

## DAY 2 — Thankful for a New Day

**Verse:** *“This is the day the Lord has made; let us rejoice and be glad in it.” — Psalm 118:24*

There’s something beautiful about mornings... even the messy ones. Some mornings feel like a Hallmark movie — sun shining through the blinds, coffee brewing just right, birds singing like they’re on your payroll. And then there are the *other* mornings — the ones where your alarm doesn’t go off, the dog makes a mess, you can’t find your keys, and you’re running late before you even get your shoes on.

But here’s the thing:

No matter what your morning looks like...

**the moment your eyes open, God hands you a brand-new day.**

A clean slate.

A reset button.

A fresh page with no mistakes written on it yet.

Yesterday might’ve hurt.

Yesterday might’ve been frustrating.

Yesterday may have carried disappointment, fear, regret, or exhaustion.

But God didn’t bring yesterday into today.

He brought *you*.

And when God gives you a new day, He gives it with new mercy — enough mercy for whatever you’ll walk into, enough strength for whatever you’ll face, and enough grace to get through anything unexpected.

Being thankful for a new day isn’t pretending everything is perfect.

It’s understanding that:

- you survived every bad day you thought you wouldn’t

- God has already filled today with blessings you haven't seen yet
- no matter what went wrong, today gives you a brand-new chance to start again

Every sunrise is God saying,

**“I believe in you. Let's try again together.”**

So if you woke up today a little discouraged...

take a deep breath, stretch those shoulders back, and remind yourself:

*This is a new day. A God-made day.*

*And if God made it, it's worth walking into with gratitude.*

Lord, thank You for giving us this new day — a gift we don't deserve but desperately need. Thank You for waking us up, for giving us strength to rise, and for filling today with mercy, possibility, and Your quiet presence. Help us let go of yesterday's worries and yesterday's failures. Help us step into today with hope, clarity, and a heart ready to receive Your goodness. And when this day brings challenges, remind us that You go before us, beside us, and behind us.

We are grateful for this sunrise, this moment, this chance to begin again. In Jesus' Name we pray, Amen.