

Words Matter – Day Seven

Say What You'd Want Said to You

“Do to others as you would like them to do to you.” — Luke 6:31
(NLT)

One of the simplest tests for our words is this: if somebody said it to me, how would it feel?

Jesus gave us a standard that reaches into every part of life, including our speech. Treat people the way you want to be treated. Speak to people the way you would want to be spoken to. That means before we make the cutting remark, before we repeat the juicy story, before we fire off the irritated text, we ought to stop and ask, “Would I want these words spoken about me?”

That question changes things.

In real life, this may happen when you are frustrated with your spouse, aggravated with your children, disappointed in a friend, or talking with coworkers after someone has made a mistake. In those moments, the easiest thing to do is let your emotions do the talking. But Jesus calls us to something higher. He calls us to words shaped by compassion, grace, and humility.

Most of us know what it feels like to be on the receiving end of hurtful words. We know how long harsh comments can stick. We know how gossip can make you feel exposed, embarrassed, and alone. Because we know that pain, we should be even more careful not to hand it to someone else.

The Golden Rule is not just about actions. It is about attitude. It means we do not speak down to people, belittle them, or tear them apart just because we are upset. Instead, we choose words that protect dignity, preserve relationships, and reflect the heart of Christ.

Today, let this be your filter: speak only what you would be grateful to hear if the roles were reversed. That one principle can keep you from a lot of regret and lead you into a lot of grace.

Prayer

Lord, help me speak to others the way I would want to be spoken to. Guard me from careless, harsh, or selfish words. Fill my mouth with kindness, patience, and grace so that my speech reflects Your love. In Jesus Name We Pray, Amen.

Today's Thought:

Before you speak, flip the situation around. If you would not want it said to you, do not say it to them.