

# PEOPLE NEED PEOPLE

## Day 2: The Strength of Togetherness

**Scripture:** *"Carry each other's burdens, and in this way you will fulfill the law of Christ."*— Galatians 6:2 (NIV)

We are stronger together than we are alone.

### Devotional Thought:

Life wasn't meant to be carried solo. Paul's words to the Galatian church are clear: *"Carry each other's burdens."* That's not just good advice—it's a command that reflects the heart of Christ. Jesus didn't just carry His own cross; He carried ours.

When we step into someone's pain, walk beside them in suffering, or simply show up when life gets hard, we're fulfilling what Paul calls "the law of Christ." And what is that law? Love.

It's easy to look at someone else's struggle and think, *"That's not my problem."* But Christ calls us to something more compassionate, more connected. **Burden-bearing love** is sacrificial. It pauses for a friend. It checks in on a neighbor. It listens without trying to fix. It stays when things get messy.

And here's the beauty of it: as we carry someone else's load, we often find our own becomes lighter too. Mutual care builds a kind of strength that isolation never can. You were never meant to muscle through life alone—and neither were the people around you.

### Real Life Reflection:

Is there someone in your life right now carrying a heavy load—physically, emotionally, or spiritually? Sometimes people won't ask for help, but that

doesn't mean they don't need it. A simple, "How can I help you this week?" can make a world of difference.

And if you're the one under pressure, remember: asking for help is not a sign of weakness. It's a sign of wisdom and humility. **Letting others carry part of your burden is how we live out the love of Christ together.**

#### **Action Step:**

Text, call, or visit someone who's going through a tough time. Ask how you can come alongside them this week—whether that's listening, helping with a task, or just praying together. Be someone's strength today.

#### **Prayer:**

*Lord Jesus, thank You for carrying my greatest burden—my sin. Teach me how to carry the burdens of others with grace, compassion, and patience. Help me recognize when someone needs support, and give me courage to ask for help when I need it too. Let my love reflect Yours. Amen.*