

## Day Six — Remaining in His Love

**Scripture** *“As the Father has loved Me, so have I loved you. Now remain in My love.”* — John 15:9 (NIV)

Remaining in God’s love is not a one-time decision—it is a daily choice. It means staying connected to Him, especially when emotions fluctuate, faith feels fragile, or circumstances become overwhelming.

We often confuse remaining with striving. But Jesus did not say, *“Work to stay in My love.”* He said, *“Remain.”* His invitation is to stay—resting in what He has already given.

Remaining in God’s love looks like returning to Him again and again. It’s choosing to trust His presence when prayers feel quiet, and His promises when answers are delayed. Even when we drift, God’s love remains steady, inviting us back without condemnation.

### Real-Life Scenarios

- **You start the week spiritually motivated**, but by midweek exhaustion sets in. Remaining in God’s love looks like pausing for prayer instead of pushing through on empty.
- **A prayer goes unanswered**, and disappointment creeps in. Remaining means continuing to trust God’s heart, even when you don’t understand His timing.

- **You miss time with God for a few days**, and guilt tells you to stay away longer. Remaining in His love means coming back without shame, knowing you are still welcome.
- **You feel distant from God emotionally**, even though nothing specific has changed. Remaining looks like showing up anyway—reading Scripture, praying honestly, and trusting God is near.
- **Life becomes overwhelming**, and faith feels like another responsibility. Remaining in God’s love means resting in His presence rather than trying to carry everything alone.

## Reflection Questions

- What causes me to drift away from intentional time with God?
- How can I practice remaining rather than striving?

## Action Step

Today, intentionally pause—even briefly—to acknowledge God’s presence and remind yourself that you are held in His love.

Lord as we come to you in prayer today, help us remain in Your love. Teach us to rest in Your presence instead of relying on our own strength. In Jesus Name We Pray, Amen.