

FROM THE CROSS TO THE EMPTY TOMB

Day 2: The Walk of the Cross

Scripture: *Luke 22:42* — “Yet not my will, but Yours be done.”

We often hear, “Pick up your cross.”

But we don’t always stop to think about what that actually means.

Because picking up your cross isn’t just carrying something heavy—it’s choosing a path.

And it’s the same path Jesus walked.

This Walk Isn’t Easy

When Jesus picked up His cross, it wasn’t symbolic.

It was painful.

It was public.

It was misunderstood.

He was mocked, judged, falsely accused, and ultimately broken physically before the world.

And when He says, “Follow Me,” He’s not just inviting us into His victory—He’s inviting us into His walk.

That means there will be moments when:

- You’re misunderstood for doing what’s right
- You’re talked about when you’ve done nothing wrong
- You lose people you thought would stay
- You feel the weight of obedience more than the comfort of approval

This is the part of faith we don’t always talk about.

The Death of “You”

At the core of taking up your cross is this truth:

Something in you has to die.

Your pride.

Your need to be understood.

Your desire to always be right.

Your attachment to what people think.

Because you can't fully follow Jesus while holding onto the version of yourself that refuses to surrender.

And let's be honest—that part hurts.

Painful... But Beautiful

There's a tension in this walk.

It hurts... but it's holy.

It costs... but it's worth it.

It breaks you... but it builds you.

Because every time something in you dies that doesn't look like Jesus, something new begins to live that does.

That's the beauty of the cross—it doesn't just lead to death... it leads to transformation.

Real-Life Reflection

If you're walking through a season where:

- Relationships feel strained
- You're being misunderstood
- You're trying to do right but it still hurts

You're not off track.

You might actually be walking it out.

Reflection Question

What part of “you” is God asking you to let go of right now?

(Be real about it—this is where growth happens.)

Prayer

Lord,

Following You isn't always easy, and some days it hurts more than I expected. But I don't want to run from the process—I want to grow through it. Help me release the parts of me that are holding me back from fully walking with You. Give me strength when I feel weak, and peace when I feel misunderstood. Remind me that even in the pain, You are doing something beautiful in me. In Jesus' name we Pray, Amen.