

Daily Devotional: Roots

Theme: Plant Your Faith in Christ – Start Today

Scripture: *"They will be like a tree planted by the water that sends out its roots by the stream. It does not fear when heat comes; its leaves are always green. It has no worries in a year of drought and never fails to bear fruit."*

— **Jeremiah 17:7–8 (NIV)**

Devotional: Make the Change Today

Have you ever wanted to start over spiritually, to put a line in the sand and say, "Today, I give it all to Jesus"? The good news is—you can. Right now.

Planting your faith in Christ is a decision. It doesn't require perfection or a long checklist of religious accomplishments. It just requires surrender.

Maybe you've been holding on to stress, fear, control, or bitterness. Maybe you've tried to manage everything on your own, and you're exhausted. Jesus is inviting you to hand it all over—**today**—and let Him take root in your life.

In **Matthew 11:28**, Jesus says,

"Come to Me, all you who are weary and burdened, and I will give you rest."

When a seed is planted, it doesn't instantly become a tree. But once it's in the soil, **growth begins**. Today is your planting day. It's time to dig a hole, drop in the seed of faith, and let Jesus cover the rest.

You don't have to fix everything first. You just have to say:

"Jesus, I give You my heart, my future, my worries, my past. I want to be rooted in You."

Psalms 1:3 says,

"That person is like a tree planted by streams of water, which yields its fruit in season and whose leaf does not wither—whatever they do prospers."

When you plant your faith in Christ, you're choosing a life of stability, nourishment, and fruitfulness—even when the world around you feels dry and chaotic.

How to Plant Your Faith Today

1. **Talk to God honestly** – Tell Him what’s weighing you down. He already knows, but surrender opens your heart to His help.
2. **Release control** – Say out loud, “Jesus, I give this to You.” Be specific. Name the worry, the pain, the fear.
3. **Root yourself in the Word** – Read a verse or passage daily. Let it feed your soul like water feeds a newly planted tree.
4. **Surround yourself with faith-filled people** – Community strengthens your growth.
5. **Trust the process** – Roots take time, but if they’re planted in Christ, they will grow strong.

Prayer

Lord Jesus, I come to You today tired of trying to do life on my own. I choose to plant my faith in You. I surrender my burdens, my past, my doubts, and my fears. Thank You for loving me as I am. Root me in Your truth. Grow in me a new heart that trusts You completely. Let this be the day everything begins to change—because I am Yours. In Your name, Amen.

Discussion / Reflection Questions

- What are the top three burdens you need to surrender to Jesus today?
- What has kept you from fully planting your faith in Christ before now?
- How does Jeremiah 17:7–8 challenge your current perspective on trust and stability?
- What is one practical step you can take today to root yourself more deeply in Christ?
- Who can you talk to or ask to pray with you as you make this change?