

## Relationships

### When Home Hurts

**Scripture:** *“Continue to remember those in prison as if you were together with them in prison, and those who are mistreated as if you yourselves were suffering.”* — Hebrews 13:3

Families were designed by God to be places of love, safety, encouragement, and belonging. But the reality is that not every home feels like that. Some relationships carry tension, hurt, harsh words, betrayal, neglect, or wounds that don't show on the outside.

One of the hardest truths to accept is that pain can come from people we love most.

If that's part of your story today, know this: God sees it.

He doesn't ignore broken relationships or dismiss your hurt. Scripture reminds us to care for those who suffer because God Himself cares deeply. He values every life and every heart.

Healing doesn't always mean everything instantly becomes perfect. Sometimes healing means setting healthy boundaries. Sometimes it means extending forgiveness. Sometimes it means asking for help. Sometimes it means allowing God to rebuild what people damaged.

And if you're carrying guilt because you've been the one who caused hurt, God's grace still reaches you too. Grace never excuses wrong—but it opens the door to repentance, restoration, and changed hearts.

Today, don't measure your worth by the condition of your relationships.

Measure it by the God who calls you loved.

## **Today's Challenge:**

Ask yourself: *What relationship in my life needs God's healing touch today—and what is one step I can take toward health, peace, or restoration?*

## **Today's Truth:**

*Broken relationships do not mean a broken future—God still restores, renews, and redeems.*

## **Prayer:**

Father, relationships can bring great joy and deep pain. Heal the places that feel broken. Give me wisdom where boundaries are needed, courage where conversations are needed, and grace where forgiveness is needed. Restore what can be restored and protect what needs protecting. Remind me that my identity is found in You, not in the actions of others. In Jesus Name We Pray, Amen.