

LOVED FIRST

Day One — Loved Before We Loved

Scripture “*We love because He first loved us.*” — 1 John 4:19 (NIV)

Our instinct is often to believe love must be earned. We try harder, do better, and hope we’ll finally be worthy enough to receive it. That mindset can quietly shape how we approach God—thinking His love depends on our performance, consistency, or spiritual strength.

But Scripture tells a different story.

God loved us *first*. Before we prayed the prayer, before we cleaned up our lives, before we even knew how much we needed Him, God had already chosen us. His love did not begin with our obedience—it began with His grace.

This truth changes everything about our relationship with God. We don’t approach Him trying to earn His affection; we come to Him because His love has already been given. When we truly grasp this, faith becomes less about striving and more about trusting.

God’s love is the foundation of our faith, not the reward for it. And when we live from that place of being loved, obedience flows naturally—not out of fear, but out of gratitude.

Real-Life Example

Think about a time when you felt fully accepted—before you proved anything or met expectations. That sense of peace and security mirrors how God loves you. You don’t have to impress Him today. You are already loved.

Reflection Questions

- Do I approach God expecting to earn His love?
- How would my faith change if I truly believed I am already loved?

Prayer

Father, thank You for loving me before I ever loved You. Help me live from a place of grace instead of striving. in Jesus Name We Pray,
Amen.