

USDA AND THE STATE OF ALASKA ARE AN EQUAL OPPORTUNITY EMPLOYER AND PROVIDER. MENU SUBJECT TO CHANGE DUE TO AVAILABILITY.



OCTOBER HS LUNCH 2018



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>1</p> <p>BEAN BURRITO OR CHEESE VEGGIE WRAP TATER TOTS SALSA APPLE SLICES</p> <p>FF CHOCOLATE MILK OR 1% WHITE MILK</p>	<p>2</p> <p>MEATBALL SUB OR SUB SANDWICH GREEN SALAD BAKED BEANS ORANGE SLICES</p> <p>FF CHOCOLATE MILK OR 1% WHITE MILK</p>	<p>3</p> <p>EGG ROLL OR VEGETARIAN EGG ROLLS BROCCOLI MANDARIN ORANGE & PEAR MIX ICE CREAM</p> <p>FF CHOCOLATE MILK OR 1% WHITE MILK</p>	<p>4</p> <p>CHEESE PIZZA OR FRENCH BREAD PIZZA DIPPING SAUCE CORN PINEAPPLE</p> <p>FF CHOCOLATE MILK OR 1% WHITE MILK</p>	<p>5</p> <p>EGG & CHEESE MUFFIN OR PB&J SANDWICH TATER TOTS CARROT PENNIES STRAWBERRY CUP</p> <p>FF CHOCOLATE MILK OR 1% WHITE MILK</p>
<p>8</p> <p>TEACHER INSERVICE</p> <p>NO SCHOOL</p>	<p>9</p> <p>CORN DOGS OR CHEESE VEGGIE WRAP TATER TOTS FRUITABLE JUICE APPLESAUCE</p> <p>FF CHOCOLATE MILK OR 1% WHITE MILK</p>	<p>10</p> <p>BEEF TACOS and WG RICE OR SUB SANDWICH SALSA REFRIED BEANS GREEN SALAD FRESH GRAPES</p> <p>FF CHOCOLATE MILK OR 1% WHITE MILK</p>	<p>11</p> <p>CHEESE PIZZA OR FRENCH BREAD PIZZA CORN BROCCOLI PINEAPPLE WG COOKIE</p> <p>FF CHOCOLATE MILK OR 1% WHITE MILK</p>	<p>12</p> <p>FISH FILLET ON A BUN OR PB&J SANDWICH TATER TOTS CARROT PENNIES APPLE SLICES</p> <p>FF CHOCOLATE MILK OR 1% WHITE MILK</p>
<p>15</p> <p>HAM & CHEESE SUB OR VEGGIE CHEESE SUB POTATO WEDGES BAKED BEANS APPLESAUCE WG COOKIE</p> <p>FF CHOCOLATE MILK OR 1% WHITE MILK</p>	<p>16</p> <p>TANGERINE CHICKEN WG RICE & EGG ROLL OR VEGETARIAN EGG ROLLS STIR FRY VEGGIES CARROT PENNIES MANDARIN ORANGE & PEAR MIX</p> <p>FF CHOCOLATE MILK OR 1% WHITE MILK</p>	<p>17</p> <p>CHICKEN DRUMSTICK OR LARGE SALAD with Cheese MASHED POTATOES and GRAVY WG ROLL BROCCOLI PEACHES</p> <p>FF CHOCOLATE MILK OR 1% WHITE MILK</p>	<p>18</p> <p>CHEESE PIZZA OR FRENCH BREAD PIZZA GREEN SALAD CORN PINEAPPLE</p> <p>FF CHOCOLATE MILK OR 1% WHITE MILK</p>	<p>19</p> <p>EGG OMELET & BISCUIT OR PB&J SANDWICH FRUITABLE JUICE SALSA TATER TOTS BLUEBERRY CUP</p> <p>FF CHOCOLATE MILK OR 1% WHITE MILK</p>
<p>22</p> <p>CHICKEN PATTY ON A BUN OR VEGETARIAN BURGER POTATO WEDGES BAKED BEANS APPLESAUCE</p> <p>FF CHOCOLATE MILK OR 1% WHITE MILK</p>	<p>23</p> <p>TERIYAKI CHICKEN WG RICE OR VEGETARIAN EGG ROLLS STIR FRY VEGGIES SLICED CUCUMBERS MANDARIN ORANGE & PEAR MIX</p> <p>FF CHOCOLATE MILK OR 1% WHITE MILK</p>	<p>24</p> <p>HOMEMADE CHILI OR LARGE SALAD WITH CHEESE BREAD STICKS BROCCOLI FRUITABLE JUICE FRESH GRAPES ICE CREAM</p> <p>FF CHOCOLATE MILK OR 1% WHITE MILK</p>	<p>25</p> <p>CHEESE PIZZA OR FRENCH BREAD PIZZA DIPPING SAUCE CORN PINEAPPLE</p> <p>FF CHOCOLATE MILK OR 1% WHITE MILK</p>	<p>26</p> <p>FRENCH TOAST & SAUSAGE OR PB&J SANDWICH TATER TOTS CARROT PENNIES STRAWBERRY CUP</p> <p>FF CHOCOLATE MILK OR 1% WHITE MILK</p>
<p>29</p> <p>HAMBURGER OR VEGETARIAN BURGER WG BUN POTATO WEDGES BAKED BEANS MIXED FRUIT</p> <p>FF CHOCOLATE MILK OR 1% WHITE MILK</p>	<p>30</p> <p>POPCORN CHICKEN OR LARGE SALAD WITH CHEESE BREAD STICK GREEN BEANS DIPPING SAUCE APPLESAUCE</p> <p>FF CHOCOLATE MILK OR 1% WHITE MILK</p>	<p>31</p> <p>TOMATO SOUP TOASTED CHEESE SANDWICH CARROT PENNIES ORANGE SLICES</p> <p>FF CHOCOLATE MILK OR 1% WHITE MILK</p>	<p>HH STUDENT LUNCH \$2.50 GMS STUDENT LUNCH \$3.25 VHS STUDENT LUNCH \$3.25 ADULT LUNCH \$6.00</p> <p>MILK \$.75 ADULT MEALS ADD \$.75 FOR MILK MENU SUBJECT TO CHANGE DUE TO AVAILABILITY</p>	