

DAY 16 — Thankful for Healing

Verse: “*He heals the brokenhearted and binds up their wounds.*” —
Psalm 147:3

Healing comes in many forms — and rarely on our timeline.

Sometimes healing is physical.

Sometimes it's emotional.

Sometimes it's spiritual.

And sometimes it's all three at once.

We often pray for instant healing — a quick fix, a miracle moment, an immediate change. And while God can absolutely heal in an instant, more often healing is a journey. A process. A gentle unfolding.

Healing doesn't always mean the pain never existed.

It means the pain no longer controls us.

God heals broken bodies, but He also heals broken hearts.

He heals wounds no one else can see — the ones we carry quietly, the ones we hide behind smiles and “I’m fine” answers.

Healing might look like:

- strength returning little by little
- peace replacing anxiety

- forgiveness softening resentment
- joy slowly finding its way back
- rest after a long season of exhaustion

Sometimes God heals by removing the hurt.

Other times He heals by walking with us through it.

And for those listening who are still waiting — still praying — still trusting — hear this:

God has not forgotten you.

Healing may not come the way you expect, but God is faithful in every step of the process. He is close to the hurting. He sees every tear. He knows every prayer whispered in the dark.

Be thankful today not just for healing already received, but for the healing that is still unfolding.

Because even in the waiting, God is working.

Lord, today we thank You for being our Healer — the One who sees our pain and meets us with compassion.

Thank You for the healing You have already brought into our lives and for the healing that is still in progress. For those listening who are hurting physically, emotionally, or spiritually, bring comfort, strength, and peace. Wrap them in Your presence and remind them that they are not alone in their journey. Help us trust You in the waiting and rest

in the assurance that You are always near, always faithful, and always working for our good. In Jesus' Name we pray, Amen.