



## MAY

## HEPATITIS AWARENESS MONTH

Viral Hepatitis is inflammation of the liver that can cause damage and reduce the function. Hepatitis can occur from toxins, some medications, and heavy alcohol use. But is most often caused by a virus. The most common types of viral Hepatitis: Hepatitis A, Hepatitis B, and Hepatitis

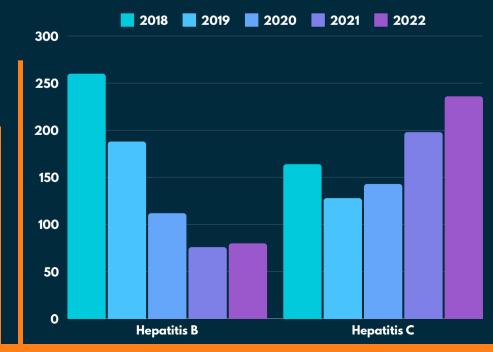
An estimated 2.4 million people are estimated to be living with Hepatitis C in the United States, while an estimated 850,000 people are living with Hepatitis B. It is believed that the actual number is much higher, in May, public health works to shed light on these hidden epidemics.

## Hepatitis B and Hepatitis C Cases in Kentucky from 2018-2022

## Symptoms of Hepatitis



- >>> Fatigue
- >>> Loss of appetite
- >>> Nausea/Vomiting
- >>> Abdominal pain
- >>> Jaundice
- >>> Dark color Urine
- >>> Clay colored stool





Nurses Difference JOIN MCHD THIS WEEK AND THROUGHOUT MAY IN CELEBRATING NURSES! OUR NURSES GO ABOVE AND BEYOND FOR MARSHALL COUNTY. THERE MAY BE 5 MILLION NURSES IN THE U.S. BUT WE BELIEVE OURS ARE THE BEST!

>>> Mental Health Awareness Month

1 in 5 U.S. adults experience mental health each year

1 in 20 U.S. adults experience serious mental health illness

1 in 6 U.S. youth aged 6-17 experience a mental health

disorder each year

50% of all lifetime mental illness begins by age 14, and 75% by age 24.

>>> National Stroke Awareness Month

Stroke is the number 2 cause of death worldwide and a leading cause of disability.

Learn the stroke warning signs:

F- Face

A- Arm Weakness

S-Speech

T- Time to call 911

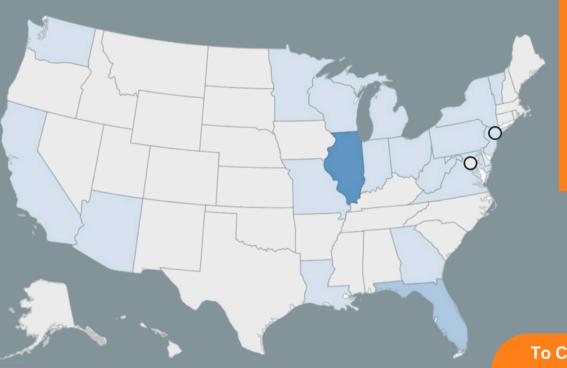
>>> Food Allergy Awareness Week (May 12-18, 2024)

Over 33 million Americans have a good allergy, every 10 seconds food allergies sends someone to the Emergency Room.

There is no cure for food allergies, the first line treatment is Epinephrine, also called an Epi Pen.

The FARE (food allergy research and education) organization is working on ways Improve food labels, quick access to Epinephrine, and increasing related research.





Legend

0 1-9

0 10-19

0 20-49

50-99

0 100+

**U.S. CASES IN 2024:** 

**HOSPITALIZED: 70 TOTAL CASES: 131** 

> (53%)AGE:

UNDER 5: 57 (44%) **UNDER 5: 65%** 

5-19: 30 (23%) 5-19: 37%

20+: 44 (34%) 20+: 50%

Kentucky has 0 cases (Data is as of May 3, 2024) To Check Your Immunization Record Through The KYIR

**SCAN ME** 

**Public Facing Portal:** 

