

BETWEEN NOTIFICATIONS

Day Five — Turning Notifications Into Invitations

Scripture: “*Here I am! I stand at the door and knock. If anyone hears My voice and opens the door, I will come in.*” — Revelation 3:20

Notifications demand immediate attention.

They vibrate, flash, chime, and interrupt—pulling us out of whatever moment we’re in and redirecting our focus elsewhere.

God is different.

He does not force His way into our lives. He does not override our schedules or compete for our attention. Scripture describes Him as standing at the door and knocking—waiting to be invited in.

And that waiting is often happening *between notifications*.

We spend so much of our time responding—responding to messages, expectations, deadlines, and needs. Our lives become a series of reactions. In the middle of all that noise, God invites us into something deeper: awareness.

God is present in every moment, not just the quiet ones. He is present in the interruption, the frustration, the waiting, and the mundane. But presence is only meaningful when it is recognized.

The goal of this week was never to make you feel guilty for being busy. Busyness is part of life. The invitation is simply to notice where God fits into it.

What if notifications stopped being distractions and started becoming reminders?

A buzzing phone could prompt a prayer.

A pause between tasks could become a moment of gratitude.

An interruption could become an invitation to breathe and remember God is near.

Spiritual growth rarely happens through dramatic changes. It happens through small, faithful choices made daily. Over time, those choices reorient our hearts and reshape our priorities.

God has never been absent from your life.

The question is whether you've been available to notice Him.

Between notifications, God waits.

Not with frustration.

Not with disappointment.

But with love, patience, and open arms.

Reflection Questions:

- What has this week revealed about where God fits into your daily life?
- What is one small habit you can carry forward from this devotional?

Prayer:

God, thank You for Your patience and Your presence. Help me continue to choose You in small moments throughout my day. Teach me to recognize Your voice above the noise and respond when You knock. In Jesus Name We Pray, Amen.

Final Series Challenge — Between Notifications

For the next **seven days**, choose **one daily moment** to intentionally pause and acknowledge God:

- Before opening your phone in the morning
- Before responding to the first notification of the day
- Before going to sleep at night

Say one simple prayer:

“God, I invite You into this moment.”

Consistency matters more than length. Awareness matters more than perfection.