

Spring Cleaning the Soul – Day 4: Make Room for Growth

Key Scripture: Isaiah 43:19

Opening Thought (Hook):

Sometimes the reason nothing new is happening in your life...
is not because God isn't moving.
It's because there's no room for it to land.

Devotional:

We all say we want something new.

- new peace
- new mindset
- new opportunities
- new direction

But here's the tension—
we're asking God for new things
while still holding onto old ones.
Old habits.
Old thought patterns.
Old fears.
Old versions of ourselves.
And without realizing it...
we've filled every available space.

Relatable Picture:

It's like trying to clean out a closet,
but instead of getting rid of anything—
you just keep rearranging it.

You shift things around.
Make it look better.
Organize it a little.
But at the end of the day—
it's still just as full.
And there's still no room for anything new.

Bring It Home:

Spiritually, we do the same thing.

We say:

- “God, give me peace”

...but we hold onto anxiety.

- “God, do something new”

...but we cling to what's familiar.

- “God, grow me”

...but we resist change.

And God is ready to move—

but we haven't made space for Him to work.

Scripture Insight:

Isaiah 43:19 says,

“See, I am doing a new thing! Now it springs up; do you not perceive it?”

God is already moving.

The question isn't **if** He's doing something new—
it's whether you're positioned to receive it.

Core Truth:

You can't step into a new season while holding onto everything from the last one. At some point, something has to be released to make room for what God is bringing in.

Turning Point:

Here's the hard part—letting go isn't always about bad things. Sometimes it's:

- comfort
- control
- familiarity
- what feels safe

And that's why we hold on so tightly. Because even if it's not good for us... it's known.

But growth doesn't happen in what's comfortable. It happens in what's surrendered.

Hard Truth (but freeing):

God won't force new growth into a crowded life. He invites you to make room.

Practical Step:

Today, ask yourself:

- What am I holding onto that God is asking me to release?
- Where am I resisting change?

- What feels “safe” but is actually keeping me stuck?
- What would it look like to truly make room for God in this area?

Then take one step—just one:

- let go of a mindset
- change a habit
- release control in an area
- say yes to something God is prompting

Closing Thought:

New things don't grow in crowded spaces.

If you want God to do something fresh in your life...

you've got to be willing to make space for it.

Prayer:

God,

I don't want to be so full of old things

that I miss what You're trying to do right now.

Show me what I need to release.

Help me let go of what's familiar but holding me back.

Give me the faith to trust You with what's next.

Make room in my heart for something new.

In Jesus Name We Pray, Amen.

Outro Line (your style):

If you want God to do something new...

don't just ask for it—

make room for it. 

