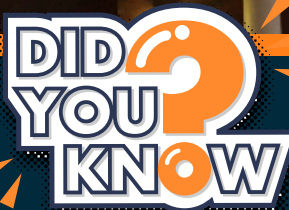


MARSHALL COUNTY HEALTH DEPARTMENT

**JUNE 2024
UPDATE**

**MEN'S
HEALTH MONTH**



There is almost a 5 year difference in life expectancy between men and women!

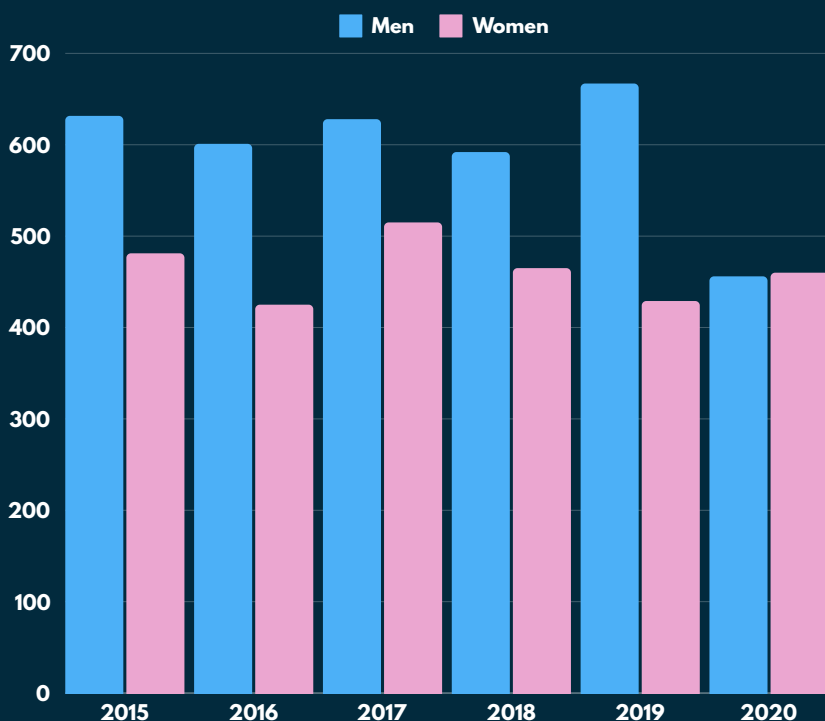
»»» Men's Health Month is celebrated every June, as a way to raise awareness on preventable health problems and early detection and treatment of disease among men and boys.

»»» Men are more reluctant to go to a doctor resulting in late detection and treatment of illnesses.

Men ages 40-65 are recommended to screen for:

- »»» Colorectal Cancer
- »»» Blood Pressure
- »»» Diabetes mellitus (Type 2)
- »»» Lung Cancer
- »»» Osteoporosis
- »»» Prostate Cancer
- »»» Testicular Exams
- »»» Immunizations
- »»» Eye Exams
- »»» Infectious Disease
- »»» Cholesterol Screenings

Invasive Cancer Age Adjusted Rates in Marshall Co, Kentucky, 2015-2020



The background image shows the entrance to the Marshall County Health Department. It features a classical portico with several white columns supporting a pediment. The words "MARSHALL COUNTY HEALTH DEPARTMENT" are inscribed on the front of the pediment. The building is constructed of red brick.

MARSHALL COUNTY HEALTH DEPARTMENT



HEALTH UPDATES

The Kentucky Department for Public Health (KDPH) has identified an increase in pertussis cases, in the commonwealth.

Since mid-April, the Lexington-Fayette County Health Department has identified 21 confirmed cases.

An additional 20 confirmed cases have been identified in the following counties since mid-April:

Boone, Boyd, Caldwell, Clark, Clay, Estill, Floyd, Grant, Greenup, Jefferson, Jessamine, Johnson, Logan, Pulaski, Warren, Woodford

The majority of cases have occurred in school-aged children, many of whom were up to date on pertussis vaccination. Immunity from vaccination or natural infection wanes over time so infections can occur. Vaccination is known to reduce disease severity, and hospitalization among vaccinated individuals is rare.

Because of the likelihood of community spread, KDPH are alerting healthcare providers to do the following:

- Consider pertussis in children with respiratory infections and adults with persistent or violent coughs. Collect nasopharyngeal (NP) swab or nasal wash for pertussis testing via PCR or culture.
- Report suspected or confirmed pertussis cases within 1 business day to the local health department of the county in which the patient resides.
- Ensure patients are up-to-date with routine pertussis vaccinations, particularly pregnant women and infants starting at 2 months of age.

For additional information on Pertussis visit CDC's website:
<https://www.cdc.gov/pertussis/index.html>

FOR ANY QUESTIONS, PLEASE CALL THE MARSHALL COUNTY HEALTH DEPARTMENT AT 270-527-1496.

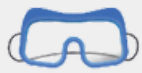
MARSHALL COUNTY HEALTH DEPARTMENT

HPAI UPDATE

H5N1 is a virus that causes what is known as the “bird flu.” Although it’s rare, people can get sick with the bird flu when they come into contact with infected birds or animals.

At risk populations:
People who work with poultry or cattle. [Click here to learn how to protect yourself when working with farm animals.](#)

What can you do to protect yourself against Bird Flu?



Wear eye protection when working with or handling sick cattle.



Wear gloves when working with or milking sick cattle.



Wash hands with soap and water for at least 20 seconds after caring for cattle.

Human cases of bird flu are rare, but possible



People



Poultry



Cattle

3 in 2024
1 in 2022

96,565,226 Birds

79 Dairy Herds

FOR ANY QUESTIONS, PLEASE CALL THE MARSHALL COUNTY HEALTH DEPARTMENT AT 270-527-1496.