



# AUGUST BREAKFAST 2018



| MONDAY   | TUESDAY   | WEDNESDAY  | THURSDAY  | FRIDAY  |
|--|---|--|---|---|
| <p><b>STUDENT BREAKFAST \$1.50</b><br/><b>ADULT BREAKFAST \$1.50</b></p> <p><b>HH STUDENT LUNCH \$2.50</b><br/><b>GMS STUDENT LUNCH \$3.25</b><br/><b>VHS STUDENT LUNCH \$3.25</b><br/><b>ADULT LUNCH \$6.00</b><br/><b>MILK \$ .75</b><br/><b>ADULT MEALS ADD \$ .75 FOR MILK</b></p> | <p>Grain Products offered are<br/>Whole Grain Rich<br/>WGR</p> <p>Juice Products are 100% Juice</p> <p>GMS serves graham crackers with<br/>the cold cereal meal</p>   | 1  | 2   | 3   |
|  |   |  |   |   |
| 6  | 7   | 8  | 9   | 10  |
|  |   |  |   |   |
| 13   | 14  | 15   | 16  | 17  |
|  |   | <p><b>TEACHER<br/>INSERVICE DAY</b><br/>No School</p>  | <p><b>TEACHER<br/>INSERVICE DAY</b><br/>No School</p>   | <p><b>TEACHER<br/>WORK DAY</b><br/>No School</p>  |
| 20   | 21  | 22   | 23  | 24  |
| <p>COLD CEREAL<br/><b>PEARS</b><br/>APPLE JUICE OR<br/>GRAPEFRUIT JUICE</p> <p>FF CHOCOLATE MILK <b>OR</b><br/>1% WHITE MILK</p>   | <p>BAGEL &amp; CREAM CHEESE<br/><b>OR</b><br/>COLD CEREAL<br/><b>PEACHES OR FRESH FRUIT</b><br/>ORANGE JUICE</p> <p>FF CHOCOLATE MILK <b>OR</b><br/>1% WHITE MILK</p> | <p>PANCAKES<br/><b>OR</b><br/>COLD CEREAL<br/><b>BLUEBERRY CUP</b><br/>APPLE JUICE OR<br/>CRANBERRY JUICE</p> <p>FF CHOCOLATE MILK <b>OR</b><br/>1% WHITE MILK</p>       | <p>HOT OATMEAL<br/><b>OR</b><br/>BREAKFAST BAR<br/>CHEESE STICK<br/><b>APPLESAUCE OR FRESH FRUIT</b><br/>GRAPE JUICE</p> <p>FF CHOCOLATE MILK <b>OR</b><br/>1% WHITE MILK</p> | <p>MUFFIN<br/><b>OR</b><br/>BREAKFAST BAR<br/>YOGURT<br/><b>MIXED FRUIT</b><br/>JUICE BOX</p> <p>FF CHOCOLATE MILK <b>OR</b><br/>1% WHITE MILK</p>    |
| 27   | 28  | 29   | 30  | 31  |
| <p>COLD CEREAL<br/><b>MANDARIN ORANGES</b><br/>APPLE JUICE OR<br/>GRAPEFRUIT JUICE</p> <p>FF CHOCOLATE MILK <b>OR</b><br/>1% WHITE MILK</p>  | <p>BAGEL &amp; CREAM CHEESE<br/><b>OR</b><br/>COLD CEREAL<br/><b>PEACHES OR FRESH FRUIT</b><br/>ORANGE JUICE</p> <p>FF CHOCOLATE MILK <b>OR</b><br/>1% WHITE MILK</p> | <p>CINNAMON ROLL<br/><b>OR</b><br/>COLD CEREAL<br/><b>STRAWBERRY CUP</b><br/>APPLE JUICE OR<br/>CRANBERRY JUICE</p> <p>FF CHOCOLATE MILK <b>OR</b><br/>1% WHITE MILK</p> | <p>HOT OATMEAL<br/><b>OR</b><br/>BREAKFAST BAR<br/>CHEESE STICK<br/><b>APPLESAUCE OR FRESH FRUIT</b><br/>GRAPE JUICE</p> <p>FF CHOCOLATE MILK <b>OR</b><br/>1% WHITE MILK</p> | <p>MUFFIN<br/><b>OR</b><br/>BREAKFAST BAR<br/>YOGURT<br/><b>TROPICAL FRUIT</b><br/>JUICE BOX</p> <p>FF CHOCOLATE MILK <b>OR</b><br/>1% WHITE MILK</p> |