

Today's Devotional — Already Enough

Scripture *“The Spirit you received does not make you slaves, so that you live in fear again; rather, the Spirit you received brought about your adoption to sonship.”* — Romans 8:15

Yesterday we lost James Van Der Beek. I was watching some of his videos after his diagnosis. I decided to change my devotion today because his message was so powerful. I feel like we should visit his words.

We live in a world that measures worth by output.

How much you accomplish.

How well you perform.

How strong you appear.

How much you can hold together.

It's easy to start believing that your value is tied to what you do. But when life gets heavy—when you're tired, hurting, overwhelmed, or uncertain—that kind of identity begins to crack.

Because performance-based worth always collapses under pressure.

The truth is this: your identity was never meant to be built on your productivity. It was meant to be rooted in God's love.

You may have seasons where you can't produce.

Seasons where you feel weak.

Seasons where you don't recognize yourself anymore.

But none of those seasons change who you are to God.

You are not loved because you succeed.

You are not accepted because you perform.

You are not valued because you hold everything together.

You are loved because you belong to Him.

That identity cannot be taken by failure, illness, loss, burnout, or transition. It does not fluctuate with circumstances. It is anchored in something eternal—God's unchanging love.

Faith isn't about what you produce.

It's about who you belong to.

And if you belong to Him, you are already enough.

Real-Life Reflection

- When work slows down, your worth doesn't.
- When motherhood feels overwhelming, your identity doesn't shrink.
- When life falls apart, God's love doesn't.
- When you feel forgotten, heaven still calls you chosen.

Today's Truth to Carry

My worth is not my output. My identity is not my productivity. I am loved because I belong to God.

Father, help me release the pressure to prove my worth. Teach me to rest in Your love instead of striving for approval. Remind me that my identity is secure because I belong to You. In Jesus Name We Pray, Amen.