



2025-2026

Mitchell High Wrestling Schedule (Updated 10//30/25)

Date	Opponent/Event	Location	Time	Teams
Oct. 29	MIDNIGHT MADNESS!!!	MITCHELL HS	12:01 AM	M,W
Nov. 5	Rosman (scrimmage)*	Rosman	5:00pm	M,W,MS
Nov. 11	OPEN	OPEN	OPEN	
Nov. 18	Quad Meet vs. Ashe Co.	HOME	5:00pm*	M,W
	South Caldwell			
Nov. 26	NORTH KNIGHT INVITATIONAL	North Henderson HS	All Day	M,W
Dec. 3	Quad @ McDowell	McDowell	5:00pm	M,W
	(Union, VA/ McDowell/Draughn)			
Dec. 6	HAMPTON/TUTTLE INVITATIONAL	Hibriten HS	All Day	M
Dec. 9	Hickory High Quad	Hickory	5:00pm	
M,W				
	Bessemer City/Mtn Island Charter			
Dec. 13	ALLEGHANY DUALS	Alleghany HS	All Day	M
Dec. 16	Watauga*	Home	6:00pm	M
Dec. 19-20	GREAT SMOKY MTN. GRAPPLE	Asheville Civic Center	All Day	M,W
	(32 Varsity Teams, JV, and Women's)			
Jan 3	GAVIN SHARPE MEMORIAL	Mooreville HS	All Day	M
Jan. 6	Mtn. Heritage/TJCA	HOME	5:00pm*	M
Jan. 10	WHC JAMBOREE	Madison	10:00am*	M,W
	Hendersonville, Polk Co.			
Jan 13	Avery/Owen Tri-Meet	Owen	5:00pm	M,W,MS
Jan 16	OPEN			
Jan. 20	Madison	HOME (Alumni Night)	5:00pm*	M,W
Jan. 23 (Friday)	WHC TOURNAMENT	Madison	3:30pm	M,W
Jan. 31- Feb-7	Dual Team State Championships	TBA	TBA	M
Feb. 13-14	1A WEST Regional Championships	TBA	All Day	M
Feb. 19-21	NCHSAA State Championships	Greensboro	All Day	M,W

Bold indicates home events

ALL CAPS=TOURNAMENTS

Italics indicates Western Highland Conference Matches

**Event also includes Middle School Match*

Coaches: Ed Duncan,, Dalton Beaver, Neal Payne, Tim Beaver

Principal: Cole Chester

Athletic Director: Travise Pitman

Trainer: Matt Humphrey



2025-2026
Mitchell High Wrestling Schedule(Updated 10/30/25)
Women's Schedule

Date	Opponent/Event	Location	Time	Teams
Oct. 29	MIDNIGHT MADNESS!!!	MITCHELL HS	12:01AM	W,M
Nov. 5	Rosman (Scrimmage)	Rosman	5:00 pm	W,M,MS
Nov. 11	OPEN			
Nov 15	#CarrieOn Invitational	Swain	All Day	W
Nov. 18	S. Caldwell	HOME	6:00 pm	W,M
Nov. 26	NORTH KNIGHT INVITATIONAL	North Henderson HS	All Day	W,M
Dec. 3	McDowell	McDowell HS	5:00 pm	W,M
Dec. 6	Onsley B. Saunooke	Cherokee HS	All Day	W
Dec. 19-20	GREAT SMOKY MTN. GRAPPLE	Asheville Civic Center	All Day	W,M
	(32 Varsity Teams, JV, and Women's)			
Jan 10	WNC Jamboree	Madison	10:00 am	W,M
Jan. 13	Avery/Owen	Owen	5:00 pm	W,M
<i>Jan. 23 (Friday)</i>	WHC Tournament	Madison	3:30 pm	W,M
Feb. 6-7	Women's Regionals	N. Henderson	All Day	W
Feb. 19-21	NCHSAA State Championships	Greensboro	All Day	W,M

Coaches: Ed Duncan, Dalton Beaver, Neal Payne, Tim Beaver

Athletic Directors: Travise Pitman



2025-2026
Mitchell Middle School Wrestling Schedule
(Updated 10/30/25)

Date	Opponent/Event	Location	Time
Oct. 14	Practice Begins	Mitchell Middle School	3:00pm
Oct. 30	Yancey Co. (Scrimmage)	Cane River MS	5:00pm
Nov. 5	Rosman (Scrimmage)	Rosman	5:00pm
Nov. 6	Avery	Cranberry MS	5:00pm
Nov. 13	West McDowell (practice)	West McDowell	3:30pm
Nov. 20	Swain	HOME	6:00pm
Dec. 1	Yancey Co./Swain	Cane River MS	4:30pm
Dec. 2	Swain	Swain	6:00pm
Dec. 15	Yancey Co.	Cane River MS	5:00pm
Dec. 16	Watauga/Avery Tri	HOME	5:00pm
Dec. 30	West McDowell (scrimmage)	West McDowell	3:30pm
Jan. 6th	Yancey Co.	HOME	5:00pm
<i>Jan 17th</i>	<i>Little Indian Classic</i>	<i>St. Stephens HS</i>	9:00am
Jan. 24th	WHC Middle School Tournament	Mitchell HS (2 mats)	9:00am
Feb. 7th	Jr. High States	RISE Complex, Clemmons	All Day

Coaches: Matt Davis, Ed Duncan, Dalton Beaver, Jayden Burleson, Clayton Geouge

Athletic Directors: Stephanie Warren, Austin Mask