

Accept What Is, Trust in What Will Be During Seasons of Change

Scripture: “Trust in the Lord with all your heart and lean not on your own understanding; in all your ways submit to Him, and He will make your paths straight.” — Proverbs 3:5-6 (NIV)

As we wrap up our week of change, we remember that change is one of the few constants in life. Sometimes it arrives like a gentle breeze, and other times it crashes over us like a storm. In those moments, our natural instinct is to resist—clinging to what was or desperately trying to predict what’s next. But the Lord calls us to something higher: *acceptance* of the present, and *trust* in His future.

Accepting what is doesn’t mean giving up. It means acknowledging that this is where you are—this is your season, your place, your present reality. Whether you’re walking through loss, facing a new opportunity, or enduring uncertainty, overloaded with emotional troubles, financial problems or family conflict acceptance is the first step toward peace. It’s saying, “God, I may not understand this, but I believe You are still here.”

Trusting in what will be is not about having every answer. It’s about knowing *Who* holds the future. Even when the path ahead is unclear, God promises to lead us. His plans are not random; they are rooted in love, wisdom, and purpose. As we release our need for control, we make space for His guidance.

Remember: God isn’t just present in your past or future—He is powerfully at work in your present. Accept what is, and trust in what will be.

Today's Challenge:

Write down one thing in your life you're struggling to accept. Pray over it, then make a conscious decision to place it in God's hands. Ask Him to help you trade resistance for peace and fear for faith.

Prayer:

Lord, help me to accept the season I am in. Even if I don't understand it, I choose to believe that You are at work. Teach me to release my grip on what I can't control and to place my trust fully in You. As change comes, be my constant. As uncertainty grows, be my peace. I know that what You have ahead is good, and I trust You with it. Amen.