


Facing the Future: Let Go of What Was

 *Scripture Focus: Proverbs 27:1*

“Do not boast about tomorrow, for you do not know what a day may bring.”

School children spend endless hours working on origami projects. You remember those—folding paper into neat little squares and triangles, asking silly but serious questions like a paper fortune teller. *What will I be when I grow up? What color will my boyfriend’s eyes be? Will I pass this class?* Adults aren’t much different. We may not fold paper into shapes anymore, but we still carry that same curiosity—sometimes anxiety—about the future. We want to know how things will turn out. Will this job work out? Will this relationship last? Will I ever heal from this?

It’s natural to wonder. Everyone has an itch to scratch when it comes to what lies ahead. But sometimes, our gaze toward the future is clouded by a tight grip on the past. Disappointments, failures, unmet expectations—they weigh us down and keep us from moving forward.

The Bible encourages us to give up the backward look and fix our eyes ahead, where God is already working. Let go of what was. Trust Him with what is. And walk in confidence into whatever *will be*. Forget the past. Focus on Him. Face the future. And always remember whatever it holds, **God is in control.**

Remember, it’s easy to live in yesterday. Whether it’s reliving the glory days, nursing old wounds, or wondering how things might’ve turned out if life had gone differently—it can be hard to let go. But holding on to the past keeps us from stepping fully into the future God has planned.

Proverbs 27:1 is a powerful reminder that tomorrow isn't promised, and yesterday is already written. All we have is *today*. And if today is where we are, that's where God wants to meet us.

Letting go doesn't mean forgetting. It means releasing what no longer serves your growth. The guilt, the bitterness, the "what-ifs"—they don't get to hold power over your next step. When we let go of what was, we make space for what could be.

God is not asking you to fix the past. He's asking you to trust Him with what's ahead.

Reflect + Respond:

- Is there something from your past you're still carrying into your future?
- What would it look like to release that weight to God today?

Prayer:

God, help me let go of what was—my failures, my regrets, and the things I cannot change. Remind me that Your mercies are new every morning and that today is full of purpose. I choose to step forward with open hands and a trusting heart. Amen.