

Daily Devotional: "Things That Matter

Theme: Knowing Who You Are in Christ"

Scripture Focus: *"It's in Christ that we find out who we are and what we are living for."*

— *Ephesians 1:11 (MSG)*

Devotion:

Have you ever been told that you're not good enough? Not smart enough? Not pretty or strong or talented enough? Words like that can leave lasting scars—especially when they come from people we care about or trust. Those moments, like the pain of your first breakup or the rejection of not being chosen, can make you question everything about yourself.

The world is loud with its opinions about who we are and what gives us value. It wants to define us based on achievements, appearance, popularity, or status. But all of those things shift like sand beneath our feet. People, places, and things might choose us for a moment—then drop us just as quickly. That hurts. That confuses us. That leaves us searching.

But here's the truth that *really* matters: **In Christ, we are chosen, valued, and filled with purpose.**

In Christ, I am CHOSEN!

"He chose us before the world was made..." (Ephesians 1:4 NCV)

Before the foundations of the world were laid, God had already picked you. He saw you. He wanted you. He called you *His*.

In Christ, I am VALUED!

"We are God's masterpiece..." (Ephesians 2:10a NLT)

God doesn't make junk. You are His masterpiece—carefully crafted, deeply loved, and uniquely designed. You are precious to Him (Isaiah 43:4 TEV).

In Christ, I have PURPOSE!

"In Christ Jesus, God made us to do good works..." (Ephesians 2:10b NCV)

You weren't made to wander aimlessly. You were created with purpose—to make a difference, to love others, and to shine the light of Jesus in a dark world.

The phrase "**In Christ**" appears 89 times in the New Testament. That's not a coincidence. It's a reminder that your identity is not in what others say about you, not in your past, not in your mistakes or even your successes. Your true identity is found **in Christ**.

When you say yes to a relationship with Jesus, everything changes. The lies lose their power. The doubts begin to quiet. The healing begins. Because now, you know whose you are—and that's what matters most.

Prayer:

Father, thank You that in Christ, I am chosen, valued, and full of purpose. When the world tries to tell me I'm not enough, remind me that I am more than enough in You. Help me to silence the lies and walk boldly in my identity as Your child. Draw me closer to Jesus every day, and use my life to show others how much You love them too. In Jesus' name, Amen.

Discussion Questions:

- Can you think of a time when someone made you feel like you weren't enough? How did that affect you?
- Which truth speaks to you the most today: that you are *chosen*, *valued*, or *have purpose*? Why?
- How can knowing your identity *in Christ* change the way you view challenges or rejection?
- What's one way you can remind yourself this week of who you are in Christ?

- Have you fully entered into a relationship with Jesus? If not, what's holding you back?