



ROTARY CLUB OF BRAZIL

PO Box 44, Brazil, IN 47834 ~ www.brazilrotary.org

2019 Brazil Rotary Healthy Kids Fun Run

The **Brazil Rotary Healthy Kids Fun Run** program is for kids 5-12 years of age. The program will last 4 weeks. There will be 8 practice sessions starting at the Forest Park pavilion (cow palace) on Mondays and Thursdays beginning Monday, April 15th and concluding on Thursday, May 9th. These sessions will last about 30 minutes and teach young kids the importance of physical exercise. The practices increase in intensity throughout the four week period. Guest speakers will provide additional encouragement and instruction at each practice. Making all the practices is not mandatory, but we encourage the kids to make as many practices as possible. The practice sessions culminate with a 1-mile event (walking and/or running) on Saturday morning, May 11th at 10:00 AM at Forest Park.

The key emphasis of the **Brazil Rotary Healthy Kids Fun Run** is **healthy fun**. Running is an option, but not mandatory. The event is not a race although the kids are encouraged to push themselves to become more physically fit. There is no cost for the program and all kids completing the 1-mile event will be awarded a T-shirt and a participation medallion.

Activity Dates:

Monday	4/15	¼ mi practice	6 PM
Thursday	4/18	¼ mi practice	6 PM

Monday	4/22	½ mi practice	6 PM
Thursday	4/25	½ mi practice	6 PM

Monday	4/29	¾ mi practice	6 PM
Thursday	5/2	¾ mi practice	6 PM

Monday	5/6	1.0 mi practice	6 PM
Thursday	5/9	½ mi practice	6 PM

SATURDAY	5/11	Brazil Rotary Healthy Kids Fun Run	10 AM
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2019 PARTICIPATION/PARENT WAIVER:

I, the undersigned, am the parent or legal guardian of the minor whose name appears below. I know that running/walking is a potentially hazardous activity. I know that the minor should not run unless medically able and properly trained. I agree to abide by any decision of the program director relative to the minor's ability to safely complete the risks associated with running/walking in this program including, but not limited to: falls, contact with other participants, the effects of the weather, including high heat and/or humidity, traffic and the conditions of the road or track. All such risks being known and appreciated by me. Having read this waiver and knowing these facts, on my behalf and on the minor's behalf, waive and release the Brazil Rotary Club, its officers, directors, agents, employees, sponsors, their representatives and successors from all claims or liabilities of any kind arising out of the minor's participation in this event even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver. I further authorize and empower the program director to consent to and authorize any medical care or treatment for the minor whether occurring before, during, or after the event. I grant permission to all of the foregoing to use any photographs, motion pictures, recording, or any other record of this for any legitimate purpose. I understand that personal music players are not allowed for use in this program, and I will ensure the minor abides by this guideline.

Forms may be turned in at the first practice.

Minor's Name _____ Date of Birth _____

Minor's Address _____

Parent or Guardian's Name _____ Date _____

Parent/Guardian Signature _____

Parent/Guardian Address _____

Parent/Guardian Phone Numbers: Home _____ Cell _____

Work _____ e-mail _____

Emergency Contact Name _____

Relationship to minor _____ Minor's School _____

Emergency Contact Numbers: Home _____ Cell _____

Work _____ T-shirt size (circle) Adult / Child (circle) S M L XL

For additional information, contact Chris Rodgers, Brazil Rotary Program Director Phone: (765) 714-0373 e-mail: crodgers@miller-stewart.com
