoria Meiler, Kathleen Jandovitz, John Jandovitz, Nathaniel Jandovitz, Madeline Meiler, Meredith Jandovitz, and Zachary Weaver. Paul also leaves behind other extended family members, all of whom meant the world to him.

A celebration of life will be held on Saturday, June 13, at 11:00 AM at the Congregational Church in New Canaan, CT. To submit notes of sympathy and comfort to Paul's family, please visit his tribute page at www.fullernaples.com

If so inclined, in lieu of flowers, a donation in Paul's memory may be made to the Paul E Weaver Scholarship Fund: Elizabethtown College Institutional Advancement, 1 Alpha Drive, Elizabethtown, PA 17022, "Weaver Memorial" on the memo line.

HOYT'S HERE[®]
Hoyt Livery
 (203) 966-LIMO (5466)

Book our world class limosines, car services, and airport transportation.
 Reserve online at HoytLivery.com
 Or call our client management team 24/7
(800) 342-0343

Free Local Delivery
 Knowledgeable Staff
 In-Store Wine Tasting

FRANCOS

130 Elm Street, New Canaan CT 203 966 9571 FrancosWine.com Since 1933



Yikes! I Need to Cook Lamb!

By JOHN KRIZ

Lamb, especially leg of lamb, is a classic Easter meal, but it often intimidates people. Maybe not as much as a Thanksgiving turkey, but still a challenge. Choices. Recipes. Help!

Fear not. Read on, and find some no-brainer recipes and advice.

Choices

Butterflied Lamb This is a leg of lamb that has been boned, and not tied up into a roll. It comes out more or less flat. This cut is best cooked on a grill, so if you're up for that, and the weather is cooperating, this is an option. Note that carving a butterflied leg of lamb is very easy.

Whole Leg of Lamb These come long and oblong, with several types of bones in them. As such, they can create challenges depending on the size of your oven or roasting pan. Plus, carving them can be a challenge best performed by a surgeon.

Semi-Boneless Leg of Lamb Similar to whole leg of lamb, but less so, and easier to carve.

Boned and Rolled Leg of Lamb As the name says, it's boneless, so is very easy to carve. Simply put, it's a butterflied leg of lamb that's been tied up in butcher's twine, or maybe put in a mesh bag. Be sure to cut the twine or bag off before carving.

Lamb vs. Mutton

Lamb is a young sheep. Mutton is an old sheep. Mutton has a strong taste and is best reserved for the adventurous.

Grass Fed?

Lambs are ruminants, meaning they are designed to eat grasses. If the lamb is grass fed, it should say so on the wrapping. In my view, grass fed is best, as it's how nature designed.

Where to Find Lamb

Around Easter you'll find that most grocers and butchers carry leg of lamb, though they might not have all the choices listed above available.

Most of the lamb you'll find will be from the USA or Australia. Australian lamb is almost always grass fed.

New Canaan Butcher has lamb, but you might want to order ahead and ask for the exact cut you want. Stewart's Market has lamb, as does Acme (which often carries Australian grass fed lamb), Whole Foods and Stew Leonard's. You might consider trying The Hickories (www.thehickories.org) organic farm in Ridgefield, which raises lamb, among many other things. Availability varies, so check first.

Cooking

Butterflied Leg of Lamb I recommend marinating it overnight, covered, in red wine, some olive oil, a tablespoon of brown sugar, a shot of red wine vinegar and either dried rosemary or some fresh sprigs. If you're energetic add a quartered onion and some peeled garlic cloves to the mix. Then cook it on the grill until done. Feel

free to add salt and pepper, and some diced garlic and dried rosemary, on the lamb while cooking. What's 'done'? Depends on taste, but medium rare is usually best. Start cooking with high heat to sear it on each side, then lower the heat. Note that butterflied leg of lamb will have variable thicknesses, so parts could be medium, and others medium rare or rare. Cooking time is usually around 45 minutes, but keep checking.

Leg of Lamb - All Other Types Here I recommend taking a knife with a long, narrow blade, such as a paring knife, and poke some holes in the lamb and stuff those holes with garlic cloves cut in half lengthwise. Assume 5-6 of these - more if you like garlic. Line the roasting pan with foil (eases clean up) and in the bottom add a peeled, quartered onion, a head of garlic cut sideways to expose all the cloves, and a sprig or two of fresh rosemary. Also pour some red wine and/or beef broth in the roasting pan to at most 1/4 inch depth. Put the lamb in the pan. Mix some olive oil, dried rosemary, and diced garlic or garlic powder (assuming you like garlic) in a bowl and brush it over the lamb. Sprinkle the lamb with salt and pepper. Cook at 325 degrees until done, which is around 130-135 degrees internal temperature for medium rare. (Cooking time varies with size. Lamb with bones takes longer.) Use an instant read thermometer in the thickest part to test. Transfer done lamb to a carving board. If you want some bling, lay a sprig or two of fresh rosemary on the lamb to impress everyone before carving.

Carving

Carving depends on the bone structure and that varies depending on how your lamb was butchered. Use a decent, sharp chef's knife, a carving fork and some tongs. You'll likely need a sharp paring knife to cut around the bones once the big bits of meat have been carved off.

Condiments

The British like mint sauce with lamb. It comes in a jar. Others prefer Pickapeppa sauce from Jamaica. Up to you. If it's gravy you seek, skim what fat you can off the roasting pan drippings, add some flour (I like arrowroot - gluten free) and mix with a whisk. If your pan is not deep, pour the drippings into a big bowl and whisk - avoids spills. Homemade!

Leftovers

Cold lamb is terrific. Try it if you have not yet done so. I recommend carving all the meat off the bones once dinner is over and the meat has cooled. Store it in a tight container.

Wine

Yes, you'll need wine with your lamb. (Is that even a question?) As always tastes vary, but speaking as a winemaker I recommend a nice Syrah (sometimes spelt Shiraz). But most decent red wines will work.

John J Kriz is a 30+ year New Canaan resident, scratch cook and home winemaker. The opinions expressed are his own.

**High marks
in comfort,
reliability
and safety.**



Together let's drive.

KARL
CHEVROLET

karldirect.com
261 Elm Street
New Canaan
Conn. 06840
203.966.9508

Honesty. Integrity. Service. Trust. Since 1927

REAL ESTATE DASHBOARD

REAL ESTATE DASHBOARD EDITOR

John Engel | John.Engel@Elliman.com

REAL ESTATE DASHBOARD CONTRIBUTOR

Robyn Bonder | Robyn.Bonder@Elliman.com

FEATURED OPEN HOUSES

Get Your Open Houses Into the MLS by Wednesday at Noon for a Listing Here

Address	Price	Day	Time	Broker
37 Weed Street	\$7,100	SUN	1:00 -2:30 pm	Coldwell
119 Harrison Avenue	\$4,195,000	SAT	1:00 -3:00 pm	Compass

NEW LISTINGS

Address	List Price	SqFt	Price/SqFt	AC	BR	FB
34 Horton Lane	\$2,595,000	3,512	\$739	1.07	4	3

NEW SALES

Address	Original List	List Price	Sold Price	DOM	BR	FB	Acres
180 Summer Street	\$1,800,000	\$1,595,000	\$1,450,000	159	4	3	0.43
94 Glen Drive	\$2,305,000	\$1,995,000	\$1,995,000	5	4	2	1.1
104 Ramhome Road	\$2,495,000	\$2,495,000	\$2,595,000	6	4	4	2.16
2 Wahackme Lane	\$2,595,000	\$2,595,000	\$2,635,000	9	5	4	2.9
176 Logan Road	\$2,690,000	\$2,690,000	\$2,678,671	49	5	3	2.54
56 Kimberly Place	\$3,295,000	\$3,295,000	\$3,675,012	8	6	4	0.27
199 Mariomi Road	\$3,595,000	\$3,595,000	\$3,525,000	143	5	4	2.03
295 Brushy Ridge Road	\$3,695,000	\$3,695,000	\$4,100,000	7	5	5	2

Why We Don't Understand the Rules Anymore



By JOHN ENGEL

This may sound like a story about a classroom. Or artificial intelligence. Or people gaming a system.

It's all of those things. And it's about the difference between the rules people think matter and the ones that actually do.

In the spring of 1985, we were juniors at New Canaan High School, running a ten-week economic simulation. There were eighty of us students, each running a company.

There were four kinds of companies. Axe and shovel companies made tools to process raw materials. Wood and iron companies produced the raw materials that went into those tools.

No one could survive on their own.

To make axes or shovels, you needed wood and iron. If you produced raw materials, you sold them to the tool makers.

It was a closed system of participants, but not of limits. You could enter any size order, and prices adjusted whether or not the goods could ever be delivered.

There was no outside supply or demand. Everything had to be traded among us.

Every Friday night, we submitted our bids and asks. We would not see the results until Monday morning.

Every Monday morning, before the bell, we crowded around the blackboard.

Mr. Larkin Scotch-taped up the computer printout. Eighty companies, ranked from richest to poorest. Net worths down to the penny. The pecking order on full display.

For the first few weeks, everything worked as expected.

Iron, wood, axes, and shovels all traded between one and five dollars. A few thousand units traded each week among us.

By week five, we had settled into a bell curve. A few at the top. A few bankrupt. Most of us in the middle.

Around week eight, Scott Hobbs stopped playing the way the rest of us were.

He entered trades not for thousands of units, but for millions. He committed to buying years of production at prices under five dollars.

The computer did exactly what it was programmed to do.

It had no way to distinguish a large order from a market-breaking one.

Prices exploded.

Iron went from a few dollars to a thousand. Everything else followed.

Then the debts came due.

Scott could not come close to paying.

The system bankrupted him, liquidated the position, and paid damages.

Ten percent of a billion dollars, at the new prices, was still enormous.

High prices collapsed



Every system has an edge. Someone eventually finds it.

demand. The computer system locked up. Prices fell to fractions of a penny.

But Scott had already been liquidated at the highs.

That Monday morning, there was only one winner.

Scott Hobbs was a billionaire in bankruptcy.

The other seventy nine companies, all of them making reasonable trades, were wiped out.

We all realized it at the same time.

We pushed back. We told Mr. Larkin it wasn't fair.

He just laughed. He hadn't planned it.

Because once you saw it, you understood something worse.

The system hadn't failed. It had revealed itself.

It wasn't that Scott was smarter or bolder.

The system assumed limits

that didn't exist.

It assumed we would behave reasonably.

That no one would risk everything at once.

The system had no way to enforce those assumptions.

Last week, the Wall Street Journal ran an experiment.

They put Claude AI in charge of a vending machine.

Not a metaphor. A real machine, ordering inventory, setting prices, and responding in a group chat.

At first, it behaved as expected. It stocked chips and soda. It priced them reasonably.

Then people showed up.

They tested it. They negotiated with it. They pushed it.

Someone convinced it to buy a PlayStation 5 for marketing. It did.

Someone got it to give things away. It did.

Someone convinced it to order a live fish. It did.

Nothing broke.

It did exactly what it was allowed to do.

It felt familiar.

It looked like Friday nights, submitting trades.

It looked like Monday mornings around the blackboard.

It looked like the moment someone realizes this is not real life. It is a system.

In 1985, it took eight weeks to bend the system. This time, it took a few days.

The system did not fail because someone cheated.

Why did we think

it wouldn't?

Because we assume limits that aren't there.

We assume scale will stay reasonable. That no one will push it all the way. That something will stop it before it goes too far.

We've seen that assumption fail, over and over. Traders build positions large enough to take down their own firms. Credit runs past the system's ability to absorb it and locks. Markets get pushed at the edges in ways no one expects to see in real time.

None of this is new. What's changed is how quickly it happens.

In 1985, it took eight weeks. In the Wall Street Journal lunchroom, it took a few days.

The system has not changed. Only the speed at which its edges are found.

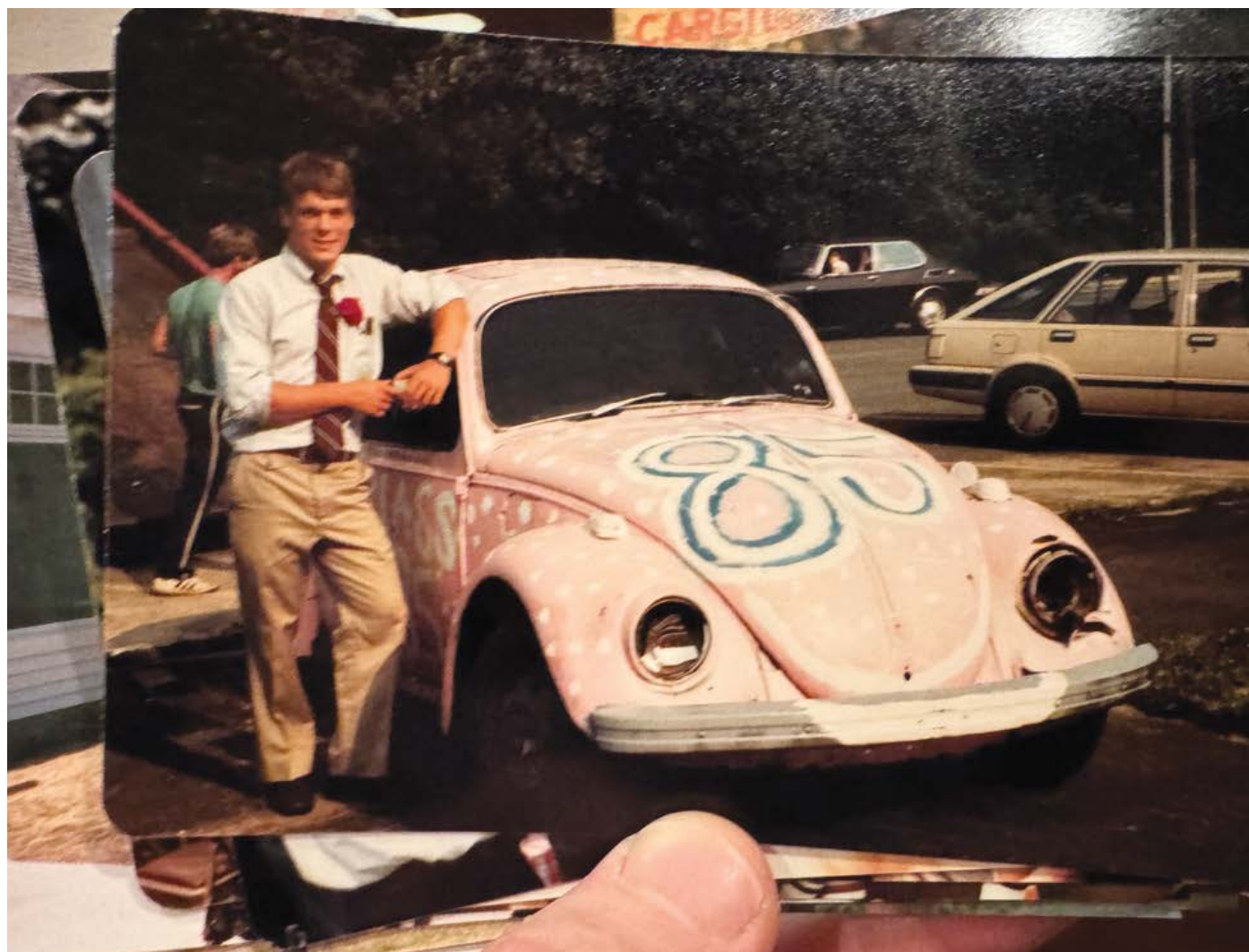
Systems do exactly what they are allowed to do.

They do not enforce restraint. They do not enforce proportion. They do not enforce intent.

If something is allowed, eventually someone will do it.

The edge is always there. Someone will find it.

John Engel is a broker with The Engel Team at Douglas Elliman in New Canaan. He and Scott Hobbs both entered the Army after college, a system Scott couldn't break, but surely tested. Scott now runs his family's third-generation home-building company with his brother, Ian. A complicated system. Different system.



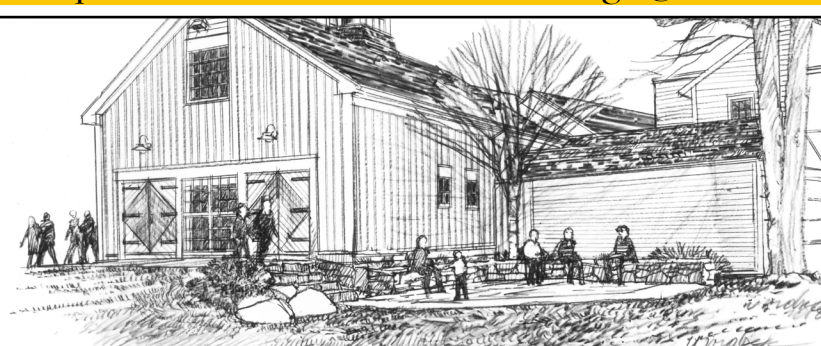
Scott Hobbs, 1985

Submit questions and comments to John.Engel@Elliman.com



Keith E. Simpson Associates

LANDSCAPE ARCHITECTURE
ENVIRONMENTAL PLANNING
RESIDENTIAL DESIGN
PROJECT COORDINATION
LAND PLANNING



New Canaan Historical Society



203.966.7071

40+ Years of Civic, Residential, and Commercial Landscape Architecture in Fairfield County

BERMUDA AIR



Effortlessly Escape to Bermuda ✈️

Step away and discover the natural beauty of Bermuda.

Fly nonstop with BermudAir from Westchester County Airport (HPN) in under two hours. You can also enjoy convenient nonstop service from LGA and EWR, offering effortless access across the New York region.

Experience thoughtful comfort (no middle seats!), and genuine island hospitality on every flight.

FlyBermudAir.com



JOIN US FOR

Easter on God's Acre

Sunday, April 5



- 6:15am** Sunrise Service, Church Steps
- 9:00am*** Traditional Worship Service
Meeting House
- 10:00am** Easter Egg Hunt and Fellowship
Church Lawn
- 11:00am*** Traditional Worship Service
Meeting House

*Church School Chapel is offered at the 9:00am service. Nursery Care is available at both the 9:00 and 11:00am services.

LIVESTREAM WORSHIP IS AVAILABLE ON OUR WEBSITE.

 The Congregational Church of *New Canaan*

23 Park Street, New Canaan, CT 06840
(203) 966-2651 www.godsacre.org

Calendar of Events for Your Fridge

Submit your events at:
[newcanaasentinel.com/submit-an-event/](https://www.newcanaasentinel.com/submit-an-event/)

TOWN MEETINGS

Monday, April 6

[Charter Revision Commission Special Meeting](#)
 4-6 p.m., Town Hall

Tuesday, April 7

[Board of Selectmen](#)
 7:30-8:30 a.m., Town Hall Meeting Room

[Health & Human Services Commission](#)
 9-10 a.m., Town Hall

Board of Finance

7-8 p.m., Town Hall

Thursday, April 9

[Conservation Commission](#)
 12-2 p.m., Location not posted at time of publication.

[Zoning Regulation Update Subcommittee](#)
 7-9 p.m., Location not posted at time of publication.

Friday, April 3

COFFEE AND CONVERSATION
8:30 – 9:30 AM at the Lapham Center
Sponsored by the New Canaan Sentinel
for a weekly community coffee and conversation.

The Great Egg Hunt 2026

Times Vary at the New Canaan Nature Center
 Perfect for children, ages 2-10, the egg hunts are designed for smaller groups (approximately 25 per hunt). In addition to the hunt, enjoy an animal meet & greet and self-guided spring scavenger hunt. Just bring your own basket for collecting eggs (which contain nature-themed prizes and nut-free sweets). Register at <https://newcanaannature.org/great-egg-hunt/>.

Saturday, April 4

The Great Egg Hunt 2026

Times Vary at the New Canaan Nature Center
 Perfect for children, ages 2-10, the egg hunts are designed for smaller groups (approximately 25 per hunt). In addition to the hunt, enjoy an animal meet & greet and self-guided spring scavenger hunt. Just bring your own basket for collecting eggs (which contain nature-themed prizes and nut-free sweets). Register at <https://newcanaannature.org/great-egg-hunt/>.

Tuesday, April 7

International Landscapes and Cultures With Mike Tomashefsky

11 AM at the Lapham Center
 Travel the world with Mike. Learn about the history, culture, and architecture of the rich lands he has visited and photographed, including Europe, the Middle East, Polynesia, Central America, and the Caribbean. Free. To register, call (203) 594-3620.

Movie Screening: The Running Man (2025)

6 PM at the New Canaan Library, Craig B. Tate Conference Room
 Join for a screening of *The Running Man* (2025). Directed by Edgar Wright, this sci-fi thriller will knock your socks off with action, action, action! A desperate father joins a deadly competition for a chance to save his daughter's life and must survive an onslaught of dangerous Hunters. Register at <https://tinyurl.com/rwvfc4sr>.

Wednesday, April 8

Hearing Aids: More Than Just Better Hearing

1 PM at the Lapham Center
 Hearing loss is highly treatable, and addressing it early is essential. Left untreated, hearing loss has been linked to cognitive decline, increased risk of dementia, social isolation, depression and balance issues. Join Robert Katz and Lori Pokladowski to explore ways to amplify your life through better hearing. Free. To register, call (203) 594-3620.

Intergenerational Spring Bingo

2-3:30 PM at the Lapham Center
 Spend a fun-filled afternoon playing spring bingo with Special Guest NCPD Officer Castro. Cookies will be served. Prizes for all ages. Free. To register, call (203) 594-3620.

Thursday, April 9

STAR, Inc.'s 12th Annual Speakers Luncheon & Spring Boutique
 10:30 AM- 2 PM at the Country Club of New Canaan
 Join the upcoming STAR Luncheon

featuring acclaimed photographer and visual storyteller Stacy Waldman Bass. Tickets are available at <https://secure.qgiv.com/event/star2026luncheon/>.

Name that Brand with Mike Bacon

1 PM at the Lapham Center
 Test your recall and have some fun with this fast paced identification game of big company LOGOs. Free. Call to register: 203-594-3620.

History and Mythology of The Trojan War

6:30 PM at the New Canaan Library, Craig B. Tate Conference Room
 Join reference librarian Flannery to explore the mythology and history behind the war that gave us Homer's Iliad and Odyssey. Register at <https://shorturl.at/f7Uhp>.

Friday, April 10

COFFEE AND CONVERSATION
8:30 – 9:30 AM at the Lapham Center
Sponsored by the New Canaan Sentinel
for a weekly community coffee and conversation.

Health Talks with Shannon and Ellen

11 AM at the Lapham Center
 Join Shannon and Ellen from the Health Department for conversation on various health topics. Free. To register, call (203) 594-3620.

Her Brush, Our Future Benefit

6-8 PM at the Carriage Barn Arts Center
 Join for an evening where creativity and compassion collide. Enjoy bubbly, mingle with friends, and immerse yourself in a night of art, all while making a positive impact. 100% of all purchases will directly support LiveGirl and the Carriage Barn Arts Center. Admission is free, register at <https://shorturl.at/My8PR>.

Saturday, April 11

Nature Workshop | Berry Fruit Gardening

11 AM at Grace Farms
 Get inspired by the new, berry plantings in the garden and learn the basics of growing these fruits at home. Understand the process from start to finish, beginning with plant choice, garden preparation and management, all the way to harvesting and preservation. Tickets are \$16/members, \$20/non-members, and available at <https://gracefarms.org/event/nature-workshops-berry-fruit-gardening>.

Sunday, April 12

Chef's Palate | Shaping the American Palate

3 PM at Grace Farms
 Explore how regional traditions, ingredients, and historical events have helped to define today's American palate—and gain a deeper understanding of how food reflects our collective history. Register at <https://gracefarms.org/event/chefs-palate-global-groceries-2>.

Monday, April 13

TODAY Show's Sheinelle Jones Presents: Through Mom's Eyes

7 PM at the New Canaan Library, Jim & Dede Bartlett Auditorium
 Today show host Sheinelle Jones shares heartfelt life-lessons in her book, *Through Mom's Eyes*. Register at <https://www.newcanaanlibrary.org/event/sheinelle%20jones%20-192017>.

Tuesday, April 14

Spring Bulb Arranging with Longfield Farm

10 AM at the Carriage Barn Arts Center
 Embrace the arrival of Spring by creating a distinctive and enduring Spring Bulb arrangement with Elisa Bulgrin of Longfield Farm. Attendees will have a variety of plants and colors to choose from that will continue to bloom for weeks to come. Tickets are \$130/members, \$150/non-members, and available at <https://carriagebarn.org/event/spring-bulbs-longfield-farm/>.

History of New Canaan and Surrounding Area

12:30 PM at the Lapham Center
 Local historian and landscape architect Keith Simpson provides in-depth insights into New Canaan's development, focusing on its evolution from 18th-century rural roots to a modern suburb. A lunch and learn sponsored by Staying Put in New Canaan. Free. To register, call: 203-594-3620.

An Evening with Libby Ward & Caitlin Murray

6 PM at Elm Street Books
 Join for an evening author talk with Libby Ward, in conversation with Caitlin Murray, here to chat about Libby's new book, *Honest*

Motherhood: On Losing My Mind and Finding Myself. Register at <https://shorturl.at/QClb2>.

Moneco Advisors Present: Tax Planning Strategies

6:30 PM at the New Canaan Library, Jim and Dede Bartlett Auditorium
 Join for a Tax Planning Strategies workshop where you'll be given specific strategies to consider for helping you and your family secure a better financial future. Register at <https://www.newcanaanlibrary.org/event/hold-moneco-171959>.

Wednesday, April 15

Blood Sugar & Blood Pressure Clinic

12:30 PM at the Lapham Center
 Ellen Samai, RN, from New Canaan's Department of Health provides in-person blood sugar and blood pressure testing. Walk-ins welcome. If you plan to have your blood sugar level tested, it is recommend you fast for four hours prior to testing. Free.

Thursday, April 16

Free Medicare Counseling

By appointment at the Lapham Center
 A CHOICES certified Medicare counselor, provides free information about Medicare options and related benefits. Available to New Canaan residents and Town employees. Call (203) 594-3620 to schedule an appointment.

Renowned Designer Nathan Turner Presents I Love Decorating

1 PM at the New Canaan Library, Jim & Dede Bartlett Auditorium
 Join Nathan Turner to explore what makes interiors beautiful—blending English-Bohemian influences with vibrant inspiration from around the world. Register at <https://shorturl.at/aj414>.

Friday, April 17

COFFEE AND CONVERSATION
8:30 – 9:30 AM at the Lapham Center
Sponsored by the New Canaan Sentinel
for a weekly community coffee and conversation.

THE SCONE QUEEN BAKES by Danielle Sepsy

1 PM at the New Canaan Library, Jim & Dede Bartlett Auditorium
 Celebrate the launch of *The Scone Queen Bakes* by New York City-based chef and entrepreneur Danielle Sepsy. Known for her innovative-yet-nostalgic treats, Sepsy is the founder of The Hungry Gnome, a popular NYC wholesale bakery that now produces over 100,000 baked goods a month. Register at <https://www.newcanaanlibrary.org/event/scone-queen-200438>.

Breeches & Bowties Spring Gala

6:30-10:30 PM at the Wee Burn Country Club, Darien
 Join the New Canaan Mounted Troup for their 2026 Spring Gala with guest speaker Drew Doggett. Enjoy a night of community, inspiration, and purpose - and help ensure their horses and programs continue to serve those who need them most. Tickets are available at <https://newcanaanmountedtroupe.org>.

Saturday, April 18

Get About Annual Spring Fundraiser

6:30-10:30 PM at the Country Club of New Canaan
 Join for a night of dinner, dancing and live music by New York's own HIGHLINE. Tickets are available at <https://getaboutnc.org/2026-annual-spring-fundraiser/>.

Monday, April 20

New Canaan Nature Center: Past, Present, and Future

11 AM at the Lapham Center
 The Executive Director of the Nature Center, will share his enthusiasm for the natural world around us, with a presentation about all the ways in which the Nature Center has supported the local environment and the flora and fauna that inhabit it. This lively interactive discussion will include a Q&A — as well as a visit from a live animal or two from the Center. Free. To register, call 203-594-3620.

Tuesday, April 21

US Embassies of the Cold War: The Battle of the Curtain Wall vs. the Iron Curtain

6:30 PM at the New Canaan Library, Jim & Dede Bartlett Auditorium
 David B. Peterson, author of *US Embassies of the Cold War: the Architecture of Democracy, Diplomacy and Defense*, will expand on the US State Department's bid to win international hearts and minds through strategic use of cultural diplomacy, as those embassies are being decommissioned

and sold today. Register at <https://www.newcanaanlibrary.org/us-embassies-cold-war>.

Wednesday, April 22

Genealogy Using Ancestry.com presented by Gail Junion-Metz

1 PM at the Lapham Center
 Find out everything you wanted to know about your rich history with Gail's help. Learn how to navigate Ancestry.com, in order to unlock the story of your family. Free. Space is limited, call 203-594-3620 to register.

Thursday, April 23

In Conversation with Pulitzer Prize Winning Journalist Jodi Kantor

7 PM at the New Canaan Library, Jim & Dede Bartlett Auditorium
 New Canaan Library is pleased to present Pulitzer Prize winning journalist Jodi Kantor in conversation with New York Times journalist Ron Lieber for a thought-provoking discussion about an essential question: how, in these challenging times, can anyone discover and begin their life's work? Register at <https://shorturl.at/6ujrww>.

64th Annual Gridiron Dinner

6 PM at the Country Club of New Canaan
 The Gridiron Club of New Canaan will honor Robert (Bob) Doran for his many years of service to the community. The event is open to the public, with tickets available at <https://gridironclubofnc.org/registration/>.

Friday, April 24

COFFEE AND CONVERSATION
8:30 – 9:30 AM at the Lapham Center
Sponsored by the New Canaan Sentinel
for a weekly community coffee and conversation.

Dink for Daffodils | A Pickleball Fundraiser for Friends of Irwin Park

9:30 AM - 5:30 PM at the Country Club of New Canaan
 Join for a lively day of pickleball in support of Friends of Irwin Park. Two hours of play are included for \$100/player. Spectators are welcome for \$50/person. All attendees will enjoy light refreshments and receive a commemorative cap. You are encouraged to wear bright, spring colors to celebrate the new season! There are three time slots available and the signup is at <https://www.ncgardenclub.org/dink-for-daffodils/>.

64th Annual Gridiron Dinner

6 PM at the Country Club of New Canaan
 The Gridiron Club of New Canaan will honor Robert (Bob) Doran for his many years of service to the community. The event is open to the public, with tickets available at <https://gridironclubofnc.org/registration/>.

Monday, April 27

An Evening with Author Colm Tóibín

7 PM at the New Canaan Library, Jim & Dede Bartlett Auditorium
 The Library is pleased to present author Colm Tóibín for a special evening celebrating his latest work. Tóibín's new work, *The News from Dublin*, is a collection of nine short stories, many never-before-published. Register at <https://www.newcanaanlibrary.org/event/hold-colm-toibin-183810/>.

Tuesday, April 28

Nonna Gracie Presents Her Cookbook

7 PM at the New Canaan Library, Jim & Dede Bartlett Auditorium
 Grace Geramita and her grandson Matt Gresia present *Sunday Dinner with Nonna Gracie: Traditional Italian Recipes for Gathering and Sharing*. They will demonstrate one of their cherished family recipes. Register at <https://www.newcanaanlibrary.org/event/nonna%20gracie-200505>.

Wednesday, April 29

Yale Redhot & Blue Sing A Cappella

7 PM at the New Canaan Library, Jim & Dede Bartlett Auditorium
 Celebrate America 250 with the sounds of classic American jazz, together with newer sounds that chase the bounds of musical possibility. Register at <https://www.newcanaanlibrary.org/yale-red-hot-blue-singers>.

Thursday, April 30

Chess, Chats and Tech an Afternoon with Saint Luke's Students

2-4 PM at the Lapham Center
 Join students from Saint Luke's for an afternoon of fun, sharing and learning. Students will be on-hand to play chess, chat and provide tech support.

Calendar of Events for Your Fridge

Beverages and treats will be served. Free. To register, call (203) 594-3620.

The Merritt: Masterpiece of Design and Planning Opening Reception and Lecture

6 PM at the New Canaan Library, Jim & Dede Bartlett Auditorium

The Executive Director of the Merritt Parkway Conservancy will discuss the history of the Merritt Parkway's complex design and the Conservancy's role in preserving Connecticut's iconic landmark for the enjoyment of future generations. Register at <https://www.newcanaanlibrary.org/event/merritt-opening-lecture>.

SAVE THE DATE

Friday, May 1

COFFEE AND CONVERSATION
8:30 - 9:30 AM at the Lapham Center
Sponsored by the New Canaan Sentinel for a weekly community coffee and conversation.

Study Tour | Glass House + Marcel Breuer House
1 PM at the Glass House
Visit two important examples of mid-century residential architecture on a half-day study tour of the Glass House and the Marcel Breuer House. Tickets are \$100 and available at <https://theglasshouse.org/whats-on/glass-house-marcel-breuer-house/>.

Tacos & Tequila featuring Matthew Maynard, LMFT
6-8 PM at Rosie

Gather for tacos, tequila, and easy conversation featuring clinical expert and author Matthew Maynard, LMFT. Tickets available at <https://cfcg.salsalabs.org/rosietacosandtequila/index.html>.

Saturday, May 2

Planet New Canaan's Fix-It Café

By appointment at the Lapham Center
Planet New Canaan is hosting a "Fix-It Café" to repair, rather than discard, household items. Featuring repair stations for lamps, small appliances, electronics, small furniture, bikes, and clothing; providing free, expert, volunteer-led repairs. Free. You may register at: www.Planetnewcanaan.org/events.

Next to Normal

7 PM at the New Canaan Library

With an electrifying pop/rock score and an honest, gut-wrenching script, Next to Normal explores how one suburban household copes with crisis and mental illness. Tickets are available at <https://www.connecticutstagecompany.org/tickets>.

Sunday, May 3

Next to Normal
2 PM at the New Canaan

Library
With an electrifying pop/rock score and an honest, gut-wrenching script, Next to Normal explores how one suburban household copes with crisis and mental illness. Tickets are available at <https://www.connecticutstagecompany.org/tickets>.

Monday, May 4

Revolutionary Connecticut presented by the Connecticut Museum of Culture and History

11 AM at the Lapham Center
This presentation will draw from the Museum's rich collection of artifacts and documents to tell the story of the struggle for American independence through the eyes of ordinary citizens, and discuss the various ways Connecticut residents have commemorated our independence over the past 250 years. Coffee and treats will be served. Free. To register, call (203) 594-3620.

Tuesday, May 5

Dance On The Green: Classic Variations by NEAD Students
4:30 PM at the New Canaan Library, Merrill Event Lawn
The students of New England Academy of Dance have been working diligently to prepare for the Youth American Grand Prix competition. It is the world's largest dance network - and the #1 source of young dance talent for dance schools and companies worldwide. Bring your own chair or blanket. Register at <https://shorturl.at/DKQDp>.

Wednesday, May 6

Let's Take a Trip to Spain with Marc Wollin
1 PM at the Lapham Center
Join for a tour of Spain and experience its culture and history with breathtaking photos of Moorish, Gothic and Gaudi architecture and stunning natural landscapes. Free. To register, call (203) 594-3620.

Trivia Night with Host Mike Bacon

5-7 PM at the Lapham Center
Test your knowledge and have some fun, you might event win a prize. Categories: Geography, History, Entertainment, People and Sports. Free. To register, call (203) 594-3620.

Thursday, May 7

NCNC Annual Lecture & Luncheon

11:30 AM- 2 PM at the Country Club of New Canaan
Join for the 9th Annual Lecture & Luncheon to benefit the New Canaan Nature Center. Kathryn Herman will be the featured speaker. Register at <https://newcanaannature.org/lecture-luncheon/>.

Free Medicare Counseling
By appointment at the Lapham Center
A CHOICES certified Medicare counselor,

provides free information about Medicare options and related benefits. Available to New Canaan residents and Town employees. Call (203) 594-3620 to schedule an appointment.

Friday, May 8

Health Talks with Shannon and Ellen

11 AM at the Lapham Center
Join Shannon and Ellen from the Health Department for conversation on various health topics. Free. To register, call (203) 594-3620.

Tuesday, May 12

Rhyme and Recitation with Ned: A Festive Celebration of American Independence

10 AM at the Lapham Center
Our resident orator and raconteur, Ned Monaghan, will regale us with some of the finest poetry and prose from our country's two hundred and fifty year history. Commemorate the birth of the United States with this engaging recitation. Free. To register, call (203) 594-3620.

Wednesday, May 13

Watch Hamilton, the Movie

4 PM at the Lapham Center
Lin-Manuel Miranda's award-winning show blends hip-hop, R&B, pop, and traditional show tunes to tell the story of American Founding Father Alexander Hamilton and his experiences. Pizza, salad and cookies will be served. Run time: 2 h 59 m. Free. To register, call (203) 594-3620.

Friday, May 15

33rd Annual New Canaan CARES Home Tour

10 AM, location disclosed once you register
Tour five exquisite homes in New Canaan with an exclusive Post Tour Party after. Tickets are available at <https://newcanaancares.org/hometour-3/>.

Saturday, May 16

ABC's Yacht Rock Bash
6:30-10:30 PM at the Country Club of New Canaan
The event will feature cocktails, a seated dinner, live auction, and more. Table and sponsorships are now available at <https://e.givesmart.com/events/Nev/>.

Thursday, May 21

Sip and Paint
5-7 PM at the Lapham Center
Unleash your inner artist and have some fun! Space is limited. To register, call (203) 594-3620.

Free Medicare Counseling

By appointment at the Lapham Center
A CHOICES certified Medicare counselor, provides free information about Medicare options and related benefits. Available to New Canaan residents and Town employees. Call (203) 594-3620 to schedule an appointment.

Friday, May 22

Breakfast BINGO

10 AM at the Lapham Center
Join Aggie, Kathy and Steph for breakfast goodies, beverages, Bingo and spring themed prizes. \$10/person. To register, call (203) 594-3620.

Wednesday, May 27

Learning From Columbus
6:30 PM at the New Canaan Library, Jim & Dede Bartlett Auditorium

Columbus, Indiana is one of the most architecturally significant small cities in the world, and a model for other modernist communities like New Canaan to consider. Learn how for seventy years, Columbus has proved that design excellence is not a matter of taste, but a civic discipline. Register at <https://www.newcanaanlibrary.org/event/hold-glass-house-presents-196972>.

Saturday, May 30

Historic Grainger House + Peony Garden Tour

1 & 2:30 PM with parking at West School, 769 Ponus Ridge Road

The Glass House will, for the first time, open the 1783 Grainger House and its celebrated peony and iris garden for public tours. The house sits on one of New Canaan's earliest registered land parcels and was originally known as the Finch House, named for the early New Canaan family who farmed the land. Tickets are \$20 and available at <https://theglasshouse.org/whats-on/historic-grainger-house-peony-garden-tour/>.

Saturday, June 6

The Summer Party
12-4 PM at the Glass House

The Glass House Summer Party is a gathering for individuals across art, architecture, design, fashion, philanthropy, and more. Guests explore the iconic grounds while enjoying curated food and drink, live performance, and a silent auction of contemporary art and distinctive experiences. Proceeds support the preservation and programming of this Modernist landmark. Tickets are available at <https://theglasshouse.org/whats-on/the-summer-party-2026/>.

Saturday, June 27

NC250 Parade
9:30 AM from South Avenue to NCHS
The parade is part of the town's 250th Independence Day celebration.

BLOOD DRIVES

Saturday, March 28

New Canaan YMCA
564 South Ave
New Canaan, CT 06840
8:30 AM - 1:30 PM
Tully Health Center
32 Strawberry Hill Court
Stamford, CT 06902
7:45 AM - 1:15 PM

Monday, March 30

UCONN
One University Place
Stamford, CT 06901
11:00 AM - 4:45 PM

Wednesday, April 1

First Presbyterian Church Stamford
1101 Bedford St
Stamford, CT 06905
11:00 AM - 4:00 PM

First Congregational Church of Darien
14 Brookside Road
Darien, CT 06820
1:00 PM - 6:00 PM

Support Services & Meetings

Tuesday, April 7

Basics of Cognitive Decline and the Link to Depression for Older Adults
6:30 PM at the New Canaan Library, Jim & Dede Bartlett Auditorium

Join for an informative lecture with Dr. Stephanie Towns who will provide education about terminology related to cognitive decline and the providers who can assess and treat the causes. Register at <https://www.newcanaanlibrary.org/event/cognitive%20decline-197670>.

Friday, April 17

Suicide Prevention Training: Question, Persuade and Refer

11 AM at the New Canaan Library, McLaughlin Meeting Room
Those trained in QPR learn how to recognize the warning signs of a suicide crisis and how to question, persuade, and refer someone to help. This training will certify you as a QPR gatekeeper which will position you to recognize and refer someone at risk of suicide. Register at <https://shorturl.at/6Efy8>.

Wednesday, April 22

Caring and Support for Your Loved Ones

10 AM at the Lapham Center
Designed to be practical, and relevant to today's aging families—especially those navigating the growing gap between independence, affordability, and long-term care options. Free. To register, call 203-594-3620.

Thursday, April 30

Navigating the New Landscape of Long-Term Care

1 PM at the New Canaan Library, Craig B. Tate Conference Room
Join Pelletier Senior Planning as they delve into the evolving world of long-term care planning, especially the growing need for care among seniors and baby boomers. Discover how the long-term care insurance landscape has changed, introducing more choices than ever before. Register at <https://www.newcanaanlibrary.org/event/hold-long-term-care-202270>.

Every Friday

AA Speaker Meeting
Wheelchair Access
Fridays at 7:30 AM
Congregational Church of New Canaan

Every Saturday

AA Meeting-Sober Citizens Group
Saturdays at 9:15 AM
First Presbyterian Church of New Canaan

AA Meeting-Laundry and Dry Cleaning Group
Saturdays at 10:30 AM
First Presbyterian Church of New Canaan

Lost Then Found NA Meeting
Wheelchair Accessible
Saturdays at 7 PM
United Methodist Church (back entrance)

Every Monday

AA Meeting
Wheelchair Access
Mondays at 7:30 AM
Congregational Church of New Canaan

Adult Child Al-Anon Meeting
Mondays at 12 PM
St. Mark's Church, Youth Room

Every Tuesday

Adult Child Alanon Meeting
Tuesdays at 12 PM
St. Mark's Parish House, Conf. Room

Every Wednesday

AA Step Meeting
Wheelchair Access
Wednesdays at 7:30 AM
Congregational Church of New Canaan

Al-Anon Parent's & Newcomer's Mtg.
Wednesdays at 7:30 PM
Silver Hill, Jorgenson House
208 Valley Rd., New Canaan

Every Thursday

AA Big Book Meeting,
Wheelchair Access
Thursdays at 7:30 AM
Congregational Church of New Canaan

New Canaan Parent Support Group
7- 8:30 PM
St. Mark's Episcopal Church
New Canaan

OUR NEIGHBORS

Saturday, April 11

Habitat CFC's Annual Gala

6-10:30 PM at the Hyatt Regency Greenwich
1800 East Putnam Avenue
Old Greenwich, CT
Come dressed in your favorite designer- haute couture or casual style is welcome. A special evening with cocktail, dinner, dancing, an auction and more! Proceeds from the evening support Habitat CFC's mission to create affordable homeownership opportunities in Coastal Fairfield County. Tickets are available at <https://habitatcfc.org/news-events/event-calendar/gala.html>.

Sudoku for Kids

	1	2	
2			1
	2		4
3		1	

	1	4	
4			1
	2		4
1		3	

		3	4
3		1	
	1	4	3
4			

3		1	2
1			
	1	4	3
4			1

SUDOKU

Each row, column, nonet can contain each number only once. Answers below.

Easy

		7						5
		1			2			4
		8	9	6				
8		2				1	5	
9			5		3			8
	5	6				7		2
				4	7	5		
6			1			4		
7					8			

Hard

	1			2		7		
9				5		4		
	2		8				3	
		2				1	5	
	5	1		7		2	6	
	8	9				3		
	3				9	4		
		5		4				3
		4		6			1	

Very Hard

2			6	4				5
						9		
	6				1			
1		7						3
				4				
8						4		2
			4				1	
		1						
7			2	8				6

Easy

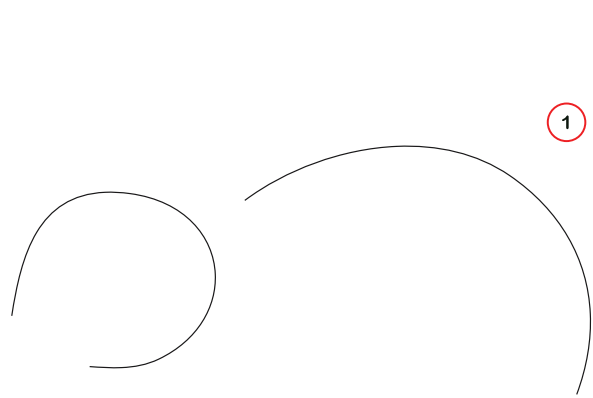
	4	5						6
	9			6				2
			2			9	1	
	1		4	2				
		7				1		
				3	1		5	
	8	1			3			
	6			5				9
9						8	6	

Hard

9		1	8			3		
	7	3			2		6	
		2						1
	9	6	4					
				3				
					9	5	7	
3						6		
	1		2			7	4	
		9			6	8		2

Very Hard

				4				
		6	9		3	2		
5		7				9		8
				3				
		9	8		7	6		
				6				
1								9
				7				
7	6	5	1	9	4	8	2	3



1



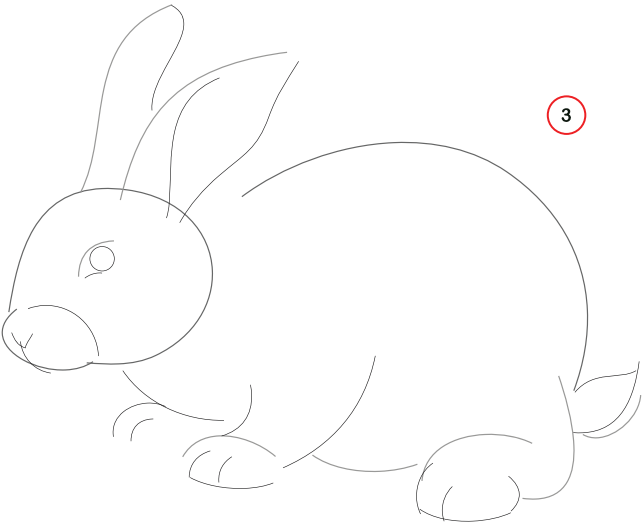
4



2



5



3



6

Sudoku answers

8	9	2	7	4	5	1	3	6
4	1	6	9	8	3	2	5	7
5	3	7	2	1	6	9	4	8
6	4	8	5	3	1	7	9	2
3	5	9	8	2	7	6	1	4
2	7	1	4	6	9	3	8	5
1	2	3	6	5	8	4	7	9
9	8	4	3	7	2	5	6	1
7	6	5	1	9	4	8	2	3

Bottom row - Very Hard

7	4	9	3	5	6	8	1	2
6	1	5	2	9	8	7	4	3
3	2	8	7	4	1	6	5	9
2	3	4	1	8	9	5	7	6
1	8	7	6	3	5	2	9	4
5	9	6	4	2	7	1	3	8
4	6	2	5	7	3	9	8	1
8	7	3	9	1	2	4	6	5
9	5	1	8	6	4	3	2	7

Bottom row - Hard

2	4	5	9	1	8	7	3	6
1	9	8	3	6	7	5	2	4
3	7	6	2	4	5	9	1	8
5	1	9	4	2	6	3	8	7
8	2	4	7	3	1	6	5	9
6	3	7	5	8	9	1	4	2
4	8	1	6	9	3	2	7	5
7	6	3	8	5	2	4	9	1
9	5	2	1	7	4	8	6	3

Bottom row - Easy

2	7	8	6	9	4	1	3	5
5	1	4	3	8	2	9	6	7
3	6	9	7	5	1	8	2	4
1	4	7	8	2	9	6	5	3
9	2	3	5	4	6	7	8	1
8	5	6	1	7	3	4	9	2
6	8	2	4	3	7	5	1	9
4	3	1	9	6	5	2	7	8
7	9	5	2	1	8	3	4	6

Top row - Very Hard

5	1	8	4	2	3	7	9	6
9	7	3	1	5	6	2	4	8
4	2	6	8	9	7	5	3	1
7	4	2	6	3	8	1	5	9
3	5	1	9	7	4	2	6	8
6	8	9	5	1	2	3	7	4
1	3	7	2	8	9	6	4	5
8	6	5	7	4	1	9	2	3
2	9	4	3	6	5	8	1	7

Top row - Hard

3	6	9	7	1	4	8	2	5
5	7	1	3	8	2	9	6	4
2	4	8	9	6	5	3	7	1
8	3	2	4	7	6	1	5	9
4	5	6	8	9	1	7	3	2
9	1	7	5	2	3	6	4	8
1	8	3	2	4	7	5	9	6
6	2	5	1	3	9	4	8	7
7	9	4	6	5	8	2	1	3

Top row - Easy

Universal Crossword

Edited by Adrian Johnson

ACROSS

- 1 Shirts' opponents
- 6 Genre for Latto and Amine
- 9 Sudden course changes
- 13 Mathematician with a theorem about right triangles
- 16 Some poems
- 17 Director's comment before "Action!"
- 18 Crowded spot for a Thanksgiving chef
- 19 Ga.'s capital
- 20 "Go on, say something"
- 22 Mystery novelist on "The Office"
- 24 Costume designer's skill
- 26 "Batman" actress Kitt
- 31 "Come in!"
- 33 Big fan of what's in store?
- 37 Corp. figure who may be anti-union
- 38 Movie line delivered at the mines of Moria
- 41 "Car Talk" network
- 42 Wheeled refreshment server
- 43 Labor activist Chavez

- 46 Philly sandwich
- 47 Fixes, as code
- 50 Green energy?
- 53 Bad font choice for a master's thesis
- 58 Nameless John
- 59 One of an Iraqi minority
- 61 Birthday party handouts
- 63 "___ what you did there!"
- 64 "Those rumors are correct"
- 65 Brooklyn hoopsters
- 66 Male turkey
- 67 Buttheads

DOWN

- 1 Jack who could eat no fat
- 2 Japan's "Eternal City"
- 3 "Mum's the word"
- 4 Kraken's org.
- 5 Defensive resources for squid
- 6 Italy's "Eternal City"
- 7 172,742 square miles, for Uzbekistan
- 8 Indie singer Arlo ___
- 9 Get a closer shot
- 10 They're used to count down the days until Christmas
- 11 "Color me surprised!"

- 12 ID with a billion possibilities
- 14 "Mind the ___"
- 15 Fill satisfactorily
- 21 Be indebted to
- 23 Shrill barks
- 25 "Do ___ See God?" (palindromic book)
- 27 Pep rally sound
- 28 "The thing I'm pointing to"
- 29 Logical flaw
- 30 Deity praised during Eid al-Adha
- 32 Like an optimistic outlook
- 33 Align
- 34 Desired, with "for"
- 35 Really digging
- 36 Former "Iron Chef America" chef Cat ___

- 39 Doll (up)
- 40 Ballet 101 bend
- 44 Humble dwellings
- 45 Mojito component
- 48 One of fashion's Hadid sisters
- 49 Jazz poet Gil ___-Heron
- 51 What "in" things are in Affirmative answers
- 54 Passable, at best
- 55 First man in Genesis
- 56 Zero, in a soccer game
- 57 "CSI: NY" actress Ward
- 59 They're all relatives
- 60 "___ the force, Luke"
- 62 "Dynamite" septet

PREVIOUS PUZZLE ANSWER

F	A	N		P	A	S	T	A		C	A	B	I	N	
B	R	O		O	N	T	A	P		O	B	A	M	A	
I	T	S	N	O	T	A	P	H	A	S	E	M	O	M	
			P	A	P	E	R	A	I	R	P	L	A	N	E
			T	O	S	S				D	A	L			
S	R	I		I	S	L	A		B	A	N	J	O	S	
K	I	L	L	E	R	A	B	S		Y	E	A	S	T	
I	S	E	E		S	M	O	K	E		Y	M	C	A	
T	H	R	O	W		P	R	O	M	P	O	S	A	L	
S	A	S	S	E	D		T	R	O	I		E	R	E	
						T	A	T			L	A	S	S	
S	H	A	D	O	W	P	U	P	P	E	T	S			
H	A	V	I	N	G	A	G	O	O	D	T	I	M	E	
A	L	I	V	E		I	L	L	G	O		O	R	B	
M	O	V	E	S		N	Y	L	L	O	N		N	I	B

7/22 © 2023 Andrews McMeel Universal www.upuzzles.com

Universal Crossword

Edited by David Steinberg

ACROSS

- 1 Pulsates painfully
- 7 Trident-shaped
- 10 Org. with a "What Can I Bring?" guide
- 13 "Woot!"
- 14 They're out standing in their field
- 15 "Rumor ___ it ..."
- 16 Some English assignments
- 17 "Then again," in a text
- 18 Aves. or blvds.
- 19 Like some binary questions
- 20 "Are not!" retort
- 21 Small green "Star Wars" character
- 22 Prada competitor
- 24 With no urgency
- 26 "Every Little Thing ___ Does Is Magic" (1981 hit)
- 28 "My attic's not the best, but it's up there," for one
- 29 Word after "green" or "club"
- 30 Speaker's platform
- 31 2010s Best Picture winner set in Iran

- 33 Trumpets and trombones, but not saxophones
- 35 "Plus ..."
- 36 Place for a sweater?
- 38 Small furry "Star Wars" character
- 39 Montreal subway
- 41 Blueprint detail
- 42 Delhi dress
- 43 Not even tipsy
- 45 "Gnarly!"
- 46 Santana's "___ Como Va"
- 47 Matador
- 48 Take place
- 50 Court order
- 51 Something to cram for
- 53 Lightly sprays
- 57 Wyo. neighbor
- 58 Tidied, as a bed
- 59 Crow relative
- 60 Number of Canadian provinces
- 61 Soul icon
- 62 Announcement upon walking through the front door
- 63 HS prank players
- 64 "Wanna ___?"
- 65 Like unsweetened chocolate

DOWN

- 1 Those people
- 2 Hydrant attachment

- 3 "Friends" paleontologist
- 4 Citrusy palate
- 5 "Swamp People" setting
- 6 The "S" of GPS: Abbr.
- 7 Poker winnings
- 8 Nike logo
- 9 "Sorta"
- 10 Treats like garbage?
- 11 Horseback rider's woe
- 12 Analyze, as ore
- 14 Turning out great, or the words hidden backward in 4-, 11-, 21- and 26-Down?
- 20 Luxury Hondas
- 21 "I totally agree!"
- 23 IRS form pros

- 25 Easy throw
- 26 Document with price and delivery details
- 27 Ones who talk about old times
- 30 Beaver's project
- 32 Like a short play
- 34 Hit the slopes
- 37 "Thunderstruck" band
- 40 "___ the ramparts ..."
- 44 Go in circles
- 47 Doofuses
- 49 Savory taste
- 52 Revise
- 54 Set eyes on
- 55 What prisoners do
- 56 Psychic
- 58 Unruly group
- 59 Agent K's sci-fi franchise, for short

PREVIOUS PUZZLE ANSWER

S	K	I	N	S		R	A	P		Z	A	G	S			
P	Y	T	H	A	G	O	R	A	S		O	D	E	S		
R	O	L	L	C	A	M	E	R	A		O	V	E	N		
A	T	L		S	P	E	A	K	T	O	M	E				
T	O	B	Y							S	E	W	I	N	G	
				E	A	R	T	H	A		E	N	T	E	R	
S	H	O	P	A	H	O	L	I	C		C	E	O			
Y	O	U	S	H	A	L	L	N	O	T	P	A	S	S		
N	P	R		T	E	A	T	R	O	L	L	E	Y			
C	E	S	A	R		H	O	A	G	I	E					
				D	E	B	U	G	S		E	N	V	Y		
				C	O	M	I	C	S	A	N	S		D	O	E
K	U	R	D			G	O	O	D	I	E	B	A	G	S	
I	S	E	E			I	T	S	A	L	L	T	R	U	E	
N	E	T	S			T	O	M		A	S	S	E	S		

7/23 © 2023 Andrews McMeel Universal www.upuzzles.com

7/23

Themeless Sunday 43 by Adrian Johnson

1	2	3	4	5		6	7	8		9	10	11	12	
13						14				15				
17											18			
19						20					21			
22				23					24				25	
			26		27	28	29	30		31			32	
33	34								35	36			37	
38											39	40		
41						42								
43				44	45				46					
			47				48	49				50	51	52
				53					54	55	56	57		58
59	60					61						62		
63						64								
65								66				67		

Horoscopes

Horoscope: April 2 - April 8, 2026

Aries season continues to drive momentum, initiative, and forward movement. With Mercury now fully direct and gaining speed, communication improves and decisions come more easily than in recent weeks. The Moon builds toward a Full Moon in Libra on April 6, highlighting relationships, balance, and the need to reconcile opposing priorities. This is a week of action—but also adjustment. What you start now gains traction, but success depends on how well you work with others.

Aries (March 21 - April 19)

You are energized and ready to move forward, but the Full Moon on April 6 brings relationship matters into focus. Others may challenge your plans or expectations. Listen carefully—cooperation now strengthens your position.

Taurus (April 20 - May 20)

Daily routines and responsibilities require attention. You may feel pulled in multiple directions, but steady effort pays off. Keep your schedule manageable and avoid overcommitting midweek.

Gemini (May 21 - June 20)

Creative energy and social opportunities increase. The Full Moon highlights joy, romance, or personal expression. Follow what excites you, but avoid scattering your attention too widely.

Cancer (June 21 - July 22)

Home and family dynamics come into sharper focus. A conversation or decision around April 6 may bring clarity. Stay calm and grounded—emotional balance helps you navigate shifting expectations.

Leo (July 23 - August 22)

Communication becomes more direct and impactful. Important discussions may take place, especially around the Full Moon. Choose your words carefully—clarity leads

to progress.

Virgo (August 23 - September 22)

Financial matters or personal values may require adjustment. The Full Moon highlights what is working and what needs to change. Take a practical approach and avoid unnecessary risks.

Libra (September 23 - October 22)

The Full Moon in your sign brings a turning point. You may feel pulled between your needs and others' expectations. Prioritize balance and make choices that reflect your long-term well-being.

Scorpio (October 23 - November 21)

You may need time to step back and reassess. The Full Moon encourages rest and reflection rather than action. Pay attention to what your instincts are telling you.

Sagittarius (November 22 - Dec. 21)

Friendships and group dynamics are highlighted. A situation may come to a head, requiring honesty and clarity. Choose your words carefully and focus on shared goals.

Capricorn (December 22 - January 19)

Career matters reach a key moment. The Full Moon may bring recognition or a decision point. Stay focused and practical—your efforts are being noticed.

Aquarius (January 20 - February 18)

New ideas and perspectives emerge. The Full Moon encourages you to broaden your outlook or revisit plans involving travel or learning. Stay open, but verify details.

Pisces (February 19 - March 20)

Shared resources or financial commitments may come into focus. The Full Moon highlights what needs to be clarified. Take a calm, measured approach to decisions.

Thought for the Week:

Action creates movement, but balance creates progress. Work with others, not against them.

7 LITTLE WORDS

Find the 7 words to match the 7 clues. The numbers in parentheses represent the number of letters in each solution. Each letter combination can be used only once, but all letter combinations will be necessary to complete the puzzle.

CLUES

- 1 evasive (6)
- 2 more gaunt (7)
- 3 sounding like a hungry belly (8)
- 4 without any detours (8)
- 5 marionettes (7)
- 6 Canadian sprinter De Grasse (5)
- 7 your parents' children (8)

SOLUTIONS

- _____
- _____
- _____
- _____
- _____
- _____
- _____

SHI	LY	RUM	LA	ING
ER	TS	NGS	PUP	SI
PE	RE	RE	BL	NKI
DI	BLI	FTY	AND	CT

Previous Answers: 1. JNWISE 2. CYCLICAL 3. TRANSPARENT 4. GERONTOLOGY 5. LEMONADE 6. MYTH 7. DESCARTES 8/4

7/24

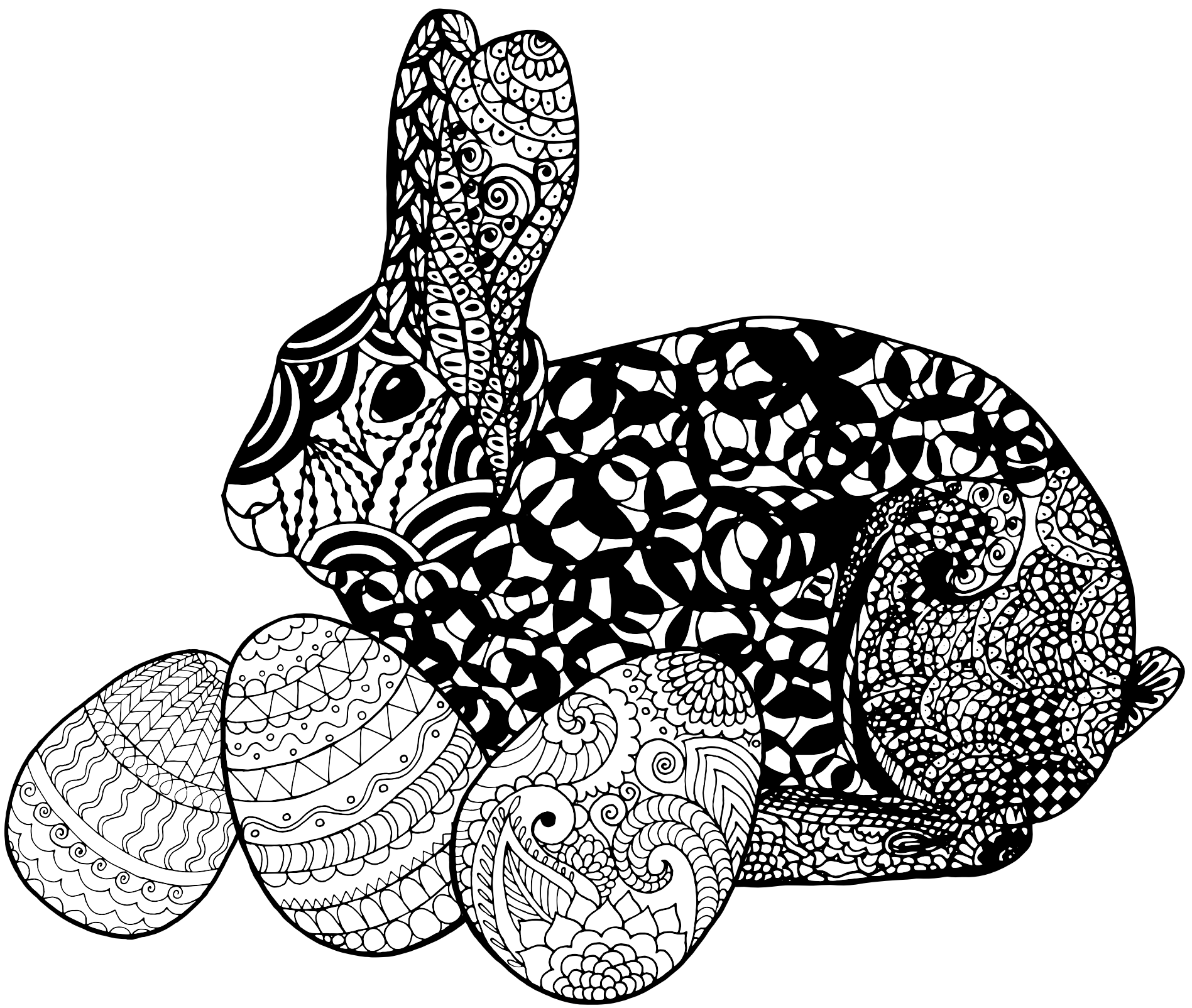
Climbing Plants by Michele Govier

The answers to this week's puzzles can be found in the next issue.

www.GreenwichSentinel.com/subscribe

www.NewCanaanSentinel.com/subscribe

© 2023 Blue Ox Family Games, Inc., Dist. by Andrews McMeel



CROSSWORD

1. Basket 2. Cake 3. Cookies 4. Chick 5. Hen 6. Rabbits
7. Eggs 8. Flowers 9. Butterfly 10. Willow 11. Swallow

PUZZLE TIME HOW MANY CARROTS?

SMART KIDS TOYS

Good Toys. Healthy Play.

www.sktoys.com

17 East Elm St

Greenwich, CT 06830

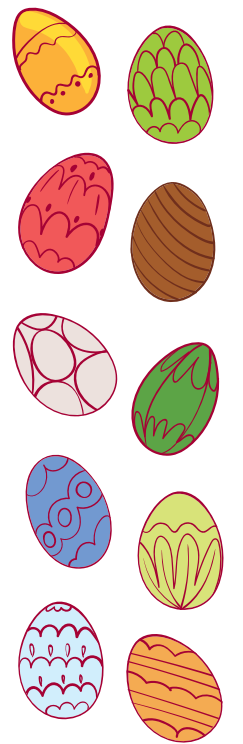
203-869-0022

Learning Building Discovering Dreaming

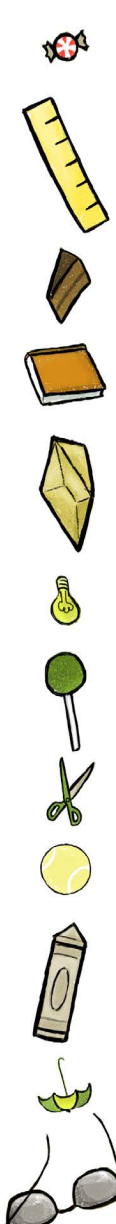
LEGO, Playmobil, Corolle Dolls, Brio Trains, Bruder Trucks, Calico Critters, Puzzles, Games, Science & Nature, Infant & Toddler Toys, and so much more!!!



HELP KIDS FIND ALL EASTER EGGS



HELP THE RABBIT FIND 21 EGGS



Easter

D P E E P S S H E S M W K K
 F B F D F X P Z G U C X T T
 X A C E D N R C G N S V U H
 U S D Y Z Y I H H D L D L N
 Z K D A B C N I U A E E I F
 B E U W W O G C N Y A C P Q
 L T C Q K B N K T B S O S F
 E I K K H U A N P N T R G E
 S N L D P N D O E W E A D H
 S E I M W N H S D T R T Y X
 I S N L L Y S W T D J E E C
 N T G K O O R T Z S O C L C
 G V S J R I D A F F O D I L
 S S D C M G R A S S Y N O Y

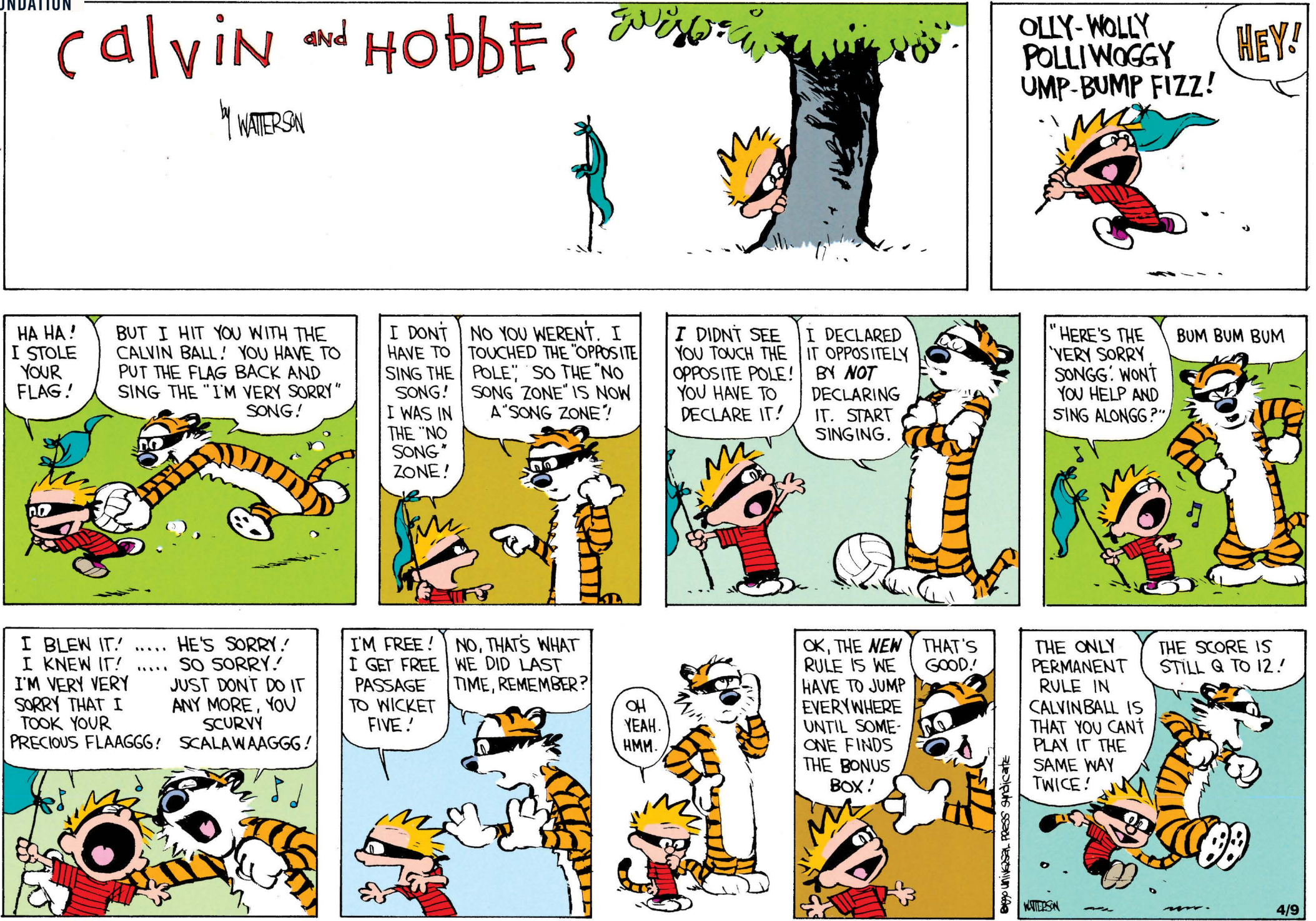


- SPRING
- HOP
- DUCKLINGS
- BUNNY
- SUNDAY
- BLESSINGS
- PEEPS
- JOY
- DAFFODIL
- EASTER
- NEST
- BONNET
- EGG HUNT
- GRASS
- TULIPS
- CROSS
- DYE
- DECORATE
- CHICK
- BASKET



EDUCATION

From the Sentinel Foundation: the educational page for our readers.



CALVIN AND HOBBES © 1985 Watterson. Reprinted with permission of ANDREWS MCMEEEL SYNDICATION. All rights reserved.

COLUMN | WILDLY SUCCESSFUL: THE NEW ENGLAND COTTONTAIL

Happy Easter Little Cottontail

By JIM KNOX

Perhaps no animal is more synonymous with spring than the rabbit. Throughout recorded history, it has served as both harbinger and metaphor for the season of life, renewal and growth. Though active year 'round, rabbits breed, reproduce and flourish with the coming of the spring season.

To most, the rabbit is a generic creature identified across cultures by its small brown body, long ears and hind legs, and overall adorable appearance. A closer look in our own backyard reveals a creature which deserves special attention, and even study.

If you ask most Connecticut residents the identity of the cute bunnies doing their utmost to eat the contents of their gardens, they'd identify the "Cottontail" as the culprit. They'd be right, at least generally. But there is more to this little beast than a casual glance may render.

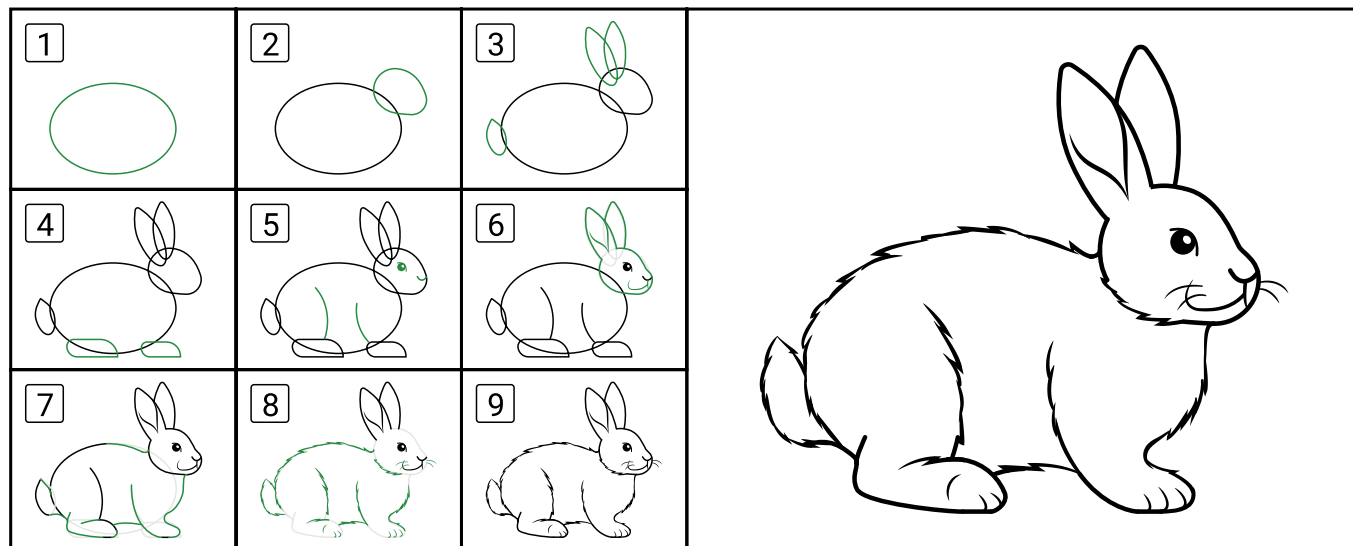
The Eastern Cottontail Rabbit, *Sylvilagus floridanus*, is abundant throughout Connecticut, and does indeed make return trips to Fairfield County's all-you-can-eat suburban salad bar. This is the species we see grazing along the green shoulders of the Merritt Parkway and zipping into hedgerows at the slightest approach. Yet, despite its familiarity and seeming omnipresence, this creature is not native New Englander.

That distinction is owned by its discrete, more reclusive cousin. The New England Cottontail, *Sylvilagus transitionalis*, is the only rabbit native to Connecticut, New England and neighboring New York. It was the rabbit known to English colonists as a coney, and is thought to have inspired the name Coney Island, for its great abundance on the island in the 1600's and 1700's.

While this native New England rabbit was uniquely adapted to the habitats and natural habitat succession of New England, development and land practices altered the landscape. With the introduction of the more adaptable Eastern Cottontail from other regions of the country in the early 1900's, the native found itself with stiff competition for limited resources.



Perhaps no animal is more synonymous with spring than the rabbit.



Closer scrutiny reveals two distinct creatures. The New England Cottontail is a creature of forests, specifically transitional forests, known as thickets. Naturally, these occur in the aftermath of forest fires, floods and severe storms. These rabbits thrive in the dense cover of these regrowth areas. They rarely stray far from that cover

and their eyesight is designed to detect potential predators at close range.

The Eastern Cottontail, by contrast, is a creature of open spaces. They prefer grasslands and meadows, as well as their manicured counterparts such as parks, lawns and golf courses. In short, they were practically designed for suburbia.

While these close-cousin species share excellent hearing, sense of smell and swiftness of foot, one key adaptation makes a world of difference—eyesight. With eyes approximately 50% larger than their thicket-dwelling cousins, Eastern Cottontails hold the advantage in human-altered New England. With such distance vision, they

can venture further from cover to access plentiful grasses while still tracking potential predators from a safe range. Likewise, they are the look-alike cousins who invade our gardens and scurry under our fence lines.

Though both species are approximately 14-19 inches in length and up to 2.5 pounds in weight, the unique traits of the

New England Cottontail include: smaller ears, fine black fur lines along the edges of those ears and a black star at the crown of the head. Sadly, these specialists have lost approximately 85% of their home range in New England and they need our help.

Thankfully, there is hope for their recovery. Study has revealed no evidence the species are hybridizing, and there are those who are coming to the aid of their wild neighbors in need. Through programs like the Young Forest Habitat Initiative and other restoration efforts, The Connecticut Department of Energy and Environmental Protection is conserving essential rabbit habitat. Given that 90% of our state's land is privately owned, citizens are making all the difference. By working with our state wildlife agency, our neighbors are managing their land to benefit New England Cottontails, along with native songbirds and amphibians. Additionally, groups such as The Catherine Violet Hubbard Wildlife Sanctuary have adopted land use practices which actively conserve native rabbit habitat right here in Fairfield County.

While an adorable appearance never hurts a marketing campaign, it doesn't speak to conservation merit. Yet the evolutionary wealth of native species is not to be dismissed. The plants and animals native to a region are the ones uniquely designed to survive amidst the conditions and environmental challenges of that region. More specifically, protection from introduced diseases and species often reside within the physical and behavioral makeup of our wild neighbors. By protecting them, we not conserve native biodiversity, we also promote our own resilience.

So the next time you see that adorable icon of spring, remember there's more to them than meets the eye...and the ears.

Jim Knox serves as the Curator of Education for Connecticut's Beardsley Zoo and as a Science Adviser for The Bruce Museum. His passions include studying our planet's rarest creatures and sharing his work with others who love the natural world.