

BUILT TOGETHER: FIVE DAY DEVOTIONAL ON COMMUNITY

Day 2 – Bearing One Another's Burdens

Scripture: *“Carry each other’s burdens, and in this way you will fulfill the law of Christ.” – Galatians 6:2 (NIV)*

Community is more than gathering together — it’s walking together through every season of life. True biblical community means showing up, not just when it’s easy, but when it’s hard.

When Paul wrote to the Galatians, he reminded them that fulfilling the “law of Christ” wasn’t about rules or rituals. It was about love — a love that rolls up its sleeves and gets involved in the messiness of other people’s lives. To *carry each other’s burdens* is to live out the compassion and selflessness that Jesus demonstrated.

Think about it — Jesus carried the ultimate burden for us. He took our sin, shame, and suffering upon Himself at the cross so we could walk free. When we help bear someone else’s load, we reflect that same sacrificial love.

Sometimes burdens look obvious: sickness, loss, financial hardship. Other times, they’re invisible — anxiety, loneliness, regret. We may not be able to fix everything, but we can always be present. A listening ear, a kind word, a prayer, or even a simple “I’m here for you” can lighten someone’s load more than we realize.

When we choose to bear each other’s burdens, something holy happens — our hearts align with God’s heart. Compassion replaces

judgment, and empathy replaces indifference. We begin to see others not as problems to solve but as people to love.

It's also important to remember that we sometimes need to allow others to help *us*. Pride can make us want to carry everything alone, but God never intended for us to handle life by ourselves. Letting others in is not weakness; it's obedience. It's admitting that we are part of the Body of Christ — and every part needs the other.

Imagine what our communities would look like if everyone carried a little of someone else's load. The lonely would be comforted. The tired would find strength. The hurting would find hope. That's the beauty of God's design — we were meant to hold one another up.

Reflection Questions:

1. Is there someone in your life who needs help carrying a burden right now? How can you show up for them this week?
2. Are you trying to carry everything on your own? What might it look like to let others help shoulder your load?
3. How can your church or community group better live out Galatians 6:2?

Prayer: Father, thank You for showing us what it means to love through service and compassion. Open my eyes to the needs around me and give me a willing heart to act. Help me not to turn away when someone is hurting, but to walk beside them with patience and grace. And when my own burdens grow heavy, remind me that it's okay to lean on others — because that's what You created us for.

In Jesus' name we pray, Amen.