

FIVE WAYS TO WORSHIP

“Start Your Day with Gratitude”

Day 1: Start Your Day with Gratitude

Scripture:

"Give thanks to the Lord, for He is good; His love endures forever."

— Psalm 107:1 (NIV)

Devotion:

What's the first thing you do when you wake up? Check your phone? Start the coffee? Rush into your to-do list?

What if instead... you started your day with just **one moment of gratitude**?

Before your feet hit the floor, whisper a simple, heartfelt:

“Thank You, Lord.”

Gratitude shifts your focus. It reminds your soul that even if life feels heavy, God is still good. Even when plans fall apart, His love holds you together. And even in the unknown, He remains faithful.

Starting your day with gratitude isn't about ignoring your struggles—it's about **anchoring your heart in the One who never changes**. When you begin with thanks, you create space for peace to grow, joy to rise, and worship to overflow.

Gratitude doesn't have to be complicated. It can be as simple as:

- Thank You, God, for breath in my lungs.
- Thank You for another sunrise.
- Thank You for coffee and quiet moments.
- Thank You for staying with me—even when I feel alone.

As you do this daily, you'll find your perspective shifting. You'll begin to look for His fingerprints throughout your day... and you'll start seeing them more clearly.

Daily Challenge:

Take two minutes this morning to write down **three things you're thankful for**.

Big or small—everything counts.

Watch how it changes your outlook.

Prayer:

Lord, thank You for this day. Thank You for the gift of life, for Your mercy that is new every morning, and for the small things I often overlook. Help me live today with a grateful heart. In Jesus name we Pray, Amen.