

Facing the Future: Focus on What You Can Control

 *Scripture Focus: Matthew 6:34*

“Therefore do not worry about tomorrow, for tomorrow will worry about itself. Each day has enough trouble of its own.”

Devotional Thought:

If we're honest, one of the hardest parts about facing the future is **not knowing how it's all going to turn out**. We want clarity. We want the plan. We want control.

But Jesus gently reminds us in Matthew 6:34 that tomorrow isn't our job. Today is.

We can't control the weather, the economy, what people say, or how a situation unfolds—but we *can* control how we respond. We can control our attitude, our actions, and our trust in God.

Worry gives the illusion of control, but it only drains today of its strength. That's why Jesus doesn't just suggest we stop worrying—He commands it. Not because He's trying to minimize our stress, but because He wants to maximize our faith.

When Hurricane Helene hit and everything felt chaotic, many of us sat in dark rooms, waiting and wondering. We had no control over the storm outside—but we *did* have control over what we did inside. We could pray. We could hold each other close. We could praise Him in the middle of the uncertainty.

And even now, in less dramatic moments of life, the same truth applies. Instead of obsessing over the unknown, what if we focused on *faithfulness in the known*?

Instead of spiraling in fear, what if we leaned into trust—one small, obedient step at a time?

God isn't asking you to control the future. He's asking you to **faithfully live today.**

Reflect + Respond:

- What are you currently worried about that is outside of your control?
- What's one thing *within your control* that you can do today to draw closer to God?

Prayer:

Father, I surrender my need to control what I can't. Help me stay grounded in the present and focus on the things You've placed in my hands today. Let my actions reflect trust, not fear. Thank You for being the God who holds tomorrow. In Jesus Name We Pray, Amen.