



2024-2025

Mitchell High Wrestling Schedule (Updated 11/1/24)

Date	Opponent/Event	Location	Time
Oct. 30	MIDNIGHT MADNESS!!!	MITCHELL HS	12:01 Noon
Nov. 5	McDowell (scrimmage)	HOME	5:00pm
Nov. 13	OPEN	OPEN	OPEN
Nov. 19	Allegheny/Ashe Co	Allegheny	5:00pm*
Nov. 27	NORTH KNIGHT INVITATIONAL	North Henderson HS	All Day
Dec. 3	Mtn Heritage Quad (Erwin/ McDowell)	Mtn Heritage HS	5:00pm
Dec. 7	HAMPTON/TUTTLE INVITATIONAL	Hibriten HS	All Day
Dec. 10	S Caldwell/ Christ School	HOME	6:00pm
Dec. 14	Alleghany Duals	Alleghany HS	All Day
Dec. 19	Owen/Draughn Tri	Draughn	5:00pm
Dec. 20-21	GREAT SMOKY MTN. GRAPPLE (32 Varsity Teams, JV, and Women's)	Asheville Civic Center	All Day
Jan 4	GAVIN SHARPE MEMORIAL	Mooreville HS	All Day
Jan. 7	<i>Avery/Madison</i>	Madison	5:00pm*
Jan. 10	<i>Rosman</i>	HOME	6:00pm*
Jan 17	Hendersonville/Christ School	Hendersonville	6:00pm
Jan. 21	Mtn Heritage/ Hayesville	HOME (Alumni Night)	5:00pm*
Jan. 24 (Friday)	<i>WHC TOURNAMENT</i>	HOME	3:30pm
Feb. 1-8	Dual Team State Championships	TBA	TBA
Feb. 14-15	1A WEST Regional Championships	Cherryville HS	All Day
Feb. 20-22	NCHSAA State Championships	Greensboro	All Day

Bold indicates home events

ALL CAPS=TOURNAMENTS

Italics indicates Western Highland Conference Matches

Arial Font denotes women's matches

**Event also includes Middle School Match*

Coaches: Ed Duncan, Tim Beaver, Dalton Beaver, Solomon Duncan

Principal: Cole Chester Athletic Director: Travise Pitman Trainer: Matt Humphrey



2023-2024

Mitchell High Wrestling Schedule (Updated 11/1/24)

Women's Schedule

Oct. 30	MIDNIGHT MADNESS!!!	MITCHELL HS	12:01 Noon
Nov. 9	Joan Fulp Invitational	Greensboro College	All Day
Nov 16	Maroon Devil	Swain	All Day
Nov. 27	NORTH KNIGHT INVITATIONAL	North Henderson HS	All Day
Dec. 3	Mtn Heritage/McDowell	Mtn Heritage HS	5:00pm
Dec. 10	Swain	HOME	5:00pm*
Dec. 20-21	GREAT SMOKY MTN. GRAPPLE	Asheville Civic Center	All Day
	(32 Varsity Teams, JV, and Women's))		
Jan 7	Avery/Madison	Madison	5pm
Jan. 17-18	Women's Dual Team Tournament	Greensboro	All Day
<i>Jan. 24 (Friday)</i>	WHC Tournament	HOME	5pm
Feb. 7-8	Women's Regionals	N. Henderson	TBA
Feb. 20-22	NCHSAA State Championships	Greensboro	All Day

Coaches: Ed Duncan, Dalton Beaver, Solomon Duncan, Tim Beaver

Athletic Directors: Travise Pitman



2024-2025

Mitchell Middle School Wrestling Schedule (Updated 11/2/24)

Nov. 5- Practice Begins @ Mitchell Middle School	3:00pm
Nov. 12- Practice @ West McDowell	3:30pm
Nov. 18- Rosman Quad @ Rosman (Swain)	5:00pm
Nov 26-Avery @MS gym	6:00pm
Dec 5- Watagua @MS gym	
Dec. 10- Swain @ Mitchell	5:00pm
Dec. 19- MS GIRLS Tournament @ Swain	5:00pm
Jan 7th- Madison Quad (high school)	5:00pm
<i>Jan 10- Rosman</i>	5:00pm
<i>Jan 18th- Little Indian @ St. Stephens HS</i>	9:00am
Jan. 21- Yancey Co.	5:00pm
Jan. 25th-WHC Middle School Tournament -Mitchell HS (2 mats)	9:00am
Feb.8th- Jr. High States @ RISE Complex	All Day

Coaches: Ed Duncan, Neal Payne

Athletic Directors: Stephanie Warren, Whitney Ledford

Principal: Jason Hall