

BAGGAGE CLAIM: FINDING FREEDOM IN CHRIST

Day Five: Living Light and Free

Scripture: “*So if the Son sets you free, you will be free indeed.*” – John 8:36

Imagine walking through an airport with no luggage at all. No bags tugging on your shoulders, no suitcase rolling behind you, no weight slowing you down. Just you—moving freely, unhindered, unburdened. That’s the picture of spiritual freedom Jesus offers.

Over the past days, we’ve uncovered the different kinds of baggage we carry—other people’s problems, guilt, shame, comparison, possessions, bitterness, unforgiveness, and control. Each one adds weight. Each one makes the journey harder than it has to be. But here’s the good news: Jesus didn’t call us to be baggage handlers. He called us to be *burden releasers*. He came so we could walk in freedom, not bondage.

When we finally set down what isn’t ours to carry, something powerful happens—we’re able to *pick up* what God always intended for us. We pick up peace that passes understanding. We pick up joy that doesn’t depend on circumstances. We pick up purpose and calling. We pick up His Spirit that guides us daily.

The freedom Jesus gives isn’t temporary, like a vacation or a short break. It’s permanent, because it’s rooted in Him. He doesn’t just lighten our load—He redefines the journey. Instead of dragging through life tired and resentful, we can walk with energy, gratitude, and anticipation.

This is what it means to live “light and free”: traveling through life with open hands, trusting that God will provide what we need when we need it. No excess baggage. No comparison. No bitterness. Just freedom.

Reflection:

- What baggage have you truly released during this journey?
- How does your life feel lighter when you picture yourself free of those weights?
- What “good things” from God are you now free to carry—peace, joy, purpose, or love?

Challenge: Mark this as a moment of freedom. Take a short walk today with empty hands—no phone, no bag, just you. As you walk, thank God for each piece of baggage you’ve set down and ask Him to fill you with His Spirit instead.

Prayer:

Lord, thank You for setting me free. I no longer have to carry guilt, shame, unforgiveness, or the weight of possessions and control. I place every bag at Your feet. Teach me to walk daily in Your freedom—light, unshackled, and full of Your Spirit. May my life be a testimony that true freedom is only found in You. In Jesus Name We Pray, Amen!