USDA AND THE STATE OF ALASKA EMPLOYER AND PROVIDER.



## SEPTEMBER BREAKFAST 2018

MENU SUBJECT TO CHANGE DUE TO AVAILABILITY

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
LABOR DAY	BAGEL & CREAM CHEESE	PANCAKES OR	HOT OATMEAL	MUFFIN
NO SCHOOL	OR COLD CEREAL	COLD CEREAL	OR BREAKFAST BAR	OR BREAKFAST BAR
	PEACHES OR FRESH FRUIT	BLUEBERRY CUP	CHEESE STICK	YOGURT
	ORANGE JUICE	APPLE JUICE OR CRANBERRY JUICE	APPLESAUCE OR FRESH FRUIT GRAPE JUICE	MIXED FRUIT JUICE BOX
	FF CHOCOLATE MILK OR	FF CHOCOLATE MILK OR	FF CHOCOLATE MILK OR	FF CHOCOLATE MILK OR
	1% WHITE MILK	1% WHITE MILK	1% WHITE MILK	1% WHITE MILK
COLD CEREAL	11 BAGEL & CREAM CHEESE	12 CINNAMON ROLL	HOT OATMEAL	WG POP TART
MANDARIN ORANGES	OR	OR	OR	OR
APPLE JUICE OR	COLD CEREAL	COLD CEREAL	BREAKFAST BAR	BREAKFAST BAR
GRAPEFRUIT JUICE	PEACHES OR FRESH FRUIT ORANGE JUICE	BLUEBERRY CUP APPLE JUICE OR	CHEESE STICK APPLESAUCE OR FRESH FRUIT	YOGURT TROPICAL FRUIT
	ORANGE JUICE	CRANBERRY JUICE	GRAPE JUICE	JUICE BOX
FF CHOCOLATE MILK OR	FF CHOCOLATE MILK OR	FF CHOCOLATE MILK OR	FF CHOCOLATE MILK OR	FF CHOCOLATE MILK OR
1% WHITE MILK	1% WHITE MILK	1% WHITE MILK	1% WHITE MILK	1% WHITE MILK
NO SCHOOL	18 BAGEL & CREAM CHEESE	19 WAFFLES	HOT OATMEAL	MUFFIN
140 0011002	OR	OR	OR	OR
TEACHER	COLD CEREAL	COLD CEREAL	BREAKFAST BAR	BREAKFAST BAR
INSERVICE DAY	PEACHES OR FRESH FRUIT ORANGE JUICE	STRAWBERRY CUP APPLE JUICE OR	CHEESE STICK APPLESAUCE OR FRESH FRUIT	YOGURT MIXED FRUIT
	ORAINOE JOICE	CRANBERRY JUICE	GRAPE JUICE	JUICE BOX
	FF CHOCOLATE MILK OR	FF CHOCOLATE MILK OR	FF CHOCOLATE MILK OR	FF CHOCOLATE MILK OR
	1% WHITE MILK	1% WHITE MILK	1% WHITE MILK	1% WHITE MILK
COLD CEREAL	25 BAGEL & CREAM CHEESE	26 PANCAKES	HOT OATMEAL	WG POP TART
MANDARIN ORANGES	OR	OR	OR	OR
APPLE JUICE OR	COLD CEREAL	COLD CEREAL	BREAKFAST BAR	BREAKFAST BAR
GRAPEFRUIT JUICE	PEACHES OR FRESH FRUIT ORANGE JUICE	BLUEBERRY CUP APPLE JUICE OR	CHEESE STICK APPLESAUCE OR FRESH FRUIT	YOGURT TROPICAL FRUIT
	SKANGE (1913E	CRANBERRY JUICE	GRAPE JUICE	JUICE BOX
FF CHOCOLATE MILK OR	FF CHOCOLATE MILK OR	FF CHOCOLATE MILK OR	FF CHOCOLATE MILK OR	FF CHOCOLATE MILK OR
1% WHITE MILK	1% WHITE MILK	1% WHITE MILK	1% WHITE MILK	1% WHITE MILK
Grain Products offered are				STUDENT BREAKFAST \$1.50 ADULT BREAKFAST \$1.50
Whole Grain Rich	5)			7.0021 2.10.11d 7.01 \$2.00
WGR		00		HH STUDENT LUNCH \$2.50
Juice Products are 100% Juice				GMS STUDENT LUNCH \$3.25 VHS STUDENT LUNCH \$3.25
•				ADULT LUNCH \$6.00
GMS serves graham crackers with			\\\\\\\\	
the cold cereal meal				MILK \$ .75 ADULT MEALS ADD \$ .75 FOR MIL